



COME JOIN THE FUN !

1018 Tristate Parkway
Gurnee, IL 60031
847-856-8573

You have been invited to an ULTIMATE party! Here are some guidelines to help you have the most fun possible.

- *Wear comfortable clothing. Belts, buckles, or snaps are dangerous for participants as well as the equipment.
- *Participants will go bare foot in the gym. Tights with feet and socks are very slippery so please leave them at home.
- *Long hair needs to be tied back away from the face and all jewelry needs to be removed before activities begin.
- *The waiver form below is necessary to participate.

AT NO TIME WILL ADULTS ATTENDING THE PARTY BE ALLOWED ON ANY EQUIPMENT IN THE GYM FACILITY!

ULTIMATE GYMNASTICS Athlete Participation Waiver Form

I am aware that any activity at ULTIMTE Gymnastics can pose the risk of serious injury and that participation exposes my child to that risk. I affirm that my child is medically qualified to participate and I will instruct my child to follow the coaches' instructions regarding techniques, training and other rules. I further agree to release, indemnify and hold harmless Ultimate Gymnastics of Gurnee, LLC, its employees, representatives and/or agents from any and all liability for any and all claims, demands, damages, costs, causes of action and expenses, including, but not limited to, reasonable attorneys' fees arising from my child's participation in any activities at the gym. This release also allows the gym to use the gymnasts likeness for various reasons including for use in local newspapers, marketing/advertising, and the gym's website. This release and assumption of risk runs to my successors, assigns, heirs, administrators, executors, and any and all members of my family.

Participant_____

Parent Guardian_____ Date_____

Address_____ Zip_____

Phone_____ Email_____

