



Spiritually Speaking . . . newsletter

From the President

Dear Congregants,

“The trees are about to show us how lovely it is to let things go.”

The above quote seems to be an ongoing theme these days. In reading about the energies of Fall Equinox - now is a time for reflection, introspection, and releasing old patterns. It doesn't have to be difficult nor a struggle; something that I do to remind myself: ball up your hand into a fist ... then allow it to be an open palm and notice how much easier it is to have an open palm ... releasing, rather than holding onto (sometimes with force). Allowing ourselves to flow with the changes of life - just like the Seasons.

Looking back at September we see our bounty: our new Unity of Yakima website is up and running, the Oneness Blessing Ministry is back, Grief Recovery Support group is in session, a New Membership Class was given with 8 people signing up for membership, the Wednesday Morning Book Study started back up with a new book, a Meditation Workshop, Annual Church Potluck Picnic, Women's Weekend at the Beach, and the Lost Tots Booth at the Fair.

We've seen many people in our spiritual community working at making small, beautiful changes.

October will bring us our 87th Annual Harvest Dinner & Business Meeting where we will share in fellowship, participate in a Silent Auction, partake in delicious foods/desserts, and participate in our Annual Membership Meeting. With this event we will be letting go of four member of the Board of Directors and voting on and welcoming four new members. With deepest gratitude we say thank you to the following outgoing board members: Kulle Fish, Marilyn Freed, Patrick Graham, and myself. Their service and dedication have been greatly appreciated!

Through this season of change let's open our hearts with love and gratitude and know that we are truly Blessed. And we are a Blessing.

In Love & Light,

Sharon Hamson



October 2019

Our Vision

A world powerfully transformed through the growing movement of a shared spiritual awakening.

Our Mission

We empower individuals to collectively transform the world.



Our New Minister Affirmation

We affirm our new minister is love in action, wise, joyous, a dynamic leader, open hearted and an inspiring teacher. We excitedly welcome our new minister who is here in God's Perfect Timing. We see it, we claim and affirm it. And so it is. Thank you, God!

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509-575-5551

Dial-A-Blessing: 426-4988

Website: UnityYakima.org

Email: Minister@UnityYakimaMail.org

Office: Chris@UnityYakimaMail.org

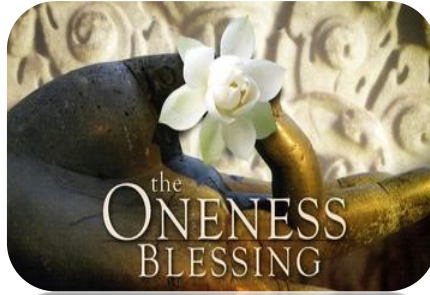
Sunday Celebration - 10:30am

Office hours - 10:30 am - 3:30 pm

Minister.....Coming Soon!
Music Director.....Sylvia Holtman
Adm. Assistant.....Chris Roybal
Newsletter.....Chris Roybal

Board of Directors

Juanita Beetchenow Kylle Fish
Marilyn Freed Patrick Graham
Sharon Hamson Lori Warnick



The Oneness Blessing is Back!

The first Sunday of each month,

9:45am—10:15am

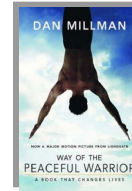
Downstairs in the Library



Wednesday Morning Group

This group meets every Wednesday from 10:45-noon. Beforehand, from 10:15-10:40am, there is quiet meditation with music in the sanctuary.

Now reading: "The Way of the Peaceful Warrior"
~by Dan Millman



All are welcome!



the Imagineers

We want to hear your ideas!

The 2nd Tuesday of each month, from 4:30—5:30pm, we will gather to listen, discuss, and brainstorm ideas people have for our spiritual community.

*Do you have ideas for a fundraiser, decorations that might really add to our décor, ideas about the website or newsletter, a different way of distributing information, or something else entirely? **We want to hear it! Any and all ideas are welcome!***

The next meeting will be Tuesday, October 8th at 4:30pm.



Support Groups that meet at Unity **Alcoholics Anonymous: "The Early Birds"** Mon, Wed & Fri - 6:30am,
"Step Sisters" closed women's group - Wednesday - 2:00pm **"Sisters in Sobriety"** closed women's group - Thursdays - 6:00pm
& **Al-Anon: "Steps to Recovery"** Every Wednesday- 5:30pm



October 6 Flower of Life: Lessons from Nature that Fall Teaches Us

Guest Speaker: Rob Leaming

The FLOWer of Life teaches us of our roots, our natural connection to creation, a never ending story, a continuous flow through the Universe.

October 13 Thriving Churches: Taking a Look *Guest Speaker: Kerry Hager*

What do you think of when you think of a Thriving Church? Do we fit the bill? What are Thriving Unity Churches doing? Is it different than what we are doing now? What Thriving ministries do right and what non-thriving ministries can do better. Come learn some very interesting, motivational and exciting things that may lead us to an even more incredible Unity Community!

October 20 Non Resistance and Letting Go *Guest Speaker: Marilyn Freed*

I recently saw a photo on line of a beautiful fall tree. The caption read, "The trees are showing us how lovely it is to let go". We can so easily say "Let Go and Let God", but often when we try we find ourselves with resistance. Let's take a closer look at the Law of Non Resistance and learn for ourselves how lovely it is to let go."

October 27 A Path of Awakening

Guest Speaker: Marilyn Holloway

Marilyn will share about the awakening of Siddhartha Gautama, who became known as the Buddha and how his example can inspire us to awaken to the fullness of our own being.



I trust the infinite wisdom of God to guide me.



~Money and the Church, part 2~

Article #3 in the Money series

Article 1 August Newsletter: What is Money. Last month Article 2, part 1 of Money and the Church covered: Where does the money come from for a Church to operate? This month part 2 will cover what ways we can use the knowledge of these areas to create more flow and financial abundance through our Unity Community.

Unity is about 'God in Me' or 'The Power in Me', so it's natural to ask what can "WE" do to help promote healthy financial area of the church? What can "I" do to help create abundance in my community and my own life? Taking a look at several of the ways the flow of money comes to a church. I'll highlight ways we can affect these areas for the positive!

The offering plate- directly related to # of people in attendance any given Sunday. So the natural solution: Invite more people. How? Think about and pray about the people in your life, neighbors old or new, FB friends- pass along a notice for an event on social media, to someone you think may really benefit, or may already have a similar practice and **INVITE THEM PERSONALLY**. Invitation is the single biggest reason people try new churches. Let spirit lead you to who you should reach out to. Be there when they attend, introduce them to others. Invite them to an informal gathering we're having, or special ceremony they might like, or a book study, again, be there so they know someone and get them connected to others.

Tithing- Simple- get brave, challenge your faith and up your commitment. Stats say only 1-2% of the population tithes 10% or more. So, even if you've never tithed before what if you started by increasing your giving by 1%? If 20 of us did that annually we'd automatically increase giving by 20% for our community's needs. It's possible to make it an automatic debit card payment 1x a month. Remember- it's as easy to do from the website with the 'donate' button too.

Summer Camps and After School Art Programs- Do you have a talent you can share that might be good for an afterschool creative program conduct and charge a small fee? This could be a great introduction into getting families connected to a youth program here at Unity. Great ideas are available for Unity themed, week long, summer day camps too. Planning needs to start way before summer for day camps.

Pancake feed- What about a monthly or quarterly pancake crew? Invite the surrounding community before church for a nominal fee? Or a Saturday outdoor games and hotdog feed with music?

Bequests- Consider adding the Unity Community to your will. What a beautiful gift giving back to our spiritual community of legacy in your name or the name of a loved one.

Prayer Shawls - Donated crocheted, knitted or sewn shawls prayed over by our prayer team and infused with love and healing, sold in our bookstore to be bought and given to those we know are going through a difficult time or are in need of being wrapped in prayer. We could even offer them on our updated website and shipped out- let's go global!

Workshops - Unity receives a portion of fees collected from workshops promoting them to others and attending them assist our Unity community while also getting something from them in return a beautiful receiving for everyone.

This is only a partial list of course- if you have an idea or something you've seen other churches do successfully please offer it up. Other ways churches obtain funds were highlighted in last months' Churches and Money article.

It's exciting to create and it's exciting to see how God creates through us! I often think, Wow- if the world were to all get on the same page of creating together, we could eliminate: poverty, war, disease, the clean water crisis, hunger, you name it, there might be no limit! What if we did this on a smaller scale and test it out- in our church? **Let's Meditate on the financial abundance of Unity and also Let's take Action to Create it together.** A supported, incredible Unity to reach out, welcome, embrace, heal and teach our greater Yakima Community and influence our world for the GOOD as a group.

Next month: Article #4 in Money series: Where does the Money Go? Church Expenses a Closer Look.

Growing in Spirit With You,

~Kerry



Financial Report

September Operational Income: \$5865 Expenses: \$5833

Budgeted: \$9000

We gratefully share what we receive!

Unity believes in the spiritual practice of tithing.
As we share our income with others, we also generously receive.

In September we tithed 10% of our
operating income to:

Unity Worldwide Ministries, Unity NW Region,
Silent Unity and Unity of Kent.

Security Gates Fund

We are blessed to have a wonderful, semi-secluded meditation area just behind the ramp. Unfortunately, we've discovered that it is being used as a restroom by several people. Even though we have a few dedicated congregants who have worked very hard to keep it cleaned up (God bless them!), it is now to the point where someone would have to do it everyday and even then, the smell does not dissipate. And sadly, the use of this area as a restroom is killing our dogwood tree. We believe the best solution to this problem is to put up a wrought iron gate to deter this at the entrance of the meditation garden and around the stairwell to the minister's office (also being used as a restroom). The plan is to do the meditation garden first—the cost for that one is \$900, and the stairwell next, at a cost of \$1383. After this was announced at the Town Hall meeting we received enough donations for the meditation garden gate!! **You all are so amazing!** Now, we're working on donations for the stairwell gate.

There is a donation jar in the Gathering Hall with a meter on it to see how far we are in donations. Every little bit adds up and helps us get closer to our goal! *~Any overfunding of this project will be used for further building care needs.*

Youth Ministry

The children's ministry is back from their Summer break. October will be dedicated to creating ideas for the youth, by the youth. There will be a **Youth Ministry Visioning meeting** Sunday, October 6th, right after service. Everyone is welcome to come – we'd love to hear your ideas!

~In November we will have a special guest teacher, Shelley Merrifield, who will teach the kids sign language!



Fall Clean Up



Join us on
Saturday, October 5th
9:00am - Noon

We'll finish with lunch together!

Outside you can:

Spread weed & feed
Tidy up the grounds

Inside you can:

Clean kitchen drawers &
cupboards
Clean refrigerator
Dust inside of sound
board cabinet

*Or perhaps you've noticed something else that needs
to be done - by all means, feel free jump in and do it!*

87th Annual Membership Meeting Harvest Dinner and Silent Auction

Sunday, October 20th

Delicious homemade soups are on the menu, along with salad, bread and dessert!

We have a sign up sheet if you'd like to make one (or more) of these dishes.

If you have an item you'd like to donate for the **Silent Auction**,

just bring them to the office.

Remember, everyone is welcome to attend –friends, families, everyone!



MY
SAVVY
WORLD

Money Freedom First

Presented by Nomita Mehta

How to Clear Your Money Blocks for REAL Changes in Your Prosperity!

SATURDAY, OCTOBER 19th

2:00—4:00pm

Cost: \$50

This workshop is built to give you HUGE “Aha Moments” so you will be able to see and self- diagnose YOUR personal wealth blocks, giving you complete clarity and putting the power back in your hands to make a huge shift in your money.

This will be REAL, DEEP excavational work that will get to the ROOT of your deepest, underlying money issues.

You’ll learn:

- **The Hidden “Mind/Body/Money Connection”**

Discover the 3 Aspects of Your Biggest Money Blocks You MUST Unlock to REALLY Change

- **Your Debt , Savings and Income Goals**

Gain clarity of Your “Secret Inner Set Points” that Limit/Sabotage Your Income and Create Debt Cycles

- **Create Your Personal Money Map and Get On the Path To Wealth**

A Powerful Map of Aha Moments Reveals YOUR Exact Steps to a Completely New Energy, Action and Destiny with Money

So, if you’re among those who have told me that you are ready for REAL wealth in your life , I can’t stress enough - PLEASE don’t miss this training!

I’m SO EXCITED to show you this!! It’s going to be a gamechanger for you, just make sure you save your spot!

~~If you have any questions regarding the workshop you can reach Nomita at 509/952-3919~~



I am one with and now realize divine abundance.

RETURN SERVICE REQUESTED

October 2019

If you do not want to receive this newsletter,
please mark the box and return to your letter carrier

We're on the Web:

www.UnityYakima.org

Sent with love and blessings to:

87th Annual Membership Meeting

Sunday, October 20, 2019

5:00 - 7:00pm

Harvest Dinner, Silent Auction and Annual Meeting!

Please sign up so we have an accurate count for dinner.

Let's celebrate!