



**JANUARY 2020**

## From the Vice President

Happy New Year!!

By the time you are reading this we will have celebrated the birth of Jesus, our Way Shower. We will be looking for ways to acknowledge and express the spark of Divinity in ourselves and recognize it in others. What an exciting time for us and our church! I am excited to see what God has for us this coming year!

Our Speaker Team (Marilyn Holloway, Kyle Fish and Juanita Beetchenow) have interesting speakers lined up through February and into March. The themes for the next three months are: January-Visioning, February- Planting Seeds of Hope, March- Emerging from Darkness. Themes for each month have been set for the year and more will be revealed later. Speakers are being asked to focus on the theme of the month. We look forward to your feedback on each of the speaker you hear.

We are also looking forward to updating our procedures and policies manual this year. We are asking for volunteers to serve on this committee to help us to identify and develop these for future boards and staff. There is a manual now but it has not been updated in many years. If this is something you would be interested in helping with please contact either Chris or Juanita. Our goal is to have a procedures and policies manual that is useful as a guide to our staff and board as we move forward.

Lori Warnick continues to facilitate our youth program. Lori and, currently, one board member, work with our youth each week. Lori reports that a smart tv has been donated to the youth room. Some electrical issues need to be worked out in order to use it. We will keep you posted. If working with children is your particular interest contact Lori, I am sure she will be excited to talk with you. Our children are the future of our church. They are priceless and need the attention of all of us to help them grow in their spiritual understanding of who they are in God's world.

Again, our theme for January is visioning. Let us join together in visioning our Christ consciousness at work within us, bringing about our own increased awareness of God's presence. Let us affirm that our right and perfect solution to our ministerial vacancy is being shown us clearly and quickly. Let us know that as God is working within us for our own Highest and Best Good, so God is working within our church to do the same.

May our days be blessed with greater understandings, peace, and joyful enthusiasm as we move into this New Year.

And so it is,  
Juanita Beetchenow



### *Our Vision*

A world powerfully transformed through the growing movement of a shared spiritual awakening.

### *Our Mission*

We empower individuals to collectively transform the world.

### *Our Minister Affirmation*

We affirm our new minister is love in action, wise, joyous, a dynamic leader, open hearted and an inspiring teacher. We excitedly welcome our new minister who is here in God's Perfect Timing. We see it, we claim and affirm it. And so it is.  
Thank you, God!

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509-575-5551

**Dial-A-Blessing: 426-4988**

**Website:** UnityYakima.org

**Email:** Minister@UnityYakimaMail.org

**Office:** Chris@UnityYakimaMail.org

**Sunday Celebration - 10:30am**

**Office hours - 10:30 am - 3:30 pm**



*Transforming lives  
through spiritual growth*



### Unity's Youth & Family Ministry

#### **SURVEY**

Please take a moment and give your feedback for the Youth Ministry. We are committed to providing a positive, affirming, spiritual education and would like your input on what you and your children would like to see. Please return to the office.

How many children (ages 0-18) do you have in your household or do you know that would want to participate in USLC youth program (grandchildren, nieces, nephews, etc.)? \_\_\_\_ What age groups are

- 0-3    3-6    7-11    12-15    16-18

What activities would they be most interested in?

How often would you bring them to service (per month)

- 1    2    3    4

Where are your children currently getting their spiritual education?

What is it that your child likes about a program they are or have participated in?

Do you have any youth who would be interested in participating in a brainstorming session for the youth group? If yes, please include your name and phone number here.

How important do you feel it is for children to have a

- 1    2    3    4    5

How much would you be willing to contribute towards your child's spiritual education per month?



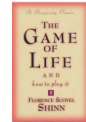
### **The Oneness Blessing**

*The first Sunday of each month,  
9:45am—10:15am  
Downstairs in the Library*

### **Wednesday Morning Group**

This class meets every Wednesday from 10:45-noon. Beforehand, from 10:20-10:45am, there is quiet meditation with music in the sanctuary.

**Now Reading: "The Game of Life and How to Play It"**  
~by Florence Scovel Shinn



*All are welcome!*



Come check out

### **the Imagineers**



**We want to hear your ideas!**

*The 2nd Tuesday of each month, from 4:30 -5:30pm, we will gather to listen, discuss, and brainstorm ideas people have for our spiritual community. Do you have ideas for a fundraiser, decorations that might really add to our décor, ideas about the website or newsletter, a different way of distributing information, or something else entirely? **We want to hear it! Any and all ideas are welcome!***

**Next Meeting: Tuesday, 1/14.**

Support Groups that meet at Unity **Alcoholics Anonymous: "The Early Birds"** every day - 6:30am.

**"Step Sisters"** closed women's group - Wednesday - 2:00pm

**"Sisters in Sobriety"** closed women's group - Thursdays - 6:00pm

& **Al-Anon: "Steps to Recovery"** Every Wednesday- 5:30pm

# Sunday Celebration Service 10:30am

Once again our Speaker Team has lined up some great guest speakers. January's theme is Visioning. Thank you Juanita Beetchenow, Kyle Fish and Marilyn Holloway!

## January 5 The White Stone Ceremony Guest Speaker: Marilyn Holloway

*This is a treasured ritual here at Unity Spiritual Life Center and in many Unity communities. Each person chooses a blank white stone that was quarried in Hebron, near Jerusalem. In a guided meditation, you will choose a name or a word of inspiration to write on your stone. It becomes a powerful symbol of who you have become, or who you are becoming, or who you would like to become. Keep this stone in a place you can see it often as a reminder throughout the coming year.*



## January 12 Seeds of Sankofa:

Guest Speaker: Scott Klepach

*We learn from the past, even as we seek to not be stuck in it. We look to the image of the Sankofa, which comes from West Ghana, about looking back as we move forward, carrying the past with us as we yet carve new paths. This image carries us in our personal lives and as we seek to nurture ourselves holistically.*

## January 19 Learning to Access Your Higher Self or "God Energy"

Guest Speaker: Karen Diana

*A brief introduction to internal family systems psychotherapy model*

## January 26 Perfect Vision: Seeing Through a Spiritual Lens

Guest Speaker: Marilyn Freed

*20-20 is considered to be perfect vision. Let's expand our definition of that to include our ideas of how we see the world. What do we focus on? And what can we know about God? What is our understanding of God, and what can we truly know?*

*I am transformed when I live from my highest self.*

# Financial Report

December Operating Income: **\$6273** Planned Monthly Income: \$9000

Expenses: **\$5551** Planned Monthly Expenses: \$9000

Special thanks to all of you, who made sure the families we sponsored had an amazing Christmas!

We are, God's Love in Action!



We gratefully share what we receive! Unity believes in the spiritual practice of tithing.

As we share our income with others, we also generously receive.

In December we tithed 10% of our total income to:

Unity Worldwide Ministries, Unity NW Region, Silent Unity and The Unity Center, OR

## men's restroom fund

and survey



### Calling All Men of Unity!

We are currently working on remodeling the men's restroom downstairs and we need your input. There will be a survey coming out soon to find out what you'd like to happen with the restroom. In the meantime, when you are out and about, please take note of things you like and things you don't like in the restrooms you visit—don't be shy about taking pictures either! Colors, sinks, fixtures, art, etc. We have a fund set up everyone can donate to. Our goal to start is \$1500, and we already have \$900! Just mark your donations "Men's Room".

## 8 Week Grief Recovery Support Group

Thursday, January 9th. 11:30-1:30pm

**Cost \$150 for the 8 week group**

Please call 480-0945 to Register or for more information.

The Grief Recovery Method is a non faith-based, Action Program to help people move beyond all kinds of loss including death, divorce, loss of health, career, faith and more. One on One program also available. Facilitated by Kerry Hager, Certified Grief Recovery Specialist.

[www.griefrecoveryyakima.com](http://www.griefrecoveryyakima.com) or  
[www.thegriefrecoverymethod.com/grms/kerry-hager](http://www.thegriefrecoverymethod.com/grms/kerry-hager)



*I follow my inner light and move forward in faith.*

Valentine's



Dinner & Dance

Mark Your Calendars for Sunday, February 9th at 5:00pm!



## Speaker Themes for 2020

January .....Visioning

February .....Planting Seeds of Hope

March .....Emerging from Darkness

April .....Rebirth



## UNITY'S Metaphysical Event

Saturday, March 14, 2020 from 10:00 am—4:00 pm

*Sign up sheets will be out for Volunteers  
and for Vendors interested in purchasing a space.*

*See Chris with any questions.*

*Divine energy enlivens our minds and bodies. We are refreshed and renewed!*



401 S. 8th Avenue - Yakima WA 98902

RETURN SERVICE REQUESTED

If you do not want to receive this newsletter, please mark the box and return to your letter carrier

**JANUARY 2020**

**We're on the Web: [www.UnityYakima.org](http://www.UnityYakima.org)**

Sent with love and blessings to:

*Celebrate* **Martin Luther King, Jr. Day**



*Keeping the Dream Alive!*

**Sunday, January 19th - 3:00pm**

Community MLK Service at Greater Faith Baptist Church

**Monday, January 20th**

*Join us for the **Peace Walk** that day at noon, starting at 5th Ave & MLK Blvd and ending at the Convention Center.*

**The office will be closed Monday, January 20th**