

Healthcare not working for you? Don't worry - you aren't alone!

Antioch Med solves many of the healthcare issues that contribute to the dysfunction seen in primary care. By focusing on our patients first and removing unnecessary barriers we make primary care accessible and affordable, while improving quality across the spectrum of care.

What is Direct Primary Care? Doctor + Patient = DPC

Our clinic is based on a simple model: a doctor caring for a patient. That's it! We provide the doctor and you become a patient through membership. DPC increases access to and time with your doctor, but does so at an affordable price. We do this by eliminating common barriers to receiving care such as pharmacies and insurance companies.

Why no insurance? By streamlining care and removing insurance we drastically decrease our costs and pass the savings to you. The usual doctor's office has 5-7 staff members per doctor, most of whom just do paperwork for insurance. We have one nurse per doctor, spend up to an hour per visit and love our patients! All the while reducing unnecessary costs.

Our Doctors

Nicholas Tomsen, MD grew up in Nebraska and went to Medical School at the University of Iowa receiving his MD. He completed Family Medicine residency at Via Christi and was the Chief Resident for Obstetrics and named Outstanding Resident Clinician. He completed the Via Christi International Family Medicine Fellowship and served for 5 months at a mission hospital in Galmi, Niger with his family. He is married to his wife, Michaela, and has three children (Moriah, Charlie, and Daniel).

Brandon Alleman, MD, PhD graduated from Hope College with degrees in Math and Physics. He is a former Fulbright Scholar to Budapest, Hungary and graduated from the University of Iowa with his MD and PhD. He is a graduate of the Via Christi Family Medicine Residency and was the Chief Resident for Obstetrics. He is married to his wife Becca and has four children (Jonah, Cora, Esther and Levi).

Jennifer Callison, DO - Dr. Callison graduated from the University of Iowa with a BA in Biology and then went on to attend medical school at Kansas City University of Medicine and Biosciences graduating Magna Cum Laude. She attended Via Christi Family Medicine Residency where she was a Chief Resident. She was recognized as the Family Medicine resident with the most accomplishments during her second year. She is married to her husband Matt and has a daughter Nola.



ANTIOCH MED

Accessible, High-Quality
Full Spectrum, Direct Primary Care

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KIDDY KOLLEGE COVERS 100% FOR FULL TIME EMPLOYEES. IF YOU WOULD LIKE TO SIGN UP PLEASE SIGN THE BOTTOM OF THIS FORM AND RETURN TO YOUR DIRECTOR

Antioch Med Benefits

Better Access

- Same day or next day appointments
- Technology (phone/video) visits
- Your physician's email and phone number to call or text

Better Service

- Timely and unhurried appointments (first visits scheduled for 1 hour)
- Customized care from your doctor
- Excellent and caring physicians
- OB services

Better Value

- Affordable monthly membership
- In-house medications with wholesale prescriptions, 60-95% savings
- Free/low-cost in-office procedures
- Wholesale lab pricing
- Reduced-price imaging (xray, CT, MRI, ultrasound)

Call or email us to go through your healthcare costs (labs, meds, imaging studies, clinic visit co-pays and deductibles, etc.) to see if you can save with Antioch Med.

Insurance?

Insurance is necessary for unexpected costs in healthcare and we recommend patients have major medical coverage. However, most health costs are routine and expected. You don't use your car insurance to fill up with gas and using your health insurance for routine care makes it expensive.

Most patients use insurance to get care for colds, well visits, chronic medical conditions like high blood pressure or diabetes, and stitches because they *seem* expensive. However, by becoming a member and getting care directly these costs plummet. Your insurance is then saved for unexpected events: cancer, major car accidents, surgeries, etc.

“So should I still have insurance?” Yes, though not required for membership. A private insurance plan or a qualified health sharing plan is still wise to cover unexpected, catastrophic events and avoid governmental fines. However, many patients are able to adjust their insurance plans to fit with Antioch Med and save money.

We are not insurance agents and can't give you official insurance advice, but we are glad to get you in touch with an insurance agent to discuss your options if you like.

Membership

Individuals

- Age 0-19 - \$15/month (with adult)
- \$30/month (w/o adult)
- Age 20-39 - \$45/month
- Age 40-64 - \$60/month
- Age 65+ - \$75/month

Families

- Families of 4 or more given 10% discount on above prices.
- Multi-generation households - contact us for pricing.

Custom

- Call for pricing on nursing home, end of life, or other unique situations. We are glad to help meet your healthcare needs.

Businesses

Antioch Med partners with businesses to save employers money on healthcare costs. Our services can be utilized by businesses of any size, either with or without insurance options. Call us if you are an employer and want to lower your healthcare costs or an employee who is interested in your employer adding Antioch Med's services onto your healthcare plan.

To sign up for Antioch Direct to Provider please email your appointment date to info@kiddykollege.com