

Sessions beginning in
January!! Email us to get
your school signed up!
stephanie@futureaztecs.com

or call
916-622-8950

Session dates *

Session 1-January 30-March 20
Practices can be on Mondays,
Wednesdays or Thursdays

Session 2- April 3-May 22
Practices on Mondays,
Wednesdays, Thursdays, or
Fridays

*Session dates are flexible
based off each schools' needs.



Future Aztec Sports Training,
Inc. is a 501(c)3 non profit
committed to training up the
next generation in Athletics,
Academics and Attitude. Our
mission is to provide quality
sports programs that everyone
afford, using sports to teach
life.

FUTURE AZTEC SPORTS
TRAINING, INC.
P.O. Box 312 El Cajon, CA 92022
stephanie@futureaztecs.com
www.futureaztecs.com



Future Aztec Sports Training, Inc.
**After School
Cheerleading Program**



Who we are...

Scotty and Stephanie James, Founders

Scotty and Stephanie were both collegiate athletes and are San Diego State alumni. Scotty was a Defensive Back for the Aztecs and Stephanie a two - time All - American Pole Vaulter and 2008 Olympic Trials Qualifier. Their Aztec pride, training knowledge, and passion for youth are what led to them start F.A.S.T. (Future Aztec Sports Training). Their goal is to teach the fundamentals of academics, athletics, and attitude to train up the next generation of Future Aztecs!

CHEERLEADING AFTER SCHOOL PROGRAM

Come join your schools newest Cheer Team! We will be teaching the kids how to become better cheerleaders with our exceptional cheer techniques and better people with our character development lessons! We will practice one time a week after school for an hour and 15 minutes, where we will learn a cheer and dance to perform at your school's next assembly or talent show!! Your team uniform is included in your fee!

PRACTICES

One time per week directly after school

One hour and fifteen minutes long

Cheer and dance taught to be performed at end of session

Collaboration between after school care and coaches



Cheerleader during one of our performances.

CHARACTER DEVELOPMENT

One character trait taught per week to encourage growth not only in their sports skills but also in their life and academic skills. Examples are- perseverance, punctuality, kindness, respecting parents and authorities.



Performance at a Local school.

COST

\$75.00

Includes practices, performance and uniform

Uniform- shirt, shorts, bow , pompoms



Pompoms included in fee.