

Patrick O'Neil

Patrick has over twenty years of coaching experience and has had the privilege of working with athletes of all ages and abilities, from the grassroots through national level. He holds his B.A. in Political Science and Public Administration from The American University, Washington, D.C. and his Masters in Social Work from Syracuse University. Patrick maintains his licensure as a Child and Family Therapist and has worked with children and families off the ice, in many capacities, over the years. With U.S. Figure Skating, he holds his gold medal in Freestyle and Dance, and is a Technical Specialist for the organization. Patrick is the current Membership Chair and has actively participated in numerous committees including the Membership Committee, Parent Committee, Grievance Committee, and the SafeSport Committee. He works closely with member clubs around the country on a variety of issues including bylaws and conflict resolution. He had the pleasure and responsibility of directing a large competitive program in the Midwest for thirteen years, and has extensive experience working with athletes and coaches, both domestically and internationally. He thoroughly enjoys conducting seminars with coaches on the “hows” and “whys” of teaching.

With the Professional Skaters Association, Patrick has attained his Master Ratings in Freestyle and Moves in the Field, and dedicates his time as a ratings examiner for the PSA in those two disciplines. He is a current board member, Ratings Prep faculty, the Vice Chair of the Committee on Professional Standards and a member of the National Education Committee.



Welcomes
Patrick O'Neil



USFSA

March 22-24, 2018

Parent Seminar

Thursday, March 22, 2018

5:45-6:45

Farmington Hills Arena Upper Level

Please join Patrick as he shares some information about USFSA, as well as discusses the importance of coach – skater connections.

This is free for all parents.

Private Lessons

Thursday, March 22, 2018

Friday, March 23, 2018

Patrick will be offering private lessons for your skater during regular figure skating ice time. Please look for a sign up genius to come out on March 5, 2018 to sign up for time slots.

Cost:

\$22.50/15 minutes

\$45/30 minutes

For all those who sign up for the seminar by March 14, we will be raffling off 4-15 minute lessons with Patrick!

You are not required to do a private lesson if you are doing the seminar. This is an additional offering.

Skater Seminar

Saturday, March 24, 2018

12:00-4:00

Farmington Hills Arena

Please join Patrick as he shares his technical expertise with the skaters.

12:00 Welcome

12:15 Whole Group on Ice

1:00 Group 1 on the Ice / Group 2 off ice (dance class)

1:45 Group 2 on the ice / Group 1 off the ice (dance class)

2:30 All Skaters Back on the ice

3:30 Skater reception

**Schedule subject to change depending on number of participants.*

Cost for Skater Seminar

Registered by March 14:

\$40

Registered after March 14 or

Registered day of seminar:

\$50

This includes all on and off ice time with instruction, skater welcome bag, and reception following the event.

Registration form for Patrick O'Neil Seminar

March 22-24, 2018

Name: _____

Coach's Name: _____

Emergency Contact: _____

Phone #: _____

Please enclose \$40 if registering by March 14.

Please include \$50 if registering after March 14.

Checks payable to FHFSC