



www.lvwomensclub.com

41 Years Strong!

Lago Vista
Women's Club
Newsletter



September
2019



Welcome from the New LVWC President

For a couple of years now I had been editing our newsletter and when I would receive the message from the President; I would read over it, trying to make sure I didn't overlook any typos (never found any-Trisha was meticulous), dutifully position it on the page, then move on to the next thing. Now, I am challenged to come up with the same level of wisdom, wit, guidance, and leadership as our previous Presidents. Never has a page looked so blank! So, I will confess; I renounce any attempt to match the grandeur of those who have come before me. I will, however, commit to doing my best and trying my utmost to be faithful to the ideals of our club and to who I am.

So, who am I? I suspect that many of our members may not have the slightest idea as to who Anna Johndrow is, so let me provide a snapshot: I am a wife, a mother, and a grandmother. I was born in New Mexico, lived in 4 States, Cuba and France and then Puerto Rico, where I remained for 38 years and where I continue to have very strong ties as my daughter and her family, still live there. Two sons have moved to the mainland US, and we have a son and grandson living right here in Lago Vista (and another gaggle in Cedar Park). I am a retired advertising creative, talk radio host, hardware store owner and golf shop clerk and now work for the Chamber of Commerce. I am a member of the POA Board, and Rotary E-Club so it is safe to say I keep myself occupied.

My husband, Don and I moved to Lago

Vista in 2006, but because we had a business in Cedar Park, Lago Vista was a place where we slept. We enjoyed the beauty of our early mornings and sunsets, but we couldn't partake of the spirit of our hometown community. In 2014 we closed the business, and I joined the Women's Club which provided me, as for so many before me, with a vehicle to discovery of my community, of what I could contribute, of the State I had adopted as my own, and more importantly to friendships, fellowship and long-lasting ties to the North Shore. This greater sense of community is what I hope for YOU, that the LVWC will be an essential portal to so much more than a monthly meal.

Freth Carroll, 1st Vice President, has worked diligently throughout the summer to provide a full season of amazing programs that inform, entertain, and enlighten us! I am excited and invigorated by the diverse selection she has chosen for our benefit. Everyone has shone in their passion for making the coming year a fabulous one, but I must give a special shout out to *Fran Plemmons*, who has outdone herself in compiling and managing our membership roster. (Don't forget to pay your dues if you haven't already. It's too late to be listed in the Directory this year, but you want to be sure to get that taken care of!) *Tami Flournoy* has taken on the awesome job of keeping us up to date with events and news with a stunning new look to our newsletter. Congratulate her and be sure to send her your suggestions for inclusions. Also don't forget

that for fresh updates we have a closed Facebook page and a great website, complete with membership forms and links to our reservation system; now under the webmastery of new member, *Nancy Hamilton*.

Over the summer, our officers, standing committee chairs and SIG leaders have met and diligently coordinated to ensure a season of productive and engaging events, activities, and FUN! This coming year promises to live up to our heritage, because of the collective YOU! (Or "Y'all") YOU make our club a stand-out presence on the North Shore.

Special points of interest:

[*New Member Information](#)

[*September Birthdays](#)

[*New magnetic Name Tags](#)

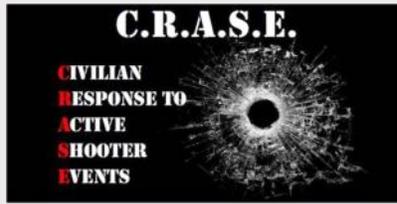


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Lago Vista Women's Club

LagoVistaWCnewsletter@gmail.com



This Month's Luncheon & Program

September 10, 2019

September Luncheon Program

CRASE stands for Civilian Response to Active Shooter Event—a topic that is vital with the increase of senseless, random mass shootings. This important presentation will be given by Glenn Gold, an experienced law enforcement officer with expertise in this field.

The program will provide guidance and a proven plan for surviving an active shooter event.

Topics include the history and prevalence of active shooter events, civilian response options, medical issues, and considerations for conducting drills.



Last Days of Summer Menu

Summer Berry Salad

Romaine with Strawberries, Blueberries, Blackberries, Toasted Almonds, Feta or Blue Cheese with Champagne Vinaigrette and Peach Habanero Dressings

Grilled Chicken with Argentinian Chimichurri Sauce

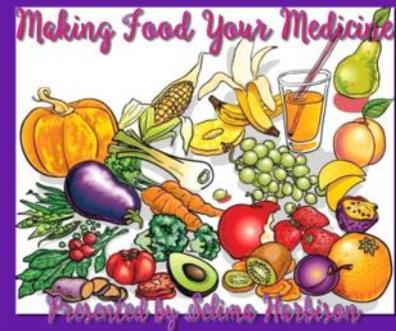
Summer Vegetable Medley

Garden Herb Rice

Bread and Butter ~ Chef Choice Dessert

Next Month's Luncheon & Program

October 8, 2019



Oktoberfest Menu

Garden Salad Mixed Greens

Seasonal Vegetables and Two Homemade Dressings

Beer Braised Bratwurst with Vegetables

Cheese Kugel

Egg Noodles Cooked with Creamy Cheese Sauce

Bread and Butter

German Apple Cake

October Luncheon Program

"Making Food Your Medicine" will be presented by Selima Harbison. How do you discern what kind of diet is best for you? She will educate on using food, herbs, and diet to improve your health.

You have probably heard that eating the "rainbow" provides a healthy diet. Come and allow Selima to show you how to incorporate this concept into your daily menus.



**A NIGHT
AT THE
COPACABANA**

2020 GALA

By Ruth Lloyd

I am so excited to announce the theme for our 2020 Lago Vista Women's Club Gala! "A Night at the Copacabana" will be a joyous evening with a Brazilian flare. The Gala will be held on January 25, 2020, and preparations have already begun to make this a memorable evening.

The evening will be filled with excitement—dinner, dancing, socializing, and joining in the fun with the live and silent auctions. We are currently auditioning live bands to choose one for your listening and dancing pleasure. Renee Jones, a well known national auctioneer, will take the lead to make our live auction an energetic and exciting one. A delicious and creative meal will once again be provided by Alfred's Catering.

Thanks to our members, our 2019 Gala was a big success



and allowed us to proudly award many scholarships and grants to those in our community. Our 2020 Gala goal is to raise even more money to fund our philanthropic efforts. Every member of LVWC can be a part of making our Gala a success; all volunteers and donations to our live and silent auctions, wine pull and other drawings are greatly appreciated.

We still need vol-

unteers for some of the committees, so please look at the clipboard on your luncheon table to see if there is an area of interest to you. We want you all to share in the excitement of this wonderful event!

If you would like information regarding the Gala, you may contact:

**Ruth Lloyd, Gala Chair,
(661) 645-8439
Ruth.lloyd@yahoo.com.**



The Gala is our primary fundraiser for our philanthropic pursuits. Here are a few of our scholarship recipients that we sponsored as they prepared for the 4th of July parade!



*****Special Decorating Request*****

If you are interested in serving on the 2020 Gala "A Night at the Copacabana" Decorating Committee, please plan to attend a short meeting in K-Oak's Johnson Room immediately following the September Luncheon.

**Patricia Nixa-Gala Decorating
Chair**





HELLO! SEPTEMBER

Sept 4 — Mah Jongg 1:00 - 4:00
Tutta Italiana Coffee Shop

Sept 6 — Learning Bridge
10:00-12:00
Bluebonnet Room

Party Bridge
1:00 - 4:00
Bluebonnet Room

Sept 9— Bunco 1:30 - 4:00
Bluebonnet Room

Sept 10 —CARE Group 10:00
(before luncheon)
Johnson Room K-Oaks

Musical Notes 11:30
K-Oaks

LVWC Luncheon K-Oaks

Sept 11 — Hand & Foot 1:00 - 4:00
Johnson Room K-Oaks

Sept 13 — Learning Bridge
10:00 - 12:00
Bluebonnet Room

Sept 16 — Wine Tasting 5:00 - 7:00
Sign Up Required

Sept 17 — Birding Group
9:00 to 10:00
Info at Sign-up table

TED Talks 12:00 to 2:00
Lago Vista Public Library

LVWC September 2019 Events & Special Interests

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 *Mah Jongg 1:00	5	6 *Learning Bridge 10:00 *Party Bridge	7
8	9 *Bunco 1:30	10 *CARE Group 10:00 *Musical Notes 11:30 *LVWC	11 *Hand & Foot 1:00	12	13 *Learning Bridge 10:00	14
15	16 *Wine Tasting 5:00	17 *Birding Group 9:00 *TED Talks 12:00 *Literary	18 *Mah Jongg 1:00	19	20 Learning Bridge 10:00 *Party Bridge 1:00 *Artistic	21
22	23 *Chef's Hat	24 *Lunch and a Movie	25 *Hand & Foot 1:00	26	27 *Learning Bridge 10:00	28
29	30					

Sept 17 — Literary Group 12:30 to 3:00
(Cont.) Bluebonnet Room

Sept 18 — Mah Jongg 1:00 - 4:00
Tutta Italiana Coffee Shop

Sept 20 — Learning Bridge 10:00 - 12:00
Bluebonnet Room

Party Bridge 1:00 -4:00
Bluebonnet Room

Sept 20 — Artistic Divas 12:00 - 4:00
(Cont.) Lago Vista Public Library

Sept 23 — Chef's Hat 2:00 - 5:00
Info at sign-up table

Sept 24 — Lunch and a Movie
Info at sign-up table

Sept 25 — Hand & Foot 1:00 - 4:00
Johnson Room – K-Oaks

Sept 27 — Learning Bridge 10:00 - 12:00
Bluebonnet Room



The kids are back in school, summer vacations have come to an end, and finally—comes the TRUE start of fall here in the Texas Hill Country—our Lago Vista Women's Club is gearing up for another season of fabulous adventures! Here are some highlights from our Special Interest Groups (SIG.)

I am excited that our first SIG highlight goes to a brand new group, The Chef's Hat. This group's chef is none other than Chef Becky Pfile, and she can be reached at 832-797-4560.

The Chef's Hat

Our chef is Becky Pfile. She is ready to turn on the stove and listen for our ahh's and sighs. She has a list of clever cooking ideas, some filled with calories and some easier on the scales. Since each gathering is interactive, our new cooking skills and clever ideas will provide great pleasure for our own dinner tables.

We begin on September 23, 2019 at 2:00 at Becky's home (her kitchen is amazing) and the class will be "The 5 French Mother and Small Sauces with Recipes".

Classes will be held on the fourth Mon-



day of each month (exceptions are November 18 and

December 16 due to holidays) at 2:00, with each gathering lasting two to three hours. So, please sign up at The Chef's Hat SIG table at our September 10 luncheon.

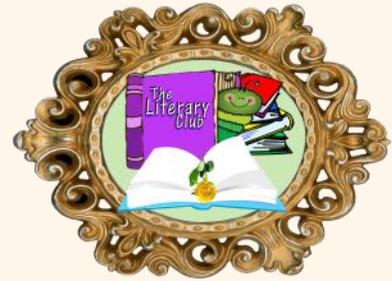
Each gathering is limited to 10 attendees, but a waiting list will be available in case there are cancellations.

The cost is only \$20 and that includes wine. (A 72-hour notice is necessary for cancellations).

Questions? Please call The Chef's Hat coordinators, Lynn Tannehill 254-541-5832 or Kathy Lincoln 512-656-6896.



~More September Special Interest Group~ News~



Artistic Divas

We have a fantastic year of activities scheduled for Artistic Divas! Sign up for each activity at the S.I.G. table during the monthly luncheons. You may also sign up by contacting Mindy Hensen at 512-636-0423 or sending her an email at mindyhensenvwc@yahoo.com

Some of the activities will be free, others will have a fee. Details will be provided at the luncheons.

Mark your calendars and plan to join us on Friday, September 20th, We will gather in the Library meeting room, 12:30-4:00

We will work on a project together with the Garden Club, creating cork bird houses/feeders! These will be donated back to the Garden Club for them to use as a fundraiser for their organization!

Co-leaders for the project are: Donna Nash and Rita Davis.

October's project will be making Christmas ornaments for K-Oaks and will be headed up by Donna Nash.

Other craft projects planned for this season include: Handmade Christmas Cards, 3D Christmas Trees (with your own vintage jewelry—start looking now,) Perpetual Family Calendars, Acrylic Paint Pouring, painting pottery, and our own brand of Lago Vista rock painting.

More on these fun activities to come in future newsletters.

Birding

The birding group will meet at Bar-K Park at 9:00 am on September 17. We will walk around the park for an hour and identify the local birds in the area this time of year.

If you would like to be included in the email announcements, send a message to Christine Snitkin at csnitkin@yahoo.com.

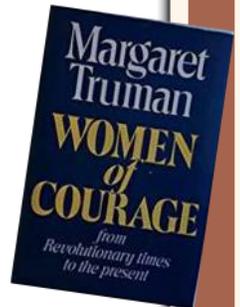
Editor's Note: Christine took the bird picture used for the club's header.

The Literary Club

Literary Club begins this year with one of our favorite presenters, Peggy Gibson, who will be reviewing the book WOMEN OF COURAGE from REVOLUTIONARY TIMES to the PRESENT by Margaret Truman.

This book will remind us of our Grandmothers and the courage they had and how hard life was for them.

Join us on September 17th at 12:30 in the Bluebonnet Room on Boggy Ford and American Drive.



Peggy Gibson
Presenter



C.A.R.E. Group News for September

We are a group of Compassionate, Attentive, Reassuring and Encouraging ladies ready to hear from you! CARE members are here to provide cheer and encouragement to all club members.

Please let us know if you or a member you know is ill, in the hospital, facing an upcoming surgery, or going through a difficult time. We will make phone calls, home visits if desired, provide a grocery service, and library book check out service for members that are ill or homebound.

If you need a ride to the monthly luncheons let us know. We are here for you!

Email us at: lwccaregroup@gmail.com
Christy Ordener 432-349-5492
Trish Aikman 512-786-9615



RIDDLE FOR SEPTEMBER

What goes "ha-ha-ha-plop?"

Answer on next page

Welcome Reception

~for our~

New Members

We are eager to get to know you and have you get to know us. We hope you will join us before our October Luncheon for a reception featuring YOU!

Date: October 8, 2019

Time: 9:30 am

Place: Johnson Room/K-Oaks

~ A Peek Ahead to some October Events ~

**LVWC October 2019
Events & Special Interests (Preview)**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 * Mah Jongg 1:00 - 4:00	3	4 *Learning Bridge 10:00 - 12:00 *Party	5
6	7 *Cooking Pot 10:30 - 3:00	8 *New Member Reception *Musical Notes 11:30	9	10	11	12
13	14	15	16	17 *Out & About 9:30 CVS Carpool	18 *Artistic Divas 1:00-4:00	19
20	21	22	23	24	25	26
27	28	29	30	31		

- 
- ♦ **Oct 2 — Mah Jongg** 1:00 - 4:00
Tutta Italiana Coffee Shop
 - ♦ **Oct 4 — Learning Bridge**
10:00 - 12:00
Bluebonnet Room

Party Bridge 1:00 - 4:00
Bluebonnet Room
 - ♦ **Oct 7 — Cooking Pot** 10:30 - 3:00
Info at Sign up table
 - ♦ **Oct 8 — New Member Reception**
Johnson Room before luncheon

Musical Notes 11:30
Johnson Room

LVWC Luncheon
K-Oaks
 - ♦ **Oct 17 — Out & About**
9:30 at CVS Carpool
Equine Rehabilitation of C. Texas
 - ♦ **Oct 18 — Artistic Divas** 1:00-4:00
Library Meeting Room



Out & About

Whether you like to horse around or just love horses, you will want to join the Out & About group next month as they head over to the Equine Rehabilitation Central Texas in Leander.

When: Thursday, October 17 **Time:** 9:30 am.
When Meeting: Carpooling from the CVS lower parking lot in Lago Vista



Howdy Ladies and Welcome to the New Season!

Just a friendly reminder that for a small donation (that goes directly into our Philanthropic Fund,) you can enjoy a glass of wine during our social hour or with your lunch.

This year we will serve three red wines and three white wines, so if you have a preference, please inform either Gladys Ables or Ro Cass.

Please remember that your refreshment will also be contributing to a great cause!

CHEERS,

GLADYS ABLES **RO CASS**
713 829 8299 512 461 3739
gladysables@yahoo.com ro@nrcass.com



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You shop. Amazon gives.

If you shop on Amazon through AmazonSmile.com and select Lago Vista Women's Club as the charitable organization of your choice, Amazon will make a donation to our club!

SEPTEMBER RIDDLE

Answer:



Someone laughing their head off.

NEW MAGNETIC NAMETAGS

Members of the Executive Committee hard at work preparing our new magnetic name tags! Make sure to pick yours up at the September Luncheon.



All that glitters...

EDITORIAL

Tamra Flournoy

Glitter, along with sparkly rhinestones and sequins give life the little nudge that turns a good day into a magical one. Yes, I, Tamra Flournoy, do hereby name myself The Glitterbug Queen of Central Texas. Perhaps, like me, you drag your spouse along for hours of amusement at Hobby Lobby or Michael's every time you go into town. Often when I wear my bejeweled outfits while driving, the inside of my car takes on a festive air as disco ball-like lights shoot prisms of sunlight and rainbows across the ceiling, dash, car seats, and passengers. Strangely, I often return home only to learn that 1431 has been shut down due to someone running off the road. Of course, I am sure there is NO correlation there whatsoever. I once bought a fancy dress for a wedding that actually dusted glitter everywhere I went. I thought that was an exceptionally awesome effect!

You can imagine my confusion upon learning that there are (I am sure only a few) individuals who do not care for sparklies. I know, right! I was stunned. Not only that, but they consider it litter and a menace to clean up after. Not so for me. If the vacuum doesn't get it, I count that as a bonus.

A few years ago, while decorating K-Oaks for another event, I learned that glitter has become a finable offense. So, I want to take a moment, just in case some of you may not have had reason yet to know of this policy, to give you a heads up. Most of the bejeweled shirts—all lovely—I have seen at our meetings are fine. They are put on with glue manufactured by the defense department. The no-glitter rule is basically geared for glitter left behind, and the \$100 fee is used to cover additional cleaning fees associated from renting vacuums engineered by NASA with the power of space suction.

As I mentioned, this also applies to any crafts or decorations done or displayed in the building. Typically, if you use spray-on glitter or glitter glue, you are okay. Most glittered paper has been manufactured in such a way that it will not come off. If you have an item with glitter "dust" issues, where it falls off liberally, you can try coating it with polyurethane or even aerosol Aqua Net. Always give your sparkly item, clothes or decoration, the shake test where you shake it for a minute or two and then look around the ground below the shaken object with a light to make sure the surrounding area is glitter-free. If your item(s) pass that test, then you can confidently adorn yourself and show-off the things you bring, knowing that you walk in harmony with POA's policies.

Let's face it, \$100 spent by the club on glitter penalties is \$100 not going towards our grants, scholarships, and other important causes.

Thank You,
Tamra Flournoy

***DISCLAIMER:** Any reference to government agencies providing clothing manufacturers with glue or developing vacuum cleaners are not true.

****ATTENTION:** Please help a sister out here. If you have something you would like to address that is in any way related to our club, this is the place to let your voice be heard. Don't worry about your grammar. I have a cool program that misses very little I can run it through. It is your voice and your opinion that matter here. Plus, I am not sure anyone wants me taking potshots at Daylight Savings Time. What you are thinking about will be much better than that! Please make sure that you do not bring up anything of a political or religious nature. (My governmental exaggerations notwithstanding.)

SEPTEMBER BIRTHDAYS

Hip-Hip-Hooray!

Shirley Fenley—September 1

Lisa Walker—September 4

Suzanne Chandler—September 6

Sue (Katheryn) Weatherly—September 7

Joy Modawell—September 11

Reasa Burton—September 13

Shirley Boleman—September 19

Mary Bill Royder—September 20

Annie Kounse—September 21

Jane Russell—September 22

Beverly Lee—September 25

Edna Nance—September 30

Nora Skaff—September 31

Rhonda Treaster—January 31