

RATINGS

Class 1 Trail Hiking:

Well-maintained park trails or unofficial human/ game trails.

Class 2 Off Trail Hiking:

May include bush-wacking and/ or ridge walks having steep sections, rocky outcrops, scree slopes and possible exposure. You may have to use your hands.

Class 3 Scrambling:

Un-roped climbing on high-angled slopes. You must use your hands most of the time. Terrain may include moderate cliffs, large rocks, steep snow slopes and exposure.

ROUND TRIP DISTANCE

Short: Up to 10 km

Moderate: 10 – 20 km

Long: Over 20 km. Stamina is required.

ELEVATION GAIN

Minimal: Up to 1,000 feet

Moderate: 1,000 – 3,000 feet

Demanding: Over 3,000 feet

DESCRIPTORS:

Long day: Over 8 hours of hiking.

Long drive: More than 2 hours one-way.

Exploratory: Coordinator has not previously hiked the route.

SKI AND SNOWSHOE CLASSIFICATION

Track-Set Skiing: Groomed trails (locally, Allison-Chinook in the Crowsnest Pass or Syncline in the West Castle Area).

Note: Hilly terrain; good downhill control is required.

Back Country Touring: Off trail involving elevation gain. Steel-edged skis, skins and sturdy boots required. Good downhill control needed. May involve climbing and descending moderately steep slopes.

Back Country Turning on Tele and Alpine Gear: Outings may involve up to 3,000 feet of elevation gain overall. Good technical ability required. Equipment must include skins and avalanche gear.

Showshoeing: Usually off trail with some elevation gain.