



Presents



## 1-Day Retreat for Women

Nurture the inner, spiritual beauty that will *Radiate* in all areas of your life.

**Saturday**  
**March 7**  
**9:30am - 3:30pm**

**Poinsettia Pavilion**  
**3451 Foothill Rd**  
**Ventura 93003**

The day at Radiant You will empower you with inspiring information from experts Veronica Clark on Energy Healing and Self Love, Dr. Catie Wyman Norris on Nutrition, and Jackie Ulmer on Business Strategies. You will enjoy as well light movement from Acupuncturist and Yoga instructor Krystal Pearson.

- Continental breakfast and lunch
- Shopping from our local vendors
- Wear comfy clothes for light movement and relaxation
- Bring a journal and writing materials
- Yoga mats will be your gift upon arrival along with other giveaways

**\$97**  
Early-bird  
**\$85**  
till Jan 24

Register at [www.TheLadiesLuncheon.com/Radiant-You](http://www.TheLadiesLuncheon.com/Radiant-You)



**Veronica Clark**  
Transformational Coach,  
Author, Speaker



**Dr. Catie Wyman Norris**  
Nutritional Coach, Best  
Selling Author, Speaker



**Jackie Ulmer**  
Business Development  
and Confidence Coach



**Krystal Pearson**  
Licensed Acupuncturist and  
Herbalist. Yoga instructor.

For more information about our dynamic speakers  
go to our website [www.TheLadiesLuncheon.com/Radiant-You](http://www.TheLadiesLuncheon.com/Radiant-You)