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PLANETARY TRANSITION

Emotional Balance in Sex

by Divaldo Franco

**The Bioenergy Treatment
Service**

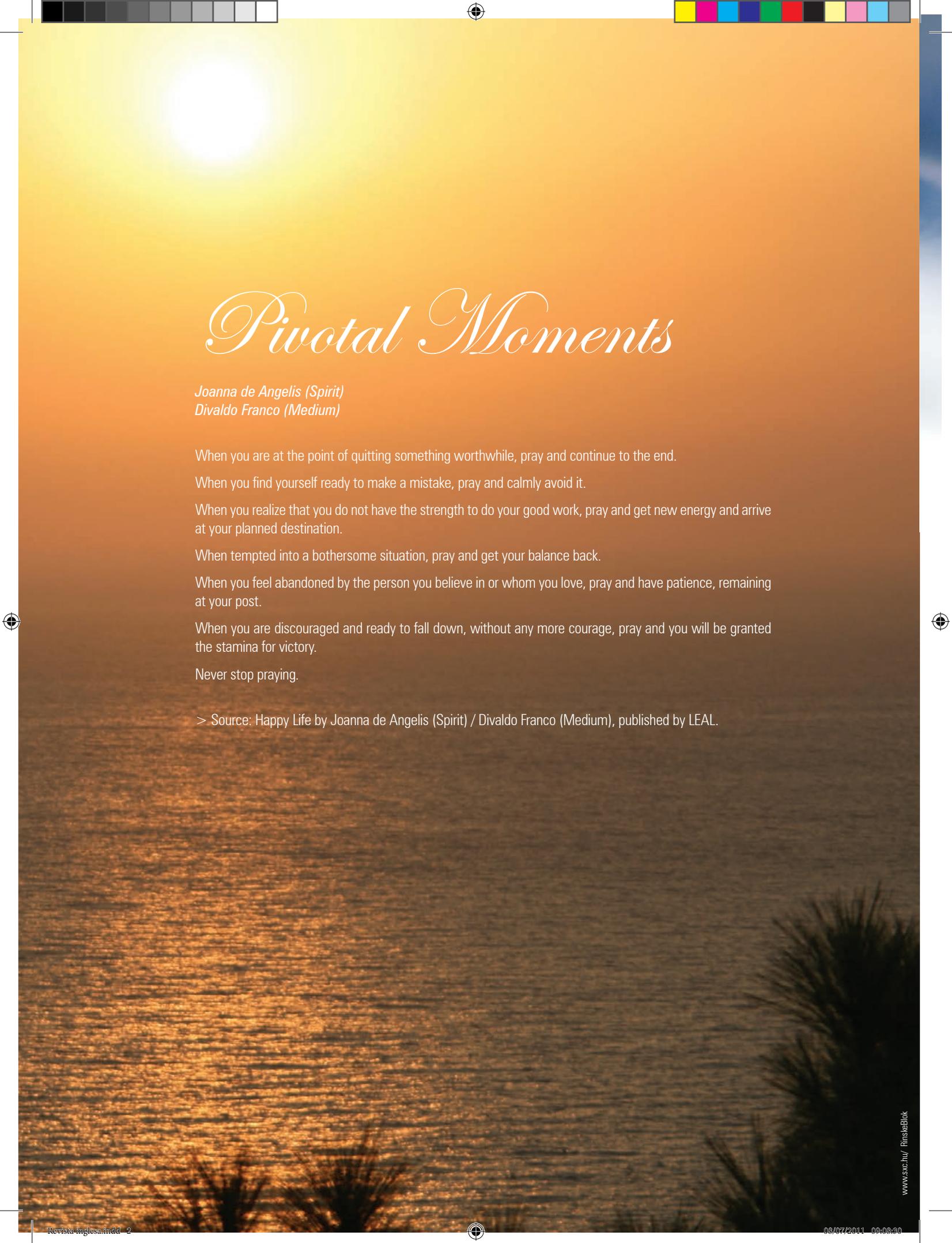
by Janet Bower and Kenneth Martay

Obsessive Contagion

by Raul Teixeira, PhD

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Pivotal Moments

Joanna de Angelis (Spirit)
Divaldo Franco (Medium)

When you are at the point of quitting something worthwhile, pray and continue to the end.

When you find yourself ready to make a mistake, pray and calmly avoid it.

When you realize that you do not have the strength to do your good work, pray and get new energy and arrive at your planned destination.

When tempted into a bothersome situation, pray and get your balance back.

When you feel abandoned by the person you believe in or whom you love, pray and have patience, remaining at your post.

When you are discouraged and ready to fall down, without any more courage, pray and you will be granted the stamina for victory.

Never stop praying.

> Source: Happy Life by Joanna de Angelis (Spirit) / Divaldo Franco (Medium), published by LEAL.

Transformation is the only way!

“Do you believe that there is no providential purpose in this, and that this transformation of the surface of the globe is not necessary for its overall harmony?”¹ Certainly there is Higher providence to unfold the fulfillment of natural laws, such as the law of progress, of preservation, of destruction...

Inevitably the inner and the outer world are being transformed as well. Apparently, there is chaos. However, it is an organized destruction of the old unhealthy patterns balanced by the equation that has its constant in God’s will and the variable in our individual and collective free will.

Resistance to transformation becomes useless and can actually create various disturbances to the Self and others. Embracing the new in each and every moment of our reincarnation will facilitate the achievement of inner and outer progress. We were born to be renewed in a newly formed body. New family, new environment, new opportunities. And yet we have the dynamics to embrace the new within our own selves. Our body cells respond to this dynamic principle of transformation by its own cycle of renewal in each and every organ.

Spiritism then comes to support and console us in the challenges and joys of our transformational journey, especially at the current planetary transition. Meditating on this, we could outline a list on how the Spiritist teachings help us live a better life and face transformations with optimism and perseverance.

- We become more resilient. Resilience in the struggles of life because everything shall pass and progress is inevitable.
- We endure more. Endurance due to the needs to exercise the muscles of our souls to higher developmental levels.
- We practice more understanding. Understanding once we know that there is no chance and suffering and/or transformation has its root causes in the past or present.
- We become more compassionate. Compassionate knowing that as much as we are perfectible, others do so as well.
- We acknowledge our mediumship. Mediumship is an integral faculty of the soul that needs to be educated under the safe guidelines of its unique manual *The Mediums’ Book* – which this year celebrated 150 years of its publishing by Allan Kardec.

Dear reader, add to this list of the benefits of Spiritism in your life during the challenges of the current times. It is a therapeutic technique to count the blessings in our lives and boost our unshakable faith, while helping us to build millennial goals in our immortal life!

Vanessa Anseloni, PsyD, PhD
Editor-in-chief

¹ The Spirits’ Book by Allan Kardec, Q/A 540.

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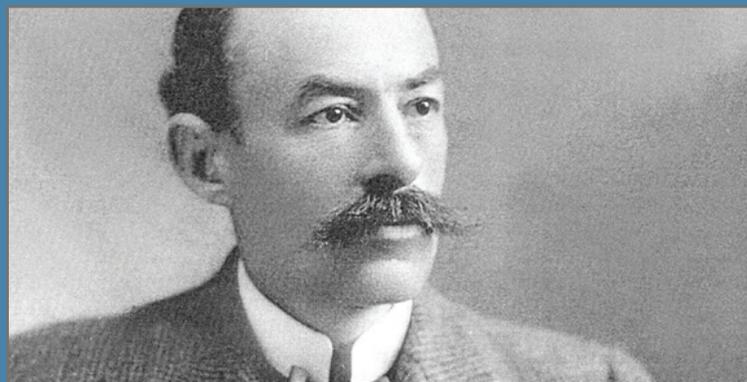
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Jan - Jun, 2010

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In regard to MEDIUMSHIP

▣ Brother X

Therein, at the busy Carnegie Hall room, in New York, we met the famous medium, to whom we will simply call Mrs. Hayden. We have heard the best references about her in the Spiritual Plane.

By scheduling an appointment through the loving intervention of our friend Fred Figner, we were received by the distinct discarnate lady for a short conversation.

Mrs. Hayden, guide of mediumistic issues in various doctrinal circles in the United States, received us with extreme kindness; and, because we could see her surrounded by friends, naturally in activities that could not be postponed, we decided to be very straightforward, after the fraternal greetings.

– Mrs. Hayden – we started – if possible, we would like to ask you some questions about mediumship...

– My experience – said her – has nothing of extraordinary...

And smiling, she said:

– But you may ask whatever you wish and I will answer what I can.

We knew that the interviewed lady, since the beginning of Spiritism in America, was close friends with Judge John Edmonds, Professor Robert Hare, Mrs. James Mapes, Emma Hardinge, and other pioneers of the spiritual movement on Earth, and so I mentioned:

– We do not ignore that you study mediumship since the early years of the Spiritist Doctrine on Earth...

– Yes – she agreed – I have had this honor.

And our dialogue went on:

– What would you say about mediumship at the present moment on the Planet?

– It is still a new issue, as new as when we ventured to practice it, precisely a century ago. We have a



long way ahead of us to examine it, know it and educate it.

– But what about Science and Religion?

– They are two forces that, up to now, could not understand it. With all the admiration that we should have for them, respecting the exceptions, we shall not ignore that the scientists, up to now, have made an effort, almost always, not to study it, but to dissect it, as someone who dissects grains of green wheat, wishing to find the bread already made; and, the religious ones, many times, only try to stop its flies by means of using mythological approaches, interested in giving prestige to superstition.

– Do you believe, however, that effects of mediumship are held back only by the influence of scientists and religious people?

– By no means. Mediumship is a neutral force, such as magnetism and electricity, that is neither good nor bad in itself. Human beings are the ones who characterize its usage. We all know that thousands of incarnate and discarnate people abuse mediumship as the forgers blackmail with money or impostors exploits the word, degrading it in demagoguery.

– Mrs. Hayden, do you believe in the possibility of restraining such abuses on Earth by the establishing a central institute of control of the mediumistic phenomena on Earth?

– This is a question of personal conscience. Can you imagine what would be of the world, at the moral level that it still is, if only one group

of nations or people could control the power of the Sun? Mediumistic occurrences belong to the domain of truth; for this reason, they must be free with all creatures, at the level of evolution that they are, since we know that every medium will account for their actions to the Guiding Powers of Life regarding what they do of their own gifts.

– Mrs. Hayden, we are convinced that mediumship is a natural characteristic to all human beings. However, do you believe, as much as we do, that many Spirits reincarnate with a special mission to develop and honor it?

– Absolutely.

– And how do you explain the failure of so many mediums in the world?

– This failure does not happen exclusively in the domains of mediumship. Do you, my friend, admit that there are tyrants in politics, hired assassins of intellectual culture that try to discredit Science with acts of cruelty, and the fanatics in Religion, all of them were born on Earth to cause the harm that they do? We may identify companions going astray in mediumship as easy as we may find them in the circles of fortune, of intelligence, of administration...

– What do you say about this?

– That, for the time being, we are, in general, the human family of the Planet with imperfections, passions, mistakes and bankruptcies, inherent to our status of Spirits in gradual improvement while falling now and getting up later on, learning and getting better always...

– In your point of view, how are we to promote an elevation of the concept of mediumship?

– By means of separating the mediumistic phenomenon from the Spiritist Doctrine while defining phenomenon by matter of observation and doctrine as being the light that clarifies it.

– Do you know the Kardecian Codification?

– Yes – says Mrs. Hayden.

– If you were asked to talk to our incarnated siblings that speak the English language about the works of Allan Kardec, would you allow us to know what you would say, please?

– If that would be possible to me, I would invite all the friends and those associated to this ideal, Anglo-Saxon and Latin ones, to the general study of the Spiritist and Spiritualist themes and interests to the benefit of Humankind. I would start from the humblest groups of people. These fundamental subjects on the soul, immortality, evolution, reincarnation, destiny, pain and justice need to leave the narrow circles of the symposia to the clear and direct analysis of the people.

– Mrs. Hayden, trying to understand mediumship better, we would like to know your opinion about

mediumistic mystification, once you are now *on this other side of life*.

– Well, my brother, you say it very well when you say “on the other side of life,” because, in the physical realm, we get used to seeing obstacles in an excessive concise way. The mediumistic fraud takes on, now for me, multiform aspects, once in some rare cases we can recognize it generated by bad faith and malicious intent. In its majority, we need to understand the role of hypnosis, compulsion, conditioned reflex or the obsessive process inside it. It is not easy to distinguish the real occurrences of true mediumship from the mystification occurrences...

– What do you suggest for the solution of the problem?

– Work and study each and every day more and more. The wise of the Superior Spheres inspire and guide us, but they do not do for us those tasks that are supposed to be performed by us.

– But, Mrs. Hayden, what to think about the mediumistic mystifications that seed doubt and denial among people? Why those wise Spirits from the Superior Spheres do not prohibit it irrevocably?

The remarkable harvester of Spiritism in America smiled in an enigmatically way and added:

– Oh my friend! Doubt is permitted by Divine Generosity to the benefit of human weakness. If it causes harm on one side, mediumistic fraud shows selective function on the other side. Many people that are proud of their culture and discernment would not be able to cope with the truths of the Spiritual World. There are Spirits who reincarnate promising prodigies of loyalty and service in service to the Lord; however, after being safely reincarnated in the physical body, they go back to the temptations of other times, which disturbed them in their intimacy and they go backwards on the purposes of elevation... Even though, they are good and noble creatures. God, then, permits that they doubt the spiritual realities, and generously accepts that they even deny the existence once they tend to other tasks, though not so heroic as those of trust and loyalty to the Goodness to the last consequences, but equally constructive and meritorious... Later on, they will be back to faith, while other more mature companions will move the blessing of the Lord forward.

At that moment, a bell rang.

The minutes allowed for the conversation ended.

Mrs. Hayden said goodbye and we suddenly were alone in the large room, in need of silence and thinking.

New York, NY, Aug 04, 1965

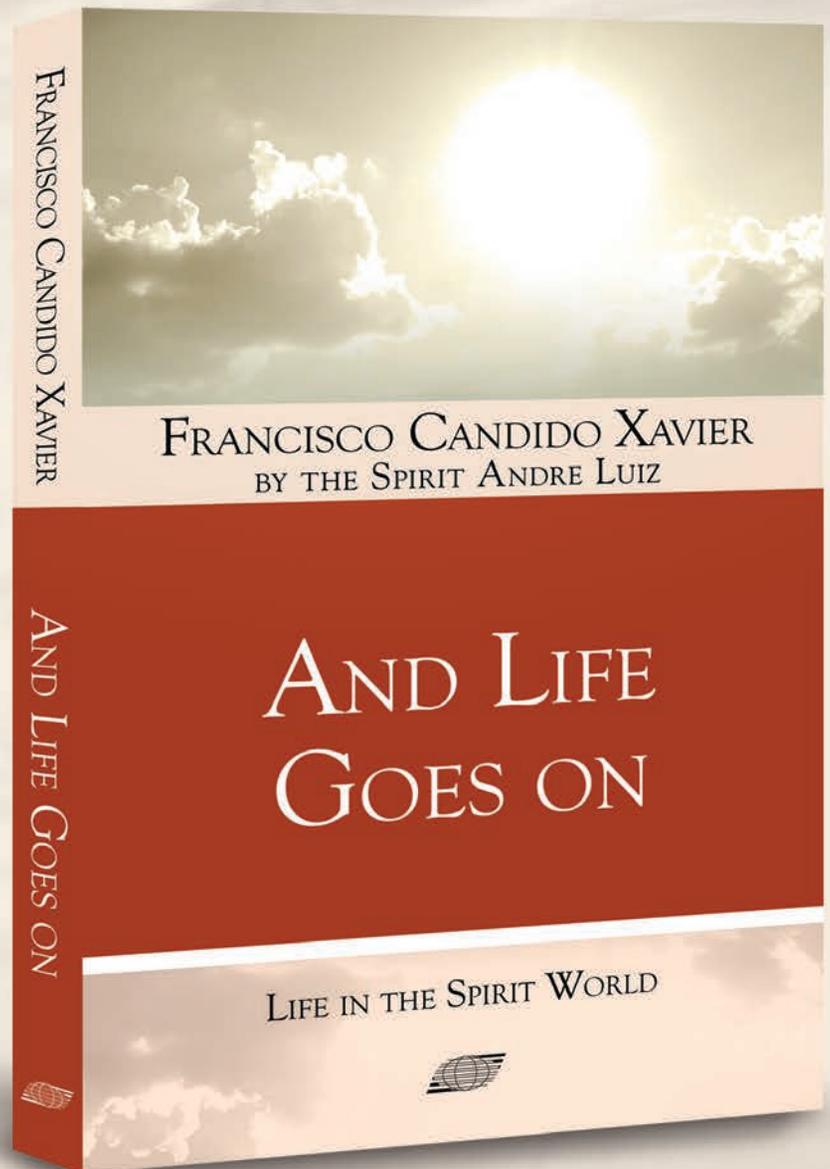
> Source: Among Brothers of Other Lands by several Spirits through Francisco Xavier and Waldo Vieira, published by EDICEL.

And Life Goes on

This book presents a description of the human being after discarnation and demonstrates that, in the Beyond, the mental state of spirits directly impacts their existence there.

In 26 chapters, it tells the story of real characters who receive the help of spirit friends upon discarnating. These friends encourage them to renew themselves spiritually through study and work in order to prepare to review and untangle the meaning of the lives they have just finished, thereby enabling them to pursue a more constructive course of behavior for their future.

It teaches us to examine our lives continually, knowing that, according to the laws of God, life does in fact go on, full of hope and effort, progress and accomplishment after death.



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SPIRITUALITY and RESILIENCE in TRAUMA VICTIMS

In 2007, the research team led by Dr. Harold Koenig and composed by Drs. Peres, Moreira and Nasello published a scientific paper on *Spirituality and Resilience in Trauma Victims* in the Journal of Religion and Health. The authors reported the following according to their abstract.

The way people process stressors is critical in determining whether or not trauma will be experienced. Some clinical and neuroimaging findings suggest that posttraumatic stress disorder patients experience difficulty in synthesizing the traumatic experience in a comprehensive narrative. Religiousness and spirituality are strongly based on a personal quest for understanding of questions about life and meaning. Building narratives based on

healthy perspectives may facilitate the integration of traumatic sensorial fragments in a new cognitive synthesis, thus working to decrease post-traumatic symptoms. Given the potential effects of spiritual and religious beliefs on coping with traumatic events, the study of the role of spirituality in fostering resilience in trauma survivors may advance our understanding of human adaptation to trauma.



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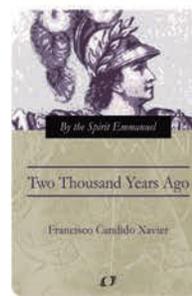
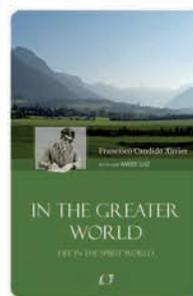
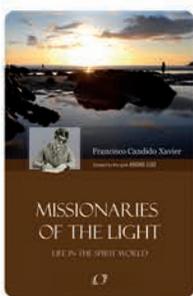
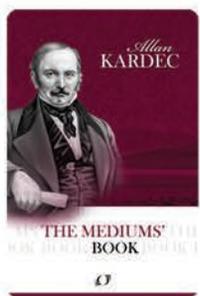
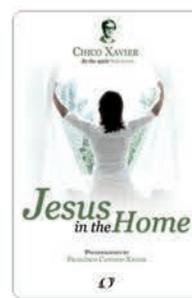
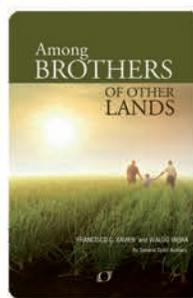
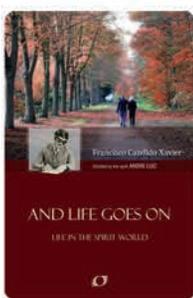
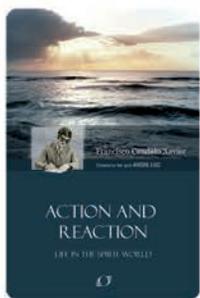
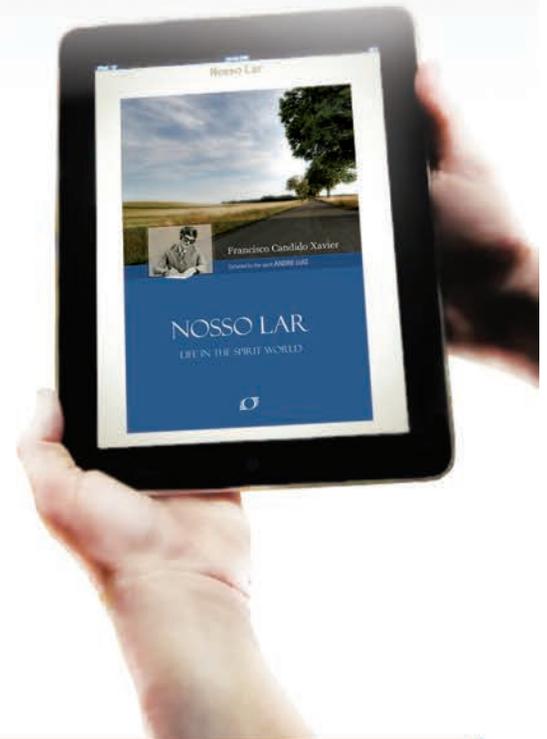
The International Spiritist Council (ISC) and the Brazilian Spiritist Federation (BSF) established a collaboration to consolidate pioneering efforts in the world market to launch the Spiritist books in digital format (eBook). This year we plan convert more than 500 titles copyrighted by The BSF. Amongst them are authors such as Allan Kardec, Francisco Cândido Xavier and Yvonne Pereira, and many others. Every month, we are negotiating new agreements to broaden the commercialization of them.

The technology and evolution of the market made digital books the new invest-

ment. They are easily accessible and can be bought anywhere in the world, which facilitates the access to Spiritist books and their dissemination.

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Ten Commandments for SELF-IMPROVEMENT

➤ Andre Luiz (Spirit) / Francisco C. Xavier (Medium)

1. *Decrease your needs and increase your concessions.*
2. *Intensify your work and reduce the share of wasted time.*
3. *Elevate your ideas and repress your impulses.*
4. *Release the present individual in you towards Jesus and imprison the one of the past that still lives in you.*
5. *Watch your attitude and understand the attitude of others.*
6. *Persevere in the noble study, recognizing in life the sacred school to our ascent to God.*
7. *Judge yourself and forgive indiscriminately.*
8. *Speak with humility, listening intently.*
9. *Meditate while constructing and pray while serving.*
10. *Trust in the Eternal Love and fulfill your daily obligations that He assigned to you.*

> Source: Psychographed book *Ideal Espírita* by Andre Luiz (Spirit) / Francisco C. Xavier (Medium)



DISCOVERING THE REAL WORLD WITH
DIVALDO FRANCO

Planetary Transition

TSM - ON APRIL 18, 2010, THE SPIRIT OF DR. BEZERRA DE MENEZES OFFICIALLY DECLARED THAT OUR PLANET EARTH WAS AT ITS DAWN AS A PLANET OF REGENERATION. WHAT IS THE MEANING OF THIS REVELATION? WOULD WE THEN BE IN THE TRANSITION OF THIS PROCESS?

DF - According to the Noble Spirits, the *great planetary transition* period from world of trials and atonements to world of regeneration began in the decade of 1970/1980, when the Earth began to receive a bulk of spirits for the reincarnation of "delayed" spirits that were retained in unhappy regions and stayed there, so they would not disturb the natural process of humanity's evolution. In the decade of 1960/1970 there was a lot of them who came to initiate the process of self-renewal, generating great sociological, ethico-moral, psychological and religious changes in society, when resurfaced the tribes, the groups that recommended the *return to their roots*, vile, vulgar and aggressive music, abortion, euthanasia, and considering suicide the best alternative for difficult times, releasing sex for their eccentric and even absurd expression.

This revelation is an invitation to reflection by all those who have high ideals, who yearn for social justice, for moral equilibrium, for a new socioeconomic structure where there is no hunger, no violence, no terrorism or war, no aggression, no indifference to life. Is this a dream? No doubt about it. As all great achievements begin in the dreams of ennoblement and peace, then becoming later objective reality.

Currently we are going through significant period of major changes, due to the shock that we find everywhere, the collective and individual disorders, the obsessions and the disorders of all kinds, the imbalance that is widespread. On the other hand, we find the valuable achievements of

Science, Technology, Nanotechnology, Virtual communication and the millions of women and men who turn to their duties, to their marriage, to healthy behaviors.

TSM - IN THE GOSPEL ACCORDING TO SPIRITISM BY ALLAN KARDEC, WE HAVE THE DESCRIPTION OF THE WORLD OF REGENERATION. TO GET THERE, WE WILL GO THROUGH SEVERAL TRANSFORMATIONS. BESIDES PHYSICAL AND GEOLOGICAL CHANGES, WILL THE EARTH ALSO UNDERGO MORAL TRANSFORMATIONS?

DF - We can see the great geological changes in recent times experienced by our beloved planet. Some of them arising from their adjustment process in the solar system, others because of their constitution, others are more a result of provoked aggression by humans and their industries ... However, I believe there is a kind of aggression polluting our great home land, which is the mental and moral pollution as a result of the individuals' and their businesses' selfishness, as well as their countries seeking hegemony and absolute power, how foolish...

Moral transformations are occurring and also are easily noticed in the case of diligent workers of goodness and truth, environmentalists, psychotherapists and scientists from various areas concerned with the general good, calling for a change of the licentious habits to balanced and healthy behaviors.

TSM - IN GENESIS, CHAPTER 18, ALLAN KARDEC MENTIONS IN CHAPTER 18 THAT THE TIMES HAVE COME, WHICH CAN BE RECOGNIZED BY MAJOR EVENTS. THERE ALSO ARE OLD PREDICTIONS ABOUT THE END OF TIMES. FOR EXAMPLE, IT IS SAID

THAT THE YEAR 2012 BRINGS WITH IT THE END OF TIMES. HOW SHOULD WE UNDERSTAND SUCH PREDICTIONS IN THE LIGHT OF SPIRITISM?

DF - Taking into account the phenomenon of the natural law of progress, it is natural that the Earth also evolves, changing even the living conditions, particularly those that can offer its inhabitants the future well-being, health and harmony, a perfect identification between creature and nature.

Jesus himself had announced the times we are living, when in the prophetic sermon (Mark:13) he enumerated all the moral, social, geological challenges that would happen, announcing the New Era, when the Son of Man would come in all His glory.

The return of Christ has happened with the *Era of Spirit* when Allan Kardec published *The Spirits' Book* on April 18, 1857, showing humankind the doctrine of liberation.

As in all ages have occurred tragedies and apparent misfortunes, also revelations took place about the peak of this transformational phenomenon, which the Mayan prophecies posted as 2012...

All these occurrences are necessary to better understand the meaning of life in its immortal nature, and not just the short period between the cradle and the grave.

TSM – YOU RECENTLY PUBLISHED THE BOOK TITLED PLANETARY TRANSITION BY THE SPIRIT-AUTHOR MANOEL PHILOMENO DE MIRANDA, WHICH DEPICTS THE TRANSFORMATIONAL MOVEMENTS BY WHICH THE EARTH HAS GONE THROUGH AND WILL CONTINUE TO DO. HOW SHOULD SOCIETY BEHAVE IN ORDER TO SUFFER LESS THE RAVAGES OF THE INEVITABLE CHANGES?

DF – We should follow the moral appeal that has always been present in the unconscious of humanity as some of its great archetypes: a solid and continuous moral renewal to improve ourselves, an ethical conquest and a dignified life are the irrefutable resources that we need to fight the struggles that are announced, some of which we already are experiencing...

All of us should be equipped with the spiritual values of courage and faith, in order not to succumb when the difficulties occur or when we are invited to the testimonial as happened with the early Christians.

We shall rest assured that death does not end life. Thus, we shall face everything with our eyes in the future, while advancing towards the overcoming of conflicts and anxiety, until the time we reach the

numinous state, whether in or outside the physical body...

TSM – IT IS SAID THAT THERE ARE BARBARIAN SPIRITS REINCARNATED ON EARTH. HENCE THE ATROCITIES STILL LIVED ON THE PLANET. BUT IT IS ALSO REPORTED THAT THERE ARE MANY ILLUMINATED SPIRITS REINCARNATED TO HELP BOOST THE MARCH OF PROGRESS. HOW CAN WE UNDERSTAND THIS CONTRADICTION? IS THIS THE SO-CALLED FINAL BATTLE BETWEEN GOOD AND EVIL?

DF – Exactly. We are moving in the direction of the great battle of *Armageddon*, a biblical term that describes the ultimate battle of Good and Evil, in which the first will triumph.

If we look at the paradox of the current times, we see the legitimacy of such thinking. While Science and Technology have reached the highest levels of progress, something never seen before, barbarism, cruelty, disorders of all types portray also the civilization and culture of our day. There are noble women and men who renounce everything in favor of society, while hardened criminals or serial killers threaten the peace and the hope of people. Consider the absurdity of terrorism to make us astonished by such wickedness and folly. These are signs of great changes, along with the seismic phenomena that have been happening more frequently, once they have always happened on Earth...

Nonetheless, there is great commitment and dedication for the good and in favor of human happiness on Earth!

Inevitably, the Superior Spirits will come to such confrontation, because they have superior conditions to withstand the evil without becoming ill, being crucified without reprisal, in matchless love lessons. Only then evil will flee from Earth...

TSM - WHAT ARE YOUR RECOMMENDATIONS FOR THE INDIVIDUAL TO LIVE THIS TRANSITION FULLY AND CONSTRUCTIVELY?

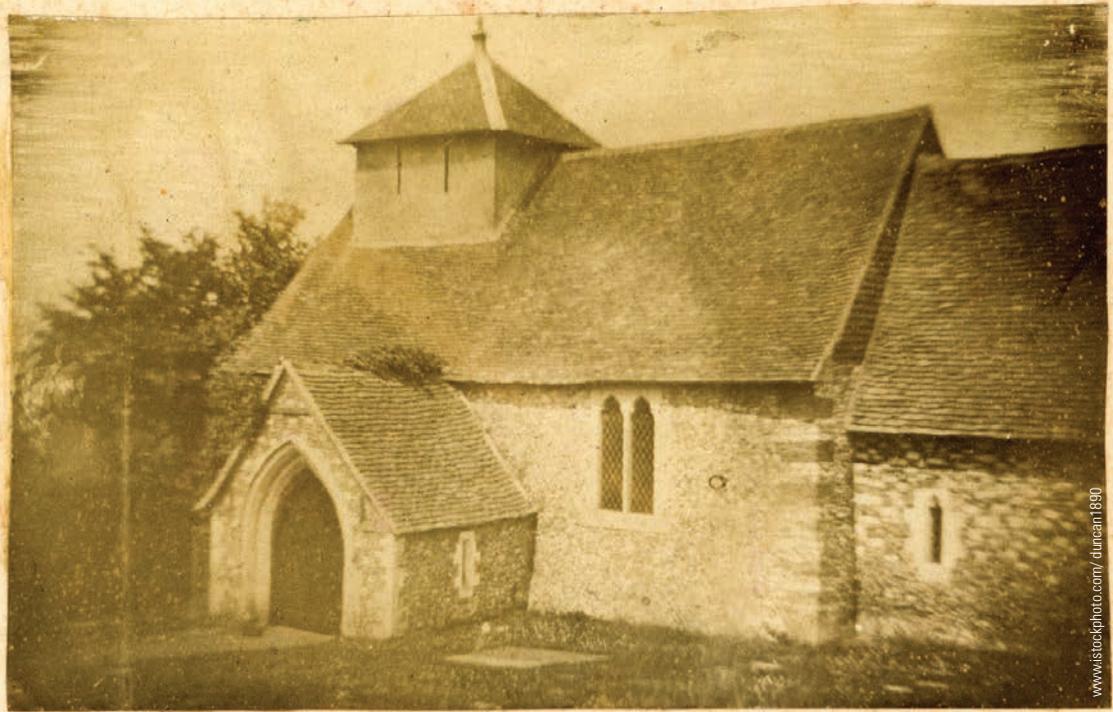
DF - The suggestion that the Spirit Guides have given me concerns the continuation of the good work with tranquility. We shall not change the schedule of our duties, while always choosing the best and most noble ones. We shall rid ourselves from accumulating quite unnecessary resentments or anxieties. The practice of goodness at all levels gives us inner harmony that prevents anxiety, fear, loneliness, and any other disturbing factors.

And love as much as possible. This is the solution to the daunting challenge of today, giving ourselves totally to God.

The Servants

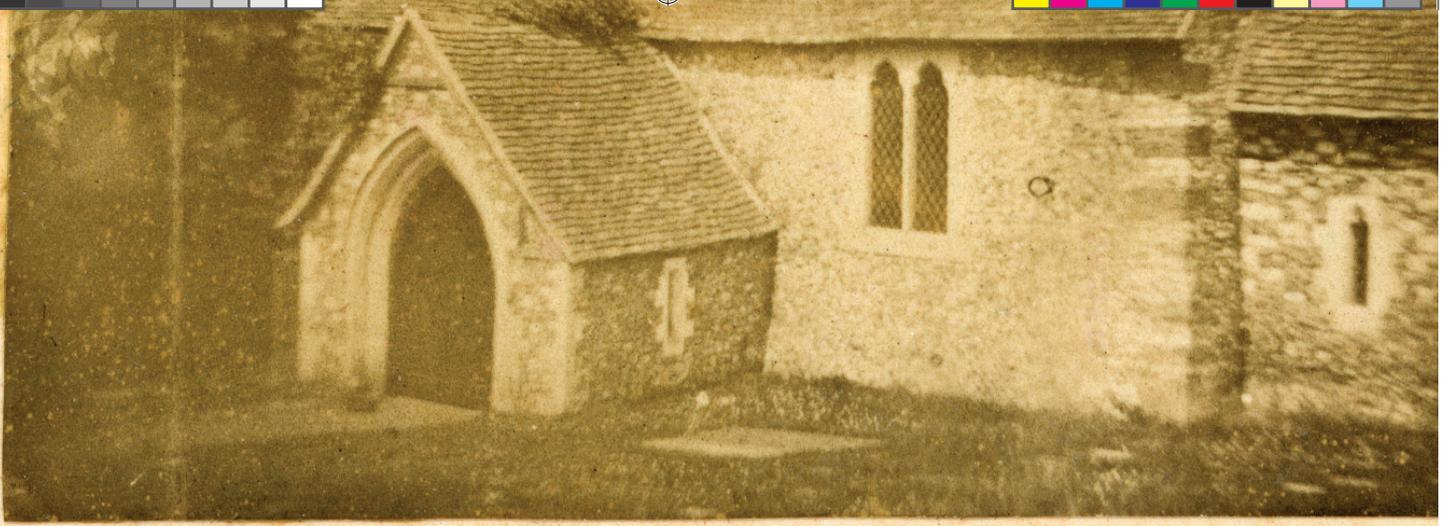
STORY OF A DOMESTIC SERVANT

➤ Allan Kardec



THE CASE REPORTED IN THE LATEST MAGAZINE, UNDER THE TITLE OF THE HUT AND THE SALON (DECEMBER 1862) REMINDS US OF ANOTHER, SOMEWHAT PERSONAL. ON ONE TRIP WE DID TWO YEARS AGO, WE SAW, IN A FAMILY OF HIGH SOCIETY, A VERY YOUNG SERVANT, WHOSE FACE, SLIM AND SMART, IMPRESSED US BY HIS AIR OF DISTINCTION. NOTHING IN HIS MANNER DENOTED INFERIORITY, HIS DEDICATION TO THE SERVICE OF THE EMPLOYERS HAD NO SUCH SERVILE

WAY, CHARACTERISTIC OF PEOPLE IN SUCH A CONDITION. RETURNING TO THE FAMILY THE FOLLOWING YEAR, AND NO LONGER SEEING THE BOY, WE ASKED IF HE HAD BEEN FIRED. "NO," THEY REPLIED; " HE WENT BACK TO HIS HOMELAND FOR FEW DAYS AND PASSED AWAY. WE ARE VERY SORRY, BECAUSE HE WAS A GREAT PERSON AND HAD NOBLE SENTIMENTS ABOVE HIS SOCIAL POSITION. HE WAS VERY CLOSE TO US AND HE HAD GIVEN US EVIDENCE OF GREAT DEVOTION. "



Later came the idea of evoking the boy. Here's what he told us:

"In my last incarnation I was, as they say on Earth, from a good family, though ruined by the prodigality of my father. I became an orphan with no resources and still very young. Mr. G. ... was my benefactor; he raised me as a son and gave me a good education, which flattered me. During the last existence I wanted to expiate my pride, being born in a servile condition. I found here opportunity to prove my dedication to my benefactor. I even saved his life, without him even noticing. It was at the same time a test, which I benefit from, because I had enough strength for not getting corrupted by contact with an ambient almost always vicious. Despite the bad examples, I became pure, so I thank God for having been rewarded by the happiness I enjoy. "

P. - Under what circumstances have you saved the life of Mr. G..?

Resp. - During a horseback ride, I just followed him, I noticed a large tree that was falling beside him, without him noticing. Admonish him with a terrible cry, he retreated sharply, while the tree was falling at his feet. Without the provoked movement he would have been crushed. Note - The event was reported to Mr G. ..., who remembered it perfectly.

P. - Why have you died so young?

Resp. - God had judged my atonement satisfactory.

P. - How could you benefit from it, if you didn't keep the memory of your previous existence and the cause for the motivation?

Resp. - In my humble position, I still had an instinct of pride that I was lucky enough to overcome. This made the test very useful; otherwise I would have to restart it. In their moments of freedom, my spirit remembered and, upon awakening, there was an intuitive desire to resist my tendencies, which I felt being harmful. This way fighting without clearly recalling the past I acquired more merits. A disturbing memory of my former position would have exalted my pride, while I just had to fight the drags of the new position.

P. - You received a brilliant education. How did it serve you in the last existence, if you do not recall the acquired knowledge?

Resp. - This knowledge would have been useless, even counter-productive in my new situation. It stayed dormant and today I recovered it. However, it was not useless, because it developed my intelligence; I instinctively had a taste for elevated matters, what inspired the repulse for low and despicable examples I had under my eyes. Without that education I would not have been more than a simple servant.

P. - The examples of domestic servant who are dedicated to the employers to the abnegation is because of previous relationships?

Resp. - Do not doubt it. It is, at least, the most common case. Sometimes these servants are family members or, like me, grateful beings who pay a debt of gratitude and devotion which helps them progress. You have no idea of the effects of sympathies and antipathies that these previous relationships produce in the world. No, death does not stop these relationships that often perpetuate themselves from one century to another.

P. - Why have such examples of dedication of servants become so rare these days?

Resp. - We shall blame the spirit of selfishness and pride of your century, developed by unbelief and by materialistic ideas. True faith disappears by the greed and the desire to win and with it the dedication. Leading men back to the feeling of truth, Spiritism will revive the forgotten virtues.

NOTE - Nothing better than this example to highlight the benefits of forgetfulness of previous existences. If Mr. G. ... had remembered who had been his young servant, he would be very embarrassed and would not have kept him in that condition, hindering thus the test, which was beneficial to both.

> This article was first published by Allan Kardec on the Revue Spirite on 1863.

Spiritism and **WORLD RELIGIONS**

➤ Nahur Fonseca, PhD

LEGEND HAS IT THAT GOD HAS SENT TRUTH TO THE WORLD IN THE FORM OF A GIANT MIRROR. WHEN THE ENORMOUS LOOKING GLASS WAS NEARING THE SURFACE OF THE PLANET, IT WAS BROKEN IN MANY PIECES SPREAD ALL OVER THE PLANET. PEOPLE KNEW THAT THE DIVINE GIFT HAD THE SHAPE OF A REFLECTIVE SURFACE, BUT THEY DID NOT KNOW THAT IT HAD BEEN SHATTERED. FOR THIS REASON EVERYONE THAT DISCOVERED ONE OF THE FRAGMENTS THOUGHT THEY HAD FOUND THE WHOLE TRUTH, BUT IN REALITY THEY HAD FOUND ONLY A SMALL PORTION OF IT.

We would wish for these series of articles to remount the mirror of Truth, collecting its scattered pieces in all cultures of the World. However we would always be frustrated for neither we have the resources for such an endeavor nor we believe that the last piece of the absolute Truth has been found. What we will try to achieve is to polish our understanding of our spiritual origin, nature and destiny from the prism of Spiritism, by putting its principles side by side with those of the main religious traditions of our times.

We will not go in this journey alone. In addition to the fundamental works of Allan Kardec, we will have two pillars on which to base our arguments. The first is a classic textbook used in many comparative religion

classes, *The World's Religions* by Huston Smith. Huston Smith is a Professor of Religion and Philosophy in Syracuse University, throughout his life he has had many masters on the main religions of the World, dedicating on average six to eight years in each tradition. The second is *A Caminho da Luz* (In the Pathway to the Light) a concise account of humanity's history from the spiritual perspective by Emmanuel (Spirit) through the automatic writing of Chico Xavier. In this book Emmanuel reveals the ascendancy of Jesus Christ and other missionaries directing the evolution of our planet.

The book *A Caminho da Luz* begins with an explanation about the planetary Genesis. The author does not bring forth a new theory about the formation of the world. In fact the chapter reads much like any modern introductory textbook on the subject. A big explosion threw a lump of matter from the Sun to space; after millions of years of cataclysmic events Earth cooled down, an atmosphere was formed and the necessary conditions for life had been created; life was created as the first single cell organisms, and through unceasing evolution, life evolved to the apex of intelligence of the human race. However, unlike the secular view, which is based to a great extent on random events that took place over a long period of time, Emmanuel shows direction and purpose in the evolution process of the planet. Emmanuel says that there is a group of pure Spirits selected by the Supreme Intelligence of the Universe that orchestrated the whole process. In particular, Jesus Christ, who is also a member of this group, is directly responsible for the evolution of our planet Earth.

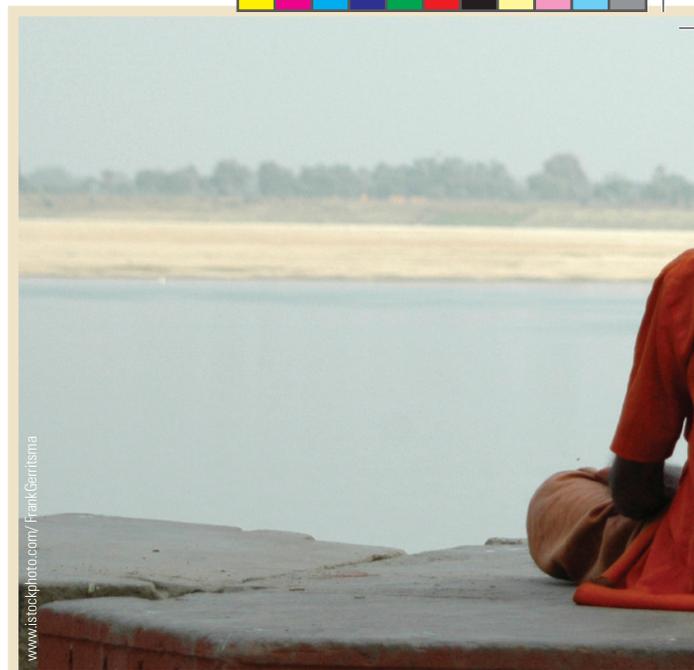
Thousands of millions of years went by, under the watchful direction of Jesus and His celestial engineers, until the establishment of the anthropoids; then a visceral transformation was made in the structure of our predecessors; celestial architects operated a change of their perispirit - the spiritual body - in the spiritual



realm, in order to prepare the form of the primates, the ancestor of all the human races. But this primitive human body was still too brute and once more Jesus intervened. Millions of Spirits from a system called Capella, 42 light-years away from our Solar system, needed to undergo further expiation due to their obstinacy in overbearing pride and selfishness in order to catch up with the evolution of their own planet that was in transition to a better stage. It was then that Jesus received that herd of suffering spirits to his kingdom of love and justice, promising them that he would never abandon them and that he would come in the future. The exiled Spirits from Capella would atone for their past while helping in the fixation of new characters in races of the Earth. These races were known as the Adamic races, and they formed four great peoples, namely the Hindus, the Arias, the Egyptians, and the Hebrews.

The civilization of the banks of the Ganges river was one of the first among the deported peoples of Cappella to make settlement on Earth. From those margins would spread the religious thought of many cultures of the future. The stature of some of these Spirits - the "mahatmas" or "great souls" - was so evolved that they left a lasting impression in their people. And even today many foreigners that visit India cannot help but notice the sacred and elevated psychic environment they experience. Max Muller considered Hinduism the most needed complement to the Western thought, which had been almost entirely derived from the classical Roman and Greek philosophers. Muller translated many of the Sacred Books of the East, like the Vedas and Upanishads, and he also studied the link between Hinduism and the early pagan religions of the West. Not too long ago the World was shocked by the accomplishment of one exponent of this culture, through non-violent movement, Mahatma Gandhi won the independence of his country from English rule, and popularized Hinduism principles to the Western world.

Huston Smith summarizes the main message of Hinduism to humanity in this phrase, 'you can have what you want'. But what do we want? At first individuals seek to satisfy their desires to feel pleasure. Rather than condemn them, Hinduism is full of teachings on how to extract the most pleasure out of life. But pleasure is not the only thing that the most imaginative creatures of the planet want, soon they get bored. 'Many experiences that thrilled in the first encounter pall on the hundredth.' Success is the second want of the soul, in all its aspects, wealth, fame and power. Although these achievements may last longer than the fleeting pleasure, money is always moving hands, someone younger will always be more famous, and there is always more power to be conquered. Ultimately however everyone knows



that none of it can be taken with you after the grave. Thus we arrive at the third great goal of life, duty. This time the focus is not on satisfying one's own ego, but something greater, to serve the community. This is the beginning of religious thought, the religion of duty. It is more important to serve than to be served, to give than to receive; one does not worry about winning, but doing one's best. Nevertheless like the other two objectives of life, duty is also limited, for the community will eventually come to an end. What man and woman really want must lie somewhere else. What man really wants is liberation, liberation from all that limit the soul to become perfect. The limits of the physical body, of the ego, and of ignorance. The four stages of the wants of man and woman is not to be understood as taking place in a single life time but in many reincarnations of the soul in successive progression. As the Spirit passes through many lives, it experiences pleasure and privation, wealth and poverty, health and sickness, and learns through experience what it really wants, what it really needs to be happy.

The question then turns to how one obtains total liberation? Hinduism's answer to this question is four folded. There are four different types of people, and for each, a different path or practice or also yoga. There is the path of knowledge for those who seek a rational explanation for the questions of being, the philosophers. There is also the path of love, which is the most popular, for those who need to direct their affection towards an infinite being of love, God, in order to practice that same love in their lives. There is also the path of duty, for those who find meaning in life by serving others. And finally, the most difficult one, which is the empirical path, for the disciple that needs to experiment with his or her own mind that which he or she believes in. All of these paths aim to liberate the soul from the influence of selfishness. There is a metaphor that can illuminate further the four





paths of Hinduism. None of us being equal, each of us is at a different starting point. The goal is the same for everyone, to reach the top of the mountain, but the path each one will take is unique.

Likewise in the *The Gospel According to Spiritism*, Lazarus (Spirit) describes the journey of evolution of the soul in these terms. 'At the starting point Humankind only has instincts; after some advancement and the onset of corruption, he has sensations; but when he becomes instructed and more purified he has sentiments. The most delicate apex of sentiment is love.' Lazarus then points out what it means to be dutiful. 'Duty is a moral obligation, firstly to ourselves and then to others. Duty begins exactly at the point where the happiness or tranquility of our neighbor is threatened, and therefore terminates at the limit we would not wish to be passed in relation to ourselves. The man who fulfills his duty loves God more than his fellow beings and loves his fellow beings more than himself.' The culmination point of duty is a superhuman love that liberates the Spirit from all miseries. 'Blessed is the one who, having surpassed the state of being human, loves with an ample love all suffering fellow beings. Blessed are those who love for they will know not the miseries of either body or soul.' The Spiritist practice also offers its followers many ways to grow spiritually. One way is to dive deeply into the reason and logic of the Spiritist principles which give unique and unequivocal answers to metaphysical questions such as where do we come from? What are we doing here? And where do we go after life? Love is another way. Christ is the role model of love that we should all aspire for while on Earth. These two paths are well expressed in this statement by the Spirit of Truth 'Spiritists! Love one another, that is the first precept; educate yourselves is the second.' The maps to these paths are laid out in two of the main books by Allan Kardec "The Spirits' Book" and "The Gospel According

to Spiritism", each of these books being preferred over the other by some. The remaining two paths are also central in the Spiritist practice. Duty is best expressed by this flag of Spiritism 'without charity there is no salvation'. Spiritists everywhere are encouraged to volunteer their time freely to the benefit of others inside and outside their center of Spiritist practice. The path of mindful experimentation is also open to the devoted student through the work of mediumship, which requires a great level of commitment and discipline. Rather than seeing these practices as unconnected paths, they should be integrated in a balanced Spiritist practice. The good Spiritist as the good Man or Woman is virtuous, wise and compassionate. Such attitude will attract the company of wise and benevolent Spirits that will act like mentors to the sincere disciple.

There are many similarities between the principles of Hinduism and Spiritism, such as reincarnation, evolution and others. In fact one may find principles of Hinduism in many other religions, including in materialism, which was also born there in the Charvacas school. Even the tales of Jesus of Nazareth had been known by the initiated in Hinduism thousands of years before the settlement of Hebrews in the Palestine. It was an echo of Christ's promise to all the exiled peoples. However, even though the conductors of India knew the elevated lessons of Christ, as registered in their ancient sacred books, the Hindu people let their overbearing pride sneak into their culture by a psychological atavism, which was the reason of their exile from Capella, in the first place. The caste system was extrapolated to forever separate their communities.

Hinduism and Spiritism (and other philosophies too) when thoroughly understood and above all when deeply and sincerely felt will lead their followers to rid themselves of the bad influence of pride and selfishness. 'Spiritism does not institute any new morals; it only makes it easier for humankind to understand and practice Christ's morals by giving an unshakable and enlightened faith to those who are in doubt or who waver.' By making this humble comparative study of Spiritism and Hinduism we hope that the reader has had a little insight of both philosophies, and also of the careful direction of Jesus in the spiritual progress of the planet. Let us learn with the deep spiritual understanding of our fellow Hindu people, and double our watch so that we do not fall in the old atavisms of pride that tend to create separation and divisions among ourselves.

- > Nahur Fonseca, PhD is member of the Allan Kardec Spiritist Society of MA. He has been coordinating the English study sessions in his center as well as the activities for youth. Nahur is one of the founders and coordinators of the Spiritist Family Retreat.



Evolution in Two Worlds

CHAPTER 1 – COSMIC FLUID

DIVINE PLASMA

The cosmic fluid is the divine plasma, the Creator's breath or the nervous force of the All-Wise. In that primordial element, constellations and suns, worlds and beings vibrate and live, like fish in the ocean.

CO-CREATION AT A GREATER PLANE

In this original substance, under the influx of the Supreme Lord Himself, Divine Intelligences operate aggregated to Him in the process of indestructible communion. These are the great Devas in the Hindu theology or the Archangels of the interpretation of various religious temples. They draw from this spiritual breath the barns of energy with which they build the systems of Immensity in service of co-creation at a greater plane, according with the designs of the All-Merciful that makes them guiding agents of the Excelsior Creation.

These Glorious Intelligences take the divine plasma and convert it in cosmic habitations of multiple expressions, being them radiant or dark, aerated or solid, obeying predetermined laws. These habitations last for millennia and millennia, but they wear out and are finally transformed, once the Created Spirit can form or co-create, but only God is the Creator of All Eternity.

STELLAR EMPIRES

Due to the work of these Major Architects, stellar organizations arise in galaxies as vast continents of the Universe in evolution, as well as intergalactic nebulae

IN 1958, THE BRAZILIAN SPIRITIST FEDERATION PUBLISHED ONE OF THE MOST AMAZING SPIRITIST BOOKS ENTITLED EVOLUÇÃO EM DOIS MUNDOS (EVOLUTION IN TWO WORLDS). AUTHORED BY THE SPIRIT ANDRE LUIZ AND PSYCHOGRAPHED BY THE MEDIUMS FRANCISCO C. XAVIER AND WALDO VIEIRA, THIS PHENOMENAL BOOK TALKS ABOUT THE JOURNEY OF THE SPIRITUAL PRINCIPLE SINCE ITS CREATION TO ITS INTERNSHIPS IN THE DIFFERENT KINGDOMS OF NATURE. ALL ENCOMPASSING, THIS BOOK IS A PROMISE OF TRUE CONSOLATION FOR THE SOUL, FOR AS JESUS SAID, "TRUTH SHALL SET YOU FREE." IN HOMAGE TO THE 150 YEARS OF THE MEDIUMS' BOOK BY ALLAN KARDEC, THE SPIRITIST MAGAZINE PUBLISHES BELOW THE FIRST CHAPTER OF THIS BOOK AS AN EXPRESSION OF THE SOLID GUIDANCE THAT THE SPIRITIST TEACHINGS CAN BRING TO A BALANCED MEDIUMSHIP ORCHESTRATED AT MANY HANDS IN TRUE TEAMWORK FASHION.

as immense dominion of the universe, ending the evolution in potential state. All of them gravitate around the attractive points with admirable coordinated uniformity.

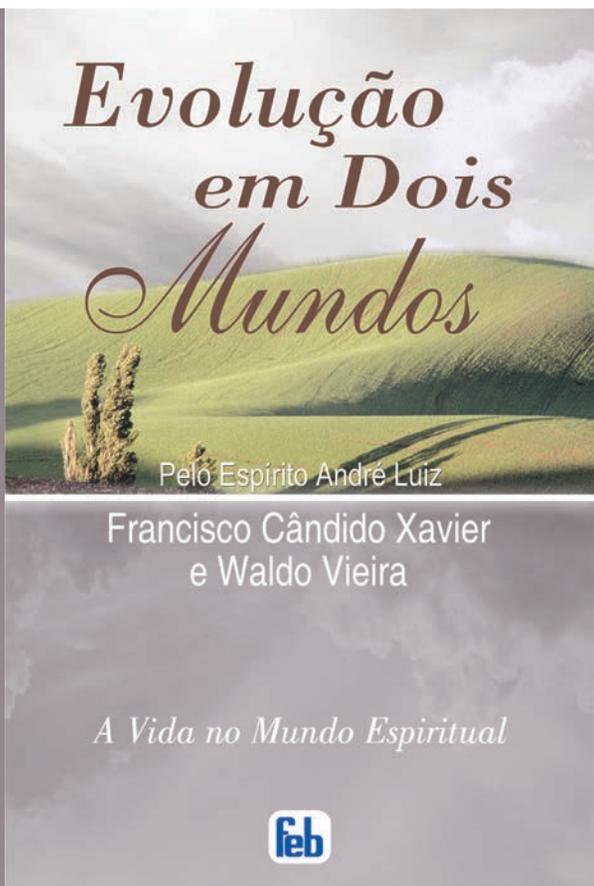
Here, in the midst of these amazing formations, which are structured, matter, space and time are inter-related, while renovating themselves constantly, offering gigantic fields to the progress of the Spirit.

Each galaxy and constellation keeps in their core their own centrifugal force, controlling the gravitational force, with determined energetic content suitable for certain purposes.

Celestial Engineering balances rotation and mass, harmonizing energy and movement. Magnificent forests of stars are thus maintained in the sidereal vastness. Each one of them carry the planets – constituted and in-formation - to them magnetically bound to the central fulcrum, as the electrons conjugate to the atomic nucleus, in perfectly ordered trajectories in the orbit that are at first assigned to them.

OUR GALAXY

So we can somehow form an idea about the inconceivable magnitude of Creation, we compare our



ATOMIC FORCES

All this wealth of plasma in the rows of Creation stands at the foundation of corpuscles under irradiation of mind corpuscles and irradiations that in the current state our knowledge, although we are outside the physical plane, we cannot define its multiplicity and configuration, since death only enlarges our conceptions and clears insight, lighting our moral sense, without solving altogether problems that the Universe proposes to us at each step with its spectacle of greatness.

Under the guidance of Superior Intelligences, atoms forgather in immense beehives. Under spiritually directed pressure of electromagnetic waves intra-atomic spatial areas are controllably reduced without losing motion so they become dense nuclear mass from which are sculpted planets in whose bosom celestial monads find appropriate cradle for development.

Such worlds serve the intended purpose for long ages dedicated to the evolution of the Spirit until, by systematic pressure, they suffer an atomic collapse through which they are transmuted into cadaverized stars. These dead spheres, however, go back to the new guidelines of the Divine Agents, who dispose them to the disintegration of surface materials, making the compressed elements be released through orderly explosion. From the later emerges new corpuscular collection for the reconstruction of celestial dwellings, in which God's work extends and perpetuates in its creative glory.

galaxy to a big city, among countless major cities in a country whose extension we are not able to predict.

Taking the Sun and the worlds as neighboring apartments of our building, we recognize that around there appear other buildings in all directions.

Using far-reaching instruments from our study room, we realize that our home is not the most humble, but innumerable others outperform its expressions of magnitude and beauty.

We learned that, in addition to our building, there are palaces and skyscrapers as Betelgeuse, in the district of Orion, Canopus, in the region of the Argo Navis, Arcturus, in Bootes, Antares, in the heart of the Scorpion, and many others stately majestic and beautiful homes, displaying glory before which all our values would be off.

Through optical processes, we verify that our city has a spiral shape and that the radio wave, moving with the speed of light, spend a thousand centuries to travel her diameter. In it, we observe millions of homes in the most various sizes and shapes, established long ago, recently organized, aged or awaiting installation, in which life and experience swarm victorious.

LIGHT AND HEAT

The worlds, or fields of soul development, with its various tracks of varied expression of vibration and to the influx of the Spiritual Tutors, are cherished by rays of light and heat, not to mention forces of other nature that are sent by the Cosmic Space onto the Earth and human beings, in order to assure them stability and existence.

Thus, we have light and heat, which are theoretically classified into the radiations that are born from atoms of energy supplied. These are those that once excited in their inner structure, they send out electromagnetic waves.

However, despite the relative assurance in touching the realities of matter while defining the corpuscular nature of light and heat, and the fact that we know that other electromagnetic oscillations associate with themselves in the universal vastness, which are below the infrared and above the ultraviolet (completely out of area of our perception), we humbly confess that we do not yet know, especially in regard to the elaboration of light, what is the force that causes



the intelligent agitation of atoms compelling them to produce radiation capable of launching waves in the universe at the speed of 300,000 miles per second. Thus, we prefer to always recognize the obligation to study and progress always the divine breath of the Creator.

CO-CREATION PLAN IN A LESSER PLANE

On a similar basis, the Human Intelligences that are at our level use the same cosmic fluid, which is in constant movement in the Universe, for the Co-creation in a lesser plane. They assimilate the corpuscles of matter with their own spiritual energy thus forming the physiopsychosomatic vehicle through which they express themselves or coining the civilizations that encompass the incarnate and the discarnate civilizations of the world. On the same foundation, they also form the darkened infernal purge generated by unbalanced or criminal minds in the lower and abysmal circles. These are agglutinations of short duration in their microcosm, under the same principle of command in which the Major Intelligences

shape the larger macrocosmic buildings that defy the passage of millennia.

We must point out, therefore, that in essence all matter is energy made visible and that all energy originally is divine force that we appropriate to bring our purposes to the purposes of Creation, whose laws keep us and honor the done goodness, while obliging us to transform the evil of our own authorship into the goodness that we must carry on because the wellness of all is Its Eternal Principle.

Therefore, we observe that the cosmic fluid or divine plasma is the force in which we all live in a variety of angles of Nature. This is the reason why it has been well said, "in God we move and exist."¹

Uberaba, 1/15/58.

> The Spiritist Society of Baltimore webcasts live the course on Evolution in Two Worlds every Thursday at 7 pm (EST). Its weblink is <http://www.ssbaltimore.org/webcast.html>

¹ Paul of Tarsus in Acts, chapter 17, verse 28. (Spirit-Author's Note)



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Disseminating Spiritism worldwide: Quo Vadimus?



➤ Rodrigo Machado

The Spiritist movement has been growing worldwide; especially over these last two decades. (The popularization of internet has contributed for this too). For instance, in the USA, seminars and courses via internet have been promoted as well as Spiritist books, DVD's and CD's have been made available to the public. Europe, Portugal and Spain are also good examples of how Spiritism is being well disseminated. For instance, in Spain, Spiritist books have been published and distributed freely (including those from Amalia Domingo Soler). In Portugal, every year, Spiritist seminars of big scale take place. The efforts of Spiritists involved in promoting Spiritism in those countries are honourable and inspirational indeed. Despite these positive cases, the Spiritist movement is still in its infancy in many countries. Clearly, there are many factors which can potentially represent "barriers" for disseminating Spiritism globally speaking. These factors which might vary in nature, from culture to history, should be understood and considered by all of us who, in a way or another, are involved in disseminating the consoling Spiritist teachings outside our homelands in this current existence.

In this article, we intend to promote a reflexion on the *Quo Vadimus* question regarding the dissemination of Spiritism in the world. From the Latin, *Quo Vadimus* means: "where are we going"? Therefore, where are we going to in terms of disseminating Spiritism? This is a relevant issue to think about indeed; especially when we are planning to live in a different country, either for a short or long period of time.

As Spiritists, we should always (for not saying we must) observe and respect the local context in where we are living. Clearly, from the Spiritist teachings, it is well-known that we live in a planet of expiations and trials and therefore, we are all in the same or similar level of spiritual evolvement here on Earth. Nevertheless, having said this, each nation is different and for this reason, every society has its particularities, which should be taken into consideration. This is

a core-aspect to be assessed, not only in terms of disseminating Spiritism, but also in terms of our moral duty as Christians; and as such, we must live in accordance with our Master Jesus' teachings.

Following this thinking, it is relevant to observe that Francisco **Cândido** Xavier, our beloved Chico, in 1965 travelled to visit several countries, including the USA, France and England. Based on this experience, the book *Entre Irmãos de Outras Terras* was written and published (and it has been translated into English and recently published under the title: **Among Brothers of Other Lands**). This great book contains messages from many spirits, including also from those which disincarnated in other countries. This book is literally a good manual of conduct for all of us spiritists living abroad. For this reason, **its reading is highly recommended and its messages** deserve our sincere reflection.

One of the messages entitled Key points for the Spiritist who visits other lands given by André Luiz in New York, USA (July 29, 1965) lists some key-points which should be considered by all of us when visiting other lands, such as:

- I) Study the language of the country that you visit in order to be more useful;
- II) Get to know the legal provisions that apply in the country that you are visiting, and obey them.

It seems prudent to have a closer look on these two key-points. This is said, because the non-consideration of them can become barriers for the dissemination of Spiritism in other nations.

For example, regarding the first mentioned recommendation, during his fraternal journey to other countries, our beloved Chico Xavier learned English for being able to communicate with the local people in their own language. It is also interesting to note that Chico Xavier was only for a very short period in these countries. We can conclude that language is, without any doubt, a core-aspect to be considered. Language is the means for communication and integration in society we are inserted at the moment. It is not logical to expect that those who are living in their homelands will need to learn another language to understand Spiritism.

Allan Kardec taught us that *Without Charity, there is no Salvation*. Therefore, to learn the language of the country where we are going to stay, no matter how long, is also charity. We need to be prepared to receive our brothers, who sooner or later will come to the Spiritist centres seeking for some help, support, counselling: spiritual bread. This is why Chico Xavier gave us this additional example of charity, amongst many others, in making the effort to learn another language before travelling abroad.

And regarding the second mentioned recommendation, it seems appropriate to mention that one of the many teachings from the Gospel tells us that we should **...give to Caesar what belongs to Caesar, and give to God what belongs to God** (Mark 12:17). Furthermore, it is always prudent to remind ourselves of the implications of this teaching within this context (i.e., when living abroad).

For example, one of the existing difficulties in promoting Spiritism abroad is that many Spiritist groups need to rent rooms, since they do not have their own places. Considering this aspect, those who coordinate the Spiritist groups must have to consider all the legal issues when renting a place, such as health and safety, fire safety etc. No matter how "strict" and/or "unreasonable" they might seem to us, we have to follow the rules of the country where we are living. In this way, we are respecting the country and consequently giving a good example, without damaging the image of Spiritism in other lands. In fact, this is also one of the recommendations (Avoid compromising Spiritism in anyway) given by André Luiz in his message, previously mentioned.

Our behavior tells more about us than our words. We do need to practice what we preach. To be charitable is not only providing material aid for the needy ones (which is also very important and divine indeed). This is particularly more perceivable, in economically developed countries, where the social system is able to assist our brothers in their basic needs, materially speaking (i.e., food, housing, healthcare, education etc.). Furthermore, to be charitable is also to respect our neighbours from other lands. This includes not imposing our way of living based on our cultural background in this existence. This is very important for the promotion of Spiritism, which is a neutral philosophy given its rational and divine nature.

In summary, it is clear that respecting our brothers of other lands does not mean to "change" the Spiritist teachings according to the society's values; otherwise it would not be Spiritism anymore. Additionally, we should not "change" ourselves either. We should adapt ourselves, which includes learning the language, understanding and following the legal system of the country where we are now. Adaptation in this context means: to understand and respect the society's culture and history and not "impose" directly/indirectly our language nor our culture and expect our brothers from other lands to see this as natural or normal. In reality, with this posture, we will be only delaying the dissemination of Spiritism worldwide.

> Rodrigo Machado is an active member of the Spiritist movement in England.



NEURAL EVIDENCE FOR ANDRE LUIZ'S SPIRITUAL REVELATION

➤ João Ascenso, MD

THE PURPOSE OF THIS ARTICLE IS TO SHOW THE SPIRITIST MOVEMENT HOW SCIENCE, PARTICULARLY COGNITIVE NEUROSCIENCE, PROVED EXPERIMENTALLY THE THESIS PROPOSED BY CALDERARO TO ANDRE LUIZ IN THE BOOK "THE GREATER WORLD" (IN PORTUGUESE "NO MUNDO MAIOR", WRITTEN BY ANDRE LUIZ AND RECEIVED THROUGH THE MEDIUMSHIP OF FRANCISCO CÂNDIDO XAVIER).

In this book, chapter is entitled "Inside the Mind" (in Portuguese "Na Casa Mental"), Calderaro explains to Andre Luiz as follows: *"In the nervous system, we have the initial brain, main area responsible for subconscious activities and instinctive movements: imagine it as the storage of individuality, where all experiences are registered". Thus, we can consider this area as the posterior area of the brain".*

Calderaro continues: *"In the motor cortex region, the intermediate area between the frontal lobes and the nerves, we have the developed brain, serving the present evolving time of our human beings".*

In March, 2008, I arrived in Brazil to make research in Cognitive Neuroscience with my present supervisor, Dr. Jorge Moll Neto, in the Cognitive Neuroscience Research Unit of LABS D'OR Network, a private

NEURAL EVIDENCE FOR
THE THESIS PROPOSED BY
CALDERARO TO ANDRE LUIZ
IN THE BOOK "IN THE GREATER
WORLD", PSYCHOGRAPHED BY
FRANCISCO CÂNDIDO XAVIER

institution dedicated to research in Social and Clinical Neuroscience, and also to experimental psychology using fMRI (Functional magnetic resonance imaging) methodology.

I have moved from the King's College, University of London to this lab and abandoned Europe to live in Rio de Janeiro, Brazil, in order to make research together with Dr. Jorge Moll Neto, that has recently come back from the NIH (National Institutes of Health, USA), and founded a Neuroscience lab in Rio de Janeiro, Brazil.

In his Pos-doc graduation in the NIH, Dr. Jorge Moll Neto designed an experiment of donation tasks to charitable organizations in which the participants were asked to decide between receiving money or to donate to charitable organizations. This study was published in the PNAS – Proceedings of the National Academy of Sciences of the United States of America in 2005. It was the first neuroscientific experiment about moral decisions in the history of cognitive neuroscience research.

Dr. Jorge Moll Neto has been the youngest researcher ever to be invited to be a member of the Brazilian Academy of Science.

In this experiment, Dr. Moll explored the neural correlates of prosocial behavior. This experiment showed a direct link between altruistic decisions and the brain reward system.

Specifically, participants were asked to make anonymous decisions, in various conditions. In the first condition, participants were asked to decide between receiving money or not to receive money, in order to explore the neural correlates of personal monetary gain.

In the second condition, participants were asked to decide between making a non-costly donation (in which participants were asked to donate to help charitable organizations) or a non-costly opposition (in which participants were asked to donate money to oppose to organizations dedicated to rifles or abortion).

Finally, the third condition was similar to the second one, but the only difference was that the donation and opposition in this condition was the fact that it required costly donation or costly opposition to the participants (where participants lost real money in the decision).

The results of this experiment are shown as follows:

In the first condition, called personal monetary reward condition, most of participants chose to receive money and the neural correlates of this choice were the midbrain ventral tegmental area (VTA), the dorsal striatum, and the ventral striatum (Moll et al., 2006), a well-known region for the reward system (Schultz, 2006).

In the second condition, participants that chose to make non-costly donation or non-costly opposition activated the same brain regions as the first condition, i.e., the midbrain ventral tegmental area (VTA), the dorsal striatum, and the ventral striatum. Moreover, different from the first condition and similar to the third condition, there was an activation of the subgenual area [including Brodmann's area (BA) 25]. Another interesting result was the fact that the ventral striatum (together with the adjoining septal region) was also more active for donations than for personal monetary reward condition. These two regions are well-known as regions responsible for the attachment with others.

In the third condition, the neural correlates of costly donation and costly opposition were the same as the second condition, plus a selective and unique activation of the lateral OFC and frontopolar cortex / medial frontal gyrus. Interestingly, the activation of this region highly correlated with strong engagement and capacity of sacrifice of individuals to defend a social cause. In another study, Moll and colleagues showed that the frontopolar cortex is intensely activated when human beings make moral judgements, different from non-moral judgements, where participants did not activate this brain area (see Moll and colleagues, 2001).

This experiment proved that the same brain region is activated when we feel pleasure and when we help

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others. It means that the brain rewards the person who helps others. This study scientifically proves the idea of Saint Francis that "It is giving to others that you receive". Incredibly, the brain rewards more intensely someone who gives money to others compared to someone who receives money to oneself. It is really intriguing why the brain rewards the person who loses money instead of a person who receives money. The only possible explanation is that being benevolent is intrinsically rewarding to the person. Despite of losing money, we speculate that living according to benevolence value is intrinsically rewarding, despite it is not extrinsic rewarding. Jorge Moll and I are designing new experiments to prove this idea.

If we use scientific language of experimental psychology, when can assert that when a person wants to receive money or gain social reputation for any action performed, he is being moved by external or extrinsic motivation to perform a specific action. For example, if a person finds a job just to make money, the motivation to work is extrinsic, meaning that the money is the main source of motivation, and money is the main source of extrinsic reward. On a psychological level, this person is fueled by an extrinsic motivation. However, if a person performs an action not expecting anything in return, we say that this person is fueled by intrinsic motivation. This means that the action per se is intrinsically rewarding. The only intrinsically rewarding behavior toward others is the action according to the value of benevolence, that makes the agent feel happier and at the same time the recipient in need is helped. This can be called a value-based behavior, which is intrinsically motivating. The mentioned experiment proves that this idea is feasible and is connected to the activation of more anterior regions of the prefrontal cortex, namely the frontopolar cortex and the medial frontal gyrus. This is a scientifically prove that benevolence is intrinsically rewarding!

The regions of the anterior prefrontal cortex are the same mentioned by Calderaro to Andre Luiz in the book "In the Spiritual World", written by Andre Luiz and received by Francisco Cândido Xavier.

In the mentioned book, chapter 3 entitled "Inside the Mind", Calderaro explains to Andre Luiz: *"In the frontal lobes, still unknown to scientific research on Earth, are stored noble material, that we will achieve gradually, in the effort of evolution, representing the most noble part of our body in evolution"*.

This means that Dr. Jorge Moll Neto demonstrated that it is better to give than to receive and the regions of the anterior prefrontal cortex are responsible for the most noble actions of human beings (see Moll and colleagues, 2006).

Dr. Jorge Moll Neto designed an alternative theory to the dominant theory about the prefrontal cortex functions.

The dominant theory about the prefrontal cortex functions asserts that this region is responsible for the active cognitive processing of information (see review by Moll and colleagues, 2005). He explains that, besides this active function of the prefrontal cortex, this region is also responsible to store event sequences related to the future. In his theory, named EFEC (Event-feature-emotion complex framework), he asserts that besides the cognitive processing function, the frontopolar cortex is responsible for storing complex mental representations of values, beliefs and moral sentiments that are activated when humans beings experience compassion, when they sacrifice themselves to act according to their values and beliefs.

In order to prove this idea, Dr. Jorge Moll designed the following experiment:

He put participants in a passive state inside the fMRI (where participants did not perform any active tasks) and showed them a video of people in a suffering situation, and verified that, even in a passive state (i.e., not performing any active cognitive processing), participants activated the orbital and medial regions of the prefrontal cortex and the superior temporal sulcus, regions responsible for moral evaluations, a set of regions responsible for what he called moral sensitivity, different from activations resulted from non-moral evaluations! (Moll and colleagues, 2002).

This study proved that these regions of the prefrontal cortex are not only activated by active processing, which is established in the scientific academic community of neuroscientists. Besides that, they in fact store complex representations of values and moral sentiments, and they are activated even in a passive state, when a person is confronted with other's suffering. It is incredible how Science proves the idea proposed by a Spirit in the beginning of the XXth century!

We can conclude that these regions of the prefrontal cortex store mental representations of noble beliefs, values and moral sentiments, that are activated when we enter in contact to anything that activates these representations. A detail of specific interest is the fact if we sacrifice ourselves for a cause, more anterior areas of the prefrontal cortex are strongly activated.

According to Calderaro: ***"In the frontal lobes, we receive the «stimulus of the future», in the motor cortex we archive the «suggestions of the present», and, in the nervous system, we store the «memories of the past»"*** Chapter 7 – Redemption Process – page 101).

It is fantastic to observe that the stimulus designed in a laboratory can be called “stimulus of the future”, according to the concept of Calderaro.

In chapter 4 – “Studying the Brain”, Calderaro continues: “— *Nerves, motor cortex and frontal lobes, in the physical body, meaning impulsivity, experience and superior notions of the spirit, these are fields of the incarnated or the spirit-state mind. If a person stays too much time in one of the three mentioned states, with the actions according to it, it determines the destiny of the individuality. A person that stays too long as slave of his impulses loses himself in an endless labyrinth of causes and effects, wasting time and energy; the person who only lives to act with not reflection do not organize correct basis for the future; those who only thinks about purity with no corresponding actions in the real world, loses himself in theories with no practice, and consequently with no real virtue. In order to our minds to evolve, it is important the balance between these three regions, using past achievements to guide present actions and helping himself, at the same time, from the superior guiding values of idealism stored in the prefrontal cortex. From this region, he can fuel himself from intrinsic, noble values, moral sentiments and superior energy, in order to build sanctification. And, once we are connected to others that are similar*

to us, in obedience to universal principles of affinity, when we lose balance, for the excessive fixation in one of the three mentioned areas, we attract incarnated or spirit-state human beings in analogous conditions.

Calderaro also gives us an example that the frontal lobe stimulation can activate superior notions of life when we were not expecting: “*the dear friend Calderaro put his hands on her frontal lobes, attracting the maternal mind to the most noble region of the human being, and started to irradiate noble appeals, like a father talking with care to a daughter. He transmitted sensitive appeals, that the mother received as superior suggestions. I noticed that the intimate disposition of the mother started to change to hope and superior notions of life*”. (Chapter 7 – Redemption Process, page 106).

One of the most beautiful ways to stimulate the anterior prefrontal cortex to elevation is the observation of other’s suffering and allowing us to feel compassion, in order to stimulate the superior reflection about the noble spiritual values and accomplish projects that elevate the human kind.

Dr. Jorge Moll Neto is my Ph.D. supervisor, but he is not Spiritist. He never suspected that he proved the thesis proposed by Calderaro, published on Earth in 1947!

This is the proof of the universality of the teachings of the superior spirits!

- > João Ascenso is a Social Psychologist trained in Lisbon, Portugal, and a Ph.D student in Behavioral Neuroscience under the supervision of Dr. Jorge Moll Neto in the Federal University of Rio de Janeiro and Cognitive and Behavioral Neuroscience Research Unit of the D’OR Network, Rio de Janeiro, and a former Master’s student of Neuroscience in the King’s College, University of London, once he transferred himself to the mentioned lab in Rio de Janeiro, Brazil. He was also a senior trainer in many areas of organizational psychology, namely Leadership, Coaching, Leadership with Emotional Intelligence, Emotional Intelligence of Teams, Positive Psychology, Positive Organizational Scholarship, Time Management, Conflict Management, Persuasion Techniques and Sales Techniques, and Human Decision Processes. He worked for many years in the Spiritist Movement in Brasília, Brazil, in the Spiritist Movement in Lisbon, Portugal and in the Spiritist Movement in London, UK. Presently, he works in a Spiritist Center called “Seara de Amor e de Luz”, in Botafogo, Rio de Janeiro, founded by Teresinha de Castro and Francisco Cândido Xavier, with the Spiritual Guidance of Emmanuel (Spiritual Guide of Francisco Cândido Xavier), and more recently by Áulus (Spiritual Instructor of Andre Luiz). He gives lectures and conferences in many states of Brazil and Europe. Presently, together with Dr. Jorge Moll Neto, he designs fMRI and social psychological experiments, specifically to study the relationships between moral values, moral sentiments, moral motivations and moral behaviors, to be published in social psychology and neuroscience international scientific journals.

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Obsessive Contagion



TSM – IN THE SPIRITIST SCIENCE, OBSESSION IS DEFINED OBSESSION AS BEING ANY NEGATIVE AND PERSISTENT INFLUENCE EXERCISED BY AN INCARNATE OR DISCARNATE ENTITY OVER ANOTHER. IN THE MEDIUMS' BOOK, ALLAN KARDEC REPORTED ON THE SUBJECT AND CLASSIFIED OBSESSION ACCORDING TO ITS LEVELS, ONE OF THEM BEING COMMON OR SIMPLE. HOW CAN WE IDENTIFY IT IN OUR DAILY LIVES?

RT - In the so-called simple obsession, according to Allan Kardec's explanation, the medium is well aware that he is dealing with a deceitful spirit, which does not disguise or even conceal his evil intentions.

In the daily life of ordinary people, something similar happens because simple obsession is characterized by perception or by the realization that something is wrong with them. These individuals realize that many of their daily attitude is both oddly exaggerated and persistent, without causes.

Someone who is suffering from simple obsession realizes that they are badmouthing too much about the lives of others; they are eating compulsively; their sexual life is out of control; or that they have been depressed very easily and more often. Herein are some behaviors that should draw the attention of those involved, so that they seek some sort of help, whether the aid of religion, doctor, psychologist or some friend, or all combined, according to the case.

Any behavior that occurs in our daily lives and troubles us due to its exaggerated occurrence or due to the fact that it escapes from the common patterns of our habits, while we are lucid, we shall tackle it the most sensible way possible, avoiding the worsening of the situation and the causation of more difficult dramas to solve.

TSM - RECENTLY, YOU HAVE APPROACHED OBSESSION BY TALKING ABOUT THE CONCEPT OF OBSESSIVE CONTAGION. COULD YOU PLEASE UNFOLD ITS DEFINITION?

RT - Obsessive contagion usually occurs when certain vices, manias or negative attitudes, or moral turpitude become then imitated by large social groups. It seems to be an epidemic that spreads, generating countless serious problems in society.

It is easy to see, then, the spread of drug addiction, the practice of irresponsible sex, the urban violence, etc. It is a pest that invades the plantation of worthy social values, causing much pain and creating a lot of unhappiness.

TSM - WHAT ARE THE MOST COMMON STRATEGIES APPLIED BY THE OBSESSORS?

RT – The unhappy Spirits take pleasure in making other people unhappy. In order to do so, they avail themselves of the moral weaknesses of humans. Usually they act on the area of its declared or hidden defects as well as their frustrations, resentments and desire for vengeance.



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Obsessors do not create evil in the minds of human beings. They actually take advantage of the evil that human beings already have in themselves. They potentiate, instigate or streamline their inner areas of torment, while letting them use their free will to act, without realizing that they have been “poisoned” by inspiration of disturbed discarnate spirits.

TSM – IN THE BOOK MECANISMOS DA MEDIUNIDADE* (MECHANISMS OF MEDIUMSHIP), THE SPIRIT-AUTHOR ANDRÉ LUIZ TALKS ABOUT THE LAW OF MENTAL FIELD. HE THEN DEFINES IT BY SAYING THAT WE ONLY ATTRACT WHAT WE SEND. THUS, HOW CAN WE UNDERSTAND THE AFFINITY BETWEEN OBSESSED AND OBSESSING SPIRITS?

RT - Every obsessive process has its origin in obsessive weaknesses of the human character. Bad habits of all types tend to produce attractive fluids for obsessing spirits in the same manner that violent impulses and desires provoke identical bonds.

The production of the mental field of the individual eventually attracts, by affinity, entities that vibrate on the same wavelength.

It was not without reason that Christ taught us that “the good man brings good things out of the good stored up in his heart, and the evil man brings evil things out of the evil stored up in his heart.”**

TSM – IT IS COMMON TO RECOMMEND EXORCISM IN CASES OF OBSESSION AND POSSESSION. HOW DOES SPIRITISM SEE THESE

TECHNIQUES? WHAT DOES IT RECOMMEND FOR DISOBSESSION?

RT – For Spiritism, any form of exorcism is innocuous and does not generate any positive result, once it considers that neither mystical or sacramental word, nor any magical formulas or objects have an effect onto the spirits. These usually make fun of it all.

In order to get rid of the obsessive influence it is essential to work on inner transformation, which begins by changes in the kinds of thoughts that are cultivated by one. That will allow a different way of life for the better. As the spirits connect to us by the our train of thoughts, it becomes paramount to improve the quality of one’s thoughts, which will provide new and good tuning with both discarnated and incarnated beings.

The practice of charity in any way and the cultivation of prayer are also very important elements for the achievement of disobsession.

TSM – AT THE CURRENT TIMES OF PLANETARY TRANSITION WOULD WE NEED TO BE MORE VIGILANT? WHY?

RT - The surveillance that we all need to live in the contemporary world is the same as the one proposed to us by Jesus Christ. Watch and pray so you don’t fall in temptation.

Thus, we see that it is not enough to live praying all the time, if we are not careful and attentive in our family relationships, in our social circles, in our own mental house, if we do not care for what you eat and drink, overall, if we live on earth carelessly.

TSM - HOW CAN INDIVIDUALS PREVENT SUCH OBSESSIVE PROCESS, INCLUDING THE OBSESSIVE CONTAGION?

RT – One can prevent obsession by keeping a true life without the common artificial and negative tendencies that lead many people to pretend to have material possessions. They unrealistically consume at their will whatever they want. They live in prime locations; they have political influence, which is showed to be ultimately higher than it actually is.

A life marked by false pretenses, only for purposes of vain ostentation, leads the individual to general imbalance because he will do everything – even the most ridiculous or inappropriate things – in order to show others what they want to show.

It will be good to live with simplicity, without resort to any fad that is both inferior and temporary. One shall then work, love and devote oneself to goodness and all that is noble and positive; to everything that makes life greater and better to be lived.

* F.C.Xavier, Federação Espírita Brasileira.

** New International Version.



Emotional Balance in Sex

▣ Divaldo Franco

IN A MEETING WITH THE MEMBERS OF THE SPIRITIST SOCIETY OF BALTIMORE ON OCTOBER 20, 2008, DIVALDO FRANCO ANSWERED TO SEVERAL QUESTIONS, INCLUDING ONE ABOUT SEX, CELIBACY AND SEXUAL CONTROL. BELOW IS A TRANSCRIPT OF THE ANSWER TO THAT QUESTION, WHICH BRINGS GREAT ELUCIDATION AND A SUBLIMATING PROPOSAL ABOUT SEX.

... In the Spiritist movement something very curious has been happening. As we lived in the past the experience of celibacy, but not of chastity, the same idea returns to adopt this hypocritical behavior.

True chastity is abstinence from sexual relationships. Nevertheless, we believe that a sexual life together, crafted into a committed relationship, monogamously with respect and dignity, can also be regarded as a form of chastity...

Sex is such a dignified and holly function that God perpetuates the species of plants, animals and humans through it. So when a couple has a good relationship, from a spiritual standpoint, this couple is chaste, though exerting sexual function, such as the stomach, the heart and all the other organs carry out their functions.

When discarnation occurs, such functions as well as those of other organs, including the sexual one disappears, except when the latter was morally compromised. The sexual polarity, of course, vanishes, because the Spirit is sexless. While in the body, the Spirit needs the tools that could produce the proper hormones for the interchange, which results in procreation, as well as psychic hormones are needed for the sustenance of emotional balance.

The noble spirits report that in marriage, even during routine, you should never look for one another as someone who is hungry, but as a way of renewing tenderness of one in need of fullness.

Thus, before the sexual communion, there must have a preparation, tenderness and dialogue, which

are fundamental to the success of the communion. After the communion, it is inevitable the expression of the feeling of gratitude.

It is common in the movies to see the portrait of sexual communion using whiskey before, to serve as a stimulant, and then the use of cigarette to relax... This strange behavior express that sexual function is unpleasant, requiring chemical stimuli before and after it, as if it did not have its emotional rewards. When a spouse, a partner, touches the other and says, "I love you," " I don't know how I would be if I had not found you," or similar expressions, they are stimulated by the tenderness, by the desire for the perfect communion. And soon after the sexual communion, instead of giving the back to each other as we normally see portrayed in the cinema, we instead express our gratitude.

One day, I questioned the Mentor Joanna de Angelis: "My sister, as I don't have experience in this area, what would be a noble sexual communion?"

She replied to me, "It is like a trip that needs to be programmed to achieve success. The same is for sexual intercourse. The traveler carefully packs the luggage. He also informs himself of the currency to be used in the place where he will go to. He gets to know about the weather, the cultural habits, the arrival and the accommodation in the chosen place. These will assure an enjoyable and rewarding trip. However, the opposite attitude driven by precipitation, by improvisation, always brings surprises, frustrations and unpleasantness.

“Sex exists as a phenomenon for life. Its proper use enriches the individual’s existence.”

Some of us, Chico Xavier (the medium) and others, male and female, are committed to adopt the universal family, even with financial struggles. How do we then fill this gap? By loving those who we are not biologically linked to us.

Examining the existence of higher Spirits as Dr. Bezerra de Menezes, for example, we observe that he married twice and also gave himself to the universal family. Yet, Euripides Barsanulfo, the apostle of Sacramento¹, was unmarried, and devoted himself also to universal love. Bittencourt Sampaio, who is a very high Spirit, got married, as well as Allan Kardec. Both lived love in its broadest sense. Thus, marriage is a personal choice.

When Chico Xavier was young and experienced the natural anxieties for sexual relationship, he asked his Mentor (Emmanuel) to give him some guidance about this matter. And the noble friend replied, “Let me tell you a story. There was a king who lived in a sumptuous palace and was very generous. The palace was great and the kingdom prosperous. But there came a drought and a terrible famine raged. Harvests declined and the barns ran out of its contents. Then, one of the ministers warned the wise king, “Lord, the people are hungry. Open the barns and answer them.”

“The king, however, stubbornly replied, “I can’t. Our beans are for the army. If I give the food, we will not have food for our troops when the enemy invades our country. I have the duty to protect our soldiers.”

“The minister, however, insisted, “Lord, open the barns. The people are hungry. And when you’re hungry, it is very serious, because the stomach has no character.

“However, the king dismissed it as unimportant.

“There were other warnings, which came to be useless.

“One day, when the king and his court were having lunch, one stone broke the window glass and it scared everyone.

“The minister then explained to the monarch, “It’s the people, Lord. The hungry have already invaded the gardens, and will assault the palace and kill us because they are hungry.

“Startled, the king realized the seriousness of the problem and asked him, “What should we do?”

“After meditating, the minister replied, “Speak to the people, explain our difficulties. The people are a thousand-headed monster, but they also have compassion.”

“But if I come to the bay window they will stone me.”

“Probably,” the friend replied, “But you are the

king and it is not just for the holidays, as well as the struggles and difficulties.”

“Deeply moved, the king came to the balcony, and the people booed him. Someone threw stones at him and he remained quiet, until someone in the crowd shouted, “Let’s hear what this wretch has to say.”

“The governor honestly explained, “I am your king. Certainly, you are jealous of me. But nobody knows of my sleepless nights and the reason of many serious concerns. Of course I feed myself well, as you experience the throes of hunger, which I sincerely regret...”

“He talked about his difficulties, concerns, and the need to care to keep its people in harmony, demonstrating that even as king he was not entirely happy.

“Because the people had no idea about the life of a king, someone felt deeply moved and wept as he announced,

“I’ll have to open the barns to help you, but I have to keep reserves for a possible time of greater need. Therefore save as much as you can...”

“Meanwhile, people feeling then enlightened, they shouted, “Let us give a chance to our King!”

“And it was made peace in the kingdom, which continued to live with its natural challenges.”

Listening with interest to this story told by Emmanuel, the medium Chico Xavier explained that he did not understand the meaning of the message. Then, his Mentor replied, “You are the king of your body. When you were younger, your energy nourished all the organs and there was peace. But as each body developed, each organ started requiring greater amounts of fuel. Specifically when the reproductive organs developed and the pineal gland liberated its role, the glands began to ask yourself food. And because you denied them, conflicts came up. The more you deny it, the more they’ll require more food.”

The devoted medium then asked, “What should I do? Should I look for someone to share it and share the emotions too? “

Emmanuel, the generous guide, replied: “You can do so. But there is another solution. Go talk to your cells. Tell them, “You think I’m rich, I’m happy? You want change and life? Come up to my brain and spend your energies in excess, in automatic writing, in spiritual work that I fervently dedicate myself in the interchange with other spheres of life and everyone will be happy. And, in this exchange, you will experience the ecstasy, freeing you from confusion and conflict.”

Thus, we conclude that any worthy action spends energy and provides pleasure.

¹ Sacramento is a city in the State of Minas Gerais, Brazil.

Principles of the Spiritist Physician

▣ Dr. Bezerra de Menezes (Spirit) / Dr. Marlene Nobre (Medium)

THE FOLLOWING MESSAGE WAS RECEIVED BY DR. NOBRE AT THE CLOSING CEREMONY OF THE SPIRITIST MEDICAL ASSOCIATION MEETING IN SAO PAULO, BRAZIL ON NOVEMBER 26, 2006.

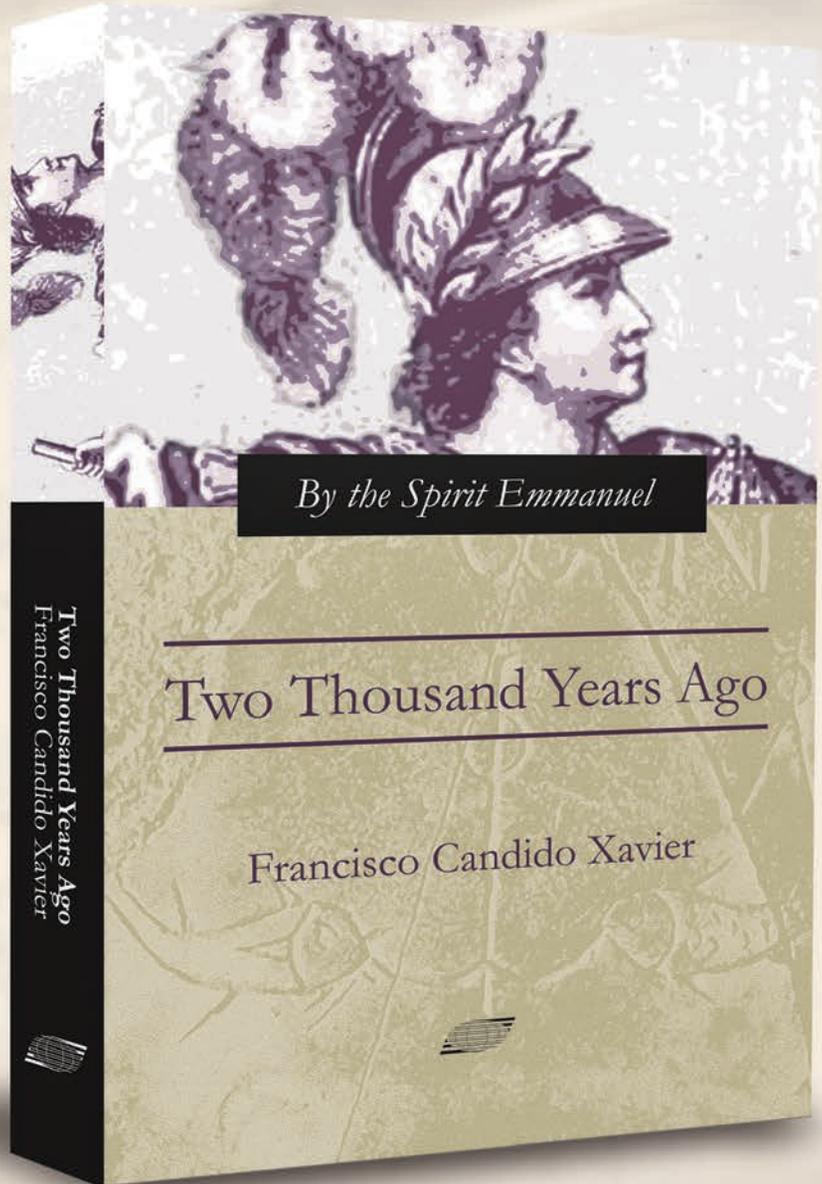
1. The Spiritist physician knows that his degree belongs to Jesus.
2. The Spiritist physician respects his colleagues who do not understand him, disqualify him, who are prejudiced against his faith and conduct. However, he continues to act the same way without hurt pride or paralyzing disappointment.
3. He conducts his researches and studies seeking constant improvement.
4. He does not either neglect the improvement of his feelings, working to put his knowledge and art to the benefit of the brothers in suffering, especially the poor ones.
5. He does not feel uncomfortable at having his studies on the basis of the revelations of Kardec and Chico Xavier. On the contrary, he goes beyond it by being inspired on such information to run scientific research.
6. He knows that true hierarchy originates from spiritual evolution. Therefore he recognizes as the true leader the one who gives examples of humility and love of neighbor.
7. He seeks the support of a Spiritist Center to work and implement the Spiritist complementary treatment, but he does not deny to share with his colleagues the excellence of the principles that guide him.

NEW RELEASE

Two Thousand Years Ago

Emmanuel, the spirit author of this amazing book, describes one of his reincarnations into a place of power, passion and conspiracy. It was the period when he lived as Publius Lentulus - a powerful senator of the Roman Empire - in Palestine during the time of Christ.

He tells about his meeting with Jesus and the healing of his daughter. The Book focuses on important episodes of the history of Christianity during the 1st century. There are unforgettable moments, such as deaths of the first Christian martyrs.



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The

► Joca Dalledone

THERE WAS NOT A PARTICULAR DATE GIVEN TO THE EARLIEST MANIFESTATION OF EXTERNAL (HIGHER OR LOW) INTELLIGENT POWER OR MEDIUMSHIP PHENOMENA. ACCORDING TO THE MEDIUMS' BOOK, TRACES OF MEDIUMNISTIC POWERS HAVE BEEN ENCOUNTERED IN DIFFERENT CULTURES THROUGHOUT HUMAN HISTORY. IT IS MANIFESTED IN VARIOUS DEGREES FROM A NATURAL STATE SUCH AS A SUBTLE INTUITION TO "OSTENSIVE" SENSIBILITY.

However, a significant date that can be considered the starting point of a collective phenomenon, organized by highly evolved spirits with a specific purpose to reveal the reality of the Spiritual world and its implications in our lives, was the 31th March 1848 – which became known as the "Hydesville phenomena".

In the introduction of *The Spirits' Book* (Prolegomena), the Spirits reaffirm their objectives, as such:

'The Spirits have announced that the time appointed by Providence has now come and that as ministers of God and agents of the divine will, their mission is to instruct and enlighten men and women, open a new era for the regeneration of humankind.'

Even before Hydesville, other pioneers have been "used" by the spirits to convey the knowledge and wisdom from these high realms. One of the earliest important figures of our era was the Swedish medium Emmanuel Swedenborg (1688-1772), known as



Pioneers of Mediumship

the 'father of knowledge' of supernatural matters. Besides being a respectable intellectual of his time, he developed incredible psychic abilities late in his life.

As a clairvoyant medium, he foresaw the fire of Stockholm 300 miles away from the location. Through his psychic communications, he noticed the diversity of the conditions in the Spirit World, he realized that there were several spheres, or 'various shades of luminosity and happiness' as he put it. He was the first medium who noticed a kind of vaporous energy that would come out from the pores of the body, the ectoplasm, a human energy responsible for materializations*, among other physical phenomena.

Swedenborg, using his abilities, realized that the scenery and conditions in the spirit realm were similar to those on Earth, just more refined. He saw lodgings where families lived, temples, palaces and halls for social purposes. He saw great works of architecture, art, music, schools, museums, colleges and libraries.

He learned through his relationship with the spirits, that the physical world is a laboratory of souls where the material helps refine the spiritual. He saw the presence of "celestial" beings helping and welcoming the dying.

He realized through his mediumship that we don't change at death, that we carry with us our modes of thought, beliefs, and prejudices. He noticed that what we call angels were highly evolved spirits and the devils were underdeveloped ones who had at some point lived in a material plane. He also realized that there was no eternal punishment. From the lower realms one could work his way 'up' and ascend to happier planes. He saw spiritual union between spirits, he saw married couples continuing their relationship in the spiritual world when there was mutual affection.

Another significant medium was Andrew Jackson Davis, known as the prophet of the New Revelation.

Although brought up in a very poor family, uneducated and feeble, Jackson Davis managed to write, according to Sir Arthur Conan Doyle, "one of the most profound and original books of philosophy ever produced, by the influence of the spirits", (History of Spiritualism page 18), the "Harmonial Philosophy".

Through his clairvoyant powers, he saw his mother dying, leaving her body and dwelling in a "home in a land of brightness". He was able to diagnose ailments by looking at the patients and identifying the malfunction of the organs by the lack of brilliance in relation to the other organs. He saw a world that resembles ours, which he could only describe as semi-material.

In 1844 he had a significant episode in his life; he was taken in an astral travel to a mountain where he saw and talked to two "venerable" men, one associate to the field of Medicine and the other to the Morals. Later he identified them as his mentors, Galen* and Swedenborg himself. Andrew Jackson Davis spoke and wrote in Hebrew, wrote treaties on Geology, historical and biblical Archaeology, Mythology, etc, under the influence of his mentors.

In 1856 he prophesized in detail the invention of the motor car and the typewriter. He described in detail the departure of the spiritual body from the physical form of a lady whose death he witnessed, later called the perispirit by Allan Kardec. He saw works of art and natural beauty impossible to describe in our limited language. Jackson realized the importance of cultivating a life of humility, brotherhood, and charity towards others and its consequences in the "afterlife".

He was destined to prepare the grounds for the collective revelation that would follow, and particularly with the Hydesville phenomena. At that very day of March 31th, 1848, he wrote the following quote in his

diary: "About daylight this morning a warm breathing passed over my face and heard a voice, tender and strong, saying: 'Brother, the good work has begun-behold a living demonstration is born.' I was left wondering what could be meant by such a message." Obviously the message refers to the Hydesville episode and its profound significance.

Hydesville is a small village in the state of New York. It was there that a decent ordinary farmer family, the Foxs decided to move in to their new home in December 1847. Their two children Margaret, 14 years old and Kate age eleven were in the house when the "strange" sounds began to happen. There were knocks, raps and sounds as if the furniture was being dragged around the room. It was in March that these sounds intensified to the point of frightening the family. The parents searched in vain for the cause of such disturbances. On the evening of the 31st March 1848, the very loud and continuous outbreak of inexplicable sounds, made one of the girls, Kate to challenge the unseen power to repeat the snaps of her finger, by saying "Mr. Splitfoot, do as I do". The answer followed instantly, for every snap a knock.

The girls quite spontaneously established a "Spiritual telegraph" with the spirit.

Mr. and Mrs. Fox took over the "conversation" by asking questions that were responded by a number of knocks. The phenomena happened nearly every night and were witnessed by a great number of people.

The spirit's name and his details were revealed by a rapping sound when the letters of the alphabet was recited by the person enquiring. Through this method the spirit told the enquirers that he was a street trader named Charles B. Rosma murdered in that house for money five years earlier. Later that year an investigation found human hair and bones in the cellar and many years later the entire skeleton was found. The whole affair was well documented and over 200 people were able to observe the phenomena, even during the day.

Overseas the phenomena of the 'turning tables'* and the American spirit manifestation were exciting Europe. Allan Kardec started to investigate the Mediumship of two girls, daughters of a friend of his. During the communications he received messages about his mission and he was informed that "the spirits of much higher order of those who habitually communicate through the two young mediums, came expressly for him, and would continue to do so, in order to enable him to fulfil an important religious mission".

Kardec submitted questions related to all fields of human and spiritual life to these intelligences, and after a period of around 2 years of compiling those answers

he concluded that "The instructions thus transmitted constitute an entirely new theory of human life, duty and destiny, that appears to me to be perfectly rational and coherent, admirably lucid and consoling, and intensely interesting." (The Spirits' Book)

He organized all the written communications and by the instructions and guidance of the spirits he published *The Spirits' Book* in 1856 and a revised edition in 1857. The book was a great success and became the foundation mark of Spiritism. In 1861, Kardec published "The Mediums' Book", in 1864 "The Gospel according to Spiritism"; in 1865 "Heaven and Hell", and in 1867 "Genesis". These five books form the Spiritist Codification. Also two short treatises "What is Spiritism?" and "Spiritism reduced to its Simplest Expression" were published. He also established the "La Revue Spirit", (The Spiritist Magazine) to which legacy constitutes the magazine you are reading now.

There have been many other mediums and researchers that have played a vital role in the spirit revelation, such as Daniel Douglas Home, Sir William Crookes, Francisco Candido Xavier, Divaldo Franco etc. And even today there are many others that, although not self-declared mediums, are also bringing wisdom from the higher realms.

* **Aelius Galenus or Claudius Galenus** (September AD 129 – 199/217; Greek: Γαληνός, *Galēnos*, from adjective "γαλήνός", "calm"⁽¹⁾), better known as **Galen of Pergamon** (modern-day Bergama, Turkey), was a prominent Roman (of Greek ethnicity) physician, surgeon and philosopher. Arguably the most accomplished of all medical researchers of antiquity, Galen contributed greatly to the understanding of numerous scientific disciplines including anatomy, physiology, pathology, pharmacology, and neurology, as well as philosophy, and logic.

* **Materialization**: is the creation or appearance of matter from unknown sources. It is the transformation of something abstract or virtual into something concrete and tangible.

* **Turning tables**: Since 1848 table turning phenomena, including lifting, tilting, turning, rocking, and pivoting of tables, and the related knocking and rapping sounds produced, have been witnessed by thousands of families in home circles across North America and Europe.

> Sources: *The Spirits' Book* by Allan Kardec, *The Mediums' Book* by Allan Kardec, *The History of Spiritualism* by Arthur Conan Doyle.

Joca Dalledone is an active member of the British Spiritist Movement.



www.istockphoto.com/deann1974

The Bioenergy Treatment Service at the University of Washington Medical Center in Seattle, Washington

by Janet Bower & Kenneth Martay

THE BIOENERGY TREATMENT SERVICE WAS FOUNDED ON JANUARY 01, 2008, AND IS LOCATED AT THE UNIVERSITY OF WASHINGTON MEDICAL CENTER (UWMC) IN SEATTLE, WASHINGTON, ONE OF THE THREE TERTIARY REFERRAL CENTERS IN THE NORTHWESTERN UNITED STATES ALL BELONGING TO THE UNIVERSITY OF WASHINGTON (UW). THE UW HOSPITALS

ARE SERVING THE WWAMI STATES - WASHINGTON, WYOMING, ALASKA, MONTANA, AND IDAHO. COMBINED THESE STATES COVER 30% OF THE LANDMASS OF THE UNITED STATES BUT ACCOUNT FOR ONLY 4% OF THE US POPULATION. THE WWAMI STATES CATCHMENT AREA OF THE UW HOSPITALS IS THE LARGEST CATCHMENT AREA OF ANY UNIVERSITY HOSPITAL GROUP IN THE US.

ORGANIZATION AND BACKGROUND

The Bioenergy Treatment Service offers bioenergy treatments to all inpatients, outpatients, their caregivers, relatives and friends, and to hospital staff at UWMC. Currently the service offers laying-on of hands treatments but additional bioenergy treatment modalities may be offered in the future. Everybody requesting bioenergy treatments has to sign a consent form. The service is staffed exclusively by employees of the UWMC and operates on the premises of the UWMC only.



Bioenergy treatments are not only offered to inpatients and outpatients but also to patients' caregivers, relatives and friends because they may be distressed from witnessing someone close to them being seriously ill. Hospital staff are offered bioenergy treatments for their own health problems, if they have any, and to satisfy their curiosity about the service.

Since the Bioenergy Treatment Service is an on-demand service which will only become active upon request by patients or upon referrals by hospital staff, fulfilling hospital staff requests to experience bioenergy treatments makes it easier for hospital staff to talk about bioenergy treatments to patients.

All bioenergy treatments are provided free of charge and no donations are accepted because the acceptance of donations by a free-of-charge service constitutes a fee through the back door since patients will feel obliged to make donations.

The Bioenergy Treatment Service is non-denominational and has no doctrine or dogma. A service like the Bioenergy Treatment Service can only develop and thrive if its practitioners can individually do the same without being curtailed by any dogma

or doctrine. Dogmas and doctrines are the frozen thoughts of other people. Whatever the source of an inspiration may be, the inspiration has to pass through the human filter of the person manifesting the inspiration on the human level. Through this process an inspiration becomes limited in its manifestation by the limits of the receiving person's understanding. There is no reason, however, that the limits of one person's understanding should be the limits of another person's understanding and thereby curtailing that other person's own growth and development.

EXPERIENCES AND OBSERVATIONS

Being one of the three tertiary medical referral centers in the Northwestern US, most of the patients seen at UWMC have complicated medical histories and come from outside of Seattle, Washington. The majority of the patients seen by the Bioenergy Treatment Service are either very sick, dying, or permanently disabled through diseases or accidents. Physical improvements of patients receiving bioenergy treatments, therefore, are rarely observed and the huge catchment area of the UW hospitals makes a follow up of patients seen by the Bioenergy Treatment Service virtually impossible.

When performing the actual bioenergy work, the bioenergy practitioner will either touch or not touch a patient, according to the patient's preference. Touch or non-touch makes no difference to the energy transfer since the energy field of each being extends beyond its physical form. Touching a patient during a bioenergy treatment session is more comfortable for the practitioner since resting the hands on a patient takes the strain off the practitioner's arms and shoulders.

The channeling of energy during a bioenergy treatment session is more powerful when the practitioner is able to remove her/his ego from the process of the channeling of energy. The energy that a practitioner channels is not her/his own energy but a kind of universal energy that pervades all space. By not desiring an outcome the practitioner is more likely to become a more pure channel through which energy can flow unhindered. The practitioner acts, to give an example, like an electric cable that connects an electric device, such as a radio, to a power socket in the wall. In this example, the patient is the radio, the universal energy to be channeled is the power socket in the wall, and the practitioner is the electric cable connecting both of them. If the practitioner gets involved in the process of channeling energy by desiring a specific outcome, the desire for a specific outcome may act

like a resistor interposed in the electric cable and may thus diminish the flow of the channeled energy because the desire for a specific outcome absorbs channeled energy for its own survival.

Depending on a patient's illness, affected body parts of a patient may not be physically reachable by the bioenergy practitioner. This is of no importance since a patient's own energy system circulates throughout the patient's body like water circulates through a fountain system. The bioenergy practitioner can channel energy anywhere into a patient's body and the patient's own energy circulation will distribute the energy. This is the same as if one wants to color the water of a fountain system. The dye can be added to the water anywhere in the fountain system and the circulation of the water will distribute the dye throughout the fountain system.

In living beings, however, the being will direct the channeled energy to wherever it is needed most – physically, emotionally, or spiritually. A patient may receive bioenergy treatments for rheumatoid arthritis but while the rheumatoid arthritis never improves, a globus may disappear. This is one more reason why bioenergy practitioners should be careful not to desire specific outcomes for their treatments. It is the patient who improves her/his health, not the bioenergy practitioner.

A bioenergy practitioner may encounter in her/his work unreasonable expectations from patients. Though patients may have patiently undergone orthodox medical treatments for years that granted them improvements in their health to a lesser or greater degree, once the same patients have decided to try bioenergy treatments they sometimes expect that a single bioenergy treatment session will create a positive impact on their health. This kind of expectation is unreasonable especially in patients with the severity of illnesses seen at UWMC. These unreasonable expectations may be fostered, however, by the patients' desperation with their own life's circumstances, by self-promoting advertisements of bioenergy practitioners in the community who only advertise their grand successes, and by examples from scriptures from all cultures that report stories of holy persons healing the sick instantaneously. Though miraculous improvements in the health status of patients are possible, statistically they are unlikely to occur.

From the various age groups bioenergy practitioners may encounter, children are the easiest patients to work with. Depending on their age, children have either none or only very little ego and are not yet culturally conditioned about what is or is not viewed as acceptable. Children will follow their very own experience and will accept bioenergy treatments

according to whatever benefit it may provide them. If children have discomfort and bioenergy treatments alleviate that discomfort, children will accept bioenergy treatments unconditionally. As soon as the discomfort has disappeared, however, children may refuse further bioenergy treatments since there is no further need for them. Children are full of boundless energy and it is not in their being to lay still for bioenergy treatments unless they feel a direct need for it.

Teenagers and young adults may exhibit ambivalent feeling towards bioenergy treatments. If they feel some comfort from getting bioenergy treatments, they may accept bioenergy treatments, but sometimes for only shorter periods of time and not on a regular basis. They may also want to continue doing other things while they are receiving bioenergy treatments, such as watching television or videos, chatting on the phone etc. Teenagers and young adults have lots of energy too and it is unnatural for them to lay still unless necessary. The Bioenergy Treatment Service never demands a special behavior from its patients. All patients are allowed to do whatever they want during a bioenergy treatment session. Patients will receive whatever they need from bioenergy treatments independent of how focused they may be on the bioenergy work.

Middle aged and older patients are the most reliable patients who will accept bioenergy treatments over long periods of time, though not necessarily on a regular basis. Laying still and being in a contemplative atmosphere suits these two age groups since they have entered the more reflective period of their lives.

This article is intended to give a brief overview of the work of the Bioenergy Treatment Service at UWMC. Other aspects of the work of this service, such as working with the dying and psychopomp work, were not discussed since this would have required far more space than was allowed for this article.

The authors want to stress that everything said in this article reflects their insights into bioenergy work at the time of writing. Bioenergy work is dynamic and furthers the spiritual growth of its practitioners. At a future date the insights of the authors into bioenergy work may have changed and the authors may have developed new ideas about bioenergy work which may differ from the opinions mentioned in this article.

- > Due to a technical error the article was erroneously credited to Stephan Schwartz as the author in The Spiritist Magazine, English Edition # 13, October-December 2010, instead of being credited to Janet Bower and Kenneth Martay as the real authors. For that reason the article has been republished in this issue with Janet Bower and Kenneth Martay as the authors.

What Comes Next?

Yvonne Limoges

As we start the New Year, the TV shows *The Ghost Whisperer* (ended mid-2010) and this year the show *Medium* recently ended. For the young, the Harry Potter series comes to a close with its last movie this summer. All these contained spirits interacting with people in the material world as a natural phenomenon and many people incorporated the ideas these brought into their own belief systems and lives.

The portrayal of mediums in movies have come a long way from how Whoopi Goldberg acted in the movie *Ghost* compared to Matt Damon in the *Hereafter*.

The 2009 movie *Avatar* illustrated the soul of a human "reincarnate" into a body that was meant to live on an alien planet. And, polls show an increase of people believing in reincarnation. In addition, I believe more people consider intelligent life may be found on other planets and the search for this continues. Meanwhile, scientists on our own planet have found life in California's Mono Lake that has a DNA make-up completely different from any other life so far found on our planet.

Our Spiritist group has been meeting for 33 years now, and as new people have attended, I have seen how their perceptions regarding spirit phenomena and mediumship have changed and evolved. And it has always been for the better.

Now, where years ago there was fear or reluctance, I find that many people want *their own personal experience* of the spirit world, of mediumship, and of spiritual healing. They want more tangible proof. Others want more philosophy, which is what Spiritists have always emphasized at our centers.

I feel we are entering a new phase concerning the science of spiritual matters. It will be fascinating to see what comes next?

> Yvonne Limoges is member of the Spiritist Society of Florida.

Point of no Return

► Dr. Bezerra de Menezes

Dear friendly brothers, devoted laborers in the cause of Our Master! I embrace you in the name of the workers from the spiritual side and I pray to our dear Master for blessings of peace to all of us.

The current events in progress in the physical plane announce an era of transformations that are necessary to the execution of the evolutionary process of humankind. Both planes of existence join in brotherhood, and ties of solidarity strengthen in preparation for the events to come.

Devoted souls redouble their efforts in activities that will define responsibilities and duties to be carried out at specific times in accordance to the commitments made by the advisors of our planet.

Not far away, however, in purgatorial regions of sufferings, which mark the profile of their inhabitants,

souls become restless in the spiritual plane, in racking and clamouring expectation of benefiting, in some way or another, from what is in preparation from on High. Agitated, they fear the changes that have already been announced to them and, due to their inability to manage emotions and desires, they converge to public squares and religious temples of different beliefs in order to debate and opine: here accepting the winds of change, there rebelling against them. And in doing so, the discarnate spirits influence the incarnate ones, who take their vacillating opinions and at the same time influence the former.

Truthfully, humankind has arrived at a point in its evolutionary path from which there is no longer the option of returning by any means. A plan has already been designed for the next 50 years, which is destined to be fulfilled by a spiritual collective that will endure great and distressing challenges.

It is a heterogeneous spiritual population consisting of progressive souls and others in the process of spiritual

adjustment. The former show themselves enlightened by the work developed throughout the centuries from which they derived superior resources of intelligence and morality. They return to reincarnation in order to exert a positive influence on the minds of those who are in the process of atonement, those in need of spiritual enlightenment.

Current humankind will be blended, slowly but assuredly, to these two groups of incarnating spirits. Initially, only in its third part, encompassing every location on the entire planet; subsequently, in its second third, and finally in its entirety. The interchange between the two planes of existence will be accelerated significantly. A two-way traffic, we must emphasize, for collectives of incarnates will also return to their true home.

It is thus announced the renewing process of consciences by means of expiations, some of great difficulties. This is an operation of separation, which is aimed at selecting the future inhabitants of the planet, those who will live the dawn of the era of regeneration.

The great collective of human sufferers, of hardened spirits, multiple offenders of previous experiences, will return to the terrestrial arena within the next fifty years, but the guardians of planet Earth will be at their posts, next to each incarnate or discarnate, conscripting them to the transformation for the good.

This is the era of the spirit, which was trumpeted yesterday morning, on the eighteenth day of the month of April in 2010, at the same moment the Sun launched its first rays towards Earth. In a region very close to the physical plane, inhabitants of the spiritual realm almost blended with incarnate humankind in a meeting of light and vibrations of love in order to listen to Jesus's messenger, who brought to them the

directives of the new planetary order which now begins to be implemented.

Ishmael spoke with great emotion to the representatives of all nationalities, right after the loud manifestations of their leaders and patrons. He revealed Jesus's plans for the Christianization of humankind. At the end of the blessed gathering, commendable spirits joined hands involving the planet with their elevated vibrations which, transformed in pearls, flowed down onto its inhabitants, reaching their foreheads in the form of a soft luminosity.

Be forewarned, therefore, of the events, my children. Deliberate about the upcoming work that takes shape and, whatever your position, let each and everyone be a beacon of light, a site of assistance.

Listen to the voices from heaven, for you are all marked by the light of the planetary guardians. Carry out the duties to which you have been assigned. Be good, honest, industrious, and fraternal.

The future days of struggles and sorrows are similar to the apocalyptic cries. They will turn out here, there and over there, pleading for union, compassion and mercy, both individual and collectively.

Therefore, brothers and friends, do not commit the mistake of looking behind; rather, take hold of the reins of the Gospel and march forward. Do not repeat the experience of Lot's wife, whose feeble faith made her look back in search for lost pleasures, transforming her into a statue of salt out of disillusion with the sterileness of false chimeras.

Let your own light shine, my children! This is the call from the Gospel, now and forever!

> Communication from the spirit Bezerra de Menezes psychographed by Marta Antunes at the Mediumship meeting of the International Spiritist Council on April 19, 2010. Translated by the Spiritist Group of New York



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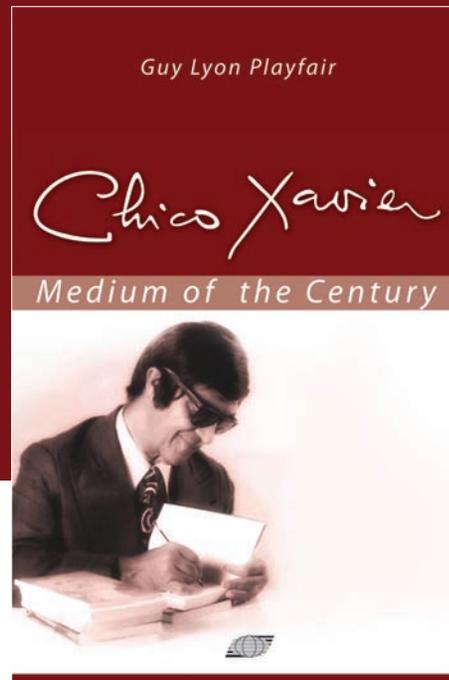
CHICO XAVIER, *Medium of the Century*

► Etel Harris

FOR THE FIRST TIME EVER, A BOOK ABOUT THE FAMOUS BRAZILIAN MEDIUM CHICO XAVIER, HAS BEEN WRITTEN IN THE ENGLISH LANGUAGE. THE BOOK '**CHICO XAVIER, MEDIUM OF THE CENTURY**' HAS BEEN RECEIVING POSITIVE REVIEWS FROM VARIOUS WEBSITES, CULTURAL AND SPIRITUALISTS MAGAZINES AND NEWSPAPERS BOTH IN ENGLAND AND AMERICA.

The author of the book, Guy Lyon Playfair, a British writer and journalist, who lived in Brazil in the 1970's, knew both Chico Xavier and Dr Hernani Guimares Andrade. Guy has spent long periods of time with Dr Hernani Guimares, researching various subjects in the area of spiritual science, such as Reincarnation and poltergeist phenomena. He has read the Andre Luiz books in the original Portuguese and in the 1970's compiled and translated into English parts of the books, which he quoted in his other publications such as *The Flying Cow* and *The Indefinite Boundary*. This enabled the British people to get acquainted with the spiritual teachings of Andre Luiz and Chico Xavier.

That was just the beginning of what we see today spread throughout the internet. The various references about this very special book '**Chico Xavier, Medium of the Century**' by Guy Lyon Playfair (ISBN 9780956449313), is proof that it continues to be read by various famous writers, researchers, psychologists and doctors and their comments and reviews are contributing to bringing to the general public a better knowledge of the spiritists teachings. The publisher of this book, Roundtable Publishing Ltd, based in London, UK, has as its main objective, to make available the various Spiritists books translated into English and distributed to English speaking countries.



The copyright of this book has been given to the International Spiritist Council and the publishing rights of the book to the British publisher Roundtable Publishing Ltd.

Another book published by Roundtable Publishing that has been receiving very positive reviews in the media is the book '**Science & Spirit**' which is a collection of monographies from Dr Hernani Guimares compiled in a 198 pages' book by Guy Lyon Playfair.

In order to update you with what is happening at the moment, we have attached below links and references to various sources. Please note the quality of the comments by the different writers. Most of the sources are from websites. You will see also a picture of Chico Xavier and the cover of the new book and also other publications by Roundtable Publishing Ltd. www.roundtablepublishing-uk.com



5th United States Spiritist Symposium

The United States Spiritist Council (USSC) promoted the 5th United States Spiritist Symposium. Its central theme was Spiritual Conscience and the New Earth. The event happened on May 7, 2011 at the Herbst Theater in San Francisco, California. Dozens of American Spiritist organizations were there represented totalling almost three hundred participants. Antonio Cesar Perri de Carvalho, one of the directors of the International Spiritist Council and its representative at the meeting, opened the meeting with remarks of encouragement and support. The symposium was very dynamic and objective with short talks, round table discussion, poster presentations, classical artistic performances and activities for children and youth. The national event was sponsored by 36 Spiritist organizations, including The Spiritist Magazine. On the following day, Mauricio Filho, USSC president, presided the USSC General Assembly. For more information, please go to www.spiritist.us or www.spiritistsymposium.org

6th World Spiritist Congress

On October 10-12, the International Spiritist Council promoted the 6th World Spiritist Congress in Valencia, Spain. The theme of the meeting was "We are Immortal Spirits". Almost two thousand participants were at the meeting, which was organized by the Spanish Spiritist Federation. The successful event counted on the presence of several representatives of worldwide Spiritist organizations. Carol Bowman, psychologist and renowned author of books on cases on children's

3rd U.S. Peace and You Movement: Emotional healing

On March 24, 2011, Divaldo Franco hosted the 3rd U.S. Peace and You Movement at the Sheraton Hotel in Columbia, Maryland. The theme of the year was Emotional Healing. The keynote speaker and Peace and You awardee was Dr. Mark Baker, the author of the bestselling book *Jesus, the Greatest Therapist Who Ever Lived*. Dr. Baker gave a talk on the topic of Forgiveness and Mercy. Vanessa Anseloni was also a guest speaker on the title of Neuroscience of Emotion and Healing. The event gathered more than two hundred and fifty people. It was sponsored and coordinated by the Spiritist Society of Baltimore, the Spiritist Society of Virginia, the Spiritist Society of North Beach, the Allan Kardec Spiritist Society of Maryland and the Abigail School of Classical Ballet. For more information, please see www.peaceandyou.net.

past lives memories, gave a talk on her findings, while launching one of her books in the Spanish language and published by the International Spiritist Council. Divaldo Franco, Raul Teixeira and other well-known speakers composed the group of invited speakers at the meeting. After the end of the 3-day event, the International Spiritist Council organized its General Assembly. More information, please go to www.congressoespirita.com.br or www.2010.kardec.es



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federacion@elsalvadorespirita.org
www.elsalvadorespirita.org

13 – FRANCE

Union Spirite Française et Francophone
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Boite Postale 2707
37027 TOURS - FRANCE
Tel/Fax: 00 33 (0)2 4746-2790
www.union-spirite.fr
union.spirite@wanadoo.fr

14 – GERMANY

União Espírita Alemã
Hackstrasse 11
D-70190 Stuttgart-Ost
Alemanha – Germany
Tel: 0049.7122.82253
Uniao.Espirita.Alema-D.S.Vereinigung@web.de
www.spiritismus-dsv.org

15 – GUATEMALA

Cadena Heliosophica Guatemalteca
15 Av. 6-71, zona 12
01012 – Guatemala
Tel: (502) 2471 9935,
Cel. (502) 5704 1387
ebravo_1@hotmail.com
www.guatespirita.org

16 – THE NETHERLANDS

Nederlandse Raad voor het Spiritisme
Postadres: Klokketuin 15 1689 KN -
HOORN - HOLLAND
Tel: 00 31 (0)229 234527
www.nrsp.nl
info@nrsp.nl

17 – HONDURAS

Asociación Civil de Proyección Moral –
ACIPROMO
Zona de Tiloarque, Colonia El Contador,
Calle principal, lote 3 y 4
Apartado Postal # 3163
TEGUCIGALPA, HONDURAS
Tel: 504-2379312 - 504-33800299
info@hondurasespirita.org
www.hondurasespirita.org

18 – ITALY

Unione Spiritica Italiana
Via dei Pescatori, 43
23900 - Lecco - Italia
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www.spiritist.org/italia
unionespiriticaitaliana@yahoo.it

19 – JAPAN

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20 – MEXICO

Central Espírita Mexicana
Retorno Armando Leal 14
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www.spiritist.org/mexico

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153A Mt Smart Road
Onehunga – Auckland
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info@allankardec.org.nz

22 – NORWAY

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post@geeaknorge.com

23 – PANAMA

Fraternidad Espírita Dios, Amor y Caridad (FEDAC)
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24 – PARAGUAY

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arami@rieder.net.py

25 – PERU

Federación Espírita del Perú -
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LIMA-PERÚ
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26 – PORTUGAL

Federação Espírita Portuguesa
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Alto da Damaia
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27 – SPAIN

Federación Espírita Española
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spiritismen@hotmail.com
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29 – SWITZERLAND

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uccess@spiritismus.ch

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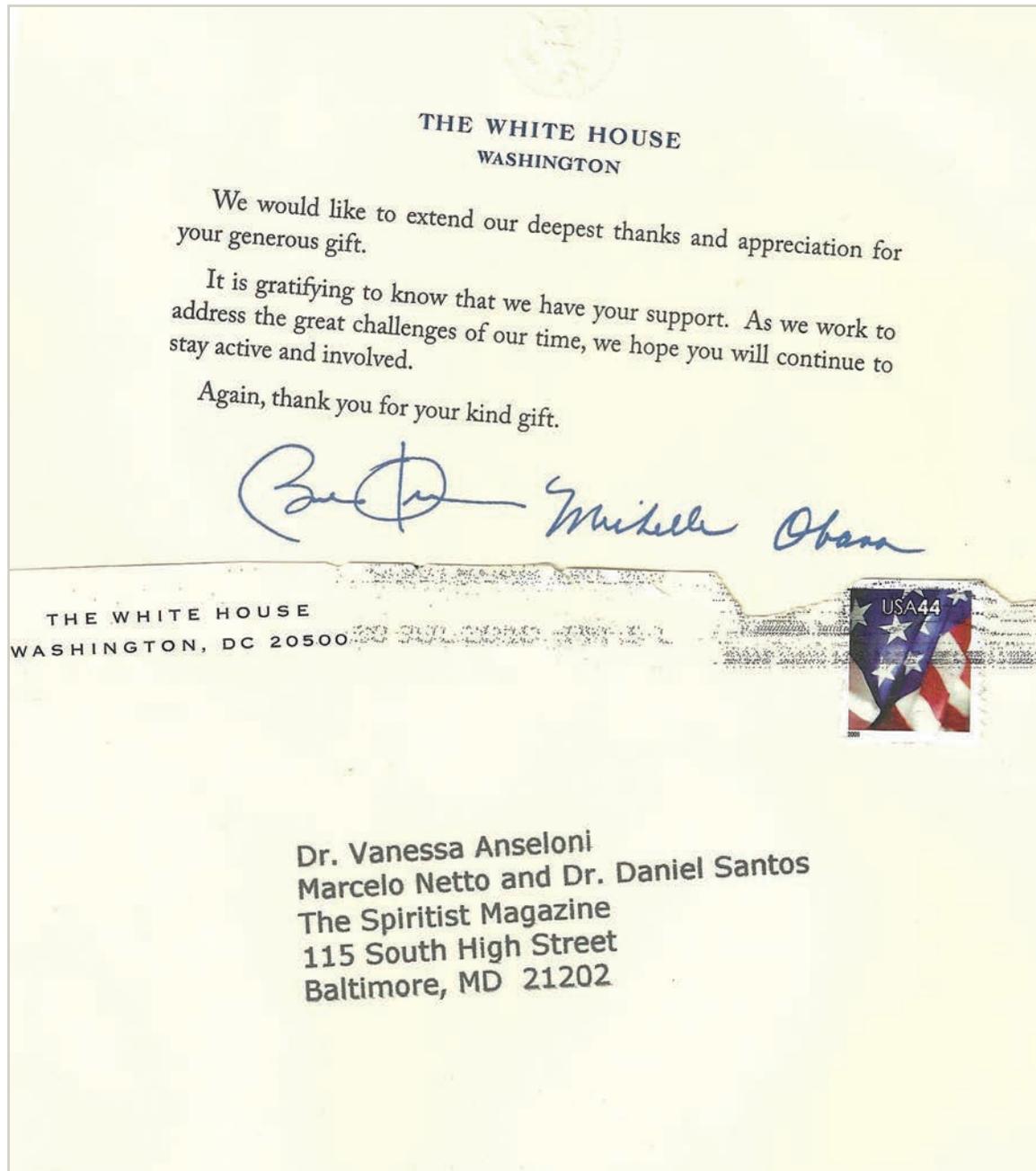
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