

THE Spiritist MAGAZINE

English Edition N. 45 - April-June, 2019
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Mediumship

by Emmanuel

**Nestor Masotti's
International Role**

by Antonio Cesar Perri de
Carvalho

**The Challenge of
Spiritual
Diseases**

by Claudio Sinoti

**Fernandéz
Colavida's
Perseverance**

by Simoni Privato
Goidanich



Regarding Social Standards

Andre Luiz (Spirit) / Chico Xavier (Medium)

Abolish the dispensable use of mourning and condolence when in funerals, as well as participation in ritualistic ceremonies of any kind.

The Spiritist does not focus on externalities.

In fraternal gatherings avoid protocols or pretentious ceremonies.

Trust demands an atmosphere of familiarity.

Ban from Spiritist Temples any ceremonies, on behalf of the Doctrine, aimed at consecration of marriages or births.

Spiritism cannot disregard the Christian simplicity that it itself revives.

Avoid regrettable parties, like those that mark the passage of the carnival, including those that flaunt the excesses of gluttony, profligacy, or spectacular outward displays.

True joy does not depart from temperance.

Study in advance and with enough discretion presentations of speakers or mediums, as well as tributes to friends and relatives, incarnate

and discarnate, to not exalt vanity and pride or to hurt and humiliate the modesty of those whom we cherish.

Flattery is poison in verbal form.

Proscribe the use of badges and emblems in the Spiritist movement.

Excessive externality is the absence of Christian simplicity.

Always dispense with social standards created or maintained by conventions or traditions that stagnate progress.

Complexity always delays the clock of evolution

“The Sabbath was made for man, not man for the Sabbath” – Jesus (Mark, 2:27).

Source: From the book *Conduta Espirita* by Andre Luiz (Spirit) psychographed by Waldo Vieira, chapter 37, published by FEB. The English version of the book was provided by the Spiritist Society of Virginia's team. Its copyright was given to the publisher. We await its publication.



Sacred Mediumship

“The Sun is the medium of light that sustains humanity, as humanity is the instrument of planetary progress.” How about you, dear reader? Do you feel yourself as instrument of planetary progress?

The awareness that we are instruments of planetary progress makes enormous difference in our daily choices. And Spiritism comes to help us discern at every given moment.

Everything in nature has a role and thus it becomes instrumental to the whole. At human level, we depend on our awareness and free will of choice to channel our capacity to be intermediaries of God.

However, there are many (millions and millions) of people who doubt their divine role as instruments of the Good. Thus, some fall prey to evil whereas others continue their way in distractions from the main goal of life: to be God’s co-creator.

In being a co-creator, we cooperate with God’s Creation. Andre Luiz, in the book *Evolution in Two*

Worlds, teaches us two levels of cooperation: co-creator at major level and co-creator at minor level. On Earth we still are at the latter level, learning to manage wisely our main co-creation, our perispiritual body.

With the help of more advanced minds (incarnated and discarnated), we are learning to be wiser and more effective co-creators. In this work at “four hands”, we may become better intermediaries of the Good. In exercising mediumship in its sacred essence, one day, like our guide and model, Jesus Christ, we will be mediums of God, as per the explanation of Kardec in the book *Genesis*.

Dear reader, we wish that the articles in this issue help you boost your divine and unique light to all the people in your life and thus be a loving co-creator on Earth!

Vanessa Anseloni, PsyD, PhD
Editor-in-Chief

¹ *Mediumship and Attunement* by Emmanuel through Chico Xavier, chapter 10



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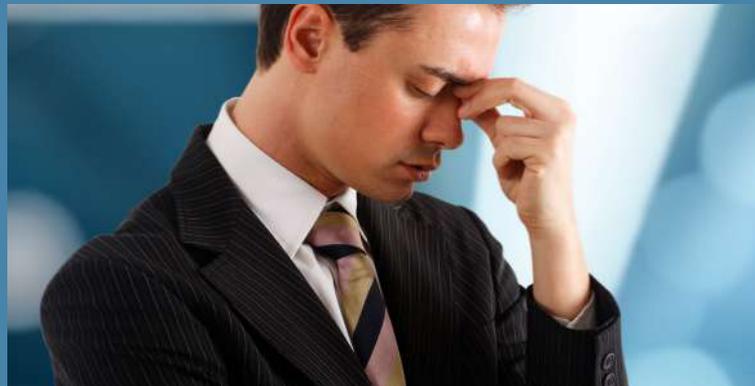
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The Spiritist Magazine N. 45 January - March, 2019

SPIRIT MESSAGE

"Meditation and prayer constitute wholesome medicine, prone to providing a greater resistance to your spirit."

(Source: Book Illuminuras by Emmanuel through Chico Xavier, published by Vinha de Luz Editora)

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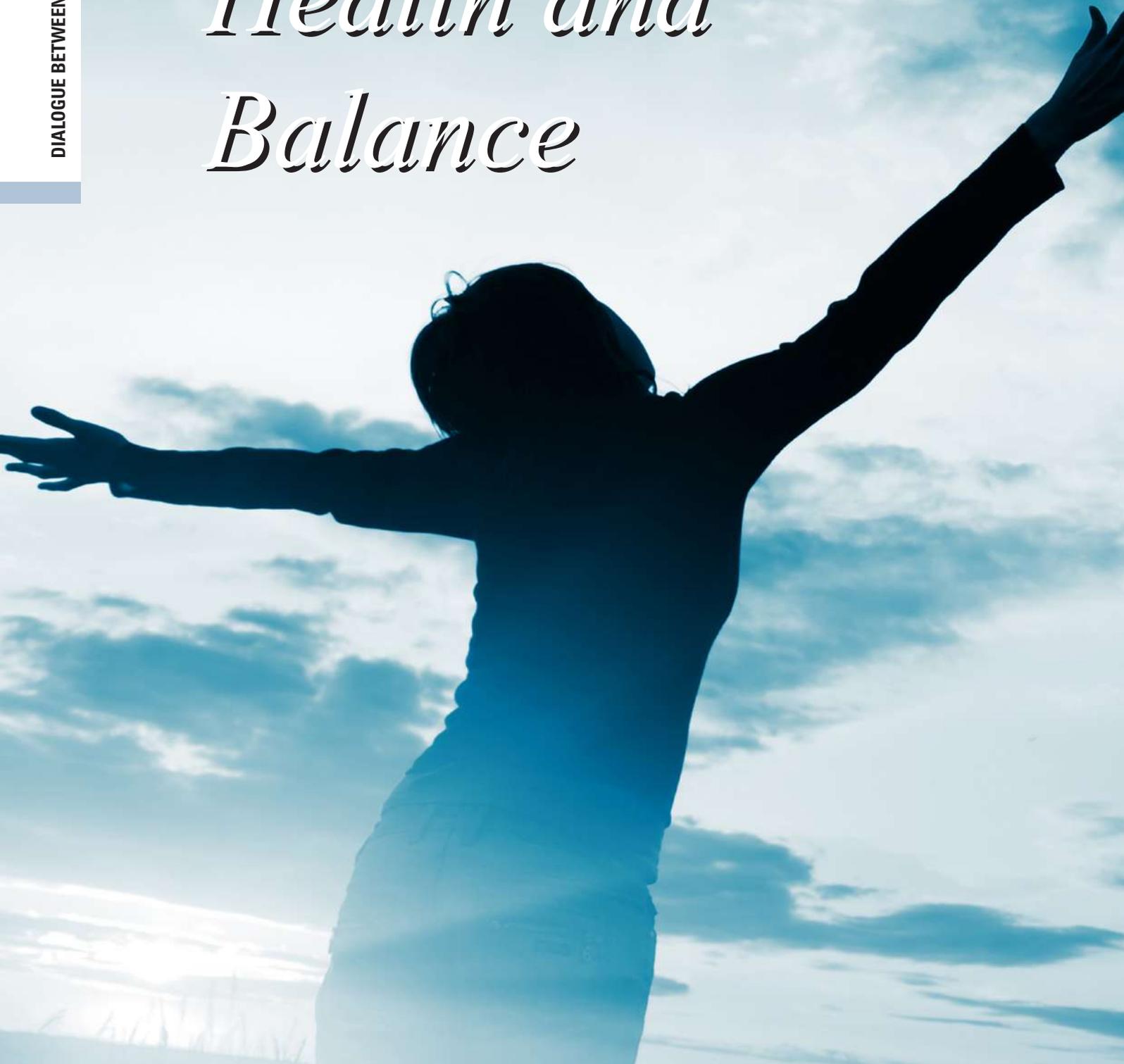
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> Andre Luiz (Spirit) / Chico Xavier and Waldo Viera (Mediums)

DIALOGUE BETWEEN SCIENCE AND SPIRITISM

Health and Balance



To ensure health and balance, promise yourself:

To ensure health and balance, promise yourself:

1 - To stand under God's designs every day through prayer, and to maintain a clear conscience, preserving yourself against ideas of guilt.

2 - Give the best of yourself in all that you do.

3 - Keep heart and mind, attitude and word, acts and manners in the constant inspiration of the good.

4 - Serve others disinterestedly as much as your strength allows.

5 - Rejoice in the happiness of others.

6 - Forget negative conversations and opinions that you have read or heard.

7 - Add at least a little more joy and hope to every person with whom you are in contact.

8 - Admire the noble qualities of those with whom you live, encouraging them to develop them.

9 - Forget reasons of complaint, whatever they may be.

10 - Live working and studying, acting and constructing in your inner refinement and in the inner correction in such a way that you are able not to find the probable failures and the possible errors of others.

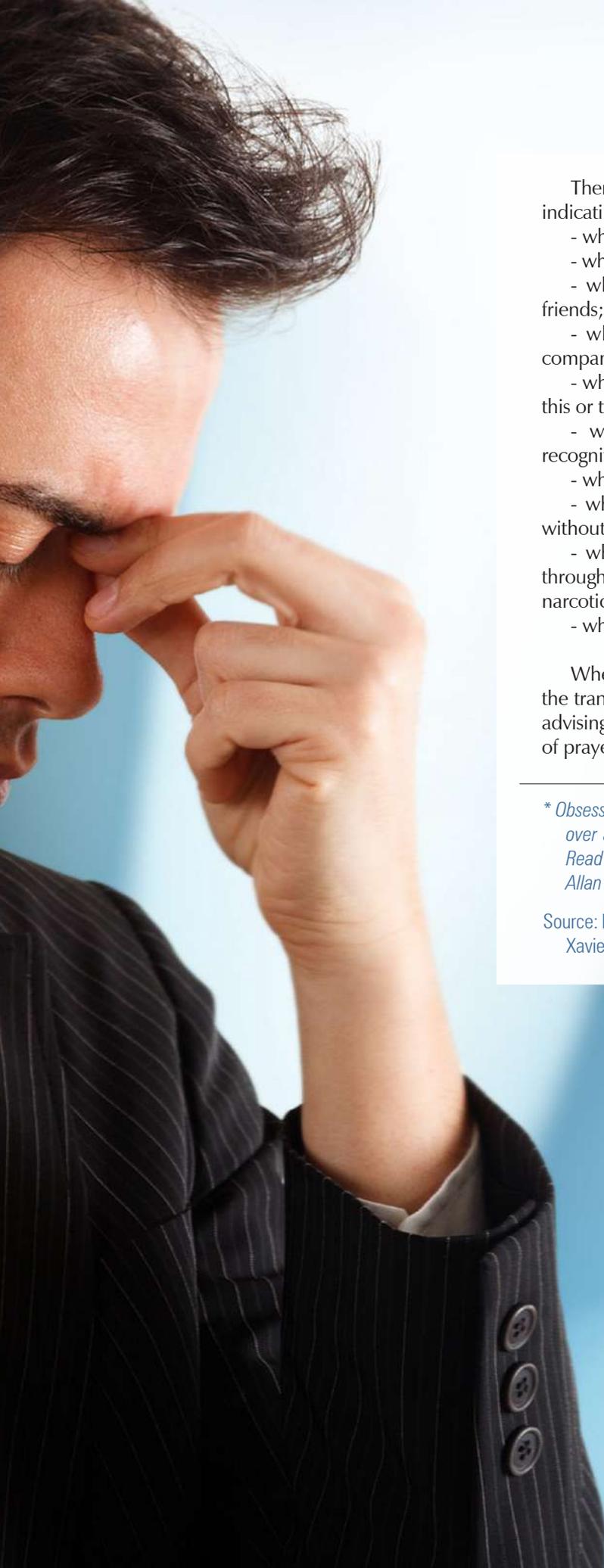
Source: Book *Passos da Vida* by the Spirit André Luiz through Chico Xavier, Chapter 17.

Alarming Signs

REFLECTION

> Scheilla (Spirit) / Chico Xavier (Medium)





There are ten red signs on the path of experience indicating a likely fall in obsession*:

- when we enter the range of impatience;
- when we believe that our pain is the greatest;
- when we come to see ingratitude in our friends;
- when we see evil in the attitudes of the companions;
- when we comment on the less happy side of this or that person;
- when we demand appreciation and recognition;
- when we assume that our work is excessive;
- when we spend the day demanding effort without engaging in the slightest bit of service;
- when we intend to escape from ourselves through the a drop of alcohol or the a pinch of narcotic;
- when we judge that duty is others only.

Whenever one of these signs comes to pass in the transit of our ideas, the Divine Law is present, advising us on the prudence of stopping in the aid of prayer or in the light of discernment.

** Obsession is any persistent negative influence of one mind over another. It may also be called Spirit attachment. Read more in chapter 23 of The Mediums' Book by Allan Kardec.*

Source: Book Ideal Espirita by Several Spirits through Chico Xavier and Waldo Vieira, chapter 27, published by CEC..

Swedenborg Communicates



My good friends and faithful believers, I wanted to come among you to encourage you in the path that you follow so firmly regarding the Spiritist issue. Your zeal is appreciated in the world of the Spirits. Press on, but be cautious for the obstacles will still hinder you for some time. Detractors will always be around, as it happened to me. A century ago, I preached the spiritual ideas and I had enemies of all sorts; but I also had fervent adherents, and this sustained my courage.

My spiritual principles and my doctrine are not exempt from great mistakes, which I now recognize. Thus, eternal punishment does not exist. I see that God is very just and very good to punish eternally the creature that does not have enough strength to resist passions. What I also said about the world of angels, which is what I preached in the temples, was only an illusion of my senses; I thought I saw it and I acted in good faith, but I was wrong.

You are in a better pathway because you are more enlightened than we were in my time. But be careful, so that your enemies do not have very strong weapons against you. Courage, then, because the future is guaranteed to you. *What gives you strength is the fact that you speak in the name of reason. Do you have questions to address to me?* I will answer them.

1. It was in 1745, in London, that you had the first revelation. At that time you were already theological issues?

"I was busy with this, but I did not absolutely want this revelation: it came to me spontaneously.

2. What was the Spirit that appeared to you, saying to be God? Was it really God?

"No. I believed what the Spirit said because he felt like superhuman to me. I was flattered.

3. Why did he take the name of God?

"To be better obeyed."

4. Can God manifest himself directly to men?

"Surely, He could, but He does not."

5. Can God manifest himself directly to men?

"Surely He could, but He no longer does it."

6. Then there was a time when he would have manifested?

"Yes, in the earliest ages of the earth."

7. That Spirit made you write things that today are recognized as erroneous. Did he do it with good or bad intention?

"He did not do it with evil intent; he himself was deceived, because he was not sufficiently enlightened. Now I realize that the illusions of my own Spirit and my intelligence influenced him, badly. However, in between some of the system errors, it is easy to recognize great truths."

8. The principle of your doctrine rests on the matches. Do you still believe in these relationships between every thing of the material world, and every thing of the moral world?

"Not; it's fiction."

9. What do you mean by these words: "God is Himself man?"

"God is not human, but humanity is the image of God."

10. Could you elaborate a little more?

"I say that human beings are the image of God because intelligence, the genius sometimes receives from heaven an emanation of Divine Omnipotence. He represents God on earth by the power that it exerts in the whole Nature and by the great virtues which is in your power to acquire."

11. Should we consider humanity a part of God?

"No, humanity is not a part of the God. It is just His image."

12. Could you tell us how you received the communications of Spirits? Did you write what was revealed to you as a medium or by inspiration?

"When I was silent and in recollection, my spirit was astonished, and I clearly saw an image before me. He spoke and dictated what I should write; sometimes my imagination mingled with it."

13. What should we think of the fact narrated by the knight Beylon, concerning the revelation you made to Queen Luisa Ulrica?

"That revelation is true. Beylon denatured it."

14. What is your opinion about the Spiritist Doctrine, as is it today?

"I told you that you are on a more sure path than that of mine, given that your lights are in general broader than mine. I had to fight against greater ignorance and, above all, against superstition."

Source: Mediumistic message received at the Parisian Society of Spiritist Studies on September 23, 1859, as published in the *Revista Espirita* by Allan Kardec, November 1859, published by FEB.



*Fernández Colavida's
Perseverance in the
Dissemination of
Spiritism in Spain¹*

The scarcity of material for the study and dissemination of Spiritism was an important limitation in early 1860's Spain. To mitigate this limitation, a dedicated Spiritist in Barcelona called José María Fernández Colavida decided to import a large amount of books and Spiritist journals from France. For this, he counted with the collaboration of French writer and publisher Maurice Lachâtre, who also resided in Barcelona at the time.

Lachâtre was therefore an intermediary in this import operation. Fernández Colavida was the recipient of these books and periodicals, according to the reports of Amalia Domingo Soler, Miguel Vives y Vives, Bernardo Ramón Ferrer, as well as the Spanish journals *Luz y Unión* and *El Diluvio*, analyzed in the research that we carried out and published in 2013 in the book *Divulgación del Espiritismo: enseñanzas del ejemplo de José María Fernández Colavida* (Dissemination of Spiritism: lessons from the example of José María Fernández Colavida).

The import operation complied with the legal requirements. However, by order of Barcelona's bishop Antonio Palau y Térmens, the imported books and periodicals were burned on October 9, 1861, by a priest with the help of customs officials in Barcelona's Citadel – the same place where criminals were executed. The episode became known as the *Auto de Fé de Barcelona*².

Much more than a historical fact, the *Auto de Fé de Barcelona* is a symbol of the attacks that Spiritism, personified by Spiritist workers, especially those dedicated to its dissemination, can suffer.

In face of a trial by fire, several reactions are possible.

One is discouragement, which does not always require fire to be instilled. Sometimes a shimmering flame is enough to consume enthusiasm in the work for good.

Another reaction is rebellion, the counterattack, which wastes valuable resources that should be devoted to uplifting work and involves in darkness the worker who would have the task of diffusing the light.

There is still the possibility of fear, which can lead to the paralysis of tasks, the escape from responsibilities and even the forsaking of Spiritism.

However, Fernández Colavida did not have these reactions.

He was not discouraged by the *Auto de Fé* de Barcelona, but he felt stimulated. He became the first translator into Spanish of Allan Kardec's works. He began to publish them in Spain and to disseminate them not only there, but also in many other countries, especially in America. He also founded a Spiritist journal of international scope. He became known as the "Spanish Kardec" for being the greatest leader and advocate of Spiritism in Spanish.

With respect to the aggressors, Fernández Colavida's answer was forgiveness and reconciliation. Nine months after the *Auto de Fé de Barcelona*, Bishop Antonio Palau died, and shortly after, he manifested himself as a Spirit, repentant, in the *Société Parisienne des Études Spiritistes* (Parisian Society of Spiritist Studies) and in the Spiritist center directed by Fernández Colavida. Since then, the Spirit of Antonio Palau started working with the "Spanish Kardec" in the dissemination of Spiritism. He also announced that the Citadel, where the Spiritist books and journals had been burned, would become a garden, which occurred a few years later.

Fernández Colavida knew that the attacks should not be feared. The aggressiveness, through which they manifest themselves, instead of being a demonstration of strength, is in fact a confession of weakness, of impotence in the face of Spiritism and all those who are faithful to it. They will never be able to annihilate neither Spiritism nor Spiritists. In fact, the *Auto de Fé de Barcelona*, whose purpose was to suppress Spiritism, had such a strong repercussion on the population, in the press and even in the higher spheres of government that served to disseminate it widely.

In short, the *Auto de Fé de Barcelona* and the example of the "Spanish Kardec" provide very useful lessons to face the challenges in the Spiritist work.

References:

¹Article published in *Correio Fraterno* newspaper – Brazil, issue 484 - November/December 2018.

² *Auto de Fé* or *Auto da Fé* was the public ceremony in which the Spanish Inquisition pronounced judgment and passed sentence on those tried as heretics. It also applies to the execution by the secular power of the sentence thus passed; especially, the public burning of a heretic.

Simoni Privato is a Brazilian diplomat and Spiritist researcher living in Montevideo, Uruguay.

Good News

> Humberto de Campos (Spirit) / Chico Xavier (Medium)

GOSPEL





Historians of the Roman Empire have always noted with astonishment the profound contrasts of the glorious time of Augustus.

Caio Julius Caesar Octavian came to power, notwithstanding his remarkable ascendancy, through a series of fortunate events. The elite of the old Republic could not believe in his triumph. Having allied himself against the takeover by Antonio with the traitors who murdered his adoptive father, his intentions were always confronted by bleak prospects. Indeed, his first victories began with the establishment of the triumvirate followed by the failures of Antonio in the East, which opened doors for him in unexpected ways.

As though the world at that moment were sensing a blessed renewal of values, all the legions rapidly surrendered without resistance to the son of the sovereign who had been murdered.

A new era began with that energetic and generous young man. As though influenced by a group of unknown forces, the greatest empire of the world now rested on a wave of harmony and joy after centuries of terrible wars.

Temples and noble monuments were raised everywhere. The hymn of a lasting peace started in Rome and it reached the most remote of its provinces. The long-suffering masses greeted these changes with happiness.

The city of the Caesars came to be populated by artists and noble, productive Spirits. A blessed sense of security was present everywhere. The laws were revised, providing the benefits of education and justice to the people. However, the unforgettable Emperor was feeble and sick. The chroniclers of the time referred repeatedly to the rashes that covered his skin, which from time to time, hurt like painful darts. Octavius was never healthy. His legs were always wrapped and his chest was always protected against the wind, which could cause incessant colds. Often, he complained about migraines which were followed by a feeling of weakness.

Not only in this manner had the Emperor suffered from the extreme twists and turns of human life. He, who had revived customs and had restored the purest family traditions, who had been the most successful in reorganizing the Empire, was forced to humiliate his deepest and most delicate feelings as a father and



sovereign by decreeing the banishment of his only daughter, exiling her to the island of Pandataria due to her reprehensible life of scandals in court. Later, he also was forced to take similar action against his granddaughter. He noticed that his beloved companion was becoming involved in private family matters, such as successive poisonings of his most direct descendants, causing feelings of distressful anxiety in his heart.

Nonetheless, his name was given to the illustrious century that saw his birth. The long years of his government were marked by unforgettable initiatives. The collective soul of the Empire never felt such sense of stability and joy. The glorious vista of Rome had never assembled so many wise men. It was during this time that Virgil, Horace, Ovid, Sallust, Livy and Maecenas arose as favorites of the gods.

Everywhere, superb marbles were being carved. Sumptuous gardens were being created. Palaces and sanctuaries were being built. Intelligence was being protected. Laws of harmony and justice were created in an ocean of unsurpassed peace. The chariots of triumph, for a while, had forgotten the bloody palms, and the goddess Victory would no longer smile on acts of destruction and slaughter.

While presiding over large, popular festivals, the Emperor, with his heart taken by anguish caused by the troubles of his personal life, often felt surprised when witnessing the joy and general tranquility of his people. Not able to explain the mystery of that endless wave of harmony, he cried from emotion when, from the top of his golden podium, he listened to Horace's famous composition, in which verses of undying beauty were emphasized:

Oh fruitful Sun,
With your shiny carriage
You start and end the day!
You always rise anew and always the same!
May you never see
Something greater than Rome.

That is because the historians of Augustus's time did not realize it was the Century of the Gospel or of the Good News.

They forgot that the noble Octavius was also a man and that, during his reign, they were not able to know that the realm of Christ was approaching the Earth in deep vibrations of love and beauty. Warlike spirits such as those of Alexander or Hannibal were not approaching Rome



and the world, but other spirits dressed in fishermen's rags would serve as the indestructible base of the eternal teachings of the Lord. Spirits, who would be preparing for the arrival of the Lord, were immersed in the spiritual fluids of the planet. They would become humble and immortal followers in his divine footsteps.

It is for that reason that the mystical ascendance of the era of Augustus occurred amid the peace and the joy of the people who instinctively felt that they were on the verge of a heavenly transformation.

The Sublime Emissary was going to arrive on Earth. His lesson of truth and light would spread throughout the world as showers of magnificent and comforting blessings. From that moment, humanity was living the century of the Good News. It was the "engagement party" that Jesus referred to in his undying teaching.

After that feast of the hearts, which served as an indelible guide to humanity's harmony, the Gospel would remain the most lively and beautiful book of the world, constituting the permanent message of heaven among the beings who are in transit through the Earth; the map of blessed spiritual heights; the guide of the way; and the manual of love, courage and everlasting joy.

So, in order to maintain such characteristics among humanity as the expression of his wise will, Jesus recommended to his apostles that they initiate his glorious testimony with the hymns and the sweet scents of Nature under the wonderful light of a star that would guide kings and shepherds to the rustic manger where the first notes of his melody of love were chanted. They should also finish it with a luminous vision of the future of humanity in possession of the blessings of redemption. It is for this reason that the Gospel of Jesus, which is the book of love and joy, begins with the description of that glorious Christmas night and it ends with the profound vision of the liberated Jerusalem as described by John in his divine prophecies of the Apocalypse.

Source: Source: Book "Boa Nova" (Good News) by Humberto de Campos (Spirit) through the psychography of Chico Xavier, chapter 1, published by FEB. The book was translated by the team of the Spiritist Society of Virginia. The copyrights of the translation were given to the Brazilian Spiritist Federation. We wait for its publication. Meanwhile, we recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio's YouTube channel.

Safety in Transition

Euripedes Barsanulfo (Spirit) / Corina Novelino (Medium)

BARSANULFO





May the Master protect and illuminate us!
Your comprehension must already assess well the gravity of the moment that your world crosses.

Spirits in charge of the enlightenment of minds, in the knowledge of the eternal laws of justice, have for millennia been employing all their inexhaustible capacity for action and love in favor of this movement. However, only now does it seem that there are hearts taking on the disposition to understand the sacred lessons of salvation.

This way, despite this understanding, few have been linked to the harmonious concert of love.

There is always a tendency in the human heart for the analysis of the small details of the feelings that are vibrations and constitute the happiness of the spirits.

In general, however, analysis is stationed in the region of unproductive theory, through beautiful discourses, brilliant concepts, phrased and beautiful phrases.

Look carefully! The moment is serious!

Your assistance to those who, ignorant of the sublime laws of love, deserve all the protection of your understanding and your tolerance, for your activity.

It is necessary that you reflect any and all demonstrations of reprisal against those who will best benefit from your loss and your desire to help them in the search for spiritual enlightenment for the lessons of the Gospel.

Avoid at all costs, in this serious hour of transition, the strife in the home, in the street, in the workplaces.

Remember that the home is the sanctuary that we must respect with the purity of the thoughts and the acts.

Do not forget that the street is one of the greatest opportunities that should be sanctified with cordiality, delicacy and understanding.

Do not forget that in the work places we leave the marks of our spirits through the energies we print in everything. Let these fluids be benefices to the companions that Providence placed beside us for the blessings of the work.

Everywhere it makes the qualitative stamps of your character and of your heart and of your heart printed. Let us seek inner peace as the shield of our spirit, at a time when all our capacity for action and love will be required in preparation for a new era of work and improvement.

Where does peace of conscience come from? The question is there for your awakening in meditation.

Jesus blesses and strengthens us!

Let us pray and watch.

Source: Source: Book Euripedes, o Espírito e o Compromisso by Corina Novelino through the medium Alira Bessa França Amui. The above message was psychographed by the medium Corina Novelino and published by Editora Esperança e Caridade.

The Scarecrow Spirit

SPIRITIST TIP

> Hilario Silva (Spirit) / Chico Xavier (Medium)





The astute commander of the dark forces gathered together a group of entities that had just returned from the physical realm in their battle against the Spirits. These entities were giving an account of their accomplishments.

"I," said one of the persecutors sarcastically, "tortured the mind of one of the most devoted speakers of Kardec, preventing him from giving talks at the podium for two months."

"Wonderful!" said the commander. "However, this must have brought many benefactors precisely to his aid."

"I," belittled another "caused a child to fall annulling the work a valuable pass-giver for two weeks."

"Excellent!" agreed the director of the dark forces "but this does not help much because many of those from the higher planes must have come..."

Others spoke enumerating their inferior activities without sparkling much enthusiasm on the part of the cruel mentor.

One of them informed, however:

"I found this group of sincerely devoted Spiritists. I started attending to their thoughts. I told them that they are imperfect, imperfect, imperfect. At one point, they all believe themselves to be worthless. Then, they all crossed their arms and began to fall asleep giving way to lack of energy and discouragement."

The sinister leader roared with laughter and urged the shady group to urgently spread the scarecrow of imperfection amongst every Spiritist nuclei.

Source: Book Ideal Espírita (Spiritist Ideal) by Several Spirits through Chico Xavier, published by CEC.

Prayer for Children When Going to School

May your teacher feel the presence and the protection of God.

May your classmates feel the loving presence and protection of their guardian angels.

May you rejoice in the presence and protection of your guardian angel.

And thus learn, love, and serve all.

So be it.

Source: Psychographed message by Vanessa Anseloni on the mediumistic meeting at the Spiritist Society of Virginia, Chantilly, VA, USA, on March 3, 2019.



Mediumship

➤ Emmanuel (Spirit) / Chico Xavier (Medium)



Mediumship without exercise in the good is similar to the professional title without the practice that corresponds to it.

Medicine is venerable in its purposes, but if the physician abhors the sick, he is not worthy the admission into the healing apostolate.

*

Tillage is a service that assures the community of daily bread. However, if the individual of the field hates the plow, preferring to accommodate himself with inertia, it will be pointless for the glebe to receive the support of the sun and the blessing of the rain.

*

Mediumship is not pretext for anyone in the outward phenomenon or the useless ecstasy in the manner of the child stunned in the dazzle of the vulgar feast.

*

Above all, it is a path of arduous work in which the spirit is called to serve mediumship. Thus the individuals must consecrate the best of their own forces to collaborate in the development of the good.

*

Therefore, the medium will be a watchful vigilant of progress with the obligation of

continually improving himself to reflect with greater certainty the word or suggestion, thought, or suggestion of the Greater Life.

*

In this sense, knowing that the human experience is a vast hive of struggle in which all sort of discarnates swarm, it is urgent to adjust to the company of Higher Order, seeking in the coexistence of Benevolent and Wise Spirits the ideal climate for the mission that is supposed to be fulfilled. That means constant discipline in noble study and untiring action in beneficence on behalf of others.

*

This is the only path of access to Higher Life, through which, the medium help without expecting to be helped; serves without demand; and distributes the talent without retribution. In this way, the medium may effectively honor mediumship by spreading the fruits of Peace and Love that come to them from life in gradual progress towards the Great Light.

Source: Book *Mediunidade e Sintonia (Mediumship and Attunement)* by Emmanuel / Chico Xavier (Medium). The book was translated by the team of the Spiritist Society of Virginia and Kardec Radio. We recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio's YouTube channel.

DISCOVERING THE REAL WORLD
WITH DIVALDO FRANCO

A photograph of a young couple sitting together on a couch. The woman, on the left, has voluminous curly brown hair and is wearing a purple long-sleeved shirt and blue jeans. She is laughing joyfully, holding a glass of iced tea with a lemon slice. The man, on the right, is wearing a light blue t-shirt and is smiling warmly at the camera. The background shows white window blinds.

Contraceptives and Family Planning

> Joanna de Ângelis (Spirit) / Divaldo P. Franco (Medium)



Many significant assertions have been presented to justify family planning through various methods of contraception. The arguments for these measures are sociological, ecological, economical, and demographic.

One point that is commonly stressed is the nutrition factor and the insufficient resources of the Earth for a population that multiplies geometrically....

The more enthusiastic propose drastic measures to stop procreation by sterilizing all couples with two children, without any concern for the future. This would render the procreative function into a mere machine, whose only purpose would be pleasure that cannot always produce harmony and well-being.

We are no doubt facing a problem of extensive proportions. However, it should be studied by the light of the Gospel not by the cold and complex calculations of materialism.

Man may and should plan the family he wants to have, such as the number of children and the right period for maternity. But he can never evade the compelling expiations that are his to fulfill in relation to previous lives.

Yet, it is preferable to use contraceptives than resort to abortion....

Children, however, are not the product of mere chance, resulting from random events in life. They come according to pledges accepted before reincarnation by both future parents, in order to build the family needed for everyone's progress.

Parents have the choice to postpone receiving the Spirits with whom they had previous links. They can even totally refuse their incarnation through them. But how foolish an act this would be; for the Supreme Laws of life will see to it that the rejected ones knock at the door of their debtors and creditors under different and possibly very painful, circumstances. Add to this the complication caused by the irresponsibility of a couple who would have acted in open disregard of the divine laws.

It is claimed that having children and not being able to educate them, simply to increase the world population, would mean poverty for them, and a bleak future for society....

Even this argument bears a materialistic sophistry, which also inspired the unfortunate views of Malthus and later the neo-Malthusianism....

No one can have a perfect vision of Humanity's future. Those who attempted it were confused with their own predictions on observing the succession of events during their own lifetime....

Each day a new method and a new solution are presented for the problems of humanity.

However, the scarcity of love in the hearts of people, the lack of affection and mercy, cause a hunger for brotherly feelings and are responsible for widespread misery.

We won't take into account the great wars which man has devised and which Divine Providence utilizes to keep the demographic balance. Nor do we refer to the seismic catastrophes that bring ravaging destruction every day, thus inviting man to constructive reflections...

When a child is born into a home, it brings the elements needed for this child's inner and outer progress.

Some parents act very cautiously waiting until they are financially able to start having children. This is not always a valid argument. There are circumstances in life that lead some to economical ruin and others to abundance and prosperity, after their children are born.

Family planning cannot be based on the general opinion of frightened demographers. It should be the product of a frank and sensible dialogue between the parents-to-be, who bear the responsibility of the decisions they make.

The application of contraceptives such as uterine implants, even when considered legal and hygienically safe, needs to have a moral justification to avoid negative ethical consequences.

The so-called need for "free love" has required the inordinate use of contraceptive pills, thus encouraging licentiousness, the dissolution of customs, and the moral and social disruption of man. These members





of society will then become prone to delinquency, violence and the frustration that lead to unhappiness, drug abuse, mental instability, insanity and suicide...

Laboratory experiments with animals, allowing them to procreate continually, have demonstrated that overcrowding in limited spaces causes them to hallucinate and weaken...

Hence, the hurry to conclude that the same situation is happening to humankind so as to justify the failure of ethical values. They use these observations as a basis to encourage the need to avoid spontaneous procreation.... The facts, however, demonstrate that the phenomenon is not the same with man.

When the principles of the Gospel are truly applied, peace and harmony will reign in the hearts of Humanity...*

*

Before any final decisions are made as to the validity of one or another means to contraception with the idea of helping the so-called overpopulation problem, go to the Gospel, pray, and meditate. God provides everything, using man to accomplish His ends.

Everywhere in creation prevail the laws of balance, and especially of biological balance. You will agree if you look around.

Animals multiply and species appear and disappear by natural, evolutionary processes. Many extinct species were victims of man's violence.

However, divine order has always programmed, in wisdom, spontaneous reproduction as well as extinction.

As to the specter of hunger, let's remember that it was spoken of even before the Earth was over-populated, when plagues and wars decimated cities and whole countries.

Keep the moral codes etched in your spirit and plan your family with confidence, surrendering your affairs to God and trusting in all things good, for ultimately everything proceeds from Him, the watchful Father of us all.

Source: *Book After The Storm* by the Spirit Joanna de Angelis by the medium Divaldo P. Franco, chapter 10, LEAL publisher. The book is out of print.

Nestor Masotti's International Role

NOWADAYS

Antonio Cesar Perri de Carvalho (*)



Nestor João Masotti (1937-2014) played a significant role in the International Spiritist Council (ISC). Almost seven years after his departure from the ISC, the memory of his international performance is timely.

Next to Nestor, we lived moments prior to the formation of the ISC, since the First International Spiritist Congress (Brasília, Brazil, October 1989) and we felt the interest for the creation of a worldwide organization, Nestor's motivation and the firmness of the president of Brazilian Spiritist Federation (BSF), Francisco Thiesen. Supported by the President Juvanir Borges de Souza; Vice-Presidents Nestor and Altivo Ferreira; and the director Paulo Roberto Pereira da Costa, a first international meeting took place in Liège (Belgium, 1990) and in São Paulo during the FEESPÍRITA Congress (1991). We supported this meeting as president of the Union of Spiritist Societies of the State of São Paulo, including a dinner with representatives of 16 countries.

After such meetings, the International Spiritist Council was created during the National Congress of Spiritism in Spain (Madrid, November 28, 1992), with the participation of nine member countries, which was gradually expanded. Nestor was part of the Executive Committee since the beginning. He was its Secretary-General for many years.

We attended the meeting of the Executive Committee of the International Spiritist Council during the First Spiritist Congress of the United States (Miami, October 2000).

Already residing in Brasília as per the request of Nestor Masotti, we collaborated in actions within the ISC and the BSF in several countries: World congresses; workshops for the preparation of workers; encouragement for the establishment of national entities in several countries; the recovery of the Revue Spirite; creations of TVCEI (International Spiritist TV) and EDICEI (Book publisher). Nestor Masotti encouraged the creation of EDICEI posts in Winterthur and Miami. With dynamism, he worked for self-sustainability and decentralization of the ISC.

Here are comments from participants at key ISC events such as Elsa Rossi (UK, member of the ISC Executive Board): "I have been witnessing and collaborating in all the Congresses promoted by the ISC, since its foundation in Madrid. The call for this task with the ISC happened before its foundation and was strengthened in the First World Spiritist Congress (Brasília, 1995). We already had contacts worldwide and organized during the period of this Congress visits of delegations to institutions in Curitiba. I solidified that commitment, and I decided



to emigrate to the UK to give more support to Europe. I learned a lot from Nestor Masotti and I carry the booklet of his teachings in my heart. He would not leave anyone out. He never excluded people, groups or federations. I learned from him to build bridges of brotherhood, potential for unity, to support those who wanted to make themselves available to the work implementing studies, even small groups, following the advice by Kardec. To the groups without conditions to import books, Nestor Masotti sent them books free of charge. He supported us in the preparation of the booklet *Meetings on The Spiritist Philosophy*, in order to meet the workers and regulars who did not understand Portuguese. He helped us a lot. We always got his support from the ISC, BSF or people who could support events in other countries. From 1992 to 2016, the ISC grew in tasks: TVCEI, EDICEI, Magazines, Quarterly Bulletin, Congresses, Seminars, Manuals and Campaigns such as the one offered by Portugal "Love for life", to be adapted to the needs of the countries."

Charles Kempf (France, former Secretary General of the ISC) reports:

"I met Nestor for the first time" by chance "in Recife during a regional meeting of the BSF in 1991. We had a brief and cordial interview, and as I was searching for Spiritist centers in France, he informed us about CESAK and Claudia Bonmartin in Paris. In 1992, I began to help Roger Perez, president of USFF; I participated in the 1st World Spiritist Congress and the 2nd Ordinary Meeting of the ISC (Brasília, 1995). Then, I got to know Nestor better.

He replaced Rafael Molina in the general secretariat of the ISC. I became more active in Spiritism in 1995."

Nestor planned the release of Chico Xavier's books by ISC and promoted the translation and edition of these books with permission from BSF with translations by Frenchman Pierre-Etienne Jay, who lived in Brasilia. The inaugural and historical launch of three books by André Luiz in French by EDICEI was held in Paris (22 and 23/10/2005) during the Symposium for Preparation of Workers and Leaders for the Spiritist Movement of the French and Francophone Spiritist Union, coordinated by Roger Perez. Nestor was sick and credited us to represent him, as well as Evandro Noleto Bezerra, director of the BSF.

Elsa Rossi intermediated the translations into Russian and we were together at the launch of these works in Minsk (Belarus, November 2009).

"At the ISC meetings with country-members and invited guests, Spartak Severin from Belarus attended. Spartak showed us his professional translations from French to Russian for state TV in Minsk and I made the bridge with Nestor. From these contacts were born at no cost to the ISC Russian subtitles of films and seminars. He lost his job in accordance with the conditions of his country and under contract went to translate to the ISC the works in Russian. He translated books by Kardec, André Luiz, Emmanuel, Yvonne A. Pereira and Divaldo; there are still others awaiting publication."



Historical clarifications by Charles Kempf on the Spiritist Magazine: “The continuation of the *Revue Spirite* was the major concern of Roger Perez, who regained its rights in 1988 after deviation to parapsychology by the former Union Spirite Française in the days of André Dumas. Roger and his small team produced the magazine “manually” with great effort. Nestor, as Secretary General of the ISC, inspired great confidence and Roger, with his sudden inspirations, publicly requested that the ISC take over the edition of *La Revue Spirite* at the 2nd World Spiritist Congress (Lisbon, 1998). At the 7th Regular Meeting of the ISC in Miami (October 2000), this proposal was approved. Supported by the Editora O Clarim (Matão, SP, Brazil) in composition and printing, the first issue came to life in the second quarter of 2001 before the 3rd Congress in Guatemala. The ISC became co-owner of the brand on January 29, 2001 and its sole owner in 2009. The *Revue Spirite* had versions in Spanish, some numbers in Esperanto and Russian, one in Portuguese and maintains its English version. From the second quarter of 2011, the ISC transferred the *Revue Spirite* to the Mouvement Spirite Francophone, which was approved at the IEC Meeting in Montreal (2012).”

Nestor participated in events at the United Nations. Charles attended the Millennium World Peace Summit of Religious and Spiritual Leaders in New York (28-31/8/2000). The BSF, Divaldo Franco and the ISC signed the peace “compromise” at the event.

We also participated in the “Tribute to Chico Xavier”

at the United Nations on June 8, 2010 organized by Vanessa Anseloni with support from Nestor Masotti and participation by the United Nations’ official Rosely Saad.

Nestor abruptly left the ISC for health reasons at the end of May 2012. Then, we substituted him as acting chairman of the BSF and Charles Kempf took over as interim secretary general of the ISC. There was a meeting of the Executive Committee of the ISC to become aware of the new scenario, as several projects by Nestor linked to the administration and funding of the ISC were interrupted. This scenario led to technical analysis and emergency management measures with the support of the Executive Committee of the ISC and BSF, as we also convened meetings of its collegiate bodies. We followed the new phase of the ISC as a member of the Executive Committee until the end of the term of Secretary General Charles (2016), and as president of the ISC until March 2015, keeping the commitments and the back to the ISC.

Regardless of the difficulties of lesser or greater intensity, we extol Nestor Masotti’s efforts for 20 years to consolidate, energize and provide the ISC with tools for the international diffusion of Spiritism.

Source: This article was first published in the *Revista Internacional do Espiritismo*, Year XCIII, issue 2, February 2019.

Antonio Cesar Perri de Carvalho is the former president of the Brazilian Spiritist Federation and former member of the Executive Committee of the International Spiritist Council.

Family Preparedness

TEACHING



> Brother X (Spirit) / Chico Xavier (Medium)

Family problems will always be one of the fundamental issues of human happiness, no matter how much they are neglected by us while we are seeking to evade direct responsibility for them.

It is a tremendous mistake to suppose that death erases memories, like a sponge that absorbs the vinegar while cleaning a culinary object.

The less worthy familial bonds will surely be extinguished in the shadow of the grave, when valiantly endured and regarded as a purifying sacrifice in the material existence. Perhaps ninety per cent of all marriages, unhappy by the absence of spiritual affinity, are extinguished at death, which naturally releases the victims from the shackles and the tormentors.

The Gospel of Jesus teaches among the living that God is not God of the dead, and those who have lost their bodies of flesh, feeling more alive than ever, also add that God is not God of the condemned.

May the Othellos of the Earth be cautious in their relationships with the virtuous Desdemonas of the world, because, beyond the corpse, they cannot stab the wives free from the flesh; and the jealous women, disheveled in the night, shouting insulting blasphemies against their innocent husbands, be prepared for a long period of separation in the invisible sphere, where, in the best of hypotheses, they will receive re-education services in their own favor.

Death would be a terrible monster if it were to consolidate the earthly shackles on those who heroically tolerated the tyranny and selfishness of others. Beyond its walls of shadow, there are sublime castles for those who loved with their soul and treasured, with the purest feeling, the ideal and the hope in a better life; and there are

also dark precipices, where descend the insurgents, in despair, for not being able to oppress and martyrize any longer, the devoted and sensitive hearts that surrounded them on Earth.

Having made the observation referring to the principles that govern the spiritual society, let us remember the educational mission that the world gives to the hearts of parents, in the name of God.

Would it be a casual act of Nature to reunite two people, converted into the father and mother of other beings? Mere eventuality the erection of a crib adorned with flowers? Medicine says that this is a simple biological event; the political statute lists one more inhabitant to enrich the Earth's settlement; and Theology sustains that the Creator has just formed another soul destined for the theater of life, in the meantime, the domestic institution celebrates the occurrence with wild joy, undoubtedly very beautiful, yet neighboring thoughtlessness and irresponsibility. It is reasonable for parents to feel truly sublime emotions and to welcome the offspring of their love with indefinable outbursts of joy. However, it is necessary to add that the chicken and the lioness do the same. Certain birds in southern Europe even steal small jewelry from rich ladies in order to adorn the blessed nest for the arrival of the offspring.

For this reason, it is necessary to establish efficient services against inopportune and sterilizing care in the circle of Humanity.

Children are not souls created at the moment of birth, like the old teachings of organized priesthood affirm. They are spiritual companions of ancient struggles, to whom we pay sacred debts or from whom we receive pure joys, through credits of another time. The family institution is the sublime melting pot of purification, and the forgetfulness

of this truth can cost us a high price in the spiritual life.

Our soul is in a pitiful state when we return to the free life, with our heart still attached to the inferior zones of the Earth, as a result of having neglected our obligations as parents. It will be too late to try to teach the lessons of legitimate reality to our children; it will be in vain if we try to approach the beloved hearts to recall the eternity of life. Such impulses are found outside of the desirable occasion, because fantasy has already solidified its work, and illusion has modified the natural landscape of the way. Mourning and lamenting are of no use anymore. It is necessary to wait the time of mercy, since we undervalued the time of service!

Mothers and fathers of the Earth, be careful so as not to lose yourselves by poisoning the hearts of your children, distancing them from their duties and from work. Annihilate the selfish affection that blinds them, if you do not want to dig a future abyss!...

As I write, I hear a friend, also taken away from human life already, who asks me to address the incarnated companions, with the following observations:

- Blessed are the parents, who are poor of money and fame, who do not interfere in their children's own initiative in the paths of earthly edification! Through rough and hard work, disappointments and difficulties, they teach the offspring of their home that they are brothers and sisters of the anonymous strugglers of the world; of the humble and the calloused, building their happiness in solid foundations and forming their hearts in faith and work, before they pervert their brains with vanities and fantasies! These, yes, may leave tranquilly the Earth, when death closes their tired eyelids... But unfortunate will be all the rich parents



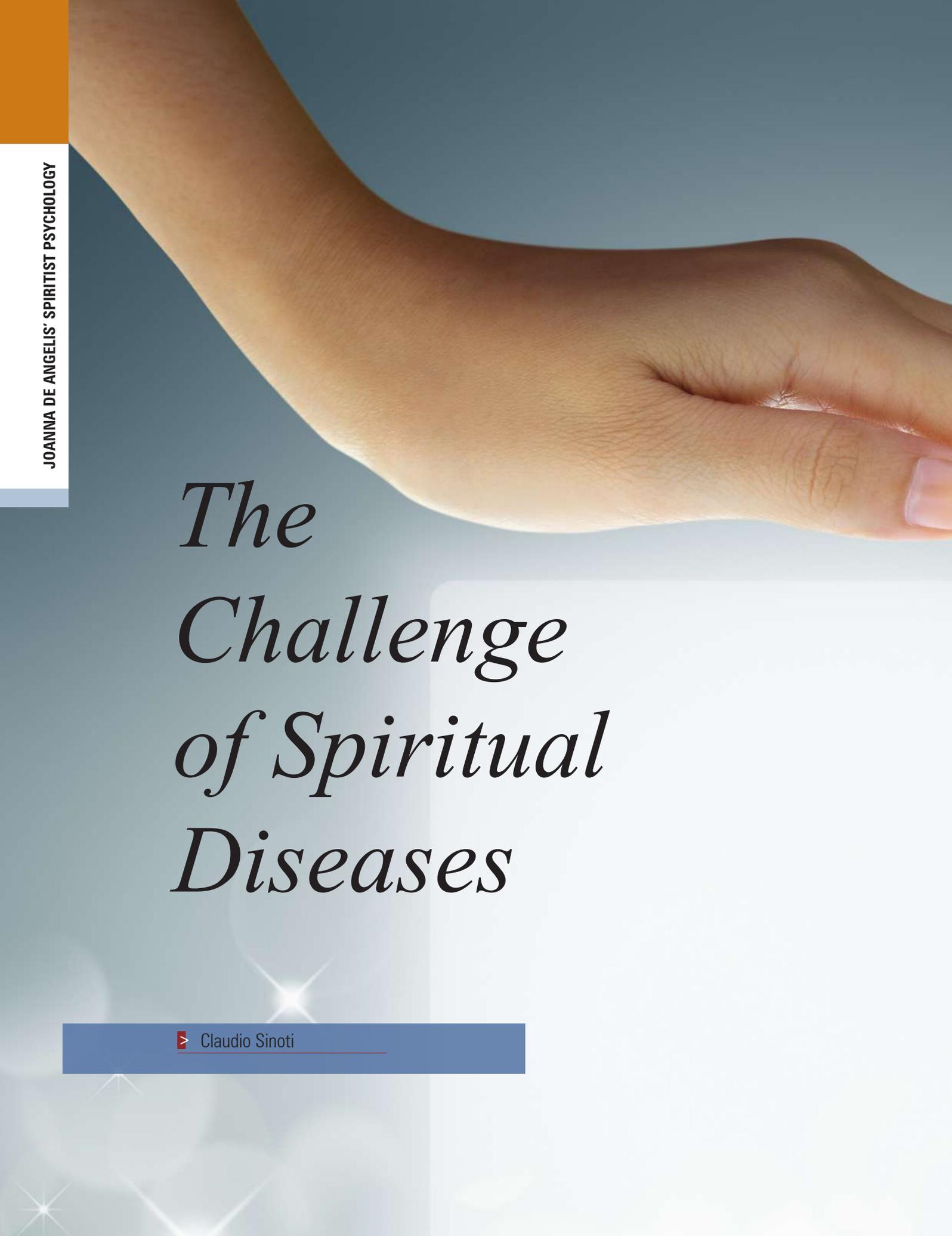


of worldly baggage, who disfigure the souls of their children, imposing upon them a false superiority through the artificialisms of paid instruction (education), filling their minds with harmful conceptions about the world and life, through the condemnable exercise of a false tenderness! These parents will be faced with serious accountability, because, in fact, they tried to deceive God, distancing their children from the truth and the divine light...After the death of the body, they will feel the pain of being forgotten on the day immediately after the funeral of their corpse, accompanying, in vain, as beggars of love, their children who are only interested in the division of the assets left behind, revealing cruel attitudes of selfishness and ambition. With these words from a friend, I end my humble observations on domestic responsibilities, but I doubt that there are parents and children in the flesh with enough sense to believe in them.

Trust God; accept the duty of each day, the Lord's will for the hours of today; do not flee from simplicity; keep the mind interested in uplifting work; focus on the "good side" of people, situations, and things; keep your heart without resentment; create hope and optimism wherever you are; reflect on the needs of others, seeking to eliminate or attenuate them; do all the good that you can for others without asking for compensation; help a lot; expect little; always serve; spread happiness in the path of others as much as possible.

Let us experience these concepts in practical life and acquire the luminous science of being happy.

Source: Source: Book Luz no Lar, authored by Several Spirits, psychographed by Chico Xavier, chapter 53, published by FEB.



*The
Challenge
of Spiritual
Diseases*



The advances in modern medicine that can diagnose and treat accurately and quickly numerous diseases are extraordinary; some of these diseases had decimated entire populations in recent periods of history. Nonetheless, new diseases emerge regularly, or old ones come in a new aspect, defying experts to deepen research on the enigmas of health -disease. And this leads us to ask: after all, what is the origin of our diseases?

During extended periods, re-search around the infirmities kept its focus on environmental and physiological aspects at the expense of the spiritual being that we are. Religions, which should take care and deepen the spiritual insight, considered the diseases, with a few exceptions, as divine punishment.

More recently Psychosomatics, which investigates the interference of emotions and the psychic state in the physical body, started a revolution in saying that many of the diseases are generated by our psychic imbalance and by our difficulty in dealing with our emotions.

But, without denying the advances in medicine and psychology, we highlight the profound thought of Allan Kardec, when he establishes in *The Gospel According to Spiritism*: "If doctors are unsuccessful in treating the majority of ailments it is because they treat the body without treating the soul. If the whole is not in good condition then it is impossible that part of it should be well.

"Spiritism, allying with science, shows us that the diseases largely result from the spirit that we are. When the spirit is sick, the wave that it sends and that shapes its spiritual body - the perispirit - affects the physical body, from its formation. Also, the genes are not the result of chance, and even "inherited" diseases are part of the spirit's evolution process, which brings in the body the marks of the past, of the right choices or mistakes.

To balance and harmonize the spiritual being that we become is the great challenge to achieve health. We may even have diseases, but the main thing is that we are not sick!

This article is reproduced from the excellent *The Journal of Psychological Studies*, issue 27. More issues and information, please go to: <http://www.spiritistps.org/en/the-journal-of-psychological-studies/>

Iris Sinoti and Claudio Sinoti are clinical psychologists in Brazil. As Spiritists, they have been leading the psychological studies of the works by Joanna de Angelis through the books psychographed by Divaldo Franco.

Thank You, Lord

WISDOM

> Maria Dolores (Spirit) / Chico Xavier (Medium)

Thank you, Lord ...
When you tell me "no"
To the indebted pleas I make
Through prayer.

Many of those gifts I ask,
Esteem, concession, possession, pleasure,
In my case, they might have been thorns
In the path that you gave me to walk.

At other times, I implore for favors,
Between mourning, crying, noise,
A mere whim, a simple commotion
That escape from my ego...

There are privileges I desire
Complaining to you the "yes"
That, if they flourished in my existence,
They would be disadvantages against me.

In many circumstances, I entreat affection
Without finding company anywhere
When you give me solitude by guide
that may inspire me to seek you.

Teach me that I am in the right place,
You did not connected anyone to me by chance
And that I enjoy now the best time
To get better at everything I need.

Do not listen to the crazy demands.
Make me realize
That I will reach beyond what is necessary,
If I fulfill my duty.

Thank you, my God,
When you say "no" to me with your love
And whenever I beg what I should not
Do not answer me, Lord! ...

The Death of a Wife in their Honeymoon

> Amalia Domingo Soler



The famous poet and playwright Victor Hugo once said: "The eyes only see God through the tears," and it is a great truth.

When we are in the midst of "happiness," our thoughts do not rise to God. The soul is content with what lies before it, whether it be an unlimited horizon or a piece of heaven within eyesight.

People say that no one remembers Santa Barbara until the thunder appears.

Sad but true. We have a very limited idea of what we - humans - are on Earth, and in the face of so many facts we must bow our heads and give up.

Looking at the newspapers, I noticed an article, which I copy below.

In the newspaper O Mundo Latino, I observed a story, which I transcribe:

An Italian correspondent broke the news of a sad tragedy that happened in the town Castellammare di Stabia, an Italian city, province of Naples, and it read as follows:

The newlyweds, Pascual and Carolina Sarrubbo, wealthy and young, got married this week.

Yesterday, after the ceremony, the newlyweds rejoined the matrimonial bed on the second floor of a sophisticated hotel. As they entered the room, the floor collapsed, causing the couple to fall into the apartment below in the middle of the wreckage.

On that floor a lady slept with her two children. They were seriously injured, and Carolina died in the arms of her husband, who was left unharmed.

Medium's comments

What a painful wedding night!

What have these unfortunates done in the past?

This terrible story was very moving, according to what my guide told me.

Spirit-guide's comments

Yes, they had a very touching event. To make this teaching useful, pay close attention to the narrative that I will tell you in a few short lines.

Pascual and Carolina were father and son in their previous existence. Pascual was the father, and Carolina the son (called Carlos). Belonging to the highest nobility, they were the king's knights, and so they stayed longer in the palace than in their own house.

Pascual was a very proud nobleman of his time. He deposited in his only beloved son, Carlos, all his hopes and expectations.

He had the firm conviction that he would marry a lady who belonged to the reigning monarch's class of the nation.

Pascual was important, with his nobility, his genealogical tree, his castles, his privileges and all the



greatness of his illustrious lineage.

However, his son Carlos was a simple, humble and carefree boy. He hated partying in the palace, and he liked being among his servants, particularly with a young girl who had grown up beside him, the daughter of a forest ranger. And since their infancy they were climbing trees to watch bird nests and eat green fruit.

They took long walks through the forest, always together, whether it was spring mornings or winter nights.

Pascual did not notice anything between the two teenagers, because he knew that his son needed to take in enough air and sun to develop his fragile body.

When Charles turned twenty years old, his father called him and told him very happily:

“My son, God heard my prayers. You will be part of the royal family. A king’s niece has taken interest upon you, and as soon as the monarch gives his consent, you will marry Elena.”

“But, Father,” said Charles, very upset, “you know my character and my taste ... I prefer life in the country. When I’m in the palace, I feel short of breath. Besides, I do not even know Elena ... When I get married, I want to love my wife, and Elena ... I know I’ll never love her; she is very proud, very imperative, and I do not want to be a toy in the hands of a woman, even if she was born on the steps of the throne.”

response and immediately realized that Carlos already loved another woman, but he hid his suspicions. He hired spies to follow his son. A few days later, they reported to Pascual what they had discovered. Carlos loved Anita, the forest ranger’s daughter, a humble and simple girl who had been raised with him since she was little.

When Pascual learned that his son loved a simple woman, he was furious. He called out to Carlos and said:

“I know everything! If you persist in your crazy passion, I will lock Anita in a nunnery and leave her there incarcerated, until you regain your reason. In the meantime, I’ll send you far from here. Now, if you agree to my proposal, I’ll give Anita a good dowry, and she’ll marry a man of her class. Think about it ... Her life depends on you. I’d rather see you dead than married to a woman unworthy of your lineage.”

Carlos, whose health condition was quite delicate, felt mortally wounded by his father’s desperation, but, mainly wanting to rid Anita of the confinement in a nunnery, he gave up and said, “Give Anita a good dowry; I’ll do as you wish!”

The father kept his promise, giving Anita a valuable dowry.

Carlos, in turn, felt his heart deeply hurt. While his father was preparing a sumptuous palace for him, Charles, very weak and like one, who is willing to die, surrendered his soul to God a few days before his marriage.



He asked them to call his idolized Anita in their last moments.

Anita, his childhood companion, joined the nunnery after Charles's death, where she died before taking her vows.

Pascual arranged for his son a very luxurious funeral. Between dead or married to Anita, the humble daughter of the people, he preferred the death of his heir to the dishonor of his ancestors with such an uneven marriage.

In Pascual, the feeling was unconscious, and his son, finding himself in the spirit world with his unforgettable Anita, agreed to return to Earth and choose Pascual, his father from yesterday, as the husband of today.

Pascual did not mourn the loss of his son Carlos, but now, as Carolina, the son could awaken his feelings by becoming his wife.

Pascual was not a bad person, just vain and proud. It was necessary to awaken in him a feeling, and for this purpose there is no alarm more powerful than the pain we feel for the loss of our dearest ones.

When Pascual swung his wife's body in his arms, he felt what he had never felt in all his previous existences. His feelings were violently aroused, and he wept in response to the sudden pain. The man, who was happy with his son's death, instead of seeing him with a common woman, now wept with tears of blood at the loss of his beloved wife.

He heard the alarm just in time. He heard the voice of the infinite that called him to reasoning, and from then on

he would not prefer any more titles to the moral virtues.

With this sad episode, the feeling of a soul that slept among its earthly riches was awakened. The children who were injured in the collapse are the spies who betrayed the love between Carlos and Anita. All receive what they deserve, since there is no debt that is not paid, nor a term that is not fulfilled.

The awakening of a soul is great happiness, for from a sensible being all good deeds can be expected, while of the vanity of his riches, one cannot obtain more than the fog of the selfishness and its grumpiness.

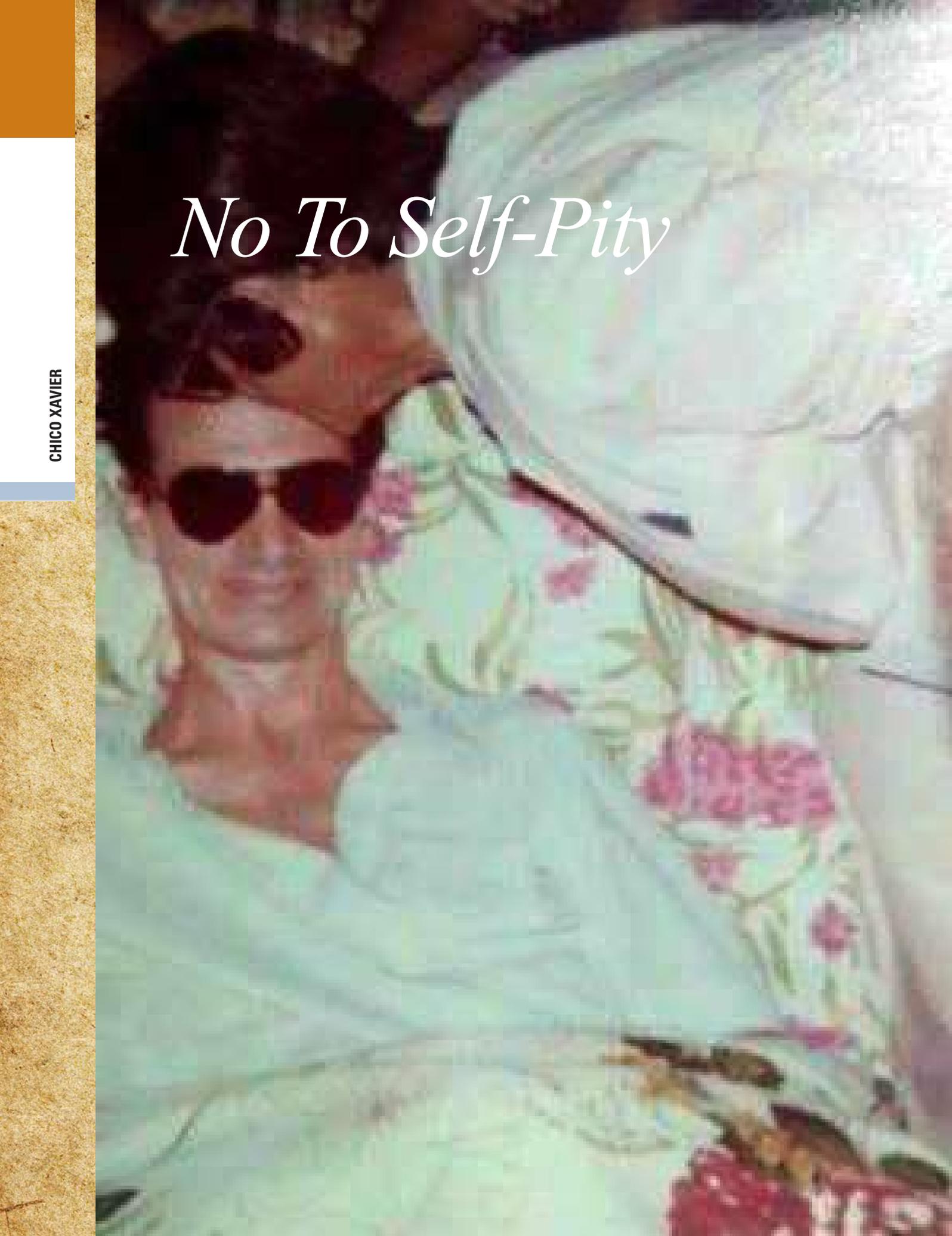
May the alarms of the centuries be sound, even if the souls weep when awakened, because the man who does not cry does not see God. We must weep a lot to see the rainbow that forms from our tears, and in this rainbow is the place where God is.

Goodbye.

Reflection

The Spirit Guide is right. Pain is the great alarm of humanity. The sleeping beings are dried trees. For fruits to grow, it is necessary to water them with the tears of pain.

Source: Book 15 Vidas Passadas (Fifteen Past Lives) by Amalia Domingos Soler, chapter 11. The book was translated by the team of the Spiritist Society of Virginia and Kardec Radio. We recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio's YouTube channel.



No To Self-Pity

CHICO XAVIER

The medium Jerônimo Mendonça lived lying in a bed, blind. In the middle of 1960, when he could still see, he had a hemorrhage in the urinary tract. The hemorrhage did not give in and he was going to discarnate ... Some mediums took him by plane to Chico Xavier since Chico was his great friend. When Chico saw him wrapped in a red sheet of blood, he told everyone there to kiss Jerônimo's hand, and commented that he looked like a red rose.

Jerônimo felt the vibration of energy in every kiss he received. Finally, Chico Xavier gave him a kiss and put his hand on Jerônimo's abdomen and remained so for a few minutes.

The hemorrhage stopped. At the invitation of Chico Xavier, Jerônimo gave a talk about the Gospel.

Thereafter came the explanation of Chico Xavier to Jerônimo Mendonça.

The reason for the bleeding was because he, Jerônimo, had accepted the "Poor little me" feeling.

"You have developed self-pity," said Chico. "You began to pity yourself and it has generated a destructive process. Your negative thought, fluidly interfered in your physical body, generating the injury.

"Win the "poor little me" thing, be cheerful, rejoice, sing, play, lest others feel pity for you."

Jerônimo followed the advice and lived almost thirty years after the event.

Let this story be an example to us in times of difficulty. Let us be in good spirits, overcoming our natural tendency of self-pity and discouragement."

Healing and Magnetism

FORGET ALL THAT YOU THINK YOU KNOW.



HA, HA, HA!! DID YOU KNOW THAT A LONG TIME AGO...

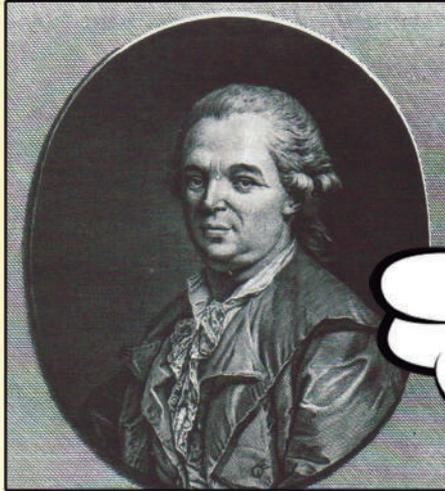
THERE WAS A DOCTOR THAT COULD HEAL JUST THROUGH THE IMPOSITION OF HANDS?

NO WAY? REALLY! TELL ME ABOUT IT.

WHAT ARE YOU PLAYING, LUPI?

I AM PLAYING "STRANGE DOG" AND I AM A DOCTOR OF TIME.

BEFORE THE SPIRITIST DOCTRINE CAME ABOUT, THERE WAS A MAN THAT HAD A VERY SPECIAL POWER.



HIS NAME WAS FRANZ ANTON MESMER.

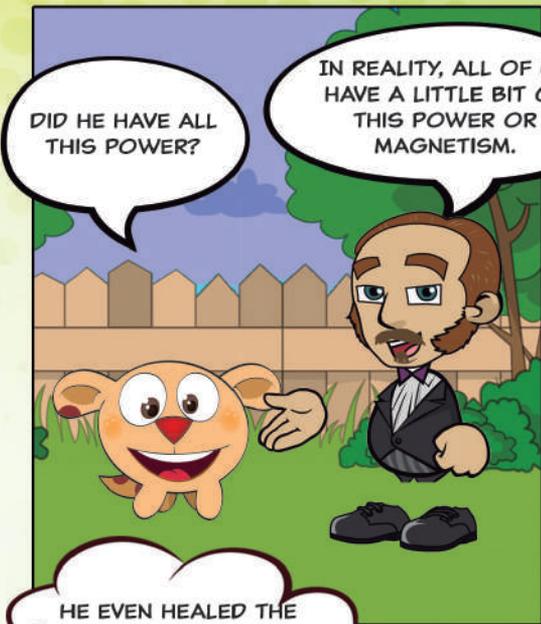
HE DISCOVERED MAGNETISM. DO YOU KNOW WHAT HE DID?

HE WAS ABLE TO HEAL PEOPLE AS SOON HE APPROACHED THEM WITH HIS HANDS.

WAIT, KARDEC... I KNOW: HE ALTERED TIME!

HA! HA! HA! NO, NOT REALLY, LUPI. LET ME CONTINUE...





DID HE HAVE ALL THIS POWER?

IN REALITY, ALL OF US HAVE A LITTLE BIT OF THIS POWER OR MAGNETISM.



HE EVEN HEALED THE QUEEN OF FRANCE, MARIE ANTOINETTE...

FROM A TERRIBLE MIGRAINE. DO YOU KNOW WHY?



BECAUSE SHE HAD NO HEALTH INSURANCE?

HA, HA, HA! NO, IT WASN'T BECAUSE OF THAT...

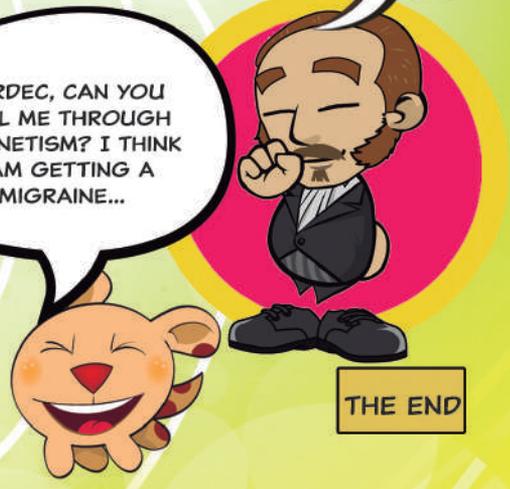
IT WAS BECAUSE HE DISCOVERED THAT MANY PEOPLE COULD BE HEALED THROUGH MAGNETISM COUPLED WITH STRONG FAITH...

I DISCOVERED HIS WORK LONG AFTERWARDS WHEN I RESEARCHED MEDIUMS.



KARDEC, CAN YOU HEAL ME THROUGH MAGNETISM? I THINK I AM GETTING A MIGRAINE...

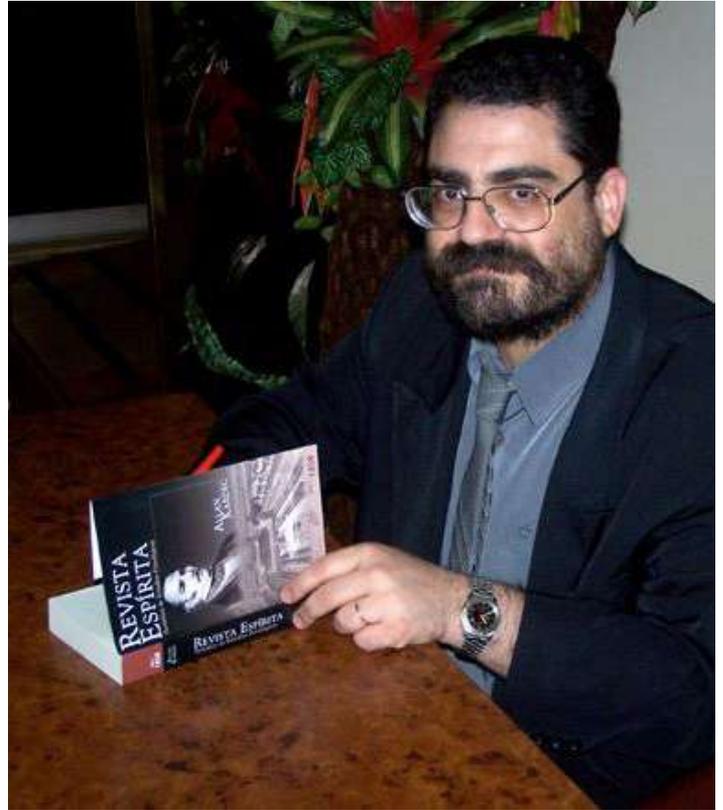
HA, HA, HA! ONLY YOU, LUPI!



THE END

Henrique Baldovino returns to the spiritual home

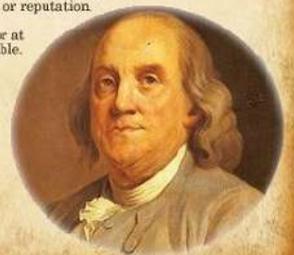
The Spiritist Magazine pays special homage to one of its faithful collaborators, Henrique Baldovino. On February 12, he discarnated in Brazil after a long illness. Henrique Baldovino left his wife Regina and his three children, plus a lot of friends. He really made a difference on Earth, especially in Spiritism. He is the official translator of the Revue Spirite to Spanish. He was one of the most reliable scholars in Spiritism in the current times. Our magazine had the honor to publish several of his articles disclosing historical aspects of Spiritism. Much gratitude for your integrity, Henrique Baldovino. We wish him many blessings in his return to the spiritual home!



Ben Franklin's 13 Virtues Program for Children

The Spiritist Society of Virginia created a booklet of 14 lessons based on Benjamin Franklin's 13 virtues. When Benjamin Franklin was 20 years old, he envisioned a program to improve himself. Later, he became one of the Illuminated Spirits to guide the implementation of Spiritism on Earth. His signature can be verified in the Prolegomena of The Spirit's Book by Allan Kardec. The coordinator of the project is Dr. Vanessa Anseloni who has been assisted by Dr. Carol Correa, Dr. Leticia Klausner, and Deise Galan. Soon the booklet will be available at www.ssvirginia.org.

TEMPERANCE	Eat not to dullness; drink not to elevation.
SILENCE	Speak not but what may benefit others or yourself. Avoid trifling conversation.
ORDER	Let all your things have their places. Let each part of your business have its time.
RESOLUTION	Resolve to perform what you ought. Perform without fail what you resolve.
FRUGALITY	Make no expense but to do good to others or yourself; that is, waste nothing.
INDUSTRY	Lose no time. Be always employed in something useful. Cut off all unnecessary actions.
SINCERITY	Use no hurtful deceit. Think innocently and justly; if you speak, speak accordingly.
JUSTICE	Wrong none, by doing injuries or omitting the benefits that are your duty.
MODERATION	Avoid extremes. Forebear resenting injuries so much as you think they deserve.
CLEANLINESS	Tolerate no uncleanness in body, clothes, or habitation.
CHASTITY	Rarely use venery but for health or offspring. Never to dullness, weakness, or the injury of your own or another's peace or reputation.
TRANQUILITY	Be not disturbed at trifles, or at accidents common or avoidable.
HUMILITY	Imitate Jesus and Socrates.



The 13 Virtues of
BENJAMIN FRANKLIN

Spiritism in Washington, D.C., USA



For the first time in history, a course on Spiritism is implemented in the capital of the United States of America. On March 10, 2019, Dr. Vanessa Anseloni together with members of the SSVA center launched a weekly course on Spiritism based on the Roadmap Program for the Spiritist Study and Practice. For more information on it, please go to www.spiritismindc.org.





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July, 4 - 5 2020
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THE Awakening OF THE SELF

TALKS

- *The Essential Being: An Exploration of Our True Nature* - Julio Carvalho
- *Making Sense of Reincarnation* - Marcia Trajana
- *Do We Live Our Fate or Create Our Destiny?* - Flavio Zanetti
- *Building Happiness and Peace a Thought at a Time* - Suzana Simões
- *Self-Awareness and Inner Transformation* - Luiz Lima
- *Love: The Driving Force of the Universe* - Edward Christie

SPIRITIST CONVERSATIONS

• WHY SHOULD WE CHANGE?

MODERATOR: Daniel Assisi

GUESTS: Heather B. Fonseca - David Cohen - Lia Gouveia - Jana Machado

• HOW CAN SPIRITISM HELP US?

MODERATOR: Daniel Assisi

GUESTS: Eduardo Haddad - Nahur Fonseca - Jussara Korngold

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