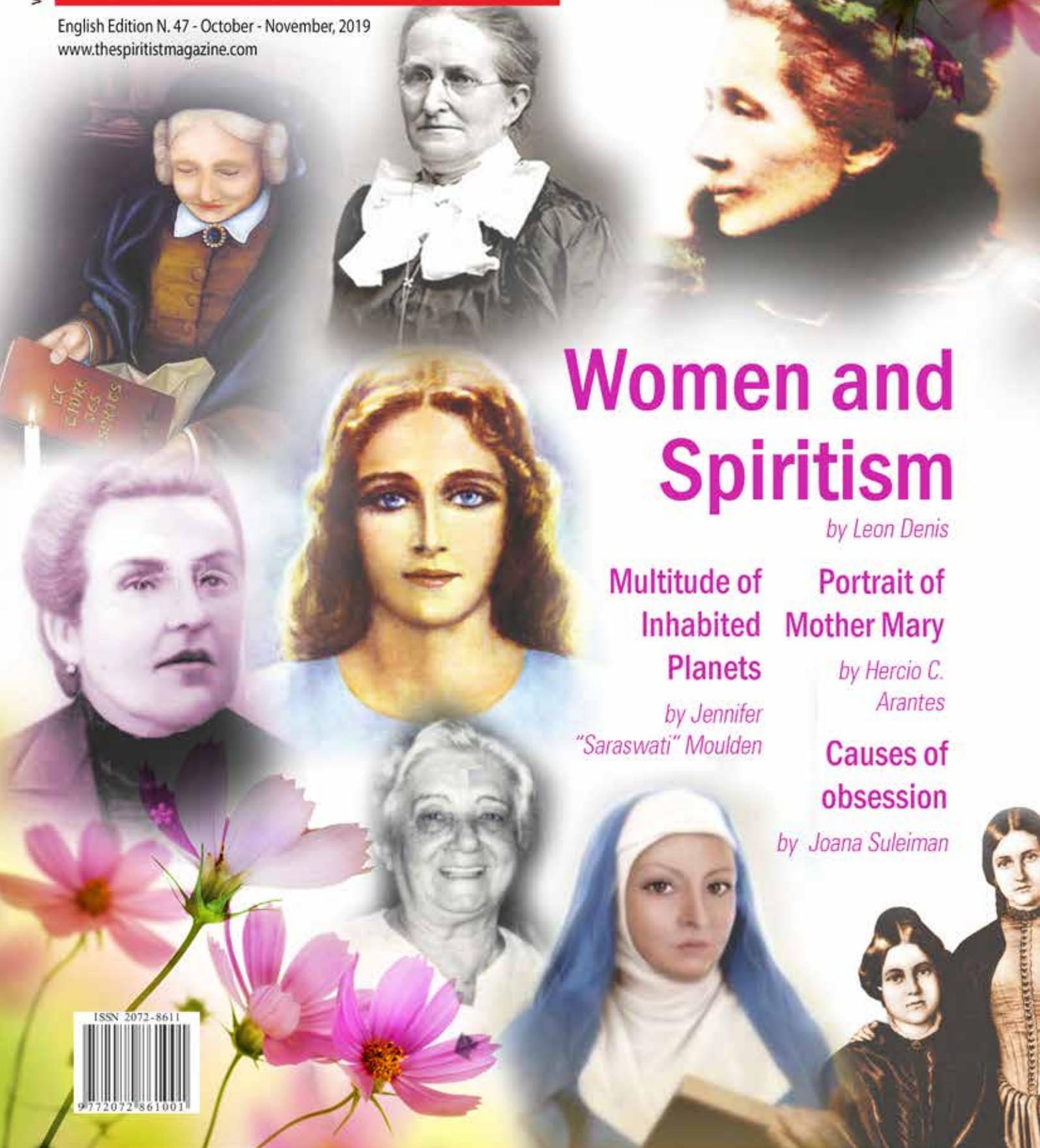


# THE Spiritist MAGAZINE

English Edition N. 47 - October - November, 2019  
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## Women and Spiritism

by Leon Denis

Multitude of Inhabited Planets

by Jennifer

"Saraswati" Moulden

Portrait of Mother Mary

by Hercio C.

Arantes

Causes of obsession

by Joana Suleiman

ISSN 2072-8611



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# Regarding Women

Andre Luiz (Spirit) / Chico Xavier (Medium)

Engross yourself within the ministry of the family institution as its guardian and engross yourself within the elevated task of guiding reincarnating souls into the physical realm.

The commitment to the good is of great importance in the spiritual realm.

\*\*\*\*\*

Distance yourself from appearances and fantasies, devoting oneself to moral achievements in keeping with eternal life, without being attached to captivating conventionality.

The return to the discarnate condition means to return to the profound consciousness.

\*\*\*\*\*

Attune oneself with Christian teachings so as to situate your soul within the service of maternal and educational duties, the duties of assistance, and the blessings of sanctifying mediumship.

Those who escape from the opportunity of being useful deceive themselves.

\*\*\*\*\*

Feel and understand your marital union obligations from the point of view of the multi-millenary life of the Spirit, acknowledging the need for regenerative trials that characterize the majority of earthly alliances.

Sacrifices represent the price of true happiness.

\*\*\*\*\*

Oppose any artificiality aimed to transform marriage into a simple sexual connection without the beauties of motherhood.

In the presence of children hate is wiped away, love is sublimated, and souls are harmonized for eternity.

\*\*\*\*\*

Recognize abortion as a serious offense that throws the female heart into an abyss of misfortune.

Misguided sex leads to a path of expiation.

\*\*\*\*\*

Preserve inner values by thoughtfully weighing your own choices with prudence and realism in your duties as a sister, daughter, companion, and mother.

The work of a woman is always a mission of love that extends to the infinite.

\*\*\*\*\*

**“‘Martha, Martha’, the Lord answered, ‘you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her’” (Luke, 10:41-42).**

---

Source: From the book *Conduta Espirita* by Andre Luiz (Spirit) psychographed by Waldo Vieira, chapter 1, published by FEB. The English version of the book was provided by the Spiritist Society of Virginia's team. Its copyright was given to the publisher. We await its publication.

# *Binomial nature for Immortal Acquisitions*

“No known achievement reaches the spirit without support in practice<sup>1</sup>.” Yes, dear reader, we were created to expand our creative nature and achieve an ever expanding possibility of our character towards the Light. In incarnating and repeating the movement successively, we have countless opportunities of acquiring endless virtues. As we play different roles while incarnated in the body of a man or of a woman, we acquire complementary qualities. Through effort and repetition, we absorb new values that will help us fulfill the designs of the Divine. Spiritism then values our binomial nature, the feminine and the masculine. Are we cherishing it?

In the Spiritist movement, since its forerunners (the Fox sisters) and first mediums (the teenage girls who belonged to Kardec’s group) to the current times, we observe the many women who form its majority in the world. Statistically, they have been the foundation of the movement. Many are anonymous; however, we may mention a few names as means to express our gratitude to all of them. Amalia Domingo Soler, Yvonne Pereira, Amelie Gabrielle Boudet, are amongst the countless

women who have sacrificed their lives to bring the message from Above to the world. Challenged by the need to work, family duties and the fulfillment of their mission/task in the Spiritist practice, they persist in leading the Spiritist movement in its true foundation.

Socially speaking, the value of Spiritism is immense in the emancipation of women, giving them voice and space in society before it really opened up in other fields. In Spiritism, men and women join forces and construct a new world of solidarity and beauty.

It is then on us to value the sacred opportunities of expanding our binomial nature with immortal acquisitions.

Blessed they are. Are you blessing this opportunity? Are you valuing it?

Let us then, dear reader, dedicate this issue to such reflection and renewed action in accepting our divine nature and let it shine!

---

Vanessa Anseloni, PsyD, PhD  
Editor-in-Chief

<sup>1</sup> Ceifa de Luz (Harvest of Light) by Emmanuel through Chico Xavier, chapter 15



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The Spiritist Magazine N. 47 October - November, 2019

SPIRIT MESSAGE

“While the world is wasting time with dispersive and inglorious struggles, may we seek the edification of our hearts through prayer and vigilance in Jesus.” - Emmanuel

(Source: Book Illuminuras by Emmanuel through Chico Xavier, published by Vinha de Luz Editora)

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# *Unique research on the Study of the New Testament by Spiritists*

*The study of the New Testament by Spiritists was the object of research developed by Natália Cannizza Torres. Her Master's dissertation "Jesus the door, Kardec the key: the appropriation of the New Testament by the Spiritist segment" was defended and approved in the first semester of 2019 at the Postgraduate Program in Sociology at the Federal University of São Carlos (UFSCar). The academic work was supervised by Professor André Ricardo de Souza from the Department of Sociology at UFSCar.*

The researcher highlights the significant role of the works psychographed by Francisco Cândido Xavier, notably authored by the Spirit Emmanuel. It highlights the proposals of the mid-twentieth century, but with impulse of propagation in this second decade of the 21st century.

The interpretative study of the New Testament began in Belo Horizonte, mainly after the creation of NEPEs (Centers for Study and Research of the Gospel)

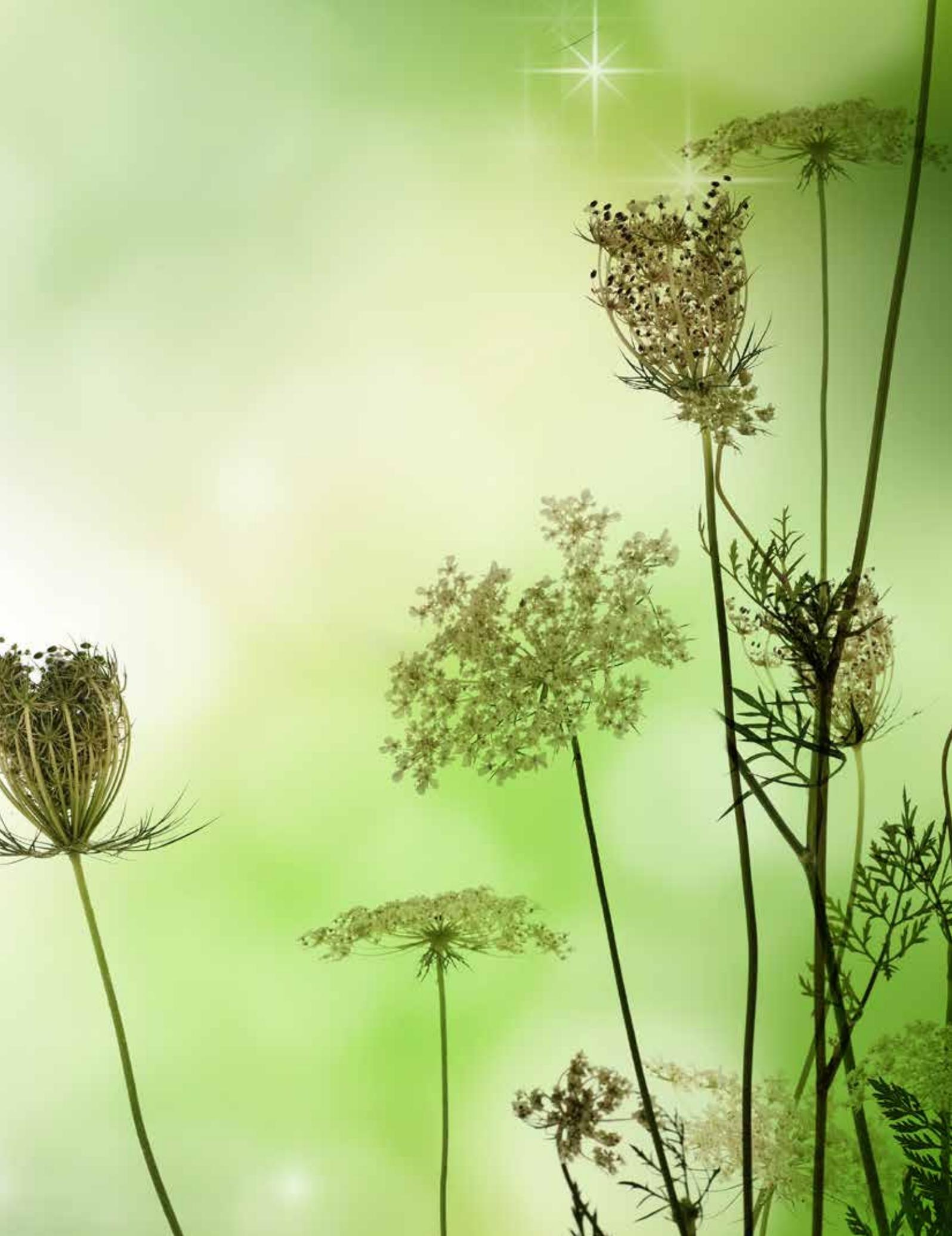
lead by the Brazilian Spiritist Federation in 2012. Even after its deactivation in 2015, the practice continued to be expanded across the country.

The dissertation presents very interesting data and even synthesizes them in tables. There are currently 59 NEPEs in different Spiritist centers, which are spread across 14 federative units in the Brazil.

In an unprecedented way, the Master's dissertation deals with the study of the New Testament in the Spiritist movement under academic foundations focusing on the Spiritist view. It points out data and sources obtained in the academic and Spiritist literature, interviews and contacts with dozens of groups of Spiritist studies in Brazil. This research contributes with sociological analyzes and historical information.

Access to Master Thesis:

<https://repositorio.ufscar.br/bitstream/handle/ufscar/11755/Dissertac%cc%a7a%cc%83o%20Nata%cc%81lia%20Cannizza%20Torres.pdf?sequence=1&isAllowed=y>



> Jennifer "Saraswati" Moulden

# *Multitude of Inhabited Planets*

REFLECTION





There are one hundred billion stars in our galaxy, and in the universe there are trillions of stars. In The Gospel According to Spiritism, the Bible quote "in my Father's house, there are many mansions", said by Jesus, is said to refer to the multitude of planets that were created in order to give us different experiences and trainings in multiple incarnations. There are many types of planets for different stages of evolution of human life, which according to Spiritism includes any intelligent being. Each planet is also an organism that evolves materially and spiritually, according to the evolution of its inhabitants. The advanced spirits classify five types of planets to give basic understanding:

1) Primitive planets are for those beings new to human life, who are simple and ignorant; not evil, but like children who are growing up. The Earth was once at this stage.

2) Planets of Trial and Expiation are for human beings who have moved past the first stage and are working out their karma. This is the current stage of our Earth. It is important at this stage to accept the trials and problems so that we minimize suffering and learn our lessons.

3) Planets of Regeneration are places where goodness is more pronounced; there are some trials but are where beings find rest from fighting for survival. Earth will soon be moving to this stage, according to the advanced spirits.

4) Joyful Planets are places where goodness prevails. Happiness and harmony reign on these planets.

5) Celestial worlds are places where

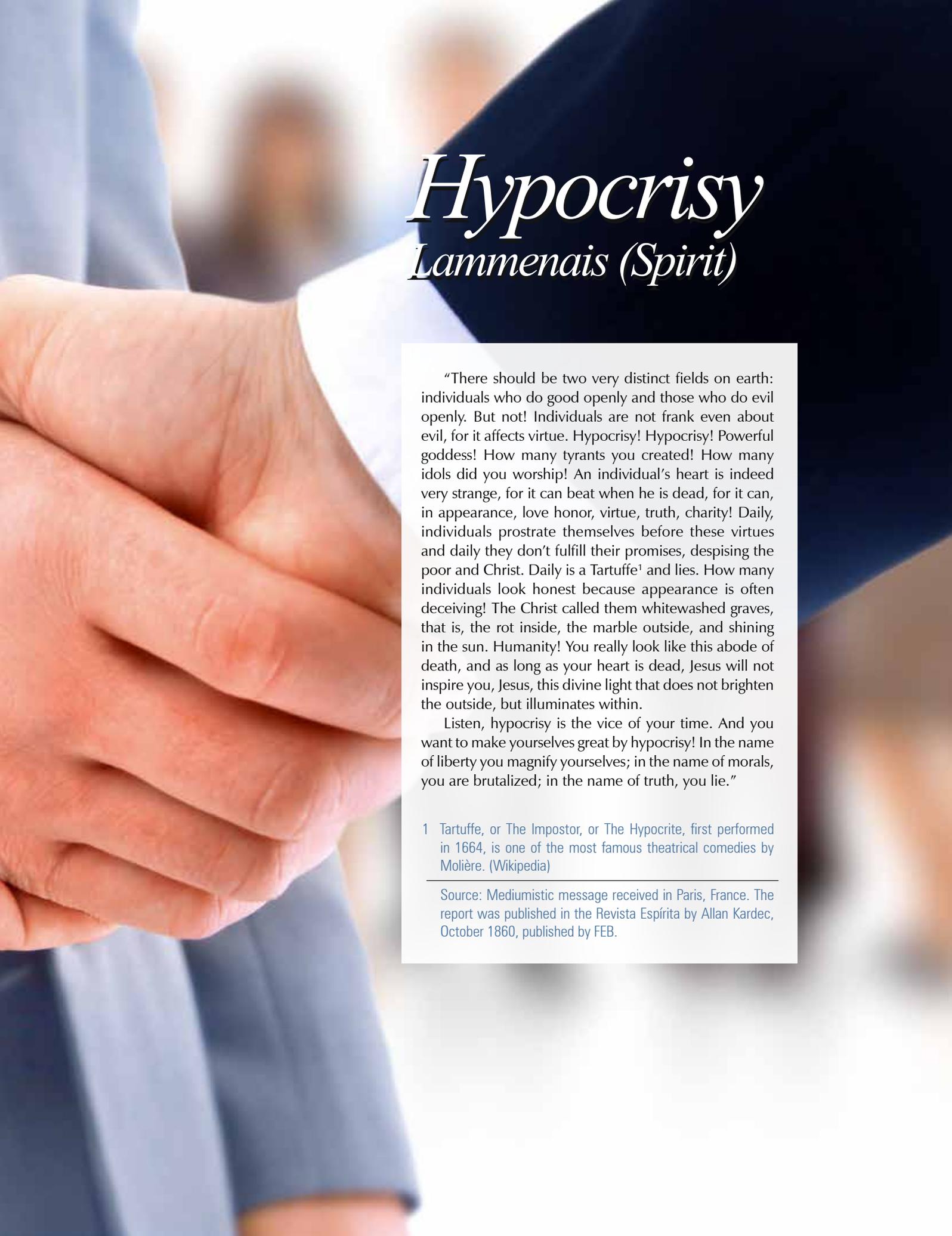
beings are pure, and completely liberated from matter. Spirituality reigns on these planets.

In The Gospel According to Spiritism, we read a quote from Jesus, that after he was gone, he would prepare a place for us, and take us with him. This refers to places we will be once our evolution advances. In our current world, we need the contrast of evil to see the good; sickness to appreciate health; and darkness to appreciate light. In higher worlds this is not necessary, as only (spiritual) light and goodness are present. As we can see above, most categories of planets prevail in goodness, so we can be encouraged by this especially since the higher beings are helping us evolve by radiating their love and light. One example is that the sun rays are said to be a by-product of the pure spirits' thoughts. On planet Jupiter, as relayed by Mozart in a past issue of this magazine, we learned that there are no musical instruments, because melody is everywhere due to the planets elevated state. Mozart says devotional singing can help raise our consciousness, also while we are on Earth. By communing with the energies of these higher beings and planets, which are freely being offered, and the teachings transmitted by the advanced spirits we may help ourselves and the Earth rise to a higher state of consciousness.

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Jennifer "Saraswati" Moulden is a participant of the Roadmap Studies for the Spiritist Study and Practice in the Spiritist Society of Washington, D.C. She is a member of the Essene Church of Peace in Bethesda, MD.





# *Hypocrisy*

## *Lammenais (Spirit)*

“There should be two very distinct fields on earth: individuals who do good openly and those who do evil openly. But not! Individuals are not frank even about evil, for it affects virtue. Hypocrisy! Hypocrisy! Powerful goddess! How many tyrants you created! How many idols did you worship! An individual’s heart is indeed very strange, for it can beat when he is dead, for it can, in appearance, love honor, virtue, truth, charity! Daily, individuals prostrate themselves before these virtues and daily they don’t fulfill their promises, despising the poor and Christ. Daily is a Tartuffe<sup>1</sup> and lies. How many individuals look honest because appearance is often deceiving! The Christ called them whitewashed graves, that is, the rot inside, the marble outside, and shining in the sun. Humanity! You really look like this abode of death, and as long as your heart is dead, Jesus will not inspire you, Jesus, this divine light that does not brighten the outside, but illuminates within.

Listen, hypocrisy is the vice of your time. And you want to make yourselves great by hypocrisy! In the name of liberty you magnify yourselves; in the name of morals, you are brutalized; in the name of truth, you lie.”

<sup>1</sup> Tartuffe, or The Impostor, or The Hypocrite, first performed in 1664, is one of the most famous theatrical comedies by Molière. (Wikipedia)

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Source: Mediumistic message received in Paris, France. The report was published in the Revista Espírita by Allan Kardec, October 1860, published by FEB.



# *In The Sphere of the Word*

Andre Luiz (Spirit) / Chico Xavier (Medium)

A certain offensive word was projected into the world by a frivolous mouth, and in a few days from this almost imperceptible ferment of incomprehension, a great epidemic of slander was born.

From slander came ungrateful notes, establishing a great infestation of calumny.

From calumny appeared improper observations, generating discord, disturbance, discouragement and infirmity.

From such imbalances, conflicts and ravages arose, creating affliction and ruin, war and death.

My brethren, to the discarnate physician, the misleading verb is always the dark root of much of the pathogenic processes that plagues humanity.

The depressing word is invisible scabies, complicating problems, blackening destinies, slowing progress, undoing peace, striking faith, and nullifying joy.

In the world, if we seek to select healthy foods for the

security and the aplomb of the body, it is indispensable to choose edifying conversations and be able to preserve the beauty and the harmony of our souls.

Mouths gathered in the exaltation of evil resemble rubbish bins, leaking bacilli of delinquency and spiritual disintegration.

Let us heed the silence, where fraternal aid is not possible.

The prophet said that "the word spoken in due time is like an apple of gold in a basket of silver." However, only love and humility can produce this miracle of light.

In order to cooperate with the Christ, it is essential to tune the season of our life with his Redeeming Gospel.

Let us seek to feel with Jesus. Let us not forget that the tongue speaks to human beings and that the heart speaks to God.

---

Source: This message was psychophonically transmitted through Chico Xavier on May 6, 1954 at the Meimei Group in Pedro Leopoldo, Minas Gerais. From the book *Instruções Psicofônicas* (Psychophonic Instructions) by several Spirits through Chico Xavier, published by the Brazilian Spiritist Federation.

> Humberto de Campos (Spirit) / Chico Xavier (Medium)

# Mary Magdalene

Mary Magdalene heard the preaching of the Gospel of the Kingdom not far from the lavish villa where she lived, given to pleasures and accompanied by Roman aristocrats. She was overcome by profound admiration of the Messiah.

What new kind of love was being preached by such divine lips to the peasant fishermen? Until then, she walked upon the red roses of desire, getting drunk with the wine of condemnable joys. However, her heart was thirsty and in dismay. Young and beautiful, she freed herself from the strong preconceptions of her race. Her beauty kept the most ardent admirers slave to

her womanly whims, but her spirit was hungry for love. The Nazarene prophet had sowed new thoughts in her soul. After listening to his words, she perceived that the easiness of her life created a destructive tediousness in her sensitive spirit. Sensuous music did not echo in her any longer. Her home's Roman decorations appeared arid and sad. Mary cried for a long time, although she did not yet comprehend what the unknown prophet was preaching. However, his loving invitation seemed to resonate in the most sensitive fibers of her being. Jesus called all people for a new life.

After a night of great meditations before the now-famous banquet in Naim where she would publicly anoint Jesus' feet with the scented balms of her affection, the sinful woman was brought to Capernaum in a tranquil boat. After much hesitation, she was willing to look for

the Messiah. How would the Lord receive her in Simon's home? Her fellow townspeople had never forgiven her abandonment of the home for her life of adventures. To everyone, she was the lost woman who should be stoned at the public square. Her conscience, however, asked that she go to see Jesus. He always treated the crowd with special affection. She had never observed any expression of disdain to the numerous women of equivocal life that circled him. Moreover, she felt attracted by his generosity. If possible, she wished to work for the implementation of his pure and redemptive ideas. She intended to love like Jesus loved, feeling with his sublime feelings. If necessary, she knew that she would renounce everything. Were the jewels, the rare flowers, and the sumptuous banquets worth anything if, at the end of the day, her thirst for love still remained?

Overcome by such profound thoughts, Mary Magdalene entered the threshold of Simon Peter's humble residence where Jesus seemed to wait for her with a broad smile, which expressed the great kindness with which he received her. The recently-arrived woman sat with indefinable emotion that gripped her heart.

However, overcoming her strongest emotions, she spoke in a respectful voice during the greetings, "Lord, I have listened to your consoling word and I come to meet you! You have the clairvoyance of heavens and you can guess how I have lived! I am the daughter of sin. All condemn me. However, Master, observe my thirst for true love! My existence, as well as all pleasures, has been sterile and bitter."

The first tears streamed from her eyes while Jesus contemplated her with infinite goodness. She, however, continued, "I've heard your loving invitation to the Gospel! I wished to be one of your sheep; but, would God accept me?"

The Nazarene Prophet stared at her with tenderness, probing the depth of her thoughts. And he kindly replied to her:

"Mary, raise your eyes to heaven and rejoice on the way, because you have heard that the Good News from the Kingdom of God blesses your joys! Would you, by any chance, think that anyone in the world would be condemned to eternal sin? Where, then, is the love of Our Father? Haven't you ever seen Spring give flowers on top of a house in ruins? The ruins are human beings; however, the flowers are the hope in God. In spite of all your failures and humanly misadventures, the paternal

blessings of God flow down and beckon us. Feel today this new Sun that illuminates your destiny! Walk now under his light because love covers the multitude of sins."

The sinner of Magdala listened to the Master as if drinking in all his words. No other man had spoken like that to her misunderstood soul. The most frivolous men had corrupted her good inclinations, and the superficially virtuous ones despised her without pity. Overcome by these comforting thoughts, she listened to Jesus' references of love. Mary then lightly stressed, "However, Lord, I have loved and I am thirsty for love!"

"Yes," responded Jesus, "your thirst is real. The world has tainted all sources of redemption and it is indispensable for you to understand that virtue has to march through a very narrow door on your path. Generally, individuals wish to be good or honest like others, forgetting that the path that most everyone walks is one of easy access and one that does not require edification. In the world, virtue has been transformed in the wide-open door of self-convenience. There are some who love those who belong to their personal circle. There are some who are sincere with their friends. There are those who defend their family members. There are those who adore the gods of favor. However, individuals who truly love know the supreme renunciation of all worldly goods and live happily on their laborious pathways toward the difficult entry to the lights of redemption. Sincere love does not seek fleeting pleasures, which are extinguished in the world with the first illusion. Work always, not with either bitterness or ambition, but with the joys of sacrifice. Only the love that renounces knows the way toward the supreme life..."

Mary listened to him enraptured. Anxious to fully understand these new lessons, she questioned him attentively, "Is love gained through sacrifice the only love able to satiate the thirst in our hearts?"

Jesus made an affirmative gesture and continued:

"Only sacrifice contains the divine mystery of life. To live well is to know how to sacrifice oneself. Do you believe that the world could maintain its equilibrium simply with the antagonistic and, at times, criminal whims of those who elevate themselves to the halls of the triumphant? All human light comes from the experienced and mild heart of those who were sacrificed. A warrior covered in laurels raises their shouts of victory over the cadavers that cover the ground, but only the fallen make enough silence so that the world can hear the message of

God. The first group can gain the experience for a single day while the latter build the definitive road to eternity.

As a woman, have you thought about what the world would be like without the mothers who suffer in silence and sacrifice? Aren't they the cultivators of the garden of life, while men lock themselves in battle?! ... Many times, the blossoming field of life is covered in mud and blood. However, through their silent task, maternal hearts do not despair. Emulating Divine Providence, they rebuild the garden of life, spreading the scented lilies of God's love over the cemetery!"

Listening to those warnings, Mary Magdalene started crying, feeling within her the desert of a childless woman. Finally, she exclaimed, "Unfortunate am I, Lord, that I cannot be a mother!"

Then, drawing her gently towards him, the Master added:

"And which of the mothers will be the greatest in God's eyes? Would it be the one who devoted herself to the children of her flesh, or the one who has, in spirit, consecrated herself to the children of other mothers?"

That question seemed to awaken her to even deeper meditation. Mary felt supported by a different inner energy, which so far had been unknown to her. Jesus' words honored her spirit. He invited her to be the mother of her brothers and sisters in humanity, providing them with the most supreme of the most elevated virtues of life. Experiencing radiant happiness in her inner world, she contemplated the Messiah with misty, teary eyes. In the ecstasy of her immense joy, she ardently whispered:

"Lord, from this day forward, I will renounce all transitory worldly pleasures in order to acquire the celestial love that you taught me!... I will welcome my sisters in suffering as my own daughters. I will look for the unfortunate to alleviate their wounds of the heart. I will be with the disabled and those with leprosy."

In that moment, Simon Peter passed by the room. He looked inside and observed Mary Magdalene with surprise. The converted woman of Magdala felt his icy stare, his expression nearly one of disdain. Somewhat afraid of losing the Master's acquaintance one day, she asked him with interest, "Lord, when you leave this world, what will be of us?"

Jesus understood the reason and the extent of her words, so he clarified:





"I will certainly leave, but we will eternally be united in spirit. As for the future with its infinite perspectives, it is necessary that each one of us carry our cross in search of the narrow door of redemption, while placing above all our faithfulness to God and, in second place, the perfect trust in ourselves."

Observing that Mary, still upset by Simon Peter's glare, was preparing to leave, the Master smiled with kindness and said:

"Go Mary! Sacrifice yourself and love always. The pathway is long; the journey is difficult; the door is narrow. However, faith removes obstacles. Fear nothing: it is only necessary to believe!"

\*\*\*

Later, after her glorious vision of the resurrected Christ, Mary Magdalene returned to Galilee from Jerusalem following the steps of the dear companions.

The message of resurrection spread infinite joy.

After some time, when the apostles and the Messiah's followers looked to relive their past along the shores of Lake Tiberias, the closest of the Lord's apostles left that region in service of the Good News. When the last two companions planned on definitively leaving to Jerusalem, Mary Magdalene, fearing the loneliness of nostalgia, fervently implored that they allow her to accompany them to the city of prophets. Both, however, denied her wishes. They feared her past as a sinner. They did not trust her womanly heart. Mary understood them. She remembered the Master and surrendered to their decision.

Humble and alone, she resisted all the condemnable proposals that dragged her to a new emotional low. Without resources to live, she worked to support herself in Magdala and Dalmanutha. She remained strong in the toughest times; she remained happy in the harshest sufferings; she remained faithful to God in the dark and harrowing moments. Every now and then, she went to the Synagogues wishing to cultivate Jesus' lessons; however, the villages of Galilee were again subjugated to the uncompromising doctrines of Judaism. She understood that she now walked on a narrow path, one that she would walk alone with her trust in Jesus. Sometimes, she cried from her longing as she walked along the silent beach, remembering the presence of the Messiah. At sunset, the birds of the lake landed, as before, in the nearby caper trees. As always, the horizon offered its

banquet of light. She contemplated the mild waves and meditated.

One day, a group of people with leprosy came to Dalmanutha. They came from Idumea. Those unfortunate, tired and sad people had been completely abandoned. They asked for Jesus the Nazarene; however, all doors were closed to them. Mary went to see them. Feeling isolated, but with ample rights to apply her freedom, she gathered them under the beach trees and transmitted Jesus' words to them, filling their hearts with the clarities of the Gospel. However, the local authorities ordered the immediate expulsion of the sick. The great convert sensed immense joy in the faces of the unfortunate due to her fraternal revelations regarding the promises of the Lord. Thus, Mary walked toward Jerusalem in the company of the sick.

The whole group spent the night out in the open. However, they felt overcome with the joys of the Kingdom of God. The whole group was interested in Mary's descriptions. They eagerly absorbed her exhortations, excited by her joy and her faith. When they arrived at the city, they were directed to the valley of leprosy, which was far away. Mary entered it with spontaneity of the heart. Her spirit recalled the lessons of the Messiah. An indefinable courage ruled over her soul. From then on, the messenger of the Gospel gathered the group of new friends and spoke to them about Jesus' teachings every afternoon. Faces, though disfigured by sores, filled with joy. Somber and sad eyes were touched by new light. Mary explained to them that, until his death, Jesus exemplified that which is good, teaching them that all of his apostles should take heart to conquer the world. The agonized lepers dragged themselves to be near her and to kiss her simple tunic. Remembering the love of the Master, the daughter of Magdala took them into her fraternal and loving arms. Shortly, her skin showed similar rashes and spots. She understood her new situation and remembered the Messiah's recommendation that only those that know how to sacrifice know how to live. She experienced great pleasure because she brought a small glimmer of hope to her companions in pain. Since her arrival, the whole valley spoke of that Kingdom of God in which each person had to create in their own heart. The dying waited for death with a happy smile on their lips. Those, whom leprosy had deformed or slaughtered, kept good spirits in the most sensitive fibers of their being.

Coming to the end of her meritorious task, Mary Magdalene wished to visit old friends from her personal circle in Ephesus. There were John and Mary, besides other companions who shared in Christian joy. Mary could tell that her last earthly pains were near an end.



Therefore, she decided to put in practice her last humble wish.

At her farewell, her companions in material misfortune came to beg her for final words of advice and recollections. Enveloping them with her love, the messenger of the Gospel only said:

“Jesus intensely wishes that we love one another and that we participate in his divine hopes. Such is the most



extreme loyalty to God!”

Among those sick people, those who were still standing in the pathway, brought her the result of their scanty alms, and the abandoned children came to kiss her hands.

In the fortress of her faith, the former sinner left the valley along harsh roads, keeping her distance from humble dwellings. The pilgrimage was difficult and

anguishing. To reach her goals, she appealed to charity. She suffered painful humiliations, and subjected herself to sacrifice. Looking at the purulent wounds that had replaced her former beauty, she was happy recognizing that her spirit did not have any reason to lament. Jesus waited for her and her soul was faithful.

Achieving her goal despite immeasurable difficulties, Mary found herself, one day, at the gates of the city. However, invincible weakness overwhelmed the centers of her physical strength. At the exact moment of her loving expressions, when the houses of Ephesus were around the corner, her broken body refused to walk. A modest Christian family of the suburbs took her to a humble tent. With charity, Mary Magdalene was able to renew very dear friendships as she had wished. However, during several days of suffering, she hovered between life and death.

One night, the pain she felt reached its peak. Her soul was illuminated by gentle memories. In spite of having her eyes shut from swollen eyelids, she saw with the eyes of imagination the dear lake, the companions of faith, the beloved Master. Her spirit seemed to transpose the frontiers of radiant eternity. From minute to minute, a muffled moan could be heard while the brothers and sisters of faith circled her bed in sincere prayers from their loving and devoted hearts.

In a certain moment, they noticed that her chest no longer moved. Mary, however, experienced a consoling sensation of relief. She felt as though she were above the trees of Capernaum as she waited for the Messiah. The birds sang on nearby branches and the whispering waves touched her feet as if kissing them. When she saw Jesus approaching, he was more handsome than ever. His look was the reflection of heaven and his countenance brought indefinable joy. The Master extended his hands and she prostrated herself, exclaiming, as she had done before, “Lord!”

Jesus softly picked her up in his arms and whispered, “Mary, you already passed through the narrow gate! You loved much! Come! I wait for you here!”

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Source: Book “Boa Nova” (Good News) by Humberto de Campos (Spirit) through the psychography of Chico Xavier, chapter 20, published by FEB. The book was translated by the team of the Spiritist Society of Virginia. The copyrights of the translation were given to the Brazilian Spiritist Federation. We wait for its publication. Meanwhile, we recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio’s YouTube channel.

# *Constructive Elements of The Mind*

BARSANULFO

> Euripedes Barsanulfo (Spirit) / Corina Novelino (Medium)



Brothers and Sisters, may the Master's blessing fall upon your hearts!

The development of the constructive elements of your mind is one of the most imperious necessities of your spirit.

The utilization of the opportunities of service - this is the immediate duty of the individuals who dream of the happiness of a better life, free from the storms of all kinds which humankind, a condition of their own inferiority.

The luminous reach of the work of master Allan Kardec is the most powerful vehicle that will trigger the lever of the spiritual progress of earthly humanity.

If you could conceive of the miraculous power of pain in the healing of moral wounds, then you would have to be more careful in making the most of this great vehicle of spiritual recovery!

The human individual has shown eternal allergy to pain. This is understood to some extent in minds that have not been clarified in the true sense of life, but in relation to the Spiritist, such rebelliousness, such ignorance of the purest reasons constitute irreparable

mistake.

Let us seek the harmonious tuning of the practical work of the saving concepts of the Work codified by Master Allan Kardec.

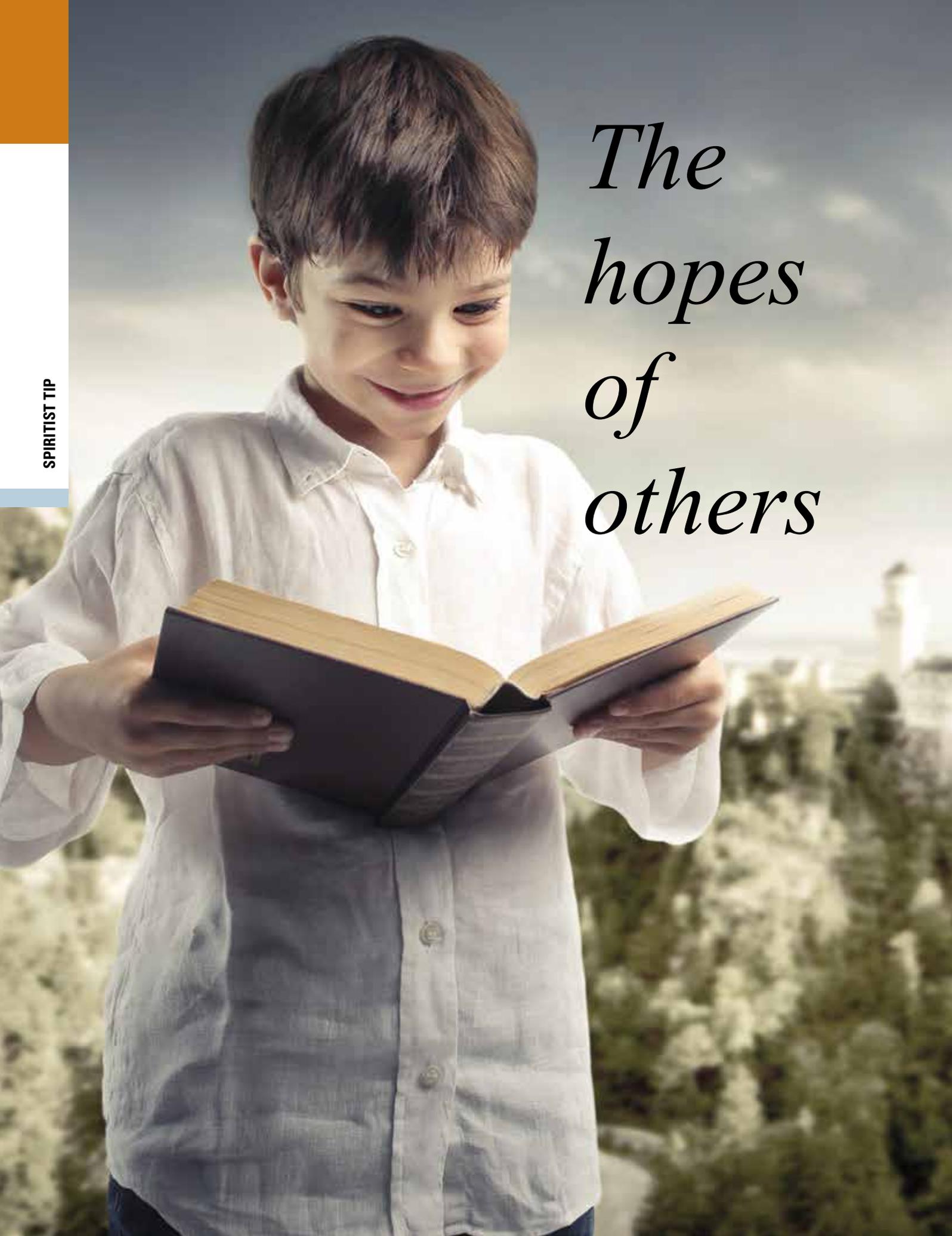
Let us correspond to the effort of the one who had exhausted himself in the laborious and relentless work of the coordination of the teachings of the Spirits, aiming at only the luminous script of the humanity millennially mined by processes of physical and moral degradation.

Correct, while there is time, the sinuous position of the thoughts that build nothing. Elevate words and deeds to the highest, seeking harmony and peace. Put your own interests at the same level as the neighbor's. Seek the completion of the lessons set forth in the Gospels - this is the sure path to redemption, along with the relative understanding of the reasons of human pains and struggles.

May Jesus help us!

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Source: Book Euripedes, o Espirito e o Compromisso by Corina Novelino through the medium Alira Bessa França Amui. The above message was psychographed by the medium Corina Novelino and published by Editora Esperança e Caridade on April 18, 1955.



*The  
hopes  
of  
others*

SPIRITIST TIP

**A**lmost always, we concentrate soul and life in our hopes, but hardly do we find ourselves thinking about the hopes of others.

Practice withdrawing yourself from self-preoccupations in order to reflect on others' wishes.

Perhaps, you have not become aware that where you are and no matter how, you can begin the service most properly addressed to the role of angels.

I do not know if you have already noticed more closely the sad man who sometimes crosses your path near your home. With such a strange, closed expression, you are still waiting for a slight smile, but try to imagine his hopes. He is a companion with a paralyzed wife and four children in need of support. Certainly, you do not have the means to satisfy all the demands. However, among all, he has the simplest desire. He wishes for the younger son to be more tightly wrapped up during the night.

It will not cost you much to offer him a blanket so that his desire comes true. Take heart in his condition and it will transform that bitter face into joy that lies imprisoned in his chest by cuffs of discouragement.

Perhaps you ignore that woman of an unpleasant presence that expresses herself through offensive language, but she is nothing

more than asking for ingrained observation. She was abandoned by her companion who left her with two defenseless little ones. On top of not having work to assure her survival, she ends up on roads that lead her to more anguish. Of course, you will not be able to alleviate all of her worries. However, all it might take to simply assist her, in the sense of fulfilling her desire, is just to enroll her 7-year-old son in a public school. Do this and note the gratitude that will be expressed from within towards you in form of sympathy.

And we have many other cases; that of a sick person who would be comforted with ten minutes of your inspiring words; a young boy who would be happy to receive a plain slice of cake; the irritated neighbor who changed for the better with your friendly smile, or that of a friend locked in domestic hardships asking you for some phrases of peace and optimism that may bring the shadows to the light.

Learn how to stay out of your own worries to understand the hopes of others, and mitigate them when you can.

Then you will be serving in the mission of the angels, finding your own happiness; for, every individual whom you decide to offer specks of help, will make of you a luminous piece of the presence of God.

Source: From the book *Deus Aguarda* by Meimei through Francisco Cândido Xavier, published by GEEM in 1980.

# *Roustaing has fallen, so shall his ideas!*

CURRENT

➤ Paulo Henrique Figueiredo

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Roustaing considered himself the legitimate envoy to announce the Spiritist doctrine thinking that Allan Kardec improperly had taken his place. His disciples believed this and worked to replace the autonomous morality by proposing a false theory as in *The Four Gospels*. Therein he states that life is a punishment from God for fallen spirits, which takes up and reinforces religious dogma. In reality, Spiritism presents reincarnation as a natural law, experienced by all spirits. Life's difficulties are opportunities for intellect-moral evolution and the exercise of free will, which is proportional to the intelligence gained.

The Spiritist guidance is the opposite of Roustaing's guidance! The mention of his name fell, let also his false ideas fall!

The book "*Autonomia, a historia jamais contada do Espiritismo*" (Autonomy, the Never Told History of Spiritism) presents each of the false ideas proposed by Roustaing and demonstrates the true moral teachings of the Spiritist Doctrine, as elaborated by Kardec in his books.

The work "*Autonomia*" was launched in São Paulo at the Spiritist Center Nosso Lar Casas André Luiz on August 10, 2019 at 5 pm. The clause related to Roustaing in the Brazilian

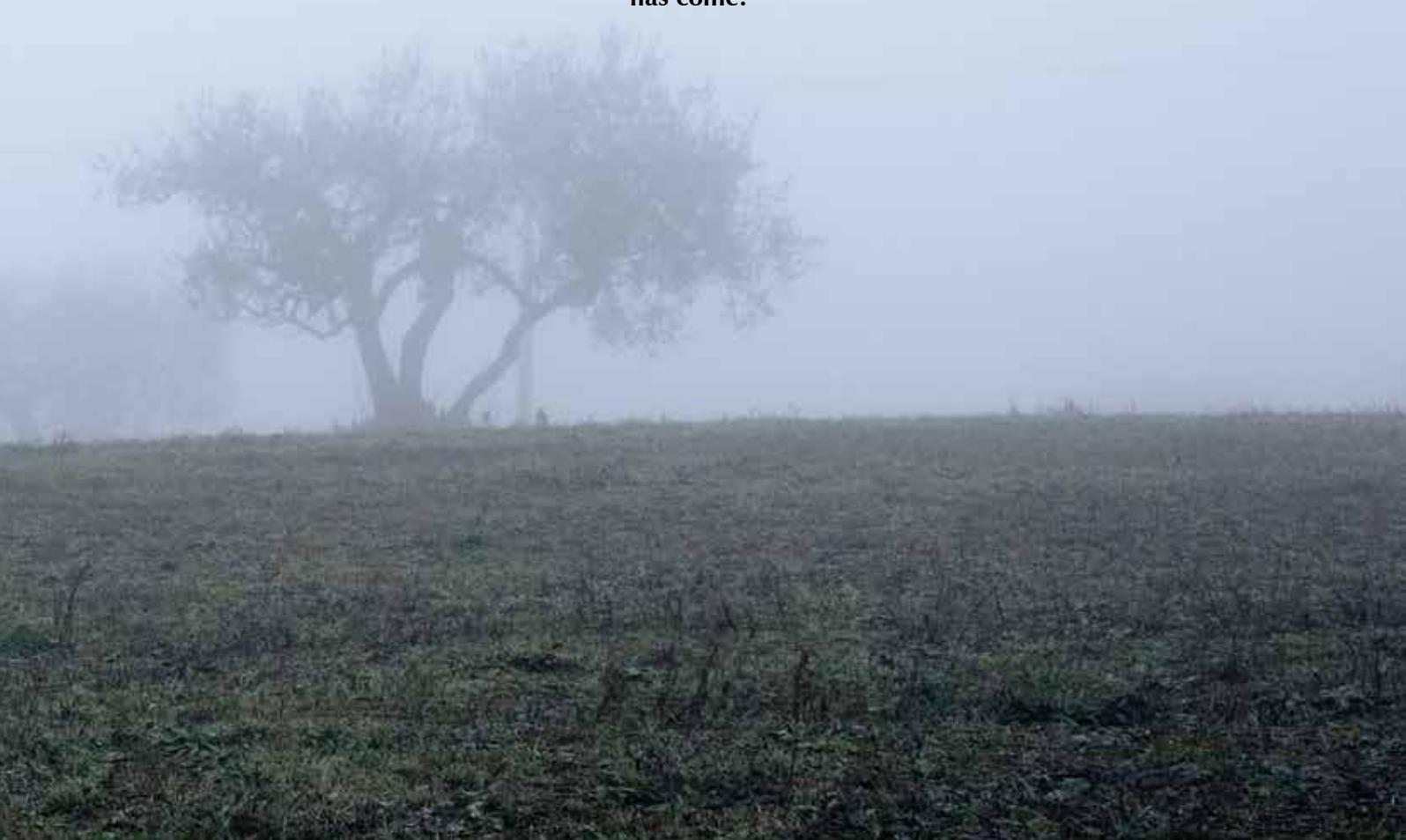
Spiritist Federation's Bylaws was removed on the same day at the same time!

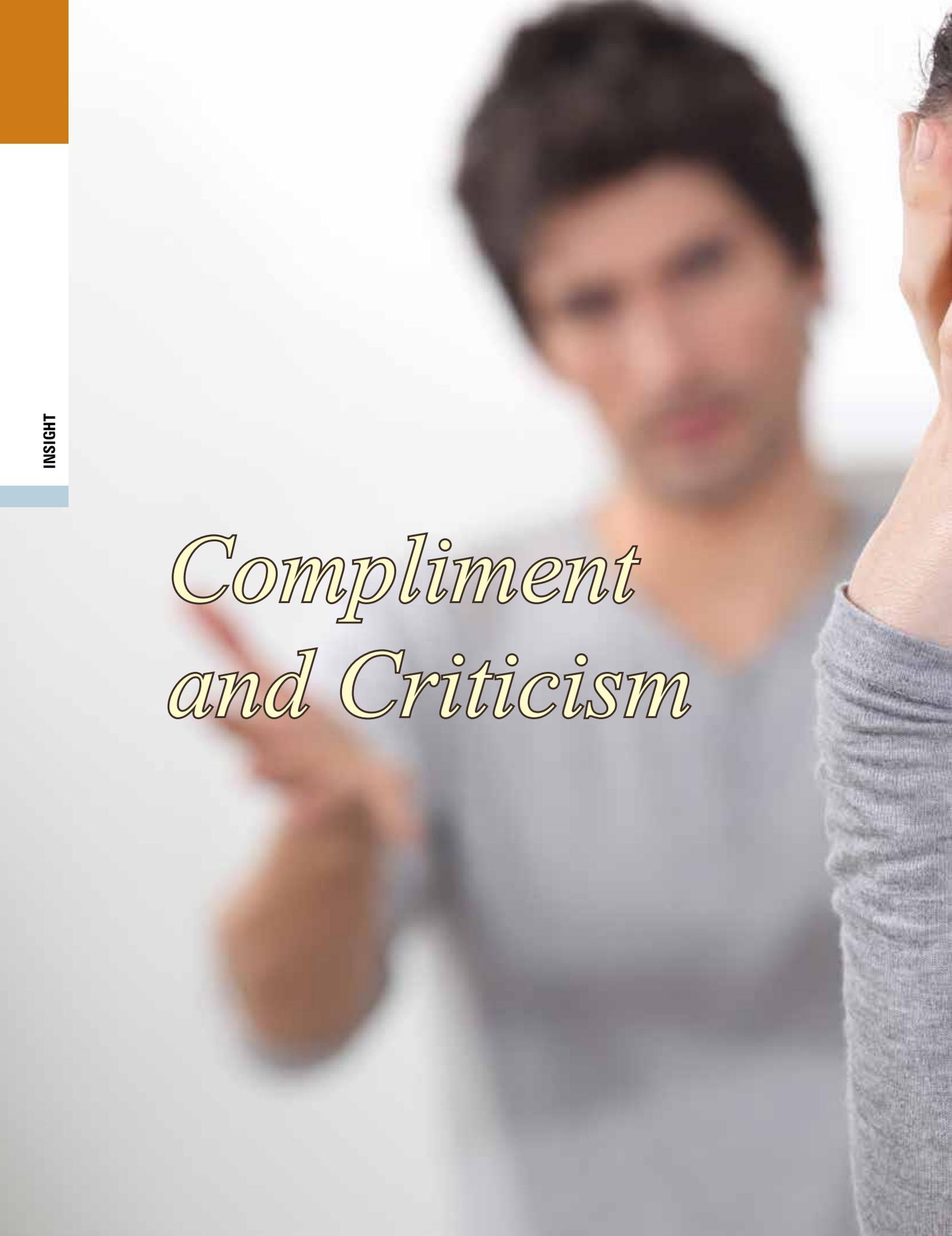
For a hundred years, directors of Brazilian Spiritist Federation, who believed in such false ideas, implemented courses and published articles at the Spiritist magazine "*O Reformador*". They also distributed handouts and gave lectures in centers on Roustaing's theory, which is opposite to Kardec's. False teachings became misguided habits and misrepresented concepts, interspersed with the thinking of part of the Spiritist movement.

The time has come for the restoration of the fundamental concepts of the Spiritist Doctrine. The time has come to rebuild the adulterated works; to clean up the instruments of disclosure. Time to renew ideas, to bring the proposal of liberating moral of the superior spirits to the world!

Let us return the pioneers to their proper place. Let us recover the memory of Allan Kardec, Amelie Boudet, Berthe Froppo, Leon Denis, Gabriel Delanne, Henri Sausse, Canute Abreu, Chico Xavier, Herculano Pires, Julius of Abreu Filho, and so many others who raised their voice against deviation! We must resume the moral revolution announced by Spiritism!

Get to work, Spiritists, because the time has come!





# *Compliment and Criticism*

<sup>1</sup> *Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. (James 1:17)*

If the sun depended on human approval to nourish the life that gravitates around it, certainly it would, long ago, be reduced to a pile of ashes..

If the Earth suffered from the censures that are constantly made by those who categorize it as a valley of tears, it would have already descended to the condition of cemetery in Space.

If the seed rejected the solitude and death to which it is relegated in the soil in order to collaborate with the sustenance of the world, the creatures would have been, for a while, without the blessing of bread.

If the spring refused the incessant and permanent regime change in which it is called

to serve, life organized on earth would be confined to primitivism and stagnation.

If the tree only produced under applause, the fruit would not bless humanity's table.

Workers of the Truth and the Good, let us reflect on the simple lessons of nature and let's work.

Give thanks to the compliment that strengthens you for the fulfillment of the natural obligations of the world and enjoy with resignation the warning that criticism gives you.

However, if we need praises to work, and if admonition paralyzes the faculties of service, we are still far from understanding the treasure of opportunities for improvement and elevation that enriches our ways. Since, above all, the blessing that comfort us, the light that illuminate our road, the strength that sustains us and the support that hold us always come from on high and proceed, originally and only, from God.

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<sup>1</sup> New International Version

Source: Book Segue-me (Follow Me) by Emmanuel / Chico Xavier (Medium). The book is not available in English yet.

# Ungrateful Children

➤ Joanna de Ângelis (Spirit) / Divaldo P. Franco (Medium)

Ingratitude, whose root is in selfishness, is a destructive trait that some day must disappear from the Earth. It is unfortunate that this, the lowest remnant of the animal nature, still persists in humanity.

Ingratitude is a primitive spiritual state in any of its shapes and forms; and, wherever present, produces a strong sense of uneasiness.

An ungrateful person who returns evil for

good, stinginess for generosity, meanness for friendliness, pride for kindness, is a disturbed creature. He breeds dissatisfaction around him, torturing those who accept him and want to help him.

The ungrateful son thinks he deserves everything while owing nothing. He wrongly believes that he is a creditor of those around him without owing them compensation on his part.

As a fool, he belittles the good he receives and, in his folly, demands new benefits. Due



to the atrophy of his feelings, he is arrogant and petty, dwelling on a level of semi-consciousness and irresponsibility.

Because ingratitude, generally speaking, is a repulsive moral blemish, it is more so when it proceeds from children towards their parents, for it reaches the height of rebellion against God's Creation.

An ungrateful son tortures his parents' hearts. Like a merciless tyrant, he is not moved by his mother's tears nor by his father's tortured feelings.

In the general disintegration of the family observed today, the ingratitude of children brings to the social organism several moral cancers that are difficult to cure.

It is true that many parents, unprepared for the tasks of parenthood, make serious mistakes which greatly affect the behavior of the children. The offspring rebel against their parents as soon as they are able and cause them to suffer. They hurt their parents with the highest degree of ingratitude, rebellion and aggressiveness, often to the point of shameful physical violence.

There are also parents who are immature or permissive. They journey through life obsessed with the torments of continuous pleasures. This causes them to neglect their responsibilities towards their children, who are placed in the hands of paid caretakers. This neglectful group of parents will give account for the wrong ways of their children.

On the other hand, there are children whose parents give them abundant expressions of affection and sacrifice. Their sole aim is to prepare a climate of peace and sound morals, a good family life inspired by genuine love and selflessness; yet, their children from an early age, are cold, demanding, and ungrateful.

The ingratitude of children cannot be justified even when parents prove to be irresponsible. But when ingratitude is present, despite all the care received, it can only be explained by relationship problems in past lives. Spirits who reunite on Earth in redeeming tasks, unconsciously revive old feelings of aversion and experience hatred and ingratitude.

The family is a blessed spiritual and moral school. It is a sacred workshop where characters are polished; a superior laboratory





filtering sentiments, structuring aspirations, and refining ideals. Here, old blemishes are transformed into precious possibilities for the accomplishment of useful work.

The home, therefore, even when visited by the pain of transformation of its members, is a purifying furnace, where the firm bases of humanity are always forged.

Whenever the home weakens and the family disintegrates, society becomes ill and ultimately perishes.

The nobility of a family structure is not only found among those who love one another because of blood ties. It is also found in the exercise of tolerance, solidarity and kindness towards its unstable members who are the elements of disturbance in the family group.

The most important duty of parents, reaching the point of self-sacrifice, is to love and care for the children assigned to them by the holy ways of reincarnation. They are to educate them, placing in their souls the seeds of faith and responsibility, and the need to seek to elevate themselves and be happy. The end result will depend on the moral state of each child, which is not for parents to predict, or fear, should the parents be suffering pessimistically in anticipation.

The duty of children is to love their parents even when neglectful or irresponsible, for it is a part of the Higher Code of Life to "Honor father and mother." This does not exclude those who function as parents merely in the physical sense, through whom the Higher Wisdom made possible the redemptive program, with its tests and distressing expiations.

When faced by an ungrateful child, no matter what the circumstances, have mercy on him and love him even more ....

Although deprived and rough, demanding and disrespectful, having transformed into an insensitive and hateful enemy, treat him with greater patience and greater love ....

Should people mention the repressed desires and memories brought from childhood; the complexes acquired at some particular instance; or should they refer to the disturbing libido, with which they seek to justify your child's behavior and incriminate you, just remember silently that the spirit pre-exists the body, bringing in its delicate structure both failures and triumphs, nobilities and degradations. In doing so, you will be able to better help him, forgive him, and stay by his side. You will continue your task with optimism, handling the family's problems and the ungrateful children. At the same time, you will be expiating, through suffering and love, your own mistakes, until the day you are liberated and ready to have the happy home of your dreams.

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Source: Book *After The Storm* by the Spirit Joanna de Angelis by the medium Divaldo P. Franco, chapter 5, LEAL publisher. The book is out of print.

# Women and Spiritism

> Leon Denis

For many centuries, women have been relegated to a secondary role, despised and excluded from priesthood. They were constrained by a restricted, frivolous and superstitious education, and their most beautiful aptitudes were constricted and belittled, obscuring their character.

Women's situation in contemporary civilization is difficult, often painful. Not always they have their own jobs and laws. A

thousand dangers surround them and if they vacillate and succumb, rarely they have a helping hand. Society's corruption has made women the victim of the century. Misery, sadness, prostitution, suicide - such is the fate of so many poor creatures in our opulent societies.

However, a reaction is already underway. Under the name of feminism, a certain movement accentuates, legitimate in its principle, yet exaggerated in its intention.



Because, alongside just claims, it enunciates purposes that would make women, no longer women, but a copy, parody of men. The feminist movement is unaware of women's true role and tends to mislead them from their naturally and normally traced destiny. Men and women were born for different but complementary roles. From the point of view of social action, they are equivalent and inseparable.

Thanks to its moral, loving and equitable

practices and doctrines, Modern Spiritualism faces this issue differently, and resolves it effortlessly and quietly. It restores to women their true place in the family and in the social work, indicating the sublime role that they must play in education and in advancing humanity. Even more, it reintegrates women in their mission as a predestined mediator, a true bond of union that connects Earth's and Space's societies.

The great sensibility of women constitutes them as mediums par excellence, capable of translating thoughts and expressing emotions, the sufferings of the souls, and the elevated teachings of the celestial Spirits. In the application of their faculties, women find great joys and a living source of consolation. The religious feature of Spiritism attracts them and satisfies their heart's aspirations, the needs for tenderness, which she extends beyond the grave to those who are lost. The danger for her, as for man, is in the pride of the acquired powers, in the exaggerated susceptibility. Jealousy, sparking rivalries between mediums, often becomes a source of disaggregation for groups.

Hence the need to develop in women the intuitive powers, at the same time their admirable moral qualities, self-forgetfulness, the joy of sacrifice, and the feeling of the duties and responsibilities inherent in their mediator mission.[...]

Through Spiritism, the woman is subtracted from the apex of the senses and ascends to the higher life. Her soul shines pure light; her heart becomes the radiating focus of loving feelings and noble passions. She resumes in the home the enchanting mission that belongs to her, made of dedication and mercifulness, her important and divine role as mother, sister and educator, her noble and sweet persuasive role.

Spiritism puts an end to the battle between both sexes. The two halves of humanity are aligned and balanced in love, to cooperate together on the providential plane, in the works of the Divine Intelligence.

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<sup>1</sup> The Council of Mâcon (585) discussed "if women had or not a soul"

Source: From the book *No Invisible (In the Invisible)* by Leon Denis, chapter 7, part 1. This books was written in 1903.

# *Spirit- Psychotherapy*

TEACHING

› Nilson de Souza Pereira

Psychotherapy for discarnate spirits is valuable for all involved. At the same time that *removal of obsession*<sup>1</sup>. It helps discarnate patients and it also benefits the members of the mediumistic work group, stimulating their moral transformation and the development of virtues through the practice of charity.

Since we are all Spirits, the tormented discarnates who visit us are an invitation for reflection, a warning of what can happen if we act with frivolity and mindlessness. Training, therefore, is very important. It starts with the simplest activities, where the medium educates his or her mediumistic faculty in order to receive the spirits' communications with clarity, by disciplining the nervous system and the automatic impulses that occur during the fluidic union, perispirit to perispirit, between the Spirit and the specialized machinery<sup>2</sup>.

In this area of identification of mediumistic events, the aspiring Spirit psychotherapist acquires the skill to treat discarnates and becomes an efficient instrument for higher accomplishments. This is especially true in the area of spiritual surgeries, which are performed by Spiritual Mentors in the recesses of an obsessed person. In those surgeries, fluidic implants, inserted by troubled Spirits

skilled in the techniques of obsessions, are extracted.

Every day safer therapeutic techniques, more effective behaviors and more rigorous means of assistance are identified, in order to alleviate the worries and pains of the Spirit World. The entities that are enlightened during these specialized Spiritist meetings will reincarnate in better moral conditions and be able to count on stronger inner resources. They will have a chance to put in practice the teachings imbedded in their deepest memories, and will be able to restart their journey better prepared for the challenges they will face.

Spirit psychotherapists represent a class of dedicated servers of the Spiritist Cause, on behalf of those on both sides of life who need help and guidance regarding their spiritual future. Spirit counselors safely walk the path of work, love and fullness that lays ahead for everyone.

- 1 [Removal of obsession. For more information on obsession, read chapter 23 of The Mediums' Book and also the book Disobsession by Andre Luiz/Francisco Xavier. \(Translator's note\)](#)
- 2 [The medium's physical body. \(Translator's note\)](#)

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Source: This is an excerpt of the book *Getting to the Light* by Nilson de Souza Pereira, published by LEAL Editora.

# *Gospel At Home*

> Casimiro Cunha (Spirit) / Chico Xavier (Medium)

WISDOM



When the worship of the Gospel  
shines in the center of the home,  
The everyday struggle  
begins to sanctify.

Where the tongue deranges  
Lacerates and slanders,  
Bright flowers bloom  
Of sacrosanct joy.

In the place where lies  
Create the War of incomprehension,  
Truth establishes  
The empire of Christian love.

Where anger roars and bites,  
As rough and invisible beast,  
The loving silence arises  
in understanding, respect and hope.

The mind of the apprentices  
Sip light in the air.  
All gladly content  
in the glory of helping.

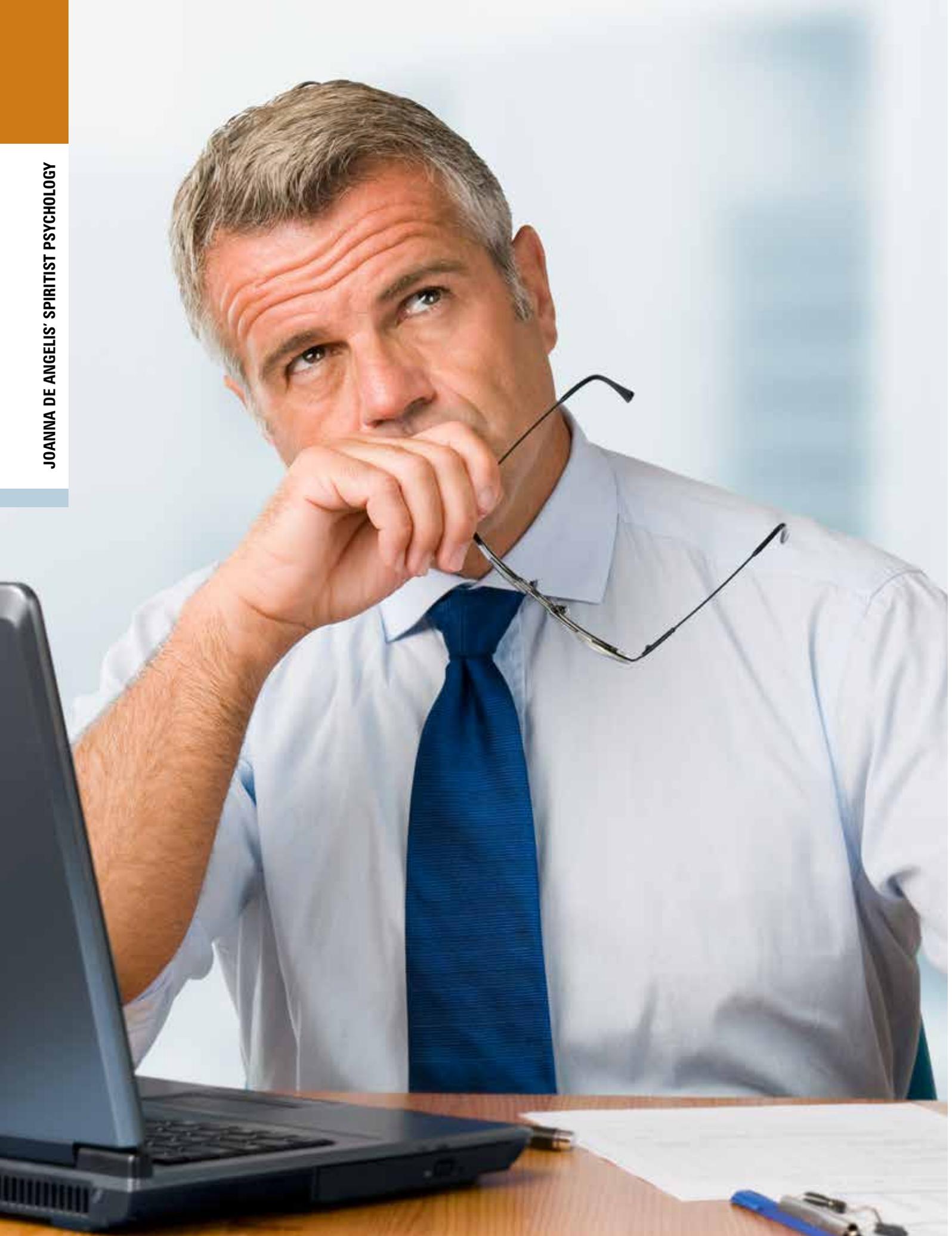
The blessing of open worship,  
In the divine guideline,  
Jesus talks to all  
And the house lives happy.

Whoever brings the church within,  
Fighting darkness and evil,  
Finds the sublime door  
Of the Heavenly Kingdom.

---

Source: From the book *Gotas de Luz (Drops of Light)* by Casimiro Cunha through Chico Xavier, chapter 7, published by FEB. We recommend that the reader watches the study session on this book by Dr. Vanessa Anseloni at Kardec Radio's YouTube channel.





# *Existential emptiness or spiritual stagnation?*

> Iris Sinoti

While most people prioritize the achievement of happiness, Carl Gustav Jung has argued that the purpose of life is the pursuit of meaning, of its profound psychological sense. What can be considered happiness nowadays?

In the eagerness for achievements, we become far away from the depth of existence, we have no time for family, friends, even less to silence and get in touch with the spirit we are. As Socrates, the philosopher, used to preach in ancient Greece, "a life without the examination is not worthy to be lived." We often ask about the purpose of suffering, pain and all the challenges we face, nonetheless, without the conscious self-examination we will not find the answers we seek, because it is in the history written by each one of us, in the present life and in the course of our past existences, which we find the choices, the done and the undone, the sayings and what has not been said, which we have accumulated in the attic of our being. The lack of this sense has led many to the sensation of existential emptiness.

At this point in which we find ourselves, to stagnate spiritually is to voluntarily choose the existential emptiness. If we are already aware of the fact that we are immortal

spirits, that we are heirs to our actions and, if we want a better life, we must build it. There is no need to go too far for that. Now, if we are still waiting for life to present us with an answer to our problems, believing that the circumstances that occur to us are unfair and that we are victims, we probably have a lot to learn. We cannot find justifications in laziness, in accommodation, in excuses, because we have been introduced to the liberating doctrine of souls, we are free beings gifted with the ability to make choices. Consequently, we can understand that the meaning of life is not to reach the end of a journey, but to go through the path, to walk our way, to carry our cross to the end, because it is not possible for man or woman to live a life without meaning, a life without the encounter with God.

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Source: This article is reproduced from the excellent *The Journal of Psychological Studies*, issue 64. More issues and information, please go to: <http://www.spiritistps.org/en/the-journal-of-psychological-studies/>

Iris Sinoti is a clinical psychologist in Brazil. As Spiritist, he has been leading the psychological studies of the works by Joanna de Angelis through the books psychographed by Divaldo Franco.

*Causes of  
Obsession and  
How to Shield  
Your Life  
From It*

> Joana Suleiman

---

**O**f the number of dangers which the practice of Spiritism presents, in the front rank must be placed Obsession." – Allan

Kardec, Medium's Book

Why is obsession treated with such seriousness in Spiritism? The answer is that no one is immune to the influence from an inferior spirit. Nevertheless, those who take the time to study the causes of obsession also can develop means to combat it. And there lies the difference in how obsession can impact our lives.

It is important to remember that if an inferior spirit gains dominion over anyone, they identify themselves with his or her own spirit, and, as Kardec writes "can lead them like a veritable child."

There are specific characteristics to each of the 3 types of obsession, which increase in intensity. The first, simple obsession, is both common and complex. The person is aware and on guard, and is merely inconvenienced. Secondly, we have fascination, which leads a person to have paralyzed judgment. He or she is blind and doesn't see their hurtful actions as wrong. Lastly, we have subjugation, in which you cannot rule over yourself. Rather than paralyzed judgment, like in fascination, you have a paralyzed will. You are aware that your actions are wrong, but you can't stop yourself. You are in a state of bondage.

So, how does an inferior spirit obsess over you? The discarnate spirit is influencing your perispirit. This can affect the body, but there is no direct link. It is a vibrational influence that grows as the intensity of oppression grows. The obsessor is not evolved and is caught up in his or her own suffering, and only gets relief by creating more obsession. Death only persists the pain.

For example, veterans of the wars in Iraq and Afghanistan are predisposed to these inferior connections because of the shared nature of their pain and grief. Another example is obsessed mediums, who become addicted to the false praise of inferior spirits. The obsessor can incite the spoiled child in any us and lead us to reject those that would offer advice and help.

Spiritism teaches that we are the cause of obsession because as long as we make people suffer and they die, we have potential enemies on the other side of life. One of Spiritism's mission is to unveil the spiritual world and equip us with the best moral virtues to not only eradicate obsession from our lives but also to prevent us from creating pain and misery for our future.

So how do you create a defensive shield? First, keep in mind that you are most vulnerable when you are sick and/or grieving. This is where mental power comes into play. When life gets difficult, do you focus or fold? The key is maintaining self-discipline and balance through it all. As you practice virtue, as you pray and serve others, you attract good spirits, who in turn, will help you reject the influence of inferior spirits. Remember to also pray for the inferior spirits. While they need to be dealt with firmly, they also require kindness. For mediums, it is equally expedient to break off all written communication as soon as it is known to come from a bad spirit, who will not listen to reason.

Finally, as you cope with life's difficulties, remember there's a difference between entertainment and escapism. To quote the Medium's Book "The most powerful means of striving against the influence of bad spirits is to make yourself as much as possible like the good."

---

Joana Suleiman is a journalist in Washington, D.C., who participated in the first course of the Roadmap Studies for the Spiritist Studies and Practice.

## New release

*Does death exist?*

*What changes when we go to the Spiritual dimension?*

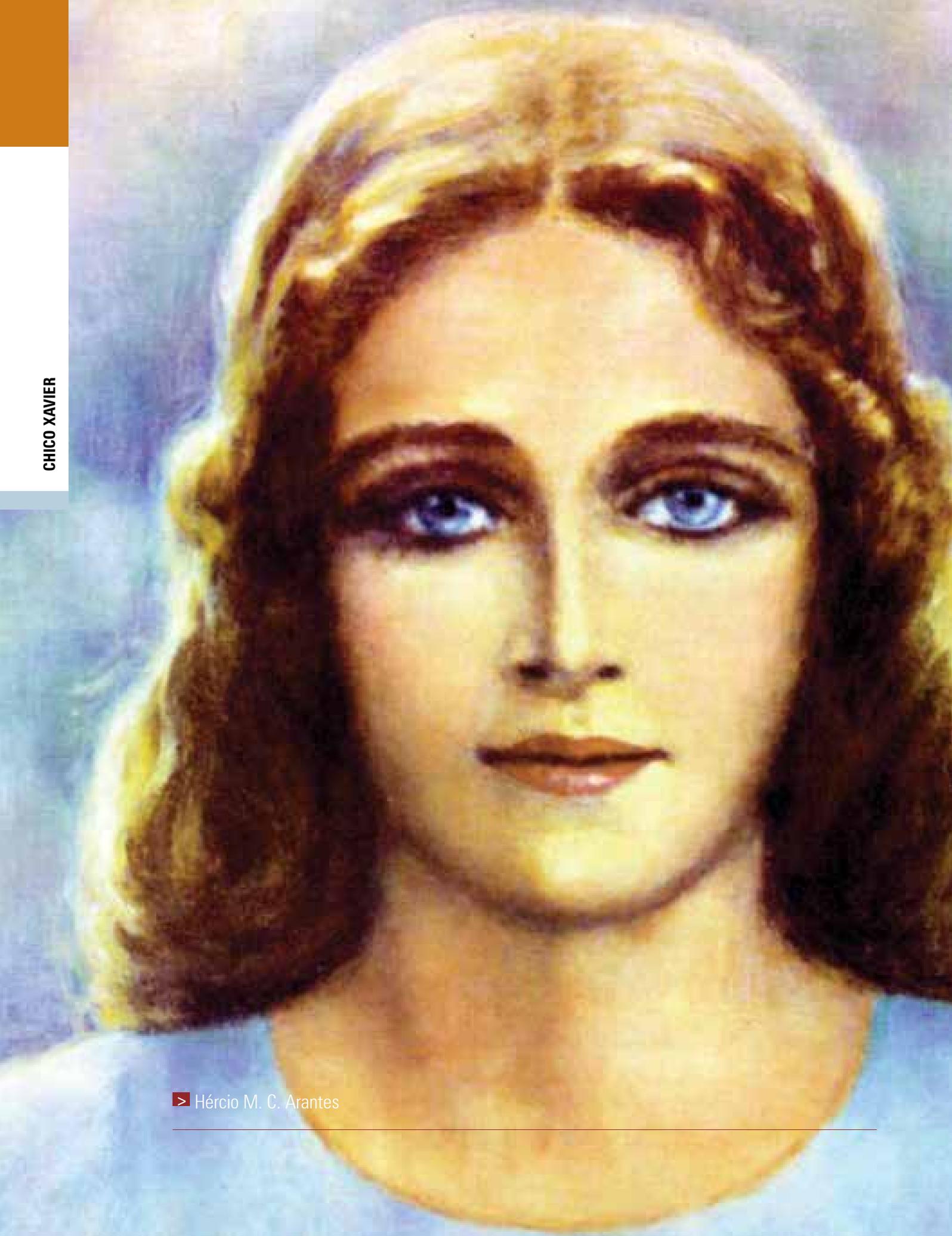
*The central character of our story, Maria Lúcia, took a long time to realize and accept her new reality, continuing her mistakes and misunderstandings despite the constant help and support of friendly relatives, who sought to awaken her from her selfish dream to power, fame and illusory success.*

*Through the immeasurable Divine Mercy, she discovered that the most precious good for anyone is Fraternal Love, which personifies in the fellow beings around us.*



Available on the sites: Amazon.com, Barnes&Noble.com and Books&books.com

CHICO XAVIER



> Hércio M. C. Arantes

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# *Portrait of Mother Mary*



**O**n the night of December 1, 1984, the Spirit Emmanuel dictated, through Chico Xavier, a spoken portrait of Mary of Nazareth to the photographer Vicente Avela from São Paulo.

The work was carried out gradually since mid-1985 with successive touches by Vicente's great ability, who had discussed it more than twenty times with Chico Xavier.

Chico stressed that Mary's portrayal, thus portrayed, reveals her as she is recognized during her visits to the closest and most disturbed spiritual spheres of the earth's crust, for example, in the Legion of Servants of Mary, the great institution for the support of suicides as described, in detail, in the book *Memoirs of a Suicide*, received by the medium Ivone Pereira.

---

Source: Anuário Espírita 1986.

# The Gods Spirits

SPIRITISM FOR KIDS

WHAT ARE YOU UP TO, LUPI?

I AM PLAYING "LUPI-THE RED GRASSHOPER". FOLLOW ME GOOD SPIRITS!

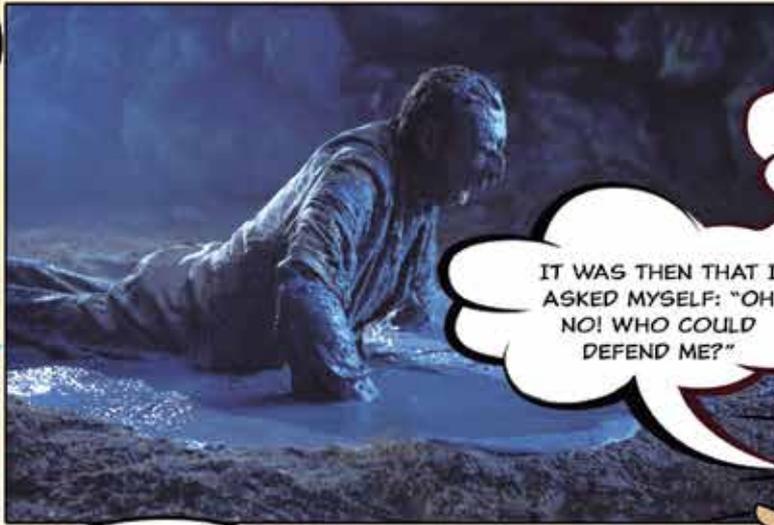
ALL OF MY MOVES ARE CAREFULLY DOGULATED!

HA, HA!! DID YOU KNOW THAT THE GOOD SPIRITS...

FOLLOW US WHEN WE TUNE IN WITH THEM?

NO WAY? REALLY! TELL ME MORE.

I REMEMBER WHEN I DISCARNATED AND REACHED THE LOWER ZONES...



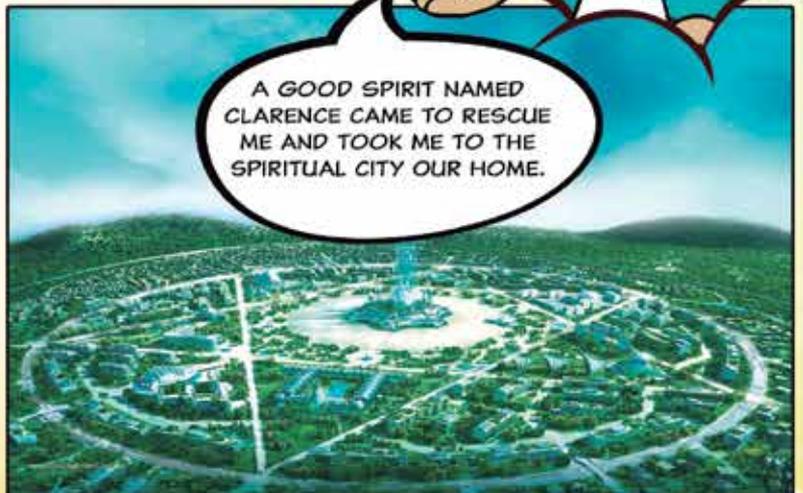
THERE, I CAME ACROSS MANY UGLY BEINGS THAT CHASED ME...

IT WAS THEN THAT I ASKED MYSELF: "OH NO! WHO COULD DEFEND ME?"

WAIT, ANDRE LUIS! I KNOW! IT WAS THEN THAT THE RED GRASSHOPER CAME!

HA! HA! NOT QUITE, LUPI!! LET ME GO ON...

A GOOD SPIRIT NAMED CLARENCE CAME TO RESCUE ME AND TOOK ME TO THE SPIRITUAL CITY OUR HOME.





BUT HE ONLY CAME BECAUSE I SAID A HEART-FELT PRAYER AND TUNED IN WITH ON HIGH.

THEY WERE NOT COUNTING ON YOUR WITS!



LATER ON, THEY TOOK ME TO A VERY BEAUTIFUL HOSPITAL.



DO YOU KNOW WHAT THEY GAVE TO EAT? SOUP.

THEY TOOK ADVANTAGE OF YOUR NOBILITY.

HA, HA, HA! NO, IT WASN'T ALL THAT BAD.



WHAT MATTERS IS THAT I LEARNED TO TUNE IN WITH ENLIGHTENED SPIRITS THROUGH SINCERE PRAYERS...

LATER, CHICO XAVIER WROTE ALL MY ADVENTURES.



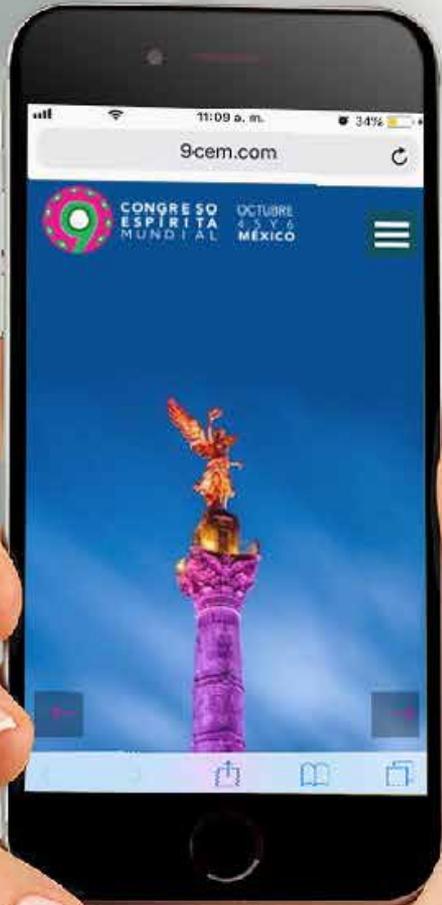
QUIET! QUIET! I AM SAYING MY PRAYERS AND MY LITTLE ANTENNAS ARE DETECTING THE PRESENCE OF A SPIRIT FRIEND!

HA, HA, HA! ONLY YOU, LUPU!



THE END

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