



*Indulgence*  
Salon & Spa

*Treatment Menu*

# ❧ Welcome! ❧

I would like to welcome you to Indulgence salon and spa! Whether it's a day of pampering or your regular beauty maintenance, Indulgence has the perfect treatment for you. Here at Indulgence we strive to give you the best treatment possible with outstanding results using only the highest quality products. All of our treatments can be customised to meet every one of your needs. Please feel free to contact the salon if you have any questions about which treatment is right for you.

We look forward to pampering you soon.

**Arrival** To ensure your treatment starts on time we ask that you arrive 10 mins before your treatment is due to commence.

**Cancellation** We kindly ask that if you need to reschedule or cancel your appointment could you please give at least 24 hours notice.

## **Meet Our Skincare** Thalgo.

Thalgo treatments are renowned for their incredible results. They are world leaders and originators of the marine spa and beauty trend for over 50 years, Thalgo harnesses the riches of the sea so you can benefit from powerful healing, revitalising and rebalancing properties vital for health and well-being. Thalgo's exceptional body treatments refine, relax and tone, while the facials offer spectacular results in anti-ageing, hydrating, purifying and much more.

**Meet Our Team** Bringing over 10 years experience between us, here at Indulgence we strive to deliver exceptional customer service and outstanding treatments. We not only take the time to help you achieve your skincare goals through high performance facials but also educate you on the best homecare for yourself.



**Kyra Webster**  
Owner/ Senior Therapist  
Makeup Artist



**Emma Symes**  
Senior Therapist  
Makeup Artist



**Olivia Richards**  
Salon Assistant  
Makeup Artist

## Spa Packages

All our body treatments include the complimentary use of our relaxation lounge before and after your treatment. All packages can be customised to suit couples or upgraded to Remedial massage for just \$20

**Express Indulgence** 1 hour.....\$90

Relaxing back neck shoulder & scalp massage plus a Thalgo illuminating radiance facial.

**Pure Indulgence** 2 hours.....\$130

Get the best of both worlds. Start your treatment with a full body relaxation massage followed by a customised Thalgo heart of the ocean facial.

**Couples Time Out** 1 hour & 40 mins.....\$115 pp

Take some time out together to relax and unwind. Start your treatment with a full body relaxation massage, followed by a foot ritual to exfoliate and nourish the feet, then finish off with an indulgent hair treatment and scalp massage.

**Girls Day Out** 1 1/2 hours.....\$110 pp

Enjoy a relaxing day out with friends or family. The girls day out treatments ensures you're pampered from top to toe. Start with a relaxing back, neck, shoulder & scalp massage then relax some more with a Thalgo Illuminating radiance facial before finishing off with an express pedicure.

**Mother or Father to be** 2 hours.....\$130 pp

For mums to be outside the first trimester. Start with a full body relaxation massage to improve circulation and relieve sore muscles and joints. Then refresh the face with a Thalgo Illuminating radiance facial and then treat the feet to an express pedicure or foot ritual.

**The Ultimate indulgence** 3.5 hours.....\$299

Start the relaxing journey of a life time with an sweet & savoury body scrub to polish and smooth the skin, we then move into a full body hot stone massage. Followed by luxurious silky smooth body wrap leaving the skin supple and hydrated. Finish off your treatment with a customised Thalgo heart of the ocean facial and nourishing hair and scalp treatment. After the completion of your treatment enjoy a delicious lunch patter.

## Body Treatments

All body treatments include the complimentary use of our relaxation lounge before and after your treatment. All body treatments can be customised to suit couples.

**Sweet & Savoury Body Scrub** 1 hour .....\$65

Come on a journey through the Mediterranean with our Sweet & Savoury body scrub. This combination of sea salt and brown sugar is sure to give you the best exfoliation possible. Finish the treatment with a moisture infusion to soften and nourish dry skin.

**Full Body Exfoliation & Body Wrap** 1 1/2 hours.....\$95

Combine all the benefits of the sweet & savoury body scrub and the silky smooth body wrap to deeply nourish and hydrate, leaving the skin soft and silky smooth for hours to come.

## Hands & Feet

**Add Gel Polish for \$15**

**Express Pedicure or Manicure** 30 min.....\$35

File, buff, cuticle work and polish

**Indulgence Pedicure or Manicure** 50 min.....\$55

Nail work, Pedi paddle, massage, exfoliation, polish

**Deluxe Pedicure or Manicure** 75 min.....\$75

Nail work, Pedi paddle, massage, exfoliation, polish and paraffin wax treatment.

## Spa Extras

Add these mini 30 minute treatments to any package facial or body treatment for only \$40

Illuminating Radiance Facial | Hand or Foot Ritual | Express Back Massage  
Nourishing Hair and Scalp Treatment | Anti-Aging Eye Treatment | Paraffin  
Hand or Foot Treatment | Skin Diagnostic.

**Lunch Platter** .....\$25

**Cheese & fruit platter** .....\$20

## Waxing

Eyebrow Wax.....	\$13
Eyebrow Sculpt.....	\$32
Lip Wax.....	\$10
Chin Wax.....	\$12
Sides of Face Wax.....	\$15
Underarm Wax.....	\$17
Bikini Wax.....	\$23
Brazilian Wax (Within 6 weeks).....	\$45
Brazilian Wax (Outside 6 weeks).....	\$57
1/2 Leg Wax.....	\$32
3/4 Leg Wax.....	\$36
Full Leg Wax.....	\$49
1/2 Arm Wax.....	\$25
Full Arm.....	\$30
Men's Chest or Back Wax.....	\$45

## Tinting

Eyebrow Tint.....	\$12
Eyelash Tint.....	\$18
Combo.....	\$25

## Tanning

Full body spray tan.....	\$35
Full body exfoliation plus spray tan.....	\$65

## Eyelash Enhancements

Full Set.....	\$99
Full Scattered Set.....	\$69
Infills.....	\$49
Lash Lift.....	\$75

## Special Occasion Makeup

Special Occasion makeup.....	\$65
False lashes.....	\$10

Wedding makeup available please contact salon for a quote

# High Performance Facials

All facials include the use of our relaxation lounge before and after your treatment.

**Illuminating Radiance Facial** 30 min.....\$49

Reveal your skin's beauty and radiance in just 30 minutes! The facial begins with a relaxing cleans and exfoliation to awaken the skin then the skin is treated to a mask, serum and a skin-type appropriate cream, leaving the complexion fresh & glowing.

**Heart of the Ocean Facial** 60 min.....\$69

In this personalised signature facial the skin is gently cleansed and exfoliated to achieve maximum absorption of active marine ingredients. After a relaxing facial massage not one but two highly concentrated masks are applied to deeply hydrate. At the end of your treatment the skin's complexion is restored to its natural beauty.

**Collagen Anti-Aging Facial** 60 min.....\$75

Give your skin a collagen boost and correct the signs of ageing as they appear with this facial designed for first wrinkles, with instant anti-ageing results. Suited for skins aged 25-35. After the treatment your skin will be radiant, hydrated and its collagen reserves restored.

**Hyaluronic Anti-Aging Facial** 60 min.....\$85

Correct the signs of ageing as they appear, with this smoothing and filling facial designed for age 35+ or for more pronounced wrinkles. Hyaluronic acid leaves the face looking younger, smoother & less wrinkled while intensely hydrating.

**Silicium Anti-Aging Facial** 75 min.....\$99

Dare to defy time with this super lift facial, designed to combat all the signs of ageing at 45+ (loss of firmness, pronounced wrinkles). Visible results after just one treatment! Your complexion will glow, lines will be less noticeable, your skin firmer.

**Microdermabrasion** Mini 30 min / Full 60 min .....\$60/\$90

Renew your skin to reveal perfection! Crystal microdermabrasion intensely smooths the micro-contours of your skin for an even-toned, clear and radiant complexion, with instantly visible results by reducing the appearance of fine lines, wrinkles, acne scarring, enlarged pores & pigmentation.

**Mceutic facial peel** 75 min.....\$85

The first medically-inspired professional cosmeceutical range with patented Mésolift Marin. This facial treats all types of skin irregularities such as pigmentation, acne scarring, blemishes and uneven skin tone but will also boost cell metabolism and preserve youthful skin. The resulting complexion is clearer and brighter, with a visible reduction in surface irregularities, tighter pores and a refined skin texture.

# Massage

All our massages include complimentary use of our relaxation lounge before and after your treatment. Here at Indulgence we massage with a sweet almond oil which is a light weight oil that leaves the skin nourished and well hydrated, however if you would prefer to wash the oil off before you leave we offer complimentary use of our shower. All massages can be customised to suit couples or upgraded to remedial for \$20.

**Back Neck & Shoulder Massage** 30 min..... \$55

An express Swedish massage to help relieve stress and muscle tension from the back neck and shoulders.

**Relaxation Massage** 60 min / 80 min..... \$80/\$110

A relaxation style of massage that uses long flowing movements to increase circulation, relax and relieve muscle tension.

**Customised Massage for Pregnancy** 60 min..... \$80

A relaxation style of massage designed for mums to be outside their first trimester. Our flowing movements help to increase circulation and lymph flow thus relieving pressure on sore or swollen joints.

**Hot Stone Massage** 80 min..... \$120

Beautiful warm volcanic stones are massaged over the body to dramatically increase the circulation to tight sore muscles while inducing complete relaxation.

**Aromatherapy Swedish Massage** 80 min..... \$120

Take yourself on a sensory journey like no other. Start your treatment off with an aromatic foot soak and exfoliation then by combining the aromatic oil with flowing relaxation style movement your therapist will help to balance the mind and body.

**Remedial (subject to availability)** 60 min / 80 min..... \$100/\$130

A firm style of massage that assists in relieving the pain from headaches, sciatica, muscle or joint pain by reducing muscle tension.



## *Gift Vouchers Available*

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