

CURRICULUM VITAE

PERSONAL INFORMATION

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EDUCATION

2017 Juris Doctorate (JD)—American Institute of Law
2004 Doctorate (PsyD) in Clinical Psychology—Ryokan College
2001 Masters (MA) in Psychology—Marriage Family Therapist Emphasis—Chapman University
1999 Bachelors (BA) in Psychology—California State University at San Bernardino
1997 AA in Psychology; AA in English literature—College of the Desert

EMPLOYMENT

2008-Present Clinical Director—All-Desert Wellness Centers/All-Desert Mental Health & Wellness
2001-Present Private Psychotherapy Practice—Palm Desert, CA
2015-Present Administrative Director of Treatment Services—173d Peace Chapel/OTANY Military Retreat & Treatment Center
2016-2017 Clinical Director—Intervention 911/Ken Seeley Communities
2006-2009 Clinical Supervisor—Oasis Rehabilitation Center
• Supervising Interns, professional development, and patient care (severe mental illness)
2001-2003 Program Coordinator, Friends of the Family Program—Family Services of the Desert
• Managing incoming referrals, MFT Interns, and case managers; case assignment; program design and development; and in-home therapy and case management services for high-risk clients/families.
Marriage & Family Therapist Intern—Family Services of the Desert
• Providing individual, couples, family, and child therapy for both in-office and in-home clients.

SPECIFIC CLINICAL EXPERIENCE

2008-Present Clinical Director—All-Desert Wellness Centers/All-Desert Mental Health & Wellness
Intern supervision, program development, community relations & collaboration, fund development, professional development, CEU coordinator
Mental Health Intensive Outpatient Program
Developer/Facilitator—Court approved “Strength-Based Parenting” Program
Operation S.A.V.E. Our Youth Program—working with high-risk youth
Social Skills Program for children with Autism Spectrum Disorders and parent support
Mental Health Intensive Outpatient Program/Trauma Treatment Program
2001-Present Private Psychotherapy Practice
Individual, Couples, Family, Group, & Adolescent therapy; Specializing in

	PTSD/abuse/trauma recovery, dissociation, mood disorders, EMDR, hypnosis, parenting, & spiritual growth
	Facilitator—AMAC (Adults Molested as Children) group
2015-Present	Administrative Director of Treatment Services—173d Peace Chapel/OTANY Military Retreat & Treatment Center—Overseeing and managing treatment for veterans and first responders and their families
2016-2017	Clinical Director—Intervention 911/Ken Seeley Communities—providing supervision of interns and treatment of patients with dual diagnosis issues
2013	Expert witness—Sexual abuse/minor adjudication case—Juvenile Court
2012	Expert witness—D.V./child abuse/minor adjudication case—Juvenile Court
2012	Consulting therapist on child abuse custody case—Family Court
2012	Consulting/treating therapist on restitution re murder case—Criminal Court
2012-Present	Consulting/treating therapist in civil rape and wrongful termination case
2011-2012	Consulting therapist for §730 evaluations
2011	Expert witness in criminal case of child molestation
2010	Expert witness in criminal case of child molestation
2009	Consulting therapist on criminal case of child molestation
2008	Expert witness in child molestation/false memory criminal case (Nevada)
2005	Consulting therapist for §730 evaluations
2003-2006	Therapist for various child/parent supervised visitations
2001-2003	Family Services of the Desert Individual, Couple, Family, Child, & Adolescent therapy (in-office/in-home) Adolescent Drug & Alcohol Group—Desert Hot Springs Middle School Adolescent Anger Management Group—Desert Hot Springs Middle School Child Counselor—Della Lindley Elementary School Child Counselor—Landau Elementary School Parent Perpetrator Program Domestic Violence Assessments & Treatment Group Adult Anger Management Group
1989-1990	Christ Centered Counseling-Temecula Co-facilitated Multiple Personality Disorder (DID) Recovery Group
1989-1991	Jefferson House (currently a TAY center with Riverside County Mental Health) Individual counselor for severely mentally ill and developmentally disabled Editor of “Insights” Newsletter of Mental Health
1989-1990	Bethel Christian Center Individual & Family Counseling Facilitator—Chemical Dependency group Co-Facilitator—ALANON & ACA (Adult Children of Alcoholics) groups

ADVANCED PROFESSIONAL TRAINING

2017	The Body Keeps the Score-12.25 hours Intensive Trauma Treatment Conference—24 hours Bipolar Treatment and Diagnosis—3 hours Power Down & Parent Up: Screen Dependence and Raising Tech-Healthy Children-3 hrs Law and Ethics—6 hours
2016	Eye Movement Desensitization & Reprocessing (EMDR)—10 hours Play Therapy—6 hours Art Therapy—6 hours Law and Ethics—6 hours
2015	Eye Movement Desensitization & Reprocessing (EMDR)—20 hours
2013	“It Happens to Boys: Adults Healing from Child Abuse” Conference —15 hours Clinical Supervision and Law and Ethics—6 hours
2012	“What Does the Law Expect of Me? Part II”—6 hours “Attachment, the Brain and Behavior: Using Positive Discipline to Help Heal Children with Trauma Histories”—6 hours

- “It Happens to Boys: Adults Healing from Child Abuse” Conference—15 hours
- Mental Health Summit 2012—6 hrs
- ADHD & Co-morbid Anxiety in Children
- 2011 The Ethics of Self-Disclosure in Supervision—6 hours
- “It Happens to Boys: Adults Healing from Child Abuse” Conference —15 hours
- Equine Assisted Therapy—7 hrs
- 2010 Mindfulness in Psychotherapy—14 hours
- “It Happens to Boys: Adults Healing from Child Abuse” Conference —15 hours
- Minor’s Counsel Training—12 hours
- 2009 “Eye of the Storm” Trauma Response Training—14 hours
- Foundations of Disaster Mental Health—8 hours
- Hypnosis in the Treatment of Depression & Pain Management—12 hours
- Evolution of Psychotherapy Conference—40 hours
- Self-Injury with Children & Adolescents—7 hours
- “It Happens to Boys: Adults Healing from Child Abuse” Conference —15 hours
- 2008 Comprehensive 100-Hour Clinical Hypnosis Training— ASCH certification pending
- Clinical Supervision: Obstacles to Learning & Teaching—6 hours
- 2007 Using Hypnosis in Treatment—Part I & II—14 hours
- Dealing with the Subpoena—7 hours
- Dissociative Disorders & DID; 9-month educational training course, ISSTD
- Treatment of Trauma & PTSD—14 hours
- 2006 Law, Ethics & Supervision: The Use of Authority—6 hours
- Dissociative Disorders Conference—ISSTD—40 hours
- Working with At-Risk Adolescents
- Understanding Personality Disorders
- CAMFT Conference—39 hours
- 2005 Spirit of Recovery Conference—Addiction, Trauma, & Mindfulness—28 hours
- Treatment for Self-Injurious Behavior—7 hours
- Therapy for Adults Molested as Children—14 hours
- 2003 Working with Children Diagnosed with Autism, ADHD & Sensory Disorders
- 2002 Treatment of Depression
- The Newest Psychotropic Medications
- 2001 Treatment of Personality Disorders

HONORS

- 2009 Leadership Award—California Association of Marriage and Family Therapists (CAMFT)
- 2006 Awarded as Honored Member of Manchester Who’s Who of Executives & Professionals
- 1990 “Accomplishment of Merit” award by U.S. President, Bill Clinton, for nomination of United States Presidential “Point of Light Award” for work accomplished at Jefferson House with Riverside County Mental Health

CREDENTIALS & AFFILIATIONS

- 2018 Board Member—Website Chairperson of CAMFT-Desert Chapter
- 2014-Present Board Member of 173d Peace Chapel Military Retreat & Treatment Center
- 2013 Member Student Bar Association
- 2012-Present Registrant State Bar of California, File #424060
- 2012 Member National Professional Women’s Association
- 2011-Present President/CEO of All-Desert Wellness Centers/All-Desert Mental Health & Wellness
- 2008-2011 Chief Operating Officer of All-Desert Wellness Centers
- 2006-2012 Member International Society for the Study of Trauma and Dissociation-ISSTD
- 2000-Present Member, California Association of Marriage Family Therapists (CAMFT), #62016
- 2008 Past President/CEU Chairperson of CAMFT-Desert Chapter

- 2007 President of CAMFT-Desert Chapter
- 2006-2010 CAMFT Trauma Response Coordinator for the Coachella Valley
- 2006-2008 Member, American Psychotherapy Association
- 2005 President of CAMFT-Desert Chapter
- 2004 Licensed as Marriage & Family Therapist, Lic. # MFC 40537
- 2001-2008 Board Member (various positions) of CAMFT-Desert Chapter
- 2000-2007 Member, American Psychological Association, #8605-1803

RESEARCH & PUBLICATION

- 2015 Supervising Clinician on Doctoral Dissertation, Argosy University—*Role of Transition Plans on Emotional Well-Being in Young Adults with High-Functioning Autism*
- 2005 Book Co-author—*The Authentic Parent: Developing your natural gifts to become the parent you always wanted to be*
- 2004 Doctoral Dissertation—*Betrayal of Virtue: A healing journey from childhood incest*

PROFESSIONAL PRESENTATIONS

- 2016 Trauma and Dissociation
- 2015 Dissociative Identity Disorder: Assessment, Diagnosis, & Treatment
- 2012 Child Abuse, Family Violence, and Getting Help, Nellie Coffman Middle School (with Creative Change Conferences/Courageous Healers)
- 2010 Authentic Parenting, California State University at San Bernardino
- 2010 Child Abuse, Family Violence, and Getting Help, Palm Desert High School (with Creative Change Conferences/Courageous Healers)
- 2009 Dissociative Identity Disorder: Assessment, Diagnosis, & Treatment
Understanding Attachment & Its Use in the Treatment of Schizophrenia
- 2008 Trauma and Dissociation
Law & Ethics in the Helping Professions
Crisis Intervention Strategies
Severe Mental Illness & Transitional Age Youth
- 2007 Trauma-Part I—“Childhood Sexual Abuse: Assessment, Sequelae, & Treatment Options”
Trauma-Part II—“Dissociative Identity Disorder: Assessment, Sequelae, & Treatment Options”
Trauma-Part III—Case Presentation of Dissociative Identity Disorder
Assessment and Diagnosis of Psychosis
Strength-Based Parenting
- 2006 The Authentic Parent: Empowering Your Clients
Trauma & PTSD: Diagnosis & Treatment

ADDITIONAL INFORMATION

- Various Additional 2-14 hour Workshops and Trainings in:

Law & Ethics (as required every 2 yrs.)	Caring for the elderly
Trauma, PTSD, & Dissociation	Play therapy/Bullying in the schools
Chemical Dependency	Gottman & Imago Couples Therapy
Autism Disorder	Mindfulness
Nutrition/Diet/Chinese Medicine	Experiential Therapies
Personality Disorders	Suicide & Crisis Intervention
Stress Reduction	Eating Disorders
Divorce/Custody Issues	Equine Assisted Therapy
Sleep Disorders	Psychotropic Medications
Domestic Violence	Guided Imagery
Attention Deficit Hyperactivity Disorder	Hypnosis
- References available on request