

**Question 8: Is everything I say really confidential?**

I take confidentiality very seriously. In general, the law protects the privacy of all communications between a client/patient and psychologist or other healthcare professionals. I can only share information about our work together to others with written permission. There are some circumstances however, when it may be required by law to disclose information without consent. In such cases, the law requires that I file a report and follow-up with the appropriate government agency. Some of these circumstances include but are not limited to:

If there is an explicit threat of imminent and serious injury to self or another individual.

If I believe that a vulnerable and/or incapacitated adult has been a victim of some form of abuse.

If I have knowledge or reason to suspect that an identifiable child (someone under the age of 18) is or has been the victim of injury or abuse.