

Testing for Orange Belt

Requirements

- Belt test every 2 months
- Count from 1-30 in Korean
- Perform Yellow Belt Form Tae Geuk Yi Jang
- To Demonstrate and understand names of all basic and intermediate kicks
- Do push-ups and sit-ups
- Complete 1-2 minute round of free sparring (W.T.F. approved sparring gear with school logo is required)
- Break 3 boards using Hammer Fist, Axe Kick, and Side Kick