

Testing for Purple Belt

Requirements

- Belt test every 2 months
- Count from 1-50 in Korean
- Perform Green Belt Form- *Tae Geuk Sa Jang*
- To Demonstrate and understand names of all basic and intermediate kicks
- Do push-ups and sit-ups
- Complete 2-2 minute round of free sparring (W.T.F. approved sparring gear with school logo is required)
- Break 5 boards using Hammer Fist, Axe Kick, Side Kick, Turning Back Side Kick, and Hook Kick