

Wines sold by
Cape May
Winery

here at

Buds Fresh Market

CAPE MAY CABERNET
SAUVIGNON

CAPE MAY MERLOT

CAPE MAY RED

CAPE MAY CHARDONNAY

CAPE MAY WHITE

CAPE MAY PINOT GRIGIO

CAPE MAY PINOT NOIR

CAPE MAY RIESLING

CAPE MAY ROSE

LIGHTHOUSE BLUSH

Stop in or call
Bud's Fresh Market
Order @ 609-796-5694
for all of your
Party needs

- Hoagie Trays
- Lunch Meat Trays
- Wrap Trays
- Sandwich Trays
- Fruit Trays
- Vegetable Trays

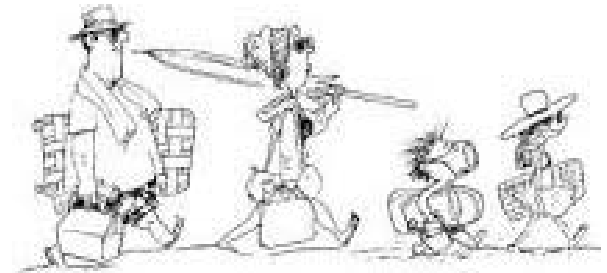
~Custom Cut Steaks
~Fresh made Burgers for the Grill

FOR ALL YOUR
SEAFOOD NEEDS

~Visit our sister store~

Avalon Seafood and Produce
29th and Ocean Drive, Avalon, NJ

**BUD'S FRESH
MARKET**



Open Daily!

Order @ 609-796-5694

Take-Out Hours

Breakfast Open - 12 noon

*Lunch ~ Dinner
11:00 am - 7:00 pm*

8302 Third Avenue
Stone Harbor, New Jersey 08247

budsfreshmarket@comcast.net
visit us on facebook

Breakfast

Start your day off on the right side!

~ YOUR CHOICE \$ 5.49~

Bud's Big Breakfast Sandwich served on a plain, everything bagel or kaiser. Comes with 2 Eggs, Cheese, choice of meat (Bacon, Ham, Pork Roll or Sausage)

Pork Roll & Cheese (served on kaiser roll)

Healthier Choice - Egg White Wrap served on Multigrain Wrap comes with Egg Whites, peppers and onions.

Sides & Starters

| | |
|---|----------------|
| French Fries | \$ 4.99 |
| Tator Tots | \$ 3.99 |
| Chicken Tenders | \$ 6.99 |
| Buffalo Chicken Tender w/side of Blue Cheese dressing | \$ 7.99 |

609-796-5694

Take-Out Hours

Open to 7:00 pm

Hoagies

From the Deli

~ YOUR CHOICE \$ 8.99~

Hoagies are made fresh to order – lettuce, tomato, onions

Old World Italian

Roast Beef & Cheese

Turkey & Cheese

Ham & Cheese

American Cheese

Mixed Cheese (American, Provolone, Swiss)

Sandwiches

~ YOUR CHOICE \$ 7.99~

served on a kaiser roll, wheat or rye bread

Shaved Ham & American Cheese topped w/lettuce, tomato and raw onion

Roast Beef & American Cheese topped w/lettuce, tomato and raw onion

Turkey & American Cheese topped w/lettuce, tomato and raw onion

**Tuna Salad (fresh made, generous portions)

**Egg Salad (fresh made, generous portions)

**Chicken Salad (fresh made, generous portions)

** While Supplies Last**

*add to any of our sandwiches/ burgers; raw onions, fried onions, mushrooms, pickles, hot or sweet peppers

Sandwiches

From the Grill

~ Your Choice \$ 8.99~

Philly Cheese Steak

Philly Cheese Steak Hoagie

Chicken Cheese Steak

Chicken Cheese Steak Hoagie

Buffalo Chicken Cheese Steak

Buffalo Chicken Cheese Steak Hoagie

Grilled Veggie Hoagie-(Squash, Spinach, Mushrooms, Peppers & Onions - topped with Lettuce & Tomatoes)

Barbequed Pulled Pork **\$ 8.99**
(Grilled Pulled Pork with a savory barbeque sauce and sautéed onions served on a kaiser roll)

Grilled Cheese **\$ 4.99**

Superdog **\$ 2.99**

Burgers

Build your own Bud Burger -8 oz.

Fresh seasoned burger served on brioche roll – add cheese, lettuce, tomatoes, onions, pickles **\$ 7.99**

Bacon Burger **\$ 8.99**

Fresh seasoned burger served on brioche roll – add cheese, lettuce, tomatoes, onions, pickles

Impossible Meatless -Burger **\$ 9.99**

add cheese, lettuce, tomatoes, onions, pickles

Big Buds Burger Melt **\$ 9.99**

A Cheeseburger inside a Grilled Cheese add cheese, lettuce, tomatoes, onions, pickles

*add to any of our sandwiches/ burgers; raw onions, fried onions, mushrooms, pickles, hot or sweet peppers