



## INVITATIONAL SHORT COURSE SPRINTS MEET

SUNDAY 3<sup>rd</sup> December 2017, Eston Leisure Centre

THIS EVENT IS LICENSED AT LEVEL 4 (4NETBC)

The gala has been designed for those who have not yet achieved county times for their sprint distances and to include the youngsters who narrowly miss out on such an opportunity. The gala is to be licensed to level 4 to allow times to be used at open and county level competition.

We would welcome a fast response confirming your clubs attendance at the gala so we can ensure the gala runs at capacity to make it a success.

Greg Ient (Head Coach)  
Northallerton ASC

### Session 1

09:15 Warm Up for 10:15 Start

<b>101</b>	Girls	9yrs+	200m	Freestyle
<b>102</b>	Boys	8yrs+	50m	Breaststroke
<b>103</b>	Girls	8yrs+	50m	Breaststroke
<b>104</b>	Boys	9yrs+	100m	Backstroke
<b>105</b>	Girls	9yrs+	100m	Backstroke
<b>106</b>	Boys	8yrs+	50m	Freestyle
<b>107</b>	Girls	8yrs+	50m	Freestyle
<b>108</b>	Boys	9yrs+	100m	Butterfly
<b>109</b>	Girls	9yrs+	100m	Butterfly
<b>110</b>	Boys	9yrs+	200m	Individual Medley

### Session 2

13:00 Warm Up for 14:00 Start

<b>201</b>	9yrs+	Boys	200m	Freestyle
<b>202</b>	8yrs+	Girls	50m	Backstroke
<b>203</b>	8yrs+	Boys	50m	Backstroke
<b>204</b>	9yrs+	Girls	100m	Breaststroke
<b>205</b>	9yrs+	Boys	100m	Breaststroke
<b>206</b>	8yrs+	Girls	50m	Butterfly
<b>207</b>	8yrs+	Boys	50m	Butterfly
<b>208</b>	9yrs+	Girls	100m	Freestyle
<b>209</b>	9yrs+	Boys	100m	Freestyle
<b>210</b>	9yrs+	Girls	200m	Individual Medley

All races held under ASA Laws and ASA Technical Rules with Colorado Electronic timing

Age Groups : 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over

**Ages** on day 3rd December      **Entry Fees:** £4.50 per individual entry

All winners will be decided on a **Heat Declared** basis. Prizes will be awarded to the fastest three in each **individual** age group.

**Closing date for entries: Midnight 26<sup>th</sup> November 2017**



### Gala Conditions

1. Meet to be held at Eston Leisure Centre – the Pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes;
2. This meet is an Invitational meet with only 8 Clubs allowed to attend. This will be at the discretion of meet organisers. Swimmers who have qualified for Home Nation or British Nationals should be excluded from this event.
3. Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only
4. Age groups/Events will all be Heat Declared Winner:
  - a. 8 years, 50 m all strokes, please note any swimmer accepted must have been ratified by the relevant club coach for each event, should this be found not to have occurred the swimmer shall be disqualified from all events and invalidated from all presentations.
  - b. 9 years and over : 50m all strokes, 100m all Strokes, 100m IM and 200m Freestyle
5. Ages are as at 3rd December 2017
6. Entry fees: £3.50 for Sports Systems entries
7. Coach passes cost £5.00 which includes refreshments at the interval
8. Coaches will not be permitted on poolside without the necessary pass
9. Entries must be submitted on the official entry file or form and include the swimmer's full date of birth. Files available from and entries should be returned by the entry **closing date: 26<sup>th</sup> November**
10. Cheques should be made payable to "Northallerton ASC". A valid email address or SAE must be supplied for entry confirmation to Northallerton ASC (FAO Greg Ient), Hambleton Leisure Centre, Stone Cross, Northallerton, DL6 2UZ.
11. Northallerton ASC will **NOT** be responsible for any unaccompanied swimmers on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e. an adult with a coach's pass
12. Heats will be seeded according to submitted entry times
13. Presentations will be made to the first three in each age group: 8, 9, 10, 11, 12, 13, 14 and Over.
14. For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool
15. Admission for spectators will be; Adult £4.00, Child and O.A.P. £2.00. Includes programme.
16. No entry cards will be issued. Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded heat start lists will be produced prior to the start time of the session. Complying with this condition will keep the number of empty lanes to a minimum
17. Poolside entries, £5.00, may be permitted if the meet has not been over-subscribed
18. Should the meet be over-subscribed, swimmers will be excluded from fastest times first, within each age group.
19. Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete
20. Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management
21. Neither Northallerton ASC nor Eston Leisure Centre (Everyone Active) can be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers in the changing rooms and not to leave belongings unattended in the changing area or on poolside
22. Anyone wishing to use photographic equipment within the pool area must register at beforehand
23. The Lead Referee will be: Iain Young - [iain1958young@talktalk.net](mailto:iain1958young@talktalk.net)
24. Any points not covered here will be at the discretion of the meet organisers



**SUMMARY SHEET**

Total Number Female Entries \_\_\_\_\_ x £4.50      £ \_\_\_\_\_

Total Number Male Entries \_\_\_\_\_ x £4.50      £ \_\_\_\_\_

Total Entries \_\_\_\_\_      £ \_\_\_\_\_

Coaches/Chaperones Passes \_\_\_\_\_ x £7.50      £ \_\_\_\_\_

Total Amount      £ \_\_\_\_\_

WE WOULD BE GRATEFUL FOR DETAILS OF ANY OF YOUR QUALIFIED LICENSED OFFICIALS WHO CAN ASSIST AT THE GALA. THANK YOU.

Please email electronic entries to [nasc@nasc.co.uk](mailto:nasc@nasc.co.uk) before midnight 26th November, payment and any other forms are sent to:

Northallerton ASC (FAO Greg Ient), Hambleton Leisure Centre, Stone Cross, Northallerton, DL6 2UZ

**DECLARATION**

All entrants are eligible competitors and are registered members of the club named below.

All entrants accept the Promoters Conditions.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Club Official \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Email \_\_\_\_\_