HARROGATE DISTRICT SWIMMING CLUB

(Affiliated to ASA North Eastern Region.)

SPA TOWN A/B GRADED MEET

(under FINA Technical Rules)

DATE: SATURDAY & SUNDAY 14th & 15th APRIL 2018

VENUE: THE HYDRO, JENNYFIELDS DRIVE, HARROGATE

THIS MEET IS LICENSED AT LEVEL 3 BY THE A.S.A. (3NE180139) AND RESULTS WILL QUALIFY SWIMMERS FOR ENTRY INTO REGIONAL & COUNTY CHAMPIONSHIPS. SWIMMERS MUST HAVE ACHIEVED THE LOWER LIMIT TIME, BUT MUST NOT HAVE SWUM FASTER THAN THE UPPER LIMIT TIME, IN THE 12 MONTHS PRECEDING ENTRY. (CONVERTED TIMES WHERE APPROPRIATE)

THE MEET Girls/Boys 9 – 15 & over – 50, 100 & 200 metres all strokes plus 400m Freestyle and 200m & 400m IM All events are Heat Declared Winner.

Ages at 15th April 2018

AWARDS: Rewards as follows:

9, 10, 11, 12, 13, 14, 15 & over. Top 3 swimmers only in A grade and B Grade. Swimmers who swim faster than the B Grade cut-off times will be ranked automatically in the A grade result.

An Alternative Award will be given to swimmers who swim faster than the A Grade cut off times by the following margins:-

1 second on 50m, 2 seconds on 100m, 4 seconds on 200m, 8 seconds on 400m

ENTRIES: Cost £6 per event.
Coaches passes to include meals, programme, result sheets and entry onto the poolside £20.
Entries will be accepted on receipt strictly on a "first come, first served" basis.
Once the meet is full it will be shown as closed on the website.
Entries will not be accepted before 12 noon Sunday 18th February 2018

NO CLUB WILL BE ALLOWED TO SUBMIT MORE THAN 400 ENTRIES TO THIS MEET

<u>Clubs submitting entries for more than 5 swimmers must do so</u> <u>electronically. Entry forms and file sets are downloadable from our</u> <u>website:- www.swimharrogate.org</u>

Further details from:-Barry Saunders, 42 Greenfields Road, HARROGATE, HG2 7PH. Telephone:- 01423 885326 Email:-compsec@swimharrogate.org

(THIS WILL BE A CARDLESS MEET. ENTRY CONFIRMATIONS WILL BE POSTED TO CLUBS AS SOON AS ENTRIES ARE PROCESSED.)

CLOSING: 23rd March 2018 or when meet is full