






















NFAA SHOOTING STYLES

If You Shoot ...	<i>and you are an ...</i>	Adult	Young Adult/ Youth/Cub/PeeWee
 +  +  + 		FS	FS
 +  +  + 		FSL	FS
 +  +  + 		BHFS	BHFS
 +  + 		BB	BB
 + 		TRAD	BB
 +  +  + 		FSLR	FSLR

Key FS = freestyle

FSL = freestyle limited

BHFS = bowhunter freestyle

BB = barebow

Trad = traditional recurve or longbow

FSLR = freestyle limited recurve (basically FITA Freestyle)

Note—In the Junior Division—Young Adult (*15-17 years old*), Youth (*12-14 years old*), Cub (*under 12 years old*)—there are only four styles recognized—FS, FSL, BB, and FSLR.