



IOWA CHILD CARE PROVIDER -- PHYSICAL EXAM REPORT ¹

Child Care Center Personnel • Child Development Home Providers

Name: _____ Date: _____

Name of Child Care Business: _____

What child care activities do you do? Check all that apply. ☐ lift or carry children ☐ infants/toddler care ☐ preschool child care
☐ school-age child care ☐ first aid duties ☐ driving ☐ playground duty ☐ cleaning ☐ food preparation ☐ facility & ground maintenance ☐ office work ☐ I do child care in my home

CHILD CARE PROVIDER CONCERNS & NOTES: *I am concerned about the following health problems.*

<p>Health Concern</p> <p><input type="checkbox"/> Allergies List:</p> <p><input type="checkbox"/> Breathing problems (asthma, emphysema)</p> <p><input type="checkbox"/> Dental problems or tooth related pain</p> <p><input type="checkbox"/> Diabetes</p> <p><input type="checkbox"/> Difficulty hearing</p> <p><input type="checkbox"/> Difficulty with vision</p> <p><input type="checkbox"/> Emotional or stress</p> <p><input type="checkbox"/> Heart or blood pressure problems</p> <p><input type="checkbox"/> Muscle, joint, or mobility problems Lifting restrictions</p>	<p>Health Concern</p> <p><input type="checkbox"/> Neurology problems (headaches, seizures, other)</p> <p><input type="checkbox"/> Skin problems (concerns about frequent handwashing)</p> <p><input type="checkbox"/> Smoking or alcohol use <input type="checkbox"/> I want to stop smoking</p> <p><input type="checkbox"/> Stomach or bowel problems</p> <p><input type="checkbox"/> Susceptibility to infection or illness</p> <p><input type="checkbox"/> Tuberculosis or history of positive test</p> <p><input type="checkbox"/> I have a health problem that requires work modifications: Describe: _____</p>
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HEALTH CARE PROVIDER The physical exam should include functional assessment of vision and hearing, with a review / exam of systems. The exam should determine health conditions that pose a threat to the health, safety, or well-being of children in child care, and/or predispose the worker to occupational injury relating to the care of children in a child care setting.

Immune Status: The following list contains adolescent and adult immunizations.

Check if reviewed	Immunization*	Comments: indicate if person is immune or if vaccine was given. An adult immunization card may be used in lieu of this table.
<input type="checkbox"/>	Hepatitis A* <input type="checkbox"/> Hepatitis B	
<input type="checkbox"/>	HPV* Human Papillomavirus	
<input type="checkbox"/>	Influenza (annual influenza season)	
<input type="checkbox"/>	Meningococcal*	
<input type="checkbox"/>	MMR Measles, Mumps, Rubella	
<input type="checkbox"/>	Pneumococcal*	
<input type="checkbox"/>	Polio (OPV or IPV)	
<input type="checkbox"/>	Shingles* (Herpes Zoster)	
<input type="checkbox"/>	Td/Tdap	
<input type="checkbox"/>	Varicella (chicken pox)	

* Clinicians should use the Advisory Committee on Immunization Practices (ACIP) recommendations. www.cdc.gov

Communicable Disease Statement

Does the person have a known communicable disease that requires modification of job duties? ☐ NO ☐ YES If yes, list the job duty restrictions.

Does the person test positive or have a history of tuberculosis (TB)? ☐ NO ☐ YES Date of positive test _____
 Has the person completed TB medical diagnosis and treatment? ☐ YES ☐ NO If the person needs medical treatment for TB, please contact the Iowa Department of Public Health, Tuberculosis Program 515-281-8636.

Health Status

Does the person have known health condition(s) that requires modification of job duties? ☐ NO ☐ YES List the job duty restrictions.

Health Care Provider Signature _____

Mailing Address _____ Telephone _____

Provider Type: ☐ MD ☐ DO ☐ PA ☐ ARNP

¹ This form meets the Iowa Administrative Code 441-109 Child Care Centers and IAC 441-110 Child Development Homes.

Child care center employees are required to have a physician-signed statement concerning health status. Child care center volunteers and substitutes are required to sign a statement of health status.

Child Development Home providers, substitute providers, and all provider household members that may be present when children are in the home are required to have a physician-signed statement of health status.

Name: _____

LICENSED CHILD CARE CENTER STATEMENT OF HEALTH

Substitutes and Volunteers

Name:

Date:

Name of Child Care Business:

STATEMENT OF HEALTH

Have you had a physical exam within the last year? ☐ YES ☐ NO

Would you like assistance finding a health care provider or payment for a physical exam?² ☐ YES ☐ NO

IMMUNIZATION *

☐ I DO NOT KNOW MY IMMUNIZATION HISTORY

* An adult immunization card may be used in lieu of documenting in this table. For information about the adult immunizations call the Iowa Department of Public Health, Immunization Office Telephone: 800-831-6293

Please check if you have received the following immunizations

- | | | |
|---|--|---|
| <input type="checkbox"/> Hepatitis A | <input type="checkbox"/> Hepatitis B | <input type="checkbox"/> Pneumococcal |
| <input type="checkbox"/> HPV: Human Papillomavirus (adolescent & young adult females) | <input type="checkbox"/> Polio: (OPV or IPV) | <input type="checkbox"/> Shingles (Herpes Zoster) |
| <input type="checkbox"/> Influenza (annual influenza season) | <input type="checkbox"/> Td/Tdap tetanus, diphtheria, whooping cough | <input type="checkbox"/> Varicella (chicken pox) |
| <input type="checkbox"/> Meningococcal | | |
| <input type="checkbox"/> MMR: Measles, Mumps, Rubella | | |

Communicable Disease

To the best of your knowledge, do you have a communicable disease that requires modification of your job duties?

☐ NO ☐ YES (If yes, list your recommended job duty restrictions.)

Do you have a positive TB test or have a history of tuberculosis? ☐ NO ☐ YES Date of positive test _____

Have you completed medical diagnosis and treatment for TB? ☐ YES ☐ NO If you have questions or need medical treatment for TB, please contact the Iowa Department of Public Health, Tuberculosis Program 515-281-8636

Health Status

To the best of your knowledge, do you have health condition(s) that requires modification of your job duties?

☐ NO ☐ YES (Please list the job duty restrictions.)

Signature of Substitute / Volunteer _____ Date _____

Health Care Provider Signature _____

Mailing Address _____ Telephone _____

Provider Type: ☐ MD ☐ DO ☐ PA ☐ ARNP

Name: _____

² The Iowa Department of Public Health has women and men health programs, please call Healthy Families Line at 1-800-369-2229.