

Menu January 14th - January 18th

Meal	Monday 14 th	Tuesday 15 th	Wednesday 16 th	Thursday 17 th	Friday 18 th
Breakfast	Rice Krispies Mixed Fruit Milk	Whole Grain Toast Peaches Milk	Whole Grain Waffles Pineapple Milk	Cheerios Oranges Milk	Toast Mixed Fruit Milk
AM Snack (Foxes/Wolves)	Whole Grain Goldfish Milk	Whole Grain Rice Cakes Milk	Whole Grain Wheat Thins Milk	Oranges Pretzels Water	Cottage Cheese Whole Grain Crackers Milk
Lunch	Cook's Choice Milk	Turkey Yams Oranges Bread with Butter Milk	Grilled Cheese Tomato Soup Peas Pears Milk	Meatloaf Corn Peaches Bread w/ Butter Milk	Fish Carrots Pineapple Bread w/ Butter Milk
PM Snack	Whole Grain Crackers Milk	String Cheese Crackers Water	Apples and Bananas Cubed Cheese Milk	Whole Grain Trail Mix Milk	Banana Bread Banana Milk