

Menu March 9 - 13

Meal	Monday 9th	Tuesday 10th	Wednesday 11th	Thursday 12th	Friday 13th
Breakfast	Cheerios Strawberries Milk	ww English Muffin Cantaloupe Milk	French Toast Sticks Applesauce Milk	Oatmeal Blueberries Milk	Toast Peaches Milk
Lunch	ww Grilled Cheese Sandwich Cottage Cheese Mixed Vegetables (corn, peas, carrots) Pineapple Milk	Hash Brown Breakfast Pizza (ground turkey) Mangos/Pineapple Bread Stick Milk	Beef Stew Goulash ww Egg Noodles Corn Mixed Berries Milk	Pizza Burger (ground beef) Green Beans w/Potatoes Pears w/w Bun Milk	Cold Meat Turkey/Cheese ww Sandwich Peas Tater Tots Milk
PM Snack	Snack Mix (Cheez-its, Fish Crackers, Rice Chex) Milk	Cucumbers ww Cracker Water	Mini Rice Cakes Yogurt Water	w/w Crackers Cheese Slices Water	Banana Graham Cracker Water

All milk is either skim (fat free) or 1% (low fat)
Whole Milk is served to children 1-2 years of age