



South Coastal MA Breeze



March 2017

"UNITY DAY - 2017"

Co-sponsored by South Coastal and Cape Cod Intergroups
Wrap Up Report

Date/Time: February 25, 2017, 1-4 pm
Location: Beth Israel Deaconess Hospital, Plymouth, MA

57 members registered as attending this workshop, from Plymouth (5) Brockton (2), Marshfield (3), Chatham (1), Quincy (3), Weymouth (1), Lakeville (3), Pembroke (1), Contoocook, NH (1), Hingham (1), Dorchester (1), Arlington (2), Carlisle (1), N. Reading (1), Newton (2), Middleboro (3), Duxbury (2), Scituate (2), Lowell (1), Burlington (1), Sagamore Beach (1), Portsmouth, RI (2), Halifax (1), Hanson (2), Cambridge (1), Yarmouthport (1), Waltham (1), Rockland (1), Tewksbury (1), Newport, RI (1), Dennis (1), Cotuit (1), Hyannis (1), Tiverton, RI (1), E. Falmouth (1), Narragansett, RI (1), Kingston, RI (1), Taunton (1).

18 identified themselves as 'willing to sponsor'.

There were four speakers from various intergroups.

Five intergroups (Seacoast NH/Southern ME Seacoast, Cape Cod, Southcoast, Mass Bay and Northshore) brought a total of six Raffle Baskets.

Two recipients received Lifeline subscriptions, courtesy of an anonymous donation.

Respectfully submitted

Barbara B. Cape Cod Intergroup

Addendum:

According to the Opinion Poll—100% Said They Would Come Again. Joan T



Grow OA Unity

Download our Unity with Diversity Checklist and discuss it at you next group conscience

A Step Ahead

SCMI Board 2016-2017

- Chair-Mary W.
- Vice Chair - Kathy B.
- Recording Secretary - Lauren W.
- Corresponding Secretary - Rita A.
- Treasurer - Lee R.
- Breeze Editor - Joan T.
- Lending Library - Sandi G.
- Region 6 Delegates - Lauren W. Joan T.
- Region 6 Trustee- Karin H.

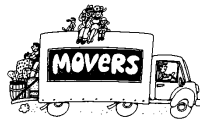
Many thanks to those who give service by filling these positions.

Our website: www.scmioa.org

SCMI EDITORIAL POLICY

This is your newsletter. Forward your submissions to breeze@scmioa.org (300-400 words max.) Your contributions, comments, and experiences in the OA way of life are needed. The opinions expressed in the Breeze reflect those of the writers and not the South Coastal Mass Intergroup or OA as a whole, nor does the publication of any article imply endorsement. We are neither able to pay for nor return any submissions. All material from this newsletter may be reprinted without permission by other OA groups, unless otherwise noted. Names will be withheld upon request. The editor gladly welcomes contributions and reserves the right to edit articles with the intent of preserving the Twelve Steps and Twelve Traditions. Announcements and upcoming events are also listed in the publication.

South Coastal Mass Intergroup
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Stoughton Meetings Moving

Tuesday Night Meeting will meet at the library then 3/21 start meeting 7-8 PM Moakley Conference Room at Good Samaritan Hospital, 235N. Pearl St., Brockton

Friday Morning Meeting will meet at the Library till March 17th. Starting March 24th they will meet at 9:30-11am at the Congregational Church, 76 Pierce St., Stoughton

Meetings Now Closed

Easton Thursday Night meeting at Holy Trinity Lutheran Church from 7-8pm is closed

Marshfield Wednesday Morning at the Senior Center 10-11am is closed



INTERGROUP CALENDAR

SOUTH COASTAL MA INTERGROUP WEBSITE: <http://www.scmioa.org>
ALL INFORMATION - CONTACT INFO AND LINKS ON OUR WEBSITE CALENDAR

Mar 18 Sat.	ABINGTON MA-South Coastal Mass. Intergroup meeting, 455 Plymouth St., Route 58 at Center St., Priory Building, 11:45-am immediately following the regular OA meeting
May 13 Sat.	ABINGTON MA.- Anniversary Meeting St Bridgets' Catholic Church, 455 Plymouth St., Route 58 at Center St., Parish Hall, 10:00- 12:00pm, speakers clothing swap, raffles, sharing

OA Events Outside the SCMI Area - Go to www.scmioa.org for more information

Apr. 15-17 Framingham, MA, "Step Into Recovery" Retreat

June 2-4 Western Mass. Intergroup Retreat A Guided Journey Through the 12Steps

Our Intergroup maintains a lending library of recorded meetings from Region 6 Conventions. All you have to do is sign them out and remember to return them for another listener. They are available at South Coastal MA Intergroup meeting place (the Sat. Abington meeting).

(*) Handicap Accessible; (BB) Big Book; (Bg) Beginners; (FT) For Today; (H) How; (L) Literature; (M) Men's Focus; (P/TR) Principles/Traditions; (R) Rotating Format; (R&R) Relapse/Recovery; (SP) Speaker; (ST) Step; (T) Tools; (VOR) Voices of Recovery; (VS) Virtual Speaker; (W) Writing; (WM) Women's Focus; (100) 100 Pounder's Focus

Abington	St. Bridget's Catholic Church, 455 Plymouth St., Rte 58 at Central St., Priory Bldg (Sat-10AM SP)
Braintree	1st Cong Ch-12 Elm St. (Parking lot off Steadman Ave) in basement Chapel (Mon-7-8PM SP) (Tues-7-8 PM SP/BG welcome) (Fri 6:30-7:30 PM ST meet in library in lower level)
Braintree	St. Clare's Catholic Church (Rectory), 1244 Liberty St, (Wed.10:00 to 11:00 AM FT)
Braintree	First Baptist Church, 594 Washington Street (lower level library) (Thur 5:30 - 6:30 PM SP)
Brockton	At Library start3/21 /17 Good Samaritan Hospital Moakley Center 235 N. Pearl St Brockton, Tuesday 7PM
Duxbury	(*) Church of St. John the Evan-410 Washington St. Library (Thur-7:00PM SP)
Easton	(*) Holy Trinity Lutheran Ch -143 Lincoln Street Sat-10AM R)
Hingham	(*) House of Prayer Lutheran Church - 916 Main Street (Route 228) (Mon-10-11 AM, child friendly (L) (Tue 10 AM W) (Thurs-6:30 M) (Fri-10AM-VOR)
Lakeville	(*) United Church of Christ-3 Precinct Street-Crn of Rts 18 & 105 (Mon-7-8 PM) (L)
Marion	(*) St. Gabriel's Episcopal - 124 Front Street (Sat-8:00 AM L & Sat-9:00 AM SP)
Plymouth	(*) Beth Israel Deaconess Hospital formerly Jordan Hosp.-275 Sandwich St. (Sun-10:30AM SP Funkhouser Conf. Rm.) (Tue-5:45 PM BB-ST Boynton Conf. Rm.)
Plymouth	(*) St. Mary's Parish Center 347 Court St. Plymouth (Thurs 9:30 ST) enter through side door
Randolph	(*) Senior Veterans Center, 16 Fencourt Ave. (off Rt. 139), parking in front of building, use front entrance (no stairs) and take first left, then go to the second doorway on your left, (dining room), (Mon. 9:30 to 11:00 AM)
Stoughton	(*) Goddard Center - 909 Sumner Street (Sun-6:00 PM ST), meet in lobby, proceed to meeting room
Stoughton	(*) At Library till 3/17 then 3/24 Congregational Church , 76 Pierce St., 9:30AM -11:00AM
Taunton	First Parish Universalist-On 71 Church Green off Rts 44&140 (Wed-7:00 PM)

Send by March 31 to qualify

Attract Newcomers: Design the Next Great Poster

Enter OA's Public Information Poster Contest

What kind of Message Would Make You Take a Second Look?

Contest Rules and Guidelines

Designs do not have to be professional quality What matters most is the idea and intended message. You may include an explanation ,if necessary.

Your submission can be drawn on anything from a napkin to a computer. Hand drawn entries must be clearly legible.

Submissions can be in any language, please include an English translation.

Posters will be printed in English on US letter-size paper(8.5"x11")

One entry per member, please select your best idea.

All submitted designs must be original and accompanied by a contest release form. available at (oa.org/files/pdf/release-form.pdf)

If duplicate designs are submitted only the first one received will be accepted.

Submissions must be received by WSO by March 31,2017at 11:59PM

Mail submission plus a completed release form to World Service Office, P.O. Box 44020, Rio Rancho, New Mexico, 87174-4020, USA

A Step Ahead

Donations to South Coastal Mass Intergroup January 22,2017- February 18, 2017
Abington Sat AM \$125
Hingham Tues. AM 50.
Hingham Fri. AM 100.
Duxbury Thurs. PM 75.
Marion Sat. AM 100

Is Your Group's Literature

Up-to-Date?

How do you know?

Look for the

OA Literature List by

Copyright Date/Revision

Date on www.oa.org

Look on the Documents

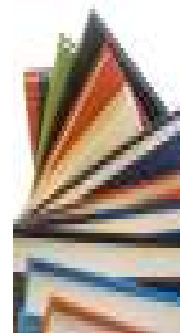
page under Literature to

check for newly available

publications.

Check back periodically.

A Step Ahead



We are members of Region 6. Find information at: www.oaregion6.org

SCMI 2017 Meeting Dates: Jan. 21, Feb. 18, Mar. 18, Apr 22, May 20, Jun 17, Sep. 9, Oct 14, Nov. 18, Jan. 20, 2018

Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.