



# NATURAL HEALING

## THROUGH THE LAWS OF HEALTH

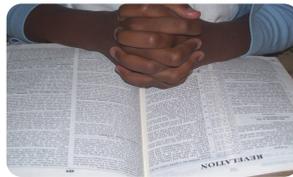
*"Knowing that if you have the faith of a mustard seed, your faith can move mountains"*

Cor. Redcliffe & Temple Streets, St. John's, Antigua and Barbuda, Phone: 1 (268) 720-0418

LP 110 Las Lomas No. 2, Via Cunupia, Trinidad and Tobago, Phone: 1 (868) 724 4898

Email: [info@nhtlh.com](mailto:info@nhtlh.com) | Website: [www.nhtlh.com](http://www.nhtlh.com)

## Certificate in Gospel Medical Missionary Literature Evangelist (GMMLE) Program Outline



## INTRODUCTION

Congratulations on the wonderful choice you have made to serve the Lord in this mighty work! In this series you will find precious, precious information that if adhered to will save lives.

In our Certificate program, you will find that some modules will be taught to you in the classroom and from our reading materials then there are some text books which you would need to carefully read to answer the study guides for the relevant assignments in order to complete the program. We encourage you to read the books in its entirety, for they will prove to be of invaluable information that you will need in doing your work. Once you have completed all the study guides you will need to forward them to us for evaluation before you are certified.

Our distance-learning component works great for those who find it difficult to attend our on-site training sessions. “Many who desire to obtain knowledge in medical missionary lines have home duties that sometimes prevent them from meeting with others for study. These may learn much in their own homes in regard to the express will of God concerning these lines of missionary work, thus increasing their ability to help others.” *Counsels on Health, p. 427*

Part of your training will involve practical sessions in consultations, in which you will learn how to meet and help someone find relief from their ailment with the use of natural remedies.

Completion of the program requires you to be disciplined to study and complete the various assignments. Therefore, we encourage you to be diligent and to set goals aimed toward completion within the quickest possible time. We are here to answer any questions you may have and give guidance to you as you may require.

As guided by our Lord, you are encouraged to implement the teachings as you learn, in so doing, the practical experience will enable you to easily understand, remember and be better able to share the information.

May God be with you in your Christian walk as you engage upon this wonderful work and may He richly bless you and your family.

James Luke & Natalie Nash  
Natural Healing Through the Laws of Health

## **CERTIFICATE PROGRAM**

1. LAWS OF THE MIND
2. PURE AIR
3. SUNLIGHT
4. REST
5. EXERCISE
6. ABSTEMIOUSNESS
7. PROPER DIET
8. USE OF WATER
9. TRUST IN DIVINE POWER
10. CLEANLINESS
11. PURITY
12. PROPHEMIC GUIDANCE
13. SPIRITUAL COMPONENT OF HEALTH
14. WHY THE MEDICAL MISSIONARY WORK
15. THE BIBLE AND HEALTH
16. THE TRUTH ABOUT GOD'S HEALING POWER
17. DRUG THERAPY: CAUTIONS AND COUNSELS
18. MEDICAL MISSIONARY WORK
19. BOTANICAL MEDICINE
20. TO SELL OR NOT TO SELL
21. HOW TO STUDY DISEASES
22. INTRODUCTION TO MASSAGE
23. INTRODUCTION OF HYDROTHERAPY
24. REVERSING CHOLESTEROL
25. REVERSING HYPERTENSION
26. REVERSING DIABETES
27. TREATING MENTAL HEALTH
28. TREATING DEPRESSION
29. DRESS REFORM
30. LIFESTYLE ASSESSMENT FORM
31. COOKING SCHOOL
32. MINISTRY OF HEALING (Reading assignment)
33. COUNSELS ON DIET AND FOODS (Reading assignment)
34. SERVING GOD'S PURPOSE IN OUR GENERATION (Reading assignment)
35. COLPORTEUR MINISTRY (Reading assignment)
36. HELP IN DAILY LIVING (Reading assignment)
37. PROJECT GUIDELINES
38. ANATOMY AND PHYSIOLOGY 101
39. GLUTEN SENSITIVITY, LEAKY GUT AND GMO FOODS





- NHTLH 23                    Introduction of Hydrotherapy                    1 credit**  
Water used both internally and externally can be both refreshing and healing. Understanding its use is important in treating disease. This course gives an introduction to some simple but effective remedies which can bring about great relief.
- NHTLH 24                    Reversing Cholesterol                    2 credits**  
It is true that all lifestyle diseases are one hundred percent reversible. In this course you would clearly understand how blood cholesterol levels are elevated and what you can do to reverse this condition and totally unclog your arteries and prevent heart disease.
- NHTLH 25                    Reversing Hypertension                    2 credits**  
This course tells of the subtle warning signs of hypertension to help identify and how to treat to reverse this condition.
- NHTLH 26                    Reversing Diabetes                    2 credits**  
This course gives information and understanding of the true cause of Diabetes and simple but profound steps to reversing it in less than five days.
- NHTLH 27                    Treating Mental Health                    2 credits**  
Ninety percent of diseases begin in the mind. This course focuses on how to protect the frontal lobe and keep it free from suppression to maintain a strong and healthy mind.
- NHTLH 28                    Treating Depression                    2 credits**  
This course teaches how to strengthen the brain and shares natural remedies for treating depression.
- NHTLH 29                    Dress Reform                    3 credits**  
Healthful dressing yields healthy bodies more than we think. This course will show the effects of cold on the body and why women are more susceptible to diseases because of how they dress. You would also learn of appropriate guidelines of healthful dress for the entire family.
- NHTLH 30                    Lifestyle Assessment Form                    3 credits**  
The Plan, the ultimate in disease reversal is our keynote to experiencing greater health. This course teaches you to chart the way for making personal changes to your diet and lifestyle to achieve restoration of health.
- NHTLH 31                    Cooking School                    1 credit**  
As you begin to make changes and share information with others, you would surely be asked show how to prepare meals. This course teaches you how to run a successful cooking class in your home, church or community.
- NHTLH 32                    Ministry of Healing                    3 credits**  
This course provides information on the role of healing by Christ, the physician, the home and several factors to prevent diseases.  
Textbook: *Ministry of Healing* by Ellen G. White
- NHTLH 33                    Counsels on Diet and Foods                    3 credits**  
This dynamic course teaches several principles of diet and food preparation. It also shares numerous examples of benefits or adverse effects if the diet is not appropriate.  
Textbook: *Counsels on Diet and Foods* by Ellen G. White

- NHTLH 34**                    **Serving God's Purpose in Our Generation**                    **3 credits**  
This course shares practical experiential knowledge on how to meet and sell literature or other material in a way that brings about life-changing rewards.  
Textbook: *Serving God's Purpose in Our Generation* by Bill Beckworth
- NHTLH 35**                    **Colporteur Ministry**                    **3 credits**  
Colporteur ministry and medical missionary work are two occupations which will be around until the end of time. It is also a viable way of sustaining yourself and reaching souls for Christ. In this course you will learn of how to be successful in the work.  
Textbook: *Colporteur Ministry* by Ellen G. White
- NHTLH 36**                    **Help in Daily Living**                    **3 credits**  
This course provides various guidance and help on understanding and working along with different personalities successfully.  
Textbook: *Help in Daily Living* by Ellen G. White
- NHTLH 37**                    **Project Guidelines**                    **1 credit**  
This course shares guidance to students to enable them to participate in mission projects. It also gives important tips for appropriate behaviors and expectations when out on the battlefield.
- NHTLH 38**                    **Anatomy and Physiology 101**                    **1 credit**  
This course presents the process of digestion of food, absorption and elimination, its importance and benefits. The function and maintenance of a healthy Liver is also explored.
- NHTLH 39**                    **Gluten Sensitivity, Leaky Gut and GMO Foods**                    **2 credits**  
This course discusses the many symptoms of gluten sensitivity in individuals though they may not be Celiac. It also highlights Leaky Gut as the main cause of numerous health issues and the effect of GMO foods.