



ADULT Initial Screening Form

Client Name: _____

Cultural/Ethnic Background: African American/Black Asian Caucasian/White Hispanic
Native American/First Nation Native Hawaiian/Pacific Islander
Other _____

Current Living Situation: (Please check best description and provide name):

Husband Wife Boyfriend Girlfriend Domestic Partner Parent(s)

Emergency Contact Name: _____ Telephone: _____

Other Adult in the home: _____ Relationship: _____

Other Adult in the home: _____ Relationship: _____

Child in the home: _____ Age: _____ Relationship: _____

Child in the home: _____ Age: _____ Relationship: _____

Child in the home: _____ Age: _____ Relationship: _____

We are asking the following questions to get an understanding of your physical and emotional health. This is critical in determining your needs. Please check all answers that apply.

1. What is your primary concerns leading to referral?

- | | | | |
|--------------------------|-----------------------|--------------------------|-------------------------------|
| Depression/sadness | Obsessive compulsions | Sexual abuse/incest | Police contact/legal problems |
| Suicide thoughts | Impulsive behaviors | Trauma | Alcohol/substance abuse |
| Suicide attempt(s) | Hyperactive | Cruelty to animals | Addiction issues |
| Self-injury | Sexual acting out | Physical aggression | Domestic violence |
| Grief/loss | Somatic complaints | Threat to life of others | Verbal/emotional abuse |
| Divorce/separation | Sleep disturbance | Poor peer interactions | Victim of theft/stealing |
| Adjustment problems | Eating disorder | Poor self-esteem | Strange behavior |
| Anxiety | Job/academic problems | Family issues | |
| Social contact avoidance | Sexual assault | Relationship problems | |

Other: _____

2. Over the past year which of the following has occurred?

- | | |
|--|---|
| Been diagnosed with a serious medical condition | Excessive need for reassurance from others |
| Significant other diagnosed with a serious medical condition | Over-dependence on others |
| Suffered a loss of a loved one | A lot of self-consciousness |
| Difficulty with concentration/focus | Major life changes |
| Sleep Disturbance | Excessive weight: gain loss |
| Tension and difficulty relaxing | Battled an addiction |

3. Have you recently demonstrated any of the following (while not on any non-prescribed drugs)?

- | | | |
|--|-------------------------|------------------------------|
| Heard voices talking to you (hallucinations) | Exhibited odd behaviors | Wandering the house at night |
| Had bizarre or very unusual thoughts | Difficulty with memory | |

4. Do you have any medical conditions? If so, please describe:

5. Are you currently taking any medications? Yes No

(If yes, fill in below; please attach a separate list if more space is needed.)

Primary Care Physician: _____ Psychiatrist: _____

Medications/Dosage/Frequency	Condition	Prescribing Physician

6. Are you currently allergic to anything (including medications)? Yes No (If yes fill in below.)

7. Stress situations that have been present in the past year?

- | | | | |
|--------------------|--------------------|--------------------|--------------------------------|
| Death | Financial hardship | Family violence | Family member illness/accident |
| Divorce/separation | Remarriage | Frequent arguments | High frequency moving |
| Custody problems | Visitation | Job change(s) | Legal issues |
| Other: _____ | | | |

8. Have you had any of the following legal actions?

- | | |
|---------------------------|--------------------------|
| Been detained or arrested | Court Hearings: _____ |
| DCFS/CPS involvement | Been on parole/probation |

9. Physical/ Mental Health/ Educational Services

Previous Treatment:

- Outpatient mental health services
- Psychiatric evaluation/ medication management
- Inpatient psychiatric hospitalization or crisis center
- Mental health residential treatment
- Alcohol or substance abuse treatment
- Foster care or group home
- Special education
- Medical hospitalizations

If yes, where, when, reason (if applicable)?

10. Is there a family history of the following?

- | | | | | | |
|--------------------------|---------------|---------------|------------------------------------|---------------|---------------|
| | Mothers' Side | Fathers' Side | | Mothers' Side | Fathers' Side |
| Manic depression/Bipolar | | | Physical abuse | | |
| Depression | | | Hyperactivity | | |
| Suicide | | | Psychiatric medication | | |
| Drug abuse | | | Obsessive Compulsive Disorder | | |
| Alcohol abuse | | | Panic disorder | | |
| Developmental delay | | | Gambling | | |
| Psychosis | | | Convicted of crime | | |
| Sexual abuse | | | Prison term | | |
| Anxiety | | | Hospitalization for mental illness | | |
| Other: _____ | | | | | |

11. Have you ever made any suicide attempts?

No Yes If so, ages(s) _____

12. Are there any firearms or weapons in the home?

No Yes (please describe) _____

Prenatal/ Neonatal (Birth/Infancy) History (Please answer the best to your ability)

1. Your birth mother (check all that apply)

- | | | |
|---|---------------------------|--------------------------------|
| Unknown | Smoked during pregnancy | Have Rh factor incompatibility |
| Used drugs during or before pregnancy | Bled during the pregnancy | Used alcohol during pregnancy |
| Have medical or emotional problems during pregnancy | | |

2. Were there any known complications prior to and at birth? If so, please describe:

Early Childhood History (0-3 Years) (Please answer the best to your ability)

1. Were you hospitalized? If yes:

- | | |
|---------|--------------|
| Age ___ | Reason _____ |
| Age ___ | Reason _____ |
| Age ___ | Reason _____ |
| Age ___ | Reason _____ |

2. Did you sustain any significant head injuries? If yes, please describe:

3. Did you have (check all that apply):

- | | | | |
|---------------------------------------|--|------------------|------------------------------|
| Unknown | Speech disturbances | Hearing problems | Arching/stiffening when held |
| Hyperactivity | Clumsiness | Vision problems | Difficulty being consoled |
| Special Education | Act as if difficulty understanding spoken language | | |
| Development delays? If yes, describe: | | | |

4. Were there serious marital/ couple/ family problems during this period? Unknown Yes No

Preschool/ Childhood History/ Adolescent History (3-17 Years) (Please answer the best to your ability)

1. Were you hospitalized? If yes:

- | | |
|---------|--------------|
| Age ___ | Reason _____ |
| Age ___ | Reason _____ |
| Age ___ | Reason _____ |
| Age ___ | Reason _____ |
| Age ___ | Reason _____ |

2. Did you have any medical conditions? If yes, please describe:

3. As a child were you (check all that apply):

- | | | |
|--------------------|--|-------------------------|
| Overly aggressive | Anxious | Peer/sibling problems |
| Accident prone | Affectionate | Problems with authority |
| Inattentive | Serious marital/couple/family problems | Substance abuse |
| Clumsy | Special Education (IEP) | Sexual acting out |
| Hard to discipline | Speech problems | Problems with the law |
| Withdrawn | Victim of bullying | |
| Unhappy | Been retained | |
| Other _____ | | |

Signature

Date

Finding Your ACE Score

While you were growing up, during your first 18 years of life:

1. Did a parent or other adult in the household **often or very often...**
Swear at you, insult you, put you down, or humiliate you?
or
Act in a way that made you afraid that you might be physically hurt?
Yes No If yes enter 1 _____
2. Did a parent or other adult in the household **often or very often...**
Push, grab, slap, or throw something at you?
or
Ever hit you so hard that you had marks or were injured?
Yes No If yes enter 1 _____
3. Did an adult or person at least 5 years older than you **ever...**
Touch or fondle you or have you touch their body in a sexual way?
or
Attempt or actually have oral, anal, or vaginal intercourse with you?
Yes No If yes enter 1 _____
4. Did you **often or very** often feel that...
No one in your family loved you or thought you were important or special?
or
Your family didn't look out for each other, feel close to each other, or support each other?
Yes No If yes enter 1 _____
5. Did you **often or very often** feel that...
You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you?
or
Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?
Yes No If yes enter 1 _____
6. Were your parents **ever** separated or divorced?
Yes No If yes enter 1 _____
7. Was your mother or stepmother:
Often or very often pushed, grabbed, slapped, or had something thrown at her?
or
Sometimes, often, or very often kicked, bitten, hit with a fist, or hit with something else?
or
Ever repeatedly hit at least a few minutes or threatened with a gun or knife?
Yes No If yes enter 1 _____
8. Did you live with anyone who was a problem drinker or alcoholic or who used street drugs?
Yes No If yes enter 1 _____
9. Was a household member depressed or mentally ill, or did a household member attempt suicide?
Yes No If yes enter 1 _____
10. Did a household member go to prison?
Yes No If yes enter 1 _____

Now add up your "Yes" answers.

This is your ACE Score: _____