

Packages & Specials

◇ **Bring a friend and get your class for \$5.00***

We want to encourage you to share your experience and joy with the new space for Mindfulness and Movement. *Valid only if it is your friends First Time

◇ **Active Military & 1st Responders, Fire, Ambulance & Police \$ 8.00 class fee**

◇ **Pre-Paid Packages ***

5 classes \$45.00

10 classes \$90.00

◇ 20 classes \$180.00

◇ **Offering Thai Yoga Massage**

By appointment only - Call us

◇ **Guided Meditation**

By appointment only - Call us

Would you like to see different types of Yoga or mindfulness movement classes? Would you prefer different times of the day?

Please let us know how we can better serve our community.

**6607 S. Kings Ranch Road
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