

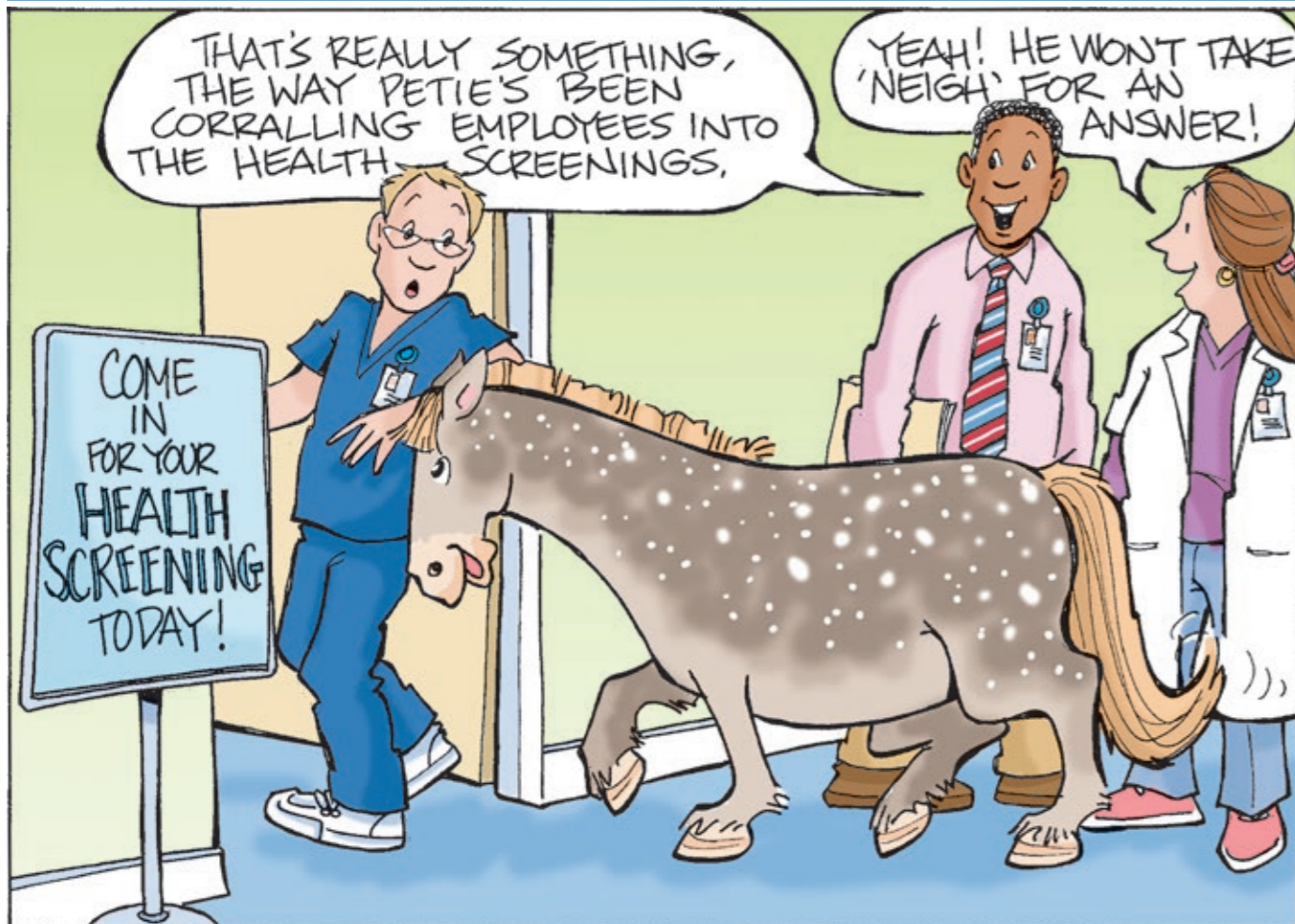
Pony Tales

PETIE'S WELLNESS TIPS

Hay!
Schedule your health screenings!

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PETIE'S WELLNESS TIPS



Hay!

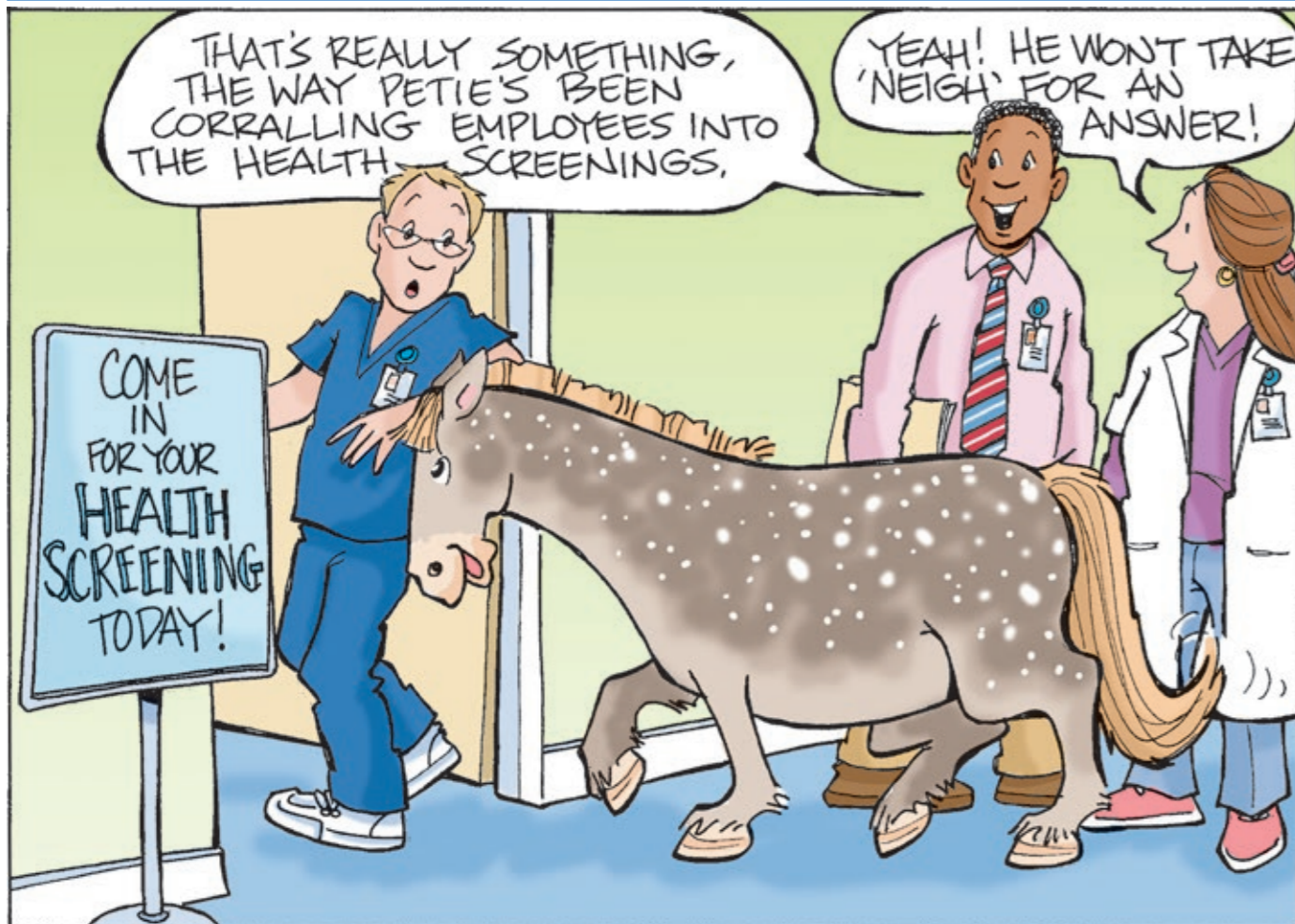
Schedule your health screenings to...

Receive a \$100 incentive

Be sure to complete the HRA and screening by Dec. 31, 2016, to receive your \$100 incentive in early 2017.

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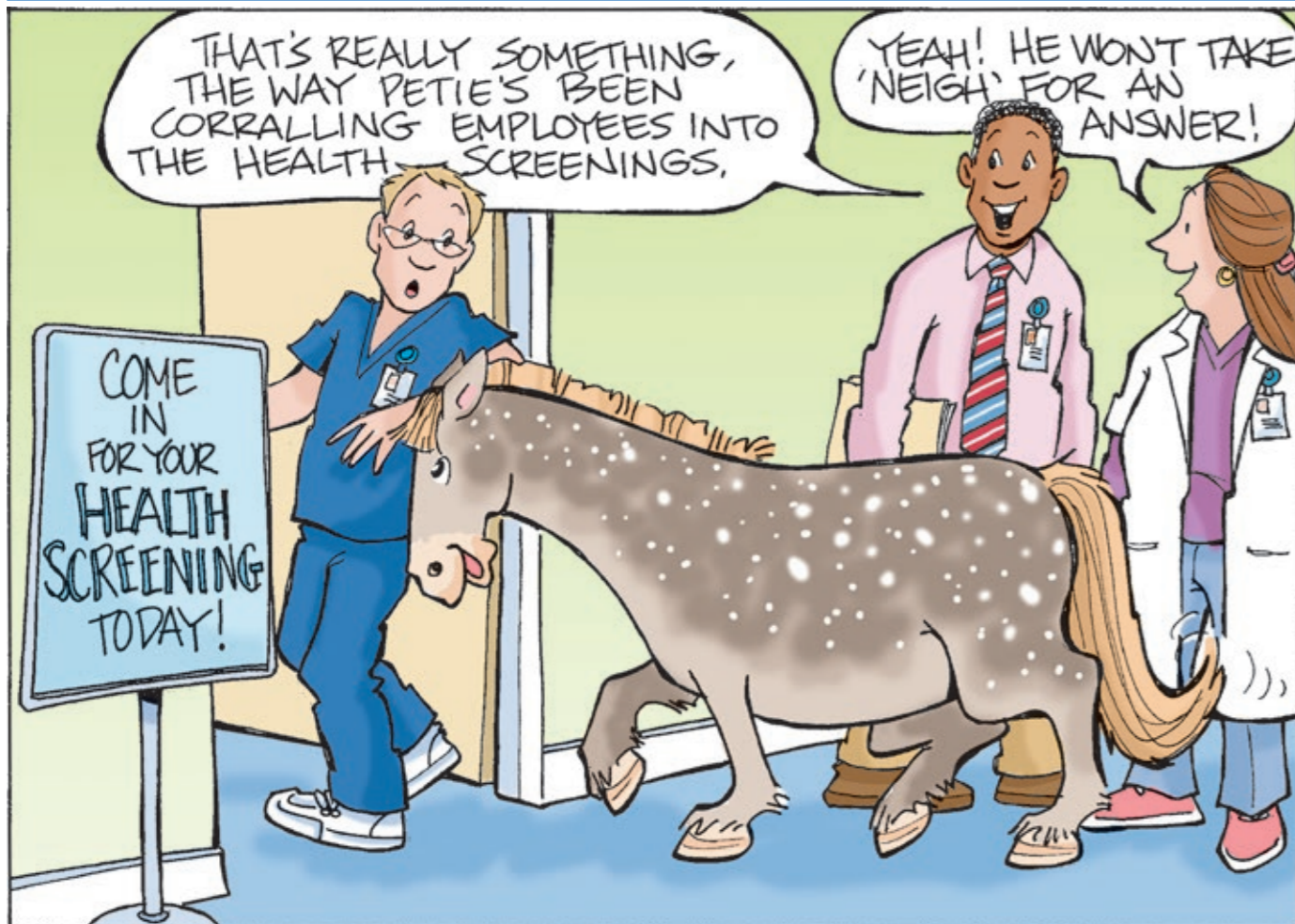
Schedule your health screenings to...

Detect health risks

The Health Risk Assessment (HRA) helps identify health risks like hypertension, diabetes and certain cancers.

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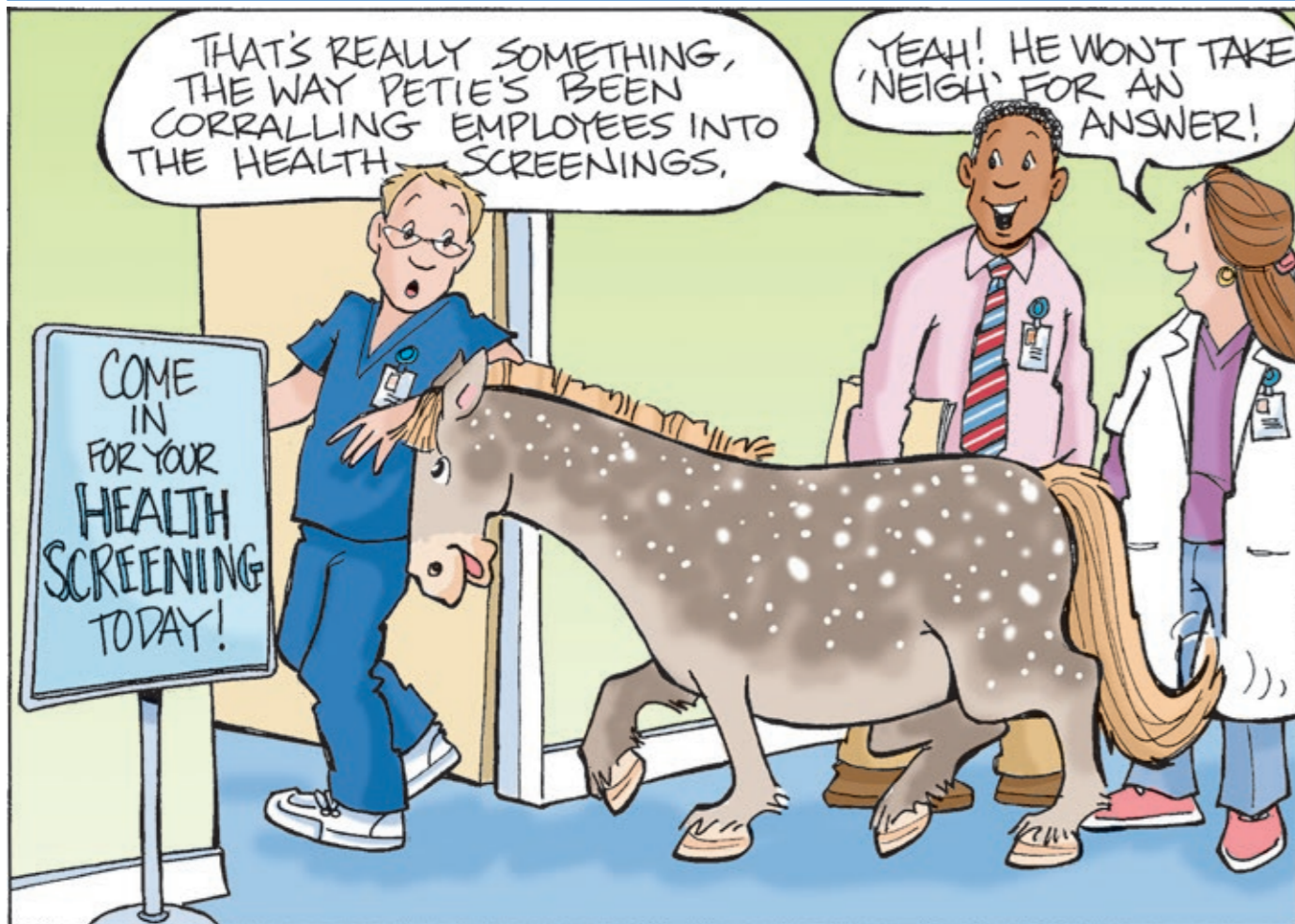
Schedule your health screenings to...

Know your numbers

Screenings are convenient and confidential. Go to <https://akronchildrens.biovia.healthfitness.com> or contact your doctor.

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Schedule your health screenings to...

Discover helpful resources

Numerous programs can help you reduce stress, control weight, improve nutrition and enjoy exercise.