



# Penguin Press

Paumanok  
Elementary School  
PTA Newsletter

January 2019

## Upcoming Events

- 1/14-1/19 – **Kindergarten Registration**  
1/21 – **No School**  
1/22 – **Library Scavenger Hunt** at  
6:30pm at Chestnut Hill (temporary  
Library location)  
1/24 – **Curriculum Night** 6-8pm  
1/28 – **PARP Begins**  
1/30-2/1 – **Winter Book Fair**  
1/31 – **Story Night** at 6pm  
2/1, 2/2 and 2/3 – **Hills on Stage**  
**Performances** at HSE  
2/6 -- **PTA Mtg** at 9:45am in the Chill  
Zone  
2/6 – **Night Recap** at 7:30pm in the  
Chill Zone  
2/15 – **PARP Ends**  
2/18-2/22 – **No School**

## A Note from Mrs. Cooper

### New Year's Resolutions

January is a time of new beginnings. Making New Year's resolutions is something many of us do as we set new goals for ourselves. Think about taking the first days of the New Year to make some resolutions with your children. Starting today, let's think of how we can make our families happier, more fun, and more engaging. Perhaps set aside time designated just for family games. Why not exercise together or read more books together? Coming up with your own family resolutions can be fun!

Recently I read some New Year resolutions from children that were very interesting. Maybe you will find them helpful as you and your children come up with your resolutions:

- Read more
- Be a good friend
- Eat less junk food
- Get more exercise
- Be charitable
- Be more grateful

I look forward to hearing about your resolutions. Happy New Year to our Paumanok families!

## President's Corner

Dear Paumanok Families,

Happy New Year to Everyone! I hope you and your family enjoyed the holidays and were able to spend some quality time together. The PTA is looking forward to a great 2019. We have many exciting events planned for the upcoming months. As you look ahead on the calendar, you will notice we have WINGO, Curriculum Night, Library Scavenger Hunt and PARP in January. These events are free to all Paumanok families and are made possible by your support of our fundraisers. Without your continued participation throughout the year; these events and activities would not be possible.

In December, our Student Council had their annual food shop. Student Council worked very hard to provide food baskets for over 30 families. We also wrapped up a successful Adopt a Family drive to help with holiday presents for Paumanok families in need. The Reflections winner this year for Paumanok was Maya Davis in 3<sup>rd</sup> grade. Maya will now be entered in the Suffolk Region Reflections exhibit. Congratulations Maya!!!

PARP (Pick A Reading Partner) begins on January 28<sup>th</sup> through February 15<sup>th</sup>. To celebrate reading we will host our annual Pajama Story Night and have our Book Fair. Last year our students read over 235,000 minutes!!!

PHOTOS, PHOTOS, PHOTOS!!! Please get your photos in for the yearbook. The yearbook goes to print at the end of February, so we need 5<sup>th</sup> grade kindergarten photos, class trips, class parties, and any candid photos from school events. Contact Ivy Moore at [ilmikey@hotmail.com](mailto:ilmikey@hotmail.com) or Karen Kurek [iluvart1678@aol.com](mailto:iluvart1678@aol.com) for more information.

And of course, our very own "Paumanok Night Out" is approaching. Mark your calendars and join us on March 26<sup>th</sup> at 6:30pm at Crest Hollow Country Club. This is the PTA's biggest fundraiser of the year. Remember, money raised at this fundraiser is given right back to the children of Paumanok through the many programs and events your children enjoy (assemblies, Fall Festival, WINGO, Curriculum Night, Field Day and much more.) I hope to see everyone there!

Our next PTA meeting is Wednesday February 6<sup>th</sup> at 9:45am. Nominating Committee Elections will take place at this meeting. Two PTA members will be elected to join the Nominating Committee which will nominate into office next year's PTA Executive Committee. All PTA members are encouraged to be a part if this process by either joining the Nominating Committee or just casting your vote.

Stay warm! Stephanie Jose--PTA President

## Thank You...

Thank you to all of the volunteers this month. We would like to give a special acknowledgment to those who spearheaded our events. Parents who chaperoned the Student Council shopping trip: Darshinie Persaud, Sue Lim, Kathy Mileta, Darcy Greene, Diane Catalano, Virgie Torres, Patrick Braddick and Dena Klein. "Adopt A Family" was taken over by Shalanda Anderson this year who found many generous families in our community. We couldn't do it without your support.

## Parent to Parent Chat

In February we have a parent coming to discuss her experiences having a child with special needs in school. She will discuss how we as a community can be supportive, resources that are available and SEPTA. We also have a parent coming to demonstrate how to use an epi-pen as was requested after the allergy discussion.

## What's Happening Around the PTA

**District** – Unity Fair is March 24<sup>th</sup> and Founders Day is March 29<sup>th</sup>.

**Suffolk** – Winter Workshops for officer and member training is 1/31.

**NY State** – Educational Conference calls for \$2.2 Billion State Aid increase for 2019-2020. Federal School Safety Commission released its report on ways to keep students safe at school.

## PNO Invites

PNO is right around the corner. Invitations will be coming home in a red envelope in your child's backpack. If you haven't purchased your ticket yet, you can send in a check with your RSVP. If you already purchased a ticket, please send the RSVP in with seating requests. Small tables hold 10 - 12 and larger tables are 13-14. If you have any questions or would like to help with PNO, please email Aimee Prole [paumanokpta2vp@gmail.com](mailto:paumanokpta2vp@gmail.com).

## New Year Resolutions

Have you made a New Year's Resolution for 2019? Here are some tips to help children make resolutions that they can follow through on.

1. **Specifics.** Avoid making broad statements about being good this year and make a resolution specific. Instead of saying you're going to eat healthier, say you're going to eat a vegetable once a day.
2. **Attainable.** Try to make resolutions that are easily attainable so you can sustain the effort. Instead of saying you will go running every day, make the goal once a week. You can always do more, but the goal is attainable.
3. **Time Limits.** Instead of making the goal for the entire year, limit it to a month at a time or even a week. School goals to not forget homework anymore are a recipe for disaster, so try a weekly goal of not forgetting 4 out of 5 days.
4. **Praise.** Never forget the little goals that lead us to a bigger goal are just as important to praise. And slip ups aren't failures, they are learning opportunities. Kids can get hung up on mistakes and abandon goals, find the opportunities to praise what they've accomplished and they will keep going.
5. **Tell Others.** We are always more successful when we are supported by others. So have your kids tell you what they want to achieve this year and you can remind them to stay on track.

