“Sisters of Today & Tomorrow” Leadership Conference for Girls is an all-day conference that consists of various workshops focusing on self-esteem, education, health & fitness, careers/entrepreneurship and personal development. The conference is geared towards girls ages 11-18, and the woman in their life.

Thursday, July 18, 2019
7pm-9pm
SOT’s LEVELUP Fundraiser / Reception, with SOT members, parents, supporters, and sponsors. Includes heavy finger food, silent auction, entertainment and keynote address. Hosted by: Joyce Littel, Radio personality, V103.

Friday, July 19, 2019
9am-5pm
(Workshops schedule subject to change.)

9a - 9:15a  -  Registration.
9:15a - 9:30a -  “Setting Our Tone”, Carla Morrison, Founder / Executive Director Sisters of Today and Tomorrow.
9:30a - 10a  -  “Welcome address – “LEVELUP!”

10a – 10:45a –  Breakout Sessions:
A.)  “Express yourself through Writing”.
B.)  “Embracing the Leader in You” Self Esteem Building.

10:45a – 11:30a –  Dress for Success - “Who Do You Think You Are?” Your Public and Social Media Image.
11:30a – 12:15p -  Breakout Sessions:
A.)  “Understanding My Body and the Choices I Make”.

12:15p – 1pm  -  “Lunch with a Leader”.

www.SOT2Girls.org
Contact: Carla Morrison - (404) 319-2130
sistersoftodayandtomorrow@gmail.com
Conference fees: One Day $65, Both days $100.
Registration deadline Extended: July 2, 2019
SISTERS OF TODAY AND TOMORROW
11th Annual National Leadership Conference for Girls
“LEVELUP!”
July 18-20, 2019
Atlanta, Georgia.
www.SOT2Girls.org
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(SOTC schedule continues)

1p – 2:15pm - “Goal Setting & Vision Board Creation”.
2:15p – 3:30pm - “Preparing for College” Campus tour & talk.
3:30p - 3:45pm - Break.
3:45pm – 5pm - Career Exploration / Sisters Circle: LEVELUP”.

SOT’s Mommy, Mentor & Me Day
Saturday, July 20, 2019
9:30am – 1pm
(Workshops schedule subject to change.)

9:30am-10pm - Opening Session / Overview of Sisters of Today and Tomorrow.
10am – 11am -
A.) Mommy/Mentor Workshop - “Planting the Leadership Seed”.
B.) Mommy/Mentor Workshop – “Developing a Plan for Your Child”.

A.) Me Workshop – “Developing my creativity & courage”.

11pm -12pm - Let’s Move: Get Fit through “Zumba”.***
12:00pm-1:00pm - Mommy, Mentor & Me Brunch & Presentation. SOT Leadership Conference closing

***Bring workout clothes and gym shoes.
Sisters of Today & Tomorrow’s
11th Annual National Sisters of Tomorrow” Conference 2019
Application - Permission Form

Telephone: (404) 319-2130. Email: sistersoftodayandtomorrow@gmail.com

_____ SOT Member _____ First time Conference Attendee

_____ Reception, Thursday, July 18, 2019, $50; _____ Day 1, Friday, July 19, 2019, $65;

Registration deadline Extended: July 2, 2019

NAME______________________________________________________________
ADDRESS_________________________________________________________
CITY_________________    STATE_________________    ZIP CODE___________
AGE___________    DATE OF BIRTH_________________    GRADE______________

What are your interests? _______________________________________________

When I grow up, I would like to become a professional ______________________

SCHOOL NAME_____________________________________________________
SCHOOL ADDRESS___________________________________________________
CITY_________________    STATE_________________    ZIP CODE_____________
PRINCIPAL___________________________________________________________
GUIDANCE COUNSELOR_______________________________________________
SCHOOL TELEPHONE________________________

PARENT/GUARDIAN____________________    EMAIL________________________

CONTACT NUMBER OF PARENT / GARDIAN______________________________

Allergies________________________    Dietary needs_______________________

I, __________________________________, waive any and all responsibility/liability of Carla Morrison, Chit Chat Communications/Sisters of Today & Tomorrow and its partners/representatives while my child ______________________ is participating in any Sisters of Today & Tomorrow activities, for any loss or damage of property and is exempt from any incurred penalties, lawsuits, liabilities, bodily harm accidental loss of life by a third party while participating in the Sisters of Tomorrow Conference.

I also authorize the above company(s) to photograph and record (on film, tape or otherwise) my child’s participation in the event. I understand Carla Morrison, Chit Chat Communications/Sisters of Today & Tomorrow and its partners/representatives have the best interest of my child in mind. To register email: register@sistersoftodayandtomorrow.org or log onto: www.sistersoftodayandtomorrow.org .
Parent /Guardian Signature____________________________________________
Date______________________________