

Patty Mason

Transformed by Desire Spiritual Journal

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Beginning Your Journal Adventure

"Then the LORD said to Moses, 'Write this on a scroll as something to be remembered...'" (Exodus 17:14).

Learn to see journals as a pleasure—a treasure of great worth that hold your joys, struggles, successes, and failures. You may not be a writer. You may not even like to write, but I promise that if you make the choice to capture the moments you share with Jesus, He will help you to save those moments like precious pieces of gold.

"Mary treasured all these things" (Luke 2:19).

Journaling was an integral part of my transformation through desire. That is why I created this spiritual journal as an accompaniment to *Transformed by Desire*, to give you more space to reflect, respond, and share the desires of your heart with Jesus. You can use this journal with or without *Transformed by Desire* (book), however, in order to take full advantage of your journey of desire with Jesus, and to record your thoughts in the "Special Journal Response" sections, you will want to get a copy.

If you use the book, read the corresponding portion in each chapter first, then read the Scripture that heads up each section of the journal before penning whatever inspiration you receive from the Holy Spirit. If you decide to not use the book, that's okay. The Spirit can still lead you and move your heart in this spiritual journey.

As a guide, you will find thought-provoking questions or statements. They are offered as an aid to help you if you feel stuck in knowing what to write. I've also included entries (taken straight out of my own journals) that will hopefully inspire you to share and strive for more in your relationship with Jesus.

Above all, write from your heart. Make it personal. Make it real. This is your journey with Jesus. Therefore, share with Him the desires of your heart. Take every opportunity to rejoice and celebrate your victories, or grieve and vent your frustration. This journal is a safe place where you can share your heart with God and record His activity in your life.

May the Lord's grace and love be upon you as you write from the overflow of your heart.

Love, Patty

Chapter One It All Begins with Desire



Personal Journal Entry

I do not know how to begin this entry. My heart is full of gratitude at the renewing of my youthful desires. When I was a child, I loved to write, sing, dance, laugh, and have fun. I had a wonderful sense of humor that my friends delighted in. But somewhere along life's way I had forgotten, or these things simply became buried under the weight of burden and heartache. But then You came into my hardened heart; loving it to death, and then renewing in me a heart of joy and gladness. "I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh" (Ezekiel 36:26). Oh, how wonderful it feels to rejoice once again in the joys of my youth. You delight my heart and have set my soul free to fly as that of the graceful butterfly; soaring to heights I had never known. Your Spirit touches me with delight, and I roll with laughter. A sense of merriment and wonder returns to my heart. The adventure begins, and I feel alive. The beauty returns to the dance of yesteryear when I was once graceful and light. In Your arms, Jesus, I'm free to swirl and sway, rejoicing to the rhythmic sound of my soul. My voice sings the song of my heart, and I am writing as never before, with such joy and enthusiasm. I love to write. I was created for it, and it has become my joy. But my passion did not form until my passion for You, Jesus, was birthed. It is through my connection with You that my heart has come to life; thus, You have brought this creativity to life, and I want to use this creativity to bring glory and honor to Your Name. Everything in my life is fresh and alive; and for the first time in my life I am alive. I am full of creativity because You, Lord, are the Master Artist, and I am made in Your image.

Ask—Seek—Knock

"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened" (Matthew 7:7-8).

Seek Him, ask and believe. Tell Jesus your deepest desires, even the ones that you may have kept buried since childhood. Be bold. Be specific, and lay those desires before Him.

Dear Jesus, The desires of my heart are...

God Desires Relationship

"God, who has called you into fellowship with his Son Jesus Christ our Lord, is faithful" (1 Corinthians 1:9).

Jesus, I currently see my relationship with you... I am most comfortable relating to you as my... The desire of my heart for our relationship is...

God Desires Worship

"Hear, O Israel, the Lord your God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: 'Love your neighbor as yourself. There is no commandment greater than these" (Mark 12:29-30).

My view of worship is... My favorite expression of worship is... because...

God Desires To Come First

"But seek first his kingdom and his righteousness, and all these things will be given to you as well" (Matthew 6:33).

Jesus, the place I desire for you to take in my life is... Help me to...

God Desires Communication

"... pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus" (1 Thessalonians 5:17-18).

Jesus, the desires of my heart for richer times of communication with you through prayer and your Word are...

Special Journal Response God Desires You

Read "*God Desires You*" found on page 29 of *Transformed by Desire*, then respond and speak to Jesus from the overflow of your heart. For deeper revelation, consider the Refection and Response section on pg. 30 Chapter Two The Freedom to Reject Him



Personal Journal Entry

Lord, God, forgive me. For most of my life I rejected Jesus, caught up in what I like to call that "catered religion." Basically, I made it up as I went along. I went to church when I felt like it and on holidays. I almost never read the Bible. I prayed only when I needed something; otherwise, I never gave You the time of day. I believed in You. From the time I was a child I believed You existed and that You even died for my sins; but I had not yet accepted You as my personal Lord and Savior. I had no relationship with You. And all the while as I was going about my life, You waited, trying gently to get me to see that You were right in front of me, showing me over and over that You wanted a close, personal relationship with me. But, Lord, I ignored You; so, again, He waited. Until the day you... (Patty's personal testimony can be found in Transformed by Desire)

God Desires to be Chosen

"People will be lovers of themselves, lovers of money, boastful, proud, abusive, disobedient to their parents, ungrateful, unholy, without love, unforgiving, slanderous, without self-control, brutal, not lovers of the good, treacherous, rash, conceited, lovers of pleasure rather than lovers of God"(2 Timothy 3:2-4).

What are you hungering for that is not being filled? What areas of your life are you trying to fill with things other than God?

God Desires to Show Mercy

"...for all have sinned and fall short of the glory of God" (Romans 3:23).

Jesus, I desire to recommit my life to you. Take my life and...

God Desires to Forgive

"When you are in distress and all these things have happened to you, then in later days you will return to the LORD your God and obey Him. For the LORD your God is a merciful God; he will not abandon or destroy you or forget the covenant with your forefathers, which he confirmed to them by oath" (Deuteronomy 4:30-31).

No matter where you right now in your journey with Jesus, open your heart to Him and share with Him your feelings, struggles, longings and fears.

God Desires to Redeem

"God showed how much he loved us by sending his only Son into the world so that we might have eternal life through him. This is real love. It is not that we loved God, but that He loved us and sent His Son as a sacrifice to take away our sins" (1 John 4:9-10, NLT).

Jesus, because of your ultimate sacrifice for me I am...

God Desires Reconciliation

"...if you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you confess and are saved" (Romans 1:9-10).

If you have not yet received Christ as your personal Lord and Savior, and you are ready to receive God's grace through faith, use the space below to pen your prayer of repentance. If you have already committed your life to the Lordship of Jesus Christ, use this space to record your testimony.

Special Journal Response God Desires You

Read "*God Desires You*" found on pages 55-56 of *Transformed by Desire*, then respond and speak to Jesus from the overflow of your heart. For deeper revelation, consider the Refection and Response section on pgs. 56-57 Chapter Three The Romance of New Love



Personal Journal Entry

I am flooded with tears and emotion at just the thought of being with You, Jesus. How do I express the measure of love that I experience with You? I have come to relish the time I spend in Your presence. You fill me in ways I do not fully understand. I have come to know Your deep love for me, and I realize how desperately You desire intimacy with me. You pursued me and I have fallen in love with You. Your zeal for me is incredible. I am blown away that You desire me this way. I am in awe and totally swept off my feet. In Your effort to reveal Yourself, and be intimately known to me, you have captivated my heart. I am forever changed.

God Desires for You to Fall in Love with Him

"Let him kiss me with the kisses of his mouth—for your love is more delightful than wine. Pleasing is the fragrance of your perfumes; your name is like perfume poured out. No wonder the maidens love you! Take me away with you—let us hurry! Let the king bring me into his chambers" (Song of Songs 1:2-4).

Jesus, help me to embrace an ardent relationship with you. I desire to...

God Desires to Commune with You

"There I will meet with thee, and I will commune with thee from above the mercy seat, from between the two cherubim which are upon the ark of the testimony, of all things which I will give thee in commandment" (Exodus 25:22, KJV).

Jesus, your desire is to be one with me in heart, mind, soul and spirit. Help me to...

God Desires to Draw Near

"Come near to God, and he will come near to you" (James 4:8).

I am finding it hard to come into the secret place of your manifest presence because... I love drawing near to you, help me to...

God Desires to be Welcomed

Jesus replied, "If anyone loves me, he will obey my teaching. My Father will love him, and we will come to him and make our home with him (John 14:23).

Jesus, I welcome you by... I open the alabaster jar of my heart and...

God Desires our Banquet of Love

"If it pleases the king," replied Esther, "let the king...come today to a banquet I have prepared for him" (Esther 5:4)

Lord, I desire to feast on your abundance by... I desire for you to feast on what I bring, which is...

If you are struggling to comprehend the sacred romance with Jesus, express your heart to Him. Ask Him to give you the Spirit of wisdom and revelation so that you may know and understand all of what He desires to share with you.

Special Journal Response God Desires You

Read "*God Desires You*" found on page 83 of *Transformed by Desire*, then respond and speak to Jesus from the overflow of your heart. For deeper revelation, consider the Refection and Response section on pgs. 83-84

Chapter Four The Awakening to Abundant Life



Personal Journal Entry

These past few months have opened new doors in my life. I have developed a love for Christ I did not know was possible. A passion rises up in my soul, and I feel alive. There is a deep secret place where untold treasures and desires are hidden, waiting for me to discover them. Desires that I didn't realize I had, or could even dream up. I'm writing with desire and passion as new love is birthed within me. Oh, how I dream of my Love, my First and Greatest Love. I no longer want to settle for good, I want it all. I want my heart and soul to be flooded with life, love, and passion. I want to sing out and live the life I was meant to live. I want to be embraced by everything I crave. I want to be caught up and swept away by untold love far beyond my deepest imagination.

God Desires to Reveal Himself

"My purpose is to give life in all its fullness" (John 10:10, NLT).

Share with Jesus your desire to live the abundant life with Him.

God Desires to Display His Splendor

"For since the creation of the world God's invisible qualities—his eternal power and divine nature have been clearly seen, being understood from what has been made, so that men are without excuse" (Romans 1:20).

Holy Spirit awaken my soul to...

Go for a walk with Jesus this week at your favorite park. Record any inspiration the Holy Spirit gives you through His creation.

God Desires to Feed Your Soul

"The eyes of all look to you, and you give them their food at the proper time. You open your hand and satisfy the desires of every living thing" (Psalm 145:15-16).

Share a time when the Wooer romanced you within the pages of His Word. How did that portion of Scripture reveal His life and love to you? How did you respond to the awakening of that revelation?

God Desires to Open Your Spiritual Eyes and Ears

"He wakens me morning by morning, wakens my ear to listen like one being taught. The LORD has opened my ears, and I have not been rebellious; I have not drawn back" (Isaiah 50:4-5).

Holy Spirit, I see your awakening power in my life through... I desire to know you better by...

God Desires Good Stewards

Then the LORD said to Moses, "Write this on a scroll as something to be remembered..." (Exodus 17:14).

How has the practice of keeping a spiritual journal blessed your life? If this is your first journal, how has recording your desires and struggled helped to change and deepen your relationship with Jesus thus far?

> Special Journal Response God Desires You

As you embrace knowing God through His creation, Word, and Spirit, how do these verses in Job speak to you? In what new ways do you witness Christ?

"I know that you can do all things; no plan of ours can be thwarted... Surely I spoke of things I did not understand, things too wonderful for me to know... My ears had heard of you, but now my eyes have seen you" (Job 42:2-3, 5).

For deeper revelation, consider the Refection and Response section on pgs. 106-107

Chapter Five You'll Never Know Love Unless You Surrender to it



Personal Journal Entry

I have felt more alive in these past six months than I have been in my entire life. What love touches my heart and inspires my soul. The longings of my heart have intensified, and my life is filled with desire and hope. The love my Creator has shown is like no other I have tasted. He has completely changed my life, attitudes, and way of thinking. I sing, I laugh, and I have once again put on my dancing shoes. I am a child again, only this time better. I think back and remember when my mother would say, "If only I could be a kid again and know what I know now." Well, in essence, that is exactly what has happened. As I surrender more of my life, I enter into a place where I am completely liberated to express myself with the heart and freedom of a child, only I can still remember how to do long division. Creativity flows from my veins. The thoughts and inspirations that pour from my heart are alive and inspired by love. A love that I did not know existed, until I opened my heart to the One who could make a difference. How beautiful my life is surrendered to my joy, my treasure, my love, my Jesus.

God Desires Surrendered Love

"How sweet is your love, my treasure, my bride! How much better it is than wine!" (Song of Songs 4:10)

If I were completely surrendered to God—the Alpha and the Omega, the Beginning and the End; the Creator of my life—every day of my life, my life would...

God Desires to Strengthen Your Love

"Arise, my darling, my beautiful one, and come with me" (Song of Songs 2:10; 13b).

Jesus, the desire of my heart to go higher is...

God Desires Your Trust

"Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he shall make your paths straight" (Proverbs 3:5-6).

What assurances of Christ's unshakable love has He revealed to you through His Word? Thank Him for His faithfulness.

Jesus, you are stretching my level of faith by... You are getting me to trust you more by...

God Desires the Fragrance of Your Love

"How delightful is your love, my sister, my bride! How much more pleasing is your love than wine, and the fragrance of your perfume than any spice!" (Song of Songs 4:10)

Lord, as I am transformed by your love through testing, the aspiration of my heart is...

God Desires to Give Love

"We, though, are going to love—love and be loved. First we were loved, now we love. He loved us first" (1 John 4:19, Msg).

Lord, help me to experience a tender, passionate, mature, and unshakable love with you by...

God Desires to Set You Free

"It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery" (Galatians 5:1).

What setbacks are your suffering? List the pitfalls and obstacles that are hindering your relationship with Christ and keeping you from experiencing deeper intimate fellowship.

Now give them to the Lord. Take every one of them and nail them to the cross and leave them there.

Special Journal Response God Desires You

Read "*God Desires You*" found on page 134 of *Transformed by Desire*, then respond and speak to Jesus from the overflow of your heart. For deeper revelation, consider the Refection and Response section on pgs. 134-135

Chapter Six To Desire More



Personal Journal Entry

In the quietness of the morning, I hear Him speak to me. He fills my heart with His truth, love, and wisdom. His presence consumes my being. From head to toe I am drenched, swallowed up by His glory. He is like a rushing river as He sweeps over me, taking my heart captive. His passion and love are intoxicating and I am drunk in His embrace, under the influence of the Holy Spirit. I am gone; completely and utterly gone. I am addicted to the love that has invaded me. Oh, to drink from the River of Life. Every day I desire to come, to eat and drink my fill; to be satisfied, overflowing with grace, joy, peace, and love.

God Desires to Inspire your View

"How is your beloved better than others, most beautiful of women? How is your beloved better than others, that you charge us so?" (Song of Songs 5:9).

How do you view Jesus? How is He outstanding among ten thousand in your life?

God Desires Hunger

"As the deer pants for streams of water, so my soul pants for you, O God. My soul thirsts for God, for the living God. When can I go and meet with God?" (Psalm 42:1-2)

Jesus, increase my level of hunger for you by helping me to...

God Desires Intense Desperation

"My soul yearns, even faints, for the courts of the LORD; my heart and my flesh cry out for the living God" (Psalm 84:2).

Jesus, my soul yearns for... My heart and my flesh cry out...

God Desires Awareness

"Be still and know that I am God" (Psalm 46:10).

The desire of my heart to experience more of your manifest presence in my life is...

God Desires to Reveal His Plan

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you a hope and a future"(Jeremiah 29:11).

Holy Spirit, these are the ways I see you accomplishing your purposes in my life... I thank you that I am part of...

God Desires to Do Great Things

"I have raised you up for this very purpose, that I might display my power in you and that my name might be proclaimed in all the earth" (Romans 9:17).

Lord, I lay my weakness at your feet as I prepare for... The desire of my heart is to rise above... and strive for...

My greatness, Lord, only comes from you.

Special Journal Response God Desires You

Read "*God Desires You*" found on page 163 of *Transformed by Desire*, then respond and speak to Jesus from the overflow of your heart. For deeper revelation, consider the Refection and Response section on pgs. 163-164 Chapter Seven Prepared as a Bride



Personal Journal Entry

Lord, this time of purification feels like I am being thrown into a stormy sea. As the waves grow higher, I cling tighter, as the bonds of love grow stronger. I can see that You are faithful, and I know the anchor will hold against the blistering winds and angry sea. During this time of purification I find myself in a place of tremendous grief. This is a hard place to be. I am beside myself; my soul is in agony, and I struggle with whether or not I can do this. I am tired. I am weary in my own sorrow, but I realize that the purification process is not for my benefit but for Yours. I pray that my love for You will flourish like the lavender in our garden. Strengthen me so that my faith and love will not fail.

My prayer before You, Lord, is not to remove the trial, or allow me to step around this time of testing, but to be given the grace and heart to be able to endure. And my sincere hope is that when You have tested me, my love for You will become like the fragrant rose. When this is all over, may I come forth as pure love—a treasure beyond measure for You.

God Desires to Bless His Bride

"...prepared as a bride beautifully dressed for her husband" (Revelation 21:2).

Respond today in whatever why you feel led by the Holy Spirit.

God Desires a Purified Bride

"I promised you to one husband, to Christ, so that I might present you as a pure virgin to him" (2 Corinthians 11:2).

In what way(s) are you in the process of *becoming* like Jesus? Tell about a time when you shared in the fellowship of His suffering? Thank God the Father for His efforts in preparing you for His Son, that you will be prepared and beautifully dressed for Christ.

God Desires to Purify Your Love

"There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love" (1 John 4:18).

My "North wind, South wind" purifying prayer before you Lord is...

In what way(s) have you seen the Lord at work in purifying your love for Him? How has this purification process increased your love for Jesus?

God Desires to Cleanse You

"I will sprinkle clean water on you, and you will be clean; I will cleanse you from all your impurities and from all your idols. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws" (Ezekiel 36:25, 27).

Lord, rid me of... Pen your prayer for cleansing below.

God Desires to Fill You

"And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God" (Ephesians 3:14, 16-19).

Response from the overflow of your heart to the revelation that you are loved beyond anything that you can fathom, so that you may be filled with all the fullness of God.

God Desires to Anoint and Clothe You

"I delight greatly in the LORD; my soul rejoices in my God. For he has clothed me with garments of salvation and arrayed me in a robe of righteousness, as a bridegroom adorns his head like a priest, and as a bride adorns herself with her jewels" (Isaiah 61:10).

Lord, the joy and anticipation that flood my heart as I wait for your return is... I am preparing for you in these ways...

> Special Journal Response God Desires You

Read "*God Desires You*" found on page 188 of *Transformed by Desire*, then respond and speak to Jesus from the overflow of your heart. For deeper revelation, consider the Refection and Response section on pgs. 188-189

Chapter Eight Beauty is in the Eyes of the Beholder



Personal Journal Entry

So much beauty; far beyond anything I could ever know, is offered within the chambers of my Lover's heart. It began with a new revelation of beauty as Your beauty, O Lord, was revealed in Your suffering. Then, I saw the bride's beauty, my beauty, displayed in an offer of sacrifice for You. And the more I focused on this beauty, the more Your love filled my heart. I saw You, my Jesus, in the light of Your suffering, in the midst of Your desire for me—for Your bride. Ah, my Jesus, how beautiful You are my Love. How beautiful You are. Words cannot begin to explain the cultivated fire within my heart as I hear the words of Your passion: "I gave you My life. I gave you My love. You're beautiful, My love. Turn your eyes from Me, they overwhelm Me." At just the thought of Your willing sacrifice, something has happened within my heart. My love for You has grown, intensified. A great love floods my heart, and I am full of love for You. My heart bursts with love. I am so overcome that my heart cannot contain it all. I am flooded by the river that washes over me. Oh, how beautiful You are, my Love, how beautiful You are!

God Desires to Reveal Beauty

"How beautiful you are my darling! Oh, how beautiful" (Song of Songs 4:1)

Through repentance and worship, ravish the heart of the King. Let Him sing His song of love over you. "You have made my heart beat faster, my sister, my bride; you have made my heart beat faster with a single glance of your eyes..." (Song of Songs 4:9, AS).

God Desires True Beauty

"You are beautiful, my darling. Turn your eyes from me; they overwhelm me" (Song of Songs 6:4-5).

Jesus, the beauty I see in your sacrifice for me is... Your sacrifice floods my heart with...
God Desires to Paint Your Wedding Portrait

"You're beautiful with God's beauty, Beautiful inside and out!" (Luke 1:28, Msg.)

Lord, give me the eyes of your heart so that I may see...

God Desires a Warrior Bride

"It is God who arms me with strength and makes my way perfect. He makes my feet like the feet of a deer; he enables me to stand on the heights. He trains my hands for battle; my arms can bend a bow of bronze. You give me your shield of victory; you stoop down to make me great" (2 Samuel 22:33-36).

Lord, I find it difficult to keep your spiritual armor in place because... The area of my life that I most desire to have victory over is...

God Desires to Prepare You for Battle

"For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his tabernacle and set me high upon a rock" (Psalm 27:5).

Jesus, help me in the daily battles I face of... I desire to be made strong in my union with you so that...

Special Journal Response God Desires You

Read "*God Desires You*" found on page 215 of *Transformed by Desire*, then respond and speak to Jesus from the overflow of your heart. For deeper revelation, consider the Refection and Response section on pgs. 215-216 Chapter Nine The Highest Level of Love



Personal Journal Entry

My Creator, my Maker, my King, and my Redeemer, You are my royal Husband who has betrothed Himself to me in a faithful, unfailing, and loyal covenant of love. I, too, desire to commit my life and offer myself to You. I desire to be a pure virgin, prepared for the plans You have for our life together. I belong to You. I am Yours, and I desire to honor, love, trust, and obey You all the days of my life. I want to be joined with You in a union of the heart, spirit, and soul—one—forever as one.

This is a serious vow that I now pray. I desire to please the Lord my God. I desire to be the joy of His heart in total commitment and devotion. I desire to be surrendered in utter obedience, loving Him with my whole life. But, in this promise I know I am weak. I cannot keep these vows in my own strength. Only by the power of His Holy Spirit can I be faithful to the desires of my heart and the vows I pledge before Him.

God Desires to Exchange Vows

"I will betroth you to me forever; I will betroth you in righteousness and justice; in love and compassion. I will betroth you in faithfulness" (Hosea 2:19-20). "I will make an everlasting covenant with you, my faithful love..." (Isaiah 55:3b).

Weddings are symbolic. They are a living metaphor to show us what the Lord desires to share with us. The wedding symbolism that touches my heart the most is... because...

God Desires to Exchange Wedding Rings

"Now write another decree in the king's name in behalf of the Jews...and seal it with the king's signet ring—for no document written in the king's name and sealed with his ring can be revoked" (Esther 8:8).

Use this entry to praise Him that you bear His name and wear His ring.

God Desires a Covenant

"I will establish my covenant as an everlasting covenant between me and you.... As for you, you must keep my covenant..." (Genesis 17:7, 9).

My response to the covenant relationship that Christ died to offer me is...

God Desires the Highest Level of Commitment

"All I have is yours, and all you have is mine" (John 17:10).

God is after the 4 "Cs" of relationship: Connection, cooperation, commitment, and covenant. Ask Him to show you which level of relationship you are currently sharing with Him. Then ask Him to help you to reach the highest level of relationship with Him.

God Desires Your All

"Make vows to the LORD your God and fulfill them" (Psalm 76:11). "In view of this, we are making a binding agreement, putting it in writing and our leaders, our Levites and our priests are affixing their seals to it" (Nehemiah 9:38).

My covenant letter of commitment to Christ:

God Desires Fruitfulness

"The fruit of your womb will be blessed, and the crops of your land. The LORD will grant you abundant prosperity—in the fruit of your womb...and the crops of your ground" (Deuteronomy 28:4, 11).

The evidence of fruit that is being birthed in my life is....

If you are struggling to complete the above statement, ask yourself and the Holy Spirit some crucial questions:

How desperate am I for obedience?

In what areas of my life do I need more willing obedience?

Am I remaining united to Christ so that I may bear much good fruit? (See John 15:4-8)

What condition is the soil of my heart? (See Matthew 13:1-9; 18-23)

What areas need to be cultivated so that my life may produce a harvest of thirty, sixty, or hundred times what was sown?

Use the space below to confess and repent from any areas of unwillingness or lack of obedience in your life the Spirit convicts you of. Ask the Farmer to do the necessary work in order to reap a great harvest of favor and fruitfulness in your life.

Special Journal Response God Desires You

Read "*God Desires You*" found on page 249 of *Transformed by Desire*, then respond and speak to Jesus from the overflow of your heart. For deeper revelation, consider the Refection and Response section on pgs. 249-250 Chapter Ten The Story Goes On....



Personal Journal Entry

I dream of being in the arms of Christ. I long for eternity and for the things not of this world. I no longer want to settle for good. I want it all! I want my heart and soul to be flooded with life, love, and passion. I want to sing out and live the life I was meant to live; not just this one, but the next one. I dream about and long for the day when I will go home, to be embraced by everything I crave. I want to find myself caught up and swept away by untold love and pleasure far beyond my deepest imagination. I am hungry and thirsty for the life I long for, the life I cannot see, but will one day be gloriously engulfed in. My soul longs to go home.

God Desires for You to Know Heaven

"Now this is eternal life: that they may know you, the only true God, and Jesus Christ, whom you have sent" (John 17:3).

When I think of eternity, I think of...

God Desires for You to Know His Reward

"Behold, I am coming soon! My reward is with me, and I will give to everyone according to what he has done" (Revelation 22:12).

The eternal reward in Christ that I long for most is...

God Desires to Share His Kingdom

"What is the kingdom of God like? What shall I compare it to?" (Luke 13:18)

There is a great deal I do not understand, but to me the kingdom of heaven is like...

God Desires Celebration

David said... "I will celebrate before the Lord" (2 Samuel 6:21).

When I stand before God's throne in eternity I see myself celebrating with great ...

God Desires for You to Take Your Place in Heaven

"Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God" (Hebrews 12:2).

What do you believe Christ is revealing to you about your eternal destiny with Him? How is He fixing your eyes on Him, so that for the joy set before you, you, too, may endure and overcome?

God Desires to Bring You Home

"On that day I will gather you together and bring you home again" (Zephaniah 3:20a).

When I think about going to my heavenly home, oh what... fills my heart...

Special Journal Response God Desires You

Read the final "*God Desires You*" found on pages 280-281 of *Transformed by Desire*, then respond and speak to Jesus from the overflow of your heart. For deeper revelation, consider the Refection and Response section on pgs. 281-282

Final Reflections

As you took this journey with Jesus through this spiritual journal, in what ways did He fill the desires of your heart?

What desires are still left unanswered? Share your heart with Jesus.

Want to Go Deeper in a Journey of Desire with Jesus?



Transformed by Desire Spiritual Journal is excerpts taken from *Transformed by Desire: A Journey of Awakening to Life and Love.*

You were made for much more. If you'd like to experience more of Christ though the scared romance, check out *Transformed by Desire* book or Bible Study.

God has implanted desires in your heart that only Christ can fill.

Begin today, the journey of a lifetime begins with desire.

"Phenomenal!!! The ladies said *Transformed by Desire* is the best study they've ever taken!"

-Josie, Women's Ministry Leader, New Fellowship Church

"Transformed by Desire stirred my heart to go deeper with God. If you ever wondered how God sees you or how treasured you are, this book will answer your question. *Transformed by Desire* will take you on a journey from pauper to princess as you realize God's lavish love for you."

--Bethany Martin, songwriter, Mary of Bethany, Inc.

"Transformed by Desire is a wonderful expression of intimacy with God. The biblical teaching that is brought out about what Christ has done for us is right on. The teaching is excellent. If you are looking for more of Him, you have found an invaluable resource." **--Rev. David Noel, Senior Pastor, Columbus, Ohio**

To learn more or to order materials, visit <u>www.LibertyinChristMinistries.com</u>, or ask for it wherever books are sold.

Learn More About the Author



Patty Mason is a wife, mother, and grandmother who found hope and healing when Jesus reached into her well of depression and set her free. From her painful past, battle with depression, anger, and insecurities, God created Liberty in Christ Ministries. For more than two decades, Patty has shared her story of God's redeeming grace in several books, blogs, and magazines, including Lifeway's *"Living More,"* as well as on numerous radio and television programs, including Moody Radio and The 700 Club. Her books also include, *Know That I AM God*,

Finally Free: Breaking the Bonds of Depression without Drugs, and The Power of Hope.

Testifying to the Truth of God's Word

Patty's genuine transparency and passion for Jesus has empowered and inspired women of all ages, helping them discover, embrace, and live out their freedom in Christ with boldness.

To learn more about Patty or to check her availability, visit www.LibertyinChristMinistries.com





At LICM, it is our passion to help others discover, embrace, and live out their God given freedom, by showing them how to identify and overcome the hindrances that keep them from knowing Christ and His personal love.

To learn more about LICM, visit www.LibertyinChristMinistries.com