Eighteen Defensive Driving Tips

Defensive Driving Tips from Pest Technicians, taken from responses from other safety meetings.

- 1: Be prepared for anything!
- **2: Keep your mind on your driving.** Keep your eyes on the road, and other drivers, and keep both hands on the wheel.
- **3: Constantly look** well ahead for changes in traffic or road conditions. If you see a lot of brake lights, slow down and be prepared to stop.
- 4: Yield to drivers who are determined to get there first.
- **5: Keep checking** your rear view and side mirrors for traffic.
- **6: Always expect the other driver** to do the unexpected -- speed up, slow down, pass, cut across lanes...
- 7: Learn your mirrors' "Blind Spots";. Always turn your head and look for other vehicles (especially motorcycles) before changing lanes. Remember that your work vehicle will have different "Blind Spots" than your personal vehicle.
- **8: Watch for sudden movements** like pedestrians, bicycles, or animals darting into the road in front of you.
- **9: Carry emergency equipment.** a jack, spare tire (have you checked your spare tire for proper inflation lately?), flashlight, first aid kit, flares....
- **10: Don't speed!** Watch for changing speed limits in urban areas.
- 11: Obey the laws. Follow traffic rules, signs and signals.
- **12: Don't drive under the influence** of drugs, alcohol or fatigue. (Remember cold medicines, and prescription drugs.)
- **13:** Stay at least 2 (two) second behind the other driver, more under poor conditions.
- 14: Adjust your speed and driving to changing weather and traffic conditions
- 15: Lock your vehicle and take your keys with you when you leave it.
- **16: Be a defensive driver.** Protect yourself and others. Your are the professional driver, most people on the road are not.
- 17: Walk behind your vehicle before you back up.
- **18: Be a courteous driver.** Your truck is a moving billboard, make a positive impression with other drivers, not a negative one!

Have a Safe Trip!