# Arbonne Essentials<sup>®</sup> For Targeted Health Key Selling Points Overview

Sleep Well Spray Antioxidant & Immunity Booster Calcium Plus Energy Fizz Sticks 7-Day Body Cleanse Joint Support Herbal Colon Cleanse Women's Balance Menopause Support Fit Chews Protein Snack Bars

# The Arbonne Essentials® For Targeted Health Collection Story

The Arbonne Essentials<sup>®</sup> for Targeted Health Collection consists of supplements formulated with premium ingredients and the latest nutrient delivery technology.

The formulas supply nutrients to target specific health and wellness needs.

#### Key Points Of Difference:

- Nutrients your body needs for optimal health
- Easy everyday supplement support
- Products formulated with premium ingredients
- Features standardized botanicals and pharmaceutical-grade vitamins and minerals
- No artificial colors, flavors or sweeteners
- No gluten, soy, animal products, high fructose corn syrup, or trans fats

## Sleep Well Spray

#### Features:

- Natural lemon-flavored spray delivers an effective dose of vegan melatonin
- Just seven sprays deliver melatonin and a targeted botanical blend to support the body's natural sleep mechanism◊

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SLEEP WELL SPRA

ETARY SUPPLEMEN 1 fl. oz./30 mL

- Non-addictive formula supports healthy sleep patterns without nextday drowsiness
- Certified gluten-free and vegan

### Sleep Well Spray

#### **Benefits:**

- Vegan melatonin helps control sleep and wake cycles, promoting healthy sleep patterns and helping to combat sleep disruptions from jet lag◊
- Supports sleep, rest and relaxation with a proprietary botanical blend of chamomile, hops, valerian, and passion flower◊



### Antioxidant & Immunity Booster

#### Features:

- Superfruits blueberry, pomegranate, amla, and açai are part of a 3tier system featuring clinically studied nutrients and botanicals that support immune health, and have antioxidants to fight free radicals◊
- Proprietary Energy Booster Blend provides a gentle, botanical energy boost◊
- Individual pouches are convenient for home, travel and sampling
- Take daily to support immunity, helping you stay healthy year round
- No high fructose corn syrup or artificial colors, flavors or sweeteners
- Certified vegan



### Antioxidant & Immunity Booster

#### Benefits:

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IMMUNITY BOOSTER

- EpiCor<sup>®</sup> a unique, natural, fermentation ingredient has been shown in clinical studies to help support the immune system and white blood cells<sub>0</sub>
- Vitamins C and D help support the immune systemo
- Antioxidant blend of superfruit juices from blueberry, pomegranate, alma, and açai helps fight free radicalso
- Milk thistle supports the liverory
- Proprietary Energy Booster Blend contains green tea, guarana, yerba mate, and ginseng, providing a gentle, effective energy boosto

### Calcium Plus

Features:

- Blend of calcium, magnesium, vitamin D, and red clover help support skeletal health and other bodily functions.
- Promotes calcium absorption and supports bone structure and functiono
- Supports muscle function through calcium intakeo
- Formulated with calcium citrate and calcium phosphate
- Certified vegan and gluten-free



### Calcium Plus

CALCIUM PLUS

DIETARY SUPPLEMENT

90 Tablets

#### **Benefits:**

- Calcium citrate is more easily absorbed and utilized than calcium carbonate, which is used in competitors' calcium supplements
- Calcium, important for bone health, is also imperative for cardiovascular function, muscle contraction, and cellular function.
- Magnesium, critical for calcium absorption, is important for skeletal healthory
- Vitamin D supports calcium absorption in the intestines and calcium levels in the bloodo
- Red clover, a non-soy source of bone-supporting isoflavones, assists with calcium absorption in bones and supports the skeletal system.

### Energy Fizz Sticks

#### Features:

- Temporarily helps promote alertness and enhance cognitive performanceo
- Helps promote endurance when you start to feel tiredo
- Two flavors, citrus and pomegranate
- Dissolves quickly in water
- Contains antioxidants to help fight free radicalso
- Low-calorie, and features natural flavors, cane sugar, and stevia
- Formulated without artificial flavors or colors
- Certified vegan, gluten-free, and kosher



### Energy Fizz Sticks

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#### **Benefits:**

- Proprietary Get-Up-and-Go Blend:
  - ➤ Guarana Supports energy₀
  - Chromium Helps support healthy blood sugar levels already in the normal rangeo
  - Green tea Contains catechins, antioxidants that fight and prevent cellular damageo
  - ➤ Taurine An amino acid that supports energy
  - ➤ Ginseng root Helps support physical capacity and performance◊
  - Rhodiola rosea An adaptogen that helps temporarily support the body during stresso
- Riboflavin helps metabolize carbohydrates, fats and proteins to provide energyo
- Niacin helps support energy-yielding metabolism of macronutrientso

### 7-Day Body Cleanse

#### **Features:**

- Helps detoxify the system while supporting the gastrointestinal tractory
- Assists with gentle elimination of toxins
- Contains milk thistle standardized to silymarin, which supports the internal antioxidant activity for liver health
- Helps promote a sense of well-being while preparing for a weight management regimeno
- Proprietary Superfood Antioxidant Blend featuring carrot juice, elderberry fruit, chokeberry, hibiscus, blackcurrant juice, blueberry juice, pumpkin, cherry fruit, lemon juice, and apple juice powders
- Formulated vegan and without gluten



### 7-Day Body Cleanse



#### **Benefits:**

- Full Body Cleansing Blend contains:
  - ➤ Nettle leaf extract Helps support the kidneyso
  - ➤ Milk thistle Helps support the liver◊
  - Astragalus Helps support the immune systemo
  - ➤ Senna Helps support the gastrointestinal tracto
- Inulin, a prebiotic, supports beneficial microflora that aid the digestive tracto
- Superfood Antioxidant Blend fights oxidation and free radicalso

### Joint Support

Features:

- Bi-layer tablet promotes joint flexibility and comfort, providing support and reliefo
- Supports healthy connective tissue and cartilage between joints to protect against normal wear and tear
- Contains exclusive Joint Support Blend
- Formulated with vegan glucosamine sulfate; most forms are derived from exoskeletons of shellfish
- Certified vegan and gluten-free



### Joint Support



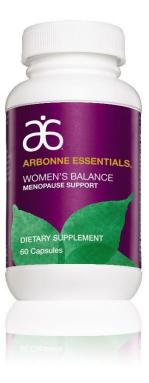
#### Benefits:

- Glucosamine, naturally found in healthy cartilage, assists in the formation of connective tissue that cushions jointso
- Vitamin C supports cartilage, collagen and joint tissue, supporting overall joint health
- Boswellia serrata and white willow support joint comforto
- Pine bark extract provides antioxidant supporto

# Women's Balance Menopause Support

#### Features:

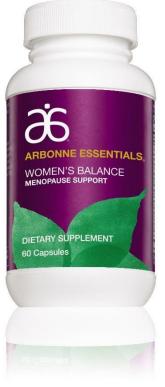
- Balancing blend of botanicals including black cohosh which has been clinically tested to provide relief from common menopausal symptoms such as hot flashes and restless sleep
- Helps support balance and well-being during menopause◊
- Gluten-free
- Certified kosher and vegan



### Women's Balance Menopause Support

#### **Benefits:**

- Menopause Support Blend:
  - Cuscuta A source of flavonoids
  - Motherwort, Notoginseng, and Astragalus Support women's balanceo
- Dong quai supports women's balance₀
- Milk thistle helps support the liver during menopause
- Black cohosh supports management of hot flashes and restless sleep



### Fit Chews



#### Features

- Individually wrapped for convenience, these snack options support weight management efforts while also supporting healtho
- Help control cravings while keeping energy levels sustained
- Available in 3 flavors: chocolate, caramel, and lemon
- 30 calories per chew
- No artificial colors, flavors or sweeteners; no high fructose corn syrup, dairy, or soy
- Certified vegan and gluten-free

### Fit Chews



#### **Benefits:**

•Contains Arbonne's exclusive adaptogenic herbal blend to help support the body during stresso

### Protein Snack Bars

#### Features:

- Delicious snack option containing 10 g of vegan protein and 4 g of fiber per bar
- Pumpkin and sunflower seeds add crunch and flavor
- Available in Dark Chocolate & Sea Salt Flavor and Cranberry & Pumpkin Seed, both with sunflower and pumpkin seeds throughout
  - Dark Chocolate & Sea Salt Flavor features a drizzle of non-dairy chocolate on top
  - Cranberry & Pumpkin Seed has dried fruit along with sesame seeds for added crunch
- Convenient, on-the-go snack option for busy lifestyles and travel
- Suitable for the entire family to enjoy
- No artificial colors, flavors or sweeteners
- No trans-fat or cholesterol
- Certified vegan, gluten-free, kosher, and non-GMO



### Protein Snack Bars

#### **Benefits:**

- 10 g of natural vegan protein derived from peas is easily digestible while promoting satiety and delivering essential amino acids
- Good source of fiber
- Low sodium
- Contains 5 g of sugar, less than many other competitive products



### Your Arbonne Essentials Resources

- Arbonne Essentials for Targeted Health Focus Guide
- Meet the Product Sheets
- Arbonne Essentials Protein Snack Bars Launch Video
- Arbonne Essentials Protein Snack Bars Sales Training Video
- Audio Training: 30 Days to Healthy Living and Beyond Presentation
- Audio Training: Benefits of Arbonne Essentials
- 30 Days to Healthy Living & Beyond Guide
- Audio Training: The 30 Day Challenge
- Audio Training: 30 Days to Healthy Living and Beyond