

107 E. Main Street Carthage, MS 39051

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This institution is an equal opportunity provider and employer.

A tradition of dependable, hometown service since 1937.

Are you a leader? in your school and community



Our Youth Leadership Program

offers the tools and knowledge that will enable you to sharpen your leadership skills in your classroom, community, church and family. Since 1986, students in Mississippi have competed for the opportunity to participate in this unique leadership program. This program is an educational and fun experience that makes a lasting impact on young people.

Our program is for high school juniors interested in enhancing their leadership skills

Once you are selected as a Central Electric representative, you will attend:

Youth Leadership Workshop

The three-day workshop features a true cooperative learning atmosphere. More than 85 students from across the state will experience cooperative team-building exercises, a breakfast with their legislators, a visit to the Capitol, a town hall meeting and motivational speakers. We will also have a time for games and interaction between the students.

You will have the opportunity to earn a \$500 or \$1,000 scholarship.

Youth Tour

Each year, Mississippi's student delegation joins more than 1,800 high school juniors from 43 states across the nation at the Electric Cooperative Youth Tour in Washington, D.C., where they learn about cooperatives and rural electrification from a national perspective.

The Youth Tour is a wonderful sightseeing experience that also offers an opportunity for making new friends.

The Youth Tour is organized by the Electric Cooperatives of Mississippi (ECM) and the National Rural Electric Cooperative Association (NRECA).

It is an honor to be selected

The group of young Mississippians participating in the program represent electric cooperatives across the state. Students are selected through various forms of competition conducted by the local cooperatives.

Annually, more than 1,000 young people are involved in the program selection process statewide.

Cost

Students' expenses for both events are funded entirely by Central Electric. There are no hidden costs; Central Electric pays for all travel, lodging, meals, educational materials and admission fees. Our support of the program demonstrates a commitment to our young people and a desire to provide an effective, high-quality leadership program to help prepare them for life's challenges.

How to get involved

Central Electric's Youth Leadership Program Director will contact an official at each of our local schools and provide program details. If you are interested in being a representative contact your school guidance counselor or fill out and return the application on page 15.

Youth Leadership Program Application

CTLIDENT'C FILL NAME



Are you currently a high school junior and your parent(s) or legal guardian receives electric service from Central Electric Power Association? If so, you are eligible to apply to represent Central Electric Power Association in the Electric Cooperatives of Mississippi Youth Leadership Workshop February 26 - 28, 2020 and the NRECA Washington, D.C. Youth Tour June 20 - 26, 2020.

YOUTH LEADERSHIP PROGRAM GUIDELINES

- **1.** Applicant must be a high school junior (11th grade) whose parent(s) or legal guardian receives electric service from Central Electric Power Association.
- **2.** The top applicants will be selected by an independent panel of judges to participate in an interview process for the selection of winners who will represent Central Electric Power Association in the Youth Leadership Workshop in Jackson, MS and the NRECA Youth Tour in Washington, D.C.

Interviews will be held on Wednesday, November 6, 2019.

- **3.** If selected, student must commit to attend both the Leadership Workshop February 26-28, 2020 in Jackson, MS and the NRECA Youth Tour June 20-26, 2020 in Washington, D.C.
- 4. Application must be filled out by the student and postmarked by Monday, October 14, 2019.
- 5. Please mail to: Youth Leadership Program Attn: Jessica Patterson Central Electric Power Association Post Office Box 477 Carthage, MS 39051

STODENT STOLE NAME
NAME STUDENT GOES BY
STUDENT'S MAILING ADDRESS
STUDENT'S 911 ADDRESS
PARENT(S) OR LEGAL GUARDIAN
NAME CENTRAL EPA BILL IS LISTED IN
ACCOUNT NUMBER
DAYTIME PHONE NUMBER
ALTERNATE NUMBER
EMAIL ADDRESS
SCHOOL
11TH GRADE STUDENT'S SHIRT SIZE
STUDENT SIGNATURE
PARENT/LEGAL GUARDIAN SIGNATURE

PLEASE LIST ANY SCHOOL AND COMMUNITY ACTIVITIES/MEMBERSHIPS AND LEADERSHIP POSITIONS:

PLEASE LIST ANY AWARDS OR SPECIAL RECOGNITION:

WHAT ARE YOUR COLLEGE AND CAREER GOALS?

WHAT ARE TWO CHARACTERISTICS OF A GOOD LEADER AND WHY?

This institution is an equal opportunity provider and employer.



Like our Electric Cooperatives of Mississippi youth leadership page www.facebook.com/ECMYLP and follow us on Instagram @msyouthleadershipprogram



Please contact Central Electric's youth leadership program coordinator if you have any questions.

Jessica Patterson, Program Director

Office - 601-267-5671 • jcpatterson@centralepa.com



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Tips to stay comfortable this winter

When we talk about comfort in our homes, we usually think about where the thermostat is set. But, as some homeowners find, there's more to the picture than just the indoor temperature.

An important piece of the comfort puzzle is radiant heat, which transfers heat from a warm surface to a colder one. A person sitting in a room that's 70 degrees can still feel chilly if there's a cold surface nearby, like a single-pane window, a hardwood floor or an exterior wall. Covering these cold surfaces can help. Try using area rugs, wall quilts or tapestries, bookcases and heavy curtains to help prevent heat loss and make your home feel more comfortable. Keep in mind, radiant heat can really work in your favor. A dark-colored tile floor that receives several hours of direct sun can retain heat during the day and radiate it into the room during the evening.

Another possible cause of discomfort during the winter is air movement. We recognize this when weather forecasts report chill factor, which is a calculation of air temperature and wind speed.

Moving air makes us feel colder, which is why we use fans in the summer. But during the winter, cold, outdoor air can infiltrate our homes.

On average, a typical home loses about half its air every hour, and that amount can increase when outdoor temperatures are extremely cold and the wind is blowing. In this case, the best way to keep your home toasty is to minimize air leaks. You can easily locate air leaks in your home with a blower door test, which is typically conducted by an energy auditor. These are some of the most common spots air leaks occur:

- Penetrations and cracks around windows and doors
- Exterior cracks in brickwork and siding
- Plumbing and wiring penetrations from the exterior to the interior of the home
- Mail slots or pet doors

A variety of products like caulk, weather stripping, outlet cover gaskets and dryer vent covers can be used to seal these leaks.

A fireplace can also be a major source of air leakage. If you don't use the fireplace, you can seal the opening or install an inflatable chimney balloon. Before using the fireplace, consider this: unless you have a high-efficiency insert, your fireplace will suck heated air from the room out through the chimney. Always close the fireplace flue when it's not in use.

Your pursuit of comfort should also include a careful look at your home's heating system. Is it distributing heat evenly and efficiently? Forced-air systems distribute air through supply ducts and registers. Small rooms may only have one register, but large rooms could have several. You may find some supply registers are blowing copious amounts of warm air and others little at all.

Ideally, every room should have return air registers. If you see possible shortcomings with your forced-air system, enlist the help of a certified contractor that really knows how to improve ductwork.

Ensure your furnace is running at peak efficiency by scheduling an annual inspection. Check your filter monthly and replace or clean it as necessary. If you heat your home with radiators, bleed them at the beginning of the season so they flow more efficiently.

Beyond that, you can always warm yourself by wearing heavier clothing, doing some light exercise throughout the day and snuggling with a pet or under a blanket.

By taking some of these small steps, we hope you will enjoy a more comfortable winter.



ever connect a standby generator into your home's electrical system. There are only two safe ways to connect a standby generator to your equipment.

Stationary generator:

An approved generator transfer switch, which keeps your house circuits separate from the electric co-op, should be installed by a professional.

Portable generator:

Plug appliances directly into the outlet provided on the generator.

Set up and run your generator in a well-ventilated area outside the home. Make sure it's out and away from your garage, doors, windows and vents. The carbon monoxide generated is **deadly.**

Use a heavy-duty extension cord to connect electric appliances to the outlet on the generator.

Start the generator first **before** connecting appliances.

THINK SAFETY FIRST!

A safety message from Central Electric

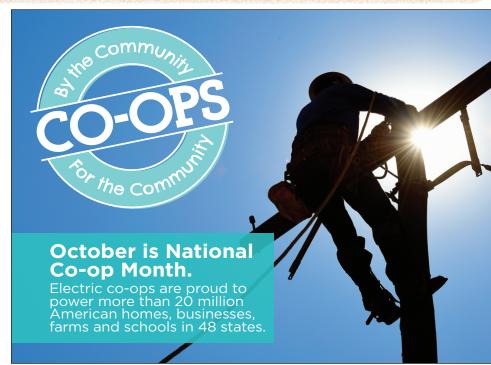


ENERGY EFFICIENCY



Cooler weather is on the way!
Heating requires more energy than any other system in your home, typically making up about 42% of your energy bill.
With proper equipment maintenance and upgrades like additional insulation and air sealing, you can save about 30% on your energy bill.

Source: energy.gov



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