

# Ryushinkai Qatar

Aikido In Qatar 流心会卡塔尔

	10 - 9	8 - 6	5	4	3 - 1	1dan	Yudan
Migi Hanmi no Kamae	X	X	X	X	X	X	X
Hidari Hanmi no Kamae	X	X	X	X	X	X	X
Tai no Henko (1)	X	X	X	X	X	X	X
Tai no Henko (2)	X	X	X	X	X	X	X
Hiriki no Yosei (1)	X	X	X	X	X	X	X
Hiriki no Yosei (2)	X	X	X	X	X	X	X
Shumatsu Dosa (1)	X	X	X	X	X	X	X
Shumatsu Dosa (2)	X	X	X	X	X	X	X
Katate Mochi Shiho Nage (1)	X	X	X	X	X	X	X
Katate Mochi Shiho Nage (2)	X	X	X	X	X	X	X
Ryote Mochi Shiho Nage (1)				X	X	X	X
Ryote Mochi Shiho Nage (2)				X	X	X	X
Yokomen Uchi Shiho Nage (1)			X	X	X	X	X
Yokomen Uchi Shiho Nage (2)			X	X	X	X	X
Hanmi Handachi Katate Mochi Shiho Nage (1)						X	X
Hanmi Handachi Katate Mochi Shiho Nage (2)						X	X
Hanmi Handachi Ryote Mochi Shiho Nage						X	X
Shomen Uchi Ikkajo Osae (1)	X	X	X	X	X	X	X
Shomen Uchi Ikkajo Osae (2)	X	X	X	X	X	X	X
Suvari Waza Shomen Uchi Ikkajo Osae (1)							X
Yokomen Uchi Ikkajo Osae (1)					X	X	X
Yokomen Uchi Ikkajo Osae (2)					X	X	X
Suvari Waza Yokomen Uchi Ikkajo Osae (1)							X
Katate Mochi Ikkajo Osae (1)						X	X
Katate Mochi Ikkajo Osae (2)						X	X
Suvari Waza Katate Mochi Ikkajo Osae (1)							X
Kata Mochi Ikkajo Osae (1)					X	X	X
Kata Mochi Ikkajo Osae (2)					X	X	X

	10	9	8	6	5	4	3	1	1dan	Yudan
Suwari Waza Kata Mochi Ikkajo Osae (1)										X
Ryote Mochi Ikkajo Osae (1)										X
Suwari Waza Ryote Mochi Ikkajo Osae (1)										X
Hiji Mochi Ikkajo Osae (1)										X
Mune Mochi Ikkajo Osae (1)										X
Suwari Waza Mune Mochi Ikkajo Osae (1)										X
Suwari Waza Hiji Mochi Ikkajo Osae (1)										X
Ushiro Waza Ryote Mochi Ikkajo Osae (1)								X	X	X
Ushiro Waza Ryote Mochi Ikkajo Osae (2)								X	X	X
Ushiro Waza Katate Eri Mochi Ikkajo Osae (1)									X	X
Ushiro Waza Katate Eri Mochi Ikkajo Osae (2)									X	X
Ushiro Waza Ryote Mochi Ikkajo Osae (1)										X
Ushira Waza Ryohiji Mochi Ikkajo Osae (1)										X
Ushiro Waza Ryokata Mochi Ikkajo Osae (1)										X
Katate Mochi Nikajo Osae (1)					X	X	X	X	X	X
Katate Mochi Nikajo Osae (2)					X	X	X	X	X	X
Kata Mochi Nikajo Osae (1)							X	X	X	X
Kata Mochi Nikajo Osae (2)							X	X	X	X
Shomen Uchi Nikajo Osae (1)							X	X	X	X
Shomen Uchi Nikajo Osae (2)							X	X	X	X
Yokomen Uchi Nikajo Osae (1)								X	X	X
Yokomen Uchi Nikajo Osae (2)								X	X	X
Shomen Uchi Sankajo Osae (1)					X	X	X	X	X	X
Shomen Uchi Sankajo Osae (2)					X	X	X	X	X	X
Yokomen Uchi Sankajo Osae (1)							X	X	X	X
Yokomen Uchi Sankajo Osae (2)							X	X	X	X
Kata Mochi Sankajo Osae (1)								X	X	X
Kata Mochi Sankajo Osae (2)								X	X	X
Ushiro Waza Ryote Mochi Sankajo Osae (1)							X	X	X	X
Ushiro Waza Ryote Mochi Sankajo Osae (2)							X	X	X	X
Ushiro Waza Katate Eri Mochi Sankajo Osae (1)								X	X	X
Ushiro Waza Katate Eri Mochi Sankajo Osae (2)								X	X	X
Shomen Uchi Yonkajo Osae (1)					X	X	X	X	X	X

	10 - 9	8 - 6	5	4	3 - 1	1dan	Yudan
Shomen Uchi Yonkajo Osae (2)					X	X	X
Yokomen Uchi Yonkajo Osae (1)					X	X	X
Yokomen Uchi Yonkajo Osae (2)					X	X	X
Katate Mochi Yonkajo Osae (1)						X	X
Katate Mochi Yonkajo Osae (2)						X	X
Katate Mochi Sokumen Irimi Nage (1)			X	X	X	X	X
Katate Mochi Sokumen Irimi Nage (2)					X	X	X
Kata Mochi Sokumen Irimi Nage (1)					X	X	X
Kata Mochi Sokumen Irimi Nage (2)					X	X	X
Shomen Uchi Shomen Irimi Nage (1)					X	X	X
Shomen Uchi Shomen Irimi Nage (2)					X	X	X
Yokomen Uchi Shomen Irimi Nage (1)					X	X	X
Yokomen Uchi Shomen Irimi Nage (2)			X	X	X	X	X
Shomen Uchi Hiji Shime (1)					X	X	X
Shomen Uchi Hiji Shime (2)					X	X	X
Yokomen Uchi Hiji Shime (1)					X	X	X
Yokomen Uchi Hiji Shime (2)					X	X	X
Kata Mochi Hiji Shime (1)					X	X	X
Kata Mochi Hiji Shime (2)					X	X	X
Mune Mochi Hiji Shime (1)					X	X	X
Mune Mochi Hiji Shime (2)				X	X	X	X
Katate Mochi Hiji Ate Kokyu Nage (1)						X	X
Katate Mochi Hiji Ate Kokyu Nage (2)						X	X
Shomen Uchi Hiji Ate Kokyu Nage (1)						X	X
Shomen Uchi Hiji Ate Kokyu Nage (2)						X	X
Shomen Uchi Kote Gaeshi (1)					X	X	X
Shomen Uchi Kote Gaeshi (2)					X	X	X
Yokomen Uchi Kote Gaeshi (1)					X	X	X
Yokomen Uchi Kote Gaeshi (2)				X	X	X	X
Shomen Tsuki Kote Gaeshi (1)						X	X
Shomen Tsuki Kote Gaeshi (2)						X	X
Ryote Mochi Tenchi Nage (1)				X	X	X	X
Ryote Mochi Tenchi Nage (2)						X	X

	10 - 9	8 - 6	5	4	3 - 1	1dan	Yudan
Suwari Waza Ryote Mochi Kokyu Ho (1)				X	X	X	X
Suwari Waza Ryote Mochi Kokyu Ho (2)					X	X	X
Shomen Uchi Jiyu Waza						X	X
Yokomen Uchi Jiyu Waza						X	X
Katate Mochi Jiyu Waza						X	X
Shomen Yokomen Uchi Jiyu Waza							X
Ushiro Waza Ryohiji Mochi Jiyu Waza							X
Tanto Dori Jiyu Waza							X
Ryote Mochi Jiyu Waza						X	X
Shomen Tsuki Jiyu Waza						X	X
Kata Mochi Jiyu Waza							X
Ushiro Waza Ryote Mochi Jiyu Waza							X
Ushiro Waza Ryokata Mochi Jiyu Waza							X
Ken Dori Jiyu Waza							X