



A Better Way Hypnotherapy, LLC

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Low Level Laser Therapy Introduction and Informed Consent

Services, as provided by A Better Way Hypnotherapy, LLC for low level (cold) laser therapy are not meant to substitute or replace those of a licensed physician. Clients seeking care for conditions outside of those identified below (general meridian or energy flow) are advised to seek care from a licensed physician.

Benefits: Low level laser therapy has been used for years in rehabilitation to promote healing while reducing pain. At A Better Way Hypnotherapy, LLC treatments are applied to specific body points along various acupuncture meridians; these points are mostly on the ears, face, hands and arms. The low level laser, as it is used here, works much like acupuncture with the added benefit of enhanced stimulation of the identified points while helping to reestablish and unblock the flow of negative energy within the body.

Risk Analysis: The FDA has declared low level (cold) laser is non-invasive and in compliance with 21CFR1040.10; however, they do consider the use of the low level laser therapy on the meridians to be “experimental.” Now, as with any form of physiological therapeutics, low level laser therapy has the potential to create both desirable and undesirable effects. Of the latter, such effects may include a mild reddening of the skin due to increased blood flow to the area treated, occasional mild tingling sensation, and/or possible subacute pain. No other known side effects to treatments with laser therapy have been observed in previous clinical studies. With any medical procedure or investigational device, a possibility exists that complications and unknown adverse effects may occur with treatment. There also may be other risks not yet identified, however; at this time there are no foreseeable risks known with the use of the low level laser therapy. Additionally, all lasers are potentially harmful to the retina - though retinal damage is highly unlikely. To reduce this risk, safety goggles are provided during the therapy.

Contraindications: If you are pregnant, taking anti-coagulant drugs (ex. Coumadin), have a severe bleeding disorder (hemophilia), heart condition, diabetes, circulatory problems, blood clots, cancer/malignancies, bone disorders (osteoporosis, Paget's disease, Multiple Myeloma), metal implants or have a pacemaker, you should make that information known to the practitioner prior to treatment. Under such conditions, we will not use low level laser therapy.

Authorization: I have read this form and I have had all of my questions answered regarding the use of the low level laser to my satisfaction. With this knowledge, I voluntarily consent to the use of the low level laser as described above. Further, I recognize that no guarantees have been given to me by A Better Way Hypnotherapy, LLC, or by anyone so affiliated, in relation to the use of the low level laser therapy and its potential health benefits. I also understand that I am free to discontinue participation of these benefits at any time.

Printed Name: _____ Date: ____/____/20____

Signature: _____