

# SEW-CIETY NEWS

Central Illinois Chapter American Sewing Guild  
Spring – March, April, May 2019  
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Sue Melton Barnabee, Editor  
Chartered 1985



Advancing sewing as an art and life skill

[www.centralillinoisasg.com](http://www.centralillinoisasg.com)  
[www.asg.org](http://www.asg.org)

## CHAPTER NAME CHANGE

It's official! Our new name is Central Illinois Chapter of the American Sewing Guild. Also note our web site change. See us at [www.centralillinoisasg.com](http://www.centralillinoisasg.com).

## Sew Special...2019



Linda Lee, owner of the Sewing Workshop, is coming to Peoria on October 11<sup>th</sup> and 12<sup>th</sup>, 2019. So, mark your calendars! You won't want to miss her workshop and Sew Special presentations.

Linda's training and experience in interior design has come in handy as she travels the country teaching the art of combining beautiful fabrics for the fashion conscious home seamstress.

Along with teaching fitting skills and sewing techniques, she designs patterns under the name of The Sewing Workshop. These patterns are for the modern seamstress who is interested in architecturally interesting styles that flatter with flare.

Along with five talented staff members, she operates out of her pattern making studio in Topeka Kansas. There, you will find a huge inventory of fabrics which are sold online.

Linda produces a monthly series of inspirational tutorials called Sew Confident! In these, she breaks down the latest fashion trends into real life sewing experiences for people who want to sew better than they can buy.

She has nine Craftsy classes and thirteen books under her belt. She has the depth of experience and enthusiasm needed to pass on the fine art of sewing clothing to her students.

Linda's loves include cats, fashion labels Marni and Akris, Roger Federer, Fillmore Street in San Francisco, Oreo Blizzards and vintage hand stitching.

Linda's books include "Sewing Beautiful Pillows", "Scarves to Make", "Sewing Stylish Home Projects", "Sewing Edges and Corners", "Mastering Miters", "Sew Sensational Pillows", "Designer Home Sewing", "Sew Easy", "Sew Easy Bags" and "Sew Easy Scarves".

We know you will enjoy Linda. Mark your calendars now!

## CENTRAL ILLINOIS CHAPTER DATES TO REMEMBER

- |   |  |
|---|--|
| <b>March 2, 2019</b> —One Day Sewing Retreat, United Presbyterian Church, Peoria, IL  | <b>Presbyterian Church, Peoria, IL</b>   |
| <b>April 6, 2019</b> —Stash Sale, United Presbyterian Church, Peoria, IL <a href="http://www.centralillinoisasg.com">www.centralillinoisasg.com</a> | <b>August 26-28, 2019</b> —Sewing Retreat, Chiara Center, Springfield, IL <a href="http://www.centralillinoisasg.com">www.centralillinoisasg.com</a> |
| <b>April 19, 2019</b> —Community Service Sewing Day for Crittenton Center, Peoria North Branch Library, Peoria, IL                                  | <b>September 13, 2019</b> —Community Service Sewing Day, Peoria North Branch Library, AOP, Peoria, IL  |
| <b>May 4, 2019</b> —One Day Sewing Retreat, United Presbyterian Church, Peoria, IL  | <b>October 11, 2019</b> —Workshop with Linda Lee, United Presbyterian Church, Peoria, IL   |
| <b>June 1, 2019</b> —June Luncheon, United Presbyterian Church, Peoria, IL  | <b>October 12, 2019</b> —Sew Special with Linda Lee, United Presbyterian Church, Peoria, IL  |
| <b>June 7-8, 2019</b> —Road trip to Cedar Rapids ASG, Marla Kazell  | <b>November 2, 2019</b> —Central Illinois Chapter Annual Meeting. <a href="http://www.centralillinoisasg.com">www.centralillinoisasg.com</a>         |
| <b>July 6, 2019</b> —One Day Sewing Retreat, United   | <b>November 2, 2019</b> —Make It With Wool Contest, United Presbyterian Church, Peoria, IL <a href="mailto:black1959@aol.com">black1959@aol.com</a>  |
|   | <b>January 2020</b> —National Make It With Wool, Scottsdale AZ   |



## PRESIDENT'S MESSAGE



One of my all time favorite gifts ever is a beading book that my mother gave me entitled Off The Beadin' Path by Nancy Eha. I put the book on my Christmas wish list not knowing anything about the text. Figuring the book would give direction regarding beading techniques, I never expected to find a guide to help me discover and take off on a creative journey. My brain was jolted into another place as if I had expected that brownie to be chocolate when in fact the first bite revealed carob.

The lessons in the book were written for beaders, but I found the words applied to any craft really. The first assignment was for the reader to keep a journal of the creative journey. The author instructs to read only one chapter a week and do the suggested homework. Now this was not at all what I expected, but the more I read, I decided to follow instructions for once in my life. So far I have done well keeping my journal, but the new year is young.

The first trail of the creative journey discussed the concept that we are all more creative than we let ourselves believe. So true. After I worked on my homework, I did discover that I need to take more time to enjoy and play with my sewing materials.

Then, the author delves into calming the inner critic. Many sewers are their own worst critic, including me. Negative self talk really can zap creative energy. Sometimes, in ways not even realized. The homework here was to write down self criticisms when they popped up in one column and write a counter response to anything your nasty inner critic says. This exercise was an eye opener.

The next chapter makes it clear that you should never be afraid to ask a stupid question. I laughed out loud as I read that if one continually asks stupid questions, one will gain an endless supply of new information. Pair this new information with what you already know, and you have the tools to unlock endless creative combinations. Bazinga, don't you think. Still no beading techniques. But, I am on my creative journey. This draws the rolled eyeball phenomenon from my husband when he asks what I am doing.

The book continues on reminding the reader to have courage and just go for it. After all, what is the worst that can happen if we cut into that too cool fabric?

We learn something? We have fun and sew up something fabulous? We need to be brave and free, associate ideas, sewing materials and techniques. Think of the possibilities, especially with the inner critic behind bars. I challenge you to gather your materials, listen to your intuition and take off on your own unique creative journey.

By the way, beading instructions began in chapter seven.

Cyndy



## 2019 CENTRAL ILLINOIS CHAPTER ADVISORY BOARD (CAB)

[www.centralillinoisasg.com](http://www.centralillinoisasg.com)

### OFFICERS

**PRESIDENT:** Cyndy Monier (309) 364-3831

[cmsews@reagan.com](mailto:cmsews@reagan.com)

**1<sup>st</sup> VICE PRESIDENT:** Charlotte Cronin (309) 253-4276

[charlottecronin@comcast.net](mailto:charlottecronin@comcast.net)

**2<sup>nd</sup> VICE PRESIDENT:** Vicki Ghidina (309) 353-7015

(309) 267-1045 C [vicki.ghidina@gmail.com](mailto:vicki.ghidina@gmail.com)

**SECRETARY:** Martha Gamble (309) 689-1951 (309) 678-

6259-C [howell-gamble@sbcglobal.net](mailto:howell-gamble@sbcglobal.net)

**TREASURER:** Suzy Baker-Bachman (309) 444-8603 (309)

453-7897 C [suzybakerbachman94@yahoo.com](mailto:suzybakerbachman94@yahoo.com)

### COMMITTEES

**COMMUNITY LIAISON:** Kim Caywood (530) 701-4940 C

[kimkwould2010@sbcglobal.net](mailto:kimkwould2010@sbcglobal.net)

**MEMBERSHIP:** Carol Luginbuhl (309) 868-3441

[rlug@outlook.com](mailto:rlug@outlook.com)

**NEIGHBORHOOD GROUPS:** Charlotte Cronin (309) 253-

4276 [charlottecronin@comcast.net](mailto:charlottecronin@comcast.net)

**NEWSLETTER EDITOR:** Sue Barnabee (309) 647-0111

(309) 229-7999 C [scbarn@gmail.com](mailto:scbarn@gmail.com)

**SEW SPECIAL COORDINATOR:** Vicki Ghidina

(309) 353-7015 [vicki.ghidina@gmail.com](mailto:vicki.ghidina@gmail.com) (309) 267-1045 C

**WEBMASTER:** Pat West (309) 453-6682 C

[songbirdww@comcast.net](mailto:songbirdww@comcast.net)

### NATIONAL ASG

**ASG HEADQUARTERS:** 9660 Hillcroft, Ste 510, Houston,

TX 77096 (713) 729-3000 [www.asg.org](http://www.asg.org)

Contact: Barbara Cortez [Barbara@asg.org](mailto:Barbara@asg.org)



## AROUND THE NEIGHBORHOOD



ASG members may attend any and all Neighborhood Group meetings in the Central Illinois Chapter and anywhere around the country. Prospective members are encouraged to attend two meetings before joining the chapter.

Please contact the Neighborhood Group leader to confirm monthly meeting times, programs and locations, especially if you are traveling a distance. Programs sometimes change.

WHERE	MARCH	APRIL	MAY	CONTACT
<b>Chapter Advisory Board (CAB) 1 pm, North Point Hardee's Members are welcome</b>	<b>3/15/19</b> CAB Meeting 1:00 pm Hardee's North Point		<b>5/10/19</b> CAB Meeting 1:00 pm Hardee's North Point	<b>Cyndy Monier</b> <b>Chapter President</b> (309) 364-3831 <a href="mailto:cmsews@reagan.com">cmsews@reagan.com</a>
<b>CHAMPAIGN/URBANA</b> <b>2nd Tuesday, 1 pm</b> <b>Champaign Public Library,</b> <b>200 W Green St,</b> <b>Champaign</b>	<b>3/12/19</b> Cut Design on a Sweatshirt Shirley Splittstoesser	<b>4/9/19</b> Visit Costume Department at Krannert Center for Performing Arts at UI	<b>5/14/19</b> Invaluable/ Favorite Sewing Tips/Notions	<b>Sharon Gerth</b> (217) 367-7652 <a href="mailto:shrngerth@gmail.com">shrngerth@gmail.com</a> <b>Kathy Hatch</b> (217) 355-1213 <a href="mailto:kathyhatch@gmail.com">kathyhatch@gmail.com</a>
<b>FULTON COUNTY</b> <b>4<sup>th</sup> Thursday, 1 pm</b> <b>Wallace Park, Canton</b> <b>11:30, lunch optional</b>	<b>3/28/19</b> Stretch Fabrics	<b>4/25/19</b> Kitchen Accessories Patty Schmidt	<b>5/23/19</b> Quilting Tips Terry Kaveny	<b>Sue Barnabee</b> (309) 647-0111 <a href="mailto:scbarn@gmail.com">scbarn@gmail.com</a>
<b>GARMENT SEWING</b> <b>3<sup>rd</sup> Saturday, 10 am</b> <b>North Branch Library,</b> <b>Peoria</b>	<b>3/16/19</b> Versatile Pin Tuck Feet Cyndy Monier	<b>4/20/19</b> Making a Sloper Cyndy Monier <b>NOTE: 10am-4 pm</b>	<b>5/18/19</b> Making a Sloper Cyndy Monier	<b>Sue Barnabee</b> (309) 647-0111 <a href="mailto:scbarn@gmail.com">scbarn@gmail.com</a>
<b>GALESBURG</b> <b>3rd Monday, 6 pm</b> <b>Quilting Bee, 1580 E</b> <b>Knox, Galesburg</b>	<b>3/18/19</b> Embroidered Butterfly, Jean Tulin	<b>4/15/19</b> Origami Bag & more Pat Pearson	<b>5/20/19</b> Pot Holders Pat Pearson & Barb Pearson	<b>Pat Pearson</b> (309) 344-2670 <a href="mailto:galesburgsews@outlook.com">galesburgsews@outlook.com</a>
<b>PEORIA EVENING</b> <b>2nd Tuesday 6 pm</b> <b>Lakeview Library, Peoria</b>	<b>3/12/19</b> Making Men's T Shirts, Janice Zagardo	<b>4/9/19</b> Working with Lycra and stretch fabrics, Suzy Baker Bachman	<b>5/14/19</b> Ideas for Upcycling (Group Participation)	<b>Patty Schmidt</b> (309) 691-0987 <a href="mailto:PKSchmidt@aol.com">PKSchmidt@aol.com</a>
<b>WOODFORD COUNTY</b> <b>3<sup>rd</sup> Thursday</b> <b>3-5 pm</b> <b>Eureka Public Library</b>	<b>3/21/19</b> Beading	<b>4/18/19</b> Anti-Ouch Pouch Carol Luginbuhl	<b>5/15/19</b> Contact your Chairman	<b>Robin Staudenmeier</b> (309) 868-3441 <a href="mailto:erstauden@gmail.com">erstauden@gmail.com</a> <b>Carol Luginbuhl</b> (309) 868-3441 <a href="mailto:rclug@outlook.com">rclug@outlook.com</a>



## MEMBERSHIP RENEWALS

### MARCH

Janet Lickey  
Gail Lithgow  
Carol Luginbuhl  
Dee Ryan  
Margaret Wallace

### APRIL

Ruth Abbott  
Tina Colombo  
Dorothy Deem  
Jeanne Parks  
Brianna Squire  
Elizabeth Staudenmeier

### MAY

Lois Campbell  
Christina Granatie  
Karen Henry  
Judth Homgren  
Deb Kauffman  
Margaret Youssi

## SEW WITH SUE

If you want to keep up on Deon Maas' travels to Australia you can find her blog here: [deontoaustralia.blogspot.com](http://deontoaustralia.blogspot.com).

One good use for old sweaters is to draw around your hand and make mittens. These could be used to keep in the car if you don't want to use them daily. Set the pattern at the cuff or bottom of the sweater to form the finished bottom of the gloves. Serge away! With a blunt needle, run the serger thread back through the serging for a neat finish.

If you have trouble keeping sheer fabrics together to cut them, try spraying one layer with spray starch. Then lay the second layer on top. Press to dry and keep together. Remember to test on a corner so it doesn't ruin the fabric.

It's nice to see that Cameron Parks won 2<sup>nd</sup> in the Design category in the National Make It With Wool contest. He is a Design student at ISU.

We are sorry to hear that Cynthia Guffey, a seasoned national education who specialized in fit, has passed away.

Sue Barnabee is a former Family and Consumer Sciences teacher, and member of Haute Couture Club of Chicago and Stitcher's Guild of Peoria. Her articles and projects have appeared in Sew News, Creative Machine Embroidery, Woodworker's Journal and McCall's Quilting magazines.

## CHAPTER ADDRESS

You should address mail for the chapter to Cyndy Monier, Central Illinois ASG, 1115 Yankee Lane, Sparland, IL 61565-9760.

## SEW IT'S FOR SALE



Baby Lock Jazz sewing machine. 1 year old. Great buttonhole. Lots of light. 12-15 hours of sewing. \$400. Contact Suzanne Buchanan at [sew42many@gmail.com](mailto:sew42many@gmail.com). 27 stitch patterns. Instruction and reference guide book. For more information, follow this link: <https://babylock.com/machines/sewing/jazz>.

Gravity Fed Sapparo Iron Model SP527. Lightly used. Original box. \$50. Contact Margaret Youssi at [Mmyoussi@comcast.net](mailto:Mmyoussi@comcast.net).



Baby Lock Serger Model BL400. Manual included. Recently cleaned with new knife installed at the Sewing Studio. \$80. Contact Margaret Youssi at [Mmyoussi@comcast.net](mailto:Mmyoussi@comcast.net).

Singer Serger Model 14U544. Manual and original Box. \$90. Contact Margaret Youssi at [Mmyoussi@comcast.net](mailto:Mmyoussi@comcast.net)



## COMMUNITY SERVICE PROJECTS

**NOTE:** Be sure to report any charitable sewing you have done to your neighborhood group leader or to Charlotte Cronin (309) 253-4276 [charlottecronin@comcast.net](mailto:charlottecronin@comcast.net)

### ANTI-OUCH POUCH



Anti-Ouch Pouches (AOPs) were designed by chapter member Deon Maas. This underarm hanging pillow is intended to add a little comfort to people's lives during a stressful, painful time. The pillow hangs from the shoulder, fitting snugly under the arm to cushion and ease the pressure of the underarm and breast area after breast surgery, upper body surgeries or during radiation treatment.

Tens of thousands of anti-ouch pouches have been lovingly sewn and donated to breast centers across the United States. The American Sewing Guild featured the Anti-Ouch Pouch as the 2008 National Community Service Project. Read more at <https://www.asg.org/resources/giving-back>.

This will continue to be an ongoing project for our chapter. We take them to the OSF Susan G Komen Center and Methodist Diagnostic Center in Peoria. Digital mammography detects so many more cases of breast cancer thus increasing the need for AOP's. We would appreciate help making AOPs. If you have questions, contact Deon Maas at [tommaas@mymctc.net](mailto:tommaas@mymctc.net) or Sue Barnabee at [scbarn@gmail.com](mailto:scbarn@gmail.com). Follow this link [www.asg.org/files/community\\_service/Anti\\_Ouch\\_Pouch.pdf](http://www.asg.org/files/community_service/Anti_Ouch_Pouch.pdf) for the pattern.

Please consider donating soft fabric, stuffing or completed AOPs. We donate hundreds every few months in our area at OSF Komen Center and Methodist Diagnostic Center.

### ANGEL GOWNS OF CENTRAL ILLINOIS



Loss of an infant leaves a sorrowful emptiness in the arms and hearts of their families who never were able to bring the child home from the hospital. It can be an isolating time, especially as parents try to find clothing in which to bury their tiny babies.

Kim Aldag of OSF coordinates the project to make Angel Dresses from wedding and formal gowns. The Angel Dresses are for babies who never recover in the neonatal intensive care unit at Children's Hospital of Illinois at OSF St. Francis Medical Center in Peoria.

The gowns are made for baby boys and girls to serve as baptismal/end of life gowns. Navy, gray and black are used for pant sets for the boys. The gowns are made to fit the small premature babies. One wedding dress can make up to 10-12 Angel Gowns. Each little outfit comes packed in a special, pretty keepsake box. In the box, along with the gown, is a handmade blanket, hat and booties.

Over 100 wedding dresses have been donated since the project began. There is a need for pink, blue or black gowns. They currently have a supply of wedding dresses. They also need ribbons, lace, buttons, thread and other notions, cash donations or JOANN Fabric gift cards to purchase sewing supplies. Dresses do not need to be cleaned before you send them. Unless your gown has been trashed, sewers have had lots of luck spot cleaning and working around damage.

ASG members can contact Sue Barnabee, [scbarn@gmail.com](mailto:scbarn@gmail.com) (309) 647-0111 or [www.facebook.com/gowns4angels](http://www.facebook.com/gowns4angels) to make donations or for more information.

### CRITTENTON CHILD DEVELOPMENT CENTER



*...protecting and nurturing  
children and families.*



Crittenton Development Center serves Central Illinois children and families by providing loving child care and a 24-hour staffed crisis nursery.

The center is in constant need of bibs. You can donate them directly, contact a CAB member for pick up or bring them to a chapter/neighborhood meeting. The pattern is on the web site. [www.centralillinoisasg.com/CommunityServiceCrittenton.html](http://www.centralillinoisasg.com/CommunityServiceCrittenton.html)

Our chapter donates custom-made bibs, crib and cot sheets, burp pads and wash cloths to help defray the costs of purchasing them. Those patterns are on the web site link above. Crittenton has said the items our chapter provides are "much higher quality" than those they can purchase. Please consider helping. Supplies to make the items will be provided for you.

Our support at Crittenton Child Development Center is done by donating items that they need. This is a project we will be continuing. Contact Kim Caywood for information at [kimkwould2010@sbcglobal.net](mailto:kimkwould2010@sbcglobal.net).



## A WORD FROM YOUR COMMUNITY LIAISON



I don't know about you, but it feels like winter doesn't want to let go even though the ground hog said only six more weeks! I hope everyone has accomplished lots of sewing. I, on the other hand, have not gotten done as much as I would've liked. I'm looking forward to this year's planned activities with the Sewing Guild...hope you are too!

This year's community sewing days will both be on Fridays. The first one is scheduled for April 19 at the North Branch Library from 10:30 – 3:00. We will be working on cot sheets for the Crittenton Center. The next one will be on September 19 (same location and time) and we will work on Anti Ouch Pouches.

As always we will gladly accept donations of fabric (cotton and flannel) for our projects. We also could use ¼ inch elastic, ½ inch Velcro, thread. If you happen to have some spare time and want to sew up one of our community service projects, you can get the instructions on our website [www.centralillinoisasg.com](http://www.centralillinoisasg.com) under Chapter Information.

This year's annual sewing retreat is scheduled for August 26 – 28 at the Chiara Center in Springfield, IL. This is a great time to work on all those UFO's you have floating around your sewing room. We always have a great time at these retreats. I highly recommend going to a retreat for these reasons: 1) you can accomplish a lot of sewing. 2) Lots of resources if you encounter an issue. 3) Lots of fun, games and gabbing!

Kim Caywood, Community Liaison

## STATE AND NATIONAL DATES TO REMEMBER

**March 7-9, 2019**—Original Sewing & Quilt Expo. Atlanta, Ga. [www.sewingexpo.com](http://www.sewingexpo.com)

**March 14-16, 2019**—Quilt Craft & Sewing Festivals, Sacramento, CA. <https://quiltcraftsew.com>

**March 14-16, 2019**—Original Sewing & Quilt Expo. Lakeland, FL. [www.sewingexpo.com](http://www.sewingexpo.com)

**March 21-23, 2019**—Quilt Craft & Sewing Festivals, Denver, CO. <https://quiltcraftsew.com>

**March 22-25, 2019**—Costume-Con 37, Danvers, MA

**March 28-30, 2019**—Quilts Inc., Rosemont, IL.

**April 4-6, 2019**—Original Sewing & Quilt Expo. Cleveland, OH. [www.sewingexpo.com](http://www.sewingexpo.com)

**April 11-13, 2019**—Quilt Craft & Sewing Festivals, Portland, OR. <https://quiltcraftsew.com>

**April 25-27, 2019**—Quilt Craft & Sewing Festivals, Portland, OR. <https://quiltcraftsew.com>

**May 9-11, 2019**—Quilt Craft & Sewing Festivals,

Boise, ID. <https://quiltcraftsew.com>

**August 22-24, 2019**—Original Sewing & Quilt Expo. Arlington, TX. [www.sewingexpo.com](http://www.sewingexpo.com)

**September 5-7, 2019**—Quilt Expo, Madison, WI.

**September 19-21, 2019**—Original Sewing & Quilt Expo. Cincinnati, OH. [www.sewingexpo.com](http://www.sewingexpo.com)

**October 3-5, 2019**—Original Sewing & Quilt Expo. Fredericksburg, VA. [www.sewingexpo.com](http://www.sewingexpo.com)

**October 31-November 3, 2019**—Quilts Inc., Houston, TX.

**November 14-16, 2019**—Original Sewing & Quilt Expo. Novi, MI. [www.sewingexpo.com](http://www.sewingexpo.com)

**November 14-17, 2019**—Teslacon. (Steampunk Convention) Madison, WI. [www.teslacon.com](http://www.teslacon.com)

**January, 2020**—National Make It With Wool. Scottsdale, AZ.

## TASTE OF ASG TRIAL MEMBERSHIP

Have you thought about asking a sewing friend to “test drive ASG” first? Here's your chance! ASG is providing a limited time offer: Sign up for a 60-day Trial “Taste of ASG” Membership for only \$10! You can get a full 60-day unlimited access to everything ASG has to offer.

- Full access to the Members Only area of the ASG website
- ASG's Online Sewing Education Library of classes, webinars and videos
- Member's Only special offers and discounts
- Electronic copy of *Notions*, ASG's Quarterly Publication
- Special pricing from ASG partners such as Craftsby and University of Fashion
- Entrance to chapter meetings, neighborhood and special interest groups and events



## ILLINOIS STATE MAKE IT WITH WOOL



Have you started your Illinois State Make It With Wool project? 2019 is the 58<sup>th</sup> year of the Make It With Wool contest in Illinois. Contact Marilyn Donoho, 7450 W County Line Road, Paw Paw, IL 61353, (815) 627-9422 or [black1959@aol.com](mailto:black1959@aol.com), for more information and entry forms.

The MIWW contest offers the opportunity to focus attention on the beauty and versatility of wool; encourages the use of wool fabric or yarn in sewing, knitting, crocheting, spinning and weaving wool fabrics and yarns; offers the opportunity to compete for valuable prizes.

Start sewing your wool garment now for the state contest at our annual meeting! It would be nice to have more ASG members in the competition. ASG members receive a \$10 discount off the state entry fee. The Central Illinois Chapter ASG is a sponsor of the Illinois State Make It With Wool contest. The Garment Group and the other Neighborhood Groups are willing and able to help you if you need it. The 2020 national contest will be in Scottsdale AZ.



Patty Schmidt  
Peoria, IL  
IL Adult Winner



Anita Donoho-Ott  
Jacksonville, IL  
IL Adult 2<sup>nd</sup>



Lauren Parks  
Bloomington, IL  
IL Senior Winner



Reagan Parks  
Bloomington, IL  
IL Junior winner



Isabella Garcia  
Chatham, IL  
IL Junior 2<sup>nd</sup>



Saralynn Joiner  
Carlinville, IL  
II Pre-Teen winner



Cameron Parks  
Bloomington IL  
National Fashion/Apparel-Design 2<sup>nd</sup>  
From Illinois State University



## MAKE 18 in '18 CAMPAIGN

Central Illinois ASG members made a record number of Anti-Ouch Pouch mastectomy pillows during the Make 18 in '18 campaign. The goal was to have 20 members each make 18 pillows, which is about a third of what is needed for our annual donation to local hospitals. We donate about 80 a month!

Members were given bundles of 18 pre-cut kits to sew at home. Several members went above and beyond to make over 100 pillows each. Between the AOP Community Service sewing day in April and the campaign, between 400 and 500 pillows have been made. The make 18 in '18 was a huge success!

Looking ahead, we will be preparing for the Make 20 in '20 campaign, as the need is increasing due to advanced mammography. How can you help in 2019? Donate soft woven fabric, gallon-sized bags, or fiberfill. Take a bundle of kits home to sew to keep a steady stream of pillows coming in for mastectomy patients or take home instructions to fold or bags to label. If someone is stuffing pillows at a Sewing Retreat day, take a few minutes to stuff a few. Come to the Community Service Sewing day on September 13, 2019.

If you want to help us get a head start on 2020, Deon Maas or Sue Barnabee will have kits at each Garment Group meeting or ASG sewing events. Fabric for Deon to make into kits can be given to Deon or Sue. For more information, contact Deon at [tommaas@mymctc.net](mailto:tommaas@mymctc.net) or 309-645-4911 or Sue at [scbarn@gmail.com](mailto:scbarn@gmail.com) or 309-647-0111.

## CENTRAL ILLINOIS CHAPTER ON THE WEB

If you are wondering what's going on in our chapter or your neighborhood group, take a look on the website at [www.centralillinoisasg.com](http://www.centralillinoisasg.com). NOTE the new address! Pat West is responsible for maintaining our presence in cyberspace.

## NEIGHBORHOOD GROUPS



**STASH SALE!!!** Last year's Stash Sale was so much fun we're doing it again! The sale is on again this year on April 6<sup>th</sup> from 10:00 to 2:00. Start saving/sorting/organizing your stash! We've done our best to be sure that EVERYONE has a chance to participate. While we will be organizing most of our "stashes" on Friday morning, we're starting later on Saturday so those of you from out of town have time to bring your stashes between 8:00 and 10:00 the morning of the sale and not have to travel on Friday to organize.



Remember when you were a young woman and just falling in love with sewing? Revisit the energy and joy you experienced then by participating in the **ISU Fix It Friday** events. This is an opportunity to share our love of sewing AND build relationships with the fabulous young people of the ISU Fashion Design and Merchandising Program. You know they might become ASG members in the future. To learn more, check out this link: [www.isufixitfriday.org](http://www.isufixitfriday.org). Contact Charlotte Cronin at [charlottecronin@comcast.net](mailto:charlottecronin@comcast.net) or 309-253-4276. Upcoming dates are March 1st, April 5, April 26, and May 3.



Another great volunteer/outreach event for our ASG chapter is the **Peoria Playhouse "Maker Workshop: Make Your Own Superhero Cape"** on Saturday, April 6<sup>th</sup> from 2:00 to 4:00PM. Cyndy Monier, Patty Schmidt, Pat West, and Charlotte Cronin volunteered in December and had a blast. Little kids finding their first love of sewing. The job is easy. Re-threading sewing machines, encouraging words. You can't beat it. This will be the same day as our Stash Sale so will involve some time juggling. But just cave to the day. Let Charlotte know if you're up for some fun. [https://peoriaplayhouse.org/event/maker-workshop-make-your-own-superhero-cape/?instance\\_id=2465](https://peoriaplayhouse.org/event/maker-workshop-make-your-own-superhero-cape/?instance_id=2465).



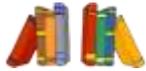
We have **THREE** more **One-Day Sewing Retreats** planned this year at United Presbyterian Church in Peoria. They're all on Saturdays: March 2nd, May 4th, and July 6th, 8:00 to 4:00. Mark your calendars and join us! Come when you can. Leave when you have to. So much fun, so much laughter. Bring your project. Bring your gear. Stitch. Laugh. Sew. \$5 to "rent" a table supports the United Presbyterian Youth Group Mission Trip. Contact Charlotte Cronin at [charlottecronin@comcast.net](mailto:charlottecronin@comcast.net) or 309-253-4276 to participate.



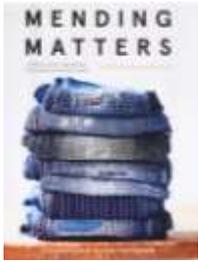
Charlotte Cronin, Neighborhood Group Coordinator

**NANCY'S NOTIONS:** 10% off entire order. Use source code 199411-5222. Not valid at special events, on the purchase of gift certificates or for class registration. Limit one source code per order. This discount cannot be combined with any other promotions. It expires April 30, 2019.





**Mending Matters**, Katrina Rodabaugh



Mending Matters includes more than 20 hands-on projects that showcase current trends in visible mending that are edgy, modern and bold. It draws on traditional stitching. It does all this through just four very simple mending techniques: exterior patches, interior patches, slow stitches, darning and weaving.

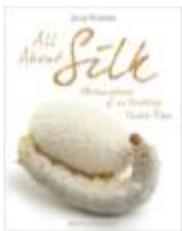
The book addresses the way mending leads to a more mindful relationship to fashion and to overall well-being. Author Katrina Rodabaugh explores mending as a metaphor for appreciating our own naturally flawed selves, and she examines the ways in which mending teaches us new skills, self-reliance and confidence, all gained from making things with our own hands.

Mending is a way to extend the life of those clothes that we truly love and never want to part with. The book offers ways to accomplish that.

ISBN: 978-1-4197-2947-8

[www.abramsbooks.com/product/mending-matters](http://www.abramsbooks.com/product/mending-matters)

**All About Silk: Metamorphosis of an Unlikely Textile Fiber**, Julie Parker



Silk is an unlikely textile fiber, pulled in a long, unbroken strand from the cocoon of an unremarkable moth. The moth's caterpillar — aka the silkworm — spins the cocoon for protection during metamorphosis from larva to adult. With a lot of help from humans, the fiber goes through a metamorphosis of its own. It is transformed into fabrics of exceptional beauty and luster. This award-winning book explains how it is done, with clear, uncomplicated language and more than 300 color photos and illustrations.

This is an enhanced e-book with interactive content. It can be viewed on an iPad, iPhone or Apple computer. You can download the first chapter for free from the Apple Books Store

ISBN 13: 978-0-9637612-0-0

[www.raincitypublishing.com](http://www.raincitypublishing.com)

**The Art of Couture Sewing**, Zoya Nudelma



The Art of Couture Sewing, 2nd Edition is a practical guide to custom techniques in the construction of couture garments. It begins with a brief history of haute couture. It moves forward to cover tools and supplies, matching fabrics with the appropriate needles and threads, pressing and finishes with construction techniques.

Basic draping skills, corset construction and tailoring are covered, as well as the variety of closures, hems and finishes used in couture. It includes step-by-step techniques along with clear instructions and illustrations.

There are more than 850 color images, including over 185 updated fashion photographs and new illustrations digitally drawn by the author.

The author covers many embellishment techniques, including beading and embroidering. She also includes an expanded range of fine and decorative stitches including eyelet over casting and ribbon rosettes.

The book is illustrated with photographs of couture designs as well as close-ups of finishes and details. If you are looking for something to inspire the design of high-quality garments using haute couture construction methods, you will find it here.

This edition covers the construction of facings, linings, under linings, interlinings, and interfacings. If you are looking for information on constructing large skirts including trains, hoop skirts and petticoats, you will find it. Also covered are new fabric manipulation and embellishment techniques including couching, eyelet stitching, ribbon embroidery, gold work, beadwork and stitching, motif beaded embroidery methods and working with sequins, rhinestones and crystals.

Chapters include: Introduction to Couture; The Art of Textiles; Uses of Tools and Supplies; The Skill of Hand and Machine Stitching; The Skill of Couture Draping; The Art of Skirts; The Secret of the Corset; The Skill of Fabric Manipulation; The Skill of Garment Embellishment; The Secret of Closures; The Skill of Hems and Other Edge Finishes and The Skill of Basic Tailoring as well as a glossary.

ISBN: 9781609018313

[www.bloomsbury.com/us/search?q=art+of+couture+sewing&Gid=1](http://www.bloomsbury.com/us/search?q=art+of+couture+sewing&Gid=1)

**NEWSLETTER DEADLINES:** May 1 August 1, November 1and February 1. Send information to Sue Barnabee, 21795 E Barnabee Rd., Farmington, IL 61531, or [scbarn@gmail.com](mailto:scbarn@gmail.com) (309) 647-0111.





## NEWSLETTERS ARE DIGITAL!

If your e-mail address has changed recently, please contact Carol Luginbuhl, Membership Chairperson, at [rlug@outlook.com](mailto:rlug@outlook.com) or (309) 868-3441 to update your account. If you would like to receive a printed copy, send your name and address to Sue Barnabee, 21795 E Barnabee Road, Farmington, IL 61531.

ASG MEMBERSHIP APPLICATION	
Name _____	<input type="checkbox"/> New Member ..... \$50
Address _____	<input type="checkbox"/> Junior Member (New and Renewal) to age 17, or age 22 with student ID ..... \$25
City _____ State _____ Zip _____	Chapter <u>Central Illinois</u>
Daytime phone number _____	<input type="checkbox"/> ASG Member at Large ..... \$50
E-mail _____	<input type="checkbox"/> Renewal Member ..... \$45 (if received before membership expiration date)
How did you hear about ASG? _____	<input type="checkbox"/> Late Renewal ..... \$50
	Chapter _____
	<b>Payment</b>
	<input type="checkbox"/> Check payable to "American Sewing Guild"
	<input type="checkbox"/> MasterCard   Visa   AmEx   Discover
	Account#: _____
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	Signature: _____
<b>Return to:</b> American Sewing Guild 9660 Hillcroft, Suite 510, Houston, TX 77096	

## MEET MEMBER MARGARET WALLACE



I was born in England, way back in the dark ages before television, I learned to knit in kindergarten, and my grandmother taught me to hem table linens when I was six, she also taught me to darn damask and since my stitches couldn't show I also learned to rip out at an early age. My mother taught me to do embroidery by hand. While I still ripped out I enjoyed it more,

My first experience at garment sewing came in "Domestic Science" around 12 years old. We made a pair of cotton (not Knit) knickers, panties as we call them here, complete with a pocket for a handkerchief. (Our school uniform had no pockets). We also made a summer dress to wear to school. After leaving school I worked at a bank in London until I married and came to the States.

I held various part time jobs here, and worked as a volunteer in the school library. During those years I sewed for myself and my children, I also taught myself to make drapes and other things for my home. I took up quilting when I no longer fit a standard pattern, and found the sewing guild when it was meeting at the Urbana Library. I don't remember what year it was but Jean Montgomery and Sherrill Tittle were co-leaders, I attended a few meetings here and there as time and available child care permitted.

By this time I was working full time but I kept up my membership and attended the "sew specials" and the June luncheons as often as I could, when the Champaign group temporarily closed down Sherrill Title and I helped restart it, In the hiatus the Garment group got started in Peoria which I really enjoy attending.

The Champaign group is smaller than it once was, but is going great and we are learning from each other.

## SEWING WEB SITES

[www.calico-cupboard.com/index.htm](http://www.calico-cupboard.com/index.htm)  
[www.diystyle.net](http://www.diystyle.net)  
[www.eversewn.com](http://www.eversewn.com)  
[www.ExquisitePoly.com](http://www.ExquisitePoly.com)  
[www.fairfaxfabriccompany.com](http://www.fairfaxfabriccompany.com)  
[www.famorecutlery.com](http://www.famorecutlery.com)

[www.freespiritfabrics.com](http://www.freespiritfabrics.com)  
[www.fschumacher.com](http://www.fschumacher.com)  
[www.hotfixfabric.com](http://www.hotfixfabric.com)  
[www.midsouthcraftingsupplies.com](http://www.midsouthcraftingsupplies.com)  
[www.missouriqltco.com](http://www.missouriqltco.com)  
[www.MyFabricDesigns.com](http://www.MyFabricDesigns.com)

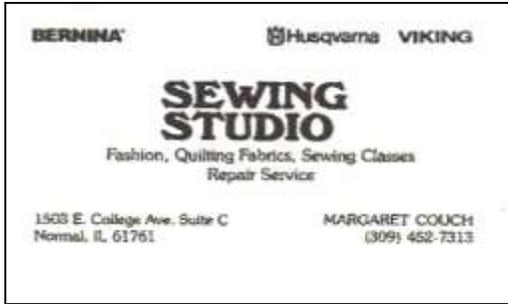
<https://oakfabrics.com>  
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[www.sewsteady.com](http://www.sewsteady.com)  
[www.shannonfabrics.com](http://www.shannonfabrics.com)  
[www.windhamfabrics.com/](http://www.windhamfabrics.com/)  
[www.wonderfil.net](http://www.wonderfil.net)

**NOTE:** The Galesburg Neighborhood Group has a new meeting place at Quilting Bee, 1580 E Knox St. in Galesburg at the same time on the 3rd Monday, 6-7:45 pm



## PLEASE SUPPORT OUR LOCAL RETAILERS

Mention these retailer ads and the Peoria Chapter ASG when you visit our local stores



### AREA QUILT CLUBS

- Gems of the Prairie Quilters**, Peoria--1<sup>st</sup> Wednesday, 6:30 pm
- Handi Quilter Club**, Quilt Corner, Morton--2<sup>nd</sup> Monday of odd numbered months.
- Galesburg Sewing Center**, Peoria--2<sup>nd</sup> Tues 10 am.
- Prairie Points**, Peoria--2<sup>nd</sup> Saturday, 10 am
- Sew Sassy**, Project Linus, Urbana--1<sup>st</sup> Thursday, 5 pm
- The Piccers of the Heartland**, Canton--2<sup>nd</sup> Monday, 6:30 pm
- The Quilt Corner**, Morton--3<sup>rd</sup> Monday, 10:00 am & 6:30 pm. Wool Club 1<sup>st</sup> Mon. 9 am or 4 pm.

### AREA EMBROIDERY CLUBS

- Fulton County Machine Embroidery Club**, First United Methodist Church, Canton--2<sup>nd</sup> Wednesday, 11:45 lunch, (Bring your lunch.) 1 pm meeting.
- Sewing Center II**, Peoria--1<sup>st</sup> Wednesday, 10 am & 3<sup>rd</sup> Thursday, 6 pm
- Sewing Studio**, Normal--3<sup>rd</sup> Saturday, 12:30-2:30 (not December)

### OTHER CLUBS

- Galesburg Sewing Center, Galesburg**--1<sup>st</sup> Tues 1 pm. 1<sup>st</sup> Thurs. 6 pm. Scan N Cut varies. Strip Quilt varies. Handi Quilter varies.
- Galesburg Sewing Center**, Peoria--1<sup>st</sup> Monday 10am. 3rd Thurs 6 pm. Open sew 2<sup>nd</sup> Wed. Dream Club varies. Scan N Cut varies.

See ads for phone numbers and web sites

### ASG DISCOUNTS AT AREA STORES!

- Galesburg Sewing Center**: ASG members receive a 10% discount. ASG card must be presented.
- Peddler's Way Quilt Co**: Customer discount
- Sewing Studio**: 10% discount.
- Sew Sassy**: 10% discount.
- The Quilt Corner**: Punch card

**MEMBERS**: Bring your ASG card when you shop!

**RETAILERS**: This article is extended to our advertisers and national sponsors. If we missed your store or there are changes, please be sure to let us know.

### ADVERTISING RATES

<b>Business Card (3 1/2")</b>	<b>\$15.00</b>	<b>Full Page (9 3/4" X 7 1/2")</b>	<b>\$75.00</b>
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### SEWING MACHINE COMPANY WEB SITES

[www.babylock.com](http://www.babylock.com)  
[www.berninausa.com](http://www.berninausa.com)  
[www.brothersews.com](http://www.brothersews.com)

[www.elnaUSA.com](http://www.elnaUSA.com)  
[www.husqvarnaviking.com](http://www.husqvarnaviking.com)  
[www.janome.com](http://www.janome.com)

[www.JukiHome.com](http://www.JukiHome.com)  
[www.pfaffusa.com](http://www.pfaffusa.com)  
[www.singerco.com](http://www.singerco.com)

### WITH SYMPATHY

Family of Cynthia Guffey, January 2019



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