



Contact Lens Evaluation / Fitting

Thank you for considering your contact lens evaluation/fitting with the doctors of Viking Vision Center. To safely ensure the health of your eyes, our doctors require a **yearly** eye exam and contact lens evaluation for all contact lens wearers. We will perform a yearly contact lens evaluation/fitting or refit for all new and established patients. Our contact lens evaluation/fitting fees are not part of a “routine” eye examination and are required to obtain or renew a contact lens prescription. We would like you to understand what is involved in a contact lens evaluation and fitting.

On the day of your examination, if you are a new wearer, you will be instructed on the proper insertion and removal of your contacts, as well as proper wear and care of your contact lenses. After successfully inserting and removing the lenses without assistance you will be allowed to take the lenses home. You will wear the lenses for a one-week trial period and then return for a follow up visit to evaluate the fit and prescription of the contacts. Please make sure you are wearing the contacts for your follow up appointment. Please try to have your contacts in at least two hours before your scheduled appointment. If you rip or tear a lens before your follow up visit please call the office, we may have additional trials you can pick up prior to your appointment. If you are a previous wearer and no changes have been made to the fit, you will be able to purchase your prescribed lenses the day of the examination and will not need to go through the “trial” phase.

A contact lens evaluation / fitting include the following additional tests that are not necessarily performed during a routine exam:

- Contact lens related history
- Keratometry – measures the curvature of your cornea for proper lens base curve selection
- Anterior segment analysis with dyes – to rule out any disease
- Biomicroscopy with lenses – inspecting the fit of the lenses under magnification
- Over-refraction over the contacts to determine if any prescription changes are needed
- Visual acuity with diagnostic lenses
- Determination of contact lens specifications to obtain final contact lens prescription
- Patient instruction on contact lens wear and care

The contact lens evaluation / fitting includes the following:

- Diagnostic contact lenses required for a successful fitting
- Initial supply of contact lens solution
- Maximum of 60 days of follow up care with the doctor
- You will be supplied with a written copy of your contact lens prescription at the time of your evaluation or after the completion of your follow up visits.

Ordering Contact Lenses

Contact lenses can be ordered any time after the fitting is complete. No supply of contact lenses can be ordered or prescriptions written for contact lenses if you fail to return for your follow up visits. Most of the contact lens manufacturers offer rebates when ordering an annual supply of contact lenses. Rebate rules vary with manufacturers. We can direct ship, free of charge, an annual supply of contacts to your home.

Payment

Your contact lens evaluation/fitting fee will be determined by the doctor and are due at the time of the fitting. These are considered professional fees and are non-refundable. These fees do not include the price of the contact lenses.

The contact lens evaluation/fitting fee is to be paid on the day of the fitting. Lenses are to be paid for when an order is placed. The price of contacts will vary depending on the type and prescription. Some types of contacts are not available in complimentary trials, such as gas permeable lenses, custom toric and keratoconic lenses. These types of lenses must be purchased.

Refunds

We have access to the most advanced designs in contact lenses available and strive to fit you with the best design for your prescription and eye health, however, if you decide to stop the fitting of the contact lenses, unfortunately we cannot refund the evaluation / fitting fee.

Does my insurance cover contacts lens evaluations / fittings and contact lenses?

Most vision plans do not fully cover the evaluation / fitting fees. You typically receive a discount off of your evaluation / fitting fee or have a set copay amount determined by your insurance company depending on the type of contact lens needed to correct your vision. We cannot “waive” these copays nor can we “roll” the copay for the evaluation/fitting into your allowance. Vision plans generally give you a “contact lens allowance” to use towards your contacts. Each vision plan is different and if you are unsure of your plan coverage we can assist you in determining your benefits.

Fairness to Contact Lens Consumers Act:

This act went into effect July 2004. As stated by this Act, you are entitled to a copy of your contact lens prescription once the prescription is finalized the examining doctor. Receiving a trial lens **IS NOT** a finalized prescription. A finalized prescription is determined at the follow up appointment after you have been wearing the trial lenses.

Contact lens prescriptions are valid for one year, per Ohio state law.