Emergency Medical Responder: A Skills Approach

Fifth Canadian Edition



Chapter 33

Vehicle Stabilization and Patient Extrication



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Objectives (1 of 2)

- Describe the five types of personal protective equipment recommended for EMRs at the site of an MVA.
- Discuss six ways to determine the number of patients at the scene of an MVA.
- Describe the three basic goals of traffic control at the scene of an MVA.

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Objectives (2 of 2)

- State how a rescuer can recognize whether or not a vehicle is stable and describe the basic steps of stabilizing an upright vehicle and an overturned vehicle.
- Discuss the role of the EMR in extrication and list various methods and tools for gaining single or complex access to the patient.



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Personal Protective Equipment

All EMS responders working in or around a wrecked vehicle and an extrication in progress must wear the following:

- Eye protection
- Hand protection
- Body protection
- Foot protection

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Determine the Number of Patients (1 of 2)

To determine the resources you need, find out how many patients are involved.

- If safe to do so, ask a conscious patient to tell you how many people were involved in the MVA
- Ask witnesses if any victims walked away
- High impact crashes search the surrounding area carefully



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Determine the Number of Patients (2 of 2)

To determine the resources you need, find out how many patients are involved.

- Look for tracks in the earth or snow
- · Carefully search the vehicle
- Look quickly for items that give clues to children unaccounted for

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Control Scene

- Quickly deal with bystanders and have them move out of the danger zone
- · Do not permit smoking on the scene
- Turn off all vehicle ignitions
- · Have a fire crew stand by, if possible



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Control Traffic

The basic goals of traffic control at an MVA scene are

- Clear the scene so emergency vehicles can get through quickly
- Monitor the scene to prevent further crashes
- Monitor the scene so passing vehicles have minimum of inconvenience

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Vehicle Stabilization

Assume a vehicle is not stable in the following circumstances:

- It is on a tilted surface, like a hill
- · Part of it is stacked on top of another vehicle
- It is on a slippery surface
- It is overturned
- · It rests on its side



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Patient Extrication

There are two basic ways a rescuer can gain access to a patient:

- Simple access
- Complex access



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Patient Extraction (1 of 2)

If a patient is jammed or pinned inside the vehicle, consider the following simple procedures:

- Remove a shoe or other piece of clothing that may be pinning patient
- Move the front seat to give additional working space
- Seat belts that won't open can be cut with shears or a knife



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Patient Extrication (2 of 2)



Figure 33-2 Jaws, or spreaders.

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Emergency Care of the Patient

- Safety first
- Provide care as with trauma patient
- Remain with patient during a complete extrication
- Continually monitor condition
- Keep the patient calm
- Immobilize the patient's spine during the rescue

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Extrication Tools and Equipment

Hammers Shovels
Screwdrivers Tire irons
Chisels Wrenches
Crowbars Knives
Pliers Car jacks
Linoleum knives Ropes
Work gloves Chains

Goggles

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