

**Sarah Cabler, LPC, NCC**, Children's Program Manager, is a Licensed Professional Counselor & National Certified Counselor with 10 years of experience in the field of Domestic Violence. After obtaining her Associate of Arts in Early Childhood Education (Burlington County College, Pemberton, NJ) and Bachelor of Arts in Psychology (Texas A&M University, College Station, TX) Sarah began her career as a Prevention Specialist at Safeplace, Inc, a domestic violence program serving Northwest Alabama. She then went on to obtain her Master of Arts in Community Counseling, 2008, through the University of North Alabama. It was then that Sarah extended her experience by joining the mental health field as a counselor, treating predominantly children & adolescents. Sarah continued during this time to work as a contract PEACE program co-facilitator for Safeplace, working weekly with perpetrators of domestic violence in the group setting. After 7 years at the local mental health center, Sarah rejoined the team at Safeplace, utilizing her experience with children & adolescents to address the effects of domestic violence on children through counseling and early intervention.

#### Relevant Training

- Alabama Coalition Against Domestic Violence Advocacy Institute: September 2006
- Satori Alternatives to Managing Aggressive Behaviors: Ongoing Certification Training from September 2009-2016
- Adverse Childhood Experiences 2013
- Ongoing yearly PEACE program certification training (batterer's intervention programming) 2009-2017
- Healing After Trauma: January 2014
- Early Childhood Mental Health Consultation June 2015
- Theraplay Level One and Marschak Interaction Method: February 2017
- Trauma Focused Cognitive Behavioral Therapy Introduction: March 2017