

URCC NEWSLETTER

Upper Rogue Community Center, 22465 Highway 62/PO Box 216, Shady Cove, OR 97539
urcc216@gmail.com

Center Office (541) 878-2702

Thrift Store (541) 878-4990

Next Board Meeting

Tuesday, September 18TH AT 4:00 P.M.

Board Meetings are open to all members.

If you want to submit/address an agenda item, please contact the URCC Office
at least **one week** before the meeting.

(Board meetings are not open forum)

From your URCC Board

It has been warm (hot!) in the URCC offices and kitchen this summer. The 22 year old heating and air conditioning unit that serviced those areas finally broke beyond repair and needs to be replaced. Our Grant Manager, Debbie Glass, has secured a grant that will cover approximately one third of the cost and we are making progress on our letter campaign seeking donations from nonmembers. We are optimistic we are going to get a new unit.....

Volunteers? We have quite a few events planned for the coming months including a spaghetti and meatball dinner and dance, Thrift Shop clothing mega-sale, Thanksgiving dinner, Christmas bazaar and, of course, our Wednesday lunches that could all use volunteers. Volunteering is a great way to give back to the community and it is actually fun. If you would like to get on our volunteer list please call the Community Center at 541-878-2702.

*****URCC WISH LIST*****

Donations are another way to keep our costs down!

Toilet Paper/Paper Towels
Febreze Air Freshener
Solid Air Fresheners
Unscented Laundry Soap
Napkins
Coffee (regular and decaf)

Wire Ribbon
Silk Flowers
Non-electric can openers
Heavy Duty paper plates
Colored copy paper

Thank you!!!

September Lunch Schedule

- 5th Baked Potato Bar
By: Sandy & Jan
- 12th Hot Dog Bar
By: Patty, Marge & Charlotte
- 19th Chicken Pasta Casserole
By: Barbara Falcey
- 26th ???
By:

URCC THRIFT SHOP

GIANT

10 DAY CLOTHING SALE

September 18th - 30th

INSIDE

THE THIFT SHOP

New clothing added daily at rock-bottom prices!

See you soon!

URCC Thrift Shop Open

Tuesday—Friday 10:00am — 4:00pm

Saturday 10:00am — 3:00pm

541-878-4990

Donations from 10:00am - 2pm only

Yoga Basics

Tuesdays and Thursdays 8:30 – 9:30 am

Cost: Prepaid (10) classes for \$90

Drop in rate is \$12

For more info, contact

Sandy Dennis at 541-324-0844

or see the website at www.yogayourlife.com

MARTIAL ARTS

5:15PM - 6:15PM Tues/Wed/Thurs

There is no fee, and no special equipment or uniforms are required.

Ages 5 and up welcome.

Aerobics at URCC

Monday, Wednesday & Friday

8:00am – 9:00am

\$5.00 a class or \$30 a month unlimited

Music Jam Session

Thursday, Septmeber20th – 7 to 10 pm

Bring an instrument, your voice or just come and listen.

Admission by donation.

ZUMBA

Monday & Thursday 6:30 – 7:30pm

Come and get your dance on!

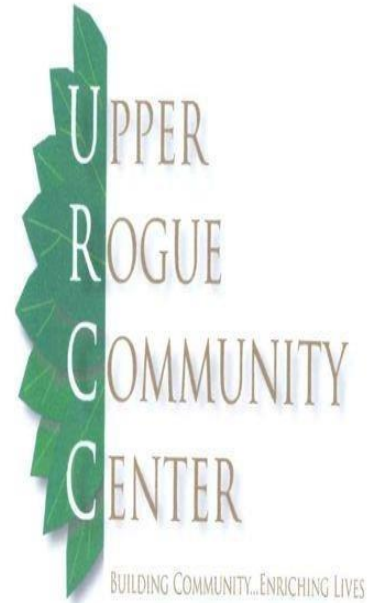
\$5.00 a class

TAI CHI for Health

Tuesday & Thursday 11:30 – 12:30pm at URCC

Beginner classes Tuesday & Thursday 10:30 – 11:30 at URCC

Momma Mia, That's a Spicy Meatball!



Upper Rogue Community Center

Invites you to a

Spaghetti Dinner & Parking Lot Dance

September 22nd

6:00 to 9:00

At the Community Center, 22465 Hwy. 62, Behind Library

Spaghetti, Salad, Garlic Bread, Drinks & Dessert.

*Adults \$8.00, Kids \$5.00, Beer & Wine sold separately
Call for ticket purchase 541-878-2702, M-F 10:00 -2:00*

Mark Your Calendar Up Coming Events

September 22nd - Spaghetti Dinner and
November – See’s Candy Sales
December 1st – Holiday Craft Faire

Looking for Card Players!!!
Pinochle or Bridge - Wednesdays 10am-12pm
Call the URCC Office

Reminder

TIME TO RENEW YOUR MEMBERSHIP

URCC memberships are renewed each July. Yearly membership is \$15 and Life Time membership \$150.00. Please mail your checks to the URCC Office. All **new** members receive a \$10.00 merchandise **coupon** to the Thrift Shop. URCC Members receive a 10% discount at the Thrift Shop. Please encourage your friends to join.

We appreciate all of our faithful supporters.

Support URCC While You Shop

When you shop at smile.amazon.com, a donation can be made to Upper Rogue Community Center, Inc.
You can support URCC every time you shop



and don't forget to

Designate Upper Rogue Community Center as your non-profit organization for **Fred Meyer Rewards**



If you have questions or need help linking your rewards card, please see the URCC office staff.

Thank you for your continued support.

Upper Rogue Community Center

SEPTEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30						1 THRIFT SHOP 10:00 – 3:00
2	3 No Aerobics Thrift Shop Closed ZUMBA 6:30 – 7:30 pm.	4 Yoga Basics 8:30 – 9:30 am TAI CHI 10:30-11:30 Beginners 11:30-12:30 Martial Arts 5:15 – 6:15	5 NO Aerobics Card Games 10 –12 Wednesday Lunch at Noon Martial Arts 5:15 – 6:15 Zumba 6:30 – 7:30	6 No Yoga Basics No Tai Chi Food Pantry 12 -2 Martial Arts 5:15 – 6:15	7 NO Aerobics	8 THRIFT SHOP open 10:00 – 3:00 Sew Day 10 – 5 Music in the Park 6pm – 8pm
9	10 Aerobics 8 – 9am Thrift Shop Closed ZUMBA 6:30 – 7:30 pm	11 YOGA BASICS 8:30-9:30am TAI CHI 10:30-11:30 Beginners TAI CHI 11:30 – 12:30 Martial Arts 5:15 – 6:15	12 Aerobics 8 – 9am Card Games 10 –12 Wednesday Lunch at Noon Martial Arts 5:15 – 6:15	13 YOGA BASICS 8:30-9:30am NO Tai Chi Martial Arts 5:15 – 6:15	14 Aerobics 8 – 9am Zumba 6:30 – 7:30	15 THRIFT SHOP open 10:00 – 3:00
16	17 Aerobics 8 – 9am Thrift Shop Closed ZUMBA 6:30 – 7:30 pm	18 YOGA BASICS 8:30-9:30am TAI CHI 10:30-11:30 Beginners 11:30 – 12:30 Martial Arts 5:15 – 6:15	19 Aerobics 8 – 9am Card Games 10 –12 Wednesday Lunch at Noon Martial Arts 5:15 – 6:15 ZUMBA 6:30 – 7:30	20 No Yoga Basics No Tai Chi Food Pantry 12 – 2 pm Martial Arts 5:15 – 6:15 Jam Session 7-10pm	21 Aerobics 8 – 9am	22 THRIFT SHOP open 10:00 – 3:00 Spaghetti Dinner And Dance 6:00pm-9:00pm
23	24 Aerobics 8 – 9am Thrift Shop Closed ZUMBA 6:30 – 7:30 pm	25 Yoga Basics 8:30 – 9:30 am TAI CHI 10:30-11:30 Beginners 11:30 – 12:30 Martial Arts 5:15 – 6:15	26 Aerobics 8:00 - 9:00 am Card Games 10 –12 Wednesday Lunch at Noon Martial Arts 5:15 – 6:15	27 No Yoga Basics TAI CHI 10:30-11:30 Beginners 11:30 – 12:30 Martial Arts 5:15 – 6:15 Zumba 6:30 – 7:30 pm	28 Aerobics 8:00 - 9:00 am Veterans Outreach 10 – 2	29 THRIFT SHOP OPEN 10:00 – 3:00

Upper Rogue Community Center
P. O. Box 216
Shady Cove, OR 97539

**NON PROFIT
US POSTAGE PAID
MEDFORD, OR.
PERMIT NO. 216**

Or Current Occupant

Insert Label Here

Follow URCC on FACEBOOK and our
website: upperroguecommunitycenter.com

URCC is a Tobacco/Smoke Free Property

URCC Board of Directors 2018 - 2019

Greg Machado Chairperson
Nancy Mayer Vice Chair
Jan Swearson Treasurer
Jinny Pardee Secretary
Mary BlizzardKelly Member
Debbie Glass Member
Tom Sanderson Member
Evan Shriner Member
Terry Weyers Member

URCC Staff

Beverly Barnes
Administrative Manager
(541) 878-2702
Office Hours: Monday – Friday
9 am to 2 pm

Peggy Honingford
Thrift Shop Manager
(541) 878-4990
Store Hours: Tue – Fri 10 am to 4 pm
Saturday 10am – 3pm