

***RIVERSIDE
COUNTY
TRACK
2018***

***BOYS & GIRLS
SCHOOL RECORDS
ALL- TIME COUNTY RECORDS
ALL- TIME PERFORMANCE LIST***

Don Chadez

Revised 7/1/2018

RIVERSIDE COUNTY TRACK - 2018

This is the 22nd attempt to recognize the many fine track and field performances by Riverside County High School track and field athletes. This publication is by no means complete. People reading this work are encouraged to contact the author regarding errors or omissions. The school record section lists only those marks that are first listed on the all-time list.

The first edition was published prior to the 1990 track & field season. The original research was assisted by Jack Gaffney of Canyon Springs HS, and Doug Speck (Arcadia HS). Thanks also to Jim Roldan of EPI Sports and Mark Gardner (Corona HS).

THE STATS

Abbreviations

- + -mark converted from yards to meters.
- c -mark converted from hand time to equivalent auto time. w -wind aided mark.
- y -original mark attained in a race run in yards
- fully auto timed races have no abbreviation and are noted to one hundred of a second. -any hand time recorded to one hundred of a second has been rounded up to the next full tenth of a second.
- ' -mark made enroute to a longer distance.
- ' -after name indicated foreign exchange student (if known).
- * -before athletes name indicates junior year.
- * * -before athletes name indicates sophomore year.
- * * * -before athletes name indicates freshman year.

PERFORMANCE RANKING

For the purpose of ranking athletes and their performance, hand times have been converted to equivalent auto times and yard performances to metric. The *Track & Field News* policy of converting has been adopted. By using a multiplier, accurate percentage differentials are attained as the time gets longer.

CONVERSIONS

Hand times have been converted by adding 0.24 seconds for races less than one lap, and 0.14 for one lap races. Races of more than one lap have no conversion from hand to auto timing. The yard time was then multiplied by .9942 to get the metric equivalent. Common ratio races follow this formula. 100 yards/ 100 meters and 110 meters/ 120 yard hurdle events are not common ratio events.

RIVERSIDE COUNTY TRACK - 2018

Send errors / omissions to:

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BOYS COUNTY RECORDS

Running records are listed at metric distances. No attempt has been made, for record purposes, to convert marks from yards to metric. The longer yard performance is noted and recognized as the metric record. An equivalent metric performance needs to surpass the yard performance to become a record. Most record performances today are made at metric meets, thus the use of metric distances.

100 yd	9.4	John James (Ferris)	1964
100m	10.27	Michael Norman (Vista)	2016
200m	20.14	Michael Norman (Vista)	2016
400m	45.19	Michael Norman (Vista)	2015
800m	1:48.56	Immanuel Hutchinson (San Jacinto)	2011
1500m	3:50.6	Mark Fricker (Hemet)	1977
1600m	4:04.01	Isaac Cortes (Great Oak)	2016
3000m	8:28.8	Cruz Gallegos (Centennial)	1992
3200m	8:51.85	Cole Spencer (Great Oak)	2016
5000m	14:31.57	Lane Werley (King)	2011
3000m Steeplechase	10:18.13	Austin Langley (La Sierra)	2003
110m Hurdles	13.78	Cameron Samuel (Rancho Verde)	2017
300m Hurdles (36")	35.02	Reggie Wyatt (La Sierra)	2009
4 x 100m Relay	40.29	Rancho Verde	2017
4 x 400m Relay	3:10.33	Perris	1983
High jump	7-3	Avery Anderson (North)	1991
	7-3	Nick Ross (Vista)	2009
Pole Vault	16-6.5	Peter Chapman (Murrieta Valley)	2012
Long jump	25-3	Bobby Bonds (Poly)	1964
Triple jump	50-6.5	CJ Stevenson (Great Oak)	2018
Shot Put	69-7.25	Nick Ponzio (Great Oak)	2013
Hammer	208-2	Silas Hurst (Santiago)	2018
Discus	200-3	Jared Morgan (La Quinta)	2002
Decathlon	6056	Henry Vildosola (Woodcrest Chr)	2010

GIRLS COUNTY RECORDS

100y	11.0	Renee Chambers (Poly)	1979
	11.0	Shelly McDade (Norte Vista)	1979
	11.0	Robin Shelton (Corona)	1982
100m	11.61	Madinah Ali (Canyon Springs)	1995
200m	23.28	Tracee Thomas (North)	1999
400m	51.99	Shae Anderson (Norco)	2017
400m (indoors)	54.22	Tracee Thomas (North)	2002
800m	2:05.9	Lynn Hollins (Poly)	1976
1500m	4:36.7	Brigid Freyne (Poly)	1987
1600m	4:40.34	Destiny Collins (Great Oak)	2015
3000m	9:21.44	Destiny Collins (Great Oak)	2016
3200m	9:53.79	Destiny Collins (Great Oak)	2014
5000m	16:51.97	Alma Escobar (Corona)	2004
3000m Steeplechase	12:42.76	Kelly Floyd (Corona)	2003
100m Hurdles (30")	13.83	Doris Williams (Poly)	1987
100m Hurdles (33")	13.17	Jasmyne Graham (Roosevelt)	2015
300m Hurdles	40.31	Shae Anderson (Norco)	2017
400 Hurdles	59.44	Shae Anderson (Norco)	2017
4 x 100m Relay	45.30	North	2000
4 x 400m Relay	3:38.86	North	2001
High jump	6-0.5	Chaunte Howard (North)	2001
Pole Vault	13-1	Gardenia Centanaro (Roosevelt)	2013
Long jump	20-7.75	Gayle Hunter (North)	2004
Triple jump	41-3	Chaunte Howard (North)	2002
Shot Put	50-0.25	Tanya Sapa (La Sierra)	2013
Discus	168-5	Sarah Robles (San Jacinto)	2006
Heptathlon	5328	Gayle Hunter (North)	2004

BOYS ALL-TIME BEST MARKS LIST

100 yards

9.4	John James (Ferris)	1964	10.58	Elijah Mitchell (Roosevelt)	2013
9.6	Lew Dunn (North)	1982	10.59	Nathan Irvin (Poly)	1999
9.6	George Thomas (Indio)	1983	10.63	Tommy Curry (North)	2008
9.6	Jeff Ward (La Sierra)	1977	10.63	Braden Isaiah (Moreno Valley)	2011
9.86	Tim Callier (Perris)	1987	10.63	Carlos Wedlow (Mesa)	2016
9.7	Bobby Bonds (Poly)	1964	10.64c	George Thomas (Indio)	10.4 1983
9.7	John Holbrook (Norte Vista)	1967	10.65	Dameon Burnham (Roosevelt)	2011
9.7	Tom Scott (Palm Springs)	1967	10.66	**Rodney Storrs (Santiago)	2007
9.7	Chandler (Palo Verde)	1978	10.67	Lucien Henderson (Banning)	1987
9.7	Issac Greer (Elsinore)	1978	10.68	Jesse Ooten (Rancho Verde)	2008
9.95	Rando Smith (Ramona)	1987	10.70	Bryan Williams (Valley View)	2006
9.8	Paul Anderson (Poly)	1956	10.71	Marshall Johnson (Notre Dame)	1999
9.8	James Eddington (Rubidoux)	1963	10.71	Tyler Kennedy (Rancho Verde)	2017
9.8	A. Byrd (Perris)	1968	10.72	Anthony Dye (Santiago)	2008
9.8	A. Stapler (Perris)	1969	10.74c	Jerome Burrell (Palm Springs)	10.5 1995
9.8	Mayo (Perris)	1969	10.74c	Alvin Robinson (Valley View)	10.5 2002
9.8	A. Lewis (Perris)	1969	10.74	Nick Lee (Cathedral City)	2003
9.8	Gray (Palm Springs)	1978	10.74	Duke Greer (Corona)	2007
9.8	Brice Wilson (Indio)	1980	10.76	Derrick Johnson (Notre Dame)	2000
9.8	Marcus Hathway (Corona)	1980	10.76	John Kane (Great Oak)	2013
9.8	Darrell Willis (Norco)	1981	10.76	Justin Pearson (Roosevelt)	2013
9.8	Wilcox (Poly)	1982	10.77	Greg Thomas (Poly)	1981
9.8	Mike Anderson (Rubidoux)	1983	10.77	Carlton Johnson (Rancho Verde)	2018
9.8	Woodie Leonard (Ramona)	1993	10.79	Andre Ewell (Arlington)	2006
9.9	Art Williams (Poly)	1946	10.79	Greg Hornsby (Rancho Verde)	2009
9.9	Verde Sorgen (Poly)	1949	10.79	David Hooks (Corona)	2016
9.9	Joe Black (Palo Verde)	1952	10.79	Cole Dubots (Vista)	2017
9.9	Leevan Roberts (North)	1969	10.79	Matthew Okonkwo (Mesa)	2018
9.9	Larry Thompson (Ramona)	1970	10.80	*Roshard Williams (Roosevelt)	2016
9.9	Tony Robinson (Ramona)	1971	10.80	*Damion Lee (Palm Springs)	2016
9.9	Tosho Lee (Rubidoux)	1978	10.80	*Carlton Johnson (Rancho Verde)	2017
9.9	Rogers (North)	1978	10.81	James Nool (Great Oak)	2017
9.9	D. Fite (Perris)	1979	10.82	Davelle Sanders (Roosevelt)	2010
9.9	Kenny Wagner (Arlington)	1980	10.82	Napoleon Singeltary (Roosevelt)	2012
9.9	Clay Hall (Palm Springs)	1982	10.83	Nick Mixon (Vista)	2008
9.9	Paco Craig (Ramona)	1982	10.83	*Kei-Ron Long (Vista)	2012
9.9	Bob Stamps (Perris)	1983	10.84c	Macus Hathway (Corona)	10.6 1980
9.9	Sebron Flenaugh (Perris)	1983	10.84	Duncan Boyd (Moreno Valley)	1989
9.9	Cedric Riles (Norte Vista)	1984	10.84	Heath Fulk (Nome Vista)	1991
9.9	JJ Eddington (Perris)	1985	10.84c	Anthony Preyear (La Sierra)	10.6 1993
9.9	Luncy Fleeting (Canyon Springs)	1990	10.84c	Sam Elmore (Banning)	10.6 1995
			10.84	Jeff Henry (Norte Vista)	2001
			10.84c	Jamal Williams (La Quinta)	10.6 2001
			10.84c	Chris Johnson (Arlington)	10.6 2001
			10.84c	Chris Whitlock (Valley View)	10.6 2001
			10.84	*Dorien Mars (Roosevelt)	2018
			10.84	*Kamari Maddox (Elsinore)	2018
			10.85	Al Ross (Canyon Springs)	1989
			10.85	*Cedric Provost (Canyon Springs)	2009
			10.85	Gary Carney (Paloma Valley)	2017
			10.86	Rondo Smith (Ramona)	1988
			10.86	Thomas Henry (North)	2007
			10.86	Joel Hotkins (Chaparral)	2009
			10.86	Keith Welpher (West Valley)	2011
			10.86	Jonathan Essien (King)	2016
			10.86	Johnathan Warren (Santiago)	2016
			10.87	Troy McKnight (Canyon Springs)	1991
			10.87	*Bernard Quinn (Vista)	2011
			10.88	Deshawn Smith San Jacinto)	2006
			10.88	Kavon Seaton (Vista)	2007
			10.88	Joshua Mitchell (Roosevelt)	2010
			10.88	Dajon Wise (Rancho Verde)	2013
			10.88	*Ryan Wade (Mesa)	2015
			10.89	Darryl Mosely Great Oak)	2007
			10.89	J.J. Eddington (Perris)	1985
			10.89	Matt Galloway (Elsinore)	2015
			10.89	*Nick Beam (King)	2018
			10.90	Woodie Leonard (Ramona)	1992
			10.90	*Deontae Cooper (Citrus Hill)	2009
			10.90	*Myles Martin (Vista)	2018

Wind-aided:

9.5	Mike Foster (Palo Verde)	1973
9.5	Jerry McCullough (Poly)	1957
9.6	Bobby Bonds (Poly)	1964
9.7	Greg Thomas (Poly)	1967
9.7	Paul Anderson (Poly)	1956
9.7	JJ Eddington (Perris)	1985
9.8	George McKinley (Arlington)	1980

100 meters

10.27	Michael Norman (Vista)	2016
10.31	*Bryan Howard (Canyon Springs)	1994
10.32	Isiah Cunningham (Rancho Verde)	2017
10.34	Javelin Guidry (Vista)	2017
10.38	Jonathan Williams (Temecula)	2006
10.46	*Jabriel Smith (North)	2017
10.51	Antonio Mitchell (Vista)	2015
10.51	Christian Shakir Ricks (Mesa)	2018
10.52	Kenny Jackson (Elsinore)	2009
10.53	Lew Dunn (North)	1982
10.53	Rasaun House (Rancho Verde)	2017
10.54c	Stoney Jordan (Indio)	10.3 1993
10.54c	Quincy Huntley (Valley View)	10.3 1996
10.54	*Jovonte Slater (Vista)	2010
10.55	Antonio Mitchell (Vista)	2016
10.56	*Cole Dubots (Vista)	2016

10.91	Allan Curry (Canyon Springs)		1998	11.03	Louis Mayela (Centennial)		2015
10.91	Ledariuc Miller (Vista del Lago)		2007	11.03	Ken'ya Johnson (Moreno Valley)		2017
10.91	**Marcello Watson (Centennial)		2018	11.04c	Marcus Hathway (Corona)	10.8	1980
10.91	Mikel Barkley (Great Oak)		2018	11.04c	Sebron Flenaugh (Perris))	10.8	1983
10.91	*Jamar Simpson (Rancho Verde)		2018	11.04c	Rick Aguilar (CSDR)	10.8	1986
10.92	Ron Butler (Norte Vista)		1995	11.04c	Rick McVicker (Poly)	10.8	1989
10.92	Ken Moon (Corona)		2004	11.04c	Chris Alexander (Temecula)	10.8	1990
10.92	***Ervin Simmons (Murrieta)		2008	11.04c	Marc Chrishon (Temecula)	10.8	1990
10.92	* Evan Singletary (Roosevelt)		2014	11.04c	Eddie Jones (Palo Verde)	10.8	1990
10.92	Ryan Ellis (Norco)		2018	11.04c	Quincy Fleming (Canyon Springs)	10.8	1990
10.92	*Jace MacConnell (Xavier Prep)		2018	11.04c	Jeff Skalsky (Temecula)	10.8	1991
10.93	Robert Gray (Poly)		1981	11.04c	Marlando Lewis (Hemet)	10.8	1991
10.93	Tommy Curry (North)		2007	11.04c	James Smith (Palo Verde)	10.8	1992
10.93	**Jonathan Essien (King)		2015	11.04c	Darrell Franklin (Canyon Spring)	10.8	1995
10.93	Grant Edwards (Centennial)		2018	11.04c	Xavier Phillips (Perris)	10.8	1995
10.93	Dominic Evans (Centennial)		2018	11.04c	Mickey Grimes (Canyon Springs)	10.8	1995
10.94c	Mike Ails (Moreno Valley)	10.7	1990	11.04c	Damian Barton (Centennial)	10.8	1996
10.94c	Kyjone Jack (Canyon Springs)	10.7	1991	11.04c	Raheem Lambert (Norte Vista)	10.8	1998
10.94c	Art Celestine (Notre Dame)	10.7	1991	11.04c	Devonson Goodwin (Canyon Sp)	10.8	1998
10.94c	Jason Halliburton (Rubidoux)	10.7	1991	11.04c	Kendall Edwards (Jurupa)	10.8	1999
10.94c	Shamori Walker (Moreno Valley)	10.7	1993	11.04c	Jamar Thymes (Norco)	10.8	1999
10.94	Corey Merrill (Moreno Valley)		1992	11.04c	Jesse Johnson (Banning)	10.8	1999
10.94c	Walker (Perris)	10.7	1996	11.04c	Terry Dowell (West Valley)	10.8	2000
10.94c	Andre McCargo (Murrieta Valley)	10.7	1998	11.04c	Wayland Gilliam-Smith (Valley View)	10.8	2000
10.94	Ennis Jones (North)		2006	11.04	Norman Boyd (La Sierra)		2008
10.94	Parris Samaniego (Vista)		2018	11.04	Gerard Glass (Great Oak)		2010
10.95	Willie Bowen (Twin Pines)		2000	11.04	Jordan Palmer (Roosevelt)		2015
10.95	*Larry Scott (Centennial)		2010	11.04	Jared Wright (Hillcrest)		2017
10.95	Donovan Witherspoon (Santiago)		2018				
10.95	Corey Howland (Vista)		2018		Wind-Aided:		
10.96	DJ Lloyd (Vista)		2009	10.13	Javelin Guidry (Vista)		2017
10.97	Cedric Riles (Norte Vista)		1986	10.44	Marshall Johnson (Notre Dame)		1999
10.97	Chase Aaronson (Palm Springs)		2007	10.45	*Jovonte Slater (Vista)		2010
10.97	*Kyle Garner (Vista)		2012	10.45	Antonio Mitchell (Vista)		2016
10.97	*Nick Fisher (Great Oak)		2014	10.45	*Cole Dubots (Vista)		2016
10.97	**Thomas Graham (Roosevelt)		2015	10.47	Carlos Wedlow (Mesa)		2016
10.97	Saadiq Jennings (King)		2016	10.49	Kenny Jackson (Elsinore)		2009
10.97	*Brian House (Rancho Verde)		2016	10.50	Tommy Curry (North)		2008
10.98	Anthony Elam (Roosevelt)		2013	10.50	Elijah Mitchell (Roosevelt)		2013
10.98	*Anthony Smith (Paloma Valley)		2013	10.56	Stoney Jordan (Indio)		1993
10.98	*Chandler Owens (Ranch Verde)		2017	10.58	Isiah Braden (Moreno Valley)		2011
10.99	Tommy Thomas (Indio)		1981	10.59	*Damion Lee (Palm Springs)		2016
10.99	Ray Blackburn (Jurupa)		1998	10.60	Rodney Storrs (Santiago)		2008
10.99	Nick Mixon (Vista)		2007	10.62	Duke Greer (Corona)		2007
10.99	*Sedale Foster (North)		2010	10.63	David Hooks (Corona)		2016
10.99	**Damion Marshall (Great Oak)		2013	10.66	**James Nool (Great Oak)		2015
10.99	Jeremiah Boatner (Hillcrest)		2017	10.67	Gerg Hornsby (Rancho Verde)		2009
10.99	Martin Graiser (San Jacinto)		2018	10.67	Josh Mitchell (Roosevelt)		2010
10.99	Jediaiah Jackson (Palm Desert)		2018	10.67	Xavion Steele (Tahquitz)		2015
11.00	Bobby Stamps (Perris)		1983	10.68	Christopher Wilcox (Roosevelt)		2016
11.00	Nobel Jackson (Perris)		1983	10.69	Justin Pearson (Roosevelt)		2013
11.00	John Wareka (Temescal)		2007	10.69	* Evan Singletary (Roosevelt)		2014
11.00	*John Plattenburg (Centennial)		2013	10.70	*Roshard Williams (Roosevelt)		2016
11.00	Jordan Lucas (Great Oak)		2014	10.71	Bryan Adams (Roosevelt)		2009
11.00	Fred Lundy (Paloma)		2015	10.72	Tim Callier (Perris)		1987
11.00	*James Green (Cathedral City)		2017	10.72	Andre Ewell (Arlington)		2006
11.00	Chandler Barbato (Xavier Prep)		2018	10.72	Davelle Sanders (Roosevelt)		2010
11.01	Marc Tyler (Brawley)		1994	10.72	*Damion Marshall (Great Oak)		2014
11.01	Tyree Sullivan (Norte Vista)		2001	10.73	Cedric Provost (Canyon Springs)		2009
11.01	Matt Maybeno (Hemet)		2002	10.74c	Troy McKnight (Canyon Springs)	10.5	1991
11.01	David Biggs (Rancho Verde)		2006	10.74c	Nick Lee (Cathedral City)	10.5	2004
11.01	Kavon Seaton (Murrieta)		2009	10.75	Leran Hutchings (Roosevelt)		2011
11.01	Cavan Bluitt (Rancho Verde)		2015	10.75	***Malcolm Ballard (Ramona)		2013
11.01	Brandon Presley (Great Oak)		2015	10.76	Rondo Smith (Ramona)		1987
11.01	*Jordan Testerman (Vista)		2015	10.76	James Green (Cathedral City)		2018
11.02	Nathan Charlton (Rubidoux)		2000	10.76	Matthew Okonkwo (Mesa)		2018
11.02	David Angulo (Cathedral City)		2002	10.77	Marcus Love (Lakeside)		2013
11.02	Gene McCaleb (Temescal)		2004	10.78	John Kane (Great Oak)		2013
11.02	Dejon Wise (Rancho Verde)		2013	10.78	Roshard Williams (Roosevelt)		2017
11.02	Makyi McIntyre (Elsinore)		2017	10.79	Nick Mixon (Vista)		2008
11.02	Joel Collins (Great Oak)		2018	10.80	Keith Welper (West Valley)		2011
11.03	Brian Anderson (Elsinore)		1986	10.80	***Adrian Sanchez (Tahquitz)		2015
11.03	Derek Banks (Rubidoux)		1992	10.80	*Kamari Maddox (Elsinore)		2018
11.03	Nick McCullom (Perris)		1997	10.80	Corey Howland (Vista)		2018
11.03	Ervin Simmons (Murrieta Valley)		2011	10.81	Ken Moon (Corona)		2004

10.81	DeSean Smith (San Jacinto)		2005	10.99	Ervin Simmons (Murrieta Valley)		2011
10.81	*Kei-Ron Long (Vista)		2012	10.99	Forrest Reyes (Palm Springs)		2011
10.82	Jabriel Smith (North)		2018	10.99	Fred Lundy (Paloma)		2015
10.82	Carlton Johnson (Rancho Verde)		2018	10.99	Cole Cruz (Palm Springs)		2018
10.83	Tommy Curry (North)		2007	11.00	Keith Bullard (Canyon Springs)		1991
10.83	Dejon Wise (Rancho Verde)		2013	11.00	DeShawn Smith (San Jacinto)		2004
10.83	Brandon Presley (Great Oak)		2015	11.00	Andre McClendon (Beaumont)		2013
10.83	Shawn Williams (Mesa)		2016	11.00	Eric Ellison (Banning)		2016
10.83	Leva Hifo (Heritage)		2016	11.00	*James Chanthachak (Banning)		2016
10.83	**Jabriel Smith (JWNorth)		2016	11.00	Ken'ya Johnson (Moreno Valley)		2017
10.83	*Jace MacConell (Xavier Prep)		2018	11.01	*Dallas Deville (Perris)		2012
10.84c	Woody Leonard (Ramona)	10.6	1993	11.01	Garry Lewis (Corona)		2012
10.84c	Damon Mitchum (Corona)	10.6	1999	11.01	*Rick Ramos (Hemet)		2014
10.84	**Jonathan Essien (King)		2015	11.01	Tobi Mayers (Murrieta Valley)		2015
10.84	*Myles Martin (Vista)		2018	11.01	*Tyler Kennedy (Rancho Verde)		2016
10.85	Qwintin Workman (Temecula Valley)		2017	11.01	Daniel Smith (Chaparral)		2018
10.86	Wyatt Staggers (Lakeside)		2013	11.02	Alex Pittman (Vista)		2005
10.86	*Lorenzo Burns (Linfield)		2015	11.02	Michael Mazur (Vista)		2011
10.86	Parris Samaniego (Vista)		2018	11.02	Adrian Limon (San Jacinto)		2016
10.86	Donovan Witherspoon (Santiago)		2018	11.02	**Parris Samaniego (Vista)		2016
10.87	Taylor Hawkins (Palm Springs)		2016	11.02	Leva Hifo (Heritage)		2016
10.87	Dominic Evans (Centennial)		2018	11.02	*Orlando Ornelas (Chaparral)		2018
10.88	Henry Thomas (North)		2007	11.03	* Christopher Byers (Roosevelt)		2014
10.88	Richard Marvray (Centennial)		2009	11.03	**Anthony Hawkins (Palm Springs)		2015
10.88	* Jordan Palmer (Roosevelt)		2014	11.04c	Demond Vassar (Rubidoux)	10.8	1991
10.88	Darnell Richardson (Heritage)		2018	11.04c	Larry Wilson (Indio)	10.8	1991
10.89	Ray Blackburn (Jurupa Valley)		1998	11.04c	Jasper Williams (Rubidoux)	10.8	1993
10.90	Brian Anderson (Elsinore)		1986	11.04c	Jerome Burrell (Palm Springs)	10.8	1994
10.90	Kyman Bailey (North)		2012	11.04	Justin Martin (Norco)		2013
10.90	*John Plattenburg (Centennial)		2013	11.04	*Ricky Adams (Vista)		2015
10.90	Deville Dallas (Perris)		2013	11.04	**Christopher Newman (Roosevelt)		2015
10.90	Jordan Felix (Vista)		2016	11.04	Javon McKinley (Centennial)		2016
10.91	James Carter (Canyon Springs)		2005	11.04	**Emmanuel Jones (Vista)		2018
10.91	DJ Lloyd (Vista)		2009				
10.91	*Larry Scott (Centennial)		2010				
10.91	Chris Milan (Great Oak)		2012				
10.91	Jordan Lucas (Great Oak)		2014	20.14	Michael Norman (Vista)		2016
10.92	Devin Ray (West Valley)		2014	20.76	Bryan Howard (Canyon Springs)		1994
10.93	Kenny Shaw (San Jacinto)		2005	21.04c	Sam Elmore (Banning)	20.9	1995
10.93	*Kevin Smith (San Jacinto)		2013	20.84	Isaiah Cunningham (Rancho Verde)		2017
10.93	Anthony Elam (Roosevelt)		2013	20.98	Christian Shakir Ricks (Mesa)		2018
10.93	* Eric Miller (Roosevelt)		2014	21.17	Jonathan Williams (Temecula)		2006
10.93	Another Smith (Paloma Valley)		2014	21.17	Elijah Mitchell (Roosevelt)		2013
10.94c	Steve Angulo (Cathedral City)	10.7	2002	21.18	Rasaun House (Rancho Verde)		2017
10.94	Jon Warzeka (Elsinore)		2008	21.21	Isaiah Braden (Moreno Valley)		2011
10.94	Dexter Jackson (King)		2008	21.22	*Bernard Quinn (Vista)		2011
10.94	*Bryan Jones (Great Oak)		2011	21.23	Reggie Wyatt (La Sierra)		2009
10.94	Garrett Biggers (North)		2012	21.24	Ennis Jones (North)		2006
10.94	* Nick Fisher (Great Oak)		2014	21.26	Javelin Guidry (Vista)		2017
10.94	*** Isaiah Cunningham (Rancho Verde)		2014	21.27	*Rodney Storrs (Santiago)		2008
10.95	Jr Reid (Arlington)		2010	21.29	* Damion Marshall (Great Oak)		2014
10.95	*Christopher Wilcox (Roosevelt)		2015	21.30	*Jovonte Slater (Vista)		2010
10.95	**Thomas Graham (Roosevelt)		2015	21.32	*Jabriel Smith (North)		2017
10.95	*Chandler Owens (Rancho Verde)		2017	21.33	Tommy Curry (North)		2008
10.96	Ervin Simmons (Murrieta)		2009	21.37	Nevin Gutierrez (North)		2000
10.96	*Jordan Palmer (Roosevelt)		2015	21.40	Derrick Johnson (Notre Dame)		2000
10.96	**Damion Lee (Palm Springs)		2015	21.41	Stoney Jordan (Indio)		1993
10.96	*Jordan Testerman (Vista)		2015	21.41	Kenny Jackson (Elsinore)		2009
10.96	James Phillips (Heritage)		2018	21.41	*Antonio Mitchell (Vista)		2015
10.97	Antoine Murray (Norco)		2005	21.44	Greg Thomas (Poly)		1980
10.97	Lajohn White (North)		2008	21.44c	Quincy Huntley (Valley View)	21.2	1996
10.97	Larry Scott (Centennial)		2011	21.44	Andrew Ewell (Arlington)		2006
10.97	**Christopher Young (Citrus Hill)		2013	21.51+	John Holbrook (Norte Vista)	21.4y	1967
10.97	Phillip Jones (Vista Murrieta)		2013	21.51+	Mike Harris (Indio)	21.4y	1974
10.97	Kre'Shawn McDonald (Roosevelt)		2014	21.53	Davelle Sanders (Roosevelt)		2010
10.97	*Carlton Senigal (Chaparral)		2017	21.54	Nick McCullom (Perris)		1998
10.98	*Jordan James (Corona)		2009	21.54	*Ennis Jones (La Sierra)		2005
10.98	**Todd Hamdley (King)		2009	21.54	Parris Samaniego (Vista)		2018
10.98	Nephi Garcia (Palm Springs)		2011	21.57	Nevin Gutierrez (North)		2007
10.98	Gather Ronald (Moreno Valley)		2013	21.57	Gerg Hornsby (Rancho Verde)		2009
10.98	**Christopher Rom-Toribo (La Quinta)		2013	21.58	Chris Massey (Valley View)		1998
10.98	* Louis Mayela (Centennial)		2014	21.58	*John Kane (Great Oak)		2012
10.98	Jamal Orme (King)		2014	21.59	Tyler Kennedy (Rancho Verde)		2017
10.99	Kavon Seaton (Vista)		2008	21.60	Napoleon Singletary (Roosevelt)		2012
10.99	*Justin Decoud (King)		2010	21.62	Cedric Riles (Norte Vista)		1986

200 meters

21.62	Nick Lee (Cathedral City)		2004	22.09	**Thomas Graham (Roosevelt)		2015
21.64	Sebron Flenaugh (Perris)		1983	22.09	Cavan Bluitt (Rancho Verde)		2015
21.64	**Cole Dubots (Vista)		2015	22.09	*Kamari Maddox (Elsinore)		2018
21.66	Logen Casavant (Rancho Mirage)		2016	22.10	Necho Beard (Rancho Verde)		2010
21.67	Joshua Mitchell (Roosevelt)		2010	22.11+	Larry Thompson (Ramona)	22.0y	1970
21.69	Jerome Burrell (Palm Springs)		1995	22.11	Paul Robertson (Rancho Verde)		2009
21.71	Greg Thomas (Poly)		1981	22.12	Matt Maybeno (Hemet)		2002
21.72+	Tom Scott (Palm Springs)	21.6y	1967	22.12	Anthony Smith (Paloma Valley)		2014
21.73	Ken Moon (Corona)		2004	22.14c	Issac Greer (Elsinore)	21.9	1979
21.73	Duke Greer (Corona)		2007	22.14c	Tyree Washington (La Sierra)	21.9	1994
21.74	Richard Sweeney (Perris)	21.5	1989	22.14c	McGill Kyser (Norco)	21.9	1994
21.74	Anthony Daniels Canyon Springs)		2002	22.14c	Marshall Johnson (Norte Dame)	21.9	1999
21.74	Jesse Ooten (Rancho Verde)		2008	22.14c	Jeff Henry (Norte Vista)	21.9	2001
21.76	Roshard Williams (Roosevelt)		2017	22.14c	Jeff Garrison (North)	21.9	2001
21.79	Bryan Williams (Valley View)		2007	22.14	Willie Smith (Banning)		2004
21.79	*Rasaun House (Rancho Verde)		2016	22.14	*Bubba Luna (Great Oak)		2009
21.80	David Angulo (Cathedral City)		2002	22.15+	Tim Callier (Perris)	22.28y	1987
21.80	* Evan Singletary (Roosevelt)		2014	22.15	Curbs Baxter (San Jacinto)		2007
21.82+	John James (Perris)	21.7y	1964	22.15	*Terance Narvaez (Canyon Springs)		2011
21.82	Bryan Adams (Roosevelt)		2009	22.17	Mike Norfolk (Palm Desert)		1995
21.83	Kei-Ron Long (Vista Murrieta)		2013	22.18	Gerard Glass (Great Oak)		2009
21.84	George Thomas (Indio)		1981	22.19	Erik Dvoran (Rancho Verde)		2003
21.84	Bobby Stamps (Perris)		1983	22.19	*Paul Rpbertson (Rancho Verde)		2008
21.84c	Marcus Hathway (Corona)	21.6	1980	22.19	Matt Galloway (Elsinore)		2015
21.84	Justin Pearson (Roosevelt)		2013	22.20	**Jabriel Smith JW North)		2016
21.85	Carlton Johnson (Rancho	2018		22.21	Michael Mazur (Vista)		2011
21.86	Davonte Williams (Mesa)	2018		22.21	Grant Edwards (Centennial)		2018
21.87	Louis Amstoy (Banning)	1989		22.22	*Ismail Turner (West Valley)		2018
21.87	David Hooks (Corona)		2016	22.23	Jasper Williams (Rubidoux)		1992
21.89	Nick Mixon (Vista)		2008	22.23	Henry Thomas (North)		2006
21.89	Kyle Garner (Vista Murrieta)		2013	22.24c	LaSalle Hughey (Rubidoux)	22.0	1991
21.89	* Jordan Palmer (Roosevelt)		2014	22.24c	Marlando Lewis (Hemet)	22.0	1991
21.90	Jabin Sambrano (Great Oak)		2008	22.24c	Trevor Knox (Temecula Valley)	22.0	2001
21.90	*Cedric Provost (Canyon Springs)		2009	22.24c	Alvin Robinson (Valley View)	22.0	2002
21.91	Bubba Luna (Great Oak)		2010	22.24	Theartis Grigsby (Vista)		2012
21.92	Rondo Smith (Ramona)		1988	22.24	Chaio Winters (Santiago)		2015
21.92	Ken'ya Johnson (Moreno Valley)		2017	22.24	**Donovan Nelson (La Sierra)		2018
21.93	Mike Lynem (Norco)		2006	22.24	Corey Howland (Vista)		2018
21.93	Anthony Elam (Roosevelt)		2013	22.24	Daniel Smith (Chaparral)		2018
21.93	Carlos Wedlow (Mesa)		2016	22.26	Angelo DeWitt (Indio)		1986
21.94c	Darrell Willis (Norco)	21.7	1981	22.26	Quincy Fleming (Canyon Springs)		1990
21.94c	Josh Beckwith (Canyon Springs)	21.7	1997	22.26	*Alex Larson (Linfield)		2013
21.94c	Nick Holcomb (La Sierra)	21.7	2002	22.26	Ryan Ellis (Norco)		2018
21.94	Ray Blackburn (Jurupa)		1998	22.26	Cole Cruz (Palm Springs)		2018
21.94	Connor Edwards (Chaparral)		2016	22.27	Corey Merrill (Moreno Valley)		1992
21.95	Johnathan Warren (Santiago)		2016	22.28	Marcus Love (Lakeside)		2013
21.95	Qwentin Workman (Temecula Valley)		2017	22.28	Ricky Adams (Vista)		2016
21.96	Justin Porter (Vista)		2006	22.32	Jeff Skaylsky (Temecula)		1992
21.96	Dallas Deville (Perris)		2013	22.32	John Crain (Moreno Valley)		2010
21.97	George McKinley (Arlington)		1980	22.32	Terance Narvaez (Canyon Springs)		2012
21.98	Tyrone Thompson (Perris)		1984	22.32	Carlos Orozco (Corona)		2013
21.98	Derek Favorite (Centennial)		1993	22.32	Hassan Gates (Temecula)		2018
21.98	Dejon Wise (Rancho Verde)		2013	22.33	Bobby Nava (Perris)		1988
22.00	Allan Curry (Canyon Springs)		1998	22.33	Duncan Boyd (Moreno Valley)		1989
22.00	Dameon Burnham (Roosevelt)		2011	22.33	William League (Rancho Verde)		1993
22.00	Jamal Orme (King)		2014	22.33	Sean Burd (Great Oak)		2011
22.00	Jordan Lucas (Great Oak)		2014	22.34c	Marc Chrishon (Temecula)	22.1	1990
22.02	Keith Neal (Poly)		1985	22.34c	Tony Davis (Corona)	22.1	1999
22.02	Thomas Henry (North)		2007	22.34c	Steve Angulo (Cathedral City)	22.1	2002
22.02	DeShawn Smith (San Jacinto)		2006	22.34	Melvin Johnson (Valley View)		2001
22.02	Phil Griggs (King)		2017	22.34c	Chris Whitlock (Valley View)	22.1	2001
22.03	Derek Banks (Rubidoux)		1992	22.34c	Damon Morton (North)	22.1	2002
22.03	Eddie Johnson (Arlington)		1997	22.34c	Matt Padilla (Arlington)	22.1	2002
22.03	Matthew Williams (Vista del Lago)		2012	22.34c	Michael Moore (Canyon Springs)	22.1	2004
22.04	Woodie Leonard (Ramona)		1992	22.35	Nathan Charlton (Rubidoux)		2000
22.04	Troy McKnight (Canyon Springs)		1991	22.35	Chase Aaronson (Palm Springs)		2007
22.04c	Tee Sullivan (Norte Vista)	21.8	2001	22.35	*Necho Beard (Rancho Verde)		2009
22.04c	Chad Jervis (Paloma Valley)	21.8	2004	22.35	*Larry Scott (Centennial)		2010
22.04	*Christopher Wilcox (Roosevelt)		2015	22.35	*Cameron Snowden (Poly)		2013
22.04	Jonathan Essien (King)		2016	22.35	Jaylen Moore (King)		2017
22.05	Willie Bowen (Twin Pines)		2000	22.35	*Myles Martin (Vista)		2018
22.07	*Kei-Ron Long (Vista)		2012	22.36	Khurtis Henry (Murrieta)		2009
22.07	Fabian Bodden (Great Oak)		2017	22.36	Anthony Goodwin (Great Oak)		2010
22.08	Lew Dunn (North)		1982	22.36	Shawn Williams (Mesa)		2016
22.08	Matt Tyson (Roosevelt)		2012	22.36	Darnell Richardson (Heritage)		2018

21.0	Garry Crystal (Coachella)	1959	48.85+	Larry Dean (Moreno Valley)	49.14y	1978
21.1	John Holbrook (Norte Vista)	1967	48.89	Garrett Biggers (North)		2012
21.1	Leevan Roberts (North)	1968	48.90	Bubba Luna (Great Oak)		2010
21.3	Marshall Anderson (Poly)	1953	48.92	Mike Lyles (Rancho Verde)		2013
21.3	Joe Williamson (Poly)	1961	48.93	Louis Amestoy (Banning)		1989
21.4	Bob Skiver (Poly)	1939	48.93	Marshall Johnson (Notre Dame)		1999
21.5	Jerry Varnell (Poly)	1955	48.93	Christian Shakir Ricks (Mesa)		2018
21.5	Dick Stone (Poly)	1966	48.99	Brandon Ruffin (Santiago)		2011
			49.02	Derrick Jackson (Moreno Valley)		2010
			49.04	Marcus Graham (North)		2001
			49.05+	Greg Thomas (Poly)	49.2y	1980
			49.05+	Dick Stone (Poly)	49.2y	1965

400 meters

45.19	*Michael Norman (Vista)	2015	49.05+	Ruben Danielson (Rancho Verde)		2010
46.13	Reggie Wyatt (La Sierra)	2009	49.05	Oliver Brown (Palm Springs)		1988
46.34	Tyree Washington (La Sierra)	1995	49.06	Jackson Taylor (Roosevelt)		2018
46.79	Nevin Gutierrez (North)	2006	49.06	Cameron Sanuel (Rancho Verde)		2017
46.87	**Reggie Wyatt (North)	2007	49.08	Shawn Williams (Mesa)		2016
46.93	Logen Casavant (Rancho Mirage)	2016	49.09	Torre Smith (Rancho Verde)		2018
47.38	*Parris Samaniego (Vista)	2017	49.09	Bobby Nava (Perris)		1988
47.47	Derrick Johnson (Notre Dame)	2000	49.10	Jabin Sambrano (Great Oak)		2008
47.47	Matthew Okonkwo (Mesa)	2018	49.11	Richard Lay (Norte Vista)		1987
47.58	Connor Edwards (Chaparral)	2016	49.12	Keith Neal (Poly)	49.0	1984
47.52	Ken Moon (Corona)	2004	49.14c	Angello DeWitt Indio)	49.0	1986
47.56	Darrell Willis (Norco)	1981	49.14c	Avionne James (Perris)	49.0	2002
47.59	*Bernard Quinn (Vista)	2011	49.14c	*Willie Contreras (North)		2010
47.60	Ennis Jones La Sierra)	2005	49.14	Kenny Simmons (Moreno Valley)	49.3y	1977
47.68	*Isaiah Cunningham (Rancho Verde)	2016	49.15+	*Evan Tyler (Roosevelt)		2014
47.77	Anthony Daniels (Canon Springs)	2002	49.15	Curly Bledsoe (Banning)		2001
47.78	Qwintin Workman (Temecula Valley)	2017	49.18	*Josh Mitchell (Roosevelt)		2009
47.93	LaSalle Hughey (Rubidoux)	1991	49.18	Eddie Johnson (Arlington)		1997
47.95	Bryan Adams (Roosevelt)	2009	49.22	David Hooks (Corona)		2016
47.97	Christopher Wilcox (Roosevelt)	2016	49.22	Troy Collins (Hemet)	49.1	1989
47.97	*Ismael Turner (West Valley)	2018	49.24c	Tristan Taylor (King)	49.1	2004
47.98	Anthony Easter (Roosevelt)	2016	49.24c	Domanick Murray (Palm Springs)		2017
47.99	Sean Burd (Great Oak)	2011	49.24	John Davis (Ramona)	49.4y	1965
48.01	Derek Johnson (Notre Dame)	1999	49.25+	Field (Indio)	49.4y	1972
48.04	Ennis Jones (North)	2006	49.25+	*Maxx Mills (Great Oak)		2008
48.06+	Chris Harper (Arlington)	1980	49.25	Kenny Brown (Poly)		2010
48.06	Paul Robertson (Rancho Verde)	2009	49.25	Tyler Slavin (Roosevelt)		2010
48.06	Tyler Brown (La Quinta)	2012	49.27	Anthony Reyes (Elsinore)		2017
48.18	Terence Naraez (Canyon Springs)	2012	49.27	Dante Reese (Canyon Springs)		1994
48.18	Deondrae Brooks (Vista)	2013	49.29	Curtis Baxter (San Jacinto)		2007
48.21	Derek Favorite (Centennial)	1993	49.29	Jamal James (Jurupa Valley)		1998
48.22	C.J. Reed (Poly)	1996	49.33	Scott Eden (Temescal)		1999
48.31	Justin Porter (Vista)	2006	49.33	Edgar Ramirez (Coachella Valley)		2015
48.32	**Tyler Brown (La Quinta)	2010	49.33	Ricky Adams (Vista)		2016
48.32	*Gregory Lapit (Centennial)	2018	49.34	Jerry Vernell (Poly)	49.5y	1955
48.33	Jason Campbell (North)	1993	49.35c	Jesse Ooten (Rancho Verde)		2007
48.38	David Angulo (Cathedral City)	2002	49.35	David Tones (La Quinta)		1999
48.41	Nick Mc Cullom (Perris)	1998	49.38	DeAndre Thornton (Arlington)		2014
48.41	Matthew Williams (Vista del Lago)	2012	49.40	Koty Burton (La Quinta)		2016
48.44	Bryan Howard (Canyon Springs)	1994	49.40	Ramon Marshall (Rancho Verde)		2009
48.44	Chris Massey (Valley View)	1999	49.41	Metters (Ramona)	49.5y	1969
48.44c	Rex Butler (West Valley)	2001	49.42	Chuck Whitehead (Elsinore)		1989
48.48	Jared Lewis (Poly)	1995	49.42	Dane Hurd (Rancho Verde)		2006
48.48	*Justin Porter (Vista)	2005	49.42	Arnold Maier (Palm Springs)	49.3	1981
48.53	*Damion Marshall (Great Oak)	2014	49.44c	Danny Harris (Perris)	49.3	1983
48.56+	Bruce Kitchen (Poly)	1954	49.44c	Aaron Westbrook (North)	49.3	2007
48.56	*Anthony Reyes (Elsinore)	2016	49.44c	Kevin Gueste (Moreno Valley)		1991
48.60	Immanuel Hutchinson (San Jacinto)	2011	49.47	Riley Warren (Rubidoux)		1992
48.61	Kenneth Anderson (Roosevelt)	2010	49.48	Isaac Cortes (Great Oak)		2016
48.61	*Jalen Jackson (Roosevelt)	2018	49.52	Davonte Williams (Mesa)		2018
48.65	*Jovonte Slater (Vista)	2010	49.54	**Jalen Johnson (Roosevelt)		2017
48.66+	Art Gilmore (Poly)	1956	49.55	Maxx Mills (Great Oak)		2009
48.69	Matt Tyson (Roosevelt)	2012	49.56	Rasaun House (Rancho Verde)		2017
48.69	Winston Sterling (Valley View)	2012	49.57	Derek Banks (Rubidoux)		1992
48.70	Chauncey Young (North)	1997	49.58	*Kyle Garner (Vista)		2012
48.70	Claudell Walter (North)	1999	49.58	Travis Thomas (King)		2013
48.72	*Cole Dubots (Vista)	2016	49.58	**Donovan Nelson (La Sierra)		2018
48.75+	Dan Gormley (Ramona)	1964	49.59	** Thomas Graham (Roosevelt)		2015
48.77	*Brett Moulton (Santiago)	2012	49.60	William Warner (Linfield)		2017
48.80	David Williams (Elsinore)	2009	49.60	*Jarett Carter (Heritage)		2014
48.81	Lew Dunn (North)	1982	49.61	Fabbian Bodden (Great Oak)		2017
48.81	Phil Griggs (King)	2017	49.62	*Solomon Ponomarev (Lakeside)		2014
48.83	Thomas Long (Corona)	1994	49.64	Alexander (Corona)	49.8y	1969
48.85+	Roger Aldridge (North)	1967	49.65+			

49.65+	Bob Gates (Banning)	49.8y	1986	50.20	Cristian Johnes (Roosevelt)	2016
49.65	Jason Carodine (Moreno Valley)		1999	50.21	Tyler MacDonald (Beaumont)	2010
49.67	Frank Fleming (Perris)		1995	50.21	Luke Cunningham (Woodcrest Christian)	2011
49.67	Jarrett Carter (Heritage)		2015	50.21	***Menelik Israel (Norco)	2018
49.68	Adam Winding (Heritage)		2016	50.22	Justin Martinez (Rancho Verde)	2013
49.69	Nat Tucker Corona)		1983	50.22	* Christopher Byers (Roosevelt)	2014
49.71	Nate Koch (Temecula)		2005	50.24c	Shawn Casteel (Rubidoux)	50.1 1991
49.74c	Charles Denton (West Valley)	49.6	2005	50.24c	Joel Casillas (Rancho Verde)	50.1 2008
49.74	Max Mills (Great Oak)		2007	50.24	Pierre Harris (San Jacinto)	2015
49.74	Mohsin Sabrin (King)		2016	50.25+	Johnny James (Perris)	50.4y 1964
49.75+	Don Lebow (North)	49.9y	1970	50.25+	Daniel (Hemet)	50.4y 1975
49.79	*Tyler Slavin (Roosevelt)		2009	50.25+	Wilcox (Penis)	50.4y 1980
49.79	Austen Salcedo (Mesa)		2016	50.26	*Domanick Murray (Palm Springs)	2016
49.80	Michael Lyles (Rancho Verde)		2013	50.26	**Liam Carr (Palm Springs)	2018
49.81	Robbie Edwards (Hemet)		1990	50.27	Kephyan Sheppard (Palm Springs)	1996
49.81	Evan White (Great Oak)		2013	50.27	Jacob Roth (Santiago)	2004
49.81	Bakari Fant (Rancho Verde)		2008	50.27	Bernard Quinn (Vista)	2012
49.82	Anthony Spencer (Vista del Lago)		2006	50.27	**Elijah Richards (Chaparral)	2018
49.81	Caleb Miller (Canyon Springs)		2010	50.28	Jason Watkins (Arlington)	1995
49.82	*Dre McIntosh (Great Oak)		2012	50.28	Dino Sloan (La Sierra)	2010
49.82	Leran Hutchings (Roosevelt)		2011	50.29	Aaron Anderson (North)	1989
49.83	Randy Bishop (Canyon Springs)		1993	50.29	Joe Kaylor (Paloma Valley)	2009
49.83	Jose Cancholla (Indio)		1999	50.29	*Alex Larson (Linfield)	2013
49.84c	Nick McCullom (Perris)	49.7	1998	50.29	Ethan Hemminger (Great Oak)	2018
49.84	Wesley Smith (Notre Dame)		2016	50.30	Cole Debots (Vista)	2017
49.85+	Willis Jones (Poly)	50.0y	1955	50.31	Bryan Payne (Elsinore)	2018
49.86	*Caleb Miller (Canyon Springs)		2009	50.32	Erik Dvoran (Rancho Verde)	2003
49.87	Tyler Moss (Moreno Valley)		2017	50.32	Talmadge Jackson (Temecula)	2006
49.90	Brian Coan (Poly)		2006	50.32	Anthony Ceja (Perris)	2012
49.90	Willie Contreras (North)		2011	50.33	Charles Ntekim (Murrieta)	2003
49.90	Arnie Quintanilla (Valley View)		2016	50.34	Jeremy Marino (Great Oak)	2012
49.93	Andy Woods (North)		1983	50.34	Jamari Jackson (Temecula)	2018
49.93	Kenny Anderson (Roosevelt)		2010	50.35+	Miller (Palm Springs)	50.5y 1965
49.95+	Danny Frey (Corona)	50.1y	1954	50.35+	Watson (Palo Verde)	50.5y 1973
49.95+	Daniel (Hemet)	50.1y	1976	50.35+	Conterras (Coachella)	50.5y 1973
49.95+	Austin (Perris)	50.1y	1979	50.36	Talmadge Jackson (Chaparral)	2005
49.96	Dante Holland (North)		2008	50.36	*Joe Quinonez (Elsinore)	2010
49.96	Lazaro Marin (Roosevelt)		2015	50.37	Andre Bernard-Joseph (Roosevelt)	2015
49.99	Alex Barvinski (Canyon Springs)		1999	50.37	**Tyler Moss (Moreno Valley)	2016
49.99	Allen Young (Temescal)		2006	50.38	John Ramirez (Norco)	2016
49.99	Jermarcus Tate (Mesa)		2018	50.39	Will Jerkins (Rancho Verde)	2006
50.00	* A'Mari Howland (Canyon Springs)		2014	50.40	Marvin Epps (King)	2010
50.01	James Rodriguez (Palm Springs)		2014	50.41	*Josh Wilcox (Roosevelt)	2018
50.01+	Johnson (Palo Verde)	50.30y	1978	50.42	*Roshard Williams (Roosevelt)	2016
50.02+	Coleman (Palm Springs)	50.2y	1976	50.44c	Jeremiah Willies (Perris)	50.3 2002
50.02	Mark Krause (Nome Dame)		1981	50.44c	Sterling Winston (Valley View)	50.3 2011
50.04c	Walker (Ramona)	49.9	1970	50.45	Jose Hernandez (Norte Vista)	1993
50.04c	Derek Gordon (Canyon Springs)	49.9	1991	50.45	Daniel Smith (Chaparral)	2018
50.04	Quentin Galloway (JW North)		2014	50.46	Rashad Bracy (Arlington)	1998
50.05+	Tony DeWitt (Indio)	50.2y	1984	50.46	Rendall Jacob (Vista)	2008
50.05	* Kevin Hatchet (Great Oak)		2014	50.47	Jermaine Johnson (San Jacinto)	1996
50.05+	Fair (Corona)	50.2y	1978	50.48	Patrick Daniels (Paloma Valley)	2008
50.06	Jordan Randolph (Valley View)		2014	50.49	Joey Delgado (Coachella Valley)	2003
50.06	*Jackson Taylor (Roosevelt)		2017	50.49	*Travion Brown (Linfield)	2018
50.07	Bryan Phan (Mesa)		2015	50.52	Greg Hollingsworth (Temecula)	2001
50.07	Fabian Bodden (Great Oak)		2018	50.53	Alberto Zatarain (Palm Springs)	2007
50.08	Eric Green (Norco)		1991	50.33	Steve Norton (La Sierra)	2008
50.09	Josh Potter (Murrieta)		2009	50.50	Nelson Quintana 9Great Oak)	2016
50.10	Erick Ramos (Hemet)		2015	50.51	Isaiah Thomas (Indio)	2014
50.10	*Ezekiel Armstrong (Temecula Valley)		2017	50.54c	Kenny Johnson (Canyon Springs)	50.4 1990
50.11	Adelou Adefouora (Roosevelt)		2018	50.54c	Matt Stanford (Poly)	50.4 2002
50.12	*Justin Martinez (Rancho Verde)		2012	50.54	Chris Taylor (Perris)	2006
50.13	Jayson Boyd (North)		2001	50.54	Paul Robertson (Rancho Verde)	2007
50.13	Joel Casillas (Rancho Verde)		2007			
50.15+	John Laster (Palm Springs)	50.3y	1955			
50.15+	Gary Smith (Hemet)	50.3y	1965			
50.15+	Richard Grout (North)	50.3y	1972	1:48.56	Immanuel Hutchinson (San Jacinto)	2011
50.15	Xavier Thomas (Indio)		2012	1:50.20	Isaac Cortes (Great Oak)	2016
50.16	Mike Howe (North)		1981	1:50.62	Nelson Quintana (Great Oak)	2016
50.16	Cavan Bluiitt (Rancho Verde)		2015	1:51.51	**Brett Moulton (Santiago)	2011
50.16	Xavion Steele (Tahquitz)		2015	1:51.56	* Jeremiah Bias (Vista del Lago)	2014
50.17	Chaio Winters (Santiago)		2015	1:51.59	Ruben Danielson (Rancho Verde)	2010
50.17	Jeremiah Bias (Vista del Lago)		2015	1:51.76	Isaiah Thompson (Sherman Indian)	2013
50.19	Ahmed El-Daggeg (Beaumont)		2002	1:51.78	Kevin Gonzalez (Vista)	2012
50.20	CJ Walsh (Vista)		2013	1:51.81	*Ray Noble (Valley View)	2010

1:51.83	Robert Frichtel (Hemet)	1996	1:56.30	Irving Moreno (Poly)	1998
1:51.87	*Emmanuel Ngula (Vista del Lago)	2008	1:56.34	Joseph Jauregui (Valley View)	2012
1:51.95	Cobie Chavez (Temescal Canyon)	2015	1:56.37	Carlos Cota (Indio)	1981
1:52.12	Omar Solis (Vista)	2013	1:56.4+	Jeffredo (Coachella)	1:57.1y 1977
1:52.47	Edgar Cobian (La Sierra)	2012	1:56.41	Frank Lemus (Coachella)	1992
1:52.53	Troy Collins (Hemet)	1989	1:56.43	Spencer Knight (La Sierra)	2007
1:52.63	Nathan Torres (King)	2013	1:56.43	Jacob Korgan (Great Oak)	2018
1:52.7+	Elmore Ohly (Coachella)	1:53.4y 1962	1:56.44	Carlos Duran (Vista)	2009
1:52.71	Porter Reddish (Vista)	2013	1:56.55	John Baldaray (Arlington)	1997
1:52.77	**Edgar Cobian (La Sierra)	2010	1:56.55	Jeremiah Bias (Vista del Lago)	2015
1:52.8	Jesse Cota (Coachella)	1980	1:56.57	*David Spangler (Hemet)	2011
1:52.82	Josh Silva (Corona)	2015	1:56.66	Thomas Polhill (Temecula)	2006
1:53.10	*Steve Norton (La Sierra)	2007	1:56.67	Brian Harris (Murrieta)	2004
1:53.2+	David Edds (Banning)	1:53.9y 1976	1:56.68	Tyler MacDonald (Beaumont)	2010
1:53.21	Jackson Taylor (Roosevelt)	2018	1:56.70	Tyler Rackleff (Great Oak)	2010
1:53.22	Michael Hewitt (Great Oak)	2012	1:56.73	Dustin Russell (Temecula)	2002
1:53.28	Ian Ritchie (Murrieta)	2003	1:56.80	Chris Gonzalez (Perris)	1981
1:53.33	Raul Arcos (Corona)	2008	1:56.82	Darval Jackson (JW North)	2016
1:53.38	Raul Serratos (Moreno Valley)	1986	1:56.83	Kyle Pendleton (Santiago)	2018
1:53.42	Dontell Holland (North)	2009	1:56.9	Marco Zaragoza (Vista del Lago)	2011
1:53.43	*Nelson Quintana (Great Oak)	2015	1:56.91	Matt Kern (La Sierra)	2002
1:53.62	Clint Coon (Hemet)	1997	1:56.91	Nelson Maravilla (Desert Hot Springs)	2004
1:53.7+	Wayne Lemmons (Poly)	1:54.4y 1956	1:56.92	James Hawkins (Palm Desert)	2006
1:53.98	Brandon Shaw (Rancho Verde)	1999	1:56.97	*David Luna (Indio)	2013
1:54.0+	Monty Felix (Poly)	1:54.7y 1966	1:56.98	Alex Orozco (La Quinta)	2013
1:54.08	Joel Cota (Indio)	2003	1:57.0+	Sinclair (Perris)	1:57.7y 1935
1:54.39	Aaron Potts (Roosevelt)	2012	1:57.01	Carlos Ortega (Vista)	2007
1:54.42	Enrique Villa (Corona)	2017	1:57.02	Andrew Bengtswon (Poly)	2017
1:54.45	Christian Rojas (Canyon Springs)	2004	1:57.03	Jovani Hernandez (Canyon Springs)	2010
1:54.60	*Willie Coleman (Vista)	2018	1:57.15	Solomon Demeko-Ousman (Heritage)	2014
1:54.66	Mike O'Boyle (Hemet)	1986	1:57.15	*Carlos Carvajal (Great Oak)	2017
1:54.68	Dylan Knight (La Sierra)	2006	1:57.17	Erick Juarez (Norte Vista)	2015
1:54.75	Doug Frichtel (Hemet)	1995	1:57.17	Donovan Miller (Vista)	2017
1:54.79	Spencer Dodds (Great Oak)	2016	1:57.19	Brad Baldwin (Centennial)	1998
1:54.86	Casey Cruz (La Quinta)	2016	1:57.22	Austin Mckell (King)	2010
1:54.89	*Caleb Potts (Roosevelt)	2009	1:57.23	Nick Childers (Great Oak)	2009
1:54.9+	Larry Dean (Moreno Valley)	1:55.6y 1978	1:57.24	Andre Brown (Canyon Springs)	2002
1:54.95	Andrew Nevarez (Cathedral City)	2017	1:57.29	Danny Guy (La Sierra)	2002
1:54.98	Julian Robles (Roosevelt)	2017	1:57.3+	Richard Grout (North)	1:58.0y 1972
1:55.05	*Kyle Pendleton (Santiago)	2017	1:57.3+	Escarsega (Perris)	1:58.0y 1979
1:55.07	Ricardo Villalobos (Ramona)	1995	1:57.31	*Gavin Korby (Great Oak)	2017
1:55.09	David Branch (Woodcrest Christian)	2007	1:57.32	Kevin Vega (San Jacinto)	2011
1:55.09	Parker Wallace (La Quinta)	2018	1:57.33	Ryan Rigali (Great Oak)	2010
1:55.1+	Mark Fricker (Hemet)	1:55.8y 1978	1:57.34	**Julian Robles (Roosevelt)	2015
1:55.10	Solomon Fountain (Great Oak)	2017	1:57.35	Brett Campfield (Temecula)	2004
1:55.11	Alex Aguilar (Norte Vista)	1991	1:57.35	*Andrew Nevarrez (Cathedral City)	2016
1:55.14	Andrew Boebinger (King)	2016	1:57.37	**Chris Verdugo (Great Oak)	2018
1:55.24	*Nick Doan (Great Oak)	2014	1:57.39	Armando Lerma (Indio)	1993
1:55.30	Jaleel Turner (Rancho Verde)	2017	1:57.4+	Peyton (Beaumont)	1:58.1y 1973
1:55.36	Ryan R Tienke (Poly)	2006	1:57.4+	M. Lewis (Perris)	1:58.1y 1974
1:55.37	Jared Angle (Vista)	2018	1:57.40	Jose Rodriguez (Rancho Verde)	2002
1:55.40	Ricardo Cardena (JW North)	2016	1:57.40	Trevor Smith (Arlington)	2008
1:55.44	David Ramirez (Rubidoux)	1991	1:57.46	Julian Hernandez (Corona)	2012
1:55.5+	John Burns (Ramona)	1:56.2y 1965	1:57.51	*Carlos Ortega (Vista)	2008
1:55.51	Kellen Acosta (Murrieta)	2003	1:57.51	Isaiah Madrigal (Roosevelt)	2017
1:55.54	Eric Larios (Corona)	2006	1:57.57	Brandon Berz (King)	2013
1:55.54	Abner Salvador (Great Oak)	2014	1:57.6	Tony Croson (Temescal)	2000
1:55.61	Scott Gardner (Arlington)	1984	1:57.60	Cole Spencer (Great Oak)	2016
1:55.66	Carlos Facio (Corona)	1995	1:57.61	*Dylan Woodward (Centennial)	2018
1:55.70	Juan Saucedo (North)	1998	1:57.62	*Grayson Boyce (Great Oak)	2018
1:55.74	Scott Breithaupt (Murrieta)	2003	1:57.66	Andrew Lazelle (Great Oak)	2018
1:55.78	Tyler Owen (Vista)	2009	1:57.69	**Branden Randall (Roosevelt)	2013
1:55.81	Juan Canchola (Indio)	1999	1:57.7+	J. Cooke (Corona)	1:58.4y 1966
1:55.89	Fernando Cerda (Corona)	2010	1:57.71	Tim Lumpkin (Murrieta Valley)	1998
1:56.00	Abel Tijerina (Indio)	2011	1:57.71	Matt Gluck (Murrieta Valley)	1999
1:56.00	Tyler Janes (King)	2016	1:57.71	Raymon Ornelas (Roosevelt)	2018
1:56.05	Andy Perezchica (Cathedral)	2003	1:57.72	Stefon Young (Palm Springs)	2010
1:56.14	Jeff Green (Temecula)	2000	1:57.72	Jonathan Lopez (Roosevelt)	2009
1:56.16	*Garrett Mullennix (Vista)	2013	1:57.76	*Casey Cruz (La Quinta)	2015
1:56.18	Junior Rodriguez (Rancho Verde)	2003	1:57.77	Chris Layman (Corona)	2000
1:56.25	Angel Sigeti (Murrieta)	2008	1:57.77	Noe Ramirez (Vista)	2009
1:56.28	David Haskell (Elsinore)	1989	1:57.77	*Freddy Martinez (Perris)	2015
1:56.28	Bennett Harris (Chaparral)	2011	1:57.78	Nick Skillern (Palm springs)	2011
1:56.29	Josh Mejia (Perris)	2005	1:57.81	*James Williams (Vista del Lago)	2013
1:56.3+	LeRoy Weed (Coachella)	1:57.0y 1938	1:57.8+	Barron (Coachella)	1:58.5y 1973

1:57.82	Tony Jones (North)		1985	4:01.29	Irvin Moreno (Poly)		1997
1:57.84	Mario Salazar (Indio)		2016	4:01.71	Jerry Toussaint (Norco)		1985
1:57.85	Steve Gladwell (Norco)		1990	4:02.36	Alfonso Ibane (Arlington)		1996
1:57.87	Cliff Curtis (Elsinore)		1991				
1:57.87	*Danny Aquino (Mesa)		2013				
1:57.87	Andrew Boebinger (King)		2014				
1:57.90	Stehen Foster (Poly)		2005				
1:57.93	Brandon Kerr (Canyon Springs)		1989	4:04.01	Isaac Cortes (Great Oak)		2016
1:57.97	Alex Cisneros (Poly)		2012	4:04.33	Tyler Janes (King)		2016
1:57.98	Joey Sanchez (Valley View)		2018	4:06.4+	Mark Fricker (Hemet)	4:07.9y	1977
1:57.99	Drew Dalton (Vista)		2010	4:05.47	Spencer Dodds (Great Oak)		2016
1:58.0	Anthony Adamucci (Temecula)		2002	4:07.50+	Raul Arcos (Corona)	4:08.94y	2008
1:58.02	Aurelio Roman (Temecula)		1994	4:08.74	Cole Spencer (Great Oak)		2016
1:58.03	Oscar Pallido (Perris)		2003	4:09.58	Spencer Knight (La Sierra)		2006
1:58.09	Parker Schamun (Vista)		2010	4:09.88	Dylan Knight (La Sierra)		2006
1:58.10	*Chase Williams (Corona)		2009	4:10.28	*Solomon Fountain (Great Oak)		2016
1:58.11	Benard Njuki (Roosevelt)		2011	4:10.32	Robert Frichtel (Hemet)		1996
1:58.16	Supervoid Mack (Citrus Hill)		2012	4:10.63	Karson Fronk (Great Oak)		2011
1:58.18	*** Solomon Fountain (Great Oak)		2014	4:11.41	Raul Serratos (Moreno Valley)		1987
1:58.18	Brandon Randall (Roosevelt)		2015	4:11.45	* Nicholas Doan (Great Oak)		2014
1:58.21	Dylan Owen (Vista)		2015	4:11.57	Nick Woolf (Roosevelt)		2012
1:58.25	Chris Malloy (Vista)		2015	4:11.88	Solomon Fountain (Great Oak)		2017
1:58.29	*Jason Spatter (Corona)		2015	4:11.91	*David Luna (Indio)		2013
1:58.29	**Edgar Lizarraga (Mesa)		2018	4:11.93+	Lane Werley (King)	4:13.41y	2011
1:58.32	Kevin Norton (Norte Vista)		2003	4:12.77	Porter Reddish (Vista)		2013
1:58.32	Carlos Carvajal (Great Oak)		2018	4:13.18	Aaron Potts (Roosevelt)		2012
1:58.33	Jared Drinkard (La Sierra)		2009	4:13.43	Kyle Warrick (Roosevelt)		2013
1:58.34	*Elvis Rojas (Beaumont)		2018	4:13.6+	Larry Conard (Corona)	4:15.1y	1966
1:58.35	*Tyler Janes (King)		2015	4:13.92	Carlos Carvajal (Great Oak)		2018
1:58.37	*Stefon Young (Palm Springs)		2009	4:13.98	Brett Campfield (Temecula)		2004
1:58.37	Evan Renck (Poly)		2014	4:14.30	Edgard Villa (Vista)		2018
1:58.38	Brandon Joseph (Poly)		2015	4:14.50	Joel Cota (Indio)		2003
1:58.38	William Warner (Linfield)		2017	4:14.70	Cruz Gallegos (Centennial)		1992
1:58.4	Rick Hormel (Hemet)		1986	4:14.73	Brandon Messerly (Great Oak)		2012
1:58.4	Isaac Delgado (Vista)		2016	4:14.78	* Cobie Chavez (Temescal)		2014
1:58.40	*Israel Echeverria (Corona)		2018	4:15.01	Gavin Korby (Great Oak)		2018
1:58.41	Zach Selgado (Chaparral)		2004	4:15.44	Noe Ramirez (Vista)		2008
1:58.42	Ian Ritchie (Murrieta Valley)		2002	4:15.55	Victor Delgado (Beaumont)		2009
1:58.44	*Zachery Falcon (Temescal Canyon)		2016	4:15.82	Raymon Ornelas (Roosevelt)		2018
1:58.47	Jimmy Gauger (Corona)		2012	4:15.88+	Matt Kern (La Sierra)	4:17.36y	2002
1:58.47	* Austin Chavez (Palm Springs)		2014	4:16.18	Drew Dalton (Vista)		2010
1:58.50	Stephan May (Great Oak)		2007	4:16.37+	Emmanuel Ngula (Vista del Lago)	4:17.86y	2009
1:58.50	Allen McBride (Arlington)		2008	4:16.38	Nelson Quintana (Great Oak)		2016
1:58.51	John Nelson (Arlington)		1984	4:16.47	Andrew Boebinger (King)		2016
1:58.51	Andrew Ramirez (Corona)		2014	4:16.49+	Erik Gonzalez (Rubidoux)		2017
1:58.53	**Trevor Nguru (Rancho Verde)		2017	4:16.56	Trevor Woodward (Centennial)		2018
1:58.55	Stephen Foster (Poly)		2004	4:17.07	Steve Norton (La Sierra)		2008
1:58.56	Willie Contreras (North)		2011	4:17.20	Alfonso Ibarra (Arlington)		1996
1:58.57	Geron Craig (Corona)		2005	4:17.43	Kellen Acosta (Murrieta)		2003
1:58.57	Matt Smith (Vista)		2013	4:17.47	**Chris Verdugo (Great Oak)		2018
1:58.58	*Kyle Warrick (Roosevelt)		2012	4:17.63	Vincent Martinez (Chaparral)		2018
1:58.58	** Carlos Moya (Roosevelt)		2014	4:17.94	Jake Jeanson (Woodcrest Christian)		2009
1:58.60	Justin Miller (Centennial)		1997	4:18.01	*Nathan Torres (King)		2012
1:58.60	Blake Dieda (Murrieta Valley)		2005	4:18.13	Kyle Pendleton (Santiago)		2018
1:58.6+	Leon Gilmore (Poly)	1:59.3y	1954	4:18.14	Edgar Cobian (La Sierra)		2012
1:58.61	Bryan Covington (Great Oak)		2007	4:18.35	Brandon Randell (Roosevelt)		2015
1:58.61	Wayne Richards (Roosevelt)		2018	4:18.49	*Michael Gauger (Corona)		2010
1:58.62	Shawn Williams (Great Oak)		2017	4:18.83	Isaiah Thompson (Sherman Indian)		2013
1:58.63	Jesse Brooks (Woodcrest Chr)		2010	4:18.67	Josh Mejia (Perris)		2005
1:58.65	Danny Guy (La Sierra)		2003	4:18.79	Tony Robinson (Great Oak)		2016
1:58.66	Segos Manyo (Indio)		2003	4:18.8	Marco Zaragoza (Vista del Lago)		2011
1:58.7+	Stoud (Perris)	1:59.4y	1920	4:18.9+	Mike Melendez (Norco)	4:20.4y	1979
1:58.7	Erik Gilbert (Norte Vista)		1994	4:18.91	Enrique Villa (Corona)		2017
1:58.73	Heladio Sanchez (Paloma Valley)		2002	4:18.94	Juan Ambriz (JW North)		2016
1:58.73	*Garrett Vasta (King)		2018	4:18.99	Irvin Moreno (Poly)		1997
1:58.73	Matthew Lieberman (Roosevelt)		2018	4:19.02	Jerry Toussaint (Norco)		1985
				4:19.06	Chris Malloy (Vista)		2015
				4:19.13	Chris Layman (Corona)		2000
				4:19.19	*Gavin Korby (Great Oak)		2017
				4:19.33	Chase Welch (Vista)		2008
				4:19.52	Ryan Jones (Great Oak)		2016
				4:19.61+	**Kevin Ramos (Rubidoux)		2017
				4:19.81	Alex Zamora (Coachella)		1989
				4:19.81	Matt Brown (Corona)		1996
				4:19.84	Alec Hall (Norco)		2016

1600 meters

1500 meters

3:50.6	Mark Fricker (Hemet)		1977				
3:52.89	Raul Serratos (Moreno Valley)		1986				
3:56.09	Robert Frichtel (Hemet)		1996	4:19.61+	**Kevin Ramos (Rubidoux)		2017
3:57.29	Joel Cota (Indio)		2003	4:19.81	Alex Zamora (Coachella)		1989
3:59.0'	Cruz Gallegos (Centennial)		1992	4:19.81	Matt Brown (Corona)		1996
4:00.4	Alex Zamora (Coachella)		1989	4:19.84	Alec Hall (Norco)		2016

4:19.84	*Tyler Tickner (Great Oak)		2018	4:23.99	Chase Williams (Corona)		2009
4:19.85	Isaiah Gonzalez (Shadow Hills)		2018	4:24.00	Ryan Gallagher (Temecula)		1997
4:19.87	*Mario Salazar (Indio)		2015	4:24.0	Robert Garcia (Canyon Springs)		1989
4:20.07	*Omar Solis (Vista)		2012	4:24.2+	Wayne Lemmons (Poly)	4:25.7y	1956
4:20.19	Tyler Huntley (North)		2011	4:24.20	Humberto Guzman (Rubidoux)		2017
4:20.40	*Ray Noble (Valley View)		2010	4:24.22	*Vincent Martinez (Chaparral)		2017
4:20.51	Nelson Maravilla (Desert Hot Springs)		2004	4:24.26	Zach Marx (Santiago)		2006
4:20.59	Sergio Trujillo (Rubidoux)		1988	4:24.26	*Jared Angle (Vista)		2017
4:20.62	Jonathan Lopez (Roosevelt)		2009	4:24.27	Owen Tyler (Vista)		2008
4:20.66	Noah Nevins (Great Oak)		2018	4:24.36	**Gabriel Abbes (Great Oak)		2018
4:20.71	David Haskell (Elsinore)		1989	4:24.41	* Gilbert Robles (Corona)		2014
4:20.74	Tristian Sylva (Paloma Valley)		2017	4:24.43	Andres Delgado (Beaumont)		2016
4:20.9	Andy Marshall (Temecula)		1990	4:24.50	*AJ Hutchinson (Canyon Springs)		2001
4:20.95	Oscar Ayala (Great Oak)		2014	4:24.53	Connor Pastoor (Murneta Valley)		2007
4:20.98	Patrick Milloy (Murrieta Valley)		2005	4:24.54	*Wayne Richards (Roosevelt)		2017
4:21.01	Antonio Jimenez (Rubidoux)		2003	4:24.70	**Omar Caro (Norte Vista)		2011
4:21.01	Andrew Nevarez (Cathedral City)		2017	4:24.76	Kevin Vega (San Jacinto)		2010
4:21.07+	Kaden Lapham (Great Oak)	4:22.59y)	2013	4:24.79	Ian Enriquez (Corona)		1994
4:21.18	Shawn Sleeper (Paloma Valley)		2013	4:24.92	Jonathan Carrillo (Shadow Hills)		2012
4:21.18	* Josh Silva (Corona)		2014	4:24.94	Jaleel Turner (Rancho Verde)		2017
4:21.20	*Alex Orozco (La Quinta)		2012	4:25.01	Jose Blanco Canyon Springs)		2006
4:21.23	*Ryan Shields (Great Oak)		2018	4:25.04	Cliff Curtis (Elsinore)		1992
4:21.25	Anthony Adamuci (Temecula)		2002	4:25.04	Beto Larias (Beaumont)		2003
4:21.3	Brandon Kerr (Canyon Springs)		1989	4:25.12	Angel Guerrero (Rancho Verde)		2002
4:21.40	Isaiah Madrigal (Roosevelt)		2017	4:25.18	Jared Forte (Elsinore)		2011
4:21.42	*Garrett Vasta (King)		2018	4:25.2	Rick Hormel (Hemet)		1986
4:21.46	Brenden Emery (Great Oak)		2012	4:25.23	Tanner Long (Mesa)		2013
4:21.5+	Martin (Ramona)	4:23.0y	1974	4:25.26	Immanuel Hutchinson (San Jacinto)		2011
4:21.5+	Casey Perley (Indio)	4:23.0y	1978	4:25.26	Zack Castor (Paloma Valley)		2014
4:21.57	Julian Hernandez (Corona)		2012	4:25.35	Brandon Berz (King)		2013
4:21.82+	Casey Cruz (La Quinta)		2016	4:25.36	Matt Phares (Canyon Springs)		2008
4:21.82	*Kevin Ramos (Rubidoux)		2018	4:25.38	Victor Ortiz (Rubidoux)		2003
4:21.92	*John Hernandez (Vista)		2012	4:25.40	Mark Castro (North)		1982
4:21.98	David Luna (Indio)		2014	4:25.40	Jack Balder (Great Oak)		2013
4:22.05	** Robbie Gleason (Great Oak)		2014	4:25.42	Thomas Polhill (Temecula)		2006
4:22.10	Marcos Villa (Santiago)		2018	4:25.52	Julian Lopez (Roosevelt)		2009
4:22.19	Michael Munoz (Murrieta Valley)		2005	4:25.52	*Ruben Danielsen (Rancho Verde)		2009
4:22.28	**Raul Chavez (Roosevelt)		2018	4:25.53	Joshua Massey (Santiago)		2010
4:22.29	Rondie Gibbs (Rubidoux)		1994	4:25.55	*Jeomar Muro (Vista)		2012
4:22.34	Troy Collins (Hemet)		1989	4:25.60	Jesus Lopez-Martinez (Indio)		2016
4:22.43	* Austin Chavez (Palm Springs)		2014	4:25.67	Joey Cornejo (Indio)		2001
4:22.54	Evan Dougherty (La Quinta)		2012	4:25.69	Jesse Brooks (Woodcrest Chr)		2010
4:22.59	Chris Sanchez (Indio)		2010	4:25.7	Carlos Handler (Temescal)		1999
4:22.7	James Pendergraph (Norte Vista)		1991	4:25.71	Kevin Arnold (Murrieta Valley)		2001
4:22.76	Robert Frost (Hemet)		1996	4:25.75	Mueen Ghoury (Rubidoux)		2011
4:22.76	Hector Hernandez (Canyon Springs)		2014				
4:22.77	*Tyler Huntley (North)		2010	3000 meters			
4:22.78	Antonio Carbajal (Chaparral)		2018	8:28.8'	Cruz Gallegos (Centennial)		1992
4:22.81	*Garrett Mullennix (Vista)		2013	8:32.85	Antonio Jimenez (Rubidoux)		2003
4:22.86	Michael Garcia (Great Oak)		2016	8:37.4'	Rondie Gibbs (Rubidoux)		1994
4:22.93	Carlos Ramirez (King)		2015	8:44.5	Steve Strehlow (Norco)		1982
4:22.96	Troy Nelson (La Sierra)		1985	8:44.7	Marco Ocequera (Rubidoux)		1989
4:22.96	Daniel Gonzalez (King)		2016	8:44.9	Raul Serratos (Moreno Valley)		1985
4:23.01	Noah Macias (Cathedral City)		2015	8:46.32	Patrick Swick (Chaparral)		2003
4:23.09	*Aaron Potts (Roosevelt)		2011	8:46.81	Chris Layman (Corona)		2000
4:23.18	Wesley Bowen (Great Oak)		2016	8:46.89	Brett Campfield (Temecula)		2003
4:23.20	Marcos Avila (Beaumont)		1997	8:49.3	Anthony Flores (Murrieta)		1999
4:23.22	Clayton Dunn (Moreno Valley)		2002	8:49.6'	Ryan Gallagher (Temecula)		1997
4:23.23+	*Julian Hernandez (Corona)	4:24.77y	2011	8:50.11	Ian Enriquez (Corona)		1994
4:23.26	Trevor Henson (Paloma Valley)		2011	8:52.2	Simon Mudd (Poly)		1994
4:23.29	*Carlos Delatorre (Patriot)			8:54.0	Koinva (Sherman)		1987
4:23.30	Willy Carillo (Moreno Valley)		1992	8:54.9	Alex Zamora (Coachella)		1989
4:23.38	*Juan Ambriz (JW North)		2015	8:55.89	Alfonso Ibarra (Arlington)		1996
4:23.4+	Ron Bezenah (Rubidoux)	4:24.9y	1978	8:56.3	Aaron Thompson (Norco)		1991
4:23.43	*Humberto Gonzalez (Rancho Verde)		2017	8:57.2'	Luis Sandoval (Coachella)		1992
4:23.48	Alex Lopez (Great Oak)		2013	8:58.05	Nicholas Jacaques (Hemet)		1997
4:23.54	Jeremy Romero (Heritage)		2016	8:59.1	Joe Vickers (Moreno Valley)		1985
4:23.6	Marco Ocequera (Rubidoux)		1989	8:5 9.5'	Rafael Castro (San Jacinto)		1992
4:23.73	*Jacob Korgan (Great Oak)		2017	9:00.48	Manual Andrade (Coachella Valley)		1996
4:23.77	David McDonald (Vista)		2008	9:00.9'	James Pendergraph (Norte Vista)		1991
4:23.81	*Tyler Spencer (Roosevelt)		2017	9:02.3'	Kevin Bean (Norco)		1991
4:23.88	Alan Cuevas (Corona)		2010	9:02.21	Adam Sidoti (La Sierra)		2005
4:23.9	Jacob Korgan (Great Oak)		2018	9:03.4	Hugo Rios (Indio)		1985
4:23.96	*Zachary Castor (Paloma Valley)		2013	9:03.9	Matt Brown (Corona)		1996

9:05.5 Jerry Toussaint (Norco)

3200 meters

8:51.85 Cole Spencer (Great Oak)
 8:53.21 Lane Werley (King)
 8:53.3+ Steve Alvarez (Coachella)
 8:55.20 Spencer Dodds (Great Oak)
 8:56.2+ Mark Fricker (Hemet)
 8:56.93 Tyler Janes (King)
 9:00.28 Isaac Cortes (Great Oak)
 9:02.90 Cruz Gallegos (Centennial)
 9:04.68 *Omar Caro (Norte Vista)
 9:05.16 Antonio Jimenez (Rubidoux)
 9:05.18 Dylan Knight (La Sierra)
 9:05.04 *David Luna (Indio)
 9:05.16 Carlos Carvajal (Great Oak)
 9:05.57 Drew Dalton (Vista)
 9:05.86 Nick Doan (Great Oak)
 9:06.0+ Mike Melendez (Norco)
 9:06.11 Trevor Woodward (Centennial)
 9:06.46 *Kevin Ramos (Rubidoux)
 9:06.59 Noe Ramirez (Vista)
 9:07.09 Spencer Knight (La Sierra)
 9:07.95 Patrick Millo (Murrieta Valley)
 9:08.22 **Raymon Ornelas (Roosevelt)
 9:08.28 Nick Woolf (Roosevelt)
 9:08.39 Erik Gonzalez (Rubidoux)
 9:08.65 Brian Baker (Beaumont)
 9:09.10 *Spencer Dodds (Great Oak)
 9:09.22 Rondie Gibbs (Rubidoux)
 9:09.49 *Tyler Spencer (Roosevelt)
 9:11.69 Marcos Villa (Santiago)
 9:12.86 Branden Randall (Roosevelt)
 9:13.25 Bryce Rausa (Vista)
 9:13.79 Jack Balder (Great Oak)
 9:13.8+ Ralph Gallegos (Coachella)
 9:14.75 Edgard Villa (Vista)
 9:14.79 Brett Campfield (Temecula)
 9:15.63 *Tyler Tickner (Great Oak)
 9:16.12 Ryan Gallagher (Temecula)
 9:16.50 **Gabriel Abbes (Great Oak)
 9:16.77 *Jacob Korgan (Great Oak)
 9:17.91 Alan Cuevas (Corona)
 9:18.08 Jake Jeanson (Woodcrest Christian)
 9:18.09 Gabriel Hernandez (Rubidoux)
 9:18.1 Ian Enriquez (Corona)
 9:18.20 Gavin Korby (Great Oak)
 9:18.22 Tony Robinson (Great Oak)
 9:18.40 *Michael Conart (Woodcrest Christian)
 9:18.68 *Michael Gauger (Corona)
 9:18.84 Marco Ocequera (Rubidoux)
 9:19.49 Raul Arcos (Corona)
 9:19.63 David Aguilar (Corona)
 9:19.88 *Solomon Fountain (Great Oak)
 9:20.04 Trevor Henson (Paloma Valley)
 9:20.96 *Edward Villa (Vista)
 9:21.07 Tyler Janes (King)
 9:21.50 Enrique Villa (Corona)
 9:21.75 Kyle Warrick (Roosevelt)
 9:21.85 Daniel Gonzalez (King)
 9:22.09 **Raul Chavez (Roosevelt)
 9:22.34 Matt Brown (Corona)
 9:22.46 Josh Silva (Corona)
 9:22.50 *Porter Reddish (Vista)
 9:22.74 Mike Munoz (Murrieta Valley)
 9:23.00 David McDonald (Vista)
 9:23.07 Steven Crum (Santiago)
 9:24.12 Jayden Emerson (Hemet)
 9:24.28 David McCutcheon (Murrieta)
 9:24.41 Antonio Carbajal (Chaparral)
 9:24.43 Jonathan Lopez (Roosevelt)
 9:24.5 Anthony Flores (Murrieta)
 9:24.7+ Scott Foreman (Ramona)
 9:24.7 Raul Serratos (Moreno Valley)

1985 9:24.91 Karson Fronk (Great Oak) 2011
 9:25.20 Brett Vogelsang (Beaumont) 2017
 9:25.48 Omar Caro (Norte Vista) 2013
 9:26.13 Kellen Acosta (Murrieta) 2002
 9:26.6+ Charles Rednick (Sherman) 9:29.9y 1978
 9:27.11 Chris Sanchez (Indio) 2010
 8:56.4y 1977 9:27.4 Brandon Messerly (Great Oak) 2012
 2016 9:27.5+ Luis Terronis (Indio) 9:30.8y 1979
 8:59.3y 1977 9:27.63 Julian Lopez (Roosevelt) 2009
 2016 9:27.75 Eddie Carrillo (Great Oak) 2012
 2016 9:27.76 Robert Garcia (Canyon Springs) 1990
 1992 9:27.78 Tyler Spencer (Roosevelt) 2018
 2012 9:27.83 Eric George (Corona) 2014
 2003 9:27.88 Alex Muricio (Rubidoux) 1999
 2007 9:28.0 Carlos Handler (Temescal) 1999
 2013 9:28.01 **Jacob Korgan (Great Oak) 2016
 2018 9:28.30 Juan Ambriz (JW North) 2016
 2010 9:28.52 Kevin Arnold (Murrieta) 2001
 2014 9:28.80 Anthony Merado (Murrieta) 2004
 9:09.2y 1979 9:28.94 Connor Pastoor (Murrieta) 2007
 2018 9:29.08 * Kyle Brown (Elsinore) 2014
 2018 9:29.28 Gus Arce (Corona) 1987
 2009 9:29.34 Julian Hernandez (Corona) 2012
 2006 9:29.35 Chris Layman (Corona) 2000
 2005 9:29.6 Alfonso Ibarra (Arlington) 1996
 2016 9:29.7+ Ron Bezenah (Rubidoux) 9:33.0y 1978
 2012 9:29.91 Joe Casco (King) 2013
 2017 9:29.97 Breden Emery (Great Oak) 2012
 2003 9:30.2+ Mike Lohr (Hemet) 9:33.5y 1976
 2015 9:30.61 Robert Lopez (Santiago) 2013
 1994 9:30.63 ** Robbie Gleeson (Great Oak) 2014
 2017 9:30.82 Irving Moreno (Poly) 1997
 2018 9:30.95 Rick Hormel (Hemet) 1986
 2015 9:31.18+ Jim Walker (Palm Springs) 9:34.51y 1983
 2010 9:31.42 L. Koinva (Sherman) 1987
 2013 9:31.48 Nezanet Woldai (Valley View) 2009
 1970 9:31.6 Joey Pacheco (Canyon Springs) 2001
 2018 9:31.62 *Brandon Berz (King) 2012
 2004 9:31.68 Garrett Williams (Corona) 2012
 2018 9:31.71 * Andres Vizcarra (Beaumont) 2014
 1997 9:31.96 Luis Sandoval (Coachella) 1992
 2018 9:31.62 Kevin Bean (Norco) 1991
 2017 9:32.39 * Liam Brooks (Corona) 2014
 2010 9:32.57 Tyler Huntley (North) 2011
 2009 9:32.58 Christian Rodriguez (Elsinore) 2014
 1998 9:32.73 **Kyle Brown (Elsinore) 2013
 1995 9:32.8+ Jim Winn (Arlington) 9:36.0y 1993
 2018 9:32.81 Joel Cota (Indio) 2003
 2016 9:33.18 Victor Delgado (Beaumont) 2009
 2015 9:33.22 Emilio Nunez (Valley View) 2013
 2010 9:33.27 James Pendergraph (Norte Vista) 1991
 1989 9:33.47 Raefel Castro (San Jacinto) 1992
 2008 9:33.54 Ricardo Nevarez (Cathedral City) 2010
 2013 9:33.79 Uriel Medina (Corona) 2017
 2016 9:33.96 Nicholas Jacques (Hemet) 1997
 2011 9:34.08 Ricardo Rodriguez (Elsinore) 2016
 2017 9:34.29 Dillon Emery (Great Oak) 2014
 2015 9:34.3 Joe Vickers (Moreno Valley) 1985
 2017 9:34.32 Ankur Joshi (Indio) 2007
 2013 9:34.45 **Jared Angle (Elsinore) 2016
 2016 9:34.60 Manual Andrade (Coachella Valley) 1995
 2018 9:35.21 * Luis Ramos (Rubidoux) 2014
 1996 9:35.23 Kaden Lapham (Great Oak) 2013
 2015 9:35.27 Rudy Flores (Ls Sierra) 2016
 2012 9:35.29 Chase Welch (Vista) 2008
 2006 9:35.42 Kevin Chamberlain (Great Oak) 2012
 2008 9:35.70 **Chris Briseno (Heritage) 2016
 2007 9:35.76 Patrick Milloy (Murrieta) 2006
 2015 9:35.82 Aaron Potts (Roosevelt) 2012
 2008 9:36.13 **Michael Sahagun (Roosevelt) 2018
 2018 9:36.34 *Justin Eipp (Great Oak) 2016
 2009 9:36.40 Blake Starbuck (Corona) 2017
 1999 9:36.5+ Steve Strehlow (Norco) 9:39.9y 1982
 9:28.0y 1966 9:36.52 Justin Eipp (Great Oak) 2017
 1985 9:36.58 * Christian Lopez (Vista del Lago) 2014

9:36.66	Evan Dougherty (La Quinta)	2012	14.38	Peter Manu (Vista)	2014
9:36.77	Cyrus Bastani (Corona)	2004	14.41	Ronald Howard (North)	2002
9:36.87	*Trevor Knaus (Vista)	2014	14.41	*Jazz Trice (Chaparral)	2005
9:36.91	Hugo Rios (Indio)	1985	14.42	Chris Johnson (Arlington)	2000
9:37.38	Isaiah Gonzalez (Shadow Hills)	2018	14.42	Jeremy Thornburg (Cathedral City)	2000
9:37.4	Ben Barragon (Valley View)	2011	14.42	Austin Hill (Roosevelt)	2010
9:37.72	**Daniel Alvarez (Patriot)	2017	14.43	Chris Navarro (Vista)	2010
9:37.79	*Kevin Chamberlain (Great Oak)	2011	14.43	Darion Williams (Vista)	2011
9:37.90	Connor Thurmond (Chaparral)	2014	14.44c	Vince Rivas (Coachella)	14.2 1967
9:37.98	*Antonio Carvajal (Chaparral)	2017	14.44c	Stone (Perris)	14.2 1977
9:38.0	Joseph Aguilar (Arlington)	2011	14.44	Jonte Turner (Indio)	2011
9:38.05	Anthony Mercado (Murrieta)	2002	14.45	Tony Crutchfield (North)	2008
9:38.33	Marod Jackson (Chaparral)	2018	14.45	Nick Abboud (King)	2015
9:38.53	Doug Palmer (Beaumont)	2013	14.47	Randy Brown (Canyon Springs)	1998
9:39.0	Adam Sidoti (La Sierra)	2005	14.48	William Brown (Perris)	2005
9:39.08	**Jeremy Beck (Roosevelt)	2013	14.50	Donny Thompson (Canyon Springs)	2004
9:39.51	Michael Hewitt (Great Oak)	2012	14.51	Jon Cooper (Palo Verde)	1999
9:39.64	*Wayne Richards (Roosevelt)	2017	14.51	David Williams (Santiago)	2009
9:39.70	*Hector Hernandez (Canyon Springs)	2013	14.52	Jovan Grady (Rancho Verde)	2002
9:39.77	Pedro Sandoval (Rubidoux)	2014	14.53	Anthony Verret (Perris)	1986
9:39.83	Zach Marx (Santiago)	2006	14.54c	Kelly (Perris)	14.3 1976
9:39.86	*Marco Zaragoza (Vista del Lago)	2010	14.54c	Norris (Coachella)	14.3 1978
9:39.86	Carlos Ramirez (King)	2014	14.54	Avery Anderson (North)	1990
9:39.88	**Victor Urbina (Indio)	2017	14.54	Ryan Woods (La Quinta)	2007
9:39.9	Robert Frost (Hemet)	1996	14.55	Gus Ibarra (La Quinta)	2003
9:39.97	Marcos Avila (Beaumont)	1997	14.58	Mike Powers (Chaparral)	2008
			14.58	Elvis Pompa (Corona)	2014
			14.59	William Shropshire (North)	1988
			14.60	Kenny Shaw (Hemet)	2005
		2003	14.60	Kenny King (Canyon Springs)	2006
			14.60	Duane Soloman (Great Oak)	2012
			14.61	Mike Powers Chaparral	2007
			14.62	Kurt Siebert (Norco)	2000
		2011	14.64c	Larry Prielipp (Corona)	14.4 1964
		2008	14.64c	Steve Mack (Palo Verde)	14.4 1968
		2004	14.64c	K. Jones (Perris)	14.4 1974
		2009	14.64c	Sam Bryant (Palo Verde)	14.4 1983
		2011	14.65	Tyrone Thomson (Ramona)	2001
		2007	14.65	Leandre Butler (Rubidoux)	2003
		2010	14.65	Nick Rack (Vista)	2015
		2013	14.66	Bernard Erby (North)	1982
		2013	14.66	*Reyte Rash (King)	2018
		2009	14.69	Dupree Gant (Centennial)	2002
		2004	14.70	Brian Thompson (Valley View)	2003
			14.71	Derreck Affor (Beaumont)	2016
			14.72	Todd King (Poly)	1984
			14.73	Tom Chatham (Poly)	14.5 1956
		1976	14.74c	Carl Butler (Palo Verde)	14.5 1959
		1979	14.74c	LaRue Palmer (North)	14.5 1970
			14.74c	C. Sweeney (Perris)	14.5 1974
			14.74c	Love (Palo Verde)	14.5 1978
			14.74c	Richie Cox (Palo Verde)	14.5 1984
		2017	14.74	Namar Burton (Vista)	2007
		2016	14.75	Corey Corder (Murrieta)	2009
		2001	14.75	John Cusey (Temecula Valley)	2013
		1972	14.75	**Hunter Escorcía (Vista)	2018
		1974	14.76	Mark McCall (Corona)	1989
		2017	14.76	Mike Graf (Vista)	2012
		1964	14.77	Leran Hutchings (Roosevelt)	2011
		2005	14.78	Bradley Alexander (Canyon Springs)	2015
		2018	14.79	Ben Ijah (Murrieta)	2010
		1981	14.80	Michael Hernandez (Valley View)	2005
		1983	14.80	*Jonte Turner (Indio)	2010
		2006	14.81	Scott Melatti Centennial	2002
		2001	14.82	Phil Martin (Canyon Springs)	2004
		2014	14.82	Chris Lawson (Great Oak)	2007
		1960	14.84c	Neil Smith (Poly)	14.6 1965
		2005	14.84c	Ramon Alvarado (Coachella)	14.6 1979
		2007	14.84c	Ronnell Lawson (Canyon Springs)	14.6 1991
		2012	14.84c	Ehrin Enriquez (Norco)	14.6 1999
		2017	14.84	Anthony Anderson (Canyon Springs)	2007
		1993	14.85	Brett Turnage (Moreno Valley)	2000
		2000	14.85	Orlando Wallace (Cathedral City)	2015
		1970	14.86	Jeremy Burns (Perris)	2005
		2012	14.86	Lucas Anotado (Roosevelt)	2018

3000m Steeplechase

10:18.13 Austin Langlely (La Sierra)

5000 meters

14:31.57	Lane Werley (King)	2011	14.64c	Larry Prielipp (Corona)	14.4 1964
14:56.88	Raul Arcos (Corona)	2008	14.64c	Steve Mack (Palo Verde)	14.4 1968
15:05.24	Cyrus Bastani (Corona)	2004	14.64c	K. Jones (Perris)	14.4 1974
15:09.61	Omar Gonzalez (Centennial)	2009	14.64c	Sam Bryant (Palo Verde)	14.4 1983
15:11.37	Michael Gauger (Corona)	2011	14.65	Tyrone Thomson (Ramona)	2001
15:15.83	Dylan Knight (La Sierra)	2007	14.65	Leandre Butler (Rubidoux)	2003
15:18.76	Alan Cuevas (Corona)	2010	14.65	Nick Rack (Vista)	2015
15:21.78	David Aguilar (Corona)	2013	14.66	Bernard Erby (North)	1982
15:29.97	Joe Casco (King)	2013	14.69	*Reyte Rash (King)	2018
15:46.23	Patrick Mynes (Corona)	2009	14.70	Dupree Gant (Centennial)	2002
15:46.83	Daniel Wilcox (Corona)	2004	14.71	Brian Thompson (Valley View)	2003
			14.72	Derreck Affor (Beaumont)	2016
			14.73	Todd King (Poly)	1984
			14.74c	Tom Chatham (Poly)	14.5 1956
		1976	14.74c	Carl Butler (Palo Verde)	14.5 1959
		1979	14.74c	LaRue Palmer (North)	14.5 1970
			14.74c	C. Sweeney (Perris)	14.5 1974
			14.74c	Love (Palo Verde)	14.5 1978
			14.74c	Richie Cox (Palo Verde)	14.5 1984
		2017	14.74	Namar Burton (Vista)	2007
		2016	14.75	Corey Corder (Murrieta)	2009
		2001	14.75	John Cusey (Temecula Valley)	2013
		1972	14.75	**Hunter Escorcía (Vista)	2018
		1974	14.76	Mark McCall (Corona)	1989
		2017	14.76	Mike Graf (Vista)	2012
		1964	14.77	Leran Hutchings (Roosevelt)	2011
		2005	14.78	Bradley Alexander (Canyon Springs)	2015
		2018	14.79	Ben Ijah (Murrieta)	2010
		1981	14.80	Michael Hernandez (Valley View)	2005
		1983	14.80	*Jonte Turner (Indio)	2010
		2006	14.81	Scott Melatti Centennial	2002
		2001	14.82	Phil Martin (Canyon Springs)	2004
		2014	14.82	Chris Lawson (Great Oak)	2007
		1960	14.84c	Neil Smith (Poly)	14.6 1965
		2005	14.84c	Ramon Alvarado (Coachella)	14.6 1979
		2007	14.84c	Ronnell Lawson (Canyon Springs)	14.6 1991
		2012	14.84c	Ehrin Enriquez (Norco)	14.6 1999
		2017	14.84	Anthony Anderson (Canyon Springs)	2007
		1993	14.85	Brett Turnage (Moreno Valley)	2000
		2000	14.85	Orlando Wallace (Cathedral City)	2015
		1970	14.86	Jeremy Burns (Perris)	2005
		2012	14.86	Lucas Anotado (Roosevelt)	2018

Marathon

2:41.17	Mike Lohr (Hemet)	1976	14.74c	Larry Prielipp (Corona)	14.4 1964
2:43.01	Louie Terrones (Indio)	1979	14.74c	Steve Mack (Palo Verde)	14.4 1968

110m High Hurdles

13.78	Cameron Samuel (Rancho Verde)	2017	14.74c	Richie Cox (Palo Verde)	14.5 1984
13.81	Koty Burton (LaQuinta)	2016	14.74	Namar Burton (Vista)	2007
13.82	Jeff Garrison (North)	2001	14.75	Corey Corder (Murrieta)	2009
13:14c	Dan Jones (Palo Verde)	13.6 1972	14.75	John Cusey (Temecula Valley)	2013
13:84c	Mike Harris (Indio)	13.6 1974	14.75	**Hunter Escorcía (Vista)	2018
13.91	Anthony Easter (Roosevelt)	2017	14.76	Mark McCall (Corona)	1989
13:94c	Roger Moody (Corona)	13.7 1964	14.76	Mike Graf (Vista)	2012
13.97	Robert Williams (Ramona)	2005	14.77	Leran Hutchings (Roosevelt)	2011
13.97	Jaden Ellis (Vista del Lago)	2018	14.78	Bradley Alexander (Canyon Springs)	2015
14.01	Chris Chrisman (Poly)	1981	14.79	Ben Ijah (Murrieta)	2010
14.06	Danny Harris (Perris)	1983	14.80	Michael Hernandez (Valley View)	2005
14.08	Dylan Nielson (Palm Desert)	2006	14.80	*Jonte Turner (Indio)	2010
14.09	Chris Johnson Arlington)	2001	14.81	Scott Melatti Centennial	2002
14.13	*Tony Atkins (Heritage)	2014	14.82	Phil Martin (Canyon Springs)	2004
14.14c	Robert Bonds (Poly)	13.9 1960	14.82	Chris Lawson (Great Oak)	2007
14.14	Brandon Howard (La Sierra)	2005	14.84c	Neil Smith (Poly)	14.6 1965
14.16	Ken Shaw (San Jacinto)	2007	14.84c	Ramon Alvarado (Coachella)	14.6 1979
14.27	Kiethyon Moten (Indio)	2012	14.84c	Ronnell Lawson (Canyon Springs)	14.6 1991
14.31	Dillon Lay (King)	2017	14.84c	Ehrin Enriquez (Norco)	14.6 1999
14.32	Bruce Dunams (North)	1993	14.84	Anthony Anderson (Canyon Springs)	2007
14.32	Jason Williams (Notre Dame)	2000	14.85	Brett Turnage (Moreno Valley)	2000
14.34c	Will Ector (Palo Verde)	14.1 1970	14.85	Orlando Wallace (Cathedral City)	2015
14.37	Darion Williams (Vista)	2012	14.86	Jeremy Burns (Perris)	2005
			14.86	Lucas Anotado (Roosevelt)	2018

14.89	Aaron Paisley (Murrieta Valley)	2013	14.99	John Cusey (Temecula Valley)	2013
14.90	Sam Jeter (King)	2007			
14.91	Micahel Games (Norte Vista)	1997			
14.93	Stone O'Reily (Hemet)	1997			
14.93	Matthew Kirkendall (Heritage)	2013			
14.93	Teryan Brown (Tahquitz)	2015			
14.94c	Taylor (North)	14.7			
14.94c	Hamilton (Palm Springs)	14.7			
14.94c	George Woods (Rubidoux)	14.7			
14.94c	Clarence Hogan (North)	14.7			
14.94	Joran Bean (Palo Verde)	2000			
14.94	Jose Castellon (Rubidoux)	2017			
14.95	Josh Jeter (King)	2012			
14.97	Tony Torres (Santiago)	2009			
14.97	Soloman Ijah (Murrieta Valley)	2011			
14.97	Sammy Roberts (Beaumont)	2014			
14.98	Casey Zimmerman (Temecula)	1998			
14.98	Mike Hernandez (Valley View)	2006			
14.98	Jonathan Williams (Roosevelt)	2010			
14.99	Todd Clark (Centennial)	1991			

Wind-Aided:

13.93	Jaden Ellis (Vista del Lago)	2018	35.52	Danny Harris (Perris)	1983		
14.04	* Torrey Atkins (Heritage)	2014	36.25	Chris Chrisman (Poly)	1981		
14.12	Jonte Turner (Indio)	2011	36.50	Sebron Flenough (Perris)	1983		
14.17	*Jazz Trice (Chaparral)	2005	38.13	Sam Bryant (Palo Verde)	1983		
14.20	Austin Hill (Roosevelt)	2010	38.32	Roman Alvarado (Coachella)	1979		
14.21	Darion Williams (Vista)	2012	38.44	James Austin (Perris)	1979		
14.24c	William Brown (Perris)	14.0	2005	38.44c	Ray Valdivia (Corona)	38.2	1979
14.24	*Kiethyon Moten (Indio)	2011	38.84c	Covey (Hemet)	38.6	1976	
14.28	Dylan Nielson (Palm Desert)	2006	38.84c	Thegg Brown (Poly)	38.6	1982	
14.30	Duane Soloman (Great Oak)	2012	39.04c	Stone (Perris)	38.8	1977	
14.31	Peter Manu (Vista)	2014	39.24c	Holmes (Ferris)	39.0	1976	
14.32	Ryan Muir (San Jacinto)	2015	39.30	Love (Palo Verde)		1978	
14.36	Brian Thompson (Valley View)	2003	39.38	Heldorn (Perris)		1983	
14.40	*Jonte Turner (Indio)	2010	39.54c	Freeman (Indio)	39.3	1982	
14.41	Ronald Howard (North)	2002	39.64c	Wilcox (Ferris)	39.4	1980	
14.42	Tony Crutchfield (North)	2008	39.64c	Erby (North)	39.4	1982	
14.44c	Jovan Grady (Rancho Verde)	14.2	2002				
14.49	*Reyte Rash (King)	2018					
14.51	Mike Powers (Chaparral)	2008					
14.51	* Orlando Wallace (Cathedral City)	2014					
14.56	*Alex Gillison (Palm Springs)	2013	35.02	Reggie Wyatt (La Sierra)	2009		
14.58	Chris Lawson (Great Oak)	2007	35.90	**Reggie Wyatt (North)	2007		
14.58	*Ricky Wisdom (La Quinta)	2013	36.30	Jeff Garrison (North)	2001		
14.60	Corey Corder (Murrieta)	2009	36.34	Koty Burton (La Quinta)	2015		
14.60	**Hunter Escorcía (Vista)	2018	36.34	Cameron Samuel (Rancho Verde)	2017		
14.63	LeAndre Butler (Rubidoux)	2003	36.34	Anthony Easter (Roosevelt)	2017		
14.64	Leran Hutchings (Roosevelt)	2011	36.59	Mickey Grimes (Canyon Springs)	1995		
14.65	George Woods (Rubidoux)	1989	37.17	*Reyte Rash (King)	2018		
14.68	Sammy Roberts (Beaumont)	2014	37.23	Jeremiah Ruger (Great Oak)	2017		
14.70	Dupree Gant (Centennial)	2002	37.26	Duane Soloman (Great Oak)	2012		
14.70	Phil Martin (Canyon Springs)	2004	37.26	Quentin Workman (Temecula Valley)	2017		
14.71	Aaron Paisley (Murrieta Valley)	2013	37.28	Zach Lewis (Ramona)	2012		
14.73	Jonathon Williams (Roosevelt)	2010	37.29	Austin Hill (Roosevelt)	2010		
14.73	Mike Graf (Vista)	2012	37.60	Ryan Muir (San Jacinto)	2015		
14.74c	Jonathon Harrison (Hemet)	14.5	2002	37.62	Dylan Nielson (Palm Desert)	2006	
14.74	* Galin Sweringen (La Quinta)	2014	37.74c	Jeremy Thornburg Cathedral City)	2000		
14.77	Sam Jeter (King)	2007	37.77	Kurt Siebert (Norco)	2000		
14.82	Keston Roach (King)	2011	37.96	Leran Hutchings (Roosevelt)	2011		
14.84	Matt Kirkendall (Heritage)	2013	38.04	Keithyon Moten (Indio)	2012		
14.88	Shane Greene (Hemet)	2007	38.05	Chris Lawson (Great Oak)	2007		
14.88	*Sammy Roberts (Beaumont)	2013	38.09	Andre Bernard-Joseph (Roosevelt)	2015		
14.89	Jacob Rennick (Mesa)	2015	38.11	Ronald Howard (North)	2002		
14.90	Mickey Grimes (Moreno Valley)	1994	38.12c	Richie Cox (Palo Verde)	38.1y	1984	
14.91	**Josh Jeter (King)	2010	38.13	Robert Williams (Ramona)	2005		
14.91	Aaron Woods (Heritage)	2013	38.16	Bradley Alexander (Canyon Springs)	2015		
14.92	Brian Cervantes (Indio)	2016	38.16	Dillon Lay (King)	2017		
14.93	Michael Wright (Norco)	2015	38.24	A.J. Mendez (Palo Verde)	2000		
14.94c	Rah Valdiva (Corona)	14.7	1979	38.27	Ken Shaw (San Jacinto)	2007	
14.95	Jake Deavers (Lakeside)	2008	38.28	David Williams (Santiago)	2009		
14.95	Jaeson David (Vista del Lago)	2009	38.28	Jose Castellon (Rubidoux)	2017		
14.95	Josh Jeter (King)	2012	38.31	William Shropshire (North)	1988		
14.98	William Lopez (Perris)	2007	38.37	Elvis Pompa (Corona)	2014		
14.99	Curtis Gomez (Murrieta)	2010	38.40	Anthony Verret (Perris)	1986		

120 Yd 42" High Hurdles

14.5	Robert Bonds (Poly)	1960
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180 Yd Low Hurdles

18.5	Dan Jones (Palo Verde)	1972
18.7	Mike Harris (Indio)	1973
18.8	Robert Bonds (Poly)	1960
19.0	Larry Thompson (Ramona)	1971
19.1	Roger Moody (Corona)	1963
19.1	Jim Holmes (Ramona)	1962
19.1	Roger Aldridge (North)	1968

220 Yd Low Hurdles

23.8	House (Poly)	1915
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330 Yd Low Hurdles (30")

35.52	Danny Harris (Perris)	1983	
36.25	Chris Chrisman (Poly)	1981	
36.50	Sebron Flenough (Perris)	1983	
38.13	Sam Bryant (Palo Verde)	1983	
38.32	Roman Alvarado (Coachella)	1979	
38.44	James Austin (Perris)	1979	
38.44c	Ray Valdivia (Corona)	38.2	1979
38.84c	Covey (Hemet)	38.6	1976
38.84c	Thegg Brown (Poly)	38.6	1982
39.04c	Stone (Perris)	38.8	1977
39.24c	Holmes (Ferris)	39.0	1976
39.30	Love (Palo Verde)		1978
39.38	Heldorn (Perris)		1983
39.54c	Freeman (Indio)	39.3	1982
39.64c	Wilcox (Ferris)	39.4	1980
39.64c	Erby (North)	39.4	1982

300m Inter. Hurdles (36")

35.02	Reggie Wyatt (La Sierra)	2009	
35.90	**Reggie Wyatt (North)	2007	
36.30	Jeff Garrison (North)	2001	
36.34	Koty Burton (La Quinta)	2015	
36.34	Cameron Samuel (Rancho Verde)	2017	
36.34	Anthony Easter (Roosevelt)	2017	
36.59	Mickey Grimes (Canyon Springs)	1995	
37.17	*Reyte Rash (King)	2018	
37.23	Jeremiah Ruger (Great Oak)	2017	
37.26	Duane Soloman (Great Oak)	2012	
37.26	Quentin Workman (Temecula Valley)	2017	
37.28	Zach Lewis (Ramona)	2012	
37.29	Austin Hill (Roosevelt)	2010	
37.60	Ryan Muir (San Jacinto)	2015	
37.62	Dylan Nielson (Palm Desert)	2006	
37.74c	Jeremy Thornburg Cathedral City)	2000	
37.77	Kurt Siebert (Norco)	2000	
37.96	Leran Hutchings (Roosevelt)	2011	
38.04	Keithyon Moten (Indio)	2012	
38.05	Chris Lawson (Great Oak)	2007	
38.09	Andre Bernard-Joseph (Roosevelt)	2015	
38.11	Ronald Howard (North)	2002	
38.12c	Richie Cox (Palo Verde)	38.1y	1984
38.13	Robert Williams (Ramona)	2005	
38.16	Bradley Alexander (Canyon Springs)	2015	
38.16	Dillon Lay (King)	2017	
38.24	A.J. Mendez (Palo Verde)	2000	
38.27	Ken Shaw (San Jacinto)	2007	
38.28	David Williams (Santiago)	2009	
38.28	Jose Castellon (Rubidoux)	2017	
38.31	William Shropshire (North)	1988	
38.37	Elvis Pompa (Corona)	2014	
38.40	Anthony Verret (Perris)	1986	

38.40	Darion Williams (Vista)		2012	39.55	*Chris Keele (Vista)		2009
38.43	*Jonte Turner (Indio)		2010	39.55	Nick Rack (Vista)		2015
38.44c	Bruce Dunams (North)	38.2	1993	39.56	Michael Wright (Norco)		2015
38.44	Kyle Hansen (Chaparral)		2005	39.56	**Cameron Samuel (Rancho Verde)		2015
38.48	Josh Jeter (King)		2012	39.58	Tony Crutchfield (North)		2008
38.48	Aaron Woods (Heritage)		2013	39.62	Jerry Ochoa (Norco)		2018
38.54c	Richard Williams (Ramona)	38.3	2004	39.64c	Chris Schouten (Hemet)	39.4	2002
38.54	Peter Manu (Vista)		2014	39.64	Teddy McCord (Perris)		2011
38.59	* Galin Swearingen (La Quinta)		2014	39.64c	***Koty Burton (La Quinta)		2013
38.60	Tanner Henry (Corona)		2011	39.66	Kevin Powell (Beaumont)		2004
38.62	Jeremy Burns (Perris)		2005	39.70	Matt Boudreau (Murrieta)		2009
38.69	Jordan McFadden (Great Oak)		2015	39.74c	Vashon Sudds (Rubidoux)	39.6	1994
38.70	Jaeson Davis (Vista del Lago)		2009	39.74	Gus Ibarra (La Quinta)		2003
38.71	* Torrey Atkins (Heritage)		2014	39.74c	Robert Williams (Ramona)	39.6	2005
38.74	*Jake Porter (King)		2011	39.74	*Jevon Weems (Rancho Verde)		2018
38.80	Mike Graf (Vista)		2012	39.75	Jason Williams (Notre Dame)		2000
38.84	Chauncey Young (North)		1997	39.77	Senghor Joseph (Poly)		2013
38.77	Miles Chapman (Desert Hot Spr)		2006	39.79	Dj Moore (Vista)		2011
38.79	Andre McCullough (King)		2009	39.79	*Jack Miller (Corona)		2012
38.86	Aaron Webber (Banning)		1991	39.80	Aaron Wright (Canyon Springs)		1996
38.87	Demetrius Munelyn (Elsinore)		1985	39.82	*Jaeson Davis (Vista del Lago)		2008
38.88	Joe Quinonez (Elsinore)		2011	39.82	Michael Brown (Corona)		2011
38.89	Jahari Selmon (North)		2010	39.83	**Hunter Escorcía (Vista)		2018
38.89	Jaden Ellis (Vista del Lago)		2018	39.84	Israel Johnson (Beaumont)		1986
38.90	Andre McCargo (Murrieta)		1998	39.84	DeAndre Watson (La Sierra)		1995
38.90	Kyman Bailey (North)		2012	39.84c	Nate Koch (Temecula)	39.7	2005
38.90	Nick Abboud (King)		2015	39.85	Chris Alexander (Temecula)		1990
38.94c	Avery Anderson (North)	38.7	1990	39.85	Jamie Anderson (Poly)		1991
38.96	Jazz Trice (Chaparral)		2006	39.85	Brandon Howard (La Sierra)		2005
38.97	Faithfulness Adebayo-ige (Roosevelt)		2014	39.85	Alex Morse (Temecula)		2010
38.99	* Anthony Butts (Ramona)		2014	39.86	Ronnell Lawson (Canyon Springs)		1991
38.99	Orlando Wallace (Cathedral City)		2015	39.86	Mike Powers (Chaparral)		2007
39.00	Ramzy Ali (La Sierra)		2014	39.86	Tre Taylor (Vista)		2007
39.02	Scott Melatti (Centennial)		2002	39.87	Khyner White (King)		2010
39.04	Jacob Porter (King)		2012	39.90	Ron Howard (Moreno Valley)		2001
39.06	Casey Zimmerman (Temecula)		1998	39.91	Joshua Moxley (Moreno Valley)		2010
39.08	Ricky Hernandez (Valley View)		2004	39.93	Josh Ramirez (Chaparral)		2001
39.09	Justin Ramsey (Perris)		2004	39.94	Jeremy Burns (Perris)		2003
39.11	Matthew Coaxum (Citrus Hill)		2010	39.94	Ben Suescan (La Sierra)	39.8	2004
39.13	*Jay Turner (Indio)		2010	39.94	Namar Burton (Vista)		2007
39.14	Tevin Newborn (San Jacinto)		2011	39.94	Curtis Gomez (Vista)		2010
39.15	Chris Johnson (Arlington)		2000	39.95	Ramon Marshall (Rancho Verde)		2009
39.16	Jonathan Burton (Rancho Verde)		2017	39.95	Alberto Rodriguez (San Jacinto)		2013
39.17	Robert Taylor (La Sierra)		2010	39.96	Anthony Butts (Ramona)		2015
39.20	Antoine Adkins (Moreno Valley)		1992	39.97+	Dave Christian (Norco)	40.20y	1990
39.20	Lucas Anotado (Roosevelt)		2018	39.97	*Tanner Henry (Corona)		2010
39.24	Tim Sebastian (North)		2006	39.98	Tyrell Washington (Desert Hot Springs)		2011
39.24	Billy Britt (Elsinore)		2010	39.98	*Weston Brown (Murrieta Valley)		2013
39.27	Milton Williams (Rancho Verde)		2014	39.98	Dominique Maiden (Temecula Valley)		2015
39.28	Randy Brown Canyon Springs		1997	39.98	Nadeem Yamak (Santiago)		2016
39.29	Fabian Bodden (Great Oak)		2018	39.99	Alexander Morse (Temecula)		2010
39.32	Dante Reese (Canyon Springs)		1994	39.99	Dominyck Miller (Vista del Lago)		2011
39.32	Matt Kirkendall (Heritage)		2013	40.00	Larry Williams (Vista)		2013
39.33	Danny Hollingsworth (San Jacinto)		2000	40.02	*Anthony Elam (Roosevelt)		2012
39.33	Derreck Affor (Beaumont)		2016	40.02	William Moore (Palm Springs)		2013
39.34	*Lucas Anotado (Roosevelt)		2017	40.03	Dominic Andrews (Perris)		1992
39.36	Jonathan Williams (Roosevelt)		2010	40.03	Greg Davis (San Jacinto)		2001
39.38	Matt Giesler (Palm Springs)		2003	40.03	Jazz Trice (Chaparral)		2004
39.38	*Zach Holbert (Hemet)		2012				
39.38	*Daniel Browne (Mesa)		2018				
39.41	Ricie Gilmore (Rubidoux)		1992				
39.41	Mason MacKinnon (Norco)		1995	49.78	Reggie Wyatt (La Sierra)		2009
39.41	**Torrey Atkins (Heritage)		2013	50.10	**Reggie Wyatt (North)		2007
39.42	Brian Thompson (Valley View)		2003				
39.44c	Chris Cauley (Perris)	39.2	1988				
39.45	Casey Birchard (Murrieta)		2007				
39.45	*Mathew Williams (Vista del Lago)		2011	40.29	Rancho Verde		2017
39.47	LeAndre Butler (Rubidoux)		2003	40.32	Vista		2016
39.47	*Blake Bergstrom (King)		2013	40.53	Vista		2015
39.48	Cinque Powell (North)		1993	40.99	Great Oak		2018
39.51	Mike Powers (Chaparral)		2008	41.01	Roosevelt		2011
39.50	Delvonte Deary (La Sierra)		1999	41.12	North		2007
39.52	Sam Jeter (King)		2007	41.13	Great Oak		2014
39.54c	Nick Neal (North)	39.3	2001	41.25	Mesa		2018
39.54c	Carl McCargo (Murrieta)	39.3	2007	41.26	Rancho Verde		2018

400m Intermediate Hurdles (36")

49.78	Reggie Wyatt (La Sierra)		2009
50.10	**Reggie Wyatt (North)		2007

4 x 100m Relay

40.29	Rancho Verde		2017
40.32	Vista		2016
40.53	Vista		2015
40.99	Great Oak		2018
41.01	Roosevelt		2011
41.12	North		2007
41.13	Great Oak		2014
41.25	Mesa		2018
41.26	Rancho Verde		2018

41.37	Rancho Verde		2016	42.72	Cathedral City		2002
41.39	Perris		1983	42.73	Arlington		2014
41.41	Rancho Verde		2009	42.73	Great Oak		2016
41.41	Roosevelt		2010	42.74	North		1982
41.47	Roosevelt		2013	42.74c	La Sierra	42.6	1994
41.48	Mesa		2016	42.76	Great Oak		2007
41.51	Canyon Springs		1993	42.77	Murrieta		2008
41.51	Vista		2017	42.79+	Moreno Valley	42.9y	1976
41.54	King		2016	42.79	San Jacinto		2007
41.57	Santiago		2008	42.81	Norco		1996
41.64	Great Oak		2013	42.82	Palm Springs		2010
41.66	North		2006	42.82	Corona		2010
41.66	Roosevelt		2012	42.83	Temecula Valley		2017
41.73	North		2008	42.83	Elsinore		2018
41.73	Rancho Verde		2008	42.84c	Norte Vista	42.7	2000
41.76	Vista		2013	42.84	Poly		2014
41.78	Vista		2018	42.84	Centennial		2017
41.80	Rubidoux		1990	42.85	King		2009
41.81	Roosevelt		2009	42.85	Roosevelt		2017
41.83	Great Oak		2012	42.85	King		2018
41.88	Palm Springs		2016	42.86	Roosevelt		2018
41.89	Roosevelt		2015	42.87	Perris		1989
41.90	Canyon Springs		1994	42.87	Canyon Springs		1991
41.93	Vista		2011	42.87	Canyon Springs		1998
41.95	Rancho Verde		2015	42.88	Vista		2014
41.96	Canyon Springs		1995	42.90	Moreno Valley		1989
42.02	Great Oak		2017	42.91	La Sierra		2005
42.03	Great Oak		2009	42.91	Elsinore		2015
42.04	Norte Vista		2001	42.92	Elsinore		2001
42.05	Mesa		2015	42.92	Heritage		2018
42.06	Temecula		2005	42.92	Centennial		2018
42.06	Vista		2012	42.94	Perris		1987
42.07	Great Oak		2011	42.94	Corona		1994
42.09	Rancho Verde		2012	42.94c	Canyon Springs	42.7	1004
42.11	Great Oak		2008	42.95	Valley View		2002
42.17	Vista		2010	42.96	Murrieta		2009
42.18	Palm Springs		2015	42.96	Chaparral		2011
42.19	Rubidoux		1991	42.96	Lakeside		2012
42.20	Perris		1982	42.97	Norco		2006
42.20	Great Oak		2010	42.98	North		2012
42.20	Rancho Verde		2013	42.98	Murrieta Valley		2015
42.24	Roosevelt		2014	42.98	San Jacinto		2015
42.32	Rancho Verde		2014	42.99	Palm Springs		2011
42.33	Elsinore		2009	43.00	Roosevelt		2008
42.34c	Norte Vista	42.2	1995	43.00	West Valley		2014
42.34c	Temecula	42.2	1999	43.0	Cathedral City		2014
42.34	Rancho Verde		2005	43.02	Indio		1983
42.34	Vista		2009	43.02	Perris		1984
42.34	Santiago		2016	43.02	San Jacinto		2005
42.35	Canyon Springs		2002	43.02	Canyon Springs		2005
42.36	Rancho Verde		2010	43.03	Norte Vista		1986
42.36	Chaparral		2018	43.04	La Sierra	42.9	1995
42.37	Canyon Springs		1996	43.04c	Lakeside		2013
42.38	Poly		1980	43.04	Lakeside		2013
42.41	Poly		1981	43.05+	Indio	43.2y	1973
42.42	La Quinta		2014	43.05	Temecula		2018
42.42	King		2015	43.05	Canyon Springs		2009
42.44	King		2017	43.05	San Jacinto		2010
42.45	Elsinore		2017	43.06	Palm Springs		2007
42.46	Rubidoux		1992	43.07	Santiago		2018
42.53	Moreno Valley		2010	43.08	Poly		2013
42.54	Vista		2007	43.08	Centennial		2015
42.55	Valley View		2003	43.09	Arlington		2001
42.55	Roosevelt		2016	43.09	Santiago		2009
42.57	Canyon Springs		1997	43.09	Canyon Springs		2015
42.59	Rancho Verde		2006	43.11	Hillcrest		2017
42.59	San Jacinto		2006	43.13	Ramona		1987
42.60	North		2017	43.13	Cathedral City		2011
42.64	Palm Springs		2017	43.13	Tahquitz		2015
42.65	Valley View		1998	43.14	Perris		1988
42.67	North		2001	43.14	Valley View		2001
42.69+	Arlington	42.8y	1980	43.14	Heritage		2016
42.69	Vista		2008	43.15	Notre Dame		1999
42.70	Mesa		2017	43.15	Hemet		2001
42.70	San Jacinto		2017	43.15	Rancho Verde		2004
42.71	North		2002	43.15	Temecula Valley		2016

43.16	Vista		2006	43.54c	Indio	43.4	1991
43.16	Vista del Lago		2009	43.54c	Canyon Springs	43.4	1997
43.17	Moreno Valley		1988	43.54c	Perris	43.4	2002
43.18	Corona		2011	43.54c	Chaparral	43.4	2004
43.20	La Quinta		2007	43.54	Perris		2012
43.20	King		2013	43.55	Perris		2007
43.20	Centennial		2016	43.55	Palm Springs		2014
43.21	Cathedral City		2001	43.56	San Jacinto		2016
43.21	Temecula		2006	43.56	Chaparral		2017
43.21	Norco		2010	43.57	Perris		2008
43.21	King		2014	43.57	Ramona		2012
43.21	Citrus Hill		2014	43.57	Santiago		2013
43.22	Vista del Lago		2018	43.58	Ramona		1988
43.24c	Elsinore	43.1	1975	43.58	Centennial		1993
43.24c	Indio	43.1	1986	43.58	Centennial		2002
43.24c	Hemet	43.1	2000	43.59+	Indio	43.7y	1984
43.24	Centennial		2010	43.59	Canyon Springs		2013
43.25+	Moreno Valley	43.50y	1978	43.59	Paloma Valley		2013
43.25	Poly		1982	43.60	Heritage		2017
43.25	Palm Desert		1991	43.61	Elsinore		2000
43.25	Corona		2007	43.61	King		2010
43.25	Cathedral City		2010	43.63	North		1992
43.25	Paloma Valley		2014	43.63	Elsinore		2004
43.26	Poly		1998	43.63	Corona		2012
43.26	Moreno Valley		2000	43.64c	Perris	43.5	2005
43.26	Paloma Valley		2017	43.64c	Valley View	43.5	2005
43.29	Moreno Valley		2017	43.64c	Vista del Lago	43.5	2011
43.29	Notre Dame		2017	43.65	Arlington		1997
43.29	Palm Springs		2018	43.65	La Sierra		2008
43.30	Santiago		2015	43.66	Beaumont		2009
43.31	Norco		2000	43.66	Poly		2018
43.31	Citrus Hill		2015	43.67	Elsinore		2014
43.31	Coachella		2018	43.69+	Corona	43.8y	1975
43.32	Canyon Springs		2000	43.69+	Arlington	43.8y	1975
43.33	La Sierra		1993	43.69+	Perris	43.8y	1979
43.34c	Rubidoux	43.2	1995	43.69	North		1999
43.34c	Rancho Verde	43.2	1998	43.70	King		2012
43.34c	Valley View	43.2	2000	43.70	Corona		2013
43.34	Centennial		2009	43.70	Norco		2018
43.34	Valley View		2012	43.72	Indio		2010
43.34c	Ramona	43.2	2013	43.73	Beaumont		2018
43.34	Lakeside		2014	43.74c	Norco	43.6	1990
43.35	Beaumont		2013	43.74c	Moreno Valley	43.6	2005
43.35	Heritage		2015	43.74c	Moreno Valley	43.6	2013
43.36	Perris		1980	43.75	Centennial		2011
43.36	Moreno Valley		1984	43.75	Heritage		2014
43.36	Poly		1996	43.76	Citrus Hill		2010
43.36	Vista		2005	43.76	Coachella Valley		2017
43.36	La Sierra		2012	43.77	Moreno Valley		1986
43.37	Poly		1986	43.77	King		2008
43.39+	Indio	43.5y	1972	43.77	Lakeside		2011
43.39	Indio		1993	43.78	Norco		1998
43.39	Rancho Verde		2003	43.78	Perris		2011
43.20	Jurupa Valley		1998	43.78	Elsinore		2016
43.40	Mesa		2014	43.79+	Indio	43.9y	1978
43.42	Canyon Springs		1990	43.79+	Arlington	43.9y	1979
43.42	Cathedral City		2013	43.80	La Sierra		2009
43.44c	Perris	43.3	1985	43.81	Perris		1981
43.44	Moreno Valley		1995	43.82	Citrus Hill		2012
43.44c	Temescal	43.3	2000	43.83	La Sierra		2004
43.44	Great Oak		2006	43.83	Arlington		2006
43.44	La Sierra		2014	43.83	San Jacinto		2011
43.45	Poly		1985	43.88	La Quinta		2008
43.45	Chaparral		2007	43.83	North		2010
43.46	Moreno Valley		1983	43.84c	Indio	43.7	1982
43.47	Indio		2011	43.84c	Rancho Verde	43.7	2011
43.47	La Quinta		2013	43.84c	Murrieta Valley	43.7	2013
43.48	Canyon Springs		1999	43.84	Coachella Valley		2013
43.48	Centennial		2013	43.86	North		1997
43.49+	North	43.6y	1970	43.87	Rubidoux		1989
43.49+	Perris	43.6y	1970	43.87	Rancho Mirage		2018
43.52	Perris		1992	43.88+	Moreno Valley	44.0y	1977
43.53	Canyon Springs		2007	43.88	Norco		2003
43.53	Chaparral		2012	43.88	Heritage		2013
43.54c	Indio	43.4	1989				

4 x 220 Yd Relay

1:28.2	Poly	1954
1:28.5	Poly	1961
1:29.2	Poly	1956
1:30.0	Poly	1949
1:30.6	Poly	1953

4 x 200m Relay

1:24.53	Vista	2015
1:26.32	Mesa	2018
1:26.94	North	2006
1:27.10	Great Oak	2014
1:27.37	Great Oak	2013
1:27.55	Roosevelt	2011
1:27.57	Vista	2013
1:27.65	Great Oak	2012
1:27.95	Great Oak	2008
1:28.10	Roosevelt	2012
1:28.15	Roosevelt	2010
1:28.62	Great Oak	2011
1:28.95	Rancho Verde	2008
1:29.00	Rancho Verde	2009
1:29.18	Great Oak	2010
1:29.36	Great Oak	2009
1:29.36	Vista	2011
1:29.81	Roosevelt	2014
1:29.83	North	2008
1:29.90	Rancho Verde	2012
1:30.13	Canyon Springs	2010
1:30.16	Rancho Verde	2013
1:30.71	San Jacinto	2007
1:30.71	Chaparral	2012
1:30.73	Vista	2008
1:31.00	Roosevelt	2008
1:31.16	Chaparral	2008
1:31.21	Rancho Verde	2017
1:31.63	Corona	2010
1:31.85	Santiago	2007
1:32.04	Rancho Verde	2014
1:32.53	Great Oak	2018
1:32.54	Vista	2010
1:32.6	San Jacinto	2006
1:32.69	Great Oak	2007
1:32.73	Cathedral City	2007

4 x 400m Relay

3:10.33	Perris	1983
3:10.36	North	2006
3:10.86	Mesa	2018
3:11.73	North	2007
3:12.17	Rancho Verde	2017
3:12.79	Roosevelt	2010
3:13.09	Vista	2015
3:13.75	Rancho Verde	2009
3:14.02	Rancho Verde	2016
3:14.22	Roosevelt	2009
3:14.37	Rancho Verde	2018
3:14.41	Roosevelt	2015
3:14.64	Vista	2013
3:14.83	Vista	2016
3:14.85	Rancho Verde	2008
3:14.89	Roosevelt	2017
3:14.95	Roosevelt	2018
3:15.57	Great Oak	2011
3:15.95	Vista	2012
3:16.38	Vista	2011
3:17.05	Indio	2011
3:17.07	Great Oak	2008
3:17.19	Roosevelt	2008
3:17.25	Roosevelt	2016
3:17.38	Great Oak	2014
3:17.52	North	2008

3:17.81	Great Oak	2013
3:18.40	Vista	2009
3:18.48	Great Oak	2015
3:18.89	Roosevelt	2011
3:18.92	Great Oak	2010
3:18.95	La Sierra	2005
3:19.05	Perris	1982
3:19.05	Great Oak	2012
3:19.30	Roosevelt	2014
3:19.33	Great Oak	2009
3:20.42	King	2017
3:19.44	North	2001
3:19.60	Murrieta	2009
3:19.6+	Arlington	3:20.9y 1980
3:19.7+	Poly	3:21.1y 1980
3:19.75	Vista	2010
3:20.10	Roosevelt	2012
3:20.14	Rubidoux	1992
3:20.18	La Sierra	2009
3:20.44	Vista	2005
3:20.48	North	1988
3:20.5	Perris	2002
3:20.51	Moreno Valley	1990
3:20.55	Vista	2017
3:20.07	Vista	2006
3:20.63	La Quinta	2016
3:20.88	Rancho Verde	2010
3:20.89	Vista	2014
3:20.99	Perris	1989
3:21.0+	Moreno Valley	3:22.2y 1977
3:21.00	Rancho Verde	2015
3:21.03	Moreno Valley	1991
3:21.20	Rubidoux	1991
3:21.21	Arlington	1997
3:21.21	Canyon Springs	2004
3:21.3+	Hemet	3:22.5y 1976
3:21.59	Great Oak	2007
3:21.6+	Moreno Valley	3:22.8y 1978
3:21.63	North	2012
3:21.68	Mesa	2015
3:21.74	Canyon Springs	1997
3:21.76	Poly	1996
3:21.78	Canyon Springs	2010
3:21.83	King	2012
3:21.9+	North	3:23.1y 1970
3:21.9	Poly	1984
3:21.92	San Jacinto	2011
3:21.92	Roosevelt	2013
3:21.92	Great Oak	2017
3:21.94	King	2015
3:22.02	Notre Dame	1999
3:22.02	Rancho Verde	2014
3:22.10	Vista del Lago	2012
3:22.4+	North	3:23.6y 1972
3:22.42	King	2013
3:22.55	Poly	1995
3:22.57	Vista	2018
3:22.6	Valley View	2011
3:22.68	Beaumont	2009
3:22.76	Perris	1981
3:22.80	Chaparral	2005
3:22.84	Rancho Verde	2006
3:22.84	Rancho Verde	2012
3:22.89	Perris	2005
3:22.89	Chaparral	2012
3:22.9+	Coachella	3:241y 1973
3:23.03	Santiago	2011
3:23.24	Valley View	2012
3:23.25	North	2011
3:23.33	Canyon Springs	1993
3:23.43	San Jacinto	2010
3:23.45	Santiago	2014
3:23.49	Centennial	2018
3:23.5+	Palm Springs	3:24.7y 1973
3:23.47	Canyon Springs	1991

3:23.53	Rubidoux		1994	3:26.23	Jurupa Valley		1998
3:23.53	Corona		2015	3:26.23	Poly		2006
3:23.53	Vista		2008	3:26.28	Paloma Valley		2018
3:23.60	Poly		1994	3:26.29	Santiago		2015
3:23.68	Indio		2003	3:26.3	San Jacinto		2009
3:23.68	Temecula		2018	3:26.31	Elsinore		2014
3:23.7+	Perris	3:24.9y	1979	3:26.45	Centennial		1997
3:23.77	Vista		2007	3:26.47	Chaparral		2018
3:23.8+	Ramona	3:25.0y	1970	3:26.5+	Hemet	3:27.7y	1974
3:23.82	Ramona		1985	3:26.5+	Perris	3:27.7y	1976
3:23.84	JW North		2014	3:26.51	Poly		1999
3:23.89	Chaparral		2016	3:26.52	Hemet		1997
3:23.89	Great Oak		2018	3:26.54	Perris		2013
3:23.9	Perris		1988	3:26.57	Norco		2018
3:23.90	Canyon Springs		2009	3:26.6+	Perris	3:27.8y	1973
3:23.95	La Quinta		2015	3:26.6	Hemet		1995
3:24.02	La Sierra		2010	3:26.64	Temecula		2011
3:24.08	King		2004	3:26.80	La Sierra		2011
3:24.09	La Sierra		2008	3:26.80	Corona		2016
3:24.02+	Ramona	3:25.4y	1965	3:26.80	Murrieta Valley)		2014
3:24.21	Canyon Springs		1996	3:26.81	Valley View		2015
3:24.25	Canyon Springs		2003	3:26.81	King		2016
3:24.31	Valley View		2010	3:26.83	Mesa		2014
3:24.34	Perris		1984	3:26.90	La Sierra		2014
3:24.34c	North	3:23.2	1997	3:26.98	Poly		2010
3:24.38	Canyon Springs		1999	3:27.00	Elsinore		2016
3:24.40	Murrieta		2003	3:27.08	Coachella Valley		2013
3:24.4	Canyon Springs		1994	3:27.08	Centennial		2015
3:24.44	Poly		1993	3:27.13	Hemet		1985
3:24.49	Corona		1995	3:27.20	Elsinore		2009
3:24.50	King		2011	3:27.25	Woodcrest Chr		2010
3:24.6+	Hemet	3:25.8y	1975	3:27.36	Santiago		2004
3:24.68	Rancho Verde		2007	3:27.37	San Jacinto		1995
3:24.7+	Indio	3:25.8y	1972	3:27.45	Santiago		2016
3:24.73	Rancho Verde		2005	3:27.49	Elsinore		2010
3:24.74	King		2014	3:27.54	Poly		2012
3:24.76	Valley View		1997	3:27.58	Notre Dame		2000
3:24.76	San Jacinto		2006	3:27.60	Elsinore		2018
3:24.80	Canyon Springs		2002	3:27.76	La Sierra		2004
3:24.80	Corona		2014	3:27.80	Poly		2001
3:24.8	Poly		1998	3:27.85	Moreno Valley		1985
3:24.87	La Sierra		2007	3:27.85	Chaparral		2004
3:24.88	Palm Springs		1996	3:27.85	Vista del Lago		2015
3:24.9	Arlington		1998	3:27.8	Indio		1983
3:24.9	Rancho Verde		1999	3:27.92	Elsinore		1990
3:25.01	La Sierra		2006	3:27.93	Corona		1994
3:25.03	Temecula Valley		2017	3:27.94	Moreno Valley		2000
3:25.18	Poly		2005	3:27.94	Vista del Lago		2014
3:25.22	Rancho Verde		2013				
3:25.25	Valley View		1999				
3:25.3+	Moreno Valley	3:26.5y	1976				
3:25.39	Cathedral City		2001	Sprint Medley			
3:25.40	Great Oak		2016	3:26.37	Great Oak		2012
3:25.42	North		1999	3:26.60	Rancho Verde		2008
3:25.45	Corona		2004	3:27.49	Rancho Verde		2009
3:25.45	Vista del Lago		2011	3:29.80	Rancho Verde		2010
3:25.48	King		2010	3:30.53	La Sierra		2008
3:25.58	Valley View		2016	3:31.05	Great Oak		2014
3:25.59	Mesa		2017	3:31.49	La Sierra		2012
3:25.61	Cathedral City		2000	3:31.50	Rancho Verde		2017
3:25.64	Poly		2014	3:31.72	Vista Del Lago		2007
3:25.66	Rubidoux		1993	3:31.81	Valley View		2010
3:25.69	Banning		1995	3:32.52	Great Oak		2011
3:25.7+	Hemet	3:26.9y	1978	3:32.69	Centennial		2016
3:25.73	Temescal Canyon		2015	3:33.06	Valley View		2012
3:25.74	Valley View		2014	3:33.18	Valley View		2011
3:25.85	Roosevelt		2007	3:33.76	Rancho Verde		2003
3:25.90	Vista del Lago		2009	3:34.10	Roosevelt		2011
3:26.0+	Corona	3:27.2y	1982	3:34.25	Great Oak		2015
3:26.01	Corona		1997	3:34.27	Roosevelt		2008
3:26.01	Arlington		2000	3:35.01	Great Oak		2013
3:26.01	Vista de Lago		2013	3:35.31	Roosevelt		2009
3:26.12	Palm Springs		1993	3:35.66	Vista del Lago		2009
3:26.17	Rancho Verde		2011	3:35.66	Rancho Verde		2018
3:26.19	Vista Del Lago		2006	3:35.79	Roosevelt		2010
				3:35.81	Valley View		2016

3:35.89	Great Oak	2017
3:36.06	Corona	2015
3:36.36	Rancho Verde	2016
3:36.54	Great Oak	2010
3:37.30	Roosevelt	2013
3:37.52	Cathedral City	2003

4 x 800m Relay

7:35.06	Great Oak	2016
7:37.09	Great Oak	2015
7:41.20	Vista	2013
7:42.81	Great Oak	2014
7:42.99	Murrieta	2003
7:44.90	La Sierra	2007
7:46.26	Grat Oak	2018
7:47.69	Great Oak	2017
7:49.05	Corona	2015
7:50.09	Roosevelt	2017
7:53.36	Great Oak	2012
7:53.79	North	2007
7:53.90	Roosevelt	2018
7:54.21	Great Oak	2010
7:54.42	Vista	2018
7:57.49	Temecula	2002
7:58.17	Great Oak "B"	2018
7:58.50	Vista	2011
7:59.93	Great Oak	2007
8:01.00	Roosevelt	2015
8:01.1	La Sierra	2006
8:01.76	Rancho Verde	2017
8:02.25	Vista	2015
8:02.37	Santiago	2016
8:02.77	North	2006
8:03.04	Corona	2012
8:03.22	Vista	2017
8:03.7	Rancho Verde	1999

Distance Medley

10:01.71	Great Oak	2016
10:01.79	La Sierra	2007
10:03.43	Great Oak	2017
10:05.35	Great Oak	2015
10:07.21	Great Oak	2014
10:07.73	Vista	2013
10:08.52	Vista	2012
10:09.50	Great Oak	2012
10:10.85	Great Oak	2018
10:11.26	Vista	2010
10:12.84	King	2016
10:13.17	Corona	2015
10:15.78	Great Oak	2010
10:15.83	Great Oak "B"	2018
10:16.05	Murrieta	2003
10:19.24	Great Oak	2013
10:19.64	King	2015
10:22.27	La Sierra	2005
10:22.67	La Sierra	2006
10:23.27	La Sierra	2012
10:23.98	Vista	2009
10:25.12	Vista	2015
10:25.36	Murrieta Valley	2007
10:25.43	La Sierra	2003
10:25.49	Roosevelt	2012
10:25.74	Rubidoux	2017
10:25.82	Roosevelt	2015
10:2602	Vista	2017
10:26.66	Great Oak "C"	2018
10:26.78	Vista	2018
10:26.95	King	2012
10:27.10	Roosevelt	2017
10:27.43	Murrieta	2006
10:28.17	Corona	2014
10:29.68	Corona	2010

10:29.84	JW Nortj	2016
10:30.27	Murrieta	2002
10:30.06	Corona	2016
10:30.62	Corona	2008
10:31.44	Corona	2017
10:31.46	King	2014
10:31.71	King	2011
10:31.81	La Sierra	2011
10:31.87	Murrieta	1999
10:32.02	Canyon Springs	2002
10:32.46	King	2010
10:34.39	TemeculaValley	1997
10:34.87	Roosevelt	2018
10:35.68	La Sierra	2010
10:35.69	La Sierra	2008
10:35.86	Vista	2007
10:35.95	Rancho Verde	2017
10:36.27	Santiago	2016
10:37.62	King	2013
10:39.56	Woodcrest Chr	2009
10:40.22	Roosevelt	2011
10:40.35	Elsinore	2014
10:40.68	Great Oak	2011
10:40.88	Roosevelt	2016
10:41.72	Murrieta Valley	2004
10:42.42	Arlington	1996
10:42.83	Indio	2003
10:43.65	Roosevelt	2008
10:43.86	Elsinore	1989
10:43.86	Poly	2016
10:44.23	Temecula Valley	1994
10:45.06	Indio	2013
10:45.24	Rubidoux	2016
10:45.64	Vista	2005

4 x Mile Relay

17:04.55	Great Oak	2016
17:35.94	La Sierra	2007
18:00.85	Corona	2008
18:01.79	Roosevelt	2009
18:01.87	Great Oak	2011
18:02.6	Indio	1980
18:02.70	Vista	2010
18:05.27	Corona	2010
18:08.71	Temecula	2003
18:09.51	Murrieta Valley	2006
18:13.39	Vista	2008
18:15.64	Murrieta Valley	2007
18:15.65	Corona	2004
18:18.45	Corona	2009
18:21.68	La Sierra	2009
18:29.73	La Sierra	2006
18:31.77	Great Oak	2009
18:40.40	King	2009
18:42.07	Rubidoux	2004
18:42.23	Corona	2007

4 x 1600m Relay

16:52.95	Great Oak	2016
16:58.67c	Great Oak	2016
17:20.37	Roosevelt	2012
17:21.11	Great Oak	2014
17:21.44	Great Oak	2015
17:25.02	Great Oak	2018
17:29.53	Great Oak	2017
17:32.95	Great Oak	2012
17:33.53	King	2013
17:39.20	Corona	2015
17:39.40	Great Oak	2013
17:40.39	Roosevelt	2018
17:43.05	Roosevelt	2009
17:44.45	Great Oak "B"	2018
17:49.31	Roosevelt	2016

6-6	Jasper Williams (Rubidoux)	1993	6-4	Keith Thedford (Canyon Springs)	1997
6-6	Clayton Flemister (Canyon Springs)	1993	6-4	Andy Haven (Palm Desert)	1997
6-6	Jimmy Devine (Ramona)	1995	6-4	Carlisle (Temecula)	1997
6-6	Damian Bolin (Palo Verde)	1995	6-4	Brad Ackley (Murrieta Valley)	1997
6-6	Paul Ruvolo (Norte Vista)	1995	6-4	Rand Scheider (Murrieta Valley)	1998
6-6	Andre Clayton (Norte Vista)	1997	6-4	Jay Milliner (Poly)	1999
6-6	Jamar Thymes (Norco)	1999	6-4	Jason Duckworth (North)	1999
6-6	James Johnson (San Jacinto)	1999	6-4	Chris Alsina (Beaumont)	2004
6-6	Jovan Grady (Rancho Verde)	2001	6-4	Smith (Canyon Springs)	2004
6-6	Marvin Lea (King)	2001	6-4	John Chea (La Quinta)	2005
6-6	Pierre Campbell (Banning)	2002	6-4	Robert Williams (Ramona)	2005
6-6	Josh Roth (Santiago)	2004	6-4	Carrington Matthews (King)	2005
6-6	Jacob Nelson (San Jacinto)	2005	6-4	Damone Bentley (North)	2005
6-6	Dominick Hemphill (Rancho Verde)	2005	6-4	Jonathan Lacour (Rancho Verde)	2006
6-6	Miek Hernandez (Valley View)	2006	6-4	Jeremy West (Perris)	2006
6-6	Brandon Brown (Rancho Verde)	2007	6-4	Malek Walls (Canyon Springs)	2010
6-6	Tyquiese Anthony (Chaparral)	2008	6-4	Soloman Ijah (Murrieta)	2011
6-6	*Daniel Champion (Cathedral City)	2009	6-4	Travis Schulte (Poly)	2013
6-6	Troy Watkins (Woodcrest Chr)	2010	6-4	*Roberts Sammy (Beaumont)	2013
6-6	Nick Taylor (Murrieta)	2010	6-4	* Tanner Torrez (Hemet)	2014
6-6	Quincy Enuwa (Rancho Verde)	2010	6-4	* Nathan Fruehe (Great Oak)	2014
6-6	Terrance Graves (Roosevelt)	2010	6-4	*Nick Kane (Great Oak)	2015
6-6	*Diego Felix (Coachella Valley)	2012	6-4	Johnnie Young (Rancho Verde)	2015
6-6	Darion Williams (Vista)	2012	6-4	Dominique Maiden (Temecula)	2015
6-6	Ishmael Stevenson (Great Oak)	2013	6-4	Cameron Eakins (Vista)	2015
6-6	Justin McKinley (Vista)	2013	6-4	Damon Dubots (Vista)	2015
6-6	Nate Kelly (Vista)	2015	6-4	Malio Champion (Beaumont)	2016
6-6	Tyler Burson (West Valley)	2015	6-4	Derreck Affor (Beaumont)	2016
6-6	Isaac Grimes (Rancho Verde)	2016	6-4	Ejjah Stewart (Vista)	2017
6-6	Trevon Waters (Murrieta Valley)	2018	6-4	Andrew Dixon (Hillcrest)	2017
6-5.25	Scott Johnson (Norco)	1986	6-4	***Darius Hill (Vista)	2018
6-5.25	Ricardo Aguilar (CSDR)	1986			
6-5	Chris Sando (Notre Dame)	1977			
6-5	Susano Zepeda (Indio)	1984			
6-5	Hosea Love (Elsinore)	1957			
6-5	Tyrone Owens (Palm Desert)	1989			
6-5	Corey Kelley (Canyon Springs)	1992	16-6.5	Peter Chapman (Murrieta Valley)	2012
6-5	Raul Martinez (Centennial)	1993	16-0	Richard Levenson (Elsinore)	2011
6-5	Tyrone Thompson (Ramona)	2001	16-0	*Shane Atkinson (Great Oak)	2013
6-5	Wayne West (Arlington)	2006	15-9	Matt Mathis (Norte Vista)	1999
6-5	Tim Sebastian (North)	2006	15-9	Levi Walker (Hemet)	2001
6-5	*Quincy Enunwa (Rancho Verde)	2009	15-9	Devin Rexroat (Norco)	2005
6-5	Nnamdi Agude (Santiago)	2011	15-8	Jon Vaughn (Corona (16-5 summer '66?))	1966
6-5	*Marcus Williams (Roosevelt)	2013	15-8	Heath Fulk (Norte Vista)	1991
6-4.5	David Moore (Palm Springs)	1955	15-7	*Myles McDowell (Murrieta)	2005
6-4.5	Mike Plinski (Corona)	1993	15-6	Dustin Wert (Great Oak)	2014
6-4.5	B.J. Stewart (Norco)	1996	15-6	Ryan Polakiewicz (Great Oak)	2015
6-4	Columbus Calvert (Poly)	1959	15-6	Asa Martin (Great Oak)	2016
6-4	Jon Vaughn (Corona)	1966	15-5.25	Vic Diaz (Rubidoux)	1967
6-4	Hollowell (Perris)	1970	15-4	*Ethan Amata (Roosevelt)	2018
6-4	Dave Nugent (Norco)	1973	15-3	Ernesto Collazo (Great Oak)	2018
6-4	Hammond (Hemet)	1976	15-0	Brett Updike (Temecula)	1996
6-4	Gary West (Arlington)	1979	15-0	Rodney Mabry (Temecula)	1997
6-4	Phil Sando (Notre Dame)	1979	15-0	Ben Shelton (Centennial)	1998
6-4	Jeff Livsay (Norco)	1984	15-0	Andrew Lottig (Great Oak)	2014
6-4	Nate Tucker (Corona)	1985	15-0	Garrett Hansen (Santiago)	2014
6-4	Ken Leonard (Rubidoux)	1986	15-0	* Tim Morphey (Great Oak)	2014
6-4	King (Beaumont)	1987	15-0	Nich Lapierre (Chaparral)	2016
6-4	David Guillermo (Palm Springs)	1989	15-0	Adam Millet (Corona)	2016
6-4	Craig Smith (Temecula)	1990	15-0	*Brady Ho (Beaumont)	2018
6-4	Jim Nolland (Elsinore)	1990	14-10	Austin Prince (Murrieta)	2008
6-4	Mark Greenwood (Canyon Springs)	1992	14-9	*Ryan Utchmer (Chaparral)	2005
6-4	Antoine Adkins (Rubidoux)	1992	14-9	Matt Davis (Elsinore)	2009
6-4	Scott Smith (Centennial)	1992	14-9	Cory Pittman (Great Oak)	2012
6-4	Chris Morrison (Norte Vista)	1992	14-9	Nick Weisheit (Roosevelt)	2012
6-4	Anderson (Poly)	1993	14-8	Miles Reynolds (Hemet)	1991
6-4	Tim Leffel (Hemet)	1995	14-7	*Jakob Ernst (Roosevelt)	2018
6-4	Kurt Lomas (San Jacinto)	1995	14-7	Jake Rice (Murrieta Valley)	2017
6-4	Curtis Harrison (Banning)	1995	14-6	Dopp (Corona)	1971
6-4	Brad Ackley (Murrieta Valley)	1996	14-6	Berry Leake (Corona)	1979
6-4	Dustin Riley (Woodcrest Christian)	1996	14-6	Rocky Wilson Indio)	1979
6-4	Max Saddler (Banning)	1996	14-6	Marc Amesse (Elsinore)	1991
6-4	Roman Herring (Arlington)	1996	14-6	John Eckhardt (Hemet)	1993
6-4	Boyd Jensen (La Sierra)	1996	14-6	Armando Duran (Nome Vista)	1995
			14-6	Jeff Schneider (Murrieta)	1996

Pole Vault

14-6	Josiah Douglas (Murrieta)	1995	13-9	Jonah Heath (Chaparral)	2014
14-6	Duncan Johnson (Temecula Valley)	1998	13-9	*Asa Martin (Great Oak)	2015
14-6	Eddie Becker (Temescal Canyon)	1998	13-9	Andrew Wilde (King)	2017
14-6	Steve Pease (Temescal Canyon)	1998	13-9	**Kendal Gibbs (Vista)	2018
14-6	Sam Ungeheier (Elsinore)	2001	13-7	* Daniel Mukasa (King)	2014
14-6	Carlos Sanchez (Paloma Valley)	2001	13-7	Clayton Booth (Vista)	2014
14-6	Matt Saul (Temecula)	2003	13-7	*Nicholas Gutierrez (Corona)	2018
14-6	Alex Lohman (Murrieta)	2005	13-7	Cameron McCracken Payo (King)	2018
14-6	Jake Johnson (Temecula)	2006	13-6	*Cameron Franklin (Great Oak)	2017
14-6	Myles McDowell (Murrieta)	2006	13-6	Bruner (Indio)	1977
14-6	*Austin Woods (Canyon Springs)	2009	13-6	Vierra (Moreno Valley)	1976
14-6	Stephen Brown (Great Oak)	2010	13-6	Owen (Indio)	1976
14-6	Colin Cassady (Vista)	2012	13-6	Wilson (Indio)	1976
14-6	Andre Elmore (Roosevelt)	2013	13-6	Don Flint (Norco)	1974
14-6	Leonard Becarra (Santiago)	2014	13-6	Dave Nugent (Norco)	1973
14-6	Jerod Stevens (Temecula Valley)	2016	13-6	Louie Romero (Indio)	1978
14-6	*Zach Green (Poly)	2016	13-6	Jarret Johnson (Perris)	1984
14-6	Tyler Harper (Beaumont)	2017	13-6	Roger Hallett (Hemet)	1984
14-6	Garrett Thompson (Great Oak)	2017	13-6	Troy Parr (Perris)	1986
14-6	*Jacob Camarena (Roosevelt)	2018	13-6	Brent Benson (Corona)	1985
14-6	Cameron Franklin (Great Oak)	2018	13-6	Tim Dry (Elsinore)	1985
14-5	Dustin Davis (Vista)	2018	13-6	Doug Weber (Poly)	1986
14-4	Jeff Massey (Chaparral)	2001	13-6	Jeff Wall (Norco)	1990
14-4	Christian Esplana (Roosevelt)	2015	13-6	Don Killian (Norte Vista)	1991
14-3	Eric Willis (Temescal Canyon)	2001	13-6	Peter Anderson (Elsinore)	1992
14-3	*Colin Cassady (Vista)	2011	13-6	Brad Scott (Corona)	1992
14-3	Jonathan Villaflor (Vista)	2011	13-6	Sal Duran (Norte Vista)	1992
14-3	Clint Suppe (Roosevelt)	2013	13-6	Eric Stanfield (Elsinore)	1993
14-3	Marcos Zavaleta (King)	2015	13-6	Gilbert Amesse (Elsinore)	1993
14-2	Roger Heldoom (Perris)	1983	13-6	Mason McKinnon (Norco)	1994
14-2	Jarrod McGuire (Murrieta Valley)	2001	13-6	Mike Ganet (Centennial)	1995
14-2	Jose Olague (Chaparral)	2008	13-6	Schimer (Murrieta)	1996
14-1	Larry Thompson (Ramona)	1970	13-6	Tim Patinbo (Elsinore)	1997
14-0	Barry Gilfry (Corona)	1964	13-6	Levi Walker (Hemet)	1999
14-0	Ed Grondahl (Ramona)	1971	13-6	Troy Reynolds (Hemet)	1999
14-0	Gonzales (Coachella)	1979	13-6	Nathan Carman (West Valley)	1999
14-0	Tony Young Coachella)	1984	13-6	Bobbie Hudson (Rubidoux)	2000
14-0	Scott Hanes (Ramona)	1987	13-6	Matt Ungeheier (Elsinore)	2001
14-0	James Guillermo (Palm Springs)	1989	13-6	Devin Bergquist (Canyon Springs)	2002
14-0	Frank Ayers (Corona)	1990	13-6	Chris Miyake (Murrieta)	2002
14-0	Aaron Bishop (Poly)	1990	13-6	Nick Ham (Temecula)	2002
14-0	Nick Karr (Temescal)	1997	13-6	Jake Defter (Chaparral)	2004
14-0	Duncan Johnson (Temecula)	1998	13-6	Steve Hoskinson (Poly)	2005
14-0	Tim Patino (Elsinore)	1998	13-6	Matt Jones (Rancho Verde)	2006
14-0	Derrick Rathbone (Hemet)	1998	13-6	Pavel Mineukou (King)	2006
14-0	Josh Colburn (Murrieta)	1999	13-6	Chris Schaal (Vista)	2007
14-0	Rithy Vong (Esinore)	2000	13-6	Ryan Sibley (King)	2007
14-0	Eric Witts (Elsinore)	2000	13-6	Josh Brewton (Rubidoux)	2007
14-0	Calvin Davis (Rubidoux)	2001	13-6	Ian Peterson (Vista)	2008
14-0	Nathan Skankey (Murrieta)	2002	13-6	Thomas Hamm (Poly)	2008
14-0	Devin Duncan (Poly)	2003	13-6	Sean Stone (Great Oak)	2009
14-0	Devin Bergquist (Canyon Springs)	2003	13-6	Dee Davis (Great Oak)	2010
14-0	Chris Miyake (Murrieta)	2003	13-6	Clint Suppe (Roosevelt)	2011
14-0	Ian Peterson (Vista)	2007	13-6	Jon Barnes (King)	2011
14-0	Tyler Wallace (Chaparral)	2008	13-6	*Randy Werkheiser (Elsinore)	2011
14-0	*Will Foody (King)	2011	13-6	Avery Chung (Chaparral)	2013
14-0	George Goodwin (Poly)	2012	13-6	Aleksei Watson (Elsinore)	2014
14-0	Nicholas Weisheit (Roosevelt)	2013	13-6	Cameron Brock (King)	2014
14-0	*Dylan Dickerson (Elsinore)	2016	13-6	Daniel Mukasa (King)	2015
14-0	Christian Esplana (Roosevelt)	2016	13-6	Jeff Robbins (Poly)	2015
14-0	Kobi Boltares (Centennial)	2016	13-6	*Alex Cha (Vista)	2015
14-0	Jarod Kerr (Valley View)	2016	13-6	Jorge Pelayo (Elsinore)	2016
14-0	*Ernesto Callato (Great Oak)	2017			
14-0	**Than Amata (Roosevelt)	2017			
14-0	**Josiah Molascon (King)	2017			
14-0	**Kyle Yonker (Great Oak)	2018	25-3	Bobby Bonds (Poly)	1964
14-0	***Jack Wright (Great Oak)	2018	24-10.5	Jovonte Slater (Vista)	2011
13-9	Steve Nugent (Norco)	1976	24-5	Chris Harper (Arlington)	1980
13-9	Buc Longmore (Elsinore)	1985	24-5	Mike Anderson (Rubidoux)	1983
13-9	Tom Petri (Poly)	1997	24-4.25	Verle Sorgen (Poly)	1949
13-9	Mark Johnston (King)	2005	24-3.5	Bryan Thompson (Rancho Verde)	2017
13-9	*Sean Stone (Great Oak)	2008	24-3	Bob Britt (Poly)	1962
13-9	Bryar Yup (Vista)	2013	24-3	Tyree Washington (La Sierra)	1995
13-9	Kyle Gunnell (Corona)	2013	24-3	CJ Stevenson (Great Oak)	2018
13-9	*Nathan Sukhov (Murrieta Valley)	2013	23-11.75	Joe Williamson (Poly)	1961

Long Jump

23-11.5	*DJ Lloyd (Vista)	2008	22-4	Jlmal Cumberbatch (Temecula)	2003
23-11	Mario Montgomery (Banning)	1979	22-3.5	Nick Neal (North)	2001
23-11	Quincy Franks (Perris)	1980	22-3	Tony Young (Coachella)	1984
23-10.5	Jimmy Devine (Ramona)	1995	22-3	Brandon Tedrow (Beaumont)	1999
23-9.5	Kenny Johnson (Canyon Springs)	1974	22-3	Theartis Grigsby (Vista)	2012
23-8	Mike Harris (Indio)	1974	22-2.75	Lou Welfel (La Sierra)	1993
23-8	Nick Ross (Vista)	2009	22-2.5	Wilson (Poly)	1931
23-7	Al Washington (Poly)	1966	22-2.5	Curtis Proctor (Poly)	1994
23-6.5	Chris Milan (Great Oak)	2012	22-2	Kevin Nolen (Norte Vista)	1990
23-6.25	Clay Hall (Palm Springs)	1982	22-2	Corey Merrill (Palm Springs)	1992
23-6	JaMar Moore (Rubidoux)	1991	22-2	**Nick Fisher (Great Oak)	2013
23-6	Erik Vann (Canyon Springs)	1996	22-1.75	Jacob Lister (Vita)	2016
23-4.5	Tony Williams (Indio)	1984	22-1.5	Strange (Indio)	1978
23-4.25	Lafayette Waters (Murrieta Valley)	2014	22-1.5	*Nick Talor (Vista)	2009
23-4	Art Lilly (Perris)	1965	22-1.25	Kale Novak (Murrieta Valley)	2012
23-4	Mickey Grimes (Canyon Springs)	1995	22-1.25	Isaiah Manley (Santiago)	2014
23-3.25	Jared Lewis (Poly)	1994	22-1	George Woods (Rubidoux)	1989
23-3.25	Ronald Howard (North)	2002	22-1	Larry Jones (Canyon Springs)	1991
23-3	Mike Howe (North)	1981	22-1	Shamori Walker (Moreno Valley)	1993
23-3	Derron Smith (Banning)	2010	22-1	Willie Baker (Norte Vista)	1997
23-2.25	Dave Janoski (Corona)	1992	22-1	Brandon Tedrow (Beaumont)	1999
23-1.5	B.J. Stewart (Norco)	1996	22-1	Shane FitzGerald (Vista)	2016
23-1.25	Jonathan Williams (Temecula)	2006	22-0.75	Angelo DeWitt (Indio)	1986
23-1	Simpson (Banning)	1975	22-0.5	Kyltone Jack (Canyon Springs)	1992
23-1	Lee Harper (Indio)	1988	22-0.5	Nate Koch (Temescal)	2003
23-0	Vince Craghead (Rubidoux)	1971	22-0.5	Adam Luckey (Murrieta)	2005
23-0	Ryan Swafford (Vista)	2008	22-0.25	Tim Williams (Rubidoux)	1985
23-0	**Quentin Taylor (Palm Springs)	2011			
22-11.75	Kincaid (Perris)	1975	Wind-Aided:		
22-11.5	Kevin Maria (San Jacinto)	2018	24-11.75	Jovonte Slater (Vista)	2011
22-10.5	Earnest Clark (North)	1984	24-5	Mike Howe (North)	1981
22-10.5	Kenny Jackson (Elsinore)	2009	23-10	Jaylen White (Vista)	2017
22-10.25	Avery Anderson (North)	1991	23-9.75	Kyjione Jack (Canyon Springs)	1992
22-10.25	Billy Keys (North)	2002	23-8.25	Simpson (Banning)	1975
22-9.75	Jason Churchhill (Palm Springs)	1999	23-7.5	**Ervin Simmons (Murrieta)	2009
22-9.75	* Nick Fisher (Gret Oak)	2014	23-6	Derron Smith (Banning)	2010
22-9.5	Ron Oastes (Hemet)	1965	23-6	*Kamari Maddox (Elsinore)	2018
22-9.5	Jordan Testerman (Vista)	2016	23-4	Dave Janoski Corona	1992
22-9.25	*Kamari Maddox (Elsinore)	2018	23-3.5	Nathan Irvin (Poly)	1998
22-9	Nathan Campbell (Perris)	1989	23-2.5	* CJ Alumbres (Vista)	2014
22-9	***Trevor Webb (Vista)	2009	23-2.25	Nick Ross (Vista)	2009
22-9	Anthony Reyes (Elsinore)	2017	23-2	OT Sabo (La Sierra)	2005
22-8.75	Brad McGee (Indio)	1981	23-2	Jonathan Williams (Temecula)	2006
22-8.75	Troy Watkins (Woodcrest Chr)	2010	23-2	*Anthony Reyes (Elsinore)	2016
22-8	Nathan Irvin (Poly)	1998	23-2	*Bryan Thonpson (Rancho Verde)	2016
22-8	Justin Nelson (Murrieta)	2002	23-0.25	Calvin Grissom (La Sierra)	1994
22-8	*Terance Narvaez (Canyon Springs)	2011	23-0.25	Jordyn Manier (Roosevelt)	2016
22-8	* CJ Alumbres (Vista)	2014	22-10.75	Lance Gonzales (Murrieta Valley)	2005
22-7.75	Silas Hale (Poly)	1982	22-10.5	Jon Greenwalt (Elsinore)	2010
22-7.5	Ron Haines (Corona)	1984	22-8.75	***John Byrd (Arlington)	2006
22-7.25	Marquise Strange (Cathedral City)	1998	22-8.5	Marcus Logan (North)	2004
22-7.25	Marcus Logan (North)	2004	22-8.5	Chase Aaronson (Palm Springs)	2007
22-7	Trewitt (Elsinore)	1939	22-8	Jeremy Wesst (Perris)	2008
22-7	Main Mitchell (Temecula)	1995	22-8	Ricky Wright (Palm Springs)	2015
22-7	Brian Majors (Canyon Springs)	2001	22-7.5	Rodney Storrs (Santiago)	2007
22-7	Jermaine Pate (North)	2002	22-7	Curtis Bonapart (Poly)	2005
22-7	Davon Mercer (Murrieta)	2005	22-7	Justin Blue (Roosevelt)	2017
22-7	*James Green (Cathedral City)	2017	22-6.5	Lance Gonzalez (Murrieta)	2004
22-6.75	Wilford Weischedel (Perris)	1948	22-6.5	Jesse Ooten (Rancho Verde)	2007
22-6.25	C Stuart (Corona)	1974	22-6.5	Josh Como (Rancho Verde)	2006
22-6.25	Josh Gibson (Canyon Springs)	2003	22-6.5	Malek Walls (Canyon Springs)	2010
22-6.25	Jesse Ooten (Rancho Verde)	2008	22-6.5	Anthony Garcia (Murrieta Valley)	2016
22-5.75	OT Sabo (La Sierra)	2005	22-6.5	**Christian Gray (Great Oak)	2016
22-5.75	Kevin Kim (Santiago)	2015	22-6.25	Chris Samuel (Rancho Verde)	2004
22-5.25	Spencer Gray (Poly)	2010	22-6.25	Isaiah Scott (Palm Springs)	2017
22-5.25	D.J. Redd (Paloma Valley)	2011	22-6	Eric Nowell (Perris)	2006
22-5	Robert Cotton (Indio)	1983	22-6	Larry McCan (Indio)	2015
22-5	Greg Davis (San Jacinto)	2001	22-5	Tribble (Indio)	1975
22-4.75	Ellison (Poly)	1940	22-5	Danny Foster (Centennial)	2002
22-4.75	Nathan Arvin (Poly)	1999	22-5	**Bryan Thompson (Rancho Verde)	2015
22-4.75	John Byrd (Arlington)	2009	22-4.5	*Kameron Green (Great Oak)	2010
22-4.5	James Scott (Banning)	1984	22-4.5	Matt Galloway (Elsinore)	2015
22-4.5	Malek Walls (Canyon Springs)	2010	22-4	Adam Luckey (Murrieta Valley)	2005
22-4.25	Orshawante Bryant (Rubidoux)	1996	22-4	**Maverick Metoyer (Vista)	2013
22-4.25	Myles Williams (Perris)	2011			

Triple Jump

50-6.5	CJ Stevenson (Great Oak)	2018	45-3	John Peoples (Palm Desert)	1989
50-3.5	Josh Como (Rancho Verde)	2006	45-3	*Quincy Enunwa (Rancho Verde)	2009
50-1.25	*CJ Alumbres (Vista)	2014	45-2.75	Jim Chojnacki (Cal Lutheran)	2009
49-9.5	Kenny Johnson (Canyon Springs)	1991	45-2.5	Michael Hernandez (Valley View)	2005
49-8	Nick Ross (Vista)	2009	45-2.25	*Sidney Robinson (Valley View)	2017
49-7.25	Tim Williams (Rubidoux) (49-7.5w)	1985	45-1.75	Petty (Hemet)	1985
49-6	Chris Benard (Santiago)	2008	45-1.75	Lenny Williams (Corona)	1983
49-0.25	Curtis Wilson (Rancho Verde)	2009	45-1.75	JaMar Moore (Rubidoux)	1991
48-10.25	*Solomon Ijah (Murrieta)	2010	45-1.5	Arnold Jackson (Norco)	1983
48-7.75	Aaron Berry (Perris)	2015	45-1	Keenan Colemann (Perris)	2014
48-6.75	Ryan Swafford (Vista)	2008	45-0.75	Chris Davis (Rancho Verde)	2012
48-4.5	Clay Hall (Palm Springs)	1982	45-0	Davon Mercer (Murrieta)	2004
48-3.5	Larry Jones (Canyon Springs) (indoor)	1991	45-0	Lakertic Nendel (Poly)	2018
48-3	Norris (Coachella)	1978	44-11.75	Ron Haines (Corona)	1985
48-1	Shamori Walker (Moreno Valley)	1993	44-11.5	Joshua Rennick (Mesa)	2015
48-0.5	JR McCoy (Rubidoux)	1989	44-11	Tyronne Owens (Palm Desert)	1989
48-0.5	Nick Taylor (Vista)	2010	44-10.5	Andre Hunt (Moreno Valley)	2008
47-11.75	Staton Gibson (Ramona)	2003	44-10	*William Armour (Vista)	2011
47-10.25	Dyvod Hammond (Hemet)	1991	44-10	Rio Rodriguez (Poly)	2012
47-8.5	Clayton Fleminster (Perris)	1993	44-9.5	*Darien Bailey (Temecula Prep)	2008
47-5.25	Myles Williams (Perris)	2011	44-9	Aaron Masters (Hemet)	1994
47-4	Erik Vann (Canyon Springs)	1996	44-9	Stevie Will (King)	2009
47-2	Paul Turner (Indio)	2009	44-8.5	*Anthony Hollins (Perris)	2011
47-0.75	Anthony Verret (Perris)	1985	44-8.25	Ralph Johnson (Hemet)	1988
47-0.25	Travion Lee (CA Military Inst)	2018	44-8.25	Ray Warhop (Arlington)	1995
46-10.25	Johnnie Young (Rancho Verde)	2015	44-8.25	*Adrienne Jackson (Vista)	2013
46-10	Isaac Grimes (Rancho Verde)	2016	44-8	Tony Williams (Indio)	1984
46-9.25	Eric Nowell (Perris)	2006	44-8	Aaron Anderson (North)	1988
46-9	Walter Whitaker (Vista)	2011	44-8	Nosy Karasoulas (Elsinore)	1988
46-8.25	Robert Cotton (Indio)	1983	44-7.5	William Ibekwe (Norco)	2005
46-8	Malek Walls (Canyon Springs)	2010	44-7	Jeremy Meyerett (Rubidoux)	1993
46-7	Jama1 Cumberbatch (Temecula)	2003	44-6.75	*Kyle Ambat (Ramona)	2014
46-6.75	Manuel Santiago (King)	2008	44-6.5	Jared Lewis (Poly)	1995
46-6.5	Rick Wood (Moreno Valley)	2000	44-6.5	Justin Nelson (Murrieta)	2001
46-6.25	Kyjione Jack Canyon Springs)	1992	44-6	JJ Eddington (Perris)	1984
46-6	Jovan Grady (Rancho Verde)	2002	44-6	William Shropshire (North)	1988
46-5	*Anthony Reyes (Elsinore)	2016	44-6	*Shane Stanton (Mesa)	2012
46-4.25	Michael Howe (North)	1981	44-5.75	Eric Bello (Corona)	2000
46-4.25	Dametrious Munerlyn (Elsinore)	1985	44-5	Jaylin White (Vista)	2017
46-4.25	Craig Mauldin (Mesa)	2012	Wind -aided:		
46-4.25	*Lorenzo Burns (Linfield)	2015	50-6.75	Curtis Wilson (Rancho Verde)	2009
46-4	Orshawante Bryant (Rubidoux)	1996	50-4.5	CJ Stevenson (Great Oak)	2017
46-3.5	Henry Vildosola (Woodcrest Chr)	2010	50-0.25	Nick Ross (Vista)	2009
46-1	Jeff Strange (Indio)	1983	49-9.25	Josh Como (Rancho Verde)	2006
46-0.5	B.J. Stewart (Norco)	1996	49-7.5	Tim Williams (Rubidoux)	1985
46-0.25	Stanton Gibson (Ramona)	2002	49-1.25	Ryan Swafford (Vista)	2008
46-0.25	Julius Tate (Santiago)	2007	49-1	Nick Taylor (Vista)	2010
46-0	Andy Pfeifle (Hemet)	1982	49-0	Chris Benard (Santiago)	2008
46-0	Larry Jones (Canyon Springs)	1990	47-9.5	Isaac Grimes (Rancho Verde)	2016
46-0	Phillip Craig (Banning)	2002	47-7	Jovan Grady (Rancho Verde)	2002
45-11.5	Cullen Sullivan (Poly)	2012	47-6	Johnnie Young (Rancho Verde)	2015
45-11	Anthony Reyes (Elsinore)	2017	47-4.75	Paul Turner (Indio)	2009
45-11	Oluwqasegun Olubi (Centennial)	2017	47-3.5	Jeremy West (Perris)	2008
45-9.75	Dion Beckton (Rancho Verde)	2012	47-3	Aaron Berry (Perris)	2015
45-9.5	Isaiah Manley (Santiago)	2014	47-2	*Travion Lee (CA Military Institue)	2018
45-9.5	*Nick Fisher (Great Oak)	2014	46-9.5	Henry Vildosola (Woodcrest Chr)	2010
45-9.25	Fraancea Brown (Rancho Verde)	1999	46-8.25	Malek Walls (Canyon Springs)	2010
45-9	Aaron Smith (Canyon Springs)	1991	46-8	Joshua Rennick (Mesa)	2015
45-8	Devon Vinson (Santiago)	2015	46-7	Jamal Cumbertach (Temecula)	2003
45-7.75	Milan Ford (Centennial)	1994	46-3	Jordyn Manier (Roosevelt)	2016
45-7.25	Jimmy Devise (Ramona)	1995	46-2	Tim Sebastian (North)	2006
45-7	Aaron Harris (Canyon Springs)	1989	46-1.5	*Nick Fisher (Great Oak)	2014
45-7	Nathan Irvin (Poly)	1999	46-0.5	Donovan Jansen (Temecula Valley)	2016
45-6	*Jovonte Slater (Vista)	2010	46-0	Nich Samuels (Chaparral)	2016
45-4.25	Dominick Hines (Poly)	2006	45-11.75	Devin Ray (West Valley)	2014
45-4.25	Stephon Williams (Roosevelt)	2012	45-11.25	Adrienne Jackson (Vista)	2014
45-4.25	Christian Gbla (Temecula)	2018	45-11	Jeremy West (Perris)	2008
45-4	Nnamdi Agude (Santiago)	2011	45-11	Mitchell Agude (Santiago)	2017
45-3.5	Dave Janoski (Corona)	1992	45-10.5	Jedkai Hill (Chaparral)	2014
45-3.5	Christian Gbia (Temecula Valley)	2017	45-10.25	*Jacob Zandi (Murrieta Valley)	2015
45-3.5	*Jordan Austin (Canyon Springs)	2013	45-5	Anthony Hollins (Perris)	2012
45-3.25	Jedaki Hill (Chaparral)	2014	45-4	Sidney Robinson (Valley View)	2017
45-3	King (Beaumont)	1987	45-3	Lafayette Waters (Murrieta Valley)	2014
			45-3	Ricky Wright (Palm Springs)	2015

45-1.5 *William Armour (Vista)
 45-1 Jonathon Hawkins (Rancho Verde)
 45-1 Romello Edwards (Perris)
 45-0.5 Kenneth Whitmore (Rancho Verde)
 45-0.25 Jaylin White (Vista)
 45-0 *David Irving (San Jacinto)

Shot Put

69-7.25 Nick Ponzio (Great Oak)
 67-1.5 Joe Canavan (Palm Desert)
 63-11.5 Jake Knight (Rubidoux)
 62-5.25 Spencer Moorman (San Jacinto)
 61-8 Hank Kraychir (San Jacinto)
 61-3.75 Gene Clark (North)
 61-0.25 Jared Morgan (La Quinta)
 61-0 Corey Whitaker (Vista)
 60-11 Derek Kurkowski (Canyon Springs)
 60-10.75 Oscar Rodriguez (Palm Desert)
 60-9.75 Larry Richards (Poly)
 60-8 Silas Hurst (Santiago)
 60-6.75 Leighton Heape (Palm Springs)
 60-4.25 John Chamberlain (Poly)
 60-3.75 Tim Oesterling (Ramona)
 60-2.5 Ed White (Indio)
 60-2 Matt Wiley (Hemet)
 59-11.5 Josh Johnson (Valley View)
 59-11 Jaime Navarro (Great Oak)
 59-8.5 Arren Roberson (Desert Hot Sp)
 59-7.75 Moises Ramos (Coachella Valley)
 59-7.5 Steve Fite (San Jacinto)
 59-5.75 *Lawrence O'Hara (Poly)
 59-5.5 Harrison Gould (Great Oak)
 58-9 Gabe Torre (Notre Dame)
 58-9 Rovann Cleveland (Rubidoux)
 58-3 Mike Savicky (Corona)
 58-2 Coleman Johnson (Poly)
 57-11.75 Kyle Nelthorpe (Poly)
 57-11.75 Justin Barlow (Great Oak)
 57-9 Steve Dufner (Hemet)
 57-8.5 Greg Garza (Indio)
 57-8.5 Matt O'Hara (Poly)
 57-2.5 Hank Behrens (San Jacinto)
 56-11.5 Jordan Davis (Elsinore)
 56-11 *Jaime Navarro (Great Oak)
 56-9.25 Desmond Clark (Rancho Verde)
 56-7.5 Adam Simler (Hemet)
 56-7.25 Seth Knowlton (Great Oak)
 56-5 Charles Smith (Poly)
 56-3.25 Peyton (Beaumont)
 56-2.5 Brandis Dew (Hemet)
 56-1.5 Jeremy Sutherland (Palm Springs)
 56-1 Picky Youngquist (Temescal)
 55-11.25 Malone (Moreno Valley)
 55-11 Chad Rossan (Canyon Springs)
 55-9.75 Phister (Poly)
 55-9 Charles Martin (Poly)
 55-7 Robert Malone (King)
 55-6.5 George Allen (Rubidoux)
 55-6 Kris Kirk (Elsinore)
 55-5.75 Rico Stubbs (Elsinore)
 55-4.5 Jeff Tavashati (Murrieta)
 55-3.25 Kyle Strawn (Great Oak)
 55-3 Henry Stevens (Banning)
 55-0.5 Randy Patterson (Banning)
 55-0 Siua O'Reilly (Hemet)
 54-11.5 Louie Romero (Indio)
 54-11.25 Desmond Clark (Rancho Verde)
 54-10.5 Tevita Stevens (Hemet)
 54-10 Dennis Smith (Hemet)
 54-9.5 Sonny Soto (Ramona)
 54-8.5 Connor Anderson (Ramona)
 54-7.5 W. Palmer (Ramona)
 54-6.5 Tanner Harrah (Temecula)

2011 54-5.5 CJ Francis (La Sierra) 2004
 2004 54-3.75 *Corey Whitaker (Vista) 2011
 2018 54-3 Shane Wiley (Hemet) 1986
 2004 54-2.75 Chris Witcher (La Sierra) 2004
 2017 54-0.25 *Harrison Gould (Great Oak) 2017
 2010 53-11.5 Danny Negrete Centennial) 2001
 53-11.5 *Silas Hurst (Santiago) 2017
 53-11.5 Rosario Salazar North) 1989
 53-11 Matt Gomez (Rubidoux) 2000
 53-11 Jose Sida (Hemet) 2007
 53-10 Omar Valenzuela (La Quinta) 2015
 53-9 Greg Berry (Elsinore) 1986
 2001 53-9 Westley Siebdrath (La Quinta) 2015
 2010 53-8 Zach Ricketts (Poly) 2002
 1979 53-7 Nate Dandridge (Valley View) 2001
 1970 53-7 Kyle Moshkin (La Sierra) 2007
 2002 53-6.5 *Matthew O'Hara (Poly) 2011
 2012 53-6 Matt Stewart (Santiago) 2014
 1997 53-5 Smutty Diecks (Poly) 1994
 2004 53-5 Arturo Murillo (Ramona) 2009

Discus

2002 200-3 Jared Morgan (La Quinta) 2002
 1966 198-6 Seth Knowlton (Great Oak) 2016
 1965 198-1 Gabe Torre (Notre Dame) 1992
 1989 192-4 John Gallagher (Palm Desert) 1989
 2017 191-1 Greg Garza (Indio) 2003
 2018 190-11 Josh Johnson (Valley View) 2017
 2010 188-10 Jason Rider (Murrieta) 2001
 2011 188-7 Hank Kraychir (San Jacinto) 1979
 1961 187-8 Nick Ponzio (Great Oak) 2013
 2013 187-0 Jared Morgan (La Quinta) 2001
 2018 185-8 Jaime Navarro (Great Oak) 2018
 1992 184-4 Josh Rider (Murrieta) 2000
 1999 184-3 Brandis Dew (Hemet) 2005
 2001 183-8 Matt Lahti (Murrieta Valley) 2006
 1994 182-3 Coleman Johnson (Poly) 1994
 2003 182-0 Matt Gomez (Rubidoux) 1999
 2013 181-0 Omar Valenzuela (La Quinta) 2015
 1972 178-11 Harrison Gould (Great Oak) 2018
 2003 178-9 John Ober (Patriot) 2018
 2012 177-7 Rick Youngquist (Temescal) 2005
 1999 177-2 Jordan Davis (Elsinore) 2015
 2015 176-8 Kris Kirk (Elsinore) 2010
 2017 175-5 Jacob Castilow (Elsinore) 2012
 2004 175-4 Sapule Ta'amilo (Vista) 2012
 2003 174-6 Eldon Milholland (Hemet) 1965
 2016 174-1 Jake Knight (Rubidoux) 2001
 1955 173-10 Kyle Strawn (Great Oak) 2011
 1975 173-3 Matt Wiley (Hemet) 1989
 2004 173-2 Jaime Navarro (Great Oak) 2017
 2005 172-6 *Silas Hurst (Santiago) 2017
 2005 171-10 DeAundre Reed (Rancho Verde) 2006
 1977 171-4 Nick Johnson (Cathedral City) 2005
 2000 171-2 Paul Bradley (Cathedral City) 2003
 1973 170-5 *Corey Whitaker (Vista) 2011
 1955 169-9 *Sapule Ta'amilo (Vista) 2011
 2006 169-5 Kendrick McDaniel (Indio) 1995
 1991 169-1 *David Potts (Roosevelt) 2015
 2010 168-11 Kyle Moshkin (La Sierra) 2007
 2013 168-5 Emil Mejares (Vista) 2010
 2009 168-4 Cody Lynn (Paloma Valley) 2008
 2011 167-11 David Potts (Roosevelt) 2016
 1995 167-9 Chris Witcher (La Sierra) 2004
 2000 167-3 Jacob Underwood (Desert Chr-Bermuda D.) 2006
 1995 167-0 John McBride (La Sierra) 2010
 1978 166-11 Jorge Alvarez (San Jacinto) 1993
 2003 166-3 Nick Nelthorpe (Poly) 2001
 2005 166-3 *Austin Elmore (Poly) 2005
 1985 166-3 Dakari Deramus (Roosevelt) 2015
 1990 166-2 Adam Medina (Canyon Springs) 2003
 2016 166-1 Warden Bowen (Murrieta) 1993
 1982 165-6 Jesus Villarino (San Jacinto) 1997
 2005 165-6 Brandon Sedlaczek (La Quinta) 2015

165-4	Richard Valenti (Palm Desert)	2006	156-3	Gavin Coath (Hemet)	2013
165-2	Jeremy Sutherland (Palm Springs)	2005	156-2	Dan Anady (Hemet)	1978
165-2	Wade Jones (Hemet)	2009	156-2	Mike Edge (Indio)	1987
164-10	Randy Leaphart (Poly)	1993	156-2	Ryan Dannewitz (San Jacinto)	2008
164-7	Rhodes (Moreno Valley)	1978	156-0	Jeremy Fernandez (La Sierra)	2004
164-6	Randy Patterson (Banning)	2000	155-10	Curtis Romano (Vista)	2008
164-5	Jose Sida (Hemet)	2007	155-10	Spencer Moorman (San Jacinto)	2010
164-5	Caleb Wood (Beaumont)	2011	155-9	Jim Smith (Elsinore)	1993
164-4	Jeff Finger (San Jacinto)	1979	155-9	Kartiaire Young (La Sierra)	2014
164-0	Mark Sumler (Indio)	2012	155-7	Doonie Carlos (Rubidoux)	2003
163-9	Mike Cronshagen (Palm Springs)	2006	155-7	Marcus Pallares (Norte Vista)	2008
163-9	Jeff Tavishati (Murrieta)	2009	155-6	Steve Hymer (Temescal)	1995
163-8	Al Faamalisili (Norte Vista)	1992	155-5	Justin Slater (La Sierra)	2007
163-5	Adam Medina Canyon Springs)	2002	155-3	Richard Wallace (Norco)	1977
163-3	Dan Estrada (Norco)	1991	154-10	Mounga Tevita (Vista)	2014
163-1	Greg Berry (Elsinore)	1986	154-8	Terry Dowell (West Valley)	2000
163-0	Leighton Heape (Palm Springs)	2002	154-6	Greet (Ramona)	1985
162-6	Derek Kurkowski (Canyon Springs)	1997	154-5	Andrew Sterndale (Chaparral)	2005
162-4	Brandon Alcantar (King)	2011	154-5	Eric DeVries (Hemet)	2007
162-2	Tama Finau (Mesa)	2015	154-2	Jon Perona (Elsinore)	1989
162-1	Matt Stewart (Santiago)	2014	154-0	Nick Cullen-Carroll (San Jacinto)	2006
162-0	Michael Payne (Murrieta Valley)	2013	154-0	Justin Barlow (Great Oak)	2013
161-11	Chris Lucker (La Sierra)	2001	153-10	Marcos Villegas (Murrieta Valley)	2015
161-10	Ryan Gonter (Vista)	2017	153-9	Colby Buttner (Norco)	1993
161-9	Mike Haig (Norco)	1989	153-7	Shawn Mack (Paloma Valley)	2011
161-9	Skyler Pray (Great Oak)	2010	153-6	Steve Nord (Hemet)	1981
161-9	Aaron Jeglin (San Jacinto)	2010	153-6	*Josiah Ricciardi (Hemet)	2015
161-8	Christian Fonseca (Elsinore)	2017	153-5	Cameron Lyman (Perris)	1988
161-6	Cody Lynn (Paloma Valley)	2007	153-3	Brandon Haskett (San Jacinto)	1999
161-5	Brock Wallander (Vista)	2016	153-3	Nathan Bell (Perris)	2016
161-4	Eduardo Garcia (Rubidoux)	2006	153-2	*Ben Echeverria (Corona)	2012
161-3	Sonny Soto (Ramona)	1991	153-1	Joe Canavan (Palm Desert)	2007
161-2	Andrew Misipeka (Chaparral)	2004	153-0	Moises Barragan (Palm Springs)	2009
161-0	Andre Evans (Corona)	2010	153-0	Matt O'Hara (Poly)	2012
160-8	Lucas Miranda (Hemet)	1996	152-10	Bregman (Hemet)	1998
160-8	Zekai Wu (Roosevelt)	2013	152-10	Grant Cleary (Vista)	2013
160-7	Tevita Stevens (Hemet)	2005	152-10	Chris Whitscher (La Sierra)	2003
160-7	Jordan Brawley (Citrus Hill)	2014	152-10	*Kehlin Hayes (Roosevelt)	2017
160-6	Paul Staub (Hemet)	1980	152-9	Henry Stevens (Banning)	1995
160-5	Anthony Avina (Lakeside)	2010	152-8	Tim Garcia (Moreno Valley)	1986
160-3	Ryan Gann (Corona)	2009	152-8	Andrew Sterndale (Chaparral)	2004
160-2	Padric Higgins (Norco)	1989	152-8	*Charles Bochard (Elsinore)	2009
160-2	Bobbie Schwandt (La Sierra)	2005	152-7	Chreis Gura (Beaumont)	2013
159-11	Tony Tuala (Temescal)	2003	152-6	Ricci (Moreno Valley)	1977
159-10	Alatorre (Indio)	1980	152-5	Brandon Harris (Rancho Verde)	2000
159-8	Andy Richards (Hemet)	2006	152-5	Gavin Gomes (Hemet)	2012
159-5	Chris Stevens (Hemet)	1998	152-4	Jake Cole (Hamilton)	2005
159-5	Alec Jones (King)	2017	152-4	Tristan Corwin (Elsinore)	2014
159-1	Gabriel Vargas (Vista del Lago)	2010	152-4	Tevita Mounga (Vista)	2015
158-10	Westley Siebdrath (La Quinta)	2015	152-3	Ricky Rhay (Poly)	1992
158-9	Alan Heidrich (Beaumont)	1994	152-3	Kevin Johnswon (Ramona)	2016
158-9	Jean-Paul Afif (Temecula Valley)	1998	152-2	Keith Kelly (Corona)	1987
158-9	Patrick Clifford (Chaparral)	2013	152-2	Greg Robinson (Temescal)	1998
158-5	*Lawrence O'Hara (Poly)	2013	152-2	Joseph Young (Santiago)	2010
158-4	Armando Ceja (Xavier Prep)	2012	152-1	Lee Felmley (Norco)	1987
157-11	Andres Henry (Heritage)	2016	152-1	Ben Echevarria (Corona)	2013
157-11	*Alex Oyawale (Vista)	2018	152-1	Dell Campbell (King)	2004
157-10	Alan Bash (Norco)	1977	152-1	Sergio Hernandez (Cathedral City)	2014
157-10	Marcos Cordenas (Moreno Valley)	1998	151-11	Patrick Afif (Temecula)	2001
157-5	Tyler Cisneros (Palm Springs)	2007	151-10	*Jacob Costilow (Elsinore)	2011
157-4	Fernando Cordero (San Jacinto)	1992	151-9	Connor Anderson (Ramona)	2016
157-4	Brock Lasky (Poly)	2005	151-8	Steven Hardy (Beaumont)	2001
157-3	Charles Bochard (Elsinore)	2010	151-8	Jeff Tavashati (Murrieta)	2008
157-1	Matt Hauffen (Norte Vista)	2010	151-7	*Jaquan Scott (La Sierra)	2011
157-0	Andre Abrams (Perris)	1990	151-6	Oscar Rodriguez (Palm Desert)	2004
156-10	***James Wright (Great Oak)	2018	151-5	*Mark Sumler (Indio)	2011
156-9	Tony Stello (Canyon Springs)	1990	151-5	Donnell Toliver (Vista)	2013
156-7	Ryan Tucker (Corona)	2001	151-4	Brett Brown (Corona)	1991
156-6	Siua O'Reilly (Hemet)	1995	151-4	CJ Hicks (Hemet)	2015
156-6	Greg Harris (Corona)	1996	151-4	Darren Jones (Vista)	2018
156-6	Fernando Rodriguez (Elsinore)	2014	151-3	Walter McNeil (Jurupa Valley)	1997
156-5	*Aaron Jeglin (San Jacinto)	2009	151-2	Lucia (Indio)	1982
156-4	Bobby Vail (Palm Springs)	1999	151-1	Lucas Miranda (Hemet)	1994
156-4	Shaun Dech (Elsinore)	2013	151-1	**Edward Ta'amilo (Vista)	2018
156-3	Jason Allison Canyon Springs)	1995	151-0	Rosario Salazar (North)	1989

151-0	Jason Byrd (Temecula)	1996
150-11	PJ Bradley (Cathedral City)	2002
150-11	Andrew Misipeka (Chaparral)	2005
150-10	Nandho Rodriguez (Elsinore)	2014
150-9	*Rogelio Moreno (San Jacinto)	2011
150-9	Rico Stubbs (Elsinore)	2013
150-8	Ernesto Alvarez (San Jacinto)	1996
150-8	Barnes (King)	2002
150-8	Chris Harris (Canyon Springs)	2005
150-7	Dave Mundt (Norco)	1985
150-7	CJ Hicks (Hemet)	2014
150-6	Tim Garcia (Moreno Valley)	1984
150-6	John Ryan (Murrieta Valley)	1999
150-5	Garen Holmes (Norco)	1997
150-5	Roberto Reyes (Ramona)	2012
150-4	Jorge Cervantes (Indio)	2010
150-3	Christopher Brown (Desert Hot Springs)	2014
150-2	Adam Simler (Hemet)	2003
150-1	Daniel Mendez (La Sierra)	2006
150-0	L Ortiz (Corona)	1977
150-0	Eichelmann (Indio)	1976

Decathlon

6056	Henry Vildosola (Woodcrest)	2010
5865	Chris Campbell (Poly)	1995
5864	Louie Romero (Indio)	1978
5545	Jack Reed (Indio)	1975
5343	Gilbert Amesse (Elsinore)	1993
5188	*Darien Bailey (Temecula Prep)	2008
4984	Shamori Walker (Moreno Valley)	1993
4789	Jeremy Lugimbill (Poly)	1996
4764	*Kevin Duncan (Poly)	2003
4694	David Pefley (West alley)	2000
4677	Eric Whitman (Poly)	2002
4577	Frank Almaraz (Banning)	2003
4519	Nathan Irvin (Poly)	1997
4512	Eric Whitman (Poly)	2003
4488	Kevin Gatrost (Elsinore)	2013
4478	Jusin Davis (Elsinore)	2016
4475	Brian Moore (West Valley)	1999
4473	Jacob Reynolds (Elsinore)	2017
4312	*Dave Wirtzfeld (Poly)	1997

Hammer (#12)

208-2	Silas Hurst (Santiago)	2018
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Weight Throw (#25)

70-10	Silas Hurst (Santiago)	2018
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GIRLS ALL-TIME BEST MARKS LIST

		12.04	Kamera Heru (Arlington)	2001
		12.05	*Tylin Sands (Beaumont)	2016
		12.07	Ashley Perkins (Norco)	2009
		12.09	Mary Carroll (Coachella)	1982
		12.09	*Khala Taylor (Great Oak)	2011
		12.10	*Breanna Bernard-Joseph (Roosevelt)	2017
		12.11	Unique Anderson (Temescal)	2003
		12.11	Kimberly Sherrod (Murrieta)	2005
		12.11	*Dynese Adams (Vista)	2009
		12.12	Ciynamon Stevenson (Great Oak)	2016
		12.13	Precious Watkins (Rancho Verde)	2007
		12.13	Jazmine Weatherspoon (Vista)	2009
		12.13	***Audriana Holloway (Vista)	2011
		12.13	Jasmyne Graham (Roosevelt)	2015
		12.14c	Antionette Winston (Perris)	11.9 1979
		12.14c	Ashanti Phannix (Moreno Valley)	11.9 1998
		12.14c	April Henderson (San Jacinto)	11.9 1999
		12.14	Angie Lindsey (Canyon Springs)	2001
		12.14	*Jordyn Smith (Corona)	2015
		12.14	*Haley Murdica (Palm Desert)	2017
		12.15	Breeanca Fleming (Great Oak)	2007
		12.16	Bobbi Jones (Indio)	1984
		12.16	Jade Miller (Great Oak)	2013
		12.16	*Jaela Williams (Roosevelt)	2014
		12.16	***Sydney Reid (King)	2015
		12.17	**Taylor Shorter (Norco)	2018
		12.18	Kim Burress (Temescal)	1999
		12.18	Alexis Deja (Great Oak)	2017
		12.19	Shanee Somerville (Palm Springs)	1991
		12.19	*India Webb (Vista)	2013
		12.19	Doni Evans (Centennial)	2015
		12.20	Jessica Branker-Sanchez (Temescal)	2001
		12.21	Nettie Scott (Corona)	2010
		12.21	Taisyn Crutchfield (Roosevelt)	2014
		12.22	*Tiona Roberts (Roosevelt)	2017
		12.24c	Nativa Johnson (Moreno Valley)	12.0 2004
		12.24	*Tia Parish (King)	2015
		12.25	Alicia Howard (Valley View)	1997
		12.25	Sydney Reid (North)	2018
		12.26	**Diamonique Brogan (Heritage)	2013
		12.28	**Kiarra Baker (Roosevelt)	2010
		12.29	Serma Strange (Indio)	1985
		12.29	Ranisha Delone (Rancho Verde)	2001
		12.30	*Audriana Holloway (Mesa)	2013
		12.30	*Rahni Shakir (Vista)	2013
		12.31	Jenna Tomlin (Paloma Valley)	2002
		12.31	**Yazmin Taylor (Roosevelt)	2010
		12.32	*Sharidan Sharpe (Centennial)	2010
		12.32	**Ugochi Ogbunamiri (Notre Dame)	2011
		12.32	* M'fon Ibekewe (JW North)	2014
		12.32	*Janessa Celestine (Beaumont)	2016
		12.33	Taylor Matthews (Rancho Verde)	2012
		12.33	Chika Chinedu-Obi (Rancho Verde)	2017
		12.33	Anayah Pelt (Perris)	2018
		12.34	Celine Fleming Canyon Springs)	1989
		12.34c	Dejuana Stachell (Beaumont)	12.1 1997
		12.34c	Maude Best (Banning)	12.1 1997
		12.34c	Jessica Williams (La Sierra)	12.1 1999
		12.34c	Candace Wilson (La Sierra)	12.1 1999
		12.34c	DeTuana Satchel (Banning)	12.1 1999
		12.34c	Wilson (Hemet)	12.1 2000
		12.34c	Katie Christianson (La Quinta)	12.1 2000
		12.34c	Hannah Francescon (Temecula)	12.1 2005
		12.34	Jordyn Smith (Corona)	2013
		12.34	***Jada Sidney (Beaumont)	2018
		12.34	**Egbe Ndipagbor (Corona)	2018
		12.35	Orlisha Henlon (King)	2002
		12.35	Ogonna Agu (Hemet)	2006
		12.35	Morgan Pope (La Quinta)	2009
		12.35	** Ciynamon Stevenson (Great Oak)	2014
		12.35	***Jillian Goza (Vista)	2015
100 yards				
11.0	Renee Chambers (Poly)	1979		
11.0	Shelly McDade (Norte Vista)	1979		
11.0	Robin Shelton (Corona)	1982		
11.1	Lisa Winston (North)	1978		
11.1	Pauline Marag (Palm Springs)	1981		
11.2	Pam Streeter (North)	1975		
11.2	Jamie Brown Canyon Springs)	1993		
11.2	Shania Edwards-Hambrick (Moreno Val)	1993		
11.3	Denise Woodward (Hemet)	1982		
11.3	J Keeton (Corona)	1983		
11.3	Tanya Antuina (Norte Dame)	1983		
11.3	Robin Shelton (Moreno Valley)	1983		
11.53	Alicia Howard (Valley View)	1997		
11.59	Thompson (Rudidoux)	1982		
11.4	Ingrid Brown (La Sierra)	1984		
11.4	Serua Strange (Indio)	1986		
11.4	Yvette McCullough (Arlington)	1986		
11.4	Keisha Morgan (Canyon Springs)	1990		
11.4	Latoya LeJav (Canyon Springs)	1993		
11.4	Theodosha Rivers (Rancho Verde)	1995		
11.4	Jessica Branker-Sanchez (Temescal)	2000		
11.66	Ingrid James (Ramona)	1988		
11.5	La Deanna Reynolds (Poly)	1982		
11.5	Bobbi Jones (Indio)	1984		
11.5	Kathy Lynaugh (Arlington)	1984		
11.6	Visa Boatman (Arlington)	1981		
11.6	Christy Slaughter (Poly)	1990		
11.6	Joanna Hayes (North)	1993		
11.6	Marlene White (Norco)	1993		
11.6	Ashanti Phamux (Moreno Valley)	1996		
11.6	Lenzy (Canyon Springs)	1999		
11.6	Zaneta Robbs (Temecula)	2000		
Wind-Aided:				
11.4	Milauskas (Palm Springs)	1987		
100 meters				
11.61	Madinah Ali (Canyon Springs)	1995		
11.62	Lonshay Bradford (Elsinore)	2015		
11.64	Courtne Davis (Roosevelt)	2015		
11.67	Tracee Thomas (North)	1999		
11.67	Nicole Denby (North)	2000		
11.68	*Amanda Van Buren (Vista)	2015		
11.68	Eboni Sutherland (Centennial)	2013		
11.73	Ashlee Brown (North)	2001		
11.73	Jessika Hornsby (Rancho Verde)	2007		
11.73	Saravia Richardson (North)	2006		
11.73	*Asiah Gooden (Rancho Verde)	2009		
11.73	Kayla Wilson (La Quinta)	2014		
11.76	Shae Anderson (Norco)	2017		
11.78	Destiny Longmire (Rancho Verde)	2016		
11.79	Alicia King (Rancho Verde)	2007		
11.85	DeAnna Carson (Vista del ago)	2003		
11.85	Ashley Marshall (Rancho Verde)	2011		
11.86	Danae Dyer (Temecula)	2018		
11.90	Michelle Norman (Vista)	2014		
11.91	Dominique Manning (North)	2004		
11.92	*Alycia Herring (Rancho Verde)	2009		
11.92	Lauren Nichols (Murrieta Valley)	2012		
11.93	Bridgette Williams (North)	2000		
11.97	Jenna Tomlin (Paloma Valley)	2003		
11.97	Hailey Murdica (Palm Desert)	2018		
11.99	Mariah Allain (La Sierra)	2018		
12.01	Nicole Hoxie (North)	1997		
12.01	*Chioma Okonkwo (Mesa)	2018		
12.02	Kaelynn Greene (Roosevelt)	2011		
12.02	Alexis Sutherland (Corona)	2017		
12.03	Theodosha Rivers (Rancho Verde)	1995		
12.03	*Mariah Allain (La Sierra)	2017		

12.35	*Damatria Willingham (Paloma Valley)		2016	12.57	Courtney Logan (Indio)		1990
12.36	Lafonda Thompson (North)		2006	12.57	Alicia Thomas (Ramona)		1992
12.38	**Angela Mitchell (Roosevelt)		2012	12.57	Destiny Tyler (Canyon Springs)		2007
12.38	***Hailey Nuechterlein (Vista)		2018	12.57	*Nalacia Nelson (Beaumont)		2016
12.39	Luzella Harris (Vista)		2018	12.58	Triyauna Anderson (Murrieta)		2007
12.39	Kamaria Heru (Arlington)		2002	12.58	*Camille Bowen (Riv Chr)		2009
12.40	Kierra Augster (Vista)		2009	12.58	Destannie Chenevert (San Jacinto)		2011
12.40	*Kiarra Baker (Roosevelt)		2011	12.58	*Lillie Rellin (Canyon Springs)		2011
12.40	Sheridan Sharpe (Roosevelt)		2012	12.58	***Daja Reynolds (Heritage)		2013
12.40	***Tiona Roberts (Roosevelt)		2015	12.58	Khasya Cunningham (King)		2015
12.41	*Angela Mitchell (Roosevelt)		2013	12.59	*Brandee Rodriguez (Elsinore)		2012
12.41	Rickee Varnado (Rancho Verde)		2014	12.59	*D'Oni Evans (Centennial)		2013
12.41	Simone Bucanan (Roosevelt)		2014	12.59	*Lovie Burlson (Vista)		2013
12.41	**Kennedy Peppers (Corona)		2018	12.59	**Naomi Lashley (Chaparral)		2016
12.42	Natasha King (North)		1991	12.59	*Alana Wilson (La Quinta)		2017
12.42	Bryana Hairston (Mesa)		2016	12.60	Kamilah Ali (Moreno Valley)		1989
12.43	Christie Slaughter (Poly)		1989	12.60	**Sheredyn Pfeiffer (King)		2018
12.43	***Mariah Allain (Norte Vista)		2015	12.61	Miracle Onyemaobi (Paloma Valley)		2017
12.44	La Deanna Reynolds (Poly)		1984	12.61	*Alan I Brandon (Santiago)		2018
12.44c	Diane Temple (Notre Dame)	12.2	1995	12.62	**Ashley Tabag (Centennial)		2018
12.44	Jessica Branker-Sanchez (Temescal)		2003	12.63	Diane Temple (Notre Dame)		1994
12.44c	Sigueria Spirlin (Valley View)	12.2	2004	12.64c	Lisa Poole (Perris)	12.4	1982
12.44c	Sina Weisemann (Vista)	12.2	2005	12.64c	Marie Stamps (Perris)	12.4	1984
12.44	Andi Ross (North)		2006	12.64c	Jamie Brown (Canyon Springs)	12.4	1993
12.44	Seguria Spirlin (Moreno Valley)		2006	12.64c	Debrina Wright (Corona)	12.4	1994
12.44	** Tia Parrish (King)		2014	12.64c	Shanti Oyenuga (Palm Desert)	12.4	1995
12.44	***Alana Wilson (La Quinta)		2015	12.64c	Kari Snow (Norco)	12.4	2002
12.44	Te'a Lynch (Rancho Verde)		2017	12.64c	Mercedes Scrivens (Paloma Valley)	12.4	2003
12.45	Tanicka Ward (North)		2003	12.64c	Brison (North)	12.4	2004
12.45	Omonlego Ovude (Santiago)		2006	12.64c	LaQuesha Robinson (La Sierra)	12.4	2004
12.45	Lovie Burlson (Vista)		2015	12.64c	Chalon Conley (Arlington)	12.4	2004
12.45	Hailey Murdica (Palm Desert)		2016	12.64c	Edwards (Canyon Springs)	12.4	2004
12.46	Ishea Blackshear (North)		1996	12.64	**Ashley Marshall (Rancho Verde)		2009
12.46	*Kierra Augster (Vista)		2008	12.65	Diamonique Pate (Rancho Verde)		2008
12.46	Cydney Jones (King)		2012	12.65	Starlynn Singleton (Mesa)		2013
12.47	*Kristina Bong (Great Oak)		2018	12.66	*** Lydia Buggs (Vista)		2014
12.48	Zona Chandler (Elsinore)		1981	12.67	Unique Lewis (Hemet)		1989
12.48	Marjani Maldonado (North)		2006	12.67	***Egbe Ndipaghor (La Sierra)		2017
12.48	Stephanie Brown (Rancho Verde)		2012	12.68	*Charron Molette (Rancho Mirage)		2018
12.48	***T'Alayah Wright (Orange Vista)		2018	12.69	Shammeen Dawson (Perris)		2001
12.49	Shania Edwards (Moreno Valley)		1993	12.70	Nikki Horton (Canyon Springs)		1989
12.50	Kiarra Baker (Roosevelt)		2012	12.70	Norma Esqueda (La Quinta)		2001
12.50	*Jazmyne Santiel (Indio)		2015	12.70	***Rahni Shakir (Vista)		2011
12.50	Jada Edwards (Mesa)		2018	12.70	**Charizma Guzman (King)		2015
12.51	Denise Johnson Corona)		1990	12.70	***Dannae Dyer (Temecula Valley)		2015
12.51	Brittany Osborne (Santiago)		2009	12.70	Aven LaMere (La Quinta)		2017
12.51	*Miracle Onyemaobi (Chaparral)		2016				
12.51	Delaney Harris (Centennial)		2018	Wind-Aided:			
12.52	Deanna Clawson (Hemet)		1991	11.51	Ashlee Brown (North)		2001
12.52	Luckie Carrasco (Vista)		2007	11.57	Eboni Sutherland (Centennial)		2013
12.52	Nachelle Reyes (Rancho Verde)		2011	11.58	Tracee Thomas (North)		1999
12.52	Rahni Shakir (Vista)		2014	11.58	*Asiah Gooden (Rancho Verde)		2009
12.52	**Tiona Roberts (Roosevelt)		2016	11.58	*Kayla Wilson (La Quinta)		2013
12.52	*Aysia Davis (Paloma Valley)		2018	11.62	Courtnee Davis (Roosevelt)		2015
12.53	Tajshari Johnson (North)		1998	11.68	Alicia King (Rancho Verde)		2007
12.53	Kanisha Cass (Rancho Verde)		2000	11.73	Lauren Nichols (Murrieta Valley)		2012
12.53	*Kristy Allen (Santiago)		2008	11.75	*Alycia Herring (Rancho Verde)		2009
12.53	*Arianna Alexander (Centennial)		2018	11.77	Ashley Marshall (Rancho Verde)		2011
12.54c	Keisha Morgan (Canyon Springs)	12.3	1990	11.83	DeAnna Carson (Vista del Lago)		2003
12.54c	Dana Burrell (Corona)	12.3	1995	11.86	*Courtne Davis (King)		2014
12.54c	Yvette McCullough (Arlington)	12.3	1986	11.86	Mariah Allain (La Sierra)		2018
12.54c	Julia Gray (North)	12.3	1997	11.87	Nicole Hoxie (North)		1997
12.54	*Nenia Taylor (Norco)		2010	11.87	Dominique Manning (North)		2004
12.54	*Amber Sanford (King)		2009	11.88	Ashley Perkins (Norco)		2009
12.54	Robyn Carroll (Lakeside)		2008	11.90	Kaelyn Greene (Roosevelt)		2011
12.54	Nechelle Reyes (Rancho Verde)		2011	11.93	Unique Anderson (Temescal)		2003
12.54	*Iris Chijioke (Roosevelt)		2011	11.93	*Jacla Williams (Roosevelt)		2014
12.54	Shebanette Terry (Vista)		2013	11.95	*Dynese Adams (Vista)		2009
12.54	*Alondra Gonzalez (Norte Vista)		2015	11.99	Shanee Somerville (Palm Springs)		1991
12.55	**Brandee Rodriguez (Elsinore)		2010	12.00	Taisyn Crutchfield (Roosevelt)		2014
12.55	Duncan Nikia (Murrieta)		2009	12.00	*Mariah Allain (La Sierra)		2017
12.55	**Kristin Light (Norco)		2018	12.01	Nicole Denby (North)		1998
12.56	Candice Flemister (Perris)		1991	12.03	Navia Johnson (Moreno Valley)		2004
12.56	*Brianna Harris (San Jacinto)		2016	12.03	Cydney Jones (King)		2012
12.56	*Aaliyah Richardson (Corona)		2017	12.03	*Audriana Holloway (Mesa)		2013

12.04c	Mary Carroll (Coachella)	11.8	1982	12.55	Moriah Jubrey (Centennial)	2003
12.04c	Taryn Foster (Poly)	11.8	1993	12.55	Paige Miller (Rancho Verde)	2006
12.04	Tanika Ward (North)		2003	12.55	**Brandee Rodriguez (Elsinore)	2010
12.05	*Hailey Murdica (Palm Desert)		2017	12.55	*Charmane Hammond (Perris)	2011
12.08	*Tiona Roberts (Roosevelt)		2017	12.55	Jennifer Van Wey (Linfield)	2009
12.08	**Egbe Nidipagbor (Corona)		2018	12.55	Sandra Jackson (Palm Desert)	2017
12.09	Khala Taylor (Great Oak)		2012	12.56	**Sharidan Sharpe (Centennial)	2010
12.10	Nettie Scott (Corona)		2010	12.57	Heather Brown (Notre Dame)	2003
12.10	Jazmine Weatherspoon (Vista)		2009	12.57	***Jaszmyne Santiel (Indio)	2013
12.10	D'oni Evans (Centennial)		2015	12.58	Chynna Swift (Chaparral)	2017
12.11	** Ciynamon Stevenson (Great Oak)		2014	12.58	Micah Coleman (Cathedral City)	2017
12.12	Iris Chijioke (Roosevelt)		2012	12.58	**Kiiyarah Latson (North)	2018
12.12	Deja Alexis (Great Oak)		2017	12.59	Unique Lewis (Hemet)	1989
12.13	Breanca Fleming (Great Oak)		2007	12.59	Shanti Oyenuga (Palm Desert)	1997
12.14c	Shania Edwards (Moreno Valley)		1993	12.59	*Naomi Lasley (Chaparral)	2017
12.16	**Kiarra Baker (Roosevelt)		2010	12.59	***Sanaia Woods (Chaparral)	2018
12.17	India Webb (Vista)		2014	12.60	Dejuara Jackson (Arlington)	2005
12.19	**Amber Sanford (King)		2008	12.60	Ashley Perkins (Norco)	2007
12.21	Destannie Chenevert (San Jacinto)		2011	12.61	J Keeton (Corona)	1983
12.21	*Tia Parris (King)		2015	12.61	Dana Burrell (Corona)	1997
12.23	Marjani Maldonado (North)		2008	12.61	*Sarai Reyes (Indio)	2013
12.24	Stephanie Brown (Rancho Verde)		2012	12.61	Precious Watkins (Rancho Verde)	2004
12.24	*Angela Mitchell (Roosevelt)		2013	12.61	Regina Sheffield (Paloma)	2015
12.25	Ogonna Agu (Hemet)		2006	12.61	*Alexandra Ackerman (Elsinore)	2018
12.27	Natasha King (North)		1991	12.61	*Jazmin Lucatero (Corona)	2018
12.27	Marjani Maldando (North)		2007	12.62	Nikki Horton (Canyon Springs)	1989
12.29	**Dynes Adams (Vista)		2008	12.62	Brittany Osborne (Santiago)	2009
12.30	***Mariah Allain (Norte Vista)		2015	12.62	Kieana Morrison (North)	2008
12.31	Seguria Spirlin (Moreno Valley)		2006	12.62	Hanna Francescon (Temecula)	2008
12.31	Deanna Grover (San Jacinto)		2007	12.62	*Rahni Shakir (Vista)	2013
12.33	Diane Temple (Norte Dame)		1994	12.63	Kristen Johnston (Great Oak)	2007
12.33	Jessica Banker- Sanchez (Temescal)		2003	12.63	***Kimberly Evans (Temecula Valley)	2015
12.33	Orlisha Henlon (King)		2003	12.64	***Azalea Guanajuato (Cathedral City)	2015
12.33	Kiarra Baker (Roosevelt)		2012	12.65	*Michelle Akanji (Santiago)	2012
12.33	**Kennedy Peppers (Corona)		2018	12.66	Robin Shelton (Moreno Valley)	1983
12.34	Alana Wilson (La Quinta)		2018	12.66	Alondra Gonzalez (Norte Vista)	2015
12.37	Camille Bowen (Riv Christian)		2010			
12.38	Morgan Pope (La Quinta)		2009			
12.38	Ashleigh Wells (Roosevelt)		2009			
12.38	**Uwakmfon (m'fon) Ibekwe (North)		2013	23.28	Tracee Thomas (North)	1999
12.38	Rahni Shakir (Vista)		2014	23.67	Shae Anderson (Norco)	2017
12.38	**Tylin Sands (Beaumont)		2015	23.68	*Alycia Herring (Rancho Verde)	2009
12.39	Sheridan Sharpe (Roosevelt)		2012	23.72	Madinah Ali (Canyon Springs)	1995
12.41	Amber Hegwood (Poly)		2008	23.79	Eboni Sutherland (Centennial)	2013
12.42	Tiyauna Anderson (Murrieta)		2007	23.86	*Gabrielle Estell (Rancho Verde)	2010
12.42	**Diamonique Brogan (Heritage)		2013	23.90	Jessika Hornsby (Rancho Verde)	2007
12.43	Morgan Pope (La Quinta)		2008	24.04	*Kayla Wilson (La Quinta)	2013
12.43	*Atiya Strange (Indio)		2012	24.06	Saravia Richardson (North)	2006
12.44c	Dorris Williams (Poly)	12.2	1985	24.21	Bridgette Williams (North)	2000
12.44c	Kellye Lazarus (King)	12.2	2004	24.24c	Terica Ned (Rancho Verde)	1999
12.44	Andi Ross (North)		2006	24.33	*Amanda Van Buren (Vista)	2015
12.45	*Asha Greene (Vista)		2008	24.34	Alicia King (Rancho Verde)	2007
12.45	*Alexis League (La Sierra)		2012	24.36	Ashley Perkins (Norco)	2009
12.45	*Simone Buchanan (Roosevelt)		2013	24.39	Courtne Davis (Roosevelt)	2015
12.45	* Khasya Cunningham (King)		2014	24.42	*Akia Armstrong (Roosevelt)	2012
12.46	Amanda Gonzalez (Corona)		2014	24.44	*Asiah Gooden (Rancho Verde)	2009
12.46	Sumaiyah Sullivan (Jurupa Valley)		2015	24.44	Alexis Sutherland (Corona)	2017
12.47	**Taylor Matthew (Rancho Verde)		2010	24.46	Theodosha Rivers (Rancho Verde)	1995
12.47	Robyn Carroll (Lakeside)		2008	24.52	**Chioma Okonkwo (Mesa)	2017
12.47	***Nenia Taylor (Norco)		2008	24.53	Danae Dyer (Temecula)	2018
12.48	Luckie Carrasco (Vista)		2007	24.60	Khala Taylor (Great Oak)	2012
12.49	Jasmine Seymour (Paloma Valley)		2007	24.62	DeAnna Carson (Vista del Lago)	2003
12.51	Moriah Jubray (Centennial)		2005	24.63	***Audriana Holloway (Vista)	2011
12.51	Cydney Powell (Corona)		2014	24.63	* Courtne Davis (King)	2014
12.51	*Aaliyah Richardson (Corona)		2017	24.66	Ogonna Agu (Hemet)	2006
12.52	*Amber Lambert (Corona)		2011	24.68	Julia Gray (North)	1995
12.52	Kate Rodriguez (Elsinore)		2013	24.68	Cydney Powell (Corona)	2014
12.52	Dystiny Johnson (Great Oak)		2014	24.69	**Egbe Ndripagbor (Corona)	2018
12.53	*Camille Davis (North)		2010	24.70	Cydnie Jones (King)	2012
12.53	**Sheredyn Pfeiffer (King)		2018	24.70	Loryn Nichols (Murrieta Valley)	2012
12.54	Omonlego Avbude (Santiago)		2005	24.71	Jade Miller (Great Oak)	2013
12.54	*Cydnie Jones (King)		2011	24.72	Mariah Allain (La Sierra)	2018
12.54	**Imiendei Adegbe (Santiago)		2015	24.73	Ashley Marshall (Rancho Verde)	2011
12.54	**Kolonnne Greene (Great Oak)		2017	24.75	Akia Armstrong (Roosevelt)	2013
12.54	**Adrianna Alexander (Centennial)		2017	24.79	Taylor Smith (Roosevelt)	2015

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24.81	Shanee Somerville (Palm Springs)		1991	25.59	Nativa Johnson (Moreno Valley)		2004
24.82	Payton Green (Centennial)		2016	25.60	Tiyauna Anderson (Murrieta)		2007
24.83	***Amber Munerlyn (Santiago)		2010	25.60	D'oni Evans (Centennial)		2015
24.83	Lonshay Bradford (Elsinore)		2015	25.60	Miracle Onyemaobi (Chaparral)		2017
24.84	Ashanti Phannix (Moreno Valley)		1998	25.61	Mandrell Anderson (North)		1996
24.85	*Taisyn Crutchfield (Roosevelt)		2013	25.61	**Ugochi Ogbunamiri (Notre Dame)		2011
24.86	*Chioma Okonkwo (Mesa)		2018	25.61	**Tiona Roberts (Roosevelt)		2016
24.87+	Renee Chambers (Poly)	25.01y	1979	25.62	Lena Bettis (North)		2000
24.87	Emily Cooper (Vista del Lago)		2010	25.62	**Miracle Saxon (North)		2016
24.89	Kim Burress (Temescal)		1999	25.62	*Aaliyah Richardson (Corona)		2017
24.89	Precious Watkins (Rancho Verde)		2006	25.62	**Nakyia Buckner (La Sierra)		2018
24.89	*Dynese Adams (Vista)		2009	25.63	*Kierra Auguster (Vista)		2008
24.90	Nettie Scott (Corona)		2010	25.63	Tia Parrish (King)		2016
24.92	Tamika Ward (North)		2001	25.64c	Sigueria Sperlin (Valley View)	25.4	2004
24.94c	Ashlee Brown (North)	24.7	2001	25.64	**Yasmin Taylor (Roosevelt)		2010
24.94	Lorraine King (North)		2004	25.64	M'fon Ibekewe (North)		2015
24.95	*Angela Mitchell (Roosevelt)		2013	25.64	*Chine Ehiemere (Rancho Verde)		2016
24.96	Lafonda Thompson (North)		2006	25.65	Joanna Hayes (Arlington)		1994
24.97	India Webb (Vista)		2014	25.67	Andi Ross (North)		2006
25.00	Michelle Norman (Vista)		2014	25.68	Kimberly Evans (Temecula)		2018
25.01	*Deja Allain (La Sierra)		2018	25.69	*Te'a Lynch (Rancho Verde)		2016
25.02	*Simone Buchanan (Roosevelt)		2013	25.69	*Destiny Stamps (Roosevelt)		2017
25.04c	Raynisha Delone (Rancho Verde)	24.8	1999	25.70+	Natsha King (North)		1989
25.04c	Shelese Ruffin (Beaumont)	24.8	2004	25.70	**Brianna Cole (Santiago)		2009
25.08	Gayle Hunter (North)		2003	25.72	Christy Slaughter (Poly)		1990
25.11	Ashleigh Wells (Roosevelt)		2009	25.72	*Aysia Davis (Palmona Valley)		2018
25.12	Ciyamon Stevenson (Great Oak)		2016	25.72	*Kristina Bong (Great Oak)		2018
25.14c	Bizzle (North)	24.9	2000	25.73	**Shae Anderson (Santiago)		2015
25.14c	Jennifer Steen (La Sierra)	24.9	2000	25.73	Bryana Hairston (Mesa)		2016
25.15	**Uwakmfon (M'fon) Ibekwe (North)		2013	25.73	Alana Wilson (La Quinta)		2018
25.18	Jamie Brown (Canyon Springs)		1993	25.74c	Deanna Clawson (Hemet)	25.5	1991
25.20	Jazmine Weatherspoon (Vista)		2009	25.74c	Shanti Oyenuga (Palm Desert)	25.5	1995
25.20	**Kiarra Baker (Roosevelt)		2010	25.74c	Wendy Reed (Canyon Springs)	25.5	1996
25.20	Tylin Sands (Beaumont)		2017	25.74c	LaQuesha Robinson (La Sierra)	25.5	2004
25.21	Breeanca Fleming (Great Oak)		2007	25.76	**Alana Wilson (La Quinta)		2016
25.24c	Kamoria Heru (Arlington)	25.0	2000	25.77	Shemanette Terry (Vista)		2013
25.24	Iris Chijioke (Roosevelt)		2012	25.77	*Deja Alexis (Great Oak)		2017
25.26	Rochelle Reese (Corona)		1988	25.78	Bobbie Tones (Indio)		1984
25.28	Audriana Holloway (Mesa)		2014	25.78	Alicia Howard (Valley View)		1997
25.28	*Hailey Murdica (Palm Desert)		2017	25.79+	Jackson (North)	25.7y	1976
25.28	Annyah Pelt (Perris)		2018	25.79+	Antionette Winston (Perris)	25.7y	1979
25.32	Orlisha Henlon (King)		2003	25.79	Keisha Morgan (Canyon Springs)		1991
25.34c	Oganna Agu (Hemet)	25.1	2004	25.80	Norma Esqueda (La Quinta)		2003
25.34	*Kaelynn Greene (Roosevelt)		2010	25.80	Chalon Conley (Arlington)		2004
25.34	*Mariah Mora (Mesa)		2013	25.80	*Kristian Wright (Canyon Springs)		2010
25.34	*Tia Parrish (King)		2015	25.81	Carrie Walls (Canyon Springs)		1996
25.35	Denise Johnson (Corona)		1990	25.81	Khasya Cunningham (King)		2015
25.35	Kim Sherrod (Murrieta)		2006	25.81	*Alani Brandon (Santiago)		2018
25.36	*Amber Sanford (King)		2009	25.83	*Brianna Cole (Santiago)		2010
25.39	Sumaje Howard (Rancho Verde)		2013	25.84c	Erin Green (North)	25.6	1993
25.40	*Tiona Roberts (Roosevelt)		2017	25.84c	Evandra Owens (Hemet)	25.6	1995
25.42	**Sharidan Sharpe (Centennial)		2010	25.84c	Chaunte Howard (North)	25.6	2000
25.42	Mercy Akanji (Santiago)		2013	25.84	Sydney Reid (North)		2018
25.43	Kanisha Cass (Rancho Verde)		2000	25.85	Camille Williams (Vista)		2010
25.43	*Damatria Willingham (Paloma Valley)		2016	25.86	Ingrid James (Ramona)		1988
25.43	***Talahyah Wright (Orange Vista)		2018	25.86	*Jessica Johnson (Centennial)		2009
25.44	Alisia Thomas (Ramona)		1992	25.86	Delaney Harris (Centennial)		2018
25.44	April Henderson (San Jacinto)	25.2	1999	25.87	***Dynese Adams (Vista)		2007
25.44c	Dominique Manning (North)	25.2	2004	25.87	*Sumaje Howard (Rancho Verde)		2012
25.45	*Khasya Cunningham (King)		2014	25.87	***Alana Wilson (La Quinta)		2015
25.47	Stephanie Brown (Rancho Verde)		2012	25.87	Chika Chinedu-Obi (Rancho Verde)		2017
25.47	Amanda Gonzalez (Corona)		2014	25.88	*Tori Alemany (Chaparral)		2012
25.48	*Sydney Reid (JW North)		2017	25.88	**Kayla Seldon (King)		2018
25.49	Nicole Denby (North)		1998	25.89	Tasha McNair (Valley View)		2000
25.49	Morgan Pope (La Quinta)		2009	25.89	Jenna Tomlin (Paloma Valley)		2003
25.49	Taylor Matthews (Rancho Verde)		2012	25.89	Anthonae Sparks (Valley View)		2007
25.51	La Deanna Reynolds (Poy)		1984	25.89	***Jada Sidney (Beaumont)		2018
25.51	Jessica Banker-Sanchez (Temescal)		2003	25.91	Angie Bizzle (North)		2003
25.51	***Hailey Nuechterlein (Vista)		2018	25.91	***Mya Marshall (Great Oak)		2014
25.52	***Mariah Allain (Norte Vista)		2015	25.92	Doris Williams (Poly)		1984
25.53	Angie Ned (Rancho Verde)		2001	25.92	Brittany Baltazar (Santiago)		2004
25.55	*Aaliyah Crawford (Citrus Hill)		2014	25.92	Hanna Fransescon (Temecula)		2007
25.57	*Miracle Onyemaobi (Chaparral)		2016	25.92	**Brandee Rodriguez (Elsinore)		2010
25.57	*Jazmin Lucatero (Corona)		2018	25.92	*Luzella Harris (Vista)		2017
25.59+	Lianne Peterson (Palm Springs)	25.5y	1990	25.93	***Shania Woods (Chaparral)		2018

57.45	Marisa Smith Valley View	2003	58.83	Toyona Robinson (Valley View)	1998
57.47	* Courtne Davis (King)	2014	58.83	Kiah Smythe (Vista)	2007
57.51	Carrie Walls (Canyon Springs)	1995	58.85	***Audriana Holloway (Vista)	2011
57.51	Akia Armstrong (Roosevelt)	2013	58.88	**Tarra Rarick (Paloma Valley)	2008
57.55	Sandy Utterback (Poly)	1984	58.88	*Shonice Myers (Notre Dame)	2009
57.55	Kalea Ibarra (Poly)	2018	58.89	Hanna Francescon (Temecula)	2008
57.63	***Riley Corcoran (Santiago)	2017	58.89	**Sarah Sanders (Great Oak)	2013
57.64	*Chime Ehiemeran (Rancho Verde)	2016	58.89	***Rylee Kerr (Chaparral)	2015
57.65	**Aaliyah Crawford (Citrus Hill)	2013	58.94c	Joanna McNichol (Paloma Valley)	58.8 2005
57.66	**Nakyia Buckner (La Sierra)	2018	58.94	*Michelet Smith (Perris)	2012
57.67	**Chioma Okonkwo (Mesa)	2017	58.95	Laura McDowell (Arlington)	2012
57.70	***Breanna Bernard-Joseph (Roosevelt)	2015	58.96	Lianne Peterson (Palm Springs)	1990
57.72	*Kiayra Holmes (North)	2018	58.96	Tanetta Dismuke (North)	1992
57.74	Kimberly Evans (Temecula)	2018	58.96	Jessica Johnson (Centennial)	2010
57.75	*Dynese Adams (Vista)	2009	58.96	Kiara McIntosh (Paloma Valley)	2013
57.76	*Alexis Ford (Roosevelt)	2018	58.98	**Josie Guinn (Vista)	2015
57.78	Alana Babers (North)	2007	59.00	** Kailie Grimes (Beaumont)	2014
57.79	Kierstan Kirkland (North)	2006	59.01	Camille Williams (Vista)	2010
57.80	*Erin Thompson (Temecula)	2010	59.02	**Mya Marshall (Great Oak)	2015
57.81	**Hannah Blache (King)	2013	59.04c	Denise Hall (Perris)	58.9 1980
57.81	Regina Bowman (Indio)	2013	59.04c	Nicole Denby (North)	58.9 1998
57.84	Michelle Hunt (North)	1998	59.04	*Taisyn Crutchfield (Roosevelt)	2013
57.86	**Rylee Penn (Centennial)	2016	59.04	Joy Ngula (Vista del Lago)	2015
57.89	Lilliana Chalfant (Palm Springs)	2018	59.08	*Janessa Brown (Murrieta)	2010
57.94	***Tahlia Adams (Roosevelt)	2015	59.10	*** Natalie Skaggs (Poly)	2014
57.99	*Destiny Whitaker (Rancho Verde)	2018	59.10	Dominique Hinds (Centennial)	2014
58.08	Brittany Bozeman (Rancho Verde)	2007	59.14c	Dominique Manning (North)	59.0 2002
58.08	*Dominique Hinds (Centennial)	2013	59.12	((Lilliana Chalfant (Palm Springs)	2017
58.14c	Denisha Shaw (Canyon Springs)	58.0 2001	59.17	Morgan Pope (La Quinta)	2007
58.14c	Jeanette Martinez (Perris)	58.0 2005	59.17	Alyssa Bryant (Great Oak)	2015
58.15	Tasha McNair (Valley View)	2000	59.18	Kim Cole (Arlington)	1999
58.15	Elena Garcia (Corona)	2017	59.18	**Chaselyn Amos (Roosevelt)	2017
58.15	**Taylor Shorter (Norco)	2018	59.20	*Alison Ciling (Mesa)	2015
58.17	Erin Green (North)	1993	59.24	Lanisha Ford (North)	2005
58.17	**Jazmine Harper (Vista del Lago)	2009	59.24	Mary Jane Smith (King)	2016
58.17	Anayah Pelt (Perris)	2018	59.24c	Marisa Smith (Valley View)	59.1 2005
58.18	Kararia Heru (Arlington)	2003	59.26	Rachel Strohmeier (Murrieta Valley)	2012
58.20	**April Sutton (Roosevelt)	2013	59.34c	Sheneice Vargas (Elsinore)	59.2 2005
58.20	**Alexis Ford (Roosevelt)	2017	59.35	Morgan Pope (La Quinta)	2009
58.20	*Kalea Ibarra (Poly)	2017	59.35	**Allie Portis (Great Oak)	2013
58.23	*Kimberly Evans (Temecula Valley)	2017	59.39+	Beck Miller (North)	59.6y 1982
58.25	**Christina Winn (Poly)	2013	59.39	Liza Pascuito (Murrieta Valley)	2004
58.34	Madji McIntosh (Temecula)	2004	59.40	**Jasmine Richards (Great Oak)	2008
58.34	*Mariah Mora (Mesa)	2013	59.40	***Krista Haddock (Hemet)	2012
58.36	Pauline Maragh (Palm Springs)	1981	59.42	Brittany Baltazar (Santiago)	2004
58.36	Janessa Brown (Murrieta)	2011	59.42	Kylie Dudley (Temecula)	2005
58.37	Asheigh Wells (Roosevelt)	2009	59.43	*Camille Williams (Vista)	2009
58.39	Shebanette Terry (Vista)	2013	59.44+	Persephone Lowery (Norco)	59.79y 1989
58.40	Norma Esqueda (La Quinta)	2003	59.44	Evondra Owens (West Valley)	1997
58.40	***Zyaire Billew (Orange Vista)	2018	59.45	*Sasha Jones (Vista del Lago)	2015
58.44c	Sue Lavendier (Palm Springs)	58.3 1981	59.48	Ronke Odubela (Great Oak)	2012
58.46	Jazmin Retano (Coachella Valley)	2013	59.49+	Shelly Schoenherr (Corona)	59.7y 1983
58.47	Maria Enriquez (Corona)	1994	59.50	Kylie Dudley (Temecula)	2004
58.47	Shavon Sweet (Perris)	2000	59.50	Joanna Adams (Palm Springs)	2016
58.48	***Amanda Van Buren (Vista)	2013	59.51	Jemna Tomlin (Paloma Valley)	2001
58.49	Naquesha Moulton (Arlington)	1995	59.51	*Morgan Taylor (Great Oak)	2017
58.50	Martiesha Caines (Great Oak)	2013	59.54c	Sheria Moses (Ramona)	59.4 1991
58.53	***Kinnedy Stora (Santiago)	2010	59.54	Chalonna Williams (La Sierra)	2003
58.56	**Yasmine Taylor (Roosevelt)	2010	59.55	**Bria Palmer (North)	2013
58.56	*Kiarra McIntosh (Paloma Valley)	2012	59.55	Taylor Taite (Mesa)	2015
58.58	*Sayghe Fornerod (Murrieta)	2010	59.56	*Alexandra Gaskin (Great Oak)	2011
58.58	***Jordyn Crutchfield (Roosevelt)	2018	59.56	Abigail Creel (King)	2011
58.59	**Akia Armstrong (Roosevelt)	2011	59.57	***Cynamon Stevenson (Great Oak)	2013
58.61	Kaelynn Greene (Roosevelt)	2011	59.59	***Destiny Mattingly (Vista)	2018
58.63	***Destiny Whitaker (Rancho Verde)	2016	59.60	Sophie Cantine (Lakeside)	2016
58.68	Shynell Foree (La Sierra)	2005	59.63	*Destiny Stamps (Roosevelt)	2017
58.69	Markisha Lea (King)	2002	59.64c	Joy Smith (Moreno Valley)	59.5 1983
58.69	***Ashley Chruszcz (King)	2015	59.64c	Raven Johnson (Moreno Valley)	59.5 1983
58.76	Amanda Hawkins (Palm Springs)	2013	59.65	***Ashley Sinkler (Ramona)	2008
58.76	* Bria Palmer (JW North)	2014	59.67	Keisha Morgan (Canyon Springs)	1990
58.77	**Andrea Delgado (Vista del Lago)	2017	59.67	**Ashley Marshall (Rancho Verde)	2009
58.79	Kristian Wright (Canyon Springs)	2011	59.69	Latausha Miles-Mitchell (Murrieta)	2008
58.81+	Robin Pratt (Moreno Valley)	59.16y 1978	59.71	**Jackie Crowther (Linfield)	2013
58.81	*Dyana Miller (Palm Springs)	2018	59.72	***Cayla Etheridge (Santiago)	2016
58.82	***Alyssa Moore (Paloma Valley)	2016	59.73	*Asiah Gooden (Rancho Verde)	2009

59.73	Mercedes James (Moreno Valley)	2000	2:16.57	Leslie Graciano (Roosevelt)	2013
59.74	*Kalonnie Green (Great Oak)	2018	2:16.57	Alyssa Ungrady (Great Oak)	2016
59.79	***Clarissa Robles (Santiago)	2009	2:16.85	Caitlin Coomber (Vista)	2008
59.80	**Erin Thompson (Temecula)	2009	2:16.91	Alec Stamal (Great Oak)	2009
59.80	***Dyana Miller (Palm Springs)	2016	2:16.92	**Peyton Candaele (Vista)	2017
59.80	***Taylor Shorter (Norco)	2017	2:17.0	*Laura McDowell (Arlington)	2011
59.81	*Ronke Odubela (Great Oak)	2011	2:17.17	Joy Ngula (Vista del Lago)	2015
59.82	Chanel Calhoun (Great Oak)	2011	2:17.22	Kaitlyn Malloy (Great Oak)	2008
59.82	***Sierra Carrasco (Patriot)	2012	2:17.37	Nina Alvarado (Chaparral)	2008
59.84c	M. Lea (King)	2003	2:17.38	* Lauren Coomber (Mesa)	2013
59.84	Nicole Sambrano (Great Oak)	2007	2:17.40	Kirsten Lake (Chaparral)	2007
59.88	*Dulce Arce (Canyon Springs)	2017	2:17.43	* Audrey Wallis (Great Oak)	2014
59.89	***Hannah Blache (King)	2012	2:17.47	**Angela Ziff (Temecula)	2012
59.89	*Cassie Mariano (Chaparral)	2017	2:17.94	Kylee Martin (Murrieta)	2010
59.91	Abigail Burke (Poly)	2016	2:18.0+	Toby Jacober (Moreno Valley)	2:18.8y 1980
59.93	Tesha Wright (Perris)	2000	2:18.61	April Quaker (Norco)	1986
59.93	Collins (North)	1999	2:17.67	* Jana Warrick (Roosevelt)	2013
59.92	Bria Palmer (North)	2015	2:17.71	Taylor Taite (Mesa)	2015
59.94c	Kariessa Fontenot (North)	2004	2:18.22	Rachael Seymour (Great Oak)	2013
59.97	*Dakota Davis (Murrieta)	2011	2:18.60	Haley Dorris (Great Oak)	2014
59.98	Anthoniae Sparks (Valley View)	2005	2:18.64	Maria Morales (Poly)	2013
59.98	Christina Winn (Poly)	2015	2:18.66	Miranda Camargo (Roosevelt)	2018
59.98	**Kirstin Light (Norco)	2018	2:18.70	*Destiny Whitaker (Rancho Verde)	2018
			2:18.74	Bayleigh Porter (King)	2013
			2:18.75	Rami Samoori (North)	1994
			2:18.80	Rebecca Lacy (Elsinore)	1992
			2:18.81	Lisa Prieto (Rubidoux)	1988
			2:18.85	Carly Bauer (Great Oak)	2012
			2:18.90	Melissa Escamilla (San Jacinto)	2006
			2:18.91	*Nicole Rice (Great Oak)	2016
			2:18.98	Shelby Horgan (Temescal)	1996
			2:19.09	Kaity Malloy (Great Oak)	2010
			2:19.17	Leanne Renner (Temecula)	1996
			2:19.24	Sarah Workman (Great Oak)	2017
			2:19.29	Marisol Mendoza (North)	2012
			2:19.4	Eugenias (La Sierra)	1978
			2:19.44	*Samantha Velasquez (Santiago)	2018
			2:19.46	Ashley Helbig (Great Oak)	2014
			2:19.47	*Tammy Kim (Temecula)	2011
			2:19.47	* Chandler Kerr (Chaparral)	2014
			2:19.48	**Michelle McIntosh (Great Oak)	2015
			2:19.50	*Erika Burgess (Great Oak)	2017
			2:19.53	***Taylor Cantu (Hemet)	2012
			2:19.61	*Shannon Emery (Great Oak)	2010
			2:19.67	Angela Laqneaux (Moreno Valley)	1986
			2:19.69	*Rachel Seymour (Great Oak)	2012
			2:19.7+	Julie Ortman (Poly)	2:20.5y 1978
			2:19.81	**Alex Wiseman (Vista)	2015
			2:19.85	Brittney Reimer (La Quinta)	2008
			2:19.87	**Tarra Rarick (Paloma Valley)	2008
			2:19.92	Carrie Soholt (King)	2008
			2:19.99	Megan McClain (Great Oak)	2011
			2:20.02	Caitlin Coomber (Vista)	2007
			2:20.12	*Sarah Workman (Great Oak)	2016
			2:20.18	***Nikki Blokzyl (Corona)	2009
			2:20.19	Brittany Marrero (Roosevelt)	2017
			2:20.21	Maryanne Hanks (Murrieta)	2004
			2:20.24	Ericka Burgess (Great Oak)	2018
			2:20.28	Jennie Higbee (Norco)	1988
			2:20.29	Alexander Malaysia (Corona)	2009
			2:20.32	Wendy Reed (Canyon Springs)	1995
			2:20.41	Carly Bauer (Great Oak)	2010
			2:20.41	Shannon Emery (Great Oak)	2011
			2:20.44	Casey Candelaria (King)	2009
			2:20.46	Jamie Schwab (Murrieta Valley)	2004
			2:20.46	*Baleigh Porter (King)	2012
			2:20.50	Sally Cohenour (Arlington)	1985
			2:20.55	Marie Nguyen (North)	1998
			2:20.56	Chandler Kerr (Chaparral)	2015
			2:20.66	**Chrissy Lapierre (Chaparral)	2011
			2:20.66	Ausrey Wallis (Great Oak)	2015
			2:20.71	Emily Sanchez (King)	2015
			2:20.81	Camille Petty (Roosevelt)	2010
			2:20.86	Ana Valdovino (Coachella Valley)	2011
			2:20.86	***Kolonnie Green (Great Oak)	2016

800 meters

2:05.9	Lynn Hollins (Poly)	1976	2:18.81	Lisa Prieto (Rubidoux)	1988
2:07.43	***Rylee Penn (Centennial)	2015	2:18.85	Carly Bauer (Great Oak)	2012
2:10.72	Destiny Collins (Great Oak)	2016	2:18.90	Melissa Escamilla (San Jacinto)	2006
2:11.04	*Kiarra McIntosh (Paloma Valley)	2012	2:18.91	*Nicole Rice (Great Oak)	2016
2:11.08	Shae Anderson (Norco)	2017	2:18.98	Shelby Horgan (Temescal)	1996
2:11.77	***Makayla Browne (North)	2018	2:19.09	Kaity Malloy (Great Oak)	2010
2:11.91	***Megan Huebner (La Quinta)	2011	2:19.17	Leanne Renner (Temecula)	1996
2:11.97	Sheria Moses (Ramona)	1991	2:19.24	Sarah Workman (Great Oak)	2017
2:11.99	Kalea Ibarra (Poly)	2018	2:19.29	Marisol Mendoza (North)	2012
2:12.50	Alicia Williams (Corona)	2014	2:19.4	Eugenias (La Sierra)	1978
2:12.67	Erika Reddish (Vista)	2012	2:19.44	*Samantha Velasquez (Santiago)	2018
2:12.95	***Laura McDowell (La Sierra)	2009	2:19.46	Ashley Helbig (Great Oak)	2014
2:13.51	** Ruth Wiggins (King)	2014	2:19.47	*Tammy Kim (Temecula)	2011
2:13.59	***Jackie Crowther (Linfield)	2012	2:19.47	* Chandler Kerr (Chaparral)	2014
2:13.69	Persephone Lowery (Norco)	1987	2:19.48	**Michelle McIntosh (Great Oak)	2015
2:13.87	** Joy Ngula (Vista del Lago)	2013	2:19.50	*Erika Burgess (Great Oak)	2017
2:13.91	*Alexis Ford (Roosevelt)	2018	2:19.53	***Taylor Cantu (Hemet)	2012
2:13.99	** Kailie Grimes (Beaumont)	2014	2:19.61	*Shannon Emery (Great Oak)	2010
2:14.02	***Cayla Ethridge (Santiago)	2016	2:19.67	Angela Laqneaux (Moreno Valley)	1986
2:14.28	**Karlle Creal (Vista del Lago)	2009	2:19.69	*Rachel Seymour (Great Oak)	2012
2:14.29	Tahlia Adams (Roosevelt)	2015	2:19.7+	Julie Ortman (Poly)	2:20.5y 1978
2:14.34	Denean Long (Corona)	1983	2:19.81	**Alex Wiseman (Vista)	2015
2:14.5	Liza Pasquito (Murrieta)	2002	2:19.85	Brittney Reimer (La Quinta)	2008
2:14.62	*Rebecca Morales (Indio)	2012	2:19.87	**Tarra Rarick (Paloma Valley)	2008
2:14.62	*Ally Talpash (Great Oak)	2016	2:19.92	Carrie Soholt (King)	2008
2:14.64	*Megan McClain (Great Oak)	2010	2:19.99	Megan McClain (Great Oak)	2011
2:14.68	*Briana Fonseca (Vista del Lago)	2012	2:20.02	Caitlin Coomber (Vista)	2007
2:14.75	Kiyena Beatty (Great Oak)	2017	2:20.12	*Sarah Workman (Great Oak)	2016
2:14.75	*Fatima Cortes (Great Oak)	2018	2:20.18	***Nikki Blokzyl (Corona)	2009
2:14.93	*Sandra Flores (La Quinta)	2015	2:20.19	Brittany Marrero (Roosevelt)	2017
2:15.05	***April Sutton (Roosevelt)	2012	2:20.21	Maryanne Hanks (Murrieta)	2004
2:15.07	Shey Bonghabih (Murrieta)	2003	2:20.24	Ericka Burgess (Great Oak)	2018
2:15.07	*Josie Guinn (Vista)	2016	2:20.28	Jennie Higbee (Norco)	1988
2:15.15	Kiara McIntosh (Paloma Valley)	2013	2:20.29	Alexander Malaysia (Corona)	2009
2:15.18	*Kailie Grimes (Beaumont)	2015	2:20.32	Wendy Reed (Canyon Springs)	1995
2:15.27	*Venus Shabgahi (Corona)	2011	2:20.41	Carly Bauer (Great Oak)	2010
2:15.38	**Makayla Fick (Vista)	2018	2:20.41	Shannon Emery (Great Oak)	2011
2:15.4	Mary Jo Bogovich (Corona)	1983	2:20.44	Casey Candelaria (King)	2009
2:15.43	Amy Rose (Norco)	1995	2:20.46	Jamie Schwab (Murrieta Valley)	2004
2:15.51	Taylor Lawson (Great Oak)	2016	2:20.46	*Baleigh Porter (King)	2012
2:15.63	*Ashley Roberts (Poly)	2010	2:20.50	Sally Cohenour (Arlington)	1985
2:15.67	Ashlee Cervantes (Beaumont)	2008	2:20.55	Marie Nguyen (North)	1998
2:15.86	*Jessica Hilton (Great Oak)	2010	2:20.56	Chandler Kerr (Chaparral)	2015
2:16.01	Sandra Flores (La Quinta)	2016	2:20.66	**Chrissy Lapierre (Chaparral)	2011
2:16.09	Ally Talpaash (Great Oak)	2017	2:20.66	Ausrey Wallis (Great Oak)	2015
2:16.14	Jessica Barnard (Great Oak)	2007	2:20.71	Emily Sanchez (King)	2015
2:16.21	Tammy Kim (Temecula)	2012	2:20.81	Camille Petty (Roosevelt)	2010
2:16.44	***Chandler Kerr (Chaparral)	2012	2:20.86	Ana Valdovino (Coachella Valley)	2011
2:16.55	Lauren Campfield (Great Oak)	2005	2:20.86	***Kolonnie Green (Great Oak)	2016

2:20.87 **Tori Gaitan (Great Oak)
 2:20.9 Jaime Brederneier (Murrieta Valley)
 2:20.94 Sydney Belus (Great Oak)

1500 meters

4:36.7' Brigid Freyne (Poly)
 4:50.4 Sonya Melendez (Indio)
 4:50.9' Ellen Muench (Temescal Canyon)
 4:52.29 Shelby Horgan (Temescal Canyon)
 4:52.6' Michelle Paul (Perris)
 4:55.3 Danielle Pekar (Rubidoux)
 4:56.5' Claris Fernandez (Corona)
 4:57.2 Persephone Lowery (Norco)

1600 meters

4:40.34 *Destiny Collins (Great Oak)
 4:44.60 Haley Dorris (Great Oak)
 4:46..73 *Fatima Cortes (Great Oak)
 4:47.48 **Tori Gaitan (Great Oak)
 4:47.81 **Arianna Griffiths (Great Oak)
 4:48.25 Ashley Helbig (Great Oak)
 4:48.96 Erika Reddish (Vista)
 4:48.83 Megan Huebner (La Quinta)
 4:50.26 **Sydney Belus (Great Oak)
 4:51.05 Evelyn Mandel (Great Oak)
 4:51.25 Liza Pascuito (Murrieta)
 4:51.26 Sandra Pflughoft (Great Oak)
 4:51.35 Adriana Olivas (Centennial)
 4:51.98 Mariel Mendoza (North)
 4:54.43 Alicia Williams (Corona)
 4:54.80 *Ashley Roberts (Poly)
 4:55.32 Brigid Freyne (Poly)
 4:55.34 Kiyena Beratty (Great Oak)
 4:55.81 Taylor Taite (Mesa)
 4:56.87+ Jessica Hilton (Great Oak)
 4:56.99+ Kiara McIntosh (Paloma Valley)
 4:57.19+ **Lauren Peunifoy (King)
 4:57.86 *Nicole Rice (Great Oak)
 4:57.89+ Hanna Peterson (King)
 4:57.85 Shelby Horgan (Temescal)
 4:58.21 **Rylee Penn (Centennial)
 4:58.33 ***Ashley Evans (Corona)
 4:58.56+ Desiree Stinger (Great Oak)
 4:59.69 Kristina Taylor (Vista)
 4:59.98 Ellen Muench (Temescal)
 5:00.00 **Kailie Grimes (Beaumont)
 5:00.16 Tahlia Adams (Roosevelt)
 5:01.44 Rebecca Asplund (King)
 5:01.51 *Anna Johnson (Great Oak)
 5:02.39 Marisa Rodriguez (Indio)
 5:02.54 Samantha Morabe (Great Oak)
 5:02.56 Alyssa Ungrady (Great Oak)
 5:02.92 *Annabelle Werner (Vista)
 5:03.26 Skyler Bollinger (Great Oak)
 5:03.33+ Shannon Emery (Great Oak)
 5:03.40 Annabelle Werner (Vista)
 5:03.82 *Maya Ambroziak (Great Oak)
 5:04.48 Taylor Walker (Great Oak)
 5:04.56 ***Angela Ziff (Temecula)
 5:04.60 *Pauline Mandel (Great Oak)
 5:04.62 Alma Escobar (Corona)
 5:05.12 Zoe Jarvis (Chaparral)
 5:05.30 Michelle McIntosh (Great Oak)
 5:05.81 **Brianna Wilson (Linfield)
 5:04.82 **Ruth Wiggins (King)
 5:05.89 **Paige Haynes (Vista)
 5:05.29+ Katie Johnson (Great Oak)
 5:05.32 *Jana Warrick (Roosevelt)
 5:06.63 **Jackie Crowther (Linfield)
 5:06.65 Desi Stinger (Great Oak)
 5:06.66 Alexia Velarde (Marywood-Palm Valley)
 5:06.77 *Miranda Camargo (Roosevelt)
 5:06.82 Lily Seynaeve (Santiago)

2018 5:06.82 *Sandra Flores (La Quinta) 2015
 1999 5:06.86 ***Makayla Browne (North) 2018
 2017 5:06.89 *Taryn Pastoor (Murrieta) 2007
 5:06.95 Michaelanne Laurent (Corona) 2009
 5:07.04 Carrie Soholt (King) 2011
 5:07.12 **Ashlee Cervantes (Beaumont) 2008
 1987 5:07.37 Arabella Reece (Murrieta) 2018
 1992 5:07.43 Claris Fernandez (Corona) 1993
 1994 5:07.44 Rachel Seymour (Great Oak) 2013
 1996 5:07.8+ Janice Kelley (Hemet) 1977
 1985 5:07.86 *Emily Clause (Great Oak) 2015
 1992 5:08.03 Ally Talpash (Great Oak) 2016
 1993 5:08.06 ***Marissa Rodriguez (La Quinta) 2014
 1988 5:08.18 Kathryn Hammar (King) 2017
 5:08.25 Kalyn Kenney (Temecula) 2007
 5:08.28 Brittney Reimer (La Quinta) 2008
 5:08.28 *Hanna Peterson (King) 2010
 2015 5:08.29 Serkadis Krome (Vista del Lago) 2008
 2014 5:08.30 *Rebecca Morales (Indio) 2012
 2018 5:08.53 *Nadine Dubon (Vista) 2017
 2018 5:08.55 **Audrey Dang (Great Oak) 2018
 2018 5:08.63 *Kelsie Tippets (King) 2009
 2014 5:08.81 Abbey Gallaher (Great Oak) 2007
 2012 5:08.92 *Haley Dorris (Great Oak) 2013
 2014 5:09.0 Anna Johnston (Great Oak) 2009
 2015 5:09.03 Ashley Beechan (Hemet) 2008
 2017 5:09.04 **Abrie Nex (Great Oak) 2018
 2004 5:09.17 Heather Wilson (Great Oak) 2009
 2018 5:09.29 Nadine Dubon (Vista) 2018
 2012 5:09.39 Anjie Miranda (Palm Springs) 1990
 2012 5:09.40 Vianna Hochstrasser (Chaparral) 2008
 2014 5:09.6 **Nyah Chavez (Shadow Hills) 2017
 2010 5:09.75 Taylore Cantu (Hemet) 2015
 1987 5:09.78 **Peyton Candaele (Vista) 2017
 2017 5:10.09 **Kela Mayhera (King) 2018
 2015 5:10.45 Jennie Higbee (Norco) 1988
 4:58.60y 2011 5:10.60 ***Brianna Weidler (Great Oak) 2018
 2013 5:10.61 **Brittany Marrero (Roosevelt) 2015
 2017 5:10.63 Monica Valdez (Temescal) 1999
 2016 5:10.76 Emily Sanchez (King) 2015
 4:59.63y 2011 5:10.80 *Gabriela Hubarth (Vista) 2018
 1995 5:10.89 Maya Ambroziak (Great Oak) 2017
 2016 5:10.94 Kristina Moore (King) 2005
 2006 5:10.96 **Makayla Fick (Vista) 2018
 5:00.30y 2016 5:11.16 *Caitlin Billman (Murrieta) 2018
 2008 5:11.23 Jessica McCarthy (Vista) 2008
 1995 5:11.26 **Clarissa Chagolla (JW North) 2014
 2014 5:11.87 Brittany Marrero (Roosevelt) 2017
 2015 5:11.50 Abbey Gallaher (Great Oak) 2008
 2010 5:11.93 **Sierra Vega (Chaparral) 2008
 2010 5:11.97 Liana Boucher (Murrieta) 2004
 2017 5:12.02 Michelle McIntosh (Great Oak) 2017
 2010 5:12.11 *Venus Shabgahi (Corona) 2011
 2016 5:12.14 **Raelyn Werley (King) 2011
 2017 5:12.23 Brooke Evans (Vista) 2013
 2016 5:12.24 Joy Ngula (Vista del Lago) 2015
 5:05.10y 2011 5:12.32 Kristina Taylor (Vista) 2007
 2018 5:12.48 *Samantha Velazquez (Santiago) 2018
 2016 5:12.56 Danielle Pacheco (Temescal) 2000
 2016 5:12.97 Pauline Mandel (Great Oak) 2012
 2011 5:13.00 *Miranda Kewley (Great Oak) 2012
 2011 5:13.19 *Audrey Wallis (Great Oak) 2014
 2004 5:13.20 Sarah Lyon (Great Oak) 2016
 2017 5:13.52 **Alexandria Stetkevick (Poly) 2014
 2016 5:13.56 Michelle Paul (Perris) 1985
 2014 5:13.60 Maria Rodriguez (La Sierra) 1999
 2014 5:13.63 Natalie Schafer (Arlington) 2012
 2017 5:13.95 Sarah Workman (Great Oak) 2016
 5:07.07y 2011 5:14.25 Lauren Campfield (Great Oak) 2005
 2013 5:14.29 *Alexis Messerly (Great Oak) 2012
 2013 5:14.34 Ericka Burgess (Great Oak) 2018
 2016 5:14.37 *Kiara McIntosh (Paloma Valley) 2012
 2012 5:14.40 *Kim McNamee (Great Oak) 2012
 2018 5:14.43 Marissa Thompson (Woodcrest) 2017
 2014 5:14.46 Kelly Thomas (Great Oak) 2015

5:14.47	**Sarah Benson (Vista)		2011	5:19.11	* Lily Seynaeve (Santiago)		2013
5:14.51	*Alexis Morabe (Great Oak)		2011	5:19.13	Kate Cortes (Great Oak)		2013
5:14.51	*Sani Shabgahi Corona)		2015	5:19.13	Fatima Cortes (Great Oak)		2016
5:14.52	*Bethany Balady (Vista)		2012	5:19.14	Jamie Schwab (Murrieta)		2004
5:14.55	Codie Daughtry (Vista del Lago)		2011	5:19.20	*Raven Harrison (Hemet)		2011
5:14.56	Nicaela Hernandez (Vista)		2011	5:19.24	Danielle Pekar (Rubidoux)		1990
5:14.63	*Briana Fonseca (Vista del Lago)		2012	5:19.39	** Taylor Lawson (Great Oak)		2014
5:14.70	Ashley Beechan (Hemet)		2007	5:19.45	*Kylee Martin (Murrieta)		2009
5:14.7	Kaity Malloy (Great Oak)		2010	5:19.57	Tiffany Rojas (Canyon Springs)		2005
5:14.96	Xiang Tak (Chaparral)		2011	5:19.57	*Julie Diaz (Vista)		2016
5:14.96	Chandler Kerr (Chaparral)		2015	5:19.62	*** Meghanb Houlihan (Centennial)		2013
5:15.23	*Melina Hernandez (Indio)		2010	5:19.68	**Amanda Sosa (King)		2017
5:15.24	**Josie Guinn (Vista)		2015	5:19.69	*Peyton Candaele (Vista)		2018
5:15.25	**Fernanda Rodriguez (Rubidoux)		2012	5:19.71	Ashley Spann (North)		2001
5:15.30	*Katya Candray (Great Oak)		2018	5:19.90	Ashley Matsen (Chaparral)		2012
5:15.41	Sarah Workman (Great Oak)		2017	5:19.94	Shey Bonghabih (Murrieta)		2002
5:15.42	**Haley Dorris (Great Oak)		2012	5:19.95	Ana Valdovinos (Coachella Valley)		2011
5:15.48	**Maiya Larsen (Great Oak)		2013	5:20.01	**Grace Handler (Chaparral)		2017
5:15.55	Sonya Melendez (Indio)		1993	5:20.08	Lisa Garside (King)		2013
5:15.62	Jorgina Garcia (Canyon Springs)		1998	5:20.13	Rachael Corrington (Murrieta)		2002
5:15.69	***Jackie Crowther (Linfield)		2012	5:20.14	** Alison Giling (Mesa)		2014
5:15.77+	Kaitlyn Malloy (Great Oak)		2010	5:20.21	**AlexWiseman (Vista)		2015
5:15.83	**Valeria Ruiz (Xavier Prep)		2012	5:20.24	***Devin Ito (Great Oak)		2017
5:15.91	Kenzie Estes (Poly)		2011	5:20.3+	Debbie Williams (Norco)	5:21.8y	1983
5:15.93	**Jessica Osorio (Valley View)		2009	5:20.30	*Alia Bales (Great Oak)		2010
5:15.95	Carly Bauer (Great Oak)		2012	5:20.31	Alison Soto (Beaumont)		2017
5:15.99	Wendy Cohen (Canyon Springs)		2008	5:20.31	Kenzie Estes (Poly)		2010
5:16.05	Amanda Lopez (Poly)		2006	5:20.43	Celia Pourtau (Murrieta)		2006
5:16.10	***Cayla Etheridge (Santiago)		2016	5:20.43	Ashley Cahalan (Vista)		2015
5:16.21	Jessica Gatton (Canyon Springs)		2008	5:20.44	***Diana Bautista (Santiago)		2018
5:16.31	*Jazmin Romero (Beaumont)		2011	5:20.46	Jessica Walker (Murrieta)		2004
5:16.4	April Quaker (Norco)		1986	5:20.51	Melina Hernandez (Indio)		2011
5:16.45	Jen Hohmbalm (Temecula)		1997	5:20.53	Madison Baugh (Great Oak)		2011
5:16.47	Kolonnie Green (Great Oak)		2016	5:20.6	Jamie Bascom (Elsinore)		1993
5:16.53	*Kelli McNamee (Great Oak)		2012	5:20.60	Cynthia Martin (Chaparral)		2018
5:16.59	Alisa Murray (Arlington)		2012	5:20.64	***Chandler Kerr (Chaparral)		2012
5:16.61	Adriana Ramos (Elsinore)		2010	5:20.7	Clara DeLa Torre (Palm Springs)		1993
5:16.72	* Christian Calain (Great Oak)		2013	5:20.70	***Elisa Huerta (Corona)		2018
5:16.84	Amanda Crissinger (Vista)		2013	5:20.73	Trish Ramirez (Rubidoux)		1984
5:16.90	Bethany Bilton (Murrieta)		2011	5:20.08	Marrisa Bartholomew (Santiago)		2003
5:17.00+	Alexis Messlerly (Great Oak)		2013	5:20.8+	Goril Mona (Arlington)	5:22.0y	1986
5:17.41	Ausrey Wallis (Great Oak)		2015	5:20.81	Briana Fonseca (Vista del Lago)		2013
5:17.49	**Allison Janes (King)		2016	5:20.90	Tammy Kim (Temecula)		2012
5:17.55	Natasha Montoya (Canyon Springs)		2004	5:20.94	*Alexandra Morris (Temescal)		2011
5:17.61	Lindsey Stalker (Corona)		2001	5:20.94	* Breann Howell (Murrieta Valley)		2013
5:17.65	Carissa Bowman (King)		2006	5:20.98	Tiffany Rojas (Canyon Springs)		2006
5:17.82	Rebekah Pendleton (King)		2017	5:20.99	**Pauline Mandel (Great Oak)		2010
5:17.87	Bethany Balady (Vista)		2013	5:21.07	*Kathryn Hammar (King)		2016
5:18.11	* Valeria Ramirez (Vista)		2014	5:21.08	Kelly Thomas (Great Oak)		2013
5:18.12	***Joe Ngula (Vista del Lago)		2012	5:21.09	**Angela Sandoval (Elsinore)		2009
5:18.2+	Kat Prince (Rubidoux)	5:20.0y	1985	5:21.21	*Codie Daughtry (Vista del Lago)		2010
5:18.24	** Chandler Kerr (Chaparral)		2013	5:21.26	Arlene Avalos (Great Oak)		2014
5:18.29	Amber Collier (Woodcrest Chr)		2010	5:21.27	Emily Clause (Great Oak)		2013
5:18.37	Paloma Barron (Roosevelt)			5:21.3	Carissa Mann (Canyon Springs)		2001
5:18.42	*Paloma Barron (Roosevelt)		2017	5:21.34	Olivia Rivera (Temecula)		2015
5:18.47	***Paige Siegel (Murrieta Valley)		2016	5:21.34	*Karylee Taylor (King)		2018
5:18.48	***Elizabeth Richter (Great Oak)		2016	5:21.35	Melanie Williams (Corona)		2013
5:18.49	Paige Haynes (Vista)		2016	5:21.36	*Nina Alvarado (Chaparral)		2010
5:18.52	Kaylee Saville (Great Oak)		2016	5:21.36	Macey Pflughoft (Great Oak)		2015
5:18.58	Danica Rosendale (Vista)		2009	5:21.37	Katie Barrese (Great Oak)		2006
5:18.62	Jennifer Martin (Norco)		1997	5:21.39	***Jessina Morales (Heritage)		2018
5:18.63	* Ashley Cahalan (Vista)		2014	5:21.42	**Kathryn Hammar (King)		2015
5:18.64	**Imogen Outlaw (Chaparral)		2012	5:21.47	Bayleigh Porter (King)		2013
5:18.68	** Bethany Newton (Centennial)		2013	5:21.48	Kelly Floyd (Corona)		2003
5:18.72	*Lisa Garside (King)		2012	5:21.48	Marianne Hanks (Murrieta)		2004
5:18.73	**Hannah Peterson (King)		2009	5:21.49	Kailie Grimes (Beaumont)		2016
5:18.75	Alicia Racella (Hemet)		1990	5:21.51	Amanda Navarro (Elsinore)		2018
5:18.8	Megan Fairley (King)		2004	5:21.55	Jessica McCarthy (Vista)		2010
5:18.85	* Kelly Thomas (Great Oak)		2014	5:21.59	**Allie Morse (Hemet)		2012
5:18.85	**Isabelle Buncab (Great Oak)		2018	5:21.60	Bobbie Heck (Rubidoux)		1985
5:18.86	*Lauren Peurifoy (King)		2018	5:21.64	Kimberly Pena (Roosevelt)		2017
5:18.90	Paige Mobley (Murrieta)		2007	5:21.69	***Amanda Reynolds (Murrieta)		2008
5:18.92	*Grace Handley (Chaparral)		2018	5:21.69	***Kalisha Tibbels (Poly)		2018
5:18.95	Michaela Reynolds (Vista)		2016	5:21.81	*Brianna Lucas (Great Oak)		2018
5:18.96	*Brooke McCandless (Vista)		2010	5:21.83	Celia Pourtau (Murrieta)		2005

5:21.87	** Taylore Cantu (Hemet)	2013	10:37.64	Marisel Mendoza (North)	2012
5:21.9	Jo Anne Howard (Notre Dame)	1982	10:37.69	*Anna Johnson (Great Oak)	2010
5:22.0	Crystal Ricardoz (Canyon Springs)	1998	10:37.89	Liza Pascuito (Murrieta)	2004
5:22.06	Carissa Bowman (King)	2008	10:39.34	Evelyn Mandel (Great Oak)	2017
5:22.08	Brooke Evans (Vista)	2010	10:39.58	Katie Johnson (Great Oak)	2011
5:22.13	**Lauren Soholt (King)	2011	10:39.83	Nicole Rice (Great Oak)	2017
5:22.14	Kayla Boxer (Hemet)	2010	10:42.76	**Sydney Belus (Great Oak)	2015
5:22.17+	Sally Cohenour (Arlington) 5:24.05y	1983	10:43.04+	Alma Escobar (Corona) 10:47.70y	2005
5:22.42	** Kalli Walker (Chaparral)	2013	10:45.75	***Angela Ziff (Temecula)	2011
5:22.85	*Kimberly Pena (Roosevelt)	2018	10:48.47	*Desiree Stinger (Great Oak)	2015
5:22.57	Maiya Larsen (Great Oak)	2015	10:53.71	**Audrey Dang (Great Oak)	2018
5:22.58	***Hallie Hernandez (Centennial)	2010	10:53.91	*Emily Clause (Great Oak)	2015
5:22.66	Holli Erickson (Vista)	2009	10:54.31	Ellen Muench (Temescal)	1995
5:22.70	*Michelle Hernandez (Vista)	2009	10:55.84	*Hanna Peterson (King)	2010
5:22.73	Kim Cowgur (Norco)	1984	10:56.61	**Rylee Penn (Centennial)	2016
5:22.74	Monique Belmudes (Great Oak)	2008	10:57.86	Kristina Taylor (Vista)	2008
5:22.77	Samantha Flores (Paloma Valley)	2014	10:58.88	Taryn Pastoor (Murrieta)	2007
5:22.79	Emily Clause (Great Oak)	2016	10:59.45	*Miranda Kewley (Great Oak)	2012
5:22.8+	Kathy Kelly (Hemet) 5:24.7y	1980	10:59.59	Jo Anne Howard (Notre Dame)	1982
5:22.83	*Clarissa Chagolla (North)	2015	10:59.60	* Ashley Cahalan (Vista)	2014
5:22.84	** Hannah Johnson (King)	2013	10:59.77	Taylor Walker (Great Oak)	2016
5:22.87	**Shelbi Ricks (Temecula)	2010	11:00.2	Jessica Hilton (Great Oak)	2011
5:22.91	**Alec Slamal (Great Oak)	2008	11:01.82	**Sierra Vega (Chaparral)	2008
5:23.05	**Jessica Janeczek (Great Oak)	2017	11:02.63	**Paige Haynes (Vista)	2017
5:23.05	Allison Janes (King)	2018	11:02.78	**Sarah Benson (Vista)	2011
5:23.11	Shannon (Poly)	1991	11:03.10	Vianna Hochstrasser (Chaparral)	2008
5:23.13	***Brianna Potter (Vista)	2017	11:03.20	Sonya Melendez (Indio)	1992
5:23.17	Desiree Stinger (Great Oak)	2013	11:03.25	**Kelsi Tippetts (King)	2008
5:23.19	Danielle Vanaman (BD Dest. Chrst)	2000	11:03.30	Kiyena Beatty (Great Oak)	2016
5:23.25	**Nicaela Hernandez (Vista)	2010	11:03.6+	Janice Kelley (Hemet) 11:07.5y	1978
5:23.26	***Hayley Musashi (La Quinta)	2008	11:03.90	Michaela Reynolds (Vista)	2016
5:23.28	Katheryn Smith (Vista)	2005	11:05.60	Mean Fairley (King)	2004
5:23.34	Harlye Maya (Santiago)	2001	11:06.11	Carissa Bowman (King)	2007
5:23.34	*Ashley Matsen (Chaparral)	2011	11:06.53	***Devin Ito (Great Oak)	2017
5:23.39	Racheal McCauley (Canyon Springs)	1996	11:06.71	Christina Lara (Cathedral City)	2002
5:23.44	***Emily Bourque (Vista)	2018	11:06.76	Annabelle Werner (Vista)	2018
5:23.51	Dominique Esparza (Valley View)	2011	11:07.29	** Clarissa Chagolla (JW North)	2014
5:23.53	Jennifer Mueller (Hemet)	2005	11:07.73	Alicia Williams (Corona)	2011
			11:07.81	Raelyn Werly (King)	2013
			11:07.98	***Rachel Seymour (Great Oak)	2010
			11:07.99	Serkadis Krome (Vista del Lago)	2008
		2016	11:08.03	Shelby Horgan (Temescal)	1995
		1987	11:08.22	Marisa Rodriguez (Indio)	2016
		2005	11:08.54	***Mckenna Genovese (Santiago)	2012
		1992	11:08.94	Adianna Ramos (Elsinore)	2010
		1997	11:09.42	Monica Valdez (Temescal)	2001
		1985	11:09.81	Carrie Soholt (King)	2011
		1984	11:10.83	Samantha Morabe (Great Oak)	2010
		1988	11:10.98	*Zoe Jarvis (Chaparral)	2016
		1985	11:11.12	*Nadine Dubon (Vista)	2017
		2010	11:11.16	Desi Stinger (Great Oak)	2016
		1986	11:11.7	*Alexis Morabe (Great Oak)	2011
		1993	11:11.42	Nadine Dubon (Vista)	2018
		1994	11:11.95	Paige Mobley (Murrieta)	2007
		1996	11:12.01	*Pauline Mandel (Great Oak)	2011
		1999	11:12.07	Lily Seynaeve (Santiago)	2014
		1996	11:12.18	Kenzie Estes (Poly)	2011
		1996	11:12.40	Katie Barrese (Great Oak)	2006
		1987	11:12.41	Anjie Miranda (Palm Springs)	1988
			11:12.76	Jamie Bascom (Elsinore)	1993
			11:13.21	Miranda Kewley (Great Oak)	2013
			11:14.14	Ashley Beechan (Hemet)	2008
		2015	11:14.51	*Nyah Chavez (Shadow Hills)	2018
		2018	11:14.70	Alyssa Haring (King)	2016
		2014	11:14.95	Nicaela Hernandez (Vista)	2012
		2017	11:15.33	Liana Boucher (Murrieta)	2004
		2018	11:15.41	Emily Clause (Great Oak)	2013
		2018	11:15.49	Lindsey Stalker (Corona)	2001
		2013	11:15.70	***Maiya Larsen (Great Oak)	2012
		2014	11:15.78	Kat Prince (Poly)	1986
		2018	11:16.0+	Debbie Williams (Norco) 11:19.9y	1983
		1987	11:16.14	Miranda Kewley (Great Oak)	2011
		2012	11:16.34	Ashley Evans Corona	2007
		2015	11:16.96	***Brianna Weider (Great Oak)	2018
		2012	11:17.13	*Arabella Reece (Murrieta Valley)	2017

3000 meters

9:21.44	Destiny Collins (Great Oak)	2016	11:07.99	Serkadis Krome (Vista del Lago)	2008
9:54.8'	Brigid Freyne (Poly)	1987	11:08.03	Shelby Horgan (Temescal)	1995
10:18.63	Alma Escobar (Corona)	2005	11:08.22	Marisa Rodriguez (Indio)	2016
10:24.6'	Sonya Melendez (Indio)	1992	11:08.54	***Mckenna Genovese (Santiago)	2012
10:24.79	Shelby Horgan (Temescal)	1997	11:08.94	Adianna Ramos (Elsinore)	2010
10:25.3'	Kat Prince (Rubidoux)	1985	11:09.42	Monica Valdez (Temescal)	2001
10:25.54	Debbie Williams (Norco)	1984	11:09.81	Carrie Soholt (King)	2011
10:31.5	Jennie Higbee (Norco)	1988	11:10.83	Samantha Morabe (Great Oak)	2010
10:37.0'	Michelle Paul (Perris)	1985	11:10.98	*Zoe Jarvis (Chaparral)	2016
10:37.32	*Kenzie Estes (Poly)	2010	11:11.12	*Nadine Dubon (Vista)	2017
10:37.4'	Kat Prince (Poly)	1986	11:11.16	Desi Stinger (Great Oak)	2016
10:38.61	Jamie Bascom (Elsinore)	1993	11:11.7	*Alexis Morabe (Great Oak)	2011
10:39.5'	Ellen Muench (Temescal)	1994	11:11.42	Nadine Dubon (Vista)	2018
10:49.36	Rachea McCauley (Canyon Springs)	1996	11:11.95	Paige Mobley (Murrieta)	2007
10:53.55	Monica Valdez (Temescal)	1999	11:12.01	*Pauline Mandel (Great Oak)	2011
10:54.93	Melissa Aronson (Hemet)	1996	11:12.07	Lily Seynaeve (Santiago)	2014
10:54.96	Maribel Campos (Coachella Valley)	1996	11:12.18	Kenzie Estes (Poly)	2011
10:57.36	Tish Bennett (Norco)	1987	11:12.40	Katie Barrese (Great Oak)	2006

3200 meters

9:53.79	* Destiny Collins (Great Oak)	2015	11:14.14	Ashley Beechan (Hemet)	2008
10:17.13	**Tori Gaitan (Great Oak)	2018	11:14.51	*Nyah Chavez (Shadow Hills)	2018
10:17.63	Haley Dorris (Great Oak)	2014	11:14.70	Alyssa Haring (King)	2016
10:23.14	**Lauren Peunfof (King)	2017	11:14.95	Nicaela Hernandez (Vista)	2012
10:25.32	Sandra Pflughoft (Great Oak)	2018	11:15.33	Liana Boucher (Murrieta)	2004
10:25.90	*Fatima Cortes (Great Oak)	2018	11:15.41	Emily Clause (Great Oak)	2013
10:26.54	* Megan Huebner (La Quinta)	2013	11:15.49	Lindsey Stalker (Corona)	2001
10:30.67	Ashley Helbig (Great Oak)	2014	11:15.70	***Maiya Larsen (Great Oak)	2012
10:32.27	**Arianna Griffiths (Great Oak)	2018	11:15.78	Kat Prince (Poly)	1986
10:34.37	Brigid Freyne (Poly)	1987	11:16.0+	Debbie Williams (Norco) 11:19.9y	1983
10:34.73	Adriana Olivas (Centennial)	2012	11:16.14	Miranda Kewley (Great Oak)	2011
10:36.20	**Kiyena Beatty (Great Oak)	2015	11:16.34	Ashley Evans Corona	2007
10:36.27	Erika Reddish (Vista)	2012	11:16.96	***Brianna Weider (Great Oak)	2018
			11:17.13	*Arabella Reece (Murrieta Valley)	2017

11:17.14	***Jacqueline Aparicio (Santiago)	2011	11:32.45	***Cynthia Martin (Chaparral)	2016
11:17.30	Heather Wilson (Great Oak)	2009	11:32.66	*Nina Alvarado (Chaparral)	2010
11:17.41	Paloma Barron (Roosevelt)	2018	11:32.71	** Arlene Avalos (Great Oak)	2014
11:17.71	*Grace Handler (Chaparral)	2018	11:32.72	***Sophie Rodriguez (Great Oak)	2018
11:17.75	**Alexis Messerly (Great Oak)	2011	11:32.76	Heather Wilson (Great Oak)	2008
11:18.12	**Fernanda Rodriguez (Rubidoux)	2012	11:33.07	Mila Alvarez (North)	2007
11:18.48	Kelly Thomas (Great Oak)	2015	11:33.14	*Allison Janes (King)	2017
11:18.63	* Audrey Wallis (Great Oak)	2014	11:33.46	Brooke Evans (Vista)	2013
11:18.89	** Kaili Waller (Chaparral)	2013	11:33.79	Christian Calain (Great Oak)	2013
11:19.21	*Alexadra Morris (Temescal)	2011	11:33.93	*Samantha Morabe (Great Oak)	2009
11:19.25	Macey Pflughoft (Great Oak)	2015	11:33.97	Alia Bales (Great Oak)	2011
11:19.38	Melissa Aronson (Hemet)	1995	11:34.04	***Jasmine Benson (Santiago)	2007
11:19.52	Crystal Ricardez (Canyon Springs)	1998	11:34.62	Heather Wilson (Great Oak)	2007
11:20.19	** Sani Shabgahi (Corona)	2014	11:35.20	Emily Sanchez (King)	2015
11:21.00	Paige Mobley (Murrieta)	2008	11:35.28	***Paloma Barron (Roosevelt)	2015
11:21.3	Pauline Mandel (Great Oak)	2012	11:35.44	*Katya Candray (Great Oak)	2018
11:21.3	** Adriana Hernandez (North)	2013	11:35.50	Julie Diaz (Vista)	2016
11:21.33	*** Michelle McIntosh (Great Oak)	2014	11:35.63	Jana Warrick (Roosevelt)	2014
11:21.35	Venus Shabgahi (Corona)	2012	11:35.72	Alison Soto (Beaumont)	2017
11:21.42	Marissa Thompson (Woodcrest)	2017	11:36.19	***Diana Bautista (Santiago)	2018
11:21.55	Rebecca Asplund (King)	2010	11:38.80	Skyler Bollinger (Great Oak)	2016
11:21.70	***Alex Morris (Temescal)	2009	11:36.12	***Kyleigh Macey (Great Oak)	2015
11:21.74	* Maiya Larsen (Great Oak)	2014	11:36.18	* Taylor Taite (Mesa)	2014
11:21.90	Alyssa Ungrady (Great Oak)	2016	11:36.21	*** Cassidy Hylton (Great Oak)	2014
11:21.95	Lauren Peurifoy (King)	2016	11:36.27	*Ashley Roberts (Poly)	2010
11:22.02	Alexia Velarde (Marywood-Palm Valley)	2012	11:36.27	***Georgie Mandel (Great Oak)	2018
11:22.04	Kenzie Estes (Poly)	2010	11:36.38	Danica Rosendale (Vista)	2007
11:22.31	Amanda Crissinger (Vista)	2013	11:37.23	**Alexys Estrada (Vista del Lago)	2011
11:22.42	Danica Rosendale (Vista)	2009	11:37.41	**Haley Brzycki (Corona)	2010
11:22.43	**Kela Mayhera (King)	2018	11:37.87	***Aniya Pretlow (Vista)	2018
11:22.73	Abbey Gallaher (Great Oak)	2008	11:38.00	Xiang Tak (Chaparral)	2011
11:22.90	Maria Hurtado (Vista)	2012	11:38.42	***Ariel Van Riper (Vista)	2016
11:22.96	Brianna Jacklin (King)	2014	11:38.58	**Kimberly Lima (Rancho Verde)	2018
11:22.99	*Caitlin Billman (Murrieta)	2018	11:38.95	***Elizabeth Richter (Great Oak)	2016
11:23.11	*Alison Soto (Beaumont)	2016	11:39.02	*Brianna Lucas (Great Oak)	2018
11:23.17	Heather Wilson (Great Oak)	2009	11:39.08	Samantha Flores (Paloma Valley)	2014
11:23.56	*Maya Ambroziak (Great Oak)	2016	11:39.22	Allison Blake (Great Oak)	2009
11:23.59	***Brianna Wilson (Linfield)	2009	11:39.36	Melinda Hernandez (Indio)	2010
11:23.75	**Brittany Marrero (Roosevelt)	2015	11:40.27	*Lauren Peurifoy (King)	2018
11:24.00	*Cynthia Martin (Chaparral)	2018	11:40.35	**Abigale Rippe (Roosevelt)	2018
11:24.02	Katie Borum (Murrieta)	2007	11:40.44	Alia Bales (Great Oak)	2009
11:24.42	Amanda Reynolds (Murrieta)	2008	11:40.48	Alexandria Stetkevick (Poly)	2016
11:25.03	***Marissa Rodriguez (La Quinta)	2014	11:40.89	**Kimberly Pena (Roosevelt)	2017
11:25.04	**Valeria Ruiz (Xavier Prep)	2012	11:40.93	Bethany Bilton (Murrieta)	2009
11:25.15	Grace Handler (Chaparral)	2017			
11:25.16	** Ariana Martinez (Temecula)	2013			
11:25.41	Kylee Martin (Murrieta)	2008			
11:25.49	Amanda Navarro (Elsinore)	2018	5000 meters		
11:25.75	*Gabriela Hubarth (Vista)	2018	16:51.97	Alma Escobar (Corona)	2004
11:25.77	*Kimberly Pena (Roosevelt)	2018	17:58.76	Kelsi Tippets (King)	2010
11:25.78	* Alicia Williams (Corona)	2013	18:21.81	Rebecca Asplund (King)	2010
11:27.15	*Karylee Taylor (King)	2018			
11:27.37	Breann Howell (Murrieta Valley)	2014	3000m Steeplechase		
11:27.95	*Miranda Camargo (Roosevelt)	2018	12:42.76	Kelly Floyd (Corona)	2003
11:26.49	Brittney Reimer (La Quinta)	2008			
11:26.63	*Alexandra Stetkevick (Poly)	2015			
11:26.95	*Michaela Reynolds (Vista)	2015	100m Hurdles (30")		
11:27.84	Kaili Walker (Chaparral)	2015	13.83	Doris Williams (Poly)	1987
11:28.06	Rebekah Pendleton (King)	2017	14.07	Dominique Manning (North)	2001
11:28.58	**Christina Calain (Great Oak)	2012	14.23	CeCe Chandler (Elsinore)	1982
11:28.62	*Amanda Navarro (Elsinore)	2017	14.26	Lisa Hale (Poly)	1987
11:28.73	Melina Hernandez (Indio)	2011	14.43	Latice House (Poly)	1989
11:28.80	***Chandler Kerr (Chaparral)	2012	14.74c	Stephanie LaMar (Indio)	1985
11:28.82	Dominique Esparza (Valley View)	2011	14.75	Beth Griffiths (Corona)	1982
11:28.94	* Lauren Boyd (King)	2013	14.75	Shanne Somerville (Palm Springs)	1989
11:29.00	Jessica McCarthy (Vista)	2010	14.89	Lianne Peterson (Palm Springs)	1990
11:29.0	*Kim McNamee (Great Oak)	2012	14.94c	Mary Carroll (Coachella)	1982
11:29.63	Sarah Lyon (Great Oak)	2016	15.06	Yvette McCullough (Arlington)	1986
11:30.79	*Samantha Velazquez (Santiago)	2018	15.08	Maria Peterkin (Arlington)	1990
11:31.33	Rachel Seymour (Great Oak)	2011	15.12	Jackie Caddo (Indio)	1982
11:31.72	Julie Diaz (Vista)	2017	15.12	Alesha Stevenson (North)	1989
11:31.99	Bethany Bilton (Murrieta)	2011	15.16	Kristy Irwin (Norco)	1990
11:32.06	** Michaela Reynolds (Vista)	2014	15.19	Denise Wilson (Indio)	1981
11:32.06	Fernanda Rodriguez (Rubidoux)	2014	15.30	Desiree Green (North)	1992
11:32.35	*Ashlee Cervantes (Beaumont)	2009	15.34c	Sue Rupel (Perris)	1981

15.34	Andrea Meachum (Ramona)	1992	15.36	Frances Chase-Dunn (North)	2009
15.35	Tanya Jones (Corona)	1988	15.38	**Sarah Ann Frank (King)	2016
15.45	Alesha Stevenson (North)	1988	15.38	**Skye Lattimore (Rancho Verde)	2017
15.54c	Kelly Smith (Centennial) 15.3	1992	15.38	**Amari Jenkins (North)	2018
			15.39	Shama Edwards-Hambrick (Mo Val)	1994
Wind-Aided:			15.39	*Jasmine Porter (Temecula)	2018
13.95	CeCe Chandler (Elsinore)	1982	15.44c	Ashley Henley (Indio 15.2)	2002
14.24	Lisa Hale (Poly)	1987	15.46	Lorraine King (North)	2005
15.30	Erin Wayne (Norco)	1985	15.46	Jessica Toliver (Vista)	2013
15.45	Bobbi White (Norco)	1989	15.50	Miki Ewing (Corona)	2013
			15.52	Mary Mann (Vista)	2006
			15.54c	Laura Amos (Norte Vista)15.3	1995
			15.54c	Danielle Perry (Murrieta Valley) 15.3	1999
			15.54	*Shereen Sutherland (Santiago)	2011
			15.55	Pamela Leyva (La Quinta)	2003
			15.55	Amada Breyer (Hemet)	2006
			15.55	Jasmine Williams (Great Oak)	2007
			15.56	Dana Felt (Palm Desert)	2008
			15.56	Emily Owen (Vista)	2010
			15.58	Paige Smith (Rancho Verde)	2017
			15.59	**Myah Hatcher (Roosevelt)	2018
			15.60	Lajayah Medina (Canyon Springs)	2016
			15.62	**Lorrane Nance (Temescal Canyon)	2016
			15.65	Zeinab Torabi (Mesa)	2017
			15.66	Marisa Wright (Moreno Valley)	1997
			15.66	*Sheliemae Reyes (Vista)	2010
			15.66	* Ali Miller (Murrieta Valley)	2014
			15.67	** Bryana Hairston (Mesa)	2014
			15.68	Zenobia Bracy (King)	2005
			15.68	Samaya Brandon (JW North)	2014
			15.69	Lauren Henderson (Rancho Verde)	2012
			15.72	Allison Abacherli (Paloma Valley) 14.7	2002
			15.72	** Grace Arnold (Mesa)	2014
			15.72	*Diamond Tabron (North)	2015
			15.75	Angela Gomez (Perris)	1993
			15.77	Rachel Miller (Vista)	2007
			15.77	*Larisa Cesena (King)	2017
			15.78	Carmiesha Brown (La Quinta)	2001
			15.78	Jemena Nesbet (Paloma Valley)	2016
			15.80	Christie Wilson (Poly)	1996
			15.80	Kelly Green (Corona)	2007
			15.81	Erika Witt (Grat Oak)	2018
			15.84	*Noelani Smith (Vista)	2011
			15.84	Sheliemae Reyes (Vista)	2011
			15.86	Adia Dihn (Hemet)	2017
			15.87	Carmeshia Brown (La Quinta)	2003
			15.88	** Leitasi Cravens (Vista)	2013
			15.89	***Ali Miller (Murrieta)	2012
			15.90	Sandy Kacura (Norco)	1998
			15.90	Angela Green (La Sierra)	2007
			15.96	Sabel Moffett (Chaparral)	2005
			15.96	T*Keyah Gray (Elsinore)	2010
				Wind-Aided:	
			13.42	Nicole Denby (North)	1999
			13.44c	Dominique Manning (North) 13.2	2004
			13.4	Ashlee Brown (North)	2003
			13.72	*Breanna Bernard-Joseph (Roosevelt)	2017
			13.80	Joanna Hayes (North)	1994
			13.84c	Gayle Hunter (North) 13.6	2004
			13.88	Iris Chijioke (Roosevelt)	2012
			14.05	April Holliverse (North)	1999
			14.10	Marjani Maldonado (North)	2009
			14.22	Heather Corder (Murrieta)	2010
			14.25	Shae Anderson (Norco)	2017
			14.33	** April Sutton (Roosevelt)	2013
			14.39	DeAnna Carson (Vista del Lago)	2003
			14.41	Kim Dargel (Mesa)	2013
			14.45	*Tayler Fleming (King)	2012
			14.47	Amber Clark (Rancho Verde)	2009
			14.47	Katy Hall (Rancho Verde)	2009
			14.44	Gayle Hunter (King)	2002
			14.54	Breeanca Fleming (Great Oak)	2007
			14.58	** Samaya Brandon (North)	2013
			14.77	*Taylor Shorter (Norco)	2018
13.17	Jasmyne Graham (Roosevelt)	2015			
13.20	Nicole Denby (North)	2000			
13.35	Nicole Hoxie (North)	1997			
13.45	Joanna Hayes (North)	1995			
13.58	Ashlee Brown (North)	2003			
13.65	Danae Dyer (Temecula)	2018			
13.67	Dominique Manning (North)	2004			
13.78	*Jaela Williams (Roosevelt)	2014			
13.88	*Breanna Bernard-Joseph (Roosevelt)	2017			
14.08	Gayle Hunter (North)	2004			
14.09	*Danae Dyer (Temecula Valley)	2017			
14.16	Jade Miller (Great Oak)	2013			
14.17	Marjani Maldonado (North)	2009			
14.18	Iris Chijioke (Roosevelt)	2012			
14.19	Samaya Brandon (North)	2015			
14.20	April Holliverse (North)	1999			
14.31	Tayler Fleming (King)	2013			
14.31	April Sutton (Roosevelt)	2014			
14.32	Kim Dargel (Mesa)	2013			
14.34c	Chaunte Howard (North) 14.1	2002			
14.35	DeAnna Carson (Vista del Lago)	2003			
14.38	Kiersten Kirkland (North)	2007			
14.42	Heather Corder (Murrieta)	2010			
14.47	Katy Hall (Murrieta)	2009			
14.52	Shae Anderson (Norco)	2017			
14.54	Gayle Hunter (King)	2002			
14.54	Breeanca Flemng (Great Oak)	2007			
14.56	Amber Middleton (Murrieta)	2008			
14.59	Martiesha Caines (Great Oak)	2013			
14.60	Marisa Smith (Valley View)	2004			
14.62	Ericka Nowell (Perris)	2009			
14.63	Sarah Ann Frank (King)	2018			
14.66	Kelsey Rubeor (Murrieta)	2007			
14.76	*Amber Clark (Rancho Verde)	2009			
14.84c	Liz Luzsko (Banning) 14.6	1999			
14.93	** Samaya Brandon (North)	2013			
14.93	**Taylor Shorter (Norco)	2013			
14.94c	Alexandria Anderson (Valley View) 14.7	2018			
14.94	** Iyana Cooksey (Roosevelt)	2002			
14.95	Tiffany Parker (Rancho Verde)	2014			
14.96	Laura Stokes (Vista)	2005			
14.96	Sarah Dunaway (Vista)	2012			
14.97	Devony Dettman (Vista)	2014			
15.01	Diamond Tabron (JW North)	2016			
15.02	Tanika Ward (North)	2016			
15.04	Becky Collier (Woodcrest Chr)	2004			
15.07	Aarika Oeais (Linfield)	2013			
15.08	Jazmine Harper (Vista del Lago)	2017			
15.08	Kari Snow (Norco)	2011			
15.12	Ali Miller (Murrieta Valley)	2003			
15.17	Keiana Shannon (North)	2015			
15.19	Mary Manu (Vista)	1999			
15.21	Robin Lealblad (Arlington)	2007			
15.23	*Jade Miller (Great Oak)	1996			
15.24c	Ashley Henley (Indio) 15.0	2012			
15.26	Taryn Pastoor (Murrieta)	2004			
15.31	Janessa Brown (Murrieta)	2007			
15.33	Kayla Elliott (Elsinore)	2011			
15.34c	Jameyo Austin (Moreno Valley) 15.1	2017			
15.34	Tatiana Martinez (Murrieta)	2001			
15.34	Krista Haddock (Hemet)	2012			
15.35	Emily Owen (Vista)	2015			
		2009			

14.79	Sara Dunaway (Vista)	2014	44.91	Desiree Green (North)	1993
14.79	Devony Dettman (Vista)	2016	44.91	Naquesha Moulton (Arlington)	1997
14.81	Tiffany Parker (Rancho Verde)	2006	44.93	**Jaela Williams (Roosevelt)	2013
14.83	Amber Clark (Rancho Verde)	2010	44.97	Zeinab Torabi (Mesa)	2017
14.84	Lorraine King (North)	2005	45.05	*Jasmine Porter (Temecula)	2018
14.92	*Martiesha Caines (Great Oak)	2012	45.10	**Lorrane Nance (Temescal Canyon)	2016
14.95	*Heather Corder (Murrieta)	2009	45.08	Sandy Utterback (Poly)	1984
14.95	Iyana Cooksey (Roosevelt)	2016	45.10	Amber Middleton (Murrieta)	1983
15.08	* Ali Miller (Murrieta Valley)	2014	45.11	Jessica Balbuena (La Sierra)	2009
15.17	Sara Nielson (Palm Desert)	2008	45.11	** Ciynamon Stevenson (Great Oak)	2014
15.17	***Amari Jenkins (JW North)	2017	45.12	Natalie Lamagna (Norco)	1983
15.19	Mary Manu (Vista)	2007	45.12	**Mya Hatcher (Roosevelt)	2018
15.25	Aarika Oeleis (Linfield)	2015	45.12	Shania Edwards-Hambrick (Mo Val)	1994
15.27	*Maya Jackson (Desert Hot Springs)	2012	45.12	Sara Dunaway (Vista)	2014
15.28	Shanie Edwards-Hamrick (Mo Val)	1993	45.13	Kim Dargel (Mesa)	2013
15.28	Frances Chase-Dunn (North)	2009	45.19	*Rynese Hulbert (Roosevelt)	2010

200m Hurdles (30'')

26.80 Dominique Manning (North)

300m Hurdles (30'')

40.31	Shae Anderson (Norco)	2017	45.71	Jasmine Richards (Great Oak)	2010
40.73	Jasmyne Graham (Roosevelt)	2015	45.74c	Cheri Slater (Moreno Valley)	45.5 1983
40.81	Joanna Hayes (North)	1995	45.77	*Emily Owen (Vista)	2009
41.02	Jade Miller (Great Oak)	2013	45.81	Kayla Elliott (Elsinore)	2017
41.53	Nicole Denby (North)	1999	46.81	*Payton McCartney (San Jacinto)	2018
41.61	Ashlee Brown (North)	2001	45.91	** Iyana Cooksey (Roosevelt)	2014
41.76	Breanna Bernard-Joseph (Roosevelt)	2018	45.93	Shanee Somerville (Palm Springs)	1989
41.80	Ericka Nowell (Perris)	2009	45.98	*Gabby Estell (Rancho Verde)	2010
42.18	Lili Calhoun (North)	2003	46.01	*Aleyah Coleman (Palm Springs)	2012
42.66	Nicole Hoxie (North)	1996	46.02	*Erica Williams (Elsinore)	2011
42.84c	Marisa Smith (Valley View)	42.7 2004	46.03	Leighana Weaver (King)	2015
42.96	Kiersten Kirkland (North)	2007	46.04c	Madinah Ali (Canyon Springs)	45.8 1994
43.08	Taylor Fleming (King)	2013	46.06c	Alexandria Anderson (Valley View)	45.8 2002
43.12	Tanika Ward (North)	2004	46.07	*Kaleigh Gionnone (Heritage)	2017
43.13	Danielle Perry (Murrieta)	1999	46.08	Lolene Swallow (Vista)	2014
43.24	***Marjani Maldonado (North)	2006	46.10	Mayimi Lee (Cathedral City)	2011
43.27	Dominique Manning (North)	2004	46.14	**Jessica Toliver (Vista)	2011
43.27	**Amari Jenkins (North)	2018	46.16	Rachel Miller (Vista)	2007
43.46	** April Sutton (Roosevelt)	2013	46.17	*Katy Hall (Murrieta)	2008
43.48	Heather Corder (Murrieta)	2010	46.18	Rynese Hulbert (Roosevelt)	2011
43.48	*Iris Chijoke (Roosevelt)	2011	46.24c	Rosalie Watkins (Perris)	46.0 2002
43.49	*Kolonnine Green (Great Oak)	2018	46.25	Marisa Wright (Moreno Valley)	1997
43.51	*Jaylah Walker (La Sierra)	2015	46.26	*Jazmyne Santiel (Indio)	2015
43.52	Gayle Hunter (North)	2004	46.27	Erin Wayne (Norco)	1985
43.74	Lorraine King (North)	2005	46.28	Taylor Lorack (Temecula)	2012
43.79	**Laura McDowell (Arlington)	2010	46.33	Tary Foster (Poly)	1996
43.81	Diamond Tabron (JW North)	2016	46.33	**Larisa Cesena (King)	2016
44.03	Doris Williams (Poly)	1987	46.35	Breanca Fleming (Great Oak)	2006
44.06	Janessa Brown (Murrieta)	2011	46.35	Tatiana Martinez (Murrieta Valley)	2012
44.10	**Shae Anderson (Santiago)	2015	46.36	Amber Clark (Rancho Verde)	2010
44.11	Martiesha Caines (Great Oak)	2013	46.36	Aleyah Coleman (Palm Springs)	2013
44.16	Kristen Powers (Chaparral)	2007	46.36	Paige Smith (Rancho Verde)	2017
44.26	Stephanie Lamar (Indio)	1984	46.39	Lauren McDade (Norte Vista)	1985
44.27	Gabby Estell (Rancho Verde)	2009	46.40	* Asia Wallace (Rancho Verde)	2014
44.29	**Jazmine Harper (Vista de Lago)	2009	46.41	DevonyDettman (Vista)	2016
44.30	Kari Snow (Norco)	2003	46.42	**Payton McCartney (San Jacinto)	2017
44.31	***Laura McDowell (La Sierra)	2009	46.43	Precious Watkins (Rancho Verde)	2007
44.32	Amber Clark (Rancho Verde)	2009	46.44c	Alex Edmond (North)	46.2 1997
44.43	Beth Griffiths Corona)	1982	46.44c	Jameyo Austin (Moreno Valley)	46.2 2001
44.47	Lianne Peterson (Palm Springs)	1990	46.44c	Amanda Breyer (Hemet)	46.2 2005
44.49	Frances Chase-Dunn (North)	2009	46.46	Wendy Kearney (La Sierra)	2003
44.49	April Sutton (Centennial)	2015	46.49	Pamela Leyva (La Quinta)	2002
44.51	Kristina Kirkland (Rancho Verde)	2011	46.52	Sheliemae Reyes (Vista)	2011
44.58	*Laura McDowell (Arlington)	2011	46.54	*Lauren Henderson (Rancho Verde)	2011
44.60	Keiana Shannon (North)	1999	46.56	**Aarika Oeleis (Linfield)	2015
44.72	Angela Gomez (Perris)	1993	46.64c	Gretchen DeWitt (Indio)	46.4 1983
44.72	** Krista Haddock (Hemet)	2013	46.65	Devin Stetson (Corona)	2014
44.83	Krista Haddock (Hemet)	2015	46.68	Marrisa Smith (Valley View)	2003
44.85	** Leighana Weaver (King)	2013	46.68	*** Jaylah Walker (La Sierra)	2013
44.87	**Kolonnir Green (Great Oak)	2017	46.70	Lyric Bridgeforth (Moreno Valley)	2016
44.88	April Holliverse (North)	1999	46.74c	Allison Abacherli (Paloma Valley)	46.5 2002
44.88	Sarah Ann Franke (King)	2018	46.74	Brooke Martin (Chaparral)	2016

46.78	Chris Stanley (Norco)		1984	48.00	** Aileen Galicia (La Quinta)		2013
46.84	*Jordin Bella (Mesa)		2018	48.00	Summer Traylor (Perris)		2014
46.85	***Jada McLean (Palm Springs)		2015	48.02	Mary Mann (Vista)		2005
46.87	Tricia Cervantes (Beaumont)		2012	48.03	*Aniya Gaines (La Sirra)		2017
46.88	*** Jaszmyne Santiel (Indio)		2013	48.04c	Tiffany Dillard (Canyon Springs)	47.8	2002
46.92	Ginger Vega (Notre Dame)		1992	48.04c	Krystal Johnson (Rancho Verde)	47.8	2002
46.97	Laura Stokes (Vista)		2012	48.04	*Genesis Walls (Rancho Verde)		2016
46.98	Ashley Henley (Indio)		2004				
47.04c	Maria Peterkin (Arlington) 46.8		1990				
47.01	Jackie Adams (Moreno Valley)		1983				
47.03	Dehjah Joseph (Vista)		2016	59.44	Shae Anderson (Norco)		2017
47.04	Melissa Pridemore (Centennial)		1995	63.42	Kierstan Kirkland (North)		2006
47.04	**Cayla Brooks (Roosevelt)		2012				
47.05	Chynna Swift (Chaparral)		2017				
47.07	Sydney Schuller (Paloma Valley)		2011				
47.08	*** Shae Anderson (Norco)		2014				
47.13	Misha Limbrick (Canyon Springs)		1993	45.30	North		2000
47.19	Kristy Irwin (Norco)		1989	45.36	North		2001
47.19	* Laurin Bergman (Santiago)		2013	45.68	Rancho Verde		2010
47.19	**Danae Dyer (Temecula)		2016	45.74	Rancho Verde		2007
47.20	Princess Lee (Ramona)		2016	45.76	Rancho Verde		2009
47.20	Alex Edmond (North)		1994	45.92	North		2003
47.20	** Leitasi Cravens (Vista)		1997	45.97	Rancho Verde		2006
47.20	Deziray White (Vista)		2013	46.10	Roosevelt		2015
47.22	***Sami Bollinger (Great Oak)		2018	46.20	Rancho Verde		2008
47.24c	Kariesse Fonteant (North) 47.1		2018	46.25	Rancho Verde		2011
47.24	**Cassie Gstrein (Murrieta)		2004	46.22	Vista		2014
47.24	**Jada McLean (Palm Springs)		2009	46.41	Roosevelt		2011
47.25	**Kristian Wright (Canyon Springs)		2016	46.44	North		2004
47.25	*Erika Witt (Great Oak)		2009	46.58	Vista		2009
47.26	Jessica Toliver (Vista)		2017	46.64	Roosevelt		2010
47.27	**Melanie Williams (Corona)		2013	46.65	North		1999
47.30	Allison Higgins (San Jacinto)		2011	46.72	Roosevelt		2014
47.34	Ruperta Ibarra (Moreno Valley)		1992	46.73	North		2006
47.35	***Erica Williams (Elsinore)		1988	46.86	North		2002
47.37	Jessica Reeder (Corona)		2009	46.93	Roosevelt		2013
47.38	*Aubree Ford (Vista)		2008	46.97	Vista		2013
47.44c	Sue Rupel (Perris)	47.2	2009	47.03	Mesa		2013
47.44	**Isabella Fakehany (La Quinta)		1981	47.04	North		1996
47.45+	Celeste Bailey (Rubidoux) 47.73y		2018	47.05	Roosevelt		2017
47.52	* Niome Wyatt (Rancho Verde)		2018	47.05	Roosevelt		2017
47.54c	Jacque Jarvis (Centennial) 47.3		1990	47.18	North		1995
47.54	*Skyla Curtis (La Quinta)		1990	47.18	Roosevelt		2012
47.58	Katherine Silva (Canyon Springs)		2014	47.23	North		2005
47.60	*Erin Griggs (Great Oak)		1992	47.27	Vista		2012
47.62	*Paige Smith (Rancho Verde)		2016	47.29	Canyon Springs		1994
47.64c	Kristin Barnes (Hemet) 47.4		2005	47.32	Great Oak		2014
47.65	**Aleyah Coleman (Palm Springs)		2017	47.33	Great Oak		2012
47.65	*Kayli Davis (Vista)		2016	47.34	Rancho Verde		1999
47.66	Brianna Stine (Murrieta)		1995	47.55	North		1997
47.67	Lisa Taranto (Elsinore)		2011	47.63	Rancho Verde		2016
47.70	Anyiwo Nnenna (Murrieta)		2015	47.73	Vista		2011
47.70	**Amber Lasher (Norco)		2001	47.72	King		2014
47.73	Carrie Rock (Canyon Springs)		2013	47.86	King		2013
47.74c	Jasmine Calhoun (Rancho Verde)	47.5	2003	47.87	Chaparral		2017
47.74c	Olivia Turner (Perris)	47.5	2011	47.87	Chaparral		2017
47.74	Nnenna Anyiwo (Murrieta)		1996	47.89	Temecula Valley		2017
47.74	***Laurin Bergmann (Santiago)		1997	47.90	Vista		2008
47.76	**Genesis Walls (Rancho Verde)		2010	47.94	Roosevelt		2009
47.78	*Dehjah Joseph (Vista)		2004	47.96	Rancho Verde		2013
47.79	Laurin Bergmann (Santiago)		2011	47.97	King		2015
47.81	Khalisha Charles (Canyon Springs)		2015	47.97	Canyon Springs		1995
47.86	Deziray White (Vista)		2015	48.00	North		1998
47.87	**Taylor Shorter (Norco)		2014	48.00	Murrieta		2007
47.88	Jolanna Fleming (West Valley)		1996	48.00	King		2012
47.92	Jessica Richeri (Centennial)		2017	48.02	Great Oak		2011
47.93	Rachel Miller (Vista)		2018	48.02	Rancho Verde		2012
47.93	Nayori Davis-Arnold (Ramona)		2018	48.02	Temecula		2018
47.94	** Kayleigh O'Brien (Murrieta Valley)		2011	48.02	Mesa		2018
47.94	* Ali Miller (Murrieta Valley)		2008	48.04	Corona		2014
47.96	La'Shea English (Rancho Verde)		2018	48.11	Murrieta		2012
47.96	Lauren Henderson (Rancho Verde)		2014	48.13	Rancho Verde		2014
47.96	Paige Williams (Chaparral)		2014	48.13	Palm Desert		2017
47.96	Briana Corsetti (Vista)		2000	48.16	Canyon Springs		2013
48.00	Laura Amos (Norte Vista)		2012	48.16	Centennial		2013
			2013	48.19	Great Oak		2007
			1994	48.20	Canyon Springs		1999
				48.21	North		2013

48.28	North		2007	49.50	Poly		1982
48.29	Great Oak		2010	49.51	Centennial		2011
48.36	Corona		2017	49.55	Canyon Springs		1988
48.37	North		2015	49.57	Valley View		2004
48.39	Vista		2018	49.57	Indio		2012
48.43	Great Oak		2008	49.58	Elsinore		2012
48.43	Centennial		2010	49.60	Canyon Springs		1990
48.43	Roosevelt		2018	49.60	Poly		1997
48.46	Vista		2010	49.60	Murrieta Valley		2005
48.48	Great Oak		2017	49.63	Temecula Valley		2001
48.49	Beaumont		2017	49.63	Chaparral		2011
48.51	Canyon Springs		1993	49.66	Perris		2000
48.53	Murrieta Valley		2006	49.66	Elsinore		2009
48.55	Rancho Verde		2015	49.71	Vista del Lago		2009
48.56	Great Oak		2018	49.72	San Jacinto		2011
48.57	Canyon Springs		2001	49.72	Citrus Hill		2014
48.57	Mesa		2017	49.73	Paloma Valley		2015
48.59	Vista		2015	49.74	Chaparral		2015
48.64	King		2009	49.75+	Perris	49.9y	1979
48.66	Santiago		2009	49.76	Canyon Springs		2010
48.69	Moreno Valley		1983	49.76	Murrieta Valley		2011
48.69	Great Oak		2013	49.77	Canyon Springs		1992
48.70	Great Oak		2009	49.78	North		1992
48.70	Rancho Verde		2017	49.79	Corona		1991
48.71	Vista		2007	49.80	Banning		2000
48.74	Banning		1999	49.81	Centennial		2003
48.75	North		2009	49.81	Centennial		2014
48.85	King		2011	49.83	Temecula		2012
48.85	Centennial		2018	49.84	Citrus Hill		2015
48.86	North		2018	49.85	Indio		1984
48.90	Mesa		2012	49.86	Paloma Valley		2003
48.91	La Sierra		2018	49.87	Chaparral		2009
48.92	King		2018	49.88	Cathedral City		2014
48.94	Corona		2015	49.88	JW North		2017
48.95	Murrieta		2008	49.89	Rancho Verde		1995
48.97	Vista		2006	49.89	La Sierra		2009
48.97	Heritage		2013	49.89	Palm Springs		2018
49.04	Murrieta Valley		1999	49.90	King		2004
49.08	Great Oak		2006	49.90	King		2006
49.08	King		2008	49.90	Lakeside		2008
49.12	La Sierra		2017	49.9	Canyon Springs		2011
49.13	Paloma Valley		2014	49.91	Paloma Valley		2009
49.14	Mesa		2014	49.92	Temescal		2001
49.17	Corona		2013	49.93	La Quinta		2009
49.19	Rancho Verde		2004	49.97	Temescal		2000
49.19	Santiago		2011	49.99	Poly		1989
49.19	La Quinta		2017	49.99	Perris		2012
49.20	Vista		2017	50.01	Indio		1987
49.20	Norco		2018	50.01	Moreno Valley		1992
49.21	Centennial		1997	50.03	Rancho Verde		2001
49.23	Vista del Lago		2010	50.04	Canyon Springs		2006
49.23	Chaparral		2010	50.04	Norte Vista		2015
49.24c	San Jacinto	49.1	2008	50.05	Indio		1983
49.24	Great Oak		2015	50.05	Moreno Valley		1989
49.25+	North 49.4y		1982	50.06	Corona		1990
49.25	JW North		2014	50.06	La Sierra		2012
49.26	Elsinore		2015	50.06	Palm Springs		2013
49.27	Canyon Springs		1996	50.06	Mesa		2015
49.28	Corona		1988	50.00	Santiago		2003
49.28	Santiago		2013	50.07	Beaumont		2015
49.28	Rancho Verde		2018	50.08	North		1993
49.32	Temescal		2003	50.08	Rancho Verde		2000
49.37	Indio		1986	50.09	Perris		1982
49.37	North		2008	50.12	La Quinta		2018
49.37	Chaparral		2013	50.12	Xavier Prep		2018
49.39	Corona		2010	50.13	Perris		2007
49.41	Murrieta Valley		2004	50.13	Paloma Valley		2017
49.41	Hemet		2006	50.15	Rancho Verde		1996
49.42	Canyon Springs		1989	50.15	Vista del Lago		2011
49.43	King		2005	50.15	Centennial		2017
49.44	Corona		2018	50.17	Palm Springs		2012
49.46	Elsinore		2013	50.18	King		2010
49.47	Corona		2011	50.18	Elsinore		2018
49.48	Poly		1995	50.19	Hemet		1990
49.48	Chaparral		2012	50.20	Ramona		1995

50.20	Santiago	2004
50.20	Perris	2005
50.23	Valley View	2002
50.23	Temecula	2013
50.24c	Poly 50.1	1996
50.24	Indio	2010
50.25+	North 50.4y	1975
50.25	Poly	2008
50.25	Murrieta	2010
50.27+	Corona 50.56y	1988
50.27	King	2007
50.27	Centennial	2012
50.27	Beaumont	2013
50.27	Palm Springs	2014
50.28	Temescal	2004
50.28	Norco	50.28
50.29	Moreno Valley	1991
50.30	Poly	1987
50.30	Corona	2007
50.31	Canyon Springs	1991
50.32	Canyon Springs	2000
50.32	Citrus Hill	2013
50.34c	Canyon Springs 50.2	2002
50.34c	Paloma Valley 50.2	2002
50.34	Patriot	2012
50.34	Linfield	2015
50.35	Arlington	2003
50.38	Cathedral City	2015
50.38	King	2017
50.40	Corona	2012
50.41	Banning	1997
50.41	Norco	2008
50.42	Elsinore	2011
50.44c	Poly 50.3	1985
50.44	Hemet	2004
50.44	Heritage	2012
50.45	Ramona	1994
50.45	West Valley	2003
50.46+	Corona 50.75y	1982
50.46	Temecula	2009
50.47	La Sierra	2005
50.49	Norco	2003
50.49	Indio	2013
50.50	Murrieta	2003
50.51	Cathedral City	2003
50.51	Santiago	2015
50.52	West Valley	2000
50.52	Valley View	2005
50.53	Lakeside	2007
50.53	Roosevelt	2008
50.54	Hemet	1989
50.54	Centennial	1993
50.54	Centennial	2004
50.55	Ramona	1993
50.55	Roosevelt	2007
50.57	Norco	2001
50.57	Perris	2003
50.57	Chaparral	2008
50.57	Perris	2011
50.57	Cathedral City	2017
50.62	La Sierra	2000
50.64c	Poly 50.5	1986
50.67	La Quinta	2003
50.67	Moreno Valley	2004
50.68	Vista del Lago	2008
50.70	Corona	2008
50.71	Poly	1994
50.71	Chaparral	2003
50.71	Indio	2011
50.72	Corona	1997
50.72	Hemet	2013
50.73	Murrieta Valley	2001
50.73	Beaumont	2018
50.74c	Norco	50.6 1983
50.74	Arlington	1983

50.74	Notre Dame	2011
50.75	Notre Dame	2009
50.76	Santiago	2001
50.76	Paloma Valley	2013
50.77	Santiago	2012
50.77	Murrieta Valley	2013
50.78	Hemet	1991
50.78	West Valley	1997
50.78	Temescal	2015
50.81	Paloma Valley	2008
50.81	Cathedral City	2012
50.82	Norco	1993
50.82	Arlington	1996
50.83	Perris	1983
50.84c	North	50.7 1991

4 x 200m Relay

1:35.89	North	2001
1:38.24	Rancho Verde	2010
1:39.72	Rancho Verde	2007
1:39.75	Roosevelt	2013
1:39.98	Roosevelt	2012
1:40.87	Roosevelt	2011
1:41.30	Rancho Verde	2009
1:41.43	Corona	2014
1:41.92	Great Oak	2012
1:42.10	Corona	2017
1:42.12	Great Oak	2014
1:42.12	Great Oak	2008
1:42.26	Canyon Springs	2012
1:42.57	Great Oak	2013
1:42.69	Canyon Springs	2013
1:42.83	Roosevelt	2010
1:43.02	Roosevelt	2009
1:43.1	North	2006
1:43.4	Vista	2009
1:43.67	Great Oak	2010
1:44.34	Rancho Verde	2008
1:44.37	Mesa	2018
1:44.46	Temecula Valley	2017
1:44.49	Great Oak	2009
1:44.82	Great Oak	2007
1:44.84	Murrieta	2012

4 x 400m Relay

3:38.86	North	2001
3:39.46	North	2000
3:43.96	North	2003
3:44.02	Rancho Verde	2009
3:44.76	Roosevelt	2015
3:45.81	Rancho Verde	2007
3:46.16	North	1995
3:46.29	Roosevelt	2017
3:47.34	Roosevelt	2013
3:47.44	Great Oak	2012
3:47.50	Roosevelt	2018
3:47.60	North	1996
3:48.36	Great Oak	2011
3:48.38	North	2006
3:48.43	Corona	2017
3:48.67	Great Oak	2013
3:49.36	North	1998
3:49.40	North	2004
3:49.61	North	2007
3:50.11	Rancho Verde	2006
3:50.36	North	1999
3:50.56	Roosevelt	2010
3:50.83	North	2015
3:50.88	Roosevelt	2012
3:51.07	Roosevelt	2016
3:51.16	Canyon Springs	1994
3:51.19	North	2005
3:51.52	Rancho Verde	2008

3:51.66	North	2002	4:01.97	King	2016
3:51.80	Corona	2014	4:02.06	Great Oak	2006
3:51.97	Great Oak	2014	4:02.1	Corona	1983
3:52.30	Canyon Springs	1995	4:02.18	Chaparral	2010
3:52.37	Vista	2013	4:02.22	Temecula	2009
3:52.51	North	2018	4:02.24	King	2002
3:53.3+	Poly 3:54.6y	1979	4:02.36	Poly	2014
3:53.51	North	1997	4:02.39	Murrieta	2009
3:53.51	Rancho Verde	2010	4:02.50	Beaumont	2015
3:53.58	North	2013	4:02.55	La Quinta	2016
3:54.08	Roosevelt	2011	4:02.56	Murrieta	2003
3:54.13	Corona	2013	4:02.71	Vista	2016
3:54.32	Great Oak	2010	4:02.92	Vista del Lago	2009
3:54.33	North	2016	4:02.99	Corona	2015
3:54.37	Great Oak	2008	4:03.12	Paloma Valley	2009
3:54.52	King	2014	4:03.17	Paloma Valley	2013
3:54.70	Temecula	2012	4:03.25	Rancho Verde	2017
3:55.02	JW North	2014	4:03.36	West Valley	2016
3:55.03	Murrieta	1999	4:03.45	Beaumont	2016
3:55.17	Corona	2016	4:03.54	Paloma Valley	2005
3:55.24	Roosevelt	2009	4:03.55	Murrieta	2004
3:55.55	Rancho Verde	2016	4:03.82	Mesa	2018
3:55.7	Rancho Verde	2011	4:03.84	Murrieta	2007
3:55.92	North	1993	4:03.9	Norco	1983
3:56.16	Murrieta	2010	4:03.95	Arlington	1996
3:56.26	Norco	2017	4:03.99	Poly	2008
3:56.42	North	2008	4:04.16	Centennial	2013
3:56.43	King	2012	4:04.20	King	2009
3:56.68	North	1994	4:04.38	La Quinta	2015
3:57.27	Rancho Verde	2015	4:04.78	Vista	2010
3:57.32	Santiago	2017	4:04.81	Indio	2011
3:57.45	Vista del Lago	2011	4:04.88	Mesa	2014
3:57.49	King	2013	4:04.97	Vista	2018
3:57.55	Chaparral	2017	4:05.08	Mesa	2015
3:57.58	Corona	1991	4:05.18	Mesa	2012
3:57.82	Poly	2016	4:05.35	Vista del Lago	2010
3:57.93	Corona	2011	4:05.35	King	2010
3:57.96	Great Oak	2016	4:05.37	Temecula	2004
3:57.99	Great Oak	2015	4:05.41	Beaumont	2017
3:58.10	Vista	2009	4:05.44	Corona	2012
3:58.10	Great Oak	2009	4:05.50	Murrieta	2002
3:58.15	Chaparral	2016	4:05.50	Beaumont	2004
3:58.28	North	1992	4:05.5	Canyon Springs	1999
3:58.55	La Quinta	2014	4:05.52	Chaparral	2013
3:58.56	Vista	2014	4:05.60	Murrieta Valley	1998
3:58.75	Vista	2015	4:05.67	Vista	2011
3:58.77	Corona	1997	4:05.73	Vista	2006
3:58.80	Temecula	2011	4:05.88	Canyon Springs	1996
3:58.92	Great Oak	2017	4:05.96	King	2003
3:58.97	Temecula	2006	4:06.11	Santiago	2014
3:59.05	Mesa	2013	4:06.16	Coachella Valley	2013
3:59.27	Vista	2012	4:06.17	Paloma Valley	2003
3:59.58	Mesa	2017	4:06.19	Rancho Verde	2005
3:59.58	JW North	2017	4:06.2	Notre Dame	1984
3:59.64	Murrieta	2011	4:06.27	La Quinta	2017
3:59.61	Moreno Valley	1983	4:06.38	La Sierra	2016
3:59.63	Centennial	2018	4:06.4	Poly	1986
3:59.80	Vista	2007	4:06.42	Paloma Valley	2010
3:59.94	Temecula Valley	2016	4:06.45	La Quinta	2012
3:59.97	Indio	2012	4:06.51	Perris	2007
4:00.05	King	2018	4:06.53	San Jacinto	2012
4:00.41	Centennial	2010	4:06.56	Beaumont	2014
4:00.41	King	2011	4:06.61	Arlington	1999
4:00.63	Roosevelt	2014	4:06.62	Perris	2005
4:00.96	Rancho Verde	2014	4:06.07	Vista	2008
4:00.70	Murrieta	1998	4:06.44c	Murrieta	4:06.3 2008
4:00.71	Vista del Lago	2013	4:06.74	Rancho Verde	2012
4:00.77	Rancho Verde	2013	4:06.81	Vista del Lago	2015
4:01.10	La Quinta	2013	4:06.85	Santiago	2016
4:01.16	Temecula	2010	4:07.01	Poly	2017
4:01.24	Great Oak	2007	4:07.03	Temecula Valley	2017
4:01.27	Perris	1980	4:07.09	Perris	2009
4:01.63	Poly	2015	4:07.11	King	2008
4:01.79	Vista	2017	4:07.15	Citrus Hill	2012
4:01.86	King	2015	4:07.18	North	1988

4:07.20	La Sierra	2005
4:07.21	Great Oak	2018
4:07.25	Elsinore	2010
4:07.26	Temecula	2007
4:07.42	Corona	1990
4:07.42	Murrieta	2001
4:07.54	Beaumont	2003
4:07.55	Coachella Valley	2012
4:07.57	La Quinta	2007
4:07.60	Paloma Valley	2014
4:07.65	Elsinore	2017
4:07.66	Corona	2009
4:07.70	King	2017
4:07.81	Canyon Springs	1993
4:07.84	Valley View	2004
4:07.87	Norco	1989
4:07.97	Rancho Verde	2000
4:08.01	Santiago	2015
4:08.03	Murrieta	2000
4:08.04	North	2009
4:08.08	Chaparral	2015
4:08.14c	Perris	4:08.0 2008
4:08.15	Chaparral	2011
4:08.3	Valley View	2011
4:08.32	King	2007
4:08.34	Santiago	2018
4:08.40	Centennial	2017
4:08.4+	Hemet 4:09.8y	1977
4:08.43	Arlington.	2000
4:08.51	Arlington	1995
4:08.51	King	2006
4:08.53	Elsinore	2018
4:08.58	Canyon Springs	2005
4:08.67	Rancho Verde	2001
4:08.71	Hemet	2008
4:08.73	Temecula	2005
4:08.74	Valley View	2005
4:08.78	Paloma Valley	2018
4:08.88	Arlington	2001
4:08.88	Corona	2008
4:08.90	Beaumont	2009
4:08.99	Canyon Springs	2006
4:09.05	Notre Dame	2009
4:09.19	Norco	2001
4:09.29	Elsinore	2015
4:09.32	Perris	2000
4:09.37	Elsinore	2009
4:09.38	Roosevelt	2008
4:09.41	Palm Springs	2016
4:09.49	Valley View	2008
4:09.54	Vista del Lago	2012
4:09.6	Canyon Springs	1990
4:09.6	Palm Springs	1990
4:09.64	Chaparral	2012
4:09.67	Paloma Valley	2017
4:09.68	Arlington	2003
4:09.74	Ramona	1995
4:09.75	Canyon Springs	2009
4:09.76	Paloma Valley	2004
4:09.77	Corona	2007
4:09.79	Norco	1999
4:09.83	Perris	2012
4:09.84	La Sierra	2018
4:09.89	Perris	1999
4:10.01	Corona	1984
4:10.10	Corona	2006
4:10.12	Poly	2012
4:10.13	Elsinore	2011
4:10.18	La Quinta	2008
4:10.21	Perris	2017
4:10.36	Poly	2010
4:10.42	Centennial	2016
4:10.63	Norco	1984

Sprint Medley

4:01.57	Corona	2014
4:01.69	Great Oak	2016
4:03.45	La Quinta	2013
4:03.67	Centennial	2016
4:06.65	Mesa	2014
4:10.33	Great Oak	2014
4:08.21	Great Oak	2015
4:09.38	Great Oak	2017
4:10.30	Centennial	2018
4:10.67	Mesa	2015

4x 800m Relay

9:03.31	Great Oak	2018
9:14.43	Great Oak	2014
9:14.70	Great Oak	2016
9:18.65	Great Oak	2010
9:19.23	Great Oak	2015
9:19.85	Great Oak	2013
9:21.76	Great Oak	2009
9:21.95	La Sierra	2016
9:23.92	Great Oak	2017
9:24.36	Roosevelt	2018
9:24.65	Murrieta	2004
9:26.01	Poly	2015
9:28.62	Great Oak	2008
9:28.72	Great Oak	2012
9:30.83	Great Oak	2007
9:31.52	Santiago	2017
9:33.01	Murrieta	2003
9:35.70	Vista	2013
9:36.09	Corona	2011
9:36.40	King	2008
9:36.69	Corona	2012
9:37.28	Great Oak "B"	2018
9:38.35	Vista	2009
9:38.99	Corona	2007
9:40.52	Vista	2007
9:40.52	Vista	2007
9:41.45	La Quinta	2015
9:41.91	Chaparral	2016
9:43.51	Poly	2014
9:44.27	Great Oak	2011
9:45.2	Corona	2006
9:45.32	La Quinta	2014
9:47.62	Santiago	2018
9:47.72	Vista	2015
9:48.51	Corona	2013
9:49.84	Murrieta	2010
9:50.3	Murrieta (indoors)	2002
9:50.68	Roosevelt	2013
9:51.41	King	2015
9:51.8	Vista	2006
9:52.0	Temescal	2007
9:55.40	Temecula	2004
9:56.53	Murrieta Valley	2005
9:56.97	Corona	2009
9:58.86	Corona	2002
10:00.11	Corona	2003
10:00.89	Valley View	2007
10:00.91	La Quinta	2013
10:01.00	Canyon Springs	2004
10:01.50	Corona	2004
10:01.65	Corona	2008
10:02.20	Vista	2010
10:02.41	Great Oak	2006
10:02.20	Vista	2010
10:02.41	Great Oak	2006
10:03.21	Vista	2008
10:03.6	La Sierra	2005
10:03.36	Great Oak	2012
10:04.05	Beaumont	2016
10:07.37	Canyon Springs	2003

10:07.70	Poly	2013
10:07.76	Santiago	2016
10:08.56	Corona	2008
10:08.65	Chaparral	2010
10:09.66	Corona	2005
10:09.77	Indio	2003
10:10.16	Temescal	1997
10:10.89	Santiago	2015
10:10.92	Temescal	1994

Distance Medley

11:29.76	Great Oak	2016
11:46.92	Great Oak	2015
11:53.83	Great Oak	2018
11:54.28	Great Oak	2014
11:55.18	Great Oak	2017
11:56.09	Great Oak	2013
12:05.90	King	2017
12:07.26	Great Oak	2010
12:11.21	Vista	2018
12:12.21	Murrieta	2002
12:17.35	Murrieta	2004
12:18.,42	Great Oak "B"	2018
12:18.59	Vista	2017
12:19.29	King	2010
12:20.34	Corona	2011
12:21.30	Great Oak	2012
12:22.26	King	2008
12:22.36	Great Oak	2011
12:22.96	King	2009
12:24.52	Murrieta	2001
12:24.60	Great Oak	2008
12:25.88	La Quinta	2016
12:27.72	Vista	2008
12:30.1	Temescal	1995
12:31.02	Great Oak	2009
12:31.44	Chaparral	2016
12:30.52	Roosevelt	2018
12:32.11	King	2011
12:34.11	Vista	2007
12:34.71	Vista	2010
12:34.9	Norco	1988
12:34.93	Vista	2009
12:36.63	Murrieta	2008
12:37.10	Mesa	2014
12:37.33	Santiago	2017
12:37.91	La Quinta	2013
12:38.25	Centennial	2016
12:38.86	King	2013
12:39.75	Vista "B"	2018
12:42.5	Corona	1993
12:42.95	King	2014
12:47.27	King	2018
12:43.54	Great Oak	2007
12:43.82	Vista	2016
12:45.06	Temecula	1997
12:45.07	Corona	2012
12:46.17	King	2016
12:46.54	Corona	2014
12:46.80	Murrieta	2007
12:47.35	Grat Oak "C"	2018
12:47.84	Murrieta	2009
12:46.87	Canyon Springs	1996
12:47.71	Chaparral	2008
12:48.66	Poly	2016
12:51.35	Chaparral	2010
12:53.01	Temescal	1994
12:54.42	Santiago	2018
12:54.99	Mesa	2013
12:56.90	Temescal	1996
12:58.30	La Quinta	2011
12:58.67	Corona	2006

4 x 1500m Relay

21:03.2	Norco	1985
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4 x 1600m Relay

19:52.88	Great Oak	2016
19:53.81	Great Oak	2015
20:03.29+	Great Oak	20:10.30y 2016
20:05.31	Great Oak	2017
20:06.96	Great Oak	2018
20:09.17	Great Oak	2014
20:38.52+	Great Oak	20:45.75y 2011
20:45.80	Great Oak	2013
20:53.05	Vista	2017
20:55.62+	Chaparral	21:02.95y 2008
20:56.19+	King	21:03.53y 2010
20:58.57	Great Oak	2012
21:02.30+	Great Oak	21:09.67y 2010
21:08.85	King	2017
21:15.63+	Corona	21:23.08y 2011
21:17.44+	Murrieta	21:24.90y 2008
21:17.86	Vista	2013
21:17.91+	Murrieta	21:25.36y 2006
21:17.91	Vista	2018
21:19.85	Vista	2009
21:20.02	Great Oak	2007
21:21.51	Vista	2016
21:27.54	Great Oak "B"	2018
21:27.77	Roosevelt	2018
21:28.16+	Murrieta	21:35.68y 2007
21:29.57	Murrieta	2018
21:32.36	King	2013
21:32.83	Chaparral	2010
21:33.39	Vista	2014
21:33.99	La Quinta	2014
21:36.60	Great Oak	2009
21:37.57+	Great Oak	21:45.15y 2008
21:38.85	King	2009
21:41.81	Roosevelt	2017
21:42.26	Great Oak "C"	2018
21:42.34+	King	21:49.95y 2008
21:42.90	Roosevelt	2014
21:43.27+	Murrieta	21:50.87y 2005
21:43.95+	King	21:51.56y 2007
21:44.94	Vista	2012
21:45.00	Centennial	2016
21:45.52	King	2016
21:45.53	Roosevelt	2015
21:45.87	King	2014
21:46.93	King	2018
21:47.55+	Corona	21:55.51y 2006
21:48.64	Temescal	1995
21:51.27+	Vista	21:58.93y 2010
21:51.33	Vista	2015
21:54.82	Chaparral	2013
21:55.49	Vista	2011
21:57.78+	Great Oak	22:05.47y 2006
21:55.51	Corona	2006
21:57.58	Santiago	2018
21:57.78+	Great Oak	22:05.47y 2006
21:58.80	Corona	2013
22:01.46+	King	22:09.17y 2005
22:06.87	Santiago	2014
22:07.23+	Corona	22:14.98y 2007
22:08.52+	Vista	22:16.28y 2008
22:09.53+	Chaparral	22:17.29y 2007
22:09.53+	Santiago	22:17.29y 2007
22:09.91+	Corona	22:17.68y 2008
22:13.33	Indio	2017
22:13.52+	Corona	22:21.30y 2005
22:13.97	Corona	2009
22:14.01+	Murrieta "B"	22:21.79y 2006
22:14.30+	Chaparral	22:22.09y 2009
22:15.25+	King	22:23.04y 2006

22:15.44	Chaparral	2016
22:22.23	Corona	2003
22:22.47	Poly	2016
22:20.99	Roosevelt	2013
22:27.79	Santiago	2017
22:30.68	Roosevelt	2016
22:31.12	Poly	2014
22:31.16y+Santiago	22:39.05y	2008
22:35.11	Elsinore	1992
22:37.58	Valley View	2008
22:39.87	Temecula	2014
22:40.28	Chaparral	2015
22:40.5	Corona	1994
22:41.99	Paloma Valley	2013
22:44.73	Valley View	2010
22:45.94	Corona	2012
22:46.2	Temescal	1994
22:48.19	Santiago	2011
22:48.19	Poly	2015

High Jump

6-0.5	Chaunte Howard (North)	2001
5-10	Shania Edwards-Hambrick (Mo Val)	1993
5-10	Abigail Burke (Poly)	2018
5-8.75	Karen Kraemer (Notre Dame)	1981
5-8	Gayle Hunter (King)	2002
5-8	Lena Bettis (North)	2002
5-8	Becky Collier (Woodcrest Chr)	2013
5-8	Ashlyn Blotzer (Santiago)	2018
5-7	Sandy Utterback (Poly)	1984
5-7	Kelsey Rubeor (Murrieta)	2006
5-7	**Sophia Ederaine (Canyon Springs)	2009
5-7	* Sarah Dunaway (Vista)	2013
5-7	Bria Palmer (North)	2015
5-6.25	Gretchen DeWitt (Indio)	1983
5-6.25	Tina Ray (Corona)	1984
5-6	Heather May (Hemet)	1984
5-6	Gangert (Moreno Valley)	1992
5-6	Jennifer Maggard (Hemet)	1991
5-6	Maylana Martin (Perris)	1995
5-6	Jennifer Barnes (Hemet)	1996
5-6	Jennifer Thomas Centennial	1997
5-6	Orlisha Henlon (King)	2003
5-6	Heather Conlin (North)	2005
5-6	*Kelli Boyd (King)	2010
5-6	Joshulyn Penniman (Rancho Verde)	2012
5-6	* Susannah Vera (Palm Desert)	2013
5-6	** AlliePortis (Great Oak)	2013
5-6	Martiesha Cains (Great Oak)	2013
5-6	* Monique Billings (Santiago)	2013
5-6	Nirie Boglino (La Quinta)	2015
5-6	Winter Careno (Paloma Valley)	2017
5-5	Angela Lind (Hemet)	1984
5-5	Jamie Kindschuh (Chaparral)	1999
5-5	Gayle Hunter (North)	2003
5-5	*Emem Ibekwe (North)	2015
5-4.25	Cheri Slater (Moreno Valley)	1983
5-4	Bobbi White (Norco)	1989
5-4	Christine Killian (Temecula)	1990
5-4	Leah Cunningham (Valley View)	1992
5-4	Michelle Marshall (Hemet)	1994
5-4	Veronica Arana (San Jacinto)	1996
5-4	TaShara Saunders (Rancho Verde)	1997
5-4	Liz Luzsko (Banning)	1999
5-4	Ashley Hamlett (Norco)	2004
5-4	Brittany Thurman (King)	2005
5-4	*Danielle Thibault (Canyon Springs)	2009
5-4	Audrey Mitchell (Murrieta)	2009
5-4	Desiree Jackson (Vista del Lago)	2010
5-4	*Caitlin Wuebbels (Murrieta)	2011
5-4	**April Sutton (Roosevelt)	2013
5-4	** Kiarra Ginwright (King)	2013
5-4	*Destiny Longmire (Rancho Verde)	2015

5-4	*Seline Schinke (Palm Desert)	2016
5-4	**Shaelyn Amos (Roosevelt)	2017
5-4	*Kaliyah Larson (JW North)	2017
5-4	***Kylee Davis (Vista)	2017
5-4	**Caylan Medley (Linfield Christian)	2017

Pole Vault

13-1	Gardenia Centanaro (Roosevelt)	2013
12-7	Kristen Dormanen (Temecula)	2004
12-6	*Alexandra Gray (Chaparral)	2017
12-3	Dana Jensen (Chaparral)	2005
12-3	Katrina Meier (Vista)	2018
12-3	**Tessa Watkins (Roosevelt)	2018
12-2	*Erika Flaherty (Roosevelt)	2018
12-0	Brianna King (Temecula)	2001
12-0	Jessica Wisniewski (Murrieta)	2002
12-0	Hannah Chang (King)	2015
11-11	*Kaitlynn Swenson (Great Oak)	2018
11-10	*Madison Kasi (Murrieta)	2018
11-9	Annika Backlund (Murrieta Valley)	2013
11-9	Devin Stetson (Corona)	2014
11-9	Jessica Abalos (Murrieta Valley)	2014
11-9	*Tamara Bader (Vista)	2018
11-8	Alex Ungrady (Great Oak)	2016
11-7	Charisma Davis (Temecula)	2018
11-6	Anna Diko (Murrieta Valley)	2000
11-6	Tricia Smith (Temescal Canyon)	2001
11-6	Renae Matheny (Murrieta)	2003
11-6	Susan Farrar (North)	2008
11-6	Kim Sandstrom (Great Oak)	2010
11-6	Lindsey Morgan (Great Oak)	2017
11-6	Jenna Portis (Great Oak)	2018
11-6	**Kaelyn McCann (Linfield Christian)	2018
11-5	Elleyse Garrett (Vista)	2014
11-4	Megan Melton (King)	2012
11-4	* Kristen Thompson (Roosevelt)	2014
11-3	Kelsey Barnes (Vista)	2014
11-2	**Erika Flaherty (Roosevelt)	2017
11-1	*Madison Kast (Murrieta Valley)	2017
11-0	Caroline Stark (King)	2005
11-0	Amber Harbaugh (Chaparral)	2005
11-0	Calab Ayer (Vista)	2010
11-0	*Julianne Perez (Roosevelt)	2015
11-0	**Nicole Silverlake (Chaparral)	2017
11-0	Taryn Fowlie (Great Oak)	2017
11-0	***Sophia Perez (Roosevelt)	2018
10-9	Hailey Scheer (Vista)	2012
10-9	Brittany Earr (Vista)	2012
10-9	*Amy Angevine (Murrieta)	2012
10-8	Krystal Ruiz (King)	2003
10-8	*Bailey Romero (Vista)	2012
10-8	Megan Valdez Great Oak)	2018
10-7	**Katherine George (Corona)	2017
10-7	*Katherine George (Corona)	2018
10-6	Jennifer Finaldi (Centennial)	2001
10-6	Renae Mathey (Murrieta)	2002
10-6	Brenda Hanrahan (King)	2005
10-6	Katie Beyer-Andrews (Vista)	2007
10-6	***Gardenia Chavez (Roosevelt)	2010
10-6	Krystena Garcia (Roosevelt)	2012
10-6	Alicia Lamson (Great Oak)	2012
10-6	Emily Ayer (Vista)	2013
10-6	Brynna Close (North)	2015
10-6	Keanna Theobalt (Vista)	2015
10-6	Alexys Boonkokua (King)	2015
10-5	Angie Griffin (Great Oak)	2015
10-4	Kailey Beckman (Temecula)	2009
10-4	Rianne Gross (Poly)	2011
10-4	*Agnes Lee (Centennial)	2017
10-4	Karen Orozco (Corona)	2017
10-3	*Annika Backlund (Murrieta)	2012
10-3	*Ariel Sepulveda (Roosevelt)	2016
10-2	Maddie Duong (Chaparral)	2016
10-0	Amber Baughman (Temecula)	2001

10-3	***Madalyn Behney (Poly)	2018	17-6.5	Dominique Manning (North)	2001
10-3	**Brienne Camarena (Great Oak)	2018	17-6.5	Melinda Rodriguez (Vista)	2009
10-3	Kara Durish (Great Oak)	2018	17-6.5	Shanea Webb (Vista)	2010
10-1	*Agnes Lee (Centennial)	2018	17-6.25	Stacy Miller (Palm Springs)	1989
10-0	Stephanie Hill (Chaparral)	2002	17-6	Beth -Griffiths (Corona)	1980
10-0	Lelsie Klieres (Temecula)	2002	17-5.5	Lisa Hale (Poly)	1988
10-0	Julia Nottber (Murrieta)	2002	17-5.5	Lori Sims (Corona)	2001
10-0	Jaque Crisp (Chaparral)	2003	17-5.5	Taylor Smith (Roosevelt)	2015
10-0	Jennifer Adams (Temecula)	2005	17-5.25	Becky Collier (Woodcrest Chr)	2013
10-0	Tiffany Vansoest (Poly)	2007	17-5	Kim Burress (Temescal)	1999
10-0	*Katherine Coggins (King)	2008	17-5	Alviota Carrillo (Indio)	1999
10-0	*Amy Hop (Jurupa)	2008	17-5	Christina Carr (Murrieta)	2001
10-0	Erika Kim (Great Oak)	2011	17-5	*Chaselyn Amos (Roosevelt)	2018
10-0	Chandler Edwards (Santiago)	2012	17-4.75	** Lovie Burleson (Vista)	2013
10-0	Rachel Held (Vista)	2013	17-4.25	*Dayna Carson (Mesa)	2016
10-0	Taylor Henry (Corona)	2013	17-4	Lenay Horton (North)	2001
10-0	Madison McPeak (King)	2015	17-4	Tiffany Parker (Rancho Verde)	2005
10-0	**Delaney Ho (Beaumont)	2015	17-3.75	Yvette McCullugh (Arlington)	1986
10-0	Kristen Thompson (Roosevelt)	2015	17-3.75	Seline Schinke (Palm Desert)	2017
10-0	*Thy Pham (Corona)	2016	17-3.5	Brenna Tucker (Ramona)	2005
10-0	*Kaylene Nicolazzi (Chaparral)	2017	17-3.5	Serena Jimerson (Vista)	2018
			17-3.5	***Summer Stevenson (Great Oak)	2018
			17-3.25	Brittany Baltzar (Santiago)	2004
			17-3.25	*Charisma Davis (Temecula Valley)	2017

Long Jump

20-7.75	Gayle Hunter (North)	2004	17-3	LaRonda Doyle (Norco)	1984
20-7	Destiny Longmire (Rancho Verde)	2016	17-3	Rochelle Reese (Corona)	1988
20-4.5	Chaunte Howard (North)	2002	17-3	Moffett (Chaparral)	2005
20-0.75	**Alycia Herring (Rancho Verde)	2008	17-3	Nirie Boglino (La Quinta)	2015
19-11.25	Serina Strange (Indio)	1987	17-3	**Sheredyn Pfeiffer (King)	2018
19-10.75	Lena Bettis (North)	2002	17-3	Tayll Udem (Xavier Prep)	2018
19-10.5	Michelle Norman (Vista)	2014	17-2.5	T*Keyah Gray (Elsinore)	2010
19-10.25	Shelese Ruffin (Beaumont)	2004	17-2.5	*Maya Jackson (Desert Hot Springs)	2012
19-10	Tracee Thomas (North)	1999	17-2.25	Trese Harris (Ramona)	1996
19-8.25	*Jasmyne Graham (Roosevelt)	2014	17-2	Lorena Aleman (La Quinta)	2003
19-7	DeAnna Carson (Vista del Lago)	2003	17-2	Brittany Cook (Vista)	2009
19-5.5	**Akia Armstrong (Roosevelt)	2011	17-2	***Ajia Yarbrough (Temecula)	2012
19-4.25	Lovie Burleson (Vista)	2015	17-1.75	Rikki Scuggs (Canyon Springs)	1988
19-1.75	Brittany Bozeman (Rancho Verde)	2009	17-1.75	Julie Tetley (Moreno Valley)	1989
19-1	Gayle Hunter (King)	2001	17-1.75	Markey McLellan (Hemet)	1992
19-0.75	Angela Weeks (Canyon Springs)	2002	17-1.75	*Jenna Reynolds (North)	2008
18-11.25	Denise Woodard (Hemet)	1979	17-1.5	Monica Bruce (Norco)	1978
18-9.25	Ashley Perkins (Norco)	2009	17-1	Gail Derricott (Rubidoux)	1989
18-8.5	Amber Sanford (King)	2010	17-1	Theresa Cherry (Notre Dame)	1990
18-7.75	Latoya LeJay (Canyon Springs)	1994	17-1	Ginger Vega (Notre Dame)	1992
18-7.75	* Kayla Wilson (La Quinta)	2013	17-0.75	Heather Erickson (Vista)	2006
18-7.5	* Jaela Williams (Roosevelt)	2014	17-0.25	Tiffany Harriston (Murrieta)	2003
18-6.75	Mary Carroll Coachella)	1982	17-0.25	Kierstin Kirkland (North)	2006
18-5	Nettie Scott (Corona)	2010	17-0	Shania Edwards- Hambrick (Mo Val)	1994
18-5	Jasmyne Graham (Roosevelt)	2015	17-0	Hillary Foose (Canyon Springs)	1994
18-5.5	Elreen Brumfield (North)	1984	17-0	Myeshia DuPree (Poly)	1996
18-4.25	Holly Sullivan (Ramona)	2016	17-0	Amber Nelson (North)	1999
18-3.5	Emem Ibekewe (North)	2015	17-0	Katie Christianson (La Quinta)	1999
18-3.25	Sydney Reid (North)	2018	17-0	**Dynese Adams (Vista)	2008
18-1.5	Joanna Hayes Arlington)	1993	17-0	Dayna Carson (Mesa)	2017
18-1.5	Nicole Hoxie (North)	1995	16-11.75	Erin Banks (Norco)	2003
18-1.5	* Allie Portis (Great Oak)	2014	16-11.75	Akilah Green (San Jacinto)	2010
17-11.5	Lorena Aleman (La Quinta)	2004	16-11.5	Shakeia Brumfield (Desert H Sp)	2001
17-11.5	Kayla Wilson (La Quinta)	2014	16-11.5	*Niala Charles (Great Oak)	2010
17-11.25	Onisha Banks (San Jacinto)	1992	16-11.5	*Maricela Wright (Palm Springs)	2018
17-11.25	Kelsey Rubeor (Murrieta Valley)	2006	16-11.5	Haile Pullum (Paloma Valley)	2018
17-10.5	Zona Chandler (Elsinore)	1981	16-11.25	Ashley Edwards (Canyon Springs)	2004
17-10.25	**Chasity Ducre (Roosevelt)	2012	16-11	Michelle Marshall (Hemet)	1993
17-9.25	Jamie Kindschuh (Chaparral)	1999	16-11	Kisha Auld (Corona)	1999
17-9	Lauren Plunkett (Norco)	1999	16-11	*Skye Lattimore (Rancho Verde)	2018
17-9	Jelena McNown (Murrieta Valley)	2013	16-10.75	Iyani Hayden (Canyon Springs)	2015
17-8.75	Kayla Duclayan (Vista)	2015	16-10.5	Joi Webber (Poly)	2000
17-8.5	Angela Bissonette (Hemet)	1989	16-10.5	Kristal Dennis (Vista)	2016
17-7.5	LaShannoe Sneed (Poly)	1982	16-10	Ashanti Phannix (Moreno Valley)	1998
17-7.5	Tiffany Jones (Canyon Springs)	2001	16-10	Natalie Johnson (Cathedral City)	2000
17-7.25	Danielle Smith (Elsinore)	1985	16-10	Sissy Underwood (King)	2016
17-7	Pam Streeter (North)	1978	16-10	Allana Stein (Great Oak)	2018
17-7	Bobbi White (Norco)	1989	16-9.75	*Jelena McNown (Murrieta)	2012
17-7	Aubree Harbison (Murrieta)	2008	16-9.75	Celia Halpin (Norco)	2015
17-7	*Sophia Ederaine (Canyon Springs)	2010	16-9.5	Kanishia Cass (Rancho Verde)	1999
17-6.75	Terica Ned (Rancho Verde)	1999	16-9.5	Sandica Jackson (Palm Desert)	2017

16-9.25	Ingrid James (Ramona)	1988	17-2	*Michelle Hong (Vista)	2011
16-9	McDowell (Indio)	1978	17-2	Starlynn Singleton (Mesa)	2013
16-9	Kartina Sullivan (Norte Vista)	1990	17-2	*Cajairah Fraise (Roosevelt)	2018
16-9	Khola Newlans (Canyon Springs)	1994	17-1.5	Audane Hayes (Centennial)	2005
16-9	Jacquelyn Dubois (Vista del Lago)	2011	17-1.5	Sissy Underwood (King)	2016
16-9	Brandee Rodriguez (Elsinore)	2012	17-01	Allie Portis (Great Oak)	2015
16-8.5	Robin Leafblad (Arlington)	1996	17-1.5	Alyssa Wenzel (Temecula)	2016
16-8.5	Vianna Amabile (Great Oak)	2011	17-1	***Nina Wallace (Cathedral City)	2016
16-8	Sharon Johnson (Perris)	1980	17-1	Paige Smith (Ranch Verde)	2017
16-8	Michelle Hong (Vista)	2012	17-1	Treasure Rucker (King)	2018
16-7.5	Nicole Baker (La Sierra)	1997	17-0.5	Harbison (Murrieta Valley)	2005
16-7.25	*Danika Hitchcock (Hemet)	2012	17-0.5	*Maricela Wright (Palm Springs)	2018
16-7.25	* April Sutton (Roosevelt)	2014	17-0	***Amari Jenkins (JW North)	2017
16-7.25	Devony Dettman (Vista)	2016	17-0	Ella Whitehouse (Woodcrest Christian)	2018
16-7	Trina Williams (Valley View)	1990	17-0	Zaniah Wilson (Chaparral)	2018
16-7	Joy Smith (Moreno Valley)	1982			
16-7	Latisha Spence (North)	1999			
16-7	Nikki James (Riverside Chr)	2006			
16-7	*Desiree Jackson (Vista del Lago)	2009	41-3	Chaunte Howard (North)	2002
16-7	*Shontice Carter (Vista del Lago)	2011	41-1.25	Gayle Hunter (North)	2004
16-7	***Ashley Smith (Poly)	2018	41-0.5	Ciynamon Stevenson (Great Oak)	2016
16-7	**Isabella Fakehaney (La Quinta)	2018	40-6	Michelle Norman (Vista)	2014
			40-5.75	* Lovie Burleson (Vista)	2015
			39-7.25	Ashley Perkins (Norco)	2009
			39-7	Gayle Hunter (King)	2002
			39-3.75	*Emem Ibekewe (North)	2015
			39-0.5	**Lorraine Nance (Temescal Canyon)	2016
			38-11.25	Brianna Cole (Santiago)	2011
			38-7.25	CeCe Chandler (Elsinore)	1982
			38-6	*Becky Collier (Woodcrest Christian)	2012
			38-4.75	Unique Lewis (Hemet)	1988
			38-4	Monique Young (North)	2001
			38-3.75	Joanna Hayes (North)	1994
			38-3.75	***Summer Stevenson (Great Oak)	2018
			38-1	*Brittany Bozeman (Rancho Verde)	2008
			38-0.5	Erin Banks (Norco)	2005
			37-11.5	Joanna Hayes (Arlington)	1993
			37-11.25	T*Keyah Gray (Elsinore)	2010
			37-11	Tiffany Parker (Rancho Verde)	2005
			37-10.5	Amber Sanford (King)	2010
			37-10.25	Nirie Boglino (La Quinta)	2015
			37-10	Angela Weeks (Canyon Springs)	2002
			37-10	Becky Collier (Woodcrest Chr)	2013
			37-9.5	Destiny Longmire (Rancho Verde)	2016
			37-9	Denise Woodward (Hemet)	1982
			37-9	*Kelli Boyd (King)	2010
			37-8.75	Serina Strange (Indio)	1986
			37-8.5	Jane Jones (North)	1981
			37-7.75	Robyn Monroe (Centennial)	1999
			37-6	Jacquelyn Dubois (Vista del Lago)	2011
			37-5	*Joi Webber (Poly)	2000
			37-5	Allison Laibach (Norco)	2017
			37-4.25	Tasha Edinbvrld (Poly)	1987
			37-3.5	Stephanie LaMar (Indio)	1985
			37-3.5	DanikaHitchcock (Hemet)	2013
			37-3.25	Katie Christianson (La Quinta)	2000
			37-3.25	***Sami Bollinger (Great Oak)	2018
			37-3	Lena Bettis (North)	2003
			37-2.25	*Alexis Deja (Great Oak)	2017
			37-2	*Destinee Widgins (San Jacinto)	2014
			37-1.25	Charisma Davis (Temecula)	2018
			37-0.25	Latoya LeJay (Canyon Springs)	1994
			37-0	Starlynn Stingleton (Mesa)	2013
			36-11.75	Rene Simon (Calvary Ch)	2008
			36-11.75	Joshulyn Penniman (Rancho Verde)	2012
			36-11.5	Serena Jimerson (Vista)	2018
			36-11	Kristal Dennis (Vista)	2016
			36-11	Charisma Davis (Temecula)	2018
			36-10.5	*Dayna Carson (Mesa)	2016
			36-10	*Danika Hitchcock (Hemet)	2012
			36-9.75	Mary Carroll (Coachella Valley)	1981
			36-9.75	Lakesha Blair (Rancho Verde)	2005
			36-9	Ashley Mackey (Vista)	2010
			36-8	***Ajia Yarbrough (Temecula)	2012
			36-7.5	Taryn Foster (Poly)	1995

Triple Jump

Wind-aided:

20-8.75	Gayle Hunter (North)	2003	39-7	Gayle Hunter (King)	2002
20-6.5	Chaunte Howard (North)	2002	39-3.75	*Emem Ibekewe (North)	2015
20-3.75	Destiny Longmire (Ranch Verde)	2016	39-0.5	**Lorraine Nance (Temescal Canyon)	2016
20-2.75	Shelese Ruffin (Beaumont)	2004	38-11.25	Brianna Cole (Santiago)	2011
20-0.5	Gayle Hunter (King)	2002	38-7.25	CeCe Chandler (Elsinore)	1982
19-8.25	** Jasmyne Graham (Roosevelt)	2013	38-6	*Becky Collier (Woodcrest Christian)	2012
19-7.5	Brittany Bozeman (Rancho Verde)	2009	38-4.75	Unique Lewis (Hemet)	1988
19-6.5	Lovie Burleson (Vista)	2015	38-4	Monique Young (North)	2001
19-0	Akia Armstrong (Roosevelt)	2013	38-3.75	Joanna Hayes (North)	1994
18-11.5	De-Anna Carson (Vista del Lago)	2003	38-3.75	***Summer Stevenson (Great Oak)	2018
18-9.25	Tiffany Jones (Canyon Springs)	2001	38-1	*Brittany Bozeman (Rancho Verde)	2008
18-9.25	* Jaela Williams (Roosevelt)	2014	38-0.5	Erin Banks (Norco)	2005
18-8.25	* Kayla Wilson (La Quinta)	2013	37-11.5	Joanna Hayes (Arlington)	1993
18-7	Ashley Perkins (Norco)	2008	37-11.25	T*Keyah Gray (Elsinore)	2010
18-6.5	Sydney Reid (North)	2018	37-11	Tiffany Parker (Rancho Verde)	2005
18-6	Angela Weeks (Canyon Springs)	2001	37-10.5	Amber Sanford (King)	2010
18-5	*Emem Ibekewe (North)	2015	37-10.25	Nirie Boglino (La Quinta)	2015
18-4.25	Becky Collier (Woodcrest Chr)	2013	37-10	Angela Weeks (Canyon Springs)	2002
18-2.5	Jacquelyn Dubois (Vista del Lago)	2011	37-10	Becky Collier (Woodcrest Chr)	2013
18-2	Kelsey Rubeor (Murrieta)	2006	37-9.5	Destiny Longmire (Rancho Verde)	2016
18-1	Aubree Harbison (Murrieta)	2008	37-9	Denise Woodward (Hemet)	1982
18-1	Nirie Boglino (La Quinta)	2015	37-9	*Kelli Boyd (King)	2010
18-0	Taylor Smith (Roosevelt)	2015	37-8.75	Serina Strange (Indio)	1986
18-0	Taylee Udem (Zavier Prep)	2018	37-8.5	Jane Jones (North)	1981
17-11.5	*Amber Sanford (King)	2009	37-7.75	Robyn Monroe (Centennial)	1999
17-11	Tiffany Parker (Rancho Verde)	2006	37-6	Jacquelyn Dubois (Vista del Lago)	2011
17-10.75	Jelena McNown (Murrieta Valley)	2013	37-5	*Joi Webber (Poly)	2000
17-10	T*Keyah Gray (Elsinore)	2010	37-5	Allison Laibach (Norco)	2017
17-10	***Chaselyn Amos (Roosevelt)	2016	37-4.25	Tasha Edinbvrld (Poly)	1987
17-9.25	Monique Young (North)	2002	37-3.5	Stephanie LaMar (Indio)	1985
17-8.75	*Lorraine Nance (Temescal Canyon)	2017	37-3.5	DanikaHitchcock (Hemet)	2013
17-8.5	Celia Halpin (Norco)	2015	37-3.25	Katie Christianson (La Quinta)	2000
17-8	Erin Banks (Norco)	2003	37-3.25	***Sami Bollinger (Great Oak)	2018
17-7.75	***Summer Stevenson (Great Oak)	2018	37-3	Lena Bettis (North)	2003
17-7.25	*Briana Conway (Chaparral)	2009	37-2.25	*Alexis Deja (Great Oak)	2017
17-7	Kierstin Kirkland (North)	2006	37-2	*Destinee Widgins (San Jacinto)	2014
17-7	Mariah Rimmer (Arlington)	2011	37-1.25	Charisma Davis (Temecula)	2018
17-7	**Sheredyn Pfeiffer (King)	2018	37-0.25	Latoya LeJay (Canyon Springs)	1994
17-6.25	Heather Erickson (Vista)	2006	37-0	Starlynn Stingleton (Mesa)	2013
17-6	*Chaselyn Amos (Roosevelt)	2018	36-11.75	Rene Simon (Calvary Ch)	2008
17-5	Brittany Baltazar (Santiago)	2004	36-11.75	Joshulyn Penniman (Rancho Verde)	2012
17-5	Katie Rodriguez (Elsinore)	2013	36-11.5	Serena Jimerson (Vista)	2018
17-4	*Hannah Wright (Palm Springs)	2016	36-11	Kristal Dennis (Vista)	2016
17-4	**Allie Gray (Chaparral)	2016	36-11	Charisma Davis (Temecula)	2018
17-3.5	Tiffany Parker (Rancho Verde)	2004	36-10.5	*Dayna Carson (Mesa)	2016
17-3.5	Kristal Dennis (Vista)	2016	36-10	*Danika Hitchcock (Hemet)	2012
17-3.25	*T*Keyah Gray (Elsinore)	2009	36-9.75	Mary Carroll (Coachella Valley)	1981
17-3	*Jelena McNown (Murrieta)	2012	36-9.75	Lakesha Blair (Rancho Verde)	2005
17-3	Brandee Rodriguez (Elsinore)	2012	36-9	Ashley Mackey (Vista)	2010
17-3	Joana Adams (Palm Springs)	2015	36-8	***Ajia Yarbrough (Temecula)	2012
17-2.5	* Alejandra Angulo (Cathedral City)	2013	36-7.5	Taryn Foster (Poly)	1995

36-6.75 Bobbi White (Norco)
 36-6.75 *Chantia Justice (La Quinta)
 36-6 Yvette Hill (Rubidoux)
 36-6 Yvette McCullough (Arlington)
 36-6 Amanda Brooks (Indio)
 36-5.5 Latisha Spence (North)
 36-5.5 Tasha McNair (Valley View)
 36-4.75 Myeshia DuPree (Poly)
 36-4 Shanea Webb (Vista)
 36-3.75 Carmeshia Brown (La Quinta)
 36-3.5 Cheri Slater (Moreno Valley)
 36-3.5 Celia Halpin (Norco)
 36-3 Onisha Banks (San Jacinto)
 36-2.75 Jessica Rogers (Santiago)
 36-2.5 Jamie Kindschuh (Chaparral)
 36-2.5 Alexandria Anderson (Valley View)
 36-2 Whitney Ligon (Centennial)
 36-1.75 Sameerah Reed (Rancho Verde)
 36-1 Demetria Deary (La Sierra)
 36-1 Melinda Rodriguez (Vista)
 36-1 Anna Ifft (Santiago)
 35-11.75 Alanna Stein (Great Oak)
 35-11.5 Danielle Smith (Elsinore)
 35-10 Laronda Doyle (Norco)
 35-10 Kelli Boyd (King)
 35-9 Kari Snow (Norco)
 35-9 *Nyomi Ward (Rancho Verde)
 35-9 Kayla Duclayan (Vista)
 35-8.5 Theresa Cherry (Notre Dame)
 35-8.5 Dominique Aubrey (Poly)
 35-8.25 Jessica Williams (Temecula Prep)
 35-8 Mary Plesinger (Beaumont)
 35-8 Michelle Marshall (Hemet)
 35-8 Kelsey Rubeor (Murrieta)
 35-8 Nairobi Watson (King)
 35-7.75 Rikki Scruggs (Canyon Springs)
 35-7.5 ***Ymani Rollins (Rancho Verde)
 35-7.25 Lauren Plunkett (El Toro)
 35-7.25 **Malia Cravens (Temecula)
 35-7 Robin McQueen (Elsinore)
 35-7 Ginger Vega (Notre Dame)
 35-7 Destinee Widgins (San Jacinto)
 35-6.5 Maria Peterkin (Arlington)
 35-6.25 Marquita Scott (Rubidoux)
 35-6.25 Jasmine Seymour (Paloma Valley)

Wind-aided:

42-2.5 Gayle Hunter (North)
 42-0.5 Cynamon Stevenson (Great Oak)
 39-8.75 Ashley Perkins (Norco)
 39-7.5 Jacquelyn Dubois (Vista del Lago)
 39-6.5 ***Summer Stevenson (Great Oak)
 39-5.75 Lovie Burleson (Vista)
 39-3 Monique Young (North)
 39-7.5 Anna Ifft (Santiago)
 39-1.25 **Lorraine Nance (Temescal Canyon)
 38-7 Tiffany Parker (Rancho Verde)
 38-7 Nirie Boglino (La Quinta)
 38-7 Caylynn Godoy (Ramona)
 38-3 Kellie Boyd (King)
 38-2.5 T'Keyah Gray (Elsinore)
 37-10 Stephanie LaMar (Indio)
 37-5.5 Gianna Hughes (Vista)
 37-5 Aubree Harbison (Murrieta)
 37-4 Destinee Widgins (San Jacinto)
 37-3 Celia Halpin (Norco)
 37-2 Starlynn Singleton (Mesa)
 37-1 *Jordyn Carroll (Heritage)
 37-1 *Nyomi Ward (Rancho Verde)
 36-11.5 Serena Jimerson (Vista)
 36-7.25 *Aliyah Ahmad (Centennial)
 36-7 *Anaya Crouch (San Jacinto)
 36-6 Kelli Boyd (King)
 36-5.5 Rhea Soloman (Rancho Verde)
 36-4.25 Asia Johnson (King)

1989 36-4 *Nirie Boglino (La Quinta) 2014
 2010 36-1.5 Danika Hitchcock (Hemet) 2013
 1985 36-1 Lakeasha Blair (Rancho Verde) 2004
 1986 36-0.5 Charissa Misiata (Paloma) 2015
 1997 36-0 ***Taryn Fowlie (Great Oak) 2014
 1998 36-0 ***Wilcoxson (Santiago) 2018
 2000 35-11 Kelsey Rubeor (Murrieta Valley) 2004
 1996

Shot Put

2010 50-00.25 Tanya Sapa (La Sierra) 2013
 1982 46-6.5 Pam Alexander (Arlington) 1983
 2015 45-11 Lisa Misapeka (Temecula) 1993
 1992 45-1 Lima Lefiti (La Sierra) 2010
 2000 44-8 Elena Lopez (Elsinore) 2014
 1999 44-5 Sarah Robles (San Jacinto) 2006
 2001 44-4.75 Shenii Russell (Ramona) 1999
 2005 43-7 Tiffany Gilmore (Centennial) 2014
 1999 43-3.25 Deja Watkins (North) 2011
 2000 43-3 Kelsey Rubeor (Murrieta) 2007
 2009 42-10.5 Kim Langston (Arlington) 1980
 2015 42-9.25 Breanna Standifer (Elsinore) 2013
 2018 42-4 Janet Hill (Rubidoux) 1987
 1986 41-11.5 Shannon Hobson (Perris) 2003
 1985 41-11.5 Tifnie LEverett (Ramona) 2013
 2011 41-10.5 Erica Moore (Ramona) 1988
 2002 41-10.5 Whitney Ashley (North) 2007
 2013 41-10 Jennifer Vail (Palm Springs) 1995
 2015 41-4 Kayla Hopkins (Rancho Verde) 2014
 1990 41-3.5 Cari Soong (North) 1999
 2012 41-2 Hailey Erickson (Centennial) 2012
 2008 41-1 Lindsay Ritchie (Beaumont) 2011
 1984 41-0 Solate Tupou (North) 2004
 1993 41-0 Brittany Gonter (Hemet) 2010
 2005 40-11.25 Sarah Cisneros (Rubidoux) 1995
 2013 40-10.75 Hailey Mo'unga (Vista) 2017
 1989 40-7.5 Jane Jones (North) 1982
 2015 40-6.75 Jodie Warr (Rubidoux) 1990
 1998 40-4 Barrie Greer (Ramona) 1980
 2009 40-4 *Deja Watkins (North) 2010
 1991 40-4 Ashley Santos (Elsinore) 2014
 1992 40-2 Andrea Loman (Poly) 1997
 2015 40-1 Christie Tuioti-mariner (Corona) 2007
 1990 40-0 Kim Avila (Temescal) 2003
 2002 40-0 Shaylynn Fisher (Great Oak) 2009
 2006 39-11.75 Lynn Patu (Vista) 2010
 39-11.75 Courtney Klosinki (King) 2016
 2004 39-10.5 Samantha Straley (Poly) 2012
 2016 39-10 Hanna Lemoa (Norte Vista) 2008
 2009 39-10 Mary Fusi (Corona) 2013
 2011 39-9.75 Kalianna Lesa (San Jacinto Valley Academy) 2018
 2018 39-9 Prentice Burris (Ramona) 2018
 2015 39-9 *Soley Lymon (Elsinore) 2018
 2002 39-8.25 Becky Darby (Canyon Springs) 1989
 2015 39-8 Cassandra Kennison (Norco) 2006
 2016 39-8 Jessica Bonner (Chaparral) 2007
 2006 39-7.5 Alisha Poole (Poly) 1985
 2015 39-7 Patricia Walker (Rubidoux) 1985
 2015 39-7 Fatima Vergara (Corona) 2011
 2009 39-7 ***Sierra Senio (La Sierra) 2010
 2010 39-6 Brittany McGhee (North) 2007
 1985 39-0.25 Kujomi Hutchinson (Notre Dame) 1978
 2014 39-5 *Zion Levi (Rancho Verde) 2017
 2007 39-4.5 Jane Chafeh (Notre Dame) 2007
 2015 39-4 Chrystian Trice (Corona) 2005
 2015 39-3.5 Ashley Santon (Elsinore) 2014
 2013 39-2 **Azmir Ransom (JW North) 2017
 2012 39-0.5 Jessica Johnson (Temescal) 2011
 2013 39-0.5 Dazhanna Jackson (Paloma Valley) 2014
 2018 38-11.5 Breanna Elton (San Jacinto) 1996
 2016 38-11 Sherice Wright (Indio) 2011
 2018 38-10.75 Amy Loprinzi (Jurupa Valley) 2009
 2011 38-10.5 Karina Levva (Temecula) 2000
 2011 38-9.75 Myechia Bradley (Cathedral City) 2003
 2012 38-9.5 Sierra Senio (LaSierra) 2013

38-9	* Elena Lopez (Elsinore)	2013	36-6.75	*Nicole Eves (Palm Springs)	2008
38-8	Jamie Tower (Great Oak)	2013	36-6.75	**Daisy Fusi (Corona)	2015
38-6.75	Tynisha Utz (Norco)	2003	36-6.75	*Ariane Madlambayan (Temecal Canyon)	2017
38-6.5	Lisa Callin (Hemet)	1985	36-6.5	Millie Macias (Coachella Valley)	2003
38-6.5	Arica Nassar (Temescal)	2011	36-6.5	*Rebekah Boaz (Murrieta)	2009
38-5.5	Elaine Filemu (Centennial)	1996	36-6	*Elizabeth Curtis (King)	2016
38-5.5	Millie Macias (Coachella Valley)	2004	36-6.5	Danielle Ford (Citrus Hill)	2013
38-5.5	* Yazmin Torres (Vista)	2013	36-5.5	Salinda Mendoza (Poly)	1986
38-5.25	**Ariane Madlambayan (Temescal Canyon)	2016	36-5.5	*Cassandra Gascon (Hemet)	2017
38-5	Joanna Porter (Canyon Springs)	1993	36-5	**Soley Lymon (Elsinore)	2017
38-3	Whitney Ashley (North)	2005	36-4.5	**Natalie Chafeh (Notre Dame)	2008
38-2.5	Danaeya Burrell (Cathedral City)	2016	36-4.25	Kaiini Macarro (Great Oak)	2007
38-2	Geri Higgins (Corona)	1985	36-4	Lena Rathbone Hemet	1997
38-1.25	*Mary Fusi (Corona)	2012	36-4	La Dora Burks (Poly)	2002
38-1	Jenny Patterson (Banning)	1996	36-4	**Ashley Santos (Elsinore)	2012
38-1	Andrea Loman (Poly)	1998	36-3	Michelle Campa (Murrieta Valley)	2014
38-0.5	Tiffany Eason (Canyon Springs)	1997	36-2.5	* Tyiesha Long (Vista)	2013
38-0	Mele Tupou (North)	2011	36-1.25	Shaina Record (Hemet)	2006
37-11.5	Charmaine Utz (Norco)	2002	36-1.25	Danna Hill (Roosevelt)	2011
37-11	Anissa Claiborne (King)	2014	36-1.25	Zion Levi (Rancho Verde)	2018
37-10	Rachel Liptak (Temecula)	2001	36-1	Andrea Soto (Norco)	2012
37-10	Rebecca Summers (Norco)	2011	36-0.25	**Fatima Vergara (Corona)	2009
37-9	**Caitlin Dawson (Mesa)	2018	36-0	Delphine Baris (Palo Verde)	1984
37-8.5	Renee Perkins (Moreno Valley)	1982	35-11	Tina Ray (Corona)	1984
37-8	**Evalen Garcia (Norco)	2017	35-10.5	Emilee Hafliger (West Valley)	2000
37-8	*Onyi Anigbogu (Santiago)	2018	35-10.5	*Geena Chong (Ramona)	2015
37-7.5	Sherry Doro (Hemet)	1980	35-9.75	Richelle Kofoa (Banning)	2014
37-7.5	Derika Russell (Arlington)	1993	35-9.5	Alana Tupua (Rubidoux)	1991
37-7.5	Solate Tupour (North)	2003	35-9	Alicia Rubio (Perris)	1993
37-7.5	*Lydia Liu (Roosevelt)	2018	35-9	Jennifer Wright (West Valley)	1998
37-7.5	*Kamryn Pohl (Norco)	2018	35-9	Caring Leyva (Temecula)	1999
37-7.25	Natrice Gordon (Centennial)	1997	35-9	Ashley Hearle (King)	2001
37-6.5	*Julia Sapa (La Sierra)	2011	35-9	Tressa Tenney (Great Oak)	2007
37-6.5	* Martina Hauffen (Norte Vista)	2014	35-8.75	Randi Holmes (Norco)	1997
37-6	Jessica Weise (King)	2011	35-8.5	Mara Campbell (Norte Vista)	1993
37-5.5	Langston (La Sierra)	1978	35-8	Chabre Vickers (Canyon Springs)	2002
37-5.5	*Evalen Garcia (Norco)	2018	35-8	Samantha Gutierrez (Temescal)	2008
37-5.25	Sierra Kitterman (Paloma Valley)	2007	35-7.75	***Azmir Ransom (North)	2016
37-4.75	Kim Sepulveda (Hamilton)	2009	35-7.5	Lora Dunn (Hemet)	2006
37-4	Rachel Rosario (Rubidoux)	1989	35-7.5	Yazmin Torres (Vista)	2014
37-4	Jimena Arias (Norte Vista)	2017	35-7	Sara Pearson (Valley View)	1995
37-4	*Maijoy Wooten (Cathedral City)	2018	35-7	*Arianna Barragan (San Jacinto)	2015
37-3	Jessica Bonner (Chaparral)	2005	35-6.5	Shereta Reedom (Rancho Verde)	2000
37-3	*Tifnie Levrett (Ramona)	2012	35-6.5	Tommie Williams (La Sierra)	2002
37-2.5	Aimee Trout (Canyon Springs)	2002	35-6.25	Constance Miyaki (Palm Desert)	2004
37-2	T Nassar (Temescal)	2008	35-6	Diane Ropers (Indio)	1982
37-2	Patricia Parker (West Valley)	2011	35-6	A. Harris (Rancho Verde)	2001
37-2	Arianna Barragan (San Jacinto)	2016			
37-1.25	*Chloe Seed (Murrieta Valley)	2016			
37-1	Kim Ooten (Rancho Verde)	2005			
37-0.75	Jolie Buffin (West Valley)	2004			
37-0	Mari Bohanon (Arlington)	2000			
37-0	***Abigail Latuhol (Norte Vista)	2011	36-3.25	Belinda Cloud (Arlington)	1978
37-0	* Anissa Claiborne (King)	2013			
36-11.75	Doveal Goins (Canyon Springs)	1993			
36-11.5	* Ashley Santos (Elsinore)	2013			
36-11	Monique Walker (Desert Christian)	2004	168-5	Sarah Robles (San Jacinto)	2006
36-11	Precious Flowers (Rancho Verde)	2005	160-9	Cari Soong (North)	1999
36-11	*Candice Prince (San Jacinto)	2009	151-2	Tanya Sapa (LaSierra)	2013
36-10.5	L. Porter (Rubidoux)	1982	149-1	Jessica Bonner (Chaparral)	2007
36-10	*Danielle Ford (Citrus Hill)	2012	145-3	Shannon Hobson (Perris)	2003
36-10	Edidiong Etokudo (Beaumont)	2017	145-2	*Shaylynn Fisher (Great Oak)	2008
36-9.75	Jevonna Morgan (La Quinta)	2004	145-0	Jodie Warr (Rubidoux)	1990
36-9.75	Kaila Gower (Heritage)	2016	143-10	Yazmin Torres (Vista)	2014
36-9	Patty Cortez (Norco)	1983	143-7	Barrie Greer (Ramona)	1980
36-9	Marie Fecske (Norco)	1986	146-2	Breanna Standifer (Elsinore)	2013
36-9	Kori Sprague (Elsinore)	2015	141-9	Renee Perkins (Moreno Valley)	1982
36-8.75	**Amanda Mercado (Murrieta)	2009	141-9	Samantha Gutierrez (Temescal)	2008
36-8.5	Megan Wesel (Chaparral)	2015	141-6	Kayla Hopkins (Rancho Verde)	2014
36-8	Brandi Dunham (Murrieta)	2011	141-4	Sheni Russell (Ramona)	1999
36-8	** Kayla Hopkins (Rancho Verde)	2013	140-10	Deja Watkins (North)	2011
36-8	*Leslie Pettis (San Jacinto)	2017	140-3	Lisa Misipeka (Temecula)	1993
36-7	Martin (Poly)	1982	138-8	Jimena Arias (Norte Vista)	2017
36-7	Avery Dail (Santiago)	2013	138-2	*Whitney Ashley (North)	2006
36-7	Amanda Rosilez (Chaparral)	2016	137-11	*Rachel Boaz (Murrieta)	2009

8 lb. Shot Put

Discus

137-7	Whitney Ashley (North)	2007	119-10	Tiana Herrera (Paloma Valley)	2004
137-5	*Lynn Patu (Vista)	2009	119-9	Katie Nunley (Great Oak)	2010
137-1	Jennifer Vail (Palm Springs)	1996	119-6	Katie Rosengren (Vista)	2015
135-9	Andrea Loman (Poly)	1998	119-5	Deison Afualo (Corona)	2012
135-4	Tanya Martinez (La Sierra)	2008	119-4	Teri Keys (Hemet)	1987
135-2	Erica Moore (Ramona)	1987	119-4	*DeOndra Young (Vista)	2013
135-0	Sarah Cisneros (Rubidoux)	1994	119-4	Rachel Louis (Valley View)	2016
134-10	Kim Avila (Temescal)	2002	119-2	Danna Hill (Roosevelt)	2011
134-1	Tiffany Gilmore (Centennial)	2014	119-0	Natalie Torre (Notre Dame)	1994
133-8.5	Jevonna Morgan (La Quinta)	2004	118-11	Chelsea Staub (Murrieta)	2008
133-7	Mary Alice Lott (Palm Springs)	1992	118-6	Krishna Pugh (Rancho Verde)	2002
132-10	Elena Lopez (Elsinore)	2014	118-6	*Caly Herrera (Paloma Valley)	2012
131-7	Shania Edwards-Hambrick (MoVal)	1993	118-1	Jennifer Gonzalez (San Jacinto)	2001
131-4	Lisa Callin (Hemet)	1985	118-4	Julia Sapa (La Sierra)	2011
130-11	*Suzie Cubias (La Sierra)	2011	118-1	Shannon Horan (Hemet)	2011
130-3	Victoria Soto (Shadow Hills)	2018	118-0	*Soley Limon (Elsinore)	2018
130-2	Mailani Thomas (Great Oak)	2015	117-10	*Kiani Broom (Chaparral)	2017
130-1	Brittany Love (Chaparral)	2004	117-9	Malia Lissy (Corona)	2013
130-1	*Ana Paea (North)	2011	117-9	Eddiong Etokudo (Beaumont)	2017
130-0	Mari Bohannon (Arlington)	2002	117-8	*Harmoni Malengo Kennedy (La Quinta)	2018
129-8	Amanda Rosilez (Chaparral)	2016	117-7	Tynisha Utz (Norco)	2004
129-5	Hailey Mo'unga (Vista)	2017	117-6	**Soley Limon (Elsinore)	2017
128-10	Estefani Flores (Tahquitz)	2018	117-4	Solate Tupou (North)	2004
128-8	Kristi Young (Desert Ch BD)	2001	117-2	Susie Cubias (La Sierra)	2012
128-7	Jolie Buffin (West Valley)	2004	117-1	Rene Davis (Corona)	2004
128-5	Lili Sapolu (Canyon Springs)	2001	116-9	Daisy Fusi (Corona)	2017
128-1	Ingridd Sutherland (Palm Springs)	2005	116-7	Pam Larkin (Norco)	1991
128-8	Brittany Gonter (Hemet)	2010	116-6	*Arianna Barragan (San Jacinto)	2015
127-3	Lima Lefiti (La Sierra)	2010	116-5	Andrea Morrison (King)	2005
127-1	*Mikayla Crawford (Vista)	2016	116-5	*Elyana Partida (La Sierra)	2009
126-8	Jessica Weise (King)	2011	116-4	Chris Romero (Corona)	1985
126-7	Taylor Jeffers (Great Oak)	2017	116-4	Jennifer Hobson (Hemet)	1987
126-5	Kaiini Macarro (Great Oak)	2007	116-4	Annie Holmes (Murrieta Valley)	2015
126-0	*Lydia Liu (Roosevelt)	2018	116-3	Kalianna Lesa (San Jacinto Valley Academy)	2018
125-10	*Sierra Senio (La Sierra)	2012	116-1	Chantel Hicks (King)	2009
125-6	Sia Tau (Temecula)	2010	116-1	Rayo Soyemi (King)	2014
125-4	Zona Chandler (Elsinore)	1980	116-0	Kayla Zempoalteca (Corona)	2014
125-4	Elyana Partida (La Sierra)	2010	116-0	**Harmoni Malenago-Kennedy (La Qinta)	2017
125-4	*Talar Jeffers (Great Oak)	2016	115-10	Marie Fecske (Norco)	1986
124-4	Heasley (San Jacinto)	1999	115-10	Jasmine Battle (Vista)	2009
124-3	Jaclyn Castleberry (Norco)	2013	115-7	*Hanna Lemoa (Norte Vista)	2008
124-2	*Jimena Arias (Norte Vista)	2016	115-4	*Brandi Dunham (Murrieta)	2010
124-1	Michelle Marshall (Hemet)	1994	115-3	Tanya Martinez (La Sierra)	2007
123-9	*Mary Fusi (Corona)	2012	115-3	*Chantel Hicks (King)	2008
123-9	Joelle Ricciardi (Hemet)	2018	115-3	Deondra Young (Vista)	2014
123-8	Yolanda Munoz (Poly)	1994	115-3	*Casandra Gascon (Hemet)	2017
123-8	** Kayla Zempoalteca (Corona)	2013			
123-7	Ashley Santos (Elsinore)	2014			
123-5	Madeline Wallace (La Quinta)	2018			
122-8	Michelle Campa (Murrieta Valley)	2014			
122-5	Rebekah Boaz (Murrieta)	2009			
122-4	Samantha Straley (Poly)	2012			
122-3	Diane Rogers (Indio)	1982			
122-2	Kristin Harris (Norco)	1997			
122-1	Lena Rathbone (Hemet)	1997			
121-11	Joy Bates (Palm Desert)	1989			
121-11	Fatima Vergara (Corona)	2011			
121-10	Patricia Walker (Rubidoux)	1985			
121-7	Joanna Porter (Canyon Springs)	1994			
121-5	Natrice Gordon (Centennial)	1997			
121-5	Kelsey Rubeor (Murrieta)	2007			
121-4	Jaelah Burler (La Quinta)	2018			
121-3	Heidi Malone (Rancho Verde)	1999			
121-3	*Chloe Seed (Murrieta Valley)	2016			
121-1	Taylor Salley (Valley View)	2017			
120-11	Pam Alexander (Arlington)	1984			
120-9	Brittany Lowe (Chaparral)	2005			
120-8	Jeena Cirivello (Palm Springs)	1990			
120-8	Serena Payton (Norco)	2009			
120-7	Christina Letua (Palm Springs)	2001			
120-7	*Victoria Soto (Shadow Hills)	2017			
120-3	Tiffan Eason (Canyon Springs)	1997			
120-3	Candace Prince (San Jacinto)	2010			
120-1	Kim Sepulveda (Hamilton)	2009			
119-11	*Estafani Flores (Tahquitz)	2017			

Heptathlon

5328	Gayle Hunter (North)	2004
4808	Kelsey Rubeor (Murrieta)	2007
4664	Kiersten Kirkland (North)	2007
4561	Becky Collier (Woodcrest Chr)	2013
4544	Shania Edwards-Hambrick (MoVal)	1994
4272	Robin Leafbland (Arlington)	1996
4142	Becky Collier (Woodcrest Chr)	2011
4119	Lisa Taranto (Elsinore)	2013
4024	**Skye Lattimore (Rancho Verde)	2017
3937	***Amari Jenkins (JW North)	2017
3837	Chelsea Price (Centennial)	1999
3721	*Naquisha Moulton (Arlington)	1996
3722	Vanessa Brenton (Temescal)	1994
3642	Jelena McNown (Murrieta Valley)	2013
3546	Starlynn Stingleton (Mesa)	2013
3296	*Andrea Loman (Poly)	1998
3206	**Daniela Lopez (Elsinore)	2017
3144	**Myeshia DuPree (Poly)	1996
3120	*Rikkiann Nordetrom (Arlington)	1999
3048	***Ella Whitehouse (Woodcrest)	2017
3024	Marissa Smith (Valley View)	2002
2783	Megan Beckerly (Poly)	2001
2735	**Jennifer Garcia (Elsinore)	2017
2679	Erin Porcher (Elsmore)	1994
2614	***Courtney Robertson (Poly)	1999
2605	**Rory Baldwin (Poly)	1998
2562	Karen Haworth (Elsinore)	1994
2495	***Delaney Ho (Beaumont)	2014
2473	**Jennifer Finaldi (Centennial)	1999

Hammer

141-5	Tanya Sapa (La Sierra)	2013
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SCHOOL RECORDS

(must have met recording standard)

Arlington

BOYS

100 meters:	Andre Ewell	2006	10.79
200 meters:	Andre Ewell	2006	21.44
400 meters:	Chris Harper	1980	48.2y/48.06
800 meters:	Scott Gardner	1984	1:55.61
1600 meters:	Alfonso Ibarra	1996	4:17.20
3200 meters:	Alfonso Ibarra	1996	9:29.6
110 Hurdles:	Chris Johnson	2001	14.09
300 Hurdles:	Chris Johnson	2001	39.15
400 Relay:		1980	42.8y/42.69
		2014	42.73
1600 Relay:		1980	3:20.9y/3:19.6
High Jump:	Chris Harper	1980	6'8"
Long Jump:	Chris Harper	1980	24'5"
Triple Jump:	Ray Warhop	1995	44'8.25"

GIRLS

100 meters:	Kamera Heru	2001	12.04
200 meters:	Kamera Heru	2000	25.24c
400 meters:	Kamera Heru	2003	58.18
800 meters:	Laura McDowell	2011	2:17.0
1600 meters:	Natalie Schafer	2012	5:13.63
3200 meters:	Sally Cohenour	1984	11:27.05
100 Hurdles:	Robin Lealblad	1996	15.21 (33")
	Yvette McCullough	1986	15.06 (30")
300 Hurdles:	Laura McDowell	2010	43.79
400 Relay:		2003	50.35
1600 Relay:		1996	4:03.95
Pole Vault:	Jessica Hentzchel	1999	9'6"
Long Jump:	Joanna Hayes	1993	18'1.5"
Triple Jump:	Joanna Hayes	1993	37'11.5"
Shot Put:	Pam Alexander	1983	46'6.5"
Discus:	Mari Bohannon	2002	130'0"

Banning

BOYS

100 meters:	Lucien Henderson	1987	10.67
200 meters:	Sam Elmore	1995	20.9/21.04
400 meters:	Louis Amestoy	1989	48.93
800 meters:	David Edds	1976	1:53.9/1:53.2
300 Hurdles:	Aaron Webber	1991	38.86
1600 Relay:		1995	3:25.69
High Jump:	Simpson	1975	6'6"
	Pierre Campbell	2002	6'6"
Long Jump:	Mario Montgomery	1979	23'11"
Triple Jump:	Phillip Craig	2002	46'0"
Shot Put:	Henry Stevens	1995	55'3"
Discus:	Randy Patterson	2000	164'6"

GIRLS

100 meters:	DeJuana Satchell	1999	12.1/12.34c
	Maude Best	1997	12.1/12.34c
200 meters:	Madue Best	1997	26.03
100 Hurdles:	Liz Luzsko	1999	14.6/14.
400 Relay:		1999	48.74
High Jump:	Liz Luzsko	1999	54"
Shot Put:	Jenny Patterson	1996	38'1"

Beaumont

BOYS

400 meters:	Ahmed El-Daggeg	2002	50.19
800 meters:	Tyler McDonald	2010	1:56.68
1600 meters:	Victor Delgado	2009	4:15.55
3200 meters:	Brian Baker	2003	9:08.65
110 Hurdles:	Derreck Affor	2016	14.72
300 Hurdles:	Derreck Affor	2016	39.33
400 Relay:		2013	43.35
1600 Relay:		2009	3:22.68
High Jump:	Josh Law	1999	6'7"
Pole Vault:	Brady Ho	2018	15'0"
Long Jump:	Brandon Tedrow	1999	22'3"
Triple Jump:	King	1987	45'3"
Shot Put:	Peyton	1975	56'3.25"
Discus:	Caleb Wood	2011	164'-5"

GIRLS

100 meters:	Tylin Sands	2016	12.05
200 meters:	Shelese Ruffin	2004	25.04c
400 meters:	Shelese Ruffin	2002	55.10
800 meters:	Kailie Grimes	2015	2:15.18
1600 meters:	Kailie Grimes	2014	5:00.00
3200 meters:	Alison Soto	2016	11:23.11
300 Hurdles:	Tricia Cervantes	2011	47.25
400 Relay:		2017	48.49
1600 Relay:		2015	4:02.50
Pole Vault:	Delaney Ho	2015	10'0"
Long Jump:	Shelese Ruffin	2004	19-10.25
Shot Put:	Linday Ritchie	2011	41'1"
Discus:	Edidiong Etokudo	2017	117'9"

California School of the Deaf

BOYS

100 meters:	Rick Aguilar	1986	10.8/11.04
High Jump:	Rick Aguilar	1986	6'5.25"

California Military Institute

BOYS

Triple Jump:	Trveon Lee	2018	47'0.25"
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Cal Lutheran

BOYS

Triple Jump:	Jim Chojnacki	2009	45'2.75"
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Calvary Chapel

GIRLS

Triple Jump:	Rene Simon	2008	36'11.75"
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Canyon Springs

BOYS

100 meters:	Bryan Howard	1995	10.23
200 meters:	Bryan Howard	1994	20.76
400 meters:	Anthony Daniels	2002	47.77
800 meters:	Christian Rojas	2004	1:54.45
1600 meters:	Brandon Kerr	1989	4:21.3
3200 meters:	Robert Garcia	1990	9:27.76
110 Hurdles:	Randy Brown	1998	14.47

300 Hurdles:	Mickey Grimes	1995	36.59	High Jump:	Lance Soderberg	2002	6'10"
400 Relay:		1993	41.51	Pole Vault:	Ben Shelton	1998	15'0"
1600 Relay:		1997	3:21.74	Long Jump:	Danny Foster	2002	22'5" (wind)
High jump:	Bonny Thompson	2004	610"	Triple jump:	Oluwasegun Olubi	2017	45'11"
Pole Vault:	Devin Bergguist	2003	14-0"	Shot Put:	Danny Negrete	2001	53'11.5
Long Jump:	Kenny Johnson	1991	23'9.5"				
Triple Jump:	Kenny Johnson	1991	49'9.5"				
Shot Put:	Derek Kurkowski	1997	60'11 "				
Discus:	Adam Medina	2003	166'2"				

GIRLS

100 meters:	Madinah Ali	1995	11.61
200 meters:	Madinah Ali	1995	23.72
400 meters:	Jamie Brown	1993	57.44c
800 meters:	Wendy Reed	1995	2:20.32
1600 meters:	Jorgina Garcia	1998	5:15.62
3200 meters:	Crystal Ricardez	1998	11:19.52
100 Hurdles:	Lajayah Medina	2016	15.60
300 Hurdles:	Madinah Ali	1994	45.8/46.04c
400 Relay:		1994	47.29
1600 Relay:		1994	3:51.16
High Jump:	Sophia Ederaine	2009	5'7"
Pole Vault:	Erica Adams	2002	9'6"
Long Jump:	Angela Weeks	2002	19'0.75"
Triple Jump:	Angela Weeks	2002	37'10"
Shot Put:	Becky Darby	1989	39'8.25"
Discus:	Lili Sapolu	2001	128'5"

Cathedral City

BOYS

100 meters:	Nick Lee	2003	10.74
200 meters:	David Monay	2007	22.41
400 meters:	David Angulo	2002	48.38
800 meters:	Andrew Nevarez	2017	1:54.95
1600 meters:	Andrew Nevarez	2017	4:21.01
3200 meters:	Ricardo Nevarez	2010	9:33.54
110 Hurdles:	Jeremy Thornburg	2000	14.42
300 Hurdles:	Jeremy Thornburg	2000	37.74c
400 Relay:		2002	42.74
1600 Relay:		2001	3:25.39
Long Jump:	Marquis Strange	1998	22'7.25"
Shot Put:	PJ Bradley	2002	150'11"
Discus	Nick Johnson	2005	171'4"

GIRLS

3200 meters:	Christina Lara	2002	11:06.71
300 Hurdles:	Mayim Lee	2011	47.10
Long Jump:	Natalie Johnson	2000	16'10"
400 Relay:		2014	49.88
Shot Put:	Myechia Bradley	2003	38-9.75

Centennial

BOYS

100 meters:	Marcello Watson	2018	10.91
200 meters:	Derek Favorite	1993	21.98
400 meters:	Derek Favorite	1993	48.21
800 meters:	Brad Baldwin	1998	1:57.19
1600 meters:	Cruz Gallegos	1992	4:14.70
3200 meters:	Cruz Gallegos	1992	9:02.90
110 Hurdles:	Dupree Gant	2002	14.80
300 Hurdles:	Scott Melatti	2002	39.02
400 Relay:		2017	42.84
1600 Relay:		2018	3:23.49

GIRLS

100 meters:	Eboni Sutherland	2013	11.68
200 meters:	Eboni Sutherland	2013	23.79
400 meters:	Jessica Johnson	2009	57.29
800 meters:	Rylee Penn	2015	2:07.43
1600 meters:	Adianna Olivas	2012	4:51.35
3200 meters:	Adianna Olivas	2012	10:34.73
300 Hurdles:	April Sutton	2015	44.49
400 Relay:		2013	48.16
1600 Relay:		2018	3:59.63
High Jump:	Jennifer Thomas	1997	5'6"
Pole Vault:	Jennifer Finaldi	2001	10'6"
Triple Jump:	Whitney Ligon	2005	36'2"
Shot Put:	Tiffany Gilmore	2014	43'7"
Discus:	Tiffany Gilmore	2014	134'1"

Citrus Hill

BOYS

100 meters:	Deontae Cooper	2009	10.90
800 meters:	Supervoid Mack	2012	1:58.16
300 Hurdles:	Matthew Coaxum	2010	39.11
400 Relay:		2014	43.21
Discus:	Jordan Brwaley	2014	160'7"

GIRLS

200 meters:	Aaliyah Crawford	2014	25.55
400 meters:	Aaliyah Crawford	2012	55.78
400 relay:		2014	49.72
1600 Relay:		2012	4:07.15
Shot Put:	Danielle Ford	2012	36' 10"

Chaparral

BOYS

100 meters:	Joeal Hotckins	2009	10.86
200 meters:	Connor Edwards	2016	21.94
400 meters:	Connor Edwards	2016	47.58
800 meters:	Bennett Harris	2011	1:56.28
1600 meters:	Vincent Martinez	2017	4:24.22
3200 meters:	Connor Thurmond	2014	9:37.90
110 Hurdles:	Jazz Trice	2005	14.41
300 Hurdles:	Kyle Hansen	2005	38.79
400 Relay:		2011	42.96
1600 Relay:		2005	3:22.80
High Jump:	Nick Gregory	2009	6'9"
Pole Vault:	Nich Lapierre	2016	15' 0"
Triple Jump:	Jedaki Hill	2014	45' 3.25"
Discus:	Andrew Misipeka	2004	161'2"

GIRLS

100 meters:	Miracle Onyemaobi	2016	12.51
200 meters:	Miracle Onyemaobi	2016	25.57
400 meters:	Miracle Onyemaobi	2017	56.49
800 meters:	Chandler Kerr	2012	2:16.44
1600 meters:	Zoe Jarvis	2017	5:05.12
3200 meters:	Sierra Vega	2008	11:01.82
100 Hurdles:	Sabel Moffett	2005	15.96
300 Hurdles:	Kristen Powers	2007	44.16
3200 meters:	Grace Handler	2018	11:17.71
400 Relay:		2017	47.87
1600 Relay:		2017	3:57.55

High Jump:	Jamie Kindschuh	1999	5'5"	300 Hurdles:	Beth Griffiths	1982	44.43
Pole Vault:	Alexandra Gray	2017	12'6"	400 Relay:		2014	48.04
Long Jump:	Jamie Kindschuh	1999	17'9.25"	1600 Relay:		2017	3:48.43
Triple jump:	Jamie Kindschuh	1999	36'2.5"	High Jump:	Tina Ray	1984	5'6.25"
Shot Put:	Jessica Bonner	2007	39'8"	Pole Vault:	Devin Stetson	2014	11'9"
Discus:	Jessica Bonner	2007	149'1"	Long Jump:	Nettie Scott	2010	18'5"
				Shot Put:	Christie Tuioti-mariner	'07	40'1"
				Discus:	Fatima Vergara	2010	121'11"

Coachella Valley

BOYS

400 meters:	Edgar Ramirez	2015	49.33
800 meters:	Elmore Ohly	1962	1:53.4y/1:52.7
1600 meters:	Alex Zamora	1989	4:19.81
3200 meters:	Steve Alvarez	1977	8:56.4/8:53.3
110 Hurdles:	Vince Rivas	1967	14.2/14.44c
330 Hurdles:	Roman Alvarado	1979	38.32
400 Relay:		2017	43.76
1600 Relay:		1973	3:24.1y/3:22.9
High Jump	Diego Felix	2012	6'6"
Pole Vault:	Gonzalez	1979	14'0"
	Tony Young	1984	14'0"
Long Jump:	Tony Young	1984	22'3"
Triple Jump:	Norris	1978	48'3"
Shot Put:	Moises Ramos	2011	59'-7.75"

GIRLS

100 meters:	Mary Carroll	1982	12.09
400 meters:	Jazmin Retano	2012	57.17
800 meters:	Ana Valdovinoa	2011	2:20.86
1600 meters:	Ana Valdovinos	2011	5:19.95
400 Relay:		2018	43.31
1600 Relay:		2012	4:07.55
Long Jump:	Mary Carroll	1982	18'6.75"
Triple Jump:	Mary Carroll	1981	36'9.75"
Shot Put:	Millie Macias	2003	36'6.5"

Corona

BOYS

100 meters:	Duke Greer	2007	10.74
200 meters:	Ken Moon	2004	21.73
	Duke Greer	2007	21.73
400 meters:	Ken Moon	2004	47.52
800 meters:	Josh Silva	2015	1:52.82
1600 meters:	Raul Arcos	2008	4:07.50+/4:08.94y
3200 meters:	Alan Cuevas	2010	9:17.91
110 Hurdles:	Roger Moody	1964	13.7/13.94
300 Hurdles:	Elvis Pompa	2014	38.37
400 Relay:		2010	42.82
1600 Relay:		2015	3:23.53
High jump:	Lars Anderson	1978	6'8.25"
Pole Vault:	Jon Vaughn	1966	15'8" (16'5")
Long Jump:	Dave Janoski	1992	23'2.25"
Triple Jump:	Dane Janoski	1992	45'3.5"
Shot Put:	Mike Savicky	2001	58'3"
Discus:	Andre Evans	2010	161'0"

GIRLS

100 meters:	Alexis Sutherland	2017	12.02
200 meters:	Alexis Sutherland	2017	24.44
400 meters:	Egbe Ndipagbor	2018	55.55
800 meters:	Alicia Williams	2014	2:12.50
1600 meters:	Alicia Williams	2014	4:54.43c
3200 meters:	Alma Escobar	2005	10:47.70y/10:43.04+
100 Hurdles:	Miki Ewing	2013	15.50

Desert Christian (Bermuda Dunes)

BOYS

Discus:	Jacob Underwood	2006	167'3
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GIRLS

1600 meters:	Danielle Vanaman	2000	5:23.19
Shot Put:	Monique Walker	2004	36'11
Discus:	Kristi Young	2001	128'8"

Desert Hot Springs

BOYS

800 meters:	Nelson Maravilla	2004	1:56.91
1600 meters:	Nelson Maravilla	2004	4:20.51
300 Hurdles:	Miles Chapman	2006	38.77
Shot Put:	Arren Roberson	2010	59'8.5"
Discus:	Christopher Brown	'14	150'3"

GIRLS

Long Jump:	Maya Jackson	2012	17' 2.5"
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Elsinore

BOYS

100 meters:	Kenny Jackson	2009	10.52
200 meters:	Kenny Jackson	2009	21.41
400 meters:	Anthony Reyes	2016	48.56
800 meters:	David Haskell	1989	1:56.28
1600 meters:	Cliff Curtis	1992	4:25.04
3200 meters:	Kyle Brown	2013	9:29.08
300 Hurdles:	Demetrius Munelyn	1985	38.87
400 Relay:		2009	42.33
1600 Relay:		2014	3:26.31
High Jump:	Cliff Curtis	1991	6'9"
Pole Vault:	Richard Levenson	2011	16'-0"
Long Jump:	Kenny Jackson	2009	22'10.5"
Triple Jump:	Anthony Reyes	2016	46'5"
Shot Put:	Jordan Davis	2015	56' 11.5"
Discus:	Jordan Davis	2015	177'2"

GIRLS

100 meters:	Lonshay Bradford	2015	11.62
200 meters:	Lonshay Bradford	2015	24.83
400 meters:	Lonshay Bradford	2015	56.93
800 meters:	Rebecca Lacy	1992	2:18.80
1600 meters:	Adriana Ramos	2010	5:16.61
3200 meters:	Jamie Bascom	1993	11:12.76
100 Hurdles:	Kayla Elliot	2017	15.33
300 Hurdles:	Kayla Elliot	2016	44.95
400 Relay:		2015	49.26
1600 Relay:		2010	4:07.25
Pole Vault:	Clair Vanzanthen	2008	9'10"
Long Jump:	Zona Chandler	1981	17'1.5"
Triple Jump:	CeCe Chandler	1982	38'7.25"
Shot Put:	Elena Lopez	2014	44'8"
Discus:	Breanna Standifer	2013	146' 2"

Great Oak

BOYS

100 meters:	John Kane	2013	10.76
200 meters:	Damion Marshall	2014	21.29
400 meters:	Sean Burd	2011	47.99
800 meters:	Isaac Cortes	2016	1:50.55
1600 meters:	Isaac Cortes	2016	4:04.01
3200 meters:	Cole Spencer	2016	8:51.85
110 Hurdles:	Duane Soloman	2012	14.60
300 Hurdles:	Jeremiah Ruger	2017	36.23
400 Relay:		2018	40.99
1600 Relay:		2011	3:15.57
High Jump:	Ishmael Stevenson	2013	6' 6"
Pole Vault:	Shane Atkinson	2013	16' 0"
Long Jump:	CJ Stevenson	2018	24'3"
Triple Jump:	CJ Stevenson	2018	50'6.5"
Shot Put:	Nick Ponzio	2013	69' 7.25"
Discus:	Seth Knowlton	2016	198' 6"

GIRLS

100 meters:	Khala Taylor	2011	12.09
200 meters:	Khala Taylor	2012	24.60
400 meters:	Khala Taylor	2012	54.96
800 meters:	Destiny Collins	2016	2:10.72
1600 meters:	Destiny Collins	2015	4:40.34
3200 meters:	Destiny Collins	2015	9:53.79
100 Hurdles:	Jade Miller	2013	14.16
300 Hurdles:	Jade Miller	2013	41.02
400 Relay:		2014	47.32
1600 Relay:		2012	3:47.44
High Jump:	Allie Portis	2013	5' 6"
Pole Vault:	Alex Ungrady	2016	11' 8"
Long Jump:	Niala Charles	2010	16' 11.5"
Triple Jump:	Cynamon Stevenson	'16	41' 0.5"
Shot Put:	Shaylynn Fisher	2009	40' 0"
Discus:	Shaylynn Fisher	2008	145' 2"

Hamilton

BOYS:

Discus:	Jake Cole	2005	152' 4"
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GIRLS:

Shot Put:	Kim Sepulveda	2009	37' 4.75"
Discus:	Kim Sepulveda	2009	120' 1"

Hemet

BOYS

100 meters:	Matt Maybeno	2002	11.01
200 meters:	Matt Maybeno	2002	22.12
400 meters:	Troy Collins	1989	49.1/49.24
800 meters:	Robert Frichtel	1996	1:51.83
1600 meters:	Mark Fricker	1977	4:07.9/4:06.4
3200 meters:	Mark Fricker	1977	8:59.3/8:56.2
110 Hurdles:	Kenny Shaw	2005	14.60
300 Hurdles:	Zach Holbert	2012	39.38
400 Relay:		2001	43.15
1600 Relay:		1976	3:22.5y/3:21.3
High Jump:	Nathan White	1994	6'7.75"
Pole Vault:	Levi Walker	2001	15'9"
Long Jump:	Ron Oastes	1965	22'9"
Triple Jump:	Dyvod Hammond	1991	47'10.25"
Shot Put:	Matt Wiley	1989	60'2"
Discus:	Brandis Dew	2005	184'3"

GIRLS

100 meters:	Oganna Agu	2006	12.35
200 meters:	Oganna Agu	2004	25.04
400 meters:	Denise Woodard	1980	57.3y/56.97
800 meters:	Taylor Cantu	2012	2:19.53
1600 meters:	Kathy Kelly	1977	5:07.8+
3200 meters:	Kathy Kelly	1978	11:07.5y/11:03.6
100 Hurdles:	Krista Haddock	2015	15.34
300 Hurdles:	Krista Haddock	2013	44.72
400 Relay:		2006	49.41
1600 Relay:		2008	4:08.71
High jump:	Jennifer Maggard	1991	5'6"
Pole Vault:	Veronica Winkleman	'09	9' 6"
	Briana Williams	2012	9' 6"
Long Jump:	Denise Woodard	1979	18' 11.25"
Triple Jump:	Unique Lewis	1988	38' 4.75"
Shot Put:	Brittany Gonter	2010	41' 0"
Discus:	Lisa Callin	1985	131' 4"

Heritage

BOYS

100 meters:	Leva Hifo	2016	11.02
200 meter:	Darnell Richardson	2018	22.36
400 meters:	Jarett Carter	2014	49.61
800 meters:	Solomon Demeko-Ousman	2014	1:57.15
400 Relay:		2018	42.92
1600 meters:	Jeremy Romen	2016	4:23.54
3200 meters:	Chris Briseno	2016	9:35.70
100 Hurdles:	Torrey Atkins	2014	14.13
300 Hurdles:	Aaron Woods	2013	38.48
400 Relay:		2018	42.92
Discus:	Andres Henry	2016	157' 11"

GIRLS

100 meters:	Diamonique Brogan	2013	12.26
1600 meters:	Jessina Morales	2018	5:21.39
300m Hurdles:	Kaleigh Gionnone	2018	45.26
400 Relay:		2013	48.97
Shot Put:	Kaila Gower	2016	36' 9.75"

Hillcrest

BOYS

100 meters:	Jeremiah Boatner	2017	10.99
400 Relay:		2017	43.11
High Jump:	Andrew Dixon	2017	6'4"

Indio

BOYS

100 meters:	Stoney Jordan	1993	10.3/10.54c
200 meters:	Stoney Jordan	1993	21.41
400 meters:	Angello DeWitt	1986	49.0/49.14
800 meters:	Joel Cota	2003	1:54.08
1600 meters:	David Luna	2013	4:11.91
3200 meters:	David Luna	2013	9:05.04
110 Hurdles:	Mike Harris	1974	13.6/13.84c
300 Hurdles:	Keithyon Moten	2012	38.04
400 Relay:		1983	43.02
1600 Relay:		2003	3:23.68
High Jump:	Danny Gallegos	1980	6' 8".
Pole Vault:	Bruner	1977	13' 6"
	Owen	1976	13' 6"

	Wilson	1976	13' 6"	100 Hurdles:	Taylor Fleming	2013	14.31
Long Jump:	Mike Harris	1974	23' 8"	300 Hurdles:	Taylor Fleming	2013	43.08
Triple Jump:	Paul Turner	2009	47' 2"	400 Relay:		2014	47.72
Shot Put:	Ed White	1965	60' 2.5"	1600 Relay:		2014	3:54.52
Discus:	Greg Garza	2003	191' 1"	High Jump:	Gayle Hunter	2002	5'8"

GIRLS

100 meters:	Bobbi Jones	1984	12.16	Pole Vault:	Hannah Chang	2015	12'0"
200 meters:	Bobbi Jones	1984	25.78	Long Jump:	Gayle Hunter	2001	19'1"
400 meters:	Regina Bowman	2013	57.81	Triple Jump:	Gayle Hunter	2002	39'7"
800 meters:	Rebecca Morales	2012	2:14.62	Shot Put:	Courtney Klosinski	2016	39' 11.75"
1600 meters:	Marisa Rodriguez	2017	5:02.39	Discus:	Jessica Weise	2011	126'8"
3200 meters:	Sonya Melendez	1992	11:03.20				
100 Hurdles:	Ashley Henley	2004	15.24c				
300 Hurdles:	Stephanie Lamar	1984	44.26				
400 Relay:		1986	49.37				
1600 Relay:		2012	3:59.97				
High Jump:	Gretchen DeWitt	1983	5'6.25"				
Long Jump:	Serina Strange	1987	19'11.25"				
Triple Jump:	Serina Strange	1986	378.75"				
Shot Put:	Sherice Wright	2011	38'11"				
Discus:	Diane Rogers	1982	122'3"				

Lakeside

BOYS

200 meters:	Marcus Love	2013	22.28
400 meters:	Solomon Ponomarev	'14	49.64
400m Relay:		2012	42.96
Discus:	Anthony Avina	2010	160-5

GIRLS

100 meters:	Robyn Carroll	2008	12.54
400 meters:	Robyn Carroll	2008	56.61
400 Relay:		2008	49.90

Jurupa Valley

BOYS

100 meters:	Ray Blackburn	1998	10.99
200 meters:	Ray Blackburn	1998	21.94
400 meters:	Jamal James	1998	49.33
400 Relay:		1998	43.20
1600 Relay:		1998	3:26.23
Discus:	Walter McNeil	1997	151'3"

GIRLS

3200 meters:	Veronica Zepeda	1998	11:52.73
300m Hurdles:	Tristan Taylor	2004	49.24
Pole Vault:	Amy Hop	2008	10'0"
Shot Put	Amy Loprinzi	2009	38'10.75"

King, M. L.

BOYS

100 meters:	Jonathan Essien	2016	10.86
200 meters:	Jamal Orme	2014	22.00
400 meters:	Phil Griggs	2017	48.81
800 meters:	Nathan Torres	2013	1:52.63
1600 meters:	Tyler Janes	2016	4:04.33
3200 meters:	Lane Werley	2011	8:53.21
110 Hurdles:	Dillon Lay	2017	14.31
300 Hurdles:	Reyte Rash	2018	37.17
400 Relay:		2016	41.54
1600 Relay:		2017	3:20.42
High Jump:	Michael Albrecht	2009	6'8"
Pole Vault	Marcos Zavaleta	2015	14'-3"
Triple Jump:	Manuel Santiago	2008	46'6.75"
Shot Put:	Robert Malone	2006	55'7"
Discus:	Brandon Alcanter	2011	162'-4"

GIRLS

100 meters:	Sydney Reid	2015	12.16
200 meters:	Courtne Davis	2014	24.63
400 meters:	Noelle Abboud	2012	57.45
800 meters:	Ruthie Wiggins	2014	2:13.51
1600 meters:	Lauren Peurofof	2017	4:57.19+
			4:58.93y
3200 meters:	Lauren Peurifoy	2017	10:23.14

La Quinta

BOYS

100 meters:	Jamal Williams	2001	10.6/10.84
200 meters:	Christopher Romtoribio	'14	22.49
400 meters:	Taylor Brown	2012	48.06
800 meters:	Casey Cruz	2016	1:54.86
1600 meters:	Alex Orozco	2012	4:21.20
3200 meters:	Evan Dougherty	2012	9:36.66
110 Hurdles:	Koty Burton	2016	13.81
300 Hurdles:	Koty Burton	2016	36.34
400 Relay:		2014	42.42
1600 Relay:		2016	3:20.63
High Jump:	John Chea	2005	6'4"
Long Jump:	Christopher Rom-Toribio	'14	21'7"
Shot Put:	Jared Morgan	2002	61'0.25"
Discus:	Jared Morgan	2002	200'3"

GIRLS

100 meters:	Kayla Wilson	2014	11.73
200 meters:	Kayla Wilson	2013	24.04
400 meters:	Kayla Wilson	2014	56.96
800 meters:	Megan Huebner	2011	2:11.91
1600 meters:	Megan Huebner	2014	4:48.83
3200 meters:	Megan Huebner	2013	10:26.54
100 Hurdles:	Pamela Leyva	2003	15.55
300 Hurdles:	Pamela Leyva	2002	46.49
400 Relay:		2017	49.19
1600 Relay:		2014	3:58.55
High Jump:	Nirie Boglino	2015	5'6"
Long Jump:	Kayla Wilson	2013	18' 7.75"
Triple Jump:	Nirie Boglino	2015	37'10.25"
Shot Put:	Jevonna Morgan	2004	36'9.75"
Discus:	Jevonna Morgan	2004	133' 8"

La Sierra

BOYS

100 meters:	Anthony Preyear	1993	10.6/10.84
200 meters:	Reggie Wyatt	2009	21.23
400 meters:	Reggie Wyatt	2009	46.13
800 meters:	Edgar Cobian	2012	1:52.47

1600 meters:	Spencer Knight	2006	4:09.58
3200 meters:	Dylan Spencer	2007	9:05.18
110 Hurdles:	Brandon Howard	2005	14.14
300 Hurdles:	Reggie Wyatt	2009	35.02
400 Relay:		1994	42.6/42.74c
1600 Relay:		2005	3:18.95
High Jump:	Jeff Midgett	2001	6'8 "
Long Jump:	Tyree Washington	1995	24'3"
Shot Put:	CJ Francis	2004	54'5.5"
Discus:	Kyle Moshkin	2007	168'11"

GIRLS

100 meters:	Mariah Allain	2018	11.99
200 meters:	Mariah Allain	2018	24.72
400 meters:	Laura McDowell	2009	56.30
800 meters:	Laura McDowell	2009	2:12.95
1600 meters:	Maria Rodriguez	1999	5:13.60
3200 meters:	Maria Rodriguez	1999	11:19.76
100 Hurdles:	Angela Green	2007	15.90
300 Hurdles:	Jaylah Walker	2015	43.51
400 Relay:		2018	48.91
1600 Relay:		2016	4:06.38
Long Jump:	Nicole Baker	1997	16'7.5"
Triple Jump:	Demetria Deary	2000	36'1"
Shot Put:	Tanya Sapa	2013	50' 0.25"
Discus:	Tanya Sapa	2013	151' 2"

Linfield

BOYS

200 meters:	Alex Larson	2013	22.26
400 meters:	William Warner	2017	49.60
800 meters:	William Warner	2017	1:58.38
Triple Jump:	Lorenzo Burns	2015	46-4.25

GIRLS

400 meters:	Jackie Crowther	2013	59.71
800 meters:	Jackie Crowther	2012	2:13.59
1600 meters:	Brianna Wilson	2014	5:05.81
3200 meters:	Brianna Wilson	2013	11:23.59
100 Hurdles:	Aarika Oeleis	2017	15.07
300 Hurdles:	Aarika Oeleis	2015	46.56
400 Relay:		2015	50.34
High Jump:	Caylan Medley	2018	5'4"
Pole vault:	Kaelyn McCann	2018	11'6"

Marywood-Palm Valley

GIRLS

1600 meters:	Alexia Velarde	2012	5:06.66
3200 meters:	Alexia Velarde	2012	11:22.02

Mesa Murrieta

BOYS

100 meters:	Christian Shakir Ricks	2018	10.51
200 meters:	Christian Shakir Ricks	2018	20.98
400 meters:	Matthew Okonkwo	2018	47.47
300 Hurdles:	Daniel Browne	2018	39.38
400 Relay:		2018	41.25
1600 Relay:		2018	3:10.86
Triple Jump:	Craig Mauldin	2012	46' 4.25"
Discus:	Tama Finau	2015	162'2"

GIRLS

100 meters:	Chioma Okonkwo	2018	12.01
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200 meters:	Chioma Okonkwo	2017	24.54
400 meters:	Lauren Coomber	2014	56.47
800 meters:	Lauren Coomber	2013	2:17.38
1600 meters:	Taylor Taite	2015	4:55.81
3200 meters:	Brooke Evans	2013	11:33.46
100 Hurdles:	Kim Dargle	2013	14.32
300 Hurdles:	Zein Torahi	2017	44.97
400 Relay:		2013	47.03
1600 Relay:		2013	3:59.05
Pole Vault:	Brianna Shihadeh	2013	9' 6"
Long Jump:	Dayna Carson	2016	17' 4.25"
Triple Jump:	Starlynn Stingleton	2013	37' 0"
Shot Put:	Caitlin Dawson	2018	37'9"

Moreno Valley

BOYS

100 meters:	Isaiah Braden	2011	10.63
200 meters:	Isaiah Braden	2011	21.21
400 meters:	Larry Dean	1978	49.14y/48.85
800 meters:	Raul Serratos	1986	1:53.38
1600 meters:	Raul Serratos	1987	4:11.41
3200 meters:	Raul Serratos	1985	9:24.7
110 Hurdles:	Brett Turnage	2000	14.85
300 Hurdles:	Antoine Adkins	1992	39.20
400 Relay:		2010	42.53
1600 Relay:		1990	3:20.51
High Jump:	Tom Ward	1984	6'6"
Pole Vault:	Vierra	1976	13'6"
Long Jump:	Shamori Walker	1993	22'1 "
Triple Jump:	Shamori Walker	1993	48'1 "
Shot Put:	Malone	1977	55'11.25"
Discus:	Rhodes	1978	164'7"

GIRLS

100 meters:	Ashanti Phalix	1998	11.9/12.14c
200 meters:	Ashanti Phalix	1998	24.84
400 meters:	Gwen Adams	1979	57.78y/57.45
3200 meters:	Michelle Dale	1993	11:46.25
100 Hurdles:	Jameyo Austin	2001	15.1/15.34c
300 Hurdles:	Shania Edwards-Hak	1994	45.12
400 Relay:		1983	48.69
1600 Relay:		1983	3:59.61
High Jump:	Shania Edwards-Hak	1993	5'10"
Long Jump:	Julie Tetley	1989	17'1.75"
Triple Jump:	Cheri Slater	1982	36'3.5"
Shot Put:	Renee Perkins	1982	378.5"
Discus:	Renee Perkins	1982	141'9"

Murrieta Valley

BOYS

100 meters:	Ervin Simmons	2008	10.92
200 meters:	Khurtis Henry	2009	22.36
400 meters:	Josh Potter	2009	50.13
800 meters:	Ian Ritchie	2003	1:53.28
1600 meters:	Kellen Acosta	2003	4:17.43
3200 meters:	Patrick Milloy	2005	9:07.95
110 Hurdles:	Aaron Paisley	2013	14.89
300 Hurdles:	Casey Birchard	2007	39.45
400 Relay:		2008	42.77
1600 Relay:		2009	3:19.60
High Jump:	Justin Nelson	2001	6'10"
Pole Vault:	Peter Chapman	2012	16'6.5"
Long Jump:	Lafayette Waters	2014	23'4.25"

Triple Jump:	Solomon Ijah	2010	48'10.25"	400 meters:	Richard Lay	1987	49.12
Discus:	Jason Rider	2001	188'10"	800 meters:	Alex Aguilar	1991	1:55.11

GIRLS

100 meters:	Lauren Nichols	2012	11.92	1600 meters:	James Pendergraph	1991	4:22.7
200 meters:	Lauren Nichols	2012	24.70	3200 meters:	Omar Caro	2012	9:04.68
400 meters:	Janessa Brown	2011	58.36	110 Hurdles:	Michael Gaines	1997	14.91
800 meters:	Liza Pascuito	2002	2:14.5	400 Relay:		2001	42.04
1600 meters:	Liza Pascuito	2004	4:51.25	High Jump:	Paul Ruvolo	1995	6'6"
3200 meters:	Liza Pascuito	2004	10:37.89		Andre Clayton	1997	6'6"
100 Hurdles:	Heather Corder	2010	14.42	Pole Vault:	Matt Mathis	1999	15'9"
300 Hurdles:	Danielle Perry	1999	43.13	Long Jump:	Kevin Nolen	1990	22'2"
400 Relay:		2007	48.00	Discus:	Al Faamalisili	1992	163'8"
1600 Relay:		1999	3:55.03				
High Jump:	Kelsey Rubeor	2006	5'6"	GIRLS			
Pole Vault:	Jessica Wisniewski	2002	12'0"	100 meters:	Mariah Allain	2015	12.43
Long Jump:	Kelsey Rubeor	2006	17'11.25"	200 meters:	Mariah Allain	2015	25.52
Triple Jump:	Kelsey Rubeor	2005	35'8"	400 meters:	Crystal Tejada	2012	56.55
Shot Put:	Kelsey Rubeor	2007	43'3"	3200 meters:	Maria Zepeda	2001	11:36.71
Discus:	Rachel Boaz	2009	137'11"	100 Hurdles:	Laura Amos	1995	15.3/15.54c

Norco

BOYS

100 meters:	Ryan Ellis	2018	10.92
200 meters:	Mike Lynem	2006	21.93
400 meters:	Darrell Willis	1981	47.56
800 meters:	Steve Gladwell	1990	1:57.85
1600 meters:	Mike Melendez	1979	4:20.4y/4:18.9
3200 meters:	Mike Melendez	1979	9:09.2y/9:06.0
110 Hurdles:	Kurt Siebert	2000	14.62
300 Hurdles:	Kurt Siebert	2000	37.77
400 Relay:		1996	42.81
1600 relay:		2018	3:26.57
High Jump:	Mike Torres	1991	6'6"
Jamar Thymes		1999	6'6"
Pole Vault:	Devin Rexroat	2005	15'9"
Long Jump:	B j. Stewart	1996	23'1.5"
Triple Jump:	B j. Stewart	1996	46'0.5"
Discus:	Dan Estrada	1991	163'3"

GIRLS

100 meters:	Shae Anderson	2017	11.76
200 meters:	Shae Anderson	2017	23.67
400 meters:	Shae Anderson	2017	51.99
800 meters:	Shae Anderson	2017	2:11.08
1600 meters:	Jennie Higbee	1988	5:10.45
3200 meters:	Debbie Williams	1983	11:16.0
100 Hurdles:	Shae Anderson	2017	14.52
300 Hurdles:	Shae Anderson	2017	40.31
400 Relay:		2017	50.28
1600 Relay:		2017	3:56.43
High Jump:	Bobbi White	1989	5'4"
	Ashley Hamlet	2004	5'4"
Pole Vault:	Asure Putnam	1997	9'6"
Long Jump:	Ashley Perkins	2009	18'9.25"
Triple Jump:	Ashley Perkins	2009	39'7.25"
Shot Put:	Kassandra Kennison	'06	39'8"
Discus:	Kristin Harris	1997	122'2"

Norte Vista

BOYS

100 meters:	Heath Fulk	1991	10.84
	Jeff Henry	2001	10.84
200 meters:	John Holbrook	1967	21.4y/21.51

400 meters:	Richard Lay	1987	49.12
800 meters:	Alex Aguilar	1991	1:55.11
1600 meters:	James Pendergraph	1991	4:22.7
3200 meters:	Omar Caro	2012	9:04.68
110 Hurdles:	Michael Gaines	1997	14.91
400 Relay:		2001	42.04
High Jump:	Paul Ruvolo	1995	6'6"
	Andre Clayton	1997	6'6"
Pole Vault:	Matt Mathis	1999	15'9"
Long Jump:	Kevin Nolen	1990	22'2"
Discus:	Al Faamalisili	1992	163'8"

GIRLS

100 meters:	Mariah Allain	2015	12.43
200 meters:	Mariah Allain	2015	25.52
400 meters:	Crystal Tejada	2012	56.55
3200 meters:	Maria Zepeda	2001	11:36.71
100 Hurdles:	Laura Amos	1995	15.3/15.54c
300 Hurdles:	Lauren McDade	1985	46.39
400 Relay:		2015	50.04
Long Jump:	Kartina Sullivan	1990	16' 9"
Shot Put:	Hanna Lemoa	2008	39' 10"
Discus:	Jimena Arias	2017	138'8"

North, JW

BOYS

100 meters:	Jabriel Smith	2017	10.46
200 meters:	Ennis Jones	2006	21.24
400 meters:	Nevin Gutierrez	2006	46.79
800 meters:	Dontell Holland	2009	1:53.42
1600 meters:	Juan Ambriz	2016	4:18.94
3200 meters:	Juan Ambriz	2016	9:28.30
110 Hurdles:	Jeff Garrison	2001	13.82
300 Hurdles:	Reggie Wyatt	2007	35.90
400 Relay:		2007	41.12
1600 Relay:		2006	3:10.36
High Jump:	Avery Anderson	1991	7' 3"
Long Jump:	Ronald Howard	2002	23' 3.25"
Triple Jump:	Michael Howe	1982	46' 4.25"
Shot Put:	Gene Clark	1970	61' 3.75"
Discus:	Rosario Salazar	1989	151' 0"

GIRLS

100 meters:	Tracee Thomas	1999	11.67
	Nicole Denby	2000	11.67
200 meters:	Tracee Thomas	1999	23.28
400 meters:	Tracee Thomas	2002	54.22 (indoors)
800 meters:	Makayla Browne	2018	2:11.77
1600 meters:	Mariel Mendoza	2012	4:51.98
3200 meters:	Mariel Mendoza	2012	10:37.64
100 Hurdles:	Nicole Denby	2000	13.20
300 Hurdles:	Joanna Hayes	1995	40.81
400 Relay:		2000	45.30
1600 Relay:		2001	3:38.86
High Jump:	Chaunte Howard	2002	6' 0.5"
Pole Vault:	Susan Farrar	2008	11' 6"
Long Jump:	Gayle Hunter	2004	20'7.75"
Triple Jump:	Chaunte Howard	2002	41' 3"
Shot Put:	Deja Watkins	2011	43' 3.25"
Discus:	Cari Soong	1999	160' 9"

Notre Dame

BOYS

100 meters:	Marshall Johnson	1999	10.71
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200 meters:	Derrick Johnson	2000	21.40	3200 meters:	Jim Walker	1983	9:34.51y/9:31.18
400 meters:	Derrick Johnson	2000	47.47	110 Hurdles:	Hamilton	1973	14.7/14.94c
110 Hurdles:	Jason Williams	2000	14.32	300 Hurdles:	William Moore	2013	40.02
300 Hurdles:	Jason Williams	2000	39.75	400 Relay:		2016	41.88
400 Relay:		1999	43.15	1600 Relay:		1973	3:24.7y/3:23.5
1600 Relay:		1999	3:22.02	High Jump:	David Moore	1955	6'4.5"
High Jump:	Chris Sando	1977	6'5"	Pole Vault:	James Guillermo	1989	14'0"
Shot Put:	Gabe Torre	1992	58'9"	Long Jump:	Clay Hall	1982	23'6.25"
Discus:	Gabe Torre	1992	198'1"	Triple Jump:	Clay Hall	1982	48'4.5"
				Shot Put:	Leighton Heape	2002	60'6.75"
				Discus:	Jeremy Sutherland	2005	165'2"

GIRLS

100 meters:	Ugochi Ogbunamiri	'11	12.32
200 meters:	Ugochi Ogbunamiri	'11	25.61
400 meters:	Shonice Myers	2009	58.88
1600 meters:	Jo Anne Howard	1982	5:21.9
3200 meters:	Jo Anne Howard	1982	10:59.59
300 Hurdles:	Ginger Vega	1992	46.92
400 Relay:		2011	50.74
1600 Relay:		1984	4:06.2
High Jump:	Karen Kraemer	1981	5'8.75"
Pole Vault:	Hannah Chang	2013	9' 6"
Long Jump:	Teresa Cherry	1990	17'1 "
Triple Jump:	Teresa Cherry	1990	35'8.5"
Shot Put:	Kujomi Hutchinson	'78	39'0.25"
Discus:	Natalie Torre	1994	119'0"

Orange Vista

GIRLS

100 meters:	Talayah Wright	2018	12.48
200 meters:	Talayah Wright	2018	25.43
400 meters:	Zyaire Billew	2018	58.41

Palm Desert

BOYS

100 meters:	Jedidiah Jackson	2018	10.99
200 meters:	Mike Norfolk	1995	22.17
800 meters:	James Hawkins	2006	1:56.92
110 Hurdles:	Dylan Nelson	2006	14.08
300 hurdles:	Dylan Nielson	2006	37.62
400 Relay:		1991	43.25
High Jump:	Wes Coffey	2013	6' 8"
Triple Jump:	Tyronne Owens	1989	44'11 "
Shot Put:	Joe Canavan	2007	67'1.5"
Discus:	John Gallagher	1989	192'4"

GIRLS

100 meters:	Hailey Murdica	2018	11.97
200 meters:	Hailey Murdica	2017	25.28
3200 meters:	Melissa Garza	1998	11:53.7
100 Hurdles:	Dana Felt	2008	15.56
400 Relay:		2017	48.13
High Jump:	Susannah Vera	2013	5' 6"
Long Jump:	Seline Schinke	2017	17'3.75"
Shot Put:	Constance Miyaki	2004	35'6.25"
Discus:	Joy Bates	1989	121'11"

Palm Springs

BOYS

100 meters:	Jerome Burrell	1995	10.5/10.74
200 meters:	Jerome Burrell	1995	21.69
400 meters:	Oliver Brown	1988	49.06
800 meters:	Austin Chavez	2014	1:58.47
1600 meters:	Austin Chavez	2014	4:22.43

GIRLS

100 meters:	Shanee Somerville	1991	12:19
200 meters:	Shanee Somerville	1991	24.81
400 meters:	Lilliana Chalfant	2018	57.89
1600 meters:	Anjie Miranda	1990	5:09.39
3200 meters:	Anjie Miranda	1988	11:12.41
100 Hurdles:	Shanee Somerville	1989	14.75 (30")
300 Hurdles:	Lianne Peterson	1990	44.47
400 Relay:		2018	49.89
1600 Relay:		1990	4:09.6
Long Jump:	Stacy Miller	1989	17'6.25"
Shot Put:	Jennifer Vail	1995	41'10"
Discus:	Jennifer Vail	1996	137'1"

Paloma Valley

BOYS

100 meters:	Gary Carney	2017	10.85
200 meters:	Chad Jervis	2004	22.04c
400 meters:	Joe Kaylor	2009	50.29
1600 meters:	Tristan Sylva	2017	4:20.74
3200 meters:	Trevor Henson	2011	9:20.04
400 Relay:		2014	43.25
1600 Relay:		2018	3:26.28
Pole Vault:	Carlos Sanchez	2001	14'6"
Long Jump:	D.J. Redd	2011	22'-5.25"
Discus:	Cody Lynn	2007	161'6"

GIRLS

100 meters:	Jenna Tomlin	2003	11.97
200 meters:	Damatria Willingham	'16	25.43
400 meters:	Kiara McIntosh	2012	58.56
800 meters:	Kiara McIntosh	2012	2:11.04
1600 meters:	Kiara McIntosh	2013	4:56.99+
3200 meters:	Brittney Ferguson	2013	11:32.65
100 Hurdles:	Jemena Nesbitt	2016	15.78
300 Hurdles:	Allison Abacherli	2002	46.5/46.74c
400 Relay:		2014	49.13
1600 Relay:		2013	4:03.17
High Jump:	Winter Carreno	2017	5'6"
Triple jump:	Jasmine Seymour	2006	35'6.25"
Shot Put:	Dazhanna Jackson	'14	39'0.5"
Discus:	Tiana Herrera	2004	119'10"

Patriot

BOYS

1600 meters:	Carlos Delatorre	2016	4:23.29
3200 meters:	Daniel Alvarez	2017	9:37.72
1600 Relay:		2016	3:28.40
Discus:	John Ober	2018	178'9"

GIRLS

400 meters:	Sierra Carrasco	2012	59.82
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400 Relay:		2012	50.34
Perris			
BOYS			
100 meters:	JJ Eddington	1985	10.89
200 meters:	Nick McCullom	1998	21.54
400 meters:	Nick McCullom	1998	48.41
800 meters:	Josh Mejia	2005	1:56.29
1600 meters:	Josh Mejia	2005	4:18.67
3200 meters:	Malcolm Corona	2002	9:44.59
110 Hurdles:	Danny Harris	1983	14.06
300 Hurdles:	Anthony Verret	1986	38.40
330 Hurdles:	Danny Harris	1983	35.52
400 Relay:		1983	41.39
1600 Relay:		1983	3:10.33
High Jump:	Damon Jackson	1998	6'8"
Pole Vault:	Roger Heldoom	1983	14'2"
Long Jump:	Quincy Franks	1980	23'11"
Triple Jump:	Aaron Berry	2015	48'7.75"
Discus:	Andre Abrams	1990	157'0"

GIRLS

100 meters:	Antionette Winston	1979	11.9/12.14c
200 meters:	Antionette Winston	1979	25.7y/25.79
400 meters:	Ericka Nowell	2008	56.37
1600 meters:	Michelle Paul	1985	5:13.56
3000 meters:	Michelle Paul	1985	10:37.0 (3000)
3200 meters:	Jennifer Rodrigue	2006	11:51.73
100 Hurdles:	Erika Nowell	2009	14.62
300 Hurdles:	Erica Nowell	2009	41.80
400 Relay:		2000	49.66
1600 Relay:		2012	4:09.83
High Jump:	Maylana Martin	1995	5'6"
Long jump:	Sharon Johnson	1980	16'8"
Shot Put:	Shannon Hobson	2003	41'11.5"
Discus:	Shannon Hobson	2003	145'3"

Poly-Riverside

BOYS

100 meters:	Nathan Irvin	1999	10.59
200 meters:	Greg Thomas	1980	21.44
400 meters:	C.J. Reed	1996	48.22
800 meters:	Wayne Lemmons	1956	1:54.4y/1:53.7
1600 meters:	Irving Moreno	1997	4:18.99
3200 meters:	Irving Moreno	1997	9:30.82
110 Hurdles:	Chris Chrisman	1981	14.01
300 Hurdles:	Jamie Anderson	1991	39.85
330 Hurdles:	Chris Chrisman	1981	36.25
400 Relay:		1980	42.38
1600 Relay:		1980	3:21.1 y/3:19.7
High Jump:	Kyle Batiste	1995	6'7"
Pole Vault:	Zach Green	2016	14' 6"
Long Jump:	Bobby Bonds	1964	25'3"
Triple Jump:	Cullen Sullivan	2012	45'11.5"
Shot Put:	Larry Richards	1961	60'9.75"
Discus:	Coleman Johnson	1994	182'3"

GIRLS

100 meters:	Christie Slaughter	1989	12.43
200 meters:	Renee Chambers	1979	25.01 y/24.87
400 meters:	Renee Chambers	1979	57.49y/57.16
800 meters:	Lynn Hollins	1976	2:05.9
1600 meters:	Ashley Roberts	2010	4:54.80
3200 meters:	Brigid Freyne	1987	10:34.37
100 Hurdles:	Christie Wilson	1996	15.80 (33")

	Lisa Hale	1987	14.26 (30")
300 Hurdles:	Doris Williams	1987	44.03
400 Relay:		1995	49.48
1600 Relay:		1979	3:54.6/3:53.3
High Jump:	Abigail Burke	2018	5' 10"
Pole Vault:	Rianne Gross	2011	10'4"
Long Jump:	LaShannoe Sneed	1982	17'7.5"
Triple Jump:	Joi Webber	2000	37'5"
Shot Put:	Andrea Loman	1997	40'2"
Discus:	Andrea Loman	1998	135'9"

Ramona

BOYS

100 meters:	Rondo Smith	1988	10.86
200 meters:	Rondo Smith	1988	21.92
400 meters:	Dan Gormley	1964	48.9y/48.75
800 meters:	Richard Villalobos	1995	1:55.07
1600 meters:	Martin	1974	4:23.0y/4:21.5
3200 meters:	Scott Foreman	1966	9:28.0y/9:24.7
110 Hurdles:	Robert Williams	2005	13.97
300 Hurdles:	Zach Lewis	2012	37.28
400 Relay:		1987	43.13
1600 Relay:		1970	3:25.0y/3:23.8
High Jump:	Jimmy Devine	1995	6'6"
Pole Vault:	Larry Thompson	1970	14'1"
Long Jump:	Jimmy Devine	1995	23'10.5"
Triple Jump:	Stanton Gibson	2003	47'11.75"
Shot Put:	Tom Oesterling	1966	60'3.75"
Discus:	Sonny Soto	1991	161'3"

GIRLS

100 meters:	Alicia Thomas	1992	12.57
200 meters:	Alicia Thomas	1992	25.44
400 meters:	Sheria Moses	1991	59.4/59.54c
800 meters:	Sheria Moses	1991	2:11.97
100 Hurdles:	Andrea Meachum	1992	15.34 (30")
300 Hurdles:	Princess Lee	1994	47.20
400 Relay:		1995	50.20
1600 Relay:		1995	4:09.74
Pole Vault:	Tru Hoang	1997	9'0"
Long Jump:	Holly Stallman	2016	18' 4.25"
Shot Put:	Sheni Russell	1999	44'4.75"
Discus:	Barrie Greer	1980	143'7"

Rancho Mirage

BOYS

200 meters:	Logen Casavant	2016	21.66
400 meters:	Logen Casavant	2016	46.93
400 Relay:		2018	43.87

GIRLS

100 meters:	Charron Molette	2018	12.68
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Rancho Verde

BOYS

100 meters:	Isaiah Cunningham	2017	10.32
200 meters:	Isaiah Cunningham	2017	20.84
400 meters:	Isaiah Cunningham	2016	47.68
800 meters:	Ruben Danielson	2010	1:51.59
1600 meters:	Humberto Gonzalez	2007	4:23.43
110 Hurdles:	Cameron Samuel	2017	13.78
300 Hurdles:	Cameron Samuel	2017	36.34
400 Relay:		2017	40.29
1600 Relay:		2017	3:12.17

High Jump:	Skylar Lacour	2009	7'0.25"
Pole Vault:	Matt Jones	2006	13'6"
Long Jump:	Bryan Thompson	2017	24'3.5"
Triple Jump:	Josh Como	2006	50'3.5"
Shot Put:	Desmond Clark	2004	56'9.25"

GIRLS

100 meters:	Asiah Gooden	2009	11.73
200 meters:	Alycia Herring	2009	23.68
400 meters:	Gabby Estell	2009	54.72
100 Hurdles:	Amber Clark	2009	14.76
300 Hurdles:	Gabby Estell	2009	44.27
400 Relay:		2010	45.68
1600 Relay:		2009	3:44.02
High Jump:	Joshulyn Penniman	'12	5' 6"
Long Jump:	Destiny Longmire	2016	20' 7"
Triple Jump:	Brittany Bozeman	2008	38'1"
Shot Put:	Kayla Hopkins	2014	41'4"
Discus:	Kayla Hopkins	2014	141'6"

Riverside Christian

GIRLS

100 meters:	Camille Bowen	2009	12.58
Long Jump:	Nikki James	2006	167"

Roosevelt

BOYS

100 meters:	Elijah Mitchell	2013	10.58
200 meters:	Elijah Mitchell	2013	21.17
400 meters:	Bryan Adams	2009	47.95
800 meters:	Jackson Taylor	2018	1:53.21
1600 meters:	Nick Woolf	2012	4:11.57
3200 meters:	Raymon Ornelas	2016	9:08.22
110 Hurdles:	Anthony Easter	2017	13.91
300 Hurdles:	Anthony Easter	2017	36.34
400 Relay:		2011	41.01
1600 Relay:		2010	3:12.79
High Jump:	Taelin Webb	2014	6'8"
Pole Vault:	Ethan Amata	2018	15'4"
Triple Jump:	Stephon Williams	2012	45'4.25"
Shot Put:	David Potts	2016	53' 0"
Discus:	David Potts	2016	167' 11"

GIRLS

100 meters:	Courtne Davis	2015	11.64
200 meters:	Courtne Davis	2015	24.39
400 meters:	Taylor Smith	2015	54.46
800 meters:	Alexis Ford	2018	2:13.91
1600 meters:	Tahlia Adams	2015	5:00.16
3200 meters:	Paloma Barron	2018	11:17.41
100 Hurdles:	Jasmyne Graham	2015	13.17
300 Hurdles:	Jasmyne Graham	2015	40.73
3200 meters:	Jana Warrick	2014	11:35.63
400 Relay:		2015	46.10
1600 Relay:		2015	3:44.76
High Jump:	April Sutton	2013	5' 4"
	Shaelyn Amos	2017	5'4"
Pole Vault:	Gardenia Centanaro	'13	13' 1"
Long Jump:	Jasmyne Graham	2014	19' 8.25"
Shot Put:	Lydia Liu	2017	36'8"
Discus:	Lydia Liu	2018	126'0"

Rubidoux

BOYS

100 meters:	Jason Halliburton	1991	10.7/10.94
200 meters:	Derek Banks	1992	22.03
400 meters:	LaSalle Hughey	1991	47.93
800 meters:	David Ramirez	1991	1:55.44
1600 meters:	Erik Gonzalez	2017	4:16.49c
3200 meters:	Antonio Jiminez	2003	9:05.16
110 Hurdles:	Leandre Butler	2003	14.65
300 Hurdles:	Jose Castellon	2017	38.28
400 Relay:		1990	41.80
1600 Relay:		1992	3:20.14
High Jump:	Chris Olsson-O'Nei	1992	6'11 "
Pole Vault:	Vic Diaz	1967	15'5.25"
Long Jump:	Mike Anderson	1983	24'5"
Triple Jump:	Tim Williams	1985	49'7.25"
Shot Put:	Jake Knight	2001	63'11.5"
Discus:	Matt Gomez	1999	1.82'0"

GIRLS

800 meters:	Lisa Prieto	1988	2:18.81
1600 meters:	Fernanda Rodriguez	'12	5:15.25
3000 meters:	Kat Prince	1985	10:37.0**
3200 meters:	Fernanda Rodriguez	'12	11:18.12
300 Hurdles:	Celeste Bailey	1990	47.73y/47.45
Long jump:	Gail Derricott	1989	171 "
Triple Jump:	Yvette Hill	1985	36'6"
Shot Put:	Janet Hill	1987	42'4"
Discus:	Jodie Warr	1990	145'0"

San Jacinto Valley Academy

GIRLS

Shot Put:	Kalianna Lesa	2018	39' 9.75"
Discus:	Kalianna Lesa	2018	116'3"

San Jacinto

BOYS

100 meters:	DeShawn Smith	2006	10.88
200 meters:	DeShawn Smith	2006	22.02
400 meters:	Immanuel Hutchinson	'11	48.60
800 meters:	Immanuel Hutchinson	'10	1:48.56
1600 meters:	Kevin Vega	2010	4:24.76
3200 meters:	Rafael Castro	1992	9:33.47
110 Hurdles:	Ken Shaw	2007	14.16
300 Hurdles:	Ryan Muir	2015	37.60
400 Relay:		2006	42.59
1600 Relay:		2011	3:21.92
High Jump:	Tim Dunlap	1997	6'7"
	Tom Quast	1962	6'7"
Long Jump:	Kevin Maria	2018	22'11.5"
Shot Put:	Spencer Moorman	'10	62'5.25"
Discus:	Hank Krychir	1979	188'7"

GIRLS

100 meters:	April Henderson	1999	11.9/12.14c
200 meters:	April Henderson	1999	25.2/25.44
800 meters:	Melissa Escamilla	2006	2:18.90
300 Hurdles:	Payton McCartney	2018	45.81
400 Relay:		2008	49.1
1600 Relay:		2012	4:06.53
High Jump:	Veronica Arana	1996	5'4"
Pole Vault:	Breanna Elton	1995	9'0"
Long Jump:	Onisha Banks	1992	17'11.25"

Triple Jump:	Destinee Widgins	2014	37'2"
Shot Put:	Sarah Robles	2006	44'5"
Discus:	Sarah Robles	2006	168'5"

Santiago

BOYS			
100 meters:	Rodney Storrs	2007	10.66
200 meters:	Rodney Storrs	2008	21.27
400 meters:	Brett Moulton	2012	48.77
800 meters:	Brett Moulton	2011	1:51.51
1600 meters:	Kyle Pendleton	2018	4:18.13
3200 meters:	Marcos Milla	2018	9:11.69
110 Hurdles:	David Williams	2009	14.51
300 Hurdles:	David Williams	2009	38.28
400 Relay:		2008	41.57
1600 Relay:		2011	3:23.03
High jump:	Josh Roth	2004	6'6"
Pole Vault:	Garrett Hansen	2014	15'0"
Long Jump:	Isaiah Manley	2014	22'1.25"
Triple Jump:	Chris Benard	2008	49'6"
Shot Put:	Silas Hurst	2017	63'11.5"
Discus:	Silas Hurst	2017	172'6"

GIRLS

100 meters:	Omonlegbo Ovude	'06	12.45
200 meters:	Amber Munerlyn	2010	24.83
400 meters:	Riley Corcoran	2017	57.63
800 meters:	Cayla Etheridge	2016	2:14.02
1600 meters:	Lily Seynaeve	2014	5:06.82
3200 meters:	Mckenna Genovese	'12	11:08.54
100m Hurdles:	Shereen Sutherland	'11	15.54
300 Hurdles:	Shae Anderson	2015	44.10
400 Relay:		2009	48.66
1600 relay:		2017	3:57.32
High Jump:	Ashlyn Blotzer	2018	5' 8"
Pole Vault:	Chandler Edwards	2012	10' 0"
Long Jump:	Brittany Baltazar	2004	17'3.25"
Triple Jump:	Brianna Cole	2011	38'11.5"
Shot Put:	Avery Dail	2013	36' 7"

Shadow Hills

BOYS			
1600 meters:	Isaiah Gonzalez	2018	4:19.85
3200:	Isaiah Gonzalez	2018	9:37.38

GIRLS

1600 meters:	Nyah Chavez	2017	5:09.6
3200 meters:	Nyah Chavez	2018	11:14.51
Discus:	Victoria Soto	2018	130'3"

Sherman Indian

BOYS			
800 meters:	Isaiah Thompson	2013	1:51.76
1600 meters:	Isaiah Thompson	2013	4:18.83
3200 meters:	Charles Rednick	1978	9:29.9y/9:26.6

Tahquitz

BOYS			
200 meters:	Xavion Steele	2015	22.37
400 meters:	Xavion Steele	2015	50.16
110m Hurdles:	Teryan Brown	2015	14.93
400m relay:		2015	43.13

GIRLS			
Discus:	Estafani Flores	2018	128'10"

Temecula Valley

BOYS			
100 meters:	Jonathan Williams	2006	10.38
200 meters:	Jonathan Williams	2006	21.17
400 meters:	Qwintin Workman	2017	47.78
800 meters:	Jeff Green	2000	1:56.14
1600 meters:	Brett Campfield	2004	4:13.98
3200 meters:	Brett Campfield	2004	9:14.79
110 Hurdles:	John Cusey	2013	14.75
300 Hurdles:	Qwintin Workman	2017	37.26
400 Relay:		2005	42.06
1600m Relay:		2018	3:23.68
High Jump:	Mike Vaille	1993	6'9"
Pole Vault:	Brett Updike	1996	15'0"
	Rodney Mabry	1997	15'0"
Long Jump:	Jonathan Williams	2006	23'-1.25"
Triple Jump:	Jamal Cumberbatch	03	46'7"
Shot Put:	Tanner Harrah	2005	54'6.5"
Discus:	Jean-Paul Afif	1998	158'9"

GIRLS

100 meters:	Danae Dyer	2018	11.86
200 meters:	Danae Dyer	2018	24.53
400 meters:	Taylor Lorack	2011	57.39
800 meters:	Tammy Kim	2012	2:16.21
1600 meters:	Angela Ziff	2011	5:04.56
3200 meters:	Angela Ziff	2011	10:45.75
100 Hurdles:	Danae Dyer	2018	13.65
300 Hurdles:	Jasmine Porter	2018	45.05
400 Relay:		2017	47.89
1600 Relay:		2012	3:54.70
High jump:	Christine Killian	1990	5'4"
Pole Vault:	Listen Dormanen	2004	127'
Long Jump:	Charisma Davis	2017	17'3.25"
Triple Jump:	Charisma Davis	2018	37'1.25"
Shot Put:	Lisa Misapeka	1993	45'11"
Discus:	Lisa Misapeka	1993	140'3"

Temecula Prep

BOYS			
Triple Jump:	Darien Bailey	2008	44-9.5

GIRLS

Triple Jump:	Jessica Williams	2008	35-8.25
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Temescal Canyon

BOYS			
100 meters:	John Wareka	2007	11.00
400 meters:	Scott Eden	1999	49.33
800 meters:	Cobie Chavez	2015	1:51.95
1600 meters:	Cobie Chavez	2014	4:14.78
300 Hurdles:	Greg Burress	2002	39.9/40.03
400 Relay:		2000	43.3/43.44c
1600 Relay:		2015	3:25.73
Pole Vault:	Eddie Becker	1998	146"
	Steve Pease	1998	146"
Long Jump:	Nate Koch	2003	22'0.5"
Shot Put:	Ricky Youngquist	2005	56'1"
Discus:	Ricky Youngquist	2005	177'7"

GIRLS

100 meters:	Unique Anderson	2003	12.11
200 meters:	Kim Burress	1999	24.89
800 meters:	Shelby Horgan	1996	2:18.98
1600 meters:	Shelby Horgan	1995	4:57.85
3200 meters:	Ellen Muench	1995	10:54.31
100 Hurdles:	Lorrane Nance	2016	15.62
300 Hurdles:	Lorrane Nance	2016	45.10
400 Relay:		2003	49.32
Pole Vault:	Tricia Smith	2001	11'6"
Long Jump:	Kim Burress	1999	17'5"
Triple Jump:	Lorrane Nance	2016	39' 0.5"
Shot Put:	Kim Avila	2003	40'0"
Discus:	Samantha Gutierrez	'08	141'9"

Twin Pines**BOYS**

100 meters:	Willie Bowen	2001	10.95
200 meters:	Willie Bowen	2001	22.05

Valley View**BOYS**

100 meters:	Quincy Huntley	1996	10.3/10.54c
200 meters:	Quincy Huntley	1996	21.2/21.44
400 meters:	Chris Massey	1999	48.44
800 meters:	Ray Noble	2010	1:51.81
1600 meters:	Ray Noble	2010	4:20.40
3200 meters:	Nezanet Woldai	2009	9:31.48
110 Hurdles:	Brian Thompson	2003	14.71
300 Hurdles:	Ricky Hernandez	2004	39.08
400 Relay:		2010	42.17
1600 Relay:		2011	3:22.6
High Jump:	Mike Hernandez	2006	6'6"
Pole Vault:	Jarod Kerr	2016	14' 0"
Triple Jump:	Mike Hernandez	2005	45'2.5"
Shot Put:	Josh Johnson	2017	59'11.54"
Discus:	Josh Johnson	2017	190' 11"

GIRLS

100 meters:	Alicia Howard	1997	12.25
200 meters:	Sigueria Sperlin	2004	25.64c
400 meters:	Marissa Smith	2003	57.45
1600 meters:	Jessica Osorio	2009	5:15.93
100 Hurdles:	Marissa Smith	2004	14.60
300 Hurdles:	Marissa Smith	2004	42.84c
400 Relay:		2004	49.57
1600 Relay:		2004	4:07.84
High Jump:	Leah Cunningham	1992	5'4"
Long Jump:	Trina Williams	1990	16' 7"
Triple Jump:	Tasha McNair	2000	36'5.5"
Shot Put:	Sara Pearson	1995	35'7"
Discus:	Taylor Salley	2017	121'2.1"

Vista Murrieta**BOYS**

100 meters:	Michael Norman	2016	10.27
200 meters:	Michael Norman	2016	20.14
400 meters:	Michael Norman	2015	45.19
800 meters:	Kevin Gonzalez	2012	1:51.78
1600 meters:	Porter Reddish	2013	4:12.77
3200 meters:	Drew Dalton	2010	9:05.57
110 Hurdles:	Darion Williams	2012	14.37

300 Hurdles:	Peter Manu	2014	38.54
400 Relay:		2016	40.32
1600 Relay:		2015	3:13.09
High Jump:	Nick Ross	2009	7'3"
Pole Vault:	Colin Cassady	2012	14' 6"
Long Jump:	Jovonte Slater	2011	24' 10.5"
Triple Jump:	CJ Alumbres	2014	50'1.25"
Shot Put:	Corey Whitaker	2012	61' 0"
Discus:	Sapule Ta'amilo	2012	175' 4"

GIRLS

100 meters:	Amanda Van Buren	'15	11.68
200 meters:	Amanda VanBuren	'15	24.33
400 meters:	Dynese Adams	2009	57.75
800 meters:	Erika Reddish	2012	2:12.67
1600 meters:	Erika Reddish	2012	4:48.96
3200 meters:	Erika Reddish	2012	10:36.27
100 Hurdles:	Jasmyne Graham	2012	13.89
300 Hurdles:	Jasmyne Graham	2012	44.34
400 Relay:		2014	46.22
1600 Relay:		2013	3:52.37
High Jump:	Sarah Dunaway	2013	5' 7"
Pole Vault:	Katrina Meier	2018	12'3"
Long Jump:	Michelle Norman	2014	19'10.5"
Triple Jump:	Michelle Norman	2014	40'6"
Shot Put:	Hailey Mo'unga	2017	40'10.75"
Discus:	Yasmin Torres	2014	143'10"

Vista del Lago**BOYS**

100 meters:	Ledariuc Miller	2007	10.91
400 meters:	Matthew Williams	2012	48.41
800 meters:	Emmanuel Ngula	2008	1:51.87
1600 meters:	Emmanuel Ngula	2009	4:16.37+ / 4:17.86y
3200 meters:	Christian Lopez	2014	9:36.58
110 Hurdles:	Jaden Ellis	2018	13.97
300 Hurdles:	Jaeon Davis	2009	38.70
400 Relay:		2009	43.16
1600 Relay:		2012	3:22.10
Discus:	Gabriel Vargas	2010	159'1"

GIRLS

100 meters:	DeAnna Carson	2003	11.85
200 meters:	DeAnna Carson	2003	24.62
400 meters:	Jazmine Harper	2009	58.17
800 meters:	Karlie Creal	2009	2:14.28
1600 meters:	Serkadis Krome	2008	5:08.29
3200 meters:	Sarah Benson	2010	11:11.92
100 Hurdles:	DeAnna Carson	2003	14.35
300 Hurdles:	Jazmine Harper	2009	44.29
400 Relay:		2010	49.23
1600 Relay:		2011	3:57.45
High Jump:	Desiree Jackson	2010	5'4"
Long Jump:	DeAnna Carson	2003	19'7"
Triple Jump:	Jacquelyn Dubois	2011	37'6"

West Valley**BOYS**

100 meters:	Keith Welfher	2011	10.86
200 meters:	Ismail Turner	2018	22.22
400 meters:	Ismael Turner	2018	47.97
400 Relay:		2014	43.00
High Jump:	Doug Smith	2000	6'10"

Pole Vault:	Nathan Carmen	1999	13'6"
Triple Jump:	Devin Ray	2014	44' 4.5"
Discus:	Terry Dowell	2000	154'8"

GIRLS

400 meters:	Evondra Owens	1997	59.44
300 Hurdles:	Joanna Fleeming	2001	47.88
400 Relay:		2003	50.45
1600 Relay:		2016	4:03.36
Pole Vault:	Amber Tibbits	1999	9'4"
Shot Put:	Patricia Parker	2011	37'2"
Discus:	Jolie Buffin	2004	128'7"

Woodcrest Christian

BOYS

400 meters:	Luke Cunningham '11		50.21
800 meters:	David Branch	2007	1:55.09
1600 meters:	Jake Jeanson	2009	4:17.94
3200 meters:	Jake Jeanson	2009	9:18.08
1600 Relay:		2010	3:27.25
High Jump:	Troy Watkins	2010	6'6"
Long Jump:	Troy Watkins	2010	22'8.75"
Triple Jump:	Henry Vildosola	2010	46'3.5"

GIRLS

100m Hurdles:	Brecky Collier	2013	15.04
1600 meters:	Marissa Thompson	2017	5:14.43
3200 meters:	Marissa Thompson	2017	11:21.42
High Jump:	Becky Collier	2013	5' 8"
Long Jump:	Becky Collier	2013	17' 5.25"
Triple Jump:	Becky Collier	2012	38' 6"

Xavier Prep

BOYS

100 meters:	Jace MacConell	2018	10.92
Discus:	Armando Ceja	2012	158' 4"

GIRLS

1600 meters:	Valeria Ruiz	2012	5:15.83
3200 meters:	Valeria Ruiz	2012	11:25.04
400 Relay:		2018	50.12
Long Jump:	Taylee Udem	2018	17'3"