

ORANGE COUNTY TRACK 2025

***BOYS & GIRLS
SCHOOL RECORDS
DATE OF SCHOOL OPENINGS
ALL-TIME COUNTY RECORDS
ALL-TIME INDOOR PERFORMERS LIST
ALL-TIME OUTDOOR PERFORMERS LIST
1915-1960 ALL-TIME PERFORMERS LIST***

Don Chadez

Revised— 9-11-24

ORANGE COUNTY TRACK - 2025

This is the 36th edition of Orange County Track that recognizes the many fine track and field performances by Orange County High School athletes. Included is an all-time outdoor and indoor boys and girls list. Most known school records are listed. This publication is by no means complete. People reading this work are encouraged to contact the author regarding errors or omissions. The school record section lists only those marks that are first listed on the all-time list.

The first edition was published prior to the 1989 track & field season. The original work was researched with the assistance and contributions of Ted Brazil (*OC Register*), Al Brit (Esperanza HS), Cary Brody (Los Alamitos HS), Mike Kennedy (*LA Times*), David Osterman (*OC Register*), Jack Shepard (*Track & Field News*), Doug Speck (Arcadia HS), Wayne Wilson (Amateur Athletic Foundation of Los Angeles) Jim Roldan of EPI Sports and many other individuals and coaches. Most recent editions have been proofed by Don Turnbull (Golden West College) and Dave Hurlburt.

THE STATS

Abbreviations

+ -mark converted from yards to meters.

c -mark converted from hand time to equivalent auto time.

w -wind aided mark.

y -original mark attained in a race run in yards

-fully auto timed races have no abbreviation and are noted to one hundred of a second.

-any hand time recorded to one hundred of a second has been rounded up to the next full tenth of a second.

' -mark made enroute to a longer distance.

' -after name indicated foreign exchange student (if known).

* -before athletes name indicates junior year.

** -before athletes name indicates sophomore year.

*** -before athletes name indicates freshman year.

PERFORMANCE RANKING

For the purpose of ranking athletes and their performance, hand times have been converted to equivalent auto times and yard performances to metric. The *Track & Field News* policy of converting has been adopted. By using a multiplier, accurate percentage differentials are attained as the time gets longer.

CONVERSIONS

Hand times have been converted by adding 0.24 seconds for races less than one lap, and 0.14 for one lap races. Races of more than one lap have no conversion from hand to auto timing. The yard time was then multiplied by .9942 to get the metric equivalent. Common ratio races follow this formula. 100 yards/ 100 meters and 110 meters/120 yard hurdle events are not common ratio events.

ORANGE COUNTY TRACK - 2025

send errors/omissions to:

Don Chadez

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BOYS COUNTY OUTDOOR RECORDS

100 yd	9.3	Tony Pitts (SA Valley)	1978
100m	10.25	Domani Jackson (Mater Dei)	2021
200m	20.68	Max Thomas (Servite)	2022
220 yd	21.2	Clancy Edwards (Santa Ana)	1973
220 yd (straight)	20.7	Eddie Morris (Huntington Beach)	1940
400m	45.7	Chip Rish (Marina)	1985
440 yd	46.7	Tony Krzyzosiak (Garden Grove)	1971
800m	1:48.20	Sean Krinik (Valencia)	2010
880yd	1:49.2	Dennis Carr (Lowell)	1963
1500m	3:44.14	Austin Tamagno (Brea)	2016
1600m	4:00.83	Jantzen Oshier (Trabuco Hills)	2011
2000m	5:22.69	Brandon Bethke (El Toro)	2004
Mile	4:01.04	Austin Tamagno (Brea)	2016
3000m	8:17.5	Jon Butler (Edison)	1981
3200m	8:46.78	Jon Butler (Edison)	1981
Two Mile	8:44.6	Eric Hulst (Laguna Beach)	1976
Steeplechase (3k)	9:19.2	Eric Hulst (Laguna Beach)	1975
Steeplechase (2k))	6:15.35	Luke Friedl (J Serra)	2024
3 Mile	13:45.4	Ralph Serna (Loara)	1974
5000m	14:16.2	Ralph Serna (Loara)	1974
6 Mile	27:58.0	Eric Hulst (Laguna Beach)	1976
10,000m	28:55.0	Eric Hulst (Laguna Beach)	1976
One Hour Run	11m, 1043yd	Joey Gomez (Valencia)	1977
Marathon	2:27.25	Eric Hulst (Laguna Beach)	1976
120 yd Hurdles	13.3	John Peterson (Saddlback)	1975
110m Hurdles	13.41	Steve Kerho (Mission Viejo)	1982
180 vd Hurdles (curve)	18.6	Issac Curtis (Santa Ana)	1968
300m Hurdles (30")	35.85	Steve Kerho (Mission Viejo)	1982
330 yd Hurdles (30")	37.4	Tom Turner (Cypress)	1975
300m Hurdles (36")	36.45	Trevor Jones (Newport)	2000
400m Inter Hurdles	52.33	Trevor Jones (Newport)	2000
4 x 100m	41.24	Trabuco Hills	2018
4 x 110 yd	41.2	SA Valley	1971
4 x 220 yd	1:26.8	Bolsa Grande	1966
4 x 400m	3:13.98	Orange Lutheran	2008
4 x 400m Mixed	3:33.87	J Serra	2024
4 x 440 yd	3:15.0	Santa Ana	1972
Sprint Medley (yd)	3:27.4	I.a Habra	1961
Sprint Medlev (m)	3:27.33	El Modena	1982
4 x 800m	7:38.07	San Clemente	2024
4x880 yd	7:48.0	Tustin	1965
4 x 1500m	16:23.1	University	1981
4 x 1600m	17:12.60	Trabuco Hills	2012
4 x Mile	17:27.75	Dana Hills	2009
Distance Medley (yd)	10:12.0	El Modena	1970
Distance Medley (m)	9:58.76	Dana Hills	2010
High Jump	7-3	Sean Lee (Trabuco Hills)	2018
Pole Vault	16-9	Michael Woepse (Mater Dei)	2009
Long Jump	24-7	Dante Pettis (J Serra)	2014
Triple Jump	51-7.75	Phouphet Singbandith (Magnolia)	1990
Shot put (12 lb.)	71-7.25	Bronson Osborn (Esperanza)	2016
Shot Put (Junior 6kg)	69-9.5	Bronson Osborn (Esperanza)	2016
Shot Put (16 1b.)	59-5.75	Bronson Osborn (Esperanza)	2017

Discus (HS 1.62kg)	213-11	Scott Moser (Huntington Beach)	1997
Discus (Junior 1.75kg)	192-1	Bo Taylor (Newport)	2006
Discus (2kg)	161-2	Steve Lehmer (Loara)	1966
Decathlon	6525	Tohru Asami (Sunny Hills)	1978
Hammer (12 lb)	238-9	Brad Bolton (El Toro)	2011
100 yd	11.04	Michelle Kelley (Irvine)	1979

GIRLS COUNTY OUTDOOR RECORDS

100m	11.66	Carol Rodriguez (Western)	2003
200m	23.88	Maliyah Medley (El Toro)	2017
200 yd	24.51	Michelle Kelley (Irvine)	1979
400m	53.06	Maliyah Medley (El Toro)	2018
440 yd	54.3	Arlise Emerson (Westminster)	1978
800m	2:02.3	Mary Decker (Orange)	1974
1500m	4:16.42	Christine Babcock (Woodbridge)	2008
1600m	4:32.82	Christine Babcock (Woodbridge)	2008
Mile	4:35.24	Polly Plummer (University)	1982
Steeplechase (2k)	6:49.87	Summer Wilson (J Serra)	2024
3000m	9:30.4	Polly Plummer (University)	1982
3200m	9:54.89	Bethan Knights (Northwood)	2014
5000m	17:08.66	Nikki Zielinski (Canyon)	2016
110 yd Hurdles (30")	14.09	Lisa Gourdine (El Toro)	1977
100m Hurdles (30")	14.13	Laura Mills (University)	1981
100m Hurdles (33")	13.32	Ashley Bethel (Mission Viejo)	1997
300m Hurdles	41.86	Nyree Brown (Segerstrom)	2018
400m Hurdles	61.63	Chris Davenport (Troy)	1979
4 x 100m	46.28	Santa Margarita	2017
4x 110 yd	47.98	SA Valley	1979
4 x 200m	1:41.07	Rosary	2023
4 x 400m Mixed	3:33.87	J Serra	2024
4 x 400m	3:46.67	Dana Hills	2017
4 x 440 yd	3:50.4	Fountain Valley	1979
4 x 800m	8:52.26	J Serra	2023
4 x 880 yd	9:46.4	Foothill	1981
Sprint Medley (m)	3:58.63	Los Alamitos	2015
Distance Medley (m)	11:34.65	Corona del Mar	2006
4 x 1500m	18:52.5	University	1982
4 x 1600m	20:17.73	J Serra	2022
4 x Mile	20:32.33	Corona del Mar	2005
Pole Vault	14-4	Rachel Baxter (Canyon)	2017
High Jump	6-2	Sharon Day (Costa Mesa)	2003
Long Jump	20-8.75	Kim Attlessey (Corona del Mar)	1971
Triple Jump	43-4.5	Michelle Sanford (Woodbridge)	2001
Shot Put	53-7.75	Natalie Kaaiawahia (Fullerton)	1983
Shot Put (81b)	50-6.5	Susie Ray (Villa Park)	1979
Discus	175-8	Kate Hutchinson (San Clemente)	2003
Javelin	169-7	Jacque Nelson (Canyon)	1979
Hammer	203-08	Joy McArthur (Mater Dei)	2016
Heptathlon	5405	Sharon Hatfield (Fountain Valley)	1982
Pentathlon	3925	Sharon Hatfield (Fountain Valley)	1980

BOYS COUNTY INDOOR RECORDS

50m	5.86	Tim Martin (San Clemente)	1990
60 yd/55m	6.33	Kerwin Bell (Edison)	1980
60m	6.78	Kerwin Bell (Edison)	1980
200m	21.58	Max Thomas (Servite)	2022
300m	37.82	Gabe Warner (Woodbridge)	2015
500 yd	58.2	Brian Theriot (Newport)	1975
600 yd	1:14.72	Chad Rozean (Trabuco Hills)	2010
800m	1:55.79	Brendon Confer (Servite)	2009
880 yd	1:57.6	Ruben Esparza (El Modena)	1983
1000 yd	2:17.7	Bruce Bess (La Habra)	1961
1500m	3:54.5	Jon Butler (Edison)	1981
Mile	4:11.3	Jon Butler (Edison)	1981
3000m	8:31.2	Mark Junkerman (Los Alamitos)	1983
Two Mile	8:55.2	Jon Butler (Edison)	1981
5000m	14:51.41	Kenny Wanlass (Newport)	2023
50m Hurdles	6.80	Charles Davidson (Saddleback)	1992
60 yd Hurdles	7.57	Steve Kerho (Mission Viejo)	1981
55m Hurdles	7.76	Dylan Atencio (Yorba Linda)	2015
4 x 160 yd	66.1	SA Valley	1978
8 x 160 yd	2:14.82	Edison	2000
4 x 440 yd	3:26.3	Newport	1975
4 x 880 yd	8:08.8	Westminster	1974
High Jump	6-10.75	Sean Lee (Trabuco Hills)	2016
Pole Vault	16-7	Michael Woepse (Mater Dei)	2010
Long Jump	23-10	Devin Harrison (Dana Hills)	2009
Triple Jump	49-1	Ken Williams (Troy)	1982
Shot Put	64-11.75	Dave Kurrasch (Newport)	1975

GIRLS COUNTY INDOOR RECORDS

Shot Put #16	59-5.75	Bronson Osborn (Esperanza)	2017
50m	6.67	Carol Rodriguez (Western)	2003
55m	7.16	Alyssa Tao (Fountain Valley)	2013
300m	42.67	Hope Bender (Newport)	2015
440 yd	54.8	Arlise Emerson (Westminster)	1979
500 yd	65.4	Arlise Emerson (Westminster)	1978
600 yd	1:27.20	Cassie Durgy (Huntington Beach)	2015
600m	1:32.9	Mary Decker (Orange)	1974
800m	2:01.8	Mary Decker (Orange)	1974
1000m	2:26.4	Mary Decker (Orange)	1974
1500m	4:26.2	Paula Rose (Corona del Mar)	1976
Mile	4:40.1	Mary Decker (Orange)	1976
3000m	10:04.73	Kelli Hines (Mission Viejo)	2019
Two Mile	10:45.7	Carrie Garritson (Sunny Hills)	1992
50m Hurdles	7.51	Elinor Tolson (Fountain Valley)	1992
55m Hurdles	8.38	Hope Bender (Newport)	2015
4x 160 yd	1:18.4	Mission Viejo	1988
4 x 400m	4:04.30	Mission Viejo	2019
4 x 440 yd	4:07.8	Edison	1985
4 x 800m	8:54.14	J Serra	2024
4x 880 yd	9:37.3	Foothill	1983
High Jump	5-10.25	Sharon Day (Costa Mesa)	2003
Pole Vault	13-10.5	Rachel Baxter (Canyon)	2017
Long Jump	19-02.00	Dominique Ruotolo (Mater Dei)	2018
Triple Jump	43-02.00	Julia M. De... (Mater Dei)	2018

ALL-TIME OUTDOOR BEST MARKS LIST—BOYS

100 yards

9.3	Tony Pitts (SA Valley)	1978	9.8	Richard Calvin (SA Valley)	1982
9.5	Jackie White (Santa Ana)	1969	9.8	Teddy Baker (Saddleback)	1985
	<i>(State Runner up)</i>		9.8	Chip Rish (Marina)	1985
9.5	Devon Trahan (Saddleback)	1971	9.8	Ellis Bradford (SA Valley)	1986
9.5	Kerwin Bell (Edison)	1980	9.8	* Kirk Ayers (Western)	1986
9.6	Eddie Morris (Huntington Beach)	1940	9.8	Tien Bui (Villa Park)	1988
	<i>(State Champion)</i>		9.8	* William Dancy (SA Valley)	1988
9.6	Bill Swisshelm (Santa Ana)	1954	9.8	* Dariel Whipple (Western)	1989
9.6	Bob Maimbourg (Garden Grove)	1960	9.8	Kevin Thomas (Valencia)	1989
9.6	** Stan Edmonds (Savanna)	1964	Wind-aided:		
9.6	Fred Kuller (Santiago)	1964	9.5w	Eddie Morris (Huntington Beach)	1940
9.6	Dick Coulter (SA Valley)	1967	9.5w	Bill Swisshelm (Santa Ana)	1953
9.6	Ron Pharris (Anaheim)	1967	9.5w	Dick Cooper (SA Valley)	1967
	<i>(State Third Place)</i>		9.5w	Clancy Edwards (Santa Ana)	1973
9.6	Ron Hamley (Lowell)	1968	9.6w	Kerwin Bell (Edison)	1980
9.6	*Jack Struble (Kennedy)	1971	9.6w	Stan Edmonds (Kennedy)	1966
9.6	*Jim Straw (Garden Grove)	1973	9.6w	Richard Yukihiro (Western)	1967
9.6	Clancy Edwards (Santa Ana)	1973	9.6w	*Jim Beyers (Loara)	1970
	<i>(State Runner up)</i>		9.6w	Mike Rhue (SA Valley)	1976
9.6	Walter Steen (SA Valley)	1982	100 meters		
9.84	* Kerwin Bell (Edison)	1979	10.25	*Domani Jackson (Mater Dei)	2021
9.7	Bill Swift (La Habra)	1959	10.36	Curtis Godin (Mater Dei)	2014
9.7	Pat Moore (La Habra)	1959		<i>(State Champion)</i>	
9.7	Bob Armstrong (Rancho Alamitos)	1961	10.40	Max Thomas (Servite)	2022
9.7	* Ed Preston (Santa Ana)	1963	10.45	Matt Bruno (Trabuco Hills)	2002
9.7	Herman Grimes (SA Valley)	1964		<i>(State Champion)</i>	
9.7	Randy Lynch (Anaheim)	1965	10.46	***Devin Bragg (Los Alamitos)	2022
9.7	Dave Samarin (La Habra)	1965	10.49	Austin Overn (Foothill)	2022
9.7	Dave Cooke (Brea)	1966	10.50	Justin Woods (Los Alamitos)	2005
9.7	Ed Steward (Santa Ana)	1967	10.51	Herbert Gamboa (San Clemente)	2012
9.7	Robert Ray (Santiago)	1967	10.54	* Kyle Middlebrooks (Fountain Valley)	2009
9.7	Bruce Rollinson (Mater Dei)	1995	10.56	Tim Martin (San Clemente)	1991
9.7	Pete Sprout (El Modena)	1969	10.56	** Bryan Harrison (Dana Hills)	1995
9.7	Clyde Emery (SA Valley)	1969	10.56	*Jake Burns (Trabuco Hills)	2018
9.7	Rick Gilson (Bolsa Grande)	1970	10.57	Elliot Dunning (SA Valley)	1984
9.7	Luis Castle (Sunny Hills)	1970	10.57	Blake Hennesay (Santa Margarita)	2018
9.7	* Steve Elkins (Loara)	1970	10.58	Quinton Bell (Costa Mesa)	2014
9.7	*Jim Beyers (Loara)	1970	10.60	Walter Steen (SA Valley)	1982
9.7	Jim Rohrig (SA Valley)	1974	10.61	Brian Woods (Los Alamitos)	2003
9.7	Mike Rhue (SA Valley)	1976	10.62	Matt Slater (Servite)	2003
9.7	Rex Brown (Ocean View)	1982	10.63	Charlie Jarvis (Aliso Niguel)	2022
9.7	Clay Kussler (Los Alamitos)	1984	10.64c	Eddie Morris (Huntington Beach)	10.4 1940
9.7	Elliot Dunning (SA Valley)	1984	10.65	Chukwuekeze Nwachie (Loara)	2012
9.7	Paul Peters (SA Valley)	1987	10.65	Dominic Gates (Tesoro)	2022
9.7	Erik Mitchell (Los Alamitos)	1990	10.66	Tony Pitts (SA Valley)	1978
9.91	Ulysess Trammel (Rancho Alamitos)	1991	10.66	* Garland West (Cypress)	2004
9.8	Dan Hoefer (Fullerton)	1948	10.66	Braden Pegan (San Juan Hills)	2022
9.8	Johnny Allen (Santa Ana)	1956	10.66	Kevin Griswold (Garden Grove)	1996
9.8	Ron Vande Putte (Valencia)	1959	10.67	Damani Wilson (Orange Lutheran)	2010
9.8	Gary Walker (Tustin)	1959	10.67	Austin Hazel (Mater Dei)	2012
9.8	Jim Lawrence (Buena Park)	1964	10.68	Mike McNair (Mater Dei)	1998
9.8	* Randy Julian (Bolsa Grande)	1965	10.68	Andy White (Mission Viejo)	2007
9.8	Mike Morgan (Mater Dei)	1967	10.69	Nate Frazier (Mater Dei)	2024
9.8	Dennis Johnson (El Modena)	1969	10.69	**Vance Spafford (Mission Viejo)	2024
9.8	Keith Denson (SA Valley)	1969	10.70	Kerwin Bell (Edison)	1980
9.8	Tom Teeple (Brea)	1969	10.70	Erik Mitchell (Los Alamitos)	1990
9.8	Darryl Blood (Newport)	1970	10.70	Gary Young (Woodbridge)	1994
9.8	Dave Johnson (Estancia)	1970	10.70	* Claude Melvin (Brea)	1999
9.8	Dave Lacey (Marina)	1970	10.70	*Kaden Reynolds (Aliso Niguel)	2019
9.8	Phil Maas (Fountain Valley)	1971	10.71	Rex Brown (Ocean View)	1982
9.8	Tony Krzyzosiak (Garden Grove)	1986	10.71	*Trent Langham (Pacifica)	2011
9.8	Carlo Tosti (Corona del Mar)	1972	10.71	Hunter Simmons (Tesoro)	2012
9.8	James Butler (SA Valley)	1972	10.71	*Spencer Danner (San Juan Hills)	2013
9.8	Warren Hansen (Garden Grove)	1973	10.72	Kevin Alexander (Valencia)	1992
9.8	Doug Perrall (Pacifica)	1974	10.72	Josh Brown (El Modena)	2007
9.8	Chris Saunders (Sonora)	1978	10.72	**Alex Suchesk (Santa Margarita)	2012
9.8	Robert Powell (SA Valley)	1978	10.73	* Joey Branker (Mission Viejo)	2009
9.8	Steve Southward (Fountain Valley)	1981	10.73	Scott Patton (Woodbridge)	2015
9.8	Rick Nichols (Fountain Valley)	1982	10.73	*Charlie Jarvis (Aliso Niguel)	2021
9.8	Rod Harmon (Santa Ana)	1982			

10.74	Donovan Stephens (Mission Viejo)		1986	10.87	Dylan Poteat (Villa Park)		2023
10.74c	* Jarrett Murrell (Saddleback)	10.5	1991	10.88	Rich Brooks (Woodbridge)		1986
10.74c	Charles Crook (Katella)	10.5	1997	10.88	Matt Brooks (Santa Margarita)		1998
10.74c	Anthony Privitelli (Villa Park)	10.5	2008	10.88	Mike Chavis (Mission Viejo)		1998
10.74	Anton Jamir (Cypress)		2003	10.88	Greg Stewart (Costa Mesa)		2000
10.74	*Jacob Prayer (San Clemente)		2024	10.88	Dominique Williams (Savanna)		2008
10.74	*Quaid Carr (Servite)		2024	10.88	Mikey Fischelli (Dana Hills)		2009
10.75	Mavin Anderson (Mission Viejo)		2021	10.88	**Isaiah Diego Williams (J Serra)		2014
10.75	Tyler Harvey (Trabuco Hills)		2024	10.88	Michael Hamill (Beckman)		2014
10.76	* Darryl Poston (Edison)		2000	10.88	Josh Gray (Irvine)		2016
10.76	Kellen Foley (Dana Hills)		2008	10.88	Scott Deng (Mater Dei)		2022
10.76	Chris Nicholls (Servite)		2010	10.88	Joseph Ricci (Edison)		2023
10.76	**Hunter Simmons (Tesoro)		2011	10.89	Jeff Williams (Orange)		1994
10.76	Julius Irvin (Servite)		2018	10.89	Scott Langford (Santa Margarita)		2001
10.77	* Teddy Baker (Saddleback)		1984	10.89	Stephen Menzia (Mater Dei)		2016
10.77	*Matt Slater (Servite)		2002	10.89	*Keith Taylor (Servite)		2016
10.77	Devin Harrison (Dana Hills)		2011	10.89	**Bryson Washington (Mater Dei)		2018
10.77	Michael Mitchell (Tesoro)		2016	10.89	Cassius Savage (Western)		2019
10.77	Jack De Bos (Edison)		2021	10.89	Nolan Clement (Troy)		2022
10.77	Alex Skalmowski (Servite)		2023	10.90	***Michael Graham (Mater Dei)		1993
10.77	Matthew Kaloustian (Orange Lutheran)		2023	10.90	Jason Boyce (Corona del Mar)		1994
10.77	***Robert Gardner (Servite)		2024	10.90	William Stovall (Woodbridge)		1997
10.78	* Chip Rish (Marina)		1984	10.90	Quinten Pounds (Cypress)		2015
10.79	* Terry Johnson (Katella)		1985	10.90	*Chase Berryman (Mission Viejo)		2018
10.79	Jake Burns (Trabuco Hills)		2019	10.90	**Bryce Whitley (La Habra)		2022
10.80	Dajuan Pannell (Western)		2000	10.90	*Tyler Poti (Tesoro)		2022
10.80	Arron Harris (Western)		2008	10.90	*Deandre Moore (Los Alamitos)		2022
10.80	*Ryan Kennedy (Mission Viejo)		2017	10.90	*Declan Healey (Troy)		2023
10.80	Noah Styffe (Trabuco Hills)		2017	10.90	Nathan Tran (Portola)		2023
10.80	*Kyle McCray (Orange Lutheran)		2018	10.91	Kevin Thomas (Valencia)		1989
10.80	Jack Shippy (San Clemente)		2018	10.91	Dane Endly (Laguna Hills)		2003
10.81	* Chucky Linman (Edison)		2001	10.91	Andrew Tucker (Mission Viejo)		2004
10.81	* Deshaun Foster (Tustin)		1997	10.91	Adrian Pioquinto (Century)		2009
10.81	Shane Henry (Esperanza)		2006	10.91	Brenden Schooler (Mission Viejo)		2016
10.81	Matt Hurst (Corona del Mar)		2014	10.91	*Marceese Yetts (Mater Dei)		2021
10.81	Dheer Patel (Northwood)		2024	10.91	Michael Serpa (Trabuco Hills)		2023
10.81	Marquiz Guxman (Tustin)		2024	10.91	Tyler Poplitt (Tesoro)		2023
10.82	Tony Mosley (Santa Ana)		1987	10.91	Rider Cooper (Portola)		2024
10.82	Kamron Shahbahrani (Irvine)		2011	10.92	* Clay Kussler (Los Alamitos)		1983
10.82	Chad Lemmons (Mater Dei)		2019	10.92	* Dariel Whipple (Western)		1989
10.83	Jeff Smith (Troy)		2001	10.92	* Julius Williams (Tustin)		1997
10.83	Drew Endly (Laguna Hills)		2008	10.92	**Nick Wedin (Dana Hills)		2000
10.83	* Shawn Tucker (Laguna Hills)		2008	10.92	Turill Engleman (Marina)		2002
10.83	*Alex Young (Woodbridge)		2015	10.92	* Alex Miller (Savanna)		2003
10.83	Matthew Yu (Beckman)		2023	10.92	Grant Schwartz (Dana Hills)		2005
10.83	Brandon Miller (Irvine)		2024	10.92	Ibrahim Al-arnous (Mission Viejo)		2010
10.84c	Steve Jennings (Marina)	10.6	1986	10.92	Jacob Gasser (Los Alamitos)		2016
10.84c	* William Dancy (SA Valley)	10.6	1988	10.92	Kelley Stephens (J Serra)		2018
10.84c	Ben Cesar (Ocean View)	10.6	1990	10.92	**Cooper DeCillo (Trabuco Hills)		2021
10.84c	Tim Fitzgerald (Santa Margarita)	10.6	1996	10.92	Caleb Harrell (Irvine)		2021
10.84c	Guillermo Esparza (Brea)	10.6	1997	10.92	*Jackson McCusker (Trabuco Hills)		2023
10.84c	** Marshall Johnson (SA Valley)	10.6	1997	10.93	* Charles Crook (Katella)		1996
10.84	* Chad Watts (Saddleback)		1998	10.93	Scott White (Sonora)		1999
10.84c	* Adolph Keyes (Los Alamitos)	10.6	1998	10.93	Vanden Staly (Canyon)		2002
10.84c	John Sanders (Fountain Valley)	10.6	1998	10.93	Eddie Wallace (San Clemente)		2010
10.84c	Rasuli Webster (Brea)	10.6	1998	10.93	*Derek Brajevich (Santa Margarita)		2017
10.84c	*Zach Chandy (Sage Hill)	10.6	2005	10.93	Richard Antablin (Tesoro)		2019
10.84	Malik Felton (Servite)		2011	10.93	Jalen Jones (Santa Margarita)		2021
10.84	*Chuck McDonald (Mater Dei)		2024	10.93	Van Rhodus (Orange Lutheran)		2024
10.85	Korey Alexander (Valencia)		1992	10.94c	Jeff Glead (Dana Hills)	10.7	1981
10.85	Denny Casupanan (Tustin)		2002	10.94c	Norm Moss (SA Valley)	10.7	1984
10.85	Justin Hunter (Dana Hills)		2014	10.94c	Dave Reedus (Westminster)	10.7	1988
10.85	Brandon Douglas (Los Alamitos)		2015	10.94c	Mark Barnum (Corona del Mar)	10.7	1990
10.85	Jeff Hass (Edison)		2021	10.94c	Jarryd Gonzalez (Pacifica)	10.7	1992
10.85	Tyler Harvey (Trabuco Hills)		2024	10.94c	Kojo Ahn (Irvine)	10.7	1996
10.86	Charlie Davidson (Saddleback)		1992	10.94	James Pham (La Quinta)		1998
10.86	* Alex Sucheski (Mission Viejo)		2013	10.94c	Julio Peraza (Dana Hills)	10.7	1998
10.86	Logan Obbards (Mission Viejo)		2014	10.94c	Josh Saunders (Capo Valley)	10.7	1998
10.86	Richie Caragao (Santa Margarita)		2018	10.94	Adolph Keys (Los Alamitos)		1999
10.87	Scott Young (Cypress)		1985	10.94c	* Turrill Engelman (Marina)	10.7	2001
10.87	Trevor Jones (Newport)		2000	10.94	Nicholas Sanford (El Modena)		2005
10.87	Vince Nguyen (Fountain Valley)		2001	10.94	Sean Henderson (Los Alamitos)		2008
10.87	Wes Williams (Esperanza)		2005	10.94	Adrian Hernandez (Mater Dei)		2015
10.87	**Peter Costelli (Mission Viejo)		2019	10.94	Ethan Du (Esperanza)		2016
10.87	Jalen Jones (Santa Margarita)		2022	10.94	*Chigozie Anusiem (Sonora)		2017

10.94	Andrew Ruffin (Cypress)	2018	11.02	**Greg Cleave (Cypress)	1993
10.94	Colin Somoza (Trabuco Hills)	2022	11.02	* Steve Douglas (Loara)	2000
10.95	* Che Garcia (Anaheim)	1992	11.02	**Marcus Collins (Mission Viejo)	2011
10.95	* Austin Messick (Capo Valley)	2007	11.02	*Xavier Bell (Mater Dei)	2016
10.95	Chad Grimmett (El Toro)	2009	11.02	*Lance Dravis (Orange Lutheran)	2016
10.95	Ameer Webb (Tustin)	2009	11.02	Desmin Jackson (Orange Lutheran)	2022
10.95	Miles Robertson (La Habra)	2014	11.03	Mike Allison (Laguna Hills)	1989
10.95	*Anthony Deluca (Trabuco Hills)	2018	11.03	* Al Williams (Irvine)	1997
10.95	Nick Thompson (J Serra)	2024	11.03	Russ Rommelfinger (Woodbridge)	1999
10.95	Shane Plourde (Orange Lutheran)	2024	11.03	Travis Pett (Huntington Beach)	2000
10.95	*Jake Pirnazar (Sage Hill)	2024	11.03	**Sean Henderson (Los Alamitos)	2006
10.95	Jonas Pearson (Portola)	2024	11.03	* Andrew Connell (Mission Viejo)	2008
10.95	*Leo Francis (Santa Margarita)	2024	11.03	Nolan Grimm (El Toro)	2010
10.96	Allen Shumate (Tustin)	2000	11.03	Karlton Dennis (Servite)	2011
10.96	**Jonathan Woods (El Toro)	2001	11.03	Josh Raylor (Mission Viejo)	2014
10.96	Whittaker (Mission Viejo)	2001	11.03	*Mathew Avalos (Anaheim)	2017
10.96	Jonah Hill (Cypress)	2014	11.03	***Mavin Aurelio-Anderson (Mission Viejo)	2018
10.96	Jacob Garrett (Fountain Valley)	2017	11.04c	Steve Ashworth (Orange Lutheran)	10.8 1979
10.96	Lincoln Marshall (Los Alamitos)	2022	11.04c	Aaron Thigpen (Saddleback)	10.8 1982
10.96	**Xzavior Guess (El Modena)	2023	11.04c	Damon Sweazy (El Toro)	10.8 1982
10.96	*Brandon Gorski (Mater Dei)	2024	11.04c	Lance Martin (Corona del Mar)	10.8 1983
10.96	Cameron Hughes (Servite)	2024	11.04c	Troy McAllister (Saddleback)	10.8 1983
10.97	Anthony Ramirez (Mission Viejo)	1992	11.04c	John Garcia (Esperanza)	10.8 1983
10.97	* Aaron Ford (Los Alamitos)	1994	11.04c	Mike Stafford (Marina)	10.8 1986
10.97	Allen Sabio (Servite)	1997	11.04c	John Sims (Marina)	10.8 1988
10.97	Aaron Coudy (St Margaret's)	2002	11.04c	Vic Gutierrez (Ocean View)	10.8 1988
10.97	Raphael McFarlane (Mission Viejo)	2003	11.04c	Joe White (Capo Valley)	10.8 1989
10.97	Adam Gann (Trabuco Hills)	2011	11.04c	Chuck Steen (SA Valley)	10.8 1989
10.97	Dustin Holtz (El Modena)	2012	11.04c	* Mark Brown (Sunny Hills)	10.8 1990
10.97	Garrett Estrada (Mater Dei)	2015	11.04c	Andre Hill (Troy)	10.8 1990
10.97	**Johnnie Blockberger (Los Alamitos)	2018	11.04	Mark Mahone (Marina)	1992
10.97	Khang Mat (Segerstrom)	2023	11.04c	Cale Carter (Mater Dei)	10.8 1992
10.97	*Jason Escovar (Yorba Linda)	2023	11.04c	Ulysses Trammel (Rancho Al)	10.8 1991
10.97	Drew Tom (Beckman)	2023	11.04c	Childs (La Habra)	10.8 1991
10.97	*Jaden Mwendapole (Corona del Mar)	2023	11.04c	* Brandon Jessie (Edison)	10.8 1991
10.98	Jim Adams (Anaheim)	1984	11.04c	Chris Sandro (Estancia)	10.8 1991
10.98	Jeff Roach (Laguna Hills)	1984	11.04c	Jim Sebreros (Garden Grove)	10.8 1993
10.98	Jesus Acevedo (Anaheim)	1997	11.04c	* Mike Flores (Savanna)	10.8 1994
10.98	Julius Williams (Tustin)	1998	11.04c	Reuben Droughns (Anaheim)	10.8 1996
10.98	** Lb Al-amous (Canyon)	2008	11.04c	Mike Garko (Servite)	10.8 1996
10.98	Kyle Hastings (Santa Margarita)	2017	11.04c	Lydon Covington (Villa Park)	10.8 1996
10.98	Harry Baker (University)	2017	11.04c	Steve Anstead (Dana Hills)	10.8 1997
10.98	Cassidy Welles (Mission Viejo)	2019	11.04c	Jason Jerkins (Sunny Hills)	10.8 1997
10.98	Jordan Holmes (Yorba Linda)	2022	11.04c	Eric Nuanes (Loara)	10.8 1997
10.98	*Treyvon Toulmaire (Mission Viejo)	2023	11.04c	Wray Watkins (Fountain Valley)	10.8 1997
10.99	Kimiko Bandy (SA Valley)	1992	11.04c	Myron Bownes (Woodbridge)	10.8 1998
10.99	Rashad White (Garden Grove)	2000	11.04c	Ben Ogawa (Edison)	10.8 1999
10.99	Joey Branker (Mission Viejo)	2010	11.04c	Darren Shorter (Cypress)	10.8 2000
10.99	Cory Thomson (Santa Margarita)	2011	11.04c	Darryl Parker (Canyon)	10.8 2001
10.99	Trent McDuffy (Servite)	2017	11.04c	Nick Nokoff (Dana Hills)	10.8 2005
10.99	*Richard Antablin (Tesoro)	2018	11.04	Will Taylor (Mission Viejo)	2006
10.99	*Jacob Williams (Brea)	2019	11.04	Brian Lockridge (Mission Viejo)	2007
10.99	Patrick Michinock (Mater Dei)	2019	11.04	* Matthew Nichols (Mater Dei)	2009
10.99	*Jackson Christie (Villa Park)	2021	11.04	Ronnie Hillman (La Habra)	2009
10.99	Dereck Moore (Woodbridge)	2023	11.04	Ryan Lynn (San Clemente)	2012
11.00	Greg Portis (Katella)	1985	11.04	**John Galloway (Aliso Niguel)	2015
11.00	Sam Moore (El Toro)	1999	11.04	Sean Damiano (Aliso Niguel)	2015
11.00	* Matt Moore (Corona del Mar)	2000	11.04	Jeremiah Harris (Orange Lutheran)	2015
11.00	Chris Felix (Estancia)	1995	11.04	*Ryan Kennedy (Mission Viejo)	2017
11.00	Logan Sweet (Santa Margarita)	2011	11.04	***Treyvon Tolmaire (Mission Viejo)	2022
11.00	* Joseph Velazquez (El Modena)	2013	11.04	Nathan Tran (Portola)	2023
11.00	Jacob Williams (Brea)	2020	11.04	**Ryan Hopkins (J Serra)	2024
11.00	*Colin Woodruff (Mater Dei)	2024	11.04	*Isaiah Williams (Trabuco Hills)	2024
11.01	* Dahrin Footman (Esperanza)	1994			
11.01	Ray Bardone (Edison)	1997			
11.01	Weston Ellis (Pacifica)	2014			
11.01	*Christian Parker (Marina)	2016			
11.01	Mason Mitchell (Santa Margarita)	2016			
11.01	**Jay Williams (Trabuco Hills)	2017			
11.01	Jake Cuero (Trabuco Hills)	2017			
11.01	*Kiwon Lee (Trabuco Hills)	2018			
11.01	Drake Nguyen (Woodbridge)	2019			
11.01	Jason Plumb (Corona del Mar)	2022			
11.01	Josiah Lamarque (Newport)	2024			
11.02	Paul Peters (SA Valley)	1987			
11.02	Tien Bui (Villa Park)	1988			
				Wind-aided:	
			10.29	Curtis Godin (Mater Dei)	2014
			10.33	Matt Bruno (Trabuco Hills)	2002
			10.35	***Devin Bragg (Los Alamitos)	2022
			10.35	Max Thomas (Servite)	2022
			10.39	Rider Cooper (Portola)	2024
			10.40	* Claude Melvin (Brea)	1999
			10.42	** Bryan Harrison (Dana Hills)	1995
				(State Third Place)	
			10.45	Austin Overn (Foothill)	2022
			10.46	Tim Martin (San Clemente)	1991
				(State Third Place)	

10.48	Justin Woods (Los Alamitos)	2005	10.82	Drew Endly (Laguna Hills)	2008
10.48	* Kyle Middlebrooks (Fountain Valley)	2009	10.82	Kendall Holmes (Los Alamitos)	2012
10.49	Dominic Gates (Tesoro)	2022	10.82	**Peter Costelli (Mission Viejo)	2019
10.51	Quinton Bell (Costa Mesa)	2014	10.82	Dylan Poteat (Villa Park)	2023
10.52	Gary Young (Woodbridge)	1994	10.82	Xzavior Guess (El Modena)	2023
10.54	*Blake Hennesay (Santa Margarita)	2017	10.82	Jackson McCusker (Trabuco Hills)	2024
10.55	Mike McNair (Mater Dei)	1998	10.83	Darrell Fuey (JSerra)	2012
10.55	Brian Woods (Los Alamitos)	2003	10.83	Patrick Michinock (Mater Dei)	2019
10.58	Charles Crook (Katella)	1997	10.83	Drake Nguyen (Woodbridge)	2019
10.58	*Nate Frazier (Mater Dei)	2023	10.84c	Tony Thompson (Huntington B)	10.6w 1984
10.59	Garland West (Cypress)	2005	10.84c	Shaun Massey (Marina)	10.6w 1985
10.60	Demarion Horton (Western)	2008	10.84	* Anton Jamir (Cypress)	2002
10.60	Julius Irvin (Servite)	2018	10.84	Luke McCarthy (Sonora)	2011
10.60	Chad Lemmons (Mater Dei)	2019	10.84	*Jaden Mwendapole (Corona del Mar)	2023
10.61	Josh Brown (El Modena)	2007	10.84	*Xzavior Guess (El Modena)	2024
10.61	Andy White (Mission Viejo)	2007	10.85	Dahrin Footman (Esperanza)	1995
10.61	Braden Pegan (San Juan Hills)	2022	10.85	Josh Gray (Irvine)	2016
10.62	*Jake Burns (Trabuco Hills)	2018	20.85	*Marceese Yetts (Mater Dei)	2021
10.63	* Rex Brown (Ocean View)	1981	10.86	*Victor Bates (Buena Park)	2016
10.63	Kevin Griswold (Garden Grove)	1996	10.87	Alexander Donigian (Trabuco Hills)	2011
10.63	*Alex Skalmowski (Servite)	2022	10.87	Toby Closure (Fullerton)	2011
10.64	Teddy Baker (Saddleback)	1985	10.87	*Cooper DeCillo (Trabuco Hills)	2022
10.64c	Chip Rich (Marina)	10.4w 1985	10.88	* Joseph Velazquez (El Modena)	2013
10.64	Jake Burns (Trabuco Hills)	2019	10.88	Van Rhodus (Orange Lutheran)	2024
10.65	Anton Jamir (Cypress)	2003	10.88	*Aidan Anstead (Yorba Linda)	2024
10.65	Scott Patton (Woodbridge)	2015	10.89	* Chad Dunn (Los Alamitos)	2003
10.66	* Chucky Linman (Edison)	2001	10.89	Austin Tinsley (Santa Margarita)	2014
10.66	* Chris Nichols (Servite)	2009	10.89	Jacob Garrett (Fountain Valley)	2017
10.66	Amir Webb (Tustin)	2009	10.90	Drake Alvarez-Cates (Edison)	2012
10.66	* Spencer Danner (San Juan Hills)	2013	10.90	*Weston Ellis (Pacifica)	2014
10.67	*Trent Langham (Pacifica)	2011	10.90	Caleb Harrell (Irvine)	2021
10.67	Blake Hennesay (Santa Margarita)	2018	10.90	Jason Plumb (Corona Del Mar)	2022
10.68	* Joey Branker (Mission Viejo)	2009	10.90	Jordan Holmes (Yorba Linda)	2022
10.70	Stephen Menzia (Mater Dei)	2016	10.91	Carlo Valdes (Mater Dei)	2008
10.70	Matthew Kaloustian (Orange Lutheran)	2023	10.91	Cassidy Welles (Mission Viejo)	2019
10.71	Alex Young (Woodbridge)	2016	10.92	JJ Cisneros (Los Alamitos)	1988
10.71	Jacob Gasser (Los Alamitos)	2016	10.92	Turill Engleman (Marina)	2002
10.72	Darryl Poston (Edison)	2001	10.92	**Ryan Maxwell (Santa Margarita)	2005
10.72	Shane Henry (Esperanza)	2006	10.92	LJ Kennedy (Rancho Alamitos)	2018
10.72	Mikail Lowery (Bolsa Grande)	2010	10.92	*Chuck McDonald (Mater Dei)	2024
10.73	Dane Endly (Laguna Hills)	2003	10.92	Jonas Pearson (Portola)	2024
10.73	Chris Nicholls (Servite)	2010	10.92	*Nico Mancini (Foothill)	2024
10.73	Michael Mitchell (Tesoro)	2016	10.93	George Petsas (Esperanza)	2013
10.74c	Ricky Ellis (Mater Dei)	10.5w 1991	10.93	Nolan Thompson (Huntington Beach)	2015
10.74c	Jason Boyce (Corona del Mar)	10.5w 1994	10.94c	Chris Sperle (Fountain Valley)	10.7w 1984
10.74c	Kai Lewis (San Clemente)	10.5 1999	10.94c	Mark Mahone (Marina)	10.7w 1992
10.74	Carlo Reyes (Los Alamitos)	2021	10.94c	* Nate Gilkes (Troy)	10.7w 2002
10.74	Jalen Jones (Santa Margarita)	2022	10.94	Michael Denton (Western)	2009
10.75	DeShaun Foster (Tustin)	1998	10.94	Nick Malone (Fountain Valley)	2016
10.75	** Ib Al-arnous (Canyon)	2008	10.94	*Cooper Malerstein (Marina)	2016
10.75	*Dominic Gates (Tesoro)	2021	10.94	Jose Rubio (Loa Alamitos)	2017
10.75	Shane Plourde (Orange Lutheran)	2024	10.94	Sebastian Mora (La Habra)	2019
10.76	* Denny Casupanan (Tustin)	2001	10.94	**Nolan Clement (Troy)	2020
10.76	Kamron Shahbahrani (Irvine)	2011	10.94	*Chris Allen (Tesoro)	2021
10.76	Brenden Schooler (Mission Viejo)	2016	10.94	Nathan Dowdell (Los Alamitos)	2021
10.76	Jack Shippy (San Clemente)	2018	10.95	Bryan Dawson (Cypress)	1991
10.76	Marcus Guzman (Tustin)	2024	10.95	*Michael Chambers (Northwood)	2017
10.76	Joaiah Lamarque (Newport)	2024	10.95	Tyler Rios (La Alamitos)	2014
10.77	Austin Simkins (Huntington Beach)	2012	10.95	Blake Morgan (Capo Valley)	2019
10.77	**Isaiah Diego Williams (JSerra)	2014	10.96	* Andrew Connell (Mission Viejo)	2008
10.77	Scott Deng (Mater Dei)	2022	10.96	Kevin Schaefer (Sage Hill)	2010
10.78	Jonathan Hill (Cypress)	2014	10.96	**Dylan Nicholson (Fullerton)	2016
10.78	Logan Obbards (Mission Viejo)	2014	10.96	*Matthew Avalos (Anaheim)	2017
10.79	* Jonathan Woods (El Toro)	2002	10.96	**Jackson Christie (Villa Park)	2021
10.78	Nolan Clement (Troy)	2022	10.97	Matthew Nichols (Mater Dei)	2010
10.79	Dan Gomez (Troy)	2006	10.97	*Corbin Anderson (Mater Dei)	2010
10.79	Michael Hamill (Beckman)	2014	10.97	Ricardo Molina (Los Alamitos)	2013
10.79	Jeremiah Harris (Orange Lutheran)	2015	10.97	**Jay Williams (Trabuco Hills)	2017
10.79	Joseph Ricci (Edison)	2023	10.97	*Nathan Tran (Portola)	2022
10.80	Matt Brooks (Santa Margarita)	1998	10.98	Sam Apraku (Savanna)	2006
10.80	Scott Langford (Santa Margarita)	2001	10.98	Cory Thomson (Santa Margarita)	2011
10.81	Bernard Hardeman (Santa Ana)	1993	10.98	* Vince Hernandez (Santa Margarita)	2013
10.81	* Adolph Keyes (Loa Alamitos)	1998	10.98	Dante Pettis (JSerra)	2014
10.81	*Zach Chandy (Sage Hill)	2005	10.98	*John Galloway (Aliso Niguel)	2015
10.81	*Logan Lyght (Mater Dei)	2022	10.98	Quincy Craig (Mater Dei)	2022
10.81	Nicholas Weaver (University)	2022	10.98	**Brian Eiseman (Santa Margarita)	2022

10.99	* Ed Presbury (Loara)	1991
10.99	* Jeff Williams (Century)	1993
10.99	*Blake Morgan (Capo Valley)	2018
10.99	Kiwon Lee (Trabuco Hills)	2019

200 meters

20.68	Max Thomas (Servite)	2022
20.82	Matt Bruno (Trabuco Hills) (State Champion)	2002
20.85	Curtis Godin (Mater Dei) (State Champion)	2014
21.01	Chip Rish (Marina)	1985
21.04	*Jalen Craver (Woodbridge)	2010
21.10	** Bryan Harrison (Dana Hills)	1995
21.19	Zach Chandy (Sage Hill)	2006
21.21	Kevin Griswold (Garden Grove)	1996
21.21	Rider Cooper (Portola)	2024
21.22	**Devin Bragg (Los Alamitos)	2023
21.25	Ameer Webb (Tustin)	2009
21.26	Mario Bassani (Irvine)	2001
21.28	Mike McNair (Mater Dei)	1997
21.28	Wes Williams (Esperanza)	2005
21.28	Justin Woods (Los Alamitos)	2005
21.29	Charles Crook (Katella)	1997
21.32+	Clancy Edwards (Santa Ana) (State Champion)	21.2y 1973
21.33	Elliot Dunning (SA Valley)	1984
21.34	Erik Mitchell (Los Alamitos)	1990
21.34	Quinton Bell (Costa Mesa)	2014
21.34	*Gabe Warner (Woodbridge)	2014
21.37	Tyler Harvey (Trabuco Hills)	2024
21.39	Rex Brown (Ocean View)	1982
21.39	Gary Young (Woodbridge)	1994
21.39	Matt Slater (Servite)	2003
21.39	Brian Woods (Los Alamitos)	2003
21.40	* Claude Melvin (Brea)	1999
21.40	Darryl Poston (Edison)	2001
21.40	Jake Burns (Trabuco Hills)	2018 & 2019
21.41	Dante Pettis (JSerra)	2014
21.42+	Ron Pharris (Anaheim)	21.3y 1967
21.42	Kevin Alexander (Valencia)	1992
21.44	* Spencer Danner (San Juan Hills)	2013
21.44	Kelley Stephens (J Serra)	2018
21.46	Teddy Baker (Saddleback)	1985
21.46	Dane Endly (Laguna Hills)	2003
21.46	*Jacob Prayer (San Clemente)	2024
21.48	Paul Peters (SA Valley)	1987
21.50	Tim Martin (San Clemente)	1991
21.52+	Jackie White (Santa Ana)	21.4y 1970
21.52	Dheer Patel (Northwood)	2024
21.54	* Kyle Middlebrooks (Fountain Valley)	2009
21.54	Devin Harrison (Dana Hills)	2011
21.56	* Joey Branker (Mission Viejo)	2009
21.57	Malik Felton (Servite)	2011
21.60	William Stovall (Woodbridge)	1997
21.60	Herbert Gamboa (San Clemente)	2012
21.61	Marcus North (Mission Viejo)	2006
21.61	Matt Hurst (Corona del Mar)	2014
21.62+	Devon Trahan (Saddleback)	21.5y 1971
21.62+	Jim Rohrig (SA Valley)	21.5y 1974
21.62+	Mike Kruthers (San Clemente)	21.75y 1977
21.62	Austin Hazel (Mater Dei)	2012
21.62	*Cooper DeCillo (Trabuco Hills)	2022
21.62	*Nate Frazier (Mater Dei)	2023
21.63	**Camren Hughes (Servite)	2024
21.64c	Jeff Gleed (Dana Hills)	21.4 1981
21.64	Damani Wilson (Orange Lutheran)	2010
21.64	Alex Skalmowski (Servite)	2023
21.67	* Terry Johnson (Katella)	1985
21.69	Matthew Kaloustian (Orange Lutheran)	2023
21.70	Dylan Poteat (Villa Park)	2023
21.72	* Mike Fritz (Anaheim)	1986
21.72+	Dave Johnson (Estancia)	21.6y 1970
21.72+	Greg Jones (Mission Viejo)	21.6y 1977
21.72	Roshawn Sims (Esperanza)	1991

21.73	Anthony Davis (SA Valley)	1992
21.73	Anton Jamir (Cypress)	2003
21.73	Drew Koesel (Aliso Niguel)	2019
21.73	Marcus Guzman (Tustin)	2024
21.75	Chad Lemmons (Mater Dei)	2019
21.76	Taylor Torres (Mater Dei)	2013
21.78	*Jeff Jacobs (Santa Margarita)	2002
21.79	* Garland West (Cypress)	2004
21.80	Michael Mitchell (Tesoro)	2016
21.81	Trevor Garrison (J Serra)	2023
21.80	Charlie Jarvis (Aliso Niguel)	2022
21.81	Keyon Riley (Servite)	2016
21.81	Jackson McCusker (Trabuco Hills)	2024
21.82+	Bruce Rollinson (Mater Dei)	21.7y 1967
21.82+	* Steve Elkins (Loara)	21.7y 1970
21.82+	Jack Struble (Kennedy)	21.7y 1972
21.82+	* Kirk Ayers (Western)	21.7y 1986
21.82	*Trent Langham (Pacifica)	2011
21.83	John Sanders (Fountain Valley)	1998
21.83	Tubotein Taylor (Canyon)	2009
21.84c	Donovan Stephens (Mission Viejo)	1986
21.84	Jeff Williams (Orange)	1994
21.84c	Kai Lewis (San Clemente)	21.6 1999
21.84c	Jeff Smith (Troy)	21.6 2001
21.84	Nick Provencio (San Clemente)	2008
21.84	Jonathan Hill (Cypress)	2014
21.84	*Blake Hennesay (Santa Margarita)	2017
21.86	Max Halvax (Dana Hills)	2018
21.87	** Marshall Johnson (SA Valley)	1997
21.87	Matthew Yu (Beckman)	2023
21.89	Bradley Gordon (Los Alamitos)	2011
21.89	Jerry Fitschen (Orange Lutheran)	2016
21.90	Mason Champieux (Laguna Hills)	2011
21.91	Brandon Clark (Santa Margarita)	2002
21.92+	* Phil Maas (Fountain Valley)	21.8y 1970
21.92+	* Joe Ventimiglia (Marina)	21.8y 1970
21.92+	Tony Krzyzosiak (Garden Grove)	21.8y 1971
21.92+	Mike Gibson (Lowell)	21.8y 1973
21.92+	Kerwin Bell (Edison)	21.8y 1980
21.92+	Mo Printup (Buena Park)	21.8y 1982
21.92	Korey Alexander (Valencia)	1992
21.92	* Chris Nicholls (Servite)	2009
21.92	Brenden Schooler (Mission Viejo)	2016
21.92	*Caine Savage (Western)	2019
21.93	Dominic Gates (Tesoro)	2022
21.93	Joseph Ricci (Edison)	2023
21.94c	* William Dancy (SA Valley)	21.7 1988
21.94	Greg Stewart (Costa Mesa)	2000
21.94c	Darryl Parker (Canyon)	21.7 2001
21.94	Jackson Weng (Orange Lutheran)	2023
21.94	*Quaid Carr (Servite)	2024
21.94	*Leo Francis (Santa Margarita)	2024
21.95	Sean White (Servite)	2008
21.95	Justin Hunter (Dana Hills)	2014
21.95	*Julius Irvin (Servite)	2017
21.96c	Clay Kussler (Los Alamitos)	22.08y 1984
21.96	Ahmad Wright (Kennedy)	1999
21.96	*Alex Young (Woodbridge)	2015
21.96	Jake Cuero (Trabuco Hills)	2017
21.96	*Michael Phillippy (Aliso Niguel)	2017
21.97	Matt Brooks (Santa Margarita)	1998
21.97	Drew Endly (Laguna Hills)	2008
21.98	Jerard Bryant (Canyon)	1989
21.99	Dan Gomez (Troy)	2006
21.99	Derek Barnes (Tesoro)	2012
21.99	Nick Van Vliet (Dana Hills)	2014
21.99	Jason Plumb (Corona del Mar)	2022
22.00	Gary Stenlund (Saddleback)	1980
22.00	**Josh Herrera (La Habra)	1998
22.00	* Chucky Linman (Edison)	2001
22.00	Mason Mitchell (Santa Margarita)	2016
22.01	Michael Phillippy (Aliso Niguel)	2018
22.01	Chase Berryman (Mission Viejo)	2019
22.02+	Jim Morgan (Mater Dei)	21.9y 1967
22.02+	Jim Beyers (Loara)	21.9y 1971
22.02+	Tom Teeple (Brea)	21.9y 1971

22.02+	Jack Struble (Kennedy)	21.9y	1971	22.15	Vince Nguyen (Fountain Valley)	2001
22.02+	Brian Theriot (Newport)	21.9y	1975	22.15	*Marcus Collins (Mission Viejo)	2012
22.02+	Marshal Johnson (SA Valley)	21.9y	1978	22.15	*Jack Shippy (San Clemente)	2017
22.02+	Aaron Lybarger (El Toro)	21.9y	1982	22.15	Van Rhodus (Orange Lutheran)	2024
22.02+	Aaron Thigpen (Saddleback)	21.9y	1982	22.15	*DJ Lee (Midssion Viejo)	2024
22.02	*Jonathan Berry-Smith (Oxford Acad)		2010	22.16+	Steve Ashworth (Orange Lutheran)	22.28y 1979
22.02	Scott Patton (Woodbridge)		2015	22.16	Blaise Bryant (Cypress)	1987
22.02	Jack De Bos (Edison)		2021	22.16	* Nate Gilkes (Troy)	2002
22.03	Drake Alvarez-Cates (Edison)		2012	22.16	Josh Gray (Irvine)	2016
22.03	*Kyle McCray (Orange Lutheran)		2018	22.17	Cassidy Welles (Mission Viejo)	2019
22.03	Nolan Clement (Troy)		2022	22.18	Kevin Thomas (Valencia)	1989
22.04	* Jarrett Murrell (Saddleback)		1991	22.18	Nicholas Sanford (El Modena)	2005
22.04c	* Mike Flores (Savanna)	21.8	1994	22.19	Jay Magruder (Katella)	1988
22.05	* Vince Rivera (Savanna)		1982	22.19	Kendall Wesley (Katella)	1990
22.05	Kyle Dravis (Orange Lutheran)		2009	22.19	* Kelvin Beatty (Kennedy)	2000
22.05	** Brandon Douglas (Los Alamitos)		2013	22.19	Dominique Williams (Savanna)	2008
22.05	Stephen Menzia (Mater Dei)		2015	22.19	Jacob Gasser (Los Alamitos)	2016
22.05	**Johnnie Blockberger (Los Alamitos)		2018	22.19	*Jason Escovar (Yorba Linda)	2023
22.05	Mavin Anderson (Mission Viejo)		2021	22.20	*Julius Williams (Tustin)	1997
22.06	Rasuli Webster (Brea)		1998	22.20	Kellen Foley (Dana Hills)	2008
22.06	David Traylor (Servite)		1999	22.20	* Chad Rozean (Trabuco Hills)	2009
22.07	Shad Vickers (Tustin)		1991	22.21+	Clyde Emery (SA Valley)	22.1y 1969
22.07	Austin Tinsley (Santa Margarita)		2014	22.21+	Joe Ventimiglia (Marina)	22.1y 1969
22.08	Brandon Douglas (Los Alamitos)		2015	22.21+	Mike Black (Anaheim)	22.1y 1970
22.08	Harry Baker (University)		2017	22.21+	Lewis Castle (Sunny Hills)	22.1y 1971
22.08	Jalen Jones (Santa Margarita)		2022	22.21+	M Ferguson (Savanna)	22.1y 1971
22.08	Denilson Mendoza (Estancia)		2024	22.21+	John Miles (Corona del Mar)	22.1y 1972
22.09	* Rich Brooks (Woodbridge)		1985	22.21+	David Wade (Anaheim)	22.1y 1972
22.09	Michael Serpa (Trabuco Hills)		2023	22.21+	Gilbert Brito (Western)	22.1y 1973
22.09	Dominic McComas (Trabuco Hills)		2024	22.21+	M Callander (Buena Park)	22.1y 1975
22.10	Bob Rust (Kennedy)		1980	22.21+	Perry Johnson (Kennedy)	22.1y 1977
22.10	Logan Obbards (Mission Viejo)		2014	22.21+	William Steen (SA Valley)	22.1y 1978
22.10	**Brody Leonard (Costa Mesa)		2024	22.21+	Chris Corum (Newport)	22.1y 1978
22.11+	Richard Yukihiro (Western)	22.0y	1967	22.21+	Rod Harmon (Santa Ana)	22.1y 1982
22.11+	Andrews (Tustin)	22.0y	1969	22.21+	Lance Martin (Corona del Mar)	22.1y 1983
22.11+	John Winstead (Santa Ana)	22.0y	1970	22.21+	Wayne Barrett (Santa Ana)	22.1y 1984
22.11+	Hein (Tustin)	22.0y	1970	22.21+	John Hollis (SA Valley)	22.1y 1986
22.11+	Robert Harrell (Santa Ana)	22.0y	1972	22.21+	Seals McCarthy (Brea)	22.34y 1987
22.11+	Rick Desmet (Costa Mesa)	22.0y	1972	22.21	* Tommy Adams (Capo Valley)	1987
22.11+	Mike Johnson (Magnolia)	22.0y	1978	22.21+	* Ed Presbury (Loara)	22.1y 1991
22.11+	Paul Harvey (Dana Hills)	22.0y	1984	22.21	* DeShawn Foster (Tustin)	1997
22.11+	Ellis Bradford (SA Valley)	22.0y	1986	22.21	Garrett Estrada (Mater Dei)	2015
22.11+	Devon Edwards (Valencia)	22.0y	1991	22.21	Richie Caragao (Santa Margarita)	2018
22.11	Julius Williams (Tustin)		1998	22.21	*Justin Caragao (Santa Maragita)	2019
22.11	**Isaiah Diego Williams (JSerra)		2014	22.21	Jonas Pearson (Portola)	2024
22.11	*Noah Styffe (Trabuco Hills)		2016	22.22	*Brent Geray (Corona del Mar)	2010
22.11	Derek Moore (Woodbridge)		2023	22.22	Josh Taylor (Mission Viejo)	2014
22.11	*Chuck McDonald (Mater Dei)		2024	22.22	Braden Pegan (San Juan Hills)	2022
22.12	Hector Flores (Villa Park)		1993	22.24c	Lance Martin (Corona del Mar)	22.0 1983
22.12	Mike Chavis (Mission Viejo)		1998	22.24c	Eric Shermerhorn (Woodbridge)	22.0 1984
22.12	Dajuan Pannell (Western)		2000	22.24	* Greg Portis (Katella)	1985
22.12	Will Taylor (Mission Viejo)		2006	22.24c	* Grant Pearsall (Villa Park)	22.0 1993
22.12	Adrian Hernandez (Mater Dei)		2015	22.24c	***Michael Graham (Mater Dei)	22.0 1993
22.12	***Robert Gardner (Servite)		2024	22.24c	Gary Charles (Magnolia)	22.0 1995
22.12	Aiden Anstead (Yorba Linda)		2024	22.24c	Tim Fitzgerald (Santa Margarita)	22.0 1996
22.13	Ray Bardone (Edison)		1997	22.24c	Young (Calvary Chapel)	22.0 1996
22.13	Cade Lindahl (Dana Hills)		2006	22.24c	Jesus Acevedo (Anaheim)	22.0 1997
22.13	** Victor Blackwell (Mater Dei)		2009	22.24c	Scott Thompson (Trabuco Hills)	22.0 1991
22.13	Richard Antablin (Tesoro)		2019	22.24c	* Chris Ringstrom (Corona del Mar)	22.0 2003
22.13	*Chris Allen (Tesoro)		2021	22.24	Aaron Harris (Western)	2009
22.14c	Mike Duncan (Loara)	21.9	1981	22.24	Joseph Velasquez (El Modena)	2014
22.14	Henning Peterson (Esperanza)		1981	22.24	*Ryan Kennedy (Mission Viejo)	2017
22.14c	John Garcia (Esperanza)	21.9	1984	22.24	*Colin Woodruff (Mater Dei)	2024
22.14	Ray Willis (Pacifica)		1988	22.25	Ben Cesar (Ocean View)	1990
22.14	Dave Reedus (Westminster)		1988	22.25	* Steve Douglas (Loara)	2000
22.14	Will York (El Toro)		1991	22.25	Chukwuekezie Nwachie (Loara)	2012
22.14c	**Jason Boyce (Corona del Mar)	21.9	1992	22.25	Sachin Shurpalakar (Beckman)	2022
22.14c	* Jesus Alvarado (Anaheim)	21.9	1996	22.25	**Hudson Haiduc (Servite)	2024
22.14c	Guillermo Esparza (Brea)	21.9	1997	22.26	Kamico Bandy (SA Valley)	1992
22.14c	Garrett Thompson (Santa Margarita)	21.9	1999	22.26	* Sam Morton (Garden Grove)	2004
22.14c	* Nick McIver (Sonora)	21.9	2000	22.26	* Jonathon Brady (Capo Valley)	2009
22.14	Sean Young (Irvine)		2011	22.26	Kamron Shahbahrami (Irvine)	2011
22.14	*Kaden Reynolds (Aliso Niguel)		2019	22.26	**Hunter Simmons (Tesoro)	2011
22.14	Jeff Hass (Edison)		2021	22.26	*Angel Ledezma (Canyon)	2019
22.15	Danny Thompson (Huntington Beach)		1984	22.26	Dylan Planeinga (Huntington Beach)	2019
22.15	** Jonathan Woods (El Toro)		2001	22.27	John Van Dam (Pacifica)	1982

22.27	* Duke Ly (Magnolia)	1986	22.38	***Brody Armenta (Villa Park)	2023
22.27	Richard Cradit (Cypress)	2000	22.39	Mike Sullivan (Sunny Hills)	1991
22.27	Grant Schwartz (Dana Hills)	2006	22.39	Jarryd Gonzalez (Pacifica)	1992
22.27	Ibrahim Al-arnous (Mission Viejo)	2010	22.39	Jimmy Thorson (Edison)	2000
22.28	*John Moos (Edison)	1997	22.39	Duane Nix (Tustin)	2001
22.28	**Brandon Ledezma (Mission Viejo)	2024	22.39	Justin Sylvia (Woodbridge)	2017
22.29	Ricardo Molina (Los Alamitos)	2013	22.39	Nico Mancini (Foothill)	2024
22.29	Kyle Hastings (Santa Margarita)	2019	22.40	Jeff Dooley (Trabuco Hills)	1987
22.30	Andy Sims (Dana Hills)	1984	22.40	Bill Whalen (El Dorado)	1987
22.30	Joe White (Capo Valley)	1989	22.40	Wray Watkins (Fountain Valley)	1997
22.30	Robert Peinado (Savanna)	1997	22.40	*Alex Alvarez (San Clemente)	2010
22.30	* Denny Casupanan (Tustin)	2001	22.40	**Julius Irvin (Servite)	2016
22.30	Kyle Crisp (Irvine)	2002	22.40	Troy Provenzano (Yorba Linda)	2022
22.30	Justin Christjaener (Edison)	2006	22.41	Eric Padgett (Katella)	1983
22.30	Richard Perez (Laguna Hills)	2012	22.41+	Rick Geddes (San Clemente)	22.3y 1969
22.30	*John Galloway (Aliso Niguel)	2015	22.41+	Tom Teeple (Brea)	22.3y 1970
22.30	*Dimitrios Peters (Santa Margarita)	2015	22.41+	David Wade (Anaheim)	22.3y 1971
22.31	Ray Waiters (Trabuco Hills)	1987	22.41+	Greg Kempton (El Dorado)	22.3y 1972
22.31+	Mike Morgan (Mater Dei)	22.2y 1967	22.41+	Len Swavely (El Modena)	22.3y 1972
22.31+	Szatkowski (Pacifica)	22.2y 1969	22.41+	Mark Rafter (Western)	22.3y 1972
22.31+	Dennis Lackey (Savanna)	22.2y 1969	22.41+	Dwayne Bunker (Santa Ana)	22.3y 1973
22.31+	Phil Maas (Fountain Valley)	22.2y 1971	22.41+	Jim Straw (Garden Grove)	22.3y 1974
22.31+	Carlo Tosti (Corona del Mar)	22.2y 1972	22.41+	Mike Rhue (SA Valley)	22.3y 1976
22.31+	Kirk Vandaveer (Savanna)	22.2y 1972	22.41+	Wayne Kasperek (Newport)	22.3y 1978
22.31+	Paul Desmet (Costa Mesa)	22.2y 1974	22.41+	Chris Saunders (Sonora)	22.3y 1978
22.31+	Warren Hansen (Garden Grove)	22.2y 1973	22.41+	Steve Southward (Fountain Valley)	22.3y 1981
22.31+	Howard Carson (Anaheim)	22.2y 1973	22.41+	Walter Steen (SA Valley)	22.3y 1982
22.31+	Randy Hawkins (Marina)	22.2y 1973	22.41+	* Keith Golden (Foothill)	22.3y 1985
22.31+	Dan Field (Valencia)	22.2y 1974	22.41+	Ron Rojas (Troy)	22.3y 1986
22.31+	Kevin Moerhing (Sunny Hills)	22.2y 1974	22.41+	Eric Adkins (El Modena)	22.3y 1987
22.31+	Doug Parrell (Pacifica)	22.2y 1974	22.41+	Mark Shores (SA Valley)	22.3y 1988
22.31+	Keith Denson (SA Valley)	22.2y 1975	22.41	Aaron Ford (Los Alamitos)	1995
22.31+	Steve Hines (Edison)	22.2y 1975	22.41	** Dan Bowling (Mission Viejo)	1997
22.31+	Rob Martin (Villa Park)	22.2y 1977	22.41	Sam Moore (El Toro)	1999
22.31+	Mike Dotterer (Mater Dei)	22.2y 1978	22.41	Nathan Farris (Brethren Christian)	1999
22.31+	Mark Shores (SA Valley)	22.2y 1987	22.41	Bryce Bushnell (Mission Viejo)	2021
22.31	* Shawn Tucker (Laguna Hills)	2008	22.41	*Declan Healey (Troy)	2023
21.31	** Tramaine Brown (Savanna)	2003	22.41	Alex Vasquez (Orange Lutheran)	2024
22.31	Christopher Cooper (Woodbridge)	2019	22.42	Coy Collins (Loara)	1990
22.31	Shane Plourde (Orange Lutheran)	2024	22.42	Steve Anstead (Dana Hills)	1997
22.32	Bill Thurmond (Saddleback)	1987	22.42	**Ryan Maxwell (Santa Margarita)	2005
22.32	Nathan Fatigate (Dana Hills)	2019	22.42	Tyler Nevala (Tesoro)	2021
22.32	*Mason York (Edison)	2023	22.43	* Austin Messick (Capo Valley)	2007
22.33	Ryan Crane (Dana Hills)	1992	22.43	Brando Oswald (Dana Hills)	2018
22.33	Phil Sardis (Santa Margarita)	2000	22.43	Hayden Cook (Capo Valley)	2021
22.33	Shane Henry (Esperanza)	2006	22.44c	David Diamond (Katella)	22.2 1981
22.33	George Petsas (Esperanza)	2013	22.44c	Mark McGouney (El Modena)	22.2 1983
22.33	Adhre Sparks (Los Alamitos)	2017	22.44c	Shaun Massey (Marina)	22.2 1985
22.33	Jade Fischbeck (San Juan Hills)	2019	22.44c	**Jeremy Buck (Dana Hills)	22.2 1990
22.34c	Chuck Steen (SA Valley)	22.1 1989	22.44c	Anthony Ramirez (Mission Viejo)	22.2 1991
22.34	*** Jimmy Hutsell (Cypress)	1992	22.44	** Gary Young (Westminster)	1992
22.34c	Ethan Taub (Foothill)	22.1 1994	22.44c	Cale Carter (Mater Dei)	22.2 1992
22.34c	Zach Berridge (Western)	22.1 1994	22.44c	Greg Muniz (Woodbridge)	22.2 1992
22.34c	josh Christensen (Western)	22.1 1994	22.44	Darius McMillan (Cypress)	1996
22.34c	Mike Flores (Savanna)	22.1 1995	22.44c	Scott White (Sonora)	22.2 1999
22.34c	Kojo Ahrin (Irvine)	22.1 1996	22.44	Vanden Staly (Canyon)	2002
22.34c	Terrence Williams (Orange)	22.1 1996	22.44	Bryan Payee (Trabuco Hills)	2004
22.34c	Kenny Greer (El Dorado)	22.1 2001	22.44	Tomas Olech (Trabuco Hills)	2011
22.34	Malcolm Overbaugh (Northwood)	2018	22.44	*Vince Hernandez (Santa Margarita)	2013
22.34	*Jonas Pearson (Portola)	2023	22.44	*Keyon Riley (Servite)	2015
22.35	William Kim (Villa Park)	1983	22.44	Weston Ellis (Pacifica)	2015
22.35	Ulysses Trammel (Rancho Alamitos)	1991	22.44	Nicholas Delgado (Laguna Hills)	2017
22.35	Stephen Ferguson (Dana Hills)	2008	22.44	Mathew Der Torossian (Laguan Hills)	2019
22.35	Eddie Wallace (San Clemente)	2010	22.44	Desmin Jackson (Orange Lutheran)	2022
22.36	Bob Nita (Katella)	1999	22.44	Blake Armstrong (El Modena)	2023
22.36	Andrew Tucker (Mission Viejo)	2004	22.44	Damon Frierson-Cotter (Orange Lutheran)	2023
22.36	*Kyle Dravis (Orange Lutheran)	2008	22.44	Jason Escovar (Yorba Linda)	
22.36	* Jeremy Maxwell (Edison)	2013			
22.36	**Jacob Williams (Brea)	2018			
22.36	Drew Tom (Beckman)	2023			
22.37	Micah Dennison (Dana Hills)	1994			
22.37	* Mike Chavis (Mission Viejo)	1997			
22.37	Justin Aguayo (Mission Viejo)	2009			
22.37	Miles Robertson (La Habra)	2014			
22.37	Lance Dravis (Orange Lutheran)	2017			
22.37	Adam Salen (San Juan Hills)	2021			
			Wind aided:		
			20.82	** Bryan Harrison (Dana Hills)	1995
				(State Champion)	
			20.92 +	Clancy Edwards (Santa Ana)	20.8y 1973
			21.01	Justin Woods (Los Alamitos)	2005
			21.04	*Devin Bragg (Los Alamitos)	2024
			21.09	Elliot Dunning (SA Valley)	1984
			21.13	Wes Williams (Esperanza)	2005

21.17	Mike McNair (Mater Dei)	1998	20.8	Bill Swisshelm (Santa Ana)	1954		
21.17	Gabe Warner (Woodbridge)	2015	20.8	Devon Trahan (Saddleback)	1971		
21.23	* Claude Melvin (Brea)	1999	20.8	* Eddie Preston (Santa Ana)	1963		
21.25	Tim Martin (San Clemente)	1991	20.9	Derald Logue (La Habra)	1962		
21.26	* Terry Johnson (Katella)	1985	20.9	Randy Julian (Bolsa Grande)	1966		
21.24	Ameer Webb (Tustin)	2009	20.9	Dick Coulter (SA Valley)	1967		
21.31	Dheer Patel (Northwood)	2024	21.0	Pat Moore (La Habra)	1959		
21.40	*Caine Savage (Western)	2019	21.0	Bob Maimbourg (Garden Grove)	1960		
21.41	Rider Cooper (Portola)	2024	21.0	Stan Edmonds (Kennedy)	1966		
21.42	Tubotein Taylor (Canyon)	2009	21.1	Dave Samarin (La Habra)	1965		
21.51+	Jim Rohrig (SA Valley)	21.4y	1973	21.2	Ron Pharris (Anaheim)	1967	
21.51	Chad Lemmons (Mater Dei)	2019	21.3	Ron Van de Putte (Valencia)	1959		
21.53	* Anton Hector (Esperanza)	1994	21.3	Stan Pash (Western)	1963		
21.54	* Joey Branker (Mission Viejo)	2009	21.3	Fred Kuller (Santiago)	1964		
21.54	*Cassius Savage (Western)	2019		(State Runner up)			
21.55	*Charlie Jarvis (Aliso Niguel)	2021	21.3	Dave Cooke (Brea)	1966		
21.59	*Cooper DeCillo (Trabuco Hills)	2022	21.3	Clyde Emery (SA Valley)	1968		
21.60	Alex Young (Woodbridge)	2016	21.3	Jackie White (Santa Ana)	1969		
21.62+	Jim Beyers (Loara)	21.5y	1971	(State Champion)			
21.63	** Victor Blackwell (Mater Dei)	2009	21.4	Lanny Carter (Orange)	1953		
21.64	Drew Koesel (Aliso Niguel)	2019	21.4	Earl Woodson (Western)	1960		
21.66	Roshawn Sims (Esperanza)	1991	21.4	Randy Scott (Western)	1960		
21.67	Matt Brooks (Santa Margarita)	1998	21.4	Aldrich Vanderlinden (Garden Grove)	1963		
21.68	Julius Irvin (Servite)	2017	21.4	Jim Lawrence (Buena Park)	1964		
21.69	Keyon Riley (Servite)	2016	21.4	Paul Hackett (La Habra)	1967		
21.71	Taylor Torres (Mater Dei)	2013	21.5	Claude LaBarre (Santiago)	1963		
21.72	Nick Van Vliet (Dana Hills)	2014	21.5	Dave Allen (Buena Park)	1963		
21.72	Brandon Douglas (Los Alamitos)	2015	21.5	John Winstead (Santa Ana)	1970		
21.74c	* Geoff Smith (Troy)	21.5	2000				
21.77	Cade Lindahl (Dana Hills)	2006		Wind-aided:			
21.81	Grant Schwartz (Dana Hills)	2006	20.6w	Eddie Morris (Huntington Beach)	1940		
21.81	Ameer Webb (Tustin)	2008	20.6w	Derald Logue (La Habra)	1962		
21.82	Eddie Wallace (San Clemente)	2010	20.6w	Randy Julian (Bolsa Grande)	1966		
21.83	Dan Gomez (Troy)	2006	20.6w	Jackie White (Santa Ana)	1970		
21.83	Dominic Gates (Tesoro)	2022	20.7w	* Steve Elkins (Loara)	1970		
21.87	Jalen Carter (Woodbridge)	2011	20.8w	* Eddie Preston (Santa Ana)	1963		
21.88	**Lance Dravis (Orange Lutheran)	2015	20.8w	Rich Coulter (SA Valley)	1967		
21.88	*Ryan Kennedy (Mission Viejo)	2017					
21.89	*Chris Nicholls (Servite)	2009		400 meters			
21.89	*Jonathan Berry-Smith (Oxford Acad)	2010	45.84c	Chip Rish (Marina)	45.7	1985	
21.91	Drake Alvarez-Cates (Edison)	2012		(’84 & ’85 State Champion)			
21.92	Kyle Dravis (Orange Lutheran)	2009	46.57+	Tony Krzyzosiak (Garden Grove)	46.7y	1971	
21.93	Austin Simpkins (Huntington Beach)	2012		(State Champion)			
21.94	*Austin Hazel (Mater Dei)	2011	46.92	*Jalen Craver (Woodbridge)		2010	
21.95	Sam Phillippi (JSerra)	2015	47.01	Mario Bassani (Irvine)		2001	
21.95	Stephen Menzia (Mater Dei)	2016	47.04c	Brian Theriot (Newport)	46.9	1975	
21.96	Logan Obbards (Mission Viejo)	2014	47.07+	* Robert Harrell (Santa Ana)	47.2y	1971	
21.96	*Chase Berryman (Mission Viejo)	2018		(State Champion)			
21.97	Trevor Jones (Newport)	2000	47.09	Eric Schermerhorn (Woodbridge)		1984	
21.98	Chas Harmon (JSerra)	2012	47.27+	* Randy Julian (Bolsa Grande)	47.4y	1965	
22.00	Myron Bownes (Woodbridge)	1998		(State Champion)			
22.01	Cassidy Welles (Mission Viejo)	2019	47.29	* Zach Chandy (Sage Hill)		2005	
22.04	Chuckie Linman (Edison)	2002	47.30	Gabe Warner (Woodbridge)		2015	
22.04	Thomas Testini (Corona del Mar)	2012	47.34	Paul Peters (SA Valley)		1987	
22.04	Dylan Plantinga (Huntington Beach)	2019	47.37	Rider Cooper (Portola)		2024	
22.04	Jeff Hass (Edison)	2021	47.59	Jeff Roach (Laguna Hills)		1984	
22.04	*Chris Allen (Tesoro)	2021	47.73	Roshawn Sims (Esperanza)		1991	
22.06	*Jake Cuero (Trabuco Hills)	2017	47.73	Tubotein Taylor (Canyon)		2009	
22.06	Aiden Anstead (Yorba Linda)	2024	47.77	Trevor Jones (Newport)		2000	
22.08	* Alex Suschesk (Mission Viejo)	2013	47.79	Matt Hurst (Corona del Mar)		2014	
22.08	Noah Styffe (Trabuco Hills)	2017	47.80	Cade Lindahl (Dana Hills)		2006	
22.08	*Michael Phillippy (Aliso Niguel)	2017	47.87+	Dave Buck (Brea)	48.0y	1963	
22.09	*Xzavior Guess (El Modena)	2024	47.87	* Chad Rozean (Trabuco Hills)		2009	
22.10	Alex Hardlund (Cypress)	2012	47.89	* Wes Willaims (Esperanza)		2004	
22.13	Arron Harris (Western)	2008	47.92	Jonathan Berry-Smith (Oxford Academy)		2011	
22.13	*Marcus Collins (Mission Viejo)	2012	47.94	Devin Harrison (Dana Hills)		2011	
22.13	*Jason Escovar (Yorba Linda)	2023	47.97	*Jeff Jacobs (Santa Margarita)		2002	
22.13	James Nisson (Foothill)	2023	47.98	Dheer Patel (Northwood)		2024	
22.14	* Henning Peterson (Esperanza)	1981	48.03	*Mason Mitchell (Santa Margarita)		2016	
22.14 c	Kamico Bandy (S A Valley)	21.9	1992	48.05+	Greg Jones (Mission Viejo)	48.34y	1977
				48.06+	Tony Sanford (La Habra)	48.1y	1965
				48.06+	Tom Lloy (Edison)	48.1 y	1975
				48.09	Kevin Griswold (Garden Grove)		1996
				48.11	Jake Cuero (Trabuco Hills)		2017
				48.12	* Ethan Traub (Foothill)		1993
				48.12	Max Thomas (Servite)		2022
		</					

48.15	Micahel Phillippy (Aliso Niguel)		2018	48.89	Joe White (Capo Valley)		1989
48.16+	Gary Walker (Tustin)	48.2y	1960	48.92	Jonathon Brady (Capo Valley)		2010
48.19+	Marshall Johnson (SA Valley)	48.48y	1978	48.94c	* Eric Chesley (Mission Viejo)	48.8	1985
48.21	Drew Koesel (Aliso Niguel)		2019	48.94c	Shelton Davis (Villa Park)	48.8	1998
48.25	Andrew Carty (Los Alamitos)		2015	48.96+	Grif Rimes (Newport)	49.1y	1972
48.26+	Neil Caterson (Bolsa Grande)	48.4y	1966	48.96+	Jim Harris (Westminster)	49.1y	1980
48.26+	Paul Williams (Huntington Beach)	48.4y	1968	48.96	* Brian Goodell (Mission Viejo)		2004
48.26	Mike Fritz (Anaheim)		1986	48.98	Chase Walter (Dana Hills)		2020
48.26	**Ryan Rivtuso (Edison)		2019	49.00	Jake Burns (Trabuco Hills)		2019
48.27	Paul Resong (Servite)		2015	49.01	Abrae Booker-Ciurrin (Mission Viejo)		2015
48.30	* Jimmy Hutsell (Cypress)		1993	49.01	Camden Patterson (El Toro)		2021
48.31	John. Hollis (SA Valley)		1986	49.02	* Henning Peterson (Esperanza)		1981
48.33	Anthony Davis (SA Valley)		1992	49.04	Alex Hardlund (Cypress)		2012
48.36+	Dave Samarin (La Habra)	48.5y	1965	49.04	Jackson McCusker (Trabuco Hills)		2024
48.36+	Mike Owens (Valencia)	48.5y	1966	49.05	Garrett Thompson (Santa Margarita)		1999
48.36	Brandon Clark (Santa Margarita)		2002	49.06+	Dan Hoefler (Fullerton)	49.2y	1949
48.40	Chris Sperle (Fountain Valley)		1984	49.06+	Bart Walker (Tustin)	49.2y	1964
48.41	Vince Rivers (Savanna)		1983	49.06+	Bill Van Note (Corona del Mar)	49.2y	1966
48.41	Bill Thurmond (Saddleback)		1987	49.06+	Chuck Denmark (Santa Ana)	49.2y	1973
48.42	Ryan Crane (Dana Hills)		1992	49.06+	Tom Ahlstrom (Los Alamitos)	49.2y	1975
48.45	David Boyd (Esperanza)		1983	49.06+	Chris Corum (Newport)	49.2y	1978
48.45	Sean Young (Irvine)		2011	49.06+	Jon Michael (El Dorado)	49.2y	1980
48.47	Keyon Riley (Servite)		2016	49.06+	Greg Heet (Lowell)	49.2y	1964
48.49	Trevor Garrison (J Serra)		2023	49.06+	Mike Terry (El Modena)	49.2y	1991
48.53	Micah Dennison (Dana Hills)		1994	49.07	*Mason York (Edison)		2023
48.53	Max Halvax (Dana Hills)		2018	49.09	Chris Sperle (Fountain Valley)		1984
48.56+	Paul Hackett (La Habra)	48.7y	1967	49.13	Jeff Dooley (Trabuco Hills)		1987
48.56+	Tom Grasha (Savanna)	48.7y	1971	49.13	* Gus Berga (Santa Margarita)		2008
48.57	Aaron Taub (Foothill)		1992	49.15	Tom Rodriguez (Mission Viejo)		2002
48.57	Don Oliver (Foothill)		1994	49.15	David Christensen (El Dorado)		2014
48.58	Geno Howard (Los Amigos)		1986	49.16+	Bob Bonebrake (Orange)	49.3y	1934
48.58	Trevor Williams (Aliso Niguel)		2019	49.16+	Matt Nisson (Tustin)	49.3y	1941
48.59	* Jess Strutzel (Huntington Beach)		1995	49.16+	George Bragg (Anaheim)	49.3y	1958
48.59	Garrett Baxter (Canyon)		2009	49.16+	George Bragg (Anaheim)	49.3y	1958
48.60	Nick John Haiduc (Servite)		1987	49.16+	Randy Smyth (Costa Mesa)	49.3y	1964
48.63	Nick Van Vliet (Dana Hills)		2014	49.16+	Phil Morton (Lowell)	49.3y	1970
48.63	Curtis Godin (Mater Dei)		2014	49.16	*Victor Blackwell (Mater Dei)		2010
48.64	Greg Muniz (Woodbridge)		1992	49.18	Mark Guest (Ocean View)		1982
48.65	Kendall Wesley (Katella)		1990	49.20	** Brian Woods (Los Alamitos)		2002
48.66+	Lanny Carter (Orange)	48.8y	1952	49.20	Derek Holtz (El Modena)		2012
48.66+	<i>(State Champion)</i>			49.21	Matt Willis (Servite)		2002
48.66+	Gil Rangel (Santa Ana)	48.8y	1963	49.21	Kyle Crisp (Irvine)		2002
48.66+	*John Galbraith (Magnolia)	48.8y	1970	49.22	Ray Walters (Trabuco Hills)		1987
48.66+	Jan Skaarud (Buena Park)	48.8y	1972	49.22	Kevin Ahlstrom (Los Alamitos)		2004
48.66+	Matt Hogsett (Newport)	48.8y	1972	49.23	Chase Frazier Mission Viejo)		2004
48.66	Justin Woods (Los Alamitos)		2005	49.25	Jonnie McIntyre (Western)		2005
48.68	Andy Sims (Dana Hills)		1984	49.26+	Eddie Morris (Huntington Beach)	49.4y	1940
48.69	Richard Faircloth (Magnolia)		2006	49.26+	Greg Tagliaferri (Santiago)	49.4y	1964
48.69	* Richard Garcia (Loara)		2009	49.26+	Jim Keathley (Westminster)	49.4y	1972
48.70	**Camren Hughes (Servite)		2024	49.26+	Steve Dyer (Westminster)	49.4y	1972
48.74	Terrence Williams (Orange)		1996	49.26+	Clancy Edwards (Santa Ana)	49.4y	1972
48.74c	Bryan Payne (Trabuco Hills)	48.6	2004	49.26+	Jim Dykes (University)	49.4y	1973
48.74c	** Devin Harrison (Dana Hills)	48.6	2009	49.26+	*Jim Walters (Estancia)	49.4y	1976
48.75	Joey Branker (Mission Viejo)		2010	49.26+	George Carlross (Saddleback)	49.4y	1976
48.75	*Dylan Atencio (Yorba Linda)		2014	49.27	Max Redfield (Mission Viejo)		2013
48.75	Jay Williams (Trabuco Hills)		2019	49.28	Walter Williams (Foothill)		1984
48.76+	Mark Joiner (Laguna Hills)	49.04y	1980	49.28	Thierry Brusselle (Newport)		1987
48.76+	Curtis Mack (Western)	48.9y	1961	49.28	Zack Neenah (Orange Lutheran)		2013
48.76+	Jim Morgan (Mater Dei)	48.9y	1967	49.28	Hayden Cook (Capo Valley)		2021
48.76+	**Eric Olson (Estancia)	48.9y	1970	49.29	Alex Vasquez (Orange Lutheran)		2024
48.76+	Vince Mulroy (Newport)	48.9y	1975	49.30	Bobby Haghani (Laguna Hills)		2005
48.77	Nick Provencio (San Clemente)		2008	49.30	Eric Vetter (Esperanza)		2010
48.79	John Dingus (Tesoro)		2008	49.31	Josh Christensen (Western)		1994
48.81	Christopher Cooper (Woodbridge)		2019	49.31	Robert Peinado (Savanna)		1997
48.83	Vince McGuinness (Corona del Mar)		1983	49.31	Alexander Whiston (University)		2008
48.84	Jaylen Lynch (Orange Lutheran)		2022	49.31	*Derek Brajevich (Santa Margarita)		2017
48.86+	* Dave Cooke (Brea)	49.0y	1965	49.32	Julian Lujan (Servite)		2012
48.86+	Steve Christiano (Fountain Valley)	49.0y	1970	49.33	Justin Christjaener (Edison)		2006
48.86+	Bob Bradford (University)	49.0y	1973	49.33	Joshua Smith (Huntington Beach)		2008
48.86+	Corner Sill (Troy)	49.0y	1979	49.34c	Rod Emery (Fountain Valley)	49.2	1982
48.86	Chris Little (Cypress)		1988	49.34c	Noel Trout (Irvine)	49.2	1985
48.86	Terrance Brown (Orange Lutheran)		2009	49.34c	Paul Harvey (Dana Hills)	49.2	1985
48.87	*Caine Savage (Western)		2019	49.34	Mitchell Ramirez (Buena Park)		2009
48.88	Devon Edwards (Valencia)		1991	49.34	Trevor Oblouk (El Toro)		2014
48.88	Trent Perez (Servite)		2008	49.35	Scott Thompson (Trabuco Hills)		1999

49.35	*Alex Moreno (?)		2005	49.61	Mark Shores (SA Valley)		1988
49.36+	Erwin Miller (Fullerton)	49.5y	1935	49.61	Corey Hammond (Mater Dei)		2012
49.36+	Larry Kirchman(Anaheim)	49.5y	1952	49.62	Keith Pontiflet (Esperanza)		1985
	<i>(State Third Place)</i>			49.62	Alex Alvarez (San Clemente)		2011
49.36+	Bruce Bess (La Habra)	49.5y	1962	49.63	Kyle Dravis (Orange Lutheran)		2009
49.36+	Tom Julian (Bolsa Grande)	49.5y	1966	49.63	*Cooper De Cillo (Trabuco Hills)		2022
49.36+	* Kevin Cochran (Orange)	49.5y	1964	49.64c	*Nick John Haiduc (Servite)	49.5	1986
49.36+	Tom Kovacich (Buena Park)	49.5y	1972	49.64	Tad Heath (Foothill)		1993
49.36+	Barry Hyde (Villa Park)	49.5y	1974	49.64c	Matt Blasdel (Santa Margarita)	49.5	1996
49.36+	Jack Hagan (Corona del Mar)	49.5y	1975	49.64	* Chris Ringstrom (Corona del Mar)		2003
49.36+	Marty Johnson (SA Valley)	49.5y	1976	49.64	*Nick Felix (Woodbridge)		2019
49.36+	* Scott Turner (Buena Park)	49.5y	1976	49.64	Sachin Shurpalekar (Beckman)		2022
49.36+	* Don Stodola (Esperanza)	49.5y	1976				
49.36	** Anton Hector (Esperanza)		1993				
49.36	Dylan Plantinga (Huntington Beach)		2019				
49.38	Pete Morello (Laguna Hills)		1997				
49.38	*Justin Parga (Cypress)		2005				
49.38	Chas Harmon (JSerra)		2012				
49.38	*Jacob Cuero (Trabuco Hills)		2016				
49.38	Tyler Nevala (Tesoro)		2021				
49.40	* Steve Hilferty Mater Dei)		1998				
49.40	Jared Hayman (Trabuco Hills)		1999				
49.40	*Nathan Fatigate (Dana Hills)		2018				
49.40	Justin Caragao (Santa Margarita)		2020				
49.42	Jimmy Martin (Santa Margarita)		2009				
49.42	John Swigert (Corona del Mar)		2012				
49.43	David Terry (Tustin)		2012				
49.43	*Dheer Patel (Northwood)		2023				
49.44	Eric Van Aken (Ocean View)		2001				
49.44	Carson Kaminski (Trabuco Hills)		2012				
49.45	Troy Stanley (Tustin)		2006				
49.45	** Sean Krink (Valencia)		2008				
49.46+	John Robinson (Santa Ana)	49.6y	1969				
49.46+	Jim Keathley (Westminster)	49.6y	1972				
49.46+	Bryant Humann (Newport)	49.6y	1976				
49.46+	Dave Russell (Canyon)	49.6y	1978				
49.46+	John Hall (Tustin)	49.6y	1979				
49.46	Nathan Lancaster (Laguna Beach)		2014				
49.49	Micah Ray (San Juan Hills)		2017				
49.47	Curtis Lehman (Sonora)		2000				
49.47	Bryce Bushnell (Mission Viejo)		2021				
49.49	Ivan Chang (Canyon)		2023				
49.50	Michael Andraszczyk (Aliso Niguel)		2008				
49.50	*Dimitrius Peters (Santa Margarita)		2015				
49.50	Daniel Bell (Villa Park)		2015				
49.52	Jerard Byant (Canyon)		1989				
49.52	Dan Baltierra (Mission Viejo)		2005				
49.53	Connor Dunne (San Clemente)		2016				
49.53	Rob Smith (El Modena)		1982				
49.53	Brad Slinkard (Santa Margarita)		2001				
49.54c	Todd Homer (University)	49.4	1982				
49.54c	Phil Porter (Rancho Alamitos)	49.4	1985				
49.54	John Boos (Edison)		1998				
49.54	Malcolm Overbaugh (Northwood)		2018				
49.55	Danny Dwelley (El Toro)		1998				
49.55	Justin Lind (Orange Lutheran)		2018				
49.56+	Mike Bradshaw (Loara)	49.7y	1968				
49.56+	Lewis Castle (Sunny Hills)	49.7y	1971				
49.56+	Harry Dolan (Buena Park)	49.7y	1972				
49.56+	Frank Venclik (Newport)	49.7y	1978				
49.56	** Kirk Ayers (Western)		1985				
49.56	Scott Tiveron (Woodbridge)		1989				
49.56	Sam Morton (Garden Grove)		2005				
49.56	Wes Feighner (Los Alamitos)		2008				
49.56	Nick Lee (Mission Viejo)		2012				
49.57	Chris Sweeney (Capo Valley)		2008				
49.57	Sam VanDorpe (Mater Dei)		2018				
49.57	*Aidan Houston (Cypress)		2023				
49							

1:52.92	John Carrow (Esperanza)	1988	1:54.71	Hayden Beauchemin (San Clemente)	2022
1:52.95	Mike Terry (El Modena)	1991	1:54.75	Brett Ephraim (San Clemente)	2024
	(State Champion)		1:54.76	Parker Hostrand (Corona del Mar)	2015
1:52.99	Dave Anderson (Corona del Mar)	1984	1:54.8 +	Steve Moraga (Santa Ana)	1:55.4y 1975
1:53.02	Jeff Williams (Foothill)	1982	1:54.80	Noel Trout (Irvine)	1985
1:53.0	** Kevin Green (Villa Park)	1982	1:54.8	Ethan Taub (Foothill)	1994
1:53.1 +	Craig Lewis (Tustin)	1:53.7y 1966	1:54.85	Sam Delgado (Orange Lutheran)	2008
1:53.12	Brian O'Bannon (Ocean View)	1995	1:54.86	* Chris Kemp (Mission Viejo)	1998
1:53.13	John Cronin (Mission Viejo)	1985	1:54.89	Derrick Fleming (Woodbridge)	2010
1:53.19	Michael Andraszcyk (Aliso Niguel)	2008	1:54.9 +	Milford Dahl (Santa Ana)	1:55.5y 1958
1:53.2+	***Bruce Bess (La Habra)	1:53.5y 1960	1:54.9 +	Poss (Westminster)	1:55.5y 1973
1:53.20	Tony Guadagnini (Marina)	2005	1:54.9	Scott Smith (Dana Hills)	2005
1:53.20	Jesus Molina (Dana Hills)	2010	1:54.91	*Diego Mejia (Godinez)	2023
1:53.26	* Kris Monte (Capo Valley)	2000	1:54.92	Mark Gleason (Mission Viejo)	1998
1:53.27	Arien Anderson (Mission Viejo)	1985	1:54.97	*Karl Wenberg (Marina)	2010
1:53.34	Toby Villalva (El Toro)	2009	1:55.0 +	Steve Christiano (Fountain Valley)	1:55.6y 1970
1:53.4 +	John Griffin (Lowell)	1:54.0y 1967	1:55.0	James Cameron (Mission Viejo)	2009
1:53.42	*Joe Gatel (Edison)	2004	1:55.1 +	Terry Fink (El Modena)	1:55.7y 1974
1:53.46	Cole Guerin (Dana Hills)	2010	1:55.1 +	Ralph Serna (Loara)	1:55.7y 1975
1:53.48	Dan Niednagel (Dana Hills)	1991	1:55.1 +	Matt Bell (Foothill)	1:55.7y 1975
1:53.52	Louie Gallardo (Mater Dei)	2008	1:55.1 +	* Anthony Wells (SA Valley)	1:55.7y 1980
1:53.54	Tad Heath (Foothill)	1993	1:55.05	* Antonio Lozano (Katella)	1999
1:53.57	Brendon Confer (Servite)	2009	1:55.08	Joe Alexander (Huntington Beach)	1984
1:53.6 +	Mike Bruggeman (Corona del Mar)	1:54.2y 1979	1:55.10	Kevin Knapp (Esperanza)	1985
1:53.6 +	Phil Vasquez (University)	1:54.2y 1970	1:55.10	John Peschelt (Newport)	2001
1:53.62	Diego Mejia (Godinez)	2024	1:55.17	Josh Dowdy (Dana Hills)	2018
1:53.67	Daniel White (Tesoro)	2019	1:55.18	Riley Sullivan (Trabuco Hills)	2008
1:53.7 +	Dave Hustwick (Laguna Beach)	1:54.3y 1970	1:55.2 +	Bob Ironroad (Sonora)	1:55.8y 1972
1:53.7 +	Steve Dyer (Westminster)	1:54.3y 1972	1:55.2 +	Matt Hogsett (Newport)	1:55.8y 1972
1:53.8 +	Bill Reimer (Edison)	1:54.4y 1980	1:55.2 +	Mike Serna (Loara)	1:55.8y 1980
1:53.89	Ryan Martin (Santa Margarita)	2007	1:55.20	Luke Dias (Fountain Valley)	2023
1:53.9 +	Ken Hower (Mission Viejo)	1:54.5y 1973	1:55.22	Mike Lynch (Foothill)	1993
1:53.9 +	Mike Delacey (Orange)	1:54.5y 1973	1:55.22	* Billy Vetter (El Modena)	2008
1:53.9 +	Larry Sparks (Sonora)	1:54.5y 1979	1:55.25	Rusty Parker (Dana Hills)	2008
1:54.03	*Cooper Kossick (Edison)	2014	1:55.26	Zach Chandy (Sage Hill)	2006
1:54.03	Jake Ogden (Dana Hills)	2016	1:55.27	Jason Graney (Fountain Valley)	2001
1:54.04	Ethan Florez (Canyon)	2022	1:55.28	Kyle Morton (Westminster)	1983
1:54.07	Dylan Manning (Tesoro)	2021	1:55.3 +	Jim Greenman (Westminster)	1:55.9y 1965
1:54.08	*Dylan Jubak (Trabuco Hills)	2024	1:55.30	Jim Bowles (Costa Mesa)	1985
1:54.09	*Anthony Grover (J Serra)	2019	1:55.30	Kyle Iverson (Corona de Mar)	2012
1:54.1 +	Dexter Stanley (Foothill)	1:54.7y 1979	1:55.32	Brenden Stone (Northwood)	2014
1:54.10	Cody Nguyen (Brea)	2012	1:55.33	Scott Snyder (El Modena)	1985
1:54.18	David Boyd (Esperanza)	1983	1:55.33	Wade Hauptmeier (Esperanza)	1986
1:54.18	*Evan Noonan (Dana Hills)	2024	1:55.36	Wes Luke (Trabuco Hills)	2000
1:54.2 +	Mark Schilling (Garden Grove)	1:54.8y 1972	1:55.36	Humberto Rojas (Estancia)	2003
1:54.2 +	Tim Sall (Villa Park)	1:54.8y 1974	1:55.4 +	Brian Hunsaker (Corona del Mar)	1:56.0y 1975
1:54.23	*Justin Larson (Northwood)	2019	1:55.4 +	Tom Fogerty (Capo Valley)	1:56.0y 1979
1:54.24	*Mateo Allen-Aguirre (Portola)	2024	1:55.4 +	F Rossi (Canyon)	1:56.0y 1982
1:54.30	Craig Olson (El Dorado)	1987	1:55.40	Andy Coleman (Corona del Mar)	1985
1:54.32	Omar Adel (Woodbridge)	2018	1:55.41	**Jackson Brownell (San Clemente)	2023
1:54.33	Tyler Valdes (Dana Hills)	2009	1:55.4	Chris Clark (El Modena)	1994
1:54.33	*John Wacker (Mater Dei)	2018	1:55.45	Pedro Mendez (Katella)	2012
1:54.34	Juan Gonzalez (El Toro)	2013	1:55.46	Daniel Kor (Pacifica)	2003
1:54.4 +	Preston Campbell (Marina)	1:55.0y 1973	1:55.46	Caden Denker (Dana Hills)	2018
1:54.4 +	Jon Albrecht (La Habra)	1:55.0y 1975	1:55.46	*Spencer Allen (El Toro)	2011
1:54.4	*Dan Niednagel (Dana Hills)	1990	1:55.48	Mike Villasin (Servite)	2008
1:54.40	Connor Kaddatz (Dana Hills)	2011	1:55.5 +	Bill Armstrong (El Dorado)	1:56.1y 1974
1:54.42	* Ryan Valdes (Dana Hills)	2008	1:55.5 +	Carlos Carrillo (Santa Ana)	1:56.1y 1976
1:54.44	Ryan Germann (El Toro)	2011	1:55.5 +	Vic Herrera (Costa Mesa)	1:56.10y 1980
1:54.47	Mike Hancock (Newport Harbor)	1991	1:55.52	Garrett Rexford (Mission Viejo)	2017
1:54.49	Peter Robie (Servite)	2006	1:55.53	* Ken Simms (Irvine)	1983
1:54.5	Jim Robbins (Corona del Mar)	1988	1:55.53	Jim Smith (Garden Grove)	1983
1:54.51	Eric Solis (Costa Mesa)	1997	1:55.54	Mike Neckerman (Capo Valley)	1983
1:54.52	Andrew Brown (Mission Viejo)	2013	1:55.54	Luke Decker (J Serra)	2011
1:54.58	*David Hulme (Foothill)	2016	1:55.54	Dalton Hall (Mater Dei)	2013
1:54.6 +	Phil Wingard (Troy)	1:55.2y 1974	1:55.56	Ricardo Campuzano (Dana Hills)	2011
1:54.6 +	* Steve Telaneus (Dana Hills)	1:55.2y 1976	1:55.58	Parker Herbert (Santa Margarita)	2024
1:54.6	Noel Trout (Irvine)	1986	1:55.6 +	* Dave Stoner (Magnolia)	1:55.2y 1963
1:54.60	Dave Sanford (Los Alamitos)	1988	1:55.60	Bob Grego (Costa Mesa)	1982
1:54.61	Matt Stoner (Laguna Hills)	2009	1:55.64	* Ross Gierczak (Los Alamitos)	2004
1:54.61	Brandon Smith (Los Alamitos)	2018	1:55.65	Mike Chavez (Esperanza)	2003
1:54.66	Lucas Divok (University)	2011	1:55.66	Talal Khan (Valencia)	2008
1:54.67	Shane Auci (J Serra)	2023	1:55.66	Robert Blackwell (Costa Mesa)	2012
1:54.7 +	Chuck Denmark (Santa Ana)	1:55.3y 1973	1:55.66	*Chance Lamberth (Canyon)	2015
1:54.70	**Devin Lindahl (Dana Hills)	1997	1:55.67	* John West (Sonora)	1997
1:54.71	Brent Jones (Brea)	1988	1:55.7 +	Gil Rangel (Santa Ana)	1:56.3y 1963

1:55.7 + Mike Eck (Savanna)	1:56.3y	1963	4:07.26+ Mike Serna (Loara)	4:08.70y	1980
1:55.7 + Ron Taylor (Garden Grove)	1:56.3y	1965	4:07.7+ * Eric Hulst (Laguna Beach)	4:09.1 y	1974
1:55.7 + Kevin Eaton (Mission Viejo)	1:56.3y	1974	4:07.70+ Chance Lamberth (Canyon)	4:09.18y	2016
1:55.7 + Bob Sutherland (Fullerton)	1:56.3y	1974	4:07.8+ Mike Solomon (Westminster)	4:09.2y	1967
1:55.70 Darren Wood (Corona del Mar)		1985	4:08.29 Jayden Hernandez (Dana Hills)		2024
1:55.70 Ryan Jensen (Newport)		1999	4:08.3+ Robert Angel (Huntington Beach)	4:09.7y	1975
1:55.71 Tad Kaput (El Toro)		1996	4:08.59 Brandon Pacheco (Brethren Christian)		1995
1:55.71 Darron Grimes (Dana Hills)		2005	4:08.9+ Terry Lamb (Bolsa Grande)	4:10.4y	1969
1:55.71 *Max McBride (Brea)		2011	4:08.97+ Jim Geerlings (Newport)	4:10.43y	1988
1:55.72 Demetrious Lloyd (Servite)		2013	4:09.02 George Gleason (Huntington Beach)		2015
1:55.74 * Peter Gustafsson (Mission Viejo)		2003	4:09.15+ James Cameron (Mission Viejo)	4:10.61y	2009
1:55.75 *Frank Guadagnini (Servite)		2010	4:09.26 *Jai Dawson (Dana Hills)		2021
1:55.76 Thomas Wilfert (Dana Hills)		2017	4:09.34 Victor Valen (El Modena)		1984
1:55.77 * Dave Baker (Edison)		1989	4:09.42 Toby Villalva (El Toro)		2009

1500 meters

3:44.14 Austin Tamagno (Brea)		2016	4:09.5+ Doug MacLean (Costa Mesa)	4:10.9y	1972
3:50.2 Charlie Christensen (Edison)		1977	4:09.53 *Brandon Bethke (El Toro)		2004
3:50.24 Brandon Pacheco (Brethren Christian)		1995	4:09.54 Sydney Gidabuday (El Modena)		2014
3:50.4 Ralph Serna (Loara)		1975	4:09.58 Connor Kaddatz (Dana Hills)		2011
3:51.1 Dave Cangelosi (Villa Park)		1979	4:09.6+ Dale Story (Orange)	4:11.0y	1959
3:51.2' Jeff Williams (Foothill)		1982	(State Champion)		
3:52.0 Jon Butler (Edison)		1981	4:09.6+ Matt Bell (Foothill)	4:11.0y	1975
3:52.5 * Eric Hulst (Laguna Beach)		1975	4:09.79 Juan Gonzalez (El Toro)		2013
3:52.5 * Jon Cook (Mission Viejo)		1974	4:09.8+ Mark Spilsbury (Foothill)	4:11.2y	1976
3:52.5' *Dennis Carr (Lowell)		1962	4:09.8+ Dave Cangelosi (Villa Park)	4:11.2y	1979
3:52.6 Andy Clifford (Sunny Hills)		1974	4:09.95 Tyler Valdes (Dana Hills)		2009
3:54.27 Eddie Lavelle (Corona del Mar)		1989	4:09.96+ Jared Steins (Servite)	4:11.41y	2022
3:54.4' Jim Geerlings (Newport)		1988	4:10.04 Brett Ephraim (San Clemente)		2024
3:54.6' Dale Story (Orange)		1959	4:10.25 **Alden Morales (J Serra)		2024
3:54.8 Kyle Morton (Westminster)		1983	4:10.51 Brennon Koryta (Brea)		2014
3:55.1' Victor Valen (El Modena)		1984	4:10.52 Peter Herold (J Serra)		2019
3:55.4 John Gerhart (Costa Mesa)		1978	4:10.58 Humberto Rojas (Estancia)		2003
3:55.4' Dave Anderson (Corona del Mar)		1984	4:10.60 *Anthony Grover (J Serra)		2019
3:55.6 Dave Daley (Foothill)		1978	4:10.67 Zak Phillips (Dana Hills)		2009
3:55.66 James Cameron (Mission Viejo)		2009	4:10.73 Blake Ahrold (Dana Hills)		2010
3:56.1 Jim Robbins (Corona del Mar)		1988	4:10.74 Jim Robbins (Corona del Mar)		1988
3:56.11 Haissam Sabra (Ocean View)		1987	4:10.84+ Ruben Esparza (El Modena)	4:12.31y	1982
3:56.17 Shawn Gallagher (Corona del Mar)		1981	4:10.89 Zachary Gibson (Santa Margarita)		2024
3:56.62 Ricardo Campuzano (Dana Hills)		2011	4:10.92 Dave Anderson (Corona del Mar)		1984
3:56.8 Mike Serna (Loara)		1980	4:10.97 Luke Decker (J Serra)		2011
3:56.89 Jaime Martinez (Orange)		1994	4:10.99 Brandon Babiracki (Dana Hills)		2003
3:56.98 *Juan Gonzalez (El Toro)		2012	4:11.00 Sebastian Fisher (Laguna Beach)		2019
3:56.99 Greg Whiteley (University)		1985	4:11.07 Joe Gatel (Edison)		2005
3:57.1' Mike Nielsen (Mater Dei)		1989	4:11.12 Billy Gaudreau (St Margaret's)		2012
3:57.4' Bruce Bess (La Habra)		1962	4:11.2+ Tom Keefer (Anaheim)	4:12.6y	1969
3:57.4 Ruben Esparza (El Modena)		1983	4:11.25 *Dylan Jubak (Trabuco Hills)		2024
3:54.4' Neil Stevenson (Capo Valley)		1989	4:11.32 Joshua Schuld (Beckman)		2021
3:57.8' *Jim Olson (Irvine)		1985	4:11.56 Mike Nielsen (Mater Dei)		1989
3:57.8 Kurt Depfyffer (Laguna Beach)		1987	4:11.6+ Pat Dutzi (El Dorado)	4:13.0y	1973
3:57.8' Garrett Jensen (Sunny Hills)		1995	4:11.54 Haissam Sabra (Ocean View)		1987

1600 meters

3:59.65+ Austin Tamagno (Brea)	4:01.04y	2016	4:11.74+ Nick Plumb (Trabuco Hills)	4:13.20y	2012
(<i>'15 & '16 State Champion</i>)			4:11.79 Ethan Florez (Canyon)		2022
4:00.83 Jantzen Oshier (Trabuco Hills)		2011	4:11.82 Sean Krinik (Valencia)		2010
(State Champion)			4:11.82 Mateo Bianchi (Laguna Beach)		2021
4:03.13 Connor Dunne (San Clemente)		2016	4:11.88 Cooper Kossick (Edison)		2015
4:03.77+ Garrett Corcoran (Villa Park)	4:05.19y	2014	4:11.94 Eddie Lavelle (Corona del Mar)		1989
4:04.0+ Mark Schilling (Garden Grove)	4:05.4y	1972	4:12.0+ Bruce Bess (La Habra)	4:13.4y	1962
(State Champion)			(State Champion)		
4:04.02 *Evan Noonan (Dana Hills)		2024	4:12.04 Austin Goins (Canyon)		2013
4:05.3+ Andy Clifford (Sunny Hills)	4:06.7y	1974	4:12.08 Jeff Thies (Edison)		2013
4:05.54+ Ryan Bousquet (Esperanza)	4:06.97y	2000	4:12.21+ Dragan Simic (Woodbridge)	4:13.68y	2012
4:05.6 + Ralph Serna (Loara)	4:07.0y	1975	4:12.25 Scott Smith (Dana Hills)		2005
4:05.79 Jake Ogden (Dana Hills)		2016	4:12.38 Ryan Valdes (Dana Hills)		2009
4:06.75 Jon Butler (Edison)		1981	4:12.46 Mike Chavez (Esperanza)		2003
4:06.82 Andrew Burkhardt (J Serra)		2016	4:12.53 John Sullivan (Trabuco Hills)		2007
4:07.02+ Jeff Williams (Foothill)	4:08.46y	1982	4:12.72 Riley Sullivan (Trabuco Hills)		2008
4:07.06 Ibzán Felix (Beckman)		2024	4:10.58 Humberto Rojas (Estancia)		2003
4:07.1+ Carl Trentadue (Westminster)	4:08.5y	1965	4:12.59 *Griffin Kushen (Tesoro)		2024
4:07.1+ Charlie Christensen (Edison)	4:08.5y	1977	4:12.76 Andrew Daedler (Brea)		2011
4:07.3+ *Dennis Carr (Lowell)	4:08.7y	1962	4:12.8+ Ed Radermacher (Mission Viejo)	4:14.2y	1972
(State Champion—National Record)			4:12.8+ John Gerhart (Costa Mesa)	4:14.2y	1978
			4:12.87 Mike Bernstein (Garden Grove)		1991
			4:12.97 *Kevin Green (Villa Park)		1982
			4:13.01 Mason Coppi (Dana Hills)		2016
			4:13.24 * Jaime Martinez (Orange)		1993
			4:13.3 Greg Whiteley (University)		1985
			4:13.33 Talal Khan (Valencia)		2008

4:13.33	Kevin McNulty (Orange Lutheran)	2018	4:16.3+	Brian Hunsaker (Corona del Mar)	4:17.7y	1975	
4:13.34	Brett Hickman (Mission Viejo)	2018	4:16.3	D.J. Neuman (San Clemente)		2009	
4:13.43	Diego Alonso (Fountain Valley)	2024	4:16.34	Juan Paredes (Santa Ana)		2008	
4:13.47	Brennan Foody (Aliso Niguel)	2022	4:16.4+	Mickey Wooley (El Modena)	4:17.8y	1970	
4:13.54	* Chris Kemp (Mission Viejo)	1998	4:16.4+	Bill Ryan (Sunny Hills)	4:17.8y	1976	
4:13.55	Sean Byrne (Santa Margarita)	2018	4:16.4+	Brian Appell (Fountain Valley)	4:17.8y	1978	
4:13.56	Mark Gleason (Mission Viejo)	1998	4:16.40	Kevin Durham (El Toro)		2012	
4:13.56	* Scott Blair (Trabuco Hills)	2007	4:16.41	*Max Douglass (Corona del Mar)		2024	
4:13.56	*Carrick Denker (Dana Hills)	2019	4:16.43	Garret Hough (Dana Hills)		2019	
4:13.65	Karl Baranov (Marina)	2011	4:16.43	Eddie Yunker (Santa Margarita)		2023	
4:13.78	*Jim Olson (Irvine)	1985	4:16.46	Omar Adel (Woodbridge)		2018	
4:13.84	Jacob Smith (Pacifica)	2017	4:16.47	Everett Capelle (St Margaret's)		2024	
4:13.84	*Garrett Woodruff (Dana Hills)	2023	4:16.49	* Hunter Gulino (Fountain Valley)		2013	
4:13.87	Kurt Depfyffer (Laguna Beach)	1987	4:16.50	Wesley Walsh (Canyon)		2015	
4:13.89	Abdow Haji (El Toro)	2007	4:16.5+	Bill Adamaitis (San Clemente)	4:17.9y	1976	
4:13.99	Garrett Jensen (Sunny Hills)	1995	4:16.51	*Sam VanDorpe (Mater Dei)		2017	
4:14.0+	Sal Mendoza (Santa Ana)	4:15.4y	1964	4:16.51	Dylan Manning (Tesoro)	2021	
4:14.09	Josh Yelsey (Corona del Mar)	2001	4:16.54+	*Rogan Arriaga (El Toro)	4:18.10y	2024	
4:14.1+	Dave Daley (Foothill)	4:15.5y	1978	4:16.55+	Scott Lacrosse (Costa Mesa)	4:18.04y	1980
4:14.11	Gilbert Solorza (Buena Park)	2013	4:16.56	Jaden Goetz (Canyon)		2024	
4:14.15	Kyle Morton (Westminster)	1983	4:16.61+	Matt Groff (El Dorado)	4:18.10y	1980	
4:14.2+	Colin McConnell (Edison)	4:15.6y	1976	4:16.65	Luis Morales (Fountain Valley)	2011	
4:14.21c	Dalton Hall (Mater Dei)	2013	4:16.63	Jay Bonthius (Fountain Valley)		2012	
4:14.22	* William Feliciano (Cypress)	1984	4:16.75	Jordan Senko (El Toro)		2010	
4:14.24	Conor Stanton (Servite)	2010	4:16.8 +	Ron Fister (Western)	4:18.2y	1966	
4:14.32	Ricardo Campuzano (Dana Hills)	2011	4:16.80	Jared Hazlett (Trabuco Hills)		2012	
4:14.35	* Jesse Ramirez (Santa Ana)	2004	4:16.86	Brian McCaffery (Marina)		1990	
4:14.37+	Raul Lara (Orange)	4:15.85y	2004	4:16.73+	Jim Hartford (Corona del Mar)	4:18.22y	1980
4:14.4+	Mark Hower (Mission Viejo)	4:15.8y	1974	4:17.0+	Neil Sybert (Westminster)	4:18.3y	1967
4:14.4+	Shawn Gallagher (Corona del Mar)	4:15.8y	1981	4:17.00+	Scott Curran (Tesoro)	4:18.3y	2014
4:14.45	Grant Sweningson (Foothill)	2022	4:17.0+	John Holcomb (Newport)	4:18.4y	1972	
4:14.48	Martin Brix (University)	1998	4:17.0+	Mike Lansdon (Edison)	4:18.4y	1978	
4:14.5+	Dave White (El Modena)	4:15.9y	1970	4:17.0+	Rick Cisneros (Valencia)	4:18.4y	1978
4:14.59	Zeid Hussain (Beckman)	2021	4:17.0+	Jon Lee (El Dorado)	4:18.4y	1980	
4:14.60	Taj Clark (San Clemente)	2024	4:17.01	Rex Nelson (Newport)		2008	
4:14.64	Cole Stark (Dana Hills)	2019	4:17.02	Grant Callen (Foothill)		2019	
4:14.72	* Mike Love (Katella)	1992	4:17.03	Brad Clary (Katella)		1982	
4:14.72	Scott Blair (Trabuco Hills)	2008	4:17.1+	Mike Walterhouse (Mission Viejo)	4:18.5y	1977	
4:14.79	Andrew Brown (Mission Viejo)	2013	4:17.1	*Jayson Hayes (Edison)		2005	
4:14.81	Justin Singer (Cypress)	2022	4:17.2+	Jose Saavedra (Loara)	4:18.6y	1974	
4:14.93+	Brandon Ferguson (Woodbridge)	4:16.41y	2012	4:17.2+	* Bob Erickson (Fountain Valley)	4:18.6y	1981
4:14.93	Jason Engel (Santa Margarita)	2013	4:17.20	Josh Linen (Valencia)		2007	
4:14.96	* Jon Shawel (Troy)	2007	4:17.26	Fredd Hesslevik (University)		1982	
4:15.10	Mark Junkermann (Los Alamitos)	1983	4:17.32+	***Daniel White (San Juan Hills)	4:18.82y	2016	
4:15.0+	Marc Genet (Santa Ana)	4:16.4y	1972	4:17.32	***Aiden Antonio (Woodbridge)		2024
4:15.0+	Ken Martyn (Marina)	4:16.4y	1973	4:17.36	Greg Lamb (Mission Viejo)		1988
4:15.17	Juan Robles (Valencia)	2003	4:17.38	* Augie Escobar (Villa Park)		1999	
4:15.2+	Rick Bergstrom (Magnolia)	4:16.6y	1964	4*17.38	Dylan Scarsons (Canyon)		2016
4:15.32	**Michael Haddan (Woodbridge)	2002	4:17.4+	George Aguilar (SA Valley)	4:18.8y	1974	
4:15.36	Greg Shryock (Corona del Mar)	1989	4:17.40	*Brennan Foody (Aliso Niguel)		2021	
4:15.42	Chris McMillen (Newport)	2001	4:17.42	Javier Barrera (Dana Hills)		1988	
4:15.43	John Dempsey (Brea)	2018	4:17.46	Spencer Keith (Corona del Mar)		2014	
4:15.44	Alonzo Smith (Tustin)	2001	4:17.46	**Caleb Niednagel (Dana Hills)		2018	
4:15.46	Curt Herberts (Newport)	1999	4:17.5+	Gary Blume (Marina)	4:18.9y	1974	
4:15.53	Alfonso Leon (Santa Ana)	1999	4:17.5+	Matt Blaty (Marina)	4:18.9v	1979	
4:15.6+	Keith Strodl (Orange)	4:17.0y	1967	4:17.5+	Sam Francis (Tustin)	4:18.9y	1965
4:15.60	* Matt McElroy (Edison)	2009	4:17.5+	Mark Wynne (Fullerton)	4:18.9y	1963	
4:15.67	Garrett Milner (San Clemente)	2000	4:17.5+	Mike Messenger (Corona del Mar)	4:18.9y	1974	
4:15.7+	Bill Delaney (Orange)	4:17.1y	1963	4:17.6+	Allan Sanford (Tustin)	4:19.0y	1965
4:15.7+	Armando Cendejas (Buena Park)	4:17.1y	1974	4:17.6+	Bob Gallagher (Loara)	4:19.0y	1975
4:15.75	Thomas Wilfert (Dana Hills)	2017	4:17.60	Mason Farley (Yorba Linda)		2024	
4:15.77	Neil Stevenson (CapoValley)	1989	4:17.63	Cody Nguyen (Brea)		2012	
4:15.78	Brandon Price (St Margaret's)	2013	4:17.63	Austin Shellito (Brea)		2015	
4:15.78	*Jayden Hernandez (Godinez)	2023	4:17.72	*Brandon Price (St. Margaret's)		2012	
4:15.79	Daniel Mejia (Katella)	2000	4:17.72	Ryan Stanley (Trabuco Hills)		2024	
4:15.8+	Bill Graves (Pacifica)	4:17.2y	1974	4:17.73	Alexis Garcia (Newport)		2019
4:15.80	*Ben McKenna (Aliso Niguel)	2019	4:17.75	* Bruce Hancock (Costa Mesa)		1998	
4:15.90	Bill Meyer (Villa Park)	1986	4:17.76	Jose Carlos de Jesus (San Clemente)		2017	
4:15.91	**Luke Fredl (J Serra)	2024	4:17.76	*Aaron Feaster (Beckman)		2024	
4:15.96	*Grant Sweningson (Foothill)	2021	4:17.77	Adolfo Cruz (El Modena)		2015	
4:16.01	Steve Frisone (Laguna Hills)	1989	4:17.77	Ryan Smithers (Laguna Beach)		2019	
4:16.01	Craig Huff (Marina)	2014	4:17.77	Zachary Blum (Beckman)		2023	
4:16.02	David Napper (Cypress)	2003	4:17.79+	Diego Venegas (El Toro)	4:19.29y	2024	
4:16.04	*Dragan Simic (Woodbridge)	2011	4:17.80	Jesus Molina (Dana Hills)		2010	
4:16.06	Timothy Scott (Corona del Mar)	2007	4:17.80	*Cole Stark (Canyon)		2018	
4:16.08	Parker Herbert (Santa Margarita)	2024	4:17.88	**Bradley Arrey (J Serra)		2023	
4:16.1+	Mike Parker (Tustin)	4:17.5y	1982				
4:16.12	Taiyo Ariga (Beckman)	2024					
4:16.24	Ansh Parashar (University)	2023					
4:16.3+	Scott Fessenden (Lowell)	4:17.7y	1975				

4:17.90	Daniel Kor (Pacifica)	2003
4:17.92	Cameron Ashbaugh (Mission Viejo)	2014
4:17.94	Anuare Magana (Costa Mesa)	2015
4:17.99	Angelo Cervantes (Savanna)	2011
4:18.0+	Bill Crain (Anaheim)	4:19.4y 1961
4:18.0+	Tom Lipski (Saddleback)	4:19.4y 1969
4:18.01	Chris Partner (Edison)	1988
4:18.08	Matt McKeehan (Foothill)	2002
4:18.1+	Tim Gollnick (Costa Mesa)	4:19.5y 1973
4:18.1+	Brad Meyer (University)	4:19.5y 1980
4:18.1	*Jon Cook (Mission Viejo)	1975
4:18.1+	Jim Hartford (Corona del Mar)	4:19.6y 1980
4:18.14	Gavin Diem (Dana Hills)	2014
4:18.14	Bryson Crites (Tesoro)	2019
4:18.19	Billy Thibault (Newport)	1990
4:18.19	*Peter Herold (J Serra)	2018
4:18.19	*Bradley Arrey (J Serra)	2024
4:18.2+	Ken Ernst (El Dorado)	4:19.7y 1979
4:18.20	*Lars Mitchel (Huntington Beach)	2018
4:18.21	Jon Kelly (Dana Hills)	1985
4:18.21	**Aiden Zavala (Woodbridge)	2024
4:18.23	Shane Daugherty (El Toro)	2002
4:18.25	Cesar Galvez (Santa Ana)	2011
4:18.26	Jack Landgraf (Dana Hills)	2018
4:18.3+	Steve Webb (Kennedy)	4:19.8y 1978
4:18.36	Ned Mosher (Fountain Valley)	1982
4:18.38	Pierce Clark (San Clemente)	2024
4:18.4+	Chris McCher (La Habra)	4:19.9y 1970
4:18.40	Jackson Marshall (Woodbridge)	2014
4:18.41	Jackson Adelman (St Margaret's)	2021
4:18.43	*Rory Catsimanes (San Clemente)	2023
4:18.44	Brett Knutson (Woodbridge)	2019
4:18.46	Bryan Llopis (Trabuco Hills)	2018
4:18.5+	Tod White (Newport)	4:20.0y 1955
<i>(State Champion)</i>		
4:18.5+	Rocky Chisolm (El Dorado)	4:20.0y 1968
4:18.5+	Ruben Mejia (La Habra)	4:20.0y 1969
4:18.5+	Ted Bechtel (Rancho Alamitos)	4:20.0y 1969
4:18.5+	Mike Annis (Sunny Hills)	4:20.0y 1974
4:18.5+	Mark Hallenbeck (Tustin)	4:20.0y 1975
4:18.5+	John Kolar (Costa Mesa)	4:20.0y 1975
4:18.53	*Elliot Myers (Esperanza)	2010
4:18.55	Dan Kash (Westminster)	1987
4:18.55	Jacob Gustaffson (Mission Viejo)	2002
4:18.55	**Richie Soto (Marina)	2011
4:18.56	Jose Madera (Anaheim)	2010
4:18.6+	Bob Godfrey (Fullerton)	4:20.1y 1973
4:18.6	* David Moore (Orange)	1985
4:18.63	David Abraham (Fountain Valley)	2014
4:18.65	Ian Howard (Santa Margarita)	2018
4:18.67	Nick Arciniaga (Fountain View)	2001
4:18.67	Nick Krohn (Valencia)	2018
4:18.7+	Dan McGaha (Orange)	4:20.3y 1981
4:18.7	* David Longyear (Villa Park)	1986
4:18.72	John Janneck (Brea)	2013
4:18.74	**Taye Newman (Canyon)	2023
4:18.75	Julian DeRubira (Santa Margarita)	2006
4:18.77	Mike Gavino (Fountain Valley)	2002
4:18.78	Thomas Heib (Los Alamitos)	2016
4:18.8+	Mike Hall (Tustin)	4:20.3y 1967
4:18.8+	Rick Carr (Lowell)	4:20.3y 1967
4:19.0+	Grady Neal (Fullerton)	4:20.5y 1956
<i>(State Runner up)</i>		
4:30.4y	Bill Kerr (Huntington Beach)	1921
<i>(State Champ as Jr & runner up as Sr)</i>		

One Mile

4:01.04	Austin Tamagno (Brea)	2016
<i>('15 & '16 State Champion)</i>		
4:05.19	Garrett Corcoran (Villa Park)	2014
4:05.4	Mark Schilling (Garden Grove)	1972
<i>(State Champion)</i>		
4:06.7	Andy Clifford (Sunny Hills)	1974

4:06.89	*Evan Noonan (Dana Hills)	2024
4:06.97	Ryan Bousquet (Esperanza)	2000
4:07.0	Ralph Serna (Loara)	1975
4:08.46	Jeff Williams (Foothill)	1982
4:08.5	Carl Trentadue (Westminster)	1965
4:08.5	Charlie Christensen (Edison)	1977
4:08.7	* Dennis Carr (Lowell)	1962
<i>(State Champion—National Record)</i>		
4:08.70	Mike Serna (Loara)	1980
4:09.1	* Eric Hulst (Laguna Beach)	1974
4:09.18	Chance Lamberth (Canyon)	2016
4:09.2	Mike Solomon (Westminster)	1967
4:09.7	Robert Angel (Huntington Beach)	1975
4:10.4	Terry Lamb (Bolsa Grande)	1969
4:10.43	Jim Geerlings (Newport)	1988
4:10.61	James Cameron (Mission Viejo)	2009
4:10.9	Doug MacLean (Costa Mesa)	1972
4:11.0	Dale Story (Orange)	1959
<i>(State Champion)</i>		

2000 meters

5:22.69	* Brandon Bethke (El Toro)	2004
5:23.3h+	Eric Hulst (Laguna Beach)	1976
5:29.79	Michael Haddan (Woodbridge)	2004
5:31.10	Raul Lara (Orange)	2004

3000 meters

8:17.5'	Jon Butler (Edison)	1981
8:21.6	Matt Blaty (Marina)	1979
8:21.6	* Jeff Vandereems (Mission Viejo)	1979
8:22.26	Jim Rodriguez (SA Valley)	1989
8:22.4	Mark Junkermann (Los Alamitos)	1982
8:22.73	*Evan Noonan (Dana Hills)	2024
8:25.8	Gus Quinonez (Huntington Beach)	1983
8:26.1	Steve Webb (Kennedy)	1978
8:26.8	* Augie Escobar (Villa Park)	1999
8:26.9'	Shawn Gallagher (Corona del Mar)	1981
8:26.15	* Steve Valen (El Modena)	1980
8:29.4'	Bob Erickson (Fountain Valley)	1982
8:29.7'	Greg Whiteley (University)	1985
8:31.7'	Fredd Hesslevik' (University)	1982
8:32.3'	*Eddie Lavelle (Corona del Mar)	1988
8:32.5'	Shannon Winkleman (Marina)	1988
8:33.4'	Jaime Martinez (Orange)	1994
8:34.1	* Dave Cangelosi (Villa Park)	1978
8:34.5	Jose Herrera (Loara)	1999
8:35.2'	Shawn Frack (Esperanza)	1993
8:35.4'	Adalberto Sanchez (Capo Valley)	1995
8:35.50	Kenny Wanlass (Newport)	2023
8:37.0'	Chris Lugo (Valencia)	1987
8:37.1'	Ben Flamm (Huntington Beach)	1993
8:38.68	Tony Trueba (Huntington Beach)	1997
8:38.8'	*Terrence Mahon (La Habra)	1987
8:39.4'	Mike Farrell (San Clemente)	1990
8:40.0	Curt Herberts (Newport)	1999
8:40.2'	*Steve Niednagel (Dana Hills)	1988
8:41.26	Dan Gaston (Huntington Beach)	1997
8:42.2	Brad Meyer (University)	1981
8:42.8	Robert Planta (Mater Des)	1982
8:43.1	Robby Price (Saddleback)	1990
8:43.6	* William Feliciano (Cypress)	1984
8:44.4	Mark Clary (Katella)	1980
8:45.7	Mark Lindrud (Mission Viejo)	1986
8:45.9	Allen McGaha (El Modena)	1983

3200 meters

8:41.6+	Eric Hulst (Laguna Beach)	8:44.6y 1976
<i>(State Champion—'75 & '76)</i>		
8:42.9+	Ralph Serna (Loara)	8:45.9y 1975
8:43.12	Evan Noonan (Dana Hills)	2024
<i>(State Champion—'24)</i>		
8:46.78	Jon Butler (Edison)	1981

(State Champion)				9:06.8+	Dave Cangelosi (Villa Park)	9:09.9y	1979
8:47.08	Ibzan Felix (Beckman)		2024	9:06.85	Josh Linen (Valencia)		2007
8:50.4+	Marc Genet (Santa Ana)	8:53.4y	1972	9:06.9+	* Larry Gerich (Foothill)	9:10.0y	1972
8:50.6+	Mark Spilsbury (Foothill)	8:53.6y	1976	9:06.81	Mitch Eddy (Mater Dei)		1983
State Third Place				9:06.82	*Kevin Durham (El Toro)		2011
8:51.2+	Jim Salcido (Sunny Hills)	8:54.2y	1972	9:07.1+	Tom Keefer (Anaheim)	9:10.2y	1969
8:51.7+	Bill St. John (Mater Dei)	8:54.8y	1976	9:07.03	Mike Love (Katella)		1993
8:51.9+	Colin McConnell (Edison)	8:55.0y	1976	9:07.51	* Mark Gonzales (La Habra)		1990
8:52.18	Garrett Corcoran (Villa Park)		2014	9:07.52	Dylan Jubak (Trabuco Hills)		2024
8:53.7+	Brian Hunsaker (Corona del Mar)	8:56.8y	1975	9:08.01	Diego Alonso (Fountain Valley)		2024
8:53.94	Ryan Stanley (Trabuco Hills)		2024	9:08.2+	Andy Gerkin (Corona del Mar)	9:12.4y	1978
8:54.01	Juan Gonzalez (El Toro)		2013	9:08.3+	Darrell Hatfield (Rancho Alamitos)	9:11.4y	1973
8:54.13	*Austin Tamagno (Brea)		2015	9:08.35	Dylan Scarsone (Canyon)		2016
8:55.53	Mason Coppi (Dana Hills)		2016	9:08.5 +	Mike Annis (Sunny Hills)	9:11.6y	1974
8:55.58	Carlos Maradiago (Newport)		2024	9:08.6+	John Gerhart (Costa Mesa)	9:11.7y	1978
8:55.73	Steve Valen (El Modena)		1981	9:08.65	Chris Lugo (Valencia)		1987
8:56.09	Riley Sullivan (Trabuco Hills)		2008	9:08.68	Adalberto Sanchez (Capo Valley)		1995
8:56.23	Augie Escobar (Villa Park)		1999	9:08.7+	Jose Saavedra (Loara)	9:11.8y	1974
8:56.25	Wesley Walsh (Canyon)		2015	9:08.80	Sean Byrne (Santa Margarita)		2018
8:56.334	Joshua Schuld (Beckman)		2021	9:08.87	Collin Price (St Margaret's)		2015
8:56.44	* Matt McElroy (Edison)		2009	9:08.93	Everett Capelle (St Margarit's)		2024
8:56.7+	*Dave White (El Modena)	8:59.8y	1969	9:08.99	Jared Steins (Servite)		2022
8:57.5+	Armando Cendejas (Buena Park)	9:00.6y	1974	9:09.20	*Griffin Kushen (Tesoro)		2024
8:57.5+	Greg Whiteley (University)	9:00.6y	1985	9:09.4+	Neil Sybert (Westminster)	9:12.6y	1967
8:57.7+	Gary Blume (Marina)	9:00.8y	1974	9:09.48	David Napper (Cypress)		2003
8:58.18+	John Sullivan (Trabuco Hills)	9:01.32y	2007	9:09.52	* Mike Chavez (Esperanza)		2002
8:58.89	Peter Herold (J Serra)		2019	9:09.58	Brad Meyer (University)		1981
8:58.96+	Ken Ernst (El Dorado)	9:02.14y	1979	9:09.6+	Ron Fister (Western)	9:12.8y	1966
8:59.04	Blake Ahrold (Dana Hills)		2010	9:09.62	James Cameron (Mission Viejo)		2009
8:59.12	**Jake Ogden (Dana Hills)		2014	9:09.80	Casey Goetschel (Tesoro)		2023
8:59.4+	* Jeff Vandereems (Mission Viejo)	9:02.5y	1979	9:10.11	Mike Tansley (Dana Hills)		1989
8:59.43	Zachary Gibson (Santa Margairta)		2024	9:10.19	Mike Farrell (San Clemente)		1990
8:59.5	Toby Villalva (El Toro)		2009	9:10.41	* Terrence Mahon (La Habra)		1987
9:00.1+	* Mike Durham (Troy)	9:03.2y	1973	9:10.47	Jose Herrera (Loara)		1999
9:00.1+	Steve Webb (Kennedy)	9:03.2y	1978	9:10.53	*Anthony Grover (J Serra)		2019
9:00.23	Shawn Gallagher (Corona del Mar)		1981	9:10.72	George Gleason (Huntington Beach)		2015
9:00.24	Billy Gaudreau (St. Margaret's)		2012	9:10.78	Blake Hofmeister (Laguna Beach)		2010
9:00.7+	Breggar Moore (Rancho Alamitos)	9:03.8y	1975	9:10.89	* Raul Lara (Orange)		2003
9:00.9+	John Olswang (Costa Mesa)	9:04.0y	1972	9:10.94	*Jimmy Dominguez (Santa Ana)		2022
9:01.15	Mark Junkermann (Los Alamitos)		1983	9:10.99	Ben Flamm (Huntington Beach)		1993
9:01.43	Kenny Wanlass (Newport)		2023	9:11.0+	Beldon Burch (San Clemente)	9:14.2y	1967
9:01.5+	Tom Olswang (Costa Mesa)	9:04.6y	1972	9:11.23	Thomas Wilfert (Dana Hills)		2017
9:01.53	Zeid Hussain (Beckman)		2021	9:11.3+	Tom Westfall (Villa Park)	9:14.5y	1977
9:01.62	Andrew Burkhardt (J Serra)		2016	9:11.42	Ryan Herson (Trabuco Hills)		2011
9:01.7+	Ruben Mejia (La Habra)	9:04.8y	1969	9:11.6+	Robert Angel (Huntington Beach)	9:14.8y	1973
9:01.86	Juan Chantaca (San Clemente)		2023	9:11.71	Brandon Hough (Dana Hills)		2017
9:02.03	Mateo Bianchi (Laguna Beach)		2021	9:12.14	*Garrett Woodruff (Dana Hills)		2023
9:02.13	*Garrett Hartline (El Toro)		2023	9:12.15	Justin Singer (Cypress)		2022
9:02.15	* Brandon Bethke (El Toro)		2004	9:12.22	*Karl Baranov (Marina)		2010
9:02.42	Rex Nelson (Newport)		2008	9:12.3+	Mike Davis (Garden Grove)	9:15.5y	1968
9:02.57	Bob Erickson (Fountain Valley)		1982	9:12.3+	Greg Dean (Fullerton)	9:15.8y	1976
9:02.67	Brennan Foody (Aliso Niguel)		2022	9:12.43	*Caleb McDaniel (Mission Viejo)		2023
9:02.88	Spencer Keith (Corona del Mar)		2014	9:12.6+	Mike Fisher (Villa Park)	9:15.8y	1980
9:02.90	* Eddie Lavelle (Corona del Mar)		1988	9:12.6+	Randy Spotts (Orange)	9:15.8y	1971
9:03.06	* Jim Rodriguez (SA Valley)		1988	9:12.0+	Chris Money (El Modena)	9:16.2y	1976
9:03.57	Shannon Winkleman (Marina)		1988	9:12.4+	George Aguilar (SA Valley)	9:16.6y	1974
9:03.80	Brett Ephraim (San Clemente)		2024	9:13.19	*Jose Herrera (Loara)		1998
9:04.1+	Pat Dutzi (El Dorado)	9:07.2y	1973	9:13.38	Bryson Crites (Tesoro)		2019
9:04.33	**Jack Landgraf (Dana Hills)		2016	9:13.6+	Bill Inglehart (Westminster)	9:16.8y	1966
9:04.34	Jeff Thies (Edison)		2013	9:13.62	Jared Hazlett (Trabuco Hills)		2012
9:04.35	Alexis Garcia (Newport)		2019	9:13.66	Daniel Mejia (Katella)		2000
9:04.94	Kevin Durham (El Toro)		2012	9:13.76	Jesse Morrill (Marina)		2006
9:05.0+	Matt Blaty (Marina)	9:08.1y	1979	9:13.80	Tim Aukshunas (El Modena)		2003
9:05.01	Jayden Hernandez (Dana Hills)		2024	9:13.85	* Joe Gatel (Edison)		2004
9:05.20	Sydney Gidabuday (El Modena)		2014	9:13.88	Curt Herberts (Newport)		1999
9:05.5+	Doug MacLean (Costa Mesa)	9:08.6y	1972	9:13.99	*Brandon Price (St. Margaret's)		2012
9:05.86	Gus Quinonez (Huntington Beach)		1983	9:14.00	Simon Fuller (Dana Hills)		2019
9:06.08	Jaime Martinez (Orange)		1994	9:14.04	*Rory Catsimanes (San Clemente)		2023
9:06.13	* Scott Blair (Trabuco Hills)		2007	9:14.07	* Steve Niednagel (Dana Hills)		1988
9:06.4+	Joe Young (Costa Mesa)	9:09.5y	1977	9:14.08	**Caleb Niednagel (Dana Hills)		2018
9:06.43	Scott Smith (Dana Hills)		2005	9:14.2+	Kent Norton (Orange)	9:17.4y	1973
9:06.49	Fredd Hesslevik (University)		1982	9:14.29	Mark Gleason (Mission Viejo)		1998
9:06.5+	* Mike Walterhouse (Mission Viejo)	9:09.6y	1976	9:14.29	Ryan Smithers (Laguna Beach)		2019
9:06.66	Robby Price (Saddleback)		1990	9:14.43	Karl Baranov (Marina)		2011
9:06.70	Shawn Frack (Esperanza)		1993	9:14.47	Ricardo Campuzano (Dana Hills)		2011
9:06.74	Javier Barerra (Dana Hills)		1988	9:14.47	*Carrick Denker (Dana Hills)		2019

9:14.49	* Blake Hofmeister (Laguna Beach)	2009	9:20.27	Ty Savely (Capo Valley)	2019
9:14.84	Anuare Magana (Costa Mesa)	2015	9:20.28	Digo Venegas (El Toro)	2024
9:14.9+	Rick Cisneros (Valencia)	9:18.2y 1978	9:20.4+	Kent Norton (Orange)	9:23.6y 1973
9:14.95	Kyler Fisk (Tesoro)	2012	9:20.48	Matt Cipolla (El Toro)	2003
9:14.98	Tyler Valdes (Dana Hills)	2009	9:20.60	*Connor Kaddatz (Dana hills)	2010
9:15.0+	Mark Cunnart (Los Amigos)	9:18.3y 1980	9:20.7+	Jack Martinez (Rancho Alamitos)	9:23.9y 1974
9:15.2+	* Robert Tillman (Valencia)	9:18.5y 1973	9:20.74	Conor Stanton (Servite)	2010
9:15.30	Nathaniel Cushing-Murray (Foothill)	2011	9:20.8+	Dave Howard (Dana Hills)	9:24.0y 1980
9:15.33	Jantzen Oshier (Trabuco Hills)	2011	0:20.84	Thomas Acjten (Beckman)	2024
9:15.50	Eddie Yunker (Santa Margarita)	2023	9:21.08	Brett Knutson (Woodbridge)	2019
9:15.54	David Abraham (Fountain Valley)	2014	9:20.89	Austin Goins (Canyon)	2013
9:15.62	Mike Nielsen (Mater Dei)	1989	9:21.95	Cole Stark (Dana Hills)	2019
9:15.62	Spencer Handorf (Villa Park)	2023	9:20.98	Mike Parker (Tustin)	1982
9:15.66	Brent Ritschel (Trabuco Hills)	2011	9:21.18	Scott Brandos (Edison)	2001
9:15.71	* Mark Gleason (Mission Viejo)	1997	9:21.2+	Paul O'Neil (El Dorado)	9:24.4y 1975
9:15.72	Luke Dorman (Trabuco Hills)	2013	9:21.44	*Elliot Myers (Esperanza)	2010
9:15.77	Jorge Suarez (Santa Ana)	2017	9:21.57	Brnadon Ferguson (Woodbridge)	2012
9:15.86	Julian DeRubira (Santa Margarita)	2006	9:21.58	*Grant Sestak (San Clemente)	2023
9:15.90	Sebastian Fisher (Laguna Beach)	2019	9:21.61	**Dallin Harrington (San Clemente)	2024
9:16.0+	Allan Sanford (Tustin)	9:19.2y 1965	9:21.62	***Aidan Antonio (Woodbridge)	2024
9:16.16	Ryan Bousquet (Esperanza)	2000	9:21.63	Talal Khan (Valencia)	2008
9:16.35	Mark Lindrud (Mission Viejo)	1986	9:21.64	Dimaggio Orozco (Brea)	2014
9:16.39	Gilbert Solorza (Buena Park)	2013	9:21.71	*Brennan Foody (Aliso Niguel)	2021
9:16.42	Scott Hakeman (El Dorado)	1983	9:21.7+	Joe Smithson (Bolsa Grande)	9:24.9y 1971
9:16.59	Dan Gaston (Huntington Beach)	1997	9:21.73	Humberto Rojas (Estancia)	2003
9:16.66	Ansh Parashar (University)	2023	9:21.76	Ben Prado (Fountain Valley)	2023
9:16.81	Jose Penaloza (Godinez)	2013	9:21.80	Ulysses Orozco (El Toro)	2014
9:17.04	Jay Bonthius (Fountain Valley)	2012	9:21.86	Leif Helgren (Corona del Mar)	2017
9:17.07	Cameron Everhart (Orange Lutheran)	2008	9:21.99	Jackson Marshall (Woodbridge)	2014
9:17.1+	Jeff Day (Corona del Mar)	9:20.3y 1976	9:22.04	*Jonathan Blanton (Troy)	2010
9:17.39	*Jeff Thies (Edison)	2012	9:22.1+	Jeff Huber (La Habra)	9:25.3y 1970
9:17.5+	Terry Carroll (Fullerton)	9:20.7y 1973	9:22.15	Jerain Torres (Katella)	2004
9:17.64	Juan Ramos (Santa Ana)	2022	9:22.10	Spencer Green (Villa Park)	1986
9:17.8+	Joey Gomez (Valencia)	9:21.0y 1978	9:22.11	*Max Douglass (Corona del Mar)	2024
9:17.86	*Lance Capel (Dana Hills)	2011	9:22.2+	Sam Walling (University)	9:25.4y 1979
9:17.86	Brennon Koryta (Brea)	2014	9:22.22	* Chris Kemp (Mission Viejo)	1998
9:17.87	Jose Alcarez (SA Valley)	1986	9:22.28	*Kyler Fisk (Tesoro)	2011
9:17.95	*Brandon Pugh (San Juan Hills)	2011	9:22.32	**Bryson Crites (Tesoro)	2017
9:17.98	Jacob Smith (Pacifica)	2017	9:22.5+	Joe Rust (Garden Grove)	9:25.7 1972
9:18.1+	Gordon Duff (Huntington Beach)	9:21.3y 1978	9:22.50	Jason Manhart (Trabuco Hills)	1997
9:18.18	Matthew Galindo (Savanna)	2024	9:22.64	Jon Kelly (Dana Hills)	1985
9:18.24	*Max Douglass (CDM)	2024	9:22.7+	Jon Goldstein (Edison)	9:25.9y 1977
9:18.26	Jose Carlos de Jesus (San Clemente)	2017	9:22.73	* Scott Curran (Tesoro)	2013
9:18.35	*Nicholas Plumb (Trabuco Hills)	2011	9:22.77	Warren Liem (Tesoro)	2011
9:18.35	Luis Chavez (Misson Viejo)	2018	9:22.79	Damien Nieves (Sonora)	2002
9:18.35	Zachary Blum (Beckman)	2023	9:22.8+	Mark Dunlevie (Los Alamitos)	9:26.0y 1971
9:18.4+	Frank Dauncey (Orange)	9:21.6y 1976	9:22.8+	Marv Alvarez (Garden Grove)	9:26.0 1976
9:18.41	Josh O'Neill (Trabuco Hills)	2019	9:22.8+	Terry Huddleston (San Clemente)	9:26.0 1974
9:18.47	Brandon Babiracki (Dana Hills)	2003	9:22.84	Thomas Mordy (Capo Valley)	2021
9:18.47	Sander Kushen (Tesoro)	2015	9:22.85	Jose Madera (Anaheim)	2010
9:18.48	Lalo Terriquez (Buena Park)	1980	9:22.95	John Kentfield (Esperanza)	1991
9:19.51	Kai Olsen (San Clemente)	2024	9:22.98	Allen McGaha (El Modena)	1983
9:18.53	Carter Christmann (Tesoro)	2016	9:23.0+	Charlie Walczak (Edison)	9:26.2y 1974
9:18.70	*Zachary Gibson (Santa Margarita)	2023	9:23.1+	Jim Hartford (Corona del Mar)	9:26.3y 1980
9:18.73	Amar Dholakia (Esperanza)	2012	9:23.19	John Nelson (Mater Dei)	1982
9:18.73	**Zachary Gibson (Santa Margarita)	2022	9:23.28	*Jose Penaloza (Godinez)	2012
9:18.80	*Jayden Hernandez (Godinez)	2023	9:23.3+	Charlie Christensen (Edison)	9:26.5y 1977
9:18.83	Charara Mohammad (Buena Park)	2010	9:23.3+	Carl Anderson (Marina)	9:26.5y 1977
9:18.90	Shane Dougherty (El Toro)	2002	9:23.3+	Dave Ruble (Canyon)	9:26.5y 1979
9:19.03	Parker Herbert (Sanat Margarita)	2024	9:23.33	Brian Herold (El Modena)	1980
9:19.12	Erin Vali (University)	1989	9:23.37	Chris Hobson (Costa Mesa)	1987
9:19.3+	Bill Villa (Saddleback)	9:22.5y 1975	9:23.4+	Dave Lockman (Marina)	9:26.6y 1971
9:19.38	Garrett Hough (Dana Hills)	2019	9:23.4+	Jeff Spangler (Villa Park)	9:26.6y 1975
9:19.45	*Dragan Simic (Woodbridge)	2011	9:23.8+	Kurt Williams (Brea)	9:27.0y 1974
9:19.57	Logan Harris (Dana Hills)	2024	9:23.8+	Scott Fessenden (Lowell)	9:27.0y 1975
9:19.71	*Eli Griggs (Trabuco Hills)	2023	9:23.8+	Mark Labonte (Mission Viejo)	9:27.0y 1976
9:19.8+	Mike Solomon (Westminster)	9:23.0y 1967	9:23.81	**Richie Soto (Marina)	2011
9:19.80	* Juan Robles (Valencia)	2002	9:23.9+	Mike Lansdon (Edison)	9:27.1y 1978
9:19.82	*Rogan Arriaga (El Toro)	2024			
9:19.83	Jordan Senko (El Toro)	2010			
9:20.01	*Jai Dawson (Dana Hills)	2021			
9:20.01	**Christian Weber (Beckman)	2024			
9:20.06	Dave Anderson (Corona del Mar)	1984			
9:20.14	Brian Kopczynski (Tesoro)	2007			
9:20.18	Paul Brennenman (St Margaret's)	2012			
9:20.20	**Tony Trueba (Huntington Beach)	1995			

Steeplechase

9:19.2	*Eric Hulst (Laguna Beach)	1975
9:24.2	* Ralph Serna (Loara)	1974
9:31.32	*Christian Wehrli (Tesoro)	2017
9:36.6	Gary Blume (Marina)	1974
9:41.6	Jeff Huber (La Habra)	1970

9:53.65	Charlie Appell (Estancia)	1996
10:16.2	John Weston (Edison)	1974

(2000 meter Steeplechase)

6:15.35	**Luke Friedl (J Serra)	2024
6:17.64	**Ben McKenna (Aliso Niguel)	2018
6:21.25	*Christian Wehrli (Tesoro)	2017
6:44.61	Ryan McNamara (Tesoro)	2024

3 mile

13:45.4'	*Ralph Serna (Loara)	1974
13:51.9'	Eric Hulst (Laguna Beach)	1976
14:19.8	Dave White (El Modena)	1969
14:20.4	Brian Hunsaker (Corona del mar)	1975
14:20.8	Doug MacLean (Costa Mesa)	1972
14:27.0	**Robert Angel (Huntington Beach)	1973
14:36.6	Gary Blume (Marina)	1974
14:47.2	Bill St. John (Mater Dei)	1976
14:50.6	Mickey Wooley (El Modena)	1970

5000 meters

14:16.2	* Ralph Serna (Loara)	1974
14:26.61	*Evan Noonan (Dana Hills)	2024
14:26.86	Sydney Gidabuday (El Modena)	2014
14:29.35	Matt McElroy (Edison)	2010
14:32.8	** Eric Hulst (Laguna Beach)	1974
14:42.38	Mason Coppi (Dana Hills)	2016
14:51.41	Kenny Wanlass (Newport)	2023
14:58.69	Saul Orozco (J Serra)	2024
14:59.00	Jeff Thies (Edison)	2013

6 mile

27:58.0'	Eric Hulst (Laguna Beach)	1976
30:30.0'	Robert Tillman (Valencia)	1974
30:47.4'	Breggar Moore (Rancho Alamitos)	1975
30:56.2	Mike Walterhouse (Mission Viejo)	1976
31:13.0	* Dennis Wilson (Edison)	1973
31:15.0'	*Jeff Spangler (Villa Park)	1974
31:16.0	Ralph Serna (Loara)	1974
31:40.6'	*Paul O'Neil (El Dorado)	1974
31:46.0'	Robert Slick (Orange)	1974
32:17.0	Jim Bransom (University)	1975
32:45.2'	***Joe Dowling (Mater Dei)	1972

10,000 meters

28:55.0	Eric Hulst (Laguna Beach)	1976
31:05.1	Joey Gomez (Valencia)	1978
31:54.0	Gus Quinonez (Huntington Beach)	1983

One Hour Run (track)

11m 1043	Joey Gomez (Valencia)	1977
11m 906y	Dave White (El Modena)	1970
11m 835y	Robert Tillman (Valencia)	1974
11m 786y	*Jeff Spangler (Villa Park)	1974
11m 381y	Robert Slick (Orange)	1974
11m 372y	Bill Ingelhart (Westminster)	1966
11m 326y	*Paul O'Neil (El Dorado)	1974
11m 211y	Tom Lipski (Saddleback)	1969
11m 111y	*Ralph Serna (Loara)	1974
11m 67y	*George Navarette (Valencia)	1974
11m 47y	Mickey Wooley (El Modena)	1969
10m 1753y	Ed Surman (Orange)	1973
10m 1710y	**Eric Hulst (Laguna Beach)	1974
10m 1544y	*Steve Boaz (Valencia)	1974
10m 1473y	Mike Mulvihill (El Dorado)	1977
10m 1440y	*** Darrell Hatfield (Rancho (Al)	1970
10m 1431y	**Mike Walterhouse (Mission Viejo)	1974
10m 1372y	*Nick Priest (Costa Mesa)	1973
10m 1270y	Lee Batson (Newport)	1973

Marathon

2:27.25	Eric Hulst (Laguna Beach)	1976
2:31:24	***Robert Planta (Mater Dei)	1978
2:34:21	Sam Simakis (Newport)	1974
2:35:23	Dave Daley (Foothill)	1978
2:35:28	Chris Buecher (Westminster)	1979
2:36:34	Gordon Duff (Huntington Beach)	1978
2:36:34	Michael Calvano (Huntington Beach)	1978
2:37:17	Doug Schmenk (Westminster)	1970
2:37:50	Craig Sterling (San Clemente)	1969
2:37:51	Wayne Akiyama (Westminster)	1970
2:38:27	* Paul O'Neil (El Dorado)	1974
2:40:49	Tim Ernst (El Dorado)	1977
2:41:06	* Jeff Spangler (Villa Park)	1974
2:41:48	* Steve Boaz (Valencia)	1974
2:42:05	***Jon Lee (Fullerton)	1977
2:42:43	Steve Kovatch (Canyon)	1977

Decathlon (Olympic Implements & Hurdles)

6525	Tohru Asami (Sunny Hills)	1978
6286	Roy Hedlund (Villa Park)	1977
6030	Chris Doble (Troy)	1978
6022	Ron Mooers (Valencia)	1971
6022	David Fair (El Toro)	1990
6012	David Kuhn (Calvary Chapel)	1996
5799	Dan Hedlund (Villa Park)	1971
5794	*Jeff Lawson (El Dorado)	1976
5753	Mario Herbst (El Dorado)	1976
5673	Kevin Kuechler (Mission Viejo)	2006
5667	Ken Evans (Rancho Alamitos)	1978
5664	Jeff Bedell (Villa Park)	1985
5552	Bruce BenBen (Villa Park)	1975
5512	David Fair (El Toro)	1989
5493	Terry Ludin (Villa Park)	1983
5403	* Darrin Tobolski (Katella)	1982
5354	Mark Von Iderstein (Valencia)	1971
5341	William Kim (Villa Park)	1983
5298	Craig Sharon (Villa Park)	1969
5276	Ron Carver (Sunny Hills)	1977
5196	Glen Williams (Villa Park)	1979
5181	Brian White (Mission Viejo)	2002
5162	Mark Horist (Villa Park)	2007
5120	Steve Melender (Villa Park)	1978
5073	*Geoffrey Delorie (Marina)	2016
5053	Bailey Thayer (Los Alamitos)	2015
5014	Nathan Coelho (Westminster)	1998
5017	Dave Petty (Villa Park)	1977
5003	Tim Birkmann (Villa Park)	1979

110 meter High Hurdles

13.41	Steve Kerho (Mission Viejo)	1982
	<i>(State Champion)</i>	
13.48	Dominique DeGrammont (Tustin)	1997
	<i>(State Champion)</i>	
13.58+	John Peterson (Saddleback)	13.3y 1975
13.82+	Ken Margerum (Fountain Valley)	13.78y 1977
13.88+	Wilbur Gregory (Mission Viejo)	13.6y 1975
13.88	Terry Johnson (Katella)	1986
	<i>(State Champion)</i>	
13.89	Jose Rubio (Los Alamitos)	2017
13.95	Logan Lyght (Mater Dei)	2023
	<i>(State Runner Up)</i>	
13.99	Trevor Jones (Newport)	2000
14.07	* Devalle Pedrogo (Mission Viejo)	2009
14.13	Adrian Brown (Huntington Beach)	1991
14.16	Kenny Vinh (Katella)	2000
14.16	Bryan Payne (Trabuco Hills)	2004
14.18+	Ron Hamley (Lowell)	13.9y 1968
14.20	Sam Barkley (Mater Dei)	2011
14.21	Roman Mendoza (Santa Margarita)	2023
14.23	Al Williams (Irvine)	1998
14.24	Todd Hart (Servite)	1981

14.24	Mark Hale (Katella)		1981	14.70	** Mike Liti (Foothill)		2001
14.24c	Steve Southward (Fountain Valley)	14.0	1981	14.71	* Brian Flowers (SA Valley)		1984
14.27	Joe Fleskoski (Mission Viejo)		2002	14.71	Chance Kuehnelt (Sage Hill)		2016
14.27	Kyle Sandoval (Servite)		2017	14.72	Ben Forbes (Marina)		1998
14.28+	Wayne Claxton (La Habra)	14.0y	1968	14.72	Doyin Sule (Fullerton)		2011
14.28+	* Isaac Curtis (Santa Ana)	14.0y	1968	14.72	*Shea Summers (Edison)		2024
14.28+	Tom Turner (Cypress)	14.0y	1975	14.73	Doug Miller (Estancia)		1986
14.28	Mike Smith (El Toro)		1997	14.73	* Preston Spence (Edison)		2008
14.29	Charlie Davidson (Saddleback)		1992	14.73	Grant Bayr (Dana Hills)		2015
	(State Champion)			14.74c	Eric Nuanes (Loara)		1997
14.30	Mike Germain (Dana Hills)		1983	14.74	Myles Gregory (Fountain Valley)		2003
14.34	Ryan Crane (Dana Hills)		1992	14.74	Octavio Moreno (Anaheim)		2017
14.34	James Brown (Dana Hills)		1998	14.75	Brent Elliot (Canyon)		2011
14.34	Sean Morgan (Los Alamitos)		2017	14.76	Eric Dorn (Estancia)		1986
14.36	Ahmad Wright (Kennedy)		1999	14.76	Aaron Hill (Esperanza)		1999
14.36	Cameron Hurd (Trabuco Hills)		2016	14.76	James Finch (Capo Valley)		2017
14.38	Jeff Damron (Servite)		1983	14.77	** Mike Smith (Mission Viejo)		1995
14.38	Pat Swanson (Esperanza)		1996	14.77	Ramon Vargas (Huntington Beach)		2012
14.40	* Denny Flanagan (Edison)		2001	14.78+	Forrest Younger (Fullerton)	14.5y	1952
14.45	* John Sorenson (Mater Dei)		1984	14.78+	Don Jones (Huntington Beach)	14.5y	1956
14.45	Shane Vickers (Tustin)		1997	14.78+	Bob Ballew (Garden Grove)	14.5y	1957
14.46	Jay Thorson (Laguna Beach)		1981	14.78+	John Eastman (La Habra)	14.5y	1958
14.47	Marc Kallick (Marina)		1988	14.78+	Dave Jensen (Valencia)	14.5y	1966
14.48+	Jeff Nelson (Bolsa Grande)	14.2y	1965	14.78+	Carl Field (SA Valley)	14.5y	1969
14.48+	Jim Davis (Santa Ana)	14.2y	1970	14.78+	Harry Bracy (Los Alamitos)	14.5y	1970
14.49	Kienan Briggs (Valencia)		2001	14.78+	Garth Wise (Huntington Beach)	14.5y	1971
14.49	Abraham Lotfy (Los Alamitos)		2019	14.78+	Darrel Walker (Tustin)	14.5y	1972
14.50	Dave Plett (Western)		1981	14.78+	Steve Pickford (Huntington Beach)	14.5y	1972
14.51	*Jalen Craver (Woodbridge)		2010	14.78+	Steve Ward (La Quinta)	14.5y	1972
14.51	Daniel Sun (Woodbridge)		2016	14.78+	Walter Mead (Santa Ana)	14.5y	1972
14.55	Austin Tinsley (Santa Margarita)		2014	14.78+	Henry Harrell (Santa Ana)	14.5y	1973
14.55	Quinn Williams (Mission Viejo)		2017	14.78+	Lars Soderlind (Anaheim)	14.5y	1973
14.55	Jack Fairchild (Crean Lutheran)		2022	14.78+	Garry Templeton (SA Valley)	14.5y	1974
14.55	Dylan Poteat (Villa Park)		2023	14.78+	John Bristol (La Quints)	14.5y	1975
14.56	Nehemiah Nash (Woodbridge)		2016	14.78+	Dave Berger (Canyon)	14.5y	1977
14.57	Vince Fusco (Dana Hills)		2010	14.78+	Vic Berardino (Cypress)	14.5y	1977
14.57	Kyle Kimble (Servite)		2019	14.78+	Chris Roberson (Kennedy)	14.5y	1977
14.58+	Howard Parker (Santa Ana)	14.3y	1962	14.78+	Aaron Williamson (Westminster)	14.5y	1980
14.58+	Leonard Sims (Santiago)	14.3y	1964	14.78+	Brian Chapman (Troy)	14.5y	1986
14.58+	Don Tilley (SA Valley)	14.3y	1967	14.78	Brent Busch (Newport)		1991
14.58+	Keith Denson (SA Valley)	14.3y	1970	14.78	*Robert Garrett (Katella)		2010
14.58+	Ward Kisman (Sunny Hills)	14.3y	1970	14.78	**Peyton Brown (Tesoro)		2024
14.58+	* Bryan Poland (Brea)	14.3y	1970	14.79	Andy Stuffer (Villa Park)		1982
14.58+	Dave Powell (Edison)	14.3y	1972	14.79	Michael Miela (Trabuco Hills)		2009
14.58	Maikolo Liti (Foothill)		2003	14.80	*Rich Nichols (Fountain Valley)		1982
14.59	Jedediah Kaufman (Aliso Niguel)		2019	14.80	Shaheed Quassin (Laguna Hills)		1992
14.60	Connor Meech (San Juan Hills)		2015	14.80	Juan Lomeli (Saddleback)		1997
14.60	Dario Garrett (Trabuco Hills)		2024	14.80	Corey Hammond (Mater Dei)		2012
14.61	John Kennedy (Servite)		1986	14.81	John Hall (Servite)		1996
14.61	George Lynch (Mater Dei)		1988	14.81	Shaquille Richardson (Los Alamitos)		2010
14.62	*Ramon Vargas (Huntington Beach)		2011	14.81	Kaelin Moore (Canyon)		2017
14.62	Tyler Rios (Los Alamitos)		2014	14.81	Collin Hurd (Trabuco Hills)		2018
14.63	Michael Robbins (Tesoro)		2018	14.82	Todd Prukop (Servite)		1985
14.64	* Al Williams (Irvine)		1997	14.82	Jimmy Martin (Santa Margarita)		2009
14.64c	Mitch Allen (El Toro)	14.4	2006	14.82	* Dennis Austria (Kennedy)		2009
14.64	Isley Gutierrez (Mater Dei)		2023	14.82	Greg Starkey (San Clemente)		2009
14.65	Anton Hector (Esperanza)		1995	14.82	Ethan Rupp (Sanat Margarita)		2019
14.66+	Simon Faivailo (SA Valley)	14.63y	1978	14.83	Jack Johnson (Crean)		2019
14.68+	Louie Muniz (Santa Ana)	14.4y	1963	14.84c	Chris Fenn (Laguna Hills)	14.6	1981
14.68+	Dan Hedlund (Villa Park)	14.4y	1971	14.84c	Adam Shapiro (Capo Valley)	14.6	1984
14.68+	Bob McQueen (Anaheim)	14.4y	1971	14.84	Greg Muniz (Woodbridge)		1992
14.68+	Matt Hogsett (Newport)	14.4y	1972	14.84c	Dampen Roberts (SA Valley)	14.6	1998
14.68+	Dave Cooper (Magnolia)	14.4y	1972	14.84c	Jordan Czaykowski (El Modena)	14.6	2000
14.68+	Steve Adams (Estancia)	14.4y	1974	14.85+	Larry Neehan (Orange Lutheran)	14.82y	1979
14.68+	B. Richardson (El Modena)	14.4y	1974	14.85	Jon Peck (Irvine)		1992
14.68+	Jim Hunt (El Dorado)	14.4y	1976	14.86+	Jesse Johnson (SA Valley)	14.83y	1980
14.68+	Zim Walker (Savanna)	14.4y	1977	14.86	Carlos Valles (Katella)		2005
14.68+	Alan Duncan (Fountain Valley)	14.4y	1981	14.86	Joshua Lindley (Aliso Niguel)		2009
14.68+	Steve Davis (Edison)	14.4y	1981	14.86	Ian Ward (Servite)		2017
14.68	Dan Foote (Foothill)		1995	14.86	*Abraham Lotfy (Los Alamitos)		2018
14.68	Jim Bittner (Katella)		1998	14.87+	Alan Duncan (Fountain Valley)	14.84y	1978
14.68	*Ryan Whites (Estancia)		2006	14.88+	Steve Davis (Edison)	14.85y	1978
14.69	Nick Falcione (La Habra)		2004	14.88+	Sonny Owens (Fullerton)	14.6y	1955
14.70	Dwayne Gregory (Mission Viejo)		1984	14.88+	**Doug Hankins (Fullerton)	14.6y	1957
14.70	Espinosa (Capo Valley)		1984	14.88+	Stan Kincade (Santa Ana)	14.6y	1963
14.70	Scott Crowson (Mission Viejo)		1999	14.88+	* Jeff Nelson (Bolsa Grande)	14.6y	1964

14.88+	Brent Romney (Loara)	14.6y	1965	14.23	*Ramon Vargas (Huntington Beach)	2011
14.88+	Bob Wilkins (SA Valley)	14.6y	1965	14.23	Cameron Hurd (Trabuco Hills)	2016
14.88+	Craig Bothwell (Loara)	14.6y	1965	14.24	Ahmad Wright (Kennedy)	1999
14.88+	Jack Handy (Loara)	14.6y	1971	14.25	James Brown (Dana Hills)	1998
14.88+	Frank Mazon (Savanna)	14.6y	1971	14.26	Tyler Rios (Los Alamitos)	2014
14.88+	Dick Chemieleski (Villa Park)	14.6y	1974	14.28+	Sonny Owens (Fullerton)	14.0y 1956
14.88+	Plent (La Habra)	14.6y	1974	14.29	* Denny Flangan (Edison)	2001
14.88+	Jeff Butler (Los Alamitos)	14.6y	1975	14.31	Jose Rubio (Los Alamitos)	2016
14.88+	Owehand (Rancho Al)	14.6y	1975	14.36	*Jalen Craver (Woodbridge)	2010
14.88+	Randy James (Lowell)	14.6y	1975	14.40	Myles Gregory (Fountain Valley)	2003
14.88+	Scott Bruckner (Lowell)	14.6y	1976	14.40	Muzae Sesay (Canyon)	2008
14.88+	* Mark Hale (Katella)	14.6y	1980	14.41	Jack Fairchild (Crean Lutheran)	2022
14.88+	Tom Rish (Ocean View)	14.6y	1980	14.45	Shane Vickers Tustin)	1997
14.88	Pat Swanson (Esperanza)		1995	14.46	Jimmy Martin (Santa Margarita)	2009
14.88	Matt Blasdel (Santa Margarita)		1996	14.46	Chance Kuehnell (Sage Hill)	2016
14.89	Adolph Renaud (La Habra)		1986	14.47	Anton Hector (Esperanza)	1995
14.90	David Frazier (Mission Viejo)		2002	14.48+	Doug Hankins (Fullerton)	14.2y 1959
14.90	Nick McGuinness (Corona del Mar)		2013	14.48+	Keith Denson (S A Valley)	14.2y 1970
14.91	Louie Muniz (Woodbridge)		1989	14.48+	Bob McQueen (Anaheim)	14.2y 1971
14.91	Muzae Sesay (Canyon)		2008	14.50	* Preston Spence (Edison)	2008
14.91	Andy Bardine (El Toro)		2012	14.53	Eric Nuanes (Loara)	1997
14.91	Jalen Gill (Woodbridge)		2016	14.54c	George Lynch (Mater Dei)	14.3 1988
14.92	Sean Zeitler (Santa Margarita)		2001	14.54c	Brian Law (Villa Park)	14.3 2007
14.92	* Joe Emerson (Huntington Beach)		2002	14.55	Dwayne Gregory (Mission Viejo)	1984
14.92	**Ty Swanson (Sanata Margarita)		2024	14.55	Brent Busch (Newport)	1991
14.93	Jim Flanagan (Edison)		2006	14.57	Dylan Atencio (Yorba Linda)	2015
14.93	AJ Beynon (Edison)		2015	14.58+	Garth Wise (Huntington Beach)	14.3y 1971
14.93	Elias Ghazlani (Fountain Valley)		2016	14.58+	Todd Prukop (Servite)	14.3y 1985
14.93	Roman Giachetto (Brea)		2024	14.58+	Lars Soderlind (Anaheim)	14.4 1973
14.94c	Jesse Johnson (SA Valley)	14.7	1981	14.60	Andy Bardine (El Toro)	2012
14.94c	Al Abdallah (SA Valley)	14.7	1981	14.61	Carlos Valles (Katella)	2005
14.94c	Tom Fishbeck (Foothill)	14.7	1981	14.62	* Mike Liti (Foothill)	2002
14.94c	Tyrone Tucker (Villa Park)	14.7	1983	14.62	Oliver Pham (Canyon)	2012
14.94c	Javon Guiens (Cypress)	14.7	2004	14.62	Kyle Kimble (Servite)	2019
14.94	Reggie Dunn (Los Alamitos)		1988	14.63	Collin Hurd (Trabuco Hills)	2018
14.94	Sean Coye (Irvine)		1993	14.64	* Andy Stuffer (Villa Park)	14.4 1981
14.94	Scott Dicus (El Modena)		1997	14.64c	Tony Garcia (Foothill)	14.4 1994
14.96	* Michael Colby (Tustin)		2000	14.65	Nathan Arellano (Canyon)	2014
14.96	* Long Duong (Katella)		2000	14.68	Brian Danskin (Pacifica)	1992
14.97	** Steve Forte (Woodbridge)		1993	14.68	Nathan Willoghby (Fountain Valley)	2017
14.97	Oliver Pham (Canyon)		2012	14.69	James Finch (Capo Valley)	2017
14.97	Ryan Evans (Aliso Niguel)		2013	14.70	Shaquille Richardson (Los Alamitos)	2010
14.97	Peyton Kilheffer (Brea)		2021	14.70	Roman Giachetto (Brea)	2024
14.98+	Dick Carson (Anaheim)	14.7y	1949	14.73	*Robert Garrett (Katella)	2010
14.98+	Keith Keckler (SA Valley)	14.7y	1969	14.74+	Steve Ward (La Quinta)	14.5y 1972
14.98+	David Porter (Orange)	14.7v	1970	14.74+	Dave Powell (Edison)	14.5y 1972
14.98+	Bob Blacker (San Clemente)	14.7y	1970	14.74	* Kelvin Bias (Servite)	14.5 1987
14.98+	Don Mickelson (Los Alamitos)	14.7y	1970	14.74	* Eddie Dwelley (Edison)	2000
14.98+	Jeff Schrechengost (Loara)	14.7y	1971	14.74	Sam Spencer (San Clemente)	2008
14.98+	Randy Lazenby (Garden Grove)	14.1y	1972	14.74	Ebba Adinew (Troy)	2022
14.98+	Lori Perez (Santa Ana)	14.7y	1972	14.75	* Joe Emerson (Huntington Beach)	2002
14.98+	Gary Stewart (Loara)	14.7y	1973	14.76	Samuel Scott (Los Alamitos)	2018
14.98+	Craig Feola (El Dorado)	14.7y	1974	14.77	* Dusin Huynh (Fountain Valley)	2013
14.98+	Jay Craig (SA Valley)	14.7y	1974	14.79	*Nathan Willoughby (Fountain Valley)	2016
14.98+	Roy Hedlund (Villa Park)	14.7y	1977	14.79	Anthony Celano (Villa Park)	2024
14.98+	Charles Lucky (Los Alamitos)	14.7y	1977	14.80	AJ Beynon (Edison)	2014
14.98+	Jim Schulte (Foothill)	14.7y	1978	14.83	*Grant Bayr (Dana Hills)	2014
14.98+	Art Gourdine (El Toro)	14.7y	1978	14.83	Ian Ward (Servite)	2017
14.98+	Steve McRoberts (Huntington Beach)	14.7y	1979	14.84+	Lin Sitton (Fullerton)	14.6y 1953
14.98+	Mike McGee (Dana Hills)	14.7y	1986	14.84c	Jesse Johnson (SA Valley)	14.6 1981
14.98+	Todd Andrews (Fountain Valley)	14.7y	1982	14.84	*Adam Hill (Esperanza)	2003
14.98	* Justin Rovin (Laguna Beach)		2006	14.88+	Lin Sitton (Fullerton)	14.6 1953
14.99	Tony Garcia (Foothill)		1994	14.89	Al Abadallah (SA Valley)	1981
14.99	Javier Nava (El Dorado)		2003	14.89	* Mark Washington (Magnolia)	2009
14.99	Christian Ojeda (Servite)		2018	14.91	Elmer Guzman (Mission Viejo)	2005
				14.91	*Marc Tagle (Capo Valley)	2016
				14.92	Sean Cheatham (Rancho Alamitos)	1987
				14.94	*Jevan Hill (Fountain Valley)	2017
				14.95	Malcolm Sun (Troy)	2014
				14.97	Manual Gomez (Los Alamitos)	2015
Wind-aided:						
13.44	Dominique DeGrammont (Tustin)		1997			
13.54c	Terry Johnson (Katella)	13.3	1986			
13.94	Charlie Davidson (Saddleback)		1992			
13.94	*Logan Lyght (Mater Dei)		2022			
13.95	* Devalle Pedrogo (Mission Viejo)		2009			
14.08	Sam Barkley (Mater Dei)		2011			
14.19	Pat Swanson (Esperanza)		1996			
14.20	Mark Hale (Katella)		1981			

120 yard High Hurdles (42")

14.8	Ross Nichols (Huntington Beach)	1923
(110m—42")		
14.39	Josey Rubio (Los Alamitos)	2017

180 yard Low Hurdles (straight)

18.6	*Isaac Curtis (Santa Ana)	1968
18.7	Bill Swisshelm (Santa Ana)	1954
18.7	Ron Hamley (Lowell)	1968
18.8	Keith Denson (SA Valley)	1970
18.9	Don Tilley (Santa Ana)	1968
18.9	Gene Taylor (Marina)	1972
18.9	Jim Morgan (Mater Dei)	1967
19.0	Claude LaBarre (Santiago)	1963
19.0	Greg Heet (Lowell)	1964
19.0	Rick Gilson (Bolsa Grande)	1970
19.0	Matt Hogsett (Newport)	1972
19.0	Darrel Walker (Tustin)	1972
19.1	Tom Deckert (Santa Ana)	1966
19.1	Richard Woods (Estancia)	1969
19.1	Carl Fields (SA Valley)	1969

wind-aided:

18.6	Richard Woods (Estancia)	1969
18.6	Keith Denson (SA Valley)	1970
18.7	Jim Davis (Santa Ana)	1970
18.8	Gene Taylor (Marina)	1972
18.9	Sonny Owens (Fullerton)	1956
18.9	Adams (Estancia)	1974
19.0	Bob McQueen (Anaheim)	1971
19.1	Rick Gilson (Bolsa Grande)	1970
19.1	Lin Sitton (Fullerton)	1953

300 meter Low Hurdles (1975-1983)

35.85	Steve Kerho (Mission Viejo)	1982
	(<i>State Champion</i>)	
37.19c	Tom Turner (Cypress)	37.4y 1975
37.19c	Jim Hunt (El Dorado)	37.4y 1976
37.24c	Mark Hale (Katella)	37.0 1981
37.33	Henning Peterson (Esperanza)	1982
37.50	* Jeff Roach (Laguna Hills)	1983
37.54+	Troy Belvins (Fountain Valley)	37.76y 1978
37.61	Pat Covington (El Toro)	1982
37.74+	Wayne Kasperek (Newport)	37.8y 1978
37.74+	* Andy Stuffer (Villa Park)	37.8y 1981
37.84+	Rich Harrison (Newport)	37.9y 1976
37.84+	Ken Margerum (Fountain Valley)	37.9y 1977
38.02+	Conner Sill (Troy)	38.1y 1979
38.02+	Todd Andrews (Fountain Valley)	38.24y 1982
38.04c	Fred Simmons (Saddleback)	37.8 1983
38.11	Ian Ward (Servite)	2017
38.12+	Scott Turner (Buena Park)	38.1y 1977
38.12+	Kevin Romine (Fountain Valley)	38.1y 1979
38.14c	Phil Rivera (Savanna)	37.9 1981
38.14c	Bob Grego (Costa Mesa)	37.9 1982
38.14c	Dan Thompson (Huntington Beach)	37.9 1983
38.17+	Jim Herkimer (El Modena)	38.39y 1979
38.22+	Bryant Humann (Newport)	38.2y 1976
38.22+	Kevin Rornine (Fountain Valley)	38.2y 1978
38.22+	Larry Neeman (Orange Lutheran)	38.44y 1979
38.22	Tyrone Tucker (Villa Park)	1983
38.24c	Matt Bennyworth (Saddleback)	38.0 1982
38.26	Jeff Greer (Katella)	1983
38.32+	Roy Hedlund (Villa Park)	38.3y 1977
38.42+	Bruce Barrette (Fullerton)	38.4y 1975
38.42+	Chris Roberson (Kennedy)	38.4y 1977
38.42+	Zim Walker (Savanna)	38.4y 1977
38.42+	Tom Rish (Ocean View)	38.4y 1980
38.42+	Tim Tremper (Edison)	38.4y 1980
38.52+	Wilbur Gregory (Mission Viejo)	38.5y 1975
38.52+	Steve McRoberts (Huntington B)	38.5y 1980
38.52	Robert Lester (Servite)	1982

300 meter Intermediate Hurdles

(36") (1984-present)		
36.45	Trevor Jones (Newport)	2000
	(<i>State Champion</i>)	
36.72	Jose Rubio (Los Alamitos)	2017
36.74	Keith Pontiflet (Esperanza)	1985
36.91	Dominique DeGrammont (Tustin)	1997
36.95	*Blake Hennesay (Santa Margarita)	2017
37.00	Connor Meech (San Juan Hills)	2015
37.13	Matt Blasdel (Santa Margarita)	1996
37.14	Al Williams (Irvine)	1998
	(<i>State Champion</i>)	
37.25	Austin Tinsley (Santa Margarita)	2014
37.26	Terry Johnson (Katella)	1986
37.26	Cameron Hurd (Trabuco Hills)	2016
37.27	Bryan Payne (Trabuco Hills)	2004
	(<i>State Runner up</i>)	
37.27	Diego Courbis (Mission Viejo)	2014
37.35	Corey Hammond (Mater Dei)	2012
37.37	Anthony Hale (Garden Grove)	1988
37.37	Brandon Phillips (Irvine)	2010
37.38	Kevin Ahlstrom (Los Alamitos)	2004
37.39	Roman Mendoza (Santa Margarita)	2023
37.41	Shaquille Richardson (Los Alamitos)	2010
37.47	Brian Law (Villa Park)	2007
37.50	Dylan Alencio (Yorba Linda)	2015
37.51	Sam Barkley (Mater Dei)	2011
37.54	Danny Thompson (Huntington Beach)	1984
37.56	Jeff Roach (Laguna Hills)	1984
37.60	Mikey Fischetti (Dana Hills)	2009
37.62	Mel Lete (Saddleback)	1994
37.62	Ahmad Wright (Kennedy)	1999
37.66	Charles Michinock (Mater Dei)	2011
37.69	Greg Muniz (Woodbridge)	1992
37.69	Tyler Rios (Los Alamitos)	2014
37.70	Collin Hurd (Trabuco Hills)	2018
37.71	Vince Fusco (Dana Hills)	2010
37.74	Kirk Ayers (Western)	1987
37.75	Cullan Riser (Orange Lutheran)	2013
37.77	Sheldon Evans (Pacifica)	2004
37.79	Jalen Craver (Woodbridge)	2011
37.79	Matt Willis (Servite)	2002
37.80	** Anton Hector (Esperanza)	1993
37.81	John Hall (Servite)	1996
37.85	Josh Hill (Mission Viejo)	2018
37.87	Peyton Kilheffer (Brea)	2021
37.88	Vince Fusco (Dana Hills)	2010
37.89	Jimmy Martin (Santa Margarita)	2009
37.91	Quinn Williams (Mission Viejo)	2017
38.05	Shane Vickers (Tustin)	1997
38.05	Cole Paton (Mission Viejo)	2015
38.11	Ian Ward (Servite)	2017
38.12	Daniel Sun (Woodbridge)	2016
38.13	Carson Kaminski (Trabuco Hills)	2021
38.14	Nathan Willoughby (Fountain Valley)	2017
38.23	John Hollis (SA Valley)	1986
38.23	*Jalen Craver (Woodbridge)	2010
38.24	** Nolan Grimm (El Toro)	2008
38.25	Denny Flanagan (Edison)	2002
38.26	Ramon Vargas (Huntington Beach)	2011
38.28	Troy Hardy (Corona del Mar)	2013
38.30	Sean Zeitler (Santa Margarita)	2001
38.31	Charlie Davidson (Woodbridge)	1992
38.33	Hassan Ilyas (Fountain Valley)	2011
38.33	Kyle Sandoval (Servite)	2017
38.34	*AJ Beynon (Edison)	2014
38.35	Kevin Jones (Fountain Valley)	2008
38.37	Andrew Kokinakes (Aliso Niguel)	2009
38.38	Kamran Jahromi (Portola)	2024
38.43	Elmer Guzman (Mission Viejo)	2005
38.45	Pat Swanson (Esperanza)	1996
38.46	David Fair (El Toro)	1990
38.49	Chris Kruki (El Toro)	2018

38.52	Phil Oh (Irvine)	1996	39.23	*Leo Francis (Santa Margarita)	2004
38.57	Geno Howard (Los Amigos)	1986	39.24c	Dwayne Gregory (Mission Viejo)	39.0 1984
38.58	Nicolo Owens (Mission Viejo)	2024	39.25	Chad McHenry (Foothill)	1989
38.59	Jalen Gill (Woodbridge)	2016	39.25	Dante Maxey (Tustin)	1998
38.59	Michael Robbins (Tesoro)	2018	39.25	Zachary Felixz (Woodbridge)	2023
38.60	Kyle Clark (Whittier Christian)	2008	39.29	Brad Riehl (Servite)	2021
38.61	Jon Peck (Irvine)	1992	39.30	Tim Williams (Woodbridge)	1988
38.64	* Eric Johnson (Sonora)	1987	39.30	*Jack Grose (Trabuco Hills)	2010
38.65	Isaac Korn (Trabuco Hills)	2020	39.31	Brian Chapman (Troy)	1985
38.66	Shad Vickers (Tustin)	1991	39.31	Edie Dwelley (Edison)	2000
38.67	Trevor Wightman (Trabuco Hills)	2008	39.31	* Mike Mudge (Aliso Niguel)	2000
38.67	**Peyton Brown (Tesoro)	2024	39.32+	Rodney Wright (Canyon)	39.3y 1986
38.69	Chris Lamm (Irvine)	2001	39.32+	Brandon Beadle (Villa Park)	39.3y 1986
38.71	Mike Smith (El Toro)	1997	39.32	Ike Hicks (Cypress)	1996
38.72	Elias Ghazlani (Fountain Valley)	2016	39.33	Vince Flores (Savanna)	1991
38.73	Mitch Allen (El Toro)	2006	39.33	Jarrett Deschenes (Esperanza)	2001
38.75	Myles Gregory (Fountain Valley)	2003	39.33	Nehemiah Nash (Woodbridge)	2016
38.76	Louie Muniz (Woodbridge)	1989	39.33	Kyle Kimbler (Servite)	2019
38.77	George Lynch (Mater Dei)	1988	39.34c	Robbie Pietsch (El Modena)	39.1 1989
38.77	** Jeremy Buck (Dana Hills)	1990	39.34c	Don Oliver (Foothill)	39.1 1994
38.77	Kenny Vinh (Katella)	2000	39.35	Steve Ernest (Canyon)	1989
38.78	Jim Bittner (Katella)	1998	39.35	Dan Foote (Foothill)	1995
38.80	Michael Ventura (Santa Margarita)	2020	39.35	Robert Morell (Esperanza)	2000
38.81	*John Burns (Mission Viejo)	2019	39.35	* Dan Moyer (Newport)	2000
38.83	Myron Felix (Estancia)	1984	39.35	Ramon Vargas (Huntington Beach)	2012
38.85	Octavio Moreno (Anaheim)	2017	39.35	*Kieren Beckman (Huntington Beach)	2023
38.87	Justin Rovin (Laguna Beach)	2006	39.36	Chayne Chaldu (Laguna Beach)	1997
38.88	Davis Taff (Edison)	2004	39.36	Nick McGuiness (Corona del Mar)	2012
38.92+	Mike Patton (Saddleback)	38.9y 1985	39.37	Jason Arellano (Edison)	1998
38.92	Manuel Gomez (Los Alamitos)	2015	39.38	Chuck Loo (Newport)	1998
38.94c	Steve Lawrence (Capo Valley)	38.7 1987	39.39	Tony Wilson (Anaheim)	1984
38.94	Colin Currier (Crean)	2024	39.42+	Nick Matrisciano (Villa Park)	39.4y 1985
38.96	Justin Davis (San Clemente)	2002	39.42	* Kevin Carr (Esperanza)	1996
38.97	Travis Harr (El Toro)	1994	39.42	Sean Schuster (Mission Viejo)	2008
38.99	** Steve Forte (Woodbridge)	1993	39.42	Elijah Sandoval (Servite)	2021
39.00	*Nathan Lacson (Servite)	2018	39.43	Gabaldon (Rancho Alamitos)	2001
39.01	Kevin Carr (Esperanza)	1997	39.44c	Wynn Fredenburg (Esperanza)	39.2 1984
39.02	Chris Milosch (Dana Hills)	2005	39.44c	Craig Becker (Irvine)	39.2 1985
39.02	*Logan Ltght (Mater Dei)	2022	39.44c	Greg Sheperd (Corona del Mar)	39.2 1990
39.03	Mike McGee (Dana Hills)	1986	39.45	Steve Jennings (Marina)	1986
39.04	Hyrum Taylor (Northwood)	2004	39.48	*Ryan Whites (Estancia)	2006
39.04	Aaron Birk (Edison)	2009	39.52	Jack Fairchild (Crean Lutheran)	2022
39.04	Travion Phillips (Canyon)	2018			
39.04	Roman Giachetto (Brfea)	2024			
39.06	John Burns (Mission Viejo)	2020			
39.07	Brent Busch (Newport)	1991	52.33	Trevor Jones (Newport)	2000
39.08	Ben Forties (Marina)	1998	53.21	Steve Kerho (Mission Viejo)	1982
39.09	Justin Smith (Aliso Niguel)	2007	54.36	Peyton Kilheffer (Brea)	2021
39.11	Daniel Moyer (Newport)	2001	54.49	Matt Willis (Servite)	2002
39.12	Ryan Crane (Dana Hills)	1992	56.17	*Cullan Riser (Orange Lutheran)	2012
39.13	Chris Frazeur (Mission Viejo)	2003	57.59	Kyle Kimble (Servite)	2019
39.13	Randy Rense (St Margaret's)	2005	58.95	***Blaise Burwell (Servite)	2024
39.14c	* Wes Williams (Esperanza)	38.9 2004	58.99	***Peyton Brown (Tesoro)	2023
39.14	Tyler Young (Rancho Alamitos)	2018			
39.15	Chad Hick-Beach (Marina)	1996			
39.15	Nick Ahrold (Dana Hills)	2011			
39.16	Scott Crowson (Mission Viejo)	1999	41.10+	SA Valley	41.2y 1971
39.19	* Phil Oh (Irvine)	1995	41.24	Trabuco Hills	2018
39.20	Sean Coye (Irvine)	1993	41.28	Orange Lutheran	2023
39.20	Aiden Hart (Pacific Chr)	2024	41.29+	Santa Ana	41.4y 1970
39.21	Jonah Kim (Aliso Niguel)	2019		(State Champion)	
39.22	Christian Bohuslavizki (Santa Margarita)	2014	41.33	Los Alamitos	2022
39.22	Donnie Marion (Fountain Valley)	2018	41.35	Servite	2024
39.22	Jake Angier (El Modena)	2019	41.40	Trabuco Hills	2019
39.23	Michael Miela (Trabuco Hills)	2009	41.48	Tustin	1997
39.23	Cameron Baldwin (Los Alamitos)	2012	41.56	Woodbridge	2015
39.23	Jacob Anderson (Tustin)	2013	41.57	Mission Viejo	2006
39.23	Abraham Lotfy (Los Alamitos)	2019	41.57	Aliso Niguel	2019
39.24	Adrian Brown (Huntington Beach)	1991	41.57	Mater Dei	2021
39.26	Doug Kalagian (Capo Valley)	2009	41.60	Trabuco Hills	2023
39.27	Scott Dicus (El Modena)	1997	41.61	Mission Viejo	2017
39.27	Greg Starkey (San Clemente)	2009	41.69+	Santa Ana	41.8y 1968
39.28	John Gallup (Huntington Beach)	1986	41.70	Orange Lutheran	2009
39.28	Tom Rodriguez (Mission Viejo)	2002	41.71	Cypress	2005
39.22+	Mark Holman (Orange)	39.2y 1986	41.74	Servite	2017
			41.75	Aliso Niguel	2007

52.33	Trevor Jones (Newport)	2000
53.21	Steve Kerho (Mission Viejo)	1982
54.36	Peyton Kilheffer (Brea)	2021
54.49	Matt Willis (Servite)	2002
56.17	*Cullan Riser (Orange Lutheran)	2012
57.59	Kyle Kimble (Servite)	2019
58.95	***Blaise Burwell (Servite)	2024
58.99	***Peyton Brown (Tesoro)	2023

41.10+	SA Valley	41.2y	1971
41.24	Trabuco Hills		2018
41.28	Orange Lutheran		2023
41.29+	Santa Ana (<i>State Champion</i>)	41.4y	1970
41.33	Los Alamitos		2022
41.35	Servite		2024
41.40	Trabuco Hills		2019
41.48	Tustin		1997
41.56	Woodbridge		2015
41.57	Mission Viejo		2006
41.57	Aliso Niguel		2019
41.57	Mater Dei		2021
41.60	Trabuco Hills		2023
41.61	Mission Viejo		2017
41.69+	Santa Ana	41.8y	1968
41.70	Orange Lutheran		2009
41.71	Cypress		2005
41.74	Servite		2017
41.75	Aliso Niguel		2007

41.75	Mater Dei		2023	42.33	Santa Margarita		2001
41.35	Portola		2024	42.33	Santa Margarita		2018
41.76	Trabuco Hills		2024	42.33	Northwood		2024
41.78+	SA Valley	42.03y	1978	42.35	Mater Dei)		2012
41.78	Dana Hills		2008	42.36	Trabuco Hills		2016
41.79	Mater Dei		2014	42.37	Mission Viejo		2016
41.83	Mission Viejo		2007	42.38	SA Valley		1985
41.85	Mater Dei		2020	42.39	Fountain Valley		1998
41.86	SA Valley		1984	42.3h	Santa Margarita		2015
41.86	Los Alamitos		2003	42.43	Marina		1984
41.88	Trabuco Hills		2017	42.43	Mater Dei		2015
41.89	Woodbridge		2014	42.37	Mission Viejo		2004
41.90	Los Alamitos		2012	42.37	Corona del Mar		2014
41.91	Cypress		2003	42.39+	Loara	42.5y	1971
41.94	Mater Dei		2019	42.39+	Santa Ana	42.5y	1973
41.97	Santa Margarita		2017	42.40	Edison		1999
41.99+	Anaheim	42.1y	1972	42.41	Savanna		2006
41.99	Los Alamitos		2011	42.41	Servite		2023
42.00	Esperanza		1995	42.42	Mission Viejo		2010
42.00	Irvine		2021	42.46	SA Valley		1992
42.00	Edison		2001	42.46	Tustin		2000
42.02	Servite		2022	42.46	Santa Margarita		2000
42.03	Mater Dei		2024	42.47	Los Alamitos		2004
42.04	Garden Grove		1996	42.48+	S A Valley	42.72y	1980
42.05	SA Valley		1986	42.48	Capo Valley		1988
42.05	Mission Viejo		2013	42.48	Valencia		1992
42.06	Marina		1985	42.48	Irvine		2011
42.06	Los Alamitos		2002	42.48	Fountain Valley		2017
42.06	Servite		2003	42.48	Tesoro		2022
42.06	Mission Viejo		2024	42.49+	Mater Dei	42.6y	1967
42.09+	Santa Ana	42.2y	1969	42.49+	Garden Grove	42.6y	1972
42.09+	Loara	42.2y	1970	42.49+	SA Valley	42.6y	1973
42.09	Esperanza		2005	42.49+	SA Valley	42.6y	1974
42.09	Orange Lutheran		2008	42.49+	SA Valley	42.6y	1976
42.09	Mater Dei		2008	42.49	Mission Viejo		2012
42.10	Pacifica		2011	42.50	Esperanza		2010
42.11	J Serra		2024	42.51	Esperanza		1993
42.12	Servite		2009	42.51	Canyon		2009
42.13	Aliso Niguel		2018	42.51	Servite		2010
42.14c	Mission Viejo	42.0	2008	42.53	Aliso Niguel		2015
42.15	Mission Viejo		2018	42.54c	Capo Valley	42.4	1989
42.15	Servite		2021	42.54	Woodbridge		1994
42.18	Brea		1999	42.54	Santa Margarita		2014
42.18	Mission Viejo		2011	42.54	Marina		2016
42.19+	Santa Ana	42.3y	1972	42.55	Trabuco Hills		2010
42.19+	Garden Grove	42.3y	1973	42.56	Santa Margarita		2002
42.20	Woodbridge		1997	42.56	Mission Viejo		2005
42.20	Tustin		1998	42.56	Orange Lutheran		2022
42.20	Mater Dei		2009	42.57	Yorba Linda		2022
42.21	Mission Viejo		2009	42.58	Los Alamitos		2014
42.21	J Serra		2014	42.58	Los Alamitos		2024
42.22	Mater Dei		2016	42.59	Mater Dei		2018
42.23	Mission Viejo		2014	42.60	Tesoro		2014
42.23	Mission Viejo		2019	42.60	Aliso Niguel		2021
42.24	Cypress		2004	42.60	Villa Park		2023
42.25	Tesoro		2019	42.61	Mission Viejo		1992
42.26	Servite		2016	42.61	Edison		2000
42.27	Orange Lutheran		2024	42.61	Santa Margarita		2021
42.28	Mater Dei		2013	42.62	Saddleback		1991
42.28	San Juan Hills		2019	42.63	SA Valley		1983
42.29	Capo Valley		1987	42.63	Woodbridge		1992
42.29+	Marina	42.4y	1969	42.63	Mater Dei		1998
42.29+	SA Valley	42.4y	1969	42.63	Dana Hills		2006
42.29+	Savanna	42.4y	1971	42.63	Tesoro		2018
42.29	Santa Margarita		1998	42/63	Mission Viejo		2023
42.29	Dana Hills		2014	42.64c	Edison	42.5	1980
42.29	Mission Viejo		2020	42.65	Los Alamitos		2010
42.30	Servite		2008	42.65	Santa Margarita		2012
42.30	San Clemente		2011	42.65	Woodbridge		2013
42.30	Santa Margarita		2016	42.66	Trabuco Hills		2022
42.31	Santa Margarita		1996	42.67	Fountain Valley		2008
42.31	Servite		2011	42.67	Servite		2018
42.31	Corona Del Mar		2012	42.68	Mission Viejo		2022
42.32	Esperanza		1994	42.68	San Clemente		2024
42.32	Trabuco Hills		2011	42.69	Mission Viejo		1986

42.69+	Garden Grove	42.8y	1970	42.95	El Toro		2012
42.69+	Fountain Valley	42.8y	1970	42.95	Woodbridge		2018
42.69+	Sunny Hills	42.8y	1974	42.96	Saddleback		1984
42.69+	Newport	42.8y	1978	42.96	Santa Margarita		1997
42.69	Tesoro		2021	42.96	Los Alamitos		2001
42.70	Savanna		2003	42.96	Cypress		2002
42.70	San Clemente		2008	42.96	San Clemente		2009
42.71	Mission Viejo		2003	42.96	Servite		2013
42.72	Santa Margarita		1999	42.96	Corona del Mar		2022
42.72	Fountain Valley		2016	42.97	Sonora		2011
42.72	Orange Lutheran		2016	42.97	Aliso Niguel		2012
42.72	Orange Lutheran		2019	42.97	Tustin		2024
42.72	San Clemente		2023	42.98	Edison		2019
42.73	Mission Viejo		2021	42.99+	Lowell	43.1y	1968
42.74	Katella		1986	42.99+	Marina	43.1y	1971
42.74	Dana Hills		1994	42.99+	Kennedy	43.1y	1972
42.75	Mater Dei		1997	42.99+	Santa Ana	43.1y	1973
42.76	Laguna Hills		2003	42.99	Santa Margarita		1995
42.76	Edison		2012	42.99	Huntington Beach		2011
42.76	Los Alamitos		2017	42.99	Canyon		2019
42.77	Canyon		2008	43.00	El Toro		1997
42.77	Orange Lutheran		2011	43.00	Savanna		2004
42.77	Foothill		2024	43.00	Western		2011
42.78	San Clemente		2010	43.00	Laguna Hills		2012
42.79+	Saddleback	42.9y	1975	43.00	Los Alamitos		2013
42.80	Woodbridge		2016	43.00	Servite		2014
42.80	Irvine		2019	43.00	Mission Viejo		2015
42.80	Canyon		2022	43.00	Aliso Niguel		2017
42.80	Sage Hill		2024	43.01	Corona del Mar		1994
42.81	Orange Lutheran		2018	43.01	Irvine		1995
42.82	Laguna Hills		2008	43.01	Dana Hills		1995
42.82	Irvine		2016	43.01	Mission Viejo		2002
42.82	Trabuco Hills		2021	43.01	Orange Lutheran		2012
42.83	Mission Viejo		1997	43.01	Santa Margarita		2013
42.83	San Juan Hills		2022	43.02	Dana Hills		2009
42.84c	Corona del Mar	42.7	1983	43.02	Western		2019
42.84c	Saddleback	42.7	1983	43.03+	Irvine	43.28y	1980
42.84	Woodbridge		1993	43.03	Anaheim		1996
42.84	Servite		1999	43.03	Fountain Valley		2009
42.85	Brea		1995	43.04	SA Valley		1988
42.85	Mater Dei		1996	43.04c	Saddleback	42.9	1990
42.85	Corona del Mar		2013	43.04c	Irvine	4.29	1996
42.86	Huntington Beach		2012	43.04	Dana Hills		2016
42.87	Katella		1985	43.04	Beckman		2023
42.87	Trabuco Hills		2001	43.05	Orange Lutheran		2013
42.87	Trabuco Hills		2004	43.04	Yorba Linda		2024
42.87	Beckman		2014	43.05	Aliso Niguel		2020
42.86	Tesoro		2011	43.07	El Toro		1987
42.88	Mater Dei		2011	43.07	Dana Hills		2005
42.88	University		2017	43.07	Mater Dei		2010
42.89+	SA Valley	43.0y	1966	43.07	Brea		2019
42.89+	Loara	43.0y	1969	43.08	Los Alamitos		2021
42.89+	Brea	43.0y	1970	43.09+	El Modena	43.2y	1970
42.89+	SA Valley	43.0y	1972	43.09+	Santiago	43.2y	1970
42.89+	Corona del Mar	43.0y	1972	43.09+	Fountain Valley	43.2y	1971
42.89+	Los Alamitos	43.0y	1975	43.09+	Katella	43.2y	1971
42.89+	Villa Park	43.0y	1977	43.09+	Edison	43.2y	1975
42.89+	Ocean View	43.0y	1981	43.09+	Loara	43.2y	1975
42.89+	Katella	43.0y	1981	43.09+	La Habra	43.2y	1975
42.89	Esperanza		1990	43.09+	Savanna	43.2y	1975
42.89	Irvine		2001	43.09+	Loara	43.2y	1981
42.90	Mater Dei		1991	43.09+	El Modena	43.2y	1982
42.90	Fountain Valley		1997	43.09	Esperanza		1985
42.90	San Clemente		2018	43.09	Irvine		1986
42.90	Edison		2020	43.09	Trabuco Hills		1987
42.91	Troy		2000	43.09+	Buena Park	43.2y	1990
42.91	Edison		2002	43.09	El Modena		2023
42.92	Foothill		1992	43.10	Esperanza		2004
42.92	El Modena		2008	43.10	Tustin		2012
42.92	Trabuco Hills		2009	42.10	Edison		2018
42.92	Los Alamitos		2019	43.10	Tesoro		2020
42.93	Dana Hills		2013	43.11	SA Valley		1982
42.94	Villa Park		1983	43.11	Foothill		1991
42.94c	Saddleback	42.8	1985	43.11	El Modena		2007
42.94	Irvine		2000	43.11	Fountain Valley		2010
42.95	Brea		1998	43.11	Dana Hills		2017

43.11	Woodbridge		2019	43.29+	Los Alamitos	43.4y	1989
43.11	Villa Park		2024	43.29+	Katella	43.4y	1975
43.12	Buena Park		1993	43.29+	SA Valley	43.4y	1975
43.12	Kennedy		1999	43.29+	El Modena	43.4y	1986
43.12	J Serra		2015	43.30	Mission Viejo		1999
43.12	Marina		2019	43.30	Trabuco Hills		2015
43.12	Santa Margarita)		2019	43.30	Huntington Beach		2023
43.13	Edison		1997	43.31	Esperanza		1997
43.13	Los Alamitos		2006	43.31	Valencia		2019
43.13	Laguna Hills		2019	43.32	Newport		2001
43.13	Orange Lutheran		2021	43.32	Servite		2019
43.13	Corona del Mar		2024	43.32	Edison		2023
43.14c	Anaheim	43.0	1985	43.33	San Juan Hills		2014
43.14c	El Modena	43.0	1992	43.33	Beckman		2022
43.14c	El Toro	43.0	2002	43.34c	Ocean View	43.2	1982
43.14c	Aliso Niguel	43.0	2008	43.34c	Saddleback	43.2	1982
43.14	Huntington Beach		2010	43.34c	Mission Viejo	43.2	1988
43.14	Laguna Hills		2011	43.34c	Marina	43.2	1983
43.14	Trabuco Hills		2020	43.34c	Tustin	43.2	1990
43.15	Sunny Hills		1995	43.34c	Katella	43.2	1997
43.15	Canyon		2020	43.34c	Canyon	43.2	2001
43.15	Edison		2022	43.34c	Los Alamitos	43.2	2008
43.15	Los Alamitos		2023	43.34	Servite		2020
43.16	Woodbridge		1998	43.35	Corona del Mar		2010
43.16	Mission Viejo		2001	43.35	San Juan Hills		2012
43.16	Irvine		2010	43.35	El Modena		2013
43.16	Laguna Hills		2017	43.36	Mater Dei		2017
43.17	Katella		1984	43.36	Yorba Linda		2023
43.17	Woodbridge		1999	43.37	Cypress		1992
43.17	Trabuco Hills		2013	43.37	Beckman		2019
43.17	El Modena		2014	43.38	Dana Hills		1984
43.18	San Clemente		2006	43.38	Valencia		1986
43.18	Tesoro		2012	43.38	Los Alamitos		1994
43.18	Fountain Valley		2015	43.38	Esperanza		1996
43.19+	Newport	43.3y	1975	43.38	Tustin		2008
43.19+	SA Valley	43.3y	1987	43.38	Yorba Linda		2016
43.19	Servite		1996	43.38	Edison		2021
43.19	El Toro		1999	43.39	Fountain Valley		1988
43.19	San Juan Hills		2013	43.39	San Clemente		1990
43.19	Aliso Niguel		2016	43.39	Savanna		2008
43.20	Rancho Alamitos		1990	43.39	University		2016
43.20	Trabuco Hills		1999	43.40	Foothill		1990
43.20	Santa Margarita		2005	43.40	El Toro		1998
43.20	Dana Hills		2015	43.40	Dana Hills		1999
43.20	El Toro		2021	43.40	Tustin		2009
43.20	Santa Margarita		2024	43.41	San Clemente		1989
43.21	Marina		1986	43.41	Mission Viejo		1994
43.21	Kennedy		2001	43.41	Huntington Beach		2008
43.21	Los Alamitos		2005	43.41	Woodbridge		2010
43.21	Esperanza		2009	43.42	Esperanza		2011
43.21	Aliso Niguel		2009	43.42	Servite		2012
43.21	Los Alamitos		2016	43.42	San Juan Hills		2020
43.21	Aliso Niguel		2022	43.42	Corona Del Mar		2023
43.22	Santa Margarita		2008	43.43	Pacifica		2010
43.22	Sonora		2012	54.43	Santa Margarita		2020
43.22	Dana Hills		2018	43.44c	Irvine	43.3	1981
43.24c	Corona del Mar	43.1	1980	43.44c	Estancia	43.3	1986
43.24c	Capo Valley		2008	43.44	Marina		1990
43.24c	Calvary Chapel	43.1	1996	43.44c	Rancho Alamitos	43.3	1991
43.24c	San Clemente		2007	43.44	Mater Dei		2001
43.24	Anaheim		1984	43.44c	Esperanza	43.3	2008
43.24	Saddleback		1994	43.44	Fullerton		2010
43.24	Trabuco Hills		2000	43.44	Marina		2021
43.24	Villa Park		2011	43.44	Villa Park		2022
43.24	Los Alamitos		2018	43.45	Anaheim		1986
43.25	Esperanza		1991	43.45	Northwood		2016
43.25	Katella		1999				
43.25	Edison		2005				
43.25	Orange Lutheran		2006				
43.25	Aliso Niguel		2024	1:26.8	Bolsa Grande		1966
43.26	Edison		1998	1:27.2	Santa Ana		1972
43.27	Capo Valley		1990	1:27.66c	Trabuco Hills	1:28.17	2017
43.27	Tustin		1996	1:27.66	Trabuco Hills		2024
43.27	Woodbridge		2017	1:27.9	Mater Dei		1967
43.28	Edison		2013	1:28.4	SA Valley		1967
43.28	Portola		2023	1:28.5	Santa Ana		1956

4 x 220 yard Relay

1:28.5	La Habra	1965	3:16.80	Mater Dei	2010
1:28.5	SA Valley	1977	3:16.80	Dana Hills	2018
1:28.7	Valencia	1966	3:16.91	Woodbridge	2015
1:29.0	SA Valley	1964	3:16.92	SA Valley	1986
1:29.0	Bolsa Grande	1965	3:17.02	Northwood	2024
1:29.00c	Orange Lutheran	1:28.48m 2009	3:17.28	Servite	2008
1:29.1	Santa Ana	1954	3:17.30	Trabuco Hills	2009
1:29.10c	Orange Lutheran	1:28.58m 2008	3:17.34	Mater Dei	2011
1:29.18	Servite	2011	3:17.46	Santa Margarita	2000
1:29.28	Orange Lutheran	2013	3:17.57	Woodbridge	2014
1:29.3	Santa Ana	1938	3:17.72	Buena Park	3:19.0y 1972
	<i>(State Champion)</i>		3:17.72	Tesoro	2019
1:29.5	Santa Ana	1969	3:17.80	Corona del Mar	2012
1:29.52c	Garden Grove	1:29.0m 1996	3:17.84	Valencia	1991
1:29.52c	Trabuco Hills	1:29.40m 2022	3:17.85	Valencia	1992
1:29.6	Santa Ana	1966	3:17.9 +	Garden Grove	3:19.2y 1970
1:29.7	La Habra	1966	3:17.9 +	Edison	3:19.2y 1975
1:29.7	Esperanza	1995	3:17.92	Newport	3:19.2y 1977
1:29.8	Santa Ana	1927	3:18.12	Villa Park	1996
1:29.89	Valencia	1992	3:18.3 +	Newport	3:19.6y 1972
1:29.9	Laguna Beach	1948	3:18.3 +	Los Alamitos	3:19.6y 1975
1:29.9	Santa Ana	1953	3:18.34	Cypress	2006
1:29.9	Tustin	1960	3:18.4 +	Bolsa Grande	3:19.7y 1966
1:29.9	Anaheim	1965	3:18.53	Foothill	1991
1:29.9	SA Valley	1992	3:18.65	Dana Hills	2005
1:29.98	Edison	1999	3:18.68	Servite	2011
1:30.0	Villa Park	1977	3:18.7 +	Western	3:20.0y 1972
1:30.0c	Cypress	1:29.4m 2006	3:18.75	Orange Lutheran	2023
1:30.09c	Trabuco Hills	1:29.49m 2023	3:18.82	Orange Lutheran	2007
1:30.1	Newport	1967	3:18.98	Tustin	1997
1:30.1	Saddleback	1991	3:18.98	Trabuco Hills	2017
1:30.11c	Dana Hills	1:29.58m 2008	3:19.1 +	Santa Ana	3:20.4y 1971
1:30.16c	Fountain Valley	1:29.63m 2008	3:19.2 +	Newport	3:20.5y 1974
1:30.2	Corona del Mar	1972	3:19.23	Santa Margarita	1998
1:30.21	Mission Viejo	2020	3:19.29	Trabuco Hills	2015
1:30.28	Mission Viejo	2011	3:19.32	Edison	2005
1:30.42	Dana Hills	2013	3:19.34	Edison	1989
1:30.45	Valencia	1991	3:19.46	Fountain Valley	1982
1:30.51	San Jian Hills	2020	3:19.47	El Modena	1982
1:30.62c	Mater Dei	1:30.09m 2008	3:19.49	Orange Lutheran	2018
1:30.68	Aliso Niguel	2020	3:19.54	Mater Dei	2013
			3:19.60	Mission Viejo	2013
1:31.2	Santa Ana	1938	3:19.64	Dana Hills	2013
	<i>(State Champion)</i>		3:19.68	Woodbridge	1989
			3:19.70	Orange Lutheran	2024
			3:19.82	Servite	1999
			3:19.83	Dana Hills	1984
			3:19.9 +	Savanna	3:21.2y 1970
			3:19.9 +	Santa Ana	3:21.2y 1970
			3:20.0 +	Tustin	3:21.3y 1969
			3:20.0 +	Santa Ana	3:21.3y 1973
			3:20.00	Esperanza	1984
			3:20.04	Mission Viejo	2016
			3:20.06	Santa Margarita	2008
3:13.8 +	Santa Ana	3:15.0y 1972	3:20.1 +	Lowell	3:21.4y 1969
3:13.98	Orange Lutheran	2008	3:20.10	Aliso Niguel	2019
3:14.53	Orange Lutheran	2009	3:20.16	Dana Hills	2010
	<i>(State Champion)</i>		3:20.21	SA Valley	1992
3:14.68	Aliso Niguel	2018	3:20.23	Irvine	2010
3:14.99	Foothill	1993	3:20.26	Newport	2000
3:15.10	Foothill	1992	3:20.26	Mater Dei	2012
3:15.19	Santa Margarita	2002	3:20.27	Esperanza	1983
3:15.5 +	Newport	3:16.7y 1975	3:20.32	Edison	1998
3:15.65	Trabuco Hills	2019	3:20.4 +	Santa Ana	3:21.7y 1974
3:15.70	Santa Margarita	2001	3:20.41	Mater Dei	2018
3:15.79	Foothill	1994	3:20.43	Trabuco Hills	2016
3:15.81	Trabuco Hills	2004	3:20.49	Dana Hills	2017
3:15.94	Santa Margarita	2003	3:20.52	Woodbridge	2013
3:15.96	Woodbridge	2010	3:20.55	Edison	2019
3:16.0 +	Newport	3:17.2y 1978	3:20.57	Canyon	2008
3:16.02	Cypress	2005	3:20.59	Dana Hills	2014
3:16.06	Aliso Niguel	2017	3:20.62	Trabuco Hills	1998
3:16.34	Mission Viejo	2004	3:20.71	Servite	2015
3:16.40	Los Alamitos	2004	3:20.73	Orange Lutheran	2013
3:16.41	Fountain Valley	1981	3:20.73	Woodbridge	2016
3:16.5 +	Fountain Valley	3:17.7y 1970			

4 x 400 meter Relay (Mixed)

3:33.87 J Serra 2024

4 x 400 meter Relay

3:13.8 +	Santa Ana	3:15.0y 1972
3:13.98	Orange Lutheran	2008
3:14.53	Orange Lutheran	2009
	<i>(State Champion)</i>	
3:14.68	Aliso Niguel	2018
3:14.99	Foothill	1993
3:15.10	Foothill	1992
3:15.19	Santa Margarita	2002
3:15.5 +	Newport	3:16.7y 1975
3:15.65	Trabuco Hills	2019
3:15.70	Santa Margarita	2001
3:15.79	Foothill	1994
3:15.81	Trabuco Hills	2004
3:15.94	Santa Margarita	2003
3:15.96	Woodbridge	2010
3:16.0 +	Newport	3:17.2y 1978
3:16.02	Cypress	2005
3:16.06	Aliso Niguel	2017
3:16.34	Mission Viejo	2004
3:16.40	Los Alamitos	2004
3:16.41	Fountain Valley	1981
3:16.5 +	Fountain Valley	3:17.7y 1970

3:20.74	Santa Margarita	1997	3:22.5 +	El Dorado	3:23.8y	1980
3:20.76	Los Alamitos	2003	3:22.50	El Dorado		1987
3:20.78	Dana Hills	2019	3:22.56	Los Alamitos		2001
3:20.80	Santa Margarita	2005	3:22.56	Woodbridge		2011
3:20.83	Servite	2019	3:22.59	Corona del Mar		2011
3:20.84	Mission Viejo	2002	3:22.65	Servite		2022
3:20.87	Woodbridge	2017	3:22.67	Servite		2016
3:20.89	Mission Viejo	2010	3:22.68	Esperanza		1989
3:20.98	Mission Viejo	2005	3:22.71	Mater Dei		1981
3:21.0 +	SA Valley	3:22.2y 1969	3:22.71	Canyon		1989
3:21.08	Los Alamitos	2024	3:22.71	Santa Margarita		2019
3:21.09	San Clemente	2024	3:22.73	Los Alamitos		1983
3:21.11	Woodbridge	1992	3:22.76	University		1981
3:21.12	Mater Dei	2009	3:22.80	Irvine		1987
3:21.12	J Serra	2023	3:22.80	Cypress		1993
3:21.15	Mater Dei	2014	3:22.80	Orange Lutheran		2006
3:21.15	Trabuco Hills	2023	3:22.81	Costa Mesa		1982
3:21.16	Santa Margarita	1999	3:22.81	Woodbridge		2009
3:21.17	Villa Park	1983	3:22.82	Esperanza		2000
3:21.18	Dana Hills	2008	3:22.82	Trabuco Hills		2013
3:21.22	Tesoro	2010	3:22.85	Mission Viejo		2019
3:21.36	Portola	2024	3:22.88	Edison		2001
3:21.38	Los Alamitos	2015	3:22.93	Trabuco Hills		2010
3:21.4 +	Westminster	3:22.7y 1973	3:23.0	El Modena		1981
3:21.4 +	Marina	3:22.7y 1976	3:23.00	Edison		1997
3:21.4 +	Villa Park	3:22.7y 1977	3:23.09	Mission Viejo		2006
3:21.49	Dana Hills	2009	3:23.09	Los Alamitos		2008
3:21.49	Santa Margarita	2016	3:23.09	Trabuco Hills		2011
3:21.5 +	Lowell	3:22.8y 1970	3:23.10	Estancia		1986
3:21.5 +	University	3:22.8y 1980	3:23.13	Esperanza		1982
3:21.51	Anaheim	1984	3:23.13	Mission Viejo		2014
3:21.51	Northwood	2023	3:23.15	Yorba Linda		2019
3:21.56	Tustin	2012	3:23.16	Rancho Alamitos		1984
3:21.58	Mater Dei	1983	3:23.18	Villa Park		1985
3:21.60	Saddleback	1992	3:23.18	Santa Margarita		1996
3:21.6 +	Buena Park	3:22.9y 1971	3:23.23	Irvine		1986
3:21.62	Trabuco Hills	2003	3:23.24	Mission Viejo		2003
3:21.67	Mission Viejo	1985	3:23.31	Servite		1986
3:21.68	Corona del Mar	2013	3:23.32	Katella		1983
3:21.7 +	Newport	3:23.0y 1973	3:23.33	University		1982
3:21.74	Trabuco Hills	2018	3:23.34	Dana Hills		2020
3:21.75	Trabuco Hills	1999	3:23.36	Fountain Valley		2016
3:21.81	Dana Hills	1983	3:23.39	Savanna		1997
3:21.85	Canyon	2009	3:23.42	Los Alamitos		2014
3:21.87	Aliso Niguel	2008	3:23.45	Esperanza		1991
3:21.88	SA Valley	1997	3:23.45	Saddleback		1994
3:21.9 +	Estancia	3:23.2y 1976	3:23.45	Mission Viejo		2009
3:21.91	Edison	2014	3:23.46	Corona del Mar		1984
3:21.92	Woodbridge	2019	3:23.47	Huntington Beach		1990
3:21.96	Dana Hills	2012	3:23.48	Dana Hills		2001
3:21.98	Aliso Niguel	2015	3:23.49	Newport		1987
3:21.99	Portola	2023	3:23.5	Costa Mesa		1981
3:22.01	Trabuco Hills	2024	3:23.50	Katella		1989
3:22.04	Fountain Valley	1993	3:23.50	Huntington Beach		2008
3:22.04	Mission Viejo	2018	3:23.50	Servite		2013
3:22.06	Marina	1984				
3:22.09	Dana Hills	2011				
3:22.09	Woodbridge	2018				
3:22.1 +	Mission Viejo	3:23.4y 1975	3:26.1 +	La Habra	3:27.4y	1961
3:22.1	Corona del Mar	1983	3:26.36	Los Alamitos		2016
3:22.2 +	Villa Park	3:23.5y 1976	3:26.7 +	Orange	3:27.9y	1961
3:22.2 +	El Dorado	3:23.5y 1978	3:26.8 +	La Habra	3:28.5y	1962
3:22.21	Servite	2021	3:27.24	Tesoro		2019
3:22.23+	Edison	3:23.41y 1980	3:27.33	El Modena	3:27.4y	1982
3:22.25	Katella	1988	3:27.64	Loa Alamitos		2015
3:22.27	Mater Dei	2008	3:27.64	Mission Viejo		2018
3:22.27	Santa Margarita	2018	3:29.27	Los Alamitos		2018
3:22.28	Esperanza	1993	3:29.29	Tesoro		2018
3:22.3 +	Newport	3:23.5y 1969	3:30.13	Trabuco Hills		2023
3:22.30	Santa Margarita	2014	3:30.19	Los Alamitos		2017
3:22.34	Edison	2013	3:30.5 +	Sunny Hills	3:31.8y	1974
3:22.40	Los Alamitos	2005	3:30.5 +	El Modena	3:31.8y	1977
3:22.41	Orange	1983	3:30.57	Dana Hills		2010
3:22.41	Mission Viejo	2012	3:30.61	Mater Dei		2013
3:22.42	Aliso Niguel	2009	3:30.67	Dana Hills		2009
			3:31.76	Dana Hills		2014

Sprint Medley

3:31.87	El Toro	2009
3:32.6	Katella	1980
3:32.7 +	Orange	3:34.0y 1963
3:30.30	Trabuco Hills	1987
3:33.36	San Juan Hills	2013
3:33.38	Mission Viejo	2020
3:33.89	Dana Hills	2008
3:33.96	Mission Viejo	2014
3:34.11	Tesoro	2016
3:34.14	Los Alamitos	2019
3:34.27	Los Alamitos	2013
3:34.36	Tesoro	2023
3:34.57	El Modena	1994
3:34.59	San Juan Hills	2014
3:34.72	Santa Margarita	2022
3:35.08	Trabuco Hills	2019
3:35.21	Servite	2022
3:35.62	Northwood	2023
3:35.63	El Toro	2003
3:35.66	Edison	2021
3:35.80	Trabuco Hills	2010

4 x 800 meter Relay

7:38.07	San Clemente	2024
	<i>State Champions</i>	
7:38.59	San Clemente	2023
7:40.30	Dana Hills	2009
7:45.10	Dana Hills	2013
7:45.2 +	Tustin	7:48.0y 1965
7:46.4 +	Mission Viejo	7:49.2y 1973
7:47.48	Corona del Mar	2012
7:48.39	Santa Margarita	2024
7:48.4	El Modena	1981
7:49.49	Dana Hills	2008
7:50.28	J Serra	2024
7:51.27	Mission Viejo	2013
7:51.4 +	Orange	7:54.2y 1962
7:51.51	Santa Margarita	2007
7:52.10	Dana Hills	2005
7:52.11	Servite	2008
7:52.25	Mision Viejo	1985
7:52.3 +	Magnolia	7:55.1y 1963
7:52.4 +	Loara	7:59.1y 1975
7:42.48	Dana Hills	2018
7:52.83	El Toro	2006
7:53.04	Valencia	2009
7:53.2	Lowell	1965
7:53.7	Edison	1989
7:54.12	Dana Hills	2012
7:54.4	Edison	1980
7:54.04	Edison	2004
7:54.7	Corona del Mar	1989
7:55.1	Mater Dei	1982
7:55.1	Katella	1982
7:55.12	Marina	2010
7:55.43	Servite	2010
7:55.77	Villa Park	1983
7:55.80	Irvine	1985
7:56.07	Dana Hills	2010
7:56.10	Marina	2011
7:56.2	Magnolia	1964
7:56.3 +	Villa Park	7:59.1y 1972
7:56.34	Dana Hills	2014
7:56.35	Capo Valley	1989
7:56.59	Brea	2011
7:56.6 +	Estancia	7:59.4y 1977
7:57.30	Tesoro	2023
7:57.67	Esperanza	2002
7:57.87	Esperanza	2011
7:57.97	Trabuco Hills	2023
7:58.21	El Toro	2007
7:58.37	Brea Olinda	1994
7:58.84	Santa Margarita	2003
7:58.94	Esperanza	2003
7:59.0	University	1980
7:59.08	Dana Hills	2011
7:59.2	El Dorado	1982

7:59.21	Fountain Valley	2001
7:59.33	Dana Hills	2002
7:59.82	Marina	2005
7:59.86	Dana Hills	2007
7:59.9	Edison	1981

Distance Medley

9:58.76	Dana Hills	2010
10:01.50	Dana Hills	2009
10:03.24	Trabuco Hills	2008
10:06.73	Dana Hills	2015
10:08.02	Dana Hills	2011
10:08.4 +	El Modena	10:12.0y 1970
10:08.50	Dana Hills	2013
10:09.71	Corona del Mar	1989
10:10.51	San Clemente	2023
10:12.4 +	Laguna Beach	10:16.0y 1976
10:13.20	San Clemente	2024
10:13.41	Mission. Viejo	1998
10:13.50	Esperanza	2011
10:14.08	Dana Hills	2008
10:14.6 +	La Habra	10:18.2y 1968
10:14.65	Corona del Mar	2012
10:15.06	El Modena	1981
10:15.63	El Toro	2011
10:15.65	Dana Hills	2017
10:15.92	Newport	1999
10:15.96	Dana Hills	2014
10:16.1 +	Mission Viejo	10:19.6y 1974
10:16.21	El Modena	1983
10:16.84	Santa Margarita	2024
10:16.96	El Toro	2012
10:17.2 +	Garden Grove	10:20.8y 1972
10:17.2 +	Loara	10:20.8y 1975
10:17.4 +	Westminster	10:21.1y 1967
10:17.73	El Toro	2002
10:17.88	Corona del Mar	1987
10:17.93	Edison	2005
10:18.2 +	Mission Viejo	10:21.8y 1975
10:18.68	El Toro	2008
10:18.73	Villa Park	1986
10:18.78	Mission Viejo	2018
10:19.0 +	Loara	10:22.6y 1974
10:19.29	El Toro	2009
10:19.39	Dana Hills	2019
10:19.4	El Modena	1984
10:19.5 +	La Habra	10:23.2y 1967
10:20.07	Dana Hills	2024
10:20.4 +	Westminster	10:24.0y 1965
10:20.75	Esperanza	2010
10:20.85	Santa Ana	2007
10:21.2	Edison	1980
10:21.24	El Toro	2013
10:21.4 +	Santiago	10:25.0y 1965
10:21.44	Canyon	2024
10:24.54	Edison	2013
10:21.71	Villa Park	1985
10:21.79	Newport	2008
10:21.87	Mater Dei	1983
10:21.92	Santa Margarita	2007
10:22.14	Woodbridge	2011
10:22.30	Brea	2014
10:22.40	Mission Viejo	2017
10:22.5 +	Buena Park	10:26.1y 1977
10:22.68	Corona del Mar	1984
10:22.68	Orange	2003
10:22.69	Brea	2016
10:22.8 +	Mission Viejo	10:26.4y 1977
10:22.82	Beckman	2021
10:23.1 +	Corona del Mar	10:26.8y 1975
10:23.5 +	Sunny Hills	10:27.2y 1974
10:23.70	Esperanza	2003
10:23.8 +	Foothill	10:27.5y 1978
10:24.51	El Toro	2003
10:24.54	Edison	2013

10:24.6 +	Corona Del Mar	10:28.3y	1985	17:47.36+	El Toro	17:53.59y	2007
10:24.7	Costa Mesa	10:28.4y	1977	17:47.94	Mater Dei		1989
10:24.8 +	Valencia	10:28.5y	1977	17:48.07+	El Toro	17:54.30y	2006
10:24.82	Mater Dei		1989	17:48.9 +	Sunni Hills	17:55.2y	1973
10:24.87	Santa Margarita		2023	17:49.0 +	Marina	17:55.3y	1978
10:25.03	El Toro		2007	17:49.52	Mission Viejo		2017
10:25.09	Dana Hills		2003	17:49.67	Newport		2019
10:25.4 +	Edison		1981	17:50.6 +	Westminster	17:56.9y	1966
10:25.40	Corona del Mar		1986	17:50.87	San Clemente		2022
10:25.64	El Modena		2014	17:50.97+	El Toro	17:57.22y	2008
10:25.8 +	Lowell	10:29.4y	1963	17:51.39	Katella		1999
10:26.11	Mission Viejo		2014	17:52.11+	Valencia	17:58.36y	2006
10:26.41	Dana Hills		2002	17:52.14	El Toro		2002
10:26.49	La Habra		1986	17:52.4 +	Orange	17:58.7y	1981
10:26.60	Trabuco Hills		2010	17:52.85	Trabuco Hills		2017
10:27.2 +	Villa Park	10:30.8y	1983	17:53.0 +	Foothill	17:59.3y	1977
10:27.2	University		1980	17:53.2 +	Corona del Mar	17:59.5y	1978
10:27.20	Tesoro		2021	17:53.8 +	Orange	18:00.1y	1980
10:27.77	Santa Margarita		2006	17:53.9 +	Costa Mesa	18:00.2y	1972
10:27.81	Servite		2010	17:53.9 +	Villa Park	18:00.2y	1975
				17:54.20	Tesoro		2016
				17:54.37	Trabuco Hills		2013
				17:54.75	Fountain Valley		2014
				17:55.8	Corona del Mar		1979
				17:56.2 +	Villa Park	18:02.5y	1980
				17:56.24	Fountain Valley		2013
				17:56.3 +	Fountain Valley	18:02.6y	1980
				17:57.36	Corona del Mar		2013
				17:56.7 +	Fountain Valley	18:03.0y	1981
				17:57.3 +	Loara	18:03.6y	1973
				17:57.33 +	Brea	18:03.62y	2010
				17:57.48	Santa Margarita		2007
				17:58.05	El Toro		2011
				17:58.7 +	El Modena	18:05.0y	1980

4 x 1500 meter Relay

16:23.1	University		1981	17:54.75	Fountain Valley		2014
16:23.3	El Modena		1980	17:55.8	Corona del Mar		1979
16:25.5	El Modena		1982	17:56.2 +	Villa Park	18:02.5y	1980
16:33.3	University		1985	17:56.24	Fountain Valley		2013
16:36.2	Mater Dei		1982	17:56.3 +	Fountain Valley	18:02.6y	1980
16:37.4	El Dorado		1983	17:57.36	Corona del Mar		2013
16:37.8	University		1982	17:56.7 +	Fountain Valley	18:03.0y	1981
16:41.3	University		1983	17:57.3 +	Loara	18:03.6y	1973
16:44.2	El Modena		1985	17:57.33 +	Brea	18:03.62y	2010
16:50.6	Tustin		1982	17:57.48	Santa Margarita		2007
16:50.8	El Dorado		1982	17:58.05	El Toro		2011
				17:58.7 +	El Modena	18:05.0y	1980

4 x 1600 meter Relay

17:12.60	Trabuco Hills		2012
17:13.71	Dana Hills		2016
17:15.78	Dana Hills		2015
17:20.50	San Clemente		2023
17:21.55+	Dana Hills	17:27.63y	2010
17:21.67+	Dana Hills	17:27.75y	2009
17:22.74+	Laguna Beach	17:28.82y	2019
17:23.26	Canyon		2015
17:25.60	Dana Hills		2011
17:28.79	Trabuco Hills		2011
17:28.85	Tesoro		2023
17:31.6 +	Foothill	17:37.8y	1975
17:32.25	Dana Hills		2014
17:34.7 +	Villa Park	17:40.9y	1979
17:34.8 +	Marina	17:41.0y	1973
17:34.86	Dana Hills		2019
17:36.62	Valencia		2009
17:37.73+	Marina	17:43.90y	2006
17:38.9	Corona del Mar		1987
17:39.51+	El Toro	17:45.70y	2009
17:39.8 +	Edison	17:46.0y	1976
17:40.3 +	Fountain Valley	17:46.5y	1978
17:40.8 +	Loara	17:47.0y	1975
17:41.0 +	Mission Viejo	17:47.2y	1973
17:41.4 +	Lowell	17:47.6y	1975
17:41.6 +	Corona del Mar	17:47.8y	1975
17:42.8 +	Westminster	17:49.0y	1965
17:43.2 +	Tustin	17:49.4y	1965
17:43.2 +	Costa Mesa	17:49.4y	1977
17:44.74	Canyon		2016
17:44.77	Dana Hills		1989
17:44.77	Tesoro		2015
17:45.25	El Toro		2012
17:45.80	Dana Hills		2012
17:46.07	Orange		2003
17:46.53	Trabuco Hills		2024
17:46.7 +	Corona del Mar	17:53.0y	1980
17:47.21	Woodbridge		2024
17:47.3 +	Costa Mesa	17:53.6y	1978

High Jump

7-3	Sean Lee (Trabuco Hills)		2018
	(State Champion '17 & '18 - '15 & '16 medalist))		
7-2.5	Harrison Steed (J Serra)		2010
7-2	Elliott Parks (El Toro)		1997
	(State Champion)		
7-1	Kevin Carlson (Katella)		1991
	(State Champion)		
7-0.5	*TJ Fakehinde (Eastside Chr)		2002
7-0	Brian Carlson (Katella)		1993
7-0	Cory Johnson (Los Alamitos)		1996
6-11.75	Doug Dreibelbis (Foothill)		1983
6-11.5	Alex Marbley (Tustin)		2001
6-11	Brad Harris (Los Alamitos)		1978
6-11	Jay Thorson (Laguna Beach)		1981
6-11	*Terry Mann (Sunny Hills)		1991
6-11	Daniel Kirkpatrick (Trabuco Hills)		2007
	(State Champion)		
6-11	Cody Crampton (Canyon)		2012
	(State Champion)		
6-10.75	Cary Burt (Huntington Beach)		1977
6-10.5	Jay Lim (Sonora)		1993
6-10.25	Doug Case (Laguna Beach)		1974
6-10.25	Troy Langley (Canyon)		1994
6-10.25	*CJ McCord (Sage Hill)		2014
6-10	Joe Phillips (SA Valley)		1974
6-10	Ken Connor (Estancia)		1975
6-10	Doug Nordquist (Sonora)		1977
6-10	*Ron Edgley (El Dorado)		1979
6-10	Eric Smyth (Dana Hills)		1979
6-10	Larry Berger (Esperanza)		1979
6-10	*John Landon (Savanna)		1980
6-10	*Francel Jones (SA Valley)		1981
6-10	Eric Wheelwright (Edison)		1985
6-10	Myron Williams (Orange)		1987
6-10	John Amneus (Foothill)		1987
6-10	Lester DeRaad (Tustin)		1997
6-10	Matt Carter (El Modena)		2003
6-10	Mason Hahn (Orange Lutheran)		2010

6-10	Jack Wiseman (Huntington Beach)	2019	6-7	Lorenzo Demeyers (Edison)	1982
6-10	Kyle Jankans (Villa Park)	2020	6-7	Scott Buccola (University)	1982
6-9.25	** Jeff Lawson (El Dorado)	1975	6-7	Eric Samuelson (Sonora)	1983
6-9.25	Wade Freier (Laguna Beach)	1977	6-7	* Todd Fenton (Cypress)	1984
6-9.25	Dave Reddick (Laguna Beach)	1977	6-7	Mark Palmer (Corona del Mar)	1984
6-9.25	Alan Gersten (University)	1977	6-7	Perez (Fullerton)	1986
6-9	Tony Madau (El Dorado)	1972	6-7	Matt Malone (Marina)	1987
6-9	Jim Boyd (El Dorado)	1977	6-7	Will Foster (Edison)	1987
6-9	*Chris Stumfall (Los Amigos)	1979	6-7	* Greg Ramsey (Loara)	1989
6-9	Jim Cody (Servite)	1984	6-7	* Paul Nihipali (Esperanza)	1992
6-9	Eric Dorn (Estancia)	1986	6-7	Steve Sherwood (Esperanza)	
6-9	Andy Lopries Western)	1988	6-7	Robert Fuentes (Saddleback)	1998
6-9	Chris Moxley Mission Viejo)	1990	6-7	Chase Thomas (Orange Lutheran)	2006
6-9	*David Benton Woodbridge)	1990	6-7	Ryan Arambulo (Beckman)	2008
6-9	Tim Cody (Servite)	1991	6-7	Oscar Munson (San Clemente)	2011
6-9	*Jeff Waldren (Cypress)	1991	6-7	AJ Beynon (Edison)	2015
6-9	Santosh Swamidass (El Modena)	1998	6-7	Aiden Garnett (Edison)	2019
	<i>(State Third Place)</i>		6-7	Dominic Cotton (Northwood)	2023
6-9	Sage Stone (Mission Viejo)	2013	6-7	Alan Vuong (Cypress)	2023
6-9	Myles Hawkins (Orange Lutheran)	2014	6-6.75	Sprague Hanavan (El Modena)	1986
6-9	Quinten Pounds (Cypress)	2015	6-6.75	**Griffin Schwab (San Clemente)	2022
6-9	Kevin Schmitt (Los Alamitos)	2018	6-6.5	Andy Curbs (Western)	1961
6-9	**Brandon Gorski (Mater Dei)	2023	6-6.5	Mike Maxey (Buena Park)	1973
6-8.75	Tohru Asami (Sunny Hills)	1978	6-6.5	Steve Cox (El Toro)	1975
6-8.5	Ed Caruthers (SA Valley)*	1963	6-6.5	Craig Fidone (Edison)	1977
	<i>*(Recordholder for the Straddle Technique)</i>		6-6.5	Rob Spencer (Canyon)	1978
	<i>(1968 Olympian)</i>		6-6.5	Eric Pryce (Mission Viejo)	1988
6-8.5	Dave White (Marina)	1977	6-6.5	Dan Funks (Laguna Hills)	1995
6-8.5	Jeff Bedell (Villa Park)	1985	6-6.25	Peter Hart (Villa Park)	1970
6-8.5	Matt Dispenza (Marina)	2014	6-6.25	K.C. Connell (Newport)	1975
6-8.25	Carl Eissman (San Clemente)	1975	6-6.25	Ron Craig (Newport)	1977
6-8.25	Roger Leary (El Toro)	1982	6-6.25	* Todd Broesder (Loara)	1981
6-8	Rick Sloan (Anaheim)	1964	6-6	Mike Lange (Costa Mesa)	1962
6-8	Greg Heet (Lowell)	1964	6-6	Dave Russ (Garden Grove)	1969
6-8	Parker Kennedy (Foothill)	1966	6-6	Greg Lynch (Lowell)	1971
6-8	Dave Russ (Garden Grove)	1969	6-6	Tom Johnson (Loara)	1972
6-8	Kevin Cuervo (Western)	1975	6-6	Joe Denger (Corona del Mar)	1972
6-8	*Dave Kahn (Lowell)	1978	6-6	Paul Morton (Kennedy)	1972
6-8	Jim Allen (Cypress)	1978	6-6	Doug Martin (Mater Dei)	1972
6-8	Jeff Stevens (Tustin)	1978	6-6	Jeff Hutton (Katella)	1972
6-8	Dave Martin (Huntington Beach)	1979	6-6	Dave Gemmill (Lowell)	1973
6-8	Imad Jamal (Fullerton)	1979	6-6	Parker (Westminster)	1974
6-8	Todd Hart (Servite)	1980	6-6	Craig Feola (El Dorado)	1974
6-8	Mike Spera (Tustin)	1980	6-6	Mitch Herold (Los Alamitos)	1974
6-8	* Ed McGowan (Katella)	1980	6-6	Chris Davis (Edison)	1975
6-8	Jeff Armstrong (Western)	1980	6-6	Gary Armstrong (Katella)	1975
6-8	Ian Dougherty (Villa Park)	1982	6-6	Eric Schommer (Los Alamitos)	1975
6-8	*Jay Jensen (Los Alamitos)	1983	6-6	John Peterson (Saddleback)	1975
6-8	LeRon Ellis (Mater Dei)	1987	6-6	Todd Kirschner (El Dorado)	1975
6-8	Chris Chapman (Esperanza)	1994	6-6	Keith DeLapp (Saddleback)	1976
6-8	Danny Vasquez (Century)	1995	6-6	Jacquez Tuz (Corona del Mar)	1977
6-8	Jim Lunnen (Santa Margarita)	2000	6-6	Imad Jamal (Fullerton)	1978
6-8	Hunter Orahoed (San Clemente)	2001	6-6	John Peavy (El Toro)	1978
6-8	Dionte Holloway (Kennedy)	2002	6-6	Doug Lalicker (Savanna)	1978
6-8	Jeff Goddard (Edison)	2003	6-6	Chris McNeese (Foothill)	1978
6-8	Drake Oberle (Cypress)	2004	6-6	Dave Garrett (Santa Ana)	1978
6-8	Tim George (Los Alamitos)	2005	6-6	Mike Seidschlag (Orange)	1979
6-8	Daniel Gomez (Troy)	2006	6-6	Mike Aschieris (Foothill)	1979
6-8	Kevin Conrad (Buena Park)	2008	6-6	Rich Chang (Edison)	1980
6-8	Mike La Rocca (Dana Hills)	2008	6-6	Eugene Harriman (Magnolia)	1981
6-8	Mitchell Bland (Tesoro)	2014	6-6	*Kevin Harrison (Foothill)	1981
6-8	*James Phillips (Yorba Linda)	2016	6-6	Allan Galloway (Pacifica)	1982
6-8	Chance Kuchnel (Sage Hill)	2016	6-6	Brad Burns (Ocean View)	1982
6-8	*Kyle Jankans (Villa Park)	2019	6-6	Ron Murray (Los Alamitos)	1982
6-8	Jake Stafford (J Serra)	2023	6-6	Ken Williams (Troy)	1982
	<i>(State Champion)</i>		6-6	** Tom Ward (El Dorado)	1983
6-7.5	Chat Chuenrudeemol (Sunny Hills)	1990	6-6	Black (Santa Ana)	1983
6-7.25	Steve Baskin (Esperanza)	1975	6-6	Todd Prukop (Servite)	1984
6-7.25	Mike Weinrich (Santa Ana)	1964	6-6	Todd Jorgenson (Los Alamitos)	1985
6-7	Willie Gardner (Garden Grove)	1971	6-6	Walter Lauderdale (Kennedy)	1985
6-7	Bill Gordon (La Habra)	1971	6-6	Ryan Gillette (Villa Park)	1985
6-7	George Kent (Corona del Mar)	1972	6-6	Steve Koehl (Foothill)	1986
6-7	Mike Sena (Mission Viejo)	1974	6-6	Pete Gontang (Mission Viejo)	1986
6-7	Ed Holahan (Buena Park)	1978	6-6	John Grehata (SA Valley)	1986
6-7	Greg Lawson (El Dorado)	1979	6-6	Richie (Costa Mesa)	1986
6-7	*Jay Hunnemeyer (Troy)	1979	6-6	Bill Price (Valencia)	1987

6-6	Dave Ellis (Woodbridge)	1987		(<i>State Champion</i>)	
6-6	Wil Foster (Edison)	1987	16-4	Dave Noel (Edison)	1988
6-6	Greg Reyes (Los Alamitos)	1988	16-3.25	Keith Schimmel (Villa Park)	1975
6-6	Bob Breneman (Trabucco Hills)	1988		(<i>State Champion</i>)	
6-6	Paul Mackay (Foothill)	1988	16-3.25	Jim Sidler (Villa Park)	1977
6-6	Tom Sheehy (Tustin)	1989	16-3	Scott Cook (Mater Dei)	2010
6-6	Anthony Ortiz (La Habra)	1989		(<i>State Champion</i>)	
6-6	Ian Alexander (Foothill)	1990	16-3	Mark Sakioka (Newport)	2011
6-6	Melendez (Anaheim)	1990	16-3	Adam Bragg (El Toro)	2011
6-6	Jason Swericz (San Clemente)	1991	16-2	Dustin Deleo (Los Alamitos)	2004
6-6	* Ramsey Alexander (Tustin)	1991	16-1	Tim Vahlstrom (Villa Park)	1975
6-6	Mike Desimore (Dana Hills)	1991	16-1	Greg Stull (Troy)	1980
6-6	Tom Bottiaux (Canyon)	1991	16-1	Nate Fox (Edison)	1996
6-6	Thomas Clayton (Tustin)	1991	16-0.75	Michael Rovzar (Mater Dei)	2013
6-6	Drew Hubbard (Brea)	1992	16-0	Tim McIntyre (Los Alamitos)	1979
6-6	Noah Kimbwall (Orange)	1992	16-0	Steve Williams (Servite)	1986
6-6	Mark Greenwood (Canyon)	1993	16-0	Steve Slocum (Foothill)	1987
6-6	*Matt Byrd (Fountain Valley)	1994		(<i>State Champion</i>)	
6-6	David Barnes (Marina)	1994	16-0	Parker Curry (Santa Margarita)	2014
6-6	Steve McNully (La Habra)	1995	16-0	Michael Chadwick (Edison)	2017
6-6	Dustin Miller (Dorado)	1995	16-0	Michael Magula (Marina)	2017
6-6	*Dan Busch (Orange)	1995	16-0	Leo Davis (Newport)	2023
6-6	*Danny DeRosier (Cypress)	1996	16-0	Dexter Brice (San Clemente)	2024
6-6	Chris Lawford (Dana Hills)	1997	15-10	Alex Escalera (Sage Hill)	2017
6-6	Bryan Reese (Dana Hills)	1997	15-10	*Skyler Magula (Marina)	2018
6-6	* Santosh Swamidass (El Modena)	1997	15-9	Pete Kovacs (El Modena)	1995
6-6	Steve Smith (Costa Mesa)	1997	15-9	Nick Masterson (Servite)	2008
6-6	Ryan Kugel (Brea)	1998	15-9	David Bean (Orange Lutheran)	2014
6-6	Bilian Panian (Los Alamitos)	1999	15-9	Luke Newman (Trabuco Hills)	2015
6-6	Joe Thomas (Buena Park)	1999	15-9	Mason Garipey (Mission Viejo)	2018
6-6	Andy Spaulding (Dana Hills)	2000	15-9	*David Brok (Los Alamitos)	2021
6-6	Matt Johnson (Santa Margarita)	2001	15-8.5	Steve Rakhshani (Edison)	1977
6-6	Daryl Parker (Canyon)	2001	15-8	Jeff Ryan (Huntington Beach)	1999
6-6	* J.T. Perryman (Woodbridge)	2001	15-8	Pat Luke (Santa Margarita)	2000
6-6	Mike Proudler (Cypress)	2001	15-8	Aaron Corbett (Edison)	2002
6-6	*Jeff Goodard (Edison)	2002	15-8	Blake Mason (Fountain Valley)	2008
6-6	Brian McTigue (Mission Viejo)	2002	15-8	Landon Shank (Servite)	2016
6-6	Zach Novae (Estancia)	2003	15-7	David Kim (Los Alamitos)	2010
6-6	Blake Remeyer (Trabuco Hills)	2003	15-7	Jeremy Kennedy (Marina)	2010
6-6	Williams (Savanna)	2003	15-7	*R.W. Henson (Newport)	1987
6-6	Roy Butts (Buena Park)	2004		(<i>State Runner up</i>)	
6-6	Mike Lawrence (Servite)	2004	15-7	*Chris Doerr ((Trabuco Hills)	2015
6-6	Rick Fisher (El Toro)	2005	15-7	*Brady Furr (Santa Margarita)	2024
6-6	**Warren Reuland (Mission Viejo)	2006	15-6	Doug Miller (Estancia)	1986
6-6	Chase Redfield (Dana Hills)	2007	15-6	Ra Darling (Ocean View)	1988
6-6	* Colton Grandbouche (Canyon)	2008	15-6	Lu e Stokes (Edison)	1997
6-6	* Andy Multari (Sage Hill)	2009	15-6	* Hong Nguyen (Katella)	2002
6-6	Neimah Jones (Irvine)	2009	15-6	Jeff Tran (Fountain Valley)	2009
6-6	Jordan Sachs (La Habra)	2009	15-6	Jesse Phillips (Katella)	2010
6-6	Winston Lawson (Segerstrom)	2011	15-6	Paul Thenard (Marina)	2013
6-6	Alex Wilde (Corona del Mar)	2014	15-6	Riley Turner (Mater Dei)	2014
6-6	*Ryan Bentley (Orange Lutheran)	2019	15-6	Tommy Nord (Mater Dei)	2014
6-6	*JD Martinez (Villa Park)	2019	15-6	***Aidan Chenault (J Serra)	2017
6-6	Aryan Shrivastova (Portola)	2022	15-5	Nolan Blachowski (Servite)	2020
6-6	Griffin Schwab (San Clemente)	2023	15-4	Eric Whitcomb (Valencia)	1989
6-6	Isley Gutierrez (Mater Dei)	2023	15-4	Gary VanSluis (El Modena)	1993
6-6	Benjamin Cox (Villa Park)	2024	15-4	Travis Vandrovec (Fountain Valley)	1997
6-6	Michael Danna (El Dorado)	2024	15-4	Curbs Hendrick (Marina)	2003
6-4.25	Phil Jacques (Santa Ana)	1931	15-4	Leon Roach (Marina)	2008
	(<i>State Champion</i>)		15-4	Ryan Simioni (Edison)	2008
			15-4	Matt Cooper (Mater Dei)	2009
			15-4	Eric Sims (Servite)	2009
			15-4	Kevin Stull (Orange Lutheran)	2013
			15-4	Chandler Thorpe (Edison)	2013
			15-4	Danny Affleck (Aliso Nigul)	2020
			15-3	Paul Peters (Villa Park)	1981
			15-3	Ted Whalen (Mater Dei)	1997
			15-3	B.J. Vandrovec (Fountain Valley)	2001
			15-3	Sean Jones (Mission Viejo)	2002
			15-3	* Michael Simms (Servite)	2006
			15-3	Sean McNanny (Mission Viejo)	2009
			15-3	Jesse Shank (Servite)	2014
			15-3	Jacob Adler (Mission Viejo)	2014
			15-3	Pierson O'Connell (Servite)	2018
			15-3	Joshua Kato (San Juan Hills)	2021
			15-3	David Brok (Los Alamitos)	2022

Pole Vault

17-6	Michael Woepse (Mater Dei)	2010
	(<i>State Champion</i>)	
17-2	Jett Gordon (Marina)	2016
	(<i>State Champion</i>)	
17-0	Carl Johansson (Orange Lutheran)	2014
	(<i>State Champion</i>)	
16-8	Johnny Quinn (St Margaret's)	2006
16-7	Logan Odden (Marina)	2000
16-7	Greg Woepse (Mater Dei)	2006
16-6	Greg Ernst (El Dorado)	1978
	(<i>State Runner up</i>)	
16-6	Ryan Fegan (Newport)	2017
16-5.25	Steve Michels (Brethren Christian)	1996

15-2	Ron Mooers (Valencia)	1971	14-7	Matt Summer (Marina)	1997
15-2	Willy Thorns (Newport)	1980	14-7	* Aaron Roy (Edison)	2005
15-2	Fritz Howser (Newport)	1985	14-7	Matt McCormick (Dana Hills)	2008
15-2	* Bobby Sparks (Esperanza)	1998	14-7	Cameron Van Dieren (Servite)	2010
15-2	* Brandon Mora (Katella)	2002	14-7	Ty Polk (Marina)	2021
15-2	Chris Ostoich (St Margaret's)	2002	14-6.5	Tony Hoffman (San Clemente)	1971
15-2	Noah Metzdorff (Trabuco Hills)	2017	14-6.5	Kevin Magula (Marina)	1988
15-2	Fernando Martinez (J Serra)	2017	14-6	John Anderson (Santa Ana)	1969
15-1.5	* David Giang (Katella)	2001	14-6	Dan Ripley (Loara)	1971
15-1	Jim Collins (Valencia)	1972	14-6	Bruce Fandel (Santiago)	1971
15-1	Jim Bogart (Edison)	1976	14-6	Dan Polk (La Habra)	1972
15-1	Keith Miller (Corona del Mar)	1991	14-6	Amaro Lopez (Santa Ana)	1972
15-1	Brendan Pena (Edison)	2003	14-6	Terry Lowry (Savanna)	1973
15-1	Stephen Horrell (Dana Hills)	2005	14-6	Larry Castanguay (Esperanza)	1975
15-1	* Matt Cooper (Mater Dei)	2008	14-6	Plett (Troy)	1977
15-1	* Garrett McRoberts (Mater Dei)	2008	14-6	Randy Parker (Brea)	1977
15-1	Michael Loschiavo (Huntington Beach)	2010	14-6	Scott Kissick (Lowell)	1977
15-1	* Jack Gallivan (Mater Dei)	2011	14-6	Al Geduld (Valencia)	1979
15-1	Fritz Howser (Newport)	2012	14-6	Scoot McKay (Newport)	1979
15-1	Clint Gallivan (Mater Dei)	2013	14-6	Dennis Shannon (Irvine)	1979
15-1	Aiden Bennett (San Clemente)	2022	14-6	Terry Lomheim (Valencia)	1982
15-1	Ryan Leuenberger (Capo Valley)	2024	14-6	Rich Forsythe (Edison)	1982
15-0	* Sam Caruthers (SA Valley)	1965	14-6	Wayde Walker (Troy)	1983
15-0	Tom DiStanislao (Newport)	1973	14-6	Chuck Griffin (Sonora)	1983
15-0	Mike Baker (Katella)	1973	14-6	Chris Madsen (Los Alamitos)	1985
15-0	Brian Cornett (Katella)	1979	14-6	Josh Herndon (University)	1989
15-0	Jeff Conkle (Cypress)	1977	14-6	Rob Lindley (Dana Hills)	1990
15-0	Lance Betson (Newport)	1983	14-6	John Bain (Foothill)	1994
15-0	Trevor Lycett (Esperanza)	1991	14-6	David Allen (Woodbridge)	1997
15-0	* Gary VanSluis (El Modena)	1992	14-6	Cameron St Clair (Brea)	1997
15-0	Josh Petlowany (El Toro)	1998	14-6	Kris Scotten (Edison)	1998
15-0	Brad Slinkard (Santa Margarita)	2001	14-6	* Dwayne McCabe (El Modena)	2000
15-0	Clay Starnes (Trabuco Hills)	2002	14-6	Tom Sparks (Esperanza)	2000
15-0	Brian Whalen (Mater Dei)	2004	14-6	* Brian Rother (San Clemente)	2003
15-0	Andrew Prodoehl (Santa Margarita)	2005	14-6	Garrett Gaska (Fountain Valley)	2005
15-0	Nick Jennings (San Clemente)	2008	14-6	Blake Coscino (Dana Hills)	2008
15-0	* Tanner Greeley (Edison)	2010	14-6	Kevin Miller (Fountain Valley)	2010
15-0	Jeremy Kennedy (Marina)	2010	14-6	* Max Van Bergh (Newport)	2010
15-0	Connor McNicholas (Mission Viejo)	2012	14-6	Tyger Morgan (Marina)	2010
15-0	Halden Comoglio (Dana Hills)	2014	14-6	Bradley Wernick (Capo Valley)	2012
15-0	* Preston O'Connell (Servite)	2015	14-6	Ty Mason (Fountain Valley)	2013
15-0	Nikola Perelman (Aliso Niguel)	2019	14-6	Jordan Antol (Mission Viejo)	2014
15-0	* Gabriel Gandara (Los Alamitos)	2024	14-6	Nick Gutierrez (Corona del Mar)	2019
14-10.75	Kevin Cuervo (Western)	1976	14-6	Jonathan Sweeney (Dana Hills)	2021
14-10.25	Dennis Walp (Loara)	1966	14-6	Nicholas Bendis (Trabuco Hills)	2023
14-10	Steve DeBerg (Savanna)	1972	14-6	* Garrett Higgins (Trabuco Hills)	2024
14-10	Bob Goto (Lowell)	1973	14-5.5	Pat Lustig (Marina)	1981
14-10	Andy Spindler (Woodbridge)	2002	14-5.25	Eric Berg (Costa Mesa)	1962
14-10	* Jose Magana (Katella)	2002		(State Champion)	
14-10	Trent Perez (Servite)	2008	14-5	* Julien Okey (Tesoro)	2010
14-10	Cooper Montano (Servite)	2012	14-4.5	Mike Lindsay (Santa Ana)	1962
14-10	Andrew Fowler (Los Alamitos)	2016	14-4.5	Boyd (Western)	1964
14-10	* Diego Amescua (Los Alamitos)	2024	14-4	Gordy Mooers (Valencia)	1969
14-9	Kevin Anthony (Tustin)	1976	14-4	Wood (Laguna Beach)	1969
14-9	* Travis Pett (Huntington Beach)	1999	14-4	Bruce Hooten (Edison)	1986
14-9	Matt Kirsten (Mission Viejo)	2004	14-4	** Song Yang (Katella)	2000
14-9	** Carl Johansson (Orange Lutheran)	2012	14-4	* Eric Simms (Servite)	2008
14-9	Keith Messinger (Dana Hills)	2012	14-4	Kevin Mohr (Troy)	2016
14-9	Paul Bowker (Mission Viejo)	2012	14-4	* Gabriel Gandara (Los Alamitos)	2023
14-9	Adam Garrison (Fountain Valley)	2022	14-3.25	* Ty Mason (Fountain Valley)	2012
14-9	* Brady Furr (Santa Margarita)	2023	14-3	* Kevin Manix (Costa Mesa)	1968
14-9	* Dexter Brice (San Clemente)	2023	14-3	John Boyd (Kennedy)	1968
14-8.5	Tom Lueras (Santa Ana)	1972	14-3	Will Blockleman (Lowell)	1974
14-8.5	Aaron Corbett (Edison)	2001	14-3	Geof Gerstner (Sunny Hills)	1975
14-8	Mike Sampson (La Habra)	1969	14-3	Tom Turner (Cypress)	1975
14-8	Mark Hill (Sunny Hills)	1983	14-3	Dale Anderson (Saddleback)	1978
14-8	Manuel Ballard (Cypress)	1985	14-3	John Carroll (Villa Park)	1983
14-8	Shawn Rogen (Irvine)	1989	14-3	* Vince Vu (Marina)	1990
14-8	* Sean Kelsay (San Clemente)	2016	14-3	Arthur Odden (Marina)	1997
14-7.75	John Reed (Los Amigos)	1981	14-3	Alexander Hale (Los Alamitos)	2003
14-7.5	Les Hague (Santa Ana)	1965	14-3	Phong Duong (Katella)	2004
14-7.5	Jim Burton (SA Valley)	1966	14-3	Mike O'Sullivan (El Toro)	2007
14-7.25	Mike Simmons (Newport)	1966	14-3	Travis Stock (Dana Hills)	2009
14-7	Ed Elliot (SA Valley)	1967	14-3	Scott Anderson (Santa Margarita)	2010
14-7	* Sven Northcott (Marina)	1994	14-3	* Peter Klepp (El Toro)	2010
14-7	* Brian Lindley (University)	1995	14-3	Kyle Garcia (Edison)	2010

23-11	Stan Edmonds (Kennedy)	1966	22-10	Bob Smith (SA Valley)	1963
23-11	Chris Macke (Edison)	2006	22-10	* Eddie Preston (Santa Ana)	1963
23-10.75	Steve Baxter (Loara)	1971	22-10	Carl Fields (SA Valley)	1969
23-10.75	Hayden Pierce (Esperanza)	2010	22-10	Robin Brown (Katella)	1970
23-10.5	Bob Rust (Kennedy)	1980	22-10	Keith Denson (SA Valley)	1970
23-10.5	Michael Mitchell (Tesoro)	2016	22-9.75	Ricky Franklin (Santa Ana)	1982
23-10	Justin Schneider (El Toro)	2012	22-9.5	Henry Harrell (Santa Ana)	1973
23-9.75	Danny Casupanan (Tustin)	2002	22-9.5	Sean Savala (Villa Park)	1984
23-8.75	Walter Steen (SA Valley)	1982	22-9.5	Fridoon Abawi (Marina)	1990
23-8.25	Drake Nguyen (Woodbridge)	2019	22-9.5	Mitchell Bland (Tesoro)	2014
23-7.5	Kevin McGannon (Buena Park)	1965	22-9.5	Malcolm Wesley (Santa Ana Valley)	2018
23-7.5	Dave Berger (Canyon)	1978	22-9	* Lyn Jenkins (Los Alamitos)	1977
23-7	Ernie Fisher (Los Amigos)	1978	22-9	* Larry Williams (SA Valley)	1982
23-6.75	Charlie Tyler (Edison)	1988	22-9	Orlando Robbins (Buena Park)	1986
23-6	Elliot Dunning (SA Valley)	1984	22-9	Tony Robinson (San Clemente)	1990
23-6	* William Dancy (SA Valley)	1988	22-9	Mike Smith (El Toro)	1997
23-6	Arik Nesbit (San Clemente)	2014	22-9	Darryl Poston (Edison)	2001
23-5.5	* Larry Williams (SA Valley)	1982	22-9	* Jason Plumb (Coroan del Mar)	2021
23-5.5	Jose Rubio (Loa Alamitos)	2017	22-8.75	Tom Teeple (Brea)	1971
23-5.5	Antonio Thomas (Century)	2000	22-8.75	Robert Marshall (Santa Ana)	1973
23-5.25	* Myles Hawkins (Orange Lutheran)	2013	22-8.5	Norman Paul (Santa Ana)	1930
23-5	* Sean Sawyer (El Modena)	1984	22-8.5	Bob Chambers (Fullerton)	1936
23-4.5	Willie Gardner (Garden Grove)	1971		<i>(Third place State Meet)</i>	
23-4.5	Troy McAllister (Saddleback)	1983	22-8.5	Garry Templeton (SA Valley)	1974
23-4.25	Earl Jones (Saddleback)	1984	22-8.5	Tom Leonard (Western)	1975
23-3.75	* Todd Fenton (Cypress)	1984	22-8.5	Joe Thomas (Buena Park)	1999
23-3.5	Sheldon Blockburger (Newport)	1983	22-8.5	* Chuck Steer (SA Valley)	1988
23-3.5	Lee Mitchell (Tesoro)	2014	22-8.5	** Robert Steppers (La Habra)	2003
23-3.25	Isaac Curtis (Santa Ana)	1968	22-8.5	Jack Shippy (San Clemente)	2017
23-3.25	Matt Malone (Marina)	1987	22-8.5	Dylan Fox (Irvine)	2021
23-3	Darrell Roberts (Fullerton)	1955	22-8.25	George Bamett (Estancia)	1969
23-3	* Kirk Ayers (Western)	1986	22-8	Carlos Herrera (Westminster)	1966
23-3	J.J. Cisneros (Los Alamitos)	1988	22-8	Mac Rorie (Fullerton)	1972
23-2.75	Eric Dorn (Estancia)	1986	22-8	Brian Heaney (El Toro)	1974
23-2.75	* Jeremiah Harris (Orange Lutheran)	2014	22-8	Ignacio Perez (Santa Ana)	2003
23=2.5	Conor Zeutzius (Edison)	2022	22-8	Anton Jamir (Cypress)	2003
23-2	Ric Hibbs (Pacifica)	1966	22-8	Diego Courbis (Mission Viejo)	2014
23-2	Mike Morgan (Mater Dei)	1966	22-8	Brenden Schooler (Mission Viejo)	2016
23-1.75	Tohru Asami (Sunny Hills)	1978	22-8	Jack Haley (Irvine)	2017
23-1.25	Tony Mosley (Santa Ana)	1987	22-8	Jacob Haley (Irvine)	2019
23-1	Garth Wise (Huntington Beach)	1971	22=8	Reuben Lopez (Mission Viejo)	2022
23-1	Troy Blevins (Fountain Valley)	1978	22-7.75	* Josiah Williams (Valencia)	1990
23-1	Richard Brim (Huntington Beach)	1982	22-7.75	Ray Bardone (Edison)	1997
23-1	* Mario Valencia (Mater Dei)	2003	22-7.75	* Ryan Kennedy (Mission Viejo)	2017
23-1	Austin Overn (Foothill)	2022	22-7.75	* Angel Ledezma (Canyon)	2019
23-0.75	Bob McNamera (Fullerton)	1958	22-7.5	Charles Dodson (Huntington Beach)	1951
23-0.75	Jason Neben (Orange Lutheran)	1989	22-7.5	Larry Horton (El Modena)	1968
23-0.5	Jim Mitchell (Villa Park)	1974	22-7.5	Dennis Lackey (Savanna)	1969
23-0.5	Josh Jornadal (J Serra)	2023	22-7.5	Harry Dolan (Buena Park)	1972
23-0.25	* Dallas White (J Serra)	2022	22-7.5	* Tony Parrish (Marina)	1992
23-0	Ray Harris (Fountain Valley)	1971	22-7.5	Jason Boyce (Corona del Mar)	1994
23-0	Don Moreno (Valencia)	1977	22-7.25	Marc Roosen (Ocean View)	1989
23-0	* Phouphet Singbandith (Magnolia)	1989	22-7.25	Donovan Toban (Cypress)	2008
23-0	Frank Smith (Woodbridge)	1990	22-7	Lee Hodge (Fullerton)	1942
23-0	Elliott Parks (El Toro)	1997	22-7	Ray Crawford (Santa Ana)	1972
22-11.5	Ron Crawford (Santa Ana)	1973	22-7	David Fisher (Villa Park)	1974
22-11.5	Rich Julien (Estancia)	1976	22-7	* William Kim (Villa Park)	1983
22-11.5	Robert Gaither (SA Valley)	1980	22-7	*** Richard Fanti (Santa Ana)	1985
22-11.5	Scott McKenize (El Toro)	1980	22-7	Frank Smith (Woodbridge)	1988
22-11.5	Eric Andrade (Servite)	1982	22-7	* Keith Hughes (Capo Valley)	1989
22-11.5	James Chun (Kennedy)	1990	22-7	Ace Riggins (Valencia)	1993
22-11.5	Danny Steagall (Villa Park)	2001	22-7	Tovin Beeler (Ocean View)	2001
22-11.25	Drew Huusfeldt (Esperanza)	2010	22-7	Austin Hazel (Mater Dei)	2012
22-11	Steve Alff (Lowell)	1969	22-7	Christian Stewart (San Clemente)	2024
22-11	* Roger Lemons (Katella)	1979	22-6.75	* Kevin Cochran (Orange)	1964
22-11	Bernie Chapman (Capo Valley)	1991	22-6.75	John Mackorie (Fullerton)	1972
22-11	Kenny McGee (Magnolia)	2008	22-6.75	D.K. Kelly (Santa Ana)	1982
22-11	Jack Haley (Irvine)	2019	22-6.5	Ken Williams (Troy)	1982
22-10.75	Jim Morgan (Mater Dei)	1967	22-6.5	Adrian Brown (Huntington Beach)	1991
22-10.75	Joe Birdo (SA Valley)	1982	22-6.5	* Ruben Droughns (Anaheim)	1995
22-10.75	Vince Church (Kennedy)	1990	22-6.5	* Emilio Sartori (Villa Park)	2005
22-10.5	Dan Hedlund (Villa Park)	1971	22-6.5	Brandon Phillips (Irvine)	2008
22-10.5	Russ Samuels (Bolsa Grande)	1972	22-6.5	David Ko (Pacifica)	2019
22-10.5	Sean Ayale (Los Alamitos)	2019	22-6.25	Lyn Jenkins (Los Alamitos)	1978
22-10.5	*** Brandon Gorski (Mater Dei)	2022	22-6.25	Keith Thomas (Valencia)	1989
22-10.5	Jason Liu (Portola)	2024	22-6.25	DeAngelo Bonner (Troy)	2010
22-10.25	Doug Switzer (La Habra)	1966	22-6	Ron Copings (Edison)	1972

22-6	Brian Wood (San Clemente)	1976
22-6	* Dariel Whipple (Western)	1989
22-6	* Mike Sullivan (Sunny Hills)	1990
22-6	Ernie Wilson (El Modena)	1993
22-6	Ryan Collier (Northwood)	2011
22-6	*Michael Mitchell (Tesoro)	2015
22-5.75	*Josh Jornadal (J Serra)	2022
22-5.5	Verden Nash (Huntington Beach)	1922
	<i>(Three time State Champ)</i>	

Wind-aided:

24-8.75	Danny Casupanan (Tustin)	2002
24-5.75	Jason Plumb (Coroan del Mar)	2022
24-2	* Roger Lemons (Katella)	1979
23-8	Ryan Collier (Northwood)	2011
23-7	J.J. Cisneros (Los Alamitos)	1988
23-5.25	Kenny McGee (Magnolia)	2008
23-4.50	* Myles Hawkins (Orange Lutheran)	2013
23-4.5	*Ryan Kennedy (Mission Viejo)	2017
23-4.25	*Kirk Ayers (Western)	1986
23-4.25	Brenden Schooler (Mission Viejo)	2016
23-4	* Eric Dorn (Estancia)	1986
23-3.5	*Angel Ledezma (Canyon)	2019
23-3	Tyler Coffmann (Los Alamitos)	2016
23-1.75	*Malcolm Wesley (Santa Ana Valley)	2017
23-1	*JD Martinez (Villa Park)	2019
23-0.5	** *Richard Fanti (Santa Ana)	1985
23-0.25	Brent Watson (Orange)	1971
23-0.25	*Jose Rubio (Los Alamitos)	2016

Triple Jump

51-7.75	Phouphet Singbandith (Magnolia)	1990
50-11.75	Tony Parrish (Marina)	1993
	<i>('92 & '93 State Champion)</i>	
50-3.5	Ken Williams (Troy)	1982
49-4	Mitchell Bland (Tesoro)	2014
48-9.5	Clarence Moore (Cypress)	2000
48-7.75	* Reggie Curry (Tustin)	1994
48-6.5	Sheldon Blockburger (Newport)	1983
48-6.25	Clayton Tharrington (Esperanza)	1990
48-4.5	* Myles Hawkins (Orange Lutheran)	2013
48-1.5	Ken Margerum (Fountain Valley)	1977
48-1.5	Tony Robinson (San Clemente)	1990
48-0.5	Charlie Cummings (Kennedy)	1989
47-10	*Jesse Johnson (SA Valley)	1980
47-8	Titan Ruotolo (Mater Dei)	2019
47-7.75	Donald Hawthorne (Aliso Niguel)	2002
47-7	Rick Brown (Saddleback)	1976
47-7.5	Vince Church (Kennedy)	1991
47-6.25	Anthony Victa (Laguna Hills)	2019
47-5.75	Mike Phillips (Foothill)	1985
47-5.5	Chris Conrad (Mater Dei)	1987
47-5	Dennis Cowan (Fountain Valley)	1979
47-4.5	Arik Nesbit (San Clemente)	2014
47-4	Drew Huusfeldt (Esperanza)	2010
47-3	Bernie Chapman (Capo Valley)	1991
47-2	*Jonathan Yu (Fountain Valley)	2022
47-0	Jared McDuffie (Mater Dei)	2023
46-11.25	Kenny McGee (Magnolia)	2008
46-10.5	Jeremy Wooldridge (Trabuco Hills)	2003
46-9.75	*Ken Gates (Foothill)	1980
46-9.5	LeRon Ellis (Mater Dei)	1987
46-9.25	Robert Gaither (SA Valley)	1980
46-9	Tony Pitts (SA Valley)	1978
46-9	David Gates (Foothill)	1984
46-9	Blaise Bryant (Cypress)	1987
46-9	Myles Carter (Northwood)	2021
46-8.75	Mark McGovney (El Modena)	1983
46-8.75	Joe Thomas (Buena Park)	1999
46-8.5	Blythe Dahl (Villa Park)	2024
46-8	Chris Mandeville (Irvine)	1983
46-8	*Joe Birdo (SA Valley)	1981
46-7	Andre Jones (San Clemente)	2024
46-5.75	Matt Dispenza (Marina)	2014

46-5.5	Owen Morse (Tustin)	1985
46-5.5	Ian Jennings (Edison)	1998
46-5.25	Alain Nicasio (Aliso Niguel)	1998
46-4.75	Blaine Bolus (Corona del Mar)	2009
46-3	Art Gouridine (El Toro)	1978
46-3	Blair Robinson (Kennedy)	2015
46-2	Jack Fairchild (Crean Lutheran)	2022
46-2	Khang Nguyen (Marina)	2023
46-2	*DJ Lee (Mission Viejo)	2024
46-1.75	Tony Mosley (Santa Ana)	1987
46-1.5	Mike DeVore (Orange)	1985
46-1.25	*David Hall (Mission Viejo)	1986
46-1	Mark Miller (Magnolia)	1973
46-1	Ben Forbes (Marina)	1998
46-1	* Alex Miller (Savanna)	2003
46-1	Raphael McFarlane (Mission Viejo)	2003
46-0	* Junitin Haney (Villa Park)	1998
45-11.5	Eric Fisher (Capo Valley)	1992
45-11.5	David Shaw (Ocean View)	1994
45-11	Mike Vogel (Orange)	1982
45-11	* Jeremy Becker (Cypress)	1993
45-10.5	Greg Portis (Katella)	1986
45-10.5	* Mitchell Bland (Tesoro)	2013
45-10.25	*Joshua Caiquo (Los Alamitos)	2011
45-10.25	Paul Magana (Anaheim)	2016
45-10	Chris Moxley (Mission Viejo)	1990
45-10	Ryan Finnie (Mater Dei)	2013
45-9.75	Chris Jackson (Canyon)	1999
45-9.5	*Dave Berger (Canyon)	1977
45-9.5	** Robert Stevens (La Habra)	2003
45-9.50	* Matt Dispenza (Marina)	2013
45-9.5	*Malcolm Wesley (Santa Ana Valley)	2017
45-9.25	Ryan Gillette (Villa Park)	1985
45-9	*Steven Jen (University)	1983
45-9	Kienan Briggs (Valencia)	2001
45-8.75	Tohru Asami (Sunny Hills)	1977
45-8.75	John Amneus Foothill)	1987
45-8.75	* Cody Jones (Edison)	1997
45-8.5	Harvey Horse (Western)	1978
45-8.5	Todd Fenton (Cypress)	1984
45-8.5	* Ruben Hernandez (La Habra)	1993
45-8.25	Bob Rust (Kennedy)	1980
45-8	Greg Ruzicka (Corona del Mar)	1973
45-8	Don Stanford (Edison)	1976
45-8	Estrada (Villa Park)	1985
45-8	Justin Baker (Irvine)	2004
45-8	Hayden Pierce (Esperanza)	2010
45-7.75	Bill Crutchfield (Orange)	1980
45-7.75	Rob Boldt (El Toro)	1988
45-7.5	Chris Mandeville (Irvine)	1983
45-7.5	* Pamale Skipps (Los Amigos)	1987
45-7.5	* Brian Valdez (El Modena)	1991
45-7.5	Jordan Singleton (Dana Hills)	2008
45-7.25	Jeff Hutton (Katella)	1972
45-7	Jake Justeen (Dana Hills)	2017
45-6.5	Emile Harry (Fountain Valley)	1984
45-6.5	Tom Desiano (Mission Viejo)	1985
45-6.5	* Chris Jackson (Mater Dei)	1992
45-6.5	Thomas Hopson (Trabuco Hills)	2004
45-6.25	Ike Nioku (Kennedy)	2002
45-6	Jake Burch (Orange)	1974
45-6	Zach Hickman (Dana Hills)	1989
45-6	Daniel Siapin (Sonora)	2001
45-6	*Myles Carter (Northwood)	2020
45-6	*Michael Danna (El Dorado)	2024
45-5.75	Mark Kammerlohr (Orange)	1990
45-5.5	Richard Werner (El Modena)	1976
45-5.5	*Dave Hancock (San Clemente)	1978
45-5.25	Kevin Chang (El Modena)	2005
45-5	Jamie Nelson (Villa Park)	1986
45-4.75	Michael Nguyen (Westminster)	1999
45-4.5	Derek Jackson (Saddleback)	1978
45-4.5	* Robert Gaither (SA Valley)	1979
45-4.5	Steve Feeney (Santa Margarita)	1991
45-4.25	Jeremy Coe (San Clemente)	2008

45-4	*John Moore (Loara)	1980
45-3.75	Ben Nikalojivic (Fullerton)	1983
45-3.75	Sean Sawyer (El Modena)	1985
45-3.5	*Earl Jones (Saddleback)	1983
45-3.5	M. Walker (Los Amigos)	1997
45-3.25	Philavong (Buena Park)	1989
45-3.25	Justin Haney (Villa Park)	1999
45-3	Al Ruiz (El Modena)	1981
45-3	Silaphet Singbandith (Magnolia)	1992
45-2.75	Adam Shapiro (Capo Valley)	1982
45-2.75	Will Foster (Edison)	1987
45-2.5	Jeff Robins (Saddleback)	1977
45-2.5	Gatlin (?)	1985
45-2	Robbie Glover (Orange)	1987
45-2	J.J. Cisneros (Los Alamitos)	1988
45-2	Scott Capulong (Woodbridge)	1989
45-2	Tony Muniz (Woodbridge)	1994
45-2	Javon Givens (Cypress)	2004
45-1.75	Doug Nordquist (Sonora)	1977
45-1.75	Dave McDonald (Dana Hills)	1982
45-1.75	Carl Satterfield (Huntington Beach)	1983
45-1.75	Eli Kaltreider (Edison)	2024
45-1.5	Tim Hickey (El Dorado)	1979
45-1.5	Chris Boras (Dana Hills)	1986
45-1.5	Jason Nunez (Villa Park)	1987
45-1.25	Joe Cheng (Woodbridge)	1983
45-1	Larry Williams (SA Valley)	1983
45-1	Toney Jerkins (Capo Valley)	1989
45-0.75	Mark Palmer (Corona del Mar)	1984
45-0.5	Ron Hodgkinson (Loara)	1982
45-0.5	Emilio Sartori (Villa Park)	2005
45-0.5	* Sean Larson (Edison)	2009
45-0.25	Kevin Reiter (El Dorado)	1977
45-0.25	Stephen Jen (University)	1984
45-0.25	Mike Alvidrez (El Modena)	1996
45-0.25	Matt Brumen (Marina)	2004
45-0	Joe Lawrence (Fountain Valley)	2000
45-0	Isaiah Galloway (Fountain Valley)	2018

Wind-aided:

51-10	Ken Williams (Troy)	1982
49-10	* Myles Hawkins (Orange Lutheran)	2013
49-8.5	* Reggie Curry (Tustin)	1994
48-9.5	Clarence Moore (Cypress)	2000
48-2.75	Vince Church (Kennedy)	1991
47-10	Donald Hawthorne (Also Niguel)	2002
47-9	Bernie Chapman (Capo Valley)	1991
47-6	Myles Carter (Northwood)	2021
47-5	Blair Robinson (Kennedy)	2015
47-3	Stephen Jen (University)	1984
47-2.25	Drew Huusfeldt (Esperanza)	2010
47-2	Blythe Dahl (Villa Park)	2024
47-2.25	Michael Danna (El Dorado)	2024
47-0	Raphael McFarlane (Mission Viejo)	2003
46-11	Chris Gonzalez (Garden Grove)	2015
46-9	Todd Fenton (Cypress)	1985
46-8.5	**Myles Hawkins (Orange Lutheran)	2012
46-8.5	Ryan Finnie (Mater Dei)	2013
46-8.25	Andre Jones (San Clemente)	2024
46-7.25	* Blaine Bolus (Corona del Mar)	2008
46-6	Estrada (Villa Park)	1985
46-5	Justin Hovey (Capo Valley)	1994
46-3.5	Steve Feeney (Santa Margarita)	1991
46-3.5	**Myles Carter (Northwood)	2019
46-2.5	* Matt Dispenza (Marina)	2013
46-1.25	* Scott Capulong (Woodbridge)	1988
45-11.25	Aziz Spellman (Mission Viejo)	2007
45-10.75	Ryan Collier (Northwood)	2011
45-10	Tommy Plusayarang (Saddleback)	1984
45-10	* Mitchell Bland (Tesoro)	2013
45-7.75	Dwayne Gregory (Mission Viejo)	1984
45-7.5	Donavan Toban (Cypress)	2008
45-6	Danny Samarin (Edison)	2008
45-5.75	Justin Williams (Trabuco Hills)	2019
45-5	Jamie Nelson (Villa Park)	1986

45-5	Ian Jones (Sonora)	2021
45-4.5	Michael Danna (El Dorado)	2023

Shot Put

71-7.25	*Bronson Osborn (Esperanza)	2016
	<i>(State Champion)</i>	
69-6.5	Brian Blutreich (Capo Valley)	1985
	<i>('84 & '85 State Champion)</i>	
69-3.75	Jim Neidhart (Newport)	1973
	<i>(State Champion)</i>	
68-5	Dave Kurrasch (Newport)	1975
	<i>(State Champion)</i>	
67-9	Terry Albritton (Newport)	1972
67-2.25	Mark Stevens (Newport)	1971
	<i>(State Champion)</i>	
67-2	Dave Murphy (Sunny Hills)	1966
	<i>(State Champion)</i>	
66-8	Mark Parlin (Esperanza)	1991
	<i>(State Champion)</i>	
66-8	*Jeff Duensing (Esperanza)	2019
65-10	Brendon See (J Serra)	2023
	<i>(State Champion)</i>	
65-1	Nick Robinson (El Toro)	2006
64-11.75	Jim Doehring (San Clemente)	1980
64-7.5	Greg Aitkenhead (Mission Viejo)	1984
64-6.5	Ethan Cochran (Newport)	2012
	<i>(State Champion)</i>	
64-5.5	John Brenner (Fullerton)	1979
64-0.5	Kaleaph Carter (Edison)	1988
	<i>(State Champion)</i>	
63-11.25	Bo Taylor (Newport)	2006
63-10.5	*Dave Kurrasch (Santa Ana)	1974
	<i>(State Champion)</i>	
63-10	Kyle Tsu (Marina)	2017
63-8	Aidan Elbettar (Newport)	2020
63-6.5	Craig Polley (Sunny Hills)	1977
	<i>(State Champion)</i>	
63-5	Jake Fraser (El Toro)	2011
63-3.5	Sean Rhyan (San Juan Hills)	2019
63-0.5	Nick Coghill (Valencia)	2015
62-6.75	* Kelsey Benoit (San Clemente)	2013
62-6.25	Chad Smith (University)	2004
62-5.75	Clint Meyer (Esperanza)	2016
62-5	Marty Taylor (Newport)	2013
62-4.5	William Truong (Esperanza)	2014
62-0.5	Zach Lewis (Pacifica)	2024
	<i>Third Place State Meet))</i>	
61-11.5	Kent Pagel (Fullerton)	1970
61-10.5	Scott Moser (Huntington Beach)	1997
61-8.25	Rich Torbert (Lowell)	1974
61-8	Cole Smith (Newport)	2017
61-7	Tony Mancuso (Newport)	1992
61-6	Wade Tift (Newport)	1994
61-3.75	Vince Brown (Mater Dei)	1978
61-2	*Sawyer Howard (Los Alamitos)	2019
61-1	Gabe Long (Esperanza)	2003
61-0	Brian Ruziecki (Huntington Beach)	2002
61-0	Blake Poole (Esperanza)	2008
60-11.75	Aaron Dan (Esperanza)	2005
60-11	Ken Mills (University)	1979
60-11	Pat Kyle (Buena Park)	1982
	<i>(State Champion)</i>	
60-11	Chad Peare (Trabuco Hills)	1993
60-11	Connor Einck (Servite)	2012
60-10.75	Dave Johnson (Brea)	1976
60-9.5	*Malik McMorris (Mater Dei)	2014
60-8.5	Sam Lightbody (Huntington Beach)	1999
60-6.5	Mason Miller (Esperanza)	2011
60-6.25	Roy Thurman (Western)	1963
60-6.25	Caleb McCurry (Northwood)	2009
60-4.75	Bob Jensen (Magnolia)	1966
60-4.5	Steve DeForrest (Katella)	1977
60-3	Tambi Wenj (Fountain Valley)	1984
60-3	Justin Birell (Esperanza)	1997

60-0.75	*Jim Neidhart (Katella)	1972	56-10	Rick Tarvin (Marina)	1975
60-1.25	Ryan Andrews (Newport)	2011	56-10	Vic Rakhshani (Edison)	1976
59-9.75	Larry Saugstead (SA Valley)	1969	56-9.5	Rick Obema (Buena Park)	1974
59-9.25	Jim Heath (Anaheim)	1969	56-9	Dan Noll (El Toro)	1996
59-9	Steve Lehmer (Loara)	1966	56-9	Colin Schooler (Mission Viejo)	2017
59-8.75	*Brad Bolton (El Toro)	2011	56-8.75	Donnie Alaman (SA Valley)	1974
59-8.50	Tommy Brown (Mater Dei)	2018	56-8.5	Kevin Einck (Servite)	1980
59-6.5	Brian Dyke (Bolsa Grande)	1973	56-8.25	Chris Conrad (Brea)	1993
59-6.5	*Jake Arnold (Marina)	2016	56-8	Dick Lindsay (Tustin)	1962
59-6.25	Maltipo Fuentes (Servite)	1977	56-8	Kurt Clemens (Huntington Beach)	1969
59-6	*Jake Porter (Canyon)	2019	56-8	Jeff Bodholdt (Irvine)	1994
59-5.5	Ziad Khozam (El Modena)	1985	56-7.75	J Tesimale (SA Valley)	1975
59-5.5	Jeff Baca (Mission Viejo)	2008	56-7	Jake Taylor (Newport)	2010
59-4	Dale Gordon (El Modena)	1969	56-6.25	Mike Johnson (Bolsa Grande)	1965
59-4	Alex Butler (El Modena)	2005	56-5.5	Watson (SA Valley)	1975
59-1.75	Rory Mount (Dana Hills)	2009	56-5.5	Brian Stack (El Dorado)	1976
59-1	Tony Ciarelli (Huntington Beach)	1972	56-5	Dennis Shields (Tustin)	1965
58-11.75	Sullivan Parker (El Toro)	2011	56-5	Gus Coppens (Sunny Hills)	1973
58-11.5	Kevin Jefferies (Newport)	1981	56-5	*Matt Gray (Esperanza)	2003
58-10	Mike Johnson (Bolsa Grande)	1966	56-4.75	John Covington (Sunny Hills)	1972
58-10	Doug Blanchard (Edison)	1987	56-4.5	Curt Eilenberg (Costa Mesa)	1975
58-9.5	Ed Labate (Villa Park)	1973	56-4.25	JB Salem (Newport)	2011
58-9.5	Dave Torbert (Lowell)	1969	56-3.75	Doug Torbert (Lowell)	1969
58-8.5	Ken DeShano (Canyon)	1979	56-3.75	Ed Thompson (Villa Park)	1970
58-8	Mike Watson (SA Valley)	1976	56-3.75	Kevin McLain (Loara)	1971
58-7.5	Kevin Keeders (Anaheim)	1969	56-3.25	*Brodie Reiderich (Edison)	1996
58-6.75	Kirk Wassell (Westport)	1964	56-3	Matt Jordan (Dana Hills)	1990
58-6	Jon O'Neil (Santa Magarita)	1997	56-3	Travis McCullough (Esperanza)	1993
58-5.75	David Sampson (Cypress)	2003	56-2.75	Greg Blixt (SA Valley)	1982
58-5.5	Joe Walshe (Foothill)	1984	56-2.5	Clarence Jackson (Saddleback)	1975
58-5	Jamil Douglas (Cypress)	2010	56-1.75	Robert Hulliger (Costa Mesa)	2000
58-4.5	John Harper (San Clemente)	1977	56-0.75	John Garagoski (Buena Park)	1965
58-4	Rocky Fenton (San Clemente)	2014	56-0.75	P Cavanaugh (La Habra)	1969
58-3.5	Chris Dressel (El Dorado)	1979	56-0.75	Jerry Gillespie (Westminster)	1989
58-3.25	Mark Kinney (Esperanza)	1990	56-0	Jeff Brown (Corona del Mar)	1984
58-3.25	Michael Sota (Valencia)	2014	55-11.75	Dave Lawson (Corona del Mar)	1983
58-3	Steve Michaelsen (Newport)	2012	55-11.75	Kevin Fairman (Edison)	1987
58-1.5	Geof Harrowby (Laguna Beach)	1968	55-11.5	T.J. Brown (Mission Viejo)	1993
58-1.25	Bill Flores (Kennedy)	1983	55-11	Don Jones (Westminster)	1966
58-1	Stephen Gonzales (Newport)	1994	55-11	Matt Rudesill (Costa Mesa)	1998
58-0	Steve Ledbetter (Brea)	1962	55-11	*Tommy Brown (Mater Dei)	2017
57-11.5	Jerry Streney (Lowell)	1975	55-10.5	John Raitt (Fullerton)	1935
57-11	John Logsdon (Rancho Alamitos)	1975		<i>(State Champion)</i>	
57-11	Mitch Johnson (Pacifica)	1984	55-10.5	Don Kolstad (Santiago)	1970
57-11	Cecil Whiteside (Newport)	2009	55-10.5	Mark Davenport (El Dorado)	1972
57-10.5	Mike Stone (Lowell)	1966	55-10.5	Greg Thurston (Edison)	1989
57-10.25	Jerry Shipkey (Anaheim)	1943	55-10	Richard Keyser (Foothill)	1971
	<i>(No State Meet in 1943)</i>		55-10	Patrick Geers (Capo Valley)	2012
57-9.5	Sean Fenton (Corona del Mar)	2000	55-9.75	Pat McRae (Pacifica)	1977
57-9.5	Edgar Oregel (SA Valley)	2003	55-9.5	*Mike Burns (Esperanza)	1990
57-8.25	Grant Heffernan (University)	2007	55-9.5	*Keneti Faagata (Trabuco Hills)	2004
57-7.5	Travis Jones (Esperanza)	2001	55-9.5	Stephan Gabbard (Huntington Beach)	2007
57-7	Jim Ulam (Kennedy)	1968	55-9	Mike Evans (Orange)	1970
57-6.75	Pat Murray (Lowell)	1969	55-9	Trevor Theriot (Newport)	2005
57-6	Terry Guy (Fullerton)	1957	55-8.5	Dwayne Peck (Marina)	2004
57-4.75	Joe Tosti (Corona del Mar)	1973	55-8	Kristian Crabb (Huntington Beach)	2016
57-4.5	Keith Van Horne (Fullerton)	1976	55-7.75	Cole White (Corona del Mar)	2019
57-4.5	Jerry French (SA Valley)	1967	55-7.5	Steve Timmermann (Edison)	1972
57-4.5	Will Fortier (Newport)	2014	55-7.5	Dave Lawson (Corona del Mar)	1983
57-3.75	*Jake Porter (Canyon)	2019	55-7.5	Scott Bolton (Rancho Alamitos)	1981
57-3.25	Mike Seibl (Magnolia)	1971	55-7	Chris Sweeney (Capo Valley)	1980
57-3.25	Skip Franklin (Newport)	1974	55-7	*Javier Venegas (Newport)	2012
57-3	*Gabe Perez (Valencia)	2012	55-6.5	Joe Moretti (Magnolia)	1972
57-2	Mike Mathews (Mission Viejo)	2014	55-6	Rocky Liapis (Fullerton)	1975
57-2.75	Jordon Ammann (Esperanza)	2016	55-6	Joshua Scherer (Trabuco Hills)	2010
57-1.5	Rich Brown (Mission Viejo)	1987	55-5.5	Brad McPherson (Orange)	1973
57-1.25	Don Brandes (Canyon)	1977	55-5.5	Garrett Sweetser (Esperanza)	2014
57-1.25	Beau Ralphs (Newport)	1993	55-5.5	*Kyle Tsu (Marina)	2016
57-0.5	*Michael Jarbee (Newport)	2016	55-5	Randy Vandivier (Anaheim)	1977
57-0.25	Jeff Klein (Rancho Alamitos)	1973	55-5	Ken Felix (Capo Valley)	1985
57-0	Brent Reiderich (Edison)	1985	55-5	Trevor Lawrence (Newport)	2011
57-0	Paul Castenada (SA Valley)	2004	55-4.75	Steve Meier (Santa Ana)	1965
56-11	Jerry Langenfeld (Rancho Alamitos)	1972	55-4.5	*Joe Walsche (Foothill)	1983
56-11	Chuck Underwood (Esperanza)	1989	55-4	Sam Rossi (El Dorado)	1970
56-10	Dick Mann (Savanna)	1971	55-4	Paul Everson (Troy)	2001

55-4	Earnie Sagiao (Edison)	2008
55-3.5	Asi Faoa (Magnolia)	1999
55-3.5	Ryan Powdrell (Mission Viejo)	2002
55-3.25	Lawson Mollica (Edison)	1990

Shot Put (Junior 6kg)

69-9.5	*Bronson Osborn (Esperanza) (21.27m)	2016
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Shot Put (International 16 lb.)

59-5.75	Bronson Osborn (Esperanza)	2017
57-10.25	Dave Murphy (Sunny Hills)	1966
55-10.5	Jim Neidhart (Newport)	1973
55-9	Dave Kurrasch (Newport)	1975
55-3.25	Terry Albritton (Newport)	1972
54-11.5	John Brenner (Fullerton)	1979
53-11	Greg Aitkenhead (Mission Viejo)	1984
53-7.5	*Brian Blutreich (Capo Valley)	1984

Discus (HS 1.62kg)

213-11	Scott Moser (Huntington Beach) (*96 & *97 State Champion)	1997
213-7	Bo Taylor (Newport)	2006
210-8	Brian Blutreich (Capo Valley) (State Champion)	1985
209-8	Ethan Cochran (Newport) (*11 & *12 State Champion)	2012
205-03	Brendon See (J Serra) (State Champion)	2023
204-4	*Bronson Osborn (Esperanza) (State Champion)	2016
203-10	*Brendon See (J Serra) (State Champion)	2022
203-5	Travis Pendleton (Esperanza) (State Champion)	2000
200-9	Matt Gray (Esperanza)	2004
200-8	Aidan Elbettar (Newport)	2020
197-0	Nick Robinson (El Toro)	2006
195-11	Sam Lightbody (Huntington Beach)	1999
194-8	Malik McMorris (Mater Dei)	2015
194-2	Mark Parlin (Esperanza)	1991
193-9	Aaron Dan (Esperanza)	2005
193-6	Blake Ayles (Orange Lutheran)	2008
192-11	Jake Stafford (J Serra)	2023
192-1	Andy Marrone (Dana Hills)	1990
191-6	Brian Ruziecki (Huntington Beach)	2002
191-11	Chad Peare (Trabuco Hills) (State Champion)	1993
190-9	*Jeff Duensing (Esperanza)	2019
190-8	Tambi Wenj (Fountain Valley) (State Champion)	1984
190-4	Marty Taylor (Newport)	2013
190-4	Zach Lewis (Pacifica)	2024
190-1	Nick Coghill (Valencia)	2015
190-0	Will Parsons (La Habra)	2011
189-10	Mike Bain (Corona del Mar)	1987
188-7	Quaid Vuncannon (San Clemente)	2012
187-9	Cecil Whiteside (Newport)	2009
187-2	Scott Hudson (Mission Viejo)	1980
186-8	Dan Westerfield (Capo Valley)	1981
186-2	Kaleaph Carter (Edison)	1988
185-10	Sepehr Sharifi (University)	1995
185-11	Kevin Jefferies (Newport)	1981
185-2	Greg Aitkenhead (Mission Viejo)	1984
185-9	Jake Fraser (El Toro)	2011
185-9	Clint Meyer (Esperanza)	2016
185-1	Steve Michaelsen (Newport)	2012
185-1	Kelsey Benoit (San Clemente)	2014
184-10	Rocky Fenton (San Clemente) (State Champion)	2014

184-2	Kevin Corbett (El Dorado)	1976
183-0	Eki Faagai (Huntington Beach)	2004
182-7	Christian Lavallo (Mission Viejo) (State Champion)	2018
182-2	Ken Mills (University)	1979
182-1	Steve Lehmer (Loara)	1966
181-8	Miguel Lopez (Esperanza)	2010
181-4	Phil Fulbright (Capo Valley)	1995
181-2	Jake Pendleton (Esperanza)	2009
180-8	Brendon Birdsell (Beckman)	2009
180-7	Jason Bader (Edison)	1995
180-5	Mason Miller (Esperanza)	2011
180-3	Dylan Connor (El Modena)	2022
180-3	*Aydin Breland (Mater Dei)	2023
179-9	Max McKhann (Dana Hills)	2018
179-8	Dylan Storey (El Modena)	2003
179-6	Zfad Khozam (El Modena)	1985
179-6	*Sullivan Parker (El Toro)	2010
179-4	Caleb McCurry (Northwood)	2009
179-3	Dave Winters (Valencia)	1984
179-3	*Cole Smith (Newport)	2016
178-11	Chad Seymour (Aliso Niguel)	2009
178-9	Scott Hudson (Mission Viejo)	1979
178-7	Jim Norum (Brea)	1997
178-6	Rich Stewart (La Quinta)	1975
178-4	Zach Tombol (Servite)	2013
178-3	Jeff Hall (Katella)	1982
177-11	David Sampson (Cypress)	2003
177-9	Steve Gonzales (Newport)	1994
177-7	Jordan Arumann (Esperanza)	2016
177-6	Richard Bolton (Rancho Alamitos)	1977
177-6	Troy Nikalus (Servite)	2011
177-5	Mike Richie (Troy)	1998
177-0	Mark Baughman (Katella)	1975
176-3	Luke Wattenberg (J Serra)	2016
176-11	Steve Bruce (Valencia)	1978
176-8	Andrew Cruikshank (Foothill)	2010
176-8	Kyle Tsu (Marina)	2017
176-3	Randy Hein (Dana Hills)	1995
176-2	Sean Jarne (Esperanza)	1996
176-2	Justin Stafford (Dana Hills)	2014
176-2	Spencer Blake (Newport)	2018
175-10	Trevor Ofisa (Magnolia)	2010
175-8	John Sheppard (Katella)	1976
175-8	*Joel Heaton (Aliso Niguel)	2006
175-6	Dave Kurrasch (Newport)	1975
175-2	*Christian Lavallo (Mission Viejo)	2017
174-11	Matt Plowman (Esperanza)	2002
174-9	Jake Arnold (Marina)	2017
174-8	Chris Dressel (El Dorado)	1979
174-8	Jim Doehring (San Clemente)	1980
174-6	Morad Moussabeck (Fountain Valley)	2005
174-2	*Kelsey Benoit (San Clemente)	2013
174-1	Mike Morales (Garden Grove)	1986
174-0	John Ortman (University)	1978
174-0	*Dillon Hayes (Tustin)	2000
174-0	Joshua Scherer (Trabuco Hills)	2010
173-5	Af Haghi E (University)	1990
173-5	Al Avila (Loara)	1990
173-4	Alex Covarrubias (Valencia)	1972
173-4	Sullivan Parker (El Toro)	2011
173-2	Clark (Laguna Beach)	1979
173-1	Curt Eilenberg (Costa Mesa)	1975
173-0	Scott Strayer (Huntington Beach)	2005
173-0	*Gabe Perez (Valencia)	2012
172-11	Howard Royster (Corona del Mar)	1972
172-11	John Brenner (Fullerton)	1979
172-10	Mike Zupancic (Trabuco Hills)	2008
172-10	*Javier Venegas (Newport)	2012
172-9	Nathan Talbott (Newport)	2008
172-9	Cole Smith (Newport)	2017
172-9	Yusuf Hashem (Esperanza)	2019
172-7	*Barrett Woods (Esperanza)	1998
172-6	Kurt Vollers (Servite)	1997
172-6	Asi Faoa (Magnolia)	1999

172-2	Mike Johnson (Bolsa Grande)	1966	166-6	Ryan Coy (Los Alamitos)	2016
172-0	Sean Ullom (Orange)	1987	166-5	Sinali Manu (Magnolia)	2000
171-6	Dale Gordon (El Modena)	1969	166-5	Austin Niklas (Servite)	2008
171-6	Schuyler Francine (Villa Park)	1983	166-5	Mitch Dixon (Trabuco Hills)	2013
171-5	Mike Evans (Orange)	1970	166-4	Kevin Watson (Century)	1999
171-4	Sean Fenton (Corona del Mar)	2000	166-4	Rick Fry (Esperanza)	2001
171-1	Joe Walshe (Foothill)	1984	166-3	Bruce Mondello (Cypress)	1977
171-1	*Brad Bolton (El Toro)	2010	166-3	Cole Smith (Mission Viejo)	2015
171-0	Nash Parker (Dana Hills)	2015	166-1	John Ortman (University)	1979
171-0	**Adam Chacon (J Serra)	2016	166-1	Tom Cowell (Western)	1990
171-0	Tommy Brown (Mater Dei)	2018	166-1	Justin Birrell (Esperanza)	1998
170-11	Jeff Bodholdt (Irvine)	1994	166-1	Adam Hernandez (Los Amigos)	2016
170-10	Mike Jablonsky (Esperanza)	2005	166-1	*Jake Stafford (J Serra)	2022
170-5	McMullen (Calvary Chapel)	1996	166-0	Shane Tucker (El Toro)	2008
170-4	Dave Sommers (Katella)	1977	165-10	*Travis Kirschke (Esperanza)	1992
170-4	Lou Sargeant (El Toro)	1983	165-10	Adam Leiva (Tesoro)	2017
170-4	Rich Brown (Mission Viejo)	1987	165-10	*Jake Porter (Canyon)	2019
170-4	*Jim Stewart (Esperanza)	1993	165-9	Eddie Cook (Katella)	1979
170-3	Chris Conrad (Brea)	1993	165-7	Steve Brown (Valencia)	1973
170-2	Sager (Huntington Beach)	2004	165-7	Bill Ashmore (Katella)	1987
170-0	Mark Stevens (Newport)	1971	165-6	*Shane Reese (Newport)	1996
170-0	Jess Rogers (Rancho Alamitos)	1980	165-4	Derek Davis (Woodbridge)	2003
170-0	Chris Chester (Tustin)	2001	165-3	Erik Bansberg (El Toro)	2000
169-10	Leonard Ostrum (Orange)	1970	165-2	Kevin McLain (Loara)	1971
169-9	Ed Labate (Villa Park)	1973	164-11	Cody Mares (Orange)	1971
169-8	Matt Rudesill (Costa Mesa)	1998	164-11	Nathan Neemia (Katella)	1999
169-7	Bill Flores (Kennedy)	1983	164-9	Talaesha (Santiago)	1973
169-4	Jud Binley (Laguna Beach)	1973	164-9	Eric Van Skike (Foothill)	1978
169-4	Jeff Greenbough (Laguna Beach)	1977	164-8	** Kyle Grosky (Esperanza)	2006
169-4	Jon O'Neil (Santa Margarita)	1997	164-6	Bob Raya (El Modena)	1978
169-3	Randy Kendrick (Huntington Beach)	1982	164-6	Chuck Underwood (Esperanza)	1989
169-2	*Jim Harper (San Clemente)	1976	164-5	Ryan Belanger (Esperanza)	2010
169-1	Jim Ulam (Kennedy)	1968	164-5	Trevor Lawrence (Newport)	2011
169-1	Blair Parrott (San Clemente)	1991	164-4	Pat McRae (Pacifica)	1977
169-1	Nick Sharp (Huntington Beach)	2002	164-4	David Keller (Ocean View)	1989
169-1	Matt Murphy (El Toro)	2007	164-4	Kostas Hatzidakis (Esperanza)	1996
169-0	* Ed Clarke (Newport)	1997	164-4	Jefferson Santos (Woodbridge)	2006
169-0	Carlo Valdes (Mater Dei)	2008	164-4	Mark Russell (Sonora)	2011
168-10	Jeff Safarik (Fullerton)	1979	164-4	Jake Porter (Canyon)	2020
168-9	Todd Kausen (Corona del Mar)	1978	164-3	Ed Clarke (Newport)	1998
168-9	** Troy Nikalas (Servite)	2009	164-3	C. O'Brian (Dana Hills)	1998
168-8	Jim Osborn (Rancho Alamitos)	1985	164-2	Gabe Paldi (El Modena)	1978
168-8	Jesse McDonald (Laguna Hills)	1994	164-2	Lucas Dunbar (Marina)	1998
168-8	* Alex Butler (El Modena)	2004	164-0	Ed LeVasseur (Saddleback)	1978
168-8	Alec Cranford (Dana Hills)	2013	163-11	Brad Bolton (El Toro)	2011
168-7	*John Moses (Loara)	1980	163-9	Jeff Brown (El Dorado)	1974
168-7	Roger Masangkay (Huntington Beach)	1984	163-9	Stephen Mantei (Newport)	2015
168-7	Chad Smith (University)	2004	163-9	Charles Vernoy (Valencia)	2016
168-7	Mason Crane (Corona del Mar)	2017	163-8	Kirk Wassell (Western)	1964
168-6	Joel Brodowski (Pacifica)	1980	163-8	*Max McKhann (Dana Hills)	2017
168-5	John Karahallos (Western)	1979	163-7	** Favio Lochananonda (Woodbridge)	2000
168-4	B Vamell (Sunny Hills)	1982	163-5	Tony Mancuso (Newport)	1992
168-4	Paul Castenada (SA Valley)	2004	163-4	Tony Buonacorsi (Trabuco Hills)	1998
168-2	*Bob McGuire (Foothill)	1973	163-3	Carlo Bell (Valencia)	1982
168-1	Jim Eddleman (Valencia)	2000	163-3	McDuffie (El Modena)	1985
168-0	JR Sauni (Orange)	1991	163-3	Raphael Molle (Irvine)	1989
167-11	Scott Wingerson (Orange)	1981	163-3	Scott Bolton (Tesoro)	2009
167-10	Craig Rebeck (Capo Valley)	1987	163-3	Scott DeCou (Woodbridge)	2011
167-10	* Nick Woloshun (Valencia)	2001	163-2	Hadley James (Santiago)	1966
167-10	Nate Talbort (Newport)	2008	163-2	Brendon Jordahl (Edison)	2016
167-10	William Truong (Esperanza)	2014	163-0	Bob Wilson (Edison)	1977
167-9	Shane Reese (Newport)	1997	163-0	Greg Thurston (Edison)	1989
167-9	*Marty Taylor (Newport)	2012	163-0	* Chad Seymour (Tesoro)	2008
167-9	Blake Baloun (El Toro)	2018	162-10	Bill Ashmore (Katella)	1986
167-6	Tom Allison (Los Alamitos)	1985	162-10	Joey Hawley (Esperanza)	2006
167-6	Jeremiah Fagilli (Magnolia)	1998	162-9	Joshua Schnitzer (Los Alamitos)	2009
167-3	* Dustin Slinkard (Santa Margarita)	2002	162-8	Ed Cook (Katella)	1979
167-0	Jake Brower (Orange)	1987	162-8	* Tony Buogiacolsi (Trabuco Hills)	1997
167-0	Brad Grace (Huntington Beach)	1988	162-8	Luis Guzman (Katella)	2006
167-0	Raphael Alvarez (Esperanza)	2002	162-8	Travis Zavala (Canyon)	2021
166-11	Chris Sweeney (Capo Valley)	1981	162-7	Eric Shank (Irvine)	1986
166-11	**Aydin Breland (Mater Dei)	2022	162-6	Gavin Fallen (Foothill)	2010
166-8	Tom Pellicer (Esperanza)	1993	162-4	Dave Fouche (Magnolia)	1974
166-7	Scott Hoth (El Toro)	1982	162-4	Abe Mendoza (Mission Viejo)	1996
166-7	Dylan Storey (El Modena)	2003	162-4	Matt Plowman (Esperanza)	2000

162-4	Moe Bradley (Canyon)	2020	204-7	Max McKhann (Dana Hills)	2018
162-2	Jim Sanders (Westminster)	1976	203-11	Silviu Bocancea (Corona del Mar)	2015
162-2	Qualic Vargas (Costa Mesa)	2004	203-9	Mark Cyr (St Margaret's)	2024
162-2	Brandon Kula (Newport)	2009	197-8	*Mason Crane (Coroan del Mar)	2016
162-1	Brad Griffiths (Saddleback)	1977	195-6	Jake Stafford (J Serra)	2023
162-1	A. Perez (Valencia)	2000	186-6	*Jake Stafford (Dana Hills)	2022
162-1	James Axelson (Woodbridge)	2017	183-5	*Mason McKhann (Dana Hills)	2019
162-0	Mike Pedro (Irvine)	1991	178-10	*Jake Porter (Canyon)	2019
162-0	Adam Klinge (Trabuco Hills)	2024	170-7	Cole White (Corona del Mar)	2019
161-11	*Troy McWhinney (Huntington Beach)	1991	165-8	*Lance Eades (San Clemente)	2019
161-11	Travis McCullough (Esperanza)	1993	156-8	*Jake Arnold (Marina)	2016
161-10	Chris Johnson (El Modena)	1989	150-8	Jacob Fraser (El Toro)	2011
161-9	Steve Horvath (Villa Park)	1980	150-4	Joe Parsons (La Habra)	2007
161-9	Zach Tombol (Servite)	2012	148-9	**Christopher Herimann (Corona del Mar)	2017
161-8	Don Brandes (Canyon)	1977	148-4	Brian Snell (Esperanza)	1994
161-8	Tim Osborne (Rancho Alamitos)	1984	147-9	Griffin Wayne (Esperanza)	2004
161-8	Tim Tillman (Savanna)	1989	147-8	Justin Birrell (Esperanza)	1997
161-8	FrankCracchiolo (Fountain Valley)	1995	139-3	Will Parsons (La Habra)	2010
161-8	Griffin Wayne (Esperanza)	1996	128-3	Sean Jarne (Esperanza)	1995
161-7	Christian Ydends (Santa Margarita)	2015	128-2	Travis Kirske (Esperanza)	1992
161-6	Ryan Cainey (Villa Park)	2000	124-0	R Frye (Esperanza)	1999
161-6	Dwayne Peck (Marina)	2004			
161-5	*Jake Brooks (Brea)	2024	International Hammer (16-lb)		
161-4	Richard Echard (Los Alamitos)	1971	207-10	Brad Bolton (El Toro)	2011
161-4	Brian Dyke (Bolsa Grande)	1973	183-8	Jacob Sun (St Margaret's)	2022
161-4	Roger Masangkay (Huntington Beach)	1983	147-9	Griffin Wayne (Esperanza)	2004
161-4	Cameron Calvin (Woodbridge)	2004	147-8	Justin Birrell (Esperanza)	1997
161-3	Don Winters (Valencia)	1987	139-3	Will Parsons (La Habra)	2010
161-3	Travis Zavala (Canyonmn)	2022	128-3	Sean Jarne (Esperanza)	1995
161-2	Earnie Sagiao (Edison)	2008	128-2	Travis Kirske (Esperanza)	1992
161-1	Bob Richards (Foothill)	1967	124-0	R Frye (Esperanza)	1999
161-1	Skip Rimer (Corona del Mar)	1970			
161-1	* Brendon Birdsall (Beckman)	2008	Junior Hammer (6kg/13.2-lb)		
161-0	John Covington (Sunny Hills)	1972	217-6	Brad Bolton (El Toro)	2011
161-0	***Scott Paulsen (Valencia)	1986	210-5	Max McKhann (Dana Hills)	2018
160-11	Chad Bruechert (Fullerton)	1988	207-7	Jacob Sun (St Margaret's)	2022
160-11	Jason Carpenter (Katella)	1996			
160-10	Taso Tsirtsis (El Toro)	1996			
160-10	Shane Torrea (Dana Hills)	2005			
160-10	Donald Caskey (Mater Dei)	2010			
160-9	*Peter Timoti (Valencia)	2014			
160-7	T. J. Brown (Mission Viejo)	1993			
160-7	Kyle Hodges (Dana Hills)	2006			
160-6	Rick Hill (University)	1982			
160-6	James Sargent (Tustin)	1999			
160-5	*Mark Kricfalusi (Canyon)	1980			
160-5	Zach Smotherman (El Modena)	2006			
160-4	Dave Ayles (LaQuinta)	1979			
160-4	Rudy Motley (Santiago)	1989			
160-3	Pedro Lucas (Western)	2004			
160-2	Greg Holden (Costa Mesa)	1976			
160-2	*Adam Waller (Esperanza)	2014			
160-1	* Scott Strayer (Huntington Beach)	2004			
160-0	Pat O'Shaughnessy (Valencia)	1972			
160-0	Paul Richard (Valencia)	1991			
160-0	Phil Amico (Huntington Beach)	2000			
160-0	Mark Corrales (Huntington Beach)	2000			

Junior Discus (1.75 kg)

192-1	Bo Taylor (Newport)	2006
189-04	*Bronson Osborn (Esperanza)	2016

International Discus (2kg)

161-2	Steve Lehmer (Loara)	1966
155-3	*Brian Blutreich (Capo Valley)	1984
147-8	Dale Gordon (El Modena)	1969
145-9	Doug Stoner (Laguna Beach)	1956
<i>(State Champion—non scoring event)</i>		

Hammer Throw #12

238-9	Brad Bolton (El Toro)	2011
218-8	Jacob Sun (St Margaret's)	2022

ALL-TIME INDOOR MARKS LIST

****Boys****

50 meters

5.86	* Tim Martin (San Clemente)	1990
5.90	Matt Bruno (Trabuco Hills)	2002
5.91	Darryl Poston (Edison)	2001
5.93	Gary Young (Woodbridge)	1994
5.94	Denny Casupanan (Tustin)	2002
5.99	Erik Mitchell (Los Alamitos)	1990
60.2	Scott Langford (Santa Margarita)	2001
6.04	* Daniel Whipple (Western)	1990
6.05	Vince Nguyen (Fountain Valley)	2001
6.07	** Bryan Harrison (Dana Hills)	1995
6.08	Chris Lamm (Irvine)	2001
6.12	** Michael Graham (Edison)	1994
6.13	Nic Wedin (Dana Hills)	2001
6.14	* Greg Cleave (Cypress)	1994
6.16	Dahrin Footman (Esperanza)	1995
6.16	Mike Flores (Savanna)	1995
6.16	Josh Herrera (La Habra)	1999
6.16	Jim Thorson (Edison)	2000
6.16	Jonathan Woods (El Toro)	2002
6.17	Darren Shorter (Cypress)	2001
	Turrill Engelman (Marina)	2002
6.19	Matt Slater (Servite)	2003
6.23	* Sparks (Mater Dei)	1991
6.24	Phil Lau (Mission Viejo)	1999
6.26	Adam Hayworth (Marina)	2002
6.27	Ed Presbury (Loara)	1992
6.31	Tim Fitzgerald (Santa Margarita)	1996

60 yards/55 meters#

6.33	Kerwin Bell (Edison)	1980
6.34	Tony Pitts (SA Valley)	1978
6.43	#Kyle Middlebrooks (Fountain Valley)	2010
6.43	Alex Donigian (Trabuco Hills)	2011
6.46	* Rex Brown (Ocean View)	1982
6.53	Chip Rish (Marina)	1984
6.53	#Alex Young (Woodbridge)	2015
6.54c	*Rich Brooks (Woodbridge)	6.3 1985
6.54c	Jim Beyers (Loara)	6.3 1971
6.54c	Tom Teeple (Brea)	6.3 1971
6.55	#Devin Harrison (Dana Hills)	2010
6.59	#* Alex Suchesk (Mission Viejo)	2013
6.61	Ellis Bradford (SA Valley)	1986
6.64	#Chris Brown (Mission Viejo)	2015
6.57	#Tyler Rios (Los Alamitos)	2014
6.60	#Brandon Douglas (Los Alamitos)	2014
6.60	#Dylan Atencio (Yorba Linda)	2015
6.63	#*Michael Mitchell (Tesoro)	2015
6.63	#Scott Patton (Woodbridge)	2015
6.71	#Matt Nichols (Irvine)	2010
6.72	#Lee Mitchell (Tesoro)	2014
6.73	#Charles Wheeler (Edison)	2013
6.78	#* Justin Hunter (Dana Hills)	2013
6.80	#Dakari Barnett (Fountain Valley)	2014
6.82	#*** Nicholas Malone (Fountain Valley)	2013
6.82	# Alexander Cliatt (Irvine)	2013
6.84c	Keith Denson (SA Valley)	6.6 1975
6.86	Anderson Hua (Fountain Valley)	2011
6.86	Jacob Miller (Fountain Valley)	2011
6.88	#*Dimitrius Peters (Santa Margarita)	2015
6.92	#* Phillip Huynh (Fountain Valley)	2013
6.92	#***Nathan Willoughby (Fountain Valley)	2015
6.94c	Larry Hill (Katella)	6.7 1975

60 meters

6.78	Kerwin Bell (Edison)	1980
6.85	Kyle Middlebrooks (Fountain Valley)	2009
6.87	Tony Pitts (SA Valley)	1978
7.15	David Reedus (Westminster)	1988

200 meters

21.58	Max Thomas (Servite)	2022
22.85	Alex Skalmowski (Servite)	2022

300 meters

37.82	Gabe Warner (Woodbridge)	2015
37.87	*Dimitrius Peters (Santa Margarita)	2015
38.76	** Josh Mitchell (Mission Viejo)	2015
39.00	*Austin Baxter (Corona del Mar)	2015
39.39	** Hunter Hawthorne (Mission Viejo)	2015
39.40	Cole Paton (Mission Viejo)	2015
39.54	*Ashtin Fernandes (Fountain Valley)	2015
39.55	*Daniel Sun (Woodbridge)	2015
39.85	*Hunter Albrecht (Dana Hills)	2015
39.90	* Elias Ghazlani (Fountain Valley)	2015

500 yards

58.2	Brian Theriot (Newport)	1975
58.9	* Kirk Ayers (Western)	1986
59.5	Rod Emery (Fountain Valley)	1982
59.5	Marshall Johnson (SA Valley)	1978
59.6	Bryan Humann (Newport)	1975
59.6	Jeff Roach (Laguna Hills)	1984
59.6	Aaron Taub (Foothill)	1992
59.8	David Boyd (Esperanza)	1983
59.9	George McQuarrie (Bolsa Grande)	1975
59.9	Eric Schermerhorn (Woodbridge)	1984
59.9	Chris Sperle (Fountain Valley)	1984
59.2	Ethan Taub (Foothill)	1994
59.5	* Jimmy Hutsell (Cypress)	1994
60.0	Paul Peters (SA Valley)	1986
60.0	Kevin Griswold (Garden Grove)	1996
60.3	Vince Mulroy (Newport)	1975
60.4	Jim Harris (Westminster)	1980
60.5	Jeff Jacobs (Santa Margarita)	2003
60.7	Nick John Haiduc (Servite)	1987
60.8	Chris Corum (Newport)	1978
61.1	Roshawn Sims (Esperanza)	1991
61.7	Ryan Crane (Dana Hills)	1992

600 yards

1:14.72	Chad Rozean (Trabuco Hills)	2010
1:14.93	Brandon Phillips (Irvine)	2010
1:17.91	* Elias Ghazlani (Fountain Valley)	2015
1:17.95	Josh Cerda (Fountain Valley)	2013
1:18.02	*Gabriel Warner (Woodbridge)	2014
1:18.20	Cullen Riser (Orange Lutheran)	2013
1:18.64	Phillip Bui (Fountain Valley)	2015
1:19.02	Trelani Waters (Mission Viejo)	2015
1:19.10	Elliot Loudon (Woodbridge)	2014
1:20.34	Kamran Tariq (Tesoro)	2015
1:20.79	Anderson Hua (Fountain Valley)	2012
1:20.86	* Mauro Marquina (Dana Hills)	2013
1:20.88	Ethan Hold (Corona del Mar)	2014
1:21.15	Zeph Alva (Dana Hills)	2013
1:21.30	*Hunter Clark (San Clemente)	2015
1:21.39	Nathaniel Esquivel (Fountain Valley)	2013
1:21.40	**Alex Young (Woodbridge)	2014
1:21.55	Josh Cerda (Fountain Valley)	2012
1:21.75	Drake Johnson (Dana Hills)	2012
1:22.29	** Phillip Bui (Fountain Valley)	2013
1:22.56	* Matt Oyakawa (Fountain Valley)	2013
1:22.70	* Shane Hernandez (Los Alamitos)	2013
1:23.0	Scott Kipers (Mission Viejo)	1973

800 meters

1:55.79	Brendon Confer (Servite)	2009
2:01.1	*Tony Lozano (Katella)	1999

880 yards

1:57.6	Ruben Esparza (El Modena)	1983
1:58.6	* Kyle Morton (Westminster)	1982
1:58.8	Jim Robbins (Corona del Mar)	1988
1:58.9	* Anthony Wells (SA Valley)	1980
1:59.1	Andy Sims (Dana Hills)	1984
1:59.6	Jim Sorenson (Villa Park)	1986
1:59.7	Kevin Green (Villa Park)	1984
2:00.19c	Luke Decker (Mission Viejo)	1:59.49m 2010
2:00.2	Seth Pickering (San Clemente)	2001
2:00.4	David Sanford (Los Alamitos)	1988
2:01.5	Ken Sims (Irvine)	1984
2:01.7	Jan Maynard (Marina)	1996
2:01.8	Dave McMillen (Irvine)	1986
2:01.8	Mike Balderas (Garden Grove)	1995
2:01.9	Craig Olson (El Dorado)	1987
2:01.9	* Alonso Smith (Tustin)	2000
2:02.1	* Matt Blasdel (Santa Margarita)	1995
2:02.2	* Eric Schermerhorn (Woodbridge)	1983
2:02.6	John Cronin (Mission Viejo)	1985
2:02.6	* Jon Jeffrey (Woodbridge)	1996
2:02.8	Mike Maynard (Capo Valley)	1985
2:02.9	Kevin Knapp (Esperanza)	1985

1000 Yards

2:17.7	Bruce Bess (La Habra)	1961
2:18.4	Chuck Steak (Newport)	1979
2:18.6	Jon Cook (Mission Viejo)	1975
2:18.6	Sam Henrick (Marina)	1976
2:19.7	Steve Moraga (Santa Ana)	1975
2:20.5	Brian Appell (Fountain Valley)	1978
2:22.5	Charlie Christensen (Edison)	1977
2:23.1	Mark Hower (Mission Viejo)	1974
2:23.3	Larry Hayden (Sunny Hills)	1975
2:24.0	Kirk Clark (Newport)	1975
2:24.9	Bob Bradford (University)	1973

One Mile

4:11.3	Jon Butler (Edison)	1981
4:12.9	Eric Hulst (Laguna Beach)	1976
4:15.86	*Anthony Grover (J Serra)	2019
4:16.97	*Jantzen Oshier (Trabuco Hills)	2010
4:17.1	Mike Solomon (Westminster)	1967
4:17.5	Bruce Bess (La Habra)	1961
4:17.6	* Jeff Vandereems (Mission Viejo)	1979
4:18.1	Mark Junkermann (Los Alamitos)	1984
4:19.3	Ruben Esparza (El Modena)	1983
4:19.93	**Austin Tamagno (Brea Olinda)	2014
4:19.4	Andy Clifford (Sunny Hills)	1974
4:20.0	* Ralph Serna (Loara)	1974
4:20.04	Jim Olson (Irvine)	1986
4:20.5	Sam Francis (Tustin)	1965
4:20.8	Steve Valen (El Modena)	1981
4:21.15	*Taye Newman (Canyon)	2024
4:21.2	Pat Dutzi (El Dorado)	1973
4:21.5	Mark Schilling (Garden Grove)	1971
4:21.5	Jim Hartford (Corona del Mar)	1981
4:21.5	Bill Meyer (Villa Park)	1986
4:21.9	Jon Cook (Mission Viejo)	1975
4:22.1	Ned Mosher (Fountain Valley)	1982
4:22.3	Jeff Williams (Foothill)	1982
4:22.6	Allen Sanford (Tustin)	1965
4:22.6	Shawn Gallagher (Loam)	1975
4:22.6	Victor Valen (El Modena)	1984
4:23.2	Ed Lavelle (Corona del Mar)	1989
4:23.6	Robert Angel (Huntington Beach)	1975
4:23.6	David Moore (Orange)	1986

4:24.1	Ken Martyn (Marina)	1973
4:24.3	Carl Trentadue (Westminster)	1965
4:24.7	Bob Delaney (Orange)	1962
4:24.7	Doug MacLean (Costa Mesa)	1972
4:24.9	Haissam Sabra (Ocean View)	1986
4:24.9	*Greg Shyroch (Corona del Mar)	1988
4:25.0	Larry Hayden (Sunny Hills)	1975
4:25.0	Fredd Hesslevik (University)	1982

1500m

3:45.5'	Jon Butler (Edison)	1981
3:59.06	*Anthony Grover (J Serra)	2019

Two Mile

8:55.2	Jon Butler (Edison)	1981
8:55.8	Eric Hulst (Laguna Beach)	1976
9:00.0	Mark Spilsbury (Foothill)	1976
9:01.4	* Ralph Serna (Loara)	1974
9:07.9	Mark Junkermann (Los Alamitos)	1983
9:09.5	Ken Ernst (El Dorado)	1979
9:10.3	Mark Blaty (Marina)	1979
9:11.1	Greg Whiteley (University)	1985
9:11.4	Pat Dutzi (El Dorado)	1973
9:12.6	Robert Tillman (Valencia)	1974
9:14.8	Robert Angel (Huntington Beach)	1973
9:15.0	*Dave White (El Modena)	1969
9:16.80	Peter Herold (J Serra)	2019
9:18.4	Gus Quinonez (Huntington Beach)	1983
9:18.8	Marc Genet (Santa Ana)	1972
9:19.2	Breggar Moore (Rancho Alamitos)	1975
9:20.5	Mike Walterhouse (Mission Viejo)	1977
9:21.1	Mark Cunnart (Los Amigos)	1980
9:21.2	Larry Gerich (Foothill)	1973
9:21.3	Don Scott (Foothill)	1980
9:22.6	Jose Saavedra (Loara)	1974
9:23.0	Jeff Day (Corona del Mar)	1976
9:23.7	Brett Clifford (Dana Hills)	1983
9:23.8	Shannon Winkleman (Marina)	1988
9:24.8	Don Scott (Foothill)	1980
9:25.1	Tim Aukshunas (El Modena)	2003
9:25.2	Brad Meyer (University)	1981
9:26.2	Dave Cangelosi (Villa Park)	1978
9:26.9	Chris Lugo (Valencia)	1987
9:28.1	Bob Erickson (Fountain Valley)	1982
9:28.4	Steve Valen (El Modena)	1980
9:28.85	Bill Meyer (Villa Park)	1986
9:29.4	Scott Hakeman (El Dorado)	1983

3,000 meters

8:31.2'	Mark Junkerman (Los Alamitos)	1983
8:35.50	Kenny Wanlass (Newport)	2023
8:38.2'	Gus Quinonez (Huntington Beach)	1983
8:40.09'	Peter Herold (J Serra)	2019

5,000 meters

14:26.61	*Evan Noonan (Dana Hills)	2024
14:58.69	Saul Orozco (J Serra)	2024
14:51.41	Kenny Wanlass (Newport)	2023

50 meter High Hurdles

6.80	Charlie Davidson (Saddleback)	1992
6.98	Pat Swanson (Esperanza)	1996
6.99	* Dominique DeGrammont (Tustin)	1996
7.06	James Brown (Dana Hills)	1998
7.06	Kenny Vinh (Katella)	2000
7.15	* Mike Smith (El Toro)	1996
7.19	Tony Garcia (Foothill)	1994
7.20	Kenny Vinh (Katella)	1999
7.23	Denny Flanagan (Edison)	2001
7.35	Jim Bittner (Katella)	1998

7.37	Al Williams (Irvine)	1998
7.37	Aldee Winter (Laguna Hills)	2000
7.38	Dan Foote (Foothill)	1995
7.48	Ramsay (Paciifca)	1994
7.50	Ben Forbes (Marina)	1998

60 Yard High Hurdles

7.57	Steve Kerho (Mission Viejo)	1981
7.64c	Terry Johnson (Katella)	7.4 1986
7.74c	John Peterson (Saddleback)	7.5 1975
7.84c	Tom Turner (Cypress)	7.6 1975
7.94c	Brian Flowers (SA Valley)	7.7 1985
7.94c	Ken Margerum (Fountain Valley)	7.7 1977
8.04c	Wilbur Gregory (Mission Viejo)	7.8 1975
8.14c	Daryle Ware (Cypress)	7.9 1975

55 meter High Hurdles

7.76	Dylan Atencio (Yorba Linda)	2015
7.80	Connor Meech (San Juan Hills)	2015
7.83	Grant Bayr (Dana Hills)	2015
7.86	Tyler Rios (Los Alamitos)	2014
7.89	Dustin Huynh (Fountain Valley)	2014
7.96	George Lynch (Mater Dei)	1988
8.06	* Daniel Sun (Woodbridge)	2015
8.07	**Daniel Sun (Woodbridge)	2014
8.15	Muaz Ilyas (Fountain Valley)	2013
8.19	*Grant Bayr (Dana Hills)	2014

4 x 160 yard Relay

66.1	SA Valley	1978
67.2	Edison	2000
67.4	Saddleback	1991
67.5	Mission Viejo	1992
68.0	SA Valley	1973
68.0	Edison	2001
68.2	Katella	1986
68.36	Edison	1999
68.5	Saddleback	1975
68.66	Corona del Mar	4x145m 2014
68.8	Garden Grove	1969
68.8	Esperanza	1994
69.0	Edison	1980
69.0	Fountain Valley	1998
69.0	Edison	1998
69.1	Katella	
69.1	Foothill	1992
69.1	Fountain Valley	1999
69.24	Yorba Linda	4x145m 2015
69.3	Brea	1966
69.3	Anaheim	1969
69.3	Marina	1969
69.3	Laguna Beach	1973
69.4	Bolsa Grande	1965
69.4	Santa Ana	1972
69.5	SA Valley	1976
69.5	Edison	1999
69.55	Corona del Mar	4x145m 2013
69.6	Santa Ana	1966
69.6	Irvine	1996

8 x 160 yard Relay

2:14.82	Edison	2000
2:15.6	SA Valley	1984
2:17.9	SA Valley	1992
2:18.3	SA Valley	1988
2:18.7	Katella	1998
2:18.9	SA Valley	1985

2:19.3	Santa Ana	1983
2:19.7	Saddleback	1993
2:19.8	Saddleback	1985
2:19.94	Katella	2000
2:20.1	SA Valley	1989
2:20.13	Katella	1999
2:20.4	Santa Ana	1982
2:21.42	Katella	1996
2:21.9	SA Valley	1987
2:22.0	Mission Viejo	1999
2:23.0	Santa Margarita	1999
2:23.5	El Modena	1982
2:23.6	Newport	1983
2:23.7	SA Valley	1993
2:23.7	SA Valley	1998

Mile Relay

3:26.3	Newport	1975
3:27.0	Newport	1978
3:27.6	Foothill	1994
3:28.0	Foothill	1992
3:28.9	Newport	1979
3:30.2	Foothill	1993
3:31.0	Costa Mesa	1982
3:31.1	Santa Ana	1975
3:31.2	Los Alamitos	1984
3:32.6	Loara	1975
3:33.1	El Modena	1982
3:33.2	Irvine	1996
3:34.7	Newport	1976

4 x 880 Relay

8:08.8	Westminster	1974
8:13.2c	Saddleback	
	(converted time-one lap too long)	1992
8:14.5	Foothill	1979
8:14.9	Mater Dei	1983
8:18.7	Orange	1995
8:18.9	Esperanza	2003
8:20.9	Mission Viejo	1985
8:22.3	University	1981
8:22.8	Corona del Mar	1975
8:22.8	Costa Mesa	1977
8:23.8	Costa Mesa	1975
8:25.3	Capo Valley	1989
8:25.4	El Toro	2002
8:27.1	Loara	1979
8:27.7	Saddleback	1994
8:28.1	Villa Park	1994
8:28.9	Katella	1999
8:29.2	Marina	1975
8:29.2	El Modena	1988
8:29.9	Esperanza	1988

High Jump

6-10.75	**Sean Lee (Trabuco Hills)	2016
6-10	Harrison Steed (JSerra)	2010
6-7	Dave White (Marina)	1977
6-6	Kevin Connell (Newport)	1975
6-6	Kevin Cuervo (Western)	1976
6-6	Brad Harris (Los Alamitos)	1978
6-6	Todd Hart (Servite)	1981
6-6	Francel Jones (SA Valley)	1982
6-6	Eric Wheelwright (Edison)	1985
6-6	Jeff Waldren (Cypress)	1992
6-6	Jay Lin (Sonora)	1993
6-6	Brian Carlson (Katella)	1993
6-6	Alex Marbley (Tustin)	2001
6-5	Roger Leary (El Toro)	1983
6-5	Mitchell Bland (Tesoro)	2014
6-4	Ken Corner (Estancia)	1975
6-4	Gary Armstrong (Katella)	1975

6-4	Todd Kirschner (EL Dorado)	1975
6-4	Mitch Herold (Los Alamitos)	1975
6-4	Jeff Lawson (El Dorado)	1976
6-4	Eric Dorn (Estancia)	1986
6-4	John Amneus (Foothill)	1987
6-4	Greg Ramsey (Loara)	1990
6-4	Matt Gwaltney (Fountain Valley)	1993
6-4	Troy Langley (Canyon)	1994
6-4	Danny Vasquez (Century)	1995
6-4	* F. Elliott Parks (El Toro)	1996
6-4	Beatty (Troy)	2003

Pole Vault

16-7	Michael Woepse (Mater Dei)	2010
16-0.75	Steve Michels (Brethren Christian)	1996
16-0	Logan Odden (Marina)	2000
16-0	Mark Sakioka (Newport)	2011
16-0	Carl Johansson (Orange Lutheran)	2014
15-10	Adam Bragg (El Toro)	2011
15-9	Greg Woepse (Mater Dei)	2006
15-6	Greg Ernst (El Dorado)	1978
15-6	Greg Stull (Troy)	1980
15-3	Jeff Tran (Fountain Valley)	2009
15-1	Jim Sidler (Villa Park)	1977
15-1	Adam Bragg (El Toro)	2011
15-0	Keith Schimmel (Villa Park)	1975
15-0	Tim Vahlstrom (Villa Park)	1975
15-0	Tim McIntyre (Loa Alamitos)	1979
15-0	Steve Williams (Servite)	1986
15-0	Steve Slocum (Foothill)	1987
15-0	Aaron Corbett (Edison)	2002
15-0	Luke Newman (Trabuco Hills)	2015
15-0	David Bean (Orange Lutheran)	2014
14-9	Hong Nguyen (Katella)	2003
14-9	Brendan Pena (Edison)	2003
14-9	Matt Cooper (Mater Dei)	2009
14-6	Mike Baker (Katella)	1973
14-6	Tanner Greeley (Edison)	2011
14-6	Chandler Thorpe (Edison)	2013
14-3	Brian Whalen (Mater Dei)	2003
14-0	Tom Turner (Cypress)	1975
14-0	Greg Woepse (Mater Dei)	1975
14-0	Lance Betson (Newport)	1983
14-0	R.W. Henson (Newport)	1988
14-0	Trevor Lycett (Esperanza)	1991
14-0	Brandon Guffy (Esperanza)	1999
14-0	Paul Luke (Santa Margarita)	2000
14-0	David Giang (Katella)	2001
14-0	Ty Mason (Fountain Valley)	2012
14-0	Kevin Stull (Orange Lutheran)	2013
14-0	* Jeff Gordon (Marina)	2015
14-0	Nate Harper (Trabuco Hills)	2015

Long Jump

23-10	Devin Harrison (Dana Hills)	2009
23-2.5	Tony Pitts (SA Valley)	1978
22-9.5	* Jim Morgan (Mater Dei)	1966
22-8	William Dancy (SA Valley)	1989
22-6.25	* Dakarai Barnett (Fountain Valley)	2015
22-5	Eric Dorn (Estancia)	1986
22-3.5	Denny Casupanan (Tustin)	2002
22-2.75	Earl Jones (Saddleback)	1985
22-2	Richard Fanti (SA Valley)	1986
21-10.5	Mike Sullivan (Sunny Hills)	1991
21-9.5	Hayden Pierce (Esperanza)	2010
21-9	Tom Leonard (Western)	1975
21-9	Ricky Franklin (SA Valley)	1983
21-9	Sean Sawyer (El Modena)	1985
21-9	Lee Mitchell (Tesoro)	2014
21-8.75	Steve Baxter (Loara)	1971

Triple Jump

49-1	Ken WilliamsjTroy)	1982
48-3.25	Ken Margenun (Fountain Valley)	1977
47-3.25	* Reggie Curry (Tustin)	1994
46-9.5	Arik Nesbit (San Clemente)	2014
46-6.5	Tony Parrish (Marina)	1993
45-4	Mike Phillips (Foothill)	1985
45-0	Joe Thomas (Buena Park)	1999
44-7.25	Clarence Moore (Cypress)	2000
44-3.5	Dennis Cowan (Fountain Valley)	1979

Shot Put

64-11.75	Dave Kurrasch (Newport)	1975
62-4	Terry Albritton (Newport)	1972
62-3	Jim Neidhart (Newport)	1973
59-10.5	William Troung (Esperanza)	2014
59-9.75	Kelsey Benoit (San Clemente)	2014
59-1	Wade Tilt (Newport)	1994
58-9.5	Ed Labate (Villa Park)	1973
58-7	Jim Harper (San Clemente)	1977
58-3.75	Marty Taylor (Newport)	2013
58-0	Berian Ruziecki (Huntington Beach)	2002

#16 Shot Put

59-5.75	Bronson Osborn (Esperanza)	2017
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Weight Throw 25#

73-4	Brad Bolton (El Toro)	2011
62-10	Max McKhann (Dana Hills)	2018
62-5.5	* Silviu Bocancea (Corona del Mar)	2015
58-2.75	Rocky Fenton (San Clemente)	2014
54-7.5	*Brendon See (J Serra)	2022
49-0.5	*Hunter (Whittaker (Esperanza)	2024
47-6	*Ethan Sickles (Villa Park)	2024

ALL-TIME OUTDOOR BEST MARKS LIST—GIRLS

100 Yards

11.04	Michelle Kelley (Irvine)	1979
11.05	Janet Steen (SA Valley)	1979
11.06	Vanessa Denniston (Huntington B)	1979
11.10	Estelle White (Saddleback)	1982
11.0	* Tserne Jackson (Edison)	1979
11.1	***Kenya Thomburg (University)	1980
11.1	Brenda Owens (SA Valley)	1982
11.1	** Michelle Banks (El Dorado)	1983
11.1	** Michelle Van Exel (Saddleback)	1983
11.39	Kristen Fleeting (Tustin)	1980
11.2	Joy Marimon (Newport)	1976
11.2	Loretta Holmes (El Toro)	1977
11.2	Sue League (SA Valley)	1982
11.2	* Nedra Lyons (Laguna Hills)	1983
11.2	*** Clarie Hill (Saddleback)	1983
11.2	*** Marina Laymon (La Habra)	1980
11.2	Cheryl Henderson (Fountain Valley)	1984
11.2-	Tiffany Felix (Mater Dei)	1984
11.2	Alyssa Phillips (Cypress)	1985
11.2	* Casey Lozano (Sonora)	1991
11.2	** Cavetra Mitchell (Los Alamitos)	1991
11.2	Katie Mook (Foothill)	1992
11.2	* Megan Reppe (Villa Park)	1994
11.2	* Tara Oettinger (Foothill)	1994
11.48	* Karyn Haight (Orange Lutheran)	1978
11.53	*** Megan Reppe (Villa Park)	1992
11.3	Lisa Gourdine (El Toro)	1977
11.3	Tracy Hanlon (Edison)	1979
11.3	* Val Macayan (Fountain Valley)	1981
11.3	Tina Johnson (Kennedy)	1981
11.3	Lum (Estancia)	1982
11.3	Stacy Noton (Sunny Hills)	1983
11.3	Kathy Hargis (Magnolia)	1986
11.3	K. Lambert (Foothill)	1986
11.3	* Heather McBride (Foothill)	1985
11.3	* Alida Dixon (SA Valley)	1988
11.3	Sherrie Buente (Esperanza)	1990
11.3	*** Tara Oettinger (Foothill)	1992
11.3	* Julie Petrilla (El Dorado)	1992
11.4	L. Eckstein (El Modena)	1976
11.4	Carolyn Hatchett (SA Valley)	1978
11.4	Cathy Conner (Esperanza)	1982
11.4	Chris Salerno (Canyon)	1982
11.4	* Trish Aubuchon (Esperanza)	1984
11.4	*** Vanessa Blanco (Los Alamitos)	1986
11.4	Stacy Walden (Estancia)	1987
11.4	Stephanie Bell (Foothill)	1986
11.4	Michele Buse (Foothill)	1988
11.4	* Judy Jackson (Tustin)	1988
11.4	Danetta Chaney (Saddleback)	1989
11.4	Leila Campbell (Loara)	1989
11.4	* Pam Kurtella (Los Alamitos)	1989

Wind-aided:

11.01	Janet Steen (SA Valley)	1979
11.1	** Mildred Owens (SA Valley)	1981
11.1	Tina Johnson (Kennedy)	1981
11.2	Lisa Gourdine (El Toro)	1976
11.2	* Chrissy Salerno (Canyon)	1983
11.3	*** Tiffany Felix (Mater Dei)	1983
11.3	Melanie Williams (Western)	1986
11.4	Kathy Grant (Estancia)	1986

100 Meters

11.66	*Carol Rodriguez (Western)	2003
11.78	Tessa Green (Santa Margarita)	2019
11.82	Nikki Merritt (Santa Margarita)	2018
11.87	**Gianna Lowery (Capo Valley)	2010
11.92	Avery Groves (Santa Margarita)	2024
11.94	Sara Limp (Los Alamitos)	2015
11.94	Ava Simos (Corona del Mar)	2024
11.95	Janice Nsor (Kennedy)	2005
11.95	**Becky Obinma (Rosary)	2016
11.97	Danielle Darden (Aliso Niguel)	2013
11.98	*Ava Simos (Corona del Mar)	2023
11.99	Jackie Dix (Woodbridge)	1997
11.99	Kelli Godin (Mater Dei)	2018
12.01	Estelle White (Saddleback)	1982
12.01	Halle Sutherland (Trabuco Hills)	2023
12.03	Avery Groves (Santa Margarita)	2023
12.04c	Crystal Davis (SA Valley)	11.8 2001
12.04	Perris William-Mensah (Estancia)	2014
12.04	Simran Malhotra (Woodbridge)	2019
12.05	** Hilary Ojinnaka (Cypress)	2013
12.05	Danielle Limp (Los Alamitos)	2019
12.07	* Marquita Taylor (San Clemente)	2001
12.07	Percylla Nared (Trabuco Hills)	2010
12.07	*Chrystal Aluya (Valencia)	2019
12.08	** Cavetra Mitchell (Los Alamitos)	1991
12.09	* Trisha Aubuchon (Esperanza)	1984
12.10	* Snita Ashford (Buena Park)	2006
12.10	***Kylie Klein (Villa Park)	2010
12.11	Tara Ohlwiler (Trabuco Hills)	2023
12.12	*** Annette Rogers (University)	1981
12.12	Gia Trevisan (Mater Dei)	2011
12.13	Amber Moore (Aliso Niguel)	2005
12.13	*Estelle McLeary (Villa Park)	2022
12.13	Brooklyn Davis (Los Alamitos)	2023
12.14c	* Juanita Lawson (El Modena)	11.9 2001
12.14	***JustineWilson (Rosary)	2023
12.15	* Meryl Stone (Woodbridge)	1998
12.15	Julia Cabrales (Mission Viejo)	2012
12.15	*Alexis Turley-Young (Canyon)	2015
12.16	Caroline Hawkes (San Clemente)	2022
12.18	* Cheryl Henderson (Fountain Valley)	1983
12.18	Sheri Bertell (Mission Viejo)	1988
12.18	*Grace Esslinger (Dana Hills)	2008
12.19	*Maddie Jocson (Tesoro)	2018
12.20	**Michelle Banks (El Dorado)	1982
12.21	*Holly Rieck (Capo Valley)	2011
12.21	Milan Smith (Rosary)	2024
12.22	***Ally Lynn (San Clemente)	2011
12.22	Alyssa Tao (Fountain Valley)	2013
12.22	**Estheleen Charalabids (Corona del Mar)	2024
12.23	Kandyce Doxey (Cypress)	2008
12.23	***Ariana Wright (Westminster)	2008
12.24	* Dionne Garner (Valencia)	1984
12.24	**Erica Lee (Irvine)	1989
12.24	** Erin Stovall (Woodbridge)	1995
12.24	Debra Blyden (Westminster)	12.0 1979
12.24c	* Ashley Bethel (Mission Viejo)	12.1 1997
12.24	* Ashley Bush (Sonora)	2009
12.24	*Nabile Alvarado (Mater Dei)	2024
12.25	***Becky Obinma (Villa Park)	2015
12.25	Nia Toliver (Villa Park)	2015
12.25	Nevaeh Lane (Marina)	2024
12.26	Alexia Williams (Irvine)	2013
12.26	*Haley Hopkins (Mater Dei)	2015
12.26	*Sydney Carr (El Modena)	2016
12.26	Nicole Martinez (Yorba Linda)	2017
12.26	Sol Lee (Rosary)	2024
12.27	*** Elia Reid (Kennedy)	2005

12.27	**Cori Hoffer (Edison)	2018	12.44c	Kelly Phillips (Mission Viejo)	12.2	1995
12.28	** Michelle Sanford (Woodbridge)	2001	12.44c	Angela Allen (El Modena)	12.2	1997
12.28	Brittany Clark (Laguna Beach)	2007	12.44c	** Dana Bethel (Mission Viejo)	12.2	1999
12.28	Emily Psarras (Mission Viejo)	2023	12.44	** Whitney Harrison (Aliso Niguel)		2001
12.29	Meghan Atkinson (Santa Margarita)	2000	12.44	* Tiffany Pransky (Orange Lutheran)		2004
12.29	*Mallory Barnes (Santa Margarita)	2017	12.44	**Danika Pagaduan (Mission Viejo)		2018
12.29	Sarah McMillan (Cypress)	1998	12.45	** Lori Smith (Canyon)		1987
12.29	**Ally Lynn (San Clemente)	2012	12.45	Madison Carney (Sonora)		2014
12.29	***Maliyah Medley (El Toro)	2015	12.45	Francesca McGuire (Rosary)		2023
12.30	Nedra Lyons (Laguna Hills)	1984	12.46	** Tifney Reeve (Cypress)		2006
12.30	*Lauren Little (San Clemente)	2007	12.46	*Adriane Jaminski (Rosary)		2010
12.30	Kylee Wehrly (Trabuco Hills)	2017	12.46	**Monica Ukah (Trabuco Hills)		2010
12.30	*Caroline Glessing (Corona del Mar)	2021	12.46	*** Kaiya McCullough (El Toro)		2013
12.30	*Hannah B asset (Mission Viejo)	2024	12.46	***Kimora Rogers (Katella)		2019
12.31	Danetta Chaney (Saddleback)	1989	12.46	Sabrina Semmere (Trabuco Hills)		2022
12.31	*Kennedy Gillian (Mission Viejo)	2015	12.46	*Elina Oh (Crean)		2024
12.31	Ashley Willingham (Los Alamitos)	2016	12.47	Brenda Owens (SA Valley)		1982
12.32	**Kelley Peterson (El Toro)	2011	12.47	** Heidi Sandra (Los Alamitos)		1985
12.32	Alycia Turner (Aliso Niguel)	2017	12.47	Kathy Hargis (Magnolia)		1986
12.32	Cora Davis (Fountain Valley)	2017	12.47	Heidi Sendro (Los Alamitos)		1985
12.32	*Rayne Anwar (Capo Valley)	2018	12.47	*** Noel Dula (Marina)		1997
12.32	*Sage Acosta (Mater Dei)	2024	12.47	* Aileen Sablo (Rosary)		1999
12.33	* Kylie McCuen (Brea)	2001	12.47	* Bridgett Brown (Cypress)		2000
12.33	***Lillian Ebanks (Valencia)	2012	12.47	**Danielle Limp (Los Alamitos)		2017
12.33	Nicole Moeller (Trabuco Hills)	2017	12.48	Tami Letterman (Edison)		1995
12.34c	**Trindl Fearnley (Edison)	12.1 1984	12.48	Megan Blanchard (Northwood)		2008
12.34c	Breck Nester (El Toro)	12.1 1993	12.48	*Shebanette Terry (Irvine)		2012
12.34c	** Meisha Wilson-Duval (Woodbridge)	12.1 1994	12.48	*Haley Hopkins (Mater Dei)		2016
12.34c	** Adriana Gallardo (Saddleback)	12.1 1994	12.48	*Emillie Bennett (San Clemente)		2017
12.34c	Ebony Dozier (Western)	12.1 1997	12.48	Jenna Onestinghel (Canyon)		2023
12.34	Carla Battle (Anaheim)	1997	12.48	Eril Yonemoto (Aliso Niguel)		2024
12.34	Kristyne Hamberg (Mission Viejo)	2005	12.49	Rakita Roberson (Loara)		1987
12.34	** Kaitlyn Merritt (Santa Margarita)	2013	12.49	Eurie Jennings (Edison)		2000
12.34	Haley Hopkins (Mater Dei)	2017	12.49	Frenchy Silva (Dana Hills)		2008
12.34	Sydney Kolster (Los Alamitos)	2019	12.49	*Gentry Gillian (Mission Viejo)		2019
12.34	Lillian Gomez (El Modena)	2023	12.49	Alyssa Bowman (Northwood)		2024
12.34	***Abigail Van Exel (Newport)	2024	12.50	* Arika Griffith (El Toro)		1988
12.35	Stacy Noton (Sunny Hills)	1983	12.50	** Maika Nelson (Brea)		1996
12.35	Kim Steele (Esperanza)	1997	12.50	*** Caitlin Atkinson (Santa Margarita)		2003
12.35	* Danielle Eichelberger (Western)	2003	12.50	**Kaitlyn Paculba (Marina)		2019
12.36	Sher DuFur (Canyon)	1981	12.50	Sophia Hartwell (Orange Lutheran)		2019
12.36	** Andrea Dean (Mission Viejo)	1990	12.50	Gianna Gigliotti (Yorba Linda)		2023
12.36	Shalanie Ross (Esperanza)	2000	12.51	* Michelle Muniz (Woodbridge)		1989
12.36	** Amy Burlingham (Newport)	2001	12.51	* Erin Tuber (El Toro)		2005
12.36	** Mia Hummel (Canyon)	2013	12.51	Ellexi Snover (Mater Dei)		2011
12.36	**Sarah Perez (Mater Dei)	2014	12.51	*Lauren McLeese (Tesoro)		2015
12.36	Bethany Nguyen (Beckman)	2019	12.51	**Jordyn Gather (J Serra)		2018
12.36	Danika Pagaduan (Mission Viejo)	2019	12.52	* Erika Ebel (Orange Lutheran)		1991
12.36	**Eden Murray (Mater Dei)	2024	12.52	** Brooke Thulin (Edison)		2000
12.37	* Tara Oettinger (Foothill)	1994	12.52	*Crystal Eckman (Fountain Valley)		2014
12.38	* Eileen Dunaway (Huntington Beach)	1995	12.52	Kaylin Raibon (Aliso Niguel)		2022
12.38	Alexis Richman (Portola)	2023	12.52	Aniyah League (Cypress)		2022
12.37	Nicole Johnson (Laguna Beach)	1999	12.53	* Amanda Wheeland (Corona del Mar)		1989
12.37	***Heather Walleigh (Santa Margarita)	2011	12.53	Rai Ahmed-Green (Irvine)		2014
12.39	*Hollis Donovan (Dana Hills)	2014	12.53	*Nicole Moeller (Trabuco Hills)		2016
12.40	* Catherine Soto (Mater Dei)	1989	12.53	*Aryanna Faircloth (Magnolia)		2018
12.40	Patrice Donaldson (Orange)	2001	12.53	Karina Wagoner (Trabuco Hills)		2023
12.40	Tia McFarlane (Trabuco Hills)	2009	12.53	*Kiera Allado (Santa Margarita)		2024
12.41	Roxanne Packard (Westminster)	1997	12.54c	Ann Kissinger (Marina)	12.3	1988
12.41	Julie Steele (Troy)	1997	12.54c	Rose Chavez (Kennedy)	12.3	1991
12.41	* Christina Ciampa (San Clemente)	1998	12.54	*** Julianne Santos (Capo Valley)	12.3	1991
12.41	*Zoe Mendiola (Troy)	2023	12.54c	Casey Lozano (Sonora)	12.3	1992
12.41	*Michelle Quinn (Yorba Linda)	2018	12.54c	* Elinor Tolson (Fountain Valley)	12.3	1992
12.41	*Savannah Muldrew (Mater Dei)	2024	12.54c	** Jaime Terry (Trabuco Hills)	12.3	1994
12.42	** S. Salcido (Marina)	2009	12.54c	** Denay Dominic (Canyon)	12.3	1997
12.43	** Caitlin Atkinson (Santa Margarita)	2004	12.54c	* Brooke Fitzgerald (Santa Marg)	12.3	1997
12.43	* Krytine Hanberg (Mission Viejo)	2004	12.54c	Allison Woody (Sonora)	12.3	2007
12.43	Kaelyn Kaichi (Tesoro)	2010	12.54	**Tanaz Nourian (San Clemente)		2012
12.43	Baylee Berryman (Capo Valley)	2022	12.54	*** Paige LaBare (Costa Mesa)		2013
12.43	*Nicole Pierce (Trabuco Hills)	2024	12.54	Claire McKernan (Dana Hills)		2013
12.44c	Tina Johnson (Kennedy)	12.2 1981	12.54	Amy Wilbourn (La Habra)		2013
12.44c	Kathy Grant (Estancia)	12.2 1986	12.54	*Sierra Castles (El Toro)		2017
12.44c	Jamie Karrer (Edison)	12.2 1989	12.54	Jayden Hill (San Juan Hills)		2022
12.44c	** Lucinda Watson (Century)	12.2 1993	12.55	Melissa Swigart (Corona del Mar)		2005
12.44c	* Megan Reppe (Villa Park)	12.2 1994	12.55	Christina Twicken (San Clemente)		2010

12.55	** Jazmin Moss (Mater Dei)	2013	12.64	*** Tiffany Hogan (Capo Valley)	12.4	1997
12.55	*Allison Provenzano (Yorba Linda)	2018	12.64	* Quinna Starr (Savanna)		1998
12.55	Milana Malec (Woodbridge)	2019	12.64c	Kristin Keenan (Trabuco Hills)	12.4	1998
12.55	Kaitlyn Paculba (Marina)	2021	12.64c	Grace Rozar (Mater Dei)	12.4	1998
12.55	*Cadence Peery (Laguna Beach)	2022	12.64c	** Sabrina Spruiell (Kennedy)	12.4	2004
12.56	Cathy Conner (Esperanza)	1983	12.64c	* Amber Moore (Aliso Niguel)	12.4	2004
12.56	Vanessa Blanco (Los Alamitos)	1985	12.64c	** Adriana Bracamonto (Orange Lut)	12.4	2004
12.56	* Jennifer Peterson (Edison)	1998	12.64c	Gage (El Modena)	12.4	2007
12.56	* Leticia Pulido (Katella)	2001	12.64c	Natalie Roy (Mission Viejo)	12.4	2007
12.56	** Megan Starkey (Kennedy)	2003	12.64	Kristen Woepse (Woodbridge)		2005
12.56	Jennifer Janneck (Brea)	2013	12.64	** Kaelynn Greene (Orange Lutheran)		2009
12.56	Janel Nguyen (Bolsa Grande)	2018	12.64	**Amy Heins (Troy)		2010
12.56	Maddie Jocson (Tesoro)	2019	12.64	Sydney Elliott (Mission Viejo)		2011
12.57	** Colaine Grieb (Katella)	2003	12.64	Sahla Cook (Mission Viejo)		2016
12.57	***Kaelynn Greene (Orange Lutheran)	2008	12.64	*Rebecca Johnson (El Toro)		2023
12.57	Gabrielle Scott (Woodbridge)	2011	12.64	***Garryn Forde (Woodbridge)		2023
12.57	**Bethany Nguyen (Beckman)	2017	12.65	Adrianna Gallardo (Saddleback)		1997
12.57	**Lauren Vissman (San Juan Hills)	2015	12.65	Brittany Davis (Santa Margarita)		2000
12.57	Jacqueline Faris (Dana Hills)	2018	12.65	*Kristina Bugg (Canyon)		2011
12.57	**Haley Johnson (Mission Viejo)	2019	12.65	**Alyca Turner (Aliso Niguel)		2016
12.58	Judy Jackson (Tustin)	1989	12.65	Regan Legg (San Juan Hills)		2023
12.58	Erin Kelly (Brea)	1998	12.66	*Julie Thiel (Katella)		1991
12.58	* Michaela King (Dana Hills)	2013	12.66	Suzanne Moshini (Edison)		1995
12.58	Kelley Peterson (El Toro)	2013	12.66	***Jennifer Peteren (Edison)		1997
12.58	**Sailor Hillebrecht (Mission Viejo)	2021	12.66	** Ann Brigs (Esperanza)		2000
12.58	Taylor Gomez (Rosary)	2023	12.66	*** Katy Hinman (Capo Valley)		2009
12.58	**Jastel David (Santa Margarita)	2024	12.66	**Amanda Graceffa (J Serra)		2010
12.59	*Chelsea Lelito (Dana Hills)	2008	12.66	**Breezy Frias (Westminster)		2012
12.59	Mickinze Ellis (Dana Hills)	2014	12.66	***Brianna Washa (Oxford Academy)		2012
12.59	Jazmin Moss (Mater Dei)	2015	12.66	Haven Taylor (Mater Dei)		2018
12.59	Paige Labare (Costa Mesa)	2016	12.66	*Ava Podolski (Dana Hills)		2021
12.59	*Haley Hopkins (Mater Dei)	2016	12.66	*Sanaa Guyness (Los Alamitos)		2022
12.59	Frankie Manassero (Mission Viejo)	2019	12.67	Julie Petrilla (E1 Dorado)		1993
12.60	Pam Asbury (Valencia)	1982	12.67	***Madison Lankford (Calvary Ch (SA)		2010
12.60	* Pearl Mercer (Loara)	1994	12.67	***Mikaela Truckey (Orange Lutheran)		2010
12.60	** Erin Reed (Huntington Beach)	1995	12.67	*Kaia McCullough (El Toro)		2015
12.60	* Julia Crum (Troy)	2009	12.67	**Olivia Poland (Los Alamitos)		2018
12.60	Mallory Barnes (Santa Margarita)	2018	12.68	Caryn Christiano (E1 Dorado)		1983
12.61	Tiffany Pransky (Orange Lutheran)	2005	12.68	Melanie Williams (Western)		1986
12.61	Marina Berrios (Pacifica)	2013	12.68	Sherrie Buente (Esperanza)		1990
12.61	*Taryn Wilson (St Margaret's)	2017	12.68	Barbara Scheil (Santa Margarita)		1995
12.61	*Sophia Chiaramonte (Mater Dei)	2017	12.68	** Pam Thomas (Cypress)		2001
12.61	***Ella Dartez (Laguna Beach)	2018	12.68	Jessica Barbarosh (Woodbridge)		2017
12.61	**Saniya Ali (Woodbridge)	2023	12.68	Bella Orman (Trabuco Hills)		2022
12.62	* Leah Zaby (Newport)	1998	12.69	Britt Williams (Mission Viejo)		1984
12.62	Emily Kalmbach (Santa Margarita)	2000	12.69	Shelly Tochluk (Westminster)		1989
12.62	**Lauren Deats (Edison)	2010	12.69	** Melissa Mewes (El Toro)		2009
12.62	***Yordan Scales (Tesoro)	2016	12.69	Aniela Guyot (Santa Margarita)		2009
12.62	**Alyssa Blockberger (Los Alamitos)	2017	12.69	Julia Crum (Troy)		2010
12.62	*Penelope Hocking (Canyon)	2017	12.69	**Kelsey Waldmann (Mission Viejo)		2011
12.62	Rachael Dyrnaes (Laguna Beach)	2023	12.69	Katelyn Andress (Capo Valley)		2012
12.63	* Courtney Stafford (Katella)	2000	12.69	***Danielle Solaru (Northwood)		2013
12.63	* Brittany Fastuca (Mission Viejo)	2006	12.69	**Dana Padget (Esperanza)		2014
12.63	* Aniela Guyot (Santa Margarita)	2008	12.69	*Maquela Miller (Orange)		2017
12.63	*Kyleigh Brown (San Clemente)	2012	12.69	*Emilie Bennett (San Clemente)		2018
12.63	**Emma Radan (Mater Dei)	2012	12.69	**Yasamin Zand (Beckman)		2019
12.63	Kenna Limp (Los Alamitos)	2015	12.69	**Asia Waddy (El Toro)		2019
12.63	*Carina Hendley (Northwood)	2015	12.69	Julia Muniz (Northwood)		2022
12.63	**Lauren Drysch (Santa Margarita)	2015	12.69	**Hannah Bassett (Mission Viejo)		2023
12.63	Alexis Turley-Young (Canyon)	2016	12.69	**Audrey Kays (Mission Viejo)		2023
12.63	Michelle Pitts (Sonora)	2016	12.70	* Melanie Midani (Loara)		1988
12.63	Hailey Ray (Dana Hills)	2019	12.70	Kristi Kierulff (Esperanza)		1995
12.63	Melinda Livadas (Capo Valley)	2022	12.70	* Tierricka Haynes (Brea)		2004
12.64c	Lynnda Kelley (Irvine)	12.4	1981	* Victoria Ton (Northwood)		2004
12.64c	Celine Regalia (University)	12.4	1982	* Samantha Hanberg (Mission Viejo)		2009
12.64c	**Lori Shaw (Edison)	12.4	1983	*Damillia Foster (Savanna)		2010
12.64c	Tiffany Felix (Mater Dei)	12.4	1986	*Amy Heins (Troy)		2011
12.64c	Yrsa Tsuneyoshi (Marina)	12.4	1988	*Lauren Deats (Edison)		2011
12.64	*Jenny Infusino (Edison)	1991	12.70	Leyna Wood (University)		2017
12.64c	Darci Bishop (Sunny Hills)	12.4	1991	Jessica Barbarosh (Woodbridge)		2018
12.64c	* Rosie Manning (Trabuco Hills)	12.4	1993	**Chase Athanas (Beckman)		2024
12.64	Nicole Albano (Corona del Mar)	1996	12.70	**Emma Ortiz (Trabuco Hills)		2024
12.64c	Adrianna Gallardo (Saddleback)	12.4	1996	Alida Dixon (SA Valley)		1989
12.64	*** Lindsey Greco (Capo Valley)	1997	12.71	Ashley Fletcher (Loara)		2005
12.64c	Mariner (Foothill)	12.4	1997	12.71	***Kassidy Gorman (Santa Margarita)	2011

12.71	* Mallory Winston (Laguna Hills)	2013	11.85	Jackie Dix (Woodbridge)	1997
12.71	*Leigh Polson (Villa Park)	2017	11.87	*Kellie Godin (Mater Dei)	2017
12.71	***Jordyn Gathert (J Serra)	2017	11.88	Sara Lipm (Los Alamitos)	2015
12.71	***Ella Tyus (Laguna Beach)	2018	11.89	Estelle White (Saddleback)	1982
12.71	Ashly Rodgers (Santa Margarita)	2021	11.89	Kiara Lambert (Fullerton)	2017
12.71	Nabile Alvarado (Mater Dei)	2023	11.91	Cavetra Mitchell (Los Alamitos)	1993
12.72	* Mildred Owens (SA Valley)	1983	11.91	Gia Trevisan (Mater Dei)	2011
12.72	* Heaven Yoshino (Woodbridge)	1995	11.92	Persis William-Mensah (Estancia)	2014
12.72	Lucinda Watson (Century)	1995	11.93	Sherri Bertell (Mission Viejo)	1988
12.72	*Christina Ta (Rancho Alamitos)	2005	11.93	* Marquita Taylor (San Clemente)	2001
12.72	Katie Madler (Santa Margarita)	2011	11.93	Brooklyn Davis (Los Alamitos)	2023
12.72	Allison Sprong (Dana Hills)	2012	11.93	Ava Simos (Coroana del Mar)	2024
12.72	***Keelin Gilbert (Cypress)	2012	11.98	*** Elia Reid (Kennedy)	2005
12.72	* Aliyah Jones (Troy)	2013	11.99	Amber Moore (Aliso Niguel)	2005
12.72	*Sydney Kolster (Los Alamitos)	2018	11.99	Percylla Nared (Trabuco Hills)	2010
12.72	Nyree Brown (Segerstrom)	2018	11.99	*Sydney Carr (El Modena)	2015
12.72	Rebecca Johnson (El Toro)	2024	12.00	Dionne Garner (Valencia)	1985
12.73	* * Melissa Rivera (Marina)	2004	12.00	Tessa Green (Santa Margarita)	2018
12.73	* Rosie Manning (Trabuco Hills)	1993	12.03	Trish Aubuchon (Esperanza)	1984
12.73	Eylsse Vanleer (Edison)	2004	12.03	Nevael Lane (Marina)	2024
12.73	* * Christina Ta (Rancho Alamitos)	2004	12.04c	***Juanita Lawson (El Modena)	11.8 1999
12.73	* Amanda Chevalier (Brea)	2008	12.05	** Erin Stovall (Woodbridge)	1996
12.73	* Tia McFarlane (Trabuco Hills)	2008	12.05	Ashley Willingham (Los Alamitos)	2016
12.73	Kimmie Conner (Dana Hills)	2010	12.05	Danielle Limp (Los Alamitos)	2019
12.73	***Frances James (Troy)	2013	12.07	Nicole Martinez (Yorba Linda)	2017
12.73	***Luz Sandoval (Godinez)	2019	12.07	Yasamin Zand (Beckman)	2021
12.73	*Sailor Hillebrecht (Mater Dei)	2022	12.07	Maliyah Medley (El Toro)	2018
12.73	***Lorin Herve (Rosary)	2023	12.08	* Meryl Stone (Woodbridge)	1998
12.73	***Estheleen Charalabidis (Corona Del Mar)	2023	12.10	Melissa Swigart (Corona del Mar)	2005
12.74c	Annette Brown (Saddleback)	12.5 1982	12.10	Alyssa Tao (Fountain Valley)	2013
12.74c	*Suzanne Kerho (Mission Viejo)	12.5 1988	12.11	*Estelle McLeary (Villa Park)	2022
12.74c	Melissa Taylor (Edison)	12.5 1987	12.12	Yasmin Webb (Buena Park)	2005
12.74c	Carolyn Griffin (University)	12.5 1990	12.12	Kaitlyn Merritt (Santa Margarita)	2015
12.74c	*Kala Ross (Newport)	12.5 1992	12.12	**Julia Cabrales (Mission Viejo)	2010
12.74c	Michol Murray (Garden Grove)	12.5 1992	12.12	Tara Ohlwiler (Trabuco Hills)	2023
12.74c	Jaime Terry (Trabuco Hills)	12.5 1996	12.13	Paige Labare (Costa Mesa)	2016
12.74c	Tori Young (Mater Dei)	12.5 1996	12.13	*Mallory Barnes (Santa Margarita)	2017
12.74c	Kelly Marshall (Edison)	12.5 1996	12.14c	* Tara Oettinger (Foothill)	11.9 1994
12.74c	Nicole Bronner (Edison)	12.5 1996	12.14	Cora Davis (Fountain Valley)	2017
12.74c	Kerry O'Bric (Edison)	12.5 1996	12.15	*** Ariana Wright (Westminster)	2008
12.74c	* * Erin Sauchelli (Sunny Hills)	12.5 1996	12.17	* Brooke Fitzgerald (Santa Margarita)	1997
12.74c	* Baylea Norman (Capo Valley)	12.5 1997	12.17	Malia Tilton (El Modena)	2013
12.74c	* * Shannon Lee (Kennedy)	12.5 1997	12.17	*Caroline Glessing (Corona del Mar)	2021
12.74c	***Tachaidra Ra (SA Valley)	12.5 1997	12.18	*Maddie Jocson (Tesoro)	2018
12.74c	* * Amanda Shanklin (Santa Marg)	12.5 1997	12.20	Ashley Bush (Sonora)	2010
12.74	Alex McCarten (San Clemente)	1997	12.20	***Becky Obinma (Villa Park)	2015
12.74	*** Megan Clark (Esperanza)	1998	12.20	*Rayne Anwar (Capo Valley)	2017
12.74c	* Ngozi Ossai (Foothill)	12.5 1998	12.20	Jessica Barbarosh (Woodbridge)	2018
12.74c	* Julie Handy (Esperanza)	12.5 2001	12.22	** Danielle Eichelberger (Cypress)	2002
12.74c	Henderson (Foothill)	12.5 2004	12.23	** Michelle Sanford (Woodbridge)	2001
12.74c	Fernandez (Loara)	12.5 2004	12.23	Krystyne Hanberg (Mission Viejo)	2005
12.74c	Salze (La Habra)	12.5 2004	12.23	*Danika Pagaduan (Mission Viejo)	2018
12.74c	Amado (Aliso Niguel)	12.5 2004	12.24	*Kennedy Gillian (Mission Viejo)	2014
12.74c	* Tierricka Haynes (Brea)	12.5 2004	12.24	Sabrina Semmere (Trabuco Hills)	2022
12.74c	Whitney Wiedner (Corona del Mar)	12.5 2004	12.24	Emily Psarras (Mission Viejo)	2023
12.74	*** Felicia Keely (Anaheim)	2006	12.25	Kelley Peterson (El Toro)	2013
12.74	* Janev Morris (Fountain Valley)	2006	12.25	*Crystal Eckman (Fountain Valley)	2014
12.74	Amanda Chevalier (Brea)	2009	12.25	*Milan Smith (Rosary)	2023
12.74	**Nylia Hudspeth (Kennedy)	2012	12.28	**Simran Malhotra (Woodbridge)	2017
12.74	Kellie Perry (Mission Viejo)	2013	12.28	Aniyah League (Cypress)	2022
12.74	Aliyah Forbes (Mater Dei)	2016	12.27	* Kylie McCuen (Brea)	2001
12.74	**Kristen Sobschhak (El Dorado)	2016	12.27	Tierra Tyler (Western)	2008
12.74	Catherine Wuckert (Orange Lutheran)	2019	12.28	**Heather Walleigh (Santa Margarita)	2012
12.74	Hannah Coor (Esperanza)	2021	12.28	Madison Carney (Sonora)	2014
12.74	*Shea Mezzasalma (Dana Hills)	2022	12.28	**Estheleen Charalabidis (Corona del Mar)	2024
12.74	*Caroline Peery (Laguna Beach)	2022	12.30	**Parisia Barker (Orange Lutheran)	2012
12.74	*Nicole Pierce (Trabuco Hills)	2023	12.30	* Mia Hummel (Canyon)	2013
12.74	*Soleil Murrillo (Canyon)	2024	12.30	*Hannah Bassett (Mission Viejo)	2024
			12.31	* S Salcido (Marina)	2009
			12.31	*Lily Ebanks (Valencia)	2014
			12.31	Jazmin Moss (Mater Dei)	2015
			12.32	** Meghan Reppe (Villa Park)	1993
			12.32	Megan Blanchard (Northwood)	2008
			12.32	Estelle McLeary (Villa Park)	2023
			12.33	Wendy Hale (Brea)	1980
Wind-aided:					
11.56	Danielle Darden (Aliso Niguel)	2013			
11.73	Janice Nsor (Kennedy)	2005			
11.75	**Becky Obinma (Rosary)	2016			
11.79	*Danielle Darden (Aliso Niguel)	2012			
11.83	Simran Malhotra (Woodbridge)	2019			

12.33	*** Ashley Lampley (Marina)	
12.33	**Lillian Gomez (El Modena)	
12.34c	Lori Shaw (Edison)	12.1
12.34c	Rosie Manning (Trabuco Hills)	12.1
12.34c	Ann Briggs (Esperanza)	12.1
12.34	*Amy Heins (Troy)	
12.34	*Bethany Nguyen (Beckman)	
12.35	Tami Letterman (Edison)	
12.35	Zoe Mendiola (Troy)	
12.36	* Arika Griffith (El Toro)	
12.36	* Julieann Crum (Troy)	
12.36	* Kaelyn Kaichi (Tesoro)	
12.36	*Shebanette Terry (Irvine)	
12.36	*Aryanna Faircloth (Magnolia)	
12.37	** Eileen Danaway (Huntington Beach)	
12.37	* Pearl Mercer (Loara)	
12.37	Janey Morris (Fountain Valley)	
12.38	*Gabrielle Scott (Woodbridge)	
12.38	Kennedy Gillian (Mission Viejo)	
12.38	Jacqueline Faris (Dana Hills)	
12.38	*Baylee Berryman (Capo Valley)	
12.39	**Elina Oh (Crean)	
12.40	Cron (Ocean View)	
12.40	* Tenaya Johnson (Laguna Hills)	
12.40	*** Amy Heins (Troy)	
12.40	**Amanda Graceffa (J Serra)	
12.40	*Micayla Shook (Ocean View)	
12.40	***Kaitlyn Paculba (Marina)	
12.40	Baylee Berryman (Capo Valley)	
12.40	*Jnna Onestinghel (Canyon)	
12.41	*** Kristina Bugg (Canyon)	
12.41	Amy Heins (Troy)	
12.41	*Emile Bennett (San Clemente)	
12.41	Olivia Poland (Los Alamitos)	
12.42	Matty Morton (Garden Grove)	
12.42	**Ally Lynn (San Clemente)	
12.43	Sarah Perez (Mater Dei)	
12.43	**Maliyah Medley (El Toro)	
12.43	Gianna Gigliotti (Yorba Linda)	
12.43	Alyssa Bowman (Northwood)	
12.44c	Michelle Muniz (Woodbridge)	12.2
12.44	Leticia Pulido (Katella)	
12.44	** Kaelynn Greene (Orange Lutheran)	
12.44	Juliana Crum (Troy)	
12.44	Katie Ostler (Beckman)	
12.44	***Persis Williams (Estancia)	
12.44	*Aniyah League (Cypress)	
12.45	* Alida Dixon (SA Valley)	
12.45	** Kelly Phillips (Mission Viejo)	
12.45	***Mikaela Truckey (Orange Lutheran)	
12.45	**Aryanna Faircloth (Magnolia)	
12.46	Suzanne Moshini (Edison)	
12.46	*Janel Nguyen (Bolsa Grande)	
12.46	*Soleil Murrillo (Canyon)	
12.47	* Lindsey Amado (Aliso Niguel)	
12.47	Lauren Delgadillo (Fountain Valley)	
12.48	Jennifer Infusido (Edison)	
12.48	Julie Petrilla (El Dorado)	
12.48	** Allison Sarrell (Brethren Christian)	
12.48	Ashley Moore (Rosary)	
12.48	**Rachel Carlton (Huntington Beach)	
12.49	** Sherrie Buente (Esperanza)	
12.49	Jenifer Janneck (Brea)	

200 meters

23.88	Maliyah Medley (El Toro)	2017
24.04	Danielle Darden (Aliso Niguel)	2013
24.10	*Ava Simos (Corona del Mar)	2023
24.15	**Gianna Lowery (Capo Valley)	2010
24.17	Nikki Merritt (Santa Margarita)	2018
24.18	Sara Limp (Los Alamitos)	2015
24.18	**Justine Wilson (Rosary)	2024
24.19	Ashley Willingham (Los Alamitos)	2016

24.21	Percylla Nared (Trabuco Hills)	2010
24.22	Carol Rodriguez (Western)	2003
24.29	*Gabrielle Scott (Woodbridge)	2010
24.30	Tessa Green (Santa Margarita)	2019
24.33	Gia Trevisan (Mater Dei)	2011
24.37+	Michelle Kelley (Irvine)	24.51y 1979
24.38	*Anisa Rind (Dana Hills)	2019
24.39	Annette Rogers (University)	1984
24.41	Caroline Hawkes (San Clemente)	2022
24.45	* Christina Twicken (San Clemente)	2009
24.50	Alexandrea Kruthers (Capo Valley)	2010
24.52	Cavetra Mitchell (Los Alamitos)	1993
24.53	**Kennedy Gillian (Mission Viejo)	2014
24.54	*Lauren Drysch (Santa Margarita)	2016
24.55	Sheri Bertell (Mission Viejo)	1988
24.56	*** Elia Reid (Kennedy)	2005
24.59+	Janet Steen (SA Valley)	24.73y 1979
24.61	Meisha Wilson-Duvall (Woodbridge)	1995
24.64	Marquita Taylor (San Clemente)	2002
24.64c	*Danielle Dixon (Beckman)	24.4 2017
24.66	Melissa Swigart (Corona del Mar)	2005
24.66	Emilie Bennett (San Clemente)	2019
24.70	** Hilary Ojinnaka (Cypress)	2013
24.70	*Chrystal Aluya (Valencia)	2019
24.71	Trish Aubuchon (Esperanza)	1984
24.71	D'Layne Kerr (Corona del Mar)	1988
24.72+	Vanessa Denniston (HuntingtonBeach)	24.87y 1978
24.73	** Crystal Davis (SA Valle)	1999
24.76	Jackie Dix (Woodbridge)	1997
24.77	Ashley Bethel (Mission Viejo)	1997
24.77	Kylie McCuen (Brea)	2002
24.77	* Tara Radan (Mater Dei)	2013
24.78	***Kylie Klein (Villa Park)	2010
24.79	Dionne Garner (Valencia)	1985
24.80	Liz Morse (Corona del Mar)	2000
24.82	*Hannah Bassett (Mission Viejo)	2024
24.83	** Amy Burlingham (Newport)	2001
24.83	Kelli Godin (Mater Dei)	2018
24.84	Meryl Stone (Woodbridge)	1998
24.85	Emma Radan (Mater Dei)	2014
24.86	Simran Malhotra (Woodbridge)	2019
24.87	Brierra Winfrey (Trabuco Hills)	2011
24.87	Rai Ahmed-Green (Irvine)	2014
24.87	*Avery Groves (Santa Margarita)	2023
24.88	Adriana Bracamonte (Orange Lutheran)	2007
24.88	Jocelyn Niemiec (Beckman)	2021
24.90	Avery Groves (Santa Margarita)	2024
24.92	**Becky Obinma (Rosary)	2016
24.94c	* Michelle Banks (El Dorado)	24.7 1984
24.94c	**Trindl Fearnley (Edison)	24.7 1984
24.94	Francesca McGuire (Rosary)	2023
24.96	Kristyne Hanberg (Mission Viejo)	2005
24.96	Michelle Holt (Laguna Hills)	2016
25.00	*Alycia Turner (Aliso Niguel)	2017
25.04c	* Tara Oettinger (Foothill)	24.8 1994
25.05	* Tifney Reeve (Capo Valley)	2005
25.05	Ellexi Snover (Mater Dei)	2011
25.06	Kaitlyn Paculba (Marina)	2021
25.06	**Estheleen Charalabidis (Corona del Mar)	2024
25.09	**Kelley Peterson (El Toro)	2011
25.09	Estelle McLeary (Villa Park)	2023
25.10	**Sarah Perez (Mater Dei)	2014
25.10	***Maya Woolforde (J Serra)	2023
25.10	Nevach Lane (Marina)	2024
25.13	*Mia Lawrence (Dana Hills)	2019
25.14	Grace Esslinger (Dana Hills)	2009
25.14	* Ashley Bush (Sonora)	2009
25.16	* Jessica Zavalza (St Margaret's)	2007
25.16	*Caroline Glessing (Corona del Mar)	2021
25.19	Chloe Fan (Aliso Niguel)	2015
25.19	Lauren O'Bannion (Yorba Linda)	2018
25.20	* Emily Kalmbach (Santa Margarita)	2002
25.20	* Perris William-Mensah (Estancia)	2013
25.20	Michelle Quinn (Yorba Linda)	2019
25.22	*Kandycy Doxey (Cypress)	2007

25.23	* Juanita Lawson (El Modena)	2002	25.54c	Heather Sterlin (Mission Viejo)	25.3	1992
25.23	Danielle Eichelberger (Cypress)	2003	25.54c	** Raven Herbert (SA Valley)	25.3	1997
25.23	Tai Crumsey (Canyon)	2014	25.54c	Erin Kelly (Brea)	25.3	1998
25.24	*Hollis Donovan (Dana Hills)	2014	25.54c	* Janice Nsor (Kennedy)	25.3	2004
25.24	**Lauren Memoly (Santa Margarita)	2019	25.54	**Gentry Gillian (Mission Viejo)		2018
25.25	* Meghan Atkinson (Santa Margarita)	1999	25.56+	Chris Davenport (Troy)	25.71y	1979
25.25	Alyssa Tao (Fountain Valley)	2013	25.56	*Danielle Limp (Los Alamitos)		2018
25.25	**Cori Hoffer (Edison)	2018	25.56	Sienna Frederiksen (Dana Hills)		2022
25.25	Halle Sutherland (Trabuco Hills)	2023	25.56	Rachael Dyrnaes (Laguna Beach)		2023
25.26	Jessica Erickson (San Clemente)	2014	25.57	** Christina Ciampa (San Clemente)		1997
25.26	Sabrina Semmere (Trabuco Hills)	2022	25.57	* Nathalie Michiels (Santa Margarita)		2005
25.28	Whitney Harrison (Aliso Niguel)	2003	25.57	Lauren Deats (Edison)		2012
25.28	Emily Kressin (Troy)	2009	25.57	Haley Hopkins (Mater Dei)		2017
25.29	*Sydney Carr (El Modena)	2016	25.59	** Meghan Reppe (Villa Park)		1993
25.29	**Saige Acosta (Mater Dei)	2023	25.59	Janey Morris (Fountain Valley)		2007
25.30	Amanda Rosencrantz (Kennedy)	2005	25.59	Holly Rieck (Capo Valley)		2012
25.30	** Mia Hummel (Canyon)	2013	25.60+	Tina Johnson (Kennedy)	25.77y	1981
25.32	Michele Hull (Santa Margarita)	2004	25.60+	* Tsenre Jackson (Edison)	25.5y	1981
25.32	** Ashley Bush (Sonora)	2008	25.60	***Olivia Iverson (Marina)		2019
25.32	**Ally Lynn (San Clemente)	2012	25.60	**Saniyan Ali (Woodbridge)		2023
25.33	**Kandyce Sillette (Tesoro)	2005	25.60	*Zoe Mendikola (Troy)		2023
25.33	*Milana Malec (Woodbridge)	2018	25.61	*Lily Ebanks (Valencia)		2014
25.33	*Estelle McLeary (Villa Park)	2022	25.61	*Jenna Onestinghel (Canyon)		2022
25.34c	Brenda Owens (SA Valley)	25.1	25.61	Alyssa Bowman (Northwood)		2024
25.34	Kelly Phillips (Mission Viejo)	1995	25.62	*Alex Gilbert (Santa Margarita)		2012
25.34	Angella Allen (El Modena)	1997	25.62	***Kylee Wehrly (Trabuco Hills)		2014
25.34	Maika Nelson (Brea)	1997	25.63	Trudy Zandbergen (Pacifica)		1982
25.34	* Erin Albee (El Toro)	2005	25.63	*** Kristina Bugg (Canyon)		2009
25.34	*Saige Acosta (Mater Dei)	2024	25.64c	Kelly Marshall (Edison)	25.4	1996
25.35	*Alexandra Ortenzo (Marina)	2023	25.64c	Kerry O'Bric (Edison)	25.4	1996
25.36	Danika Pagaduan (Mission Viejo)	2019	25.64c	** Shannon Lee (Kennedy)	25.4	1997
25.37	Matty Morton (Garden Grove)	2001	25.64c	Patrice Donaldson (Orange)	25.4	2001
25.37	*Holly Rieck (Capo Valley)	2011	25.64c	** Darin Milovich (Tesoro)	25.4	2008
25.37	Nicole Moeller (Trabuco Hills)	2017	25.64	*Mallory Barnes (Santa Margarita)		2017
25.37	Emily Psarras (Mission Viejo)	2023	25.65	Emily Fischer (Troy)		2011
25.39	Kaylin Raibon (Aliso Niguel)	2022	25.65	Kristin Sobschak (El Dorado)		2018
25.39	*Tara Ohlwiler (Trabuco Hills)	2022	25.65	Brooklyn Davis (Los Alamitos)		2023
25.40+	Cheryl Henderson (Fountain Valley)	25.3y	1984	Dana Kriesel (Pacifica)		1981
25.40	** S Salcido (Marina)	2009	25.66	*Ceili Tuttle (Fullerton)		2015
25.40	*Shebanette Terry (Irvine)	2012	25.67	Ebony Dozier (Western)		1997
25.40	Hope Bender (Newport)	2015	25.67	*Michelle Holt (Laguna Hills)		2015
25.41	Shelly Mochluk (Westminster)	1989	25.67	Zoe Mendiola (Troy)		2024
25.41	Amanda Rozenantz (Kennedy)	2002	25.68+	Kim Law (SA Valley)	25.83y	1978
25.42	Anne Briggs (Esperanza)	2001	25.69	*Savannah Muldrew (Mater Dei)		2024
25.42	***Majia Shaw (Laguna Beach)	2018	25.70+	Kristen Rios (Sonora)	25.6y	1984
25.43	Celine Regalia (University)	1982	25.70	Julie Petrilla (El Dorado)		1993
25.43	Tiffany Hogan (Capo Valley)	1997	25.70	***Megan Dunakin (Aliso Niguel)		2019
25.44c	Barbara Rainey (Edison)	25.2	25.70	Gianna Gigliotti (Yorba Linda)		2023
25.44c	Danetta Chaney (Saddleback)	25.2	25.71	Jonna Evans (Sunny Hills)		1997
25.44	**Hannah Bassett (Mission Viejo)	2023	25.71	* Alsyn Clark (SA Valley)		2003
25.45	Bridgett Brown (Cypress)	2000	25.71	Alex Gilbert (Santa Margarita)		2013
25.45	Julia Cabrales (Mission Viejo)	2012	25.71	**Jordyn Gather (J Serra)		2018
25.45	Charisma Byrd (Rosary)	2016	25.71	***Aniyah League (Cypress)		2019
25.46	Courtney Stafford (Katella)	2000	25.71	*Baylee Berryman (Capo Valley)		2021
25.46	*** Amy Heins (Troy)	2009	25.72	Jennifer Janneck (Brea)		2013
25.46	* Alexis Deol (Aliso Niguel)	2007	25.72	*** Kaiya McCullough (Irvine)		2013
25.47	Taylor Hypolite (El Toro)	2011	25.72	***Hannah Cooper (Woodbridge)		2017
25.47	Paige LaBare (Costa Mesa)	2016	25.72	*Rayne Anwar (Capo Valley)		2017
25.48	Schell (Fountain Valley)	1983	25.72	*Michela Petrovic (Orange Lutheran)		2020
25.48	**Haley Johnson (Mission Viejo)	2019	25.73	*Katy Hinman (Capo Valley)		2011
25.49	Shemanette Terry (Irvine)	2012	25.74c	Kris Lambent (Foothill)	25.5	1985
25.49	*Kimiko Tanaka (Dana Hills)	2014	25.74c	Casey Lozano (Sonora)	25.5	1992
25.50+	Cheryl Glazier (El Toro)	25.4y	1977	* Ngozi Ossai (Foothill)	25.5	1998
25.50	Sol Lee (Rosary)	2024	25.74	** Danielle Coffman (Marina)		2005
25.51	*** Michelle Sanford (Woodbridge)	2000	25.74	**Maia Craver (Woodbridge)		2012
25.52	* Pam Asbury (Valencia)	1981	25.75	Kathy Grant (Estancia)		1986
25.52	Rosie Manning (Trabuco Hills)	1994	25.75	Eileen Dunaway (Huntington Beach)		1995
25.52	***Mikaela Truckey (Orange Lutheran)	2010	25.75	* Jennifer Peterson (Edison)		1998
25.52	Nicole Martinez (Yorba Linda)	2017	25.75	Summer Crawley (Irvine)		2013
25.52	Jayden Hill (San Juan Hills)	2022	25.75	***Kaitlyn Paculba (Marina)		2018
25.53	** Lucinda Watson (Century)	1993	25.75	Mia Darden (Aliso Niguel)		2018
25.53	MilanaMalec (Woodbridge)	2019	25.76	Sherrie Buente (Esperanza)		1990
25.54c	Estelle White (Saddleback)	25.3	1982	Denise Gallion (Woodbridge)		2005
25.54	Jamie Karrer (Edison)	1989	25.76	*** Katy Hinman (Capo Valley)		2009
25.54c	***Andrea Dean (Mission Viejo)	25.3	1989	25.76	Samantha Hanberg (Mission Viejo)	2010

25.76	Nicole Martinez (Yorba Linda)	2017	25.94	*Francesca McGuire (Rosary)	2022
25.77	Lyn Murray (Esperanza)	1991	25.95	* Erin Kelly (Brea)	1997
25.77	* Chistina Ciampa (San Clemente)	1998	25.95	**Lauren Vissman (San Juan Hills)	2015
25.77	***Kaelynn Greene (Orange Lutheran)	2008	25.95	Lauren Aquino (Rosary)	2022
25.77	Cora Davis (Fountain Valley)	2017	25.96	Kira Helmer (Mission Viejo)	2008
25.77	**Hailey Ray (Dana Hills)	2017	25.96	* Danielle Fessenden (Los Alamitos)	2009
25.77	Mikah Longcob (Trabuco Hills)	2024	25.96	Brina Jablonski (Woodbridge)	2014
25.78	*** Noel Dula (Marina)	1997	25.96	*Kaitlyn Merritt (Santa Margarita)	2014
25.78	Allison Sprong (Dana Hills)	2012	25.96	*Bethany Nguyen (Beckman)	2018
25.78	Lauren McLeese (Tesoro)	2016	25.97	Nicole Palmer (University)	2004
25.78	Emma Kratzberg (Newport)	2016	25.97	* Philine Qian (Northwood)	2013
25.79	Pam Kurtela (Los Alamitos)	1990	25.97	*Amanda Bolger (Northwood)	2016
25.79	Carla Battle (Anaheim)	1997	25.97	Aniyah League (Cypress)	2022
25.79	Shalanie Ross (Esperanza)	2000	25.98	** Melissa McDonald (Mater Dei)	1989
25.79	***Yordan Scales (Tesoro)	2016	25.98	Sheila McMorris (Los Alamitos)	1990
25.79	**Eliza Wooden (Crean)	2024	25.98	Sara McMillan (Cypress)	1998
25.80	Claire McKernan (Dana Hills)	2013	25.98	*Adriane Jaminski (Rosary)	2010
25.80	Hollis Donovan (Dana Hills)	2015	25.98	* Aliyah Jones (Troy)	2013
25.81	Lori Shaw (Edison)	1985	25.98	Luaren Wyckoff (Capo Valley)	2015
25.81	Megan Blanchard (Northwood)	2008	25.98	***Kathleen Overbaugh (Northwood)	2017
25.81	**Dana Padgett (Esperanza)	2014	25.98	Jada Gatlin (Mision Viejo)	2022
25.81	Madison Carney (Sonora)	2014	25.98	*Kayla Culberson (Cypress)	2023
25.81	*Chinyere Chambers (Northwood)	2015	25.98	**Claire Brophy (San Clemente)	2024
25.81	*Ava Podolski (Dana Hills)	2021	25.99	Tricia Klemke (Marina)	1985
25.82	Danielle Reaves (Esperanza)	1988	25.99	Jessica Barbarosh (Woodbridge)	2017
25.82	Sharon Day (Costa Mesa)	2003	25.99	*Ximena Bustos (Dana Hills)	2018
25.82	* Darin Milovich (Tesoro)	2009			
25.82	Amy Wilbourn (La Habra)	2013	200m Wind-aided:		
25.82	***Sydney Carr (El Modena)	2014	23.72	* Carol Rodriguez (Western)	2003
25.82	*Carina Hendley (Northwood)	2015	23.77	*Maliyah Medley (El Toro)	2017
25.82	Haley Johnson (Mission Viejo)	2021	23.95	Sara Limp (Los Alamitos)	2015
25.83	Danielle Coffman (Marina)	2008	24.04	**Justine Wilson (Rosary)	2024
25.84c	Slier DuFur (Canyon)	25.6 1981	24.15	Percylla Nared (Trabuco Hills)	2010
25.84c	Kristen Fleeting (Tustin)	25.6 1981	24.27	Jackie Dix Woodbridge)	1997
25.84c	Chris Salerno (Canyon)	25.6 1982	24.29	Cavetra Mitchell (Los Alamitos)	1993
25.84c	Jocelyn Lee (Irvine)	25.6 1983	24.37	Caroline Hawkes (San Clemente)	2022
25.84	Erica Lee (Irvine)	1989	24.38	*Ava Simos (Corona del Mar)	2023
25.84c	***Nikki Adams (Newport)	25.6 1992	24.42	Kennedy Gillian (Mission Viejo)	2016
25.84c	Angela Allen (El Modena)	25.6 1998	24.47	** Meryl Stone (Woodbridge)	1997
25.84c	* Chelsea Lelito (Dana Hills)	25.6 2008	24.48	*Michelle Holt (Laguna Hills)	2015
25.84c	* Kassie Ham (Dana Hills)	25.6 2008	24.49	*** Elia Reid (Kennedy)	2005
25.84	Ashley Jsames (Savanna)	2008	24.51	*Caroline Glessing (Corona del Mar)	2021
25.84	**Amy Heins (Troy)	2010	24.56	* Tara Radan (Mater Dei)	2013
25.84	**Sydney Kolster (Los Alamitos)	2017	24.59	** Hilary Ojinnaka (Cypress)	2013
25.85	**Jocelyn Niemiec (Beckman)	2019	24.62	**Lauren Drysch (Santa Margarita)	2015
25.86	* Amanda Wheeland (Dana Hills)	1989	24.64	Dionne Garner (Valencia)	1985
25.86	**Haley Hopllins (Mater Dei)	2015	24.65	**Becky Obinma (Rosary)	2016
25.87	**Allie Freed (University)	2010	24.66	Trish Aubuchon (Esperanza)	1985
25.87	*Kelley Peterson (El Toro)	2012	24.67	*Ashley Willingham (Los Alamitos)	2015
25.87	*Makenna Lizarde (St Margaret's)	2021	24.74	Danielle Darden (Aliso Niguel)	2013
25.88	Heather Simpson (Marina)	2011	24.78	Kelli Godin (Mater Dei)	2018
25.89+	Cathy Jones (Edison)	25.8y 1976	24.80	Ashley Bethel (Mision Viejo)	1998
25.89+	* Marina Laymon (La Habra)	25.8y 1982	24.84	Danielle Limp (Los Alamitos)	2019
25.89	* Tierricka Haynes (Brea)	2004	24.87	* Danielle Eichelberger (Western)	2003
25.89	Aliyah Forbes (Mater Dei)	2016	24.89	*Caroline Hawkes (San Clemente)	2021
25.90	Karyn Haight (Orange Lutheran)	1978	24.91	* Alexis Deol (Aliso Niguel)	2007
25.90	Lori Svoboda (El Dorado)	1989	24.92	Michelle Quinn (Yorba Linda)	2019
25.90	Brooke Thulin (Edison)	2002	24.93	Ellexi Snover (Mater Dei)	2011
25.90	Heaven Taylor (Mater Dei)	2018	24.98	** Ashley Bush (Sonora)	2008
25.91	** Lindsay Amado (Aliso Niguel)	2004	25.01	Amanda Rosencrantz (Kennedy)	2005
25.91	Chelsea Green (Laguna Hills)	2008	25.01	Nicole Martinez (Yorba Linda)	2017
25.91	*Alyssa Schlom (Orange Lutheran)	2011	25.02	* Tifney Reeve (Capo Valley)	2006
25.91	*Kyleigh Brown (San Clemente)	2012	25.05	**Estheleen Charalabidis (Corona del Mar)	2024
25.92	** Erin Stovall (Woodbridge)	1995	25.06	Kandcy Doxey (Cypress)	2008
25.92	***Becky Obinma (Villa Park)	2015	25.08	Avery Groves (Santa Margharita)	2024
25.92	**Ximena Bustos (Dana Hills)	2017	25.09	*Alycia Turner (Aliso Niguel)	2017
25.92	Bethany Nguyen (Beckman)	2019	25.10	Olivia Poland (Los Alamitos)	2019
25.93	*Anijah Green (Los Alamitos)	2015	25.11	* Grace Esslinger (Dana Hills)	2008
25.93	**Asia Waddy (El Toro)	2019	25.13	*** Sheri Bertell (Mission Viejo)	1985
25.93	**Lillian Gomez (El Modena)	2021	25.14	Jennifer Janneck (Brea)	2013
25.93	Sheridan Nove (Trabuco Hills)	2024	25.16	Janice Nsor (Kennedy)	2005
25.94c	Cherie Andre (Edison)	25.7 1987	25.19	Percis William-Mensah (Estancia)	2014
25.94c	* Corolar White (Esperanza)	25.7 1996	25.21	Lily Eubanks (Valencia)	2015
25.94c	***Emily Dunn (Esperanza)	25.7 2004	25.22	Danika Pagaduan (Mission Viejo)	2019
25.94	Alexia Williams (Irvine)	2013	25.24	Aniyah League (Cypress)	2022

25.25	*Shemanette Terry (Irvine)	2012	25.78	**Parisia Barker (Orange Lutheran)	2012
25.26	*Estelle McLeary (Villa Park)	2022	25.79	Kira Helmer (Mission Viejo)	2008
25.27	Kaylin Raibon (Aliso Niguel)	2022	25.80	*Ashley Jsaimes (Savanna)	2007
25.29	* Erin Albee (El Toro)	2005	25.81	* Lori Smith (Canyon)	1988
25.32	Estelle McLeary (Villa Park)	2023	25.82	Harrison (Aliso Niguel)	2002
25.35	* Danielle Fessenden (Los Alamitos)	2009	25.82	*Kelley Peterson (El Toro)	2012
25.35	Brooklyn Davis (Los Alamitos)	2023	25.82	**Jocelyn Niemiec (Beckman)	2019
25.37	Sharon Day (Costa Mesa)	2003	25.83	Lauren Vissman (San Juan Hills)	2015
25.37	Dana Padget (Esperanza)	2016	25.83	*Ally Bebout (Fountain Valley)	2017
25.38	** Andrea Dean (Mission Viejo)	1990	25.84	* Kelly Phillips (Mission Viejo)	1993
25.39	***Kristien Sobschak (El Dorado)	2015	25.84c	Sara Tafazoli (Corona del Mar)	25.6 1993
25.40	** Adrianna Bracamonte (Orange Lutheran)	2005	25.84c	Donna Garcia (Ocean View)	25.6 1993
25.41	*Alex Gilbert (Santa Margarita)	2012	25.84c	*Jessica Zavala (St Margaret's)	25.6 2007
25.41	*Cassidy Hodson (Villa Park)	2012	25.84c	Hamer (Capo Valley)	25.6 2007
25.41	**Cori Hoffer (Capo Valley)	2018	25.84	Kassie Ham (Dana Hills)	2009
25.44c	Lori Shaw (Edison)	25.2 1986	25.84	Danielle Fessenden (Los Alamitos)	2010
25.44	Milana Malec (Woodbridge)	2019	25.85	*Whitney Hessler (Mission Viejo)	2016
25.45	** Marquita Taylor (San Clemente)	2000	25.86	Colleen O'Higgins (El Dorado)	1983
25.45	***Mikaela Truckey (Orange Lutheran)	2010	25.86	Brianna Ramsey (Fountain Valley)	2009
25.45	**Milana Malec (Woodbridge)	2017	25.87	* Tanya Taylor (Sunny Hills)	2006
25.45	**Eliza Wooden (Crean)	2024	25.87	*Cassie Durgy (Huntington Beach)	2015
25.46	Paige Labare (Costa Mesa)	2016	25.87	Jada Gatlin (Mission Viejo)	2022
25.46	*Mia Darden (Aliso Niguel)	2017	25.87	Sydney Brynes (Villa Park)	2024
25.46	*Mallory Barnes (Santa Margarita)	2017	25.88	**Taylor Gather (Santa Margarita)	2015
25.47	Alyssa Schlom (Orange Lutheran)	2012	25.88	**Emma Radan (Mater Dei)	2012
25.48	**Majia Shaw (Laguna Beach)	2019	25.88	*Kathleen Overbaugh (Northwood)	2019
25.50	Hollis Donovan (Dana Hills)	2015	25.88	Summer Allen (Los Alamitos)	2022
25.50	Cora Davis (Fountain Valley)	2017	25.89	*Adriane Jarminski (Rosary)	2010
25.52	Pam Asbury (Valencia)	1981	25.89	**Danielle Limp (Los Alamitos)	2017
25.52	Danielle Reaves (Esperanza)	1988	25.89	*Aryanna Faircloth (Magnaolia)	2018
25.52	*Ximena Bustos (Dana Hills)	2018	25.90	Krista Kenyon (Esperanza)	1993
25.53	Ava Podolski (Dana Hills)	2021	25.90	Katelyn Andress (Capo Valley)	2013
25.54	Megan Blanchard (Northwood)	2008	25.90	**Danielle Solaru (Northwood)	2014
25.54	Sydnee Kolster (Los Alamitos)	2019	25.91	*Chloe Guereña (Savanna)	2022
25.57	** S Salcido (Marina)	2009	25.92	Carolyn Griffin (University)	1990
25.58	Taryn Wilson (St Margaret's)	2018	25.92	Emily Nolen (Brea)	2013
25.59	***Madison Lankford (Calvary Ch-SA)	2010	25.93	Emily Thiebaud (Esperanza)	1988
25.59	Rachael Dyrnaes (Laguna Beach)	2023	25.93	Brenda Robinson (SA Valley)	1990
25.59	*Nevaeh Lane (Marina)	2023	25.93	Marlene Laing (Fountain Valley)	1994
25.60	Summer Crawley (Irvine)	2013	25.93	Chelsea Hairanian (Cypress)	2011
25.60	Ava Podolski (Dana Hills)	2022	25.94	Rebecca Johnson (El Toro)	2024
25.61	*Anijah Green (Los Alamitos)	2015	25.95	Katie Ostler (Beckman)	2011
25.62	* Amanda Chevalier (Brea)	2008	25.97	Julie McMillen (Sonora)	2008
25.62	*Cassidy Hodson (Villa Park)	2012	25.98	*Shyanna Carrigan (Fullerton)	2017
25.62	***Becky Obinma (VillaPark)	2015			
25.63	Tia McFarlane (Trabuco Hills)	2009			
25.64	**Maia Craver (Woodbridge)	2012			
25.65	*Tatum Gee (Cypress)	2016			
25.65	*Amy Heins (Troy)	2011			
25.65	*Cori Hoffer (Edison)	2019			
25.66	*Marina Berrios (Pacifica)	2012			
25.66	**Birute Mikuleviciute (El Dorado)	2012			
25.66	**Aryanna Faircloth (Magnolia)	2017			
25.66	**Rayne Anwar (Capo Valley)	2017			
25.67	**Bethany Nguyen (Beckman)	2017			
25.68	** Nicole Callander (Canyon)	1991			
25.68	Alex Gilbert (Santa Margarita)	2013			
25.69	Larel Sheperd (Irvine)	2017			
25.70	*** Kristina Bugg (Canyon)	2009			
25.70	**Michelle Quinn (Yorba Linda)	2017			
25.70	**Hanna Bassett (Mission Viejo)	2022			
25.71	Eileen Dunaway (Huntington Beach)	1995			
25.71	Annelise Doerr (Fountain Valley)	2015			
25.72	*Lupe Medina (Mater Dei)	2012			
25.73	***Alyssa Blockberger (Los Alamitos)	2017			
25.74	Michelle Muniz (Woodbridge)	1990			
25.74c	Lauren Little (San Clemente)	25.5 2007			
25.74	**Lillian Gomez (El Modena)	2021			
25.76	Amber Moore (Aliso Niguel)	2005			
25.76	Amy Heins (Troy)	2012			
25.76	Brina Jablonski (Woodbridge)	2014			
25.76	*Hailey Ray (Dana Hills)	2018			
25.76	***Jade McDonald (Mater Dei)	2018			
25.77	Claire McKernan (Dana Hills)	2013			
25.78	Heather Simpson (Marina)	2011			
			400 meters		
			53.06	*Maliyah Medley (El Toro)	2018
			53.42	*Arlise Emerson (Westminster)	1978
			53.98	Gabrielle Scott (Woodbridge)	2011
			54.85	Jocelyn Niemiec (Beckman)	2021
			54.89	*Ashley Willingham (Los Alamitos)	2015
			54.89	Kennedy Gillian (Mission Viejo)	2016
			54.97	**Lauren Memoly (Santa Margarita)	2019
			55.05	Emily Dunn (Esperanza)	2007
			55.05	*Paige Metayer (University)	2017
			55.14	**Justine Wilson (Rosary)	2024
			55.20	Caroline Hawkes (San Clemente)	2022
			55.24c	* Carol Rodriguez (Western)	55.1 2003
			55.24	* Tiffany Reeve (Capo Valley)	2005
			55.35	* Tara Radan (Mater Dei)	2013
			55.40	Meisha Wilson-Duval (Woodbridge)	1995
			55.41	Emili Bennett (San Clemente)	2019
			55.42	Barbara Rainey (Edison)	1983
			55.43+	Kim Law (SA Valley)	55.76y 1978
			55.44	* Michelle Banks (El Dorado)	1984
			55.55	Christina Twicken (San Clemente)	2010
			55.63	Emily Kressin (Troy)	2009
			55.71	*Shebanette Terry (Irvine)	2012
			55.77	Shelly Tochluk (Westminster)	1989
			55.77	**Maya Woolforde (J Serra)	2024
			55.80	Trish Aubuchon (Esperanza)	1985
			55.81	Michelle Quinn (Yorba Linda)	2019
			55.88	** Tanya Ransom (El Toro)	1982

55.89	Liz Morse (Corona del Mar)	2000	57.40	Mikah Longcog (Trabuco Hills)		2024	
55.90	Alexandrea Kruthers (Capo Valley)	2010	57.41+	* Liz Melton (Fountain Valley)	57.6y	1978	
55.90	Lauren Drysch (Santa Margarita)	2017	57.43	Georgia Jeanneret (J Serra)		2024	
55.95	Melissa Swigart (Corona del Mar)	2005	57.45	Maia Craver (Woodbridge)		2014	
55.95	Emma Kratberg (Newport)	2016	57.48	*Kaiya McCullough (El Toro)		2015	
55.97	***Milana Malec (Woodbridge)	2016	57.48	*Mia Lawrence (Dana Hills)		2019	
56.00	Brierra Winfrey (Trabuco Hills)	2011	57.52	*** Meghan Atkinson (Santa Margarita)		1998	
56.00	Hailey Ray (Dana Hills)	2019	57.54c	Sherri Smith (Woodbridge)	57.4	1986	
56.01	Kyle Wolff (Woodbridge)	2008	57.54c	Molly Pierson (El Toro)	57.4	2005	
56.15	Rai Ahmed-Green (Irvine)	2014	57.54c	Annelise Doerr (Fountain Valley)		2015	
56.27	* Alisyn Clark (SA Valley)	2003	57.55	*** Katy Hinman (Capo Valley)		2009	
56.28	* Suzy Hensel (Valencia)	1982	57.51+	*Laura Ichikawa (Katella)	57.7y	1981	
56.33	d'Layne Kerr (Corona del Mar)	1988	57.56	Taylor Arco (Mission Viejo)		2016	
56.34	* Mary Coleman (Irvine)	1986	57.57	Cassie Durgy (Huntington Beach)		2016	
56.38	* Cassie Stanislaw (Woodbridge)	2006	57.59	* Tanya Taylor (Sunny Hills)		2006	
56.41	Laurel Shepherd (Irvine)	2017	57.61+	** Renee Durand (Laguna Beach)	57.8y	1980	
56.43	**Alyssa Blockburger (Los Alamitos)	2018	57.61+	** Jodie Wood (Canyon)	57.8y	1980	
56.45	*Anisa Rind (Dana Hills)	2019	57.61	Chloe Fan (Aliso Niguel)		2015	
56.47	** Raven Hebert (SA Valley)	1997	57.63	* Julie Baker (Capo Valley)		1980	
56.47	* Emily Kalmbach (Santa Margarita)	2002	57.63	Trudy Zandbergen (Pacifica)		1982	
56.52+	Michelle Kelly (Irvine)	56.7y	1979	57.64c	Dawn Price (Costa Mesa)	57.5	1981
56.54	Kaci Keffer (Woodbridge)	1990	57.64	Carissa Bricker (Dana Hills)		2011	
56.54	* Brittany Flores (Cypress)	2006	57.64	Brina Jablonski (Woodbridge)		2014	
56.57	*Ceili Tuttle (Fullerton)	2015	57.65	* Karen Anderson (Edison)		1995	
56.57	* Debbie Marsino (Cypress)	1980	57.68	Michelle Hull (Santa Margarita)		2004	
56.57	*Mia Darden (Aliso Niguel)	2017	57.68	* * Summer Shaw (Huntington Beach)		1995	
56.58	Nicole Moeller (Trabuco Hills)	2017	57.69	Brenna McNulty (Dana Hills)		2014	
56.60	* Maia Craver (Woodbridge)	2013	57.70	* Angela Allen (El Modena)		1997	
56.62+	Cathy Jones (Edison)	56.8y	1976	57.70	Sienna Frederiksen (Dana Hills)		2022
56.62+	Debbie Bottomley (Canyon)	56.8y	1976	57.71+	Rhonda Patcha (Valencia)	57.9y	1979
56.64	Alejandra Torres (Woodbridge)	1997	57.71	Lyn Murray (Esperanza)		1991	
56.65	Amanda Rosencranztz (Kennedy)	2005	57.72	* Tara Oettinger (Foothill)		1994	
56.73	Lauren O'Banion (Yorba Linda)	2018	57.73	Emily Fischer (Troy)		2011	
56.74	*** Alexis Deol (Aliso Niguel)	2005	57.74	Kristen Schertzer (Woodbridge)		1988	
56.79	Chloe Deol (Dana Hills)	2014	57.74	* Tai Crumsey (Canyon)		2013	
56.79	*Hannah Bassett (Mission Viejo)	2024	57.76	Michelle Holt (Laguna Hills)		2016	
56.81+	Chris Davenport (Troy)	57.0y	1979	57.77	*Whitney Hessler (Mission Viejo)		2016
56.82	*Anne Packard (J Serra)	2024	57.79	Rylee Kerr (San Clemente)		2018	
56.84	*Kimiko Tanaka (Dana Hills)	2014	57.81	* Julie Koubeka (Edison)		1992	
56.87	*** Alisyn Clark (SA Valley)	2001	57.81	Samantha Solaru (Northwood)		2011	
56.87	*Ximena Bustos (Dana Hills)	2018	57.82	*Kyle Wolff (Woodbridge)		2007	
56.89	*** Tiffany Hogan (Capo Valley)	1997	57.83	** Molly Pierson (El Toro)		2003	
56.90	*Cassie Durgy (Huntington Beach)	2015	57.84	Erika Lee (Irvine)		1988	
56.91+	Tsenre Jackson (Edison)	57.1y	1982	57.86	* Dana Kriesel (Pacifica)		1980
56.91	*** Don 'Yell Norris (Mission Viejo)	1989	57.86	*** Maribeth Buche (Esperanza)		1998	
56.91	** Erin Albee (El Toro)	2004	57.87	* Anne Briggs (Esperanza)		2001	
56.94	*Alex Gilbert (Santa Margarita)	2012	57.88	*Coco Putnam (Laguna Beach)		2015	
56.97	*Shemanette Terry (Irvine)	2012	57.88	Jackie Martin (Corona del Mar)		2017	
57.01+	Janet Steen (SA Valley)	57.2y	1978	57.89	*Rosemary Kehoe (Fullerton)		2019
57.03	* Corolar White (Esperanza)	1996	57.90	Becky Marshburn (Dana Hills)		2005	
57.03	Jessica Erickson (San Clemente)	2014	57.90	Zahira Montanez (Kennedy)		2006	
57.06	* Debbie Arthur (Esperanza)	1981	57.91	*Summer Allen (Los Alamitos)		2021	
57.08	* Ashley Furst (Laguna Hills)	1998	57.92	Monica Todd (Trabuco Hills)		2010	
57.09	Hope Bender (Newport)	2015	57.93	* Unique Conner (Western)		2008	
57.10	Kaylin Raibon (Aliso Niguel)	2022	57.93	Charisma Byrd (Rosary)		2016	
57.11	Jenna Parsio (El Toro)	2022	57.94	Denise Gallion (Woodbridge)		2005	
57.11	Jayden Hill (San Juan Hills)	2022	57.95	* Marissa Clow (Northwood)		2009	
57.16	***Kathy Grayson (Mission Viejo)	1986	57.97	Stephanie Jones (Kennedy)		1985	
57.16	***Majia Shaw (Laguna Beach)	2018					
57.17	** Kelly Morgan (Corona del Mar)	2004					
57.17	***Olivia Iverson (Marina)	2019					
57.19	Coco Putnam (Laguna Beach)	2016					
57.21+	***Kenya Thornburg (University)	57.4y	2:02.3	** Mary Decker (Orange)		1974	
57.21	Sarah Heckel (Yorba Linda)	2018	2:05.7	** Rennie Durand (Laguna Beach)		1980	
57.22	Jasmin Trujillo (El Modena)	2024		(State Champion)			
57.23	Sara Kronquist (Brea)	2011	2:06.48	Emily Dunn (Esperanza)		2007	
57.24c	Arona (Troy)	1987	2:07.01	*Keaton Robar (Newport)		2024	
57.24	Raven Hebert (SA Valley)	1999		(State Third Place)			
57.27	Chelsea Hairanian (Cypress)	2011	2:07.26	Georgia Jeanneret (J Serra)		2024	
57.28	* Maika Nelson (Brea)	1997	2:07.5	* Arlise Emerson (Westminster)		1978	
57.31+	Stacy Kneeshaw (Foothill)	57.5y	2:07.78	Liz Morse (Corona del Mar)		2000	
57.32	* Danielle Fessenden (Los Alamitos)	2009		(State Champion)			
57.35	Sharon Day (Costa Mesa)	2002	2:08.75	Ashlyn Rambo (Mater Dei)		2014	
57.35	Ashlyn Adams (Tesorro)	2018	2:08.85	*Cassie Durgy (Huntington Beach)		2015	
57.40	Catherine Schmidt (Mater Dei)	2002	2:08.86	*Kaho Cichon (Fountain Valley)		2021	
			2:09.17	Maggie Henson (Newport)		1981	

2:09.26	*Anne Packard (J Serra)	2024	2:13.80	Bethan Knights (Northwood)	2014
2:09.29	Chelsea Kruthers (San Juan Hills)	2012	2:13.83	*Mia Lawrence (Dana Hills)	2019
2:09.4	** Staci Kneeshaw (Foothill)	1978	2:13.84	Sabrina Caplis (Foothill)	1995
2:09.54	* Anja Disiena (Fountain Valley)	2007	2:13.9	***Sharon Hatfield (Fountain Valley)	1979
2:09.55	Hanna Edwards (El Toro)	2011	2:13.91	Kamilah Foley (Trabuco Hills)	2010
2:09.66	* Shelby Buckley (Corona del Mar)	2007	2:13.92	*Mia Darden (Aliso Niguel)	2017
2:09.82	Suzy Hensel (Valencia)	1983	2:13.94	*Brooke O'Brien (J Serra)	2023
2:09.83	Julie Seleine (University)	1983	2:13.97	Kristin Kovacich (Mater Dei)	2004
2:09.9	* Polly Plumer (University)	1982	2:13.97	Cristen Lane (Foothill)	2013
2:10.06	Annie St Geme (Corona del Mar)	2006	2:14.01	McKenna Bradley (Santa Margarita)	2021
2:10.07	*Annie Ivarsson (Dana Hills)	2024	2:14.08	* Cindy Stoughton (Corona del Mar)	1980
2:10.12	Delaney Sanacore (Los Alamitos)	2018	2:14.14	* Shalice Pugmire (Esperanza)	2001
2:10.15	Christine Babcock (Woodbridge)	2008	2:14.15	* Maika Nelson (Brea)	1997
2:10.18	Ashlee Gallegos (J Serra)	2022	2:14.16	Alyssa Bautista (Capo Valley)	2018
2:10.38	**Taylor Arco (Mission Viejo)	2014	2:14.33	**Lauren Jirges (Cypress)	2003
2:10.38	Allura Markow (Dana Hills)	2023	2:14.36	***Amanda Honn (Huntington Beach)	2011
2:10.45	Katie Izzo (Los Alamitos)	2015	2:14.4	***Barbara Boisvert (Orange Lutheran)	1992
2:10.47	**Meghan Foley (Edison)	2007	2:14.44	Carrie Caulkins (Esperanza)	1995
2:10.57	* Haley Lawrence (Aliso Niguel) (State Champion)	2006	2:14.45	**Jennifer Gillis (Irvine)	1991
2:10.57	**Ashley Johnson (Mission Viejo)	2018	2:14.55	***Sommer Owens (Santa Margarita)	1999
2:10.60	Gabrielle Scott (Woodbridge)	2011	2:14.57	Holiday Molway (University)	1992
2:10.75	*Anastasia Snodgrass (J Serra)	2022	2:14.57	Sarah Keddington (Corona del Mar)	2010
2:10.76	Katherine Delaney (J Serra)	2011	2:14.66	*Sara Kebede (San Clemente)	2012
2:10.82	* Alex Dunne (San Clemente)	2008	2:14.67	Ariana Selix (Esperanza)	2008
2:10.92	**Laura Chapel (Irvine)	1984	2:14.7	Mary Anne Bullard (Esperanza)	1984
2:10.97	***Kathy Grayson (Mission Viejo)	1986	2:14.72	Jaden Haskins (Dana Hills)	2019
2:11.03	Natalie Grohmann (Fountain Valley)	2015	2:14.75	** Sarah Toberty (Woodbridge)	2006
2:11.09	Nicole Ritchot (Edison)	1986	2:14.76+	**Barbara Vasquez (Irvine)	2:15.5 1980
2:11.22	Sherri Smith (Woodbridge)	1986	2:14.76	**Anne Elise Packard (J Serra)	2023
2:11.23	* Christie Engesser (Ocean View)	1992	2:14.83	Kathy Karpel (Ocean View)	1987
2:11.26	Morgan Calcagnie (Mission Viejo)	2019	2:14.83	* Kyle Oefelein (Woodbridge)	2013
2:11.28	***Isabella Wroblewski (Yorba Linda)	2024	2:14.84	Devon Hoppe (Corona del Mar)	2011
2:11.32	Sara Van Dyke (Marina)	2011	2:14.88	* Kathryn Gullikson (Dana Hills)	2009
2:11.34	*Ashlynn Viramontes (Katella)	2021	2:14.88	Jordan Lee (Trabuco Hills)	2024
2:11.42	* Tiffany Boykin (Laguna Hills)	1994	2:14.92	Rylan Engelsw (JSerra)	2020
2:11.45	Emma Hadley (Canyon)	2022	2:14.93	Sarah Porter (Santa Margarita)	2012
2:11.50	Paige Scheer (Dana Hills)	2024	2:14.98	***Kennedy Duralde (Mater Dei)	2021
2:11.59	Shelley Taylor (Edison)	1992	2:14.98	Siena Palicke (Yorba Linda)	2021
2:11.59	***Georgia Jeanneret (J Serra)	2021	2:15.0 +	Nancy Jessen (Dana Hills)	2:15.7y 1979
2:11.72	*Allison Damon (Corona del Mar)	2007	2:15.01	** Hilary May (Corona del Mar)	2005
2:11.73	**Amy Cox (Foothill)	1982	2:15.08	* Sydney Teske (J Serra)	2009
2:11.92	* Natalie Herberg (Capo Valley)	2013	2:15.09	Olivia Goins (Canyon)	2013
2:11.93	Jennifer Daly (Dana Hills)	2017	2:15.10	* Buffy Rabbitt (Newport)	1985
2:11.98	Katie Camerena (San Juan Hills)	2016	2:15.1 +	Lori Blanco (Westminster)	2:15.8y 1976
2:12.00	*Emma Hadley (Canyon)	2021	2:15.11	***Jacquie Adams (Orange Lutheran)	2010
2:12.03	Summer Shaw (Huntington Beach)	1997	2:15.11	Chloe Elbaz (J Serra)	2024
2:12.07	*Ashley Johnson (Mission Viejo)	2019	2:15.17	Emily Taylor (Marina)	2012
2:12.13	Melisse Djomby Enyawe (Coroana del Mar)	2024	2:15.2 +	Dale Keough (Corona del Mar)	2:15.9y 1976
2:12.41	***Gweneth Williams (El Toro)	2024	2:15.22	Isabella Frisone (Canyon)	2022
2:12.43	Gwynn George (Santa Margarita)	2018	2:15.30	* Tracy Wright (Irvine)	1985
2:12.53	Lyza Yetter (San Clemente)	2024	2:15.35	Jenny Thune (Brea)	2001
2:12.61	* Vicki Kelly (Costa Mesa)	1981	2:15.4+	* Kerry Cerda (Melodyland)	2:16. ly 1979
2:12.63	Maribeth Buche (Esperanza)	2001	2:15.41	***Katie Nuanes (Santa Margarita)	1994
2:12.63	*Alyssa Bautista (Capo Valley)	2017	2:15.44	**Cassandra Smith (Trabuco Hills)	2010
2:12.79	Amber Steen (Newport)	2001	2:15.44	Rianna Goins (Canyon)	2013
2:12.85	*Paige Metayer (University)	2017	2:15.45	Shannon Karpel (Ocean View)	1987
2:12.86	Erika Lovett (Savanna)	1987	2:15.46	Jerry Baker (Capo Valley)	1981
2:12.86	*** Whitney Hampton (El Toro)	2002	2:15.48	Kyle Wolff (Woodbridge)	2008
2:12.99	Julie Kaudelka (Edison)	1994	2:15.5	Monica Rothenburger (Dana Hills)	2004
2:13.01	***Emma Hadley (Canyon)	2019	2:15.53	* Kristin Harkins (La Quinta)	1986
2:13.24	**Nicole Biggers (El Toro)	1983	2:15.55	**Christa Fitzgerald (Dana Hills)	1996
2:13.26	*Whitney Hessler (Mission Viejo)	2016	2:15.56	* Janice Lane (Woodbridge)	2013
2:13.36	Courtney Pugmire (Esperanza)	1995	2:15.56	*Natalie Grohmann (Fountain Valley)	2014
2:13.4+	Liz Melton (Fountain Valley)	2:14.1y 1979	2:15.59	Maribel Delgado (SA Valley)	1996
2:13.47	Amanda Gehrich (Tesoro)	2016	2:15.65	Shira Duzman (University)	1993
2:13.49	Heather Balbier (Dana Hills)	2009	2:15.66	**Ashley Larson (Northwood)	2014
2:13.5+	*Rhonda Patcha (Valencia)	2:14.3y 1978	2:15.69	**Jessica Dahlberg (El Modena)	1996
2:13.50	Samantha Costantini (Mater Dei)	2005	2:15.69	* Natalie Pyke (Esperanza)	2009
2:13.61	Laurinda Mulhaupt (Capo Valley)	1989	2:15.7	Judy McLaughlin (University)	1983
2:13.67	Leslie Pratt (Edison)	1983	2:15.70	Brianna Bartello (Laguna Hills)	2015
2:13.73	* Nancy Long (Mission Viejo)	1984	2:15.72	Arielle Summitt (University)	2018
2:13.73	* Molly Pierson (El Toro)	2004	2:15.75	Janette Reed (Foothill)	1989
2:13.74	Cynthia Mendez (Savanna)	2004	2:15.75	**Peggie Hall (Trabuco Hills)	1994
2:13.76	***Reese Holley (J Serra)	2024	2:15.76	Jenny Cummins (Corona del Mar)	2001
			2:15.80	Kristen Rivera (Corona del Mar)	2012

2:15.81	Taylor DeBarros (Canyon)	2023	2:17.36	Jayla Land (Woodbridge)	2017
2:15.86	Kylee Vandenberg (San Juan Hills)	2013	2:17.38	Danica Brinkman (Trabuco Hills)	2023
2:15.91	*Ashley Messineo (El Toro)	2017	2:17.39	**McKenna Bradley (Santa Margarita)	2019
2:15.92	Sara Bass (Los Alamitos)	2014	2:17.4	Tish Olswang (Newport)	1983
2:15.95	Meagan Oefelein (Woodbridge)	2017	2:17.42	*Kaela Brenner (Crean)	2021
2:15.98	Jacquie Adams (Foothill)	2013	2:17.43	*Sandy McClain (Orange)	1983
2:16.03	**Alexandria Adams (Northwood)	2010	2:17.47	Kendal Billingsley (Mission Viejo)	2001
2:16.05	*Cierra Johnson (Mission Viejo)	2017	2:17.47	Chloe Berry (Mission Viejo)	2016
2:16.08	Lauryn Simons (Mission Viejo)	2019	2:17.47	*Denie Stark (Canyon)	2018
2:16.10	Katherine Gullikson (Dana Hills)	2010	2:17.48	Staci Foster (Orange Lutheran)	2009
2:16.12	***Mackensie Peace (Mission Viejo)	2011	2:17.49	*Jadyn Zdanavage (Portola)	2022
2:16.13	**Kennedy Duralde (Mater Dei)	2022	2:17.51	***Maya Bryson (Oxford Academy)	2018
2:16.14	***Melissa Mello (Mission Viejo)	2006	2:17.53	Sydney Teske (J Serra)	2010
2:16.21	Lauren Greco (Edison)	2012	2:17.54	Kelli Hines (Mission Viejo)	2019
2:16.25	Kennedy Duralde (Mater Dei)	2024	2:17.55	*Jessica Dahlberg (El Modena)	1997
2:16.29	*Kendall Saeger (Santa Margarita)	2020	2:17.6 +	Amy Thompson (Costa Mesa)	2:18.4y 1974
2:16.3 +	Kim Vollmer (Canyon)	2:17.1y 1978	2:17.61	Melissa Mello (Mission Viejo)	2009
2:16.3 +	Shannon Stryker (Tustin)	2:17.1y 1982	2:17.61	***Milana Malec (Woodbridge)	2016
2:16.33	Rachel Roesgen (Santa Margarita)	2012	2:17.62	Marina McDonough (San Clemente)	2017
2:16.34	Ellie Johnson (J Serra)	2023	2:17.64	***Amy Robles (Woodbridge)	1988
2:16.36	Ali Hummelberg (Corona del Mar)	2010	2:17.64	**Charisma Byrd (Rosary)	2014
2:16.39	Christina Theriot (Corona del Mar)	2009	2:17.65	*Vanessa Kelly (Marina)	2000
2:16.39	*Sydney Paulson (J Serra)	2022	2:17.7 +	Laura Johnson (Esperanza)	2:18.5y 1975
2:16.41	Kimberly Condino (Corona del Mar)	2009	2:17.70	***Jillian Bennett (Foothill)	2005
2:16.45	Vanessa Hancock (Brea)	2008	2:17.71	***Sara Meng (Dana Hills)	2016
2:16.45	*Marley Jacobs (Tesoro)	2017	2:17.72	*Julie Allen (Corona del Mar)	2001
2:16.48	Jessica Kanin (Woodbridge)	2001	2:17.72	Karly Goral (El Modena)	2002
2:16.5 +	*Jessie Fiorda (Costa Mesa)	2:17.3y 1980	2:17.73	Taylor Williams (Orange Lutheran)	2011
2:16.52	Marley Jacobs (Tesoro)	2018	2:17.73	**Hannah Wilbur (Woodbridge)	2024
2:16.54	*Emma Kao (Dana Hills)	2013	2:17.80	Diane Munoz (El Modena)	1987
2:16.55	**Anoua Carrie (Laguna Beach)	2022	2:17.80	Nicole Alai (Edison)	2006
2:16.57	**Brynn Garcia (J Serra)	2023	2:17.8	Marcia Escobosa (El Dorado)	1984
2:16.59	*Kathy Kelley (Canyon)	1985	2:17.84	**Sarah Porter (Santa Margarita)	2010
2:16.59	*Sara Fleming (Mission Viejo)	2012	2:17.85	Karen Nance (Capo Valley)	1986
2:16.62	**Kaylah Tasser (J Serra)	2024	2:17.86	Megan Good (San Juan Hills)	2017
2:16.63	**Riley Szuba (Santa Margarita)	2024	2:17.87	Angel Vallier (Mission Viejo)	2015
2:16.65	**Hannah Kent-Johnson (Sunny Hills)	2004	2:17.87	Erika Adler (Northwood)	2017
2:16.66	Alyssa Brown (Mission Viejo)	2006	2:17.9	Brittany Swanek (Foothill)	2000
2:16.66	Nicci Corbin (Tesoro)	2011	2:17.90	*Nicci Corbin (Tesoro)	2010
2:16.70	Christine Adams (Esperanza)	2008	2:17.91	Briar Brumley (Tesoro)	2015
2:16.70	*Kylie Nishisaka (Marina)	2012	2:17.93	Karen Anderson (Edison)	1995
2:16.74	*Makenzie McRae (Huntington Beach)	2023	2:17.93	**Kim Condino (Corona del Mar)	2008
2:16.78	*Alana Jones (Laguna Hills)	2012	2:17.94	**Jenny Pilecki (Huntington Beach)	2008
2:16.81	Mackensie Peace (Mission Viejo)	2014	2:17.96	Reina Kabbara (Northwood)	2022
2:16.84	***Lauren Medina (Mission Viejo)	2005	2:17.96	Makenzie McRae (Huntington Beach)	2024
2:16.84	Chanel Fischetti (Dana Hills)	2006	2:17.98	*Joy Wilk (Esperanza)	2003
2:16.84	*Janie Crawford (Laguna Beach)	2014			
2:16.85	Brielle Budroe (Laguna Beach)	2014			
2:16.86	Mollie Flint (Corona del Mar)	1993			
2:16.89	**Jordan Ansara (Aliso Niguel)	2010			
2:16.89	***Shavonne McHugh (Foothill)	2021			
2:16.90	Tammy Hogge (Canyon)	1978			
2:16.90	***Katherine Delaney (Santa Margarita)	2008			
2:16.90	Kiarra Stewart (Trabuco Hills)	2024			
2:16.91	Tepee Hawkins (Dana Hills)	1987			
2:16.91	***Makena Oliva (Canyon)	2021			
2:16.92	Hannah Winokur (San Clemente)	2010			
2:16.95	***Rachel Ngu (Northwood)	2008			
2:16.97	*Christa Fitzgerald (Dana Hills)	1997			
2:16.98	*Grace Fulwiler (Mission Viejo)	2019			
2:17.0	Mary Kenney (Valencia)	1984			
2:17.07	*Taylor DeBarros (Brea)	2022			
2:17.1	Camila Turati (El Toro)	2014			
2:17.10	Jennifer Wells (Fountain Valley)	2006			
2:17.13	Shannon Lane (Trabuco Hills)	2007			
2:17.18	Kell Lewis (Dana Hills)	1987			
2:17.18	*Sarah Keddington (Corona del Mar)	2009			
2:17.19	*Julia Sienski (Edison)	2014			
2:17.2	*Raji Espinoza (Dana Hills)	1991			
2:17.23	Joy Biefield (Edison)	1984			
2:17.23	*Estella Knobbe (Beckman)	2021			
2:17.29	**Heather Cuthbertson (Marina)	1996			
2:17.29	Kylee Grubbs (Brea)	2015			
2:17.34	*Kristina Dahlberg (El Modena)	1992			
2:17.35	Sarah Heckel (Yorba Linda)	2018			
			1500 Meters		
			4:16.42	Christine Babcock (Woodbridge)	2008
			4:16.8'	Polly Plumer (University)	1982
			4:22.31'	Annie St Geme (Corona del Mar)	2006
			4:23.4'	**Christine Babcock (Woodbridge)	2006
			4:26.8'	Julie Seleine (University)	1983
			4:29.3'	Jennifer Abraham (Foothill)	1983
			4:30.08	Allura Markow (Dana Hills)	2023
			4:31.2'	Shelley Taylor (Edison)	1992
			4:31.6'	Courtney Pugmire (Esperanza)	1995
			4:33.0	**Sharon Hulse (Edison)	1978
			4:33.4	*Staci Kneeshaw (Foothill)	1979
			4:34.1'	**Nicole Ritchot (Edison)	1984
			4:34.13'	*Anne Packard (J Serra)	202
			4:34.3'	Tammy Snyders (Edison)	1984
			4:34.3'	Kathy Karpel (Ocean View)	1987
			4:35.51	Ashlee Gallegos (J Serra)	2022
			4:35.6'	Leslie Pratt (Edison)	1983
			4:35.7	*Barbara Boisvert (Orange Lutheran)	1992
			4:36.0'	Sherri Smith (Woodbridge)	1986
			4:36.02'	Molly Babcock (Woodbridge)	2012
			4:36.8'	Maggie Henson (Newport)	1986
			4:36.90	Amy Cox (Foothill)	1984
			4:37.3'	Marcia Escobosa (El Dorado)	1984
			4:37.38	**Summer Wilson (J Serra)	2024
			4:37.6'	Judy McLaughlin (University)	1983
			4:37.66	***Reese Holley (J Serra)	2024

4:39.64	Chloe Elbaz (J Serra)	2024	4:47.21	*Annie Ivarsson (Dana Hills)	2024
4:38.3'	*Allyson Marquand (University)	1998	4:47.42	**Bonnie McGlinchey (Fountain Valley)	1980
4:39.03	Laura McCracken (Westminster)	1983	4:47.55+	*Haley Herberg (Capo Valley)	4:49.22y 2017
4:39.2'	Shannen Karpel (Ocean View)	1987	4:48.52	Shelley Taylor (Edison)	1992
4:39.2'	** Hilary May (Corona del Mar)	2005		<i>(State Champion)</i>	
4:39.29	***Annie Ivarsson (Dana Hills)	2023	4:48.86	Laura Hollander (Marina)	2012
4:39.44	***Isabella Wroblewski (Yorba Linda)	2024	4:49.1+	**Sharon Hulse (Edison)	4:50.7y 1978
4:39.53	**Brynn Garcia (J Serra)	2023	4:49.12	*Anne Packard (J Serra)	2024
4:39.9'	Kelly Lewis (Dana Hills)	1987	4:49.57	Stacy Kneeshaw (Foothill)	1980
4:39.97	**Amber Parkinson (Orange Lutheran)	1991	4:49.66	Jennifer Abraham (Foothill)	1983
4:39.97	**Christie Engesser (Ocean View)	1991	4:49.78	**Summer Wilson (J Serra)	2024
4:41.30'	*Kylie Nishisaka (Marina)	2012	4:49.93	*Keaton Robar (Newport)	2024
4:41.79	Lyza Yetter (San Clemente)	2024	4:49.95	**Staci Foster (Orange Lutheran)	2009
4:42.1	**Anabelle Villanueva (Fountain Vally)	1979	4:50.19	Chloe Berry (Mission Viejo)	2016
4:42.2'	Carrie Caulkins (Esperanza)	1995	4:50.37	***Kelli Hines (Mission Viejo)	2016
4:42.3'	** Shelby Buckley (Corona del Mar)	2006	4:50.47	Courtney Pugmire (Esperanza)	1995
4:42.41	***Kaylah Tasser (J Serra)	2023	4:50.78	Emma Hadley (Canyon)	2022
4:42.45	**Georgia Jeanneret (J Serra)	2022	4:50.9+	Kathy Mintie (Rosary)	4:52.5y 1978
4:42.49	*Whitney Valenti (Brea)	2018	4:51.36	*Holly Barker (Trabuco Hills)	2024
4:42.5'	***Kelli Campbell (Corona del Mar)	1993	4:51.49	* Allison Damon (Corona del Mar)	2007
4:42.7	Heidi Sickler (Laguna Hills)	1993	4:51.57+	Ashlee Gallegos (J Serra)	4:53.27y 2022
4:42.97	**Krishna Dahlberg (El Modena)	1991	4:51.67	Leslie Pratt (Edison)	1983
4:43.1'	Buffy Rabbitt (Newport)	1986	4:51.67	Alana Jones (Laguna Hills)	2013
4:43.10	Kristin Harkins (La Quinta)	1987	4:51.89	Ashley Messineo (El Toro)	2018
4:43.1'	**Jennifer Spahr (Huntington Beach)	1995	4:52.09+	Isabella Frisone (Canyon)	4:53.79y 2022
4:43.72	Makena Oliva (Canyon)	2024	4:52.14	* Hillary Hayes (Edison)	2008
4:44.4'	*Janna Evans (Edison)	1992	4:52.41	**Holly Barker (Laguna Hills)	2023
4:44.35	**Kaylah Tasser (J Serra)	2024	4:52.50	Alex Dunne (San Clemente)	2009
4:44.62	*Brooke O'Brien (J Serra)	2023	4:52.66	*** Katherine Delaney (Santa Margarita)	2008
4:44.8	* Kim Nelson (Canyon)	1993	4:52.71	Stefanie Ortega (Segerstrom)	2016
4:45.31	*Sophie Polay (J Serra)	2024	4:52.9	** Nicole Ritchot (Edison)	1984
4:45.47	* Nancy Dollar (San Clemente)	1994	4:52.98	Hannah Tobin (El Toro)	2017
4:45.7'	Susanna Thrasher (Villa Park)	1990	4:52.99	Molly Babcock (Woodbridge)	2012
4:45.71	**Anne Packard (J Serra)	2023	4:53.02	Maggie Henson (Newport)	1986
4:45.9	Shannon Stryker (Tustin)	1982	4:53.02	* Christine Adams (Esperanza)	2009
4:45.9	* * Amber Steen (Newport)	1999	4:53.08	**Anne Packard (J Serra)	2023
4:46.09	Jadyn Zdanavage (Portola)	2023	4:53.45	Sarah Paddon (St Margaret's)	2011
4:46.1'	Denisha Bendz (Costa Mesa)	1992	4:53.54+	***Gweneth Williams (El Toro)	4:55.37y 2024
4:46.5	* Heather Garrison (Buena Park)	1997	4:53.66	Paige Canterbury (Dana Hills)	2013
4:46.9'	**Carne Garrison (Sunny Hills)	1992	4:53.68	Vanessa Hancock (Brea)	2008
4:46.9'	*Meghan Mayes (Capo Valley)	1993	4:53.70	*Emily Richards (Aliso Niguel)	2021
4:47.3'	Heather Killen (Valencia)	1991	4:53.74	Allison Costello (Esperanza)	2003
4:47.7	* Theresa Barrios (University)	1982	4:53.81+	Cassie Durgy (Huntington Beach)	4:55.52y 2016
4:47.7	Melisa Partin (University)	1983	4:53.83+	Emily Taylor (Marina)	4:55.54y 2012
4:47.7	Elizabeth Alexander (Tustin)	1993	4:53.84	*Makenzie McRae (Huntington Beach)	2023
4:47.8	* Heather Cuthbertson (Marina)	1995	4:53.98	Georgia Jeanneret (J Serra)	2024
4:47.9	***Kathy Kiernan (Los Amigos)	1979	4:54.0	Tammy Snyders (Edison)	1984
4:48.3	Sita Jones (La Habra)	1988	4:54.15	Heather Balbier (Dana Hills)	2009
4:48.3	*** Meghan Mainwaring (Santa Margarita)	1999	4:54.16	Kathy Karpel (Ocean View)	1987
4:48.7	Taryn Lawson (Ocean View)	1995	4:54.20	**Siena Palicke (Yorba Linda)	2019
4:48.78	* Amy Robles (Woodbridge)	1990	4:54.38	Kelli Hines (Mission Viejo)	2019
4:48.9'	Kelly Flathers (Mater Dei)	1990	4:54.43	Nicci Corbin (Tesoro)	2011
4:48.99	**Rajai Espinoza (Dana Hills)	1991	4:54.67	Rianna Goins (Canyon)	2013
4:49.0	Tammy Snyder (Edison)	1984	4:54.69	**Brynn Garcia (J Serra)	2023
4:49.11	*Tracy Fatone (Los Alamitos)	1991	4:54.93	Shalice Pugmire (Esperanza)	2002
4:49.4'	* Katie Durham (Woodbridge)	1992	4:54.95	Hilary May (Corona del Mar)	2007
4:49.8'	Ann Helm (Laguna Hills)	1985	4:54.95	Briar Brumley (Tesoro)	2015

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4:33.65+	Polly Plummer (University)	4:35.24y 1982	4:55.00	***Hana Catsimanes (San Clemente)	2017
	<i>('80, '81, '82 State Champion)</i>		4:55.04	Julia Sienski (Edison)	2015
4:33.82	Christine Babcock (Woodbridge)	2008	4:55.08	*Whitney Valenti (Brea)	2019
	<i>('06, '07, '08 State Champion)</i>		4:55.27	Katie Izzo (Los Alamitos)	2015
4:38.63+	*Amanda Gehrich (Tesoro)	4:40.25y 2015	4:55.37	Sherrie Smith (Woodbridge)	1986
	<i>(State Champion)</i>		4:55.39	Ashlyn Rambo (Mater Dei)	2014
4:39.94+	Annie St Geme (Corona del Mar)	4:41.57y 2006	4:55.40	***Sydney Rubio (Huntington Beach)	2024
	<i>('05 State Champion)</i>		4:55.43	* Allyson Marquand (University)	1998
4:40.4+	***Mary Decker (Orange) (Portola JH)	4:42.0y 1973	4:55.47	**Ashley Johnson (Mission Viejo)	2017
4:42.29	Bethan Knights (Northwood)	2014	4:55.71	Ashlee Johnson (J Serra)	2022
4:42.79	Allura Markow (Dana Hills)	2023	4:55.89	Ashley Elliott (Tesoro)	2013
4:42.95	Katherine Delaney (J Serra)	2011	4:55.9	Marcia Escobosa (El Dorado)	1984
4:43.75	Amber Steen (Newport)	2001	4:55.96	Katie Nuanes (Santa Margarita)	1997
4:45.00	Julie Seleine (University)	1983	4:56.00	*Georgia Jeanneret (J Serra)	2023
4:45.39	*Shelby Buckley (Corona del Mar)	2007	4:56.04	Brianna Bartello (Laguna Hills)	2015
			4:56.07	Ava Kent (Orange Lutheran)	2011
			4:56.17	Judy McLaughlin (University)	1983
			4:56.23	Melissa Eisele (San Clemente)	2014

4:56.23+	Katie Camarena (San Juan Hills)	4:57.96y	2016	5:01.13	*Marley McCullough (Newport)	2024
4:56.34	Erika Adler (Northwood)		2016	5:01.17	Buffy Rabbitt (Newport)	1986
4:57.36	*Kaho Cichon (Fountain Valley)		2021	5:01.17	Nisha Richardson (Canyon)	2006
4:56.38	Monica Rothenburger (Dana Hills)		2004	5:01.2 +	Jill Caldwell (Westminster)	5:02.9y 1974
4:56.54	Catherine Martinez (Fountain Valley)		2011		<i>(State Champion)</i>	
4:56.55	Kelsey Carroll (San Clemente)		2015	5:01.21	**Riley Szuba (Santa Margarita)	2024
4:56.66+	Anastasia Snodgrass (J Serra)	4:58.39y	2022	5:01.32	Christina Fitzgerald (Dana Hills)	1998
4:56.67	***Lauren Mauer (Crean)		2012	5:01.34	*** Rachel Ngu (Northwood)	2008
4:56.71	**Reese Holley (J Serra)		2024	5:01.35	Cathryn Saylor (Trabuco Hills)	2009
4:56.76	***Isabella Wroblewski (Yorba Linda)		2024	5:01.37	Emily Haigh (Foothill)	2002
4:56.79	Sarah Cummings (Corona del Mar)		2008	5:01.41	Samantha Costantini (Mater Dei)	2005
4:56.88	Chloe Elbaz (J Serra)		2024	5:01.43	*Maria Hernandez (Santa Ana)	2019
4:56.89	Hanna Edwards (El Toro)		2011	5:01.44	Sophie Polay (J Serra)	2024
4:57.04+	Olivia Foody (Aliso Niguel)		2024	5:01.46	Camila Turati (El Toro)	2014
4:57.05	*Melisse Enyawe (Corona del Mar)		2023	5:01.55	**Anastasia Snodgrass (J Serra)	2021
4:57.16	Lyza Yetter (San Clemente)		2024	5:01.62	**Audrey Heath (Capo Valley)	2024
4:57.23	***Kaylah Tasser (J Serra)		2023	5:01.63	Vanessa Kelly (Marina)	2001
4:57.40	Crystal Reed (Fountain Valley)		2006	5:01.7 +	Mari Gibbs (Marina)	5:03.4y 1977
4:57.31	Sara Leonard (Canyon)		2018	5:01.77	**Sami Murphy (Northwood)	2015
4:57.56	**Alaina Alvarez (Dana Hills)		2009	5:01.84	Kristin Arkin (Trabuco Hills)	2008
4:57.57	Julie Allen (Corona del Mar)		2002	5:01.90	Carrie Garritson (Buena Park)	1994
4:57.70	Shannon Stryker (Tustin)		1982	5:01.92	Heidi Sickler (Laguna Hills)	1993
4:58.01	*Bethany Nickless (Fountain Valley)		2002	5:01.94	Melanie Powers (Corona del Mar)	2010
4:58.05	*Megan Meyer (Tesoro)		2008	5:02.06	Lori Mann (Santa Margarita)	2001
4:58.21	Amy Cox (Foothill)		1984	5:02.10	Susanna Thrasher (Villa Park)	1990
4:58.25	Alyssa Brown (Mission Viejo)		2006	5:02.23	Makena Castillo (Marina)	2021
4:58.26	Diana Hossfeld (Corona del Mar)		2001	5:02.25	Natasha Strickland (Laguna)	2012
4:58.34	*Marisa Cummings (Corona del Mar)		2009	5:02.40	Kimberly Condino (Corona del Mar)	2009
4:58.39+	**Brooke O'Brien (J Serra)	5:00.13y	2022	5:02.43	Sienna Serrao (Dana Hills)	2016
4:58.41	*Sheridan Gomez (Dana Hills)		2011	5:02.45	Delaney Sanacore (Los Alamitos)	2018
4:58.45	Kelly Lewis (Dana Hills)		1987	5:02.49	*Gabrielle Yatauro (Edison)	2013
4:58.45	*Kylie Nishisaka (Marina)		2012	5:02.50	Ashley Licata (Capo Valley)	2016
4:58.46	*Hana Catsimanes (San Clemente)		2019	5:02.56	*Jessie Babcock (Woodbridge)	2005
4:58.52	Jenny Sears (Woodbridge)		2002	5:02.74	Laura Sauerwein (University)	1982
4:58.57	Danica Brinkman (Trabuco Hills)		2023	5:02.80	*Jessica Howard (University)	1999
4:58.62	Makenna Smith (Trabuco Hills)		2010	5:02.85	**Kellian Hunt (Whittier Chr)	2010
4:58.81	Cassandra Smith (Trabuco Hills)		2012	5:02.93	*Kelsey Carroll (San Clemente)	2014
4:58.93	Shannen Karpel (Ocean View)		1987	5:03.0	Laura McCracken (Westminster)	1983
4:58.98	*Carly Corsinta (Capo Valley)		2019	5:03.0	**Becky Miske (El Toro)	1997
4:58.98	*Emma Hadley (Canyon)		2021	5:03.03	*Heather Garritson (Buena Park)	1997
4:59.08	*Meghan Foley (Edison)		2008	5:03.11	*Melanie Powers (Corona del Mar)	2009
4:59.15	Angie Winkler (Fountain Valley)		1996	5:03.12	Hannah Bell (Esperanza)	2012
4:59.31	Kristin Harkins (La Quinta)		1984	5:03.17	Nicole Meyer (Orange Lutheran)	2021
4:59.33	Chelsea Kruthers (San Juan Hills)		2012	5:03.18	*Rebecca Sarmiento (El Modena)	2012
4:59.35	**Carrie Caulkins (Esperanza)		1993	5:03.22	Olivia Goins (Canyon)	2013
4:59.36	*Kendall Saeger (Santa Margarita)		2020	5:03.27	***Jacquie Adams (Orange Lutheran)	2010
4:59.38	Taylor Williams (Orange Lutheran)		2011	5:03.27	Ashlee Powers (Corona del Mar)	2011
4:49.43	*Ximena Cruz (Trabuco Hills)		2008	5:03.28	Andi Carnell (St Margaret's)	2019
4:59.45	Quincy Lott (Dana Hills)		2024	5:03.37	***Brittany Bertuzzi (Aliso Niguel)	2004
4:59.52	*Whitney Blue (Newport)		2005	5:03.38	CJ Smith (Trabuco Hills)	2011
4:59.59	*Taylor Bryson (Newport)		2006	5:03.59	*Elizabeth Stetina (Sonora)	2021
4:59.71	Kendall Saeger (Santa Margarita)		2021	5:03.65	Sarah Darby (San Clemente)	2010
4:59.75	***Kellie Campbell (Corona del Mar)		1993	5:03.65	*Kaitlyn Carmichael (University)	2023
4:59.81	***Amanda Honn (Huntington Beach)		2011	5:03.67	Taylor Bryson (Newport)	2007
4:59.86	**Leila Keyvan (Dana Hills)		2017	5:03.70	Cathy Salazar (Trabuco Hills)	2019
4:59.90	Kristen Berglas (Woodbridge)		2003	5:03.70	Marikay Schwab (Marina)	2021
5:00.12	*Ashlynn Viramontes (Katella)		2021	5:03.72	Gwynn George (Santa Margarita)	2018
5:00.2	*Theresa Barrios (University)		1982	5:03.74	**Molly Babcock (Woodbridge)	2010
5:00.2	***Barbara Boisvert (Orange Lutheran)		1992	5:03.78	Lucina Vincent (El Dorado)	2018
5:00.19	Sara VanDyke (Marina)		2011	5:03.79	Claire Stuvland (Trabuco Hills)	2023
5:00.21	Sierra Vega (Foothill)		2010	5:03.81	Sita Jones (La Habra)	1988
5:00.24	Elizabeth Coe (Fountain Valley)		2008	5:03.90	Laura Bilder (Corona del Mar)	2009
5:00.30	Sarah Keddington (Corona del Mar)		2010	5:03.91	Katherine Nielsen (Irvine)	2007
5:00.42	Lauren Grego (Edison)		2012	5:03.93	Jessica Cushing-Murray (Foothill)	2014
5:00.64	**Olivia Goins (Canyon)		2011	5:03.94	Ariana Selix (Esperanza)	2008
5:00.72	**Sara Meng (Dana Hills)		2017	5:03.96	***Annie Ivarsson (Dana Hills)	2022
5:00.75	**Clair Kim (Sunny Hills)		2002	5:04.08	Denisha Bendz (Costa Mesa)	1992
5:00.82	**Amber Parkinson (Orange Lutheran)		1991	5:04.10	Cassidy Towner (El Dorado)	2014
5:00.84	Danica Wyson (Aliso Niguel)		2012	5:04.14	*Pearl Shoemaker (Laguna Beach)	2015
5:00.87	**Leslie White (Lowell)		1980	5:04.19	Kellian Hunt (Whittier Christian)	2012
5:00.88	**Skylar Watts (Trabuco Hills)		2024	5:04.2	**Grace Schafer (Capo Valley)	2013
5:00.93	*Gianna Velasquez (El Toro)		2009	5:04.21	***Ashley Elliott (Tesoro)	2010
5:01.02	Jessica Kanin (Woodbridge)		2001	5:04.29	**Alicia McFall (Newport)	1997
5:01.03	*Brianna Bartello (Laguna Hills)		2014	5:04.32	Kelly Flathers (Mater Dei)	1990
5:01.11	*Alyssa Bautista (Capo Valley)		2017	5:04.41	Kaho Cichon (Fountain Valley)	2022

5:04.43	*Jillian Deavila (Los Alamitos)	2010	5:07.7	Natalie Grohmann (Fountain Valley)	2015
5:04.43	**Katie Hansen (San Juan Hills)	2017	5:07.73	Ashley Larson (Northwood)	2014
5:04.57	Alyssa Bautista (Capo Valley)	2018	5:07.73	Emma Timmermans (El Modena)	2021
5:04.69	**Kristina Dahlberg (El Modena)	1991	5:07.77	Erica Sahli (Villa Park)	2004
5:04.80	Rebecca Deitch (Capo Valley)	2015	5:07.81	* Nancy Dollar (San Clemente)	1994
5:04.91	*Delaney Sanacore (Los Alamitos)	2017	5:07.86	*Molly Mann (San Clemente)	2011
5:04.93	**Dominique Regalado (Trabuco Hills)	2012	5:07.87	* Emily Harper (Dana Hills)	2013
5:05.0	** Melissa Livermore (Irvine)	1997	5:07.9	***Tanja Brix (University)	1989
5:05.04	* Erica Pearson (Newport)	2008	5:07.90	Jess Lesser(Woodbridge)	2014
5:05.04	Sarah Porter (Santa Margarita)	2012	5:07.92	**Brooke Thomas (Laguna Hills)	1997
5:05.13	Lilly Schmidt (Corona del Mar)	2016	5:07.96	Rocio Pelayo (Bolsa Grande)	2007
5:05.16	*Bailey Watts (Trabuco Hills)	2019	5:07.96	Megan Petkovic (Pacifica)	2008
5:05.17	* Kim Nelson (Canyon)	1993	5:07.98	Janna Evans (Edison)	1993
5:05.21	Amber Bragdon (Fountain Valley)	2014	5:07.98	***Jayla Land (Woodbridge)	2017
5:05.26	**Ashley Johnson (Mission Viejo)	2018	5:07.98	**Alahna Thomas (Santa Margarita)	2024
5:05.3 +	**Anabelle Villanueva (F Valley)	5:07.0y 1979	5:08.0	Christie Engesser (Ocean View)	1993
5:05.31	* Janna Evans (Edison)	1992	5:08.0	** Tanisha White (El Toro)	1997
5:05.31	***Jeanette Zambrano (Bolsa Grande)	2012	5:08.01	Becky Sarmiento (El Modena)	2013
5:05.37	*Erin Barth (Newport)	2014	5:08.01	**Christina Wright (Dana Hills)	2014
5:05.40	Ali Hummelberg (Corona del Mar)	2010	5:08.02	Grace Toriz (Western)	2024
5:05.42	Heather Killeen (Valencia)	1991	5:08.08	Jennifer Spahr (Marina)	1997
5:05.45	*Jadyn Zdanavage (Portola)	2022	5:08.12	Chandler Horton (San Clemente)	2018
5:05.47	**Ashley Licata (Capo Valley)	2014	5:08.16	* Jessica Meyer (Laguna Hills)	2008
5:05.49	Melisse Djomby Enyame (Corona del Mar)	2024	5:08.16	*Mia Douge (Brea)	2019
5:05.53	Christi Americh (Rosary)	2001	5:08.17	Jamie DeNoewer (Corsta Mesa)	1999
5:05.53	Abby Biber (Woodbridge)	2024	5:08.21	Sydney Sydney (Laguna Beach)	2024
5:05.57	Meghan Mainwaring (Santa Margarita)	2002	5:08.21	**Mackenzie Forrest (Tesoro)	2024
5:05.66	Anne Gustafson (Brea)	2005	5:08.22	***Kaitlyn Carmichael (University)	2021
5:05.70	**Amber Dazey (Tesoro)	2024	5:08.25	Ann Helm (Laguna Hills)	1985
5:05.71	*Gracie Georgi (San Clemente)	2014	5:08.28	Cathy Casserly (Tustin)	1981
5:05.74	*** Melissa Mello (Mission Viejo)	2006	5:08.28	* Patience Unger (Foothill)	1981
5:05.84	Ashley Licata (Capo Valley)	2016	5:08.3 +	Rhonda Craig (Cypress)	5:10.1 y 1979
5:05.88	Eileen Stressling (Marina)	2014	5:08.3	K Strachan (Foothill)	2001
5:05.91	*Makena Oliva (Canyon)	2023	5:08.35	Maggie Cummings (Esperanza)	2010
5:05.95	Ashlee Powers (Corona del Mar)	2012	5:08.36	Melissa Mead (Newport)	2007
5:05.97	**Jenny Sears (Mater Dei)	2000	5:08.36	Arianna Fuentes (Katella)	2013
5:05.97	Hanna Hall (Foothill)	2018	5:08.39	Wendi Leos (Western)	2017
5:05.99	Lauren Turner (Laguna Hills)	2019	5:08.42	Sara Keenan (Dana Hills)	1980
5:06.01	**Liz Morse (Corona del Mar)	1998	5:08.45+	Kilo Lantry (Edison)	1980
5:06.04	*Emma Hicken (Mission Viejo)	2018	5:08.45	*Sara Digiovanni (Mater Dei)	2012
5:06.12	Collette Lowengrub (University)	2021	5:08.49	***Hutton Nelligan (J Serra)	2024
5:06.2+	Cynthia Harryman (Laguna Beach)	5:07.9y 1976	5:08.53	*Bronte Golick (Capo Valley)	2010
5:06.28	**Jordan Stiewig (Villa Park)	2014	5:08.54	** Nichole Slykhous (Corona Del Mar)	2005
5:06.3	**Sara Kebede (San Clemente)	2011	5:08.54	***Autumn Clarke (Northwood)	2017
5:06.35	***Gwynn George (Santa Margarita)	2015	5:08.57	Arane Gushue (Foothill)	2011
5:06.41	Heather Cuthbertson (Marina)	1996	5:08.57	** Erin Barth (Newport)	2013
5:06.44	**Jacquie Adams (Foothill)	2011	5:08.6	Melisa Partin (University)	1983
5:06.65	*Ashley Faller (Fountain Valley)	2018	5:08.60	* Becky Miske (El Toro)	1998
5:06.66	Marissa Bartello (Laguna Hills)	2015	5:08.61	***Whitney Hampton (El Toro)	2002
5:06.67	* Mary Moore (Woodbridge)	1997	5:08.63	*Quinci Lott (Dana Hills)	2023
5:06.7 +	*Nancy Jessen (Dana Hills)	5:08.4y 1979	5:08.68	*Chandler Horton (San Clemente)	2017
5:06.71	* Kelly Rendon (Orange Lutheran)	2004	5:08.76	Hannah Kent Johnston (Sunny Hills)	2005
5:06.72	* Candace Alai (Edison)	2005	5:08.83	Carly Schuerger (Aliso Niguel)	2019
5:06.78	Madeline Bradford (Woodbridge)	2014	5:08.93	* Melissa Eisele (San Clemente)	2013
5:06.80	Bridget O'Keefe (Santa Margarita)	2008	5:08.96	Katherine Gallaher (Esperanza)	2015
5:06.83	Susan Meyers (Foothill)	1983	5:09.00	Emily Dunn (Esperanza)	2007
5:06.84	Jessica Chang (Esperanza)	2010	5:09.01	Michelle Thune (Brea)	1998
5:06.89	Kenna Kohl (Esperanza)	2008	5:09.02	*** Rachel Lida (Yorba Linda)	2013
5:06.96	**Kendra Corey (Sunny Hills)	2015	5:09.05	Jennifer Daly (Dana Hills)	2017
5:06.96	*Raquel Powers (Corona del Mar)	2016	5:09.06	Jenny Thune (Brea)	2001
5:06.96	Sydney Rome (Yorba Linda)	2023	5:09.1	** Jennifer Cooke (Esperanza)	1985
5:07.04	Kalie Demerjian (El Toro)	2015	5:09.09	***Kendall Saeger (Santa Margarita)	2018
5:07.08	* Stacy Kim (Sunny Hills)	2003	5:09.10	* Natalie Herberg (Capo Valley)	2013
5:07.08	Chanel Fischetti (Dana Hills)	2006	5:09.14	Summer Wilson (J Serra)	2023
5:07.20	** Emily Goldstein (El Toro)	2008	5:09.15	* Rajai Espinoza (Dana Hills)	1992
5:07.27	*Coto Reed (Laguna Beach)	2021	5:09.16	Catherine McGettigan (Tesoro)	2017
5:07.36	*Grace Toriz (Western)	2023	5:09.17	Bailee Margolis (Trabuco Hills)	2015
5:07.42	*Adamara Esparza (Santa Ana)	2024	5:09.19	Jessica McIntyre (Los Alamitos)	2013
5:07.43	Alison Palmer (San Clemente)	2011	5:09.2	** Nicole Biggers (El Toro)	1983
5:07.47	* Amy Robles (Woodbridge)	1990	5:09.2	Sabrina Caplis (Foothill)	1995
5:07.57	**Nadia Tabrizi (J Serra)	2017	5:09.26	Claire Kim (Sunny Hills)	2004
5:07.6	* Ruth Chassen (Costa Mesa)	1983	5:09.33	Claire Feit (Mater Dei)	1982
5:07.60	Kim DeVetis (Edison)	1982	5:09.34	Jessica Marquardt (Orange Lutheran)	2011
5:07.62	Mewgan Miller (Mission Viejo)	2015	5:09.36	** Jeanette Zambrano (Bolsa Grande)	2013
5:07.68	*Bronsyn Ledgard (Los Alamitos)	2017	5:09.37	Lilly Schmidt (Corona del Mar)	2014

5:09.40	***Candice Alai (Edison)	2003	5:11.39	*** Taylor Arco (Mission Viejo)	2013
5:09.42	Ashley Bergstrom (Canyon)	2011	5:11.42	* Courtney Kostrikin (Edison)	2006
5:09.46	** Janie Crawford (Laguna Beach)	2013	5:11.53	Sara Bass (Los Alamitos)	2014
5:09.47	* Brooke Pigneri (Santa Margarita)	2013	5:11.54	Ligaya Lange (St Margaret's)	2001
5:09.48	Breelan Matranga (Dana Hills)	2009	5:11.6	*Katherine Ott (San Juan Hills)	2011
5:09.50	Gabrielle Yatauro (Edison)	2014	5:11.62	Erin Bailey (Edison)	1994
5:09.58	**Kaitlyn McQuillen (Los Alamitos)	2022	5:11.62	*Jennifer Daly (Dana Hills)	2016
5:09.6	Lynne Hagan (Mater Dei)	1988	5:11.64	*Nikki Zielinski (Canyon)	2015
5:09.61	*Paige Tennison (Newport)	2012	5:11.64	Sharice Laygo (Northwood)	2024
5:09.64	Ellie Johnson (J Serra)	2023	5:11.70	***Abigail Fearn (Woodbridge)	2024
5:09.71	* Janice Lane (Woodbridge)	2013	5:11.72	Raeanna Cortez (Bolsa Grande)	2011
5:09.73	Mikaela Mulhall (Capo Valley)	2015	5:11.73	*Sophia Dudley (Foothill)	2021
5:09.75	* Katie Durham (Woodbridge)	1992	5:11.75	Courtney Carder (Esperanza)	2007
5:09.75	Nadia Tabrizi (J Serra)	2019	5:11.76	Ximena Cruz (Trabuco Hills)	2009
5:09.85	Chelsea Vancott (Calvary Chapel)	2008	5:11.77	* Pam Smith (Esperanza)	1998
5:09.90	**Anna Attard (Marina)	2002	5:11.83	**Gabrielle Yatauro (Edison)	2012
5:09.90	Courtney Carder (Esperanza)	2007	5:11.87	*Christine Bjelland (Costa Mesa)	2002
5:09.9 +	Kim Vollmer (Canyon)	5:11.7y 1977	5:11.88	Leah Fris (Fountain Valley)	2021
5:09.95	* Johanna Walin (Corona del Mar)	1989	5:11.89	*Alexis Neuville (El Toro)	2019
5:09.95	Chloe Muller (Northwood)	2018	5:11.92	** Lauren Mauer (Crean Lutheran)	2013
5:10.0	*Vicki Kelly (Costa Mesa)	1981	5:11.91	*Sydney Sydney (Laguna Beach)	2023
5:10.01	*Alex Sterritt (Irvine)	2015	5:11.93	***Grace LaMontagne (Laguna Beach)	2015
5:10.02	*Colby Lindholm (JSerra)	2012	5:12.0	Sue Sharr (Mission Viejo)	1981
5:10.09	***Makhayla Gill (Valencia)	2024	5:12.0	* Mary Crane (Newport)	1991
5:10.19	Nicole Blalock (Villa Park)	2003	5:12.0	* Breelan Matranga (Dana Hills)	2008
5:10.2	Elizabeth Alexander (Tustin)	1993	5:12.01	Kathryn Carroll (San Clemente)	2015
5:10.27	*Paige Canterbury (Dana Hills)	2012	5:12.02	* Jessica Dahlberg (El Modena)	1997
5:10.27	**Hayden Kroger (J Serra)	2024	5:12.01	*Ashlee Gallegos (J Serra)	2021
5:10.3	**Madison Huffman (San Clemente)	2011	5:12.01	Kaitlyn McQuillen (Los Alamitos)	2021
5:10.37	*Aaren Cadieux (Trabuco Hills)	2010	5:12.04	Kate Hirschboeck (Santa Margarita)	2004
5:10.4	*** Shelby Buckley (Rosary)	2005	5:12.05	*Nicole Evans (Woodbridge)	2011
5:10.40	***Laura Strachan (Foothill)	1999	5:12.07	*Laura Beresford (Dana Hills)	2010
5:10.41	***Elizabeth Odom (Northwood)	2021	5:12.11	Kathryn Bishop (Trabuco Hills)	2011
5:10.44	*Joy Wilk (Esperanza)	2004	5:12.13	** K Durant (Marina)	2009
5:10.44	Emma Silves (Foothill)	2022	5:12.14	**Sarah Rettman (Mission Viejo)	1999
5:10.44	***Abigail Feldman (Mater Dei)	2023	5:12.15	Marisa Gaitan (Dana Hills)	2020
5:10.48	**Tracy Fatone (Los Alamitos)	1989	5:12.20	* Roseanne Peters (Fountain Valley)	2000
5:10.48	*Diane Molina (Costa Mesa)	2019	5:12.22	**Emily Park (Kennedy)	2014
5:10.5 +	Joelin Fisher (Costa Mesa)	5:12.3y 1980	5:12.23	Madeline Bradford (Woodbridge)	2012
5:10.5	* Ava Jones (La Habra)	2001	5:12.24	**Shannon Mackellar (Esperanza)	2015
5:10.51	Lindsay Buwalda (Laguna Beach)	1997	5:12.26	Hannah Wilbur (Woodbridge)	2024
5:10.56	Emily Scharmann (Tesoro)	2013	5:12.28	**Mikayla Marshall (Mission Viejo)	2010
5:10.63	*** Anja DiSiena (Fountain Valley)	2005	5:12.28	Giselle Rubio (Laguna Hills)	2024
5:10.63	***Audrey Heath (Capo Valley)	2023	5:12.3+	Marilyn Nichols (El Dorado)	5:14.2y 1981
5:10.65	* Sarah Toberty (Woodbridge)	2007	5:12.30	Catherine McGettigan (Tesoro)	2019
5:10.65	Rachael Rutkowski (Aliso Niguel)	2009	5:12.31	Cathy Peck (Woodbridge)	1989
5:10.68	**Skylar Watts (Trabuco Hills)	2024	5:12.32	Jamie Vaicaro (Katella)	1995
5:10.70	* Tracy Wright (Irvine)	1985	5:12.33	**Sophie Polay (Santa Margarita)	2023
5:10.75	**Emily Bacon (Newport)	2014	5:12.34	Carrie Quinn (Edison)	1994
5:10.76	* Martha Pinto (Katella)	1990	5:12.37	Sarahy Lopez (Santa Ana)	2023
5:10.78	*Kaitlyn Smith (San Clemente)	2010	5:12.39	Kortnee Burton (Brea)	2008
5:10.78	Collette Lowengrub (University)	2018	5:12.4 +	* Ann Scott (Corona del Mar)	5:14.3y 1980
5:10.8	Leslie Cashion (Corona del Mar)	1988	5:12.4	Tara Whitfield (El Modena)	1995
5:10.85	Sara Feitz (Fountain Valley)	2019	5:12.40	* Sereena Warino (Aliso Niguel)	2001
5:10.88	*Cait Williamson (Sage Hill)	2008	5:12.40	**Kathryn Kaloroumakis (Dana Hills)	2015
5:10.88	***Erica Liem (Tesoro)	2011	5:12.44	Tess St Geme (Corona del Mar)	2014
5:10.98	Mikaela Garduno (Foothill)	2014	5:12.48	*Haley Seward (Edison)	2012
5:10.99	Lauren Jirges (Cypress)	2005	5:12.51	*Melissa Ledesma (Esperanza)	2014
5:11.01	***Ashlee Gallegos (Fountain Valley)	2019	5:12.53	* Katie Eklof (Costa Mesa)	1991
5:11.04	Ava Davidson (Beckman)	2024	5:12.53	Kelsey Carroll (San Clemente)	2012
5:11.06	Kelly Oelschlager (Woodbridge)	2004	5:12.54	Hanna Dumaine (Esperanza)	2019
5:11.06	Tori Yanco (JSerra)	2015	5:12.58	**Ashlee Gallegos (JSerra)	2020
5:11.08	*Kayla Tresser (Capo Valley)	2015	5:12.67	Erin Griffith (Capo Valley)	2007
5:11.14	Madison Hoffman (San Clemente)	2012	5:12.69	Kelly Dickerson (Tustin)	1999
5:11.14	**Mia Bergman (Sonora)	2019	5:12.69	*** Kayla White (Dana Hills)	2009
5:11.15	**Tern Smythers (San Clemente)	1989	5:12.69	Samantha Martinez (Fountain Valley)	2022
5:11.15	**Audrey Landis (Northwood)	2019	5:12.7 +	Sherri Roach (Kennedy)	5:14.6y 1978
5:11.21	Emma Hicken (Mission Viejo)	2019	5:12.70	Collette Lowergrub (University)	2019
5:11.27	**Mary Steinberger (Mission Viejo)	1991	5:12.71	**Maribeth Buche (Esperanza)	1999
5:11.27	*Alyssa White (Dana Hills)	2016	5:12.79	Alyssa Cerminara-Gutcher (Woodbridge)	2012
5:11.30	Heather Hisgen (El Modena)	2008	5:12.8	Jaime Canterbury (Dana Hills)	2005
5:11.30	*Evie Cant (Laguna Beach)	2017	5:12.80	*Isabella Abusaid (J Serra)	2018
5:11.32	*Isabella Tasser (Beckman)	2021	5:12.83	*Sydney Rome (Yorba Linda)	2022
5:11.34	Sydney Szabo (San Clemente)	2014	5:12.87	Lauren Maurer (Crean Lutheran)	2015
5:11.38	*Ellie Radmilovich (Calvary Ch- SA)	2017	5:12.96	Cori Stemper (Foothill)	2013

5:12.98	Kathryn Kaloroumakis (Dana Hills)	2017	5:14.51	Katie Carroll (San Clemente)	2015
5:13.0	Jordan Steiwig (Villa Park)	2014	5:14.51	**Elizabeth Dahl (Woodbridge)	2015
5:13.00	*Lucina Vincent (El Dorado)	2017	5:14.54	Jessica Chadwick (El Toro)	2009
5:13.00	*Marisa Gaitan (Dana Hills)	2019	5:14.55	**Bailey Watts (Trabuco Hills)	2018
5:13.01	Sabrina Hermann (Trabuco Hills)	2015	5:14.57	Ariel Williams (Brea)	2017
5:13.06	Madison Huffman (San Clemente)	2013	5:14.58	**Sophie Gujilfoile (Portola)	2023
5:13.08	*Ashley Geisler (J Serra)	2014	5:14.6	Cindy Stoughton (Corona del Mar)	1981
5:13.09c	Aubrey Carr (Dana Hills)	2013	5:14.6	***Bree Frigo (El Toro)	1992
5:13.10	***Hannah Hunsaker (JSerra)	2011	5:14.62	**Ella Boyer (Esperanza)	2022
5:13.10	* Amanda Stark (Fountain Valley)	2013	5:14.65	**Nicole Scheid (Mission Viejo)	2002
5:13.10	*Carly Schuerger (Aliso Niguel)	2019	5:14.66	Pazton Cota (Dana Hills)	2011
5:13.12	**Makenna Duda (Trabuco Hills)	2015	5:14.66	** Kalie Demerjian (El Toro)	2013
5:13.13	*Natalie Regalado (Trabuco Hills)	2017	5:14.70	*** Lauren Jacob (Los Alamitos)	2013
5:13.14	Cynthia Mendez (Savanna)	2004	5:14.77	Hallie Muniz (Los Alamitos)	2021
5:13.17	* Claire Rainey (Los Alamitos)	2013	5:14.81	Taylor Slouka (El Toro)	2019
5:13.19	*Hannah Stemper (Foothill)	2014	5:14.84	**Kelly Wacker (Mater Dei)	2015
5:13.20	*Maya Villa (Mater Dei)	2024	5:14.87	**Laura Chapel (Irvine)	1984
5:13.23	Kaitlyn Carmichael (University)	2024	5:14.88	Laura Doering (Villa Park)	1989
5:13.24	***Alyssa Bautista (Capo Valley)	2015	5:14.88	Kasey Lynd (El Toro)	2019
5:13.24	Olivia Velasco (Los Alamitos)	2017	5:14.98	**Alyssa White (Dana Hills)	2014
5:13.25	**Julie Cooper (El Dorado)	1984	5:14.99	Christine Eckstaedt (El Modena)	2000
5:13.30	**Camille Perkins (Dana Hills)	2014			
5:13.30	*Cooper Murphy (Dana Hills)	2023			
5:13.31	*Sally Silengo (Kennedy)	2019			
5:13.32	Jacquie Adams (Foothill)	2013			
5:13.38	*Kristin Chadez (Esperanza)	1999			
5:13.38	**Britney Webster (Capo Valley)	2001			
5:13.38	Makenna Henkhaus (Troy)	2023			
5:13.4	** Julie Morris (Costa Mesa)	1983			
5:13.4	**Aubrey Carr (Dana Hills)	2011			
5:13.43	* Kelly Caulfield (Pacifica)	2009			
5:13.43	Lorraine Fernandez (Valencia)	2014			
5:13.43	*Cameron Murphy (J Serra)	2022			
5:13.45	**Millie Bayles (Trabuco Hills)	2024			
5:13.46	*** Madde Fox (Marina)	2013			
5:13.48	**Laura Dzida (Rosary)	2003			
5:13.52	* Tish Williams (Laguna Hills)	1989			
5:13.57	Nancy Jessen (Dana Hills)	1980			
5:13.57	Madeline McDonald (Rosary)	2014			
5:13.58	*Lora Gonzalez (Woodbridge)	2016			
5:13.59	*Emily Bacon (Newport)	2015			
5:13.6	Jami Nourse University)	1982			
5:13.6	Bronte Colick (Capo Valley)	2011			
5:13.64	Sophie Guilfore (Portola)	2024			
5:13.65	*Kendal Marking (Newport)	2015			
5:13.72	Heather Hutchison (Mission Viejo)	1986			
5:13.73	*Lyza Yetter (San Clemente)	2022			
5:13.74	**Clara Meade (Tesoro)	2018			
5:13.82	*Bailee Margolis (Trabuco Hills)	2014			
5:13.83	* Kyle Oefelein (Woodbridge)	2013			
5:13.84	**Mariana Chavez (Fountian Valley)	2014			
5:13.86	*Aoj Hirak (Troy)	2023			
5:13.9+	Sandra Katzer (Huntington Beach)	5:15.8y 1977			
5:13.9	Kylie Hunsaker (San Clemente)	2008			
5:13.91	*Stefanie Y Ortega (Segerstrom)	2015			
5:13.97	**Marisa Gaitan (Dana Hills)	2018			
5:14.00	**Kendall Billingsley (Misson Viejo)	1999			
5:14.01	Marissa Nickles (Fountain Valley)	2012			
5:14.03	* Kristen Green (Huntington Beach)	1998			
5:14.1	Bowles (?)	2005			
5:14.19	**Maya Buchwald (Corona del Mar)	2019			
5:14.2	*Debbie Lloyd (Foothill)	1983			
5:14.2	* Jenni Scott (Tustin)	1983			
5:14.24	Jeanette Zambrano (Bolsa Grande)	2015			
5:14.26	*** Charisma Byrd (Rosary)	2013			
5:14.26	Ashley Faller (Fountain Valley)	2019			
5:14.27	Laura Peck (Woodbridge)	1989			
5:14.28	Megan Geyer (Dana Hills)	2012			
5:14.3	Wolfe (Costa Mesa)	1982			
5:14.31	Wendy Petersen (Laguna Beach)	1987			
5:14.42	Kristin Carney (Foothill)	1985			
5:14.43	Sapna Dholakia (Esperanza)	2017			
5:14.46	** Carmille Garcia (Fountain Valley)	2009			
5:14.46	*Natalie Wilson (Mater Dei)	2011			
5:14.5	Liz Holland (Corona del Mar)	1987			
			3000 meters		
		9:30.3	Polly Plumer (University)		1982
		9:40.8'	Courtney Pugmire (Esperanza)		1995
		9:42.2'	Annie St Geme (Corona del Mar)		2006
		9:49.4	Kathy Mintie (Rosary)		1978
		9:49.5	** Carrie Garritson (Sunny Hills)		1992
		9:49.8'	Shannon Stryker (Tustin)		1982
		9:53.8'	** Teresa Barrios (University)		1982
		9:56.2'	* Whitney Blue (Newport)		2005
		9:58.9'	** Shelby Buckley (Corona del Mar)		2006
		9:59.3'	** Allyson Marquand (University)		1997
		10:00.9'	Buffy Rabbitt (Newport)		1986
		10:01.5'	** Amber Parkinson (Orange Lutheran)		1991
		10:02.4'	* Sara Cummings (Corona del Mar)		2006
		10:04.7'	** Christine Babcock (Woodbridge)		2006
		10:05.2	* Sharon Hulse (Edison)		1979
		10:07.0'	** Elizabeth Coe (Fountain Valley)		2006
		10:07.2'	Jenni Scott (Tustin)		1984
		10:07.9	***Kathy Kiernan (Los Amigos)		1979
		10:08.0	Laura McCracken (Westminster)		1983
		10:09.5'	*Martha Pinto (Katella)		1990
		10:11.0	Rhonda Craig (Cypress)		1979
		10:11.8'	*** Julie Allen Fountain Valley)		1999
		10:12.4'	* Rocio Pelayo (Bolsa Grande)		2006
		10:12.5	Nicole Ritchot (Edison)		1984
		10:12.7'	* Tanya Brix (University)		1990
		10:12.8	*** Hillary Hayes (Edison)		2006
		10:13.22	Jennifer Abraham (Foothill)		1983
		10:13.6'	***Kelly Campbell (Corona del Mar)		1993
		10:13.9'	*Tracy Wright (Irvine)		1985
		10:14.5'	* Kim Nelson (Canyon)		1993
		10:15.1'	** Elyse Homberger (Edison)		1993
		10:15.50	*Melisse Enyawe (Corona del Mar)		2023
		10:16.3'	Elizabeth Alexander (Tustin)		1993
		10:19.1	Sita Jones (La Habra)		1988
		10:19.3'	* Nancy Dollar (San Clemente)		1994
		10:19.64	** Carrie Caulkins (Esperanza)		1993
		10:19.88	***Kay Nekota (Woodbridge)		1991
		10:21.1'	Heather Killeen (Valencia)		1991
		10:21.2'	Tracy Clark (Corona del Mar)		1995
		10:21.26	*Allura Markow (Dana Hills)		2022
		10:21.8	Sherri Roach (Kennedy)		1978
		10:22.8'	* Angie Winkler (Fountain Valley)		1995
		10:23.6	** Trudy Gardner (Magnolia)		1980
		10:23.7	Maricelle Benavides (SA Valley)		1988
		10:24.0'	** Amber Steen (Newport)		1999
		10:24.17	***Kaylah Tasser (J Serra)		2023
		10:24.8	Leslie Cashion (Corona del Mar)		1988
		10:24.8'	Elly Estrada (Santa Ana Valley)		1995
		10:24.98	Meghan Mayes (Capo Valley)		1994
		10:25.0	* Jessie Babcock (Woodbridge)		2005

10:25.10	Sophia Ditty (Newport)	2008
10:25.3'	*** Heather Garritson (Buena Park)	1995
10:25.4	Alicia Kirkhorn (Edison)	1978
10:26.04	** Donna Fleagle (Tustin)	1983
10:26.7	Cathy Peck (Woodbridge)	1990
10:27.6	* Magi Henson (Newport)	1985
10:28.9	Tasmin Valdez (Esperanza)	1983
10:29.55	Rocio Pelayo (Bolsa Grande)	2007
10:29.6	Debbie Lies (Loara)	1984
10:30.0	*** Kirstin Harkins (La Quinta)	1981
10:30.6	Susan Armentrout (University)	1983
10:30.90	* Katie Eklof (Costa Mesa)	1991
10:32.3	Kirsten Quigely (Dana Hills)	1988
10:32.3'	Crystal Reed (Fountain Valley)	2006
10:35.12	Jessica Marquardt (Orange Lutheran)	2011
10:35.62	** Terri Smythers (San Clemente)	1989
10:36.0	Maria Mendoza (Santa Ana)	1988
10:36.20	* Natalie Adam (Huntington Beach)	1989
10:36.5	Lynne Hagan (Mater Dei)	1988
10:36.8	Tami Harberth (Esperanza)	1985
10:36.83	* Desiree Alexander (Newport)	2008

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9:54.89	Bethan Knights (Northwood)	2014
	(<i>State Champion</i>)	
10:02.52	*Holly Barker (Trabuco Hills)	2024
10:04.03	Christina Babcock (Woodbridge)	2008
10:09.54	Hailey Herberg (Capo Valley)	2018
10:10.51	Laura Hollander (Marina)	2012
10:14.48	Courtney Pugmire (Esperanza)	1995
10:15.84	**Summer Wilson (J Serra)	2024
10:15.89	Annie St Geme (Corona del Mar)	2006
10:16.83	Alex Dunne (San Clemente)	2009
10:20.46	***Sydney Rubio (Huntington Beach)	2024
10:21.67	Katie Izzo (Los Alamitos)	2015
10:22.90	*Makenzie McRae (Huntington Beach)	2023
10:23.59	Sierra Vega (Foothill)	2010
10:23.96	*Amanda Gehrich (Tesoro)	2015
10:24.41	Sara Leonard (Canyon)	2018
10:24.62	Erika Adler (Northwood)	2017
10:25.17+	Sarah Cummings (Corona del Mar)	10:28.82y 2007
10:25.67	Marisa Cummings (Corona del Mar)	2010
10:26.45	Amber Steen (Newport)	2001
10:28.20	** Carrie Garritson (Sunny Hills)	1992
10:28.37	*Emily Richards (Aliso Niguel)	2021
10:28.55	*Hana Catsimanes (San Clemente)	2019
10:28.60	Nicole Zielinski (Canyon)	2016
10:28.76	*Keaton Robar (Newport)	2024
10:28.79	Hillary Hayes (Edison)	2009
10:29.03	** Teresa Barrios (University)	1982
10:29.12	Olivia Foody (Aliso Niguel)	2024
10:29.28	*Kelli Hines (Mission Viejo)	2018
10:29.42	Shannon Stryker (Tustin)	1982
10:29.47	*Marley McCullough (Newport)	2024
10:29.63	*Carly Corsinta (Capo Valley)	2019
10:31.15	*Paige Tennison (Newport)	2012
10:33.08	Melissa Eisele (San Clemente)	2014
10:33.31	Hannah Tobin (El Toro)	2017
10:33.43	Julia Sienski (Edison)	2015
10:33.55	***Danica Wyson (Alison Niguel)	2009
10:33.95	Julie Allen (Corona del Mar)	2002
10:34.20	***Brynn Garcia (J Serra)	2023
10:34.82	** Shelby Buckley (Corona del Mar)	2006
10:35.16	* Annabella Villanueva (Fountain Valley)	1980
10:35.64+	* Whitney Blue (Newport)	10:38.35y 2005
10:36.16	Alaina Alvarez (Dana Hills)	2011
10:36.61	Melanie Powers (Corona del Mar)	2010
10:37.29	**Staci Foster (Orange Lutheran)	2009
10:37.65	***Isabella Frisone (Canyon)	2019
10:38.10	Monica Rothenburger (Dana Hills)	2004
10:38.80	** Amber Parkinson (Orange Lutheran)	1991
10:39.05	**Millie Bayles (Trabuco Hills)	2024
10:39.17	** Allyson Marquand (University)	1997

10:39.39	***Amanda Honn (Huntington Beach)	2011
10:39.90	Kylie Nishisaka (Marina)	2013
10:40.46	Kendall Saeger (Santa Margarita)	2021
10:41.62	Hanna Hall (Foothill)	2018
10:42.62	**Carly Corsinita (Capo Valley)	2018
10:41.71	* Jessie Babcock (Woodbridge)	2005
10:41.98	*Alana Jones (Laguna Hills)	2012
10:42.16	Buffy Rabbitt (Newport)	1986
10:42.29	Lori Hoffman (Trabuco Hills)	2009
10:42.50	*Sabrina Hermann (Trabuco Hills)	2014
10:42.51	* Martha Pinto (Katella)	1990
10:43.05	** Elizabeth Coe (Fountain Valley)	2006
10:43.45	*Melisse Enyawe (Corona del Mar)	2023
10:43.96	Cassidy Towner (El Dorado)	2014
10:44.00	** Heather Garritson (Buena Park)	1996
10:44.09	* Megan Meyer (Tesoro)	2008
10:44.50	* Bethany Nickless (Fountain Valley)	2002
10:44.59	Ashley Licata (Capo Valley)	2016
10:44.82	***Makena Oliva (Canyon)	2021
10:44.94	***Emma Hadley (Canyon)	2019
10:44.95	* Patience Unger (Foothill)	1981
10:45.10	Lori Mann (Santa Margarita)	2001
10:45.26	**Anna Desormeau (Trabuco Hills)	2024
10:45.39	**Sophie Polay (Santa Margarita)	2023
10:45.49	*** Nancy Dollar (San Clemente)	1992
10:45.99	Marissa Bartello (Laguna Hills)	2015
10:46.30	** Julie Allen (Fountain Valley)	2000
10:46.31	Heather Balbier (Dana Hills)	2009
10:46.38	Isabella Frisone (Canyon)	2022
10:46.99	*** Shelby Buckley (Rosary)	2005
10:47.42	** Grace Schafer (Capo Valley)	2013
10:47.66	Danica Brinkman (Trabuco Hills)	2023
10:47.74	**Mackenzie Forrest (Tesoro)	2024
10:47.82	Jenni Scott (Tustin)	1984
10:47.83	Rebecca Deitch (Capo Valley)	2015
10:47.98	Allison Costello (Esperanza)	2003
10:48.13	* Kim Nelson (Canyon)	1993
10:48.14	*Maria Hernandez (Santa Ana)	2019
10:48.29	** Claire Feit (Mater Dei)	1982
10:48.33	* Crystal Reed (Fountain Valley)	2006
10:48.33	Jeanette Zambrano (Bolsa Grande)	2015
10:48.80	*Kim DeVitis (Edison)	1982
10:48.98	* Tracy Wright (Irvine)	1985
10:49.00	*Brynn Garcia (J Serra)	2024
10:49.00	Kelsey Carroll (San Clemente)	2015
10:49.05	**Kathryn Kaloroumakis (Dana Hills)	2015
10:49.16	Nicci Corbin (Tesoro)	2011
10:49.16	Eileen Stressling (Marina)	2014
10:49.17	** Tanya Brix (University)	1990
10:49.47	Jennifer Abraham (Foothill)	10:53.1y 1983
10:49.47	Vanessa Hancock (Brea)	2008
10:49.90	*Nicole Evans (Woodbridge)	2011
10:49.92	***Kaylah Tasser (J Serra)	2023
10:50.03	* Erica Pearson (Newport)	2008
10:50.13	*Bailee Margolis (Trabuco Hills)	2014
10:50.28	Jessica Cushing-Murray (Foothill)	2014
10:50.29	***Sami Murphy (Northwood)	2014
10:50.5	* Sharon Hulse (Edison)	1979
10:50.50	Ann Helm (Laguna Hills)	1984
10:50.59	Nadia Tabrizi (J Serra)	2019
10:50.75	Bronte Golick (Capo Valley)	2011
10:50.8+	Sherrri Roach (Kennedy)	10:54.6y 1978
10:50.88	*Allura Markow (Dana Hills)	2022
10:51.1+	Stacy Kneeshaw (Foothill)	10:54.8y 1980
10:51.17	Camila Turati (El Toro)	2014
10:51.19	Sophia Ditty (Newport)	2008
10:51.28	*** Kelly Campbell (Corona del Mar)	1993
10:51.33	**Bella Longo (Mission Viejo)	2019
10:51.4	** Polly Plumer (University)	10:55.2y 1980
10:51.65	** Anne Gustafsson (Brea)	2003
10:51.76	Ashlee Powers (Corona del Mar)	2012
10:51.84	* Amber Bragdon (Fountain Valley)	2013
10:52.88	Samantha Rocke (Esperanza)	2019
10:52.97	Emma Hadley (Canyon)	2022
10:53.25	* Rocio Pelayo (Bolsa Grande)	2006

10:53.41	Katie Hansen (San Juan Hills)	2016	11:01.87	Pearl Shoemaker (Laguna Beach)	2015
10:53.74	*** Sheridan Gomez (Dana Hills)	2009	11:01.94	Briar Brumley (Tesoro)	2015
10:54.11	Quinci Lott (Dana Hills)	2024	11:01.96	Ariane Gushue (Foothill)	2011
10:54.12	Chandler Horton (San Clemente)	2018	11:02.27	**Makena Oliva (Canyon)	2022
10:54.2+	Rhonda Craig (Cypress)	10:58.0y 1979	11:02.52	** Emily Goldstein (El Toro)	2008
10:54.20	Kristin Arkin (Trabuco Hills)	2008	11:02.65	* Sue Armentrout (University)	1981
10:54.27	Kelli Hines (Mission Viejo)	2019	11:02.75	**Maria Hernandez (Santa Ana)	2018
10:54.55	Angie Winkler (Fountain Valley)	1996	11:02.76	*Lora Gonzalez (Woodbridge)	2016
10:54.58	** Elyse Homberger (Edison)	1993	11:02.86	*** Jordan Stiewig (Villa Park)	2013
10:55.23	**Marley McCullough (Newport)	2023	11:03.07	** Alicia McFall (Newport)	1997
10:55.6+	Mari Gibbs (Marina)	10:59.4y 1977	11:03.13	Mia Bergman (Beckman)	2021
10:55.61	Melissa Mead (Newport)	2007	11:03.27	Keena Kohl (Esperanza)	2008
10:55.70	*Sophie Guilfoile (Portola))	2024	11:03.4	Sita Jones (La Habra)	1988
10:55.88	**Sarah Paino (Canyon)	2019	11:03.54	**Lucina Vincent (El Dorado)	2016
10:56.17	***Lauren Mauer (Crean)	2012	11:03.60	**Stephanie Ortega (Segerstrom)	2014
10:56.18	** Maryann Pynchon (Edison)	2001	11:03.87	Catherine McGettigan (Tesoro)	2017
10:56.20	Laura McCracken (Westminster)	1983	11:03.89	**Emily Bacon (Newport)	2014
10:56.30	**Katie Hansen (San Juan Hills)	2017	11:04.15	Arianna Seliz (Esperanza)	2008
10:56.5+	Deborah Chaddock (Los Alamitos)	11:00.3y 1979	11:04.19	Emily Scharmann (Tesoro)	2013
10:56.50	**Olivia Goins (Canyon)	2011	11:04.49	** Carrie Caulkins (Esperanza)	1993
10:56.52	Claire Selleck (Laguna Hills)	2019	11:04.50	*Elizabeth Stetina (Sonora)	2021
10:56.58	Molly Babcock (Woodbridge)	2012	11:04.54	Kristy Koenes (Canyon)	2009
10:56.63	Allie Rigby (Foothill)	2010	11:05.00	* Stephanie Torres (Cypress)	2003
10:56.77	Katie Camarena (San Juan Hills)	2016	11:05.09	Leslie Cashion (Corona del Mar)	1988
10:56.94	Cassandra Smith (Trabuco Hills)	2012	11:05.27	*** Laura Strachan (Foothill)	1999
10:57.0	* Leslie White (Lowell)	1980	11:05.57	**Taylor Romine (El Toro)	2012
10:57.1	Becky Miske (El Toro)	1998	11:05.83	***Clara Meade (Tesoro)	2017
10:57.3	* Maggie Henson (Newport)	1985	11:06.01	Tasmin Valdez (Esperanza)	1983
10:57.33	Elizabeth Alexander (Tustin)	1993	11:06.04	Justine Rea (Trabuco Hills)	2010
10:57.37	Ava Jones (La Habra)	2002	11:06.07	**Isabel Glassen (Newport)	2019
10:57.62	*Whitney Valenti (Brea)	2019	11:06.14	** Kellee Miller (Tustin)	1982
10:57.77	**Kendra Corey (Sunny Hills)	2015	11:06.21	*Laura Beresford (Dana Hills)	2010
10:57.86	*Diane Molina (CostaMesa)	2019	11:06.41	**Natasha Strickland (Laguna Beach)	2010
10:57.89	**Skylar Watt (Trabuco Hills)	2024	11:06.5	+Barb Ludovise (Corona del Mar)	11:10.3y 1980
10:57.99	**Kellian Hunt (Whittier Chr)	2010	11:06.60	**Kay Nekota (Woodbridge)	1991
10:58.55	Sarah Paddon (St Margaret's)	2011	11:06.62	* Desiree Alexander (Newport)	2008
10:58.55	*Hana Catsimanes (San Clemente)	2019	11:06.7+	* Joelin Fisher (Costa Mesa)	11:10.5y 1979
10:58.79	** Donna Fleagle (Tustin)	1983	11:06.89	Kawey Lynd (El Toro)	2019
10:58.8	** Kelly Roda (Irvine)	1991	11:06.92	Akyssa Bautista (Capo Valley)	2018
10:58.92	**Jacquie Adams (Foothill)	2011	11:07.14	Collette Lowengrub (University)	2021
10:58.98	*Alexis Neuville (El Toro)	2019	11:07.17	+Janice Kelley (Canyon)	11:11.07y 1978
10:59.01	*Emily Scharmann (Tesoro)	2012	11:07.21	Giselle Rubio (Laguna Hills)	2024
10:59.07	Marilyn Nichols (El Dorado)	1981	11:07.22	***Maggie Goodson (Newport)	2010
10:59.08	*Raquel Powers (Corona del Mar)	2016	11:07.25	*Bella Goode (Foothill)	2018
10:59.11	Sabrina Herrmann (Trabuco Hills)	2015	11:07.29	*Stacy Kim (Sunny Hills)	2003
10:59.21	** Jenny Sears (Mater Del)	2000	11:07.61	* Sue Sharr (Mission Viejo)	1981
10:59.22	**Shannon Mackellar (Esperanza)	2015	11:07.67	Jen Blair (Corona del Mar)	1998
10:59.22	Abby Biber (Woodbridge)	2024	11:07.7	*** Bree Frigo (El Toro)	1992
10:59.47	Laura Bilder (Corona del Mar)	2009	11:07.72	** Terri Smythers (San Clemente)	1989
10:59.51	Kalie Demerjian (El Toro)	2015	11:07.79	* Mary Moore (Woodbridge)	1997
10:59.52	Sydney Szabo (San Clemente)	2014	11:07.97	** Lauren Maurer (Crean Lutheran)	2013
10:59.62	*Ashley Messineo (El Toro)	2017	11:08.17	Madison Tanner (Canyon)	2011
10:59.64	**Sophue Guilfoile (Portola)	2023	11:08.20	Joy Weber (Beckman)	2023
10:59.67	***Kathryn Bishop (Trabuco Hills)	2011	11:08.38	* Dominique Regalado (Trabuco Hills)	2013
10:59.67	Wendy Leos (Western)	2017	11:08.47	Elly Estrada (Santa Ana Valley)	1995
10:59.81	Bailee Margolis (Trabuco Hills)	2015	11:08.5+	Amy Cox (Foothill)	11:12.0y 1984
10:59.93	**Amber Dazey (Tesoro)	2024	11:08.53	***Isabella Wroblewski (Yorba Linda)	2024
11:00.25	*Natasha Strickland (Laguna Beach)	2011	11:08.67	* Shalice Pugmire (Esperanza)	2001
11:00.36	Katherine Nielsen (Irvine)	2007	11:08.68	Leila Keyvan (Dana Hills)	2019
11:00.49	Kristen Berglas (Woodbridge)	2003	11:08.95	*Keira Potter (Canyon)	2022
11:00.81	** Brooke Thomas (Laguna Hills)	1997	11:09.08	*Brianna Bartello (Laguna Hills)	2014
11:00.82	Elizabeth Stetina (Sonora)	2022	11:09.15	*Haley Seward (Edison)	2012
11:00.05	Sienna Serrao (Dana Hills)	2016	11:09.27	** Tracy Clark (Corona del Mar)	1993
11:00.6	+***Kathy Kiernan (Los Amigos)	11:04.5y 1980	11:09.3	Haley Niles (Trabuco Hills)	2009
11:00.87	Paige Canterbury (Dana Hills)	2013	11:09.32	Julia Rigby (Foothill)	2008
11:00.99	Jessica Marquardt (Orange Lutheran)	2011	11:09.39	Melanie Falkowski (Laguna Beach)	2022
11:01.11	Erica Pearson (Newport)	2009	11:09.4	Danielle Gergley (Woodbridge)	2004
11:01.20	Rosalva Bonilla (Los Amigos)	1981	11:09.48	***Julia Van Marter (Canyon)	2012
11:01.34	**Raquel Powers (Corona del Mar)	2015	11:09.52	Kathryn Carroll (SanClemente)	2015
11:01.35	* Claire Kim (Sunny Hills)	2003	11:09.58	** Courtney Kostrikin (Edison)	2005
11:01.38	Annie Ivarsson (Dana Hills)	2022	11:09.58	*Kaitlyn Smith (San Clemente)	2010
11:01.40	Erin Griffith (Capo Valley)	2007	11:09.67	* Hayley Niles (Trabuco Hills)	2008
11:01.48	*Sapna Dholakia (Esperanza)	2016	11:09.97	**Emma Siok (Huntington Beach)	2024
11:01.8	Tracy Clark (Corona del Mar)	1995	11:10.31	*Anastasia Snodgrass (J Serra)	2022
11:01.87	Heather Killeen (Valencia)	1991	11:10.83	*Sara Digiovanni (Mater Dei)	2012

11:10.10	***Paxton Cota (Dana Hills)	2008	11:15.6	*** Laura Doering (Mater Dei)	1986
11:10.22	Colby Lindholm (JSerra)	2012	11:15.62	Camille Garcia (Fountain Valley)	2011
11:10.32	Katie Nuanes (Santa Margarita)	1997	11:15.66	*Tiffany Costello (Tesoro)	2014
11:10.4	* Ashley Sutor (Dana Hills)	2004	11:15.75	*** Melissa Haddy (Dana Hills)	1998
11:10.57	** Misha Wilson (University)	1995	11:15.77	Meghan Mainwaring (Santa Margarita)	2002
11:10.04	Kim Robinson (Newport)	1990	11:15.77	*Cooper Murphy (Dana Hills)	2023
11:10.0	Sherri Smith (Woodbridge)	1986	11:15.8+	Dale Sprink (University)	11:19.7y 1979
11:10.05	*Katie Eklof (Costa Mesa)	1991	11:15.89	*** Nicole Scheid (Mission Viejo)	2001
11:10.8	Barbara Kozlowski (Irvine)	1988	11:15.91	Elle Pace (El Modena)	2010
11:10.94	Lynne Hagan (Mater Dei)	1988	11:15.99	Lauren Landrith (Orange Lutheran)	2022
11:11.06	* Mikaela Garduno (Foothill)	2013	11:16.01	**Christina Wright (Dana Hills)	2014
11:11.23	Emily Haigh (Foothill)	2002	11:16.11	Nisha Richardson (Canyon)	2006
11:11.28	**Mia Bergman (Sonora)	2019	11:16.17	Sapna Dholakia (Esperanza)	2017
11:11.49	Madeleine Heller (Capo Valley)	2021	11:16.22	** Kelsey Carroll (San Clemente)	2013
11:11.71	Nicole Giove (Fountain Valley)	2008	11:16.28	** Karine Parry (Aliso Niguel)	2002
11:11.91	**Natatha Gunther (Dana Hills)	2010	11:16.3+	** Erika Lacrosse (Costa Mesa)	11:21.3y 1980
11:11.94	*Hannah Bell (Esperanza)	2011	11:16.3	Taryn Lawson (Ocean View)	1995
11:12.26	Tori Yanco (JSerra)	2015	11:16.39	Danielle Oden (Esperanza)	2014
11:12.17	Evie Cant (Laguna Beach)	2018	11:16.55	McKenna Rinke (Laguna Hills)	2017
11:12.32	Erica Sahl (Villa Park)	2004	11:16.6+	***Heather Hutchinson (Mission V)	11:20.5y 1983
11:12.41	Makenna Smith (Trabuco Hills)	2010	11:16.69	* Katie Strachan (Foothill)	2002
11:12.42	Catherine Salazar (Trabuco Hills)	2019	11:16.8+	** Paula Jones (Corona del Mar)	11:20.7y 1979
11:12.49	Megan Petkovic (Pacifica)	2008	11:16.83	**Anna Attard (Marina)	2002
11:12.55	**Nicole Evans (Woodbridge)	2010	11:16.85	***Abigail Feldman (Mater Dei)	2023
11:12.64	Kellian Hunt (Whittier Chr.)	2012	11:16.9	Maura Daley (Mission Viejo)	1985
11:12.70	*Bailey Watts (Trabuco Hills)	2019	11:16.9	Jamie Canterbury (Dana Hills)	2005
11:12.72	***Julia Van Marter (Canyon)	2012	11:16.95	**Lisa Massoth (Esperanza)	1997
11:13.02	Vanessa Kelly (Marina)	2001	11:16.95	Danielle Guerin (Dana Hills)	2007
11:13.04	Nicole Evans (Woodbridge)	2011	11:16.98	Bekah Bahra (Orange Lutheran)	2011
11:13.08	Nicole Reeves (Esperanza)	2022	11:16.99	*Katherine Gallaher (Esperanza)	2014
11:13.11	Gabrielle Yatauro (Edison)	2014	11:17.04	Jess Lesser (Woodbridge)	2014
11:13.2	* Camila Turati (El Toro)	2013	11:17.04	Claire Stuvland (Trabuco Hills)	2023
11:13.33	Andrea Aguilar (Mater Dei)	2006	11:17.06	*Stevie Holguin (Los Alamitos)	2024
11:13.38	**Molly Mann (San Clemente)	2010	11:17.20	**Elizabeth Kubis (Mission Viejo)	1985
11:13.4	Wendy Petersen (Laguna Beach)	1987	11:17.21	* Amanda Stark (Fountain Valley)	2013
11:13.51	* Maureen Quinn (Dana Hills)	1983	11:17.26	Holly Morales (Dana Hills)	2018
11:13.63	*** Allison Damon (Corona del Mar)	2005	11:17.28	Katherine Woie (Valencia)	1987
11:13.64	Katie Durant (Marina)	2008	11:17.31	Kelsie Yamano (San Clemente)	2021
11:13.66	Nicole Slyhous (Corona del Mar)	2007	11:17.43	Ashley Geisler (J Serra)	2015
11:13.69	** Gianna Velasquez (El Toro)	2008	11:17.51	*Lana Atchley (Ocean View)	1991
11:13.78	Shelby Stegall (Foothill)	2010	11:17.6	Kelly Roda (Irvine)	1993
11:13.8	** Tiffany Anderson (Newport)	1985	11:17.70	Ann Helm (Laguna Hills)	1985
11:13.81	*Dakota Danaher (El Toro)	2024	11:17.88	* Rachel Wilson (Trabuco Hills)	2013
11:13.85	Roselynda Garcia (Kennedy)	1987	11:17.88	Lindsay Guthrie (Orange Lutheran)	2024
11:13.88	Christine Eckstaedt (El Modena)	2000	11:18.03	**Ashley Messineo (El Toro)	2016
11:13.89	*Emily Bacon (Newport)	2015	11:18.08	Joy Yasa (Tesoro)	2022
11:13.89	Ashley Faller (Fountain Valley)	2019	11:18.09	Katie Ott (San Juan Hills)	2011
11:13.97	** Liz Huipe (Estancia)	1999	11:18.11	Evie Cant (Laguna Beach)	2018
11:14.04	**Emily Scharmann (Tesoro)	2011	11:18.19	*Stacy Carrington (Cypress)	1988
11:14.04	**Marisa Purcell (Northwood)	2011	11:18.21	**Julia Lipson (El Modena)	2010
11:14.08	** Christine Bjelland (Costa Mesa)	2002	11:18.28	Bridget O'keefe (Santa Margarita)	2008
11:14.1	Ali Palmer (San Clemente)	2011	11:18.45	Bailey Watts (Trabuco Hills)	2020
11:14.15	**Elyser Estrada (SA Valley)	1993	11:18.5	*** Rachel Ngu (Northwood)	2008
11:14.21	Mia Matsunami (Newport)	2019	11:18.54	**Janna Evans (Edison)	1992
11:14.3	Meghan Mayes (Capo Valley)	1994	11:18.58	Estella Knobbe (Beckman)	2021
11:14.39	Nicole Meyer (Orange Lutheran)	2021	11:18.7+	***Linda Booth (Laguna Beach)	11:12.7y 1981
11:14.44	Avery Dorff (Edison)	2018	11:18.70	***Jennifer Formosa (Edison)	1992
11:14.52	*Melisa Olgun (Edison)	2008	11:18.89	*Alyssa Brown (Mission Viejo)	2005
11:14.57	** Beth Rosipajla (El Dorado)	1985	11:19.0+	*Stacey Skeie (Corona del Mar)	11:22.6y 1984
11:14.61	Marikay Schwab (Marina)	2021	11:19.04	Mary Kenney (Valencia)	1984
11:14.72	Jessica Mumaugh (Santa Margarita)	2009	11:09.08	***Leslie Burton (El Modena)	1995
11:14.78	Kora Johnson (Trabuco Hills)	2011	11:19.12	Quinn Roldan (Huntington Beach)	2022
11:14.78	*Sydney Rome (Yorba Linda)	2022	11:19.2	**Trudy Gardner (Magnolia)	1980
11:14.8	Justine Rea (Trabuco Hills)	2009	11:19.26	**Katie Caya (Rosary)	2014
11:14.80	*Ashley Geisler (J Serra)	2014	11:19.3	Maricelle Benavides (SA Valley)	1988
11:14.81	Micaela O'Connell (Northwood)	2019	11:19.31	Desiree Alexander (Newport)	2007
11:14.89	**Tait Vigeland (Mater Dei)	2019	11:19.35	Mayra Medina (Laguna Hills)	1993
11:14.93	*Ava Kent (Orange Lutheran)	2010	11:19.41	Chelsea Vancott (Calvary Chapel)	2008
11:15.0+	Tami Darr (Mission Valley)	11:20.0y 1977	11:19.53	*Rachel Lida (Yorba Linda)	2015
11:15.00	***Collette Lowengrub (University)	2018	11:19.54	Lauren Paul (Newport)	2004
11:15.00	**Ella Boyer (Esperanza)	2022	11:19.57	Kortnee Burton (Brea)	2008
11:15.18	Sophia Dudley (Foothill)	2022	11:19.58	**Shey Manifian (University)	2001
11:15.4	Kristen Quigley (Dana Hills)	1988	11:19.6	Ximena Cruz (Trabuco Hills)	2009
11:15.44	*Mia Douge (Brea)	2019	11:19.61	*Kelly Rendon (Orange Lutheran)	2004
11:15.51	Emma Silves (Foothill)	2022	11:19.70	***Ashling Carr (Canyon)	2017

11:19.81	Ali Hummelberg (Corona del Mar)	2010
11:19.89	**Sophia Gutierrez (Orange Lutheran)	2019
11:19.99	**Melanie Powers (Corona del Mar)	2008

5,000 Meters

17:08.66	Nikki Zielinski (Canyon)	2016
17:44.95	*Crystal Reed (Fountain Valley)	2005
18:46.89	*Sydney Rome (Yorba Linda)	2022
18:48.21	Sarah Pfaff (La Habra)	2013
18:51.27	Nisha Richardson (Canyon)	2006
18:57.55	Melinda Rackcliffe (Fountain Valley)	2005

2000m Steeplechase

6:49.87	**Summer Wilson (J Serra)	2024
7:03.87	Marissa Bartello (Laguna Hills)	2015
7:18.70	*Sydney Johnson (Laguna Hills)	2023
7:26.62	*McKenna Rinke (Laguna Hills)	2016
7:27.15	Claire Selleck (Laguna Hills)	2019
7:30.71	**Chloe Elbaz (J Serra)	2024
7:33.12	Lauren Turner (Laguna Hills)	2019
7:46.38	*Eden Buttlar (Laguna Hills)	2015
7:47.80	***Hannah Nourse (Laguna Hills)	2024
7:52.18	*Genevieve Megow (Laguna Hills)	2022
8:03.75	Yamileth Muniz (Laguna Hills)	2014

80 yard Low Hurdles

10.7	Jan Lester (Costa Mesa)	1973
10.8	Clydine Crowder (Los Alamitos)	1973

110 yard Low Hurdles

14.4	Lisa Gourden (El Toro)	1977
14.7	Kim Attlesey (Newport)	1977
14.95		

100m Low Hurdles

(30" 1977-1992)		
14.00+	Lisa Gourdine (El Toro)	14.09y 1977
14.10	*Suzie Ray (Villa Park)	14.19y 1979
14.13	*Laura Mills (University)	1981
14.13	Chris Davenport (Troy)	1979
14.16	*Suzanne Kerho (Mission Viejo)	1988
14.20	Stacy Noton (Sunny Hills)	1983
14.21	Bonnie Mercer (SA Valley)	1980
14.22	*Thelma Harmon (SA Valley)	1979
14.23	*Elinor Tolson (Fountain Valley)	1992
14.25	Tracy Hanlon (Edison)	1980
14.25+	*Cheryl Glazier (El Toro)	14.1y 1977
14.26	Sharon Hatfield (Fountain Valley)	1982
14.27	Jocelyn Lee (Irvine)	1983
14.34	Danielle Reeves (Esperanza)	1988
14.42	Jocelyn Lee (Irvine)	1983
14.44	Nancy Niewlandt (Valencia)	1984
14.48	*Yleana Carrasco (Anaheim)	1985
14.51	***Elinor Tolson (La Quinta)	1990
14.57	***Katie Mook (Foothill)	1992
14.65+	Karen Attlesey (Newport)	14.5y 1977
14.66	Tracy Clark (El Toro)	1982
14.69	Heather Sterlin (Mission Viejo)	1992
14.74c	Hilary Mann (Mission Viejo)	14.5 1991
14.75+	Laura Held (Edison)	14.6y 1978
14.76	Angela Rock (El Toro)	1981
14.81	*Sara Morton (Irvine)	1983
14.82	*Dina Caffey (Esperanza)	1980
14.85+	Liz Carroll (Fountain Valley)	14.7y 1978
14.85+	Vicki Almeida (Troy)	14.7y 1979
14.87	Medra Lyons (Laguna Hills)	1984
14.87	Nikki Jackson (Esperanza)	1990
14.89	Tina Ortega (Irvine)	1986
14.91	Allison Franke (Canyon)	1989
14.94c	Caroline Chambers (SA Valley)	14.7 1982
14.94c	Shannon Bryant (Sonora)	14.7 1989

14.94	**Kelly Graton (Loara)	1988
14.95	*Julie Baker (Capo Valley)	1980
14.95	Lisa Knott (Sonora)	1992
14.96	Valerie Gritton (Woodbridge)	1987
14.98	Andrea Dean (Mission Viejo)	1992
15.00	*Kim Collins (Tustin)	1984
15.00	Kathy Kelly (Canyon)	1984
15.04	*Shannon Dean (Mission Viejo)	1991
15.06	Wendy Hale (Brea)	1980
15.08	Melody Ryan (Western)	1983
15.11	*Kell Thomson (El Toro)	1992
15.13	Lima Smith (Villa Park)	1984
15.14c	Sarah Moleski (Katella)	14.9 1980
15.14c	Sharon Attlesey (Katella)	14.9 1986
15.14c	Le Anne Margerum (Fountain Valley)	14.9 1980
15.16	*Rene Wright (Orange Lutheran)	1990
15.17	*Shundra Holland (Saddleback)	1986
15.19	*Gaylen Ames (El Modena)	1984
15.20	Laura Knight (Katella)	1982
15.21	Heather Novak (Santa Margarita)	1992
15.22	Tammy Siefert (Cypress)	1982
15.23	Kristina Lockwood (Woodbridge)	1990
15.24c	Heidi Smith (Valencia)	15.0 1991
15.24c	*Tracy Broughton (Irvine)	15.0 1991
15.25+	Beth Rockliffle (Santa Ana)	15.1y 1978
15.25	Nancy Chabot (Brea)	1990
15.28	Erin Stansbury (Ocean View)	1989
15.29	Emily Thiebaud (Esperanza)	1988
15.33	Jennifer Owens (San Clemente)	1988
15.34c	Leanna Delgado (Estancia)	15.1 1980
15.34c	Sharon Bruster (El Modena)	15.1 1980
15.34c	*Susie Jacobsen (Newport)	15.1 1989
15.34	Shelby MacKay (Dana Hills)	1990
15.35	Summer Everly (El Toro)	1989
15.38	**Millie Potts (Loara)	1982
15.39	Tiffany Feliz (Mater Dei)	1986
15.42	Ann Kissinger (Marina)	1988
15.43	***Lynde Gibson (Woodbridge)	1991
15.44	Ursula Lovely (Kennedy)	1987
15.44c	Katie Whitfield (Dana Hills)	15.2 1983
15.44c	*Kelly Grand (Los Amigos)	15.2 1985
15.44+	Ashley Selman (Foothill)	15.3y 1988
15.47	Tamara Noggle (El Dorado)	1989
15.49	*Brenda Robinson (SA Valley)	1989
15.50	**Jill Lindhart (Capo Valley)	1986

Wind-aided:

14.04+	Chris Davenport (Troy)	14.13y 1979
14.08	Laura Mills (University)	1981
14.08	Sharon Hatfield (Fountain Valley)	1982
14.08+	*Suzie Ray (Villa Park)	14.17y 1979
14.13	Tracy Hanlon (Edison)	1980
14.20	Stacy Noton (Sunny Hills)	1983
14.27	Jocelyn Lee (Irvine)	1983
14.39	Angela Rock (El Toro)	1981
14.60	*Kim Collins (Tustin)	1985
14.63	Ann Kissinger (Marina)	1988
14.79	Nikki Jackson (Esperanza)	1990
14.95	Alison Franke (Canyon)	1988
14.95	Emily Thiebaud (Esperanza)	1988
14.97	**Heather Novak (Santa Margarita)	1992
15.23	Ashley Selman (Foothill)	1988
15.23	Brenda Robinson (Newport)	1990
15.27	Sher Dufur (Canyon)	1981
15.30	Chris Tucker (Irvine)	1981
15.31	Jennifer Owens (San Clemente)	1988
15.34	Susie Jacobson (Newport)	1990
15.44	Karen Rish (Marina)	1986

100 meter Hurdles (33")

13.82	*Ashley Bethel (Mission Viejo)	1997
13.87	**Dana Bethel (Mission Viejo)	1999
13.93	Nikki Merritt (Santa Margarita)	2019

14.12	Natalie Roy (Mission Viejo)	2007	15.23	Chloe Waters (San Clemente)	2024
14.19	Emma Radan (Mater Dei)	2014	15.24c	*Susan Pettus (Marina)	15.0 1995
14.20	Kimmie Conner (Dana Hills)	2010	15.24	Jenna Wendell (Santa Margarita)	2008
14.28	Emma Kratzberg (Newport)	2016	15.26	*Shay Alexander (Capo Valley)	2001
14.34	*Alexis Turley-Young (Canyon)	2015	15.26	*Trista Marquez (Dana Hills)	2004
14.35	*Monica Todd (Trabuco Hills)	2010	15.27	Rachel Gagnon (Oxford Academy)	2017
14.35	Hope Bender (Newport)	2015	15.28	*Jasmine Webb (Buena Park)	2004
14.37	Kristen Kiefer (Capo Valley)	2007	15.28	Kellie May (Northwood)	2017
14.41	*Lauren Collins (Santa Margarita)	2004	15.31	*Emily Garner (Woodbridge)	2018
14.44	Sharon Hatfield (Fountain Valley)	1982	15.32	Courtnee Moreno (Fountain Valley)	2018
14.50	Ashleigh Gunderman (Mater Dei)	2005	15.32	***Jada Faison (Rosary)	2023
14.52	Cavetra Mitchell (Los Alamitos)	1993	15.33	Mandy Girling (Orange Lutheran)	1999
14.54c	**Amanda Shanklin (Santa Margarita)	14.3 1997	15.33	Amber Carpenter (Santa Margarita)	2003
14.55	*Kelly Collins (Santa Margarita)	2007	15.33	*Jordan Davis (Troy)	2013
14.56	Inshirah Jones (Esperanza)	1995	15.33	*Davina Pham (Fountain Valley)	2015
14.60	*Susie Ray (Villa Park)	1979	15.33	**Chloe Waters (San Clemente)	2023
14.67	Charis Wondercjeck (Pacifica Christian)	2023	15.34c	Megan Scanlon (Troy)	15.1 1999
14.68	Genelle Ives (Dana Hills)	2005	15.35	Dilcia Loomis (Sunny Hills)	2006
14.68	*Caroline Hilley (Santa Margarita)	2013	15.38	Michaela Schaeffer (Edison)	2013
14.71	*Julie Handy (Esperanza)	2001	15.38	Phoebe Ladd (Woodbridge)	2021
14.73	Chelsea Taylor (Mission Viejo)	2008	15.39	Ashley Jsames (Savanna)	2008
14.74	Nyree Brown (Segerstrom)	2018	15.39	Kamala Parker (La Habra)	2003
14.76	**Natalie McCarty (Newport)	2024	15.39	Elizabeth Bastos (El Toro)	2006
14.77	***Jade McDonald (Mater Dei)	2018	15.40	*Courtnee Moreno (Fountain Valley)	2017
14.77	**Skyler Serrano (Beckman)	2023	15.40	Julianne Bartz (Corona del Mar)	2018
14.80	Kristen Woepse (Woodbridge)	2004	15.41	**Phoebe Ladd (Woodbridge)	2019
14.70	Katie Mook (Foothill)	1995	15.42	Alex McCarten (San Clemente)	1997
14.82	*Michaela King (Dana Hills)	2013	15.43	**Taylor Wilkison (Mater Dei)	2018
14.83	**Olivia Teegarden (Mission Viejo)	2015	15.43	**Karalyn Cheng (El Doraod)	2023
14.84	Kyndol Craver (Woodbridge)	2013	15.44	Gigi Surmon (Costa Mesa)	1993
14.85	**Erin Stovall (Woodbridge)	1995	15.44	*Breanna Barker (Dana Hills)	2012
14.85	Amanda Perez (Yorba Linda)	2019	15.45	Tailor Dunigan (Mission Viejo)	2010
14.87	Tori Usgaard (Dana Hills)	2012	15.46	Aaliyah Banner (Buena Park)	2016
14.89	*Grace Esslinger (Dana Hills)	2008	15.47	Kaitlyn Meeder (El Modena)	2017
14.89	Michelle Wicker (Trabuco Hills)	2010	15.47	Kiana Stradford (Trabuco Hills)	2020
14.89	Erin Gerardo (Santa Margarita)	2017	15.48	**Elizabeth Loud (Irvine)	2000
14.90	Hannah Duarte (Mission Viejo)	2016	15.48	***Chelsea Larson (Orange Lutheran)	2008
14.93	Amanda Herrington (Edison)	2017	15.48	***Katelyn Johnson (El Toro)	2015
14.94	Jessica Bragg (El Toro)	2009	15.49	**Emma Kratzberg (Corona del Mar)	2014
14.96	Michelle Urabe (Mater Dei)	2010	15.50	*Laurel Simpson (Capo Valley)	1994
14.98	Jordan Agnew (Los Alamitos)	2013	15.50	Whitney MacDonald (Edison)	2004
14.98	Hailey Ray (Dana Hills)	2019	15.50	Lauren Bercha (Tesoro)	2010
14.98	**Alene Washington (Los Alamitos)	2023	15.50	*Sophia Morris (Santa Margarita)	2019
15.02	*Marie Philman (Edison)	1995	15.50	*Charis Wondercjeck (Pacifica Christian)	2022
15.02	Amanda Fleskoski (Mission Viejo)	2000	15.51	*Lisa Stegman (Dana Hills)	1996
15.03	*Amanda Shanklin (Santa Margarita)	1998	15.51	Connie Barrett (El Toro)	2018
15.03	*Kelsey Schuler (Katella)	2006	15.33	*Yumi Gan (Trabuco Hills)	2023
15.04c	Heather Sterlin (Mission Viejo)	14.8 1992	15.54c	Elinor Tolson (Fountain Valley)	15.3 1993
15.04c	*Kerry O'Bric (Edison)	14.8 1995	15.54c	Marlene Lang (Fountain Valley)	15.3 1994
15.04c	*Rachael Ziemann (Edison)	14.8 2001	15.54c	*Sarah Bohannon (Los Amigos)	15.3 1995
15.04	Becky Marshburn (Dana Hills)	2005	15.54c	M.E. Clayton (Newport)	15.3 1997
15.04	*Isabella Ales (Troy)	2019	15.54	Brittany Hanrahan (Mater Dei)	2013
15.06	Sophia Menchine (Edison)	2023	15.54	Davina Pham (Fountain Valley)	2016
15.08	Lindsay Wells (Mater Dei)	2000	15.55	**Jill Holmes (El Toro)	1994
15.08	*Jasmine Webb (Buena Park)	2004	15.55	Claire Vahey (Capo Valley)	2018
15.10	**Heather Gibson (Orange Lutheran)	2004	15.56	Sarah Bonilla (Brea)	1998
15.10	Lauren Correa (El Toro)	2005	15.56	Melissa Scott (Beckman)	2016
15.11	Cira Wright (Kennedy)	2000	15.56	Jocelyn Parkinson (St Margaret's)	2002
15.13	*Sunny Nichols (Sunny Hills)	1997	15.56	Kristine Okereke (Foothill)	2017
15.13	Ava Simos (Corona del Mar)	2024	15.58	Yumi Gan (Trabuco Hills)	2024
15.14	Kiana Henry (Canyon)	2011	15.60	*Chelsea Larson (Orange Lutheran)	2010
15.14	Brittney Thornton (San Clemente)	2013	15.60	**Ashlan Revollar (Los Alamitos)	2014
15.15	Krissy Knowles (Fountain Valley)	2009	15.60	**Shayla Dumas (Kennedy)	2019
15.15	Annie Quach (Katella)	2018	15.61	**Taylor Sims (Tesoro)	2012
15.16	*Alison Parsons (Los Alamitos)	2015	15.61	Lindy Tarvin (Edison)	2023
15.16	Ryann Beveridge (Aliso Niguel)	2018	15.62	**Cira Wright (Kennedy)	1998
15.17	Lauren Willingham (Los Alamitos)	2018	15.63	Cathy Mullee (Edison)	1998
15.17	*Madison Lyon (Woodbridge)	2019	15.63	*Emily Peterson (El Toro)	2010
15.18	Heather Novak (Santa Margarita)	1994	15.63	Mychal Robinson (Tustin)	2015
15.18	*Kiana Stradford (Trabuco Hills)	2019	15.63	Megan Swartz (Edison)	2021
15.19	Hanna Barmettler (J Serra)	2023	15.64c	Courtney Morris (Marina)	15.4 1995
15.20	*Cristina Ohaeri (Esperanza)	1995	15.64	*Victoria Ton (Northwood)	2004
15.20	Hailey Bond (Edison)	2014	15.64	Danielle Becker (San Clemente)	2023
15.21	Daria Shkel (University)	2017	15.65	*Madison Klovstad (El Modena)	2002
15.23	*Milan Smith (Rosary)	2023	15.66	**Sydney McGill (Huntington Beach)	2024

15.67	*Sammie Bretz (Brea)	2019	14.15	Kimmie Conner (Dana Hills)	2010
15.68	Chelsea Pham (Canyon)	2009	14.20	Monica Todd (Trabuco Hills)	2010
15.69	Gabby Wikidal (Santa Margarita)	2016	14.22	Emma Kratzberg (Newport)	2016
15.71	Rosita Smith (Mater Dei)	1994	14.41	Kerry O'Bric (Edison)	1995
15.71	Lindsay Kenefick (Huntington Beach)	2018	14.44	Katie Mook (Foothill)	1995
15.72	*Lauren Porter (Northwood)	2010	14.49	Hannah Duarte (Mission Viejo)	2016
15.72	Yasmeen Chennault (Laguna Hills)	2011	14.58	***JaDA Faison (Rosary)	2023
15.72	Daria Shkel (University)	2018	14.64	Chelsea Taylor (Mission Viejo)	2008
15.73	** Elizabeth Loper (Trabuco Hills)	2009	14.65	Julie Handy (Esperanza)	2004
15.74	Katy Zimmon (Edison)	1998	14.68	**Skyler Serrano (Beckman)	2023
15.74	Emma Farrell (Mission Viejo)	2013	14.70	Kristen Woepse ((Woodbridge)	2005
15.75	Abby Hahn (Sunny Hills)	2022	14.71	Kyndol Craver (Woodbridge)	2013
15.75	Lsuren Meredith (Villa Park)	2022	14.71	Amanda Perez (Yorba Linda)	2019
15.77	**Stevie Nicholas (Sunny Hills)	1998	14.71	**Natalie McCarthy (Newport)	2024
15.77	Michelle Shao (Beckman)	2022	14.72	Amanda Harrington (Edison)	2017
15.78	Lisa Stigman (Dana Hills)	1997	14.73	**Michaela King (Dana Hills)	2012
15.78	Nicole Lomeli (Esperanza)	1999	14.76	Krissy Knowles (Fountain Valley)	2009
15.78	Annie Bubinski (Dana Hills)	2011	14.78	Phoebe Ladd (Woodbridge)	2021
15.78	Amanda Torchia (Fountain Valley)	2016	14.86	Michaela King (Dana Hills)	2014
15.78	*Lidia Major (Santa Margarita)	2022	14.87	Kiana Henry (Canyon)	2011
15.79	Kelly O'Connor (Esperanza)	1996	14.90	Jordan Agnew (Los Alamitos)	2013
15.79	Marie Ingram (Aliso Niguel)	2006	14.96	Lindsay Wells (Mater Dei)	2000
15.79	Lauren Wilson (Esperanza)	2006	14.50	Inshirah Jones (Esperanza)	1995
15.79	Rebecca Hamilton (Mater Dei)	2008	14.52	*Erin Stovall (Woodbridge)	1996
15.79	** Paige Grigus (Fountain Valley)	2009	14.56	* Amanda Shanklin (Santa Margarita)	1998
15.79	*Amanda Schrader (Edison)	2017	14.64	Chelsea Taylor (Mission Viejo)	2008
15.80	*Kaitlyn Meeder (El Modena)	2016	14.81	Michelle Wicker (Trabuco Hills)	2010
15.80	***Kimora Rogers (Katella)	2019	14.82	Lauren Wilson (Esperanza)	2006
15.80	Maddy Lyon (Woodbridge)	2020	14.87	Lauren Correa (El Toro)	2005
15.82	Paige Donaldson (San Juan Hills)	2014	14.90	Ashley Jsames (Savanna)	2008
15.83	*Cathy Mullee (Edison)	1997	14.92	Michelle Urabe (Mater Dei)	2010
15.83	*Adrienne Baker (Santa Margarita)	2006	14.92	Chloe Waters (San Clemente)	2024
15.83	Lily Trinh (Fountain Valley)	2010	14.96	*Madison Lyon (Woodbridge)	2019
15.84c	**Amber Price (SA Valley)	15.6 1997	15.01	Cristina Ohaeri (Esperanza)	1995
15.84	** Brit Vasac (Dana Hills)	2007	15.01	*Heather Gibson (Orange Lutheran)	2005
15.84	***Ami Ballo (Dana Hills)	2010	15.07	Hailey Bond (Edison)	2014
15.85	** Taylor Ramirez (Katella)	2009	15.08	*Kiana Stradford (Trabuco Hills)	2019
15.86	Megan Poyar (Mater Dei)	2018	15.11	*DavinaPham (Fountain Valley)	2015
15.86	**Joey Kaufman (Aliso Niguel)	2019	15.12	Michaela Schaeffer (Edison)	2013
15.87	*Malia Billups (Brea)	2006	15.13	*Milan Smith (Rosary)	2023
15.87	**Chelsea Josten (Brea)	2006	15.14	Hannah Barmettler (J Serra)	2023
15.87	*Tiffany Liu (Corona del Mar)	2006	15.18	Kellie May (Northwood)	2017
15.87	*Jessica Robson (Newport)	2006	15.21	Shay Alexander (Capo Valley)	2002
15.87	Nadia Sine (Woodbridge)	2014	15.22	Aaliyah Banner (Buena Park)	2016
15.89	** Megan Jones (Dana Hills)	2009	15.25	Madison Klovstad (El Modena)	2003
15.90	Megan Jones (Dana Hills)	2011	15.25	Alison Parsons (Los Alamitos)	2016
15.90	Brittany Hanrahan (Mater Dei)	2012	15.30	Megan Swartz (Edison)	2021
15.90	Gabi Sagorin (Woodbridge)	2014	15.32	Marlene Lang (Fountain Valley)	1994
15.93	Tiffany Pransky (Orange Lutheran)	2005	15.32	*Aaliyah Banner (Buena Park)	2015
15.94c	Christina Gustlin (Foothill)	15.7 1994	15.32	**Karyl Cheng (El Dorado)	2023
15.94c	Kendra Lakins(Brea)	15.7 1996	15.33	Brittany Hanrahan (Mater Dei)	2013
15.94c	Katie Wildermuth (Santa Margarita)	15.7 1998	15.33	**Ashlan Revollar (Los Alamitos)	2014
15.94c	*Nicole Yergler (Santa Margarita)	15.7 2004	15.35	Katie O'Dell (University)	2002
15.95	***Shay Alexander (Capo Valley)	1999	15.35	Juliana Crum (Troy)	2010
15.95	Keena Bensworth (Trabuco Hills)	2013	15.36	*** Taylor Ramirez (Katella)	2008
15.95	Hailey James (Foothill)	2013	15.39	*Mariah Durian (Esperanza)	2011
15.95	**Megan Weiss (Edison)	2018	15.41	Paige Sorenson (Rosary)	2024
15.96	Carrie Hoagland (Canyon)	1994	15.46	Misha Vincent (Orange)	2010
15.96	*Rene Delellis Rosary)	2000	15.46	Mauri Avery (Beckman)	2021
15.96	Taylor Sims (Tesoro)	2012	15.47	**Emma Kratzberg (Corona del Mar)	2014
15.96	*Isabella Branstrom (San Clemente)	2014	15.48	*Chelsea Larson (Orange Lutheran)	2010
15.96	*Olivia Chung (Beckman)	2019	15.50	*Tatum Hoff (Dana Hills)	2021
15.97	Smith (SA Valley)	2000	15.51	Tiffany Pransky (Orange Lutheran)	2005
15.97	Ashley Vogt (Mission Viejo)	2001	15.52	**Davina Pham (Fountain Valley)	2014
15.97	Kathryn Karkut (Calvary Chapel)	2008	15.53	Laurel Simpson (Capo Valley)	1995
15.97	*Annie Bubinski (Dana Hills)	2010	15.54	*Sara Jane McIntyre (El Modena)	2000
15.97	*Claire Curie (El Toro)	2012	15.54	Malia Billups (Brea)	2007
15.97	Kaylin Petersen (Brea)	2013	15.55	*Lexi Shaw (San Juan Hills)	2012
15.97	Tori Occhipinti (Crean Lutheran)	2013	15.56	Marie Ingram (Aliso Niguel)	2006
			15.56	**Emily Waller (Woodbridge)	2019
			15.57	Susie Schmidt (Westminster)	1993
			15.58	***Kendra Larkins (Brea)	1993
			15.58	Paige Donaldson (San Juan Hills)	2014
			15.59	*Taylor Wilkison (Mater Dei)	2019
			15.61	Amber Price (Saddleback)	1999
Wind-aided:					
13.62	*Ashley Bethel (Mission Viejo)	1997			
13.82	Dana Bethel (Mission Viejo)	2001			
14.11	Natalie Roy (Mission Viejo)	2007			
14.14	Emma Radan (Mater Dei)	2014			

15.61	Gabby Wikidal (Santa Margarita)	2016
15.62	Tori Occhipinti (Crean Lutheran)	2013
15.62	*Tori Oloro (Northwood)	2019
15.62	*Megan Weiss (Edison)	2019
15.63	Lisa Stigman (Dana Hills)	1997
15.64c	*Roberta Burns (Dana Hills)	15.4 1994
15.64c	Tia Barbee (El Toro)	1995
15.65	Lauren Meredith (Villa Park)	2022
15.65	Michelle Shao (Beckman)	2022

300 meter Hurdles

41.86	Nyree Brown (Segerstrom)	2018
41.95	Emma Kratzberg (Newport)	2016
42.18	Hope Bender (Newport)	2015
42.23	Nikki Merritt (Santa Margarita)	2018
42.55	Sharon Hatfield (Fountain Valley)	1982
42.75	Kristen Kiefer (Capo Valley)	2007
42.84	Kaci Keffer (Woodbridge)	1990
42.97	Kimmie Conner (Dana Hills)	2010
43.00	Emma Radan (Mater Dei)	2014
43.20	**Genelle Ives (Dana Hills)	2003
43.24	*Shebanette Terry (Irvine)	2012
43.26	Chelsea Taylor (Mission Viejo)	2008
43.26	Lindy Tarvin (Edison)	2023
43.33	Hailey Ray (Dana Hills)	2019
43.36	*Becky Marshburn (Dana Hills)	2004
43.40	Michaela King (Dana Hills)	2014
43.41	Amanda Shanklin (Santa Margarita)	1999
43.42	* Monica Todd (Trabuco Hills)	2009
43.43	**Natalie McCarty (Newport)	2024
43.45	Nikki Jackson (Esperanza)	1990
43.45	*Julie Handy (Esperanza)	2001
43.50	Emily Waller (Woodbridge)	2021
43.52	*Coco Putnam (Laguna Beach)	2015
43.54	Stacy Hoton (Sunny Hills)	1983
43.56	Yasmin Webb (Buena Park)	2005
43.63	*Paula Pedrani (El Toro)	2015
43.71	*Elinor Tolson (Fountain Valley)	1992
43.78	*Mary Ann Bullard (Esperanza)	1983
43.81	Kelly Collins (Santa Margarita)	2008
43.81	* Caroline Hilley (Santa Margarita)	2013
43.87	Hanna Barmettler (J Serra)	2023
43.93	Lexi Shaw (San Juan Hills)	2013
44.03	**Janel Loudat (Woodbridge)	1998
44.03	*Hailey Ray (Dana Hills)	2018
44.07	Lidia Major (Santa Margarita)	2023
44.19	***Dana Bethel (Mission Viejo)	1998
44.21	Monica Fisher (El Toro)	1989
44.21	Paula Pedrani (El Toro)	2016
44.22	***Jada Faison (Rosary)	2023
44.25	*Sunny Nichols (Sunny Hills)	1997
44.27	Ashley Jsames (Savanna)	2008
44.30	Danielle Reeves (Esperanza)	1988
44.32	Jerri Baker (Capo Valley)	1981
44.34	Katie Mook (Foothill)	1995
44.39	*Brittney Thorton (San Clemente)	2012
44.44	**Olivia Teegarden (Mission Viejo)	2015
44.45	Hannah Heising (Woodbridge)	2014
44.48	Thelma Harman (SA Valley)	1981
44.52	Yleana Carrasco (Anaheim)	1985
44.58	Frenchy Silva (Dana Hills)	2008
44.60	Inshirah Jones (Esperanza)	1995
44.64	Sarah Bonilla (Brea)	1998
44.65	Hannah Duarte (Mission Viejo)	2016
44.66	*Michelle Basanda (Aliso Niguel)	1998
44.69	**Caroline Hilley (Santa Margarita)	2012
44.73	Emily Thiebaud (Esperanza)	1988
44.74c	Debbie Arthur (Esperanza)	44.5 1982
44.74c	Jill Young (Corona del Mar)	44.5 1990
44.76	Kerry O'Bric (Edison)	1996
44.76	*Erin Gerardo (Santa Margarita)	2016
44.80	Grace Esslinger (Dana Hills)	2009
44.82	Nancy Niewlandt (Valencia)	1984

44.84c	Marlene Lang (Fountain Valley)	44.6 1994
44.85	Sydney Elliott (Mission Viejo)	2011
44.86	Dana Padget (Esperanza)	2016
44.90	Coco Putnam (Laguna Beach)	2016
44.91	***Elinor Tolson (La Quinta)	1990
44.91	Skye Atchley (Orange Lutheran)	2009
44.91	**Alene Washington (Los Alamitos)	2023
44.92	Heaven Yoshino (Woodbridge)	1996
44.95	Kelly Grand (Los Amigos)	1986
44.96	Alexus Atchley (Yorba Linda)	2012
44.97	Shannon Bryant (Sonora)	1989
44.97	Elizabeth Bastos (El Toro)	2006
44.97	Kyndol Craver (Woodbridge)	2013
45.03	Brittany Hanrahan (Mater Dei)	2013
45.06	Lindsay Wells (Mater Dei)	2000
45.06	*Audrey Kays (Mission Viejo)	2024
45.09	Charis Wondercjeck (Pacifica Christian)	2023
45.10	Emilie Winkel (Santa Margarita)	2006
45.11	Laurie Hagan (Dana Hills)	1983
45.11	Claire Banfield (San Juan Hills)	2024
45.14	Sahla Cook (Mission Viejo)	2016
45.15	*Jocelyn Parkinson (St Margaret's)	2001
45.16	Jordan Agnew (Los Alamitos)	2013
45.19	*Suzanne Kerho (Mission Viejo)	1988
45.19	* Clara Atkins (Esperanza)	2008
45.21	Lauren Wilson (Esperanza)	2005
45.21	*Tori Oloro (Northwood)	2019
45.22	*Sue Delacy (Newport)	1982
45.23	*Paige Damron (Corona del Mar)	2018
45.26	Michelle Wicker (Trabuco Hills)	2010
45.26	Tori Usgaard (Dana Hills)	2012
45.27	Ann Kissinger (Marina)	1988
45.27	Delphia Moore (Orange)	1994
45.33	Julie Kroenig (Costa Mesa)	2000
45.34c	Jocelyn Lee (Irvine)	45.1 1983
45.34c	**Trish Aubuchon (Esperanza)	45.1 1983
45.34c	Natalie Roy (Mission Viejo)	45.1 2007
45.34	* Jessica Bragg (El Toro)	2008
45.35	Tiffany Pransky (Orange Lutheran)	2005
45.35	*Isabella Ales (Troy)	2019
45.36	*Lisa Knott (Sonora)	1991
45.36	*Nicole Lomeli (Esperanza)	1998
45.36	* Breana Nielson (Mission Viejo)	2006
45.36	*Natalie Ward (Newport)	2014
45.36	*Sophia Morris (Santa Margarita)	2019
45.38	*Taylor Stokes (University)	1996
45.39	*Mariah Durian (Esperanza)	2011
45.42	*Claire Phillips (Santa Margarita)	2024
45.47	Alexandra Sciarra (Crean Lutheran)	2010
45.48+	Kim Collins (Tustin)	45.5y 1985
45.48	Hailey Bond (Edison)	2014
45.52	*Lily McCann (Aliso Niguel)	2019
45.53	*Aaliyah Banner (Buena Park)	2014
45.54c	Sharon Attlesey (Newport)	45.3 1986
45.57	* Cassidy Gayner (Newport)	2007
45.61	Nicole Yergler (Santa Margarita)	2005
45.62	Alex McCarten (San Clemente)	1997
45.62	*Janel Laudat (Woodbridge)	1999
45.64	Tasha Walker (El Dorado)	1994
45.65	*Lauren Willingham (Los Alamitos)	2017
45.68	Kathy Laverling (Fullerton)	1982
45.70	** Natalie Ward (Newport)	2013
45.70	Connie Barrett (El Toro)	2018
45.72	**Jill Linhart (Capo Valley)	1986
45.72	*Cristina Ohaeri (Esperanza)	1995
45.73	* Beartriz Delgadillo (Esperanza)	2009
45.73	***Isabella Vance (Los Alamitos)	2023
45.74+	**Kathy Kelly (Canyon)	45.8y 1983
45.75	*Mila Schulenburg (Irvine)	1997
45.75	* Elizabeth Ramsey (Huntington Beach)	2009
45.76	*Madison Goerlinger (Villa Park)	2018
45.78	*Galen Ames (El Modena)	1984
45.78	*Michelle Foglia (Esperanza)	2003
45.79	**Emma Kratzberg (Corona del Mar)	2014
45.79	**Emily Garner (Woodbridge)	2017

46.79	Megan Dunakin (Aliso Niguel)	2022	46.57	Kennedy	2005
45.80	Paige Sorensen (Rosary)	2024	46.82	Trabuco Hills	2010
45.81	Misha Vincent (Orange)	2010	46.91	Los Alamitos	2015
45.83	*Hilary Mann (Mission Viejo)	1990	46.97	Trabuco Hills	2023
45.83	*Riley Bennyworth (Edison)	2015	46.99	Santa Margarita	2016
45.84c	Laura Knight (Loara)	45.6 1982	47.13	Woodbridge	1995
45.84c	**Natalie Roy (Mission Viejo)	45.6 2005	47.23	Mater Dei	2014
45.85	Daria Shkel (University)	2017	47.25	Trabuco Hills	2009
45.85	*Beth Merkle (Mission Viejo)	1994	47.37	Mater Dei	2024
45.85	Ashleigh Gunderman (Mater Dei)	2005	47.39	Mater Dei	2013
45.90	***Liana Fuentes (Cypress)	2005	47.40	Woodbridge	1997
45.92	Kathy Kelly (Dana Hills)	1989	47.40	Mater Dei	2017
45.92	Chloe Waters (San Clemente)	2024	47.42	Los Alamitos	2019
45.93	Amanda Fleskoski (Mission Viejo)	2000	47.43	Santa Margarita	2018
45.94c	Sherrie Ray (Loara)	45.7 1982	47.43	Santa Margarita	2019
45.94c	Kristen Schertzer (Woodbridge)	45.7 1988	47.45	Dana Hills	2018
45.96	*Jessica Elizalde-Rendon (Santa Margarita)	2019	47.50	Rosary	2023
45.97	**Jennifer Konowal (Huntington Beach)	1998	47.50	Rosary	2024
45.97	Ryann Beveridge (Aliso Niguel)	2018	47.53	Dana Hills	2019
46.00	*Michelle Urabe (Mater Dei)	2009	47.55	Mater Dei	2015
46.02	Cara Brookhouse (El Modena)	1989	47.56	Mater Dei	2018
46.02	**Milda Mikuleviciute (El Dorado)	2012	47.57	El Toro	2016
46.04c	*Sara Morton (Irvine)	45.8 1983	47.60	Trabuco Hills	2024
46.04c	Tucker	45.8 1983	47.61	Santa Margarita	2024
46.04	** Natalie Fyke (Esperanza)	2008	47.65	Edison	1984
46.04	Autumn Tanaguchi (Marina)	2011	47.70+	SA Valley	47.98y 1979
46.06	*Elle Cruikshank (Foothill)	2002	47.70	Kennedy	2004
46.07	Colleen Gamblin (Esperanza)	1986	47.74	Mission Viejo	1995
46.07	Brooklyn Paxson (Fountain Valley)	2010	47.77	Capo Valley	2011
46.08+	**D'Layne Kerr (Corona del Mar)	46.1y 1986	47.79	Mater Dei	2016
46.11	Madelleine Lisebland (Woodbridge)	1990	47.82	El Toro	2015
46.11	**Lidia Major (Santa Margarita)	2021	47.82	Santa Margarita	2015
46.12	Katie Hill (Mission Viejo)	2002	47.86	Mission Viejo	2022
46.13	Jaycee Mahler (Corona del Mar)	2001	47.92	Mission Viejo	2019
46.15	Alana Palacio (Villa Park)	1993	47.93	Mission Viejo	2023
46.16	Renee Wright (Orange Lutheran)	1991	47.98	Mater Dei	2011
46.16	*Jordan Agnew (Los Alamitos)	2012	47.98	Woodbridge	2019
46.17	*** Brittany Swank (Foothill)	1997	48.02	Aliso Niguel	2005
46.17	Nadia Sine (Woodbridge)	2014	48.02	Los Alamitos	2018
46.19	Megan Scanlon (Troy)	1999	48.03	Capo Valley	2012
46.19	**Brianna Mikalson (Los Alamitos)	2012	48.04c	El Toro	47.9 2011
46.20	Marissa Perez (Saddleback)	2014	48.04+	SA Valley	48.32y 1978
46.23	* Kyle Wolff (Woodbridge)	2007	48.04	Mater Dei	2012
46.24	**Anne Hinman (Capo Valley)	2011	48.08	Yorba Linda	2018
46.24	Rachel Gagnon (Oxford Academy)	2017	48.12	Canyon	2014
46.26	Megan McQuaid (Woodbridge)	1997	48.14c	Mission Viejo	48.0 2011
46.26	Madison Klovstad (El Modena)	2003	48.15	Canyon	2011
46.27	** Megan Jones (Dana Hills)	2009	48.15	Mission Viejo	2012
46.28	*Claire Banfield (San Juan Hills)	2023	48.17	Irvine	2013
46.29	*Trista Marquez (Dana Hills)	2004	48.17	Mission Viejo	2015
46.30	**Sherie Moore (Los Alamitos)	1992	48.18	Cypress	2007
46.31	Sherifa Cox (Los Alamitos)	1991	48.19	Esperanza	1988
46.31	Cheyenne Perez (Los Alamitos)	2011	48.19	Troy	2009
46.31	Chloe Solomua (Aliso Niguel)	2019	48.21	Saddleback	1982
46.31	Jessica Elizaide-Rendon (Santa Margarita)	2020	48.21	Capo Valley	2010
46.31	*Kayla Carrasco (Trabuco Hills)	2024	48.22	Aliso Niguel	2018
46.32	Sandy Springer (Los Amigos)	1983	48.24c	Capo Valley	48.1 2009
46.32	*Susan Pettus (Marina)	1995	48.24	Dana Hills	2013
46.32	*Lahondy Avery (Orange Lutheran)	2017	48.24	Mission Viejo	2016
46.33	*Kristine Okerero (Foothill)	2017	48.26	Kennedy	2003
46.33	*Chloe Veneziano (Santa Margarita)	2024	48.29	Dana Hills	2014
46.34c	Tanya Buchanan (Fountain Valley)	46.1 1986	48.30	Mission Viejo	2018
46.34c	Arcela Diaz (Saddleback)	46.1 1988	48.33	Dana Hills	2008
46.34	*Shannon Dean (Mission Viejo)	1991	48.34+	Edison	48.5y 1977
46.34c	*Jamie Lenehan (El Modena)	46.1 2000	48.34	SA Valley	1999
46.35	*Rene Wright (Orange Lutheran)	1990	48.37	Irvine	2011
			48.39	El Toro	2017
			48.40	Los Alamitos	2014
			48.441	Trabuco Hills	2022
			48.44+	Newport	48.6y 1975
			48.45	Woodbridge	1994
			48.45	Northwood	2016
			48.45	Yorba Linda	2017
			48.48	Cypress	2015
			48.48	Rosary	2016
400 meter Low Hurdles					
61.63	Chris Davenport (Troy)	1979			
63.22	Emily Waller (Woodbridge)	2021			
65.77	Auitumn Taniguchi (Marina)	2011			
4 x 100 meter Relay					
46.28	Santa Margarita	2017			

48.48	Beckman		2019	48.97	San Clemente		2011
48.49	SA Valley		1997	48.97	Mission Viejo		201
48.49	Cypress		2008	48.98	Los Alamitos		2009
48.50	Trabuco Hills		2017	48.99	Western		2003
48.50	Los Alamitos		2022	48.99	Woodbridge		2004
48.51	Mission Viejo		1988	49.00	Dana Hills		2006
48.52	SA Valley		1982	49.00	Mater Dei		2021
48.52	Woodbridge		2005	49.00	Canyon		2023
48.52	Northwood		2013	49.01	Woodbridge		1988
48.55	Corona del Mar		2005	49.01	Los Alamitos		2012
48.55	Trabuco Hills		2015	49.01	Dana Hills		2012
48.59	Mater Dei		2009	49.02	Marina		2009
48.59	Mater Dei		2023	49.02	Orange Lutheran		2012
48.60	Woodbridge		1999	49.03	La Habra		1984
48.60	Mater Dei		2010	49.03	Mission Viejo		2004
48.60	Cypress		2014	49.03	Santa Margarita		2014
48.61	Santa Margarita		2003	49.03	Orange Lutheran		2019
48.61	Santa Margarita		2013	49.04c	Santa Margarita	48.9	1998
48.61	Trabuco Hills		2016	49.04c	Dana Hills	48.9	2007
48.62	Cypress		2006	49.04	Aliso Niguel		2015
48.62	Dana Hills		2007	49.04	Fountain Valley		2016
48.62	Canyon		2013	49.05	Woodbridge		1989
48.63	Woodbridge		2017	49.05	Esperanza		1990
48.64c	Woodbridge	48.5	1998	49.05	Mission Viejo		2014
48.64c	Mission Viejo	48.5	2010	49.06	Villa Park		2015
48.64	Los Alamitos		2016	49.06	Beckman		2017
48.64	Woodbridge		2018	49.06	Edison		2023
48.64	San Clemente		2018	49.07	Northwood		2014
48.64	Rosary		2022	49.08	University		2005
48.65	Santa Margarita		2011	49.08	Troy		2014
48.66	Esperanza		1983	49.08	Los Alamitos		2021
48.67	Los Alamitos		2010	49.09	Edison		2000
48.68	Los Alamitos		2005	49.09	Santa Margarita		2004
48.69	Valencia		1983	49.10	Aliso Niguel		2003
48.69	Irvine		2012	49.10	Brea		2012
48.70	Western		2008	49.10	El Toro		2012
48.70	Woodbridge		2013	49.10	San Clemente		2019
48.74+	El Toro	48.9y	1977	49.11+	Irvine	49.40y	1980
48.74	Los Alamitos		2017	49.11	Los Alamitos		2013
48.75	El Modena		2000	49.11	Villa Park		2023
48.75	San Clemente		2012	49.12	Yorba Linda		2019
48.78	Esperanza		2000	49.13	Kennedy		2002
48.78	Santa Margarita		2000	49.14	El Modena		1999
48.79	Esperanza		1995	49.16	University		1981
48.79	Edison		1995	49.16	Canyon		1993
48.81	El Toro		2013	49.17	Irvine		1981
48.82	Mission Viejo		1992	49.17	Mission Viejo		1990
48.82	Laguna Hills		2016	49.19	Aliso Niguel		2001
48.83	Woodbridge		1990	49.19	Trabuco Hills		2002
48.83	Mission Viejo		2024	49.20	Capo Valley		1998
48.84	Mission Viejo		1989	49.21+	Huntington Beach	49.49y	1979
48.85	Esperanza		2001	49.21	Aliso Niguel		2006
48.85	Santa Margarita		2012	49.21	Sonora		2008
48.86	Capo Valley		1997	49.21	El Toro		2021
48.86	Esperanza		1999	49.22	Edison		2011
48.86	Woodbridge		2001	49.23	Newport		1992
48.86	Corona del Mar		2004	49.24c	Brea	49.1	1997
48.86	Fountain Valley		2017	49.24	Cypress		2001
48.86	Corona del Mar		2024	49.24	Yorba Linda		2023
48.87	Fountain Valley		1978	49.25	Brea		2002
48.87	Fountain Valley		2013	49.25	Aliso Niguel		2019
48.87	Villa Park		2022	49.26	Canyon		2009
48.88	Mission Viejo		2013	49.27	St Margaret's		2022
48.89	Laguna Hills		2008	49.50	El Toro		2022
48.89	Orange Lutheran		2011	49.29	Esperanza		2002
48.89	Mission Viejo		2017	49.29	El Toro		2018
48.91	Yorba Linda		2015	49.30	Brea		2013
48.91	Aliso Niguel		2017	49.30	Mission Viejo		2020
48.92	Woodbridge		1996	49.30	Woodbridge		2023
48.92	Cypress		2012	49.31	Mission Viejo		2009
48.94	Trabuco Hills		2008	49.31	Yorba Linda		2016
48.94	Trabuco Hills		2011	49.31	University		2017
48.95	Cypress		2013	49.31	Laguna Beach		2018
48.95	Aliso Niguel		2024	49.32	Aliso Niguel		2002
48.96	Esperanza		1985	49.32	Aliso Niguel		2004

49.32	Cypress		2004
49.32	Brea		2011
49.32	Marina		2011
49.32	Villa Park		2024
49.34	Trabuco Hills		1998
49.34c	Mission Viejo	49.2	1987
49.34	Mission Viejo		2003
49.34	Mission Viejo		2006
49.34c	Mission Viejo	49.2	2007
49.34	Brea		2008
49.34	Orange Lutheran		2008
49.36+	Capo Valley	49.64y	1979
49.36+	Edison	49.5y	1979
49.36	El Toro		2005
49.36	Cypress		2011
49.36	Northwood		2022
49.37	Fountain Valley		2009
49.38	University		1982
49.38	Los Alamitos		1993
49.38	Irvine		2000
49.38	Capo Valley		2013
49.38	Fountain Valley		2014
49.39	Edison		1978
49.39	SA Valley		1981
49.39	El Toro		2006
49.39	Orange Lutheran		2022
49.39	Northwood		2017
49.39	Northwood		2024
49.40	Mater Dei		1997
49.40	Woodbridge		2003
49.40	San Clemente		2013
49.41	Aliso Niguel		2012
49.41	Troy		2013
49.41	El Modena		2016
49.41	Cypress		2022
49.41	Aliso Niguel		2022
49.42	Santa Margarita		2010
49.42	Beckman		2018
49.42	Fountain Valley		2022
49.43	Santa Margarita		2002
49.43	Aliso Niguel		2016
49.43	Fountain Valley		2023
49.44c	Mission Viejo	49.3	1986
49.44c	Esperanza	49.3	1987
49.44	Santa Margarita		1994
49.44	Canyon		2005
49.45	Irvine		1986
49.45	Woodbridge		2012
49.46+	SA Valley	49.6y	1977
49.46	Fountain Valley		1992
49.46	SA Valley		2001
49.46	Los Alamitos		2004
49.46	St Margaret's		2018
49.46	Edison		2019
49.47	Dana Hills		2009
49.47	Fullerton		2017
49.47	Edison		2018
49.48	Mission Viejo		2005
49.48	Sonora		2014
49.48	Cypress		2019
49.49	Saddleback		1981
49.49	Mater Dei		1997
49.49	Brea		2009
49.49	Laguna Beach		2019

4 x 200 meter Relay

1:41.07	Rosary		2023
1:41.99	Santa Margarita		2015
1:41.99	Los Alamitos		2019
1:42.09	Santa Margarita		2024
1:42.47	Trabuco Hills		2024
1:42.66	Rosary		2024
1:43.31	Trabuco Hills		2023

1:43.7	Trabuco Hills		2009
1:44.34	Mission Viejo		2018
1:44.74	Mission Viejo		2017
1:44.77	Trabuco Hills		2022
1:44.96	Los Alamitos		2021
1:45.89	Northwood		2020
1:46.17	Mission Viejo		2020
1:46.19	Santa Margarita		2023
1:46.90	El Modena		2021
1:46.87	Dana Hills		2022
1:47.34	Dana Hills		2021
1:47.62	Los Alamitos		2024
1:48.06	Canyon		2022
1:48.11	Beckman		2021
1:48.21	Yorba Linda		2023
1:48.34	Aliso Niguel		2018
1:48.66	Woodbridge		2018
1:48.72	Woodbridge		2020
1:48.93	El Modena		2022

4 x 400 meter Relay (Mixed)

3:33.87	J Serra		2024
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4 x 400 meter Relay

3:46.42	J Serra		2024
	<i>(State Third Place)</i>		
3:46.67	Dana Hills		2017
3:47.11	Dana Hills		2019
3:47.31	Mission Viejo		2016
3:47.68	Dana Hills		2018
3:47.82	Santa Margarita		2017
3:48.28	Corona del Mar		1988
3:48.60	Mater Dei		2014
3:48.89	Mission Viejo		1986
3:48.97	Los Alamitos		2015
3:48.98	Mater Dei		2013
3:48.99	El Toro		2005
3:49.1 +	Fountain Valley	3:50.4y	1979
3:49.45	Edison		1983
3:49.45	Woodbridge		2007
3:49.71	Canyon		1983
3:49.60	Dana Hills		2014
3:49.88	Mater Dei		2012
3:49.88	Santa Margarita		2016
3:50.22	Mater Dei		2011
3:50.58	Woodbridge		2008
3:50.70	Aliso Niguel		2007
3:51.00	Santa Margarita		2013
3:51.07	Mission Viejo		2014
3:51.13	Kennedy		2005
3:50.3 +	SA Valley	3:51.6y	1989
3:51.21	Esperanza		1982
3:51.3	Edison		1982
3:51.49	Aliso Niguel		2006
3:51.57	Woodbridge		1988
3:57.57	J Serra		2023
3:51.59	Mission Viejo		2017
3:51.62	Mission Viejo		2015
3:51.63	Edison		1984
3:51.86	Yorba Linda		2017
3:52.13	Fountain Valley		2015
3:52.15	Santa Margarita		2015
3:52.19	Woodbridge		1997
3:52.27	Santa Margarita		2019
3:52.68	Esperanza		2001
3:52.93	Esperanza		1990
3:52.98	Santa Margarita		2008
3:53.02	Yorba Linda		2018
3:53.03	Woodbridge		2014
3:53.35	Los Alamitos		2011
3:53.37	Irvine		2011
3:53.40	Woodbridge		1987
3:53.65	Mission Viejo		2006

3:53.62	Dana Hills	2009		3:57.12	Esperanza	2005
3:53.71	El Toro	2015		3:57.20	El Toro	2003
3:53.8 +	Esperanza	1976	3:55.1y	3:57.22	Corona del Mar	1986
3:53.80	Corona del Mar	1987		3:57.20	Foothill	1995
3:53.87	Troy	2009		3:57.33	Corona del Mar	2004
3:53.9	SA Valley	1978		3:57.39	Mission Viejo	2013
3:53.96	Esperanza	1985		3:57.38	Orange Lutheran	2006
3:53.99	San Clemente	2010		3:57.4 +	University	3:58.7y 1979
3:54.03	Woodbridge	2005		3:57.4	Esperanza	1989
3:54.04	Dana Hills	2016		3:57.47	Woodbridge	1998
3:54.06	Orange Lutheran	2007		3:50.50	Dana Hills	2011
3:54.08	Los Alamitos	2010		3:57.51	Edison	1995
3:54.22	Aliso Niguel	2005		3:57.54	Brea	1998
3:54.30	Yorba Linda	2016		3:57.6	El Toro	1981
3:54.52	Trabuco Hills	2010		3:57.60	Santa Margarita	2012
3:54.54	Woodbridge	2017		3:57.65	Newport	1997
3:54.59	El Toro	2004		3:57.72	El Toro	2006
3:54.60	Capo Valley	2010		3:57.74	Santa Margarita	2018
3:54.62	Woodbridge	1986		3:57.77	Capo Valley	2009
3:54.78	Esperanza	1981		3:57.78	SA Valley	1999
3:54.79	Mission Viejo	2008		3:57.83	Woodbridge	2013
3:54.82	El Toro	2002		3:57.88	Mission Viejo	2010
3:54.83	University	1982		3:57.91	Esperanza	2000
3:54.85	Los Alamitos	2016		3:57.95	El Toro	2021
3:55.08	Corona del Mar	2010		3:57.96	Irvine	2012
3:55.13	Esperanza	1983		3:57.99	Mater Dei	2009
3:55.13	Santa Margarita	1999		3:58.05	Corona del Mar	1985
3:55.17	Corona del Mar	2005		3:58.05	Corona del Mar	2003
3:55.19	Esperanza	1996		3:58.05	Northwood	2017
3:55.27	Edison	1986		3:58.06	Mater Dei	2001
3:55.29	Corona del Mar	2000		3:58.08	Los Alamitos	2009
3:55.32	Dana Hills	2003		3:58.12	Northwood	2016
3:55.33	Woodbridge	1995		3:58.19	Beckman	2019
3:55.33	Santa Margarita	2003		3:58.20	Brea	2003
3:55.43	Santa Margarita	2005		3:58.22	Trabuco Hills	2009
3:55.45	Woodbridge	2016		3:58.23	Dana Hills	2005
3:55.50	Western	2008		3:58.24	Santa Margarita	2001
3:55.55	Fountain Valley	2019		3:58.24	Aliso Niguel	2015
3:55.58	Mater Dei	2002		3:58.27	San Clemente	2012
3:55.58	Woodbridge	2019		3:58.32	Mater Dei	2000
3:55.59	Santa Margarita	2002		3:58.38	Sunny Hills	1997
3:55.62	Woodbridge	1990		3:58.41	San Juan Hills	2010
3:55.73	Laguna Hills	1993		3:58.49	El Toro	1982
3:55.8 +	Esperanza	1976	3:57.1y	3:58.50	Trabuco Hills	2005
3:55.89	Capo Valley	2005		3:58.5 +	El Toro	3:59.8y 1977
3:55.90	Aliso Niguel	2018		3:58.60	Esperanza	2007
3:56.92	Canyon	2013		3:58.61	Corona del Mar	1998
3:55.94	Mission Viejo	2018		3:58.63	Capo Valley	1981
3:55.96	Woodbridge	1999		3:58.63	Santa Margarita	2004
3:55.98	Mission Viejo	2009		3:58.65	Esperanza	1984
3:56.02	Corona del Mar	2006		3:58.65	San Clemente	2011
3:56.07	Mission Viejo	1989		3:58.65	San Clemente	2017
3:56.12	Mission Viejo	2019		3:58.66	Aliso Niguel	2009
3:56.25	Western	2003		3:58.7	Dana Hills	2008
3:56.27	Marina	2011		3:58.71	Mater Dei	2015
3:56.33	Costa Mesa	1982		3:58.74	Fountain Valley	2006
3:56.34	Mater Dei	2003		3:58.76	El Toro	2016
3:56.37	Newport	2015		3:58.8	University	1980
3:56.42	Marina	2010		3:58.82	Dana Hills	2015
3:56.55	Mission Viejo	1990		3:58.84	Aliso Niguel	2019
3:56.64	Newport	2003		3:58.84	Dana Hills	2022
3:56.86	J Serra	2022		3:58.84	Newport	2024
3:56.92	Woodbridge	1996		3:58.9	Cypress	2006
3:56.99	Esperanza	1988		3:59.00	Woodbridge	2011
3:56.01	Orange Lutheran	2010		3:59.01	El Toro	2022
3:57.01	Mater Dei	2010		3:59.04	Mission Viejo	1984
3:57.03	Woodbridge	2005		3:59.08	San Juan Hills	2012
3:57.07	Trabuco Hills	2017		3:59.10	El Dorado	1993
3:57.07	Aliso Niguel	2017		3:59.11	Capo Valley	2004
3:57.08	Orange Lutheran	2005		3:59.13	Corona del Mar	1999
3:57.09	San Clemente	2009		3:59.15	Orange Lutheran	2007
3:57.1 +	Estancia	1979	3:58.4y	3:59.16	Aliso Niguel	2001

3:59.18	Edison	1993
3:59.22	Fountain Valley	2014
3:59.20	Mission Viejo	2024
3:59.24	Corona del Mar	2008
3:59.26	Dana Hills	1986
3:59.30	Woodbridge	2001
3:59.33	Mission Viejo	2011
3:59.34	Fountain Valley	2022
3:59.40	Northwood	2024
3:59.46	Capo Valley	2013
3:59.46	Mater Dei	2016
3:59.49	Western	2002
3:59.5	El Toro	1983
3:59.50	SA Valley	2001
3:59.52	Orange Lutheran	2009
3:59.52	El Toro	2017
3:59.55	Corona del Mar	2009
3:59.60	Capo Valley	1987
3:59.61	Corona del Mar	1989
3:59.62	San Juan Hills	2016
3:59.63	Esperanza	1995
3:59.72	SA Valley	2000
3:59.73	Irvine	1984
3:59.73	Esperanza	2006
3:59.79	Laguna Beach	1980
3:59.80	Mission Viejo	2022
3:59.8	Mission Viejo	2007
3:59.81	Aliso Niguel	2011
3:59.87	Newport	2009
3:59.88	Newport	2001
3:59.88	Northwood	2010
3:59.85	Mater Dei	2004
3:59.85	Laguna Beach	2015
3:59.89	Rosary	2024
3:59.92	Mission Viejo	1992
3:59.94	Trabuco Hills	2016

Sprint Medley (1600m)

3:27.24	Tesoro	2019
3:58.63	Los Alamitos	2015
4:02.36	Los Alamitos	2018
4:02.55	Los Alamitos	2019
4:03.90	Edison	1983
4:05.60	Dana Hills	2017
4:05.95	Trabuco Hills	2024
4:06.39	Dana Hills	2014
4:07.58	San Juan Hills	2012
4:07.80	Woodbridge	2017
4:07.93	Yorba Linda	2019
4:07.94	Woodbridge	2016
4:08.20	Los Alamitos	2016
4:09.14	Mater Dei	2011
4:09.28	Woodbridge	2012
4:10.53	San Juan Hills	2013
4:10.54	Dana Hills	2012
4:10.66	Mater Dei	2013
4:10.97	Trabuco Hills	2010
4:11.26	Mission Viejo	2016
4:11.52	Woodbridge	2013
4:11.54	Mission Viejo	1986
4:11.54	Fountain Valley	2006
4:12.32	Dana Hills	2008
4:12.41	Edison	1984
4:12.75	Villa Park	2012
4:13.00	Marina	2010
4:13.44	Los Alamitos	2017
4:13.66	San Clemente	2019
4:13.73	Marina	2019
4:14.59	Los Alamitos	2013
4:14.61	Los Alamitos	2023
4:15.12	Woodbridge	2012
4:16.31	Los Alamitos	2011
4:16.58	Brea	2011

4:16.74	Mission Viejo	2015
4:17.14	Trabuco Hills	2023
4:17.28	Villa Park	2016
4:17.65	Northwood	2022
4:17.65	J Serra	2022
4:17.85	Woodbridge	2011
4:17.93	Tesoro	2017
4:18.38	Northwood	2019
4:18.47	Los Alamitos	2010
4:18.58	Rosary	2008
4:18.70	Yorba Linda	2016
4:18.71	Fountain Valley	2015
4:19.04	El Toro	2021
4:19.21	Villa Park	2022
4:19.54	Yorba Linda	2020
4:19.78	San Clemente	2015
4:19.82	Orange Lutheran	2010

4 x 800 meter Relay

8:52.26	J Serra	2023
8:52.68	J Serra	2022
8:54.14	J Serra	2024
9:10.00	Mission Viejo	2017
9:10.70	Foothill	1983
9:11.31	Mission Viejo	2019
9:15.12	J Serra	2021
9:16.09	Trabuco Hills	2023
9:19.33	Dana Hills	2014
9:19.70	Los Alamitos	2017
9:21.17	Dana Hills	2015
9:21.28	Canyon	2021
9:21.55	Dana Hills	2019
9:23.21	Mission Viejo	2018
9:24.31	J Serra "B"	2023
9:24.82	Dana Hills	2023
9:25.37	Fountain Valley	2005
9:28.10	El Toro	2004
9:28.20	Mission Viejo	2016
9:28.39	Mission Viejo	2014
9:30.22	Trabuco Hills	2010
9:30.64	Tesoro	2010
9:30.69	Dana Hills	2013
9:31.19	Dana Hills	2009
9:31.4	Fountain Valley	2006
9:31.43	El Toro	2005
9:31.44	Mission Viejo	2006
9:31.71	Mission Viejo	2013
9:32.18	Los Alamitos	2015
9:32.22	El Toro	2018
9:32.66	El Toro	2003
9:32.80	Tesoro	2013
9:32.96	Brea	2003
9:33.28	Dana Hills	2018
9:33.66	Santa Margarita	2019
9:34.37	Orange Lutheran	2007
9:35.36	Dana Hills	2017
9:35.52	Dana Hills	2024
9:35.72	Laguna Hills	2012
9:35.91	Los Alamitos	2021
9:36.11	Los Alamitos	2023
9:36.16	Los Alamitos	2018
9:36.31	Laguna Hills	2014
9:36.38	Marina	2021
9:37.22	Dana Hills	2011
9:37.39	Fountain Valley	2004
9:37.44	El Modena	2008
9:37.96	J Serra "B"	2024
9:38.05	Woodbridge	2006
9:38.12	San Juan Hills	2011
9:38.67	Esperanza	2005
9:38.9	Edison	1986
9:39.16	Brea	2022
9:39.86	Trabuco Hills	2024

9:39.92	Los Alamitos	2024	9:53.48	Newport	2007
9:40.18	Tesoro	2024	9:53.5	El Toro	1995
9:40.33	San Clemente	2011	9:53.67	Northwood	2012
9:40.43	Costa Mesa	2014	9:53.69	Huntington Beach	2024
9:40.57	El Modena	1998	9:54.1	Mater Dei	1986
9:40.71	Esperanza	2003	9:54.1	Edison	1994
9:40.78	Tesoro	2015	9:54.48	Foothill	2011
9:41.0	Foothill	1989	9:54.69	Fountain Valley	2010
9:41.1	Mater Dei	1989	9:54.81	Marina	2022
9:41.11	Mission Viejo	2020	9:54.83	Northwood	2016
9:41.16	Brea	2004	9:54.9	Fountain Valley	1996
9:41.67	Los Alamitos	2019	9:55.04	Tesoro	2017
9:41.84	Santa Margarita	2004	9:55.3	Fountain Valley	1993
9:41.9	Edison	1985	9:55.30	University	1998
9:42.20	Fountain Valley	2008	9:55.38	Santa Margarita	2011
9:42.31	Dana Hills	2016	9:55.42	Newport	2006
9:42.34	Newport	2014	9:55.8	El Modena	1988
9:42.49	San Clemente	2024	9:56.00	El Modena	1999
9:42.5	Fountain Valley	1983	9:56.46	Northwood	2021
9:42.85	Orange Lutheran	2010	9:56.77	Santa Margarita	2002
9:42.9 +	Foothill	9:46.4y 1981	9:57.1	Edison	1983
9:43.02	Brea	2022	9:57.20	Santa Margarita	2013
9:43.65	Mission Viejo	2015	9:57.3	Woodbridge	1991
9:43.7	Tustin	1982	9:57.40	Edison	2013
9:43.86	Esperanza	1985	9:57.56	Tesoro	2011
9:43.91	Marina	2009	9:57.69	El Toro	2020
9:44.01	J Serra	2020	9:57.76	Woodbridge	2014
9:44.19	Dana Hills	2002	9:57.80	Orange Lutheran	2008
9:44.37	Newport	2005	9:57.82	Esperanza	2006
9:44.4	University	1981	9:57.9	Katella	1982
9:44.71	Laguna Beach	2014	9:57.9	Los Alamitos	2009
9:44.93	Corona del Mar	2008	9:57.96	Foothill	2002
9:45.05	Beckman	2021	9:57.97	Mission Viejo	1998
9:45.32	Brea	2005	9:58.0	Sonora	1981
9:45.40	Edison	2008	9:58.09	Mission Viejo	1996
9:45.51	Los Alamitos	2022	9:58.1	El Toro	2000
9:45.82	Santa Margarita	2008	9:58.11	Trabuco Hills	2019
9:46.4	El Toro	1992	9:58.25	Fountain Valley	2014
9:46.7	Edison	1991	9:58.9	Trabuco Hills	2009
9:46.75	Orange Lutheran	2009	9:59.0	Pacifica	2000
9:46.89	Fountain Valley	2007	9:59.00	Yorba Linda	2024
9:46.92	Edison	2004	9:59.3	Edison	1993
9:47.21	Dana Hills	2006	9:59.43	Fullerton	2024
9:47.00	Woodbridge	2024			
9:47.27	San Juan Hills	2010			
9:47.39	Esperanza	2010			
9:47.67	Dana Hills	2010			
9:47.71	San Juan Hills	2016			
9:48.01	Aliso Niguel	2019			
9:48.04	Woodbridge	2019			
9:48.3	SA Valley	1989			
9:49.0	Santa Margarita	1994			
9:49.24	Brea	1998			
9:49.24	Dana Hills	2022			
9:49.34	Mission Viejo	2007			
9:49.4	Woodbridge	2002			
9:49.59	San Juan Hills	2015			
9:49.6	Corona del Mar	1993			
9:49.60	El Toro	2011			
9:49.8	Corona del Mar	1994			
9:50.34	Los Alamitos	2020			
9:50.4 +	Tustin	9:53.9y 1981			
9:50.48	El Modena	1996			
9:50.73	Canyon	2018			
9:51.94	Mission Viejo ::B:	2018			
9:52.0	Esperanza	1998			
9:52.03	El Modena	1995			
9:52.1	Irvine	1985			
9:52.10	Edison	2022			
9:52.5	Canyon	1994			
9:52.58	Dana Hills	2004			
9:52.58	Los Alamitos	2011			
9:52.74	Brea	2020			
9:53.0	Edison	2006			
9:53.01	Corona del Mar	2010			
9:53.40	Mater Dei	2024			

Distance Medley

11:34.65	Corona del Mar	2006
11:38.25	Mission Viejo	2019
11:41.28	Corona del Mar	2007
11:42.07	Corona del Mar	2005
11:43.53	University	1982
11:47.39	Dana Hills	2009
11:49.24	J Serra	2022
11:52.09	Newport	2024
11:52.45	J Serra	2023
11:52.99	El Toro	2017
11:54.43	J Serra	2021
11:55.21	Woodbridge	2006
11:59.03	Corona del Mar	2010
12:00.09	J Serra	2024
12:00.48	Dana Hills	2022
12:00.71	Mission Viejo	2016
12:01.32	Marina	2012
12:02.27	Esperanza	2009
12:04.3	Fountain Valley	1980
12:04.83	Tesoro	2015
12:06.29	Esperanza	2002
12:06.45	Esperanza	1995
12:06.51	Edison	2012
12:06.84	San Clemente	2009
12:06.89	J Serra "B"	2022
12:07.0	Edison	1984
12:07.21	Fountain Valley	2006
12:08.22	Orange Lutheran	2009
12:08.64	El Toro	2004

12:08.93	Woodbridge	2005	12:28.60	Trabuco Hills	2013
12:09.0	Edison	1980	12:28.86	Brea	2020
12:09.37	Edison	1992	12:29.01	Edison	1984
12:09.54	Foothill	1983	12:29.44	Brea	2003
12:10.11	Esperanza	2008	12:29.94	San Clemente	2012
12:10.37	Esperanza	2003	12:30.21	Fountain Valley	2022
12:10.58	Trabuco Hills	2009	12:30.26	Marina	2014
12:10.59	Edison	2006	12:30.40	La Quinta	1987
12:10.81	Trabuco Hills	2012	12:30.3	Laguna Beach	1981
12:11.12	J Serra "B"	2023	12:30.62	Los Alamitos	2021
12:11.37	Esperanza	2001	12:30.73	J Serra "C"	2024
12:12.26	Corona del Mar	2000	12:30.76	J Serra	2017
12:12.70	Dana Hills	2016	12:30.98	Ocean View	1992
12:13.07	Edison	2007	12:31.10	Marina	2011
12:13.14	Mission Viejo	2017	12:31.18	Edison	1993
12:14.17	Santa Margarita	2001	12:31.19	Dana Hills	2014
12:14.24	Orange Lutheran	2011	12:31.33	Edison	1982
12:14.40	University	1996	12:31.95	Orange Lutheran	2010
12:14.58	Marina	2021	12:32.05	Capo Valley	1981
12:14.61	Trabuco Hills	2010	12:32.19	Fountain Valley	2010
12:14.73	Esperanza	2010	12:32.24	Foothill	2011
12:15.07	Esperanza	1994	12:32.27	Laguna Hills	2013
11:15.41	Trabuco Hills	2023	12:32.34	Mission Viejo	2020
12:15.58	San Clemente	2011	12:32.42	Beckman	2023
12:16.13	Tesoro	2016	12:32.60	El Toro	2013
12:16.18	Corona del Mar	2009	12:32.77	Brea	2017
12:16.32	Marina	2013	12:32.9	Fountain Valley	2002
12:16.36	Edison	1983	12:33.17	University	1998
12:16.6	Edison	1982	12:33.47	Northwood	2016
12:17.00	Dana Hills	2015	12:33.49	Newport	1984
12:17.59	Newport	2014	12:33.58	Foothill	2013
12:17.83	El Toro	2016	12:34.05	Edison	2008
12:17.95	Trabuco Hills	2011	12:34.21	J Serra	2020
12:18.10	San Juan Hills	2012	12:34.47	Tesoro	2024
12:18.84	Mission Viejo	2018	12:34.78	Esperanza	2014
12:18.89	San Juan Hills	2016	12:35.0	Foothill	1979
12:18.63	Corona del Mar	2008	12:35.11	Brea	2004
12:20.41	Fountain Valley	2005	12:35.23	Ocean view	1993
12:20.46	Woodbridge	2004	12:35.25	Fountain Valley	2012
12:20.64	Capo Valley	2015	12:35.44	Orange Lutheran	2020
12:21.01	Brea	2008	12:35.40	Newport	1985
12:21.1	University	1983	12:35.49	Trabuco Hills	2007
12:21.18	Woodbridge	2008	12:35.57	El Modena	1993
12:21.24	Trabuco Hills	2015	12:35.61	Newport	1986
12:22.10	Trabuco Hills	2020	12:35.99	Esperanza	2007
12:22.22	San Clemente	2010	12:36.0	University	1979
12:22.49	J Serra "B"	2024	12:36.00	Dana Hills	2017
12:23.60	Edison	2015	12:36.10	Fountain Valley	2003
12:23.63	Dana Hills	2013	12:36.19	Edison	2010
12:22.64	Fountain Valley	2008	12:36.23	Woodbridge	2013
12:23.04	Fountain Valley	2011	12:36.58	Edison	1986
12:23.63	Trabuco Hills	2024	12:36.79	Woodbridge	2012
12:23.67	Dana Hills	2002	12:36.83	El Modena	1995
12:23.7	Foothill	1980	12:36.88	Orange Lutheran	2021
12:23.95	El Toro	2003	12:37.75	Canyon	2009
12:24.07	Woodbridge	2003	12:37.97	Newport	2005
12:24.07	Fountain Valley	2021	12:38.01	Tesoro	2017
12:24.61	Edison	1985	12:38.09	El Toro	2005
12:24.86	Brea	2019	12:38.51	Dana Hills	2023
12:24.90	Santa Margarita	2004	12:38.60	Capo Valley	2000
12:25.07	Woodbridge	1991			
12:25.2	Laguna Hills	1993			
12:25.30	Irvine	1984			
12:25.43	Brea	2002			
12:25.68	Dana Hills	2011			
12:25.89	Brea	2005			
12:26.51	Ocean View	1986			
12:26.91	Newport	2006			
12:27.2	Edison	1981			
12:27.33	sNorthwood	2021			
12:27.78	Capo Valley	2016			
12:28.10	Costa Mesa	1992			
12:28.32	Woodbridge	2001			
12:28.35	Edison	2005			
12:28.5	Esperanza	1983			

4 x 1500 meter Relay

18:52.5	University	1982
19:39.5	Edison	1984
19:42.5	Edison	1985
19:43.2	University	1983
19:51.4	Edison	1983
19:57.8	University	1981
20:01.7	Esperanza	1985
20:33.5	Tustin	1984
21:11.5	Tustin	1985

4 x 1600 meter Relay

20:17.73	J Serra		2022	21:39.14+	Orange Lutheran	21:46.71y	2006
20:20.38	Corona del Mar		2005	21:39.47	Los Alamitos		2013
20:39.16+	Dana Hills	20:46.38y	2009	21:39.61+	Capo Valley	21:47.20y	2010
20:51.68	Capo Valley		2014	21:39.91	Laguna Beach		2014
20:52.13	Orange Lutheran		2010	21:40.01	San Juan Hills		2017
20:53.48	Trabuco Hills		2009	21:41.07	Canyon		2012
20:55.59+	Orange Lutheran	21:02.92y	2008	21:41.30	Cypress		2004
20:56.04	El Toro		2017	21:41.92	Santa Margarita		2003
20:58.02	Trabuco Hills		2011	21:42.36	Laguna Beach		2015
21:00.07	Marina		2011	21:42.97+	Fountain Valley	21:50.57y	2004
21:02.57	El Toro		2024	21:43.14+	Trabuco Hills	21:50.75y	2007
21:05.34	Canyon		2016	21:43.55+	Los Alamitos	21:51.16y	2010
21:06.18	Orange Lutheran		2007	21:43.72	Trabuco Hills		2012
21:06.77	El Toro		2013	21:44.28	Brea		2016
21:08.02	Fountain Valley		2014	21:44.69	Trabuco Hills		2015
21:08.12	Capo Valley		2015	21:46.06	Trabuco Hills		2017
21:09.10+	Trabuco Hills		2009	21:46.35	Edison		1995
21:09.57	El Toro		2014	21:46.37+	Trabuco Hills	21:54.00y	2010
21:09.57	Esperanza		2015	21:46.5	Esperanza		1986
21:10.15	Dana Hills	21:17.56y	2006	21:46.60	Capo Valley		2018
21:11.10+	Dana Hills	21:18.52y	2008	21:46.74	Dana Hills		2016
21:11.12	Laguna Hills		2015	21:47.19+	Canyon	21:54.82y	2010
21:11.58	Laguna Hills		2017	21:47.28+	Edison	21:54.91y	1984
21:12.49	Trabuco Hills		2014	21:47.44+	Mission Viejo	21:55.06y	2006
21:13.49	Canyon		2013	21:48.10	Capo Valley		2011
21:14.1+	Tustin	21:19.7y	1985	21:48.22	Tesoro		2019
21:14.44	Fountain Valley		2013	21:49.13	Bolsa Grande		2012
21:14.83	El Toro		2016	21:49.17	J Serra		2018
21:15.76	El Toro		2019	21:49.47	Bolsa Grande		2015
21:16.13	Huntington Beach		2022	21:50.9	Dana Hills		1996
21:16.27	Dana Hills		2012	21:51.78	Dana Hills		2022
21:17.81	Laguna Hills		2012	21:52.27+	Edison	21:59.92y	2006
21:18.15	Dana Hills		2011	21:52.49	Fountain Valley		2012
21:18.34	Marina		2012	21:52.76	Fountain Valley		2007
21:18.38	Corona del Mar		2001	21:53.10	El Modena		1996
21:18.90	El Toro		2012	21:53.85	Dana Hills		2005
21:20.7	Edison		1986	21:54.60	San Juan Hills		2011
21:21.15	Dana Hills		2014	21:54.73	Dana Hills		2015
21:21.20	Fountain Valley		2011	21:54.78	Tesoro		2012
21:21.84+	El Toro	21:29.33y	2008	21:54.80	Mission Viejo		2017
21:22.2	Edison		1994	21:55.8	El Modena		1993
21:22.56	Laguna Hills		2018	21:55.92	Laguna Hills		2019
21:22.83+	Trabuco Hills	21:30.32y	2008	21:56.5	Irvine		1992
21:22.95	San Clemente		2024	21:57.4	Esperanza		1998
21:23.70	Dana Hills	21:40.08y	2010	21:58.02	Trabuco Hills		2016
21:24.25	Canyon		2011	21:58.7	SA Valley		1989
21:24.33+	Fountain Valley	21:31.83y	2008	21:59.17	Woodbridge		2016
21:25.40+	Newport	21:32.89y	2006	21:59.37	Laguna Beach		2018
21:25.45	El Toro		2018				
21:25.57+	El Modena	21:33.08y	2008				
21:26.32	Laguna Hills		2014				
21:26.93+	Esperanza	21:34.45y	2007				
21:28.34	Woodbridge		2012				
21:28.85	Laguna Hills		2022				
21:29.30	Laguna Beach		2013				
21:29.38	Canyon		2017				
21:29.62	Newport		2015				
21:30.17	Marina		2013				
21:31.19+	Santa Margarita	21:38.73y	2008				
21:31.70	Trabuco Hills		2013				
21:31.81	Bolsa Grande		2013				
21:32.89+	Fountain Valley	21:40.43y	2006				
21:33.08	Dana Hills		2013				
21:33.67	Capo Valley		2013				
21:34.0	Costa Mesa		1981				
21:34.1	Tustin		1981				
21:36.2	Corona del Mar		1993				
21:37.51	Marina		2014				
21:37.91+	Fountain Valley	21:45.48y	2005				
21:38.20+	Edison	21:45.77y	2004				
21:36.58	Brea		2017				

High Jump

6-2	Sharon Day (Costa Mesa)	2003
	<i>(*02 & '03 State Champion)</i>	
6-0	* Yleana Carrasco (Anaheim)	1985
	<i>(State Champion)</i>	
5-11	** Ursula Lovely (Kennedy)	1985
5-10.75	* Kristy Kierulff (Esperanza)	1994
	<i>(*92 & '94 State Champion)</i>	
5-10.75	Lori Svoboda (El Dorado)	1989
5-10.5	Tayyiba Haneef (Laguna Hills)	1997
	<i>(State Champion)</i>	
5-10	Laura Campbell (Troy)	1981
5-10	Debbie Orr (Ocean View)	1986
5-10	* Melissa McDonald (Mater Dei)	1990
5-10	** Misty May (Newport)	1993
5-10	** Rachel Ziemann (Edison)	2000
5-9	Ann Erpenbeck (Huntington Beach)	1978
5-9	* Terri McCunniff (Newport)	1980
5-9	** Tina Bowman (Newport)	1993
5-9	Darnisha Griffith (Trabuco Hills)	1998
5-9	Krishna Curtis (Tustin)	2005
5-9	Jasmin Day (Costa Mesa)	2006
	<i>(State Champion)</i>	
5-8.5	** Laura Mills (University)	1980

[illegible]

11-10	** Claire Hawkins (Santa Margarita)	2008	11-1	Anika Magula (Marina)	2024
11-10	Mackenzie McRoberts (Mater Dei)	2011	11-0	*Michelle McCaslin (Marina)	1997
11-10	Sara Greene (Mater Dei)	2012	11-0	Christine Von der Ahe (Santa Margarita)	2000
11-10	Brooke Anger (Los Alamitos)	2017	11-0	Alexis Jaime (Laguna Hills)	2000
11-10	**Chloe Smith (San Clemente)	2024	11-0	* Elisa Liana (Katella)	2001
11-9	Chrissy Vandoornum (Huntington Beach)	2007	11-0	*Lindsay Steinriede (Dana Hills)	2002
11-9	Melissa Morris (Cypress)	2008	11-0	** Brenna Martin (Katella)	2002
11-9	Haley Stauber (Rosary)	2010	11-0	Tracie Nakagawa (Brea)	2002
11-9	Amy Loschiavo (Huntington Beach)	2011	11-0	DeeDee Chan (Capo Valley)	2004
11-9	Isabela Lozowski (Trabuco Hills)	2012	11-0	* Hilary Pohlman (Huntington Beach)	2004
11-9	Peri Howser (Newport)	2013	11-0	** Rachel Tears (Santa Margarita)	2005
11-9	Julie Johnson (Mater Dei)	2013	11-0	Chelsea Ravitch (Trabuco Hills)	2005
11-9	Celeste Taylor (St Margaret's)	2022	11-0	Kristina Fryar (Fountain Valley)	2006
11-9	Natalia Wilson (Trabuco Hills)	2022	11-0	Molly Mahony (Rosary)	2008
11-9	Kalea Brown (Northwood)	2022	11-0	** Kate Johnson (Mater Dei)	2008
11-9	**Sophia Alagha (Beckman)	2024	11-0	Vanessa Chin (El Toro)	2008
11-8	Caroline Rebello (Marina)	2000	11-0	Q. Chang (El Toro)	2008
11-8	Jessie Lucier (Santa Margarita)	2006	11-0	Lisa Dolan (Edison)	2008
11-8	Katie Morte (Mater Dei)	2006	11-0	*Grace Boyer (Mater Dei)	2012
11-8	Kate Johnson (Mater Dei)	2010	11-0	Kaylie Welch (Mater Dei)	2012
11-7	Christin Shibley (Trabuco Hills)	2004	11-0	*Natalie Grabowski (Santa Margarita)	2012
11-7	Christina Jacamu (Marina)	2007	11-0	Ashley Prevett (Edison)	2013
11-7	Kao Claire (Dana Hills)	2015	11-0	*Nicole Katzaroff (Mater Dei)	2014
11-7	McKaay Ketchum (Newport)	2024	11-0	Niguel Ziegler (Trabuco Hills)	2016
11-7	*Justine King (Newport)	2024	11-0	Melissa Scott (Beckman)	2016
11-7	Alyssa Kolbeck (Capo Valley)	2024	11-0	Alison Young (Huntington Beach)(	2018
11-6	Tricia Gutierrez (Esperanza)	1998	11-0	Amari Turner (Los Alamitos)	2019
11-6	Kris-Erin Canary (Corona del Mar)	2002	11-0	**Sierra Adams (San Clemente)	2019
11-6	Megan Jamerson (Santa Margarita)	2004	11-0	**Natalie Barnes (Santa Margarita)	2019
11-6	Mac Lean (Edison)	2004	11-0	*Ashley Harritt (Foothill)	2019
11-6	Jocelyn Do (Marina)	2004	11-0	*Isabella Teh (Trabuco Hills)	2020
11-6	*** Katie Adams (Aliso Niguel)	2005	11-0	Shannon Strassman (Corona del Mar)	2021
11-6	** Alexa Ward (Los Alamitos)	2006	11-0	Colleen Schmitt (Rosary)	2023
11-6	* Hillary Van Ert (Capo Valley)	2007	11-0	**Cassidy Nguyen (Los Alamitos)	2024
11-6	Allison Krugman (Newport)	2011	10-10	Catalina Dunmeyer (Trabuco Hills)	2011
11-6	Grace Boyer (Mater Dei)	2013	10-10	* Chrstina Clark (Mission Viejo)	2013
11-6	Brittany Henderson (Mission Viejo)	2014	10-9	Kelly McCormick (Dana Hills)	2011
11-6	*Erin McAndrews (Mater Dei)	2015	10-9	Chloe Roy (Edison)	2014
11-6	*Ella Hampson (Dana Hills)	2015	10-9	Erica Davis (Fountain Valley)	2014
11-6	*Nina Espeleta (Huntington Beach)	2017	10-9	**Nina Espeleta (Huntington Beach)	2016
11-6	Camdyn Roberts (Trabuco Hills)	2017	10-9	Natalia Cieply (Mission Viejo)	2017
11-6	Jenny Kroeger (Mission Viejo)	2019	10-9	*Madison Wong (Woodbridge)	2018
11-6	Avery Karner (Dana Hills)	2021	10-9	SophiaZarcone (Mater Dei)	2020
11-6	Nathalie Barnes (Santa Margarita)	2021	10-9	Morgan Yee (Trabuco Hills)	2020
11-6	Isabelle The (Trabuco Hills)	2021	10-9	*Ella Hodson (Marina)	2021
11-6	**Charley Giacobetti (J Serra)	2022	10-9	Lauren Mededith (Villa Park)	2022
11-6	Allison Karner (Dana Hills)	2022	10-9	*Sophia Chiaverini (J Serra)	2023
11-6	Karen Maceranka (Laguna Hills)	2024	10-9	***Helena Reuter (J Serra)	2023
11-4	Noelle Smith (Huntington Beach)	2013	10-8	Michelle Urabe (Mater Dei)	2010
11-4	Madi Bragg (El Toro)	2013	10-8	*Peri Howser (Newport)	2012
11-4	*Keri Lindstrom (Capo Valley)	2017	10-8	Ashley Harrit (Foothill)	2020
11-4	*Sophia Zarcone (Mater Dei)	2019	10-8	Natalie Ng (Portola)	2021
11-4	*Bridget Bourdon (J Serra)	2023	10-8	Kelsi Hardy (San Clemente)	2024
11-4	*Charley Giacobetti (J Serra)	2023	10-7	** Kristen Purcha (Katella)	2002
11-4	**Kendall Chew (Woodbridge)	2024	10-7	Kelly Meyer (Mater Dei)	2008
11-3	Missy Burley (Rosary)	2007	10-7	** Siara Fabbri (Newport)	2009
11-3	Cheryl Smith (Trabuco Hills)	2009	10-7	** Evelyn Villa (Orange Lutheran)	2013
11-3	Monica Danielson (Edison)	2011	10-7	Janae Mudge (Trabuco Hills)	2015
11-3	Mikaela Morris (El Toro)	2012	10-7	*Grace Clemence (Newport)	2015
11-3	* Diana Fujii (Mater Dei)	2013	10-7	**Olivia Chung (Beckman)	2018
11-3	*Lillie Boyer (Mater Dei)	2017	10-7	Hayley Gardner (Trabuco Hills)	2018
11-3	*Celeste Taylor (St Margaret's)	2021	10-7	Kylie Takasaki (Aliso Niguel)	2022
11-2	*Lindsay Steinriede (Dana Hills)	2003	10-7	**Scarlett Biondillo (San Juan Hills)	2023
11-2	Lauren Walker (Huntington Beach)	2006	10-7	Charley Giacobetti (J Serra)	2024
11-2	Sierra Adams (San Clemente)	2021	10-7	**Brody Jacobs (Newport)	2024
11-2	**Daniella Mondino (Fountain valley)	2024	10-6	Stephanie Heup (Marina)	1996
11-1	Becky Beal (Fountain Valley)	2007	10-6	** Kristine Burns (Mission Viejo)	1998
11-1	* Micah Fein (Laguna Hills)	2007	10-6	Lisa Fellers (Irvine)	1998
11-1	Christina Jakimiw (Marina)	2007	10-6	Michelle McCastlin (Marina)	1998
11-1	* Caroline Yin (Edison)	2009	10-6	** Crystal Richardson (Foothill)	1998
11-1	Hannah Chang (San Clemente)	2015	10-6	Jenny Thompson (Woodbridge)	1998
11-1	Nicole Gehring (Mater Dei)	2016	10-6	Natalie Hallett (Marina)	1998
11-1	Allison Millar (Los Alamitos)	2019	10-6	Michelle Noble (Irvine)	1999
11-1	**Helena Reuter (J Serra)	2024	10-6	Vanessa Duquette (Mater Dei)	2000
11-1	***Adi Rusin (J Serra)	2024	10-6	Cathryn Perkins (Edison)	2000

10-6	* Kriserin Lanary (Corona del Mar)	2001	19-0.5	Shannon McGinnis (Canyon)	1983
10-6	*** Jannae Bennett (Foothill)	2002	19-0.25	Kristy Kierulff (Esperanza)	1995
10-6	Alissa Miller (Laguna Hills)	2002	19-2	** Erin Stovall (Woodbridge)	1995
10-6	* Breanna Martin (Katella)	2003	18-10.75	**Alice Franklin (SA Valley)	1979
10-6	*Joanna Burley (Rosary)	2003	18-10.75	Janel Nguyen (Bolsa Grande)	2018
10-6	*Samantha Lin (Brea)	2003	18-10.5	Lily Ebanks (Valencia)	2015
10-6	*** Katelyn Beighton (Los Alamitos)	2004	18-10.5	*Sophia Hartwell (Orange Lutheran)	2019
10-6	*Katie Adams (Aliso Niguel)	2004	18-10.25	***Jade McDonald (Mater Dei)	2018
10-6	***Amy Wallace (Santa Margarita)	2006	18-10.25	**Madison Lyon (Woodbridge)	2018
10-6	Takymín (Marina)	2007	18-10	Cheryl Henderson (Fountain Valley)	1984
10-6	Megan Churlonis (Dana Hills)	2007	18-9.75	***Jada Faison (Rosary)	2023
10-6	Mary Garrett (Los Alamitos)	2008	18-9	Danielle Brown (Sunny Hills)	1991
10-6	Lauren Lask (Aliso Niguel)	2008	18-8.5	**Lauren Memoly (Santa Margarita)	2019
10-6	Rachel Mahler (Trabuco Hills)	2008	18-8.5	Caroline Glessing (Corona del Mar)	2022
10-6	Claire Harper (Mater Dei)	2009	18-8.25	Joie Robinson (Capo Valley)	2019
10-6	Kelli Gibson (El Toro)	2010	18-7.75	Jada Gatlin (Mission Viejo)	2023
10-6	* Katherine Shepherd (Orange Lutheran)	2013	18-7.5	Sophia Chiamonte (Mater Dei)	2019
10-6	*Sara Maloney (Mission Viejo)	2014	18-7	*Simran Malhotra (Woodbridge)	2018
10-6	Cierra Sloate (Edison)	2014	18-6.75	***Madison Forbes (Mater Dei)	2021
10-6	*Janae Mudge (Trabuco Hills)	2014	18-6.5	Julie Steele (Troy)	1997
10-6	**Callie Wilcox (Tesoro)	2015	18-6.5	*Dominque Ruotolo (Home Sch)	2017
10-6	Nicole Gehring (Mater Dei)	2015	18-6.25	*Jennifer Gillespie (Cypress)	1981
10-6	**Natalie Cieply (Mission Viejo)	2015	18-6	Michelle Kelly (Irvine)	1979
10-6	*Jenna Brewer (Capo Valley)	2016	18-6	Roxy Meyer (Dana Hills)	2024
10-6	Ariana Zormeier (Yorba Linda)	2016	18-5.75	*Madison Lyon (Woodbridge)	2019
10-6	**Keri Lindstrom (Capo Valley)	2016	18-5	Allison Franke (Canyon)	1989
10-6	*Amanda Mohr (Troy)	2016	18-5	Monica Todd (Trabuco Hills)	2010
10-6	**Kirra Schulz (San Clemente)	2017	18-5.25	Kellie May (Northwood)	2017
10-6	Julianna Kolk (Trabuco Hills)	2017	18-4.75	Ashley Voisinet (Mater Dei)	2003
10-6	Delaney Ashbrook (Rosary)	2018	18-4.5	Thelma Viagar (Los Alamitos)	1980
10-6	Peyton Herrera (St Margaret's)	2018	18-4.5	*Debbie Knight (La Habra)	1984
10-6	*Isabella Chio (Santa Margarita)	2018	18-4.5	Ashley Fletcher (Loara)	2005
10-6	***Shannon Strassman (Corona del Mar)	2018	18-4.25	*Tracy Hanlon (Edison)	1979
10-6	*Katrina Espeleta (Huntington Beach)	2019	18-4.25	*Jordan Agnew (Los Alamitos)	2012
10-6	**Kenzie Stanton (Mater Dei)	2019	18-4	Erin Pike (Kennedy)	1977
10-6	***Celeste Taylor (St Margret's)	2019	18-3.75	*Madison Forbes (Mater Dei)	2023
10-6	Madison Wong (Woodbridge)	2019	18-3.5	* Mellisa McDonald (Mater Dei)	1990
10-6	Jessica Deutsch (Capo Valley)	2019	18-3.5	* Kristen Kiefer (Capo Valley)	2006
10-6	*Danielle Patron (Foothill)	2019	18-3.5	Celine Smith (Mission Viejo)	2015
10-6	**Ella Cork (Orange Lutheran)	2019	18-3.25	*Allison Axtell (Mission Viejo)	1989
10-6	**Shannon Strassmann (Corona del Mar)	2019	18-3.25	*Alexis Turley-Young (Canyon)	2015
10-6	*Jordyn Cruz (Los Alamitos)	2020	18-3	Sandy Lucas (Corona del Mar)	1988
10-6	Jennifer Kroseger (Misison Viejo)	2020	18-3	** Bonnie Sorensen (Huntington Beach)	2005
10-6	Ashley Hagihara (El Toro)	2020	18-2.75	* Amber Moore (Aliso Niguel)	2004
10-6	*Isabella Abrahams (Fountain Valley)	2022	18-2.75	Kelli Godin (Mater Dei)	2018
10-6	Jada Taylor (Mater Dei)	2022	18-2.5	Ronda Colbert (Fountain Valley)	1980
10-6	***Christine Schick (Marina)	2022	18-2.5	***Kim Walulik (Edison)	1982
10-6	Allison Karner (Dana Hills)	2023	18-2.5	Penny Franklin (SA Valley)	1983
10-6	*Scarlett Biondolillo (San Juan Hills)	2024	18-2.5	Brenda Robinson (SA Valley)	1990
10-6	Jasmin Pina (Capo Valley)	2024	18-2.5	Eurie Jennings (Edison)	2000
10-6	Mackenna Borba (Orange Lutheran)	2024	18-2.5	*Maddie Jocson (Tesoro)	2018
			18-2.25	* Marina Laymon (La Habra)	1981
			18-2.25	Taylor Ashmore (Mater Dei)	2016
			18-1.75	Jiao Tsai (Corona del Mar)	1980
			18-1.75	Kimmie Conner (Dana Hills)	2010
			18-1.5	***Kris Dietz (Sonora)	1978
			18-1.5	Lynnda Kelley (Irvine)	1981
			18-1.5	Bonnie Mercer (SA Valley)	1980
			18-1.5	Joy McDonnell (Tustin)	1980
			18-1.5	Rochelle Snyder (Fountain Valley)	1982
			18-1.5	* Kim Taylor (Valencia)	1984
			18-1.5	Quinna Starr (Savanna)	1999
			18-1.5	Elizabeth Weeks (Santa Margarita)	2017
			18-1.75	Alexis Richmond (Portola)	2023
			18-0.75	Hanna Barmettler (J Serra)	2023
			18-1	Sue Kruse (Newport)	1976
			18-1	**Skyler Serrano (Beckman)	2023
			18-0.5	***Kaitlynn Johnson (El Toro)	2015
			18-0.25	Tammy Graham (Mission Viejo)	1991
			18-0	* Lilli Bess (Huntington Beach)	1983
			18-0	* Samantha Toomey (Capo Valley)	1987
			18-0	Ashley Selman (Foothill)	1987
			18-0	* Catherine Soto (Mater Dei)	1989
			18-0	Tynisha Edwards (Foothill)	1999
			17-11.75	Alysse Phillips (Cypress)	1984

Long Jump

20-8.75	Kim Attlesley (Corona del Mar)	1971
	(1972 USA Munich {Olympian})	
19-2.75	Dominique Ruotolo (Mater Dei)	2018
19-9	Lisa Gouridine (El Toro)	1977
	(State Champion)	
19-9	Kerry O'Bric (Edison)	1996
19-8.75	Kelly O'Connor (Esperanza)	1996
19-8.5	Heather Sterlin (Mission Viejo)	1992
19-7.75	*Emily Psarras (Mission Viejo)	2022
19-7.5	* Tara Oettinger (Foothill)	1994
	(State Champion)	
19-7.25	** *Michelle Sanford (Woodbridge)	2000
	(State Champion—Fresh year)	
19-6	**Vicki Almeida (Troy)	1978
19-4.75	Darnisha Griffith (Trabuco Hills)	1998
19-3.25	Sharon Hatfield (Fountain Valley)	1982
19-3.25	***Ashley Bethel (Mission Viejo)	1995
19-3	Dana Bethel (Mission Viejo)	2001
19-0.75	Alison Parsons (Los Alamitos)	2016
19-0.5	** Sabrina Pendleton (Mission Viejo)	1979

17-11.75	Mackenzie Kirk (Los Alamitos)	2022	18-7	**Skyler Serrano (Beckman)	2023
17-11.25	Green (Canyon)	1989	18-6.5	Amber Moore (Aliso Niguel)	2005
17-11.25	Tiffany Liu (Corona del Mar)	2007	18-6	***Kaitlynn Johnson (El Toro)	2015
17-11	Tracy Hanlon (Edison)	1980	18-5	Bree Smentkowski (Huntington Beach)	2018
17-11	**Lori Smith (Canyon)	1987	18-4.5	*Madison Lyon (Woodbridge)	2019
17-11	* Sarah Toomey (Capo Valley)	1990	18-4.25	Emily Huynh (Oxford Academy)	2016
17-11	Reanita Starr (Savanna)	2000	18-4	Kelli Godin (Mater Dei)	2018
17-11	** Allison Sarrell (Brethren Christian)	2001	18-3.5	**Sophia Hartwell (Pacifica)	2018
17-11	Nicole Chiem (Beckman)	2023	18-3.25	Denise Smith (Tustin)	1979
17-10.75	*Laura Mills (University)	1980	18-3	Jiao Tsai (Corona del Mar)	1980
17-10.75	*Jade Galloway (Los Alamitos)	2017	18-2.5	*Caroline Glessing (Corona del Mar)	2021
17-10.5	Jennifer Bailey (Anaheim)	1985	18-2	* Samantha Toomey (Capo Valley)	1987
17-10.5	Kiana Henry (Canyon)	2011	18-1.75	Marcie Salze (Laguna Hills)	2006
17-10.25	Tomoko Nishioka (Marina)	1996	18-1.75	Taylor Hypolite (El Toro)	2011
17-10	* Quinna Starr (Savanna)	1998	18-1.5	Hannah Duarte (Mission Viejo)	2016
17-10	Crystal Davis (Savanna)	2001	18-1.5	**Kosi Onuigbo (Troy)	2024
17-10	Kristen Woepse (Woodbridge)	2005	18-1	* Kimmie Conner (Dana Hills)	2009
17-10	Taylor Eljenholm (Dana Hills)	2011	18-0.5	** Sheila Green (Canyon)	1988
17-10	Anna Lindsey (Edison)	2013	18-0.5	*Alex Gaines (Mission Viejo)	2010
17-10	*Mia Hummel (Canyon)	2014	18-0.5	Amy Heins (Troy)	2012
17-9.75	Marcie Salze (Laguna Hills)	2006	18-0	Bonnie Sorensen (Huntington Beach)	2007
17-9.5	Cheryl Czorny (University)	1973	18-0	Laura Hamann (Rosary)	2014
17-9.5	***Paula Tezak (La Habra)	1981	18-0	Maguela Miller (Orange)	2018
17-9.5	* Sierra Backus (University)	2004	17-11.5	* Taylor Fenton (Capo Valley)	2008
17-9.25	Tori Usgaard (Dana Hills)	2012	17-11.5	*Jade Gatlin (Mission Viejo)	2022
17-9	Joy Marimon (Newport)	1977	17-11.25	Breanna Moreno (Fountain Valley)	2018
17-9	McFall (Huntington Beach)	1978	17-11	* Maia Craver (Woodbridge)	2013
17-9	Debbie Orr (Ocean View)	1986	17-11	*Taylor Torellas (Edison)	2014
17-9	Clark (Calvary Chapel)	1996	17-10.5	Debbie Orr (Ocean View)	1986
17-9	Megan Horn (Crean)	2018	17-10.25	Cira Wright (Kennedy)	2000
17-9	**Maya Woolforde (J Serra)	2024	17-10	Marina Laymon (La Habra)	1981
17-8.75	Pat Anderson (Valencia)	1972	Triple Jump		
17-8.75	Susan Guest (Troy)	1986	43-4.5	*Michelle Sanford (Woodbridge)	2001
17-8.75	Tanisha Maze (Brea)	1988		(<i>State Champion</i>)	
17-8.5	Nancy O'Neil (Villa Park)	1981	41-4.5	Dominique Ruotolo (Mater Dei)	2018
17-8.5	Gaylen Ames (El Modena)	1985	40-11.75	Kelly O'Connor (Esperanza)	1996
17-8.5	*** Victoria Ton (Northwood)	2004		(<i>State Champion</i>)	
17-8.5	Elizabeth Jezek (Mission Viejo)	2020	40-9	*Jada Gatlin (Mission Viejo)	2022
17-8.25	* Ashley Voisnet (Mater Dei)	2002	40-4	*Madison Lyon (Woodbridge)	2019
17-8	Cynthia Davis (Villa Park)	1979	40-2.25	***Jade McDonald (Mater Dei)	2018
17-8	* Tanya Ransom (El Toro)	1983	39-11.5	*Lisa Fager (Mission Viejo)	1989
17-8	Krishna Burgdorf (Capo Valley)	2004	39-9.5	Mackenzie Kirk (Los Alamitos)	2022
17-8	Brierra Winfrey (Trabuco Hills)	2011	39-8.25	Debbie Orr (Ocean View)	1986
17-8	Breanna Moreno (Fountain Valley)	2017	39-8	Kerry O'Bric (Edison)	1996
17-8	**Gabriella Salinas (Dana Hills)	2023	39-5.5	Kim Taylor (Valencia)	1985
17-7.75	***Noel Dula (Marina)	1997	39-5.5	Danielle Brown (Sunny Hills)	1991
17-7.5	Annette Brown (Saddleback)	1982	39-5.5	**Emily Garner (Woodbridge)	2017
17-7.50	*Roxanne Meyer (Dana Hills)	2023	39-5	*Sophia Hartwell (Orange Lutheran)	2019
17-7.25	* Val Macayan (Fountain Valley)	1981	39-4.75	Roxy Meyer (Dana Hills)	2024
17-7.25	*Jacqueline Faris (Dana Hills)	2017	39-1	* Courtney Stafford (Katella)	2000
17-7.25	Sarah Ayala (J Serra)	2019	38-11.75	Kellie May (Northwood)	2017
17-7	Lori Olsen (Western)	1985	38-11.25	***Darneshia Griffith (Trabuco Hills)	1995
17-7	Monica Fisher (El Toro)	1989	38-11	Marie Ingram (Aliso Niguel)	2006
17-7	Bianca James (Mater Dei)	2017	38-11	Elizabeth Weeks (Santa Margarita)	2017
17-7	Alexa Munoz (Trabuco Hills)	2017	38-10	* Gaylen Ames (El Modena)	1984
17-7	**Poebe Ladd (Woodbridge)	2019	38-9.25	Brenna Barker (Dana Hills)	2013
Wind-aided:			38-9	*Alexis Turley-Young (Canyon)	2015
20-8.75	* Michelle Sanford (Woodbridge)	2002	38-8.25	Melissa McDonald (Mater Dei)	1991
20-2.75	Dana Bethel (Mission Viejo)	2001	38-8.25	Jazmin Moss (Mater Dei)	2015
19-9	Heather Sterlin (Mission Viejo)	1992	38-8	Tammy Graham (Mission Viejo)	1991
19-9	Tara Oettinger (Foothill)	1995	38-7.5	**Sophia Hartwell (Pacifica)	2018
19-8.25	Alexa Thomson (Capo Valley)	2022	38-7.25	*Roxanne Meyer (Dana Hills)	2023
19-6.75	Alison Parsons (Los Alamitos)	2016	38-6.5	Alice Franklin (SA Valley)	1982
19-5.5	*Sophia Hartwell (Orange Lutheran)	2019	38-6.5	Tynisha Edwards (Foothill)	1999
19-0.75	**Alice Franklin (SA Valley)	1979	38-6.5	Jolie Robinson (Capo Valley)	2019
19-0.75	Megan Horn (Crean)	2018	38-5.75	Erica Dickson (Mission Viejo)	1996
19-1	*** Ashley Bethel (Mission Viejo)	1995	38-5.5	**Cassandra Smith (Trabuco Hills)	2010
19-0.5	Kristy Kierulff (Esperanza)	1995	38-5	Eurie Jennings (Edison)	2000
18-11	Alexis Turley-Young (Canyon)	2016	38-4.5	Allison Franke (Canyon)	1989
18-11	***Jade McDonald (Mater Dei)	2018	38-4.5	** Elizabeth Clayton (Newport)	2002
18-10.25	Emily Psarras (Mission Viejo)	2023	38-3.5	Monica Fisher (El Toro)	1989
18-9.25	***Madison Forbes (Mater Dei)	2021	38-3.25	Jamie Kirven (Woodbridge)	1985
18-9	Melissa McDonald (Mater Dei)	1991	38-2.5	Reanita Starr (Savanna)	2000
18-8	*Mia Hummel (Canyon)	2014	38-2.25	Michaela Schaeffer (Edison)	2013
18-7.75	Jade Galloway (Los Alamitos)	2018	38-2	Marilyn Anene (University)	2006
18-7.5	* Val Macayan (Fountain Valley)	1981	38-1.5	Cindy Oparah (Brethren Chrisitan)	1998
			38-1	Brenda Robinson (SA Valley)	1990
			38-1	Christina Murillo (Trabuco Hills)	2007

38-0.75	**Madison Forbes (Mater Dei)	2022	36-6.25	Tailor Dunigan (Mission Viejo)	2010
37-11.5	Karalyn Cheng (El Dorado)	2024	36-6	Tracy Wright (Irvine)	1986
37-11.25	Kyra Coley (Mater Dei)	2015	36-6	** Christina Ivey (Foothill)	1991
37-11	Doneisa Anderson (Tustin)	1987	36-6	Kara Theis (Orange Lutheran)	1992
37-11	Bianca James (Mater Dei)	2017	36-6	LaShieka Henderson (Trabuco Hills)	1995
37-10.75	**Leila Khoury (Foothill)	1994	36-6	** Jordyn Stoddard (Aliso Niguel)	2006
37-10.75	Amanda Shanklin (Santa Margarita)	1998	36-6	Taylor Eljenholm (Dana Hills)	2011
37-10.75	***Madison Forbess (Mater Dei)	2021	36-5.75	Holly Hutchinson (Mission Viejo)	1988
37-10.75	*Chelsie Churchill (St Margaret's)	2011	36-5.75	Jennifer Bandley (Los Alamitos)	2014
37-10	* Shay Alexander (Capo Valley)	2001	36-5.5	** Jessica Lyons (Capo Valley)	1998
37-9	* Kelsey Schuler (Katella)	2006	36-5.5	**Ivy Nguyen (Beckman)	2019
37-8	Sarah Mullenburg (Brethren Christian)	1999	36-5.5	Camila Padilla (Sonora)	2024
37-7.5	Anna Biele (Beckman)	2018	36-5.25	Jeanelle Wilson (Rosary)	2023
37-7.25	* Samantha Toomey (Capo Valley)	1987	36-5	Jenny Wooton (Marina)	1998
37-7.25	**Adienne Liu (Trabuco Hills)	2010	36-5	Jennifer Fairchild (Orange)	2001
37-7.25	**Dominique Ruoloto (Mater Dei)	2016	36-5	Alexa Munoz (Trabuco Hills)	2017
37-7	Penny Franklin (SA Valley)	1983	36-4.75	**Sheila Green (Canyon)	1988
37-7	Kirby Ruback (Tesoro)	2014	36-4.75	** Christina Murillo (Trabuco Hills)	2005
37-6.75	Cassandra Smith (Trabuco Hills)	2012	36-4.75	**Arletha Saiht (Beckman)	2017
37-6.5	Siera Backus (University)	2005	36-4.5	* Mychael Westervelt (Capo Valley)	1999
37-6.5	Kayla Mixon (Mater Dei)	2019	36-4.5	**Garryn Forde (Woodbridge)	2024
37-6	*Maddie Jocson (Tesoro)	2018	36-4.25	Erin Shepard (Santa Margarita)	2024
37-5.75	Elizabeth Cotociu (Pacifica)	2014	36-4	** Shemica Perkins (Tustin)	1995
37-5.5	Debbie Knight (La Habra)	1985	36-4	**Shayla Dumas (Kennedy)	2019
37-5	Samantha Seirano (Marina)	2004	36-3.5	* Xhristina Pham (University)	1993
37-5	Alex Thomson (Capo Valley)	2022	36-3.5	Nikki Kotey (Trabuco Hills)	2002
37-4.5	Susan Guest (Troy)	1986	36-3.5	Anna Lindsey (Edison)	2013
37-4.25	M.E. Clayton (Newport)	1997	36-2.75	* Tiffany Chandler (Foothill)	1986
37-4	** Eurie Jennings (Edison)	1998	36-2.5	**Nina Foster (Mission Viejo)	1992
37-3.5	* Tynisha Edwards (Foothill)	1998	36-2.5	Paula Pedrani (El Toro)	2016
37-2.5	* Ashley Voisinnet (Mater Dei)	2002	36-2.25	Whitney Nelson (El Dorado)	1987
37-2.25	**April Ross (Newport)	1998	36-2.25	* Jessica Lyons (Capo Valley)	1999
37-2.25	Laura Gordon (Sage Hill)	2005	36-2.25	**Shay Alexander (Capo Valley)	2000
37-2	Jennifer Michaelman (Laguna Hills)	2011	36-2.25	***Phallon Bakus (University)	2003
37-1.5	*Shundra Holland (Saddleback)	1986	36-2	Tami Chick (Huntington Beach)	1987
37-1.5	Aliyah Forbes (Mater Dei)	2016	36-2	**Maryjone Dinnie (Capo Valley)	1992
37-1.25	Megan McQuaid (Woodbridge)	1997	36-2	Tracy Thomas (SA Valley)	1992
37-1	Ashley Selman (Foothill)	1988	36-2	** Deidra Segura (El Toro)	1995
37-1	*** Marcia Fogg (Tustin)	1989	36-2	*Sumner Higgins (Dana Hills)	2015
37-1	Katie Mook (Foothill)	1995	36-2	**Kosi Onugbo (Troy)	2024
37-1	* Tiffany Liu (Corona del Mar)	2006	36-1.5	Chloe Soremekun (Cypress)	2011
37-0.5	Kristin Kulow (Capo Valley)	1987	36-1.25	Bailey Turk (Santa Margarita)	2012
37-0.5	Laura Clayton (Newport)	2007	36-1.25	Sophia Chiamonte (Mater Dei)	2017
37-0	Alison Parsons (Los Alamitos)	2016	36-1	Nina Speights (El Toro)	2004
37-0	*Mackenzie Kirk (Los Alamitos)	2021	36-1	*** Sara Mitchell (LaQuinta)	2006
36-11.5	**Nikki Charette (Mission Viejo)	1990	36-1	* Allison McCoy (Edison)	2009
36-11.5	*Amelia Gray (Villa Park)	2024	36-1	**Lora Bender (Fountain Valley)	2012
36-11	Debbie Geary (Cypress)	1983	36-1	Kayla Mixon (Mater Dei)	2018
36-11	**Jenny Wooton (Marina)	1996	36-0.5	** Cherris Gray (San Clemente)	1990
36-11	Christina Murillo (Trabuco Hills)	2007	36-0.25	* Jennifer Close (Marina)	1989
36-10.5	Tennli Ulicny (Brea)	1998	36-0.25	Christine Von Der Ahe (Santa Margarita)	2000
36-10.5	Maddie Jocson (Tesoro)	2019	36-0.5	*Courtnee Moreno (Fountain Valley)	2017
36-10.25	*Lara Wright (Esperanza)	1985	36-0.25	*Erin Biddiscombe (Santa Margarita)	2019
36-10	Danielle Brown (Sunny Hills)	1990	36-0	Teri Zanelli (Ocean View)	1986
36-10	Chelsie Churchill (St Margaret's)	2012	36-0	Vanessa Gardner (Mission Viejo)	2004
36-9.5	** Kristen Kiefer (Capo Valley)	2005	Wind-aided:		
36-9.25	Megan Horn (Crean)	2018	41-7	*Dominique Ruotolo (Home Sch)	2017
36-9	Joan Greve (Marina)	1992	40-11	Lisa Fager (Mission Viejo)	1990
36-9	Kim Duong (La Quinta)	2001	40-3	*Jada Gatlin (Mission Viejo)	2022
36-9	Amanda Kronquist (Brea)	2006	39-10	**Ryann Brown (Aliso Niguel)	2019
36-9	Elisa Trujillo (Brea)	2016	39-9.75	*Sophia Hartwell (Orange Lutheran)	2019
36-8.5	**Courtnee Moreno (Fountain Valley)	2016	39-9.5	Hannah Duarte (Mission Viejo)	2016
36-8	Alex Gaines (Mission Viejo)	2011	39-5.75	Michaela Schaeffer (Edison)	2013
36-7.75	Allyson Rahives (Rosary)	2017	39-5.5	Courtney Stafford (Katella)	2001
36-7.5	Kimmie Conner (Dana Hills)	2010	39-5	Cassandra Smith (Trabuco Hills)	2012
36-7	Tayler Cusick (Esperanza)	2003	39-3.25	Jamie Kirven (Woodbridge)	1985
36-7.75	Jamie Cuthbert-Allen (La Habra)	2001	39-2.5	** * Dameshia Griffith (Trabuco Hills)	1995
36-7.5	Young (Fountain Valley)	1987	39-2	***Kaylee Zych (Tesoro)	2017
36-7.5	Krista Widen (Irvine)	1990	38-10.5	* Erica Dickson (Mission Viejo)	1995
36-7	*Skyler Cazale (Calvary Chapel)	2024	38-10.5	*Brenna Barker (Dana Hills)	2012
36-6.75	*Ashley Rhorer (Santa Margarita)	2011	38-9	***Madison Forbes (Mater Dei)	2021
36-6.5	Ursula Lovely (Kennedy)	1987	38-4.75	*Michaela Schaeffer (Edison)	2012
36-6.5	Hilary Mann (Mission Viejo)	1991	38-2.75	Marilyn Anene (University)	2006
36-6.5	Ashley Fletcher (Loara)	2005	38-0.5	Christina Murillo (Trabuco Hills)	2007
36-6.25	Lori Lucas (Corona del Mar)	1987	37-11	*Chelsea Churchill (St Margaret's)	2011
36-6.25	* Erica Tillman (Esperanza)	2001			

37-11	* Lora Bender (Fountain Valley)	2013	46-9	Heidi Adams (Mission Viejo)	1985
37-10.5	*Maddie Jocson (Tesoro)	2018	46-8.75	Melissa Yunghans (Orange Lutheran)	2004
37-10.5	**Mackenzie Kirk (Los Alamitos)	2020	46-2	Faimalie Sale (Los Alamitos)	2018
37-10	Elisa Trujillo (Brea)	2016	46-1.5	Rosario Ramos (Anaheim)	1979
37-9.75	**Sarah Bonello (Foothill)	2021	46-0	**Jaslene Massey (Aliso Niguel)	2024
37-9	Debbie Knight (La Habra)	1985		<i>(State Third Place)</i>	
37-9	** Mandy Clayton (Newport)	1995	45-6.5	Hilary Fraser (El Toro)	2007
37-7.75	*Adrienne Liu (Trabuco Hills)	2011	44-10	Ava Butterbaugh (Mission Viejo)	2019
37-7.5	Lara Wright (Esperanza)	1986	44-9.5	*Alaysha Green (El Toro)	2016
37-7.25	Tiffany Liu (Corona del Mar)	2007	44-6	Erin Streater (Villa Park)	2002
37-7	Taylor Dunigan (Mission Viejo)	2010	44-4.75	Heather Quinn (El Toro)	2002
37-7	Elizabeth Cotociu (Pacifica)	2014	44-4.25	Priscilla Gardner (Mission Viejo)	2003
37-6	LaShieka Henderson (Trabuco Hills)	1995	44-3.5	Alexa Sheldon Edison)	2024
37-6	Jennifer Michaelman (Laguna Hills)	2011	44-3	Diane Clements (San Clemente)	1981
37-4.5	Alison Parsons (Los Alamitos)	2016	44-3	Sara Pettinger (Mission Viejo)	2021
37-4	**Jada Gatlin (Mission Viejo)	2021	44-1.5	Shelly Lovati (El Modena)	1986
37-1	*Amelia Gray (Villa Park)	2024	43-11.75	Kayla Smith (Villa Park)	2006
37-0.25	Jordyn Stoddard (Aliso Niguel)	2008	43-10.75	Jacque Norton (Mission Viejo)	1982
36-11	Anna Lindsey (Edison)	2013	43-6.25	Jaycee Olsen (Corona del Mar)	2010
36-11	*Skyler Cazale (Calvary Chapel)	2024	43-4.5	Rebel Tuinuknafe (Orange Lutheran)	2022
36-10	**Shayla Dumas (Kennedy)	2019	43-4.25	Luseane Makensesi (Katella)	2009
36-9.75	**Summer Higgins (Dana Hills)	2014	43-1	Celeste Paquette (Rancho Alamitos)	1985
36-9.5	*Ashley Rhorer (Santa Margarita)	2011	43-1	*Karie'h Wilson (Corona del Mar)	2011
36-9	Kristen McGregor (Marina)	2002	43-0.75	Sonja Bryant (Marina)	1996
36-9	Taylor Cusick (Esperanza)	2003	42-7.5	*Kathryn Plummer (Aliso Niguel)	2015
36-9	*Jole Robinson (Capo Valley)	2018	42-7	Karle'h Wilson (Corona del Mar)	2012
36-8.25	* Cassie Stanislaw (Woodbridge)	2006	42-5.75	* Priscilla Gardner (Mission Viejo)	2002
36-7.25	Jennifer Bandle (Los Alamitos)	2014	42-3	Courtney Brown (El Modena)	2010
36-7	Emily Huynh (Oxford Academy)	2016	42-3	Felicia Crenshaw (Costa Mesa)	2018
36-7	**Crystal Miller (Tustin)	2019	42-2.5	Suzanne Linn (Trabuco Hills)	1998
36-7	**Karalyn Cheng (El Dorado)	2022	42-2.5	Kate Hutchinson (San Clemente)	2003
36-6.75	Chloe Soremekun (Cypress)	2011	42-1	Kristin Dunn (Mission Viejo)	1990
36-6.5	Cherish Harris (Orange Lutheran)	2011	42-0.25	Tafi Togogae (Los Amigos)	1996
36-6	Amanda Torchia (Fountain Valley)	2016	42-0	Lisa Tamamasui (Westminster)	1991
36-5.75	Jordan Agnew (Los Alamitos)	2013	41-11.5	Leslee Briggs (Edison)	1989
36-5.5	* Erika Ebel (Orange Lutheran)	1991	41-10.5	Krista Dill (Newport)	2000
36-5.5	* Taylor Fenton (Capo Valley)	2008	41-7.5	Lynn Kelley (Irvine)	1981
36-5.5	Paula Pedrani (El Toro)	2016	41-7.75	Joanna Alo (SA Valley)	1990
36-5.5	*Gabriella Salinas (Dana Hills)	2024	41-7.25	Jenny Shutt (Edison)	1997
36-5.5	***Abigail Hwang (Aliso Niguel)	2024	41-6.5	Christina Kim (El Toro)	2008
36-5.25	Megan Horn (Crean)	2018	41-6	Ann Gill (Western)	1985
36-5	* Clair Whelan (Canyon)	1988	41-5.75	Danielle Lister (Mission Viejo)	2019
36-5	* Julianne Conrad (El Toro)	2006	41-5.25	* Andrea Bill (University)	1992
36-5	Ashley Rhorer (Santa Margarita)	2012	41-5.25	Chrissy Tolson (Fountain Valley)	1996
36-5	Laura Hamann (Rosary)	2014	41-5	Ciera Williams (Mission Viejo)	2016
36-5	***Raquel Gonzalez (El Toro)	2016	41-5	Pesi Tauaika (Orange Lutheran)	2022
36-5	Mikayla Vu (Beckman)	2023	41-3.75	Bev Oden (Irvine)	1989
36-4.25	Jacqueline Faris (Dana Hills)	2018	41-2.75	* Kristin Thompson (Esperanza)	1999
36-4	Channing Jones (El Toro)	2011	41-2.5	Adara Newidouski (Dana Hills)	1993
36-4	*Crystal Aluya (Valencia)	2019	41-1.5	Robyn Utu (Huntington Beach)	1982
36-3.75	***Nikki Johnson (Canyon)	1988	41-1.5	Marie Philman (Edison)	1996
36-3	Skye Atchley (Orange Lutheran)	2009	41-1.5	Kristy Chester (Esperanza)	2002
36-3	*Bianca James (Mater Dei)	2016	41-0	Leslie Martinez (Trabuco Hills)	2024
36-3	**Kira Kawano (Canyon)	2016	40-11.25	*Susan Linn (Trabuco Hills)	1997
36-2.5	** Allison McCoy (Edison)	2008	40-11.25	*Rachelle A La Torre (Newport)	2015
36-2	** Monica Todd (Trabuco Hills)	2008	40-11	* Lisa Williams (SA Valley)	1982
36-2	*** D.J. Rhoades (El Modena)	2008	40-10	Christa Kondru (Northwood)	2010
36-2	Brianna Dixon (Los Alamitos)	2009	40-9	Laura Matos (Capo Valley)	1983
36-2	**Jaycee Mahlum (Mater Dei)	2019	40-9	Heather Cunningham (El Dorado)	1996
36-1.5	*Gabriella Salinas (Dana Hills)	2023	40-9	Stephanie Sampson (Esperanza)	1999
36-1	Katie Dibene (Dana Hills)	2011	40-8.75	Pamela Makanesi (Katella)	2011
36-1	*Alexa Munoz (Trabuco Hills)	2016	40-8	Angela Burgess (Woodbridge)	1995
36-0.5	Cross (Bolsa Grande)	1988	40-8	*Anna Gillis (San Clemente)	2015
36-0	** DJ Rhoades (El Modena)	2009	40-7.75	*Alexa Sheldon (Edison)	2023
36-0	*Nikki Chen (Irvine)	2021	40-7.5	* Lori Von Boxtal (Anaheim)	1983
			40-7.5	**Nicole Beauregard (Valencia)	1991
			40-7	Natala Lualemaga (Santa Ana)	2000
			40-7	Kau Ilani Miki-han (Mater Dei)	2014
			40-5.5	Carina Martinez (SA Valley)	2001
			40-5	Amanda Fleskoski (Mission Viejo)	2000
			40-4	Ariana Grum (Newport)	2021
			40-3	Sina Dailey (Mission Viejo)	2008
			40-3	Sabrina Hartman (Mission Viejo)	2018
			40-3	Taylor Hofland (Los Alamitos)	2023
			40-0.75	Aprile Powell (Century)	1999
			40-0.75	* Robin Regan (Mater Dei)	2003

Shot Put

53-7.75	Natalie Kaaiawahia (Fullerton)	1983
	<i>(Four time State Champion)</i>	
50-2.5	Mackenna Howard (Los Alamitos)	2014
48-11.5	Susie Ray (Villa Park)	1980
47-5	Gina Heads (Newport)	1994
46-11.75	Elaina Oden (Irvine)	1985
	<i>(State Champion)</i>	
46-11.75	*Faimalie Sale (Los Alamitos)	2017

39-11.5	**Sheraton Jones (Canyon)	2011	38-2	*Kelly Wilson (Woodbridge)	1984
39-11.5	Ashley Beacn (Tesoro)	2018	38-2	Vao Faoa (Magnolia)	2002
39-11	Nina Foster (Mission Viejo)	1991	38-2	Mele Makenesi (Loara)	2004
39-11	Vanessa Gardner (Mission Viejo)	2004	38-1.5	Nia Jones (Santa Ana)	1992
39-11	*Ashley Donohoe (Huntington Beach)	2012	38-1.5	Cara Heads (Newport)	1995
39-10	Suzie Greganic (Marina)	1989	38-1	Allison Booth (Westminster)	1978
39-10	Jacky Cenani (Laguna Beach)	2016	38-1	*Taylor Crenshaw (Costa Mesa)	2017
39-9.5	Vicky Craig (Kennedy)	1981	38-0.5	Erica Goodman (Estancia)	1986
39-6.25	*Kau ilani Mikihan (Mater Dei)	2013	38-0	Adee Gunkel (Mater Dei)	1981
39-8.75	Kristy Dominguez (Mission Viejo)	2001	38-0	Mararita Matiks (Irvine)	2010
39-7.5	Whitney Johnson (Mission Viejo)	2004	38-0	Siena Lambert (J Serra)	2023
39-6.5	Ann Bland (Santa Ana)	1981	37-11.5	Brittany Frers (Marina)	2010
39-6.5	Chelesea Weenig (Laguna Beach)	2000	37-11	Karen Jones (SA Valley)	1982
39-5.5	Julie Tafua (Westminster)	1988	37-11	Kelly Langi (Saddleback)	1997
39-4.5	Kerry O'Bric (Edison)	1996	37-11	* Becky Steen (Tesoro)	2003
39-4.5	**Alexa Sheldon (Edison)	2022	37-11	Philliz Tuavao (Canyon)	2015
39-4.2	**Kianey Davis (Troy)	1999	37-10.75	Abria Lipscomb (Northwood)	2003
39-3	Hannah Meager (El Toro)	2014	37-10.25	Rachel Savaii (Fullerton)	2010
39-2.75	Rachel Davis (Katella)	1993	37-10	Dannie Darrow (Dana Hills)	1994
39-2.25	Etta Jackson (Magnolia)	1998	37-10	* Greshawnda Clayton (Canyon)	1996
39-2	*Ariana Grum (Newport)	2020	37-10	Brooke Fitzgerald (Santa Margarita)	1998
39-1.75	Sydney Gontang (Tesoro)	2022	37-10	** Tabitha Tabb (Santa Ana)	2001
39-1.5	Kelly Wilson (Woodbridge)	1985	37-10	Cristina Kim (El Toro)	2008
39-1.5	Ashley Selman (Foothill)	1988	37-10	Ashley Donohoe (Huntington Beach)	2013
39-1.5	Vanessa Martinez (Fullerton)	2018	37-10	*Kyligh Wilkerson (Trabuco Hills)	2018
39-0.5	Devon Pessler (Foothill)	2014	37-9.75	Lori Gustafson (Corona del Mar)	1980
39-0	Tiffany Gray (El Dorado)	2011	37-9.5	Bailey Speakman (Esperanza)	2022
38-11	*** Niki Awaa (Brea)	2002	37-9	Nicole Lied (Tustin)	1985
38-10.5	Olive Langi (Saddleback)	1989	37-9	* Spring Trammell (Los Amigos)	1994
38-10	*Alejandra Rosales (Marina)	2019	37-9	* Malaya Paggatt (Mission Viejo)	1998
38-10	***Rebel Tuinukuafe (Rosary)	2019	37-9	* Geneva Bailey (Loara)	2001
38-9.75	Jordaine Simmons (Mission Viejo)	2016	37-9	Una Makenesi (Loara)	2004
38-9.5	Jennifer Insley (Los Alamitos)	1988	37-9	Miranda Ta'amu (Los Alamitos)	2017
38-9.5	Robin Regan (Mater Dei)	2004	37-8.75	**Maddy Mitchell (Dana Hills)	2017
38-9.25	**Joy McArthur (Dana Hills)	2015	37-8.75	Sydney DeVilla)	2019
38-9	* Laura Wilson (Newport)	1995	37-8.5	Laura Williams (SA Valley)	1980
38-9	Alfa Stewart (Woodbridge)	2000	37-8.5	Megan Good (Huntington Beach)	2010
38-8.75	Jacqueline Anderson (San Clemente)	2001	37-8.25	Gretchen Schroeder (Mission Viejo)	1984
38-8.5	Michelle Paproski (Villa Park)	1989	37-8	Sue Bolton (Rancho Alamitos)	1983
38-8.5	Brianna Uipi (Orange Lutheran)	2016	37-8	* Katy Homewood (Marina)	1997
38-8.25	* Janell Jakubka (Capo Valley)	1987	37-8	Meagan O'Reilly (Mission Viejo)	2007
38-8.5	Shawn Sturgeon (Esperanza)	1982	37-7.75	*Caroline Van de Velde (Corona del Mar)	2010
38-8.5	Tarua Rich (Mission Viejo)	2000	37-7.5	Shirlyn Weenig (Laguna Beach)	1984
38-8.5	Laura Boggein (Huntington Beach)	2007	37-7.5	* Keely Ziegler (Huntington Beach)	1995
38-8	Erika De La Puente (University)	2008	37-7	** Marybeth Thobe (Edison)	1982
38-8	*Sheraton Jones (Canyon)	2012	37-7	Tracy Titus (Loara)	1991
38-8	**Kayla Pemasa (Marina)	2016	37-7	***Jaslene Massey (Aliso Niguel)	2023
38-8	Anelamaikalani Miki-han (Irvine)	2016	37-6.5	* Olivia Raya (El Modena)	2004
38-8	Keely Togafau (Fountain Valley)	2019	37-6.5	Kamalani Carriera (Capo Valley)	2019
38-7.5	* Scarlet Leduga (El Toro)	2001	37-6.25	*Madison Gallacher (Canyon)	2024
38-7	*Dani Lister (Mission Viejo)	2018	37-5.75	Hughes (Sonora)	1978
38-7	***Makena Cook (Orange Lutheran)	2024	37-5.75	Litia Makakaufaki (Laguna Hills)	2001
38-6.5	Megan McCullough (Mission Viejo)	2008	37-5.5	Alyxa Bennett (Loara)	1995
38-6	Ashley Johnson (Saddleback)	2002	37-5.5	Riley Laos (Esperanza)	2016
38-6	Tayla Crenshaw (Costa Mesa)	2018	37-5.5	Avelina Ruiz (Santa Ana)	1990
38-5	* Lia Rousset (Newport)	1995	37-5.25	* Gabby Botts (Villa Park)	2009
38-4.5	*Nicole Oberreuter (Estancia)	1990	37-5	Susan Gingrich (Estancia)	1985
38-4.25	Julia Loya (Mission Viejo)	1998	37-4	Kim Faoa (Magnolia)	2000
38-4.25	*Taylor Hofland (Los Alamitos)	2022	37-3.5	Jodi Dyer (Troy)	1989
38-4	Julie Sprague (Santa Ana)	1983	37-3.5	***Deanna Mitchelson (Aliso Niguel)	1994
38-4	* Mary Uata (Mater Dei)	1999	37-3.25	* Jenny Branam (El Dorado)	1998
38-4	Mielle Zylstra (Edison)	2000	37-3	Asou (Magnolia)	2007
38-4	* Laura Cadranel (Los Alamitos)	2001	37-3	Holly Fraser (El Toro)	2009
38-3.5	Melissa Price (Loara)	1997	37-3	Sheraton Jones (Canyon)	2013
38-3.25	Laura Mills (University)	1981	37-3	Madison Burford (Yorba Linda)	2017
38-3	Hoyler (Whittier Christian)	1997	37-2.75	Maryn Ciarelli (Huntington Beach)	1999
38-3	Margarita Matiks (Irvine)	2009	37-2	H. Langi (Saddleback)	1997
38-3	Jackie Chasteler (Mission Viejo)	2013	37-2	Kelly Lynn (Tustin)	1999
38-3	*Maddy Mithell (Dana Hills)	2019	37-2	* Alia Stewart (Woodbridge)	2001
38-2.5	Beverly Hewitt (Canyon)	1980	37-2	*Chrisma Agbor (Portola)	2024
38-2.5	Stephanie Bell (Foothill)	1986	37-1.5	Yolanda Penukoko (Anaheim)	2010
38-2.5	Spring Trammell (Los Amigos)	1995	37-1	Tracy Wilson (Loara)	1983
38-2.5	Lauren Anderson (Troy)	2004	37-1	*** Mindy Speed (Irvine)	1987
38-2.5	Abby Klinge (Trabuco Hills)	2021	37-1	** Tonja Lawson (SA Valley)	1992
38-2.25	Abby Erickson (Mater Dei)	1995	37-1	Victoria Gomez (Los Amigos)	2014
38-2.25	*Haunani Pedro (Trabuco Hills)	2015	37-1	Jasmine Mataia (Loara)	2018

37-1	Siena Lambert (J Serra)	
37-0.75	Marianne Gourd (Fullerton)	2016
37-0.5	Julia Reedy (Mission Viejo)	2011
37-0.5	*Kelly Fagan (Yorba Linda)	2015
37-0.5	Rene Brunings (Mission Viejo)	2024
37-0	Kyliegh Wilkerson (Trabuco Hills)	2019

Shot Put (81b.)

50-6.5	*Susie Ray (Villa Park)	1979
	(State Champion)	
50-0.5	Emily Dole (Cypress)	1975
49-4.25	Rosarie Ramos (Anaheim)	1979
46-10.5	*** Natalie Kaaiawahia (Fullerton)	1980
44-11.5	* Jacque Nelson (Canyon)	1978
42-9.75	Becky Daniel (Newport)	1976
	(State Champion)	
42-6	Bonnie Dasse (Costa Mesa)	1977
42-5.5	Kay Ilertson (Valencia)	1974
40-10	Jiao Tsai (Corona del Mar)	1980
40-9.75	**Julie Green (Fountain Valley)	1978
39-7	White (Villa Park)	1977
38-10	Loretta Sepulona (Santa Ana)	1978
39-3	Lisa Bullock (Edison)	1977
38-6.75	Kathy Copelm (Sunny Hills)	1977
38-5.5	Pat Shaw (SA Valley)	1978
38-3.5	Debbie Vogel (Corona del Mar)	1975
37-11.75	McConnell (San Clemente)	1979
37-9.5	Leslie Contreras (La Habra)	1979

Discus

175-8	Kate Hutchinson (San Clemente)	2003
174-9	Natalie Kaaiawahia (Fullerton)	1983
	(81 & 83 Stat Champion)	
167-5	Jacque Norton (Mission Viejo)	1982
160-6	Allison Franke (Canyon)	1989
159-11	*Felicia Crenshaw (Costa Mesa)	2017
159-0	Sara Pettinger (Mission Viejo)	2021
158-2	Hilary Fraser (El Toro)	2007
	(State Champion)	
156-10	Priscilla Gardner (Mission Viejo)	2003
155-6	Terri Sabol (Buena Park)	1974
153-10	*Faimalie Sale (Los Alamitos)	2017
152-8	* Vao Faoa (Magnolia)	2001
150-0	* Carrie Axton (Los Amigos)	1996
149-9	Mackenna Howard (Los Alamitos)	2014
149-5	Cara Heads (Newport)	1995
149-2	Elaina Oden (Irvine)	1985
148-5	* Katelyn Ciarelli (Huntington Beach)	2003
148-0	Celeste Paquette (Rancho Alamitos)	1985
148-0	Heidi Adams (Mission Viejo)	1985
148-0	Andrea Bill (University)	1993
147-7	*Kyliegh Wilkerson (Trabuco Hills)	2018
147-8	Carrie Axton (Los Amigos)	1997
147-8	Samantha Chang (Mission Viejo)	2024
147-5	Alana Faagai (Huntington Beach)	2006
147-3	Siena Lambert (J Serra)	2023
146-1	Gina Heads (Newport)	1994
146-1	Ashley Pyka (Canyon)	2008
145-5	Emma DeSilva (Mission Viejo)	2016
144-3	Margarita Matiks (Irvine)	2010
144-0	Marie Philman (Edison)	1996
143-10	Debbie Hargrove (Estancia)	1990
143-9	*Alejandra Rosales (Marina)	2019
143-7	Erin Walters (J Serra)	2024
143-3	* Angela Burgess (Woodbridge)	1994
143-3	Kyliegh Wilkerson (Trabuco Hills)	2019
143-2	Brianna Uipi (Orange Lutheran)	2016
142-11	Tayla Crenshaw (Costa Mesa)	2018
142-10	Sonya Bryant (Marina)	1996
142-10	Abby Klinger (Trabuco Hills)	2021
142-6	Kelsey Allen (Capo Valley)	1988
142-5	Melissa Yunghans (Orange Lutheran)	2004
142-2	Kristin Thompson (Esperanza)	2000
142-0	Lisa Williams (SA Valley)	1983

142-0	Amanda Truong (Esperanza)	2016
141-9	Susie Ray (Villa Park)	1979
141-8	Suzanne Linn (Trabuco Hills)	1998
140-6	Kara Caskey (Mater Dei)	2012
140-3	Vanessa Gardner (Mission Viejo)	2004
140-3	*Rachelle A LaTorre (Newport)	2015
139-10	Holly Fraser (El Toro)	2009
139-10	Alexa Sheldon (Edison)	2024
139-8	Katie Laich (Esperanza)	2007
139-7	Jaycee Olsen (Corona del Mar)	2010
139-7	*Taylor Hofland (Los Alamitos)	2022
139-5	Shelly Lovati (El Modena)	1986
139-5	* Jenny Brickner (Esperanza)	2002
138-11	Chrissy Tolson (Fountain Valley)	1996
138-10	Luseane Makanesi (Katella)	2009
138-9	Fiapopo Apelu (Magnolia)	2004
138-8	Pamela Makanesi (Katella)	2011
138-4	Lynne Kelley (Irvine)	1981
137-11	Kelly Wilson (Woodbridge)	1985
137-10	*Saloni Khandhadia (Beckman)	2019
137-8	* Olivia Raya (El Modena)	2004
137-4	Marie Midland (Estancia)	1990
137-4	Krista Dill (Newport)	2000
137-3	Ariana Novela (Corona del Mar)	2021
137-2	Bev Oden (Irvine)	1989
137-2	* Nikki Awaa (Brea)	2004
137-0	Heather Quinn (El Toro)	2002
136-11	Laura Mills (University)	1981
136-8	* Adara Newidouski (Dana Hills)	1992
136-1	Tawny Hanna (Irvine)	2012
136-0	Maryn Ciarelli (Huntington Beach)	1999
135-8	Shirlyn Weenig (Laguna Beach)	1984
135-6	Bonnie Dasse (Costa Mesa)	1977
135-5	Joni Argento (Kennedy)	1979
135-4	Anna Gillis (San Clemente)	2016
134-9	Etta Jackson (Magnolia)	1998
134-8	Melissa Price (Loara)	1997
134-8	Karle'h Wilson (Corona del Mar)	2012
134-7	Cyndi Lee (El Dorado)	1988
134-7	*Siena Lambert (J Serra)	2022
134-4	Diana Clements (San Clemente)	1981
134-4	Wendy Duffresne (Woodbridge)	1996
134-4	*Brianna Uipi (Orange Lutheran)	2015
134-3	Danielle Lister (Mission Viejo)	2019
134-2	Tracy Wilson (Loara)	1983
133-7	* Christa Van Doren (Estancia)	1991
133-7	Joy MacArthur (Dana Hills)	2014
133-6	Mele Makenesi (Loara)	2004
133-5	Stephanie Sampson (Esperanza)	1999
133-5	Ashley Johnson (Saddleback)	2002
133-0	* Megan Ilertsen (Troy)	2003
132-7	Samantha Grant (Mission Viejo)	2002
132-7	*Alexa Sheldon (Edison)	2023
132-6	* Jessica Perez (Sunny Hills)	1999
132-6	Sina Dailey (Mission Viejo)	2008
132-2	* Stacy Kohler (Marina)	1990
132-2	Stacy Jame (Esperanza)	1998
132-2	Ava Butterbaugh (Mission Viejo)	2019
131-11	Christa Kondru (Northwood)	2010
131-8	Marie Arthur (Fountain Valley)	1996
131-5	Ciera Williams (Mission Viejo)	2016
131-4	Carolyn Pendleton (Esperanza)	2001
131-4	***Kai Beary (J Serra)	2024
131-3	Abria Lipscomb (Northwood)	2003
131-3	*Haunani Pedro (Trabuco Hills)	2015
131-3	Sabrina Hartman (Misison Viejo)	2018
131-2	Taylor Hofland (Los Alamitos)	2023
131-1	Aidee Pacheco (Saddleback)	1995
131-1	Emily Gleason (El Toro)	1998
131-0	Konafesi Mataia (Loara)	2009
131-0	*Amanda Cooper (Corona del Mar)	2016
130-11	*Samantha Chang (Mission Viejo)	2023
130-10	Ann Gill (Western)	1985
130-9	Erin Streater (Villa Park)	2002
130-9	** Tara Ross (Misson Viejo)	2004
130-6	Lisa Wood (Saddleback)	1986

130-6	Bailey Speakman (Esperanza)	2022	125-8	Pesi Tauaika (Orange Lutheran)	2022
130-4	Rosalie Ballo (Dana Hills)	2018	125-5	* Robyn Utu (Huntington Beach)	1981
130-3	Emily Crum (Mater Dei)	2014	125-5	* Jenny Shutt (Edison)	1996
130-3	*Abbey Reichard (Portola)	2014	125-5	Christina Kim (El Toro)	2008
130-2	Kathrine Henze (Foothill)	1998	125-3	Jennifer Harney (Esperanza)	1990
130-0	** Marybeth Thobe (Edison)	1982	125-3	Lauren O'Hara (Irvine)	1998
130-0	Aprile Powell (Century)	1999	125-2	Katie Okano (Trabuco Hills)	1995
130-0	* Laura Cadranell (Los Alamitos)	2001	125-0	* Kristen Okura (Mission Viejo)	1988
130-0	Evelyn Roberts (Dana Hills)	2015	125-0	L. Kelly (Villa Park)	1983
130-0	Alaysha Green (El Toro)	2017	125-0	* Katie Smith (Orange)	1992
129-11	Erin Walters (J Serra)	2023	125-0	Rene Brunings (Mission Viejo)	2024
129-10	Luisa Thimauave (Magnolia)	1988	124-10	* Katie Henze (Foothill)	1997
129-9	* Samantha Meredith (El Modena)	1999	124-9	* Alaysha Green (El Toro)	2016
129-9	Asou (Magnolia)	2007	124-8	*Karle'h Wilson (Corona del Mar)	2011
129-9	*Xochitl Bryson (Oxford Academy)	2016	124-7	Maria Ornes (Foothill)	1982
129-5	Emma Robbins (Esperanza)	2019	124-7	Cheyenne Maneafaiga (Garden Grove)	2012
129-4	** Krista Gregory (El Toro)	2008	124-7	*Madison Gallacher (Canyon)	2024
129-3	Laura Wilson (Newport)	1996	124-6	Emily Ortiz (Tustin)	2023
129-3	* * Ashley Parrish (Esperanza)	2000	124-4	*Emma Robbins (Esperanza)	2018
129-3	Mary Geers (Capo Valley)	2013	124-3	Keanna Roberson (Aliso Niguel)	2011
129-3	*Philliz Tuavao (Canyon)	2014	124-3	Kate Jensen (Woodbridge)	2016
129-3	**Abbey Reichard (Portola)	2023	124-2	Karlie Manos (Katella)	1999
129-2	Kelly Langi (Saddleback)	1997	124-2	Ashley Donohoe (Huntington Beach)	2013
129-0	**Joy McArthur (Dana Hills)	2015	124-1	Bernadette Quinteras (Orange)	1992
129-0	Kaitlyn Menechett (Mission Viejo)	2019	124-1	** Olivia Raya (El Modena)	2003
128-11	*Kara Caskey (Mater Dei)	2011	124-1	*Logan Daniels (Dana Hills)	2020
128-10	Antoinette Herrera (Los Amigos)	1998	124-0	*Nicole Beauregard (Valencia)	1991
128-9	Tee Eskridge (El Modena)	1982	124-0	Sydney DeVilla (Canyon)	2019
128-9	Kayla Yap (Mater Dei)	2023	123-10	Terri Ortega (Irvine)	1987
128-8	Kristy Dominguez (Mission Viejo)	2001	123-10	Teresa Rocha (Esperanza)	2011
128-7	Kristin Dunn (Mission Viejo)	1990	123-7	Jamie Questa (Edison)	1997
128-6	Lisa Henderson (Foothill)	1988	123-7	Melissa Lee (University)	2016
128-6	Kari DeSoto (Esperanza)	1996	123-7	*Rebel Tuinuknafe (Orange Lutheran)	2021
128-5	Marlene Godbolt Mission Viejo)	1995	123-6	Leslee Briggs (Edison)	1989
128-5	Evaine Mansfield (Foothill)	1999	123-6	* Kristin Gunderson (Laguna Beach)	1998
128-4	Sheraton Jones (Canyon)	2013	123-6	Stacy Knisley (Esperanza)	2001
128-3	**Faimalie Sale (Los Alamitos)	2016	123-6	Courtney Brown (El Modena)	2010
128-0	** Lia Rousset (Newport)	1994	123-6	Evelyn Roberts (Dana Hills)	2014
128-1	Spring Trammell Los Amigos)	1995	123-5	Lauren Preston (Mission Viejo)	2021
128-1	Hannah Meager (El Toro)	2014	123-3	Bernadette Quinteros (Western)	1993
128-1	Emily O (Orange Lutheran)	2018	123-3	Marissa Welliver (Aliso Niguel)	2003
127-11	Melanie Dear (Garden Grove)	1991	123-2	Meagan O'Reilly (Mission Viejo)	2007
127-11	*Sheraton Jones (Canyon)	2012	123-0	Sina Daley (Mission Viejo)	2008
127-9	Tawney Barber (El Modena)	2007	123-0	Ambernicole Hollinger (Los Alamitos)	2014
127-8	Megan Good (Huntington Beach)	2010	122-11	Jennifer Yu (Western)	1988
127-7	Kara Stephens (Orange Lutheran)	1992	122-10	Abby Gavrilovic (Esperanza)	2023
127-5	Joanna Alo (SA Valley)	1990	122-9	Trinity Arriola (El Dorado)	2016
127-5	Carina Martinez (SA Valley)	2001	122-8	Lisa Henderson (Foothill)	1988
127-4	Megan Franke (Canyon)	1988	122-2	Nori McCrystal (La Habra)	1997
127-4	Chichi Amadi (Dana Hills)	2008	122-7	Julia Loya (Mission Viejo)	1998
127-4	*Ashley Donohoe (Huntington Beach)	2012	122-6	Kristin Dutwiler (Mission Viejo)	1998
127-3	**Maddy Mitchell (Dana Hills)	2017	122-6	Miki-han Anelamaikala (Irvine)	2015
127-2	Rebel Tuinuknafe (Orange Lutheran)	2022	122-3	Edy Gancherov (Ocean View)	2024
127-1	Dayna McKenzie (Capo Valley)	1993	122-2	Lilly Ellis (Los Alamitos)	2024
127-1	Katie Easley (Los Alamitos)	1996	122-1	Nicole Lind (Tustin)	1985
126-11	Jenny Brickner (Esperanza)	2000	122-0	Jacque Nelson (Canyon)	1978
126-11	* Scarlet Leduga (El Toro)	2001	122-0	Nina Foster (Mission Viejo)	1994
126-11	Stacy Knisley (Esperanza)	2002	122-0	* L.J. Amadi (Dana Hills)	2003
126-10	Marlena Godboldt (Mission Viejo)	1996	122-0	Veronica Beavor (Orange Lutheran)	2008
126-10	Whitney Johnson (Mission Viejo)	2004	122-0	Anelamaikalani Mikihan (Irvine)	2016
126-10	Athena Streit (Santa Margarita)	2024	122-0	*Kimberly Reidel (El Toro)	2019
126-9	*** Marjorie Niumata (Rancho Alamitos)	1996	121-9	* Joanne Alo (SA Valley)	1989
126-9	**Logan Daniels (Dana Hills)	2019	121-9	* Hannah Meager (El Toro)	2013
126-8	** Samanpha Meredith (El Modena)	1998	121-8	Sarah Hernandez (Huntington Beach)	2008
126-8	Saloni Khandhadia (Beckman)	2020	121-8	Julia Reedy (Mission Viejo)	2011
126-6	Una Makanesi (Loara)	2004	121-7	Becky Daniel (Newport)	1976
126-6	Madison Chronister (San Clemente)	2015	121-7	** Shakeena Henderson (Tustin)	1997
126-3	*Jillian Stafford (Dana Hills)	2020	121-6	Amina Mercado (Mater Dei)	2016
126-4	Reena Gonzales (Brea)	2000	121-5	** Jenny Sotomayor (La Habra)	1997
126-1	Becky Crouse (Woodbridge)	2008	121-5	Amanda Rodriguez (Cypress)	2004
126-1	Jessica Imani (Corona del Mar)	2011	121-4	* Yesenia Carrillo (Katella)	1998
126-1	*Chrisma Agbor (Portola)	2024	121-4	Regina Dos Santos (Los Alamitos)	2010
126-0	** Jillianne Whitfield (Newport)	2002	121-4	Hannah TerHarr (Mission Viejo)	2013
126-0	*Tiffany Gray (El Dorado)	2010	121-4	**Paige Wilson (Los Alamitos)	2022
125-10	Jerrilyn Stanwood (Trabuco Hills)	2009	121-4	*Gabriella Lopez (Marina)	2022
125-8	Katie Holmes (Canyon)	1996	121-3	* Maria Omes (Foothill)	1981

121-2	Wendy Fullmer (Esperanza)	1991	127-3	Evvy Roberts (Dana Hills)	2014
121-1	Pat Shaw (SA Valley)	1978	122-1	Katie Laich (Esperanza)	2007
121-1	** Tonya Lawson (SA Valley)	1991	119-6	***Molly McCullough (Mission Viejo)	2010
121-1	Tabitha Goff (Newport)	2010	119-5	Amanda Truoung (Esperanza)	2016
120-10	* Spring Trammel (Los Amigos)	1994	114-5	*Faimalie Sale (Los Alamitos)	2017
120-10	Kayla Smith (Villa Park)	2006	113-10	Alexa Sheldon (Edison)	2024
120-8	Jiao Tsai (Corona del Mar)	1980	113-2	**Alicia Burnes (Sonora)	2010
120-8	Sydney Gontang (Tesoro)	2022	113-2	Jaycee Olsen (Corona del Mar)	2010
120-7	* Milaya Paggett (Mission Viejo)	1998	111-0	Amanda Cooper (Corona del Mar)	2017
120-7	Leah Gilmore (Orange Lutheran)	2022	107-9	**Emily MacMillan (El Toro)	2011
120-6	Kyrah Coleman (Valencia)	2016			
120-4	Bonnie Manning (SA Valley)	1980			
120-4	Luisa Tuimauvae (Magnolia)	1990			
120-2	Weld Lola (Foothill)	2024			
120-1	Jennifer Pettey (El Dorado)	1991			
120-1	Lara Ohanesian (St Margarets)	2014			
120-0	Tawnya Turton (Mission Viejo)	2010			

Javelin

169-7	Jacque Nelson (Canyon)	1979
158-9	Ashely Selmon (Foothill)	1988
141-10	Laura Mills (University)	1981

Heptathlon

5405a	Sharon Hatfield (Fountain Valley)	1982
5200	Laura Mills (University)	1981
5115	* Ashley Bethel (Mission Viejo)	1997
5114	Kerry O'Bric (Edison)	1996
4491	Kimmie Conner (Dana Hills)	2010
4445	Ashley Selman (Foothill)	1988
4432	Tori Usgaard (Dana Hills)	2012
4309	Maria Philman (Edison)	1994
4303	Kylee Vandenberg (San Juan Hills)	2013
4257	*Chelsea Larson (Orange Lutheran)	2010
4168	Brenna Barker (Dana Hills)	2013
4049	*Kellie May (Northwood)	2016
4003	Molly Moore (Loara)	1982
3945	Kylie Moon-Rumsey (Huntington Beach)	2019
3922	*Chelsea Larson (Orange Lutheran)	2010
3856	Tailor Dunigan (Mission Viejo)	2010
3821	Hailey Bond (Costa Mesa)	2014
3809	***Grace Esslinger (Dana Hills)	2006
3772	*Alexis Turley-Young (Canyon)	2015
3672	*Davina Pham (Fountain Valley)	2015
3668	Kelly Skvama (Capo Valley)	2010
3640	Cathy Mullee (Edison)	1997
3606	*Sara Heckel (Yorba Linda)	2017
3584	***Laura Lainson (Huntington Beach)	2011
3582	Claire Currie (El Toro)	2012
3578	Jennifer Stanley (University)	1994
3566	Katy Zimmon (Edison)	1997
3546	**Brooke Kong (Northwood)	2016
3502	Lora Bender (Fountain Valley)	2012

Pentathlon

3925a	**Sharon Hatfield (Fountain Valley)	1980
3855	***Susie Ray (Villa Park)	1978
3856	*Jiao Tsai (Corona del Mar)	1980

Hammer Throw (4k)

203-08	*Joy McArthur (Mater Dei)	2016
184-6	*Emma Robbins (Esperanza)	2018
160-9	*Jessica Imani (Corona del Mar)	2010
160-1	Jenna Gallaway (Santa Margarita)	2023
151-9	**Jillian Stafford (Dana Hills)	2019
146-4	Stephanie Sampson (Esperanza)	1999
145-11	Siena Lambert (J Serra)	2023
135-2	*Elizabeth Jones (Corona del Mar)	2016
134-2	*Megan McCullough (Mission Viejo)	2012
130-3	Rachel Raper (Esperanza)	2005

ALL-TIME INDOOR MARKS LIST

****Girls****

50 meters

6.67	* Carol Rodriguez (Western)	2003
6.73	Miesha Wilson-Duval (Woodbridge)	1994
6.75	Cavetra Mitchell (Los Alamitos)	1992
6.81	Crystal Davis (SA Valley)	1999
6.84	* Meryl Stone (Woodbridge)	1998
6.89	Meghan Atkinson (Santa Margarita)	2000
6.91	Andrea Dean (Mission Viejo)	1992
6.97	Fitzgerald (Santa Margarita)	1998
6.98	Adrianna Gallardo. (Saddleback)	1996

55 meters

7.16	Alyssa Tao (Fountain Valley)	2013
7.35	**Kennedy Gillian (Mission Viejo)	2014
7.39	*Crystal Eckman (Fountain Valley)	2014
7.47	Maia Craver (Woodbridge)	2014
7.47	Crystal Eckman (Fountain Valley)	2015
7.50	**Sarah Perez (Mater Dei)	2014
7.51	*Sara Limp (Los Alamitos)	2014
7.57	Lindsay Chiang (Fountain Valley)	2014
7.58	Michaela King (Dana Hills)	2014
7.60	*Hollis Donovan (Dana Hills)	2014
7.60	* Sahla Cook (Mission Viejo)	2015
7.60	Celine Smith (Mission Viejo)	2015
7.61	Hannah Helen Heising (Woodbridge)	2014
7.62	Chrstitina Ciampa (San Clemente)	1999
7.64	Meggin Rosas (Yorba Linda)	2015
7.66	Briana Jablonski (Woodbridge)	2014
7.68	*** Courtney Moreno (Fountain Valley)	2015
7.69	Meryl Stone (Woodbridge)	1999

300 meters

42.67	Hope Bender (Newport)	2015
42.88	* Colette Putnam (Laguna Beach)	2015
43.38	* Ashley Willingham (Los Alamitos)	2015
43.63	Emma Kratzberg (Newport)	2015
43.64	Celine Smith (Mission Viejo)	2015
43.96	Sidney Smiggs (Mission Viejo)	2015
44.42	** Whitney Hessler (Mission Viejo)	2015
44.42	Annelise Doerr (Fountain Valley)	2015
44.67	* Aliyah Forbes (Mater Dei)	2015
44.69	* Sahla Cook (Mission Viejo)	2015

440 yards

54.8	Arlise Emerson (Westminster)	1979
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400 meters

57.35	Ashtyn Adams (Tesoro)	2018
58.16	**Maya Woolforde (J Serra)	2024

500 yards

65.4	Arlise Emerson (Westminster)	1978
68.4	Rhonda Patcha (Valencia)	1978
68.5	* Tanya Ransom (El Toro)	1983
68.6	Trisha Aubuchon (Esperanza)	1985
68.7	Suzy Hensel (Valencia)	1983
68.9	Debbie Marsino (Cypress)	1981
69.3	Barbara Rainey (Edison)	1983
69.4	Jerri Baker (Capo Valley)	1981
69.7	Michelle Banks (El Dorado)	1985
69.7	Maika Nelson (Brea)	1998
70.1	Kim Law (SA Valley)	1977

70.3	Beth Melton (Fountain Valley)	1979
70.8	Anisette Rogers (University)	1983
70.8	Angela Allen (El Modena)	1998
71.0	Laura Ichikawa (Katella)	1982
71.1	Darla Burkhart (Estancia)	1979
71.9	Kaci Keefer (Woodbridge)	1989
72.0	* Jossie Fioda (Costa Mesa)	1981
72.46	Marlene Lang (Fountain Valley)	1993

500 meters

72.28	Ashley Furst (Laguna Hills)	199
72.52	Christina Ciampa (San Clemente)	1999
72.6	Emily Kalmbach (Santa Margarita)	2002

600 yards

1:27.20	* Cassie Durgy (Huntington Beach)	2015
1:27.37	**Ashley Willingham (Los Alamitos)	2014
1:29.12	* Taylor Arco (Mission Viejo)	2015
1:30.05	* Ashley Willingham (Los Alamitos)	2015
1:31.63	Chloe Deol (Dana Hills)	2014
1:31.97	Brenna McNulty (Dana Hills)	2014
1:32.45	Brian Jablonski (Woodbridge)	2014
1:32.87	* Katie Camarena (San Juan Hills)	2015
1:33.22	** Heather Cottle (Fountain Valley)	2013
1:33.27	*Annelise Doerr (Fountain Valley)	2014
1:33.27	* Charisma Byrd (Rosary)	2015
1:33.33	Megan Miller (Mission Viejo)	2015
1:33.36	Kyle Oefelein (Woodbridge)	2014
1:33.79	* Maia Craver (Woodbridge)	2013
1:34.22	Angel Vallier (Mission Viejo)	2015
1:36.14	*Heather Cottle (Fountain Valley)	2014
1:36.22	Aini Morales (Fountain Valley)	2013
1:36.65	** Annelise Doerr (Fountain Valley)	2013
1:37.01	Emily Glenn (Corona del Mar)	2014
1:37.60	Jessy McIntyre (Los Alamitos)	2013
1:38.09	Halley McHugh (Santa Margarita)	2014
1:38.71	Kyndol Craver (Woodbridge)	2013

600 meters

1:32.9	**Mary Decker (Orange)	1974
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880 yards

2:02.4	**Mary Decker (Orange) (2:01.8m)	1974
2:09.26	Georgia Jeanneret (J Serra)	2024
2:10.96	Liz Morse (Corona del Mar)	2000
2:13.79	*Anne Packard (J Serra)	2024
2:14.8	Cindy Stoughton (Corona del Mar)	1981
2:17.5	Maggie Henson (Newport)	1986
2:17.60	*Ashley Johnson (Mission Viejo)	2019
2:17.7	Christie Engesser (Ocean View)	1993
2:18.2	** Sharon Hatfield (Fountain Valley)	1980
2:18.4	* Nicole Biggers (El Toro)	1984
2:19.3	Shannon Karpel (Ocean View)	1987
2:19.4	Lori Blanco Westminster)	1977
2:19.6	* Kristin Harkins (La Quinta)	1986
2:19.8	Staci Kneeshaw (Foothill)	1978
2:20.4	Rhonda Patcha (Valencia)	1979
2:20.4	Leslie Pratt (Edison)	1983
2:21.2	Karen Nancy (Capo Valley)	1986
2:22.0	Nancy Jessen (Dana Hills)	1980
2:22.2	Kell Ringer (Edison)	1979
2:22.3	Buffy Rabbitt (Newport)	1986
2:22.3	Jessica Dahlberg (El Modena)	1998
2:22.3	***Whitney Whitney Hampton (El Toro)	2002
2:22.53	* Janice Lane (Woodbridge)	2013
2:23.1	Jenny Cummins (Corona del Mar)	2000
2:23.17	Natalie Grohmann (Fountain Valley)	2015
2:23.5	Erika Lovett (Savanna)	1988
2:23.66	* Katie Camarena (San Juan Hills)	2015
2:24.5	* Summer Shaw (Huntington Beach)	1996

2:24.64	** Jennifer Daly (Dana Hills)	2015
2:25.0	** Cyndi Boothby (Esperanza)	1989
2:25.1	Nancy Long (Mission Viejo)	1985
2:25.4	Vicki Kelly (Costa Mesa)	1982
2:25.5	* Laurinda Mulhaupt (Capo Valley)	1988

1,000 meters

2:26.7	** Mary Decker (Orange)	1974
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1,500 meters

4:26.2	***Paula Rose (Corona del Mar)	1976
4:26.7	Polly Plumer (University)	1982
4:42.05	Kelli Hines (Mission Viejo)	2019

One Mile

4:40.1	***Mary Decker (Orange) (Portola JH)	1973
4:45.9	Polly Plumer (University)	1982
4:54.24	*Anne Packard (J Serra)	2024
4:55.77	Kelli Hines (Mission Viejo)	2019
4:58.67	***Reese Holley (J Serra)	2024
4:59.3	** Teresa Barrios (University)	1982
5:00.5	***Sharon Hulse (Edison)	1977
5:02.0	Staci Kneeshaw (Foothill)	1980
5:02.7	***Paula Rose (Corona del Mar)	1976
5:04.9	* Bonnie McGlinchey (Fountain Valley)	1981
5:06.9	Nicole Ritchot (Edison)	1986
5:08.3	* Claire Feit (Mater Dei)	1982
5:09.0	Maggie Henson (Newport)	1986
5:09.5	Buffy Rabbitt (Newport)	1986
5:10.2	Sherri Roach (Kennedy)	1978
5:10.4	* Anabella Villanueva (Fountain Valley)	1981
5:10.9	Jamie Nourse (University)	1983
5:13.11	*** Hutton Nellighy (J Serra)	2024
5:13.45	**Heather Cuthbertson (Marina)	1996
5:14.3	Jenni Scott (Tustin)	1984
5:15.31	***Hayden Kroger (J Serra)	2024
5:16.14	Shalice Pugmire (Esperanza)	2002
5:18.22	*Sophie Polay (J Serra)	2024
5:18.26	**Chloe Elbaz (J Serra)	2024
5:19.5	Julie Morris (Costa Mesa)	1983
5:19.5	Sherri Smith (Woodbridge)	1986
5:19.5	* Kristina Dahlberg (El Modena)	1992
5:20.44	Meghan Mayes (Capo Valley)	1993
5:21.41	Kelsey Carroll (San Clemente)	2015
5:21.75	Jessica Cushing -Murray (Foothill)	2014
5:23.3	***Allyson Marquand (University)	1996
5:23.4	Leslie Cashion (Corona del Mar)	1988
5:23.82	Amanda Stark (Fountain Valley)	2014
5:23.99	Catherine Martinez (Fountain Valley)	2011
5:24.0	* Vanessa Kelly (Marina)	2000
5:24.01	* Kim Nelson (Canyon)	1993
5:24.9	* Erica Sahli (Villa Park)	2003
5:26.03	*** Hannah Hall (Foothill)	2015
5:26.55	Mikaela Garduno (Foothill)	2014
5:26.67	Katie Carroll (San Clemente)	2015
5:26.7	Maria Mendoza (Santa Ana)	1988
5:26.82	Madeline Bradford (Woodbridge)	2014
5:26.93	***Amanda Gehrich (Tesoro)	2013
5:26.97	Cassidy Towner (El Dorado)	2014
5:27.5	Shey Manaafian (University)	2001
5:27.54	Ana Attard (Marina)	2002
5:27.6	Jamie DeNoewer (Costa Mesa)	1999

3000 meters

9:58.18	*Sophie Polay (J Serra)	2024
10:04.73	Kelli Hines (Mission Viejo)	2019
10:07.6'	* Carrie Garritson (Buena Park)	1993
10:14.87	**Kaylah Tasser (J Serra)	2024

Two Mile

10:37.67	*Sophie Polay (J Serra)	2024
10:45.7	**Carrie Garritson (Sunny Hills)	1992
10:59.27	**Kaylah Tasser (J Serra)	2024
11:11.33	Sierra Vega (Foothill)	2010
11:16.9	**Heather Garritson (Buena Park)	1996
11:17.15	***Lora Gonzalez (Woodbridge)	2014
11:17.59	***Elizabeth Dahl (Woodbridge)	2014
11:24.87	**Bethany Nickless (Fountain Valley)	2002
11:25.70	**Elyse Homberger (Edison)	1993
11:25.9	Angie Winkler (Fountain Valley)	1996
11:33.6	**Jenny Sears (Mater Dei)	2000
11:36.9	Sarah Rettman (Mission Viejo)	2000
11:38.0	Ana Attard (Marina)	2002
11:38.93	Mayra Medina (Laguna Hills)	1993
11:40.6	*Stephanie Torres (Cypress)	2003
11:41.3	*Amber Parkinson (Orange Lutheran)	1992
11:41.9	**Anne Gustafsson (Brea)	2003
11:43.15	Lori Mann (Santa Margarita)	1999
11:45.77	* Amber Bragdon (Fountain Valley)	2013
11:49.1	Katie Quinlan (Corona del Mar)	1999
11:51.5	Nancy Dollar (San Clemente)	1995
11:55.0	Tanya Brix (University)	1992
11:57.54	Jennifer Formosa (Edison)	1993

50 meter Hurdles

7.51	* Elinor Tolson (Fountain Valley)	1992
7.69	** Ashley Bethel (Mission Viejo)	1996
7.79	* Katie Mook (Foothill)	1994
7.90	*** Dana Bethel (Mission Viejo)	1998
7.91	* Amanda Shanklin (Santa Margarita)	1998
7.97	Inshirah Jones (Esperanza)	1995
8.13	Heather Novak (Santa Margarita)	1993
8.16	**Lauren Collins (Santa Margarita)	2003
8.45	Kristen Woepse (Woodbridge)	2003
8.75	Susan Pettus (Marina)	1996

55 meter Hurdles

8.38	Hope Bender (Newport)	2015
8.44	Michaela King (Dana Hills)	2014
8.70	** Dana Bethel (Mission Viejo)	1999
8.71	**Emma Kratzberg (Corona del Mar)	2014
8.83	Kyndol Craver (Woodbridge)	2013
8.84	Michaela Schaeffer (Edison)	2013
8.86	Chelsea Larson (Esperanza)	2010
8.99	* Hannah Duarte (Mission Viejo)	2015
9.00	Lily Trinh (Fountain Valley)	2010

4x 145m Relay

1:15.86	Irvine	2013
1:17.58	Woodbridge	2013
1:18.83	Fountain Valley	2015
1:19.41	Fountain Valley	2014

4 x 160 yard Relay

1:18.4	Mission Viejo	1988
1:18.6	Esperanza	1988
1:18.9	Saddleback	1996
1:19.4	Marina	2000
1:19.6	Saddleback	1983
1:19.6	Mission Viejo	1998
1:19.65	Santa Margarita	1999
1:19.7	Cypress	2002
1:19.8	Loara	1988
1:20.1	Esperanza	1987
1:20.2	Sonora	1992
1:20.3	SA Valley	1998
1:21.0	SA Valley	1976
1:21.0	Western	2002
1:21.3	Marina	1996
1:21.4	Costa Mesa	1974
1:21.8	Marina	2001

1:22.8	Laguna Beach	1973
1:22.8	Laguna Beach	1975
1:22.7	Marina	1995
1:23.1	Fountain Valley	1988
1:23.8	Western	2003

8 x 160 yard Relay

2:39.3	Mission Viejo	1991
2:40.7	Mission Viejo	1994
2:42.2	Mission Viejo	1993
2:42.23	Mission Viejo	1996
2:42.29	Saddleback	1996
2:43.8	Saddleback	1994
2:44.9	Mission Viejo	1998
2:45.9	Trabuco Hills	1998
2:48.3	SA Valley	1992

4 x 440 yard Relay

4:04.30m	Mission Viejo	2019
4:06.43m	Mission Viejo	2014
4:07.03m	Dana Hills	2014
4:07.8	Edison	1985
4:08.49	Mission Viejo	2015
4:08.6	Edison	1984
4:09.22	Santa Margarita	1999
4:09.5	Canyon	1984
4:09.57m	Los Alamitos	2014
4:11.2	Santa Margarita	1998
4:11.4	Woodbridge	1988
4:11.7	Foothill	1995
4:11.71m	Woodbridge	2014
4:12.5	Edison	1983
4:14.21m	Woodbridge	2013
4:15.6	Corona del Mar	1988
4:15.8	Santa Margarita	2003

4 x 880 yard Relay

8:54.14	J Serra	2024
9:37.3	Foothill	1983
9:42.4	University	1982
9:44.0	University	1983
9:49.4	Esperanza	1995
9:49.8	Esperanza	1996
9:53.7	Tustin	1982
9:56.2	Marina	2002
9:57.3	Esperanza	1999
9:58.3	Irvine	1982
9:58.3	El Modena	1995
9:58.5	Tustin	1983
9:58.9	Corona del Mar	1987
10:00.5	El Toro	1995
10:01.2	El Modena	1993
10:03.0	Laguna Hills	1993
10:08.1	El Dorado	1984
10:08.5	Canyon	1986
10:09.03	Woodbridge	2014
10:09.8	Esperanza	1998
10:10.5	Corona del Mar	1993
10:10.9	Esperanza	1986
10:11.2	Esperanza	2000
10:14.7	Esperanza	1994
10:15.3	Edison	1994
10:15.7	Corona del Mar	1994
10:16.2	SA Valley	1988
10:16.4	El Modena	1996
10:16.6	Villa Park	2002
10:17.0	Edison	1986
10:17.5	Laguna Beach	1987
10:18.1	Marina	2003
10:21.2	Mission Viejo	1999
10:22.1	Villa Park	1988
10:22.3	El Toro	1992
10:22.4	Canyon	1988

10:22.8	Foothill	1996
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High Jump

5-10.5	Sharon Day (Costa Mesa)	2003
5-8	* Misty May (Newport)	1994
5-6	* Tina Bowman (Newport)	1994
5-6	** Tayyiba Haneef (Laguna Hills)	1995
5-6	** Jessica Lang (Mission Viejo)	2015
5-4	Darci Morrison (Laguna Hills)	1993
5-4	** Lauren Collins (Santa Margarita)	2003
5-4	Annie Giebelhaus (Orange Lutheran)	2011
5-4	Brenna Barker (Dana Hills)	2012
5-3	Maciah Murray (Edison)	2013
5-3	* Michelle DeDmon (El Toro)	2013
5-2	Carrie Hoagland (Canyon)	1992
5-2	Tracy Broughton (Irvine)	1992
5-2	Wendy Brown (Woodbridge)	1992
5-2	Kendra Canape (Brea)	2000
5-2	Kristna Curtis (Tustin)	2003
5-2	Madelyn Sando (Mater Dei)	2012

Pole Vault

13-10.5	*Rachel Baxter (Canyon)	2017
12-6	**Victoria Rische (Foothill)	2010
12-4	***McKenna Caskey Mater Dei	2014
12-3	*Allison Stokke (Newport)	2006
12-0.5	* Elizabeth Woepse (Mater Dei)	2003
12-0	*McKenna Caskey (Mater Dei)	2016
12-0	*Kate Thomas (Santa Margarita)	2016
11-8	Lyndly Tamura (Huntington Beach)	2006
11-6.5	Mandie Rowell (Santa Margarita)	2003
11-6.5	* Whitney Johnson (Mission Viejo)	2003
11-6	*Brooke Arthur (Mater Dei)	2010
11-6	Claire Hawkins (Santa Margarita)	2010
11-4	Claire Kao (Dan Hills)	2016
11-1	*Amy Loschiavo (Huntington Beach)	2011
11-0.75	Cara Walker (Marina)	2003
11-0	Caroline Rebello (Marina)	2000
11-0	Kate Johnson (Mater Dei)	2010
10-10	** Alexa Ward (Los Alamitos)	2006
10-8	*Amy Loschiavo (Huntington Beach)	2011
10-7	** Kelly MacLean (Edison)	2003
10-6	Katie Rorem (Marina)	1998
10-6	Sarah Higham (Mission Viejo)	1998
10-6	Lauren Walker (Huntington Beach)	2006
10-6	Karen Snapper (Huntington Beach)	2010
10-6	Kari McCollum (Orange Lutheran)	2015

Long Jump

19-02	Dominique Ruotolo (Mater Dei)	2018
18-10	***Jade McDonald (Mater Dei)	2018
18-6.25	* Ashley Bethel (Mission Viejo)	1996
17-9.75	Heather Sterlin (Mission Viejo)	1992
17-6.5	Kristy Kierulff (Esperanza)	1995
17-6	** Dana Bethel (Mission Viejo)	1999
17-5	Lauren Delgadillo (Fountain Valley)	2014
17-3	Melissa McDonald (Mater Dei)	1991

Triple Jump

40-2	***Jade McDonald (Mater Dei)	2018
39-8	*Madison Lyon (Woodbridge)	2019
39-7.75	Michelle Sanford (Woodbridge)	2003
39-7.25	Dominique Ruotolo (Mater Dei)	2018
37-9.75	Kelly O'Connor (Esperanza)	1996
37-4	* Lora Bender (Fountain Valley)	2013
37-1.5	Erica Dickson (Mission Viejo)	1996
37-1	Michaela Schaeffer (Edison)	2013
36-9	Tammy Graham (Mission Viejo)	1992
36-9	* Darneshia Griffith (Trabuco Hills)	1996
36-7.25	Brenna Barker (Dana Hills)	2013
36-5	Jennifer Bandley (Los Alamitos)	2014
35-1.75	Nina Foster (Mission Viejo)	1993

Shot Put

45-9.75	Mackenna Howard (Los Alamitos)	2014
40-11.75	Priscilla Gardner (Mission Viejo)	2003
39-4.25*	Sonya Bryant (Marina)	1995
39-2.25	Stephanie Sampson (Esperanza)	1999
38-7	Chrissy Tolson (Fountain Valley)	1996
37-4.25	* Ciera Williams (Mission Viejo)	2015
36-8.75	Mackenna Howard (Los Alamitos)	2013
35-4	Tafi Togogao (Los Amigos)	1996

20# Weight Throw

54-06.50	Faimalie Sale (Los Alamitos)	2018
48-6.25	Jillian Stafford (Dana Hills)	2020
48-5.25	Mackenna Howard (Los Alamitos)	2014
44-9	*Emma Robins (Esperanza)	2018
41-10.75	*Elizabeth Jones (Corona del Mar)	2016
45-6.5	Alexa Sheldon (Edison)	

ALL-TIME SCHOOL RECORDS

ALISO NIGUEL

Boys			
100m	Charlie Jarvis	10.63	2022
200m	Drew Koesel	21.73	2019
400m	Michael Phillippy	48.15	2018
800m	Michael Andraszcyk	1:53.19	2008
1600m	Brennan Foody	4:13.47	2022
3200m	Brennan Foody	9:02.67	2022
110m H	Jedediah Kaufmann	14.59	2019
300m H	Andrew Kokinakes	38.37	2009
400m R		41.13	2018
1600m R		3:14.68	2018
HJ	Austin Muirbrook	6-5	2019
LJ	Jedediah Kaufmann	21-10.75	2019
TJ	Donald Hawthorne	47-7.75	2002
PV	Danny Affleck	15-4	2020
SP	Alex Probolsky	53-9.25	2021
Dis	Chad Seymour	178-11	2009

Girls

100m	Danielle Darden	11.97	2013
200m	Danielle Darden	24.04	2013
400m	Mia Darden	56.57	2017
800m	Haley Lawrence	2:10.57	2006
1600m	Emily Richards	4:53.70	2021
3200m	Emily Richards	10:28.37	2021
100m H	Ryann Beveridge	15.16	2018
300m H	Lily McCann	45.52	2019
400mR		48.02	2005
1600mR		3:57.07	2017
HJ	Kendra Duffey	5-6	2019
PV	Morgan Flynn	13-0	2019
LJ	Amber Moore	18-2.75	2004
TJ	Kathryn Plummer	41-6	2014
SP	Jaslene Massey	46-0	2024
Discus	Keanna Roberson	124-3	2011

ANAHEIM

Boys			
100m	Che Garcia	10.95	1992
200m	Ron Pharris	21.42+ (21.3y)	1967
400m	Mike Fritz	48.26	1986
1600m	Tom Keefer	4:11.2+ (4:12.6y)	1969
3200m	Tom Keefer	9:07.1+ (9:10.2y)	1969
110m H	Bob McQueen	14.68+ (14.4y)	1971
300m H	Octavio Morgan	38.85	2017
400m R		41.99+ (41.1 y)	1972
1600m R		3:21.51	1984
HJ	Rick Sloan	6-8	1964
PV	Jack Hanian/Wayne Gorman	14-0	1972
LJ	Ruben Droughns	22-6.5	1995
TJ	Paul Magana	45-10.25	2016
SP	Jim Heath	59-9.5	1969

Girls

100m	Carla Battle	12.34	1997
200m	Carla Battle	25.79	1997
HJ	Yleana Carrascco	6-0	1985
LJ	Jennifer Bailey	17-10.5	1985
SP	Rosario Ramos	46-9	1979

BECKMAN

Boys			
100m	Matthew Yu	10.83	2023
200m	Matthew Yu	21.87	2023
400m	Sachin Shurpalekar	49.64	2022
800m	Joshua Schuld	1:56.91	2021
1600m	Ibzan Felix	4:07.06	2024
3200m	Ibzan Felix	8:47.08	2024
400m R		42.87	2014
300m H	Jett Gary	39.90	2023
HJ	Ryan Arambulo	6-7	2008

Dis	Brendon Birdsell	180-8	2009
Girls			
100m	Bethany Nguyen	12.36	2019
200m	Danielle Dixon	24.64c (24.4h)	2017
400m	Jocelyn Niemiec	54.85	2021
800m	Estella Knobbe	2:17.23	2021
1600m	Ava Davidson	5:11.04	2024
3200m	Mia Bergman	11:03.15	2021
100m H	Skyler Serrano	14.77	2023
300m H	Isabella Brown	47.02	2024
400m R		48.48	2019
1600m R		3:58.19	2019
HJ	Caitlin Birdsell	5-6	2010
PV	Sophia Alagha	11-9	2024
TJ	Anna Biele	37-7.5	2018
SP	Saloni Khandhadia	36-1	2019
DIS	Saloni Khandhadia	137-10	2019

BREA-OLINDA

Boys			
100m	Claude Melvin	10.70	1999
200m	Claude Melvin	21.40	1999
400m	Dave Buck	47.87+ (48.0y)	1963
800m	Austin Tamagno	1:50.75	2016
1600m	Austin Tamagno	3:59.65+ 4:01.04y	2016
3200m	Austin Tamagno	8:54.73	2015
110m H	Bryan Poland	14.58+ (14.3y)	1970
300m H	Peyton Killhefer	37.87	2021
400m R		42.18	1999
HJ	Hubbard	6-6	1992
	Ryan Kugel	6-6	1998
PV	Randy Parker	14-6	1977
LJ	Dan Carpenter	24-0.5	1972
SP	Dave Johnson	60-10.75	1976
DIS	Jim Norum	178-7	1997

Girls

100m	Kylie McCuen	12.33	2001
200m	Kylie McCuen	25.14	2001
400m	Sara Kronquist	57.23	2011
800m	Maika Nelson	2:14.15	1997
1600m	Vanessa Hancock	4:53.68	2008
3200m	Vanessa Hancock	10:49.47	2008
100m H	(33")Sarah Bonilla	15.56	1998
300m H	Sarah Bonilla	44.64	1997
400m R		49.10	2012
1600m R		3:57.54	1998
HJ	Stephanie Wettlin	5-6.25	1997
PV	Tracie Nakagana	11-0	2002
	Melissa Scott	11-0	2016
LJ	Taniha Maze	17-8.75	1988
TJ	Tennli Ulicny	36-10.5	1998
SP	Niki Awaa	38-11	2002
DIS	Nikki Awaa	137-2	2004

BOLSA GRANDE

Boys			
400m	Randy Julian	47.27+ (47.4y)	1965
1600m	Terry Lamb	4:08.9+ (4:10.4y)	1969
110m H	Jeff Nelson	14.48+ (14.2y)	1965
1600m R		3:18.4+ (3:19.7y)	1966
SP	Brian Dyke	59-6.5	1973
DIS	Mike Johnson	172-2	1966

Girls

100m	Janel Nguyen	12.56	2018
1600m	Jeanette Zambrano	5:05.31	2012
3200m	Rocio Pelayo	10:53.25	2006
LJ	Janel Nguyen	18-10.75	2018

BRETHREN CHRISTIAN**Boys**

200m	Nathan Farris	22.41	1999
800m	Brandon Pacheco	1:51.29	1995
1600m	Brandon Pacheco	4:08.59	1995
PV	Steve Michels	16-5.25	1996

Girls

100m	Allison Sarrell	12.48w	2001
LJ	Allison Sarrell	17-1.1	2001
TJ	Cindy Oparah	38-1.5	1998

BUENA PARK**Boys**

100m	George McDonald	10.89	1994
200m	Mo Printup	21.92+(21.8y)	1982
400m	Mitchell Ramirez	49.34	2009
800m	Tom Kovacich	1:50.8+(1:51.4y)	1972
1600m	Armando Cendejas	4:15.7+(4:17.1y)	1974
3200m	Armando Cendejas	8:57.5+(9:00.6y)	1974
400m R		43.09+(43.2y)	1990
1600m R		3:17.72+(3:19.0y)	1972
HJ	Conrad	6-8	2008
LJ	Kevin McGannon	23-7.5	1965
TJ	Joe Thomas	46-8.75	1999
SP	Pat Kyle	60-11	1982

Girls

100m	Snita Ashford	12.10	2006
600m	Carrie Garritson	5:01.90	1994
3200m	Carrie Garritson	10:28.20	1994
100m H	Jasmine Webb	15.28	2004
300m H	Yasmin Webb	43.56	2005
SP	Lato Eteaki	36-1.5	2014
Dis	Terri Sabol	155-6	1974

CALVARY CHAPEL**Boys****Girls**

100m	Madison Lankford	12.67	2010
1600m	Chelsea Vancott	5:09.85	2008
3200m	Chelsea Vancott	11:19.41	2008
100m H	Kathryn Karkut	15.97	2008
TJ	Skyler Cazale	36-7	2024

CANYON**Boys**

100m	Vanden Staly	10.93	2002
	Ib Al-arnous	(10.75w)	2008
200m	Tubotien Taylor	21.83	2009
400m	Tubotien Taylor	47.73	2009
800m	Ethan Florez	1:54.04	2022
1600m	Chance Lamberth	4:07.70	2016
3200m	Wesley Walsh	8:56.25	2015
110m H	Brent Elliot	14.75	2011
	Musae Sesay	(14.40w)	2008
300m H	Travion Phillips	39.04	2018
400m R		42.51	2009
1600m R		3:20.57	2008
HJ	Cody Crampton	6-11	2011
PV	Jeremiah Chow	14-0	2016
	Jake Bennett	14-0	2016
LJ	Dave Berger	23-7.5	1978
TJ	Chris Jackson	45-9.75	1999
SP	Jake Porter	59-6	2019
Dis	Jake Porter	165-10	2019

Girls

100m	Alexis Turley-Young	12.15	2015
200m	Tai Crumsey	25.23	2014
400m	Debbie Bottomley	56.62+(56.8)	1976

800m	Emma Hadley	2:11.45	2021
1600m	Emma Hadley	4:50.78	2022
3200m	Sara Leonard	10:24.41	2018
100m H	Alexis Turley-Young	14.34	2015
300m H	Kathy Kelly	45.74+(45.8y)	1983
400m R		48.12	2014
1600m R		3:49.71	1983
HJ	Carrie Hoagland	5-5	1994
PV	Rachel Baxter	14-4	2017
LJ	Shannon McGinnis	19-0.5	1983
TJ	Alexis Turley-Young	38-9	2015
SP	Jacque Nelson	44-11.5	1978
DIS	Allison Franke	160-6	1989

CAPISTRANO VALLEY**Boys**

100m	Josh Saunders	10.94c(10.7)	1998
200m	Tomm Davis	22.21	1987
400m	Joe White	48.89	1989
800m	Kris Monte	1:53.26	2000
1600m	Neil Stevenson	4:15.77	1989
3200m	Adalberto Sanchez	9:08.68	1995
110m H	Espinosa	14.70	1984
300m H	Steve Lawrence	38.94c(38.7)	1987
400m R		42.29	1987
PV	Ryan Leuenburger	15-1	2024
LJ	Bernie Chapman	22-11	1991
TJ	Bernie Chapman	47-3	1991
SP	Brian Blutreich	69-6.5	1985
Dis	Brian Blutreich	210-8	1985

Girls

100m	Gianna Lowery	11.87	2010
200m	Gianna Lowery	24.15	2010
400m	Tifney Reeve	55.24	2005
800m	Natalie Herberg	2:11.92	2013
1600m	Haley Herberg	4:47.55+ (4:49.22y)	2017
3200m	Haley Herberg	10:09.54	2018
100m H	Kristen Kiefer	14.37	2007
300m H	Kristen Kiefer	42.75	2007
400m R		47.77	2011
1600m R		3:54.60	2010
HJ	Jolie Robinson	5-5	2019
PV	Alyssa Kolbeck	11-7	2024
LJ	Jolie Robinson	18-8.25	2019
TJ	Jolie Robinson	38-6.5	2019
SP	Laura Matos	40-9	1983
DIS	Kelly Allen	142-6	1988

CENTURY**Boys**

100m	Adrian Pioquinto	10.91	2009
LJ	Thomas	23-5.6	2000
Dis	Kevin Watson	166-4	1999

Girls

SP	Aprile Powell	40-0.75	1999
Dis	Aprile Powell	130-0	1999

CORONA DEL MAR**Boys**

100m	Jason Boyce	10.90	1994
200m	Matt Hurst	21.61	2014
400m	Matt Hurst	47.79	2014
800m	Nick Rose	1:52.1+(1:52.7y)	1971
1600m	Jim Robbins	4:10.74	1988
3200m	Brian Hunsaker	8:53.7+(8:56.8y)	1975
110m H	Nick McGuinness	14.90	2013
300m H	Troy Hardy	38.28	2013
400m R		42.37	2014
1600m R		3:17.80	2012
HJ	George Kent	6-7	1972
	Mark Palmer	6-7	1984
PV	Keith Miller	15-1	1991

LJ	Jason Plumb	24-5	2022
TJ	Blaine Bolus	46-4.75	2009
	Blaine Bolus	(46-7.25w)	2008
SP	Sean Fenton	57-9.5	2000
Dis	Mike Bain	189-10	1987

Girls

100m	Ava Simos	11.94	2024
200m	Ava Simos	24.10	2023
400m	Melissa Swigart	55.95	2005
800m	Liz Morse	2:07.78	2000
1600m	Annie St Geme	4:39.94+(4:41.57y)	2006
3200m	Annie St Geme	10:15.89	2006
100m H	Ava Simos	15.13	2024
300m H	Paige Damron	45.23	2018
400m R		48.55	2005
1600m R		3:48.28	1988
HJ	Allison Brawner	5-7	2000
PV	Morgan Flynn	12-4	2018
LJ	Kim Attlessey	20-8.75	1971
SP	Jaycee Olsen	43-6.25	2010
Dis	Ariana Novela	137-3	2021

COSTA MESA

Boys

100m	Quinton Bell	10.58	2014
200m	Quinton Bell	21.34	2014
400m	Randy Smith	49.16+(49.3y)	1964
800m	Eric Solis	1:54.51	1997
1600m	Doug MacLean	4:09.5+(4:10.9y)	1972
3200m	John Olswang	9:00.9+(9:04.0y)	1972
1600m R		3:22.81	1982
HJ	Mike Langa	6-6	1962
	Richie	6-6	1986
	Steve Smith	6-6	1997
PV	Eric Berg	14-5.25	1962
SP	Curt Eilenberg	56-4.25	1975
Dis	Curt Eilenberg	173-1	1975

Girls

100m	Paige LaBare	12.54	2013
200m	Paige Labare	25.47	2016
400m	Sharon Day	57.35	2002
800m	Vicki Kelly	2:12.61	1981
1600m	Denisha Bendz	5:04.08	1992
3200m	Diane Molina	10:57.86	2019
100mH	Gigi Surmon	15.44	1993
300m H	Julie Kroenig	45.33	2000
1600m R		3:56.33	1982
HJ	Sharon Day	6-2	2003
SP	Bonnie Dasse	42-6	1977
Dis	Felicia Crenshaw	159-11	2017

CREAN LUTHERAN

Boys

800m	Sean Pino	1:57.90	2013
1600m	Garrett Miller	4:23.24	2019
110m H	Jack Fairchild	14.55	2022
300m H	Colin Currier	38.94	2024
1600m R		3:26.72	2019
TJ	Jack Fairchild	46-2	2022

Girls

100m	Elina Oh	12.46	2024
200m	Eliza Wooden	25.79	2024
800m	Kaela Brenner	2:17.42	2021
1600m	Lauren Mauer	4:56.67	2012
3200m	Lauren Mauer	10:56.17	2012
100m H	Tori Occhipinti	15.97	2013
300m H	Alexandra Sciarra	45.47	2010
LJ	Megan Horn	17-9	2018
TJ	Megan Horn	39-6.25	2018

CYPRESS

Boys

100m	Garland West	10.66	2004
200m	Anton Jamir	21.73	2003
400m	Jimmy Hutsell	48.30	1993
1600m	William Feliciano	4:14.22	1984
3200	David Napper	9:09.48	2003
110m HH	Tom Turner	14.28+(14.0y)	1975
400m R		41.91	2003
1600m R		3:16.02	2005
HJ	Jeff Waldren	6-9	1991
	Quinten Pounds	6-9	2015
PV	Jeff Conkle	15-0	1977
LJ	Todd Fenton	23-3.75	1984
TJ	Clarence Moore	48-3.75	2000
SP	David Sampson	58-5.75	2003
Dis	David Sampson	177-11	2003

Girls

100m	Hilary Ojinnaka	12.05	2013
200m	Hilary Ojinnaka	24.70	2013
400m	Brittany Flores	56.54	2006
800m	Lauren Jirges	2:14.33	2003
1600m	Rhonda Craig	5:08.3+(5:10.1y)	1979
3200m	Rhonda Craig	10:54.2+(10:58.0y)	1979
100m H	Kailyn Krebs	15.90	2024
300m H	Liana Fuentes	45.90	2005
400m R		48.18	2007
1600m R		3:58.9	2006
HJ	Rachel Soremekun	5-5	2005
PV	Melissa Morris	11-9	2008
LJ	Jennifer Gillespie	18-6.25	1981
TJ	Debbie Geary	36-11	1983
Dis	Amanda Rodriguez	121-5	2004

DANA HILLS

Boys

100m	Bryan Harrison	10.56	1995
200m	Bryan Harrison	21.10	1995
400m	Cade Lindahl	47.80	2006
800m	Jai Dawson	1:49.33	2022
1600m	Evan Noonan	4:04.02	2024
3200m	Evan Noonan	8:43.12	2024
110m H	Mike Germain	14.30	1983
300m H	Mikey Fischetti	37.60	2009
400m R		41.78	2008
1600m R		3:16.80	2018
HJ	Eric Smyth	6-10	1979
PV	Stephen Horrell	15-1	2005
LJ	Devin Harrison	24-1	2010
TJ	Jordan Singleton	45-7.5	2008
SP	Rory Mount	59-1.75	2009
Dis	Andy Marrone	192-1	1990

Girls

100m	Grace Esslinger	12.18	2008
200m	Anisa Rind	24.38	2019
400m	Hailey Ray	56.00	2019
800m	Annie Ivarsson	2:10.07	2024
1600m	Allura Markow	4:42.79	2023
3200m	Alaina Alvarez	10:36.16	2011
100m H	Kimmie Conner	14.20	2010
300m H	Kimmie Conner	42.97	2010
400m R		47.45	2018
1600m R		3:46.67	2017
HJ	Brenna Barker	5-7.5	2013
PV	Claire Kao	12-6	2016
LJ	Roxy Meyer	18-6	2024
TJ	Roxy Meyer	39-4.75	2024
SP	Adara Newidouski	41-2.5	1993
Dis	Adara Newidouski	136-8	1992

EASTSIDE CHRISTIAN

Boys

HJ	TJ Fakehinde	7-0.5	2002
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EDISON**Boys**

100m	Kerwin Bell	10.70	1980
200m	Darryl Poston	21.40	2001
400m	Tom Lloy	48.06+(48.1y)	1975
800m	Tom Lloy	1:51.6+(1:52.2y)	1974
1600m	Jon Butler	4:06.75	1981
3200m	Jon Butler	8:46.78	1981
110m H	Denny Flanagan	14.40	2001
300m H	Denny Flanagan	38.25	2002
400m R		42.00	2001
1600m		3:17.9+(3:19.2y)	1975
HJ	Jeff Goddard	6-8	2003
PV	Dave Noel	16-4	1988
LJ	Chris Macke	23-11	2006
TJ	Ian Jennings	46-5.5	1998
SP	Kaleaph Carter	64-0.5	1988
Dis	Kaleaph Carter	186-2	1988

Girls

100m	Cori Hoffer	12.27	2018
200m	Trindl Fearnley	24.94c(24.7)	1984
400m	Barbara Rainey	55.42	1983
800m	Meghan Foley	2:10.47	2007
1600m	Shelley Taylor	4:48.52	1992
3200m	Hillary Hayes	10:28.79	2009
100m H	Amanda Herrington	14.93	2017
300m H	Kerry O'Bric	44.76	1996
400m R		47.65	1984
1600m R		3:49.45	1983
HJ	Rachel Zieman	5-10	2000
PV	Tori Pena	13-2	2005
LJ	Kerry O'Bric	19-9	1996
TJ	Kerry O'Bric	39-8	1996
SP	Alexa Sheldon	44-3.5	2024
Dis	Marie Philman	144-0	1996

EL DORADO**Boys**

200m	Bill Whalen	22.40	1987
400m	Jon Michael	49.06+(49.2y)	1980
800m	Craig Olson	1:54.30	1987
1600m	Pat Dutzi	4:11.6+(4:13.0y)	1973
3200m	Ken Ernst	8:58.96+(9:02.14y)	1979
110m H	Jim Hunt	14.68+(14.4y)	1976
1600m R		3:22.5+(3:23.8y)	1980
HJ	Ron Edgley	6-10	1979
PV	Greg Ernst	16-6	1978
LJ	Michael Dunne	22-3	2024
TJ	Michael Dunne	45-6.	2024
SP	Chris Dressel	58-3.5	1979
Dis	Kevin Corbitt	184-2	1976

Girls

100m	Michelle Banks	12.20	1982
200m	Michelle Banks	24.94c(24.7)	1984
400m	Michelle Banks	55.44	1984
800m	Marcia Escobosa	2:17.8	1984
1600m	Marcia Escobosa	4:55.9	1984
3200m	Cassidy Towner	10:43.96	2014
100m H	Karalyn Cheng	15.43	2023
300m H	Tasha Walker	45.64	1994
400m R		49.53	2016
1600m R		3:59.10	1993
HJ	Lori Svoboda	5-10.75	1989
PV	Misty Richards	9-6	1998
TJ	Karalyn Cheng	38-01	2023
SP	Heather Cunningham	40-9	1995
Dis	Cyndi Lee	134-7	1988

EL MODENA**Boys**

100m	Josh Brown	10.72	2007
		(10.61w)	2007
200m	Nicholas Sanford	22.18	2005
400m	Mike Terry	49.06+(49.2y)	1991
800m	Dave Kingsland	1:49.4+(1:50.0y)	1977
1600m	Sydney Gidabuday	4:09.54	2014
3200m	Dave White	8:56.7+(8:59.8y)	1969
110m H	Richardson	14.68+(14.4y)	1974
300m H	Jake Angier	39.22	2019
400m R		42.92	2008
1600m R		3:19.47	1982
HJ	Matt Carter	6-10	2003
PV	Peter Kovacs	15-9	1995
LJ	Sean Sawyer	23-5	1984
TJ	Mark McGouney	46-8.75	1983
SP	Ziad Khozam	59-5.5	1985
Dis	Dylan Connor	180-3	2022

Girls

100m	Juanita Lawson	12.14c (11.9)	2001
200m	Sydney Carr	25.29	2016
400m	Jasmin Trujillo	57.22	2024
800m	Jessica Dahlberg	2:15.69	1996
1600m	Rebecca Sarmiento	5:03.18	2012
3200m	Leslie Burton	11:09.08	1995
100m H	Kaitlyn Meeder	15.47	2017
300m H	Cara Brookhouse	46.02	1989
400m R		48.75	2000
HJ	Sandy Gonzalez	5-6	2006
LJ	Gaylen Ames	17-8.5	1985
TJ	Gaylen Ames	38-10	1984
SP	Shelly Lovati	44-1.5	1986
Dis	Shelly Lovati	139-5	1986

EL TORO**Boys**

100m	Chad Grimmett	10.95	2009
200m	Aaron Lybarger	22.02+(21.9y)	1982
400m	Camden Patterson	49.01	2021
800m	Toby Villalva	1:53.34	2009
1600m	Toby Villalva	4:09.42	2009
3200m	Juan Gonzalez	8:54.01	2013
110m H	Mike Smith	14.25	1997
300m H	Nolan Grimm	38.24	2008
400m R		42.95	2012
1600m R		3:24.65	2021
HJ	Elliott Parks	7-2	1997
PV	Adam Bragg	16-3	2011
LJ	Justin Schneider	23-10	2012
TJ	Art Gourdine	46-3	1978
SP	Nick Robinson	65-1	2006
Dis	Nick Robinson	197-0	2006

Girls

100m	Maliyah Medley	12.29	2015
200m	Maliyah Medley	23.88	2017
400m	Maliyah Medley	53.06	2018
800m	Hanna Edwards	2:09.55	2011
1600m	Ashley Messineo	4:51.89	2018
3200m	Hannah Tobin	10:33.31	2017
100m H	Jessica Bragg	14.94	2009
300m H	Paula Pedrani	43.63	2015
400m R		47.57	2016
1600m R		3:48.99	2005
HJ	Lauren Correa	5-7	2005
PV	Madi Bragg	11-4	2013
LJ	Lisa Gourdine	19-9	1977
TJ	Monica Fisher	38-3.5	1989
SP	Hilary Fraser	45-6.5	2007
Dis	Hilary Fraser	158-2	2007

ESPERANZA**Boys**

100m	Shane Henry	10.81 (10.72w)	2006 2006
200m	Wes Williams	21.28 (21.13)	2005
400m	Roshawn Sims	47.73	1991
800m	John Carrow	1:52.92	1988
1600m	Ryan Bousquet	4:05.54+(4:06.97y)	2000
3200m	Shawn Frack	9:06.70	1993
110m H	Pat Swanson	14.36(14.19w)	1996
300m H	Keith Pontiflet	36.74	1985
400m R		42.00	1995
1600m R		3:20.00	1984
HJ	Larry Berger	6-10	1979
PV	Bobby Sparks	15-2	1998
LJ	Hayden Pierce	23-10.75	2010
TJ	Clayton Tharrington	48-6.25	1990
SP	Bronson Osborn	71-7.25	2016
Dis	Bronson Osborn	204-4	2016

Girls

100m	Trish Aubuchon	12.09(12.03w)	1984
200m	Trish Aubuchon	24.71(24.66w)	1984
400m	Emily Dunn	55.05	2007
800m	Emily Dunn	2:06.48	2007
1600m	Courtney Pugmire	4:50.47	1995
3200m	Courtney Pugmire	10:14.48	1995
100m H	Inshirah Jones	14.56	1995
300m H	Nikki Jackson	43.45	1990
	Julie Handy	43.45	2001
400m R		48.45	1988
1600m R		3:51.21	1982
HJ	Kristy Kierulff	5-10.75	1994
PV	Trisha Gutierrez	11-6	1998
LJ	Kelly O'Connor	19-8.75	1996
TJ	Kelly O'Connor	40-11.75	1996
SP	Kristin Thompson	41-2.75	1999
Dis	Kristin Thompson	142-2	2000

ESTANCIA**Boys**

100m	MyranFelix	(10.8w)	1994
200m	Dave Johnson	21.72 21.6y	1970
400m	Eric Olson	48.76 48.9y	1970
800m	Jim Walters	1:48.8+(1:49.4y)	1977
1600m	Humberto Rojas	4:10.58	2003
3200m	Humberto Rojas	9:21.73	2003
110mH	Steve Adams	14.68+ {14.4y}	1984
	Ryan Whites	14.68	2006
300m H	Myron Felix	38.83	1984
1600m R		3:21.9+(3:23.2y)	1976
HJ	Ken Connor	6-10	1975
PV	Doug Miller	15-6	1986
LJ	Eric Dorn	23-2.75(23-4w)	1986
TJ	Mitch Barnett	43-6.5	1978

Girls

100m	Perris William-Mensah	12.04	2014
200m	Perris William-Mensah	25.20	2013
3200m	Elizabeth Huippe	11:14.04	2001
100m H	Yasmeen Chennault	15.72	2011
1600m R		3:57.1+(3:58.4y)	1979
HJ	Christie Howard	5-6	1990
SP	Nicole Oberreuter	38-4.5	1990
DIS	Debbie Hargrove	143-10	1990

FOOTHILL**Boys**

100m	Austin Overn	10.49	2022
200m	Ethan Taub	22.34c(22.1)	1994
400m	Ethan Taub	48.12	1993
800m	Jacob Robison	1:49.65	2022
1600m	Jeff Williams	4:07.02+(4:08.46y)	1982
3200m	Mark Spilsbury	8:50.6+(8:53.6y)	1976
110m H	Maikalo Liti	14.63	2003
300m H	Chad McHenry	39.25	1989

400m R		42.77	2024
1600m R		3:14.99	1993
HJ	Doug Dreibelbis	6-11.75	1983
PV	Steve Slocum	16-0	1987
LJ	Austin OPvern	23-1	2022
TJ	Ken Gates	46-9.75	1980
SP	Joe Walshe	58-5.5	1984
DIS	Andrew Cruikshank	176-8	2010

Girls

100m	Tara Oettinger	12.37	1994
200m	Tara Oettinger	25.04c(24.8)	1994
400m	Stacy Kneeshaw	57.31+(57.5y)	1978
800m	Amy Cox	2:11.73	1982
1600m	Stacy Kneeshaw	4:49.57	1980
3200m	Sierra Vega	10:23.59	2010
100m H	Kate Mook	14.70	1995
300m H	Kate Mook	44.34	1995
400m R		49.73	1986
1600m R		3:57.20	1995
HJ	Elizabeth Bauer	5-6	1989
PV	Victoria Rische	12-9.75	2011
LJ	Tara Oettinger	19-7.5	1994
TJ	Leila Khoury	37-10.75	1994
SP	Ashley Selman	39-1.5	1988
DIS	Kathrine Henze	130-2	1998

FOUNTAIN VALLEY**Boys**

100m	Kyle Middlebrooks	10.54	2009
200m	Kyle Middlebrooks	21.54	2009
400m	Chris Sperle	48.40	1984
800m	Steve Christiano	1:55.0+(1:55.6y)	1970
1600m	Brain Appell	4:16.4+ (4:17.8y)	1978
3200m	Bob Erickson	9:02.57	1982
110m H	Ken Margerum	13.82+(13.78y)	1977
300 H	Hassan Ilyas	38.33	2011
400m R		42.48	2017
1600m R		3:16.41	1981
HJ	Matt Byrd	6-6	1994
PV	Blake Mason	15-8	2008
LJ	Troy Blevins	23-1	1978
TJ	Dennis Cowan	47-5	1979
SP	Tambi Wenj	60-3	1984
DIS	Tambi Wenj	190-8	1984

Girls

100m	Cheryl Henderson	12.18	1983
200m	Alyssa Tao	25.25	2013
400m	Liz Melton	57.41+(57.6y)	1978
800m	Kaho Cichon	2:08.86	2021
1600m	Bonnie McGlinchey	4:47.42	1980
3200m	Annabella Villanueva	10:35.16	1980
100m H	Sharon Hatfield	14.44	1982
300m H	Sharon Hatfield	42.55	1982
400m R		48.86	2017
160m R		3:49.1+(3:50.4y)	1979
HJ	Sharon Hatfield	5-8	1980
PV	Isabella Abrahams	12-8	2024
LJ	Sharon Hatfield	19-3.25	1982
TJ	Young	36-7.5	1987
SP	Julie Green	40-9.75	1978

FULLERTON**Boys**

200m	Caleb Garner	22.75	2021
400m	Dan Hoefler	49.56(49.7y)	1947
800m	Bob Sutherland	1:55.7+(1:56.3)	1974
1600m	Mark Wynne	4:17.5 (4:18.9y)	1963
3200m	Greg Dean	9:12.3 (9:15.8y)	1976
110m H	Doyin Sule	14.72	2011
300m H	Donald Woullard	39.64	2014
400m R		43.44	2010
HJ	Imad Jamal	6-8	1979
LJ	Darrell Roberts	23-03	1955

SP	John Brenner	64-5.5	1979
DIS	John Brenner	172-11	1979

Girls

200m	Caili Tuttle	25.66	2015
400m	Caili Tuttle	56.57	2015
300m H	Kathy Lavering	45.68	1982
400m R		49.47	2017
SP	Natalie Kaaiawahia	53-7.75	1983
DIS	Natalie Kaaiawahia	174-9	1983

GARDEN GROVE

Boys

100m	Kevin Griswold	10.67	1996
200m	Kevin Griswold	21.21	1996
400m	Tony Krzyzosiak	46.57+(46.7y)	1971
800m	Mark Schilling	1:54.2+(1:54.8y)	1972
1600m	Mark Schilling	4:04.0+(4:05.4y)	1972
3200m	Mike Davis	9:12.3+(9:15.5y)	1968
110m H	Bob Ballew	14.78+(14.5y)	1957
300m H	Anthony Hale	37.37	1988
400m R		42.19+(42.3y)	1973
1600m R		3:17.9+(3:19.2y)	1970
HJ	Dave Russ	6-8	1969
PV	Steve Pulvers	14-2	1973
LJ	Tony Krzyzosiak	24-1	1971
DIS	Mike Morales	174-1	1986

Girls

100m	Matty Morton	12.42w	2001
200m	Matty Morton	25.37	2001
DIS	Melanie Dear	127-11	1991

GODINEZ

Boys

400m	Diego Majia	50.70	2022
800m	Diego Mejia	1:53.62	2024
1600m	Jayden Hernandez	4:15.78	2023
3200m	Jose Penaloza	9:16.81	2013

HUNTINGTON BEACH

Boys

100m	Eddie Morris	10.64c(10.4)	1940
200m	Tony Thompson	22.15	1984
400m	Paul Williams	48.26+(48.4y)	1968
800m	Paul Williams	1:50.6+(1:51.5y)	1968
1600m	Robert Angel	4:08.3+(4:09.7y)	1975
3200m	Gus Quinonez	9:05.86	1983
110m H	Adrian Brown	14.13	1991
300m H	Tony Thompson	37.54	1984
400m R		42.86	2012
1600m R		3:23.47	1990
HJ	Cary Burt	6-10.5	1977
PV	Jeff Ryan	15-8	1999
LJ	Garth Wise	23-1	1971
TJ	Carl Satterfield	45-1.75	1983
SP	Scott Moser	61-10.5	1997
Dis	Scott Moser	213-11	1997

Girls

100m	Eileen Dunaway	12.38(12.37w)	1995
200m	Vanessa Denniston	24.72+ 24.87y	1978
400m	Cassie Durgy	56.90	2015
800m	Cassie Durgy	2:09.57	2015
1600m	Cassie Durgy	4:53.81+ 4:55.52y	2016
	Makenzie McRae	4:53.84	2023
3200m	Sydney Rubio	10:20.46	2024
300m H	Elizabeth Ramsey	45.75	2009
400m R		49.21+(49.49y)	1979
HJ	Ann Erpenbeck	5-9	1978
PV	Allison Kioressel	13-1	2009
LJ	Bonnie Sorensen	18-3	2005
SP	Robyn Utu	41-1.5	1982
Dis	Katelyn Ciarelli	148-5	2003

IRVINE

Boys

100m	Kamron Shahbahrami	10.82	2011
200m	Mario Bassani	21.26	2001
400m	Mario Bassani	47.01	2001
800m	Noel Trout	1:54.6	1986
1600m	Jim Olson	4:13.78	1985
3200m	Justin Nyberg	9:29.0	1997
110m H	Al Williams	14.23	1998
300m H	Al Williams	37.14	1998
400m R		42.00	2021
1600m R		3:20.23	2010
HJ	Neimah Jones	6-6	2009
PV	Shawn Rogen	14-8	1989
LJ	Jacob Haley	22-11	2019
TJ	Chris Mandeville	46-8	1983
SP	Jeff Bodholdt	56-8	1994
Dis	Jeff Bodholdt	170-11	1994

Girls

100m	Erica Lee	12.24	1989
200m	Rai Ahmed-Green	24.87	2014
400m	Shebanette Terry	55.71	2012
800m	Laura Chapel	2:10.92	1984
1600m	Katherine Nielsen	5:03.91	2007
3200m	Tracy Wright	10:48.98	1985
100m H	Elizabeth Loud	15.48	2000
300m H	Shebanette Terry	43.24	2012
400m R		48.17	2013
1600m R		3:53.37	2011
HJ	Tracy Broughton	5-8	1992
PV	Lisa Fellers	10-6	1998
	Michelle Noble	10-6	1999
LJ	Michelle Kelly	18-6	1979
TJ	Krista Widen	36-7.5	1990
SP	Elaina Oden	46-11.75	1985
Dis	Elaina Oden	149-2	1985

J SERRA

Boys

100m	Isaiah Diego Williams	10.88	2014
200m	Dante Pettis	21.41	2014
400m	Trevor Garrison	48.49	2023
800m	Alden Morales	1:49.91	2024
1600m	Andrew Burkhardt	4:06.82	2016
3200m	Peter Harold	8:58.34	2019
400m R		42.11	2024
1600m R		3:21.12	2023
HJ	Harrison Steed	7-2.5	2010
PV	Fernando Martinez	15-2	2017
LJ	Dante Pettis	24-7	2014
TJ	Dante Pettis	44-4	2014
SP	Brendon See	65-10	2023
Dis	Brendon See	203-10	2022

Girls

100m	Jordyn Gather	12.51	2018
200m	Maya Woolforde	25.10	2023
400m	Maya Woolforde	55.77	2024
800m	Georgia Jeanneret	2:07.26	2024
1600m	Katherine Delaney	4:42.95	2011
3200m	Summer Wilson	10:15.84	2024
100m H	Hanna Barmettler	15.19	2023
300m H	Hanna Barmettler	43.87	2023
400m R		50.29	2022
1600m R		3:46.42	2024
PV	Sophia Chiaveroini	12-1	2024
	Sydni Harden	12-1	2024
LJ	Maya Woolforde	17-9	2024
SP	Siena Lambert	38-0	2023
Dis	Siena Lambert	145-11	2023

KATELLA**Boys**

100m	Charles Crook	10.74	1997
200m	Charles Crook	21.29	1997
400m	Kendall Wesley	48.65	1990
800m	Antonio Lozano	1:55.05	1999
1600m	Mike Love	4:14.72	1992
3200m	Mike Love	9:07.03	1992
110m H	Terry Johnson	13.88(13.3w)	1986
300m H	Terry Johnson	37.26	1986
400m R		42.74	1986
1600m R		3:22.25	1988
HJ	Kevin Carlson	7-1	1991
PV	Hong Nguyen	15-6	2002
	Jesse Phillips	15-6	2010
LJ	Roger Lemons	22-11	1979
TJ	Greg Portis	45-10.5	1986
SP	Steve DeForrest	60-4.5	1977
DIS	Jeff Hall	178-3	1982

Girls

100m	Kimora Rogers	12.46	2019
200m	Cortney Stafford	25.46	2000
400m	Ashlynn Viramontes	59.60	2021
800m	Ashlynn Viramontes	2:11.34	2022
1600m	Ashlynn Viramontes	5:00.12	2021
3200m	Martha Pinto	10:42.51	1990
100mH	Kelsey Schuler	15.03	2006
400m R		49.63	2001
HJ	Cortney Stafford	5-6.5	1999
PV	Elisa Liana	11-0	2001
LJ	Courtney Stafford	17-8.5	2001
TJ	Courtney Stafford	39-1	2000
SP	Luseane Makensesi	43-4.25	2009
Dis	Luseane Makensesi	138-10	2009

KENNEDY**Boys**

200m	Jack Struble	21.82+(21.7y)	1972
1600m	Steve Webb	4:18.3+(4:19.8y)	1978
3200m	Steve Webb	9:00.1+(9:03.2y)	1978
110m H	Ahmad Wright	14.36	1999
300m H	Ahmad Wright	37.62	1999
400m R		42.99+(43.1y)	1972
HJ	Dionte Holloway	6-8	2002
PV	John Boyd	14-3	1968
LJ	Stan Edmonds	23-11	1966
TJ	Charlie Cummings	48-0.5	1989
SP	Bill Flores	58-1.25	1983
Dis	Bill Flores	169-7	1983

Girls

100m	Janice Nsor	11.95	2005
200m	Elia Reid	24.56	2005
400m	Amanda Rosencrantz	56.65	2005
1600m	Sherri Roach	5:12.7+(5:14.6y)	1978
3200m	Sherri Roach	10:50.8+(10:54.6y)	1978
100m H	Cira Wright	15.11	2000
400m R		46.57	2005
1600m R		3:51.13	2005
HJ	Ursula Lovely	5-11	1985
LJ	Tracy Hanlon	18-4.25	1979
TJ	Ursula Lovely	36-6.5	1987
SP	Vicky Craig	39-9.5	1981
DIS	Joni Argento	135-5	1979

LAGUNA BEACH**Boys**

100m	Nathan Lancaster	49.46	2014
800m	Dave Hustwick	1:53.7+(1:54.3)	1970
1600m	Eric Hulst	4:07.7+(4:09.1y)	1974
3200m	Eric Hulst	8:41.6+(8:44.6y)	1976
110m H	Jay Thorson	14.46	1981
300m H	Justin Rovin	38.87	2006
HJ	Jay Thorson	6-11	1981

PV	Foster	14-2	1985
SP	Geoff Harrowby	58-1.5	1968
Dis	Jud Binley	169-4	1973
	Jeff Greenbough	169-4	1977

Girls

100m	Brittany Clark	12.28	2007
200m	Majia Shaw	25.42	2018
400m	Majia Shaw	57.16	2018
800m	Rennie Durand	2:05.7	1980
1600m	Natasha Strickland	5:02.25	2012
3200m	Natasha Strickland	11:00.25	2011
300m H	Coco Putnam	43.52	2015
400m R		49.31	2018
1600m R		3:59.85	2015
HJ	Lisa Fregaus	5-8	1982
SP	Jacky Cenani	39-10	2016
Dis	Shirley Weenig	135-8	1984

LAGUNA HILLS**Boys**

100 m	Drew Endly	10.83 (10.82w)	2008
	Shawn Tucker	10.83	2008
200m	Dane Endly	21.46	2003
400m	Jeff Roach	47.59	1984
800m	Matt Stoner	1:54.61	2009
1600m	Steve Frisone	4:16.01	1989
110m H	Shaheed Quassin	14.80	1992
300m H	Jeff Roach	37.56	1984
400m R		42.76	2003
HJ	Dan Funks	6-6.5	1995
TJ	Anthony Victa	46-1	2018
Dis	Jesse McDonald	168-8	1994

Girls

100m	Nedra Lyons	12.30	1984
200m	Michelle Holt	24.96	2016
400m	Ashley Furst	57.08	1998
800m	Tiffany Boykin	2:11.42	1994
1600m	Alana Jones	4:51.67	2013
3200m	Holly Barker	10:11.56	2023
400m R		48.82	2016
1600m R		3:55.73	1993
HJ	Tayyiba Haneef	5-10.5	1997
PV	Micah Fein	11-1	2007
	Karen Maceranka	11-1	2023
LJ	Marcie Salze	17-9.75	2006
TJ	Jennifer Michelman	37-2	2011
SP	Lilia Makakaufaki	37-5.75	2001

LA HABRA**Boys**

100m	Bryce Whitley	10.90	2022
200m	Josh Herrera	22.00	1998
400m	Tony Sanford	48.06+	1965
800m	Eric Behring	1:51.34	1981
1600m	Bruce Bess	4:12.0+(4:13.4y)	1962
3200m	Mark Gonzales	9:07.51	1990
110m H	Wayne Clayton	14.28+(14.0y)	1968
300m H	Eric Lancaster	40.75	2016
400m R		43.09+(43.2y)	1975
HJ	Bill Gordon	6-7	1971
PV	Mike Sampson	14-8	1969
LJ	Doug Switzer	22-10.25	1966
TJ	Robert Stevens	45-9.5	2003
SP	P Cavanaugh	56-9.75	1969
Dis	Will Parsons	190-0	2011

Girls

100m	Salze	12.74c	2004
200m	Amy Wilbourn	25.82	2013
1600m	Sita Jones	5:031	1988
3200m	Ava Jones	10:57.37	2002
100m H	Kamala Parker	15.39	2003
400m R		49.03	1984

LJ	Debbie Knight	18-4.5	1984
TJ	Debbie Knight	37-5.5(37-9w)	1985
SP	Leslie Contreras	37-9.5	1979
Dis	Nori McCrystal	122-2	1997

LA QUINTA

Boys

100m	Pham	10.94	1998
LJ	Amok	22-8	1992
Dis	Rich Stewart	178-6	1975

Girls

800m	Kristin Harkins	2:15.53	1984
1600m	Kristin Harkins	4:59.31	1984
TJ	Kim Duong	36-9	2001

LOARA

Boys

100m	Chukwueke Nwachie	10.65	2012
200m	Steve Elkins	21.82+(21.7y)(21.62w)	1970
400m	Richard Garcia	48.69	2009
800m	Ralph Serna	1:55.1+(1:55.7y)	1975
1600m	Ralph Serna	4:05.6+(4:07.0y)	1975
3200m	Ralph Serna	8:42.9+(8:45.9y)	1975
110m H	Eric Nuanes	14.74	1997
400m R		42.09+ (42.2y)	1970
HJ	Greg Ramsey	6-7	1989
PV	Dennis Walp	14-10.5	1966
LJ	Steve Baxter	23-10.75	1971
TJ	John Moore	45-4	1980
SP	Steve Lehmer	59-9	1966
Dis	Steve Lehmer	182-1	1966

Girls

100m	Pearl Mercer	12.60(12.36w)	1994
300m H	Laura Knight	45.84c(45.6)	1982
400m R			1987
HJ	Kelly Graton	5-7.5	1989
LJ	Ashley Fletcher	18-4.5	2005
TJ	Ashley Fletcher	36-6.5	2005
SP	Luseane Makanesi	40-11	2008
Dis	Melissa Price	134-8	1997

LOS ALAMITOS

Boys

100m	Devin Bragg	10.48	2023
200m	Devikn Bragg	21.22	2023
400m	Justin Woods	48.66	2005
800m	Thomas Heib	1:51.49	2015
1600m	Mark Junkermann	4:15.10	1983
3200m	Mark Junkermann	9:01.15	1983
110m H	Jose Rubio	13.89	2017
300m H	Jose Rubio	36.72	2017
400m R		41.33	2022
1600m R		3:16.40	2004
HJ	Brad Harris	6-11	1978
PV	Dustin Deleo	16-2	2004
LJ	Jose Rubio	23-5.5	2-17
TJ	Joshua Caiquo	45-10.25	2011
SP	Sawyer Howard	61-2	2019
Dis	Tom Allison	167-6	1985

Girls

100m	Sara Limp	11.94	2015
200m	Sara Limp	24.18	2015
400m	Ashley Willingham	54.89	2015
800m	Delaney Sanacore	2:10.12	2018
1600m	Katie Izzo	4:55.27	2015
3200m	Katie Izzo	10:21.67	2015
100m H	Cavetra Mitchell	14.52	1993
300m H	Jordan Agnew	45.16	2013
400m R		47.42	2019
1600m R		3:48.97	2015
HJ	Stacy Lee	5-7	1985
PV	Olivia Bettinger	12-9	2024

LJ	Alison Parsons	19-0.75	2016
TJ	Mackenzie Kirk	37-7	2019
SP	Mackenna Howard	50-2.5	2014
Dis	Faimalie Sale	153-10	2017

LOS AMIGOS

Boys

400m	Geno Howard	48.58	1986
3200m	Mark Cunnart	9:15.0+(9:18.3y)	1980
300m H	Geno Howard	38.57	1986
HJ	Chris Stumfall	6-9	1979
PV	John Reed	14-7.75	1981
TJ	Pamale Skippis	45-7.5	1987
Dis	Adam Hernandez	166-1	2016

Girls

3200m	Kathy Kiernan	11:00.6+(11:04.5y)'80	
300m H	Kelly Grand	44.95	1986
SP	Tafi Togogae	42-0.25	1996
Dis	Carrie Axton	150-0	1996

MAGNOLIA

Boys

200m	Gary Charles	22.24c(22.0)	1995
400m	John Galbraith	48.66+(48.8y)	1970
800m	Dave Stoner	1:55.6+(1:56.2y)	1963
1600m	Rick Bergstrom	4:15.2+(4:16.6y)	1964
110m H	Dave Cooper	14.68+(14.4y)	1972
HJ	Eugene Harriman	6-6	1981
PV	Dave Tucker	14-2	1971
LJ	Phouphet Singbandith	23-0	1989
TJ	Phouphet Singbandith	51-7.75	1990
SP	Mike Seibl	57-3.25	1971
Dis	Trevor Ofisa	175-10	2010

Girls

100m	Kathy Hargis	12.47	1986
3200m	Trudy Gardner	11:19.2	1980
PV	Misty Richards	9-0	1996
SP	Eta Jackson	39-2.25	1998
Dis	Vao Faoa	152-8	2001

MARINA

Boys

100m	Chip Rish	10.78	1984
200m	Chip Rish	21.01	1985
400m	Chip Rish	45.84+(45.7y)	1985
800m	Tony guadagnini	1:53.20	2005
1600m	Karl Baranov	4:13.65	2011
3200m	Gary Blume	8:57.7+(9:00.8y)	1974
110m H	Marc Kallick	14.47	1988
300m H	Ben Forbes	39.08	1998
400m R		42.43	1984
1600m R		3:21.4+(3:22.7y)	1976
HJ	Dave White	6-8.5	1977
	Matt Dispenza	6-8.5	2014
PV	Jett Gordon	17-2	2016
LJ	Mitch Malone	23-3.25	1987
TJ	Tony Parrish	50-11.75	1993
SP	Kyle Tsu	63-10	2017
Dis	Kyle	176-8	2017

Girls

100m	Neveah Lane	12.26	2023
200m	Nevach Lane	25.10	2024
400m	Olivia Iverson	57.17	2019
800m	Sarah Van Dyke	2:11.32	2011
1600m	Laura Hollander	4:48.86	2012
3200m	Laura Hollander	10:10.51	2012
100m H	Susan Pettus	15.24c(15.0)	1995
300m H	Ann Kissinger	45.27	1998
400m R		49.02	2009
1600m R		3:56.27	2011
HJ	Lisa Coleman	5-7	1987
PV	Kristen McGregor	12-9	2002

LJ	Noel Dula	17-7.75	1997
TJ	Samantha Seirano	37-5	2004
SP	Sonya Bryant	41-5	1995
Dis	Alejandra Rosales	143-9	2019

MATER DEI

Boys

100m	Domani Jackson	10.25	2021
200m	Curtis Godin	20.85	2014
400m	Curtis Godin	48.63	2014
800m	Sam VanDorpe	1:51.07	2018
1600m	Mike Nielsen	4:11.56	1989
3200m	Bill St John	8:51.7+(8:54.8y)	1976
110m H	Logan Lyght	13.95	2023
300m H	Corey Hammond	37.35	2012
400m R		41.75	2023
1600m R		3:16.80	2010
HJ	Brandon Gorski	6-9	2023
PV	Michael Woepse	17-6	2010
LJ	Brandon Gorski	23-11.75	2024
TJ	Titan Ruotolo	47-8	2019
SP	Vince Brown	61-3.75	1978
Dis	Malik McMorris	194-8	2015

Girls

100m	Kelli Godin	11.99	2018
200m	Gia Trevisan	24.33	2011
400m	Tara Radan	55.35	2013
800m	Ashlyn Rambo	2:08.75	2014
1600m	Ashlyn Rambo	4:55.39	2014
3200m	Clarie Feit	10:48.29	1982
100m H	Emma Radan	14.22	2014
300m H	Emma Radan	43.00	2014
400m R		47.23	2014
1600m R		3:48.60	2013
HJ	Melissa McDonald	5-10	1990
PV	McKenna Caskey	13-8	2016
LJ	Dominique Ruotolo	19-2.75	2018
TJ	Dominique Ruotolo	41-4.5	
SP	Kau Ilani Miki-han	40-7	2014
Dis	Kara Caskey	140-6	2012

MISSION VIEJO

Boys

100m	Andy White	10.68	2007
200m	Joey Branker	21.56	2009
400m	Greg Jones	48.05+(48.34y)	1977
800m	Jon Cook	1:52.3+(1:52.9y)	1974
1600m	James Cameron	4:12.37	2008
3200m	Jeff Vandereems	8:59.4+(9:02.5y)	1979
110m H	Steve Kerho	13.41	1982
300m H	Diego Courbis	37.60	2014
400m R		41.57	2006
1600m R		3:16.34	2004
HJ	Chris Moxley	6-9	1990
	Sage Stone	6-9	2013
PV	Mason Gariepy	15-9	2018
LJ	Diego Courbis	22-8	2014
	Brenden Schooler	22-8	2016
TJ	DJ Lee	46-2	2024
SP	Greg Aitkenhead	64-7.5	1984
Dis	Scott Hudson	187-2	1980

Girls

100m	Julia Cabrales	12.15	2012
200m	Kennedy Gillian	24.53	2014
400m	Kennedy Gillian	54.89	2016
800m	Ashley Johnson	2:10.57	2018
1600m	Chloe Berry	4:50.19	2016
3200m	Kelli Hines	10:35.09	2016
100m H	Ashley Bethel	13.82	1997
300m H	Chelsea Taylor	43.26	2008
400m R		47.86	2022\
1600m R		3:47.31	2016
HJ	Lisa Fager	5-7	1988

PV	Whitney Johnson	12-10	2004
LJ	Heather Sterlin	19-8.5	1992
TJ	Jada Gatlin	40-9	2022
SP	Heidi Adams	46-9	1985
Dis	Jacque Norton	167-5	1982

NEWPORT

Boys

100m	Trevor Jones	10.87	2000
200m	Brian Theriot	22.02	1975
400m	Brian Theriot	47.04c(46.9)	1975
800m	Frank Venclik	1:52.47+(1:53.13y)	1978
1600m	Jim Geerlings	4:08.97+(4:10.43y)	1988
3200m	Carlos Maradiaga	8:55.58	2024
110m H	Trevor Jones	13.99	2000
300m H	Trevor Jones	36.46	2000
400m R		42.69+(42.8y)	1978
1600m R		3:15.5+(3:16.7y)	1975
HJ	KC Connell	6-6.25	1975
PV	Ryan Fegan	16-6	2017
LJ	Sheldon Blockburger	23-3.5	1983
TJ	Sheldon Blockburger	48-6.5	1983
SP	Jim Neidhart	69-3.75	1973
Dis	Bo Taylor	213-7	2006

Girls

100m	Amy Burlingham	12.36	2001
200m	Amy Burlingham	24.83	2001
400m	Emma Kratzberg	55.95	2016
800m	Keaton Rober	2:07.01	2024
1600m	Amber Steen	4:43.75	2001
3200m	Amber Steen	10:26.45	2001
100m H	Emma Kratzberg	14.28	2016
300m H	Emma Kratzberg	41.95	2016
400m R		48.44+(48.6y)	1975
1600m R		3:56.37	2015
HJ	Misty May	5-10	1993
PV	Allison Stokke	13-7	2007
LJ	Sue Kruse	18-1	1976
TJ	Elizabeth Clayton	38-4.5	2002
SP	Gina Heads	47-5	1994
Dis	Cara Heads	149-5	1995

NORTHWOOD

Boys

100m	Dheer Patel	10.81	2024
200m	Dheer Patel	21.52	2024
400m	Dheer Patel	47.37	2024
800m	Justin Larson	1:54.23	2019
300m H	Hyrum Taylor	39.04	2004
400m R		42.33	2024
1600m R		3:17.02	2024
HJ	Dominic Cotton	6-7	2023
LJ	Ryan Collier	22-6	2011
TJ	Myles Carter	46-9	2021
SP	Caleb McCurry	60-6.25	2009
Dis	Caleb McCurry	179-4	2009

Girls

100m	Megan Blanchard	12.48	2008
200m	Alyssa Bowman	25.69	2024
400m	Samantha Solaru	57.81	2011
800m	Bethan Knights	2:13.80	2014
1600m	Bethan Knights	4:42.29	2014
3200m	Bethan Knights	9:54.89	2014
100mH	Kellie May	15.28	2017
300m H	Tori Olora	45.21	2019
400mR		48.45	2016
1600m R		3:58.05	2017
LJ	Kellie May	18-5.25	2017
TJ	Kellie May	38-11.75	2017
SP	Christa Kondru	40-10	2010
Dis	Christa Kondru	131-11	2010

OCEAN VIEW**Boys**

1100m	Rex Brown	10.71(10.63w)	1982
200m	Rex Brown	21.39	1982
400m	Mark Guest	49.18	1982
800m	Brian O'Bannon	1:53.12	1995
1600m	Haissam Sabra	4:11.54	1987
110m H	Tom Rish	14.88+(14.6y)	1980
300m H	Tom Rish	38.42	1980
400m R		42.89+(43.0y)	1981
HJ	Brad Burns	6-6	1982
PV	Ray Dirling	15-6	1988
LJ	Marc Roosen	22-7.25	1989
TJ	David Shaw	45-11.5	1994
Dis	David Keller	164-4	1989

Girls

100m	Cron	12.40	1985
200m	Donna Garcia	25.84c(25.6)	1983
800m	Christie Engesser	2:11.23	1992
1600m	Kathy Karpel	4:54.16	1987
3200m	Taryn Lawson	11:16.3	1995
100m H	Erin Stansbury	15.28	1989
400m R		49.55	2008
HJ	Debbie Orr	5-10	1986
LJ	Debbie Orr	17-9	1986
TJ	Debbie Orr	39-8.25	1986

ORANGE**Boys**

100m	Jeff Williams	10.89	1994
200m	Jeff Williams	21.84	1994
400m	Lanny Carter	48.66+(48.8y)	1952
800m	Bob Delaney	1:52.8+(1:53.4y)	1961
1600m	Dale Story	4:09.6+(4:11.0y)	1959
3200m	Jaime Martinez	9:06.08	1994
110m H	David Porter	14.98+(14.7y)	1969
300m H	Mark Holman	39.22+(39.2y)	1986
1600m R		3:22.41	1983
HJ	Myron Williams	6-10	1987
LJ	Kevin Cochran	22-6.75	1964
TJ	Mike DeVore	46-1.5	1985
SP	Mike Evans	55-9	1970
Dis	Sean Ullom	172-0	1987

Girls

100m	Patricia Donaldson	12.40	2001
200m	Patricia Donaldson	25.64c (25.4)	2001
800m	Mary Decker	2:02.3	1974
300m H	Delphia Moore	45.27	1994
HJ	Kelly McPheeters	5-6	1978
TJ	Jennifer Fairchild	36-5	2001
Dis	Katie Smith	125-0	1992

ORANGE LUTHERAN**Boys**

100m	Damani Wilson	10.67	2010
200m	Damani Wilson	21.64	2010
400m	Terrance Brown	48.84	2009
800m	Sam Delgado	1:54.85	2008
1600m	Kevin McNulty	4:13.33	2018
3200m	Cameron Everhart	9:17.07	2008
110m H	Larry Neehan	14.85+(14.82y)	1979
300m H	Cullan Riser	37.75	2013
400m R		41.28	2023
1600m R		3:13.98	2008
HJ	Mason Hahn	6-10	2010
PV	Carl Johansson	17-0	2014
LJ	Myles Hawkins	23-4.5	2013
TJ	Myles Hawkins	48-4.5	2013
Dis	Blake Ayles	193-6	2008

Girls

100m	Tiffany Pransky	12.44	2004
200m	Adriana Bracamonte	24.88	2007
400m	Amelia Trautman	59.29	2021
800m	Barbara Boisvert	2:14.4	1992
1600m	Staci Foster	4:49.95	2009
3200m	Staci Foster	10:37.29	2009
100m H	Heather Gibson	15.10	2004
300m H	Lahondy Avery	46.32	2017
400m R		48.89	2011
1600m R		3:54.06	2007
HJ	Annie Giebelhaus	5-8	2009
PV	Emily Coombs	12-3	2017
LJ	Sophia Hartwell	18-10.5	2019
TJ	Sophia Hartwell	39-5	2019
SP	Melissa Yunghans	46-8.75	2004
Dis	Brianna Uipi	143-2	2016

OXFORD ACADEMY**Boys**

200m	Jonathan Berry-Smith	22.02	2010
400m	Jonathan Berry-Smith	47.92	2011
HJ	David Yi	6-4	2019
TJ	Richard Chau	43-6.75	2017

Girls

100m	Brianna Washa	12.66	2012
800m	Maya Bryson	2:17.51	2018
100m H	Rachel Gagnon	15.27	2017
300m H	Rachel Gagnon	46.24	2017
LJ	Emily Huynh	17-4.75	2016
Discus	Xochitl Bryson	129-9	2016

PACIFICA**Boys**

100m	Trent Langham	10.71	2011
200m	Trent Langham	21.82	2011
800m	Daniel Kor	1:55.46	2003
1600m	Jacob Smith	4:13.84	2017
3200m	Jacob Smith	9:17.98	2017
110m H	Brian Danskin	14.68	1992
300m H	Sheldon Evans	37.77	2004
400m R		42.10	2011
HJ	Allan Galloway	6-6	1982
PV	Richard Carlson	14-0	1969
LJ	Ric Hibbs	23-2	1966
SP	Zachary Lewis	62-0.5	2024
Dis	Zachary Lewis	190-4	2024

Girls

100m	Marina Berrios	12.61	2013
200m	Dana Kriesel	25.66	1981
400m	Trudy Zandbergen	57.63	1982
1600m	Megan Petkovic	5:07.96	2008
3200m	Megan Petkovic	11:12.49	2008
400m R		49.90	2013
LJ	Sophia Hartwell	18-3.5	2018
TJ	Sophia Hartwell	38-7.5	2018

PACIFICA CHRISTIAN**Boys**

300m H	Aiden Hart	39.20	2024
HJ	Caeden Connell	6-4	2023

Girls

100m H	Charis Wondercheck	14.67	2023
300m H	Charis Wondercheck	45.09	2023

PORTOLA**Boys**

100m	Nathan Tran	10.90	2023
200m	Rider Cooper	21.21	2024
400m	Rider Cooper	47.37	2024
800m	Marco Allen-Aguirre	1:54.24	2024
1600m	Mateo Allen-Aguirre	4:20.74	2023
110m H	Brasen Garcia	15.11	2023

300m H	Kamran Jahromi	38.38	2024
400m R		41.75	2024
1600m R		3:21.36	2024
HJ	Aryan Shrivastava	6-6	2022
PV	Connor Hutzchison	14-0	2024
LJ	Jason Liu	22-10.5	2024

Girls

100m	Alexis Richmond	12.38	2023
800m	Jadyn Zdanavage	2:17.07	2022
1600m	Jadyn Zdanavage	5:08.26	2021
3200m	Sophie Gujilfoile	10:55.70	2024
400m R		50.23	2022
PV	Natalie Ng	10-8	2021
LJ	Alexis Richmond	18-1.25	2023
TJ	Katherine Chang	35-0.75	2023
SP	Chrisma Agbor	37-2	2024
Dis	Abbey Reichard	130-3	2024

RANCHO ALAMITOS

Boys

100m	Ulysses Trammel	11.04c(10.8)	1991
200m	Ulysses Trammel	22.35	1991
400m	Phil Porter	49.54c(49.4)	1985
1600m	Ted Bechtel	4:18.5+(4:20.0y)	1969
3200m	Bregar Moore	9:00.7+(9:03.8y)	1975
110m H	Owehand	14.88+(14.6y)	1975
300m H	Tyler Young	39.14	2018
400m R		43.20	1990
1600m R		3:23.16	1984
HJ	Dayten Zepeda	6-4	2019
SP	John Logsdon	57-11	1975
Dis	Richard Bolton	177-6	1977

Girls

100m	Aileen Sablo	12.47	1999
SP	Celeste Paquette	43-1	1985
Dis	Celeste Paquette	148-0	1985

ROSARY

Girls

100m	Becky Obinma	11.95	2016
200m	Becky Obinma	24.92	2016
400m	Justine Wilson	55.14	2024
800m	Charisma Byrd	2:17.64	2014
1600m	Kathy Mintie	4:50.9+(4:52.5y)	1978
3200m	Shelby Buckley	10:46.99	2005
100m H	Milan Smith	15.23	2023
300m H	Jada Faison	44.22	2023
400m R		47.50	2024
1600m R		3:59.83	2024
HJ	Linnea Housewright	5-8	1995
PV	Haley Stauber	11-9	2010
LJ	Jada Faison	18-09.75	2023
TJ	Allyson Ralives	37-7.75	2017
SP	Rebel Tuinukuafe	38-10	2019

SADDLEBACK

Boys

100m	Teddy Baker	10.77(10.64w)	1984
200m	Teddy Baker	21.46	1985
400m	Bill Thurmond	48.41	1987
1600m	Tom Lipski	4:17.9+	1969
3200m	Robby Price	9:06.66	1990
110m H	Jon Peterson	13.58+(13.3y)	1975
330m H	Mel Lete	37.62	1994
400m R		42.62	1991
1600m R		3:21.60	1992
HJ	Robert Fuentes	6-7	1997
PV	Dale Anderson	14-3	1978
LJ	Troy McAllister	23-4.5	1983
TJ	Rick Brown	47-7	1976
SP	Clarence Jackson	56-2.5	1975
Dis	Ed LeVasseur	164-0	1978

Girls

100m	Estelle White	12.01	1982
200m	Danetta Chaney	25.44c(25.2)	1989
100m H	Amber Price	15.61w	1999
300m H	Marissa Perez	46.20	2014
400m R		48.21	1982
LJ	Annette Brown	17-1.5	1982
TJ	Shundra Holland	37-1.75	1986
SP	Olive Langi	38-10.5	1989
Dis	Aidee Pacheco	131-1	1995

SAGE HILL

Boys

100	Zach Chandy	10.84c(10.6)	2005
		(10.81w)	2005
200	Zach Chandy	21.19	2006
400	Zach Chandy	47.29	2005
110m H	Chance Kuchnel	14.71	2016
400m R		42.80	2024
HJ	CJ McCord	6-10.25	2014
PV	Alex Escalera	15-10	2017

Girls

1600m	Cait Williamson	5:10.88	2008
TJ	Laura Gordon	37-2.25	2005

SAN CLEMENTE

Boys

100m	Herbert Gamboa	10.51	2012
200m	Tim Martin	21.46	2024
400m	Nick Provencio	48.77	2008
800m	Connor Dunne	1:50.41	2016
1600m	Connor Dunne	4:03.13	2016
3200m	Juan Chantaca	9:01.86	2023
110m H	Sam Spencer	14.74	2008
300m H	Justin Davis	38.96	2002
400m R		42.30	2011
1600m R		3:21.09	2024
HJ	Carl Eissman	6-8.25	1975
PV	Dexter Brice	16-0	2024
LJ	Arik Nesbit	23-6	2014
TJ	Tony Robinson	48-1.5	1990
SP	Jim Doehring	64-11.75	1980
Dis	Quaid Vuncannon	188-7	2012

Girls

100m	Marquita Taylor	12.07	2001
200m	Christina Twicken	24.45	2009
400m	Caroline Hawkes	55.20	2022
800m	Alex Dunne	2:10.82	2008
1600m	Alex Dunne	4:52.50	2009
3200m	Alex Dunne	10:16.83	2009
100m H	Brittney Thornton	15.14	2013
300m H	Brittney Thornton	44.39	2012
400m R		48.64	2018
1600m R		3:53.99	2010
PV	Chloe Smith	11-10	2024
TJ	Cherris Gray	36-0.5	1990
SP	Diane Clements	44-3	1981
Dis	Kate Hutchinson	175-8	2003

SAN JUAN HILLS

Boys

100m	Braden Pegan	10.66	2022
200m	Spencer Danner	21.44	2013
400m	Micah Ray	49.46	2017
800m	Chris Camarena	1:56.64	2014
1600m	Daniel White	4:17.32+ 4:18.82y	2016
110 H	Connor Meech	14.60	2015
300m H	Connor Meech	37.00	2015
400m R		42.28	2019
1600m R		3:26.06	2014
PV	Joshua Kato	15-3	2021
SP	Sean Rhyan	63-3.5	2019
Dis	Sean Rhyan	155-8	2019

Girls

100m	Lauren Vissman	12.57	2015
200m	Lauren Vissman	25.95	2015
400m	Jayden Hill	57.11	2022
800m	Chelsea Kruthers	2:09.29	2012
1600m	Katie Camarena	4:56.23+ 4:57.96y	2016
3200m	Katie Hansen	10:53.41	2016
100m H	Paige Donaldson	15.82	2014
300m H	Lexi Shaw	43.93	2013
400m R		49.76	2024
1600m R		3:58.41	2010
PV	Scarlett Biondolillo	10-6	2024

SANTA ANA**Boys**

100m	Tony Mosley	10.82	1987
200m	Clancy Edwards	21.32+(21.2y) (20.8yw)	1973 1973
400m	Robert Harrell	47.07+(47.2y)	1971
800m	Robert Harrell	1:50.8+(1:51.4y)	1972
1600m	Sal Mendoza	4:14.0+(4:15.4y)	1972
3200m	Marc Genet	8:50.4+(8:53.4y)	1972
110m H	Isaac Curtis	14.28114.0y	1968
400m R		41.20+ 41.4y	1970
1600m R		3:13.8+(3:15.0y)	1972
HJ	Mike Weinrich	6-7'	1964
PV	Tom Lueras	14-8.5	1972
LJ	Isaac Curtis	23-3.25	1968
TJ	Tony Mosley	46-1.75	1987
SP	Steve Meier	55-4.75	1965

Girls

1600m	Maria Hernandez	5:01.43	2019
3200m	Maria Hernandez	10:48.14	2019
HJ	Lisa Pickering	5-5	1979
SP	Matala Lualemaga	40-7	2000

SANTA ANA VALLEY**Boys**

100m	Elliot Dunning	10.57	1984
200m	Elliot Dunning	21.33	1984
400m	Paul Peters	47.34	1987
800m	Anthony Wells	1:55.1+(1:55.7y)	1980
1600m	George Aguilar	4:17.4+(4:18.8y)	1974
3200m	Jim Rodriguez	9:03.06	1988
110m H	Don Tilley	14.58+(14.3y)	1967
	Denson	(14.48w)	
300m H	John Hollis	38.23	1986
400m R		41.10+(41.2y)	1971
1600m R		3:16.92	1986
HJ	Joe Phillips	6-10	1974
PV	Sam Caruthers	15-0	1965
U	Tony Pitts	24-5	1978
TJ	Malcolm Wesley	45-9.5	2017

Girls

100m	Crystal Davis	12.04c (11.8)	2001
200m	Crystal Davis	24.73	1999
400m	Kim Law	55.43+(55.76y)	1978
800m	Maribel Delgado	2:15.59	1996
1600m	Maribel Delgado	5:07.28	1996
3200m	Elyse Estrada	11:14.15	1993
100m H	Amber Price	15.84	1997
300m H	Thelma Harman	44.48	1981
400m R		47.70+(47.98y)	1979
1600m R		3:50.3+(3:51.6y)	1989
HJ	C Mack	5-6	1978
LJ	Alice Franklin	18-10.75(19-0.75w)	1979
TJ	Alice Franklin	38-6.5	1982
SP	Loanna Alo	41-7.75	1990
Dis	Lisa Williams	142-0	1983

SANTA MARGARITA**Boys**

100m	Blake Hennesay	10.57	2018
200m	Blake Hennesay	21.84	2017
400m	Jeff Jacobs	47.97	2002
800m	Ryan Martin	1:53.89	2007
1600m	Zachary Gibson	4:10.89	2024
3200m	Sean Byrne	9:08.80	2018
110m H	Roman Mendoza	14.21	2023
300m H	Blake Hennesay	36.95	2017
400m R		41.97	2017
1600m R		3:15.19	2002
HJ	Jim Lunnen	6-8	2000
PV	Parker Curry	16-0	2014
TJ	Steve Feeney	45-4.5(46-3.5w)	1991
SP	Jon O'Neil	58-6	1997
Dis	Jon O'Neil	169-4	1997

Girls

100m	Tessa Green	11.78	2019
200m	Nikki Merritt	24.17	2018
400m	Lauren Memoly	54.97	2019
800m	Gwynn George	2:12.43	2018
1600m	Katherine Delaney	4:52.66	2008
3200m	Kendall Saeger	10:40.46	2021
100m H	Nikki Merritt	13.93	2019
300m H	Nikki Merritt	42.23	2018
400m R		46.28	2017
1600m R		3:47.82	2017
HJ	Lauren Collins	5-8.5	2005
PV	Kaitlyn Merritt	13-9	2014
LJ	Lauren Memoly	18-8.5	2019
TJ	Elizabeth Weeks	38-11	2017
SP	Brooke Fitzgerald	37-10	1998

SANTIAGO**Boys**

400m	Greg Tagliaferri	49.26+(49.4y)	1964
110m H	Leonard Sims	14.58+(14.3y)	1964
400m R		43.09+(43.2y)	1970
PV	Bruce Fandel	14-6	1971
SP	Don Kolstad	55-10.5	1970
Dis	Talaesea	164-9	1973

SAVANNA**Boys**

100m	Dominique Williams	10.88	2008
200m	Mike Flores	22.04c(21.8)	1994
400m	Vince Rivera	48.41	1983
800m	Angelo Cervantes	1:52.27	2011
1600m	Angelo Cervantes	4:17.99	2011
3200m	Matthew Galindo	9:18.18	2024
110m H	Zim Walker	14.68+(14.4y)	1991
300m H	Vince Flores	39.33	1991
400m R		42.29+(42.4y)	1971
1600m R		3:19.9+(3:21.2y)	1970
HJ	John Landon	6-10	1980
PV	Steve DeBerg	14-10	1972
TJ	Alex Miller	46-1	2003
SP	Paul Castenada	55-9.5	2004
Dis	Paul Castenada	168-4	2004

Girls

100m	Quinna Starr	12.64	1998
200m	Ashley Jsames	25.84	2008
800m	Erika Lovett	2:12.86	1987
1600m	Cynthia Mendez	5:13.14	2004
100m H	Ashley Jsames	15.39	2008
300m H	Ashley Jsames	44.27	2008
400m R		49.59	1999
LJ	Quinna Starr	18-1.5	1999
TJ	Renita Starr	38-2.5	2000

SEGERSTROM**Boys**

100m	Khang Mat	10.97	2023
1600m	Saul Orozco	4:20.35	2023

110m H	Jonathan Romer0	15.32	2023
HJ	Winston Lawson	6-6	2011
LJ	Devin Velarde	21-4	2022

Girls

100m	Nyree Brown	12.72	2018
1600m	Stephanie Ortega	4:52.71	2016
3200m	Stephanie Ortega	11:03.60	2014
100m H	Nyree Brown	14.74	2018
300m H	Nyree Brown	41.86	2018

SERVITE

Boys

100m	Max Thomas	10.40	2022
200m	Max Thomas	20.68	2022
400m	Max Thomas	48.12	2022
800m	Brendon Confer	1:53.57	2009
1600m	Jared Steins	4:09.96+ (4:11.41y)	'22
3200m	Jared Steins	9:08.99	2022
110m H	Todd Hart	14.24	1981
300 IH	Matt Willis	37.79	2002
400m R		41.35	2024
1600m R		3:17.28	2008
HJ	Jim Cody	6-9	1984
	Tim Cody	6-9	1991
PV	Steve Williams	16-0	1986
LJ	Eric Andrade	22-11.5	1982
TJ	Isaac Robin	44-03.25	2023
SP	Connor Einck	60-11	2012
Dis	Zach Tombol	178-4	2013

SONORA

Boys

100m	Scott White	10.93	1999
200m	Nick McIver	22.04c	2000
400m	Curtis Lehman	49.47	2000
800m	Larry Sparks	1:53.9+ (1:54.5y)	1979
3200m	Damien Nieves	9:22.79	2002
300m H	Eric Johnson	38.64	1987
400m R		42.97	2011
HJ	Jay Lim	6-10.5	1993
PV	Chuck Griffin	14-6	1983
TJ	Daniel Siapin	45-0	2001
Discus	Mark Russell	164-4	2011

Girls

100m	Ashley Bush	12.24	2009
200m	Ashley Bush	25.14	2009
1600m	Elizabeth Stetina	5:03.59	2021
3200m	Elizabeth Stetina	11:00.82	2022
300m H	Shannon Bryant	44.97	1989
400m R		49.21	2008
LJ	Kris Dietz	18-1.5	1978
TJ	Camila Padilla	36-5.5	2024
SP	Hughes	37-5.75	1978

SUNNY HILLS

Boys

100m	Jason Jerkins	11.04c(10.8)	1997
200m	Lewis Castle	22.21+(22.1y)	1971
400m	Lewis Castle	49.56+(49.7y)	1971
800m	Andy Clifford	1:52.8+(1:53.4y)	1974
1600m	Andy Clifford	4:05.3 4:06.7	1974
3200m	Jim Salcido	8:51.2+8:54.2y	1972
110m H	Ward Kisman	14.58+(14.3y)	1970
400m R		42.69+(42.8y)	1974
HJ	Terry Mann	6-11	1991
LJ	Tohru Asami	23-1.75	1978
TJ	Tohru Asami	45-8.75	1977
SP	Dave Murphy	67-2	1966
Dis	B Varnell	168-4	1982

Girls

100m	Stacy Noton	12.35	1983
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200m	Joanna Evans	25.71	1997
400m	Tanya Taylor	57.59	2006
800m	Hannah Kent-Johnson	2:16.65	2004
1600m	Claire Kim	5:00.75	2002
3200m	Carrie Garritson	10:28.20	1992
100m H	Sunny Nicholas	15.13	1997
300m H	Sunny Nicholas	44.25	1997
1600m R		3:58.38	1997
HJ	Stevie Nicholas	5-8	1998
LJ	Danielle Brown	18-9	1991
TJ	Danielle Brown	39-5.5	1991
SP	Kathy Copelin	38-6.75	1977
Dis	Jessica Perez	132-6	1999

ST MARGARET'S

Boys

100m	Aaron Courdy	10.97	2002
800m	Jackson Ade;man	1:56.14	2021
1600m	Billy Gaudreau	4:11.12	2012
3200m	Billy Gaudreau	9:00.24	2012
300m H	Randy Rense	39.13	2005
PV	Johnny Quinn	16-8	2006

Girls

200m	Jessica Zavalza	25.16	2007
1600m	Andi Carnell	5:03.28	2019
3200m	Sarah Paddon	10:58.55	2011
100m H	Jocelyn Parkinson	15.56	2002
300m H	Jocelyn Parkinson	45.15	2001
400m R		49.27	2022
PV	Celeste Taylor	11-9	2022
TJ	Chelsie Churchill	37-10.75	2011
SP	Becky Steen	37-11	2003

TESORO

Boys

100m	Dominic Gates	10.65	2022
200m	Michael Mitchell	21.80	2016
400m	John Dingus	48.79	2008
800m	Ryan Bush	1:52.06	2018
1600m	Dylan Manning	4:16.51	2021
3200m	Griffin Kushen	9:09.20	2024
110m H	Michael Robbins	14.63	2018
300m H	Michael Robbins	38.59	2018
400m R		42.25	2019
1600m R		3:17.72	2019
HJ	Mitchell Bland	6-8	2014
PV	Julien Okey	14-5	2010
LJ	Michael Mitchel	23-10.5	2016
TJ	Mitchell Bland	49-4	2014
Dis	Adam Leiva	165-10	2017

Girls

100m	Kaelyn Kaichi	12.43	2010
200m	Kandyce Sillette	25.33	2005
800m	Amanda Gehrich	2:13.47	2016
1600m	Amanda Gehrich	4:38.63+(4:40.25y)	2015
3200m	Amanda Gehrich	10:23.96	2015
100m H	Lauren Bercha	15.50	2010
400m R		50.12	2014
PV	Molly Scharmann	12-0	2015
LJ	Maddie Jocson	18-2.5	2018
TJ	Kirby Ruback	37-7	2014
SP	Ashley McBean	39-11.5	2018

TRABUCO HILLS

Boys

100m	Matt Bruno	10.45	2002
200m	Matt Bruno	20.82	2002
400m	Chad Rozean	47.87	2009
800m	Jantzen Oshier	1:51.29	2011
1600m	Jantzen Oshier	4:00.83	2011
3200m	Ryan Stanley	8:53.94	2024
110m H	Brian Payne	14.16	2004
300m H	Cameron Hurd	37.26	2016

400m R		41.24	2018
1600m R		3:15.65	2019
HJ	Sean Lee	7-3	2018
PV	Luke Newman	15-9	2015
LJ	Jeremy Wooldridge	24-0	2003
TJ	Jeremy Wooldridge	46-10.5	2003
SP	Chad Pearce	60-11	1993
Dis	Chad Pearce	191-11	1993

Girls

100m	Halle Sutherland	12.01	2023
200m	Percylla Nared	24.21	2010
400m	Brierra Winfrey	56.00	2011
800m	Kamilah Foley	2:13.91	2010
1600m	Holly Barker	4:51.36	2024
3200m	Holly Barker	10:02.52	2024
100m H	Monica Todd	14.35	2010
300m H	Monica Todd	43.42	2009
400m R		46.82	2010
1600m R		3:54.52	2010
HJ	Darnisha Griffith	5-9	1998
PV	Jessica Davis	12-09	2023
LJ	Darnisha Griffith	19-4.75	1998
TJ	Darnisha Griffith	38-11.25 (39-2.5w)	1995
SP	Susan Linn	42-2.5	1998
Dis	Kyliegh Wilkerson	147-7	2018

TROY

Boys

100m	Geoff Smith	10.83	2001
	Dan Gomez	(10.79w)	2006
200m	Geoff Smith	21.84c (21.6	2001
	Dan Gomez	(21.83w)	2006
400m	Conner Sill	48.86+(49.0y	1979
800m	Phil Wingard	1:54.6+(1:55.2y	1974
1600m	Jon Shawel	4:14.96	2007
3200m	Mike Durham	9:00.1+(9:03.2y	1973
110m H	Brian Chapman	14.78+(14.5y	1986
400m R		42.91	2000
HJ	Daniel Gomez	6-8	2006
PV	Greg Stull	16-1	1980
LJ	Ken Williams	22-6.5	1982
TJ	Ken Williams	50-3.5 (51-10w)	1982
SP	Paul Evenson	55-4	2001
Dis	Mike Richie	177-5	1998

Girls

100m	Julie Steele	12.41	1997
	Zoe Mendiola	12.41	2023
200m	Emily Kressin	25.28	2009
400m	Emily Kressin	55.63	2009
800m	Makenna Henkhaus	2:18.90	2023
1600m	Makenna Henkhaus	5:13.38	2023
3200m	Makenna Henkhaus	11:26.17	2023
100m H	Isabella Ales	15.04	2019
300m H	Isabella Ales	45.35	2019
400m R		49.08	2014
1600m R		3:53.87	2009
HJ	Laura Campbell	5-10	1981
PV	Amanda Mohr	10-6	2016
LJ	Vicki Almeida	19-6	1978
TJ	Susan Guest	37-4.5	1986
SP	Kianey Davis	39-4.25	1999
Dis	Megan Ilertson	133-0	2003

TUSTIN

Boys

100m	DeShawn Foster	10.81	1997
	Marquiz Gusman	10.81	2024
	Amir Webb	(10.70w)	2008
200m	Amir Webb	21.25	2009
400m	Gary Walker	48.16+(48.2y)	1960
800m	Alonso Smith	1:52.89	2000

1600m	Alonso Smith	4:15.44	2001
3200m	Allan Sanford	9:16.0+(9:19.2y)	1965
110m H	Dominique DeGrammont	13.48	1997
300m H	Dominique DeGrammont	36.91	1997
400m R		41.48	1997
1600m R		3:18.98	1997
HJ	Alex Marbley	6-11.5	2001
PV	Kevin Anthony	14-9	1976
LJ	Denny Casupanan	23-9.75	2002
TJ	Reggie Curry	48-7.75	1994
SP	Dick Linday	56-8	1962
Dis	Dillon Hayes	174-0	2000

Girls

100m	Judy Jackson	12.58	1989
200m	Kristen Flemming	25.84c(25.6)	1981
800m	Shannon Stryker	2:16.3+(2:17.1y)	1982
1600m	Shannon Stryker	4:57.70	1982
3200m	Shannon Stryker	10:29.42	1982
100 H	Mychal Robinson	15.63	2015
300m H	Kim Collins	45.48+(45.5y)	1985
HJ	Kristina Curtis	5-9	2005
LJ	Joy McDonnell	18-1.5	1980
	Smith	(18-3.25w)	1980
TJ	Doneisa Anderson	37-11	1987
SP	Nicole Lind	37-9	1985
Dis	Emily Ortiz	124-06	2023

UNIVERSITY

Boys

100m	Harry Baker	10.98	2017
200m	Harry Baker	22.08	2017
400m	Bob Bradford	48.86+(49.0y)	1973
800m	Phil Vasquez	1:53.6+(1:54.2y)	1970
1600m	Greg Whiteley	4:13.3	1985
3200m	Greg Whiteley	8:57.5+(9:00.6y)	1985
400m R		42.88	2017
1600m R		3:22.76	1981
HJ	Alan Gersten	6-9.25	1977
PV	Brian Lindley	14-7	1995
SP	Chad Smith	62-6.25	2004
Dis	Ken Mills	182-2	1979

Girls

100m	Annette Rogers	12.12	1981
200m	Annette Rogers	24.39	1984
400m	Paige Metayer	55.05	2017
800m	Julie Seleine	2:09.83	1983
1600m	Polly Plummer	4:33.65+(4:35.24y)'82	
3200m	Teresa Barrios	10:29.03	1982
100m H	Daria Shkel	15.21	2017
300m H	Daria Shkel	45.84	2017
400m R		49.08	2005
1600m R		3:54.83	1982
HJ	Laura Mills	5-8.5	1980
PV	Avis Barker	9-6	1997
LJ	Laura Mills	17-10.75	1980
TJ	Marilyn Anene	38-2	2006
SP	Andrea Bill	41-5.25	1992
Dis	Andrea Bill	148-0	1993

VALENCIA

Boys

100m	Korey Alexander	10.85	1992
200m	Kevin Alexander	21.42	1992
400m	Mike Owens	48.36+(48.5y)	1966
800m	Sean Krinik	1:48.20	2010
1600m	Sean Krink	4:11.82	2010
3200m	Josh Linen	9:06.85	2007
110m H	Kienan Briggs	14.49	2001
400m R		42.48	1992
1600m R		3:17.84	1991
PV	Eric Whitcomb	15-4	1989
LJ	Don Moreno	23-0	1977
TJ	Kienan Briggs	45-9	2001

SP	Nick Coghill	63-0.5	2015
Dis	Nick Coghill	190-1	2015
Girls			
100m	Chrystal Aluya	12.07	2019
200m	Chrystal Aluya	24.70	2019
		(24.64w)	
400m	Suzy Hensel	56.82	1983
800m	Suzy Hensel	2:09.82	1983
1600m	Heather Killeen	5:05.42	1991
3200m	Heather Killeen	11:01.87	1991
300m H	Nancy Niewlandt	44.82	1984
400m R		48.69	1983
HJ	Anaya Beard	5-02	2023
LJ	Lily Ebanks	18-10.5	2015
TJ	Kim Taylor	39-5.5	1984
SP	Kay Ilertsen	42-5.5	1974
Dis	Nicole Beauregard	124-0	1991

VILLA PARK

Boys			
100m	Anthony Privitelli	10.74c(10.5)	2008
200m	Dylan Poteat	21.70	2023
400m	Barry Hyde	49.36+(49.5y)	1974
800m	Jim Sorenson	1:52.8	1986
1600m	Garrett Corcoran	4:03.77+ (4:05.19y)	'14
3200m	Garrett Corcoran	8:52.18	2014
110m H	Dylan Poteat	14.55	2023
300m H	Brian Law	37.47	2007
400m R		42.60	2023
1600m R		3:21.17	1983
HJ	Kyle Jankins	6-10	2020
PV	Keith Schimmel	16-3.25	1975
LJ	Jim Mitchell	23-0.5	1974
TJ	Blythe Dahl	46-8.5	2024
SP	Ed Labate	58-9.5	1973
Dis	Francine Schuyler	171-6	1983

Girls			
100m	Kylie Klein	12.10	2010
200m	Kylie Klein	24.78	2010
400m	Madison Goerlinger	58.26	2016
800m	Riley Norris	2:18.58	2021
1600m	Susanna Thrasher	5:02.10	1990
3200m	Jordan Stiewig	11:02.86	2013
100m H	Susie Ray	14.60	1979
300m H	Madison Goerlinger	45.76	2018
400m R		49.06	2015
1600m R		4:05.02	2024
HJ	Beth Byron	5-8	1991
PV	Lauren Meredith	10-9	2022
LJ	Nancy O'Neil	17-8.5	1981
SP	Susie Ray	48-11.5	1980
Dis	Susie Ray	141-9	1979

WESTERN

Boys			
100m	Arron Harris	10.80	2008
	Demarion Horton	(10.60w)	2008
200m	Kirk Ayers	21.82+(21.7y)	1986
400m	Caine Savage	48.87	2019
1600m	Ron Fister	4:16.8+(4:18.2y)	1966
3200m	Ron Fister	9:09.6+(9:12.2y)	1966
110m H	Dave Plett	14.50	1981
300m H	Kirk Ayers	37.74	1987
400m R		43.00	2011
1600m R		3:18.7+(3:20.0y)	1972
HJ	Andy Lopries	6-9	1988
PV	Kevin Cuervo	14-10.75	1976
LJ	Kirk Ayers	23-3	1986
		(23-4.25w)	
SP	Roy Thurman	60-6.25	1963
Dis	John Karahallos	168-5	1979

Girls

100m	Carol Rodriguez	11.66	2003
200m	Carol Rodriguez	24.22	2003
400m	Carol Rodriguez	56.24c	2003
1600m	Grace Toriz	5:07.36	2023
3200m	Wendi Leos	10:59.57	2017
400m R		48.70	2008
1600m R		3:55.50	2008
HJ	Melanie Williams	5-6	1986
LJ	Lori Olsen	17-7	1985
SP	Ann Gill	41-6	1985
Dis	Ann Gill	130-10	1985

WESTMINSTER

Boys			
100m	Dave Reedus	11.94c(11.7)	1988
200m	Dave Reedus	22.14	1988
400m	Jim Harris	48.96+(49.1y)	1980
800m	Carl Trentadue	1:52.4+(1:53.0y)	1965
1600m	Carl Trentadue	4:07.1+(4:08.5y)	1965
3200m	Neil Sybert	9:09.4+(9:12.6y)	1967
110m H	Aaron Williamson	14.78+(14.5y)	1980
1600m R		3:21.4+(3:22.7y)	1973
HJ	Parker	6-6	1974
PV	Doug Boswell	14-1	1977
U	Carlos Herrera	22-8	1966
TJ	Michael Nguyen	45-4.75	1999
SP	Jerry Gillespie	56-0.75	1989
Dis	Jim Sanders	162-2	1976

Girls			
100m	Ariana Wright	12.23 (12.15w)	2008
200m	Shelly Tochluk	25.41	1989
400m	Arlise Emerson	53.42	1978
800m	Arlise Emerson	2:07.5	1978
1600m	Jill Caldwell	5:01.2+(5:02.9)	1974
3200m	Laura McCracken	11:56.20	1983
110m H	Schmidt	(15.57w)	1993
400m R		49.71	2008
SP	Lisa Tamamasui	42-0	1991

WHITTIER CHRISTIAN

Girls			
1600m	Kellian Hunt	5:02.85	2010
3200m	Kellian Hunt	10:57.99	2010

WOODBIDGE

Boys			
100m	Alex Young	10.85	2016
200m	Jalen Craver	21.04	2010
400m	Jalen Craver	46.92	2010
800m	Eric Schermerhorn	1:49.21	1984
1600m	Dragan Simic	4:12.21+ (4:13.68y)	'12
3200m	Dragan Simic	9:19.45	2011
110m H	Jalen Craver	14.51	2010
	Daniel Sun	14.51	2016
300m H	Greg Muniz	37.69	1992
400m R		41.56	2015
1600m R		3:15.96	2010
HJ	David Benton	6-9	1990
PV	Andy Spindler	14-10	2002
LJ	Drake Nguyen	23-8.25	2019
TJ	Scott Capulong	45-2	1989
		(46-1.25w)	
Dis	Derek Davis	165-4	20

Girls			
100m	Jackie Dix	11.99	1997
200m	Gabrielle Scott	24.29	2010
400m	Gabrielle Scott	53.98	2011
800m	Christine Babcock	2:10.15	2008
1600m	Christine Babcock	4:33.82	2008
3200m	Christine Babcock	10:04.03	2008
100m H	Kristen Woepse	14.80	2004
300m H	Janel Loudat	44.03	1998
400m R		47.40	1997

1600m R		3:49.45	2007
HJ	Emily Garner	5 - 8	2018
PV	Kendall Chew	11-4	2024
LJ	Michelle Sanford	19 -7.25	2000
TJ	Michelle Sanford	43 -4.5	2001
SP	Angela Burgess	40 - 8	1995
Dis	Angela Burgess	143 - 3	1994

YORBA LINDA

Boys

100m	Jason Escovar	10.97	2023
200m	Aiden Anstead	22.12	2024
400m	Dylan Atencio	48.75	2014
800m	Alexander MacFarlane	1:58.26	2023
1600m	Mason Farley	4:17.60	2024
300m H	Dylan Atencio	37.50	2015
400m R		42.57	2022
1600m R		3:23.15	
HJ	James Phillips	6-8	2016
LJ	James Phillips	22-1	2016
Dis	Cameron Bragg	157-10	2023

Girls

100m	Nicole Martinez	12.26	2017
200m	Lauren O'Bannion	25.19	2018
400m	Michelle Quinn	55.81	2019
800m	Isabella Wroblewski	2:11.28	2024
1600m	Siena Palicke	4:54.20	2019
3200m	Isabella Wroblewski	11:08.53	2024
100m H	Amanda Perez	14.85	2019
300m H	Alexus Atchley	44.96	2012
400m R		48.08	2018
1600m R		3:51.86	2017
PV	Ariana Zormeier	10-6	2016
SP	Madison Burford	37-3	2017

Orange County Best Marks List 1915- 1960

(The baby boomer era saw a large number of new schools and growth of the sport of track & field in Orange County beginning in the 1960's. This list spotlights those athletes that competed in a time of subpar equipment, running tracks, and coaching)

100 yards

9.6	Eddie Morris (Huntington Beach)	1940
	<i>(State Champion)</i>	
9.6	Bill Swisshelm (Santa Ana)	1954
9.7	Bill Swift (La Habra)	1959
9.7	Pat Moore (La Habra)	1959
9.8	Dan Hoefler (Fullerton)	1948
9.8	Johnny Allen (Santa Ana)	1956
9.8	Ron Vande Putte (Valencia)	1959
9.8	Gary Walker (Tustin)	1959
9.9	Dave Porter (Santa Ana)	1948
9.9	Ron Meyer (Santa Ana)	1955
10.0	Al Koenig (Huntington Beach)	1930
	<i>(State Champion)</i>	
10.0	King (Newport)	1932
10.0	Charley Macon (Laguna Beach)	1949
10.1	Arch Hawkins (Fullerton)	1920
	<i>(State Runner up)</i>	
10.1	D Pryor (Huntington Beach)	1932
10.1	Harold Stedman (Fullerton)	1934
	<i>(State Runner up)</i>	
10.2	Dick Roehm (Santa Ana)	1940
10.2	Anderson (Santa Ana)	1946
10.2	Harvey Baer (Santa Ana)	1927
10.2	Russell Hind (Tustin)	1927
10.2	Harvey Baer (Santa Ana)	1927

Wind-aided:

9.5w	Eddie Morris (Huntington Beach)	1940
9.5w	Bill Swisshelm (Santa Ana)	1953

100 meters

10.4	Eddie Morris (Huntington Beach)	1940
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220 yard (straight) – 200m was not run around the curve until 1967

20.7	Eddie Morris (Huntington Beach)	1940
	<i>(State Champion)</i>	
20.8	Bill Swisshelm (Santa Ana)	1954
	<i>State Third Place</i>	
21.0	Pat Moore (La Habra)	1959
21.3	Ron Van de Putte (Valencia)	1959
21.4	Lanny Carter (Orange)	1953
21.7	Dan Hoefler (Fullerton)	1949
21.8	Wayne Piper (Santa Ana) (w 21.6)	1939
21.8	Harold Steadman (Fullerton)	1934
	<i>(State Runner up)</i>	
21.8	Harvey Baer (Santa Ana)	1927
21.9	Bob Bridgeford (Fullerton)	1947
22.0	Davis (Fullerton)	1937
22.1	Turley (Santa Ana)	1946
22.2	Don Warhurst (Santa Ana)	1938
22.2	Bob Hager (Huntington Beach)	1944
22.8	Horton (Tustin)	1932
22.9	Moorhead (Laguna Beach)	1949
22.9	Ray Cartwright (Santa Ana)	1932
	Al Koenig (Huntington Beach)	1930

Wind-aided:

20.6w	Eddie Morris (Huntington Beach)	1940
21.6	Dan Hoefler (Fullerton)	1948
21.8	Dave Porter (Santa Ana)	1948
21.8	Al Koenig (Huntington Beach)	1930
	<i>(State Third Place)</i>	

440 yards

48.8	Lanny Carter (Orange)	1952
	<i>(State Champion)</i>	
49.2	Dan Hoefler (Fullerton)	1949
49.3	Matt Nisson (Tustin)	1941
49.3	Bob Bonebrake (Orange)	1934
49.3	George Bragg (Anaheim)	1958
49.4	Eddie Morris (Huntington Beach)	1940
49.5	Erwin Miller (Fullerton)	1935
49.5	Larry Kirchman (Anaheim)	1952
	<i>(State Runner up)</i>	
50.0	Bill Callis (Capistrano)	1940
50.1	Howard Elliott (Santa Ana)	1939
50.2	Gary Walker (Tustin)	1959
50.4	Bob Clabbots (Huntington Beach)	1940
50.4	Clyde Wilson (Orange)	1950
50.5	Brayton Norton (Laguna Beach)	1948
50.7	Lester Jones (Anaheim)	1943
50.7	Wolfe (Tustin)	1938
	Tex Miller (Fullerton)	1936
	<i>(State Runner up)</i>	
	Harold Everett (Orange)	1916
	<i>(State Third Place)</i>	

880 yards

1:55.5	Milford Dahl (Santa Ana)	1958
1:56.4	Jan Underwood (Buena Park)	1959
1:56.6	Ray Cartwright (Santa Ana)	1932
	<i>(State Champion) (20 years of age during the 1932 season)</i>	
1:57.6	George Hood (Newport)	1957
1:57.8	Doug Hall (Newport)	1958
1:59.0	Bob Suess (Huntington Beach)	1952
1:59.5	Bob Schumaker (Huntington Beach)	1953
2:00.5	Ervin Watkins (Tustin)	1930
	<i>(State Runner up)</i>	

2:00.7	Heim (Orange)	1939
2:01.0	Albert Wattenburg (Capistrano)	1941
2:01.7	Bob Wilson (Fullerton)	1942
2:02.1	Bob McKean (Santa Ana)	1926
2:02.0	Tom Cone (Santa Ana)	1928
2:02.8	Brown (Orange)	1940
2:02.8	Elmer Wagers (Orange)	1936
2:04.0	Alfred Kraemer (Orange)	1932
2:04.7	George Clark (Orange)	1940

One Mile

4:11.0	Dale Story (Orange)	1959
	<i>(State Champion)</i>	
4:17.5	Bruce Bess (La Habra)	1960
4:20.0	Tod White (Newport)	1955
	<i>(State Champion)</i>	
4:20.5	Grady Neal (Fullerton)	1956
	<i>(State Runner up)</i>	
4:22.5	Leroy Neal (Fullerton)	1958
	<i>(State Third Place)</i>	
4:26.3	Larry Arroues (Fullerton)	1956
4:26.6	Bob Van Sickle (Newport)	1959
4:26.8	Lynn Watkins (Laguna Beach)	1957
4:26.8	Milford Dahl (Santa Ana)	1958
4:30.4	Bill Kerr (Huntington Beach)	1921
	<i>(State Champion)</i>	
4:31.8	Harold Breeding (Santa Ana)	1927
4:34.3	Eddie Denbow (Orange)	1952
4:36.3	Larry Valero (Valencia)	1938
4:36.4	Bob Hougeland (Santa Ana)	1947
4:37.5	Oscar Diaz (Capistrano)	1942
4:38.8	Adolph Maya (Garden Grove)	1951
4:41.2	Herschel Whitney (Santa Ana)	1937

120 yard Hurdles (39")

14.5	Forrest Younger (Fullerton)	1952
	<i>(State Third Place)</i>	
14.5	Don Jones (Huntington Beach)	1956
14.5	Bob Ballew (Garden Grove)	1957
14.5	John Eastman (La Habra)	1958
14.5	Don Jones (Huntington Beach)	1956
14.6	Sonny Owens (Fullerton)	1955
14.6	Doug Hankins (Fullerton)	1958
14.6	Jack Carson (Anaheim)	1949
14.7	Lin Sitton (Fullerton)	1953
14.7	Dick Carson (Anaheim)	1949
14.8	Jack McCosh (Santa Ana)	1953
14.9	Bob Boaz (Fullerton)	1948
15.4	Bryant (Capistrano)	1940
15.4	Lawrence Buchheim (Capistrano)	1945
15.7	Whitley (Tustin)	1949
15.8	Don Vaughn (Newport)	1945

Wind-aided:

14.0	Sonny Owens (Fullerton)	1956
14.2	Doug Hankins (Fullerton)	1959
14.6	Lin Sitton (Fullerton)	1953

*42" hurdles

14.8	Ross Nichols (Huntington Beach)	1923
	<i>(State Champion 1923 & '24)</i>	
15.0	Brooks (Santa Ana)	1932
15.0	Ray Gist (Anaheim)	1939
15.2	Bill Hawkins (Santa Ana)	1935
	<i>(State Runner up)</i>	
15.2	Al Reboin (Santa Ana)	1930
	<i>(State Third Place)</i>	
15.3	Roland White (Huntington Beach)	1942
15.4	Melvin Barron (Santa Ana)	1938
	<i>(State Runner up)</i>	
15.5	Richard Gibson (Santa Ana)	1941
15.6	Chester Bickmore (Huntington Beach)	1942
	<i>(State Third Place)</i>	
15.6	John Etchhandy (Garden Grove)	1941

15.6	Ben Schlegel (Santa Ana)	1942
15.6	Bill Wise (Huntington Beach)	1946
15.8	John Moffat (Santa Ana)	1928
15.9	Lacian Wilson (Santa Ana)	1932
15.9	Duane Larrabee (Santa Ana)	1932
16.0	Neal Raney (Santa Ana)	1918
	<i>(State Runner up)</i>	
16.0	Phillip Newman (Tustin)	1931
	<i>(State Third Place)</i>	
16.0	Bill Brown (Newport)	1932
16.2	Earl Johnson (Fullerton)	1917
	<i>(State Champion)</i>	

Wind-aided:

14.0	Sonny Owens (Fullerton)	1956
14.2	Doug Hankins (Fullerton)	1959
14.6	Lin Sitton (Fullerton)	1953

180 Hurdles (30")

18.7	Bill Swisshelm (Santa Ana)	1954
19.2	Doug Hankins (Fullerton)	1959
19.2	Willie Carroll (Santa Ana)	1959
19.3	Darrell Roberts (Fullerton)	1955
19.3	Don Jones (Huntington Beach)	1956
19.3	John Eastman (La Habra)	1958
19.4	Mike Trainor (Laguna Beach)	1954
19.4	Ron Meyer (Santa Ana)	1955
19.4	Dave Ross (Santa Ana)	1960
19.5	Bob Boaz (Fullerton)	1948
	<i>(State Third Place)</i>	
19.7	Lin Sitton (Fullerton)	1952
19.7	Mike Trainor (Laguna Beach)	1954
19.8	Forrest Younger (Fullerton)	1952
20.1	Jack Carson (Anaheim)	1949
20.4	Moorehead (Laguna Beach)	1949

Wind-aided:

18.9	Sonny Owens (Fullerton)	1956
19.1	Lin Sitton (Fullerton)	1953
20.1	Fowler (Santa Ana)	1951
20.7	Whitley (Tustin)	1949

220 yard Hurdles (1915 – 1946)

24.0	Norman Paul (Santa Ana)	1929
	<i>(State Champion)</i>	
24.1	Al Reboin (Santa Ana)	1929
	<i>(State Meet Runner up)</i>	
24.1	Orville Llyod (Newport)	1939
24.1	Jerome Duffy Newport)	1939
24.2	Norman Paul (Santa Ana)	1929
24.3	Roland White (Huntington Beach)	1942
24.5	Robert Newell (Fullerton)	1946
	<i>(State Meet Runner up)</i>	
25.0	Ernie Velarde (Santa Ana)	1928
	<i>(State Runner up)</i>	
25.0	Nordheim (Fullerton)	1938
25.6	Ross Nichols (Huntington Beach)	1924
	<i>(State runner up)</i>	
25.6	Bill Brown (Newport)	1932
	Tom Berkeley (Fullerton)	1934
	Bill Hawkins (Santa Ana)	1935

4x 220 yard Relay (prior to 1968 only the 4x220 was raced)

1:28.5	Santa Ana	1956
1:29.1	Santa Ana	1954
1:29.3	Santa Ana	1938
	<i>(State Champion)</i>	
1:29.8	Sana Ana	1927
1:29.9	Santa Ana	1953
1:29.9	Laguna Beach	1948
	Huntington Beach	1924
1:30.1	Santa Ana	1946
	<i>(State Third Place)</i>	
1:30.8	Santa Ana	1952

1:30.9	Santa Ana	1953	12-00.5	Zoeter (Huntington Beach)	1938
1:31.2	Santa Ana	1938	12-00	Harold Shoebridge (Anaheim)	1921
	(State Champion)			(State Champion)	
1:32.1	Santa Ana	1930	12-00	Chester Bickmore (Huntington Beach)	1923
	(State Runner up)			(State Runner up)	
1:32.5	Santa Ana	1927		Ross Nichols (Huntington Beach)	1922
1:32.5	Anaheim	1939		(State Runner up)	
High Jump (no athlete jumped higher than 6-4 using the straddle during this era)			12-00	Bud Griffun (Newport)	1935
			12-00	Al Reboin (Santa Ana)	1930
6-04.5	Norman Jiles (Santa Ana)	1949	Long Jump (Broad Jump)		
	(State Runner up)		23-03	Darrell Roberts (Fullerton)	1955
6-04.25	Phil Jacques (Santa Ana)	1931	23-0.75	Bob McNamera (Fullerton)	1958
	(State Champion)		22-08.5	Norman Paul (Santa Ana)	1930
6-03.5	Franklin Nickey (Santa Ana)	1945		(29 State Runnerup)	
6-03.25	Wendell Tedrow (Santa Ana)	1938	22-08.5	Bob Chambers (Fullerton)	1936
	(State Runner up)			(Third place at State Meet)	
6-03	Jack Bose (Santa Ana)	1956	22-07.5	Charles Dodson (Huntington Beach)	1951
6-03	Ed Briscoe (Buena Park)	1959	22-07	Hodge (Fullerton)	1942
6-02.75	Buck Hopper (Tustin)	1954	22-05.5	Verden Nash (Huntington Beach)	1922
6-02.0	Dallas Carter (Huntington Beach)	1937		(Three time State Champion at Chino then Huntington)	
6-02.0	Bobby Macon (Laguna Bach)	1949	22-05.25	Bob Ferguson (Fullerton)	1948
6-02	Paul Jacques (Santa Ana)	1931	22-05	Andrew Crenshaw (Santa Ana)	1940
6-01.75	Eugene Shear (Huntington Beach)	1942	22-04	Hobart Turley (Brea-Olinda)	1942
6-01.5	Forrest Younger (Fullerton)	1952	22-04	Larry Weaver (Anaheim)	1950
6-01.25	Elmer Kinney (Santa Ana)	1946	22-03.5	Doyle Gilbert (Santa Ana)	1930
	(State Third Place)		22-03.5	Virgil Elliott (Huntington Beach)	1924
6-01	Phillips (Fullerton)	1941		(State Champion)	
6-00.5	Franklin Nickey (Santa Ana)	1945	22-2.5	Howard Paul (Santa Ana)	1925
6-00.25	Meyers (Valencia)	1939		(State Runner up)	
6-00	Furuta (Huntington Beach)	1932	22-02.0	Ernie Velarde (Santa Ana)	1927
6-00	Bill Taylor (Laguna Beach)	1939	22-00	Ray Roberts (Fullerton)	1946
6-00	Burl Gist (Anaheim)	1939	21-11	Forrester (Huntington Beach)	1942
6-00	Blas Mercurio (Santa Ana)	1935	21-10.75	Floyd Montgomery (Santa Ana)	1933
6-00	Dennis Vollom (Anaheim)	1959	21-09.25	Cameron Gillis (Santa Ana)	1935
			21-08.5	Fred Osborne (Fullerton)	1925
6-08.5	Ed Caruthers (SA Valley)*	1963		(State Champion)	
	*(Recordholder for the Straddle Technique)		21-08	Stan Jiles (Santa Ana)	1939
	[Tony Madau (El Dorado) held the County record at 6-9 in 1972 using the Flop]		21-07	Byram Bates (Santa Ana)	1936
			21-02	Ernie Plavan (Santa Ana)	1915
				(State Champion)	
Pole Vault (no athlete jumped higher than 14-0 prior to 1960's when the fiberglass pole was introduced)			Triple Jump (first quality mark came in 1972)		
14-05.25	Eric Berg (Costa Mesa)	1962	45-07.25	Jeff Hutton (Katella)	1972
	(State Champion)		Shot Put		
14-04.5	Mike Lindsay (Santa Ana)	1962	57-10.25	Jerry Shipkey (Anaheim)	1943
14-04.5	Boyd (Western)	1964		(No State meet in 1943)	
14-01	John Trosko (Valencia)	1964	57-06.0	Terry Guy (Fullerton)	1957
			55-10.5	John Raitt (Fullerton)	1935
(non-fiber glass poles)				(State Champion)	
13-10	Bob Maimbourg (Garden Grove)	1959	54-11	Gary Johnson (Orange)	1954
13-06.75	John Price (Fullerton)	1958	53-04	Bob Van Drimler (Newport)	1950
13-06.5	Jim Manning (Anaheim)	1958	52-06.5	Ralph Hull (Santa Ana)	1940
13-05.5	Dick Arevalos (Laguna Beach)	1957	52-06.5	Jim Blacketer (Laguna Beach)	1950
13-02	John Calianni (Fullerton)	1959	50-05.0	Arky Lawrence (Tustin)	1940
13-00	Don Barnes (Fullerton)	1948	49-10	Norman Paul (Santa Ana)	1930
	(State Champion)		49-07.75	Bob Ward (Garden Grove)	1939
13-00	Dave Servis (Orange)	1957	49-06.0	Art Stranske (Santa Ana)	1933
	(State Runner up)		49-6	Brayton Norton (Laguna)	1945
12-07.25	Jim Stangeland (Huntington Beach)	1939	49-03	Lawrence Roberts (Fullerton)	1940
	(State Third Place)		48-09.5	Maddock (Santa Ana)	1938
12-06.75	Jim McDonald (Fullerton)	1937	47-11.0	Rlton Denner (Santa Ana)	1941
12-06	Vern McDermott (Fullerton)	1924	Discus		
	(State Third Place)		(no athletes threw over 160-0. These athletes did throw over 160 during the 1960's)		
12-05.25	Jack Isom (Huntington Beach)	1950	182-01	Steve Lehmer (Loara)	1966
12-01	Moody (Newport)	1932	172-02	Mike Johnson (Bolsa Grande)	1966
			171-06	Dale Gordon (El Modena)	1969
			169-01	Jim Ulam (Kennedy)	1968
			163-02	Hadley James (Santiago)	1966

International Wt.(2.0k)

145-09	Doug Stoner (Laguna Beach)	1956
139-05	Sam Henderson (Brea-Olinda)	1938
130-00	Arky Lawrence (Tustin)	1940
126-01	McClintock (Orange)	1938
	Bill Bradbury (Huntington Beach)	1925
	(<i>State Third Place</i>)	
	Glenn Hartranft (Fullerton)	1920
	(<i>State Meet Runnerup</i>)	

Schools Opening during the 1930 era.

	Est.
Santa Ana	1889
Fullerton	1893
Anaheim	1898
Orange	1903
Huntington B	1906
Capistrano	1920-1965
Garden Grove	1921
Tustin	1921
Brea-Olinda	1927
Newport	1930
Valencia	1933
Laguna Beach	1934

Schools Post 1950

	Est
Mater Dei	1950
La Habra	1954
Western	1955
Buena Park	1956
Rancho Alamitos	1957
Costa Mesa	1958
Servite	1958
Sunny Hills	1959
SA Valley	1959
Bolsa Grande	1959
Westminster	1959

Savanna	1961
Magnolia	1961
Santiago	1961
Lowell	1961-1980
Loara	1962
Corona del Mar	1962
Marina	1963
Foothill	1963
La Quinta	1963
Kennedy	1964
Villa Park	1964
San Clemente	1964
Troy	1964
Pacifica	1965
Estancia	1965
Rosary	1965
Sonora	1966
El Dorado	1966
El Modena	1966
Katella	1966
Fountain Valley	1966
Mission Viejo	1966
Los Alamitos	1967
Saddleback	1967
Los Amigos	1968
Edison	1969

University	1970
Canyon	1973

Esperanza	1973
Orange Lutheran	1973
Cypress	1973
Dana Hills	1973
El Toro	1973
Irvine	1975
Ocean View	1976
Capo Valley	1977
Laguna Hills	1978
St Margaret's	1979

Woodbridge	1980
Trabuco Hills	1985
Santa Margarita	1987
Century	1989

Aliso Niguel	1993
Oxford Academy	1998
Northwood	1999

Sage Hill	2000
Tesoro	2001
J Serra	2003
Beckman	2004
Segerstrom	2005
Godinez	2007
San Juan Hills	2007
Yorba Linda	2009
Crean Lutheran	2010

Samueli Academy	2013
Portola	2016
Pacifica Christian	2018