

The Practical steps of EXODUS

“Step 1 is the essence of a person coming to the end of themselves and their own righteousness.”

step one We admitted that we were captive to sin and could not free ourselves.
Isa 64:6; Eph 2:8; 1John 1:8

“Steps 2 thru 9 are a biblical process. Partnering with God; for the purposes of emptying our souls (mind, emotions, psyche) and bodies from the dysfunctions of our old selves.”

step two We came to believe that only the blood of Jesus Christ could set us free.
Ex 3:17; John 8:36; Rom 8:21; 2Cor 5:21; 1John 2:2

step three We made a decision to turn our mind, soul, body, and strength over to the Lordship of Jesus Christ.
Deut 6:5; Matt 22:37; Rom 10:9, 12:1,2; Phil 2:11

step four We made a Holy Spirit led, searching, and fearless moral inventory of ourselves.
Lam 3:40; 2Cor 13:5

step five We admitted to God, to ourselves, and a trusted human being the exact nature of our sins.
Psa 32:5; Jas 5:16; 1John 1:9

step six We repented and became completely ready to be covered by the blood of Jesus Christ and His righteousness.
Psa 140:7; Rom 4:7, 12:2

step seven We humbly asked Him to be our strength, in place of our weaknesses.
Isa 12:2; Rom 13:13; 2Cor 12:9, 10; Gal 5:16, 25

step eight We made a list of all persons we have harmed and became willing to seek forgiveness, peace, and reconciliation with them all.
Prov 16:7; Matt 18:15-22; Mark 9:50; 2Cor 5:18

step nine We made direct amends with such people, whenever possible, as the Lord our God made opportunity for us to do so.
Matt 18:15-22; Jas 5:16; 1John 1:9

“HAVING EXHAUSTIVELY WORKED STEPS 2 thru 9 Steps 10 and 11 are our part in maintaining a clear, clean, soul and body”

step ten We daily ask the Lord to expose our heart's intentions behind our actions and when we are wrong we promptly admit it.
Matt 6:11; Luke 9:23; Eph 4:26-29; Jas 5:16

step eleven Through repentance, prayer, Bible reading, and meditation; we increase our intimacy with the Lord Jesus Christ seeking the Father's will, purpose, and plan; while daily walking in the power of the Holy Ghost.
Josh 1:8; Psa 119:15; John 5:19; 1Cor 2:4; 2Tim 3:16, 17



We exist, in partnership with the Lord Jesus Christ, to set the captives free.

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“Step twelve is our response, in love, to the one that first loved us.”

step twelve Having been set free and made righteous by the blood of Jesus Christ we carry a testimony of Him that is prophecy to others, practicing these principles in all our affairs.
Luke 10:1-6, 18:18-30; Heb 10:14; Rev 19:1b

A statement from Alcoholics Anonymous

While the Practical Steps of EXODUS were inspired by the Twelve Steps of Alcoholics Anonymous, they are not really an adaptation. Rather, they were created specifically for this program, and should not be construed otherwise. A.A., is a program concerned only with recovery from alcoholism, and is not in any way affiliated with this program. Additionally, A.A. is a spiritual program, A.A. is not a religious program.



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