

Wendy Schulze

Manipulative Physiotherapist
Applied Kinesiologist
Life Coach



85 Solomon Street , Fremantle 6160 Western Australia - Phone 9430 7282 -
wendy@wendyschulze.com — wendyschulze.com

Vertigo or Dizziness Treatment

Have your Vertigo assessed and treated



Vertigo is debilitation and in many cases it is easy to treat and only a couple of treatments can make it go away in many cases.

Dizziness can be caused by a number of factors. The common areas that cause vertigo are the central nervous system, the inner ear and/or the spine.

BPPV

Benign Paroxysmal Positional Vertigo BPPV is one of the most common cause of dizziness.

It is caused by displacement of calcium crystals from the Utriculus (centre) into the semicircular canals of the middle ear.

It is easily treated with positioning exercises performed by a trained vertigo Physiotherapist or Doctor.

Assessment and Diagnosis

Assessment commonly involves testing the eyes, assessing how you walk and move, positional tests—such as the Hallpike test that show —and tests for balance.



Other Causes of Vertigo

Other causes of vertigo include bacterial/viral inflammation of the middle ear, under function of the inner ear system, Multiple sclerosis, Meniere's Syndrome, Acoustic Neuroma and other neurological disorders, T4 syndrome, upper cervical extension muscle spasm affecting vertebral artery flow plus some medication.



Treatment for Vertigo

After comprehensive examination Wendy will then prescribe the correct treatment so that your vertigo is relieved.

To book an appointment click on the Book Session Online button at the top of this page.

Nerdy Schulze

Manipulative Physiotherapist
Applied Kinesiologist
Life Coach

