

Sexual Addiction Treatment

Sexual addiction is a complex addiction, but there is hope! As a trained Certified Sex Addiction Therapist (CSAT®), I have completed training developed by [Dr. Patrick Carnes](#) which required attendance at multiple training modules and supervision with a CSAT Supervisor. It also requires ongoing education so that CSATs such as myself are experts in providing sexual addiction therapy. It is a rigorous process designed to help me best help you.

Learn more about [treatment for sex addiction](#) including an initial (free) [sexual addiction screening test](#), please visit www.sexhelp.com. If you are a partner, take the [Partner Sexuality Survey](#).