

Consultation

What is Consultation?

Consultation is about gathering information that has practical value for your life and intentions. A consultation appointment provides time and space for you to ask questions and get helpful information for clarification and decision making.

Consultation is not psychotherapy or counseling.

Why Do People Choose Consultation?

To

Discuss a concern

Identify options

Weigh pros and cons of a decision

Get clear on next steps

Explore ways to navigate a life shift

Gather information about giftedness

Explore questions about Midlife or beyond

How Long Is A Consultation? What is the fee?

60 minutes - \$145

(Extended time can be arranged.)

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