



Grief Support Network

P.O. Box 2114  
Shawnee Mission, Kansas 66202

[www.griefsupportnetwork.org](http://www.griefsupportnetwork.org)



# Complicated Grief Treatment Training for Licenced Professionals

Presented by  
**Katherine Shear, MD**

**October 17 and 18, 2019**  
**9:00 - 5:00 PM**

**Village Presbyterian Church**  
**6641 Mission Rd, Prairie Village, KS**  
**South Entrance**  
**13 hours CEU's Lunches included**



\*\*\* Room temperature varies, layered clothing recommended \*\*\*

Dr. Katherine Shear developed Complicated Grief Treatment (CGT) and is a professor of psychiatry at Columbia University, in New York City, where she leads the Center for Complicated

This two-day workshop will provide a framework for understanding grief and adaptation to loss generally and in relation to complicated grief and will introduce participants to the principles and procedures of complicated grief treatment (CGT).

Workshop content will include screening, diagnosis and assessment of individuals with complicated grief and how to differentiate this condition from major depression and post-traumatic stress disorder. Participants will learn how to use a grief monitoring diary and how to work with personalized aspirational goals in order to revitalize and strengthen self-regulation in bereaved clients.

Furthermore, participants will learn how to enhance reconnection with significant others, how to listen to the story of the death, how to guide clients in situational revisiting and how to foster continuing bonds to the deceased through memories and imaginal conversation.

CGT is a 16-session, evidence-based treatment approach that helps resolve grief complications and facilitates the natural adaptive process. As a licensed clinician completing this training you will:

- be identified by the CCG on their website as a Level 2 therapist, to offer this 16-week treatment
- receive a 300 page digital manual of the complete program, with handouts
- receive 14 hours CEU's for your license
- be listed on CGT website as provider

**Pay by check or via PayPal through website: [www.griefsupportnetwork.org](http://www.griefsupportnetwork.org)**

Make checks payable to GSN and mail to: GSN - PO Box 2114, Shawnee Mission, KS 66202

**Early Bird: by August 30<sup>th</sup>** GSN Member \$169.00 \* Non-Member \$199.00 (includes lunch both days)

**Starting September 1<sup>st</sup>** GSN Member \$189.00 \* Non-Member \$219.00 (includes lunch both days)

**Name:** \_\_\_\_\_

**Agency/Institution:** \_\_\_\_\_

**Email (please print clearly):** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Credentials:** \_\_\_\_\_