Make It/Bake It with Corn Cooking Contest

sponsored by: Twin Lakes Environmental Services

IOWA STATE UNIVERSITY
Extension and Outreach

Calhoun County Extension and Outreach, Rockwell City

Rules and Entry Form

Rules:

1. All food must be prepared ahead of time.
2. Entries can be one of two *TYPES*: #1 is *SWEET CORN* or derivative as the MAIN ingredient or #2 the MAIN ingredient was *CORN FED (description of CORN FED would be a pork product, beef, poultry, sheep, or other animal protein)*
3. Multiple entries from one contestant accepted in one or both types, but only one award per contestant.
4. Please provide recipe. Recipe will published on Rockwell City Chamber webpage.
5. All entries must be taken to Champion Chrysler Center, Rockwell City during Sweet Corn Daze on August 3, 2019. Entries can be dropped off between 9:00 and 9:30 a.m. Judging starts at 9:30 a.m.

Prizes:

GRAND PRIZE - $100 in Rockwell City Scrip
RUNNER-UP - $50 in Rockwell City Scrip
BEST PRESENTATION - $25 in Rockwell City Scrip
MOST CREATIVE - $25 in Rockwell City Scrip
MAYOR'S CHOICE - $25 in Rockwell city Scrip

Notes:

Please follow FOOD SAFETY GUIDELINES! Please keep cold entries COLD, providing your own cooler with ice if necessary. Please keep warm entries WARM by providing your own crock-pot, insulated carrier, etc. For more information on proper food safety preparation and transportation, please visit the following Iowa State University Extension and Outreach webpage: www.extension.iastate.edu/foodsafety.

Judging and Awards:

Judging at 9:30 a.m.   Awards Presentation at 11:00 p.m. at the Bandstand
Food pick-up at 11:00 p.m.

Entry Form (each entry MUST have an entry form):

Please check entry type: _____ #1 (SWEET CORN as MAIN ingredient) or _____ #2 (MAIN ingredient was CORN FED)

Name: _____   Address: _____

Phone: _____   Email: _____

Description of Entry/Name of Recipe: _____

Is this an original recipe created by you? _____ Yes _____ No. If no, please credit source: _____
(if source is unknown, write "unknown")

Recipe on reverse of this page